This dataset is created based on Gen 2/Omni 1 FHS participants' self-reported information from Exam 1 to Exam 10.

The following is the timeline for related questions found in individual FHS core exams (N = No, Y = Yes):

FHS Core Exam	1	2	3	4	5	6	7	8	9	10
Antidepressants	N	Ν	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Anxiolytics	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Hypnotics	N	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ

# Antidepressants, Anxiolytics and Hypnotics

# Last Updated: February 2024

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#### **IDTYPE**

Variable name: idtype

**Description:** Framingham Heart Study cohort identifier

#### **Code or Value**

#### Description

1	Gen 2
7	Omni 1

#### ID

Variable name: id

**Description:** Framingham Heart Study participant identifier within cohort

# IDTYPE and ID must be used together to form a unique study participant identification number or use variable "framid" instead

#### **Code or Value**

#### Description

0 – 9999	Range of values
----------	-----------------

**Note:** To preserve confidentiality, the exact range for the ID is not reflected in the coding manual.

#### **FRAMID**

Variable name: Framid

**Description:** Framingham ID assigned to each participant

#### **Code or Value**

#### Description

80000 – 89999	Gen 2
700000 – 709999	Omni 1

**Note:** To preserve confidentiality, the exact range for the ID is not reflected in the coding manual.

#### **ANTIDEPRESSANTS CORE3**

Variable name: antidepressants core3

Description: Interim history of antidepressant medication use in exam 3

Code or Value Description

0	No antidepressant usage	
1	Antidepressant usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANTIDEPRESSANTS CORE4**

Variable name: antidepressants\_core4

Description: Interim history of antidepressant medication use in exam 4

#### Code or Value Description

0	No antidepressant usage	
1	Antidepressant usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANTIDEPRESSANTS CORE5**

Variable name: antidepressants core5

Description: Interim history of antidepressant medication use in exam 5

#### Code or Value Description

0	No antidepressant usage	
1	Antidepressant usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### ANTIDEPRESSANTS\_CORE6

Variable name: antidepressants core6

**Description:** Interim history of antidepressant medication use in exam 6

#### Code or Value Description

0	No antidepressant usage	
1	Antidepressant usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### ANTIDEPRESSANTS\_CORE7

Variable name: antidepressants core7

**Description:** Interim history of antidepressant medication use in exam 7

#### Code or Value Description

0	No antidepressant usage
1	Antidepressant usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### ANTIDEPRESSANTS\_CORE8

Variable name: antidepressants\_core8

**Description:** Interim history of antidepressant medication use in exam 8

#### Code or Value Description

0	No antidepressant usage	
1	Antidepressant usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### ANTIDEPRESSANTS\_CORE9

Variable name: antidepressants\_core9

**Description:** Interim history of antidepressant medication use in exam 9

Code or Value	Description
Code or Value	Description

0	No antidepressant usage

#### Antidepressants

1	Antidepressant usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### ANTIDEPRESSANTS\_CORE10

Variable name: antidepressants\_core10

Description: Interim history of antidepressant medication use in exam 10

#### Code or Value Description

0	No antidepressant usage
1	Antidepressant usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### CDI\_DEPRESSION\_CORE7

Variable name: cdi depression core7

**Description:** Clinical diagnostic impression: Depression in exam 7

Code or Value Description

0	No clinical diagnostic impression for depression
1	Clinical diagnostic impression for depression
	Did not attend exam

**Note:** This variable is based on the variable G498 in FHS core exam 7 (Gen 2 only, not Omni 1):

MMSE: DEPRESSION/POSSIBLE DEPRESSION

(FACTORS POTENTIALLY AFFECTING MENTAL STATUS)

0 NO

1 YES

2 MAYBE

. UNKNOWN (35)

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### CDI\_DEPRESSION\_CORE8

Variable name: cdi\_depression\_core8

**Description:** Clinical diagnostic impression: Depression in exam 8

Code or Value Description

0	No clinical diagnostic impression for depression
1	Clinical diagnostic impression for depression
	Did not attend exam

**Note:** This variable is based on the variable H376 in FHS core exam 8 (Gen 2/Omni 1):

Clinical Diagnostic Impression – Part II

Non Cardiovascular Disease First Examiner Opinions – Mental Health:

Depression

0 = no

1 = yes

2 = maybe

. = unknown

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### CDI\_DEPRESSION\_CORE9

#### **Depression Related Information**

Variable name: cdi depression core9

**Description:** Clinical diagnostic impression: Depression in exam 9

#### Code or Value Description

0	No clinical diagnostic impression for depression
1	Clinical diagnostic impression for depression
	Did not attend exam

**Note:** This variable is based on the variable J438 in FHS core exam 9 (Gen 2/Omni 1):

Clinical Diagnostic Impression – Part II

Non Cardiovascular Disease First Examiner Opinions – Mental Health:

Depression

0 = no

1 = yes

2 = maybe

. = unknown

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### CDI\_DEPRESSION\_CORE10

Variable name: cdi depression core10

Description: Clinical diagnostic impression: Depression in exam 10

#### Code or Value Description

0	No clinical diagnostic impression for depression
1	Clinical diagnostic impression for depression
	Did not attend exam

**Note:** This variable is based on the variable K1015 in FHS core exam 10 (Gen 2/Omni 1):

Clinical Diagnostic Impression – Part II

Review of Health History Based on Examiner Interview: Mental Health - Depression

0 = no

1 = yes

2 = maybe

. = unknown

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### CESD CORE6

#### **Depression Related Information**

Variable name: cesd\_core6

Description: CES-D scale - Total score in exam 6

#### Code or Value Description

12 – 76	Range of values
	Did not attend exam/Unknown

#### Note:

The score was calculated from the F151-F170 core exam 6 variables.

#### CESD\_CORE7

Variable name: cesd core7

**Description:** CES-D scale – Total score in exam 7

#### Code or Value Description

12 – 73	Range of values
	Did not attend exam/Unknown

#### Note:

The score was calculated from the G587-G606 core exam 7 variables.

#### CESD\_CORE9

Variable name: cesd\_core9

**Description:** CES-D scale – Total score in exam 9

#### Code or Value Description

12 – 80	Range of values
	Did not attend exam/Unknown

#### Note:

The score was calculated from the J727-J746 core exam 9 variables.

#### CESD\_CORE10

Variable name: cesd\_core10

**Description:** CES-D scale – Total score in exam 10

#### Code or Value Description

12 – 80	Range of values
	Did not attend exam/Unknown

#### Note:

The score was calculated from the K1197-K1216 core exam 10 variables.

#### **DEPRESSION CORE7**

Variable name: depression core7

**Description:** Derived variable for depression in exam 7, based on anti-depressant medications

and clinical diagnostic impression for exam 7

#### Code or Value Description

0	No depression
1	Depression present
	Did not attend exam/Unknown

**Note:** This variable is based on the variable antidepressants\_core7 and CDI\_depression\_core7 in FHS core exam 7 (Gen 2 only, not Omni 1). Refer to appendix/R code for more information.

#### **DEPRESSION CORE8**

Variable name: depression core8

**Description:** Derived variable for depression in exam 8, based on anti-depressant medications

and clinical diagnostic impression for exam 8

#### Code or Value Description

0	No depression
1	Depression present
	Did not attend exam/Unknown

**Note:** This variable is based on the variable antidepressants\_core8 and CDI\_depression\_core8 in FHS core exam 8 (Gen 2/Omni1). Refer to appendix/R code for more information.

#### **DEPRESSION\_CORE9**

Variable name: depression core9

**Description:** Derived variable for depression in exam 9, based on anti-depressant medications

and clinical diagnostic impression for exam 9

#### Code or Value Description

0	No depression
1	Depression present
	Did not attend exam/Unknown

#### **Depression Related Information**

**Note:** This variable is based on the variable antidepressants\_core9 and CDI\_depression\_core9 in FHS core exam 9 (Gen 2/Omni 1). Refer to appendix/R code for more information.

#### **DEPRESSION\_CORE10**

Variable name: depression core10

Description: Derived variable for depression in exam 10, based on anti-depressant medications

and clinical diagnostic impression for exam 10

# Code or Value Description 0 No depression 1 Depression present . Did not attend exam/Unknown

**Note:** This variable is based on the variable antidepressants\_core10 and CDI\_depression\_core10 in FHS core exam 10 (Gen 2/Omni 1). Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE1**

Variable name: anxiolytics\_core1

Description: Interim history of anti-anxiety medication use in exam 1

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE2**

Variable name: anxiolytics\_core2

**Description:** Interim history of anti-anxiety medication use in exam 2

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE3**

Variable name: anxiolytics core3

Description: Interim history of anti-anxiety medication use in exam 3

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS CORE4**

Variable name: anxiolytics core4

Description: Interim history of anti-anxiety medication use in exam 4

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS CORE5**

Variable name: anxiolytics core5

Description: Interim history of anti-anxiety medication use in exam 5

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS CORE6**

Variable name: anxiolytics core6

Description: Interim history of anti-anxiety medication use in exam 6

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE7**

Variable name: anxiolytics\_core7

**Description:** Interim history of anti-anxiety medication use in exam 7

Code or Value D	escription
-----------------	------------

0	No anti-anxiety medication usage

#### **Anxiolytics**

1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE8**

Variable name: anxiolytics core8

Description: Interim history of anti-anxiety medication use in exam 8

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE9**

Variable name: anxiolytics core9

Description: Interim history of anti-anxiety medication use in exam 9

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **ANXIOLYTICS\_CORE10**

Variable name: anxiolytics core10

Description: Interim history of anti-anxiety medication use in exam 10

#### Code or Value Description

0	No anti-anxiety medication usage
1	Anti-anxiety medication usage
	Did not attend exam/Unknown

## Anxiolytics

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### CDI\_ANXIETY\_CORE8

Variable name: cdi anxiety core8

Description: Clinical diagnostic impression: Anxiety in exam 8

#### **Code or Value**

#### Description

0	No clinical diagnostic impression for anxiety
1	Clinical diagnostic impression for anxiety
	Did not attend exam

**Note:** This variable is based on the variable H377 in FHS core exam 8 (Gen 2/Omni 1): Clinical Diagnostic Impression – Part II

Non Cardiovascular Disease First Examiner Opinions – Mental Health:

Anxiety

0 = no

1 = yes

2 = maybe

. = unknown

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### CDI\_ANXIETY\_CORE9

Variable name: cdi anxiety core9

**Description:** Clinical diagnostic impression: Anxiety in exam 9

#### Code or Value

#### Description

0	No clinical diagnostic impression for anxiety
1	Clinical diagnostic impression for anxiety
	Did not attend exam

**Note:** This variable is based on the variable J439 in FHS core exam 9 (Gen 2/Omni 1):

Clinical Diagnostic Impression – Part II

Non Cardiovascular Disease First Examiner Opinions – Mental Health:

Anxiety

0 = no

1 = yes

2 = maybe

. = unknown

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### CDI\_ANXIETY\_CORE10

#### **Anxiolytics**

Variable name: cdi anxiety core10

Description: Clinical diagnostic impression: Anxiety in exam 10

#### Code or Value Description

0	No clinical diagnostic impression for anxiety
1	Clinical diagnostic impression for anxiety
	Did not attend exam

**Note:** This variable is based on the variable K1016 in FHS core exam 10 (Gen 2/Omni 1): Clinical Diagnostic Impression – Part II

Review of Health History Based on Examiner Interview: Mental Health - Anxiety

0 = no

1 = yes

2 = maybe

. = unknown

Values 0 and 2 are recoded as 0; 1 is recoded as 1

The response of "." as well as participants who did not attend exam are coded as .

#### **ANXIETY\_CORE8**

Variable name: anxiety\_core8

**Description:** Derived variable for anxiety in exam 8, based on anxiolytic medications and clinical

diagnostic impression for exam 8

#### Code or Value Description

0	No depression
1	Depression present
	Did not attend exam/Unknown

**Note:** This variable is based on the variable anxiolytics\_core8 and CDI\_anxiety\_core8 in FHS core exam 8 (Gen 2/Omni 1). Refer to appendix/R code for more information.

#### **ANXIETY\_CORE9**

Variable name: anxiety core9

**Description:** Derived variable for anxiety in exam 9, based on anxiolytic medications and clinical

diagnostic impression for exam 9

#### Code or Value Description

0	No depression
1	Depression present

#### **Anxiolytics**

ı		Did not offend every / University	
	•	Did not attend exam/Unknown	

**Note:** This variable is based on the variable anxiolytics\_core9 and CDI\_anxiety\_core9 in FHS core exam 9 (Gen 2/Omni 1). Refer to appendix/R code for more information.

#### ANXIETY\_CORE10

Variable name: anxiety core10

Description: Derived variable for anxiety in exam 10, based on anxiolytic medications and

clinical diagnostic impression for exam 10

#### Code or Value Description

0	No depression
1	Depression present
	Did not attend exam/Unknown

**Note:** This variable is based on the variable anxiolytics\_core10 and CDI\_anxiety\_core10 in FHS core exam 10 (Gen 2/Omni 1). Refer to appendix/R code for more information.

#### **HYPNOTICS\_CORE2**

Variable name: hypnotics\_core2

**Description:** Interim history of hypnotic medication (sleeping pill) use in exam 2

Code or Value Description

0	No hypnotic medication usage
1	Hypnotic medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS CORE3**

Variable name: hypnotics core3

Description: Interim history of hypnotic medication (sleeping pill) use in exam 3

Code or Value Description

0	No hypnotic medication usage
1	Hypnotic medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS CORE4**

Variable name: hypnotics core4

Description: Interim history of hypnotic medication (sleeping pill) use in exam 4

Code or Value Description

0	No hypnotic medication usage
1	Hypnotic medication usage
	Did not attend exam/Unknown

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS\_CORE5**

Variable name: hypnotics core5

**Description:** Interim history of hypnotic medication (sleeping pill) use in exam 5

#### Code or Value Description

0	No hypnotic medication usage	
1	Hypnotic medication usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS CORE6**

Variable name: hypnotics\_core6

**Description:** Interim history of hypnotic medication (sleeping pill) use in exam 6

#### Code or Value Description

0	No hypnotic medication usage	
1	Hypnotic medication usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS\_CORE7**

Variable name: hypnotics\_core7

Description: Interim history of hypnotic medication (sleeping pill) use in exam 7

#### Code or Value Description

0	No hypnotic medication usage	
1	Hypnotic medication usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS\_CORE8**

Variable name: hypnotics core8

Description: Interim history of hypnotic medication (sleeping pill) use in exam 8

#### Code or Value Description

0	No hypnotic medication usage	
1	Hypnotic medication usage	

		Did not attend exam/Unknown
--	--	-----------------------------

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS\_CORE9**

Variable name: hypnotics\_core9

Description: Interim history of hypnotic medication (sleeping pill) use in exam 9

#### Code or Value Description

0	No hypnotic medication usage	
1	Hypnotic medication usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

#### **HYPNOTICS\_CORE10**

Variable name: hypnotics core10

Description: Interim history of hypnotic medication (sleeping pill) use in exam 10

#### Code or Value Description

0	No hypnotic medication usage	
1	Hypnotic medication usage	
	Did not attend exam/Unknown	

**Note:** This variable is based on ATC coded datasets. Refer to appendix/R code for more information.

Appendix - Derived Variables: Depression and Anxiety

#### **Derived variable: Depression**

The condition of depression with a suffix to indicate the core exam number – depression\_core – is derived based on two variables:

Antidepressant (antidepressants\_core): Interim history of antidepressant medication use

- 0 No antidepressant usage
- 1 Antidepressant usage
- . Did not attend exam/Unknown

CDI (cdi depression core): Clinical diagnostic impression

- 0 No clinical diagnostic impression for depression
- 1 Clinical diagnostic impression for depression
- . Did not attend exam/Unknown

#### **EXAMS 7-10**

Logic programming:

Antidepressant	CDI	Depression
1	1	1
1	0	1
0	1	0
0	0	0
•	1	1
	0	0
1	•	1
0		0
•	•	

#### **Derived variable: Anxiety**

The condition of depression with a suffix to indicate the core exam number – anxiety\_core – is derived based on two variables:

Anxiolytics (anxiolytics core): Interim history of antidepressant medication use

- 0 No anxiolytic usage
- 1 Anxiolytic usage
- . Did not attend exam/Unknown

CDI (cdi\_anxiety\_core): Clinical diagnostic impression

- 0 No clinical diagnostic impression for anxiety
- 1 Clinical diagnostic impression for anxiety
- . Did not attend exam/Unknown

#### **EXAMS 8-10**

Logic programming:

Logic programming.			
Anxiolytic	CDI	Anxiety	
1	1	1	
1	0	1	
0	1	0	
0	0	0	
	1	1	
	0	0	
1		1	
0		0	

# **ATC codes for antidepressants**

ATC CODE FOR MEDICATION OR FIRST DRUG IN COMPOUND	MEDICATION	Notes
N06AA01	Desipramine	
N06AA02	Imipramine	
N06AA03	Imipramine oxide	
N06AA04	Clomipramine	
N06AA05	Opipramol	
N06AA06	Trimipramine	
N06AA07	Lofepramine	
N06AA08	Dibenzepin	
N06AA09	Amitriptyline	*tricyclics also used for pain/neuropathy
N06AA10	Nortriptyline	*tricyclics also used for pain/neuropathy
N06AA11	Protriptyline	
N06AA12	Doxepin	
N06AA13	Iprindole	
N06AA14	Melitracen	
N06AA15	Butriptyline	
N06AA16	Dosulepin	
N06AA17	Amoxapine	
N06AA18	Dimetacrine	
N06AA19	Amineptine	
N06AA21	Maprotiline	
N06AA23	Quinupramine	
N06AB02	Zimeldine	
N06AB03	Fluoxetine	
N06AB04	Citalopram	
N06AB05	Paroxetine	
N06AB06	Sertraline	
N06AB07	Alaproclate	
N06AB08	Fluvoxamine	
N06AB09	Etoperidone	
N06AB10	Escitalopram	
N06AF01	Isocarboxazid	
N06AF02	Nialamide	

# Appendix – Antidepressant ATC codes

NO6AF03 Pheneizine NO6AF04 Tranylcypromine NO6AF05 Iproniazide NO6AF06 Iproclozide NO6AG02 Moclobemide NO6AG03 Toloxatone NO6AX01 Oxitriptan NO6AX02 Tryptophan NO6AX03 Mianserin NO6AX04 Nomifensine NO6AX05 Trazodone NO6AX06 Nefazodone NO6AX07 Minaprine NO6AX08 Bifemelane NO6AX09 Viloxazine NO6AX10 Oxaflozane NO6AX11 Mirtazapine NO6AX11 Mirtazapine NO6AX13 Medifoxamine NO6AX14 Tianeptine NO6AX15 Pivagabine NO6AX16 Venlafaxine NO6AX17 Milnacipran NO6AX18 Reboxetine NO6AX19 Gepirone NO6AX20 Agomelatine NO6AX21 Duloxetine NO6AX21 Duloxetine NO6AX21 Duloxetine NO6AX22 Agomelatine NO6AX23 Desvenlafaxine NO6AX24 vilazodone NO6AX25 Hyperici herba *St Johns Wort NO6AX27 esketamine NO6AX28 levomilnacipran		1 - 1 - 1 - 1	
N06AF05   Iproniazide   N06AF06   Iproclozide   N06AG02   Moclobemide   N06AG03   Toloxatone   N06AX01   Oxitriptan   N06AX02   Tryptophan   N06AX03   Mianserin   N06AX04   Nomifensine   N06AX05   Trazodone   N06AX06   Nefazodone   N06AX07   Minaprine   N06AX08   Bifemelane   N06AX09   Viloxazine   N06AX10   Oxaflozane   N06AX11   Mirtazapine   N06AX13   Medifoxamine   N06AX14   Tianeptine   N06AX15   Pivagabine   N06AX16   Venlafaxine   N06AX17   Milnacipran   N06AX18   Reboxetine   N06AX19   Gepirone   N06AX20   Agomelatine   N06AX21   Duloxetine   N06AX22   Agomelatine   N06AX24   Vilazodone   N06AX25   Hyperici herba   *St Johns Wort   N06AX27   esketamine   N06AX28   levomilnacipran	N06AF03	Phenelzine	
N06AF06 Iproclozide N06AG02 Moclobemide N06AG03 Toloxatone N06AX01 Oxitriptan N06AX02 Tryptophan N06AX03 Mianserin N06AX04 Nomifensine N06AX05 Trazodone N06AX06 Nefazodone N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX11 Mirtazapine N06AX14 Tianeptine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX27 esketamine N06AX27 esketamine N06AX28 levomilnacipran			
N06AG02MoclobemideN06AG03ToloxatoneN06AX01OxitriptanN06AX02TryptophanN06AX03MianserinN06AX04NomifensineN06AX05TrazodoneN06AX06NefazodoneN06AX07MinaprineN06AX08BifemelaneN06AX10OxaflozaneN06AX11MirtazapineN06AX13MedifoxamineN06AX14TianeptineN06AX15PivagabineN06AX16VenlafaxineN06AX17MilnacipranN06AX18ReboxetineN06AX19GepironeN06AX20AgomelatineN06AX21DuloxetineN06AX23DesvenlafaxineN06AX24VilazodoneN06AX25Hyperici herba*St Johns WortN06AX27esketamineN06AX28levomilnacipran		•	
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N06AX02 Tryptophan N06AX03 Mianserin N06AX04 Nomifensine N06AX05 Trazodone N06AX06 Nefazodone N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX27 esketamine N06AX27 esketamine N06AX28 levomilnacipran	N06AG03	Toloxatone	
N06AX03 Mianserin N06AX04 Nomifensine N06AX05 Trazodone N06AX06 Nefazodone N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX27 esketamine N06AX27 esketamine N06AX27 esketamine N06AX28 levomilnacipran	N06AX01	Oxitriptan	
N06AX04 Nomifensine N06AX05 Trazodone N06AX06 Nefazodone N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 Vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX27 esketamine N06AX27 esketamine N06AX27 esketamine	N06AX02	Tryptophan	
N06AX05 Trazodone N06AX06 Nefazodone N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX27 esketamine N06AX27 esketamine N06AX28 levomilnacipran	N06AX03	Mianserin	
N06AX06 Nefazodone N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX26 vortioxetine N06AX27 esketamine N06AX28 levomilnacipran	N06AX04	Nomifensine	
N06AX07 Minaprine N06AX08 Bifemelane N06AX09 Viloxazine N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX26 vortioxetine N06AX27 esketamine N06AX28 levomilnacipran	N06AX05	Trazodone	
N06AX08BifemelaneN06AX09ViloxazineN06AX10OxaflozaneN06AX11MirtazapineN06AX13MedifoxamineN06AX14TianeptineN06AX15PivagabineN06AX16VenlafaxineN06AX17MilnacipranN06AX18ReboxetineN06AX19GepironeN06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX06	Nefazodone	
N06AX10	N06AX07	Minaprine	
N06AX10 Oxaflozane N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX26 vortioxetine N06AX27 esketamine N06AX28 levomilnacipran	N06AX08	Bifemelane	
N06AX11 Mirtazapine N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX26 vortioxetine N06AX27 esketamine N06AX28 levomilnacipran	N06AX09	Viloxazine	
N06AX13 Medifoxamine N06AX14 Tianeptine N06AX15 Pivagabine N06AX16 Venlafaxine N06AX17 Milnacipran N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX26 vortioxetine N06AX27 esketamine N06AX28 levomilnacipran	N06AX10	Oxaflozane	
N06AX14TianeptineN06AX15PivagabineN06AX16VenlafaxineN06AX17MilnacipranN06AX18ReboxetineN06AX19GepironeN06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX11	Mirtazapine	
N06AX15PivagabineN06AX16VenlafaxineN06AX17MilnacipranN06AX18ReboxetineN06AX19GepironeN06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX13	Medifoxamine	
N06AX16VenlafaxineN06AX17MilnacipranN06AX18ReboxetineN06AX19GepironeN06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX14	Tianeptine	
N06AX17MilnacipranN06AX18ReboxetineN06AX19GepironeN06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX15	Pivagabine	
N06AX18 Reboxetine N06AX19 Gepirone N06AX21 Duloxetine N06AX22 Agomelatine N06AX23 Desvenlafaxine N06AX24 vilazodone N06AX25 Hyperici herba *St Johns Wort N06AX26 vortioxetine N06AX27 esketamine N06AX28 levomilnacipran	N06AX16	Venlafaxine	
N06AX19GepironeN06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX17	Milnacipran	
N06AX21DuloxetineN06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX18	Reboxetine	
N06AX22AgomelatineN06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX19	Gepirone	
N06AX23DesvenlafaxineN06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX21	Duloxetine	
N06AX24vilazodoneN06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX22	Agomelatine	
N06AX25Hyperici herba*St Johns WortN06AX26vortioxetineN06AX27esketamineN06AX28levomilnacipran	N06AX23	Desvenlafaxine	_
N06AX26 vortioxetine  N06AX27 esketamine  N06AX28 levomilnacipran	N06AX24	vilazodone	
N06AX27esketamineN06AX28levomilnacipran	N06AX25	Hyperici herba	*St Johns Wort
N06AX28 levomilnacipran	N06AX26	vortioxetine	_
·	N06AX27	esketamine	
N06AX29 brexanolone	N06AX28	levomilnacipran	
	N06AX29	brexanolone	

# ATC codes for anxiolytics

ATC CODE FOR MEDICATION OR FIRST DRUG IN COMPOUND	MEDICATION	Notes
N05BA01	Diazepam	*=also used to treat seizures
N05BA02	Chlordiazepoxide	
N05BA03	Medazepam	
N05BA04	Oxazepam	
N05BA05	Potassium	
	clorazepate	
N05BA06	Lorazepam	*=also used to treat seizures
N05BA07	Adinazolam	
N05BA08	Bromazepam	
N05BA09	Clobazam	*=also used to treat seizures
N05BA10	Ketazolam	
N05BA11	Prazepam	
N05BA12	Alprazolam	
N05BA13	Halazepam	
N05BA14	Pinazepam	
N05BA15	Camazepam	
N05BA16	Nordazepam	
N05BA17	Fludiazepam	
N05BA18	Ethyl loflazepate	
N05BA19	Etizolam	
N05BA21	Clotiazepam	
N05BA22	Cloxazolam	
N05BA23	Tofisopam	
N05BA56	Lorazepam, combinat	ions
N05BB01	Hydroxyzine	*Also used as Antihistamine
N05BB02	Captodiame	
N05BB51	Hydroxyzine, combina	tions
N05BC01	Meprobamate	
N05BC03	Emylcamate	
N05BC04	Mebutamate	
N05BC51	Meprobamate, combi	nations
N05BD01	Benzoctamine	
N05BE01	Buspirone	
N05BX01	Mephenoxalone	

# Appendix – Anxiolytic ATC codes

N05BX02	Gedocarnil	
N05BX03	Etifoxine	
N05BX04	fabomotizole	
N05BX05	Lavandulae	*Lavender
	aetheroleum	

# ATC codes for hypnotics

ATC CODE FOR MEDICATION OR FIRST DRUG IN COMPOUND	MEDICATION	Notes
N05CA01	Pentobarbital	
N05CA02	Amobarbital	
N05CA03	Butobarbital	
N05CA04	Barbital	
N05CA05	Aprobarbital	
N05CA06	Secobarbital	
N05CA07	Talbutal	
N05CA08	Vinylbital	
N05CA09	Vinbarbital	
N05CA10	Cyclobarbital	
N05CA11	Heptabarbital	
N05CA12	Reposal	
N05CA15	Methohexital	
N05CA16	Hexobarbital	
N05CA19	Thiopental	
N05CA20	Etallobarbital	
N05CA21	Allobarbital	
N05CA22	Proxibarbal	
N05CB01	Combinations of barbiturates	*also used for migraine
N05CB02	Barbiturates in combination with other drugs	*also used for migraine
N05CC01	Chloral hydrate	
N05CC02	Chloralodol	
N05CC03	Acetylglycinamide chloral hydrate	
N05CC04	Dichloralphenazone	
N05CC05	Paraldehyde	
N05CD01	Flurazepam	
N05CD02	Nitrazepam	
N05CD03	Flunitrazepam	
N05CD04	Estazolam	
N05CD05	Triazolam	
N05CD06	Lormetazepam	
N05CD07	Temazepam	
N05CD08	Midazolam	*=also used to treat seizures

N05CD09	Brotizolam	
N05CD10	Quazepam	
N05CD11	Loprazolam	
N05CD12	Doxefazepam	
N05CD13	Cinolazepam	
N05CD14	remimazolam	
N05CD15	nimetazepam	
N05CE01	Glutethimide	
N05CE02	Methyprylon	
N05CE03	Pyrithyldione	
N05CF01	Zopiclone	
N05CF02	Zolpidem	
N05CF03	Zaleplon	
N05CF04	eszopiclone	
N05CH01	Melatonin	
N05CH02	ramelteon	
N05CH03	tasimelteon	
N05CM01	Methaqualone	
N05CM02	Clomethiazole	
N05CM03	Bromisoval	
N05CM04	Carbromal	
N05CM05	Scopolamine	*Also used for vertigo/Motion
		sickness
N05CM06	Propiomazine	
N05CM07	Triclofos	
N05CM08	Ethchlorvynol	
N05CM09	Valerian	
N05CM10	Hexapropymate	
N05CM11	Bromides	
N05CM12	Apronal	
N05CM13	Valnoctamide	
N05CM15	Methylpentynol	
N05CM16	Niaprazine	
N05CM17	Melatonin	
N05CM18	Dexmedetomidine	
N05CM19	suvorexant	
N05CM21	lemborexant	
N05CX01	Meprobamate, combinations	
N05CX02	Methaqualone, combinations	
N05CX03	Methylpentynol, combinations	

## Appendix – Hypnotic ATC codes

N05CX04	Clomethiazole, combinations	
N05CX05	Emepronium, combinations	
N05CX06	Dipiperonylaminoethanol, combinations	