

Investigation into qualitative activity recognition information from a dumbbell lifting exercise and the predictive ability of a boosting machine learning algorithm

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ABSTRACT

Velloso (2013) investigated whether machine learning algorithms could accurately detect erroneous methods of lifting a dumbbell.

Following on from their research this analysis performs a prediction using the boosting machine learning algorithm rather than best fit Random Forest approach.

The predictive ability of Model One generated an overall accuracy was 0.96 and removing eight zero influence predictors reduced Model Two to an overall accuracy to 0.95. Model One was used to evaluate the prediction accuracy information located in the validation dataset. Model One correctly identified all 20 validation cases.

INTRODUCTION

The six male test subjects were of 20 - 28 years of age and inexperienced in dumbbell weight lifting exercises. The dumbbell weighed 1.25 kg.

Each subject performed a set of 10 repetitions of a unilateral dumbbell bicep curl in five different ways. Class A corresponded to the correct execution of the exercise while methods B through E corresponded to common dumbbell lifting mistakes namely (B) throwing the elbow to the front; (C) dumbbell lifted halfway; (D) dumbbell lowered halfway; (E) throwing hips to the front.

The question addressed in this report is can a machine learning model correctly identify 20 validation cases?

METHODOLOGY

Loading R packages:

```
`` `{R preprocessing, cache = TRUE}
##1 - loading libraries
library(caret); library(ggplot2); library(data.table); library(plyr); library(dplyr); library(reshape2);
library(ggplot2); library(knitr); library(rmarkdown); library(YaleToolkit)

##NOTE - for knitr/rmarkdown to work in RCONSOLE you are required to download the PANDOC package available online at: http://pandoc.org/installing.html
`` `
```

Loading required package: lattice

Loading required package: ggplot2

data.table 1.9.6 For help type ?data.table or <https://github.com/Rdatatable/data.table/wiki>

The fastest way to learn (by data.table authors): <https://www.datacamp.com/courses/data-analysis-the-data-table-way>

Attaching package: dplyr

The following objects are masked from package:plyr:

arrange, count, desc, failwith, id, mutate, rename, summarise, summarize

The following objects are masked from package:data.table:

between, last

The following objects are masked from package:stats:

filter, lag

The following objects are masked from package:base:

intersect, setdiff, setequal, union

Attaching package: reshape2

The following objects are masked from package:data.table:

dcast, melt

Loading required package: grid

What hardware/software combination did I use for this analysis?

```
`` `{r session info, cache = TRUE}

##2 - what hardware/software is this analysis using?

sessionInfo()
`` `
```

R version 3.2.2 (2015-08-14)

Platform: x86_64-w64-mingw32/x64 (64-bit)
Running under: Windows 8 x64 (build 9200)

locale:
[1] LC_COLLATE=English_United Kingdom.1252
[2] LC_CTYPE=English_United Kingdom.1252
[3] LC_MONETARY=English_United Kingdom.1252
[4] LC_NUMERIC=C
[5] LC_TIME=English_United Kingdom.1252

attached base packages:
[1] grid stats graphics grDevices utils datasets methods
[8] base

other attached packages:
[1] YaleToolkit_4.2.2 rmarkdown_0.8 knitr_1.11
[4] reshape2_1.4.1 dplyr_0.4.3 plyr_1.8.3
[7] data.table_1.9.6 caret_6.0-58 ggplot2_1.0.1
[10] lattice_0.20-33

loaded via a namespace (and not attached):
[1] Rcpp_0.12.1 nloptr_1.0.4 iterators_1.0.8
[4] tools_3.2.2 digest_0.6.8 lme4_1.1-9
[7] nlme_3.1-122 gtable_0.1.2 mgcv_1.8-7
[10] Matrix_1.2-2 foreach_1.4.3 DBI_0.3.1
[13] parallel_3.2.2 SparseM_1.7 proto_0.3-10
[16] stringr_1.0.0 MatrixModels_0.4-1 stats4_3.2.2
[19] nnet_7.3-11 R6_2.1.1 minqa_1.2.4
[22] car_2.1-0 magrittr_1.5 htmltools_0.2.6
[25] scales_0.3.0 codetools_0.2-14 MASS_7.3-44
[28] splines_3.2.2 assertthat_0.1 pbkrtest_0.4-2
[31] colorspace_1.2-6 quantreg_5.19 stringi_0.5-5
[34] munsell_0.4.2 chron_2.3-47

Loading the training and validation datasets. Exploration of the training dataset.

```
```{loading datasets, cache = TRUE}
##3 - loading datasets

#3.1 - trainingdataset
if(!file.exists('pml-training.csv')) {
 download.file("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv", destfile = "pml-training.csv")
}
training <- read.table("pml-training.csv", sep = ",", header = T)

##3.2 - validation dataset
if(!file.exists('pml-testing.csv')) {
 download.file("https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv", destfile = "pml-testing.csv")
}
validation <- read.table("pml-testing.csv", sep = ",", header = T)

##4 - exploring datasets
dim(training); dim(validation); str(training, list.len = 160)
```
```

[1] 19622 160
[1] 20 160

'data.frame' : 19622 obs. of 160 variables:
\$ X : int 1 2 3 4 5 6 7 8 9 10 ...
\$ user_name : Factor w/ 6 levels "adelmo","carlitos",...: 2 2 2 2 2 2 2 2 2 ...
\$ raw_timestamp_part_1 : int 1323084231 1323084231 1323084231 1323084232 1323084232 1323084232 1323084232 1323084232 1323084232 ...
\$ raw_timestamp_part_2 : int 788290 808298 820366 120339 196328 304277 368296 440390 484323 484434 ...
\$ cvtd_timestamp : Factor w/ 20 levels "02/12/2011 13:32",...: 9 9 9 9 9 9 9 9 9 ...
\$ new_window : Factor w/ 2 levels "no","yes": 1 1 1 1 1 1 1 1 1 ...
\$ num_window : int 11 11 11 12 12 12 12 12 12 12 ...
\$ roll_belt : num 1.41 1.41 1.42 1.48 1.48 1.45 1.42 1.42 1.43 1.45 ...
\$ pitch_belt : num 8.07 8.07 8.07 8.05 8.07 8.06 8.09 8.13 8.16 8.17 ...
\$ yaw_belt : num -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 -94.4 ...
\$ total_accel_belt : int 3 3 3 3 3 3 3 3 3 3 ...
\$ kurtosis_roll_belt : Factor w/ 397 levels "", "-0.016850",...: 1 1 1 1 1 1 1 1 1 ...
\$ kurtosis_pitch_belt : Factor w/ 317 levels "", "-0.021887",...: 1 1 1 1 1 1 1 1 1 ...
\$ kurtosis_yaw_belt : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 ...
\$ skewness_roll_belt : Factor w/ 395 levels "", "-0.003095",...: 1 1 1 1 1 1 1 1 1 ...
\$ skewness_roll_belt.1 : Factor w/ 338 levels "", "-0.005928",...: 1 1 1 1 1 1 1 1 1 ...
\$ skewness_yaw_belt : Factor w/ 2 levels "", "#DIV/0!": 1 1 1 1 1 1 1 1 1 ...
\$ max_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ max_pitch_belt : int NA NA NA NA NA NA NA NA NA NA ...
\$ max_yaw_belt : Factor w/ 68 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 ...
\$ min_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ min_pitch_belt : int NA NA NA NA NA NA NA NA NA NA ...
\$ min_yaw_belt : Factor w/ 68 levels "", "-0.1", "-0.2",...: 1 1 1 1 1 1 1 1 1 ...
\$ amplitude_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ amplitude_pitch_belt : int NA NA NA NA NA NA NA NA NA NA ...
\$ amplitude_yaw_belt : Factor w/ 4 levels "", "#DIV/0!", "0.00",...: 1 1 1 1 1 1 1 1 1 ...
\$ var_total_accel_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ avg_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ stddev_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ var_roll_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ avg_pitch_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ stddev_pitch_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ var_pitch_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ avg_yaw_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ stddev_yaw_belt : num NA NA NA NA NA NA NA NA NA NA ...
\$ var_yaw_belt : num NA NA NA NA NA NA NA NA NA NA ...

```
$ gyros_belt_x : num 0 0.02 0 0.02 0.02 0.02 0.02 0.02 0.02 0.03 ...
$ gyros_belt_y : num 0 0 0 0 0.02 0 0 0 0 ...
$ gyros_belt_z : num -0.02 -0.02 -0.02 -0.03 -0.02 -0.02 -0.02 -0.02 -0.02 0 ...
$ accel_belt_x : int -21 -22 -20 -22 -21 -21 -22 -22 -20 -21 ...
$ accel_belt_y : int 4 4 5 3 2 4 3 4 2 4 ...
$ accel_belt_z : int 22 22 23 21 24 21 21 21 24 22 ...
$ magnet_belt_x : int -3 -7 -2 -6 -6 0 -4 -2 1 -3 ...
$ magnet_belt_y : int 599 608 600 604 600 603 599 603 602 609 ...
$ magnet_belt_z : int -313 -311 -305 -310 -302 -312 -311 -313 -312 -308 ...
$ roll_arm : num -128 -128 -128 -128 -128 -128 -128 -128 -128 ...
$ pitch_arm : num 22.5 22.5 22.5 22.1 22.1 22 21.9 21.8 21.7 21.6 ...
$ yaw_arm : num -161 -161 -161 -161 -161 -161 -161 -161 -161 ...
$ total_accel_arm : int 34 34 34 34 34 34 34 34 34 34 ...
$ var_accel_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_roll_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_roll_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ var_roll_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_pitch_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_pitch_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ var_pitch_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_yaw_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_yaw_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ var_yaw_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ gyros_arm_x : num 0 0.02 0.02 0.02 0 0.02 0 0.02 0.02 0.02 ...
$ gyros_arm_y : num 0 -0.02 -0.02 -0.03 -0.03 -0.03 -0.03 -0.02 -0.03 -0.03 ...
$ gyros_arm_z : num -0.02 -0.02 -0.02 0.02 0 0 0 0 -0.02 -0.02 ...
$ accel_arm_x : int -288 -290 -289 -289 -289 -289 -289 -289 -288 -288 ...
$ accel_arm_y : int 109 110 110 111 111 111 111 111 109 110 ...
$ accel_arm_z : int -123 -125 -126 -123 -123 -122 -125 -124 -122 -124 ...
$ magnet_arm_x : int -368 -369 -368 -372 -374 -369 -373 -372 -369 -376 ...
$ magnet_arm_y : int 337 337 344 344 337 342 336 338 341 334 ...
$ magnet_arm_z : int 516 513 513 512 506 513 509 510 518 516 ...
$ kurtosis_roll_arm : Factor w/ 330 levels "", "-0.02438", ...: 1 1 1 1 1 1 1 1 1 ...
$ kurtosis_pitch_arm : Factor w/ 328 levels "", "-0.00484", ...: 1 1 1 1 1 1 1 1 1 ...
$ kurtosis_yaw_arm : Factor w/ 395 levels "", "-0.01548", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_roll_arm : Factor w/ 331 levels "", "-0.00051", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_pitch_arm : Factor w/ 328 levels "", "-0.00184", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_yaw_arm : Factor w/ 395 levels "", "-0.00311", ...: 1 1 1 1 1 1 1 1 1 ...
$ max_roll_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ max_pitch_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ max_yaw_arm : int NA NA NA NA NA NA NA NA NA NA ...
$ min_roll_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ min_pitch_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ min_yaw_arm : int NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_roll_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_pitch_arm : num NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_yaw_arm : int NA NA NA NA NA NA NA NA NA NA ...
$ roll_dumbbell : num 13.1 13.1 12.9 13.4 13.4 ...
$ pitch_dumbbell : num -70.5 -70.6 -70.3 -70.4 -70.4 ...
$ yaw_dumbbell : num -84.9 -84.7 -85.1 -84.9 -84.9 ...
$ kurtosis_roll_dumbbell : Factor w/ 398 levels "", "-0.0035", "-0.0073", ...: 1 1 1 1 1 1 1 1 1 ...
$ kurtosis_pitch_dumbbell : Factor w/ 401 levels "", "-0.0163", "-0.0233", ...: 1 1 1 1 1 1 1 1 1 ...
$ kurtosis_yaw_dumbbell : Factor w/ 2 levels "", "#DIV/0!", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_roll_dumbbell : Factor w/ 401 levels "", "-0.0082", "-0.0096", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_pitch_dumbbell : Factor w/ 402 levels "", "-0.0053", "-0.0084", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_yaw_dumbbell : Factor w/ 2 levels "", "#DIV/0!", ...: 1 1 1 1 1 1 1 1 1 ...
$ max_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ max_pitch_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ max_yaw_dumbbell : Factor w/ 73 levels "", "-0.1", "-0.2", ...: 1 1 1 1 1 1 1 1 1 ...
$ min_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ min_pitch_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ min_yaw_dumbbell : Factor w/ 73 levels "", "-0.1", "-0.2", ...: 1 1 1 1 1 1 1 1 1 ...
$ amplitude_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_pitch_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_yaw_dumbbell : Factor w/ 3 levels "", "#DIV/0!", "0.00": 1 1 1 1 1 1 1 1 1 ...
$ total_accel_dumbbell : int 37 37 37 37 37 37 37 37 37 37 ...
$ var_accel_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ var_roll_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_pitch_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_pitch_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ var_pitch_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_yaw_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_yaw_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ var_yaw_dumbbell : num NA NA NA NA NA NA NA NA NA NA ...
$ gyros_dumbbell_x : num 0 0 0 0 0 0 0 0 0 ...
$ gyros_dumbbell_y : num -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 -0.02 ...
$ gyros_dumbbell_z : num 0 0 0 -0.02 0 0 0 0 0 ...
$ accel_dumbbell_x : int -234 -233 -232 -232 -233 -234 -232 -234 -232 -235 ...
$ accel_dumbbell_y : int 47 47 46 48 48 48 47 46 47 48 ...
$ accel_dumbbell_z : int -271 -269 -270 -269 -270 -269 -270 -272 -269 -270 ...
$ magnet_dumbbell_x : int -559 -555 -561 -552 -554 -558 -551 -555 -549 -558 ...
$ magnet_dumbbell_y : int 293 296 298 303 292 294 295 300 292 291 ...
$ magnet_dumbbell_z : num -65 -64 -63 -60 -68 -66 -70 -74 -65 -69 ...
$ roll_forearm : num 28.4 28.3 28.3 28.1 28 27.9 27.9 27.8 27.7 27.7 ...
$ pitch_forearm : num -63.9 -63.9 -63.9 -63.9 -63.9 -63.9 -63.9 -63.8 -63.8 -63.8 ...
$ yaw_forearm : num -153 -153 -152 -152 -152 -152 -152 -152 -152 -152 ...
$ kurtosis_roll_forearm : Factor w/ 322 levels "", "-0.0227", "-0.0359", ...: 1 1 1 1 1 1 1 1 1 ...
$ kurtosis_pitch_forearm : Factor w/ 323 levels "", "-0.0073", "-0.0442", ...: 1 1 1 1 1 1 1 1 1 ...
$ kurtosis_yaw_forearm : Factor w/ 2 levels "", "#DIV/0!", ...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_roll_forearm : Factor w/ 323 levels "", "-0.0004", "-0.0013", ...: 1 1 1 1 1 1 1 1 1 ...
```

```
$ skewness_pitch_forearm : Factor w/ 319 levels "","-0.0113","-0.0131",...: 1 1 1 1 1 1 1 1 1 ...
$ skewness_yaw_forearm : Factor w/ 2 levels "","#DIV/0!": 1 1 1 1 1 1 1 1 1 ...
$ max_roll_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ max_pitch_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ max_yaw_forearm : Factor w/ 45 levels "","-0.1","-0.2",...: 1 1 1 1 1 1 1 1 1 ...
$ min_roll_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ min_pitch_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ min_yaw_forearm : Factor w/ 45 levels "","-0.1","-0.2",...: 1 1 1 1 1 1 1 1 1 ...
$ amplitude_roll_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_pitch_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ amplitude_yaw_forearm : Factor w/ 3 levels "","#DIV/0!","0.00": 1 1 1 1 1 1 1 1 1 ...
$ total_accel_forearm : int 36 36 36 36 36 36 36 36 36 ...
$ var_accel_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_roll_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_roll_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ var_roll_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_pitch_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_pitch_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ var_pitch_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ avg_yaw_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ stddev_yaw_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ var_yaw_forearm : num NA NA NA NA NA NA NA NA NA NA ...
$ gyros_forearm_x : num 0.03 0.02 0.03 0.02 0.02 0.02 0.02 0.02 0.03 0.02 ...
$ gyros_forearm_y : num 0 0 -0.02 -0.02 0 -0.02 0 -0.02 0 0 ...
$ gyros_forearm_z : num -0.02 -0.02 0 0 -0.02 -0.03 -0.02 0 -0.02 -0.02 ...
$ accel_forearm_x : int 192 192 196 189 189 193 195 193 193 190 ...
$ accel_forearm_y : int 203 203 204 206 206 203 205 205 204 205 ...
$ accel_forearm_z : int -215 -216 -213 -214 -214 -215 -215 -213 -214 -215 ...
$ magnet_forearm_x : int -17 -18 -18 -16 -17 -9 -18 -9 -16 -22 ...
$ magnet_forearm_y : num 654 661 658 658 655 660 659 660 653 656 ...
$ magnet_forearm_z : num 476 473 469 469 473 478 470 474 476 473 ...
$ classe : Factor w/ 5 levels "A","B","C","D",...: 1 1 1 1 1 1 1 1 1 ...
```

The dataset consists of 19622 rows with 160 columns. Examination of the dataset concluded that 106 columns could be removed as they contained no valid information. These columns contained the words or abbreviations: kurtosis, mean, stddev, var, var_total, avg, skewness, max, min, new_window, num_window, amplitude. There are no columns with missing data or zero variance.

```
```{R removing columns & splitting dataset, cache = TRUE}

##5 - removing unwanted columns and dealing with missing data

##5.1 - including the words: kurtosis, mean, stddev, var, var_total, avg, skewness, max, min, new_window, num_window, amplitude and the time variables
trainingdata <- training[c(8:10, 37:48, 60:68, 84:86, 113:124, 151:160)]
validationdataset <- validation[c(8:10, 37:48, 60:68, 84:86, 113:124, 151:160)]

##5.2 - where zeroVar = 0 AND nzv = TRUE remove columns? NOTHING TO DEAL WITH
removezero1 <- nearZeroVar(trainingdata, saveMetrics = T)
removezero1
```
```

| | freqRatio | percentUnique | zeroVar | nzv |
|-------------------|-----------|---------------|---------|-------|
| roll_belt | 1.101904 | 6.7781062 | FALSE | FALSE |
| pitch_belt | 1.036082 | 9.3772296 | FALSE | FALSE |
| yaw_belt | 1.058480 | 9.9734991 | FALSE | FALSE |
| gyros_belt_x | 1.058651 | 0.7134849 | FALSE | FALSE |
| gyros_belt_y | 1.144000 | 0.3516461 | FALSE | FALSE |
| gyros_belt_z | 1.066214 | 0.8612782 | FALSE | FALSE |
| accel_belt_x | 1.055412 | 0.8357966 | FALSE | FALSE |
| accel_belt_y | 1.113725 | 0.7287738 | FALSE | FALSE |
| accel_belt_z | 1.078767 | 1.5237998 | FALSE | FALSE |
| magnet_belt_x | 1.090141 | 1.6664968 | FALSE | FALSE |
| magnet_belt_y | 1.099688 | 1.5187035 | FALSE | FALSE |
| magnet_belt_z | 1.006369 | 2.3290184 | FALSE | FALSE |
| roll_arm | 52.338462 | 13.5256345 | FALSE | FALSE |
| pitch_arm | 87.256410 | 15.7323412 | FALSE | FALSE |
| yaw_arm | 33.029126 | 14.6570176 | FALSE | FALSE |
| gyros_arm_x | 1.015504 | 3.2769341 | FALSE | FALSE |
| gyros_arm_y | 1.454369 | 1.9162165 | FALSE | FALSE |
| gyros_arm_z | 1.110687 | 1.2638875 | FALSE | FALSE |
| accel_arm_x | 1.017341 | 3.9598410 | FALSE | FALSE |
| accel_arm_y | 1.140187 | 2.7367241 | FALSE | FALSE |
| accel_arm_z | 1.128000 | 4.0362858 | FALSE | FALSE |
| magnet_arm_x | 1.000000 | 6.8239731 | FALSE | FALSE |
| magnet_arm_y | 1.056818 | 4.4439914 | FALSE | FALSE |
| magnet_arm_z | 1.036364 | 6.4468454 | FALSE | FALSE |
| roll_dumbbell | 1.022388 | 84.2065029 | FALSE | FALSE |
| pitch_dumbbell | 2.277372 | 81.7449801 | FALSE | FALSE |
| yaw_dumbbell | 1.132231 | 83.4828254 | FALSE | FALSE |
| gyros_dumbbell_x | 1.003268 | 1.2282132 | FALSE | FALSE |
| gyros_dumbbell_y | 1.264957 | 1.4167771 | FALSE | FALSE |
| gyros_dumbbell_z | 1.060100 | 1.0498420 | FALSE | FALSE |
| accel_dumbbell_x | 1.018018 | 2.1659362 | FALSE | FALSE |
| accel_dumbbell_y | 1.053061 | 2.3748853 | FALSE | FALSE |
| accel_dumbbell_z | 1.133333 | 2.0894914 | FALSE | FALSE |
| magnet_dumbbell_x | 1.098266 | 5.7486495 | FALSE | FALSE |
| magnet_dumbbell_y | 1.197740 | 4.3012945 | FALSE | FALSE |
| magnet_dumbbell_z | 1.020833 | 3.4451126 | FALSE | FALSE |
| roll_forearm | 11.589286 | 11.0895933 | FALSE | FALSE |
| pitch_forearm | 65.983051 | 14.8557741 | FALSE | FALSE |
| yaw_forearm | 15.322835 | 10.1467740 | FALSE | FALSE |
| gyros_forearm_x | 1.059273 | 1.5187035 | FALSE | FALSE |
| gyros_forearm_y | 1.036554 | 3.7763735 | FALSE | FALSE |
| gyros_forearm_z | 1.122917 | 1.5645704 | FALSE | FALSE |
| accel_forearm_x | 1.126437 | 4.0464784 | FALSE | FALSE |

```

accel_forearm_y 1.059406 5.1116094 FALSE FALSE
accel_forearm_z 1.006250 2.9558659 FALSE FALSE
magnet_forearm_x 1.012346 7.7667924 FALSE FALSE
magnet_forearm_y 1.246914 9.5403119 FALSE FALSE
magnet_forearm_z 1.000000 8.5771073 FALSE FALSE
classe 1.469581 0.0254816 FALSE FALSE

```

```

```{r whatis, cache = TRUE}

##5.3 - is there any missing data to impute? NOTHING TO DEAL WITH
whatis(trainingdata)
```

```

```

variable.name  type  missing  distinct.values  precision  min  max
1 roll_belt      numeric    0    1330    1e-02   -28.9  162
2 pitch_belt     numeric    0    1840    1e-02   -55.8  60.3
3 yaw_belt       numeric    0    1957    1e-02   -180   179
4 gyros_belt_x   numeric    0    140     1e-02   -1.04  2.22
5 gyros_belt_y   numeric    0    69      1e-02   -0.64  0.64
6 gyros_belt_z   numeric    0    169     1e-02   -1.46  1.62
7 accel_belt_x   numeric    0    164     1e+00   -120   85
8 accel_belt_y   numeric    0    143     1e+00   -69    164
9 accel_belt_z   numeric    0    299     1e+00   -275   105
10 magnet_belt_x numeric    0    327     1e+00   -52    485
11 magnet_belt_y numeric    0    298     1e+00   354    673
12 magnet_belt_z numeric    0    457     1e+00   -623   293
13 roll_arm      numeric    0    2654    1e-02   -180   180
14 pitch_arm     numeric    0    3087    1e-02   -88.8  88.5
15 yaw_arm       numeric    0    2876    1e-02   -180   180
16 gyros_arm_x   numeric    0    643     1e-02   -6.37  4.87
17 gyros_arm_y   numeric    0    376     1e-02   -3.44  2.84
18 gyros_arm_z   numeric    0    248     1e-02   -2.33  3.02
19 accel_arm_x   numeric    0    777     1e+00   -404   437
20 accel_arm_y   numeric    0    537     1e+00   -318   308
21 accel_arm_z   numeric    0    792     1e+00   -636   292
22 magnet_arm_x  numeric    0    1339    1e+00   -584   782
23 magnet_arm_y  numeric    0    872     1e+00   -392   583
24 magnet_arm_z  numeric    0    1265    1e+00   -597   694
25 roll_dumbbell numeric    0    16523   1e-09   -153.7137292  153.5455708
26 pitch_dumbbell numeric    0    16040   1e-09   -149.5936479  149.4024436
27 yaw_dumbbell  numeric    0    16381   1e-09   -150.8711542  154.9522941
28 gyros_dumbbell_x numeric    0    241     1e-02   -204   2.22
29 gyros_dumbbell_y numeric    0    278     1e-02   -2.1    52
30 gyros_dumbbell_z numeric    0    206     1e-02   -2.38   317
31 accel_dumbbell_x numeric    0    425     1e+00   -419   235
32 accel_dumbbell_y numeric    0    466     1e+00   -189   315
33 accel_dumbbell_z numeric    0    410     1e+00   -334   318
34 magnet_dumbbell_x numeric    0    1128    1e+00   -643   592
35 magnet_dumbbell_y numeric    0    844     1e+00   -3600  633
36 magnet_dumbbell_z numeric    0    676     1e-01   -262   452
37 roll_forearm  numeric    0    2176    1e-02   -180   180
38 pitch_forearm numeric    0    2915    1e-02   -72.5   89.8
39 yaw_forearm   numeric    0    1991    1e-02   -180   180
40 gyros_forearm_x numeric    0    298     1e-02   -22    3.97
41 gyros_forearm_y numeric    0    741     1e-02   -7.02   311
42 gyros_forearm_z numeric    0    307     1e-02   -8.09   231
43 accel_forearm_x numeric    0    794     1e+00   -498   477
44 accel_forearm_y numeric    0    1003    1e+00   -632   923
45 accel_forearm_z numeric    0    580     1e+00   -446   291
46 magnet_forearm_x numeric    0    1524    1e+00   -1280  672
47 magnet_forearm_y numeric    0    1872    1e-03   -896   1480
48 magnet_forearm_z numeric    0    1683    1e-04   -973   1090
49 classe pure factor    0    5      NA    A    E

```

It was decided to split the dataset into two randomly selected pieces using the createDataPartition command because of the large dataset size. The two pieces: 60% (11767 rows) for model training and 40% (7846 rows) for model testing were chosen by trial and error. The training model provided evidence that model accuracy increased as the size of training dataset was increased, but was constrained by computing power.

A validation dataset has been supplied containing 20 rows in order to fulfil the project requirement for this Data Science Specialism module. One point per row will be awarded for each correctly predicted answer by the generated model.

```

```{R splitting, cache = TRUE}

##6 - splitting the dataset 70:30 training:testing
split1 <- createDataPartition(y = trainingdata$classe, p = 0.6, list = FALSE)
trainingdataset <- trainingdata[split1,]
testingdataset <- trainingdata[~split1,]
dim(trainingdataset); dim(testingdataset)
```

```

```

[1] 11776 49
[1] 7846 49

```

The training model instructions required that the classe (A - E) variable was to be predicted by the model. To train the model the classe variable had to be removed so not to predict itself.

```

```{R premodelling, cache = TRUE}

##7 - classe ~ user_name + all variables INCLUDING PREPROCESSING
namestraining <- names(trainingdataset[c(-49)])
form <- as.formula(paste("classe~", paste(namestraining, collapse = "+"), sep = ""))
```

```

The choice of training model was related to its computational RAM (random access memory) expense, the time available to complete the module project analysis submission and the defined

accuracy of the model compared to others as described by Jeff Leek in the video lecture on Boosting (see References). This led to the selection of the boosting model - command "gbm".

Preprocessing of the training dataset was performed at the same time as model training and it centred and scaled the all variables. If any other preprocessing commands were added to the model the computer produced a BSoD (blue screen of death).

The boosting model on the training dataset was run several times and each time there was a slightly different accuracy output so for reproducibility a seed was set, number 1258 was used.

```
```{R training model, cache = TRUE}
##8 - Model 1
set.seed(1258)
modell <- train(form, data = trainingdataset, preProcess = c("scale", "center"), method = "gbm", verbose = F)
```
```

On completion of the model it was noted that eight predictors had no model influence and were removed from the training dataset. The predictors are accel_belt_x, accel_belt_y, pitch_arm, gyros_arm_z, accel_arm_y, yaw_dumbbell, yaw_forearm and gyros_forearm_y.

```
```{r removal}
##9 - removing additional variables
trainingdataset2 <- trainingdataset[c(1:6, 9:13, 15:17, 19, 21:26, 28:38, 40, 42:49)]
dim(trainingdataset2)
```
```

[1] 11776 41

The model was run again without these eight predictors for the purpose of cross validation with 50% of the original training dataset rows randomly chosen. Would the model accuracy improved without these eight variables?

```
```{r splitting 2}
##10 - splitting the training dataset into 2 pieces 50:50
split2 <- createDataPartition(y = trainingdataset2$classe, p = 0.5, list = FALSE)
trainingdataset3 <- trainingdataset2[split2,]

##11 - removing the classe variable
namestraining <- names(trainingdataset3[c(-41)])
form2 <- as.formula(paste("classe~", paste(namestraining, collapse = "+"), sep = ""))

##12 - MODEL 2
model2 <- train(form2, data = trainingdataset3, preProcess = c("scale", "center"), method = "gbm", verbose = F)
```
```

On satisfactory training of the final model it was used to predict the validation dataset.

RESULTS

The results from the Model One and its predictive accuracy on the testing dataset:

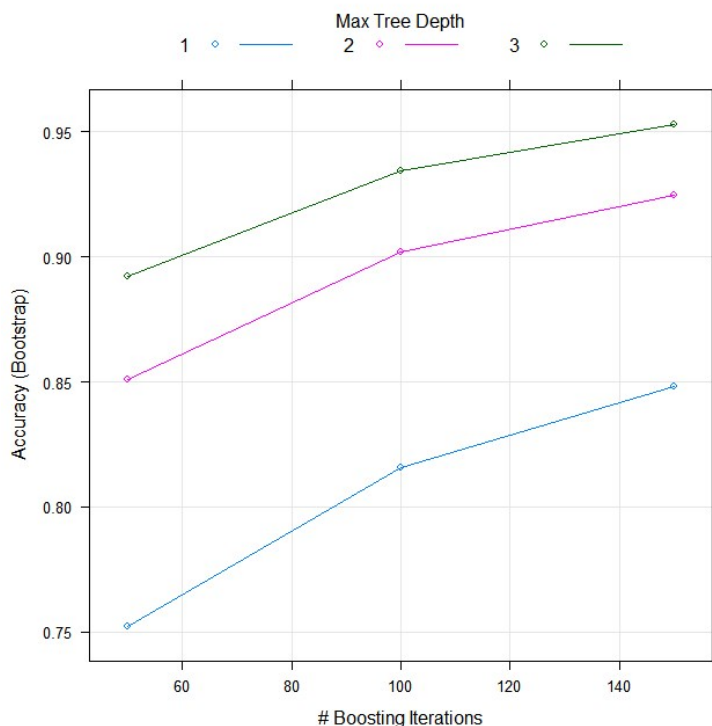
```
```{r boosting model 1, cache = TRUE}

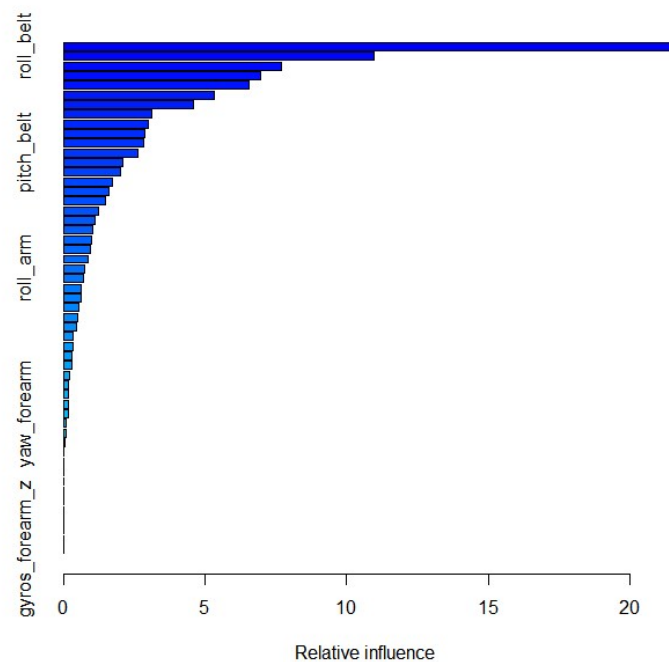
##13 - Model 1 results
print(model1$finalModel)
plot(model1)
summary(model1)
prediction1 <- predict(model1, testingdataset)
qplot(prediction1, colour = classe, fill = classe, data = testingdataset, main = "Predicting the testing dataset by Model 1\n", ylab = "Count\n")
confusionMatrix(testingdataset$classe, predict(model1, testingdataset))
```
```

A gradient boosted model with multinomial loss function.

150 iterations were performed.

There were 48 predictors of which 39 had non-zero influence.

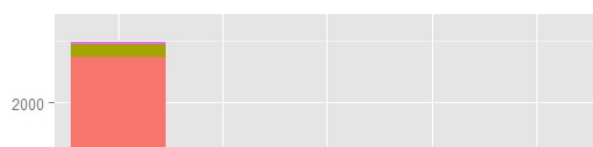


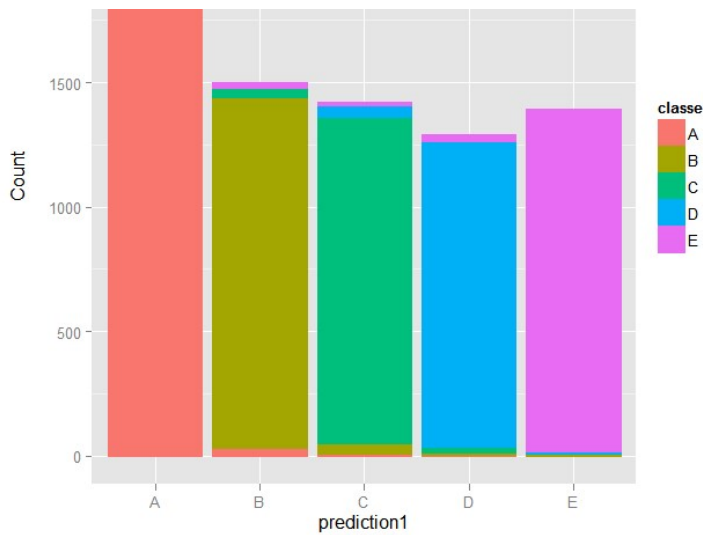


summary(model1)

| var | rel.inf |
|-------------------|-------------|
| roll_belt | 21.83897809 |
| pitch_forearm | 11.36695394 |
| yaw_belt | 8.97865050 |
| magnet_dumbbell_z | 6.57919727 |
| magnet_dumbbell_y | 5.74142037 |
| roll_forearm | 5.14858798 |
| magnet_belt_z | 3.99357158 |
| pitch_belt | 3.37862292 |
| accel_forearm_x | 3.31485298 |
| gyros_belt_z | 2.93819732 |
| accel_dumbbell_y | 2.81185277 |
| gyros_dumbbell_y | 2.21240996 |
| roll_dumbbell | 2.18541918 |
| magnet_forearm_z | 2.08175431 |
| accel_forearm_z | 1.94206210 |
| magnet_dumbbell_x | 1.76878150 |
| yaw_arm | 1.61450841 |
| magnet_belt_y | 1.52090293 |
| accel_dumbbell_x | 1.46213992 |
| magnet_forearm_x | 1.00908163 |
| magnet_arm_z | 0.99856300 |
| magnet_arm_x | 0.85182530 |
| roll_arm | 0.78633180 |
| magnet_belt_x | 0.71144488 |
| magnet_arm_y | 0.69694596 |
| gyros_arm_y | 0.62057215 |
| accel_dumbbell_z | 0.53867952 |
| gyros_dumbbell_x | 0.50729571 |
| gyros_belt_y | 0.46878891 |
| accel_belt_z | 0.40128026 |
| accel_arm_x | 0.32579427 |
| gyros_dumbbell_z | 0.28890462 |
| accel_arm_y | 0.24173411 |
| pitch_dumbbell | 0.19890487 |
| accel_forearm_y | 0.14343623 |
| accel_arm_z | 0.12345823 |
| magnet_forearm_y | 0.09371805 |
| gyros_forearm_z | 0.06176832 |
| gyros_belt_x | 0.05260815 |
| accel_belt_x | 0.00000000 |
| accel_belt_y | 0.00000000 |
| pitch_arm | 0.00000000 |
| gyros_arm_x | 0.00000000 |
| gyros_arm_z | 0.00000000 |
| yaw_dumbbell | 0.00000000 |
| yaw_forearm | 0.00000000 |
| gyros_forearm_x | 0.00000000 |
| gyros_forearm_y | 0.00000000 |

Predicting the testing dataset by Model 1





Confusion Matrix and Statistics

| Reference | | | | | |
|------------|------|------|------|------|------|
| Prediction | A | B | C | D | E |
| A | 2204 | 19 | 6 | 3 | 0 |
| B | 55 | 1428 | 31 | 2 | 2 |
| C | 0 | 44 | 1300 | 24 | 0 |
| D | 1 | 4 | 42 | 1228 | 11 |
| E | 2 | 27 | 18 | 21 | 1374 |

Overall Statistics

Accuracy : 0.9602
 95% CI : (0.9557, 0.9645)
 No Information Rate : 0.2883
 P-Value [Acc > NIR] : < 2.2e-16

Kappa : 0.9497
 McNemar's Test P-Value : 1.922e-12

Statistics by Class:

| | Class: A | Class: B | Class: C | Class: D | Class: E |
|----------------------|----------|----------|----------|----------|----------|
| Sensitivity | 0.9744 | 0.9382 | 0.9306 | 0.9609 | 0.9906 |
| Specificity | 0.9950 | 0.9858 | 0.9895 | 0.9912 | 0.9895 |
| Pos Pred Value | 0.9875 | 0.9407 | 0.9503 | 0.9549 | 0.9528 |
| Neg Pred Value | 0.9897 | 0.9851 | 0.9850 | 0.9924 | 0.9980 |
| Prevalence | 0.2883 | 0.1940 | 0.1781 | 0.1629 | 0.1768 |
| Detection Rate | 0.2809 | 0.1820 | 0.1657 | 0.1565 | 0.1751 |
| Detection Prevalence | 0.2845 | 0.1935 | 0.1744 | 0.1639 | 0.1838 |
| Balanced Accuracy | 0.9847 | 0.9620 | 0.9600 | 0.9760 | 0.9900 |

The resultant statistical output was examined. The overall accuracy of the model was 0.96. The positive predictive value (PPV) was over 0.95 for classes A, C to E and class B above 0.94 whereas the negative predictive value (NPV) was above 0.98 for all classes.

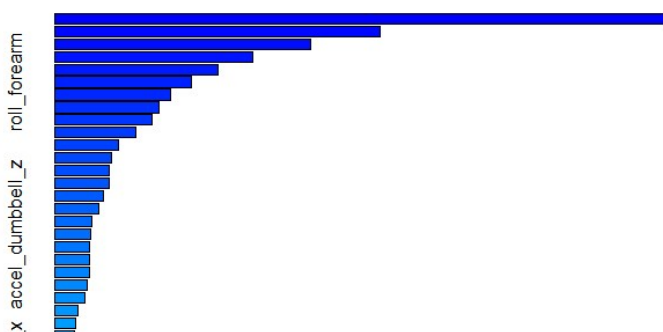
The results for Model Two (below) demonstrated that removing the eight predictors reduced the accuracy of the boosting model from 0.96 to 0.95. The PPV was reduced for four of the classes to 0.94 but class B reduced to 0.91. For NPV all class values were above 0.98. As the accuracy of the model dropped without these eight predictors the first model was chosen to make predictions for the validation dataset.

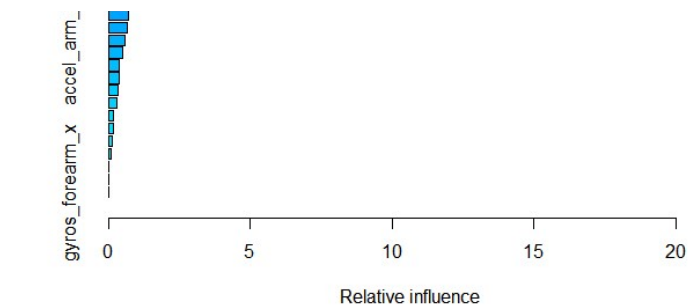
```

##[r boosting model 2, cache = TRUE]
##14 - Model 2 results
print(model2$finalModel)
summary(model2)
prediction2 <- predict(model2, testingdataset)
qplot(prediction2, colour = classe, fill = classe, data = testingdataset, main = "Predicting the testing dataset by Model 2\n", ylab = "Count\n")
confusionMatrix(testingdataset$classe, predict(model2, testingdataset))

```

A gradient boosted model with multinomial loss function.
 150 iterations were performed.
 There were 40 predictors of which 38 had non-zero influence.



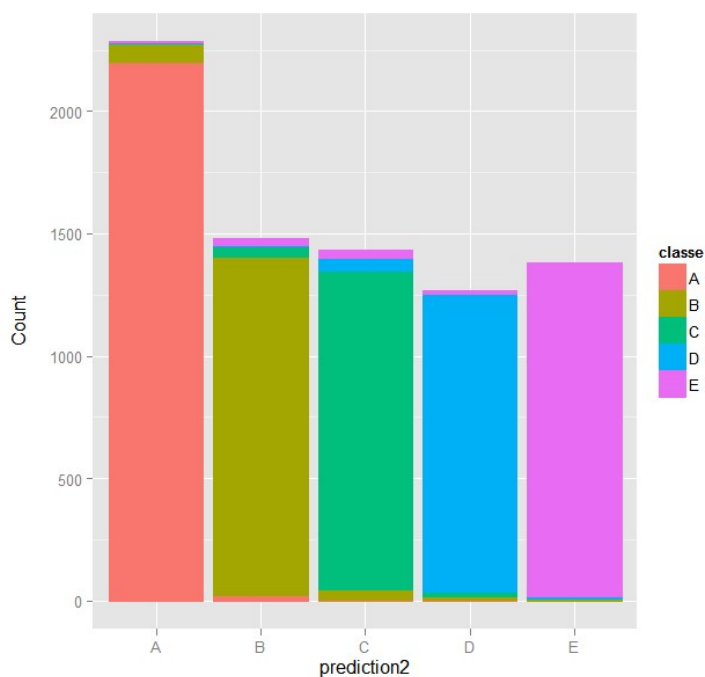


```

var      rel.infl      roll_belt      20.41139035
pitch_forearm      11.13230517
yaw_belt      8.57040521
magnet_dumbbell_z      7.38331461
magnet_dumbbell_y      5.62204502
roll_forearm      4.81180232
pitch_belt      4.22906941
magnet_belt_z      4.10488396
gyros_belt_z      3.48826302
accel_forearm_x      2.93847954
roll_dumbbell      2.76104853
accel_dumbbell_y      2.63277996
gyros_dumbbell_y      2.10455965
accel_dumbbell_x      1.85007941
accel_forearm_z      1.51293178
magnet_forearm_z      1.47116829
yaw_arm      1.35515145
magnet_dumbbell_x      1.14543364
roll_arm      1.13477891
magnet_belt_y      1.09946230
magnet_arm_x      1.07115271
magnet_arm_z      1.04113224
gyros_dumbbell_x      1.02664711
magnet_forearm_x      0.94197974
accel_dumbbell_z      0.92651947
accel_belt_z      0.76461104
magnet_arm_y      0.71078786
gyros_arm_y      0.67536804
magnet_belt_x      0.67337698
magnet_forearm_y      0.59799559
accel_arm_x      0.49878590
gyros_belt_y      0.39914959
accel_forearm_y      0.29285900
gyros_dumbbell_z      0.24848172
pitch_dumbbell      0.19907974
gyros_forearm_z      0.07547864
accel_arm_z      0.05144473
gyros_arm_x      0.04579738
gyros_belt_x      0.00000000
gyros_forearm_x      0.00000000

```

Predicting the testing dataset by Model 2



Confusion Matrix and Statistics

Reference

| | | | | | |
|------------|------|------|------|------|------|
| Prediction | A | B | C | D | E |
| A | 2202 | 17 | 10 | 3 | 0 |
| B | 79 | 1385 | 48 | 3 | 3 |
| C | 0 | 49 | 1297 | 21 | 1 |
| D | 1 | 3 | 56 | 1213 | 13 |
| E | 5 | 26 | 32 | 20 | 1359 |

Overall Statistics

Accuracy : 0.9503
95% CI : (0.9453, 0.955)
No Information Rate : 0.2915
P-Value [Acc > NIR] : < 2.2e-16

Kappa : 0.9371
McNemar's Test P-Value : < 2.2e-16

Statistics by Class:

| | | | | | |
|----------------------|----------|----------|----------|----------|----------|
| | Class: A | Class: B | Class: C | Class: D | Class: E |
| Sensitivity | 0.9628 | 0.9358 | 0.8988 | 0.9627 | 0.9876 |
| Specificity | 0.9946 | 0.9791 | 0.9889 | 0.9889 | 0.9872 |
| Pos Pred Value | 0.9866 | 0.9124 | 0.9481 | 0.9432 | 0.9424 |
| Neg Pred Value | 0.9849 | 0.9850 | 0.9775 | 0.9928 | 0.9973 |
| Prevalence | 0.2915 | 0.1886 | 0.1839 | 0.1606 | 0.1754 |
| Detection Rate | 0.2807 | 0.1765 | 0.1653 | 0.1546 | 0.1732 |
| Detection Prevalence | 0.2845 | 0.1935 | 0.1744 | 0.1639 | 0.1838 |
| Balanced Accuracy | 0.9787 | 0.9575 | 0.9439 | 0.9758 | 0.9874 |

The prediction results of the 20 validation cases using Model One:

```
```{r validation predictions, cache = TRUE}

##15 - Predictions with Model 1
predict(model1, validationdataset)
```

[1] B A B A A E D B A A B C B A E E A B B B
Levels: A B C D E
```

Of the 20 cases all 20 have been correctly predicted.

REFERENCES

Velloso E, Bulling A, Gellersen H, Ugulino W, Fuks H (2013) Qualitative Activity Recognition of Weight Lifting Exercises, Proceedings of the 4th International Conference in Cooperation with SIGCHI (Augmented Human 2013), Stuttgart, Germany

Guillaume Bourgault & Chris W (2015) Distribution of each variable for each test subject and each class (A - E) online at https://class.coursera.org/predmachlearn-034/forum/thread?thread_id=20

Leek J (2015) Boosting video lecture available online at <https://class.coursera.org/predmachlearn-034/lecture/49>

APPENDICES

APPENDIX 1: Codebook

Abbreviations for parts of the column names:-

```
gyros <- gyroscope
x <- x axis
y <- y axis
z <- z axis
accel <- accelerometer
magnet <- magnetometer
```

Meaning of classe headings:-

- (A) correct execution of the exercise
- (B) throwing the elbow to the front
- (C) dumbbell lifted halfway
- (D) dumbbell lowered halfway
- (E) throwing hips to the front

Position of sensors:-

- belt around the waist
- arm around the upper arm
- forearm around the lower arm
- dumbbell on the end of the dumbbell

APPENDIX 2

The information for this project comes from these sources:

<http://groupware.les.inf.puc-rio.br/har>

The links to the datasets are:

Entire dataset:

<https://d396qusza40orc.cloudfront.net/predmachlearn/pml-training.csv>

Validation dataset:

<https://d396qusza40orc.cloudfront.net/predmachlearn/pml-testing.csv>

APPENDIX 3

With only 2 GB of hard disk space the html document could not be constructed within the R package. Therefore I had to write the whole html file myself using Notepad++. So if the result tables look a little strange and columns not correctly aligned this is the reason why.

```
```{r html}
render("project.Rmd", html_document(), quiet = T)
```
```