

# ROBERT SMITH

## Associate Art Therapist

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### SUMMARY

Obtained a mental health support position where can use clinical, supervisory and administrative skills, and experience working with diverse populations with complex mental health needs.

### CORE COMPETENCIES

Program Management And Development, Servant Leadership.

### PROFESSIONAL EXPERIENCE

#### Associate Art Therapist

**Rappahanock Juvenile Detention Center - September 2013 – 2020**

##### Key Deliverables:

- Detained here before transitioning to a prison.
- Provided daily group art therapy instruction to children and adolescents who suffer from a variety of psychological.
- Focused and aimed at fostering rational thought, creativity, and a positive and realistic concept.
- Addressed specific needs, including issues related to substance abuse, trauma, crisis intervention coping strategies, and goal setting.
- Administered daily treatment directives including mindfulness exercises.
- Progressed is tracked through written responses and surveys.
- Facilitated group interactions with Motivational Interviewing techniques.

#### Art Therapist

**Delta Corporation - 2012 – 2013**

##### Key Deliverables:

- Ran groups and worked individually with pre-adolescents, adolescents and adults.
- Participated in clinical meetings and administered patient assessments.
- Introduced book making as a therapeutic model to staff and patients.
- Created a pre-adolescent girls group that concentrated on interaction with fellow peers and socialization issues.
- Plan and conduct art therapy groups for residents in long term care setting.
- Implement therapeutic art activities to enrich and enhance the mental, emotional and physical well- being of the residents.
- Modify art therapy treatment strategies and goals to match a clients needs, abilities and level of functioning.

### EDUCATION

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M.A. in Counseling and Art Therapy - 2010(Southwestern College - Santa Fe, NM)

