# Polysubstance use, treatment completion, and contact with the justice system: a multistate analysis of treatments for substance use disorders between 2010-2019 in Chile



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## Background

- Substance use disorders (SUD) often co-occur with criminality, including violence, arrests, and incarceration [1;2;3]
- People with PSU has shown more contacts with the CJS than people with single substance use [4;5;6].
- The relationship between polysubstance use (PSU), treatment outcomes, and contact with the criminal justice system (CJS) is complex and not fully understood.
- Completing SUD treatment can help to reduce the risk of contacts with the CJS, but it is not quite clear in people with PSU<sup>[7;8;9;10;11;12]</sup>
- More research is needed to understand the link between PSU, treatment completion, and contact with the CJS, particularly in Latin America[13;14;15].
- Effective interventions and tailored approaches for people with PSU can help to mitigate the harms of SUDs and contact with the CJS

Objectives: Estimate the effects of PSU at baseline (vs. single substance use) on the probabilities of (i) completing baseline drug treatment and (ii) contacting with the CJS after treatment at 6 months, 1-, 3- & 5-years follow-ups.

#### Methods

**Design**: a retrospective cohort based on the administrative data's record linkage. Data: Chilean substance use treatment programs and Prosecutor's Office through a deterministic linkage process. Ethics: We are updating an existing ethical approval by the Griffith University Human Research Ethics Committee GUHREC, GU Ref No: 2022/919.

## Variables

**Exposure**: baseline PSU (using more than one main substance among alcohol and illicit drugs at admission to SUD treatment); Mediator: SUD treatment outcome (complete vs. dropout or spelled by misconduct); Outcome: contact with CJS (committing an offense that led to a condemnatory sentence).

#### Analytical Plan

- The research will control for a number of confounding variables (listed in Figure 1), and patients will be weighted by the inverse probability of PSU (IPW) $^{[16]}$ .
- We described the cumulative incidence rate (x1,000 personyears) of patients with PSU and no PSU, and incidence rate ratios (IRR) of treatment completion and contact with CJS, with and without weighting for IPWs.

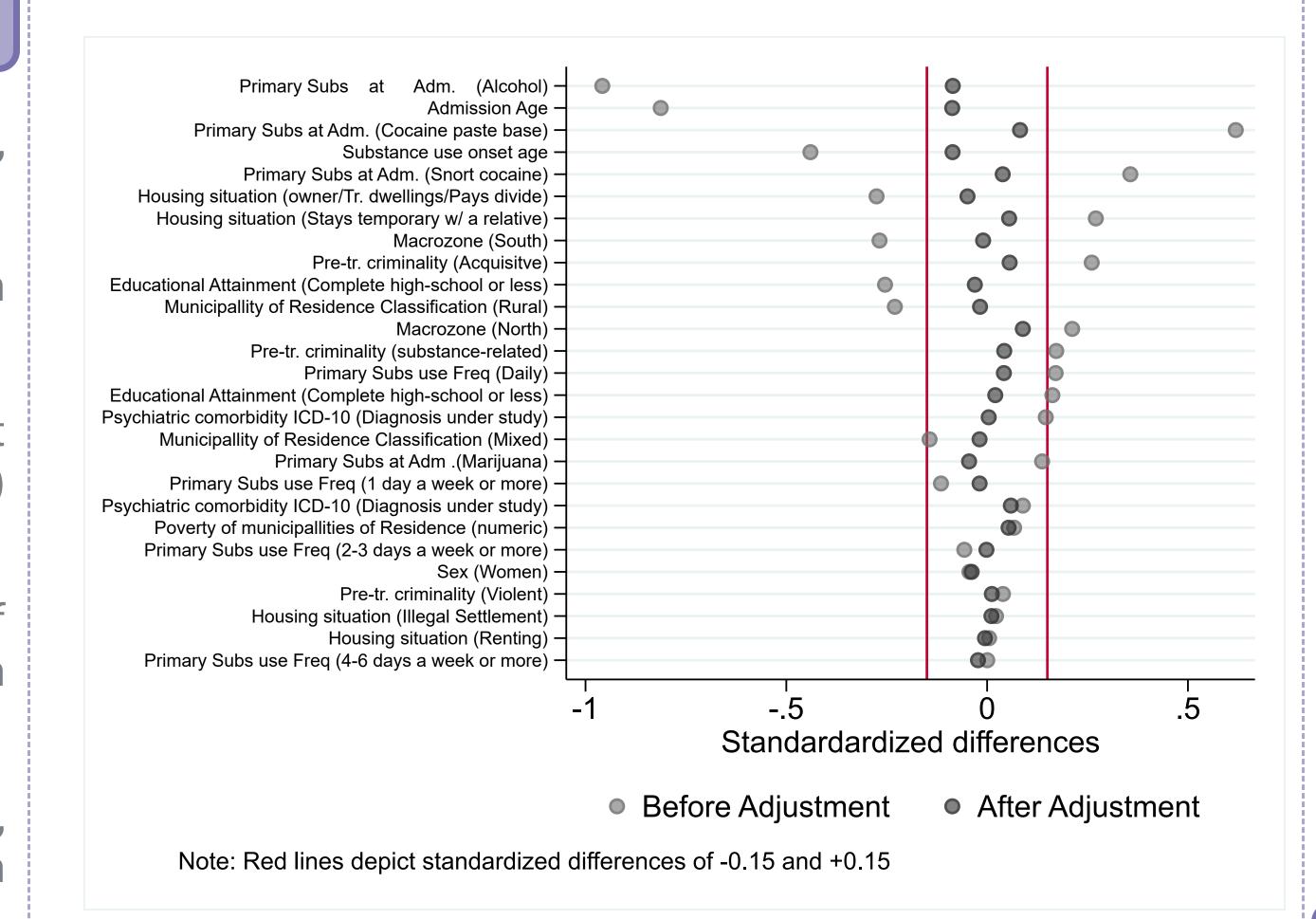


Figure 1: Covariate balance

We used an illness-death multistate structure to estimate transitions from admission to treatment outcome, treatment outcome to contact with CJS, and admission to contact with CJS (not completing treatment) for patients with and without PSU (Figure 2).

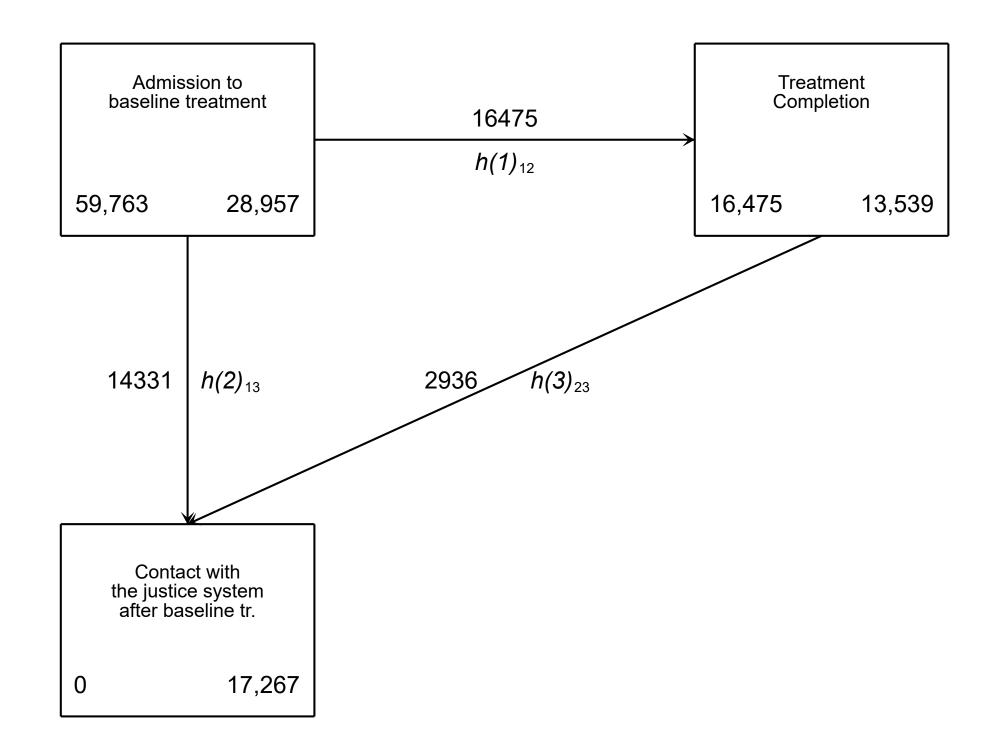


Figure 2: Multistate scheme

We calculated the Aalen-Johansen for transition probabilities months, 1, 3 & 5 years $^{[17]}$ . Markdowns: https://fondecytacc.github.io/nDP/index\_prop\_grant23\_24

### Preliminary Results

- Before IPWs, patients with PSU had lower incidence rates of treatment completion vs. patients with no PSU (IRR=0.53 95%CI: 0.51,0.54).
- However, patients with PSU had greater rates of contact with the CJS vs. patients with no PSU (IRR=1.68 95%CI: 1.62,1.74).
- After IPWs, patients with PSU still had lower rates of treatment completion vs. patients with no PSU (IRR=0.77 95%CI: 0.74,0.8)
- Patients with PSU also had greater rates of contact with the CJS vs. patients with no PSU (IRR=1.11 95%CI: 1.06,1.17).

Table 1: Transition probabilities in states

Transition	Time	PSU	No PSU
From admission to contact with CJS	6_mths	2.2 (2.1,2.3)	1.8 (1.7,1.9)
From admission to contact with CJS	1_yr	7.9 (7.6,8.1)	6.6 (6.4,6.8)
From admission to contact with CJS	3_yrs	24.4 (24.0,24.7)	20.7 (20.3,21.1)
From admission to contact with CJS	5_yrs	33.3 (32.8,33.7)	29.5 (29.0,30.0)
From admission to tr.completion	6_mths	3.1 (2.9,3.2)	4.0 (3.9,4.2)
From admission to tr.completion	1_yr	14.6 (14.3,14.8)	17.6 (17.3,18.0)
From admission to tr.completion	3_yrs	23.6 (23.2,23.9)	27.0 (26.6,27.4)
From admission to tr.completion	5_yrs	21.4 (21.0,21.8)	24.9 (24.4,25.3)
From tr.completion to contact with CJS	6_mths	3.0 (2.0,4.0)	2.4 (1.3,3.4)
From tr.completion to contact with CJS	1_yr	8.7 (7.5,9.8)	5.9 (4.8,7.0)
From tr.completion to contact with CJS	3_yrs	21.1 (20.0,22.3)	16.2 (15.1,17.3)
From tr.completion to contact with CJS	5_yrs	28.6 (27.4,29.8)	23.0 (21.8,24.2

**Transition probabilities**: People with PSU have higher probabilities of contact with the CJS, both post-admission and post-treatment, vs. those without PSU. Similarly, they are less likely to complete treatment. Treatment completers had lower probabilities of CJS contact vs. non-completers after 3 years since admission (Table 1).

#### Discussion

Treatment completion can reduce the risk of criminal justice involvement, evident at the 3-year point when most users have finished treatment. Further analysis is needed. People with PSU may need enhanced treatment to complete treatments and avoid contact with the CJS.

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of interest to declare

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