Lisbon, Portugal Area Food Sources with Vegan Pantry Options

## Continente

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Continente features a broad range of vegan products including plant-based yogurts, cheeses, and ready meals under its 'Powered by Plants' brand.

Website: https://www.continente.pt/

Dietary Preferences/Tags: Vegan, dairy-free, plant-based

## Pingo Doce

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Pingo Doce provides various vegan and plant-based items including non-dairy milks, tofu, and meat alternatives.

Website: https://www.pingodoce.pt/

Dietary Preferences/Tags: Vegan, dairy-free, plant-based

## Lidl

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Lidl stocks a growing variety of vegan products including non-dairy milks, snacks, and frozen foods.

Website: https://www.lidl.pt/

Dietary Preferences/Tags: Vegan, dairy-free

## Auchan

Type: Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Auchan carries a selection of vegan-friendly foods such as dairy alternatives, frozen plant-based meals, and snacks.

Website: https://www.auchan.pt/

Dietary Preferences/Tags: Vegan, plant-based

## El Corte Inglés

Type: Department Store with Supermarket

Address: Av. António Augusto de Aguiar, 31

City: Lisbon

Description: Offers a wide variety of specialty and international vegan products, including organic and lactose-free options.

Website: https://www.elcorteingles.pt/

Dietary Preferences/Tags: Vegan, organic, lactose-free

## Celeiro

Type: Health Food Store

Address: Multiple locations in Lisbon

City: Lisbon

Description: One of the best-known health food chains in Portugal, Celeiro offers a large selection of vegan items including supplements and dry goods.

Website: https://www.celeiro.pt/

Dietary Preferences/Tags: Vegan, dairy-free, organic

## Biomercado

Type: Organic Supermarket

Address: Multiple locations in Lisbon

City: Lisbon

Description: Organic-focused supermarket chain providing a wide range of vegan groceries, fresh produce, and bulk goods.

Website: https://www.biomercado.pt/

Dietary Preferences/Tags: Vegan, organic, dairy-free

## Maria Granel

Type: Organic Bulk Store

Address: Multiple locations in Lisbon

City: Lisbon

Description: Known for zero-waste and sustainable practices, Maria Granel sells vegan-friendly dry goods, seeds, grains, and snacks in bulk.

Website: https://mariagranel.com/

Dietary Preferences/Tags: Vegan, organic, zero-waste

## GreenBeans

Type: Vegan Grocery Store

Address: Lisbon

City: Lisbon

Description: A 100% vegan grocery store offering ethical, organic, and eco-conscious food and household products.

Website: https://www.simbiotico.eco/en/ecospot/greenbeans

Dietary Preferences/Tags: Vegan, organic, dairy-free

## Bomercado

Type: Organic Grocery Store

Address: R. de São Bento 235, 1250-221 Lisbon

City: Lisbon

Description: Offers local and sustainable vegan goods from small producers, including dry goods, beverages, and organic produce.

Website: https://www.happycow.net/reviews/bomercado-lisbon-424897

Dietary Preferences/Tags: Vegan, organic