



SMALL STEPS MATTER

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ZAID TH[?]ANKS

THINK & THRIVE

My mission is to motivate busy or lazy people to read more. I do this by writing very short books — literally one word per page. The whole book can be finished in less than 20 minutes. For the extra curious, each page may also contain an optional hidden message.

It's completely your choice!

Reading instructions

1. Open this book.
2. Scroll down.
3. Read all the big black words — there's only one word on each page.
4. Hungry for more? Look for the hidden sentences at the bottom of each page.

Have fun!

Small Steps Matter

Small

Small is not nothing

Steps

Steps must be taken daily

Matter

Matter what you face, growth is possible

More

More steps are more growth

Than

Than waiting for motivation, start now

You

You will never feel ready

Think.

Think about the people you're doing this for

Small

Small steps are everything

Daily

Daily, small, consistent action beat big, interrupted
efforts

Action

Action—no matter how small—creates change

Leads

Leads forward, one small action at a time

To

To the weary, to the exhausted, there is a way out

Great

Greatness is guaranteed when you don't quit

Results.

Results take time, but you are on your way

Ready

Ready to start changing your destiny?

To

To the child inside you — that's who you're doing this
for

Start

Start a small action NOW and improve slowly

Today?

Today? Why not? If not today, when?

The End.

Stay in touch with me

Make sure to follow my social media accounts if you want free content about stress, anxiety and panic.

- [Instagram](#)
- [Threads](#)

Till soon?

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“The journey of a thousand miles begins with a single
step.”

Lao Tzu