

**INSTITUTION: Dedan Kimathi University of Technology**

**SCHOOL: School of Nursing**

**REG NO: H151-01-1684/2020**

**NAME: Sirengo Gad**

**UNIT CODE: IGS**

**SUPERVISOR: Mr Boniface Chege**

**Task: Capstone project.**

**Assignment: Resume in English, Kiswahili, Luyha**

## **1.RESUME**

### **Resume English**

Gad Sirengo

Email: gadsirengo02@gmail.com

Phone: +254792929160

Personal Information:

Name: Gad Sirengo

Age: 23 years

Religion: Christian

Nationality: Kenyan

Education:

Dedan Kimathi University of Technology

Degree: Bachelor of Science in Nursing

Current Year: Final Year

GPA: 4.2

Professional Skills and Qualifications:

Nursing Student: Currently completing a rigorous nursing program with a high GPA, demonstrating dedication, competence, and a strong understanding of healthcare practices.

First Aider: Certified in providing first aid, equipped with essential skills to handle emergencies efficiently and effectively.

Guiding and Counseling: Experienced in providing guidance and counseling services, offering emotional and psychological support to peers and patients.

Experience:

Clinical Rotations: Participated in various clinical rotations across different departments, including emergency, pediatrics, maternity, and general surgery. Gained hands-on experience in patient care, diagnosis, and treatment.

First Aid Volunteer: Volunteered as a first aider during university events and community outreach programs, ensuring the safety and well-being of participants.

Guiding and Counseling Peer Support: Actively involved in the university's guiding and counseling team, providing support and advice to fellow students dealing with academic and personal challenges.

Skills:

Medical Knowledge: Comprehensive understanding of medical terminology, anatomy, physiology, pharmacology, and nursing procedures.

Patient Care: Skilled in assessing patient needs, developing care plans, administering medication, and providing compassionate care.

Communication: Excellent verbal and written communication skills, able to convey information clearly and empathetically to patients, families, and colleagues.

**Problem-Solving:** Strong critical thinking and problem-solving abilities, capable of making quick and informed decisions in high-pressure situations.

**Teamwork:** Effective team player with the ability to work collaboratively with healthcare professionals to provide high-quality patient care.

**Achievements:**

**Academic Excellence:** Consistently maintained a high GPA throughout the nursing program, reflecting strong academic performance and commitment to the field.

**Leadership Role:** Served as the head of the university's nursing student association, organizing events, workshops, and seminars to enhance the learning experience of peers.

**Community Service:** Actively participated in community health initiatives, conducting health awareness campaigns, and providing basic medical services to underserved populations.

**Personal Interests:**

**Health and Wellness:** Passionate about promoting health and wellness, both personally and within the community.

**Reading:** Enjoy reading medical journals and literature to stay updated on the latest developments in the healthcare industry.

**Outdoor Activities:** Engages in outdoor activities such as hiking and jogging to maintain physical fitness and mental well-being.

**Summary**

Gad Sirengo is a dedicated and compassionate nursing student with a strong academic record and practical experience in patient care. With a passion for healthcare and community service, Gad aims to make a positive impact in the field of nursing. His commitment to excellence, strong communication skills, and ability to provide empathetic care make him a valuable asset to any healthcare team.

## **2Resume in kiswahili**

Gad Sirengo

Barua pepe: gadsirengo02@gmail.com

Simu: +254792929160

Maelezo Binafsi:

Jina: Gad Sirengo

Umri: Miaka 23

Dini: Mkristo

Utaifa: Mkenya

Elimu:

Chuo Kikuu cha Teknolojia cha Dedan Kimathi

Shahada: Sayansi ya Uuguzi

Mwaka wa Sasa: Mwaka wa Mwisho

GPA: 4.2

Ujuzi na Sifa za Kitaalamu:

Mwanafunzi wa Uuguzi: Kwa sasa ninakamilisha programu ya uuguzi yenye changamoto na yenye GPA ya juu, ikionyesha kujitolea, umahiri, na uelewa mkubwa wa mazoea ya afya.

Mtoa Huduma ya Kwanza: Nimesajiliwa kutoa huduma ya kwanza, nikiwa na ujuzi muhimu wa kushughulikia dharura kwa ufanisi na kwa haraka.

Mwelekezi na Mshauri: Nina uzoefu katika kutoa huduma za uongozi na ushauri, nikitoa msaada wa kihisia na kisaikolojia kwa wenzangu na wagonjwa.

Uzoefu:

Mzunguko wa Kliniki: Nimeshiriki katika mizunguko mbalimbali ya kliniki katika idara tofauti, ikiwa ni pamoja na dharura, watoto, uzazi, na upasuaji wa jumla. Nilipata uzoefu wa vitendo katika utunzaji wa wagonjwa, utambuzi, na matibabu.

Msaidizi wa Huduma ya Kwanza: Nilijitolea kama mtoa huduma ya kwanza wakati wa matukio ya chuo kikuu na mipango ya kuwafikia jamii, kuhakikisha usalama na ustawi wa washiriki.

Msaada wa Uongozi na Ushauri: Nilijihusisha kikamilifu katika timu ya uongozi na ushauri ya chuo kikuu, nikitoa msaada na ushauri kwa wanafunzi wenzangu wanaokabiliwa na changamoto za kitaaluma na za kibinafsi.

Ujuzi:

Maarifa ya Tiba: Uelewa mpana wa istilahi za tiba, anatomia, fiziolojia, famakolojia, na taratibu za uuguzi.

Utunzaji wa Wagonjwa: Ujuzi wa kutathmini mahitaji ya wagonjwa, kuunda mipango ya utunzaji, kutoa dawa, na kutoa utunzaji wenye huruma.

Mawasiliano: Ustadi bora wa mawasiliano ya maneno na maandishi, na uwezo wa kufikisha taarifa kwa uwazi na kwa huruma kwa wagonjwa, familia, na wenzake.

Kutatua Tatizo: Uwezo mkubwa wa kufikiria kwa kina na kutatua matatizo, na uwezo wa kufanya maamuzi ya haraka na ya busara katika hali za shinikizo kubwa.

Kazi ya Timu: Mchezaji mzuri wa timu na uwezo wa kufanya kazi kwa kushirikiana na wataalamu wa afya ili kutoa utunzaji wa wagonjwa wa hali ya juu.

Mafanikio:

Ubora wa Kitaaluma: Nilidumisha GPA ya juu kila mara katika programu ya uuguzi, ikionyesha utendaji mzuri wa kitaaluma na kujitolea kwa fani hii.

Nafasi ya Uongozi: Nilihudumu kama mkuu wa chama cha wanafunzi wa uuguzi cha chuo kikuu, nikiratibu matukio, warsha, na semina za kuboresha uzoefu wa kujifunza wa wenzangu.

Huduma kwa Jamii: Nilishiriki kikamilifu katika mipango ya afya ya jamii, nikiendesha kampeni za uhamasishaji wa afya, na kutoa huduma za msingi za matibabu kwa watu wasiojiweza.

Maslahi Binafsi:

Afya na Ustawi: Nina shauku ya kukuza afya na ustawi, binafsi na ndani ya jamii.

Kusoma: Napenda kusoma majarida ya matibabu na fasihi ili kujua maendeleo ya hivi karibuni katika tasnia ya afya.

Shughuli za Nje: Ninapenda kushiriki katika shughuli za nje kama vile kupanda milima na kukimbia ili kudumisha afya ya mwili na akili.

Marejeleo:

Yanapatikana kwa ombi.

Gad Sirengo ni mwanafunzi wa uuguzi aliyejitolea na mwenye huruma na rekodi nzuri ya kitaaluma na uzoefu wa vitendo katika utunzaji wa wagonjwa. Kwa shauku ya afya na huduma kwa jamii, Gad analenga kufanya athari nzuri katika uwanja wa uuguzi. Kujitolea kwake kwa ubora, ujuzi mzuri wa mawasiliano, na uwezo wa kutoa utunzaji wa huruma kunamfanya kuwa rasilimali muhimu kwa timu yoyote ya afya.

### **3Resume in Luyha**

Gad Sirengo

Barua pepe: gadsirengo02@gmail.com

Simu: +254792929160

Makhuwa Khuuri:

Shiranga: Gad Sirengo

Emika: Imyaka 23

Dini: Omukhlisto



Omwana w' w'uKenya

Elimu:

Chuo Kikuu cha Teknolojia cha Dedan Kimathi

Shikala: Sayansi ya Uuguzi

Omwaka Khuuri: Omwaka kwa Omulahi

GPA: 4.2

Omwitsulo n'Olukaka kwa Omuundu Khuukhaari:

Omuana wa Ohuuguzi: Khuuma muno kuliipania ne programu ya ohuuguzi eya ichalanya khuna GPA eya injiru, esheria omurimo, okhusoma, ne okhumanya khwakhuura kwa ihania ya amakhono ka afya.

Omukhasi wa Amachiriza ka khulahi: Awasomalanga khukhasi wa amachiriza ka khulahi, eikhwesi n'amakhono amalayi okhukhanaya amabere kwa amakhuukhaari ne nikhuba omukhasi kwa ichalanya.

Omwitsulia ne Omusala: Awana uhutsiyo kwa okhuutsulia ne okhusala, khuupania ohuyanza ne omwoyo, na okhuluma obulayi khukhasi khuungaana kwa mwoyo n'amakhuukhaari.

Ichandikio:

Mizunguko ya Khuuchala kwa Matunda: Khuupania mu mizunguko kwa ichandikio mw'ichikula chyesi, okuhuuka ne edharura, obwacha, obukhulenga ne esiku ekula. Awasomalanga amakhuukhaari ka ohuyanza, okhutuula, ne okhukhukhula.

Omukhasi wa Amachiriza ka khulahi: Awasoma khuuma muno khukhasi wa amachiriza ka khulahi mu ngira za chuo kikuu ne mipango y'okhukhweya khukhulano, okhukhaania amabere khuukhuuma ne khuubula amahinu.

Omwitsulia ne Omusala Khuulano kwa Wanafunzi: Awana uhutsiyo khuluwa mu timu ya okhuutsulia ne omusala ya chuo kikuu, khuutsulia khupania ne okhusala kwa wanafunzi ichalanya eikhona okukakaba khurulano.

Amakhono:

Omumanyikhwo kwa Matunda: Omumanyi khuusaa kwa ifinama ya amakhono ka matunda, anatomy, physiology, pharmacology, ne elukhuwa lwa ohuuguzi.

Ohuuyanza kwa Amakhuukhaari: Omukhasi okhutaama amabere kwa amakhuukhaari, khuutsia amakhuba ya ohuuyanza, okhukhukhula amachiriza, ne okhuuyanza khuuma khuungane khwakhuura.

Oluyanza: Oluyanza olushirivala okhuluma ne okhwaka, okuya khukhakhuluma amakhuukhaari, amakhuli, ne emirimo.

Okhulolela Amalayi: Amakhono amalayi okhulola ne okhusala amakhuukhaari, ne khukhaania okhulolela amalayi mu indalo ya ichichalanya.

Omwinyikwo kwa Timu: Omukhasi amalayi wa timu ne okhukhona okhukhuuma khuuchalanya ne emimirimo ya afya khukhukhula amabere khuukhaari kwa amakhuukhaari.

Amabere Khuwa:

Obulayi kwa Elimu: Khuumaa GPA eya injiru khuwa mu programu ya ohuuguzi, esheria okhuuyanza amalayi n'omurimo wa khusoma.

Omwinyikwo kwa Olukhasi: Khuwa khulolela timu ya wanafunzi wa ohuuguzi ya chuo kikuu, okuolora amakhuukhaari, okhusoma, ne elisomo khuubula ikikala eikhulano khwabere.

Omusala kwa Ichichalanya: Khuwa mu mipango ya okhusala ya khuulano, okhusala kuhayana kwa khusoma, ne okhutsia amachiriza amakhubwa kwa khuukhaari khusoma.

Amabi Khuwa Binafsi:

Afya ne Amakhuukhaari: Omwinyikwo khuusala afya ne amakhuukhaari, khuuma binafsi ne mu khuulano.

Okusoma: Omukhasi wa kusoma amakhuukhaari kwa ichichalanya khuubula okhusama khuupania mu tasinia ya afya.

Mikusano ya Inje: Khula mu mikusano ya inje khuya khuukhula milima ne okhubia okhusala okhulano kwa muiiri ne okhuuyanza kwa mwoyo.

Amayikhu:

Gad Sirengo ni mwanafunzi wa ohuuguzi amalayi ne owesheria khuusoma khuuma, amalayi ne okhusala amakhuukhaari kwa ichichalanya khuubula ichichalanya mu chuo kikuu. Ne omwinyikwo khuusala ne khusoma amakhuukhaari, Gad asheria okhusama khubula ohulano khuupania kwa ohuuguzi. Khuubula omurimo kwa ichichalanya, oluyanaza olushirivala, ne okhuuyanza khuma khuna omukhasi khuukhula mu timu yosi ya ichichalanya kwa afya.

Omwana wa Omulayi wa Mukusano ya Omupira wa Mupira:

Gad ni mwanafunzi muru khubia omupira wa mukusano, ne okhubia khubila  
khuupania khubila elisomo khuulano.