



INSTITUTO SUPERIOR TÉCNICO

ISR

REPORT

CONCEPTUAL MODEL MILESTONE

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**First Surveys & Prototypes**

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# 1 Abstract

Mammography is the primary method of image diagnosis used for screening and diagnosis of breast cancer, with an embodiment recommended image in several countries like Europe and the United States to use in screening programs. The implementation of digital technology caused changes in the practice of mammography, including the need to adapt quality control programs.

Our goal with this report is to start to characterising the current mammography technology in Portugal and practices in their use by professionals health involved. Finish on the level of harmonisation of practices in mammography in Portugal and compliance with international recommendations. Identify opportunities for optimisation to ensure the use of effectiveness and technologically safe.

The methodology followed here was the research and data collection on technology deployed, provided by government sources, mammography service providers and industry. Construction of surveys, oriented to the profile of radiologist physicians and some others clinical specialities with activity in digital mammography. The surveys were applied in providers selected as mammography services based on geographically location criteria, type of technology installed and profile of the institution.

## 2 Introduction

The technology for breast imaging has been the subject of major developments in the last decade with several multi-modalities (MRI and Ultrasound) to currently play a major role in disease breast management. Mammography (image produced with X-rays) is the main method used in the screening and Diagnosis of Breast Cancer signals, keeping the recommended imaging multi-modality for use in screening programs in several countries in Europe and the USA. The mammography limitations are known, specifically their limited specificity sensitivity and in the detection and characterisation of lesions, particularly in dense breasts and in young women. Studies on the effectiveness of the mammogram in women over 50 indicate sensitivity values between 68% and 90% and variable specificity between 82% and 97%.

The value of Ultrasonography (US) and Magnetic Resonance Imaging (MRI) is recognised as a complement to mammography. Computed Tomography (CT), Positron Emission Mammography (PEM) and Breast Scintigraphy (SPECT) are methods also used in the diagnosis and evaluation of breast pathology.

Digital technology mammography effectiveness has been proven in several clinical studies the last decade. Currently there are several options commercially available for digital mammography differ the detector characteristics acquisition system and image processing and its integration with source X-Ray.

In this report we intend to disclose some figures relating to clinical collaboration in the project and its objectives, showing preliminary results of the characterisation of the installed technology activities in the evaluated institutions and ongoing practices as a physicians sample.

It is an overall of the report objective to conclude on the level of harmonisation of practices in mammography in this physicians sample and study compliance with the international recommendations/guidelines. It also intends to identify opportunities to promote the quality of mammograms.

### 3 Surveys

Throughout the survey development were emerging doubts that prompted questions about points that would be clogged with the low-fidelity prototype. For a first sample of reasonability and report the quality of aid has been claimed to Doctor Cristina Ribeiro da Fonseca to help us validate the survey and some of the questions.

This first survey will be used to characterise the user of a mammography imaging multimodality interface being carried out in the framework of an innovative interface for monitoring and diagnosis of breast lesions and various medical imaging modalities. The questionnaire takes about 10 minutes and is divided into 9 short phases.

The first part is a simple description of what is the project and what the objectives to face are on the rest of the project.

Second part is made to understand the Doctor's profile where we ask questions like sex, age, etc. It is also in this section we try to understand a little of the professional profile that most mammography professionals have and in this way is questioned how long are medical functions prosecute, which sectors where the doctor works in that infrastructure and finally what specialty.

In the third part we characterise the clinical captivity by questions about it, the technological preferences, the clinical practice and its support for visualisation, tools, technologies and software of its medical units.

The fourth section aims to help us understand that training has the doctors working in the field. Asking if they have some kind of training in digital mammography and their views given the need to update knowledge in digital mammography and mammography certification in Portugal.

Section five makes some question of technical nature, here will be asked which mammographic image acquisition doses as well as knowledge of exposure/dose indicators to monitor the quality of the examination. It is also in this section that is asked the opinion of the physician to the impact of digital mammography in read/mammographic interpretation time.

Almost finally, the sections six, seven and eight question the opinions of physicians on technologies applied tools as Mammography, Ultrasound and Magnetic Resonance Imaging, respectively. In this sections we ask physicians about what frequency they use the next post-processing tools:

- Contrast;
- Contrast Inversion;
- Zoom;
- Pan;
- Fil;
- Crop;
- ROI;
- Annotation;
- Filters;
- Histogram;
- 3D Reconstruction;
- CAD;

This will bring us the information about the most useful tools to our User Interface and what are the priorities, since the order of appearance tools is important to physicians when time is a requirement to them.

Finally in the last section, the ninth, the issue of digital over the analog model with questions in the framework of improvements that brought digital face to analog and what it is covered.

## 4 Low-Fidelity Prototypes

During weeks we began transforming our discussion based and theoretical ideas into a conceptual model interface elements and workflows. We started with low-fidelity paper mock-ups since they let us easily and on a cheap way to create experimental interfaces and modify the structure of the elements.

Using the common material supplies like paper, markers, index cards, scissors and post-its, we sketched the first screens and elements structure, including menus, options and tools. The paper mock-up with its handwritten text, crooked lines, and last-minute corrections wasn't very neat but was enough to the user test physicians participants for what the basic structure of information and preferences look like.

Our first screen will show the user the first screen of the log, this screen is important to us since is the open window of the user interface and it is the first impact and how the physician will choose the patient. Even this is not our responsibility it is important to prototype this first screen to understand the usability and interaction between the screens.

## 5 Conclusions

## References

[1]