



- Location: Caribbean
- Population: ~ 11 million pp
- Native language: Spanish, Haitian Creole
- Primary religions: Catholic
Evangelical Christian

A little more about the DR

- The people
 - *Ethnicities*: 70% mixed (mestizo, Amerindian, mulatto), 13 % caucasian, 18% black
 - *Culture*: Friendly, warm. Determined and driven to salir adelante (“get ahead”) and full of energy and flow!
- Typical foods
 - *Diet*: “Viveres”: plantains, yucca, ñame, green bananas; rice, beans, lentils

Mangú



Arroz con
habichuelas

