Coding Manual for Physical Activity Curated Dataset for Omni 2 Cohort

Note:

1. This curated dataset contains physical activity information from Omni 2 cohort participants

2. There are 410 unique FHS participants within this dataset[*], with a total of 91 variables

3. Variables are generally grouped based on their origins (i.e., primary FHS dataset)

4. The format of the curated dataset is of wide format, with distinct variable names that allow users to tell the difference for repeated measurements of data of similar nature.

5. The corresponding Omni 2 core exams used in this dataset are as follow:

Omni 2 Exam Cycle	Suffix
1	_core1
2	_core2

6. For protocol descriptions and annotated forms of the primary datasets, refer to the respective documents of the individual source datasets.

[*] Depending on the source of the datasets, consent restrictions may affect the overall N.

framid

Variable name: framid
Description: Framingham ID assigned to each participant

Code or Value	Description	Count
720001 - 722400	OMNI 2 Framingham ID	410

idtype

Variable name: idtype
Description: Framingham Heart Study cohort identifier

Code or Value	Description	Count
72	OMNI 2	410

id

Variable name: id
Description: Framingham Heart Study participant identifier within a cohort

Code or Value	Description	Count
1 - 2400	ID	410

sleep_core1

Variable name: sleep_core1
Description: Hours of sleep per day reported at Exam 1

Code or Value	Description	Count
3 - 13	Number of hours	409
.	Unknown/Missing	1

sleep_core2

Variable name: sleep_core2
Description: Hours of sleep per day reported at Exam 2

Code or Value	Description	Count
4 - 10	Number of hours	321
.	Unknown/Missing	89

seden_core1

Variable name: seden_core1
Description: Hours of sedentary activity per day reported at Exam 1

Code or Value	Description	Count
1 - 18	Number of hours	409
.	Unknown/Missing	1

seden_core2

Variable name: seden_core2
Description: Hours of sedentary activity per day reported at Exam 2

Code or Value	Description	Count
1 - 16	Number of hours	320
.	Unknown/Missing	90

slightact_core1

Variable name: slightact_core1
Description: Hours of slight activity per day reported at Exam 1

Code or Value	Description	Count
0 - 17	Number of hours	409
.	Unknown/Missing	1

slightact_core2

Variable name: slightact_core2
Description: Hours of slight activity per day reported at Exam 2

Code or Value	Description	Count
1 - 18	Number of hours	320
.	Unknown/Missing	90

modact_core1

Variable name: modact_core1
Description: Hours of moderate activity per day reported at Exam 1

Code or Value	Description	Count
0 - 16	Number of hours	409
.	Unknown/Missing	1

modact_core2

Variable name: modact_core2
Description: Hours of moderate activity per day reported at Exam 2

Code or Value	Description	Count
0 - 10	Number of hours	320
.	Unknown/Missing	90

heavyact_core1

Variable name: heavyact_core1
Description: Hours of heavy activity per day reported at Exam 1

Code or Value	Description	Count
0 - 10	Number of hours	409
.	Unknown/Missing	1

heavyact_core2

Variable name: heavyact_core2
Description: Hours of heavy activity per day reported at Exam 2

Code or Value	Description	Count
0 - 8	Number of hours	319
.	Unknown/Missing	91

pai_core1

Variable name: pai_core1
Description: Physical Activity Index (PAI) at Exam 1
The calculation of pai_core1= 1 * sleep_core1 + 1.1 * seden_core1 + 1.5 * slightact_core1 + 2.4 * modact_core1 + 5 * heavyact_core1 (Tan et al., 2016)
- Sleeping (weighting factor [WF] = 1)
- Sedentary activity (WF = 1.1)
- Slight activity (WF = 1.5)
- Moderate activity (WF = 2.4)
- Heavy activities activity (WF = 5)

Code or Value	Description	Count
26.3 - 69.9	PAI value	409
.	Unknown/Missing	1

pai_core2

Variable name: pai_core2
Description: Physical Activity Index (PAI) at Exam 2
The calculation of pai_core2 = 1 * sleep_core2 + 1.1 * seden_core2 + 1.5 * slightact_core2 + 2.4 * modact_core2 + 5 * heavyact_core2 (Tan et al., 2016)
- Sleeping (weighting factor [WF] = 1)
- Sedentary activity (WF = 1.1)
- Slight activity (WF = 1.5)
- Moderate activity (WF = 2.4)
- Heavy activities activity (WF = 5)

Code or Value	Description	Count
26.1 - 58.2	PAI value	319
.	Unknown/Missing	91

modex18_core2

Variable name: modex18_core2
Description Moderate-to-vigorous exercise at least 3 times a week at 18 years of age reported at Exam 2

Code or Value	Description	Count
0	No	58
1	Yes	256
.	Unknown or younger than stated age	96

modex35_core2

Variable name: modex35_core2
Description: Moderate-to-vigorous exercise at least 3 times a week at 35 years of age reported at Exam 2

Code or Value	Description	Count
0	No	80
1	Yes	182
.	Unknown or younger than stated age	148

modex50_core2

Variable name: modex50_core2
Description: Moderate-to-vigorous exercise at least 3 times a week at 50 years of age reported at Exam 2

Code or Value	Description	Count
0	No	51
1	Yes	84
.	Unknown or younger than stated age	275

aerobic _core1

Variable name: aerobic_core1
Description: Average amount of time per week spent doing aerobic exercise (e.g., aerobic dance, ski or stair machine, etc.) during the past year reported at Exam 1

Code or Value	Description	Count
0	None	233
1	1 - 4 minutes	7
2	5 - 19 minutes	16
3	20 - 59 minutes	31
4	1 hour	30
5	1 - 1.5 hours	23
6	2 - 3 hours	32
7	4 - 6 hours	28
8	7 - 10 hours	2
9	11+ hours	3
.	Unknown	5

bike _core1

Variable name: bike_core1
Description: Average amount of time per week spent bicycling (including stationary bike) during the past year reported at Exam 1

Code or Value	Description	Count
0	None	300
1	1 - 4 minutes	15
2	5 - 19 minutes	16
3	20 - 59 minutes	20
4	1 hour	15
5	1 - 1.5 hours	15
6	2 - 3 hours	15
7	4 - 6 hours	6
8	7 - 10 hours	3
9	11+ hours	3
.	Unknown	2

jog_core1

Variable name: jog_core1
Description: Average amount of time per week spent jogging (slower than 10 minutes/mile) during the past year reported at Exam 1

Code or Value	Description	Count
0	None	300
1	1 - 4 minutes	16
2	5 - 19 minutes	20
3	20 - 59 minutes	23
4	1 hour	13
5	1 - 1.5 hours	8
6	2 - 3 hours	16
7	4 - 6 hours	6
8	7 - 10 hours	5
9	11+ hours	0
.	Unknown	3

lowintense_core1

Variable name: lowintense_core1
Description: Average amount of time per week spent doing lower intensity exercise (e.g., yoga, stretching, toning) during the past year reported at Exam 1

Code or Value	Description	Count
0	None	209
1	1 - 4 minutes	16
2	5 - 19 minutes	30
3	20 - 59 minutes	51
4	1 hour	26
5	1 - 1.5 hours	35
6	2 - 3 hours	27
7	4 - 6 hours	9
8	7 - 10 hours	1
9	11+ hours	3
.	Unknown	3

run_core1

Variable name: run_core1
Description: Average amount of time per week spent running (≤10 minutes/mile) during the past year reported at Exam 1

Code or Value	Description	Count
0	None	315
1	1 - 4 minutes	14
2	5 - 19 minutes	11
3	20 - 59 minutes	23
4	1 hour	7
5	1 - 1.5 hours	14
6	2 - 3 hours	15
7	4 - 6 hours	6
8	7 - 10 hours	2
9	11+ hours	1
.	Unknown	2

stairs_core1

Variable name: stairs_core1
Description: Flights of stairs climbed each day reported at Exam 1 (1 flight = 10 stairs)

Code or Value	Description	Count
0	No flights	25
1	1 - 2 flights	54
2	3 - 4 flights	88
3	5 - 9 flights	106
4	10 -14 flights	71
5	>15 flights	63
.	Unknown	3

swim_core1

Variable name: swim_core1
Description: Average amount of time per week spent lap swimming during the past year reported at Exam 1

Code or Value	Description	Count
0	None	330
1	1 - 4 minutes	22
2	5 - 19 minutes	17
3	20 - 59 minutes	14
4	1 hour	6
5	1 - 1.5 hours	4
6	2 - 3 hours	10
7	4 - 6 hours	3
8	7 - 10 hours	0
9	11+ hours	1
.	Unknown	3

tennis_core1

Variable name: tennis_core1
Description: : Average amount of time per week spent playing tennis, squash, or racquetball during the past year reported at Exam 1

Code or Value	Description	Count
0	None	348
1	1 - 4 minutes	7
2	5 - 19 minutes	7
3	20 - 59 minutes	12
4	1 hour	10
5	1 - 1.5 hours	6
6	2 - 3 hours	9
7	4 - 6 hours	6
8	7 - 10 hours	1
9	11+ hours	0
.	Unknown	4

vigex_core1

Variable name: vigex_core1
Description: Average amount of time per week spent doing vigorous exercise (e.g., lawn mowing) during the past year reported at Exam 1

Code or Value	Description	Count
0	None	229
1	1 - 4 minutes	14
2	5 - 19 minutes	28
3	20 - 59 minutes	31
4	1 hour	27
5	1 - 1.5 hours	20
6	2 - 3 hours	41
7	4 - 6 hours	13
8	7 - 10 hours	2
9	11+ hours	3
.	Unknown	2

walk_core1

Variable name: walk_core1
Description: Average amount of time per week spent walking for exercise or walking to work during the past year reported at Exam 1

Code or Value	Description	Count
0	None	67
1	1 - 4 minutes	11
2	5 - 19 minutes	31
3	20 - 59 minutes	58
4	1 hour	32
5	1 - 1.5 hours	47
6	2 - 3 hours	77
7	4 - 6 hours	52
8	7 - 10 hours	23
9	11+ hours	10
.	Unknown	2

walkpace_core1

Variable name: walkpace_core1
Description: Normal walking pace outdoor reported at Exam 1

Code or Value	Description	Count
0	Unable to walk	0
1	Easy, casual, slow (e.g., less than 2 miles per hour)	70
2	Normal, average (e.g., 2 to 2.9 miles per hour)	198
3	Brisk pace (e.g., 3 to 3.9 miles per hour)	123
4	Very brisk pace (e.g., 4 to 4.9 miles per hour)	18
.	Unknown	1

weights_core1

Variable name: weights_core1
Description: Average amount of time per week spent doing weight training, including free weights or machines, during the past year reported at Exam 1

Code or Value	Description	Count
0	None	243
1	1 - 4 minutes	13
2	5 - 19 minutes	22
3	20 - 59 minutes	37
4	1 hour	30
5	1 - 1.5 hours	19
6	2 - 3 hours	27
7	4 - 6 hours	11
8	7 - 10 hours	3
9	11+ hours	1
.	Unknown	4

bike _core2

Variable name: bike_core2
Description: Biked faster than 10 miles/hour, or exercised hard on an exercise bicycle or other machine, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	172
1	Yes	149
.	Unknown	89

bikemon_core2

Variable name: bikemon_core2
Description: Number of months spent biking faster than 10 miles/hour, or exercising hard on an exercise bicycle or other machine, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

bikefreq_core2

Variable name: bikefreq_core2
Description: Number of times per month spent biking faster than 10 miles/hour or exercised hard on an exercise bicycle or other machine in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

biketime_core2

Variable name: biketime_core2
Description: Average amount of time spent biking faster than 10 miles/hour or exercised hard on an exercise bicycle or other machine on each time in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 14400	Number of seconds	321
.	Unknown	89

bowl_core2

Variable name: bowl_core2
Description: Bowled or played golf in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	267
1	Yes	54
.	Unknown	89

bowlmon_core2

Variable name: bowlmon_core2
Description: Number of months spent bowling or playing golf in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

bowlfreq_core2

Variable name: bowlfreq_core2
Description: Number of times per month spent bowling or playing golf in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

bowltime_core2

Variable name: bowltime_core2
Description: Average amount of time spent bowling or playing golf on each time in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 21600	Number of seconds	321
.	Unknown	89

calisth_core2

Variable name: calisth_core2
Description: Did home exercise or calisthenics in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	205
1	Yes	116
.	Unknown	89

calisthmon_core2

Variable name: calisthmon_core2
Description: Number of months spent doing home exercise or calisthenics in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

calisthfreq_core2

Variable name: bowlfreq_core2
Description: Number of times per month spent doing home exercise or calisthenics in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

calisthtime_core2

Variable name: calisthtime_core2
Description: Average amount of time spent doing home exercise or calisthenics in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 5400	Number of seconds	321
.	Unknown	89

homeact_core2

Variable name: homeact_core2
Description: Home activities, such as snow shoveling, moving heavy objects, or weight lifting (including weight training), in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	113
1	Yes	207
.	Unknown	90

homeactmon_core2

Variable name: homeactmon_core2
Description: Number of months spent doing home activities, such as snow shoveling, moving heavy objects, or weight lifting (including weight training), in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	320
.	Unknown	90

homeactfreq_core2

Variable name: homeactfreq_core2
Description: Number of times per month spent doing home activities, such as snow shoveling, moving heavy objects, or weight lifting (including weight training), in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	318
.	Unknown	92

homeacttime_core2

Variable name: homeacttime_core2
Description: Average amount of time spent doing home activities, such as snow shoveling, moving heavy objects, or weight lifting (including weight training), in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 18000	Number of seconds	319
.	Unknown	91

homemaintain_core2

Variable name: homemaintain_core2
Description: Home maintenance or gardening, including carpentry, painting, raking, mowing, etc., in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	138
1	Yes	183
.	Unknown	89

homemaintainmon_core2

Variable name: homemaintainmon_core2
Description: Number of months spent doing home maintenance or gardening, including carpentry, painting, raking, mowing, etc. in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

homemaintainfreq_core2

Variable name: homemaintainfreq_core2
Description: Number of times per month spent doing home maintenance or gardening, including carpentry, painting, raking, mowing, etc. in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

homemaintaintime_core2

Variable name: homemaintaintime_core2
Description: Average amount of time spent doing home maintenance or gardening, including carpentry, painting, raking, mowing, etc. in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 21600	Number of seconds	320
.	Unknown	90

jog_core2

Variable name: jog_core2
Description: Jogging or running in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	221
1	Yes	100
.	Unknown	89

jogmon_core2

Variable name: jogmon_core2
Description: Number of months spent jogging or running in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

jogfreq_core2

Variable name: jogfreq_core2
Description: Number of times per month spent jogging or running in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 24	Number of times per month	67
.	Unknown	36

jogtime_core2

Variable name: jogtime_core2
Description: Average amount of time jogging or running in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 10800	Number of seconds	321
.	Unknown	89

nonstren_core2

Variable name: nonstren_core2
Description: Non-strenuous sports, such as softball, shooting baskets, volleyball, ping pong, or leisurely jogging, swimming or biking, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	211
1	Yes	110
.	Unknown	89

nonstrenmon_core2

Variable name: nonstrenmon_core2
Description: Number of months spent doing non-strenuous sports, such as softball, shooting baskets, volleyball, ping pong, or leisurely jogging, swimming or biking, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

nonstrenfreq_core2

Variable name: nonstrenfreq_core2
Description: Number of times per month spent doing non-strenuous sports, such as softball, shooting baskets, volleyball, ping pong, or leisurely jogging, swimming or biking, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

nonstrentime_core2

Variable name: nonstrentime_core2
Description: Average amount of time doing non-strenuous sports, such as softball, shooting baskets, volleyball, ping pong, or leisurely jogging, swimming or biking, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 10800	Number of seconds	321
.	Unknown	89

strensport_core2

Variable name: strensport_core2
Description: Did strenuous sports, such as basketball, football, skating, skiing, etc., in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	248
1	Yes	72
.	Unknown	90

strensportmon_core2

Variable name: strensportmon_core2
Description: Number of months spent doing strenuous sports, such as basketball, football, skating, skiing, etc., in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	320
.	Unknown	90

strensportfreq_core2

Variable name: strensportfreq_core2
Description: Number of times per month spent doing strenuous sports, such as basketball, football, skating, skiing, etc., in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	320
.	Unknown	90

strensporttime_core2

Variable name: strensporttime_core2
Description: Average amount of time doing other strenuous sports, such as basketball, football, skating, skiing, etc., in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 28800	Number of seconds	320
.	Unknown	90

swim_core2

Variable name: swim_core2
Description: Swam in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	285
1	Yes	36
.	Unknown	89

swimmon_core2

Variable name: swimmon_core2
Description: Number of months spent swimming in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

swimfreq_core2

Variable name: swimfreq_core2
Description: Number of times per month spent swimming in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

swimtime_core2

Variable name: swimtime_core2
Description: Average amount of time swimming in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 5400	Number of seconds	321
.	Unknown	89

vigclass_core2

Variable name: vigclass_core2
Description: Did a vigorous exercise class or vigorous dancing in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	235
1	Yes	86
.	Unknown	89

vigclassmon_core2

Variable name: vigclassmon_core2
Description: Number of months spent doing a vigorous exercise class or vigorous dancing in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

vigclassfreq_core2

Variable name: vigclassfreq_core2
Description: Number of times per month spent doing a vigorous exercise class or vigorous dancing in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 26	Number of times per month	321
.	Unknown	89

vigclasstime_core2

Variable name: vigclasstime_core2
Description: Average amount of time doing a vigorous exercise class or vigorous dancing in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 14400	Number of seconds	321
.	Unknown	89

vigjob_core2

Variable name: vigjob_core2
Description: Vigorous job activities, such as lifting, carrying, or digging, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	261
1	Yes	60
.	Unknown	89

vigjobmon_core2

Variable name: vigjobmon_core2
Description: Number of months spent doing vigorous job activities, such as lifting, carrying, or digging, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

vigjobfreq_core2

Variable name: vigjobfreq_core2
Description: Number of times per month spent doing vigorous job activities, such as lifting, carrying, or digging, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 40	Number of times per month	320
.	Unknown	90

vigjobtime_core2

Variable name: vigjobtime_core2
Description: Average amount of time doing vigorous job activities, such as lifting, carrying, or digging, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 28800	Number of seconds	320
.	Unknown	90

vigsport_core2

Variable name: vigsport_core2
Description: Vigorous racket sports in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	290
1	Yes	31
.	Unknown	89

vigsportmon_core2

Variable name: vigsportmon_core2
Description: Number of months spent doing vigorous racket sports in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

vigsportfreq_core2

Variable name: vigsportfreq_core2
Description: Number of times per month spent doing vigorous racket sports in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 20	Number of times per month	321
.	Unknown	89

vigsporttime_core2

Variable name: vigsporttime_core2
Description: Average amount of time doing vigorous racket sports in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 10800	Number of seconds	321
.	Unknown	89

walkwork_core2

Variable name: walkwork_core2
Description: Took walks or hiked or walked to work in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	102
1	Yes	219
.	Unknown	89

walkworkmon_core2

Variable name: walkworkmon_core2
Description: Number of months spent taking walks or hiking or walking to work in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

walkworkfreq_core2

Variable name: walkworkfreq_core2
Description: Number of times per month spent taking walks or hiking or walking to work in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 40	Number of times per month	321
.	Unknown	89

workwalktime_core2

Variable name: workwalktime_core2
Description: Average amount of time doing taking walks or hiking or walking to work in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 21600	Number of seconds	321
.	Unknown	89

weights_core2

Variable name: weights_core2
Description: Weight training, including free weights or machines, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0	No	212
1	Yes	209
.	Unknown	89

weightsmon_core2

Variable name: weightsmon_core2
Description: Number of months spent doing weight training, including free weights or machines, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 12	Number of months per year	321
.	Unknown	89

weightsfreq_core2

Variable name: weightsfreq_core2
Description: Number of times per month spent doing weight training, including free weights or machines, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 30	Number of times per month	321
.	Unknown	89

weightstime_core2

Variable name: weightstime_core2
Description: Average amount of time doing weight training, including free weights or machines, in the past 12 months reported at Exam 2

Code or Value	Description	Count
0 - 7200	Number of seconds	321
.	Unknown	89

compleisure_core2

Variable name: compleisure_core2
Description: Number of hours per day using a computer or playing computer games or playing video games in the past week reported at Exam 2

Code or Value	Description	Count
0	None or <1 hour	141
1	1 hour	87
2	2 hours	50
3	3 hours	22
4	4 hours	10
5	5 hours or more	11
.	Unknown	89

sitleisure_core2

Variable name: sitleisure_core2
Description: Number of hours per day sitting and watching TV or videos in the past week reported at Exam 2

Code or Value	Description	Count
0	None or <1 hour	49
1	1 hour	69
2	2 hours	120
3	3 hours	38
4	4 hours	27
5	5 hours or more	18
.	Unknown	89

sitatwork_core2

Variable name: sitatwork_core2
Description: Sitting at work reported at Exam 2

Code or Value	Description	Count
0	Never (e.g., 0 hours)	29
1	Seldom	21
2	Sometimes	47
3	Often	87
4	Always	77
.	Unknown or did not work	149

standatwork_core2

Variable name: standatwork_core2
Description: Standing at work reported at Exam 2

Code or Value	Description	Count
0	Never (e.g., 0 hours)	6
1	Seldom	42
2	Sometimes	81
3	Often	82
4	Always	50
.	Unknown or did not work	149

walkatwork_core2

Variable name: walkatwork_core2
Description: Walked at work reported at Exam 2

Code or Value	Description	Count
0	Never (e.g., 0 hours)	12
1	Seldom	36
2	Sometimes	87
3	Often	73
4	Always	53
.	Unknown or did not work	149