

Robert Smith

Mental Health Professional

PERSONAL STATEMENT

A position in the field of Social Services requiring an effective communicator with excellent counseling skills, a proactive style of management, and the ability to work with diverse populations.

WORK EXPERIENCE

Mental Health Professional **ABC Corporation - April 2013 - July 2013**

Responsibilities:

- Provided behavioral health services throughout the metro area.
- Services include but are not limited to mental health counseling, substance abuse treatment, assessment and referral services, crisis intervention, medication management, community programming, parenting, and continuous education for mental health professionals.
- Provided services in clients homes, schools, employment location or other appropriate community locations and our clinics and emphasizes cognitive/behavioral treatment, solution-focused and problem-solving modalities; and provide play therapy and client and person-centered interventions.
- Maintained confidentiality of records relating to clients treatment.
- Assessed patients for risk of suicide attempts.
- Encouraged clients to express their feelings and discuss what is happening in their lives, helping them to develop insight into themselves or their relationships.
- Collected information about clients through interviews, observation, or tests.

Mental Health Professional **ABC Corporation - 2008 - 2013**

Responsibilities:

- Was the primary therapist for those with chronic mental illness on a specialized housing unit within a maximum security prison.
- Responsible for creating and updating individualized treatment plans based upon needs for the offenders.
- Create positive milieu on the unit in efforts to decrease hostility and aggression among the offenders.
- Provided therapy services for those general population offenders on a weekly basis to help address mental health needs.
- Coordinated and executed several groups for those with chronic mental illness such as DBT, Stress Management, Coping Skills, and Hygiene.
- Provide care for a case load of about 50 offenders with chronic mental illness and 75 offenders in General population.
- Gained a lot of experience and insight working with adult males diagnosed with Borderline Personality Disorder, Antisocial Personality Disorder, Schizophrenia and Depression - Performed administrative duties such as, attending cross system meetings, completing case

CONTACT DETAILS

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SKILLS

Basic Proficiency in
Spanish.

LANGUAGES

English (Native)
French (Professional)
Spanish (Professional)

INTERESTS

Climbing
Snowboarding
Cooking
Reading

REFERENCES

Reference - 1 (Company
Name)
Reference - 2 (Company
Name)

notes, filing paperwork, case consultations and coordination with prison officials..

Education

Master's of Social Work - (Southern University at New Orleans - New Orleans, LA)