

In high schools, books are cheap and you can buy from anywhere with ease.

In college there is need of books and professors ask you to bring a bulk of books. These books are not cheap.

In high school you have many opportunities to improve your grades.

College life and getting grades is not an easy task. Best way is to take GPA up from start.

In School life everyone was chilled and there was no work load and there was a lot of fun.

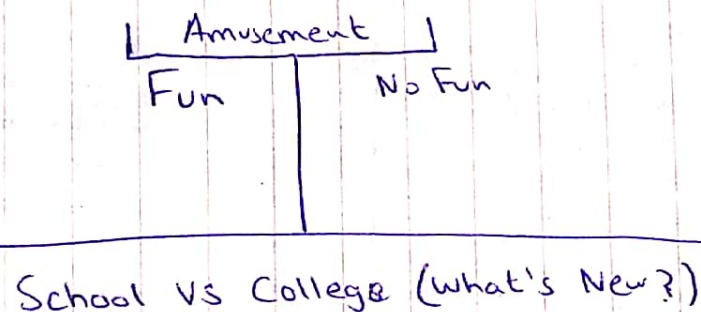
In college life, everybody concerns about his grades, exams and other problems so fun is less in college.

In school you have enough time and less syllabus to cover but time management is often poor.

In college life you have less time and huge syllabus to cover and time management is the need for moment.

In school life you have time but you have no job opportunity and you are jobless.

College life can give you enough job opportunity. You are skilled in no time and horizon of jobs are open.



Health

In School's students are less diversified and are healthy. Sports play a vital role here also.

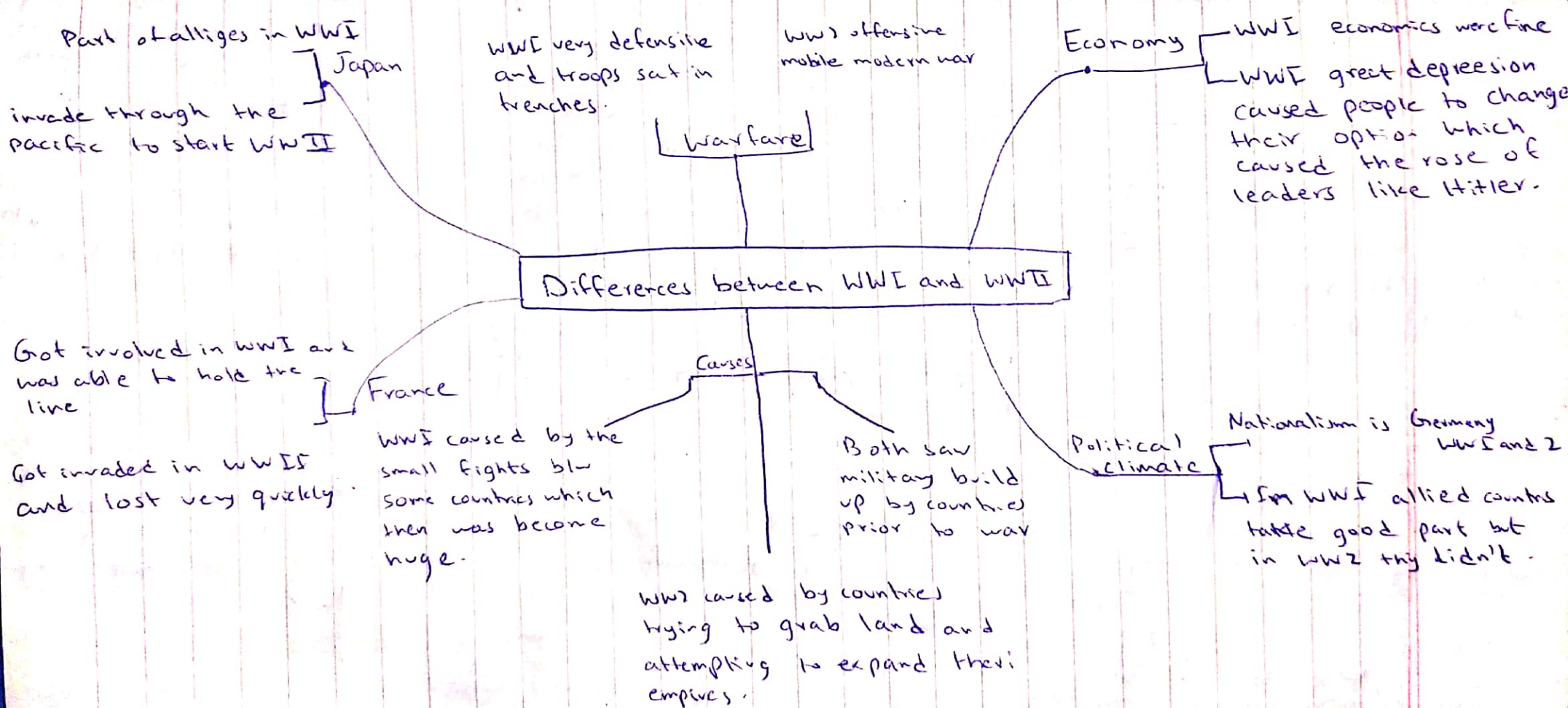
In Colleges, due to tension and workload people are usually not that healthy as they were in school.

Job

Time Management

Text books

Grades



Coffee and Tea (Effects of Both)

Control of Diabetes:
Coffee and tea are loaded with antioxidants that control sugar level

Liver diseases
Regular tea and coffee consumption can help to keep diseases of liver cancer and others.

Fighting free radicals!

Tea and coffee

helps to control the free radicals produced by our bodies.

Heart Ailments

Recent studies show that coffee and tea are helpful for cure of heart ailments

Formation of Gallstones

Coffee is specifically helpful in this regard. Coffee helps the liver, more smoothly through bladder.

Weight Management
Drinking low calorie tea and coffee weight can be balanced also

Treatment of Cancer
Antioxidants present in both beverages help cure cancer.

Parkinson's disease:

The caffeine found in

both helps to protect the human body against Parkinson's disease.