

Want to learn more?

Check out:
Tefillin by Aryeh Kaplan

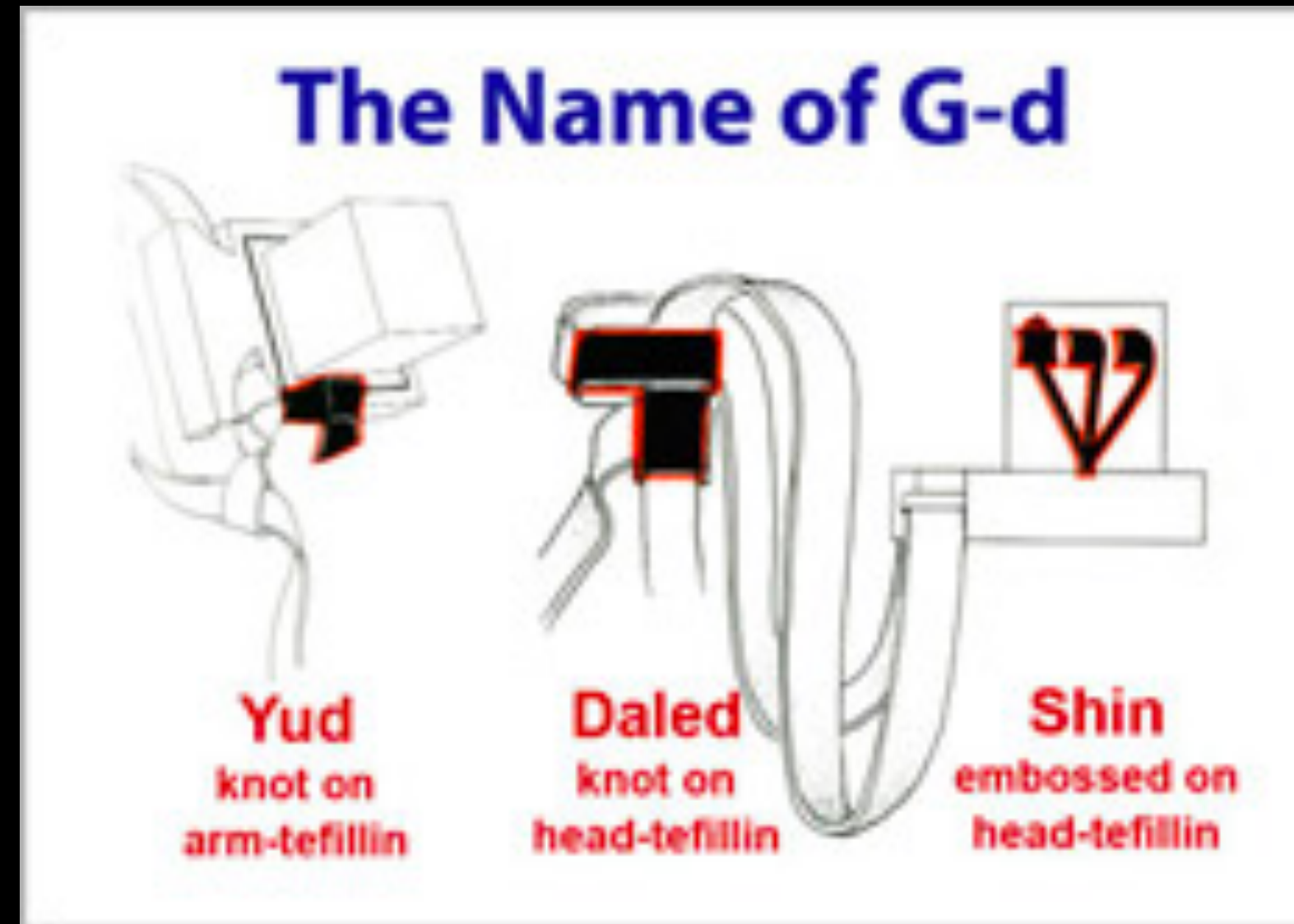
<https://www.amazon.com/Tefillin-Aryeh-Kaplan/dp/B000718NJM>



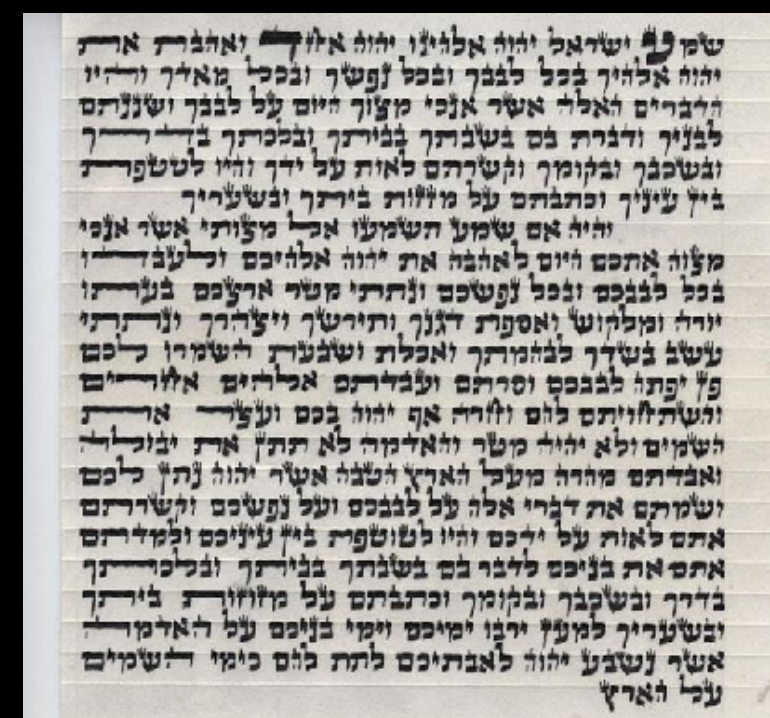
Tefillin



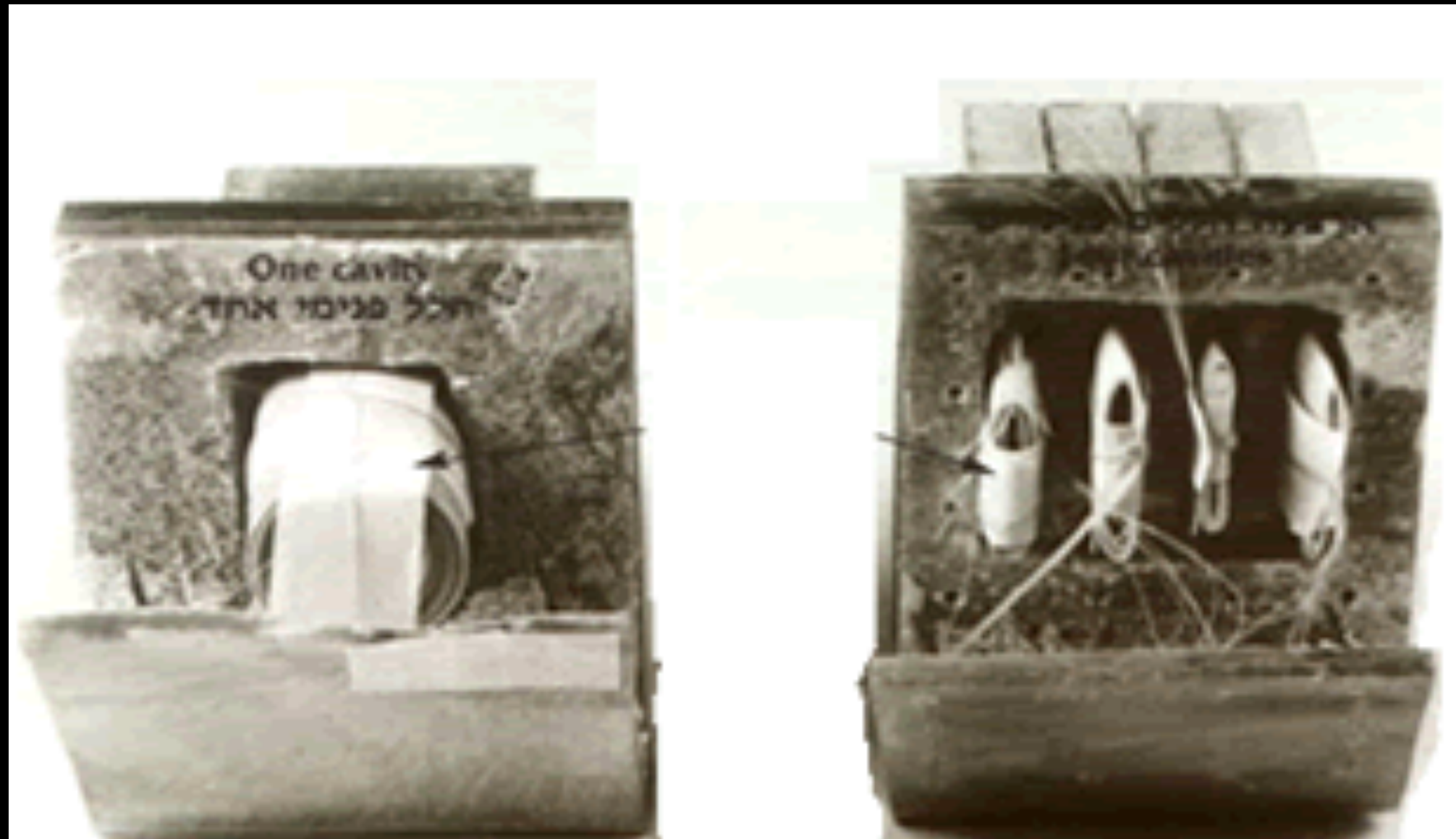
Tefillin Shel Rosh (For the Head)



Tefillin Shel Yad (For the Arm)



What's inside the Tefillin?

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What are the 4 Paragraphs in the Tefillin?

1

Kadesh

וְהָיָה לְךָ לְאוֹת עַל־יָדְכָה וּלְטוֹטָפֹת בֵּין
עֵינֶיךָ כִּי בְחֹזֶק יָד הוֹצֵאתָנוּ יְהוָה
מִמִּצְרַיִם

And so it shall be as a sign
upon your hand and as a
symbol on your forehead
that with a mighty hand
the LORD freed us from
Egypt.

Exodus 13:16

2

Vehayah Ki Yeviacha

וְהָיָה לְךָ לְאוֹת עַל־יָדְךָ וּלְזִכָּרוֹן בֵּין
עֵינֶיךָ לְמַעַן תִּהְיֶה תּוֹרַת יְהוָה בְּפִיךָ
כִּי בְיָד תִּחְזַק הוֹצֵאתָ יְהוָה מִמִּצְרַיִם

And this shall serve you as a sign
on your hand and as a reminder
on your forehead—in order that
the Teaching of the LORD may
be in your mouth—that with a
mighty hand the LORD freed you
from Egypt.

Exodus 13:9

3

Shema

וְקִשְׂרֹתֶם לְאוֹת עַל־יָדְךָ
וְהָיוּ לְטוֹטָפֹת בֵּין עֵינֶיךָ

Bind them as a sign on
your hand and let them
serve as a symbol on
your forehead;

Deuteronomy 6:8

Deals with accepting
God's One-ness and
loving God with all our
heart, soul, and property

3

Vehaya Im Shamoa

וְשִׁמַּתֶּם אֶת־דְּבָרֵי אֱלֹה עַל־לִבְבְּכֶם
וְעַל־נַפְשְׁכֶם וְקִשְׂרֹתֶם אֹתָם לְאוֹת
עַל־יְדֵיכֶם וְהָיוּ לְטוֹטָפֹת בֵּין עֵינֵיכֶם

Therefore impress these My
words upon your very heart:
bind them as a sign on your
hand and let them serve as a
symbol on your forehead,

Deuteronomy 11:18

Deals with accepting the
Torah's system of Rewards
and Punishments for our
fulfilling the Mitzvot

Both come from verses in the Torah describing the
obligation of the Jewish people to always remember and
teach our children the story of how God freed us from
Egypt and brought us to the land of Israel

וְרָאוּ כָּל-עַמֵּי הָאָרֶץ כִּי שֵׁם יְהוָה נִקְרָא עָלֶיךָ וַיֵּרְאוּ מִמֶּךָּ:

"And all the peoples of the Earth shall see that the Lord's name is proclaimed over you, and they shall fear you" (Deuteronomy 28:9)



What do Tefillin do?



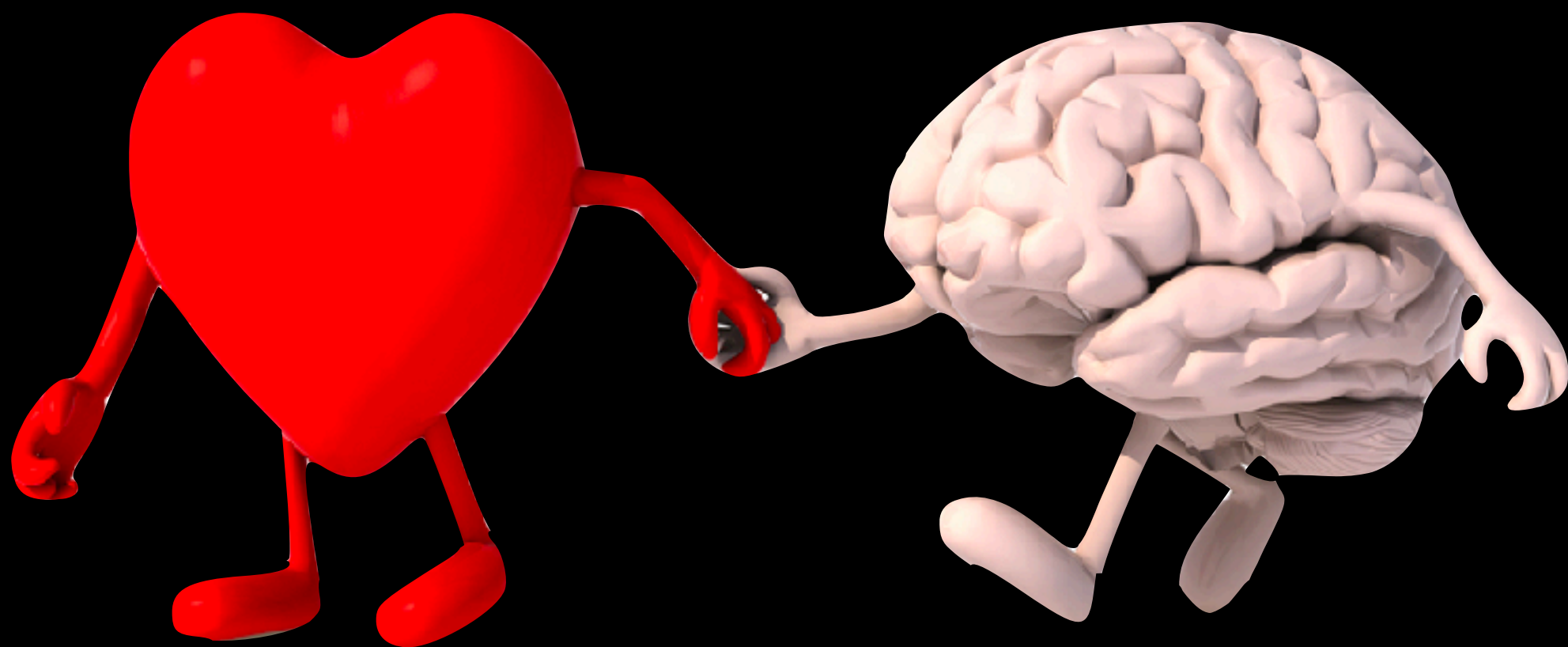
A Computer pioneer in the 1960's once asked the Lubavitcher Rebbe if there was anything in the Torah that hinted towards the Computer.

Without hesitation the Rebbe answered, "Tefillin!"

"If you look closely, what really is a computer?" the Rebbe continued. "You walk into a room and you see many familiar machines: A typewriter, a large tape recorder, a television set, a hole puncher, a calculator. But under the floor, cables connect all these machines so they work as one."

"Now look at your own self. You have a brain. It is in one world. Your heart is in another. And your hands often end up involved in something completely foreign to both of them. Three diverse machines."

"So you put on tefillin. First thing in the day, you connect your head, your heart and your hand with these leather cables — all to work as one with one intent. And then when you go out to meet the world, all your actions find harmony in a single coordinated purpose."



[Adapted from https://www.chabad.org/library/article_cdo/aid/102435/jewish/Hi-tech-Connectivity.htm](https://www.chabad.org/library/article_cdo/aid/102435/jewish/Hi-tech-Connectivity.htm)