

# Heart Rhythm Assessment

Recorded on Mar 28, 2023 10:00 PM

23 yr (May 12, 1999) • Female

## Normal Sinus Rhythm

Your heart rhythm appears normal.



Average  
66 bpm



[ 25mm/s, 10mm/mV, 250 Hz ] : [ Qualitatively similar to a Lead I ECG ]

## About Fitbit's Heart Rhythm Assessment

### How it works

We analyze data collected by the electrical sensors on your Fitbit device to determine if you have a normal sinus rhythm, an irregular heart rhythm suggestive of atrial fibrillation (AFib) or an inconclusive result.

### Purpose & Performance

A convenient way to detect AFib. (This is not a diagnosis.) Our proprietary algorithm has been tested in a clinical study. (98.7% sensitivity, 100% specificity)