## **BMI**

Write a Java program that calculates and classifies the Body-Mass-Index (BMI).

## Introduction

The BMI is an attempt to quantify the amount of tissue mass (muscle, fat, and bone) in an individual, and then categorize that person as underweight, normal weight, overweight, or obese based on that value. The BMI is defined as the body mass (m) divided by the square of the body height (h), and is universally expressed in units of  $kg/m^2$ , resulting from mass in kilograms and height in meters.

 $BMI = m/h^2$ 

Your program shall treat heights below 1.6m and weights below 40kg as invalid.

BMI  $[kg/m^2]$ Category Category-Number < 15.00 Very severely underweight >=15.00 and <16.00 Severely underweight 11 Underweight >=16.00 and <18.50 12 >=18.50 and <25.00 Normal 20 >=25.00 and <30.00 Overweight 30 >=30.00 and <35.00 Moderately obese 40 >=35.00 and <40.00 Severely obese 41 >= 40.00 Very severely obese 42

Table 1: BMI categories and numbers

Implement the following functions in class BMI.Main:

- 1. public static double bmiCalc(double height, double weight) calculates the BMI for given height and weight. Height is assumed to be in meters and weight in kilograms, the returned BMI is in  $kg/m^2$ . For invalid arguments (too low) the function returns -1.
- public static int bmiCategory(double bmi)
   calculates BMI category for given bmi according to above table. For invalid arguments
   (negative bmi) the function returns -1.
- public static void bmiMessage(int bmiCategory)
   outputs the category name of given bmiCategory according to above table. For invalid
   arguments the function outputs invalid.

The main functions prompt the user for weight and height, displays the BMI and the category name (see Examples).

## **Console Example**

(text in red is user input)

```
weight [kg]: 121.5
height [m]: 1.96
m=121.50kg h=1.96m -> BMI=31.63 (Moderately obese)

weight [kg]: 25
height [m]: 1.16
m=25.00kg h=1.16m -> BMI=-1.00 (invalid)
```

## Hint

use the main function in the provided Main class for testing (see and rename file Main.use\_this):

```
public static void main(String[] args) {
    double weight, height, bmi;
    System.out.printf("weight [kg]: ");
    weight = sc.nextDouble();
    System.out.printf("height [m]: ");
    height = sc.nextDouble();
    System.out.printf("m=%.2fkg h=%.2fm -> BMI=%.2f (", weight, height, bmi = bmiCalc(height, weight) bmiMessage(bmiCategory(bmi));
    System.out.printf(")\n");
}
```