Jewish Spirituality

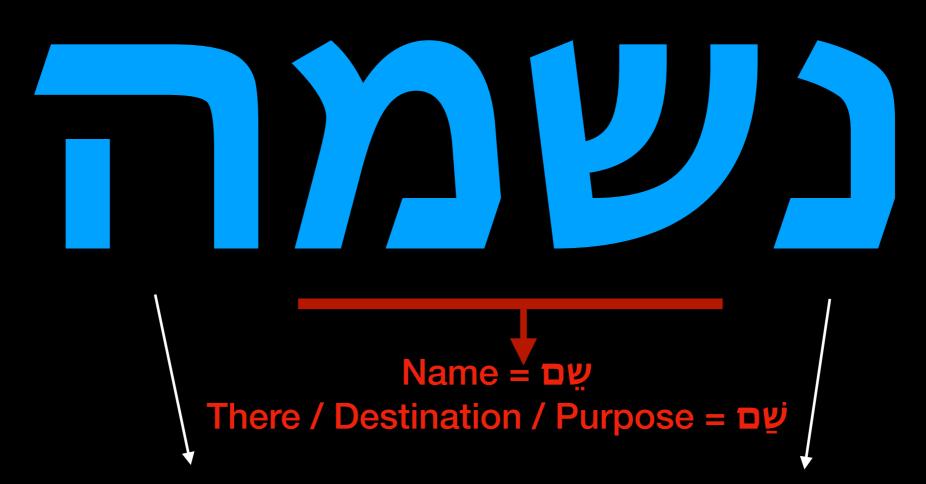
ןְיִּיצֶר האֱלֹקים אֶת־הְאָדָם עָפָר קן־הְאָדָמָה וַיִּפַּח בְּאַפְּיו נִשְׁמֵת חַיִּים תוֹיָהְאָדָם בְּאַבְּיו נִשְׁמֵת חַיִּים וַיְהִי הְאָדָם לְנֶפֶשׁ חַיָּה: קוֹיָהִי הְאָדָם לְנֶפֶשׁ חַיָּה:

And G-d formed Adam (Man) of dirt from the Earth and He breathed into his nostrils a living Neshama (Soul); and the Man became a living Nefesh (Being)



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NESHAMA - The Soul



גר ה' = The candle of Hashem

Jewish Tradition teaches that when parents name their child, they are blessed with a moment of Prophecy. On a deep level, one's Hebrew Name is the essence of their soul. It connects them to their ancestors who carried the same name, to the values/ideas that their name inspires, and to the spiritual work they must do in life. The Jewish Soul is the breath of Life that God breathed into Mankind with love. It is the spark of Holiness that burns stronger and stronger each day as we grow into the wonderful people we are meant to be. As we light the world up with Good Deeds, we fuel and carry the candle of God!

Jewish Spirituality NESHAMA = נשמה

Proverbs 20:27

The Breath (soul) of man is the lamp of the LORD Revealing all his inmost parts.

נֵר יְהוָה נִשְׁמֵת אָדָם חֹפֵשׂ כָּל־חַדְרֵי־בֵּטֶן:



A Jewish NESHAMA (Soul) is the Burning Flame of God within us which NEVER dies.