

WPN UDATE | JULY 2023

To Our Valued Members and Stakeholders

We have crested the half of 2023. It has been frenetic to date to say the least, but with five or so months to go, I do hope you are all energised for the second half of the year?



The WPN has celebrated wonderful events and initiatives in its various chapters over the past many months and I would like to thank the regional committees on their immense investment of time and dedication to the objectives of the WPN.

Regards, Thuli

UPCOMING EVENTS



18 JULY 2023

WPN Western Cape Mandela Day Initiative with industry partners

25 JULY 2023

WPN Western Cape Pilot Mentorship Workshop with CDH Inc.



4 AUGUST 2023

WPN KZN Women's Day Celebration with the Pencil Club, Garlicke & Bousfield, Style Me, Rodel and Currencies Direct

17 AUGUST 2023

WPN Gauteng Women's Day celebration in collaboration with SAPOA and Attacq.

23 AUGUST 2023

WPN Western Cape Women's Day Celebration in Collaboration with SAPOA and Old Mutual

WANT TO JOIN US?

Please email: info@wpn.co.za

THOUGHT LEADERSHIP BY #LEADINGWOMEN



The Rise of AI - How Artificial Intelligence is changing **Real Estate Investment Strategies**

Farhana Hassim | Director, Advisory Services | BDO Click here to find out more

Weathering the Storm

Jutta Berns | Founder & Director | Ecocentric & WPN Regional Chair Click here to find out more



FOCUS ON THE WPN KZN CHAPTER

Since having taken the lead of the KZN chapter last year, my team and I have delivered events in the region which have been varied and spoken to the broader interests of our membership base. I continue to urge our regional members to join us for these networking opportunities - we certainly do know how to connect and network! Thank you JT Ross Property Group, Garlicke and Bousfield and Evolve for your immense support to date.

I would also like to acknowledge and thank my team: Sharleigh Wilken who tirelessly works to attract sponsorship for events and to package and deliver them, and Nompumelelo Xulu whom is assisting the UKZN students with early integration into the broader industry.

The WPN KZN Regional Committee is looking to on-board additional committee members.

The ideal candidate would need to:

- Be an active and paid up member of the WPN.
- Have a track record that demonstrates a passion for the advancement and empowerment of women in the industry.
- Be well networked and willing to use those connections to progress overall objectives of the WPN.
- Be prepared to invest time and effort into regional initiatives and
- Have a positive attitude toward a collaborative team environment.

Should you wish to volunteer your time, we would love to hear from

Please send a short introduction / covering letter and your CV to our national co-ordinator at info@wpn.co.za by 31 August 2023.

Regards

Fodi







WPN UDATE | JULY 2023

21 June 2023

WPN Western Cape

highlighting co-live & work Makers Landing









9 June 2023

WPN KZN









12 June 2023

WPN Gauteng







WPN UDATE | JULY 2023

THE POWER OF YET

How a simple word can change imposter syndrome into a growth mindset.



As a woman working in business, you may have experienced feelings of self-doubt, inadequacy, and the fear of being exposed as not having all the answers. These feelings are often associated with what is known as "imposter syndrome," which can hold you back from achieving your goals and reaching your full potential - it can hold you back from believing in yourself.

But what if I told you that there is a way to counter these feelings of self-doubt and take control of your career? What if I told you that the antidote to imposter syndrome is a growth mindset? By adopting a growth mindset, you can recognise that your abilities and intelligence can be developed through focus, positive language, dedication, and persistence.

The voice of imposter syndrome in your head (often put there by those who doubt you) may tell you that you are not good enough, that you don't have the skills or knowledge to succeed. However, the voice of the growth mindset says, "I am growing and haven't fully mastered it, yet." Adding the word "yet" to your

vocabulary can be a powerful tool in overcoming imposter syndrome. It acknowledges that you may not have all the answers or skills right now, but you are capable of learning and growing all the time.

For example, if you have a fear of public speaking, the imposter syndrome voice might say, "I'm not a good speaker. I can't give a presentation." But the growth mindset voice says, "I'm not an excellent speaker yet. But with practice and preparation, I am improving my skills and becoming a confident speaker."

The key to adopting a growth mindset is to focus on the process of learning and growth rather than the outcome, and to think of yourself being in the present. Instead of believing that your abilities and intelligence are fixed, a growth mindset acknowledges that you are developing and improving all the time. This mindset empowers you to take risks, learn from failures, and embrace challenges as opportunities to grow.

To give yourself the best chance of success for the "yet," I invite you to embrace the 3P's: Prepare, Participate, and Be Present.

PREPARE:

Preparation is key to building confidence and overcoming imposter syndrome. Whether it's a presentation, a meeting, or a project, take the time to research, practice, and rehearse. Break down the task into smaller, manageable steps and focus on making progress rather than achieving perfection.

PARTICIPATE:

Don't shy away from opportunities to speak, learn and grow. Participate in

meetings, workshops, conferences, and networking events. Surround yourself with people who support and encourage your growth and seek out mentors who can provide guidance and feedback.

BE PRESENT:

When you are in a meeting, be present. Don't let your mind wander elsewhere. Instead, focus on the task at hand and trust in your ability to contribute, learn and grow all the time.

Remember, the journey towards success is not a straight line - it has meaningful twists and turns. There will be big and small wins and successes, and setbacks and challenges along the way, but a growth mindset can help you embrace these to achieve your goals. By embracing the power of "yet," you can take control of your growth and your future to realise your full potential, and make a meaningful contribution to society.

Dear woman and friend in business, you are overcoming imposter syndrome and achieving your goals. By adopting a growth mindset and embracing the power of "yet," you are developing your skills and intelligence over time. Use the 3P's to be ready for the "yet" and take control of where you are going. Remember, you are already achieving great things, so don't let anything hold you back. The best is yet to come - I am so proud of being part of experiencing the difference you are making to the wider community you serve.

Amelia Beattie **Chief Executive Liberty Two Degrees**