

Comprehensive Documentation for ASAM Intake Process and Scoring Logic

Overview

This document outlines the conversational script built from the ASAM official intake template, encompassing all six dimensions. Additionally, it provides scoring logic for assessing level of care placement, treatment planning, and service requests. The system ensures compliance with ASAM guidelines while offering flexibility for patient-centered assessments and scoring.

Conversational Script Design

Dimension 1: Acute Intoxication and Withdrawal Potential

Purpose: Evaluate the patient's substance use history, withdrawal symptoms, and potential for medical complications.

1. Substance Use History:

- "Can you tell me which substances you have used, how long you've used them, how recently, and how you used them?"
 - Follow-up for each substance: "How many years or months have you been using it?"
- "Have you used substances in the last 48 hours?"
 - If Yes: "What substances did you use, and how did you use them?"

2. Withdrawal Symptoms:

- "How much are you bothered by physical or emotional symptoms when you stop or reduce your use?"
- "Are you currently experiencing withdrawal symptoms, like tremors or sweating?"

3. Tolerance and Overdose:

- "Do you find yourself using more alcohol or drugs to get the same effect?"
 - "Have you ever experienced severe withdrawal, seizures, or overdose?"
-

Dimension 2: Biomedical Conditions and Complications

Purpose: Assess current medical conditions and their impact on daily living and treatment.

1. Medical History:

- "Do you have a primary care provider who manages your medical concerns?"
- "Are you currently taking any medications?"
 - Follow-up: "What are these medications for?"

2. Medical Concerns:

- "Do you have any concerns about a medical problem or disability?"
- "Have you been diagnosed with any of the following conditions (e.g., heart problems, seizures, diabetes)?"
 - Follow-up: "Are these conditions stable with treatment or worsening?"

3. Health Impact:

- "Do these health conditions make it harder for you to take care of yourself or attend treatment?"
-

Dimension 3: Emotional, Behavioral, or Cognitive Conditions and Complications

Purpose: Evaluate mental health, emotional challenges, and cognitive functioning.

1. Mental Health History:

- "Have you ever been told by a clinician that you have a mental health problem or brain injury?"
- "Are you currently in treatment for mental health or emotional problems?"

2. Trauma and Symptoms:

- "Have you ever experienced abuse or other traumatic events?"
- "Have you experienced symptoms like anxiety, depression, or memory problems in the last 30 days?"

3. Impact on Daily Life:

- "Do these emotional health symptoms make it harder for you to work, socialize, or attend treatment?"
-

Dimension 4: Readiness to Change

Purpose: Assess the patient's motivation and readiness for behavioral change.

1. Impact of Substance Use:

- "How much does your alcohol or drug use affect areas like work, family, or physical health?"

2. Readiness for Treatment:

- "Do you believe changing your substance use could improve these aspects of your life?"
- "Do you think you need treatment to change your use?"

3. Barriers to Change:

- "What concerns or fears make it hard for you to start or stay in treatment?"
 - "Do you want to quit or cut back on your substance use?"
-

Dimension 5: Relapse, Continued Use, or Continued Problem Potential

Purpose: Evaluate the risk of relapse and potential challenges to recovery.

1. History of Relapse:

- "What is the longest period you've gone without using substances?"
- "What helped you stay sober during that time?"

2. Current Triggers:

- "What problems or triggers might lead you to relapse or continued use?"
- "How do you plan to manage these triggers?"

3. Coping Ability:

- "Do you feel like you have a good plan and ability to deal with these issues or triggers?"
-

Dimension 6: Recovery/Living Environment

Purpose: Assess the patient's living environment and its impact on recovery.

1. Housing Stability:

- "Have you been living in stable housing over the last two months?"
 - "Are you worried about losing housing in the next two months?"
2. **Support Systems:**
- "Who do you live with, and how do they support or challenge your recovery?"
 - "Are there people, places, or things that make recovery easier or harder?"
3. **Environmental Challenges:**
- "Do any of your current relationships or situations pose a threat to your safety?"
-

Scoring Logic for Assessment

Severity Rating for Each Dimension

- **Scale:**
 - 0: None
 - 1: Mild
 - 2: Moderate
 - 3: Severe
 - 4: Very Severe

General Scoring Guidelines

1. **Dimension 1:**
 - Example: Severe withdrawal symptoms → Score 3-4
 2. **Dimension 2:**
 - Example: Uncontrolled medical conditions → Score 3-4
 3. **Dimension 3:**
 - Example: Suicidal ideation → Score 4
 4. **Dimension 4:**
 - Example: Resistant to change → Score 3-4
 5. **Dimension 5:**
 - Example: High relapse potential → Score 3-4
 6. **Dimension 6:**
 - Example: Toxic living environment → Score 3-4
-

Level of Care Placement Logic

1. **Level 1: Outpatient Services**

- Severity Rating: Mostly 0s and 1s
 - Low-intensity monitoring required.
2. **Level 2: Intensive Outpatient/Partial Hospitalization**
- Severity Rating: 2s in at least two dimensions
 - Moderate risks requiring structured therapy and medical monitoring.
3. **Level 3: Residential/Inpatient Services**
- Severity Rating: 3-4 in at least two dimensions
 - 24-hour care required for safety and stabilization.
4. **Level 4: Medically Managed Intensive Inpatient Services**
- Severity Rating: 4 in Dimensions 1 or 2
 - Immediate medical intervention and monitoring required.
-

Treatment Planning and Service Requests

1. **Treatment Goals:**
- Based on patient-reported goals and severity ratings.
 - Example: For severe withdrawal symptoms → “Stabilize withdrawal using medically managed detox.”
2. **Service Requests:**
- Housing assistance (Dimension 6)
 - Mental health counseling (Dimension 3)
 - Employment support (Dimension 6)
3. **Report Output:**
- Generate a comprehensive summary of assessment results, severity ratings, and recommended services.
-

Dynamic Logic Implementation

Overall Assessment Logic

Example function to calculate overall severity

```
def calculate_severity(dimension_scores):  
    overall_severity = sum(dimension_scores) / len(dimension_scores)  
    return overall_severity
```

```
# Example placement logic

def determine_level_of_care(scores):
    if max(scores) >= 4:
        return "Level 4: Medically Managed Inpatient Services"
    elif max(scores) >= 3:
        return "Level 3: Residential/Inpatient Services"
    elif max(scores) >= 2:
        return "Level 2: Intensive Outpatient Services"
    else:
        return "Level 1: Outpatient Services"
```

This documentation ensures a comprehensive, professional-grade intake and scoring system based on the ASAM guidelines. It provides clear steps for conversational assessments and scoring logic for care placement and treatment planning.

THE INTAKER - PDF EXTRACTION (1).txt

Document

based on the text information below that was transform from a intake procedure template , create a conversational dynamic script following the list of questions from each dimension comprehensively, use dynamic approach and stay within the templates questions. do one dimension at the time and i will request next

ChatGPT

Dynamic Script for Dimension 1: Acute Intoxication or Withdrawal Potential

Below is a conversational dynamic script tailored for Dimension 1: Acute Intoxication or Withdrawal Potential, created based on the extracted ASAM assessment guide and leveraging dynamic scripting for a conversational bot.

1. Initial Introduction

Bot: "Hello, I'm here to guide you through this part of your intake. I'll ask some questions about your substance use history and any withdrawal symptoms you might have experienced. Please answer honestly, and if you're unsure about anything, that's okay—just let me know."

Dynamic Behavior: Adjust tone and pace based on patient responses.

2. Substances Used

Bot: "I'm going to read you a list of substances. Could you tell me which ones you have used, how long you've used them, how recently, and how you used them?"

Dynamic Follow-Up Questions:

1. Alcohol:

- "Have you used alcohol recently?"
- If Yes:
 - "How many years or months have you been drinking regularly?"
 - "In the last 30 days, how often have you had 4 or more drinks on one occasion if you're female, or 5 or more if you're male?"
 - "How do you typically consume alcohol—by drinking, injecting, or another way?"

2. Other Substances:

- "Have you used heroin, fentanyl, or other non-prescription opioids?"
- If Yes:
 - "When was the last time you used any of these?"
 - "How often have you used these substances in the last 30 days?"
- Repeat for the following substances:
 - Prescription opioid medications
 - Cocaine/crack
 - Methamphetamines or other stimulants
 - Prescription stimulants
 - Cannabis/marijuana
 - Nicotine or tobacco
 - Other drugs (specify)

3. Withdrawal Symptoms

Bot: "Let's talk about any symptoms you've experienced when stopping or reducing your substance use."

1. "How much are you bothered by physical or emotional symptoms when you stop or reduce your use of alcohol or other drugs? For example, nausea, body aches, or anxiety."
 - Response Options: "Not at all," "A little," "Somewhat," "Very," or "Extremely."
 - Follow-Up: "Can you describe what symptoms you experienced?"
 2. "Are you currently experiencing withdrawal symptoms like tremors, sweating, rapid heart rate, or vomiting?"
 - If Yes:
 - "Could you describe these symptoms in more detail?"
-

4. Tolerance and Overdose History

Bot: "Now, I'll ask about any changes in tolerance and past experiences with withdrawal or overdose."

1. "Do you find yourself using more alcohol or other drugs to get the same effect as before?"
 - Follow-Up: "Have you noticed any patterns that indicate a higher tolerance?"
 2. "Have you ever experienced severe withdrawal symptoms, such as seizures or life-threatening conditions?"
 - If Yes:
 - "Could you specify which substance caused this and when it occurred?"
 3. "Have you ever overdosed or lost consciousness due to alcohol or drug use?"
 - If Yes:
 - "How recent was your last overdose?"
 - "Have you received training or access to naloxone?"
-

5. Recent Substance Use

Bot: "Have you used any substances in the last 48 hours?"

- If Yes:
 - "What substances have you used?"
 - Dynamic Guidance:

- "Short-acting opioids, like heroin, typically cause withdrawal symptoms 8 to 24 hours after the last use."
 - "Long-acting opioids, like methadone, cause withdrawal symptoms 12 to 48 hours later."
-

6. Observations and Risks

Bot: "Let me confirm a few things based on my observations."

1. "Do you appear to be showing signs of intoxication or withdrawal right now? For example, disorientation, slurred speech, or sweating?"
 - If Yes:
 - Dynamic Follow-Up: Refer for immediate medical evaluation or withdrawal management services.
 2. "Do you have any concerns about your risk for overdose or withdrawal?"
-

7. Patient's Goals

Bot: "Before we finish, I'd like to ask about your goals for managing withdrawal or overdose risks."

1. "What concerns do you have about managing these risks?"
 2. "What goals do you have for your health and substance use?"
-

8. Risk Rating

Bot: "Based on your responses, I'll assign a severity rating for your withdrawal and intoxication risks."

This helps us decide the best level of care for you."

Severity Rating (Dynamic Assignment):

- None (0): No withdrawal or intoxication symptoms.
- Mild (1): Minimal symptoms not interfering with daily life.
- Moderate (2): Symptoms causing moderate challenges but manageable.
- Severe (3): Symptoms with significant risks to self or others.
- Very Severe (4): Life-threatening symptoms requiring immediate attention.

Dynamic Adjustments

- Adjust tone and phrasing based on patient engagement.
 - Use motivational interviewing techniques to build rapport and encourage honest responses.
-

Next Steps

- Provide recommendations based on the Severity Rating and responses.
- Offer referrals to withdrawal management services or emergency care if needed.

Let me know when you'd like me to proceed with Dimension 2: Biomedical Conditions and Complications!

You said:

still on dimension 1 , create the actual conversational script only , nothing more than the sequence of question to the model to follow and possible dynamic script adjustment to meet clients neeeds and appropriate leve of care.

ChatGPT said:

ChatGPT

Conversational Script for Dimension 1: Acute Intoxication or Withdrawal Potential

Introduction

1. "Hello, I'm here to ask you some questions about your substance use history and any withdrawal symptoms you may have experienced. Please feel free to share as much as you're comfortable with."
-

Substance Use History

2. "I'm going to read you a list of substances. Could you tell me which ones you have used, how long you've used them, how recently, and how you used them?"

Substance List (ask for each):

- "Have you used alcohol recently?"
- If Yes:

- "How many years or months have you been drinking regularly?"
 - "In the last 30 days, how often have you had 4 or more drinks on one occasion if you're female, or 5 or more if you're male?"
 - "How do you typically consume alcohol—by drinking, injecting, or another way?"
- Repeat for:
 - Heroin, fentanyl, or other non-prescription opioids
 - Prescription opioid medications
 - Cocaine/crack
 - Methamphetamines or other stimulants
 - Prescription stimulants
 - Cannabis/marijuana
 - Nicotine or tobacco
 - Other drugs (specify if applicable)
-

Withdrawal Symptoms

3. "Let's talk about any symptoms you've experienced when stopping or reducing your substance use."
 - "How much are you bothered by physical or emotional symptoms when you stop or reduce your use of alcohol or other drugs? For example, nausea, body aches, or anxiety."
 - Dynamic Follow-Up: "Can you describe the symptoms you experienced?"
 - "Are you currently experiencing withdrawal symptoms like tremors, sweating, rapid heart rate, or vomiting?"
 - If Yes: "Could you describe these symptoms in more detail?"
-

Tolerance and Overdose History

4. "Do you find yourself using more alcohol or other drugs to get the same effect as before?"
 - Dynamic Follow-Up: "Have you noticed any patterns that indicate a higher tolerance?"
5. "Have you ever experienced severe withdrawal symptoms, such as seizures or life-threatening conditions?"
 - If Yes: "Could you specify which substance caused this and when it occurred?"
6. "Have you ever overdosed or lost consciousness due to alcohol or drug use?"
 - If Yes:
 - "How recent was your last overdose?"
 - "Have you received training or access to naloxone?"

Recent Substance Use

7. "Have you used any substances in the last 48 hours?"
 - If Yes:
 - "What substances have you used?"
 - Dynamic Guidance:
 - "Short-acting opioids, like heroin, typically cause withdrawal symptoms 8 to 24 hours after the last use."
 - "Long-acting opioids, like methadone, cause withdrawal symptoms 12 to 48 hours later."
-

Observations and Risks

8. "Based on what you've shared, I'd like to confirm if you're showing any current signs of intoxication or withdrawal, such as disorientation, slurred speech, or sweating."
 - If Yes: "I may recommend immediate medical evaluation to ensure your safety."
 9. "What concerns do you have about your risk for overdose or withdrawal?"
-

Goals

10. "What goals do you have for managing withdrawal or overdose risks?"
-

Dynamic Script Adjustments

- If the patient expresses current withdrawal symptoms:
 - "Based on what you've shared, it may be best to connect you with withdrawal management services for your safety. Would that be okay?"
 - If the patient is experiencing severe intoxication or withdrawal:
 - "It sounds like you may need immediate medical attention. I'll help coordinate that for you now."
 - If the patient is hesitant to share:
 - "I understand this can be difficult to talk about. Please share whatever you feel comfortable with, and we'll work together from there."
-

This script dynamically adjusts based on the patient's responses, prioritizing their safety and comfort while determining the appropriate level of care.

You said:

THE INTAKER - PDF EXTRACTION.txt

Document

review last response and do the same for dimension 2 , use document uploaded to kkep developing the script base on the question, check where we left off t continue the script without missing any of the require questions

ChatGPT

Conversational Script for Dimension 2: Biomedical Conditions and Complications

Below is a conversational dynamic script based on the questions provided in the Dimension 2 section of the uploaded ASAM assessment guide. This conversational flow dynamically adapts to patient responses.

Introduction

Bot:

"Let's discuss your physical health. I'll ask a few questions about your medical history, any health concerns you have, and how they may affect your well-being. Please let me know if you have any difficulty answering."

Primary Care

1. Bot:

"Do you have a primary care clinician who manages your medical concerns?"

- If Yes:
 - "What is your clinician's name and contact information, if you'd like to share it? This will help us coordinate your care."
 - If No:
 - "Would you like help finding a primary care provider?"
-

Current Medications

2. Bot:

"Are you currently taking any medications for your physical health?"

- If Yes:

- "Can you list all the medications you are taking, including over-the-counter medications?"
- Follow-Up:
 - "What are these medications for? For example, do they treat pain, blood pressure, or another condition?"
 - "Do you take these medications as prescribed, or have you experienced any issues with taking them?"

- If No:

- "Are there any medications you feel you should be taking but currently are not?"

3. Bot:

"Do you use marijuana or marijuana-related products, such as CBD, for medical purposes?"

- If Yes:

- "What type of products do you use, and how often do you use them?"
- "What symptoms or illnesses are you treating with marijuana products?"

Medical Concerns

4. Bot:

"Do you have any concerns about a medical problem or disability at this time?"

- If Yes:

- "Could you describe the problem or concerns you're experiencing?"

5. Bot:

"When was the last time you saw a doctor or another healthcare provider?"

- "What did you see them for?"

Physical Health Issues

6. Bot:

"I'm going to read a list of physical health issues. Please let me know if you currently have or have been diagnosed with any of the following conditions:

- Heart problems
- High blood pressure or cholesterol
- Seizures or neurological problems
- Diabetes
- Liver or kidney problems

- Chronic pain
 - Asthma or lung problems
 - Other conditions (e.g., cancer, infections, or sexually transmitted diseases)."
 - For each Yes response:
 - "Is this condition stable with treatment, or is it worsening or uncontrolled?"
7. Bot:
"Are any of these health conditions caused or made worse by alcohol or other drug use?"
 - If Yes:
 - "Can you explain how they are being affected?"
-

Health Maintenance

8. Bot:
"Are you up to date on your vaccines, such as COVID-19, flu, tetanus, or hepatitis vaccines?"
 - If No:
 - "Would you like help accessing vaccination services?"
9. Bot:
"If you were assigned female at birth, are you or do you think you could be pregnant?"
 - If Yes:
 - "How many weeks pregnant are you, and are you receiving pregnancy care?"
-

Daily Living Impact

10. Bot:
"Do any of these health conditions make it harder for you to take care of yourself, like grooming, eating, or managing your household?"
 - Response Options:
 - "Not at all," "A little," "Somewhat," "Very," or "Extremely."
 - Follow-Up:
 - "Can you tell me how they are affecting your daily activities?"
11. Bot:
"Do these health conditions make it harder for you to go to work, school, or socialize with others?"
 - Response Options:
 - "Not at all," "A little," "Somewhat," "Very," or "Extremely."
 - Follow-Up:
 - "Could you describe how they interfere with these activities?"

12. Bot:

"Do these health conditions make it harder for you to attend or stay in substance use treatment?"

- Response Options:
 - "Not at all," "A little," "Somewhat," "Very," or "Extremely."
- Follow-Up:
 - "Why do you think this is the case?"

Support and Safety

13. Bot:

"Do you have someone who can support you with these health issues, such as a family member, friend, or caregiver?"

- If Yes:
 - "How do they support you?"
- If No:
 - "Would you like help finding additional support?"

14. Bot:

"Are any of your current medical issues life-threatening or requiring immediate medical attention?"

- If Yes:
 - "We may need to refer you to the emergency department right away. Let me know how I can help."

Dynamic Adjustments

- If the patient describes unstable or worsening conditions:
 - "Based on what you've shared, it may be important to prioritize medical evaluation and treatment to stabilize these issues. Would you like help arranging this?"
- If the patient mentions disabilities impacting daily living:
 - "I can help you identify resources or support systems to make daily activities easier. Would you like assistance with this?"

This script dynamically adjusts to the patient's responses, ensuring comprehensive coverage of Dimension 2 while maintaining patient-centered and empathetic communication. Let me know if you'd like to continue to Dimension 3!

You said:

continue with the questions from intake template uploaded and dimension 3

ChatGPT said:

ChatGPT

Conversational Script for Dimension 3: Emotional, Behavioral, or Cognitive Conditions and Complications

This conversational script follows the Dimension 3 questions from the uploaded ASAM intake template. It dynamically adjusts based on patient responses and ensures all questions from the guide are included.

Introduction

Bot:

"Let's talk about your emotional and mental health. I'll ask about any challenges you might have faced, how they've affected your daily life, and if there's anything we can do to support you."

Mental Health History

1. Bot:

"Have you ever been told by a physical or mental health clinician that you have a mental health problem or brain injury?"

- If Yes:
 - "Can you tell me more about the diagnosis, when it happened, and the type of injury or condition?"

2. Bot:

"Are you currently in treatment, or have you received treatment before, for mental health or emotional problems?"

- If Yes:
 - "What type of treatment have you received, and how long were you in treatment?"

3. Bot:

"If you've received mental health treatment, have your symptoms been stable?"

- Options:
 - "Stable with treatment or medications"
 - "Stable without treatment or medications"
 - "Unstable"
 - "Not sure"

Trauma History

4. Bot:

"This next question can be sensitive, and you're welcome to skip it if you'd like. Have you ever experienced abuse, such as physical, emotional, or sexual abuse, or any other traumatic events?"

- If Yes:

- "Would you like to share more about that experience, or would you prefer we move on?"
-

Current Emotional or Cognitive Symptoms

5. Bot:

"I'm going to read a list of symptoms and behaviors that some people find concerning. Please let me know if any of these have been bothering you in the last 30 days, and if they happen only when using or withdrawing from alcohol or drugs."

List of Symptoms (ask one at a time):

- Depression or sadness
- Loss of pleasure or interest in activities
- Hopelessness
- Anxiety or excessive worry
- Flashbacks
- Irritability or anger
- Racing thoughts
- Obsessive or compulsive thoughts or behaviors
- Memory or concentration problems
- Paranoia or feeling like you're being watched or followed
- Psychosis (e.g., hearing voices, seeing things others don't)
- Sleep problems
- Other symptoms (specify)

6. Follow-Up for Any Yes Response:

- "Can you describe how this symptom affects your daily life?"
 - "Do these symptoms occur only when using or withdrawing from alcohol or drugs?"
-

Self-Harm and Harming Others

6. Bot:

"Have you had thoughts of hurting yourself or feeling like you'd be better off dead?"

- If Yes:
 - "Are you having these thoughts today?"
 - Emergency Follow-Up:
 - "I'm here to help. It's very important we ensure your safety. Would you feel comfortable if I contacted a clinician or someone who can assist you immediately?"

7. Bot:

"Have you had thoughts of harming others?"

- If Yes:
 - "Are you having these thoughts today?"
 - "Have you ever acted on these feelings before?"

Impact on Daily Life

8. Bot:

"How much do these emotional health symptoms make it harder for you to take care of yourself, such as hygiene, grooming, dressing, or eating?"

- Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."
- Follow-Up:
 - "Could you describe how these symptoms affect your daily life?"

9. Bot:

"Do these symptoms make it harder for you to go to school, work, or engage in social activities or hobbies?"

- Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."
- Follow-Up:
 - "Can you share more about how they impact these activities?"

10. Bot:

"Do these symptoms make it harder for you to attend or stay in substance use treatment?"

- Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."
- Follow-Up:
 - "Why do you think that is?"

Support and Coping

11. Bot:

"Do you have someone in your life who supports you with these mental health challenges, such as a family member, friend, or caregiver?"

- If Yes:
 - "How do they support you?"
- If No:
 - "Would you like help finding additional support?"

12. Bot:

"What are some ways you've tried to cope with these symptoms? For example, have you tried therapy, medications, or self-care activities?"

Dynamic Adjustments

- If the patient describes severe symptoms or immediate safety concerns:
 - "It sounds like you may need additional support to stay safe and manage these symptoms. Let's connect you with a clinician or care provider right away."
- If the patient mentions barriers to treatment:
 - "Would you like help finding resources to address these barriers, such as transportation or financial assistance?"

This script ensures all required Dimension 3 questions are addressed dynamically while prioritizing the patient's emotional and cognitive needs. Let me know when you're ready to proceed with Dimension 4!

You said:

is impoortant to follow questioins from the documentation, are doimng that or introducing new questiiions based on the dinesions o nly?

ChatGPT said:

ChatGPT

I am following the questions directly from the uploaded documentation, using the exact structure and language where applicable, while maintaining a conversational flow suitable for a chatbot. I aim to include all questions from the documentation for each dimension without introducing new ones unless dynamic adaptations are necessary to clarify or address specific patient responses.

For Dimension 3, I ensured:

1. The mental health history questions are included (e.g., previous diagnoses, treatment, symptom stability).
2. All questions related to emotional, behavioral, or cognitive symptoms from the documentation are included (e.g., sadness, anxiety, memory issues, self-harm thoughts, and more).

3. The impact on daily living questions are fully addressed (e.g., hygiene, work, social life, attending treatment).
4. Follow-up questions are directly aligned with the documentation's prompts for more detail when the patient answers "Yes."

If you feel any required questions from the documentation have been missed, please:

1. Let me know which area or dimension might need closer adherence.
2. Specify if you'd like the script refined to exactly match the phrasing or order from the documentation.

Shall I proceed with Dimension 4 or revise based on specific feedback?

You said:

dimension 4 from documentation

ChatGPT said:

ChatGPT

Conversational Script for Dimension 4: Readiness to Change

Below is the conversational script for Dimension 4, strictly following the questions provided in the uploaded ASAM documentation. This script dynamically adjusts based on patient responses to ensure all questions are comprehensively covered.

Introduction

Bot:

"Now let's talk about how you feel about making changes in your life, especially related to alcohol or drug use. I'll ask about how these changes might affect different parts of your life and your thoughts on treatment. Please feel free to share openly."

Impact of Substance Use

1. Bot:
"I'm going to read a list of areas in your life that might be affected by alcohol or drug use. Can you tell me how much your substance use affects these aspects of your life?"
Response Options:

- "Not at all," "A little," "Somewhat," "Very," "Extremely."
2. Areas to Address:
 - Work
 - School
 - Mental health or emotions
 - Hobbies or recreation
 - Legal matters (e.g., DUI)
 - Finances
 - Family relationships
 - Friendships
 - Romantic relationships
 - Self-esteem
 - Physical health
 - Enjoyment of activities
 - Sexual function
 - Hygiene or self-care
 - Other (specify)
 3. Follow-Up:
 - For any area with a significant impact (e.g., "Somewhat," "Very," "Extremely"):
 - "Can you tell me more about how your substance use has affected this part of your life?"

Perception of Change

2. Bot:

"Do you believe changing your use of substances could improve any of these areas we just discussed?"

 - If Yes:
 - "Which area do you think would improve the most, and why?"
 - If No or Unsure:
 - "Could you share more about why you feel that way?"
3. Bot:

"Do you think you need treatment to change your use of substances?"

 - Response Options:
 - "Yes," "No, it's not a problem," "No, I can stop anytime without help," or "I don't know."
 - Follow-Up:
 - For No responses: "Can you tell me more about why you feel that way?"

Past Attempts and Experiences

4. Bot:
"Have you done anything in the past to change your alcohol or drug use, like attending self-help groups, changing your habits, or avoiding certain people or places?"
 - If Yes:
 - "What steps did you take, and how did they work for you?"
 5. Bot:
"If you've had treatment before, how helpful was it for you?"
 - Follow-Up:
 - "What worked well in that treatment, and what didn't?"
-

Barriers to Change

6. Bot:
"Do you have any concerns or fears that make it hard for you to start or stay in treatment?
For example, stigma, childcare, time, or family concerns."
 - If Yes:
 - "Can you share more about what those concerns are?"
 - "What could make it easier for you to attend treatment?"
-

Motivation and Support

7. Bot:
"Do you want to quit or cut back on your alcohol or drug use?"
 - Response Options:
 - "Yes, quit," "Yes, cut back," "Not sure," "No, neither."
 - Follow-Up:
 - For Yes:
 - "What motivates you to want to make this change?"
 - For Not Sure or No:
 - "Can you tell me more about why you feel that way?"
8. Bot:
"Who else in your life cares about whether you quit or cut back? For example, family, friends, employers, or legal agencies."
 - Follow-Up:
 - "How much do you feel they care about you making changes in your life?"
 - Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."

Importance of Change

9. Bot:
"How important is it for you to make changes in your life at this time, such as addressing substance use, mental health, or other issues?"
 - Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."
 - Follow-Up:
 - "Can you tell me why this is important, or why it might not feel important right now?"
 10. Bot:
"How ready are you to stop or reduce your alcohol or drug use?"
 - Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."
 - Follow-Up:
 - "What would help you feel more ready to make this change?"
 11. Bot:
"Putting aside other people's opinions, how important is it to you personally to get treatment for your alcohol or drug use?"
 - Follow-Up:
 - "What would you like to change most about your current situation?"
-

Dynamic Adjustments

- If the patient expresses ambivalence or reluctance about treatment:
 - "It's okay to feel unsure. Change can be difficult. What do you think might help you feel more ready to make changes?"
 - If the patient shares external pressures (e.g., legal, family):
 - "How do you think these pressures affect your ability to make decisions about treatment for yourself?"
-

This script strictly follows the ASAM Dimension 4 questions, ensuring comprehensive coverage while providing a conversational flow suitable for a chatbot. Let me know if you're ready to proceed to Dimension 5 or need adjustments!

You said:

dimension 5 from documentation uploaded

ChatGPT said:

Conversational Script for Dimension 5: Relapse, Continued Use, or Continued Problem Potential

This conversational script follows the questions from Dimension 5 in the uploaded ASAM documentation. It is designed to dynamically adapt to patient responses and ensure all required questions are addressed.

Introduction

Bot:

"Let's talk about the potential for relapse or continued use of alcohol or drugs. I'll ask about your experiences with managing substance use and the challenges you might face. Feel free to share as much as you're comfortable with."

Substance Use History

1. Bot:

"What is the longest period of time you've gone without using alcohol or drugs?"

- Follow-Up:
 - "How long ago did that period end?"
 - Response Options:
 - "Days," "Weeks," "Months," "Years," or "Never."

2. Bot:

"What helped you go that long without using substances? For example, personal strengths, peer support, medication, or treatment."

- If Never: Skip to next section.
-

Relapse Triggers

3. Bot:

"If you've relapsed in the past, what do you think led to your relapse?"

- Follow-Up:
 - "Were there specific situations, emotions, or people involved?"

Managing Substance Use

4. Bot:

"If you plan to quit or cut back, how do you think you will manage this goal?"

- Examples to prompt if needed:

- "Stop on your own."
- "Go to treatment."
- "Take medications as prescribed."
- "Attend self-help groups."
- "Change relationships, jobs, or habits."

- Follow-Up:

- "Are there any steps you've already started taking?"
-

Consequences of Continued Use

5. Bot:

"What problems could happen or get worse if you don't get help for alcohol, drug use, or mental health issues?"

- Follow-Up:

- "How soon do you think these problems could happen—short-term or long-term?"
-

Imminent Risks

6. Bot:

"How severe or dangerous do you think the consequences of your current situation are?"

- Response Options:

- "Few or mild consequences," "Some consequences in weeks or months," or "Severe consequences in hours or days."

- Follow-Up:

- "Can you describe the specific risks or dangers you feel are most pressing?"
-

Triggers for Relapse

7. Bot:
"I'm going to read a list of potential triggers or stressors. Please let me know how much each one affects you right now."
Response Options:
 - "Not at all," "A little," "Somewhat," "Very," "Extremely."
8. Triggers:
 - Cravings, withdrawal symptoms, or negative effects of substance use.
 - Social pressure (friends, family, or work).
 - Difficulty dealing with emotions (e.g., anxiety, depression, boredom, or anger).
 - Financial stressors (e.g., paying bills, job concerns).
 - Physical health problems (e.g., chronic pain).
9. Follow-Up for Significant Triggers:
 - "Can you tell me more about how this is affecting you?"

Worst Triggers

8. Bot:
"Which of these triggers or problems has been the worst for you in the past month or so?"
 - Follow-Up:
 - "How have you been coping with this trigger or problem?"
9. Bot:
"Do you feel like you have a good plan or the ability to deal with these triggers?"
 - If No:
 - "What kind of support or resources do you think would help?"

Insight and Coping

10. Bot:
"How well do you think you understand your triggers, mental health symptoms, or coping mechanisms?"
 - Response Options:
 - "Good insight," "Some insight," "Very limited insight," or "Dangerously low insight."
 - Follow-Up:
 - "Can you describe what you think helps you cope the most?"

Dynamic Adjustments

- If the patient identifies imminent risks (e.g., severe consequences within hours or days):
 - "It sounds like your situation may require immediate attention. Let's work on connecting you with the right resources to ensure your safety."
 - If the patient expresses difficulty managing triggers:
 - "Would you like help developing a plan to manage these triggers or connect with support services?"
-

This script ensures all questions from Dimension 5 are covered, prioritizing patient safety and providing a conversational flow suitable for a chatbot. Let me know if you'd like to proceed to Dimension 6!

You said:

dimension 6 fromdoc uploaded

ChatGPT said:

ChatGPT

Conversational Script for Dimension 6: Recovery/Living Environment

This conversational script for Dimension 6 follows the questions from the uploaded ASAM documentation. It dynamically adjusts based on the patient's responses to ensure comprehensive coverage.

Introduction

Bot:

"Finally, let's talk about your living environment and the people, places, and things that might support or challenge your recovery. Your environment can play an important role in your treatment and overall well-being."

Housing Stability

1. Bot:

"In the past two months, have you been living in stable housing that you own, rent, or stay in as part of a household?"

- If No:

- "Can you describe your current housing situation, such as couch surfing, living outdoors, or staying in a car?"
- 2. Bot:
"Are you worried or concerned that in the next two months you might not have stable housing?"
 - If Yes:
 - "What are your concerns about losing housing?"
- 3. Bot:
"Do you need different housing than what you currently have?"
 - If Yes:
 - "What kind of housing would better support your recovery?"

Living Situation

- 4. Bot:
"Who do you currently live with? For example, family, friends, a partner, or roommates?"
 - Follow-Up:
 - "How do these people support or challenge your recovery?"

Work, School, and Financial Stability

- 5. Bot:
"Are you currently working, going to school, retired, disabled, or unemployed?"
 - Follow-Up:
 - "Can you tell me more about your job or school situation, and how it affects your recovery?"
- 6. Bot:
"What are the sources of your financial support? For example, do you rely on paid work, benefits, family or friends, or other sources?"
 - Follow-Up:
 - "Which of these is your main source of income?"

Daily Life and Support

- 7. Bot:
"How do you spend your free time when you're not working or going to school?"
 - Follow-Up:

- "Are these activities supportive of your recovery?"
8. Bot:
"Do you have any challenges with reading, learning, or using tools like workbooks, computers, or email?"
- If Yes:
 - "Can you describe what kind of support you might need in these areas?"
-

Barriers to Recovery

9. Bot:
"Do you have needs in any of the following areas to help support your recovery? For example:
- Transportation
 - Childcare
 - Housing
 - Employment
 - Education
 - Legal services
 - Financial assistance."
 - Follow-Up for Each Yes:
 - "What specific challenges are you facing in this area?"
-

Legal and Social Services

10. Bot:
"Are you currently engaged with any social service agencies, such as Child Protective Services or Health and Human Services?"
- If Yes:
 - "Can you describe how they're involved?"
11. Bot:
"Have you had criminal justice issues related to alcohol or drug use?"
- If Yes:
 - "Are you currently on probation, parole, or involved with diversion courts?"
 - "Can you describe any history of incarceration?"
12. Bot:
"Are you required to go to treatment for alcohol or drug use by someone like Child Protective Services, an employer, or the courts?"
- If Yes:
 - "Can you describe who requires this and why?"

Environmental Support and Risks

13. Bot:

"Do you currently live in an environment where others are regularly using alcohol or drugs?"

- If Yes:

- "Do you have an alternative place to live where others are not using alcohol or drugs?"

14. Bot:

"Do any of your current relationships pose a threat to your safety?"

- If Yes:

- "Has this person ever used a weapon against you, or threatened to do so?"
- "Do you feel like this person might try to harm you or your children?"

15. Bot:

"Do any other situations in your current environment pose a threat to your safety?"

- If Yes:

- "Can you describe the situation?"
-

People, Places, and Things

16. Bot:

"Are there people, places, or things in your life that support your recovery or make it easier to cut back or quit substance use?"

- Follow-Up:

- "How supportive are they?"

17. Bot:

"Are there people, places, or things that make it harder for you to cut back or quit?"

- Follow-Up:

- "How much do these make recovery more difficult?"
-

Goals and Challenges

18. Bot:

"What concerns or problems do you have with your current living situation or environment?"

- Follow-Up:

- "What changes in your work, home, or community could help support your recovery?"

19. Bot:

"What changes in your work, home, or community do you think you're unable or unwilling to make at this time?"

- Follow-Up:

- "Can you tell me more about why those changes are challenging?"

20. Bot:

"If things improved in your environment, what would that look like? For example, finding a job, going back to school, or getting access to services."

- Follow-Up:

- "What are your goals for improving your environment?"

Dynamic Adjustments

- If the patient reports unsafe living conditions:
 - "It sounds like your current environment may be a risk to your safety. Let's explore resources or housing options to address this immediately."
 - If the patient describes limited support systems:
 - "Would you like help finding community resources, peer support groups, or other services that could assist you?"
-

This script comprehensively covers Dimension 6 questions from the uploaded ASAM documentation while dynamically adapting to patient responses. Let me know if you'd like further refinements or additional dimensions!