

15 Invaluable Laws of Growth by John C Maxwell.

Potential is growth. To grow you have to act on your potential. Learn your strengths, tap into your passion, grow in character and have the right attitude to finally be a more effectively fulfilled person. Here are my takeaways from the read based on the principles of what I'll be doing, what I'm going to stop doing and what I'll continue doing.

The law of intentionality.

Growth gaps are basically things that hinder growth potential. I will admit, I have been a victim of such gaps. I have sometimes not put in extra effort to get to grow because it usually comes with the pressure of coming out of it as a winner. This has made me put off a lot of opportunities. I have always been a perfectionist but I now know it doesn't always have to be clean as long as I learn my lessons while I work on getting to the bigger picture (my growth).

The law of awareness.

Self-awareness, for a very long time I'm sure I didn't have a sense of purpose mostly because I probably didn't know myself as much as I thought which made me miss out on my potential.

I obviously now know more is never enough if you know yourself and have a sense of direction your potential will be fulfilled. I have always loved programming, from the first time I heard about it. It's something I'm always going to be passionate about because I wasn't coerced into it. I love it.

The law of the mirror.

"I'm trying to matter". Self-esteem for me has always been an off and on thing. I'm not proud of this fact. I'm a bit of a pessimistic person which has sometimes made me feel like I don't deserve even my well-deserved wins. From here on, I plan on working around it to reach my potential because I know I'm allowed to feel the satisfaction of winning.

At the end of it all, we all want to matter!

I have to matter!

I need to matter!

The law of reflection.

"Follow effective action with quiet reflection. From quiet reflection will come even more effective action".

I'm big on solitude. That's right, I'm a loner and for a long time I have been my biggest and worst fan (I talk to myself about it very often). I reflect a lot usually on everything going on in my life. I have never been strategic about self-reflection because to me it's a natural thing that happens when I'm either at my highest or lowest. I have to be more intentional about my self-reflection by getting on board with routinely scheduling it.

The law of consistency.

"Any reason to grow is a good reason as long as it's your reason".

I'm not new to doing things consistently, I guess that's what makes me a good perfectionist (not the best). I have always been the kind of person who sets big goals and works out a way to get to them. I now know there's even better ways of reaching goals like taking small steps and being patient.

The law of environment.

I always try to keep myself in an environment that will not bring me any kind of stress. I'm a very non-confrontational person (makes me a good loner). I have to work on a structure that will enable me to be more accepting of the good influence that could come from people around me.

The law of design.

Sometimes I design plans, sometimes I don't usually because I don't see the point. With the kanzu code bootcamp, I have had to strategize more than I remember because there is so much happening in my life currently and I want to give everything time.

"Life is not a dress rehearsal".

The law of pain.

"You will never stub your toe standing still". I'm not good at handling bad experiences. I have never thought anything good would come out of them. I now know there's more to bad experiences. They also come with positivity. I'll work on my attitude towards bad experiences after they occur.

The law of the ladder.

I always try everything in my power not to procrastinate especially when it comes to matters of urgency. My integrity is definitely not out of this world but I always try to do the best thing in every situation because that's just my character. I however need to work out a way to grow in character because there's a lot more to it than integrity.

The law of the rubber band.

Only a mediocre person is always at his best. I must admit, I'm **always** not good at "going for it". It's not all bad though, there's times I have surprised myself by jumping the gun and going for what I want. I have tons of unfulfilled dreams. My hope is that I get better at "going for it". I have to work out a way of getting out of my comfort zone because as it turns out, it's not exactly comfortable.

The law of trade-offs.

There's a lot more I can give up to chase my dream. I'm a bit apprehensive though, I mean these are things I do almost every day! It's not going to be easy but it's surely not impossible.

The law of curiosity.

I'm a naturally observant and curious person (it doesn't make me creepy though). I love the idea of finding out what I don't know. I google even the most **outrageous** things because of it. This is one of the main reasons I have learnt and discovered a lot.

The law of modeling.

If you follow only yourself, you'll find yourself going in circles. I try as much as I can to keep an open mind when it comes to discovery and learning new things especially if they're going to help me further my career. If anyone can help me remove my doubts, build my character and help me grow, I'm always going to be open to the idea of them helping me.

The law of expansion.

There is no finish line. Self-imposed limitations, I missed an opportunity a couple of years ago because I thought I wasn't ready even though I wasn't that far off from those that took it. As a matter of fact, I was more suited to opportunity than some of them. Point is, I have learnt to be more open to possibilities and opportunities.

The law of contribution.

Be a river, not a reservoir. The thing about helping others is that in the end you help yourself. A couple years ago, I had the opportunity to mentor random people on Facebook groups in PHP and Java. I wasn't the best but I learnt more from teaching them than I did on my own. I love helping because it helps my curiosity.