Elise Newman's Morning Routine:

Image 1: Elise Newman shows an image of a made bed to indicate a day beginning.

Image 2: Newman gets up for the day

Image 3: Newman and Rory Whetstone roommate leave apartment.

Image 4: Newman and Whetstone walk to the gym

Image 5: Newman and Whetstone get starbucks after the gym.

Image 6: Goldie's Bagels for breakfast.

Image 7: Up close picture of the bagel.

Image 8: Friend Gabbie Cannon joins Goldie's.

Image 9: Back at the apartment, Elise is ready for the day.