

ROBERT SMITH

Art Therapy Intern/Executive

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To Promote a strengths-based, client-centered approach to assisting clients in achieving individual goals that would support their achieving wellness and recovery and transitioning to the least restrictive setting given their capabilities

JANUARY 2016 - MAY 2016

ART THERAPY INTERN/EXECUTIVE - ABC CORPORATION

- Provided Art Therapy services to adults in long term care at a state facility.
- Co-Facilitated a music/art therapy group with a certified music therapist.
- Co-Facilitated a mens self esteem group with a licensed psychologist.
- Facilitated individual sessions with clients with a wide range of diagnoses, including Schizophrenia, Paranoid Type, Conversion Disorder, Bipolar Disorder with psychotic features, and Schizoaffective Personality Disorder, Bipolar type, working closely with each clients needs to set treatment goals.
- Worked with clients in both individual and group settings who have a legal status of NGRI.
- Conducted Art Therapy Projective Imagery Assessment to assess client artwork, behavior, and verbalizations in order to form a diagnostic impression and to identify treatment goals and strengths.
- Wrote clinical progress notes for each session.

2014 - 2016

ART THERAPY INTERN - DELTA CORPORATION

- Provided Art Therapy services to adolescents in a residential facility receiving treatment for emotional and behavioral issues, substance use, trauma, and sexual offenses (ages 11-17).
- Facilitated group therapy for adolescent girls to improve social skills, coping strategies, and abandonment issues.
- Facilitated group therapy for adolescent boys in the sexually reactive youth program, focusing on personal goals, safety, and ability to express emotions.
- Facilitated individual sessions, working closely with each clients clinical team to support established goals and with the client to form and explore new goals.
- Conducted Art Therapy Projective Imagery Assessment to assess client artwork, behavior, and verbalizations in order to form a diagnostic impression and to identify treatment goals and strengths.
- Wrote and submitted clinical progress notes for each session.
- Attended team meetings and provided in service training to staff.



EDUCATION

M.S. in Art Therapy and Counseling - (Eastern Virginia Medical School)

SKILLS

Microsoft Word, Powerpoint, Adobe Photoshop.