

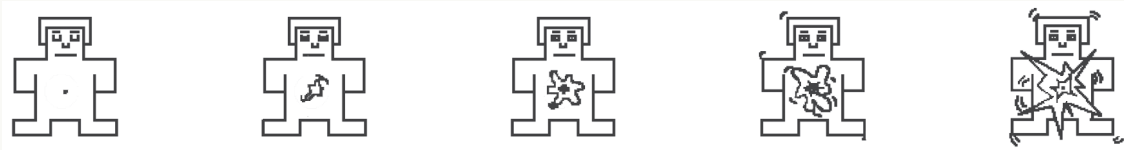
Self-Assessment-Manikin Arousal Scales

Scale your **arousal** level using the images at the following

Tired, Sleepy, Bored

Worried, In Control

Anxious, Excited, Astonished



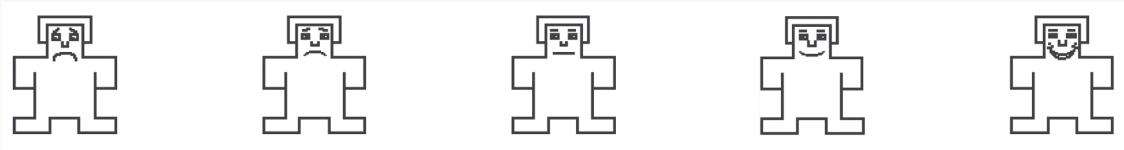
Self-Assessment-Manikin Valence Scales

Scale your **valence** level using the images at the following

Annoyed, Feared, Frustrated

Normal

Calm, Pleased, Enjoyed



Self-Assessment-Manikin Dominance Scales

Scale your **dominance** level using the images at the following

Feared, Submitted, Content

Normal

Complaining, Egocentric, Angry

