

# ROBERT SMITH

## Associate Art Therapy Intern

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### SUMMARY

Perform as a primary therapist treating individuals, groups, and families affected by addiction and/or mental illness by incorporating professional education, experience, and art therapy techniques into effective treatment that is supportive, challenging, and engages life in recovery.

### SKILLS

Substance Abuse Counselor, Art Therapist, Mental Health Counselor.

### WORK EXPERIENCE

#### Associate Art Therapy Intern

ABC Corporation - January 2013 – June 2013

- Provided individual and group therapy to children with mental and emotional disturbances.
- Conducted formal art therapy assessments to develop therapeutic goals.
- Created individualized art therapy interventions for individuals and classes.
- Utilized clay, scribble paint, open studio, and narrative techniques to help clients attain goals.
- Incorporated play, art, and yoga therapy into individual and group counseling sessions.
- Collaborated with the clinical team to counsel and involve families in therapeutic interventions.
- Developed directives and aid in the creative process alongside individuals in session.

#### Art Therapy Intern

Delta Corporation - 2008 – 2013

- Belmont Hospital, Philadelphia, PA Observed counseling strategies and techniques to determine patient diagnosis Interacted directly with supervisors .
- Hospital Practiced supervised and unsupervised art therapy in an open setting with veterans in an outpatient facility Collaborated with O.T.
- and ATR to create group and individual art therapy protocols Participated in group occupational therapy activities.
- Art Therapy Intern - Lawrence Public Schools Practiced supervised and unsupervised art therapy in a school setting Created individualized and group .
- in Brooklyn Practiced supervised and unsupervised art therapy in a Nursing home setting Collaborated with Recreation Therapist to create .
- Practiced supervised and unsupervised art therapy in a school setting for special needs and autism spectrum disorders Collaborated with ATRs to .
- Helped run an enrichment program for residents living with dementia.

### SCHOLASTICS

- Masters of Science - (Nazareth College of Rochester Stephen F. Austin State University)