

Dr. Syed Yaseen Ahmed

MRRS General Practitioner Reg.No. TSMC/FMR/05375 Apollo 24|7 Virtual Clinic, Apollo Hospitals, Sandhya Elite, Narsing, Hyderabad, Telangana, 500032

91-80471 04009

Helpdesk@apollo247.com

Patient

Kashiram Pawar, Male, 66 Yrs Mobile: +91-9000774850 UHID: APD4.0000414577

Date: Monday, 06 May 2024 Time: 11:14 AM Consult Type: Online Appointment ID: 12417910

Chief Complaints

• Shortness of breath. Since: 2days; How Often: Gradually; Severity: Moderate; Details: After a fall at home

Vitals (as declared by patient):

Drug Allergies: No, Diet Allergies/Restrictions: No

Diagnosis/Provisional Diagnosis

• Respiratory disorder, unspecified

Medication Prescribed



Medicine N	ame	Dosage	Medicine Details	Duration
	NE SR 200 TABLET 10'S ROPHYLLINE (200 MG)	1 - 0 - 0 - 0 M - N - E - N	TABLET Once a day Orally. After food	1 weeks
				·

M-N-E-N: Morning - Noon - Evening - Night | ① Instruction | NOT E: Medicine Substitution Allowed Wherever Applicable.

Referral

- Speciality: General Physician/Internal Medicine Specialist,
- Reason: Shortness of breath

Advice & Instructions

Rest

Avoid bending and strenuous exercises

Hot compression (Hold a hot water bag/towel on the affected area for 15-20 min at a time with an interval of 2-3 min in between two hot compression sessions)

Increase water intake, at least 7-8 glasses/day, 3-4 lit/day

Meditation/Yoga for at least 30-40 minutes for 3-4 days/week

Balanced diet (Include fruits, vegetables, and nuts in your diet)

Adequate Sleep (At least 7-8 hours)

Follow Up after 7 days



Scan OR Code to book follow-up consultation with doctor



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SIGNATURE

Disclaimer:

This prescription is issued on the basis of your inputs during teleconsultation It is valid from the date of issue until the specific period/dosage of each medicine as advised.





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