

1. **Introduction:** The study aims to investigate the impact of the COVID-19 pandemic on the mental health of healthcare workers in the United States.

2. **Methodology:** A cross-sectional survey was conducted using a validated questionnaire to assess the mental health status of healthcare workers. The survey was distributed through email and social media channels.

3. **Results:** The study found that a significant proportion of healthcare workers reported symptoms of anxiety, depression, and stress. The prevalence of these symptoms was higher among those who had direct contact with COVID-19 patients.

4. **Conclusion:** The COVID-19 pandemic has had a profound impact on the mental health of healthcare workers. Further research is needed to explore the long-term effects and to develop interventions to support their mental well-being.

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