

Objective

Accomplished and well-rounded clinical psychologist demonstrating competence in a number of different areas. Experienced in teaching a wide variety of college courses, both online and in traditional college settings. Extensive experience conducting individual and group therapy. Extensive experience conducting psychological testing and writing psychological evaluations.

Skills

Psychotherapy, Assessment.

Work Experience

Licensed Clinical Psychologist II

Private Practice - September 2015 – 2020

- Specialized in chronic pain and illness, older adults and stress- related disorders.
- Worked utilizes the clients strengths to accomplish their self-identified goals.
- Provided the following assessment services neuropsychological screenings for memory challenges; functional behavioral assessment for dementia-related behaviors; and pre-surgical psychological screenings.
- Recognized the importance of working with the whole person, frequently collaborate with other health care providers and family members (where appropriate) to help facilitate the individuals growth and recovery.
- Co-facilitated time-limited group for parents with children with Attention Deficit Disorder.
- Participated in weekly staff meetings and monthly didactic presentations.
- Specialized in eating disorders, trauma, and addiction.

Licensed Clinical Psychologist

Delta Corporation - 2013 – 2015

- San Francisco and Novato, CA Trauma and Stress Recovery Center is a private, outpatient clinic offering a broad range of psychological and psychiatric services including Med-Legal Evaluations, clinical consultation, psychotherapy, pharmacotherapy, stress management, trauma treatment, chronic pain management as well as biofeedback.
- In this position, I am working as a licensed clinical psychologist.
- Specifically I provide consultation, diagnostic evaluations, collaborative care with other treatment providers, as well as individual psychotherapy.
- Conditions treated include anxiety, depression, adjustment disorders, PTSD, chronic pain and illness and early stage dementia.
- Also work with couples on the impact of trauma on family relationships.
- Specific techniques utilized include CBT, EMDR, biofeedback, sleep hygiene training, relaxation skill development as well as pain medication reduction strategies.
- Individual, couple, family therapy, Jungian therapy, trauma, EMDR, psychoneuroimmunology, 1982 - 2004 speaking, teaching, patterns of exceptional .

Education

Psy.D. in Clinical Psychology - September 2007(California School of Professional Psychology at Alliant International University - San Francisco, CA)