

# Lakeside Medical Center

## Patient Examination Report

Patient Name: Charlie Kim

Patient ID: 33333333-3333-3333-3333-333333333333

Date of Visit: 2024-03-21

Attending Physician: Dr. Evelyn Suarez, MD

### Reason for Visit:

Routine follow-up for chronic asthma management and monitoring of blood pressure levels.

### Clinical Notes:

Patient presents in stable condition. Reports occasional shortness of breath, primarily during exertion or in cold environments. Mild wheezing noted upon auscultation. No signs of acute respiratory distress at this time.

Blood pressure measured at 148/92 mmHg. Patient confirms occasional headaches, particularly in the mornings. Denies dizziness, chest pain, or vision changes.

### Current Medications:

- Albuterol Inhaler (rescue) - as needed
- Lisinopril 10mg - once daily

### Plan:

- Continue current asthma management plan; no changes to inhaler regimen.
- Increase Lisinopril to 20mg once daily for improved hypertension control.
- Schedule spirometry test at next visit.
- Encourage regular aerobic activity, low-sodium diet, and weight monitoring.

### Next Appointment:

2024-06-18

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**Signed:**

Dr. Evelyn Suarez

Internal Medicine