

Heart Rhythm Assessment

Recorded on Mar 29, 2023 2:38 PM

42 yr (Sep 28, 1980) • Male

Normal Sinus Rhythm

Your heart rhythm appears normal.



Average
81 bpm



[25mm/s, 10mm/mV, 250 Hz] : [Qualitatively similar to a Lead I ECG]

About Fitbit's Heart Rhythm Assessment

How it works

We analyze data collected by the electrical sensors on your Fitbit device to determine if you have a normal sinus rhythm, an irregular heart rhythm suggestive of atrial fibrillation (AFib) or an inconclusive result.

Purpose & Performance

A convenient way to detect AFib. (This is not a diagnosis.) Our proprietary algorithm has been tested in a clinical study. (98.7% sensitivity, 100% specificity)