They say that pride comes before a fall. In the case of both Napoleon and Hitler, the many victories they enjoyed led them to believe that anything was possible, that nothing could stand in their way. Russia's icy defender was to prove them wrong.

人道是骄兵必败。就拿拿破仑和希特勒两人来说吧,他们所向披靡,便以为自己战无不胜, 不可阻挡。但俄罗斯的冰雪卫士证明他们错了。

The Icy Defender

Nila B. Smith

In 1812, Napoleon Bonaparte, Emperor of the French, led his Grand Army into Russia. He was prepared for the fierce resistance of the Russian people defending their homeland. He was prepared for the long march across Russian soil to Moscow, the capital city. But he was not prepared for the devastating enemy that met him in Moscow -- the raw, bitter, bleak Russian winter.

冰雪卫士

奈拉·B·史密斯

1812年,法国皇帝拿破仑·波拿巴率大军入侵俄罗斯。他准备好俄罗斯人民会为保卫祖国而奋勇抵抗。他准备好在俄罗斯广袤的国土上要经过长途跋涉才能进军首都莫斯科。但他没有料到在莫斯科他会遭遇劲敌—俄罗斯阴冷凄苦的寒冬。

In 1941, Adolf Hitler, leader of Nazi Germany, launched an attack against the Soviet Union, as Russia then was called. Hitler's military might was unequaled. His war machine had mowed down resistance in most of Europe. Hitler expected a short campaign but, like Napoleon before him, was taught a painful lesson. The Russian winter again came to the aid of the Soviet soldiers. 1941年,纳粹德国元首阿道夫·希特勒进攻当时被称作苏联的俄罗斯。希特勒的军事实力堪称无敌。他的战争机器扫除了欧洲绝大部分地区的抵抗。希特勒希望速战速决,但是,就像在他之前的拿破仑一样,他得到的是痛苦的教训。仍是俄罗斯的冬天助了苏维埃士兵一臂之力。

Napoleon's Campaign

In the spring of 1812, Napoleon assembled an army of six hundred thousand men on the borders of Russia. The soldiers were well trained, efficient, and well equipped. This military force was called the Grand Army. Napoleon, confident of a quick victory, predicted the conquest of Russia in five weeks.

拿破仑发起的战役

1812年春,拿破仑在俄国边境屯兵60万。这些士兵受过良好训练,作战力强,装备精良。这支军队被称为大军。拿破仑对马到成功充满自信,预言要在5个星期内攻下俄国。

Shortly afterwards, Napoleon's army crossed the Neman River into Russia. The quick, decisive victory that Napoleon expected never happened. To his surprise, the Russians refused to stand and fight. Instead, they retreated eastward, burning their crops and homes as they went. The Grand Army followed, but its advance march soon became bogged down by slow-moving supply lines.

不久,拿破仑的大军渡过涅曼河进入俄国。拿破仑期盼着的速决速胜迟迟没有发生。令他吃惊的是,俄国人并不奋起抵抗。相反,他们一路东撤,沿途焚毁庄稼和民居。大军紧追不舍,但它的长驱直入很快由于粮草运输缓慢而停顿下来。

In August, the French and Russian armies engaged at Smolensk, in a battle that left over ten thousand dead on each side. Yet, the Russians were again able to retreat farther into Russian territory. Napoleon had won no decisive victory. He was now faced with a crucial decision. Should

he continue to pursue the Russian army? Or should he keep his army in Smolensk for the approaching winter? 到了8月,法俄两军在斯摩棱斯克交战,这一战役中,双方各有上万人阵亡。可是,俄国人仍能在自己的国土上继续后撤。拿破仑未能取得决定性的胜利。此刻他面临着一个重要抉择。是继续追击俄国军队,还是把军队驻扎在斯摩棱斯克,在那儿度过将到的冬天?

Napoleon took the gamble of pressing on to Moscow, 448 kilometers away. On September 7, 1812, the French and Russian armies met in fierce battle at Borodino, 112 kilometers west of Moscow. By nightfall, thirty thousand French and forty-four thousand Russians lay dead or wounded on the battlefield.

拿破仑孤注一掷,决定向远在448公里之外的莫斯科进发。1812年9月7日,法俄两军在莫斯科以西112公里外的鲍罗季诺激战。夜幕降临时,3万名法国士兵以及4.4万名俄国士兵或伤或亡,倒在了战场上。

Again, the Russian army retreated to safety. Napoleon had a clear path to Moscow, but the occupation of the city became an empty victory. The Russians fled their capital. Soon after the French arrived, a raging fire destroyed two-thirds of the city. Napoleon offered a truce to Alexander I, but the Russian czar knew he could bide his time: "We shall let the Russian winter fight the war for us."

俄国军队再次撤往安全之处。拿破仑顺利进入莫斯科,然而,对该市的占领成为毫无意义的胜利。俄国人弃城而走。法国人进城不久,一场熊熊大火烧毁了整个城市的三分之二。拿破仑向亚历山大一世提出停战,但沙皇深知他可以等待时机:"且让俄罗斯的严冬为我们战斗吧。"

- Napoleon soon realized he could not feed, clothe, and quarter his army in Moscow during the winter. In October 1812, he ordered his Grand Army to retreat from Moscow. 拿破仑很快意识到,他无法在冬天向远在莫斯科的军队供应粮草、提供御寒衣物和宿营之地。1812年10月,他命令大军撤出莫斯科。
- The French retreat turned into a nightmare. From fields and forests, the Russians launched hit-and-run attacks on the French. A short distance from Moscow, the temperature had already dropped to minus 4 degrees Celsius. On November 3, the winter's first snow came. Exhausted horses fell dead in their tracks. Cannon became stuck in the snow. Equipment had to be burned for fuel. Soldiers took ill and froze to death. The French soldiers dragged on, leaving the dead along every mile.

法军的撤离成为一场噩梦。俄国人出没于田野与森林,采用打了就跑的战术,向法国人发起攻击。刚出莫斯科城,气温就降到摄氏零下4度。11月3日降下初雪。困乏的马匹倒地而死。大炮陷入雪中。装备只得被用作燃料焚烧。士兵们染病冻死。法国士兵拖着脚步行进,一路上留下无数死尸。

As the Russian army was gathering its strength, the French had to flee Russia to avoid certain defeat. At the Berezina River, the Russians nearly trapped the retreating French by burning the bridges over the swollen river. But Napoleon, by a stroke of luck, was able to build two new bridges. Thousands of French soldiers escaped, but at the cost of fifty thousand dead. Once across the Berezina, the tattered survivors limped toward Vilna.

正当俄罗斯军队集聚兵力之时,法国人却不得不逃离俄国,以避免注定的失败。在别列兹那河,俄国人焚烧了涨水的河道上的桥梁,差点将后撤的法军困于河边。侥幸的是,拿破仑居然突击造起两座桥。成千上万法国士兵得以逃脱,但却损失了5万人。渡过别列兹拿河,溃不成军的幸存者一瘸一拐地向维尔纽行进。

Of the six hundred thousand soldiers Napoleon had led into Russia, less than one hundred thousand came back. The weakened French army continued its retreat westward across Europe. Soon, Britain, Austria, Russia, and Prussia formed a powerful alliance and attacked these stragglers. In March 1814, Paris was captured. Napoleon abdicated and went into exile, his empire at an end.

拿破仑发兵60万进入俄国,只有不到10万士兵返回。元气大伤的法国军队在欧洲继续西撤。 不久,英国、奥地利、俄国以及普鲁士组成强大的联盟,攻击这些散兵游勇。1814年3月, 巴黎被攻占。拿破仑退位去过流放生活,他缔造的帝国随之灭亡。

Hitler's Invasion

By early 1941, Adolf Hitler, leader of Nazi Germany, had seized control of most of Europe. To the east of Hitler's German empire was the Soviet Union. On June 22, 1941, without a declaration of war, Hitler began an invasion of the Soviet Union that was the largest military land campaign in history. Confident of a quick victory, Hitler expected the campaign to last no longer than three months. He planned to use the blitzkrieg, or "lightning war," tactics that had defeated the rest of Europe. The invasion had three broad thrusts: against Leningrad and Moscow and through the Ukraine.

希特勒的入侵

到1941年初,纳粹德国元首阿道夫·希特勒已经控制了欧洲大部分地区。希特勒的德意志帝国的东部与苏联毗邻。1941年6月22日,希特勒不宣而战,入侵苏联,发动了历史上规模最大的一场陆地战役。希特勒自信能速战速决,预计这一战役不会超过3个月。他计划采用征服了欧洲其余地区的闪电式战略。入侵计划包含三大目标:向列宁格勒与莫斯科进攻,并横扫乌克兰。

Caught off guard by the invasion, Soviet leader Joseph Stalin instructed the Russian people to "scorch the earth" in front of the German invaders. Farms and factories were burned, destroyed, or rendered useless. During the first ten weeks of the invasion, the Germans pushed the front eastward, and the Russians suffered more than a million casualties.

苏联领导人约瑟夫·斯大林被打了个措手不及,他指示全国人民在德国入侵者到来之前实行"焦土"政策。农场和工厂被焚烧毁坏,或被弄得无法运转。在入侵的最初10个星期内,德国人一路东进,俄国人伤亡人数多达一百多万。

In the north, the Germans closed in on Leningrad. Despite great suffering, however, the people of Leningrad refused to surrender. As the battle of Leningrad dragged on into winter, the city's situation became desperate. As food ran out, people died from hunger and disease. By the middle of the winter of 1941-1942, nearly four thousand people starved to death every day. Close to one million people died as a result of the siege.

在北方,德国人包围了列宁格勒。尽管忍受着极大困苦,列宁格勒的人民绝不投降。列宁格

勒保卫战一直持续到冬季,此时该市的处境变得危急。由于食品匮乏,人们死于饥饿与疾病。到了1941年和1942年之间的寒冬,几乎每天有4千人死于饥饿。列宁格勒之围造成近百万人死亡。

- In the center of Russia, Hitler's goal was the capture of Moscow. Because the Germans had anticipated a quick victory, they had made no plans for winter supplies. October arrived with heavy rains. "General Mud" slowed down the movement of the Germans' lightning attack. 在俄国中部,希特勒的目标是占领莫斯科。由于德国人指望速战速决,他们没有准备过冬的补给。10月来临,大雨不停。"泥泞将军"拖延了德国人闪电式进攻的行动。
- As Hitler's armies drew closer and closer to Moscow, an early, severe winter settled over the Soviet Union, the harshest in years. Temperatures dropped to minus 48 degrees Celsius. Heavy snows fell. The German soldiers, completely unprepared for the Russian winter, froze in their light summer uniforms. The German tanks lay buried in the heavy snowbanks. The Russian winter brought the German offensive to a halt.

正当希特勒的军队逼近莫斯科时,寒冷的冬季早早地降临苏联,那是多年不遇的严寒。气温降到摄氏零下48度。大雪纷飞。对俄国的严寒冬季毫无思想准备的德国士兵身着单薄的夏装,一个个被冻伤。德国人的坦克掩埋在深深的雪堆中。俄罗斯的冬季阻止了德国人的攻势。

By the summer of 1942, Hitler had launched two new offensives. In the south, the Germans captured Sevastopol. Hitler then pushed east to Stalingrad, a great industrial city that stretched for 48 kilometers along the Volga River. Despite great suffering, Soviet defenders refused to give up Stalingrad.

到1942夏天,希特勒又发起两场新的攻势。在南方,德国人占领了塞瓦斯托波尔。希特勒随后向东推进到斯大林格勒,那是沿伏尔加河绵延48公里的一座大工业城市。尽管艰苦卓绝,苏联抵抗者拒绝放弃斯大林格勒。

In November 1942, the Russians launched a counterattack. With little or no shelter from the winter cold in and around Stalingrad, German troops were further weakened by a lack of food and supplies. Not until January 1943 did the Germans give up their siege. Of the three hundred thousand Germans attacking Stalingrad, only ninety thousand starving soldiers were left. The loss of the battle for Stalingrad finally turned the tide against Hitler. The German victories were over, thanks in part to the Russian winter.

1942年11月,俄国人发起了一场反攻。德国军队在斯大林格勒城内外几乎没有挡风避寒的地方,食品和补给的匮乏更使其元气大伤。直到1943年1月德国人才放弃围城。进攻斯大林格勒的30万德国人只剩下9万忍饥挨饿的士兵。斯大林格勒一战的失利最终使希特勒时乖运蹇。部分地由于俄罗斯的冬季,德国人走向失败。

During 1943 and 1944, the Soviet armies pushed the German front back toward the west. In the north, the Red Army broke the three-year siege of Leningrad with a surprise attack on January 15, 1944. Within two weeks, the heroic survivors of Leningrad saw their invaders depart. By March 1944, the Ukraine farming region was again in Soviet hands. On May 9, 1944, Sevastopol was liberated from the Germans. The Russians were now heading for Berlin.

在1943年与1944年期间,苏联军队将德军阵线往西逼退。在北方,1944年1月15日,红军发

起突然袭击,解除了列宁格勒长达3年之久的围困。列宁格勒那些英勇无畏的幸存者看着入侵者在两个星期内全部撤离。到了1944年3月,乌克兰的农村又回到了苏维埃手中。1944年5月9日,塞瓦斯托波尔从德国人手中被解放出来。至此,俄国人向柏林进发。

For Hitler, the invasion of the Soviet Union had turned into a military disaster. For the Russian people, it brought unspeakable suffering. The total Soviet dead in World War II reached almost 23 million.

就希特勒而言,对苏联的入侵成为一场军事灾难。对俄罗斯人民来说,这场入侵带来了无法 形容的苦难。苏维埃在第二次世界大战中死亡的人数几乎达到2300万。

Russia's Icy Defender

The elements of nature must be reckoned with in any military campaign. Napoleon and Hitler both underestimated the severity of the Russian winter. Snow, ice, and freezing temperatures took their toll on both invading armies. For the Russian people, the winter was an icy defender.

俄罗斯的冰雪卫士

任何军事行动都必须考虑到自然的因素。拿破仑和希特勒都低估了俄罗斯冬季的严酷。冰雪和极低的气温使两支侵略军付出惨重的代价。对俄罗斯人民而言,严冬是他们的冰雪卫士。

Smart cars that can see, hear, feel, smell, and talk? And drive on their own? This may sound like a dream, but the computer revolution is set to turn it into a reality.

能看、能听、有知觉、具嗅觉、会说话的智能汽车?还能自动驾驶?这听起来或许像是在做 梦,但计算机革命正致力于把这一切变为现实。

Smart Cars

Michio Kaku

I Even the automobile industry, which has remained largely unchanged for the last seventy years, is about to feel the effects of the computer revolution.
智能汽车

米其奥 卡库

即便是过去70年间基本上没有多少变化的汽车工业,也将感受到计算机革命的影响。

The automobile industry ranks as among the most lucrative and powerful industries of the twentieth century. There are presently 500 million cars on earth, or one car for every ten people. Sales of the automobile industry stand at about a trillion dollars, making it the world's biggest manufacturing industry.

汽车工业是20世纪最赚钱、最有影响力的产业之一。目前世界上有5亿辆车,或者说每10人

就有1辆车。汽车工业的销售额达一万亿美元左右,从而成为世界上最大的制造业。

- The car, and the roads it travels on, will be revolutionized in the twenty-first century. The key to tomorrow's "smart cars" will be sensors. "We'll see vehicles and roads that see and hear and feel and smell and talk and act," predicts Bill Spreitzer, technical director of General Motors Corporation's ITS program, which is designing the smart car and road of the future. 汽车及其行驶的道路,将在21世纪发生重大变革。未来"智能汽车"的关键在于传感器。"我们会见到能看、能听、有知觉、具嗅觉、会说话并能采取行动的车辆与道路,"正在设计未来智能汽车和智能道路的通用汽车公司ITS项目的技术主任比尔·斯普雷扎预言道。
- Approximately 40,000 people are killed each year in the United States in traffic accidents. The number of people that are killed or badly injured in car accidents is so vast that we don't even bother to mention them in the newspapers anymore. Fully half of these fatalities come from drunk drivers, and many others from carelessness. A smart car could eliminate most of these car accidents. It can sense if a driver is drunk via electronic sensors that can pick up alcohol vapor in the air, and refuse to start up the engine. The car could also alert the police and provide its precise location if it is stolen.

美国每年有大约4万人死于交通事故。在汽车事故中死亡或严重受伤的人数太多,我们已经不屑在报纸上提及。这些死亡的人中至少有半数是酒后开车者造成的,另有许多死亡事故是驾驶员不小心所导致。智能汽车能消除绝大多数这类汽车事故。它能通过会感测空气中的酒精雾气的电子传感器检测开车者是否喝醉酒,并拒绝启动引擎。这种车还能在遇窃后通报警方,告知车辆的确切地点。

- 5 Smart cars have already been built which can monitor one's driving and the driving conditions nearby. Small radars hidden in the bumpers can scan for nearby cars. Should you make a serious driving mistake (e.g., change lanes when there is a car in your "blind spot") the computer would sound an immediate warning. 能监控行车过程以及周围行车状况的智能汽车已经建造出来。藏在保险杠里的微型雷达能对周围的汽车作扫描。如果你发生重大行车失误(如变道时有车辆你"盲点"内),计算机立即会发出警报。
- At the MIT Media Lab, a prototype is already being built which will determine how sleepy you are as you drive, which is especially important for long-distance truck drivers. The monotonous, almost hypnotic process of staring at the center divider for long hours is a grossly underestimated, life-threatening hazard. To eliminate this, a tiny camera hidden in the dashboard can be trained on a driver's face and eyes. If the driver's eyelids close for a certain length of time and his or her driving becomes erratic, a computer in the dashboard could alert the driver. 在麻省理工学院媒介实验室,业已制造出能测知你行车时有多少睡意的样车,这对长途卡车司机意义尤其重要。一连数小时注视着中夹分道线这样一个单调、几乎能催眠的过程是被严重低估的威胁生命的重大隐患。为消除这一隐患,藏在仪表板里的一架微型相机可对准开车者的脸部及眼睛。如果司机的眼帘合上一定时间,行车变得不稳,仪表板里的计算机就会向司机发出警报。
- Two of the most frustrating things about driving a car are getting lost and getting stuck in traffic. While the computer revolution is unlikely to cure these problems, it will have a positive

impact. Sensors in your car tuned to radio signals from orbiting satellites can locate your car precisely at any moment and warn of traffic jams. We already have twenty-four Navstar satellites orbiting the earth, making up what is called the Global Positioning System. They make it possible to determine your location on the earth to within about a hundred feet. At any given time, there are several GPS satellites orbiting overhead at a distance of about 11,000 miles. Each satellite contains four "atomic clocks," which vibrate at a precise frequency, according to the laws of the quantum theory.

开车最头疼的两大麻烦是迷路和交通堵塞。虽然计算机革命不可能彻底解决这两个问题,但却会带来积极的影响。你汽车上与绕轨道运行的卫星发出的无线电信号调谐的传感器能随时精确地确定你汽车的方位,并告知交通阻塞情况。我们已经有24颗环绕地球运行的导航卫星,组成了人们所说的全球卫星定位系统。通过这些卫星我们有可能以小于100英尺的误差确定你在地球上的方位。在任何一个特定时间,总有若干颗全球定位系统的卫星在11000英里的高空绕地球运行。每颗卫星都装有4个"原子钟",它们根据量子理论法则,以精确的频率振动。

As a satellite passes overhead, it sends out a radio signal that can be detected by a receiver in a car's computer. The car's computer can then calculate how far the satellite is by measuring how long it took for the signal to arrive. Since the speed of light is well known, any delay in receiving the satellite's signal can be converted into a distance.

卫星从高空经过时发出能被汽车上计算机里的接收器辨认的无线电信号。汽车上的计算机就会根据信号传来所花的时间计算出卫星有多远。由于光速为人熟知,接收卫星信号时的任何时间迟缓都能折算出距离的远近。

In Japan there are already over a million cars with some type of navigational capability. (Some of them locate a car's position by correlating the rotations in the steering wheel to its position on a map.)

在日本,具有某种导航能力的汽车已有一百万辆之多。(有些导航装置通过将方向盘的转动与汽车在地图上的位置并置来测定汽车的方位。)

With the price of microchips dropping so drastically, future applications of GPS are virtually limitless. "The commercial industry is poised to explode," says Randy Hoffman of Magellan Systems Corp., which manufactures navigational systems. Blind individuals could use GPS sensors in walking sticks, airplanes could land by remote control, hikers will be able to locate their position in the woods -- the list of potential uses is endless.

随着微芯片价格的大幅度下降,未来对全球卫星定位系统的应用几乎是无限的。"制造这一商品的工业定会飞速发展,"生产导航系统的麦哲伦航仪公司的兰迪·霍夫曼说。盲人可以在手杖里装配全球卫星定位系统传感器,飞机可以通过遥控着陆,徒步旅行者可以测定自己在林中的方位—其潜在的应用范围是无止境的。

GPS is actually but part of a larger movement, called "telematics," which will eventually attempt to put smart cars on smart highways. Prototypes of such highways already exist in Europe, and experiments are being made in California to mount computer chips, sensors, and radio transmitters on highways to alert cars to traffic jams and obstructions.

全球卫星定位系统其实只是叫做"远程信息学"的这一更大行动的一部分,这一行动最终将把

智能汽车送上智能高速公路。这种高速公路的样品已经在欧洲问世,加州也在进行试验,在高速公路上安装计算机芯片、传感器和无线电发射机,以便向汽车报告交通拥挤堵塞情况。

On an eight-mile stretch of Interstate 15 ten miles north of San Diego, traffic engineers are installing an MIT-designed system which will introduce the "automated driver." The plan calls for computers, aided by thousands of three-inch magnetic spikes buried in the highway, to take complete control of the driving of cars on heavily trafficked roads. Cars will be bunched into groups of ten to twelve vehicles, only six feet apart, traveling in unison, and controlled by computer.

在圣迭戈以北10英里的15号州际公路一段8英里长的路面上,交通工程师正在安装一个由麻省理工学院设计的引进"自动司机"的系统。这一计划要求计算机在公路上埋设的数千个3英寸长的磁钉的协助下,在车辆极多的路段完全控制车辆的运行。车辆会编成10辆或12辆一组,车距仅6英尺,在计算机的控制下一齐行驶。

Promoters of this computerized highway have great hopes for its future. By 2010, telematics may well be incorporated into one of the major highways in the United States. If successful, by 2020, as the price of microchips drops to below a penny a piece, telematics could be adopted in thousands of miles of highways in the United States. This could prove to be an environmental boon as well, saving fuel, reducing traffic jams, decreasing air pollution, and serving as an alternative to highway expansion.

这种计算机化的公路的倡导者对其未来的应用充满希望。到2010年,远程信息技术很可能应用于美国的一条主要公路。如果成功的话,到2020年,当微芯片的价格降到一片一美分以下时,远程信息技术就会应用在美国成千上万英里的公路上。这对环保也会很有利,能节省燃油,减轻交通阻塞,减少空气污染,还可用作公路扩建的替代办法。

Harvey Mackay, who runs his own company, often interviews applicants for jobs. Here he lets us into the secret of what qualities an employer is looking for, and gives four tips on what can help you to stand out from the crowd.

自己经营公司的哈维·麦凯经常对求职者进行面试。文中他告诉我们关于雇主看重什么样品质的秘密,并提出4点建议,帮助你显得比众人突出。

Get the Job You Want

Harvey B. Mackay

I run a manufacturing company with about 350 employees, and I often do the interviewing and hiring myself. I like talking to potential salespeople, because they're our link to customers. 得到你想要的工作

哈维·B·麦凯

我经营着一家有350名左右员工的制造公司,我本人常常要对求职者进行面试,决定是否聘用。我喜欢与可能成为营业员的人交谈,因为他们会是我们与顾客联系的纽带。

When a recent college graduate came into my office not too long ago looking for a sales job, I asked him what he had done to prepare for the interview. He said he'd read something about us somewhere.

不久前一个新近毕业的大学生到我办公室谋求一份销售工作。我问他为这次面试做过哪些准备。他说他在什么地方看到过有关本公司的一些情况。

Had he called anyone at Mackay Envelope Corporation to find out more about us? No. Had he called our suppliers? Our customers? No.

他有没有给麦凯信封公司的人打过电话,好了解更多有关我们的情况?没打过。他有没有给 我们的供应厂商打过电话?还有我们的客户?都没有。

- Had he checked with his university to see if there were any graduates working at Mackay whom he could interview? Had he asked any friends to grill him in a mock interview? Did he go to the library to find newspaper clippings on us?
- 他可曾在就读的大学里查问过有没有校友在本公司就职,以便向他们了解一些情况?他可曾请朋友向他提问,对他进行模拟面试?可曾去图书馆查找过有关本公司的剪报?
- Did he write a letter beforehand to tell us about himself, what he was doing to prepare for the interview and why he'd be right for the job? Was he planning to follow up the interview with another letter indicating his eagerness to join us? Would the letter be in our hands within 24 hours of the meeting, possibly even hand-delivered? 他事先有没有写封信来介绍自己,告诉我们自己为这次面试在做哪些准备,自己何以能胜任此项工作?面试之后他是否打算再写一封信,表明自己加盟本公司的诚意?这封信会不会在面试后的24小时之内送到我们手上,也许甚至是亲自送来?
- The answer to every question was the same: no. That left me with only one other question: How well prepared would this person be if he were to call on a prospective customer for us? I already knew the answer.

他对上述每一个问题的回答全都一样:没有。这样我就只剩一个问题要问了:如果此人代表本公司去见可能成为我们客户的人,他准备工作会做得怎样?答案不言自明。

- 7 As I see it, there are four keys to getting hired: 在笔者看来,如欲被聘用,应注意四个要诀:
- 1. Prepare to win. "If you miss one day of practice, you notice the difference," the saying goes among musicians. "If you miss two days of practice, the critics notice the difference. If you miss three days of practice, the audience notices the difference."
- 1. 准备去赢。"一日不练,自己知道,"音乐家中有这样的说法。"两日不练,音乐评论家知道。三日不练,观众知道。"
- When we watch a world-class musician or a top athlete, we don't see the years of preparation that enabled him or her to become great. The Michael Jordans of the world have talent, yes, but they're also the first ones on and the last ones off the basketball court. The same preparation applies in every form of human endeavor. If you want the job, you have to prepare to

win it.

我们在观看世界级音乐家或顶尖运动员的表演时,看到的并不是使他们变成出类拔萃人物的长年苦练。世界上诸如迈克尔·乔丹这样的顶尖人物无疑具有非凡才能,但他们在篮球场上也是第一个到,最后一个走。同样的苦练适用于人类的各项活动。若想被聘用,就要准备去赢。

When I graduated from college, the odds were good that I would have the same job for the rest of my life. And that's how it worked out. But getting hired is no longer a once-in-a-lifetime experience. Employment experts believe that today's graduates could face as many as ten job changes during their careers.

我大学毕业时,我极有可能终身从事同一个工作。当时情况也的确如此。但如今已不再是一生被聘去做一个工作了。指导就业的专家认为,今天的大学毕业生在他们的生涯中可能会经历多达10次的职业变动。

- That may sound like a lot of pressure. But if you're prepared, the pressure is on the other folks -- the ones who haven't done their homework.
- 听上去似乎压力不小。然而,如果你做了准备,压力就是别人的—那些没做准备的人.
- You won't get every job you go after. The best salespeople don't close every sale. Michael Jordan makes barely half of his field-goal attempts. But it takes no longer to prepare well for one interview than to wander in half-prepared for five. And your prospects for success will be many times better.

你不可能得到你想要的每份工作。最好的售货人员也不可能每次都成交。迈克尔·乔丹投篮命中率勉强过半。但认真准备一次面试的时间不会多于马马虎虎准备五次面试的时间,而你成功的可能性要多得多。

- 13 2. Never stop learning. Recently I played a doubles tennis match paired with a 90-year-old. I wondered how things would work out; I shouldn't have. We hammered our opponents 6-1, 6-1! 2. 永不中断学习。最近我和一位90高龄的老者搭档打双人网球。我琢磨着那会是什么结局;可我的担心是多余的。我们以两个6:1击败对手。
- 14 As we were switching sides to play a third set, he said to me, "Do you mind if I play the backhand court? I always like to work on my weaknesses." What a fantastic example of a person who has never stopped learning. Incidentally, we won the third set 6-1. 我们交换场地打第三局时,他对我说:"我打反手击球你不介意吧?我向来喜欢多练练自己
- 我们交换场地打第三局时,他对我说:"我打反手击球你不介意吧?我向来喜欢多练练目己的弱点。"好一个永不中断学习的精彩实例。顺便说一下,我们6:1赢了第三局。
- As we walked off the court, my 90-year-old partner chuckled and said, "I thought you'd like to know about my number-one ranking in doubles in the United States in my age bracket, 85 and up!" He wasn't thinking 90; he wasn't even thinking 85. He was thinking number one. 走出赛场,我那90高龄的搭档笑着说: "你也许想知道我在85岁以上年龄段的美国网球双打排名第一!"他想的不是年届90,想的甚至也不是85岁高龄。他想的是第一。
- You can do the same if you work on your weaknesses and develop your strengths. To be

able to compete, you've got to keep learning all your life.

如果你努力克服自己的弱点,发挥自己的优势,你同样可以做得那么好。要有能力竞争,就得终生学习。

- 3. Believe in yourself, even when no one else does. Do you remember the four-minute mile? Athletes had been trying to do it for hundreds of years and finally decided it was physically impossible for humans. Our bone structure was all wrong, our lung power inadequate.
- 3. 相信自己,哪怕没人相信你。还记得那4分钟跑一英里的往事吗?几百年来,运动员们一直试图实现这一目标,最终人类的身体无法做到。我们的骨结构不适应,我们的肺活量跟不上。
- Then one human proved the experts wrong. And, miracle of miracles, six weeks after Roger Bannister broke the four-minute mile, John Landy beat Bannister's time by nearly two full seconds. Since then, close to eight hundred runners have broken the four-minute mile! 可是,有一个人证明那些专家错了。奇迹中的奇迹是,在罗杰·班尼斯特打破4分钟一英里的纪录6个星期之后,约翰·兰迪又以几乎快出整整2秒的成绩打破了班尼斯特的纪录。此后,有大约800多名运动员打破了4分钟一英里的记录。
- Several years ago my daughter Mimi and I took a crack at running the New York Marathon. At the gun, 23,000 runners started -- and 21,244 finished. First place went to a Kenyan who completed the race in two hours, 11 minutes and one second. The 21,244th runner to finish was a Vietnam veteran. He did it in three days, nine hours and 37 minutes. With no legs, he covered 26.2 miles. After my daughter and I passed him in the first few minutes, we easily found more courage to finish ourselves.

几年前,我和女儿米米参加了纽约马拉松比赛。发令枪一响,23,000名运动员冲出起跑线—最后有21,244名运动员到达终点。第一名是一位以2小时11分钟零1秒跑完全程的肯尼亚人。第21,244名运动员是一位越战老兵。他用了3天9小时37分钟跑完全程。没有双腿的他坚持跑完了26.2英里。我和女儿在比赛的最初几分钟内超过了他,当时顿觉勇气倍增,一定要跑完全程。

- Don't ever let anyone tell you that you can't accomplish your goals. Who says you're not tougher, harder working and more able than your competition? You see, a goal is a dream with a deadline: in writing, measurable, identifiable, attainable.
- 别听旁人说你不能实现自己的目标。谁说你不比你的竞争对手更坚强、更努力、更能干?要 知道,所谓目标就是有最后限期的梦想:写成文字,可测量,可确认,可实现。
- 4. Find a way to make a difference. In my opinion, the majority of New York cabdrivers are unfriendly, if not downright rude. Most of the cabs are filthy, and almost all of them sport an impenetrable, bulletproof partition. But recently I jumped into a cab at LaGuardia Airport and guess what? It was clean. There was beautiful music playing and no partition.
- 4. 想方设法显得与众不同。在我看来,纽约大多数的出租车司机即使不算无礼透顶,至少也是不友好的。车辆大都十分肮脏,几乎所有的车都触目地装有难以穿透的防弹隔离装置。可近日我在拉瓜迪亚机场跳上了一辆出租车,你猜怎么样?车子竟然干干净净。放着优美的音乐,而且没有隔离装置。

"Park Lane Hotel, please," I said to the driver. With a broad smile, he said, "Hi, my name is Wally," and he handed me a mission statement. A mission statement! It said he would get me there safely, courteously and on time.

"请到帕克街酒店,"我对司机说。他笑容满面地说:"你好,我叫沃利,"他说着递给我一份保证书。一份保证书!上面写着他将安全、礼貌、准时地将我送到目的地。

As we drove off, he held up a choice of newspapers and said, "Be my guest." He told me to help myself to the fruit in the basket on the back seat. He held up a cellular phone and said, "It's a dollar a minute if you'd like to make a call."

车开后,他拿出几份报纸说:"请随意翻阅。"他还让我随意品尝后座篮子里的水果。接着他 又拿出手机说:"您要是想打电话,每分钟1美元。"

24 Shocked, I blurted, "How long have you been practicing this?" He answered, "Three or four years."

我大吃一惊,脱口问道:"你这么做有多久了?"他回答说:"有三、四年了。"

- 25 "I know this is prying." I said, "but how much extra money do you earn in tips?" "我知道不该问,"我说,"可是,你能多挣多少小费?"
- 26 "Between \$12,000 and \$14,000 a year!" he responded proudly. "一年12,000到14,000美元左右,"他得意地回答说。
- He doesn't know it, but he's my hero. He's living proof that you can always shift the odds in your favor.

他不知道他成了我心目中的英雄。他就是一个生动的例证,说明你总是可以争取到成功的机 会。

My mentor, Curt Carlson, is the wealthiest man in Minnesota, owner of a hotel and travel company with sales in the neighborhood of \$9 billion. I had to get to a meeting in New York one day, and Curt generously offered me a ride in his jet. It happened to be a day Minnesota was hit with one of the worst snowstorms in years. Minneapolis-St. Paul International Airport was closed for the first time in decades.

我的良师益友柯特·卡尔森是明尼苏达州的首富,拥有一家酒店和旅行社,营业收入约达90亿美元。一次我要去纽约赴会,柯特慷慨地请我乘坐他的私人飞机。碰巧那天明尼苏达州遭受多年不遇的暴风雪袭击。明尼阿波利斯—圣保罗国际机场几十年来第一次关闭。

Then, though the storm continued to pound us, the airport opened a runway for small craft only. As we were taxiing down it to take off, Curt turned to me and said gleefully, "Look, Harvey, no tracks in the snow!"

虽然暴风雪仍在肆虐, 机场还是特地为小型飞机清出了一条跑道。我们正在跑道上滑行准备起飞时, 柯特转过头来兴奋地说:"看哪,哈维,雪地上没有痕迹啊!"

30 Curt Carlson, 70 years old at the time, rich beyond anyone's dreams, could still sparkle

with excitement about being first.

柯特·卡尔森,当时年届70,富甲一方,竟然还会因为自己是第一个而如此兴奋。

From my standpoint, that's what it's all about. Prepare to win. Never stop learning. Believe in yourself, even when no one else does. Find a way to make a difference. Then go out and make your own tracks in the snow.

在我看来,这些正是关键之所在。准备去赢。永不中断学习。相信自己,哪怕没人相信你。想方设法显得与众不同。然后就出发,在雪地上留下你自己的足迹。

Is America going to decline like other great nations have before? The author thinks not, arguing that the type of society being created in America is quite unlike any that has gone before it. Read what he has to say and see whether you agree.

美国是否会如同历史上其他强国一样走向衰亡?作者持否定观点,认为美国创建的社会模式不同于任何已出现的社会模式。读一读他的观点,看看你是否同意。

America as a Collage

Ryzsard Kapuscinski

The mere fact that America still attracts millions of people is evidence that it is not in decline. People aren't attracted to a place of decline. Signs of decline are sure to be found in a place as complex as America: debt, crime, the homeless, drugs, dropouts. But the main characteristic of America, the first and most enduring impression, is dynamism, energy, aggressiveness, forward movement.

美国大拼盘

里扎德·卡普钦斯基

仅看美国依然吸引着千百万人这一事实就足以证明美国并未衰落。人们不会被吸引到一个衰落的地方。在美国这样一个错综复杂的国家,当然能看到衰落的迹象,如债务、犯罪活动、无家可归者、吸毒、逃避现实社会的人。但美国的主要特征,亦即它给人的最初的、最持久的印象,却是充满活力、生机勃勃、不断进取、积极向上。

- It is so hard to think of this nation in decline when you know that there are vast regions of the planet which are absolutely paralyzed, incapable of any improvement at all. 如果你知道世界上有广大地区完全处于瘫痪状态,无法取得任何进步时,那就难以想象这个国家在衰落。
- It is difficult for me to agree with Paul Kennedy's thesis in The Rise and Fall of Great Powers that America must inevitably follow historical precedent. That's the way history used to be -- all powerful nations declined and gave way to other empires. But maybe there is another way to

look at what is happening. I have a sense that what is going on here concerns much more than the fate of a nation.

我很难同意保罗·肯尼迪在《列强之兴衰》中的论点, 即美国将不可避免地重蹈历史覆辙。历史一直如此循环—强国衰落,为新兴的帝国所取代。但或许我们能从另外一个角度看待正在发生的一切。我有种感觉,这个国家正在发生的一切不仅仅关乎一国之命运。

It may be that the Euro-centered American nation is declining as it gives way to a new Pacific civilization that will include, but not be limited to, America. Historically speaking, America may not decline, but instead fuse with the Pacific culture to create a kind of vast Pacific collage, a mix of Hispanic and Asian cultures linked through the most modern communication technologies.

以欧洲为中心的美国或许是在衰落,正由一个新的太平洋文化所取代,这一文化包括但并不局限于美国。从历史的角度来看,美国或许不会衰落,相反,它将与太平洋文化相融合,创建一种广泛的太平洋拼盘文化,一种依靠最现代的通讯技术连接的拉丁文化与亚洲文化的混合文化。

- 5 Traditional history has been a history of nations. But here, for the first time since the Roman Empire, there is the possibility of creating the history of a civilization. Now is the first chance on a new basis with new technologies to create a civilization of unprecedented openness and pluralism. A civilization of the polycentric mind. A civilization that leaves behind forever the ethnocentric, tribal mentality. The mentality of destruction. 传统意义上的历史一直是各个国家的历史。但在美国,自罗马帝国以来,首次出现了创建一个文化的历史的可能。现在第一次有了这样一个机遇,在新的基础上用新技术创建一个有着前所未有的开放性的多元文化。一个有着多种精神中心的文化。一个永远抛弃种族中心主义心态、部落心态的文化。那是一种破坏性的心态。
- 6 Los Angeles is a premonition of this new civilization. 洛杉矶就是这一新兴文化的先兆。
- Linked more to the Third World and Asia than to the Europe of America's racial and cultural roots, Los Angeles and southern California will enter the twenty-first century as a multiracial and multicultural society. This is absolutely new. There is no previous example of a civilization that is being simultaneously created by so many races, nationalities, and cultures. This new type of cultural pluralism is completely unknown in the history of mankind.

洛杉矶以及南加州与第三世界和亚洲的联系要比与美国的民族、文化之根欧洲的联系密切,因此将以一个多民族、多元文化的社会进入21世纪。这是一种全新的现象。一个文化由如此之多的种族、民族和文化同时创建,这样的先例从未有过。这种新型的文化多元化在人类历史上闻所未闻。

America is becoming more plural every day because of the unbelievable facility of the new Third World immigrants to put a piece of their original culture inside of American culture. The notion of a "dominant" American culture is changing every moment. It is incredible coming to America to find you are somewhere else -- in Seoul, in Taipei, in Mexico City. You can travel inside this Korean culture right on the streets of Los Angeles. Inhabitants of this vast city become

internal tourists in the place of their own residence.

由于来自第三世界的新移民所具有的将本族文化融入美国文化的令人难以置信的本领,美国正变得越来越多元化。美国有"主导"文化的概念时刻在改变。来到美国,你会不可思议地发现自己身在别地—来到了汉城,台北,墨西哥城。你在洛杉矶街头行走,就可以感受到韩国的文化氛围。这个大城市的居民成了自己居住地的游客。

There are large communities of Laotians, Vietnamese, Cambodians, Mexicans, Salvadorans, Guatemalans, Iranians, Japanese, Koreans, Armenians, Chinese. We find here Little Taipei, Little Saigon, Little Tokyo, Koreatown, Little Central America, the Iranian neighborhood in Westwood, the Armenian community in Hollywood, and the vast Mexican-American areas of East Los Angeles. Eighty-one languages, few of them European, are spoken in the elementary school system of the city of Los Angeles.

这里有规模很大的社区,住着老挝人、越南人、柬埔寨人、墨西哥人、萨尔瓦多人、危地马拉人、伊朗人、日本人、韩国人、亚美尼亚人以及中国人。这里我们能找到小台北、小西贡、小东京、韩国城、小中美洲、威斯特伍德的伊朗人社区、好莱坞的亚美尼亚人社区,以及东洛杉矶墨西哥裔美国人范围很大的居住区。洛杉矶市的小学系统共使用81种语言,其中鲜有欧洲语言。

- This transformation of American culture anticipates the general trend in the composition of mankind. Ninety percent of the immigrants to this city are from the Third World. At the beginning of the twenty-first century, 90 percent of the world's population will be dark-skinned; the white race will be no more than 11 percent of all human beings living on our planet.
- 美国文化的这一变化预示着人类构成的普遍趋势。洛杉矶市90%的移民来自第三世界。到21世纪初,90%的世界人口将是深肤色的;所有生活在地球上的人中,白人不会超过11%。
- Something that can only be seen in America: In the landscaped, ultraclean high-technology parks of northern Orange County there is a personal computer company that seven years ago did not exist. There were only strawberry fields where the plant is. Now, there is a \$500 million company with factories in Hong Kong and Taiwan as well.

只有在美国才会出现这种情况:在北部桔县环境作过美化的、超净的高科技园区,有家7年前尚不存在的个人电脑公司。公司的所在地那时还是草莓地。如今,这是一家有着5亿美元资产、在香港和台湾都设有工厂的大公司。

The company was founded by three young immigrants -- a Pakistani Muslim and two Chinese from Hong Kong. They only became citizens in 1984. Each individual is now probably worth \$30 million.

这家公司由3位年轻的移民创办—一位巴基斯坦穆斯林和两位来自香港的中国人。他们1984年才成为美国公民。如今他们每个人的身价都可能值3千万美元。

Walking through this company we see only young, dark faces -- Vietnamese, Cambodians, Laotians, Mexicans -- and the most advanced technology. The culture of the work force is a mix of Hispanic-Catholic family values and Asian-Confucian group loyalty. Employment notices are never posted; hiring is done through the network of families that live in southern California. Not infrequently, employees ask to work an extra twenty hours a week to earn enough money to help

members of their extended family buy their first home.

在这家公司走走,我们看到的都是年轻的深肤色面孔—越南人、柬埔寨人、老挝人和墨西哥人—还有最先进的技术。员工文化混合着拉丁美洲天主教的家庭价值观念和亚洲儒家的效忠集体的观念。招聘从来不张贴告示;用人都是通过在南加州居住的家庭网络完成的。雇员常常会要求一周加班20小时,好多赚钱帮助大家庭成员购买房屋。

In Los Angeles, traditional Third World cultures are, for the first time, fusing with the most modern mentalities and technologies.

在洛杉矶,第三世界国家的传统文化首次与最先进的理念和技术相融合。

Usually, the contact between developed and underdeveloped worlds has the character of exploitation -- just taking people's labor and resources and giving them nothing. And the border between races has usually been a border of tension, of crisis. Here we see a revolution that is constructive.

发达国家与不发达国家的关系通常有剥削榨取这一特点—掠夺劳力和资源,不给任何回报。 种族交界处往往是关系紧张的交界处,是危机的交界处。而在这里,我们看到了一场建设性 的革命。

This Pacific Rim civilization being created is a new relationship between development and underdevelopment. Here, there is openness. There is hope. And a future. There is a multicultural crowd. But it is not fighting. It is cooperating, peacefully competing, building. For the first time in four hundred years of relations between the nonwhite Western world and the white Western world, the general character of the relationship is cooperation and construction, not exploitation, not destruction.

这一创建中的环太平洋文化是发达与不发达之间一种新型的关系。这里有开放精神。这里有希望,有前途。这里是一个多元文化的群体,但没有冲突,而是进行合作,进行和平竞争,进行建设。在非白种人的西方世界与白种人的西方世界400多年的关系史上,双方关系的基本特性第一次表现为合作与建设,而不是剥削,不是破坏。

Unlike any other place on the planet, Los Angeles shows us the potential of development once the Third World mentality merges with an open sense of possibility, a culture of organization, a Western conception of time.

不同于世界上任何其他地方,洛杉矶向我们表明,第三世界的心态一旦与充满机会的开放精神相融合,与有条有理的文化相融合,与西方的时间观念相融合,就会具有发展的潜能。

For the destructive, paralyzed world where I have spent most of my life, it is important, simply, that such a possibility as Los Angeles exists.

对那个我在其间度过大半生的破坏性、停滞不前的社会来说,说实在话,存在着洛杉矶这样 一种发展前景意义十分重大。

19 To adjust the concept of time is the most difficult thing. It is a key revolution of development.

调整时间观念最为困难。这是发展的一个关键变革。

- Western culture is a culture of arithmetical time. Time is organized by the clock. In non-Western culture, time is a measure between events. We arrange a meeting at nine o'clock but the man doesn't show up. We become anxious, offended. He doesn't understand our anxiety because for him, the moment he arrives is the measure of time. He is on time when he arrives. 西方文化是计算时间的文化。时间由时钟来安排。在非西方文化中,时间是以事件与事件之间的间隔来计算。我们安排在9点开会,但人没来。我们焦急不安,感到很生气。他无法理解我们为何那么焦急,因为对他而言,他到达的一刻才算时间。他到了,就是准时了。
- In 1924, the Mexican philosopher José Vasconcelos wrote a book dreaming of the possibility that, in the future, all races on the planet would merge into one type of man. This type of man is being borne in Los Angeles, in the cultural sense if not the anthropological sense. A vast mosaic of different races, cultures, religions, and moral habits are working toward one common aim. From the perspective of a world submerged in religious, ethnic, and racial conflict, this harmonious cooperation is something unbelievable. It is truly striking.

1924年,墨西哥哲学家荷塞·伐斯冈萨雷斯在他的一本著作中,梦想着未来地球上所有不同种族都融合成一种类型人的可能性。在文化的意义上,即便不是在人种的意义上,这样一种类型的人正在洛杉矶诞生。由不同种族、不同文化、不同宗教和不同道德行为组成的巨大合成体正奔向一个共同的目标。世界充满着宗教的、种族的、民族的冲突,从这个角度来看,这种融洽的合作令人难以置信。的确令人瞩目。

- What is the common aim that harmonizes competing cultures in one place? 使得在一个地区的相互竞争的文化和谐共存的共同目标是什么呢?
- It is not only the better living standard. What attracts immigrants to America is the essential characteristic of American culture: the chance to try. There is a combination of two things that are important: culture and space. The culture allows you to try to be somebody to find yourself, your place, your status. And there is space not only in a geographical sense, but in the sense of opportunity, of social mobility. In societies that are in crisis and in societies which are stagnant or even in those which are stable there is no chance to try. You are defined in advance. Destiny has already sentenced you.

目标不仅仅是更高的生活水准。吸引移民前来美国的是美国文化的主要特性:有尝试的机会。文化与空间这两个重要方面结合了起来。文化使你得以想办法出人头地—去发现自我,找到自己的位置、自己的地位。还有空间,不仅仅是地理意义上的空间,更是指机会,指社会身份的流动性。在充满危机的社会中,在停滞不前的社会中—甚至在那些稳定的社会中—没有尝试的机会。你一生已被预先决定。命运已经将你注定。

This is what unites the diverse races and cultures in America. If the immigrant to America at first fails, he always thinks, "I will try again." If he had failed in the old society, he would be discouraged and pessimistic, accepting the place that was given to him. In America, he's thinking, "I will have another chance, I will try again." That keeps him going. He's full of hope.

正是这一点,使得美国的不同种族和文化连结在一起。如果美国移民开始时遭遇失败,他总是想:"我要再试一下。"如果他在原来的社会中遭遇失败,他就会失去信心,变得悲观失望,接受自己所处的地位。在美国,他想的是:"我还会有机会,我还要试一下。"这使他坚持下去。他充满了希望。

Some people seem easy to understand: their character appears obvious on first meeting. Appearances, however, can be deceptive.

有些人似乎容易了解:他们的个性在初次交往时就表露无遗。然而,外表可能具有欺骗性。

A Friend in Need

Somerset Maugham

For thirty years now I have been studying my fellowmen. I do not know very much about them. I shrug my shoulders when people tell me that their first impressions of a person are always right. I think they must have small insight or great vanity. For my own part I find that the longer I know people the more they puzzle me.

患难之交

萨默塞特·毛姆

三十年来,我一直研究我的人类同胞,但至今了解不多。每当有人跟我说他对一个人的第一次印象向来不错的时候,我就耸耸肩。我想这种人不是无知,就是自大。拿我自己来说,我发现,认识一个人的时间越长,我就越感到困惑。

These reflections have occurred to me because I read in this morning's paper that Edward Hyde Burton had died at Kobe. He was a merchant and he had been in business in Japan for many years. I knew him very little, but he interested me because once he gave me a great surprise. Unless I had heard the story from his own lips, I should never have believed that he was capable of such an action. It was more startling because both in appearance and manner he suggested a very definite type. Here if ever was a man all of a piece. He was a tiny little fellow, not much more than five feet four in height, and very slender, with white hair, a red face much wrinkled, and blue eyes. I suppose he was about sixty when I knew him. He was always neatly and quietly dressed in accordance with his age and station.

我产生这些想法,是因为我在今天早上的报纸上看到爱德华·海德·伯顿在神户去世的消息。他是个商人,在日本经商多年。我跟他并不熟,但是对他挺有兴趣,因为有一次他让我大吃一惊。要不是听他亲口讲述这个故事,我根本不会相信他能做出这种事来。这件事之所以特别令人惊讶,是因为无论是外表还是风度,他都让人想到一种非常明确的类型。要说真有表里如一的人的话,那就是此公了。他个子很小,身高不过5英尺4英寸,身材纤细,白头发、蓝眼睛,红红的脸上布满皱纹。我估计自己认识他时,他大约有60岁光景。他向来衣着整洁素雅,合乎他的年龄和身份。

Though his offices were in Kobe, Burton often came down to Yokohama. I happened on one occasion to be spending a few days there, waiting for a ship, and I was introduced to him at the British Club. We played bridge together. He played a good game and a generous one. He did not talk very much, either then or later when we were having drinks, but what he said was sensible.

He had a quiet, dry humor. He seemed to be popular at the club and afterwards, when he had gone, they described him as one of the best. It happened that we were both staying at the Grand Hotel and next day he asked me to dine with him. I met his wife, fat, elderly, and smiling, and his two daughters. It was evidently a united and affectionate family. I think the chief thing that struck me about Burton was his kindliness. There was something very pleasing in his mild blue eyes. His voice was gentle; you could not imagine that he could possibly raise it in anger; his smile was benign. Here was a man who attracted you because you felt in him a real love for his fellows. At the same time he liked his game of cards and his cocktail, he could tell with point a good and spicy story, and in his youth he had been something of an athlete. He was a rich man and he had made every penny himself. I suppose one thing that made you like him was that he was so small and frail; he aroused your instincts of protection. You felt that he could not bear to hurt a fly. 伯顿的办事处设在神户,但他常常到横滨来。有一次,我正好因为等船,要在那里呆几天, 在英国俱乐部经人介绍与他相识。我们在一起玩桥牌。他打得不错,牌风也好。无论在玩牌 的时候,还是在后来一起喝酒的时候,他的话都不多,但说的话却都合情合理。他挺幽默, 但并不咋呼。他在俱乐部里似乎人缘不错,后来,在他走了以后,人家都说他是个顶呱呱的 人。事有凑巧,我们俩都住在格兰德大酒店。第二天他请我吃饭。我见到了他的太太--一 位肥肥胖胖、满面笑容的半老妇人一一和他的两个女儿。这显然是和睦恩爱的一家人。我想, 伯顿当时给我印象最深的主要还是他这个人和善。他那双温和的蓝眼睛有种令人愉快的神 情。他说话的声音轻柔;你无法想象他会提高嗓门大发雷霆;他的笑容和蔼可亲。这个人吸 引你,是因为你从他身上感到他对别人的真正的爱。同时他也喜欢玩牌,喝鸡尾酒,他能绘 声绘色地讲个来劲儿的段子什么的,他年轻时多少还是个运动员呢。他是个阔佬,但他的每 一个便士都是自己挣来的。我想,人们喜欢他还有一个原因,那就是他非常瘦小、脆弱,容 易引起人们的恻隐之心。你觉得他甚至连只蚂蚁都不忍伤害。

- 4 One afternoon I was sitting in the lounge of the Grand Hotel when Burton came in and seated himself in the chair next to mine.
- 5 "What do you say to a little drink?"
- He clapped his hands for a boy and ordered two gin fizzes. As the boy brought them a man passed along the street outside and seeing me waved his hand.
- 7 "Do you know Turner?" said Burton as I nodded a greeting.
- 8 "I've met him at the club. I'm told he's a remittance man."
- 9 "Yes, I believe he is. We have a good many here."
- 10 "He plays bridge well."
- 一天下午,我正坐在格兰德大酒店的大堂里,伯顿走了进来,在我旁边的椅子里坐下。
- "喝一点,怎么样?"

他拍了拍手招呼侍者过来,要了两杯杜松子汽酒。侍者端来酒的时候,有个人从外面街上走过,见到我招了下手。

- "你认识特纳吗?"在我点头致意的时候,伯顿问道。
- "我是在俱乐部里认识他的。听说他是个靠国内寄钱过日子的人。"
- "是呀,我想是的。在这儿这种人可不少。"
- "他桥牌打得不错。"
- 11 "They generally do. There was a fellow here last year, oddly enough a namesake of mine, who was the best bridge player I ever met. I suppose you never came across him in London.

Lenny Burton he called himself. I believe he'd belonged to some very good clubs." "这种人一般都玩得不错。去年这里有一个人,凑巧还和我同姓,我从来没有遇到过一个桥牌打得那么好的高手。我想你在伦敦没有碰见过他。他说他叫伦尼·伯顿。我相信,他加入过一些相当高级的俱乐部呢。"

- "No, I don't believe I remember the name."
- "He was quite a remarkable player. He seemed to have an instinct about the cards. It was uncanny. I used to play with him a lot. He was in Kobe for some time."
- 14 Burton sipped his gin fizz.
- "嗯,我实在不记得这个名字。"
- "他称得上是桥牌高手。好像对牌有一种本能似的,简直神了。我那会儿常和他一起玩牌。 他在神户住了一段时间。"

伯顿抿了一口杜松子汽酒。

"It's rather a funny story,' he said. 'He wasn't a bad chap. I liked him. He was always well-dressed and smart-looking. He was handsome in a way with curly hair and pink-and-white cheeks. Women thought a lot of him. There was no harm in him, you know, he was only wild. Of course he drank too much. Those sort of fellows always do. A bit of money used to come on for him once a quarter and he made a bit more by card-playing. He won a good deal of mine, I know that."

"说来也是件有趣的事,"他说。"他人不坏。我挺喜欢他。他总是衣冠楚楚,样子挺帅。长得也算英俊,蜷曲的头发,两颊白里透红。女人都对他着迷。你知道,他没有什么害人之处,就是野了点。自然,他酒喝得太凶了。这种人总是这样。他每个季度收到一小笔钱,靠打牌再赚一点。他赢了我不少钱,这我可知道。"

Burton gave a kindly chuckle. I knew from my own experience that he could lose money at bridge with a good grace. He stroked his shaven chin with his thin hand; the veins stood out on it and it was almost transparent.

伯顿和善地咯咯一笑。我的处世经验告诉我,他打桥牌输起钱来时一定是大大方方的。他用 瘦小的手摸了摸剃得光光的下巴;手上青筋鼓起,手白得几乎透明。

"I suppose that is why he came to me when he went broke, that and the fact that he was a namesake of mine. He came to see me in my office one day and asked me for a job. I was rather surprised. He told me that there was no more money coming from home and he wanted to work. I asked him how old he was.

"大概就是因为这个,当他落得一文不名的时候,就来找我了,再说他和我同姓。有一天,他到我办事处来见我,要我给他个差使。当时我颇为惊讶。他告诉我说家里不再给他寄钱了,他要于活儿了。我问他多大年纪。

- 18 "Thirty-five,' he said.
- 19 "And what have you been doing hitherto?' I asked him.
- 20 "Well, nothing very much,' he said.
- 21 I couldn't help laughing.
- "I'm afraid I can't do anything for you just yet,' I said. 'Come back and see me in another thirty-five years, and I'll see what I can do.'
- "'35,'他说。
- "你一直都干什么来着?'我问道。
- "'嗯,没怎么干过事。'他说。

"我禁不住笑了。

- "'眼下恐怕不能帮你忙了,'我说。'你再过35年来找我,到时候我再看看能帮些什么忙。'
- "He didn't move. He went rather pale. He hesitated for a moment and then he told me that he had had bad luck at cards for some time. He hadn't been willing to stick to bridge, he'd been playing poker, and he'd got trimmed. He hadn't a penny. He'd pawned everything he had. He couldn't pay his hotel bill and they wouldn't give him any more credit. He was down and out. If he couldn't get something to do he'd have to commit suicide.
- "他没有动弹,脸色变得相当苍白。他犹豫了一会儿,然后对我说,这一阵子他牌运一直不好。原来他不甘心老打桥牌,便赌起扑克来,结果输了个精光。他一个子儿也没有,所有的东西都拿去当了。他连酒店的账都付不出,人家也不肯再赊账给他。他已经山穷水尽。要是找不到点事干,他只好自杀。
- "I looked at him for a bit. I could see now that he was all to pieces. He'd been drinking more than usual and he looked fifty. The girls wouldn't have thought so much of him if they'd seen him then.
- "我瞧了他一会儿。我能看出他已经完全垮了。这一阵子他酒喝得比以前更凶,看上去足有 50岁。姑娘们当时要是瞧见他,准不会对他那么着迷了。
- 25 "Well isn't there anything you can do except play cards?' I asked him.
- 26 "'I can swim,' he said.
- 27 "Swim!"
- 28 "I could hardly believe my ears; it seemed such an insane answer to give.
- 29 "I swam for my university."
- "嗯,你除了打牌以外,难道什么也不会干吗?'我问他。
- "我会游泳,'他说。
- "游泳!?
- "我几乎以为自己听错了呢,这种回答听起来简直是牛头不对马嘴。
- "'我读大学时曾经代表学校参加游泳比赛。'
- "I got some glimmering of what he was driving at. I've known too many men who were little tin gods at their university to be impressed by it.
- 31 "I was a pretty good swimmer myself when I was a young man,' I said.
- 32 "Suddenly I had an idea."
- 33 Pausing in his story, Burton turned to me.
- "我听出了一点他话里的意思。上大学时自以为了不起的人我见得多了,我才不吃这套呢。
- "'本人年轻时也是个游泳好手,'我说。
- "突然,我有了个想法。"

伯顿停了下来,看着我。

- "Do you know Kobe?" he asked.
- "No," I said, "I passed through it once, but I only spent a night there."
- "Then you don't know the Shioya Club. When I was a young man I swam from there round the beacon and landed at the creek of Tarumi. It's over three miles and it's rather difficult on account of the currents round the beacon. Well, I told my young namesake about it and I said to him that if he'd do it I'd give him a job.
- "你对神户熟悉吗?"他问。
- "不熟悉,"我说,"从前有一次路过那里,只呆了一个晚上。"
- "那么,你不会知道盐谷俱乐部吧。我年轻的时候,曾经从那里出发,游过灯塔直到垂水小

溪上岸。一共3英里多路,灯塔一带有激流,游起来挺费劲。于是,我把这事告诉了那位与 我同姓的年轻人,并对他说,要是他能游过去,我就给他一个差使。

- 37 "I could see he was rather taken aback.
- 38 "You say you're a swimmer,' I said.
- 39 "I'm not in very good condition,' he answered.
- "I didn't say anything. I shrugged my shoulders. He looked at me for a moment and then he nodded.
- 41 "'All right,' he said. When do you want me to do it?'
- "我看得出,他吓了一跳。
- "你不是说你是游泳好手吗?'我说。
- "'我现在身体状况不太好,'他回答说。
- "我什么也没说,只是耸了耸肩。他望了我一会儿,然后点了点头。
- "'好吧,'他说了,'你要我什么时候游呢?'
- 42 "I looked at my watch. It was just after ten.
- "The swim shouldn't take you much over an hour and a quarter. I'll drive round to the creek at half past twelve and meet you. I'll take you back to the club to dress and then we'll have lunch together.'
- 44 "Done,' he said.
- "我看了看表。刚过十点。
- "你游这段距离大概要花一个钟头零一刻多一些。我到12点半开车到小溪那里去接你,带你到俱乐部换衣服,然后一起吃午饭。"
- "'就这样吧,'他说。
- "We shook hands. I wished him good luck and he left me. I had a lot of work to do that morning and I only just managed to get to the creek at Tarumi at half past twelve. But I needn't have hurried; he never turned up."
- 46 "Did he funk it at the last moment?" I asked.
- "我们握了握手。我祝他好运,他就走了。那天上午我有好些事要办,到12点半总算勉强赶到了垂水小溪。其实我根本用不着这么赶,他压根儿就没露面。"
- "他临阵脱逃了?"我问。
- "No, he didn't funk it. He started all right. But of course he'd ruined his constitution by drink and dissipation. The currents round the beacon were more than he could manage. We didn't get the body for about three days."
- "没有,他没有临阵脱逃。他确实出发了。当然喽,他喝酒作乐早把身体搞垮了。灯塔周围的激流他对付不了。大约有三天,我们都没找到尸体。"
- I didn't say anything for a moment or two. I was a trifle shocked. Then I asked Burton a question.
- "When you made him that offer of a job, did you know he'd be drowned?"
- He gave a little mild chuckle and he looked at me with those kind and candid blue eyes of his. He rubbed his chin with his hand.
- "Well, I hadn't got a vacancy in my office at the moment."
- 我好一会儿什么话也没说。我感到有些震惊。然后我问了伯顿一个问题。
- "你提出给他差使的时候,是不是知道他准会淹死?"
- 他轻轻地咯咯一笑,用那双和善又坦率的蓝眼睛望着我。他用手摩挲着下巴。
- "哦,那时我的办事处可没有空缺呀。"

As the pace of life in today's world grows ever faster, we seem forever on the go. With so much to do and so little time to do it in, how are we to cope? Richard Tomkins sets about untangling the problem and comes up with an answer.

随着当今世界生活节奏日益加快,我们似乎一直在不停奔忙。事情那么多,时间却那么少, 我们该怎么办?里查德·汤姆金斯着手解决这一问题,并提出了建议。

Old Father Time Becomes a Terror

Richard Tomkins

Once upon a time, technology, we thought, would make our lives easier. Machines were expected to do our work for us, leaving us with ever-increasing quantities of time to waste away on idleness and pleasure.

时间老人成了可怕的老人

理查德·汤姆金斯

从前,我们以为技术发展会使我们的生活变得更安逸。那时我们觉得机器会替代我们工作, 我们则有越来越多的时间休闲娱乐。

But instead of liberating us, technology has enslaved us. Innovations are occurring at a bewildering rate: as many now arrive in a year as once arrived in a millennium. And as each invention arrives, it eats further into our time.

但技术发展没有把我们解放出来,而是使我们成为奴隶。新技术纷至沓来,令人目不暇接: 一年涌现的技术创新相当于以前一千年。而每一项新发明问世,就进一步吞噬我们的光阴。

The motorcar, for example, promised unimaginable levels of personal mobility. But now, traffic in cities moves more slowly than it did in the days of the horse-drawn carriage, and we waste our lives stuck in traffic jams.

比如,汽车曾使我们希望个人出行会方便得让人难以想象。可如今,城市车辆运行得比马车时代还要慢,我们因交通堵塞而困在车内,徒然浪费生命。

The aircraft promised new horizons, too. The trouble is, it delivered them. Its very existence created a demand for time-consuming journeys that we would never previously have dreamed of undertaking -- the transatlantic shopping expedition, for example, or the trip to a convention on the other side of the world.

飞机也曾有可能为我们拓展新天地。问题是,飞机提供了新的天地。其存在本身产生了对耗时的长途旅行的需求,这种旅行,如越洋购物,或远道前往地球的另一半参加会议,以前我们是根本无法想象的。

In most cases, technology has not saved time, but enabled us to do more things. In the home, washing machines promised to free women from having to toil over the laundry. In reality, they encouraged us to change our clothes daily instead of weekly, creating seven times as much washing and ironing. Similarly, the weekly bath has been replaced by the daily shower, multiplying the hours spent on personal grooming. 在大多数情况下,技术发展并未节省时间,而是使我们得以做更多的事。在家里,洗衣机可望使妇女摆脱繁重的洗衣劳作。但事实上,它们促使我们每天,而不是每星期换一次衣服,这就使熨洗衣物的工作量变成原来的7倍。同样地,每周一次的沐浴为每日一次的淋浴所代替,使得用于个人穿着打扮的时间大大增加。

Meanwhile, technology has not only allowed work to spread into our leisure time -- the laptop-on-the-beach syndrome -- but added the new burden of dealing with faxes, e-mails and voicemails. It has also provided us with the opportunity to spend hours fixing software glitches on our personal computers or filling our heads with useless information from the Internet.

与此同时,技术发展不仅听任工作侵入我们的闲暇时间——带着便携式电脑去海滩综合症——而且添加了收发传真、电子邮件和语音邮件这些新的负担。技术发展还向我们提供机会,在个人电脑上一连几小时处理软件故障,或把因特网上那些无用的信息塞进自己的大脑。

7 Technology apart, the Internet points the way to a second reason why we feel so time-pressed: the information explosion.

除去技术发展,因特网指出了我们为何感到时间如此紧迫的第二个原因:信息爆炸。

A couple of centuries ago, nearly all the world's accumulated learning could be contained in the heads of a few philosophers. Today, those heads could not hope to accommodate more than a tiny fraction of the information generated in a single day.

几个世纪以前,人类积累的几乎所有知识都能装在若于哲人的大脑之中。如今,这些大脑休想容纳下一天中产生的新信息中的小小一部分。

- 9 News, facts and opinions pour in from every corner of the world. The television set offers 150 channels. There are millions of Internet sites. Magazines, books and CD-ROMs proliferate. 各种消息、事实和见解从世界各个角落大量涌入。电视机能收到150个频道。因特网网址多达千百万。杂志、书籍和光盘只读存储器的数量也激增。
- "In the whole world of scholarship, there were only a handful of scientific journals in the 18th century, and the publication of a book was an event," says Edward Wilson, honorary curator in entomology at Harvard University's museum of comparative zoology. "Now, I find myself subscribing to 60 or 70 journals or magazines just to keep me up with what amounts to a minute proportion of the expanding frontiers of scholarship."

"在18世纪,整个国际学术界总共只有屈指可数的几家科学刊物,出版一本书是件了不起的大事,"哈佛大学比较动物学博物馆昆虫馆名誉馆长爱德华·威尔逊说。"如今,我本人就订阅了60或70种期刊杂志,以便自己跟上不断拓展的学术前沿中一个微小部分的发展动向。"

There is another reason for our increased time stress levels, too: rising prosperity. As ever-larger quantities of goods and services are produced, they have to be consumed. Driven on by advertising, we do our best to oblige: we buy more, travel more and play more, but we struggle to keep up. So we suffer from what Wilson calls discontent with super abundance — the confusion of endless choice.

我们产生日益加重的时间紧迫感还有一个原因:日渐繁荣富足。由于生产的物品与提供的服务越来越多,我们必须去消费。在广告的推动下,我们努力照办:我们多多购买多多旅游多多玩儿,但得尽力坚持下去。于是我们就深受威尔逊所谓的对极大富足不满之苦一一即无休止的选择所造成的困惑

- Of course, not everyone is overstressed. "It's a convenient shorthand to say we're all time-starved, but we have to remember that it only applies to, say, half the population," says Michael Willmott, director of the Future Foundation, a London research company.
- 当然,并非人人感到时间过度紧迫。"说我们都缺少时间只是随意讲讲,我们应该记住,这种说法大约只适用于一半人,"未来基金公司——一家伦敦研究公司——的经理迈克尔·威尔莫特说。
- "You've got people retiring early, you've got the unemployed, you've got other people maybe only peripherally involved in the economy who don't have this situation at all. If you're

unemployed, your problem is that you've got too much time, not too little."

"有些人早早退休了,有些人失业了,有些人或许只与经济活动沾点边,根本不会有这种情况。如果失业了,那你的问题就是时间太多,而不是太少。"

Paul Edwards, chairman of the London-based Henley Centre forecasting group, points out that the feeling of pressures can also be exaggerated, or self-imposed. "Everyone talks about it so much that about 50 percent of unemployed or retired people will tell you they never have enough time to get things done," he says. "It's almost got to the point where there's stress envy. If you're not stressed, you're not succeeding. Everyone wants to have a little bit of this stress to show they're an important person."

总部设在伦敦的亨利中心预测小组组长保罗·爱德华兹指出,压力感也可能被夸大,或者被强加于自身。"人人都大谈压力,以至于多达半数的失业者或退休人员都会跟你说,他们根本来不及把事情做完,"他说。"这几乎是到了羡慕压力的程度。没有感到有压力,就不是成功者。人人都想表现几分时间紧迫感,以显示自己的重要。"

There is another aspect to all of this too. Hour-by-hour logs kept by thousands of volunteers over the decades have shown that, in the U.K., working hours have risen only slightly in the last 10 years, and in the U.S., they have actually fallen — even for those in professional and executive jobs, where the perceptions of stress are highest.

这一切还有另外一个方面。几十年来由数千名志愿者所作的钟点日志表明,英国在最近十年中工作时间只略微增加,而在美国,即使对工作压力最大的专业人士和管理人员而言,工作时间实际上减少了。

In the U.S., John Robinson, professor of sociology at the University of Maryland, and Geoffrey Godbey, professor of leisure studies at Penn State University found that, since the mid-1960s, the average American had gained five hours a week in free time -- that is, time left after working, sleeping, commuting, caring for children and doing the chores.

在美国,马里兰大学社会学教授约翰·鲁宾逊和宾夕法尼亚州立大学研究闲暇问题的教授杰弗里·戈德比发现,自20世纪60年代中期以来,普通美国人每周增加了5小时空余时间,即工作、睡眠、乘车上下班、照料孩子和家务劳动之余的时间。

The gains, however, were unevenly distributed. The people who benefited the most were singles and empty-nesters. Those who gained the least -- less than an hour -- were working couples with pre-school children, perhaps reflecting the trend for parents to spend more time nurturing their offspring.

但增加的时间分配得并不均匀。受惠最多的是未婚者和子女不在身边的人。得益最少的一一增加了不足1个小时一一是有学前子女的双职工夫妇,这或许反映了父母在抚养子女方面花费更多时间这一倾向。

There is, of course, a gender issue here, too. Advances in household appliances may have encouraged women to take paying jobs: but as we have already noted, technology did not end household chores. As a result, we see appalling inequalities in the distribution of free time between the sexes. According to the Henley Centre, working fathers in the U. K. average 48 hours of free time a week. Working mothers get 14.

这里当然也存在着性别问题。家用器具的更新换代或许鼓励妇女去做有报酬的工作,但正如我们已经注意到的,技术发展并没有扫除家务杂活。其结果是,我们发现男女空余时间的分配惊人地不平等。据亨利中心的调查,在英国,有工作的父亲平均每周有48小时的空余时间。有工作的母亲只有14小时

19 Inequalities apart, the perception of the time famine is widespread, and has provoked a

variety of reactions. One is an attempt to gain the largest possible amount of satisfaction from the smallest possible investment of time. People today want fast food, sound bytes and instant gratification. And they become upset when time is wasted.

除去不平等,缺乏时间的感觉也普遍存在,并引起了各种反应。反应之一是试图投入最少的时间以获取最大的满足。如今人们需要快餐,需要电台、电视台播放简短片断,还要即刻得到满足。时间一旦被浪费,人们就会很不高兴。

- "People talk about quality time. They want perfect moments," says the Henley Centre's Edwards. "If you take your kids to a movie and McDonald's and it's not perfect, you've wasted an afternoon, and it's a sense that you've lost something precious. If you lose some money you can earn some more, but if you waste time you can never get it back."
- "人们谈论着质量时间。他们需要最佳时光,"亨利中心的爱德华兹说。"如果你带孩子去看电影或去麦当劳,但度过的时光并不甜美,你浪费了一个下午,感觉就像是你丢失了宝贵物品。钱丢失了还能挣回来,但时间浪费了就再也无法追回。"
- People are also trying to buy time. Anything that helps streamline our lives is a growth market. One example is what Americans call concierge services -- domestic help, childcare, gardening and decorating. And on-line retailers are seeing big increases in sales -- though not, as yet, profits.

人们还试图购买时间。任何能帮助我们提高生活效率的事物都有越做越大的市场。美国人所谓的家政服务——做家务,带孩子,修剪花木,居家装饰——即为一例。网上零售商在看着销售额大幅增长——虽然利润尚未同样大幅增长。

A third reaction to time famine has been the growth of the work-life debate. You hear more about people taking early retirement or giving up high pressure jobs in favour of occupations with shorter working hours. And bodies such as Britain's National Work-Life Forum have sprung up, urging employers to end the long-hours culture among managers and to adopt family-friendly working policies.

对时间匮乏的第三个反应是有关人的一生应该工作多少年的争论增多。你比过去更常听到人们谈论早早退休,谈论放弃压力大的工作去从事工作时间短的工作。诸如英国全国工作年限论坛这样的机构像雨后春笋般出现了,敦促雇主终止让管理人员长时间加班的做法,而采取能适应家庭生活的工作方式。

The trouble with all these reactions is that liberating time -- whether by making better use of it, buying it from others or reducing the amount spent at work -- is futile if the hours gained are immediately diverted to other purposes.

所有这些反应的问题在于, 把时间解放出来一一无论是靠更充分地利用时间, 靠购买他人的时间, 还是靠缩短工作时间——是没有意义的, 如果赢得的时间又即刻被用于其他目的。

As Godbey points out, the stress we feel arises not from a shortage of time, but from the surfeit of things we try to cram into it. "It's the kid in the candy store," he says. "There's just so many good things to do. The array of choices is stunning. Our free time is increasing, but not as fast as our sense of the necessary."

正如戈德比所指出的,我们的紧张感并非源于时间短缺,而是因为我们试图在一个个时段中塞入过多的内容。"就像糖果店里的孩子,"他说,"有那么多美好的事情要做。选择之多,令人眼花缭乱。我们的空余时间在增加,但其速度跟不上我们心中日益增多的必须做的事。"

- A more successful remedy may lie in understanding the problem rather than evading it. 更有效的解决方式或许在于去理解这一问题,而不是回避这一问题。
- 26 Before the industrial revolution, people lived in small communities with limited

communications. Within the confines of their village, they could reasonably expect to know everything that was to be known, see everything that was to be seen, and do everything that was to be done.

工业革命前,人们居住在交通联系不方便的小社区里。在本村范围内,人们自然而然地期望了解该了解的一切,见到该见的一切,做该做的一切。

Today, being curious by nature, we are still trying to do the same. But the global village is a world of limitless possibilities, and we can never achieve our aim.

如今,生性好奇的我们仍试图这么做。然而,地球村是一个有着无限可能的世界,我们永远 无法实现自己的目标。

It is not more time we need: it is fewer desires. We need to switch off the cell-phone and leave the children to play by themselves. We need to buy less, read less and travel less. We need to set boundaries for ourselves, or be doomed to mounting despair.

我们需要的不是更多的时间:是更少的欲望。我们定要关掉手机,让孩子们自己玩耍。我们定要少购物,少阅读,少出游。我们定要在有所为、有所不为方面给自己设定界限,不然则注定会越来越感到绝望。

Peggy Noonan lives in New York and writes a weekly column for The Wall Street Journal. This piece is taken from one of them. In it she reflects on her week and on life in the city. Writing less than a year away from the destruction of the World Trade Center, her thoughts are inevitably affected by that terrible event.

佩吉·诺南住在纽约,每周为《华尔街时报》撰写专栏文章。本文即其中一篇。她在文章中 反思了自己的一周以及这个城市的生活。撰写此文时,离世贸中心被毁还不到一周年,她的 思考不可避免地带有这一可怕事件的阴影。

The Nightmare and the Dreams

-- How has Sept. 11 affected our national unconscious?

PEGGY NOONAN

It is hot in New York. It is so hot that once when I had a fever a friend called and asked me how I felt and I said, "You know how dry and hot paper feels when it's been faxed? That's how I feel." And how I felt all day yesterday. It is hot. We feel as if we've been faxed.

梦魇与梦想

--9·11事件如何影响了国民的潜意识?

佩吉·诺南

纽约真热。天气如此炎热,因此,有一次我发高烧,朋友打电话来问候我感觉如何时,我就说,"你知道发传真时纸张有多干燥多烫手吗?那就是我的感觉。"昨天整整一天我都是这种感觉。太热了。我们觉得自己被传真过似的。

I found myself fully awake at 5 a.m. yesterday and went for a walk on the Brooklyn Bridge.

Now more than ever the bridge seems like a great gift to my city. It spans. In the changed landscape of downtown it is our undisturbed beauty, grown ever more stately each year. People seem to love it more now, or at least mention it more or notice it more. So do I. It's always full of tourists but always full of New Yorkers, too.

昨天清晨5点我就完全醒了,便去布鲁克林大桥散步。如今这座大桥越发像是赐予我们这个城市的一件贵重礼物。它跨河而立。在业已改变的市区景观中,它依旧是一道美丽的景致,年复一年,越发显得气势非凡。如今,人们似乎更喜欢它,至少是更多地提到它、注意到它。本人也一样。桥上总是挤满游客,也总是挤满纽约居民。

I am struck, as I always am when I'm on it, that I am walking on one of the engineering wonders of the world. And I was struck yesterday that I was looking at one of the greatest views in the history of man's creation, Manhattan at sunrise.

我在这座桥上行走时总是深感骄傲,因为自己漫步在世界工程技术一大奇迹之上;今天踏上 这座桥,我同样深感骄傲。昨天我深受感动,因为我在观看有人类创造史以来最辉煌的景象 之一:曼哈顿日出。

- And all of it was free. A billionaire would pay billions to own this bridge and keep this view, but I and my jogging, biking and hiking companions have it for nothing. We inherited it. Now all we do is pay maintenance, in the form of taxes. We are lucky.
- 而且那是分文不花的。亿万富翁要想拥有这座桥,将这一景致占为己有,那得付出亿万钱财,而我以及那些或慢跑、或骑车、或徒步的同行者却能免费享用。我们继承了这座大桥。如今我们所要做的只是以纳税的方式支付维修费用。我辈实属有幸。
- As I rounded the entrance to the bridge on the Brooklyn side, a small moment added to my happiness. It was dawn, traffic was light, I passed a black van with smoked windows. In the driver's seat with the window down was a black man of 30 or so, a cap low on his brow, wearing thick black sunglasses. I was on the walkway that leads to the bridge; he was less than two feet away; we were the only people there. We made eye contact. "Good morning!" he said. "Good morning to you," I answered, and for no reason at all we started to laugh, and moved on into the day. Nothing significant in it except it may or may not have happened that way 30 or 40 years ago. I'm not sure the full charge of friendliness would have been assumed or answered. 我从布鲁克林一边上桥时,一件小事更增添了我的快乐。天刚亮,车辆稀少,我与一辆车窗熏黑的黑色面包车擦肩而过。窗开着的驾驶座里坐着一个30岁左右的黑人,帽子低低地压在眉檐上,戴着一副厚厚的黑色太阳镜。我走在通往大桥的人行道上,他距我不到两英尺;周围只有我们两个人。我们目光对视。"早上好!"他说。"早上好,"我回答着,两人随即无缘无故地大笑起来,笑罢各人继续各人的生活。这事并没有什么特别的意义,只是30年或40年前是不是会发生这样的事。我不知道那时会不会有这种完全友好的表示,又会不会得到回应。
- It made me think of something I saw Monday night on TV. They were showing the 1967 movie "Guess Who's Coming to Dinner?" with Katharine Hepburn, Sidney Poitier and Spencer Tracy, about a young white woman and a young black man who fall in love, hope to marry and must contend with disapproving parents on both sides. It's held up well, and parts of it seemed moving in a way I didn't remember, and pertinent.
- 这让我想起星期一晚上看的电视节目。他们播放的是1967年的影片《猜猜谁来赴晚餐》,由凯瑟琳·赫本、辛尼·普瓦提艾和斯潘塞·特雷西主演,讲的是一个白人姑娘与一个黑人小伙子相爱,想要结婚,不得不与持反对态度的双方父母做斗争。影片拍得不错,故事的部分细节似乎很感人,如何感人我记不清楚了,反正很切题。
- 7 There was a bit of dialogue that packed a wallop. Spencer Tracy as the father of the

would-be bride is pressing Mr. Poitier on whether he has considered the sufferings their mixed-race children might have to endure in America. Has he thought about this? Has his fiancée? "She is optimistic," says Mr. Poitier. "She thinks every one of them will grow up to become president of the United States. I on the other hand would settle for secretary of state." Those words, written 35 years ago may have seemed dreamy then. But in its audience when the movie came out would likely have been a young, film-loving Army lieutenant named Colin Powell who, that year, was preparing for a second tour of duty in Vietnam. And now he is secretary of state. This is the land dreams are made of. Does that strike you as a corny thing to say and talk about? It is. That's another great thing.

有几段对话让人为之震动。饰演未来新娘父亲的斯潘塞·特雷西质问普瓦提艾先生,他是否想过他们混血的孩子在美国将会承受多少痛苦。他考虑过这点吗?他的未婚妻考虑过这点吗?"她很乐观,"普瓦提艾先生说。"她认为他们每个人都能长大成人当上美国总统。而我则觉得他们能当国务卿也就可以了。"这些写于35年前的话当时听上去或许就像是痴人说梦。但影片上映时,观众中可能就有爱看电影的年轻的陆军中尉科林·鲍威尔,当年他正准备第二次到越南去服役。如今他正担任着国务卿一职。这是个梦想成真的国度。这么说你是否觉得有点老生常谈?这又是一件美妙的事情。

- Late Tuesday, on a subway ride from Brooklyn to the north of Manhattan, I resaw something I'd noticed and forgotten about. It is that more and more, on the streets and on the train, I see people wearing ID tags. We all wear IDs now. We didn't use to. They hang from thick cotton string or an aluminum chain; they're worn one at a time or three at a time, but they're there.
- 星期二晚些时候,在从布鲁克林开往曼哈顿北部的地铁上,我又看到一个我注意过,可后来又忘了的现象。那就是大街上,地铁里,我越来越经常地发现人们挂着表明身份的胸卡。如今人人都佩带胸卡。过去我们是不带的。胸卡吊在粗棉线或铝制链上;有的佩带一张,有的同时佩带三张,反正胸卡处处可见。
- I ponder the implications. What does it mean that we wear IDs? What are we saying, or do we think we're saying? I mean aside from the obvious.

我思索着这一现象意味着什么。大家随身携带身份证件,这意味着什么?我们是在表明什么?或者说我们自以为是在表明什么?我指的是表象之外的意义。

I imagined yesterday the row of people across from me on the train, looking up all of a sudden from their newspaper and answering one after another:

假设昨天地铁车厢里我对面的那排人一下子放下报纸抬起头来,逐个回答道:

- 11 "It means I know who I am," says the man in blue shirt and suspenders.
- "这意味着我知道自己是谁,"穿蓝衬衫和吊裤带的那个男子说。
- "It means I can get into the building," says the woman in gray.
- "这意味着我能进办公楼,"那个灰衣女子说。
- "It means I am a solid citizen with a job."
- "这表明我是个有职业的体面公民。"
- "I am known to others in my workplace."
- "在工作场所别人知道我是谁。"
- "I'm not just blowing through life, I'm integrated into it. I belong to something. I receive a regular paycheck."
- "我不是在混日子,我融入了生活。我有所归属。我有固定的工资。"
- "I have had a background check done by security and have been found to be a Safe Person. Have you?"

"安检部门对我的背景来历核查过,认定我为人可靠。你呢?"

I wonder if unemployed people on the train look at the tags around the other peoples' necks and think. Soon I hope I'll have one too. I wonder if kids just getting their first job at 17 will ever know that in America we didn't all use to be ID'd. Used to be only for people who worked in nuclear power plants or great halls of government. Otherwise you could be pretty obscure. Which isn't a bad way to be.

我不知道车上那些失业的人看着别人头颈里吊着的胸卡,会不会有什么想法。我希望不久我也有张胸卡。我不知道那些刚刚开始工作的17岁的小伙子们会不会知晓,以前在美国,我们并不是人人携带身份证的。过去只有在核电站或政府办公大楼里工作的人才用。在别处,没人会知道你是谁。这可不是件坏事。

- A month ago there were news reports of a post-Sept. 11 baby boom. Everyone was so rocked by news of their mortality that they realized there will never be a perfect time to have kids but we're here now so let's have a family. I believed the baby boom story and waited for the babies.
- 一个月前,有关于9·11事件之后出现生育高峰的新闻报道。大家为那些关于死亡的报道所震惊,意识到决没有什么生养孩子的最佳时机,现在我们既然活着,就该生儿育女。我相信关于生育高峰报道的真实性,期待着这些孩子的出生。
- Then came the stories saying: Nah, there is no baby boom, it's all anecdotal, there's no statistical evidence to back it up. And I believed that too. But I've been noticing something for weeks now. In my neighborhood there is a baby boom. There are babies all over in Brooklyn. It is full of newborns, of pink soft-limbed infants in cotton carriers on daddy's chest. It is full of strollers, not only regular strollers but the kind that carry two children -- double-wides. And triple-wides. I don't care what anyone says, there have got to be data that back up what I'm seeing: that after Sept. 11, there was at least a Brooklyn baby boom.

后来又有报道说,不对,没有什么生育高峰,那完全是道听途说,并没有统计数据加以证实。我也相信这一报道的真实性。但好几个星期以来我一直关注着一个情况。我家附近出现了生育高峰。布鲁克林到处都是婴儿。处处可见新生婴儿,处处可见粉嘟嘟的、小手小脚软软的婴儿,他们蜷伏在父亲胸前的棉兜里。处处可见婴儿小推车,不仅是普通的小推车,还有那种可放两个婴儿的小推车。甚至还有可放三个婴儿的小推车。别人怎么说我不管,应该有数据证实我目睹的情况:9·11事件之后,至少在布鲁克林出现了生育高峰。

A dream boom, too. The other day I spoke with a friend I hadn't seen since the world changed. He was two blocks away when the towers fell, and he saw everything. We have all seen the extraordinary footage of that day, seen it over and over, but few of us have seen what my friend described: how in the office buildings near the World Trade Center they stood at the windows and suddenly darkness enveloped them as the towers collapsed and the demonic cloud swept through. Did you see those forced to jump? I asked.

夜梦也激增。一天我跟事件发生后一直没见过面的一位朋友交谈。世贸大楼倒下时,他就在两个街区之外,目睹了一切。我们都看过当日那令人震惊的电视镜头,看过一遍又一遍,但很少有人看到过我朋友所描述的情景:在世贸中心近旁的办公大楼里,他们站在窗边,突然黑暗将他们笼罩,那两幢楼倒塌了,可怕的浓烟迅速蔓延。你有没有看到那些被迫往下跳的人?我问。

- 21 "Yes," he said, and looked away.
- "看到,"他说着移开了视线。
- Have you had bad dreams?

你有没有做噩梦?

- 23 "Yes," he said, and looked away.
- "做的,"他说着,仍看着别处。
- I thought about this for a few days. My friend is brilliant and by nature a describer of things felt and seen. But not this time. I spoke to a friend who is a therapist. Are your patients getting extraordinary dreams? I asked.

我好几天都想着这事。我的这位朋友才华横溢,天生擅长描述自己的感受与见闻。但这次却例外。我跟一位当治疗专家的朋友交谈。你的病人是不是都做些稀奇古怪的梦?我问。

- 25 "Always," he laughs.
- "总是做那样的梦,"他笑了起来。
- 26 Sept.11-related?

都跟9.11事件有关?

- "Yes," he says, "mostly among adolescents."
- "是的,"他说,"主要都是青少年。"
- I asked if he was saving them, writing them down. He shook his head no.

我问他有没有把这些梦收集好记下来。他摇了摇头。

So: The Sept. 11 Dream Project. We should begin it. I want to, though I'm not sure why. I think maybe down the road I will try to write about them. Maybe not. I am certain, however, that dreams can be an expression of a nation's unconscious, if there can be said to be such a thing, and deserve respect. (Carl Jung thought so.)

是啊:9·11梦录项目。我们应该着手进行了。本人有意去做,虽说我自己也不太清楚到底为什么。我想,以后也许我会试着把那些梦写下来。也许不会。但我相信,梦可以反映国民的潜意识——如果真有所谓潜意识——而且值得把梦当一回事。(卡尔·荣格持肯定态度。)

To respect is to record. Send in your Sept. 11 related dream -- recurring, unusual, striking, whatever. I will read them, and appreciate them and possibly weave them into a piece on what Sept. 11 has done to our dream lives and to our imaginations, when our imaginations are operating on their own, unfettered, unstopped, spanning.

既然值得当回事就要记录下来。请把你做的与9·11事件有关的梦寄给我——一再重复的,不同寻常的,惊人的,等等。我会阅读你们的来函,会理解,可能的话会将它们编成一篇文章,反映9·11事件对我们的梦幻生活和想象力——即当我们的想象力独立地、无拘无束地、毫无牵绊地持续发挥时——产生了什么影响。

Annie Dillard tells of her visit to the Napo River in the heart of the Ecuadorian jungle, one of nature's most unspoiled places. She describes the beauty of the forest and her admiration for the people who live there.

安妮·迪拉德讲述了自己游览厄瓜多尔丛林深处的纳波河的经历。那是大自然遭受人为破坏最少的地区之一。她描述了森林之美以及对生活在那里的土著人的歆慕之情。

In the Jungle

Annie Dillard

1 Like any out-of-the-way place, the Napo River in the Ecuadorian jungle seems real enough

when you are there, even central. Out of the way of what? I was sitting on a stump at the edge of a bankside palm-thatch village, in the middle of the night, on the headwaters of the Amazon. Out of the way of human life, tenderness, or the glance of heaven? 在丛林中

安妮-迪拉德

如同所有僻远之地,当你身临其境时,厄瓜多尔丛林深处的纳波河就显得那么真实,甚至有中心要地的感觉。那么僻远之地远离什么呢?夜半时分,在亚马逊河的源头,我坐在一个树墩上,身后是傍水的棕榈叶作屋顶的小村落。远离人类活动,远离脉脉温情。或者说远离天堂的扫视?

- A nightjar in deep-leaved shadow called three long notes, and hushed. The men with me talked softly: three North Americans, four Ecuadorians who were showing us the jungle. We were holding cool drinks and idly watching a hand-sized tarantula seize moths that came to the lone bulb on the generator shed beside us.
- 一只欧夜鹰在密密的树叶间发出三声长啼,旋即静默无声。和我一起的那些男人轻声交谈着: 3个北美人,4个为我们在丛林中带路的厄瓜多尔人。我们手里拿着清凉的饮料,悠闲地看着一只有手那么大小的狼蛛捕捉纷纷扑向我们身旁发电机棚屋上一个灯泡的飞虫。
- It was February, the middle of summer. Green fireflies spattered lights across the air and illumined for seconds, now here, now there, the pale trunks of enormous, solitary trees. Beneath us the brown Napo River was rising, in all silence; it coiled up the sandy bank and tangled its foam in vines that trailed from the forest and roots that looped the shore.
- 时值2月,正当仲夏。绿莹莹的萤火虫在空中闪出光亮,一会儿这里照亮一下,一会儿那里 照亮一下幽木巨树的暗淡的树干。在我们下方,褐黄色的纳波河水正在涨潮。万籁俱寂:惟 见河水沿着沙岸蜿蜒流过,水沫裹挟在蔓生在森林里的藤蔓间以及盘绕岸边的树根上。
- Each breath of night smelled sweet. Each star in Orion seemed to tremble and stir with my breath. All at once, in the thatch house across the clearing behind us came the sound of a recorder, playing a tune that twined over the village clearing, muted our talk on the bankside, and wandered over the river, dissolving downstream.
- 夜晚吸入的每口气都沁人心脾。猎户星座里的每一颗星星似乎都因了我的呼吸而颤动。突然, 我们身后空地旁的茅屋里,传出了录音机的声音,一首乐曲在村子空地之上缭绕,减弱了我 们在河畔谈话的声音,然后又传至河面,随流飘去。
- 5 This will do, I thought. This will do, for a weekend, or a season, or a home. 人生遇此情景足矣,我暗想。在此度过周末足以,在此小住数月足以,在此安家足以。
- Later that night I loosed my hair from its braids and combed it smooth -- not for myself, but so the village girls could play with it in the morning.
- 夜半时分,我散开辫子,把头发梳理得平平整整--不是为我自己,而是为了村里那些姑娘早上可以玩我的头发。
- We had disembarked at the village that afternoon, and I had slumped on some shaded steps, wishing I knew some Spanish or some Quechua so I could speak with the ring of little girls who were alternately staring at me and smiling at their toes. I spoke anyway, and fooled with my hair, which they were obviously dying to get their hands on, and laughed, and soon they were all braiding my hair, all five of them, all fifty fingers, all my hair, even my bangs. And then they took it apart and did it again, laughing, and teaching me Spanish nouns, and meeting my eyes and each

other's with open delight, while their small brothers in blue jeans climbed down from the trees and began kicking a volleyball around with one of the North American men.

我们是那天下午在这个小村上岸的,我垂着头坐在树阴下的踏级上,真希望自己会说几句西班牙语或盖丘亚语,好跟围成一圈的小女孩说说话,她们一会儿看看我,一会儿又低头看着自己的脚趾窃笑。我还是开口了,笑着抚弄自己的头发,她们显然也都非常想碰碰我的头发。没过一会儿,她们就给我编辫子了,她们5个人,50个手指,我是一头辫子,连留海也编成了辫子。她们拆了编,编了拆,一边笑一边教我西班牙语单词,望望我,又相互对望,个个喜形于色,她们那些穿着牛仔服的小弟弟们则纷纷下得树来,跟一个北美人踢排球玩耍。

- Now, as I combed my hair in the little tent, another of the men, a free-lance writer from Manhattan, was talking quietly. He was telling us the tale of his life, describing his work in Hollywood, his apartment in Manhattan, his house in Paris.... "It makes me wonder," he said, "what I'm doing in a tent under a tree in the village of Pompeya, on the Napo River, in the jungle of Ecuador." After a pause he added, "It makes me wonder why I'm going back."
- 此刻,我在低矮的帐篷里梳理着头发,另一个北美人,一位来自曼哈顿的自由作家,正在轻声说话。他在向我们讲述他人生的故事,讲述他在好莱坞的工作、在曼哈顿的公寓、在巴黎的家……"我不由纳闷,"他说,"在厄瓜多尔的丛林里,在纳波河上,在蓬帕雅小村,在树下的帐篷里,自己在干什么。"他顿了顿,接着说:"我不由寻思,自己为什么要回去。"
- 9 The point of going somewhere like the Napo River in Ecuador is not to see the most spectacular anything. It is simply to see what is there. We are here on the planet only once, and might as well get a feel for the place. We might as well get a feel for the fringes and hollows in which life is lived, for the Amazon basin, which covers half a continent, and for the life that there, like anywhere else is always and necessarily lived in detail: on the tributaries, in the riverside villages, sucking this particular white-fleshed guava in this particular pattern of shade. 去厄瓜多尔纳波河这种地方不是为了观赏什么世界奇观,而只是去看一看那里有些什么。人生在世,惟有一次,我们不妨去感受一下那个地方。我们不妨去感受一下有生命生活其间的远方水乡山谷,去感受覆盖了半个大陆的亚马逊河流域,去感受那样一种生活——在那里,一如在别的地方——那种必定总是琐碎的生活:在各条支流上,在临水的村落里,在有着独特形状的阴凉处吮吸着有白色浆果的独特的番石榴。
- What is there is interesting. The Napo River itself is wide and brown, opaque, and smeared with floating foam and logs and branches from the jungle. Parrots in flocks dart in and out of the light. Under the water in the river, unseen, are anacondas -- which are reputed to take a few village toddlers every year -- and water boas, crocodiles, and sweet-meated fish.
- 那里的一切都趣味盎然。纳波河河面宽阔,河水混浊,呈褐黄色,浮沫以及丛林里来的木段和树枝翻浮其上。成群的鹦鹉忽而飞进树荫里,忽而飞入阳光里。水下潜伏着南美蟒蛇一一据说每年都要吞吃几名村童——还有水蟒、鳄鱼,以及肉质鲜美的鱼类。
- Low water bares gray strips of sandbar on which the natives build tiny palm-thatch shelters for overnight fishing trips. You see these extraordinarily clean people (who bathe twice a day in the river, and whose straight black hair is always freshly washed) paddling down the river in dugout canoes, hugging the banks.
- 水浅的地方露出灰茫茫的狭长沙洲,土著人在沙洲上为过夜的渔夫搭建了小小的棕榈茅舍。你能见到这些清洁得出奇的人(他们在河里一天沐浴两次,满头直挺的黑发更是刚刚洗过)在独木舟里紧贴着河岸荡桨。
- Some of the Indians of this region, earlier in the century, used to sleep naked in hammocks. The nights are cold. Gordon MacCreach, an American explorer in these Amazon tributaries,

reported that he was startled to hear the Indians get up at three in the morning. He was even more startled, night after night, to hear them walk down to the river slowly, half asleep, and bathe in the water. Only later did he learn what they were doing: they were getting warm. The cold woke them; they warmed their skins in the river, which was always ninety degrees; then they returned to their hammocks and slept through the rest of the night.

在本世纪早期,这一地区的一些印第安人常常赤身睡在吊床里。夜晚颇凉。勘测亚马逊河支流的美国探险家戈登·麦克里奇曾记述说,他凌晨3点就听见印第安人起身,深感愕然。更令他惊奇的是,夜复一夜,他都听见他们半睡半醒地缓步走向河边,趟到河里洗起澡来。后来他才弄明白他们是在干什么:他们在取暖。凉意把他们冻醒,他们便到河里暖暖身子,因为河水保持90(华氏)度不变;随后他们再回到吊床上,睡到天亮。

When you are inside the jungle, away from the river, the trees vault out of sight. Butterflies, bright blue, striped, or clear-winged, thread the jungle paths at eye level. And at your feet is a swath of ants bearing triangular bits of green leaf. The ants with their leaves look like a wide fleet of sailing dinghies -- but they don't quit. In either direction they wobble over the jungle floor as far as the eye can see.

当你离开大河,深入丛林,满眼树木高耸入云。一眼望去,成群的蝴蝶穿过丛林小径,有宝蓝的,有条纹的,有纯色翅膀的。在脚下,则有一长列蚂蚁背负着三角形的绿叶碎片。负叶爬行的蚂蚁就像一支规模庞大、扬帆行驶的船队——只是它们不会停歇。无论什么方向,都能看到它们在丛林的地面上摇摇摆摆地爬行。

Long lakes shine in the jungle. We traveled one of these in dugout canoes, canoes paddled with machete-hewn oars, or poled in the shallows with bamboo. Our part-Indian guide had cleared the path to the lake the day before; when we walked the path we saw where he had impaled the lopped head of a boa, open-mouthed, on a pointed stick by the canoes, for decoration.

丛林中狭长的湖泊上波光闪闪。我们荡舟其上,划着用大砍刀砍削而成的木桨,在浅水处则以竹当篙。有着一半印第安血统的向导前一天已经辟出了通往湖泊的小路;我们在小路上行走时,看见他砍下作为装饰的蟒蛇头,张开大口,钉在独木舟边尖头枝条上。

This lake was wonderful. Herons plodded the shores, kingfishers and cuckoos clattered from sunlight to shade, great turkeylike birds fussed in dead branches, and hawks hung overhead. There was all the time in the world. A turtle slid into the water. The boy in the bow of my canoe slapped stones at birds with a simple sling, a rubber thong and leather pad. He aimed brilliantly at moving targets, always, and always missed; the birds were out of range. He stuffed his sling back in his shirt. I looked around.

湖泊奇妙无比。苍鹭在岸边缓缓地迈着步子,翠鸟和杜鹃欢叫着从阳光里飞入树荫,火鸡模样的大鸟在枯枝间忙碌,鹰在头上盘旋。我们毋庸为时间担忧,可以从容地欣赏周围的一切。一只乌龟滑入水中。我乘坐的独木舟船头坐着个男孩,他用简陋的弹弓——橡皮弹架和皮索——发射石弹击打飞鸟。他摆出漂亮的架势瞄准飞鸟,却一次又一次地偏离目标;鸟总是飞出他的射程。他把弹弓塞回进衬衣内。我移开目光。

The lake and river waters are as opaque as rainforest leaves; they are veils, blinds, painted screens. You see things only by their effects. I saw the shoreline water heave above a thrashing paichi, an enormous black fish of these waters; one had been caught the previous week weighing 430 pounds. Piranha fish live in the lakes, and electric eels. I dangled my fingers in the water, figuring it would be worth it.

湖水与河水都如热带雨林中的树叶那样乳浊;那水是面纱,是窗帘,是画屏。你只能从表象看事物。我看到近岸的河水在起伏,上面翻腾着一条巨滑舌鱼,那是这一带水域出产的一种

奇大的黑鱼;上一个星期捕获一条,重达430磅。湖里有水虎鱼,还有电鳗。我用手指在水里划着,心想即使被鱼咬一口也值得。

We would eat chicken that night in the village, together with rice, onions and heaps of fruit. The sun would ring down, pulling darkness after it like a curtain. Twilight is short, and the unseen birds of twilight wistful, catching the heart. The two nuns in their dazzling white habits -- the beautiful-boned young nun and the warm-faced old -- would glide to the open cane-and-thatch schoolroom in darkness, and start the children singing. The children would sing in piping Spanish, high-pitched and pure; they would sing "Nearer My God to Thee" in Quechua, very fast. As the children became excited by their own singing, they left their log benches and swarmed around the nuns, hopping, smiling at us, everyone smiling, the nuns' faces bursting in their cowls, and the clear-voiced children still singing, and the palm-leafed roofing stirred.

那天夜晚在小村里,我们将吃鸡肉,还有米饭、洋葱和一大堆水果。夕阳会西下,像落幕似地把夜暮降下。黄昏短暂,暮色中,看不见的鸟儿在伤感似地啼鸣,声声动人。两位修女,身穿耀眼的白色道服——年轻的修女身材姣好,年长的那位慈眉善目——会在夜色中悄然来到开着门的用藤条茅草搭建的教室里,让孩子们唱歌。孩子们会用西班牙语放声歌唱,歌声又高又纯;他们会用盖丘亚语唱"上帝离你更近",唱得非常快。孩子们唱着唱着兴奋起来,纷纷从木凳上站起,簇拥在两位修女身旁,又是跳,又是冲着我们笑。人人都在欢笑,穿戴头巾的修女满脸欢笑,声音清脆的孩子们还在歌唱,棕榈叶铺的屋顶也在颤动。

The Napo River: it is not out of the way. It is in the way, catching sunlight the way a cup catches poured water; it is a bowl of sweet air, a basin of greenness, and of grace, and, it would seem, of peace.

纳波河:那不是荒僻的地方。那是个有人烟的地域,像杯子盛载往里倒的水那样,纳波河接住照射下来的阳光;那是个充满清新空气的低洼地区,一片翠绿的盆地,环境优美的盆地,看来还是个平静的盆地。