



Food & Ag.



→ Finca Girasol (“Sunflower Farm”)
→ Sow, Eat, Grow (Nutrition & education program)

- **The challenge**

- Lack of biodiversity and a market structure that works against it
- Widespread use of harmful pesticides and other destructive agricultural methods
- Limited knowledge on relationship between diet and health
- Typical diet high in unhealthy fats and refined sugars

- **The solution**

- Sustainability, Biodiversity & Food Sovereignty (*Finca Girasol*)
 - Implementing and teaching good environmental practices (soil regeneration, reforestation, composting, etc.)
 - Helping the community have more control over what they plant, harvest, consume and sell.
- Nutrition & Education (*Sow, Eat, Grow* -pilot 2023)
 - Bringing nutritious food into standard school diet through collaborations and school gardens
 - Combo kitchen/classroom

