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## Living Well with Back Pain: What Your Doctor Doesn't Tell You.That You Need to Know (Paperback)

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By Robert B Winter, PH D Marilyn L Bach

William Morrow & Company, United States, 2006. Paperback. Condition: New. Language: English. Brand new Book. If you're one of the millions of Americans suffering from back pain, Robert B. Winter, MD, and Marilyn L. Bach, PhD, have the answers and knowledge you need to effectively manage your condition. In Living Well with Back Pain, Winter and Bach draw on an extensive network of experts to bring you the latest information on: Diagnosing--and even eliminating--the problemExercise programs and over-the-counter drug treatmentsChoosing the right medical practitionerWhen surgery and other invasive procedures are not neededThe authors are affiliated with an internationally renowned back treatment center, the Twin Cities Spine Center, which has treated tens of thousands of back pain sufferers. Their expertise and up-to-the-minute knowledge make this the most comprehensive, current, and accessible back pain book available.

### Reviews

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