Lisbon, Portugal Area Local Farms with Direct Purchase Options

## Herdade do Freixo do Meio

Type: Organic Farm & Online Store

Address: Sales via online store and Lisbon markets

City: Lisbon (farm located in Montemor-o-Novo, Alentejo)

Description: One of Portugal’s most well-known regenerative farms offering organic meats, vegetables, and pantry items delivered directly to Lisbon residents.

Website: https://herdadedofreixodomeio.com/

Dietary Preferences/Tags: Direct purchase, organic, regenerative, delivery

## Quinta do Arneiro

Type: Organic Farm

Address: Mafra, near Lisbon (deliveries to Lisbon)

City: Mafra

Description: Certified organic farm offering direct delivery of vegetable boxes, eggs, and seasonal items to the Lisbon area.

Website: https://quintadoarneiro.com/

Dietary Preferences/Tags: Direct purchase, organic, CSA, delivery

## Quinta das Abelhas

Type: Small Sustainable Farm

Address: Sintra region (pickup and markets)

City: Sintra

Description: Produces seasonal vegetables, herbs, and preserves. Available at Lisbon markets or by farm pickup with pre-order.

Website: https://www.instagram.com/quintadasabelhas/

Dietary Preferences/Tags: Local, sustainable, direct sales

## Cabaz Bio – BioCabaz.pt

Type: Organic Farmers Network

Address: Deliveries from farms around Lisbon

City: Lisbon

Description: A cooperative of organic farms delivering fresh seasonal produce directly to homes in Lisbon via box subscriptions.

Website: https://www.biocabaz.pt/

Dietary Preferences/Tags: Organic, direct purchase, CSA, delivery

## Quinta do Montalto

Type: Family Organic Farm

Address: Ourém (delivers to Lisbon region)

City: Ourém

Description: Family-run organic farm offering wine, olive oil, and seasonal produce for direct online order and Lisbon-area delivery.

Website: https://www.quintadomontalto.pt/

Dietary Preferences/Tags: Organic, farm-direct, delivery

## Raízes - Agricultura Sustentável

Type: Community-Supported Agriculture (CSA)

Address: Lisbon and Greater Lisbon pickup points

City: Lisbon

Description: Provides local vegetable baskets sourced from sustainable farms, available via weekly subscription with Lisbon drop-off points.

Website: https://raizes.pt/

Dietary Preferences/Tags: Sustainable, CSA, local, no intermediaries