

Role of Dynamic Parameters of ^{18}F -DOPA PET/CT in Pediatric Gliomas

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Purpose of the Report: PET with ^{18}F -DOPA can be used to evaluate grading and aggressiveness of pediatric cerebral gliomas. However, standard uptake parameters may underperform in circumscribed lesions and in diffuse pontine gliomas. In this study, we tested whether dynamic ^{18}F -DOPA PET could overcome these limitations.

Patients and Methods: Patients with available dynamic ^{18}F -DOPA PET were included retrospectively. Static parameters (tumor/striatum ratio [T/S] and tumor/cortex ratio [T/N]) and dynamic ones, calculated on the tumor time activity curve (TAC), including time-to-peak (TTP), slope steepness, the ratio between tumor and striatum TAC steepness (dynamic slope ratio [DSR]), and TAC shape (accumulation vs plateau), were evaluated as predictors of high/low grading (HG and LG) and of progression-free survival and overall survival.

Results: Fifteen patients were included; T/S, T/N, TTP, TAC slope steepness, and DSR were not significantly different between HG and LG. The accumulation TAC shape was more prevalent in the LG than in the HG group (75% vs 27%). On progression-free survival univariate analysis, TAC accumulation shape predicted longer survival ($P < 0.001$), whereas T/N and DSR showed borderline significance; on multivariate analyses, only TAC shape was retained ($P < 0.01$, Harrell C index, 0.93–0.95). On overall survival univariate analysis, T/N ($P < 0.05$), DSR ($P < 0.05$), and TAC “accumulating” shape predicted survival ($P < 0.001$); once more, only this last parameter was retained in the multivariate models ($P < 0.05$, Harrell C index, 0.86–0.89).

Conclusions: Dynamic ^{18}F -DOPA PET analysis outperforms the static parameter evaluation in grading assessment and survival prediction. Evaluation of the curve shape is a simple-to-use parameter with strong predictive power.

Key Words: PET, dynamic, pediatric, gliomas, outcome

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Pediatric brain gliomas form a heterogeneous group of brain neoplasms that encompasses astrocytic and glioneuronal tumors, characterized by a circumscribed or diffusely infiltrating growth pattern, ranging from low grade to highly malignant.^{1–3} When compared with their adult counterparts, pediatric gliomas show divergent mechanisms of tumorigenesis, distinct molecular genetic alterations, and different clinical behavior (in particular low-grade gliomas, which differ substantially in the infrequency with which they transform to higher grade tumors), and are therefore considered biologically distinct entities.^{3–6}

In the evaluation of pediatric brain gliomas, PET imaging with amino acid tracers has been demonstrated to overcome some limitations of conventional MRI, complementing advanced MRI techniques. In particular, ^{18}F -labeled tracers have gained traction because of their longer half-life and superior spatial resolution when compared with the older ^{11}C -based radiopharmaceuticals,⁷ which have led to their widespread use. One such tracer, ^{18}F -dihydroxyphenylalanine (DOPA), has gained importance, given its versatility in pediatric oncology (brain gliomas^{8,9} and neuroblastoma^{10,11}), and in nononcological conditions (congenital hyperinsulinism¹²). In particular, ^{18}F -DOPA PET imaging in children with infiltrative gliomas correlates significantly with grade and outcome and, in diffuse midline gliomas, may determine the *H3K27M* mutation status noninvasively.^{13–15} Moreover, ^{18}F -DOPA PET imaging is useful for biopsy planning and posttreatment monitoring, and can contribute to the stratification of patients with diffuse astrocytic tumors, thereby influencing their management⁸; ^{18}F -DOPA PET might also provide relevant prognostic information in tumors that are not amenable to biopsy, such as diffuse intrinsic pontine gliomas (DIPGs).¹⁶

To date, the ^{18}F -DOPA PET/CT analysis of pediatric brain gliomas has been based on standard static parameters such as tumor-to-striatum (T/S) and tumor-to-normal tissue (T/N) ratios.⁸ However, these parameters cannot evaluate certain lesion types reliably: circumscribed, low-grade lesions may show marked tracer uptake because of their peculiar vascularization, whereas high-grade pontine diffuse lesions may exhibit faint tracer accumulation.

Dynamic parameters (ie, shape of time/activity curve, steepness of the intake slope, etc) might bridge this gap; however, they have never been tested in children. In newly diagnosed adult gliomas, few studies have so far investigated the role of dynamic ^{18}F -DOPA PET/CT, without univocal results.^{17–21} Of note, given the known significant differences between pediatric and adult gliomas (underlined in the 2021 fifth edition of the World Health Organization [WHO] Classification of Tumors of the CNS),³ the conclusions drawn in these studies cannot be directly transferred to the pediatric population.

On the basis of these considerations, the overall objective of this retrospective study was to analyze whether dynamic ^{18}F -DOPA PET/CT parameters can provide diagnostic and prognostic information in pediatric patients with brain gliomas. We also aimed to evaluate the degree of correlation between dynamic and static standard parameters.

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PATIENTS AND METHODS

Patient Population

We retrospectively evaluated all consecutive pediatric patients (aged younger than 18 years on diagnosis) referred to our institutions between 2015 and 2019 for newly diagnosed treatment-naïve (except biopsy) brain gliomas who had undergone conventional MRI and ^{18}F -DOPA PET/CT (including static and dynamic acquisition), within 2 weeks of each other, and subsequent posttreatment MRI follow-up.

For each subject, the clinical information reviewed included the time of diagnosis, histology, molecular features, progression-free survival (PFS), and overall survival (OS). Progression-free survival and OS were defined as the interval between the initial diagnosis and the onset of disease progression and death from any cause.

Tumor grade was determined according to the 2021 WHO Classification of Tumors of the Central Nervous System.³ Surveillance was performed through regular clinical and MRI follow-up examinations; disease status was evaluated according to RAPNO (Response Assessment in Pediatric Neuro-Oncology) criteria.^{22–24}

Ethics

A written informed consent form was signed by all patients' legal guardians, and patient assent was obtained when appropriate. The Regional Ethics Committee approved this retrospective study (R.P. 006/2019).

Image Acquisition

PET data acquisition was carried out by means of a PET/CT Discovery ST system (GE Healthcare, Milwaukee, WI). Participants

fasted for at least 4 hours before ^{18}F -DOPA administration (IASOropa; IASON Labormedizin GmbH & Co. KG, Graz-Seiersberg, Austria); carbidopa premedication was never used. A low-dose CT scan, used for attenuation correction and localization of PET findings, was first carried out and was immediately followed by 30-minute 3D list-mode PET acquisition, initiated during the bolus injection of a median activity of 100 MBq (range, 74–185 MBq according to body weight). Static PET images were reconstructed with the list mode data acquired from 10 to 30 minutes postinjection,^{15,25} whereas dynamic PET images involved 6 consecutive frames of 20 seconds each, followed by 28 frames of 1 minute each.^{21,26} MRI studies were performed on a 1.5 T scanner (Intera Achieva; Philips, Best, the Netherlands) using an 8-channel head array receiving coil for sensitivity encoding parallel imaging. Each patient underwent routine clinical MRI scans, including precontrast axial spin echo T1-weighted images, fluid attenuation inversion recovery, and axial and coronal turbo spin echo T2-weighted images. After gadolinium compound bolus administration (0.1 mmol/kg, macrocyclic ionic agent), axial, coronal, and sagittal spin echo T1-weighted images were acquired along with an axial 3D T1-weighted sequence for neuronavigation purposes.

Image Analysis

Static images were analyzed on a dedicated workstation (OsiriX; Pixmeo SARL, Bernex, Switzerland), which also allowed post hoc coregistration of ^{18}F -DOPA PET and MRI scans, as previously described.¹⁴ In detail, for each case, PET images were first visually inspected and the axial image slice that displayed the maximum tumor uptake was selected; whenever present, developmental

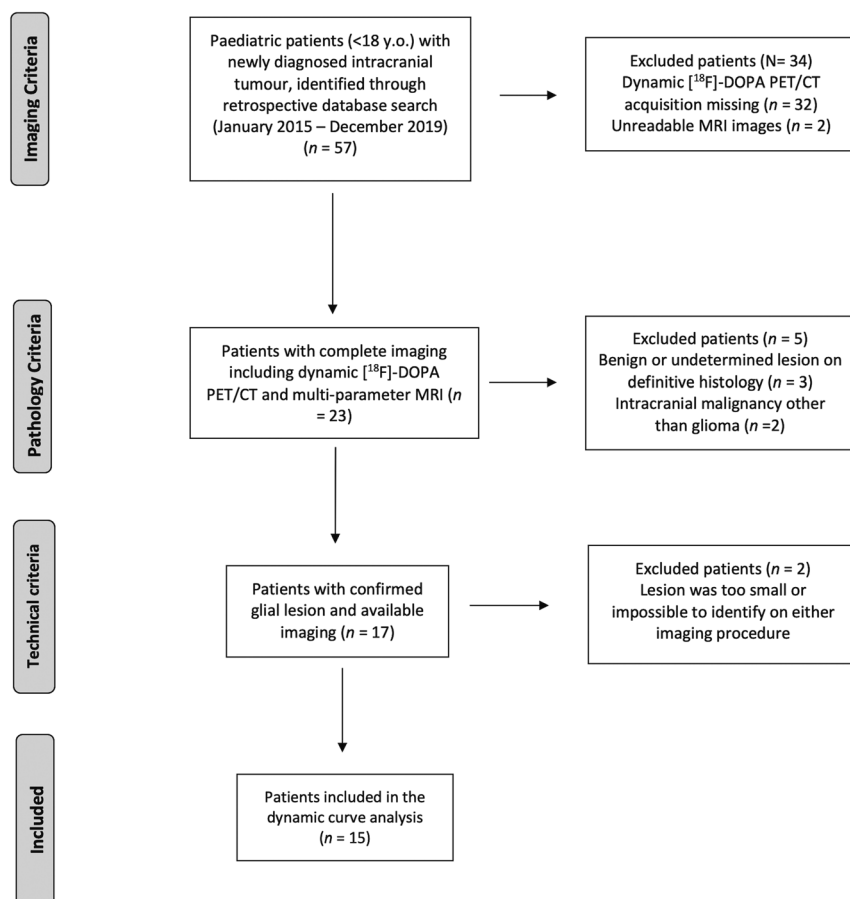


FIGURE 1. Patients' selection workflow.

venous anomalies were avoided²⁷; a circular region of interest (ROI) of 8 mm diameter was manually drawn over the tumor (T) area that displayed the maximum uptake. In the event of negligible ¹⁸F-DOPA uptake, the ROI was placed in the center of the lesion.^{8,14}

The radiotracer concentration in the ROI was normalized to the injected dose per patient body weight, and the SUV_{max} was obtained for each lesion (maximum pixel value [kBq/mL] within the ROI/injected dose [kBq]/patient weight [g]). Tumor uptake was normalized by means of 2 methods: by using the striatum uptake (S) and by drawing a large circular ROI (diameter 50 mm) in the normal cerebral hemisphere at the level of the centrum semiovale, including cortical and white matter (N). T/S and T/N ratios were thus calculated. Dynamic images were analyzed by means of the LIFEx software application (LITO; CEA, Inserm, CNRS, Université Paris-Saclay, Paris, France).²⁸ The lesion was identified in the last phase of the dynamic PET acquisition; morphological MRI was used as an anatomical reference. A volume of interest was generated semiautomatically by providing a “seeding point” and applying a thresholding algorithm (Nestle and Maisonnobe); manual correction was then performed, whenever necessary. Once the volume of interest had been defined, a time activity curve (TAC) was generated with a specific LIFEX tool.

The shape of the TAC was visually analyzed and classified according to its trend (accumulating, stable, decreasing) by 2 readers (G.B. and F.F.), with a third expert reader (A.P.) being consulted whenever a consensus was needed.

The curve was then analyzed by means of the MatLab extension Grabit, which extracts the values of the single data points semiautomatically. Briefly, the user is asked to define the points of origin of the x and y axes on the TAC (TAC image and all the time points); the software output consists of the value of each time point. By plotting this value along with the time, the steepness of the slope of the curve and its time-to-peak (TTP) can be calculated. The slope steepness and the TTP were calculated by using the interval from the origin up to 30 minutes. The slopes were drawn on the lesions and on the striata of the patients; the ratio between the slopes of the lesion and the striata was defined as the dynamic slope ratio (DSR).

Statistical Analysis

Values of the variables are expressed as mean ± standard deviation. Comparison of the mean of continuous variables between groups was performed by applying the unpaired Student *t* test. The frequency of categorical variables in the groups was compared by means of Fisher exact test. The influence of single parameters on PFS or OS was tested by means of a univariate Kaplan-Meier model; specifically, thresholds of 1 and 1.6 were adopted for the T/S and T/N, respectively, as previously proposed,^{8,16} all other continuous variables were dichotomized. Furthermore, the impact of the clinical, static, and dynamic parameters was tested by applying a multivariate Cox regression model. Stata (version 13, Stata Corp) software was used for the analysis.

RESULTS

Characteristics of Patients and Lesions

During the study period, we evaluated 57 pediatric patients with suspected gliomas who had undergone ¹⁸F-DOPA PET/CT. Out of the initial population, 15 subjects (8 females; median age, 8 years; range, 3–16 years) were included in our study on the basis of the selection criteria (ie, ascertained pediatric glioma and ¹⁸F-DOPA PET/CT performed by means dynamic acquisition; see Fig. 1).

As 2 subjects with DIPGs did not undergo biopsy, their histological and molecular data were not available. Diagnosis was made

on the basis of clinical and MRI criteria, in accordance with RAPNO guidelines.²⁷

Overall, there were two grade 1 (1 ganglioglioma and 1 pilocytic astrocytoma), two grade 2 (1 diffuse astrocytoma, IDH-mutant and 1 diffuse astrocytoma, NOS), three grade 3 (diffuse pediatric-type high-grade glioma, H3-wildtype, and IDH-wildtype), and six grade 4 lesions (5 turned out to be diffuse midline gliomas, DMG, H3K27M-altered, and 1 diffuse pediatric-type high-grade glioma, H3-wildtype, and IDH-wildtype). The grade 3 and 4 tumors, as well as the 2 DIPGs that did not undergo biopsy, were classified as high-grade, whereas grade 1 and 2 lesions were classified as low-grade gliomas.

On brain MRI, 9 lesions displayed contrast enhancement, 5 of which exhibited signs of necrosis (ring-shaped enhancement). All brain tumors were positive on ¹⁸F-DOPA PET/CT (T/N > 1).

TABLE 1. Characteristics of the Study Cohort

Variable	Subjects Included (%)
Sex	
Female, n (%)	7 (46.6)
Male, n (%)	8 (53.4)
Age on diagnosis, median (range), y	8 (3–16)
<5 y, n (%)	5 (33.3)
≥5 y, n (%)	10 (66.6)
Classification of tumors	
Pilocytic astrocytoma	1 (6.6)
Ganglioglioma	1 (6.6)
Diffuse astrocytoma, NOS	1 (6.6)
Adult type–diffuse astrocytoma, IDH-mutant	1 (6.7)
Diffuse pediatric-type high-grade glioma, H3-wildtype, and IDH-wildtype	3 (19.8)
Diffuse pediatric-type high-grade glioma, H3-wildtype, and IDH-wildtype	1 (6.7)
Diffuse midline glioma, H3K27-altered	5 (33.3)
DIPG (clinical/radiological diagnosis)	2 (13.2)
Grade	
Grade 1, n (%)	2 (13.3)
Grade 2, n (%)	2 (13.3)
Grade 3, n (%)	3 (19.8)
Grade 4, n (%)	6 (40)
ND (DIPG)	2 (13.2)
¹⁸ F-DOPA uptake	
T/S ≤ 1 n (%)	5 (33)
T/S > 1 n (%)	10 (66)
¹⁸ F-DOPA curve	
Accumulation curve, n (%)	6 (40)
Plateau curve, n (%)	9 (60)
¹⁸ F-DOPA curve steepness	
Tumor curve slope steeper than that of striatum	7 (47%)
Tumor curve slope less steep than that of striatum	8 (53%)
Contrast enhancement	
Yes, n (%)	9 (60)
No, n (%)	6 (40)
Ring enhancement	
Yes, n (%)	5 (33)
No, n (%)	10 (66)
ND, not determined.	

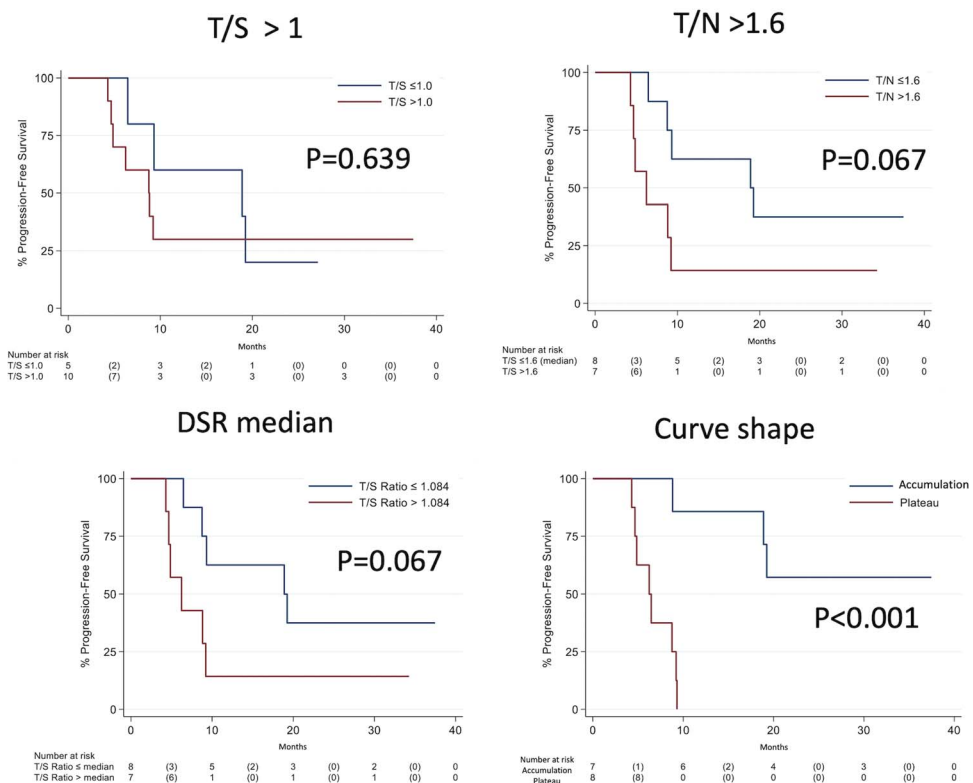


FIGURE 3. Progression-free survival by static and dynamic parameters.

The target-to-background T/S and T/N values were not significantly different between lesions with pathological evidence of necrosis on MRI (ring enhancement) and those without. In this setting, the analysis of lesion slope steepness provided an excellent distinction between tumors with/without this characteristic, as the curve was much steeper in necrotic lesions than in nonnecrotic ones (0.17 ± 0.04 vs 0.076 ± 0.036 , $P = 0.0015$).

Correlation Analysis and Multivariate Model Construction

On the Spearman matrix, DSR was significantly correlated with T/S median, T/N, and the slope of the tumor TAC. Moreover, T/S median and T/N were correlated with each other. Conversely, the TAC shape showed no correlation with any of the other parameters. These data are presented in the supplementary material (Supplemental Table 1, <http://links.lww.com/CNM/A370>). Consequently, for each outcome variable (PFS and OS), 2 models were constructed. In the “static” model, the clinical and pathology-related (age, sex, tumor grade, and contrast enhancement) variables were entered along with the uptake parameters from the equilibrium scan phase (T/S and T/N). In the dynamic mode, conversely, these 2 indices were replaced with DSR. Of note, the parameter “ring enhancement” could not be entered into any of the models, because it did not allow model convergence.

Progression-Free Survival

Eleven patients (73%) experienced disease progression; median PFS time was 9 months (range, 4–20 months). On Kaplan-Meier analysis, the curve shape (plateau vs accumulation) was able to distinguish PFS ($P < 0.001$), whereas T/N greater than 1.6 and the DSR showed borderline significance

($P = 0.067$ for both). T/S greater than 1 was not indicative of PFS (Figs. 2 and 3). In a multivariate Cox regression model considering sex, age, grade, contrast enhancement, curve pattern, and DSR, the only parameter associated with PFS was the TAC shape (Harrell C index, 0.93) (Table 3). A second model, which included T/S and T/N instead of DSR (owing to collinearity), was therefore implemented. In this model, too, the only imaging parameter associated with PFS was TAC shape (Harrell C index, 0.95) (Table 4).

Overall Survival

After a median follow-up of 16 months (range, 6–37 months), all patients who had experienced disease progression died of disease. Patients with OS below this median value had significantly higher T/S and T/N values than those who survived longer (1.87 ± 0.32 vs 0.94 ± 0.2 , $P < 0.001$ and 2.16 ± 0.22 vs 1.19 ± 0.16 , $P < 0.001$, respectively). In keeping with the case of PFS, patients

TABLE 3. Multivariate PFS Model, Using the DSR				
Parameter	HR	95% CI LB	95% CI UB	P
Sex	0.04	0.002	0.67	0.026
Age	1.13	0.88	1.44	0.319
Grade	0.9	0.69	1.17	0.458
CE	6.5	0.11	365.34	0.361
DSR	0.984	0.05	18.1	0.992
TAC shape	270	8	9038	0.002

HR, hazards ratio; CI, confidence intervals; LB, lower bound; UB, upper bound; CE, contrast enhancement.

TABLE 4. Multivariate PFS Model, Using the Static Parameters

Parameter	HR	95% CI LB	95% CI UB	P
Sex	0.03	0.002	0.59	0.021
Age	1.35	0.88	2.1	0.162
Grade	0.89	0.66	1.19	0.456
CE	64	0.43	9516	0.102
T/S > 1	0.01	2.72 ⁻⁵	4.8	0.147
T/N > 1.6	6.45	0.05	763	0.444
TAC shape	945	8.59	104,162	0.004

HR, hazards ratio; CI, confidence intervals; LB, lower bound; UB, upper bound; CE, contrast enhancement.

showing a “plateau” shape of the ¹⁸F-DOPA time/activity curve had significant shorter OS than those with an “accumulation” pattern (12.4 ± 4.2 vs 26.8 ± 9.4, P = 0.005) (Fig. 2).

On Kaplan-Meier analysis, T/N > 1.6, curve pattern and DSR were able to distinguish 2 groups with significantly different OS values. By contrast, T/S > 1 was not predictive (Fig. 4).

In a multivariate Cox regression model considering sex, age, grade, contrast enhancement, DSR, and TAC shape, only this last was significantly associated with OS (Harrell C index, 0.86) (Table 5).

A second model, which included T/S and T/N instead of DSR (owing to collinearity), was implemented. In this model, too, the only imaging parameter associated with OS was TAC shape (Harrell C index, 0.89) (Table 6).

DISCUSSION

The present study constitutes the first attempt to define the role of dynamic acquisition of ¹⁸F-DOPA PET/CT in the characterization

TABLE 5. Multivariate OS Model, Using the DSR

Parameter	HR	95% CI LB	95% CI UB	P
Sex	0.24	0.042	1.37	0.109
Age	1.03	0.82	1.29	0.761
Grade	0.95	0.723	1.26	0.757
CE	2.2	0.12	39.71	0.593
DSR	2.44	0.26	22.31	0.428
TAC shape	10.56	1.5	74.22	0.018

HR, hazards ratio; CI, confidence intervals; LB, lower bound; UB, upper bound; CE, contrast enhancement.

of pediatric gliomas. Our data show that dynamic analysis can provide relevant information on tumor characterization and prognosis when DRS, curve slope, and TAC pattern are considered. Specifically, the analysis of TAC shape was able to identify patients at higher risk of disease progression and death. This subgroup was characterized by rapid tracer uptake in the first minutes of the acquisition, followed by a “plateau” pattern. By contrast, a more slowly rising uptake, with continuous “accumulation” during the whole observation period, was found in patients with longer survival. However, the pattern characterized by an early peak, followed by a steady decline, which is often reported in pediatric ¹⁸F-FET PET studies,^{29,30} was not observed in our series. Independently of the tracers used, these data suggest that the most aggressive tumors are characterized by a specific dynamic PET “signature”; this behavior is most likely multifactorial, depending on parameters such as transmembrane large amino acid transporter density, gene mutations, and cell proliferation.^{18,21,31} Furthermore, a potentially relevant factor in determining the curve shape could be the presence of blood-brain barrier disruption, which can facilitate influx to, but also efflux from, tumor

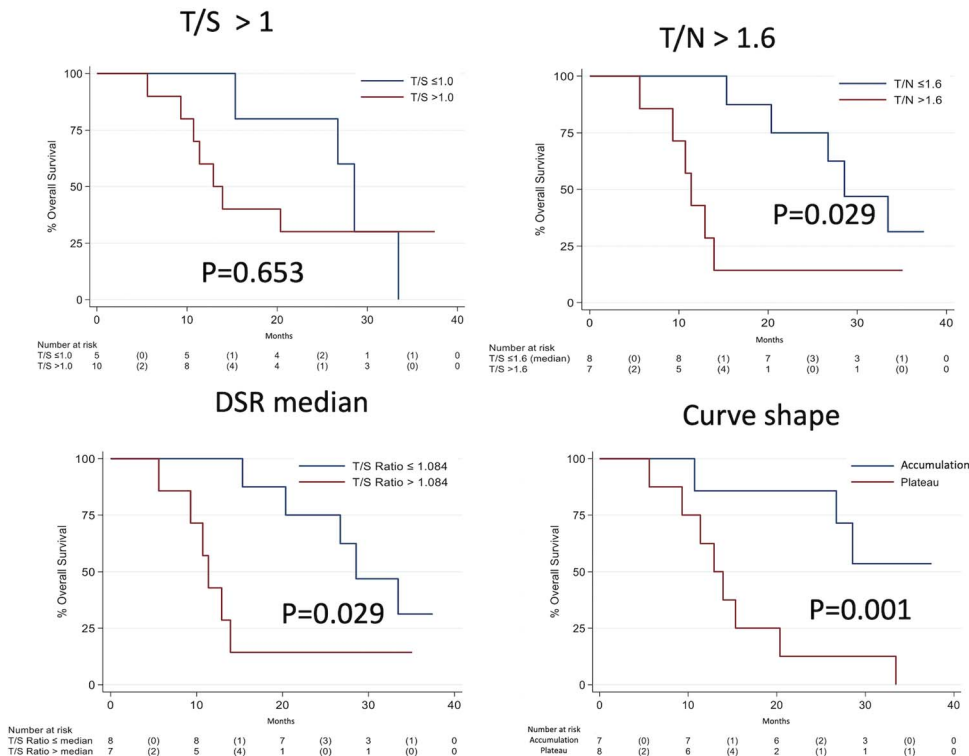


FIGURE 4. Overall survival by static and dynamic parameters.

TABLE 6. Multivariate OS Model, Using the Static Parameters

Parameter	HR	95% CI LB	95% CI UB	P
Sex	0.18	0.026	1.25	0.084
Age	1.1	0.83	1.45	0.489
Grade	1.01	0.76	1.34	0.13
CE	5.85	0.252	121	0.252
T/S > 1	0.12	0.005	2.97	0.196
T/N > 1.6	4.33	0.29	65.26	0.289
TAC shape	7.94	1.12	56.07	0.038

HR, hazards ratio; CI, confidence intervals; LB, lower bound; UB, upper bound; CE, contrast enhancement.

lesions.²¹ In diffuse gliomas, blood-brain barrier damage is more common in high-grade tumors, thereby possibly explaining the evidence of tracer washout from aggressive gliomas. As an additional finding, the slope of the dynamic ¹⁸F-DOPA curve was significantly steeper in lesions with radiological evidence of necrosis: this finding could be indicative of fast-growing tumors, in which the proliferating clone is not sufficiently supported by adequate neovascularization.^{32,33}

Analysis of the curve pattern provided a more reliable prediction of the clinical outcome than the static uptake parameters. Indeed, both high-grade lesions and some low-grade ones, such as gangliogliomas and pilocytic astrocytomas, show high tracer avidity. However, this increased uptake is driven by different mechanisms: in high-grade tumors with an infiltrative pattern on MRI, rapid proliferation is associated with increased nutrient avidity; conversely, some low-grade lesions, which exhibit more circumscribed growth, may show increased vascularization with fenestrated epithelium, favoring a significant radiotracer uptake.^{34–36} Consequently, the mere evaluation of tumor uptake, as expressed by T/S and T/N, might be suboptimal in the estimation of biological aggressiveness when comparing pediatric gliomas that have different growth patterns (circumscribed vs diffuse). By contrast, observation of the trend in the uptake curve seems to provide more relevant information. Indeed, in our series, which included patients with different tumor growth patterns (both infiltrative and circumscribed), all but one patient showing a “plateau” curve experienced disease progression and died (on average, 6 and 12 months from the baseline, respectively), independently of the uptake ratio of the lesion. Of note, the only low-grade lesion that displayed a plateau-shaped curve was found in a patient with an IDH-mutant, adult-type diffuse astrocytoma, which can show a more aggressive behavior than its pediatric counterpart.

When considering the potential advantages of dynamic acquisition, it must be borne in mind that this scanning technique is relatively complicated and time-consuming, requiring significant expertise and, in younger children, a longer period of sedation. Moreover, performing dynamic acquisition can significantly reduce the machine throughput. In theory, interpretation of the output curve requires a certain mathematical expertise, or the availability of a specific software application (commercial or in-house), to extract the relevant curve parameters, such as curve slope and TTP. However, our analysis showed that merely observing the curve allowed us to classify tracer behavior into 2 broad categories, namely, accumulation and plateau. This qualitative observation proved to be the only independent predictor of PFS and OS.

A potential use of the uptake curve is the noninvasive biological characterization of intracranial lesions, which enables the reader to identify those that are at higher risk of rapid progression. This technique could be particularly valuable in cases in which biopsy is not

routinely performed, such as in DIPG.^{37,38} In our series, visual analysis of the curve identified DIPG patients with an accumulating pattern, who experienced unusually long OS; conversely, those with a plateau-type curve displayed early progression and short OS. Further studies could investigate whether the curve pattern is associated with other therapy-relevant disease hallmarks.³⁹ In particular, the role of dynamic ¹⁸F-DOPA PET could be tested in the settings of pseudoprogression and pseudoresponse, which currently pose a relevant diagnostic challenge.^{9,40}

This study presents a number of limitations. As it was a single-center, retrospective analysis, the sample was small and heterogeneous. However, the size of our sample was comparable to that of similar previous experiences,^{10,13–15,41} and its heterogeneity allowed us to gain potentially relevant insights into the characteristics of different types of pediatric gliomas. The curve slope and the TTP were obtained via a convoluted procedure involving a series of experimental software applications, which cannot easily be incorporated into clinical practice. However, we observed that the most relevant prognostic factor was the morphological pattern of the curve, which can be assessed visually immediately after acquisition, without the help of specific software tools.

CONCLUSIONS

Analysis of the dynamic ¹⁸F-DOPA PET curve pattern appears to be a promising noninvasive tool in the evaluation of pediatric cerebral gliomas, and can provide relevant complementary prognostic information.

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