

It's a movie with Clint Eastwood. He's a boxing trainer called Frankie, he coaching a young world champion. Soon the young boxer leaves him to go with another trainer. One day a girl, Maggie Fitzgerald, ask to Frankie to train her. He initially refused because she is a girl, but Maggie works so hard in Frankie's gym, he decided to start training her; day after day she becomes stronger and begins to have her first matches. The coach decides to give her a nickname "Mo Cuishle".

She started to win all matches at the first round. During the last fight she combat for the world title, against "Blue Bear", a boxer already known for her impropriety. In that match it seemed that Maggie was the winner, because he punches "blue bear" who falls to the ground. Maggie turns and goes towards her corner, but incredibly "blue bear" gets up and hit her behind, Maggie falls and hits head.

She wakes up in hospital, the doctor inform here that she has a laceration of the C1 and C2 vertebrae and that she was to remain paralyzed for all life. The doctor also had to amputate her leg. Frankie visits her all days, until she asked him to help her die, he didn't accept, so during the night Maggie tried to do it herself bite her tongue, but she couldn't.

Days passed and Frankie decided to accept Maggie's request, so one evening he went to the hospital, explained to her the meaning of "Mo Cuishle" that is, "my darling, my blood", disconnected her respirator and injected her adrenaline, so her heart stopped.

This story is told by Scrap, impersonated by Morgan Freeman, Frankie's best friend helped him in the gym. The movie is based on the reading of a letter that Scrap writes to Frankie's daughter to make her understand what a good man was her father.