

## Objective

An interested individual in working as an Activity Director, Director of Social Engagement, or Event Coordinator. Have experience as a Director of Social Engagement and as an Art Therapist. Looking for a position that allows me to use creative ability to coordinate engaging, captivating, and enlivening events and activities that participants find meaningful.

## Skills

Sand Tray, ITT, Equine Therapy.

## Work Experience

### Art Therapy Intern/Representative

**ABC Corporation** - July 2015 – August 2015

- Met with medically fragile children ages 2-17 using art therapy as a means of calming, grounding, processing their illness and frightening experiences in treatment, and lastly; art was used as a bridge between the language barrier when English was often the foreign counterpart to the patients.
- Art therapy was focused on grounding the children as they mentally and emotionally prepared for another day of treatment that included shots, chemotherapy, blood tests, and radiation.
- Led three-hour morning group art therapy open studio with children in the oncology ward that were physically able to attend and participate.
- The open door group art studio in the lobby acted as a safe space to relieve their anxiety and fear waiting often hours to be seen by a doctor.
- Met with patients in the acute wards and ICU individually, bedside.
- Worked with them and their families using art therapy methods to process their journey seeking treatment, identifying hope, and the ability to find joy in the moment by engaging in art with their families.
- Planned and co-led art therapy groups for adults on an inpatient psychiatric unit.

### Art Therapy Intern

**Delta Corporation** - 2013 – 2015

- Developed the plan for setting up the first art therapy program within Chamberlain (Pre-k - 8th grade) and at Collegiate (9th grade - 12th grade).
- Observed and identified students who would benefit from art therapy services within the general education population, special education classrooms, and students diagnosed with an intellectual disability.
- Conducted art therapy assessments with students, ages 4-15.
- Conducted individual art therapy sessions with students on a weekly basis as well as met with students on a need-be basis for de-escalation or trauma processing in the event of a loss.
- Set up group art therapy sessions for female students struggling with anger, students prone to physical fighting and suspension, and a group specifically designed for students with an intellectual disability diagnoses.
- Identified students with developmental delays displayed in their art therapy assessments.
- Followed up with these identifications by recommending students for testing with the school psychologist in hopes to find a solution for their academic difficulties.

## Education

Master of Arts in Art Therapy - 2012(THE GEORGE WASHINGTON UNIVERSITY - Alexandria, VA)