Implementing 'Gordon': A NAO Robot Receptionist to Enhance Efficiency in Critical Services Using Choregraphe and Python

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Abstract—This paper presents what is in this abstract. Index Terms—NAO Robot, Human Robot Interaction.

I. INTRODUCTION

The purpose of this project is to use a Nao robotic platform to effectively perform a task that requires direct interaction with human. There are many different metrics that can be used to quantify the success of such a system, but as a broader definition an effective system should be able to receive and convey relevant information to an untrained user to achieve a wider goal.

A task that lends itself to this project brief is a reception environment, particularly in a medical setting. According to Mallorie (2024), managerial staff shortages within the NHS has pushed clinical staff to spend more time on administrative task over patient-facing care. To effectively reduce staffing requirements and thus make the running of medical centres less resource intensive, robotic systems can be integrated to alleviate the bulk of repetitive tasks. A good low-risk opportunity for this kind of integration is within a receptionist role where any possible errors are of a significantly lower severity than other roles (e.g. medical diagnosis and treatment). A study conducted by Sutherland et al(2019) tested the concept of a robotic receptionist for medical purposes, concluding that the robot displayed a "proffesional level of friendliness" that made it suited the role. However, the testing used a Wizard-of-Oz method with the robot only used as the interface between a user and a remote operator. Had all the behaviours been generated by the robot, there could have been a significant difference in how it was perceived by users.

Methods to create a sense of authority for robots has been explored through many different ways, many of which can be implemented within this project. Rae et al(2013) explored the effect of height on robotic telepresence systems, concluding that a shorter "leader" was less persuasive for a the human follower. As well as the robot's stature, Rossi (2017) found that contextual information such as the location of an interaction helped users infer the robot's role.

Appearance has been argued to be a less important factor by Natarajan and Gombolay (2020) who tested a variety of

different variables for artificial agents, with behaviour being "the most significant factors in predicting the trust and compliance with the robot" rather than physical appearance. A Nao platform has been used by Cormier (2013) to test the limitations of such compliance, finding that users would refuse to follow challenging orders from a robot if factors such as perceived intelligence or professionalism were compromised.

II. LITERATURE REVIEW

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III. DESIGN AND METHODOLOGY

Our NAO-based receptionist system was designed with two main objectives:

- 1) Streamlining patient check-in and
- 2) Maintaining user trust and engagement.

A. Overview of System States

Figure 1 illustrates our finite state machine, implemented using Aldebaran's Choregraphe and Python scripts:

- 1) Face Detection (State 0): NAO continuously scans for faces. If a recognised face is detected, it waits for user input. This ensures worker's face(s) are stored in the form of initialisation.
- Wave Detection (State 1): A Mediapipe-based script running in Python identifies a waving hand signal. Upon detection, the system transitions to direct interaction mode.
- Check-in Interaction (State 2): NAO initiates a spoken dialogue to ask for appointment details. It uses inbuilt speech recognition configured for British English.
- 4) Email Notification (State 3): On successful check-in, NAO sends an automated email to the relevant staff member. To circumvent network restrictions on SMTP, local testing used a laptop-based hotspot, with a fallback plan of staff intervention.
- Feedback Collection (State 4): NAO requests a brief rating from the user, storing any comments for later review.

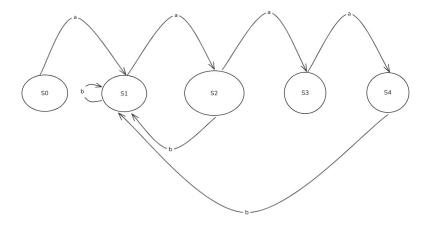


Figure 1. Different States and their Connections

B. Hardware and Software Setup

We ran Choregraphe on a laptop that communicates with the NAO robot over Wi-Fi. For gestures, a laptop-mounted camera and a Python-based Mediapipe module detect and interpret waving motions. Whenever network blocks occurred (e.g. institutional firewalls), we redirected connections through a personal hotspot to ensure uninterrupted email functionality.

C. Design Rationale

We opted for a height-aligned placement of NAO to improve authority and user engagement, as recommended by Rae et al.[2]. This also aligns with Sutherland et al.[3], who showed the benefits of a robotic receptionist in clinical settings. Our approach expands on their Wizard-of-Oz study by allowing NAO to generate all behaviours without remote operators.

D. Contingency Measures

In practice, user trust decreases sharply when robots show consistent errors, as reported by Bistolfi [1]. Therefore, we embedded clear fallback steps:

• If the reservation checkin fails, staff are alerted via an email.

E. Motion Control

Animating the Nao robot was key to building rapport and assisting in converting a sense of authority. Not only does it make the robot appear more humanlike but also masks the inevitable pauses during dialogue, allowing for smoother and more natural interaction with the user. The actions could also assist in conveying intention or information, helping guide the conversation to a coherent conclusion.

When requesting the Nao to perform multiple animations it can often interrupt itself, leading to unnatural jolting motion that breaks the more organic conversation. To resolve this, actions were managed by an entirely separate looping function within the code. Other states (see *Overview of System States* section) would make requests for specific actions to this function, which would then be carried out as soon as the current action is finished. When no actions were requested,

a default "resting" animation would be conducted to continue the loop. This ensured actions never cut each other off, however did allow for a small varying delay between requesting and conducting an action. The delay was deemed insignificant enough to remain unnoticed during conversation, especially compared to the alternative unnatural and jolting motion displayed beforehand.

IV. TESTING AND RESULTS

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V. FUTURE WORK

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VI. CONCLUSION

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