

# Personal Core Values

## FILJOY ALIA ADALA

Every value has objectives and realistic tasks, with the two main ones being that I should always prioritize what's best for me and behave with a light heart.

By spelling out my own name, I am just indicating that I will live by these principles and that I find them significant and worthwhile. I consider all of my personal fundamental beliefs to be significant and meaningful, and I firmly believe that no one can take these away from me, which empowers me to continue developing daily.

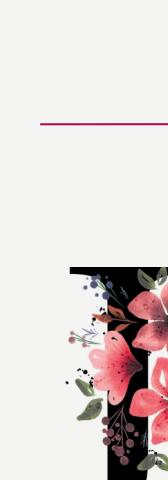
### Family Oriented

 Puts my family and loved ones at the core of my priorities. Being family-oriented, I focus on family values, draw strength from my family, lean on family in decision-making processes, and put the needs of the family ahead of my own.

### Independence

 To be independent means to be able to protect for oneself, to do what's required in order to make a life that fulfills me, and to choose a route that honors my uniqueness and independence.

### Loyalty

 Being devoted physically, mentally, and emotionally is what it means to be loyal. It entails opening up to someone and supporting them no matter how difficult things become. I genuinely care about healthy, happy relationships, and I believe that being open and honest about my feelings is an essential element for having

loyal partnerships. Since God is the center of my existence, it is most crucial that I remain faithful to him and have faith in him.

### Joy

 Full of producing great happiness

Adopting joy as my guiding principle, I embrace

true satisfaction not because I'm joyful but

rather because I've arrived at a place inside of

myself that fosters a deep reality, serenity, and

hope. Even in the midst of despair, joy is

possible for me, because joy opens my heart to

love.

### Optimism

 The feeling that all is going to turn out well

Optimism means a general disposition to

expect the best in all things. This is more

than "hoping for the best". Optimism is about

anticipating a better future. It's about

visualizing a great future before it happens.

### YES to Life!

 Being open and willing to say YES

to my goals, dreams, and visions

 Yes to every possible core value I

have and that I'm about to learn

and experience. Yes, to all the

possibilities in life.