

GPA

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Genome-Phenome Analysis

Chapter 1 (8/1/2020)

Phenotype includes the physical appearance, including proteome and non visible characteristics. A disease is the alteration of any condition that causes different discomforts and/or death. In general there are two different kind of diseases, although it's not exactly true: communicable and Non-communicable. Both of them may have genetic components and can be analysed using genomic approach.

There is a molecular classification of diseases: exogenous or genetic. In the second case, a relationship can be established between DNA and disease: Chromosomopathies (such as deletions, translocations or inversions, duplications...), monogenic diseases (if known, stored in OMIM database, heavily detailed, with its mutations, dominance and several more fields about each gene and disease), mitochondrial diseases (matrilineal inheritance)

Genetical diseases cover a huge range between a mendelian disease (One gene, one disease, and maybe some genes with minor inference) and a complex disease (One gene, several diseases or several genes, one disease). These diseases were the beginning of genetic epidemiology. Genetic epidemiology seeks to explain genetic effect on diseases and how diversity affects the diseases. If both genes and environment affect a disease, how do they relate? Do they interact in some way? In general, a higher environmental exposure correlates with a higher disease risk. The environment can have different types of correlations: active, passive or reactive (Human behavior makes some relations appear). The Gene-Environment interaction can be expressed as different types of interactions: They are additive, they are inversal, and they increase the other effect.

There are Three Diseases Paradigms:

1. Common disease: disease can be attributed to 10-20 loci, each explaining some percentage of risk
2. Rare alleles of Major Effect: Several mutations causing individual cases of disease.
3. Infinitesimal: Thousands of mutations that increase risk of diseases. Higher number of those mutations in genome, higher risk of being sick.

Having one allele related to a disease, you can have different thoughts about how it influences the population: a very rare allele may produce a mendelian inherited disease or need many other mutations to produce a disease. In fact, some diseases that only affect old people are very common, as when they suffer the disease they already have had children.

If a disease is genetic, several questions arise. In order to determine that a disease is genetic, it is important to clear that it is not related to environment. Also it's wise to consider that many genes may affect the disease, directly or indirectly. The first step is to consider if the disease aggregates in families. In mendelian inheritance is quite easy to consider, but complex diseases are far more difficult to be explained by a pedigree. In fact, factors that influence disease can be a bias: age of onset of disease, degree of relatedness, how many relatives are affected. Some siblings are more likely to have a disease if they have a brother or sister that suffers it: these relations are usually studied using twins, as identical twins have 100% genes and environment equal, and fraternal twins (Dizygotic Twins) share environment but only 50% twins. If I compare two DZ which express different phenotype, there is a high chance that there is a genetic difference that affects that genotype.

Heritability means how differences between genes cause differences in phenotype, ranged from 0 to 1. For example, heritability of having two ears is 0, because we all have two ears, the differences between them are caused by environmental differences, not genetic ones. This causes discussion when monogenic and polygenic

diseases were compared, until Ronald Fisher determined that multiple independent genes show continual variation (BTW this Fisher did a lot of things in science, like Fisher's test but it was a bastard).

Chapter 2 (10/01/2020)

This controversy between Mendel's laws and Galton's quantitative traits generated a great debate in the scientific community. In any case, there were exceptions unexplained by none of them. In some cases, the children showed the average traits of their parents, but other characteristics were fully inherited. After Fisher published his paper about quantitative genetics, many traits can be explained using a Gaussian distribution (Fisher's Insight). In fact, the higher the number of genes, alleles and external factors that affect a certain trait, the more accurately a trait can be modeled. In this model, we have several variables that affect our trait. According to basic statistics, we have that $\sigma^2(X + Y) = \sigma^2(X) + \sigma^2(Y)$, including both genetic and environmental factors. Heritability (explained in Chapter 1), is explained by this variance. In plain words, the variance of the phenotype is the sum of variances of genotype and environment.

This variance or heritability (from now on we'll talk about heritability, which is the applied concept) is the fraction of phenotypic variance of a quantitative trait caused by genes, varies from 0 to 1. In fact, values higher than 0.7 indicate a high relation between genes and phenotype. *Note that heritability, as a variance explains the values IN THE POPULATION; not an individual trait.* Take into account that studying two different populations may result in different estimations of heritability as they have different factors and variances. Thus heritability

1. Is not about individuals
2. Is a parameter of a single population
3. Heritability is not the same as inheritance
4. Very low heritability doesn't imply low gene contribution

Why correlations?

There's genetic variance, but characters will be similar for relatives as they share part of their genes. How does correlation vary with different relatives? Well, monozygotic twins share 100% of their DNA, but not siblings or half-siblings. Correlation between dizygotic twins is higher because they share genes and environment. It's important to make clear that diseases, as any other trait, may be more influenced by environment than genes.