



YoWo: The Young Woman with Breast Cancer Programme

Dr Ma Jun

Consultant

Division of Medical Oncology

National Cancer Centre Singapore

Ma.Jun@singhealth.com.sg

Ms A

29y F with cT2(25mm)N1M0 ER+ PR+ HER2- breast cancer

Married, no children, no family history, accountant

- Chemotherapy
- Surgery
- Radiotherapy
- Hormonal therapy
- Fertility consultation
- Genetics testing



HELP

The team



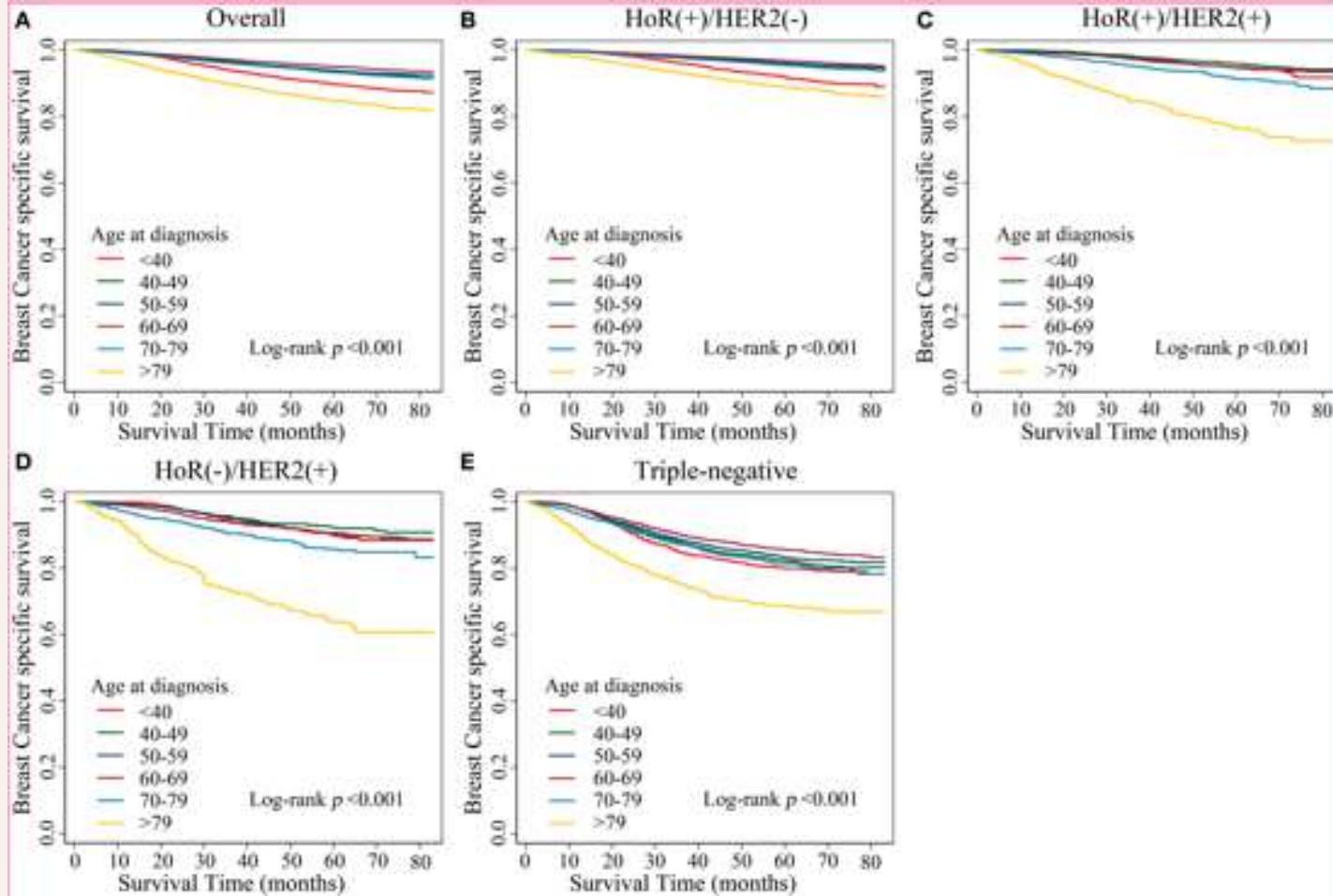
Team manager
Medical Oncologist
Radiation Oncologist
Surgical Oncologist
Breast Care Nurses

STATISTICS

Year of diagnosis	NCCS/SGH			SKH		
	All Breast Cancers	=< 40y	=< 40y (chemo)	All Breast Cancers	=< 40y	=< 40y (chemo)
2016	1528	174	106	-	-	-
2017	1542	152	90	2	-	-
2018	1407	135	74	30	4	3
2019	1308	120	69	135	8	5
2020	1204	101	55	162	15	7
2021	791	57	17	160	14	3

Source: Joint Breast Cancer Registry 03/08/2022

Prognostic Impact of Age



Women under the age of 40, diagnosed with HR+HER2- BrCa suffer the highest breast cancer specific mortality

Unique issues faced by YOWO with breast cancer

Presentation

- More diagnostic delays
- More advanced in younger women
- More aggressive

Biology

- More likely to be hormone receptor-negative
- Can be more aggressive than breast cancers in older women

Genetics

- Increased risk of having an inherited gene mutation
- Mutations within BRCA1 or BRCA2 are responsible for the majority of inherited breast cancer.

Prognosis

- Chances of survival for young women diagnosed with early breast cancer are good

Fertility

- Risk of premature menopause
- Risk of premature ovarian failure
- Risk of infertility

Psychosocial

- | | |
|--|--|
| <ul style="list-style-type: none">• Concerns on raising young children• Sexuality & Body Image• Romantic relationships• Disruptions in Career | <ul style="list-style-type: none">• Stress of prolonged survivorship• Fear of recurrence• Facing mortality at a much earlier age |
|--|--|

THE STRAITS TIMES



Headstart

> Latest

Money Mentor

Work Bestie

Life Guide

Beating breast cancer: How these women in their 20s, 30s and 40s survived and thrived

It's A

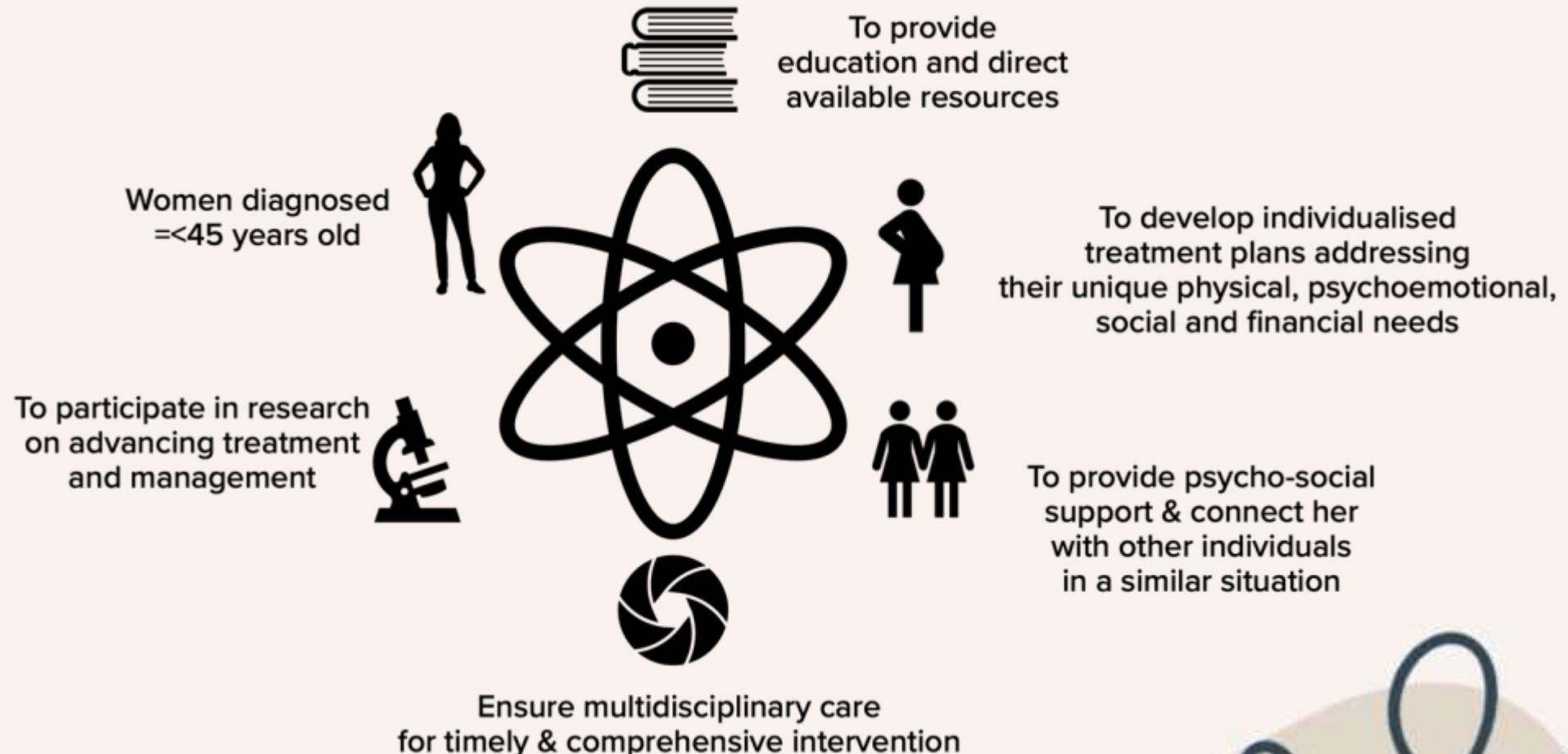


(Clockwise from left) Ms Jamie Ng had breast cancer at age 23, Ms Aisha Jiffry at 41, and Ms Dawn Chua at 30. ST
PHOTOS: GIN TAY

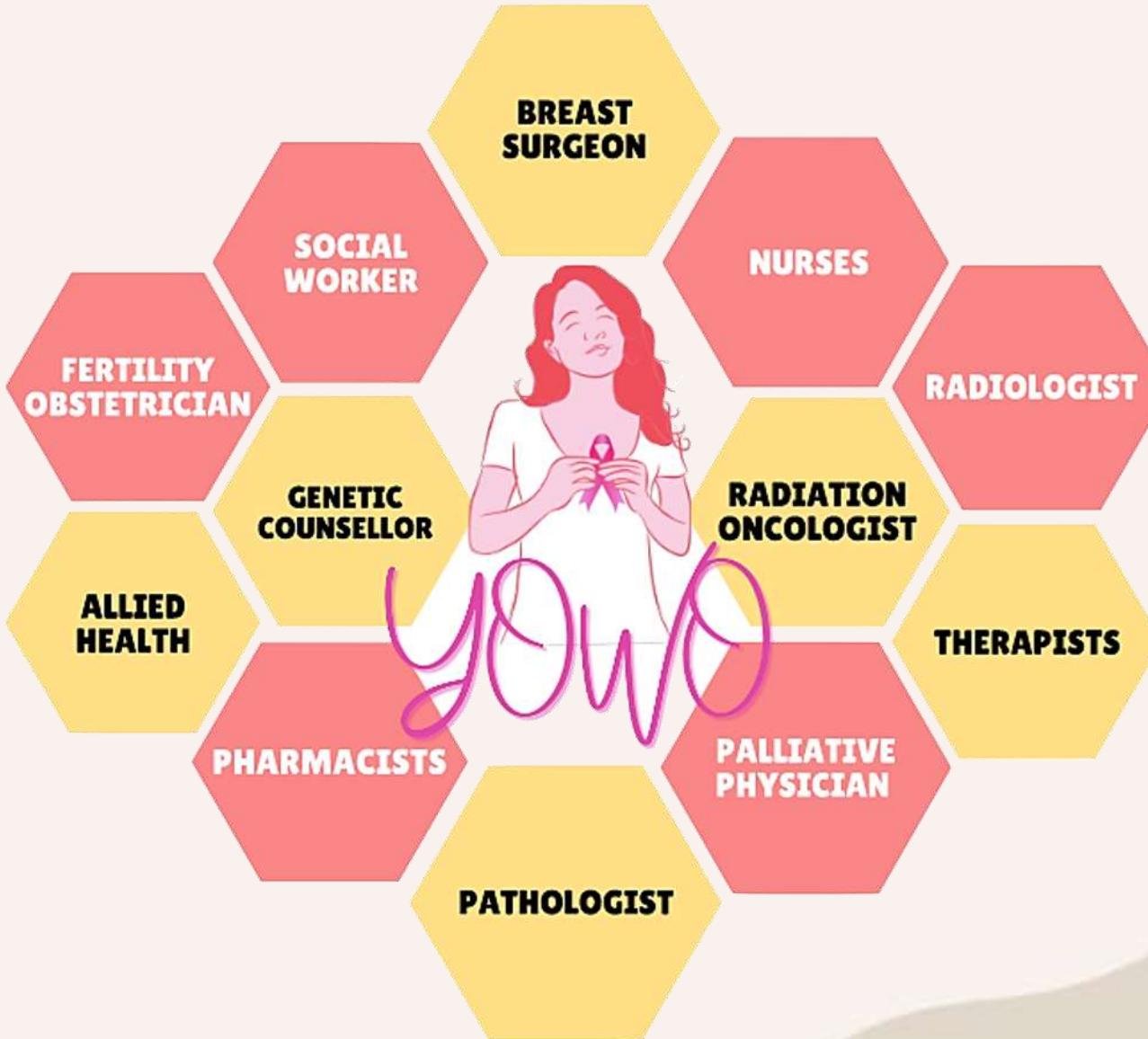


OBJECTIVES

To provide a comprehensive support programme for young women diagnosed with breast cancer.

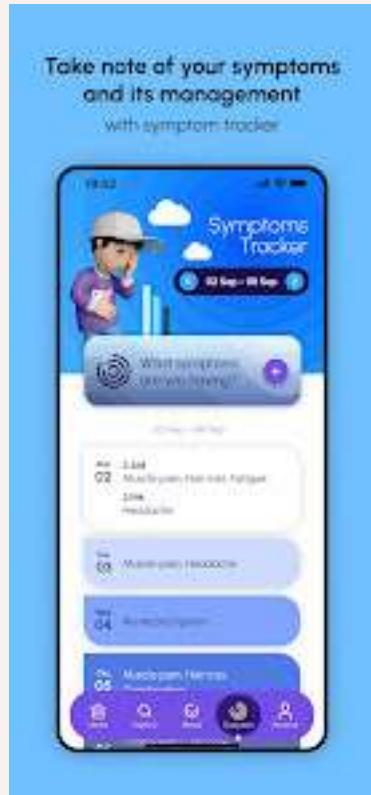


Multi-Disciplinary Patient-Centered Care



Patient Information Material

- Curated
- Relevant
- Relatable

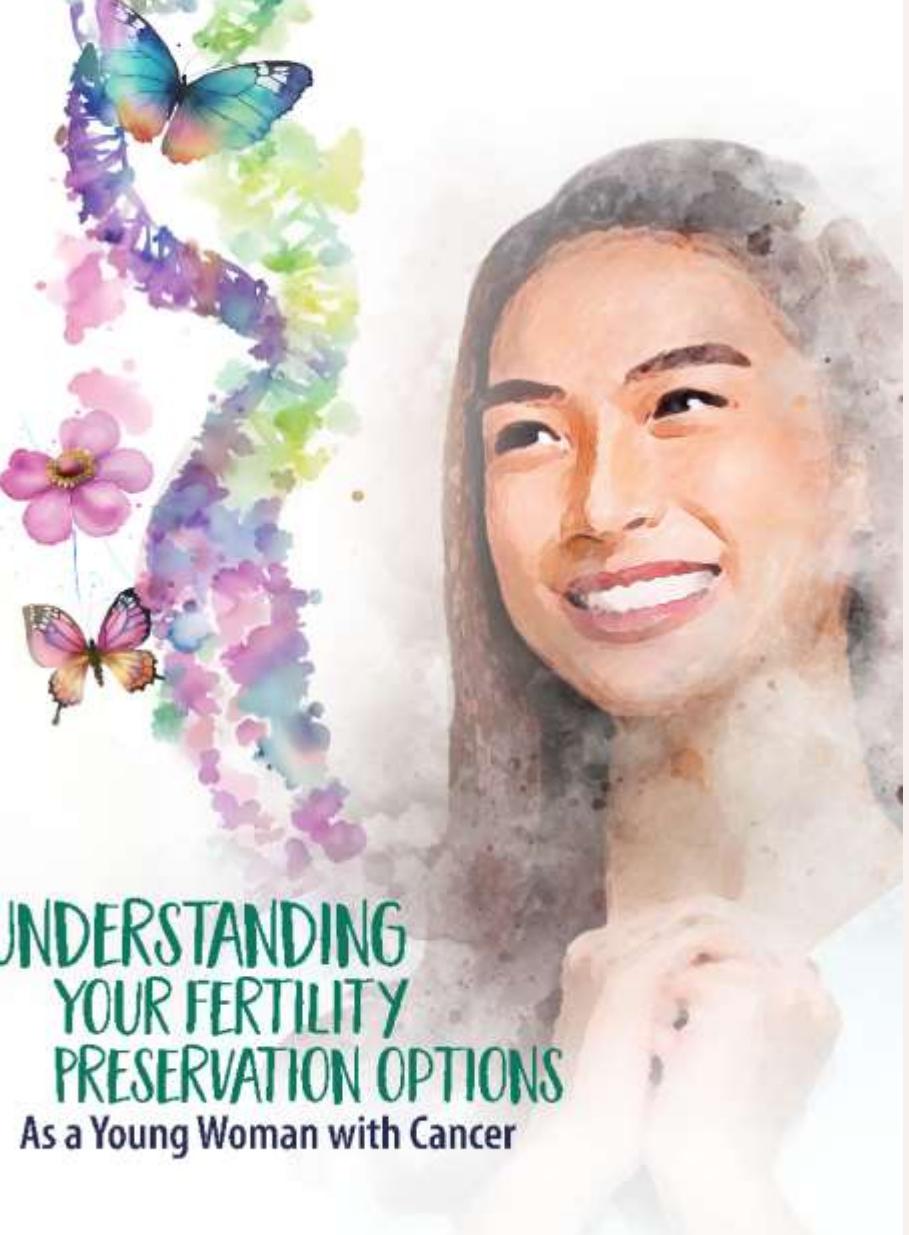




Inspired By Hope, Committed to Care

UNDERSTANDING YOUR FERTILITY PRESERVATION OPTIONS

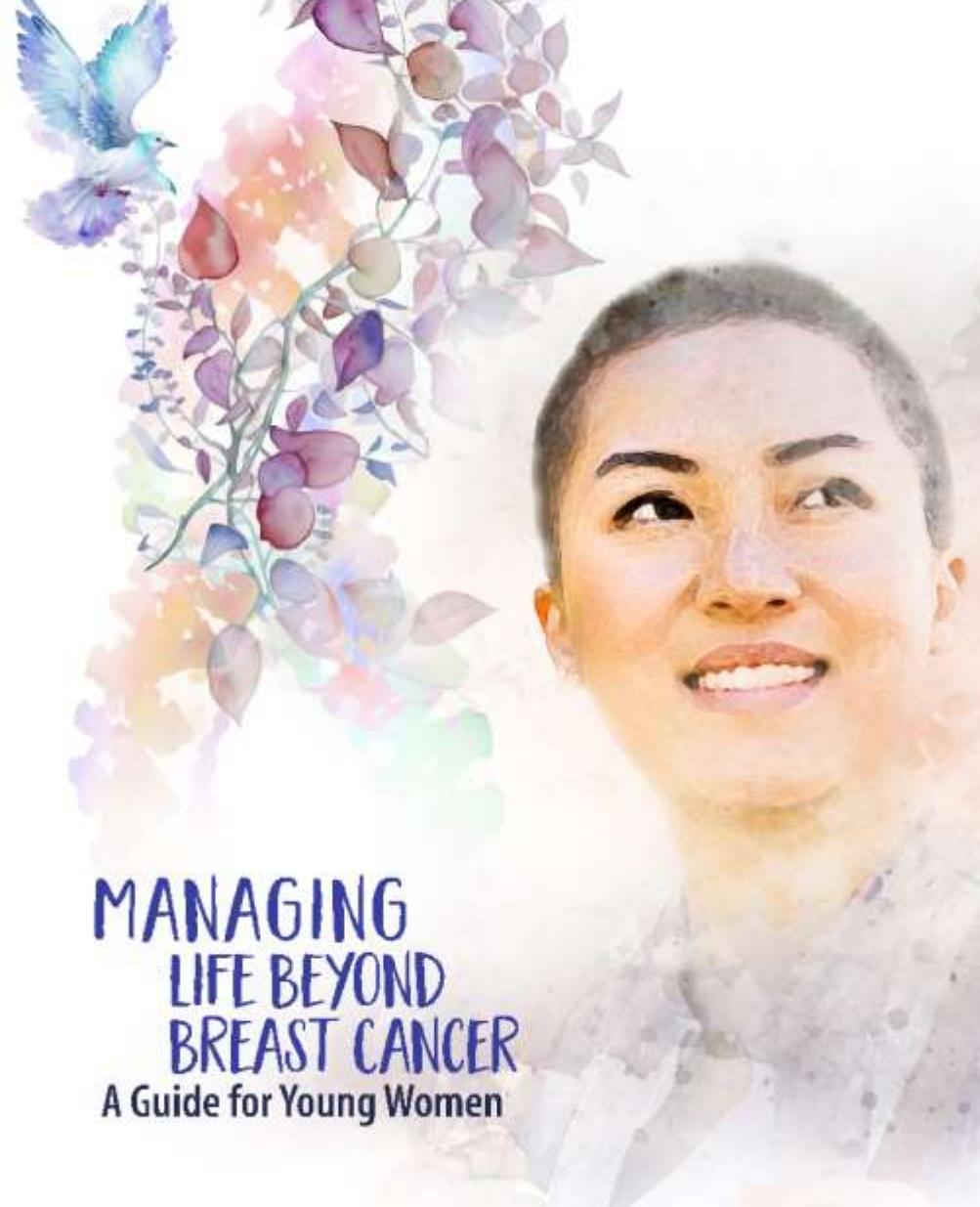
As a Young Woman with Cancer



Inspired By Hope, Committed to Care

MANAGING LIFE BEYOND BREAST CANCER

A Guide for Young Women



Navigating Fertility Preservation as a Young Woman with Cancer



BBCC
BANGLADESH BREAST
CANCER CONFERENCE 2025

REPRODUCTIVE MEDICINE

Let me help.
我可以帮您的忙。

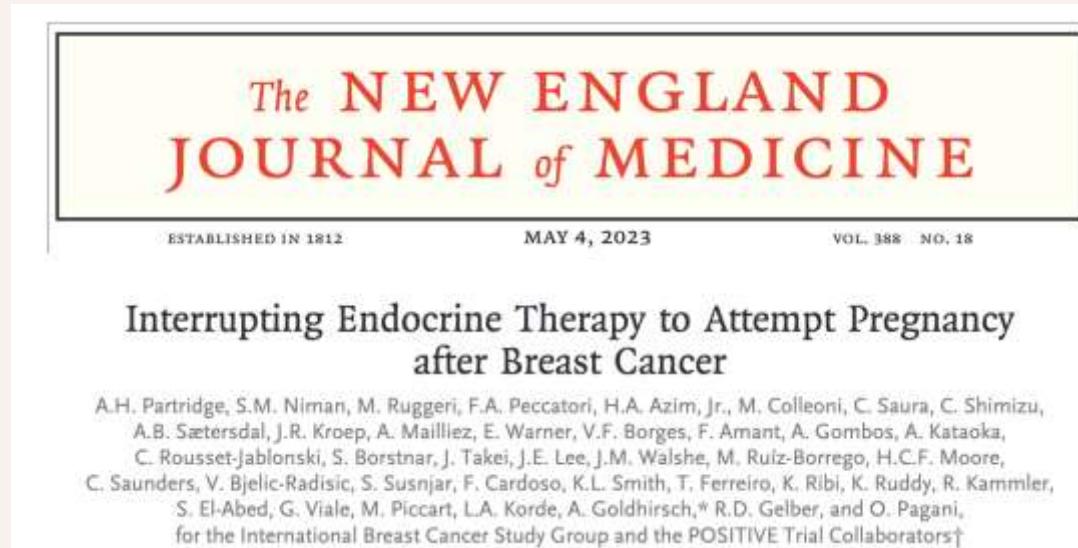
Scroll for details

Supporting efforts

- AYAO clinic
- Wellness & Intimacy clinic
- Complementary health clinic
- Fertility preservation uptake rates

Why is it important

- Feeling lost
- Not knowing what to prioritize
- Not leaving regrets

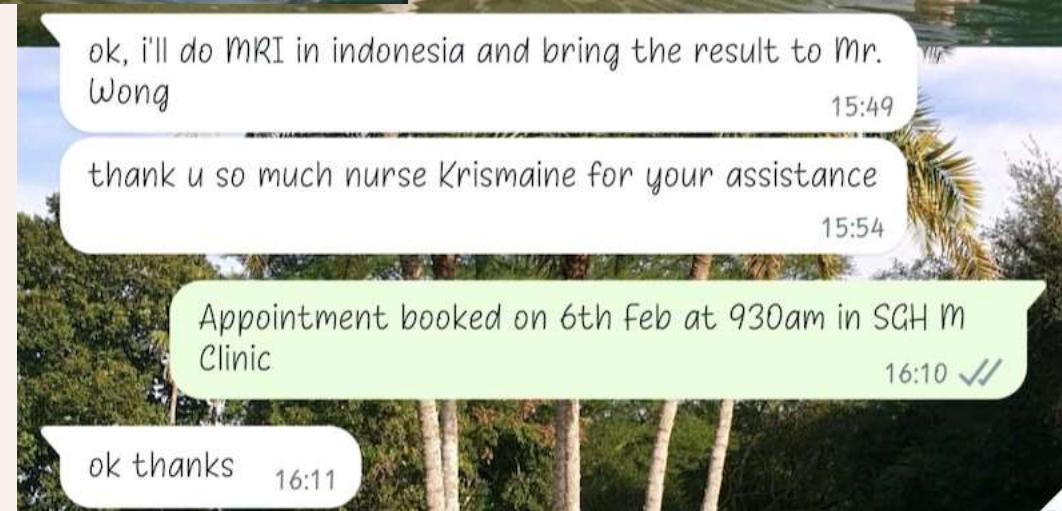
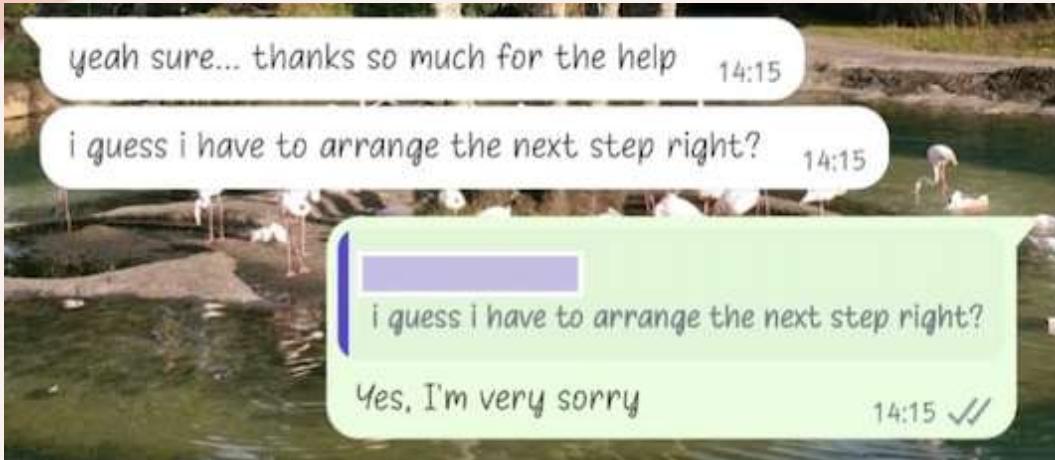


The NEW ENGLAND
JOURNAL of MEDICINE

ESTABLISHED IN 1812 MAY 4, 2023 VOL. 388 NO. 18

Interrupting Endocrine Therapy to Attempt Pregnancy
after Breast Cancer

A.H. Partridge, S.M. Nirmani, M. Ruggeri, F.A. Peccatori, H.A. Azim, Jr., M. Colleoni, C. Saura, C. Shimizu,
A.B. Sætersdal, J.R. Kroep, A. Mailliez, E. Warner, V.F. Borges, F. Amant, A. Gombos, A. Kataoka,
C. Rousset-Jablonski, S. Borstnar, J. Takei, J.E. Lee, J.M. Walshe, M. Ruiz-Borrego, H.C.F. Moore,
C. Saunders, V. Bjelic-Radisic, S. Susnjar, F. Cardoso, K.L. Smith, T. Ferreiro, K. Ribi, K. Ruddy, R. Kammler,
S. El-Abed, G. Viale, M. Piccart, L.A. Korde, A. Goldhirsch,* R.D. Gelber, and O. Pagani,
for the International Breast Cancer Study Group and the POSITIVE Trial Collaborators†



Thank you!



ma.jun@singhealth.com.sg