



A little more about Nicaragua



- Location: Central America
- Population: ~ 7 million pp
- Native language: Spanish
- Primary religions: 59% Catholic 22% Evangelical Christian

Gallo pinto



Nacatamal



- The people
 - Ethnicities: 69% mestizo, 17% caucasian, 9% black, 5% Amerindian
 - Culture: Warm & social! Strong funny bone. Always willing to help out. Entrepreneurial; hard workers. Positive attitudes. Place enormous value on family and personal relationships.
- Typical foods
 - Diet: Rice, beans, corn products (like tortillas), meats (beef, chicken, pork), eggs, root vegetables (like potatoes and yucca), dairy products (milk, sour cream and cheeses) and fresh fruit juices