ITINERARY PLANNER

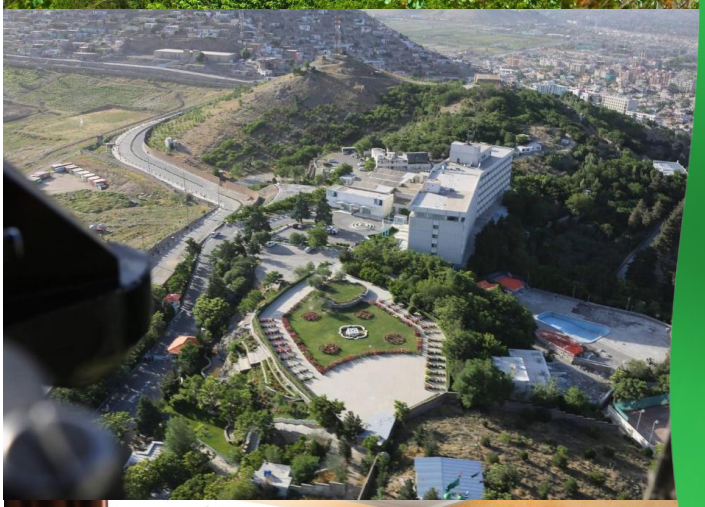
Trip duration: one week (7 days)

DAY 01	1. Stay at 5-star Intercontinental Hotel, Bagh Bala, Kabul. 2. Renting a vehicle, preferably an SUV.
DAY 02	1. Intercontinental Hotel room check-out. 2. Moving to the Chashm-e-doogh. 3. Dealing with the needs of vehicles in one of the gas stations. 4. Stopping at Chashm-e-doogh & eating Bolani & Dogh. 5. Moving towards Bamyan & attention to the pristine & natural scenery. 6. Reserve a room at the Silk Road Hotel.
DAY 03	1. Relax and watch Buddha from Silk Road Hotel (before noon). 2. Visit the double Buddha up close (afternoon).
DAY 04	1. A visit to the historical city of Gholgleh, in the east of the hotel. 2. Visit the historical city of Dhahak.
DAY 05	1. Moving to Qarghanatu. 2. Stopping in Qarghanato & buying natural dairy products. 3. Moving to Band Amir. 4. Pitching a Tent at the Second Lake of Band-e Amir 5. Relaxing.
DAY 06	1. Reserve the boat to move to the first Band. 2. Watch & visit the full first Band. 3. Back to the second Band.
DAY 07	1. Reserve the boat to watch the rest of the lakes. 2. Visit & watch the rest of the bands.

Luxury & Comfort at Hotel Inter-Continental Kabul

Hotel Inter-Continental Kabul offers an exceptional stay with its prime location on a hilltop overlooking the city, providing breathtaking panoramic views. As a five-star hotel, it boasts luxurious accommodations, fine dining options, a swimming pool, and modern conference facilities, making it an ideal choice for both leisure and business travelers. Experience world-class hospitality in the heart of Kabul, where comfort meets elegance.

Address: Bagh Bala, District 4, Kabul, Khorasan/Afg



Preparing for a Smooth and Safe Journey

Before embarking on your long journey, it's essential to ensure your vehicle is in top condition.

Start by checking the fuel level, tire pressure, oil, and coolant to avoid any issues along the way. Make a quick stop at a nearby gas station to fuel up and grab any last-minute essentials such as snacks, water, and a road map. You can also visit the adjacent supermarket for travel necessities like sunscreen, sunglasses, and any specific items you might need for a comfortable trip. Taking these steps will help ensure a smooth and enjoyable journey.

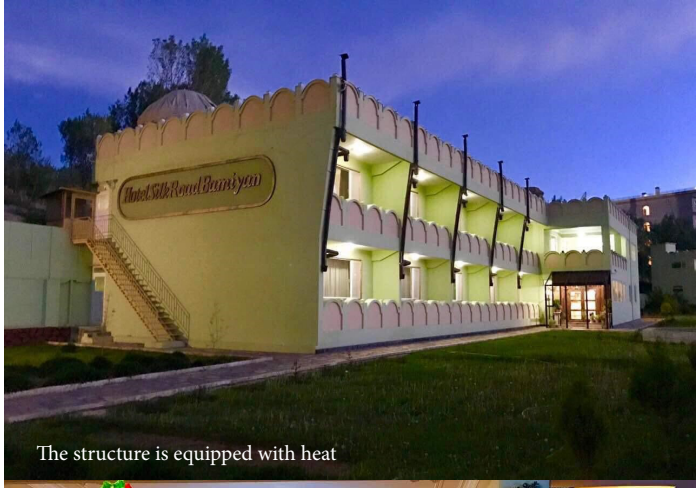
Refreshing Stop at Cheshma-e Dogh: Taste Tradition and Scenic Beauty

A stop at Cheshma-e Dogh in northern Kabul offers a refreshing break during your journey. Known for its natural spring water and traditional fermented yogurt drink, "dogh," this spot has become a popular resting place for travelers. Surrounded by beautiful landscapes, it's an ideal location to relax, enjoy the local culture, and sample this unique Khorasani beverage along with delicious, freshly-made bolani, a savory stuffed flatbread. Whether you're looking to cool off or simply take in the scenery, Cheshma-ye Dogh provides a memorable experience along the way.

Stunning Views at Silk Road Hotel Bamiyan

The Silk Road Hotel Bamiyan offers a unique and comfortable stay in one of Khorasan/Afg's most historic and scenic regions. Located directly opposite the famous Buddha niches, the hotel provides guests with stunning and awe-inspiring views of the ancient Buddha statues. With its blend of modern amenities and traditional Khorasani hospitality, the hotel serves as an ideal base for travelers looking to explore the cultural and natural wonders of Bamiyan, while enjoying the breathtaking panorama of the Buddha cliffs right from their rooms.

Address: Foladi road, Bamiyan, Khorasan/Afg, Opposite to the Buddha Cliffs



The structure is equipped with heat

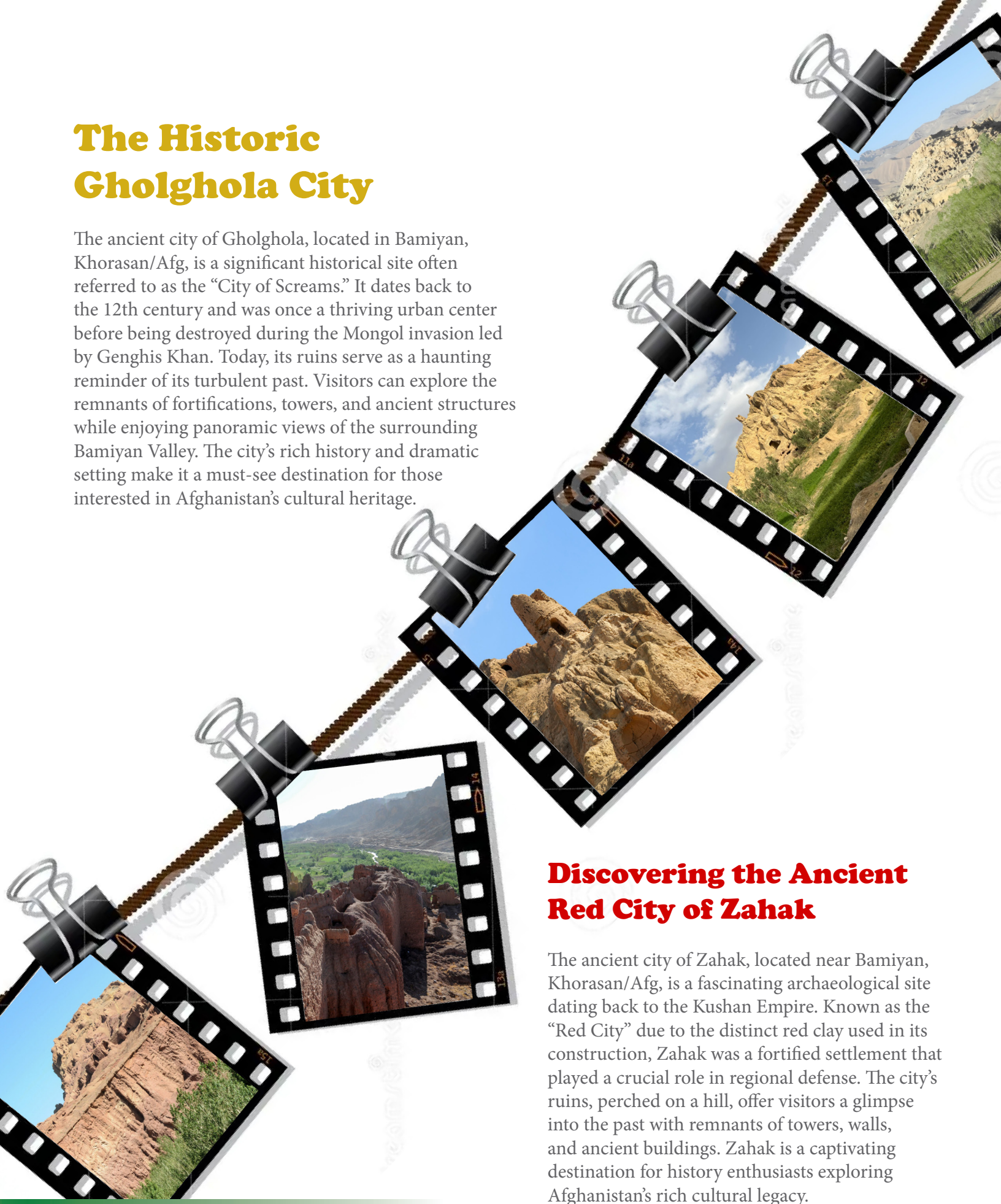
Hotel lobby

Rooms with Buddha view

Equipped rooms with necessary equipment

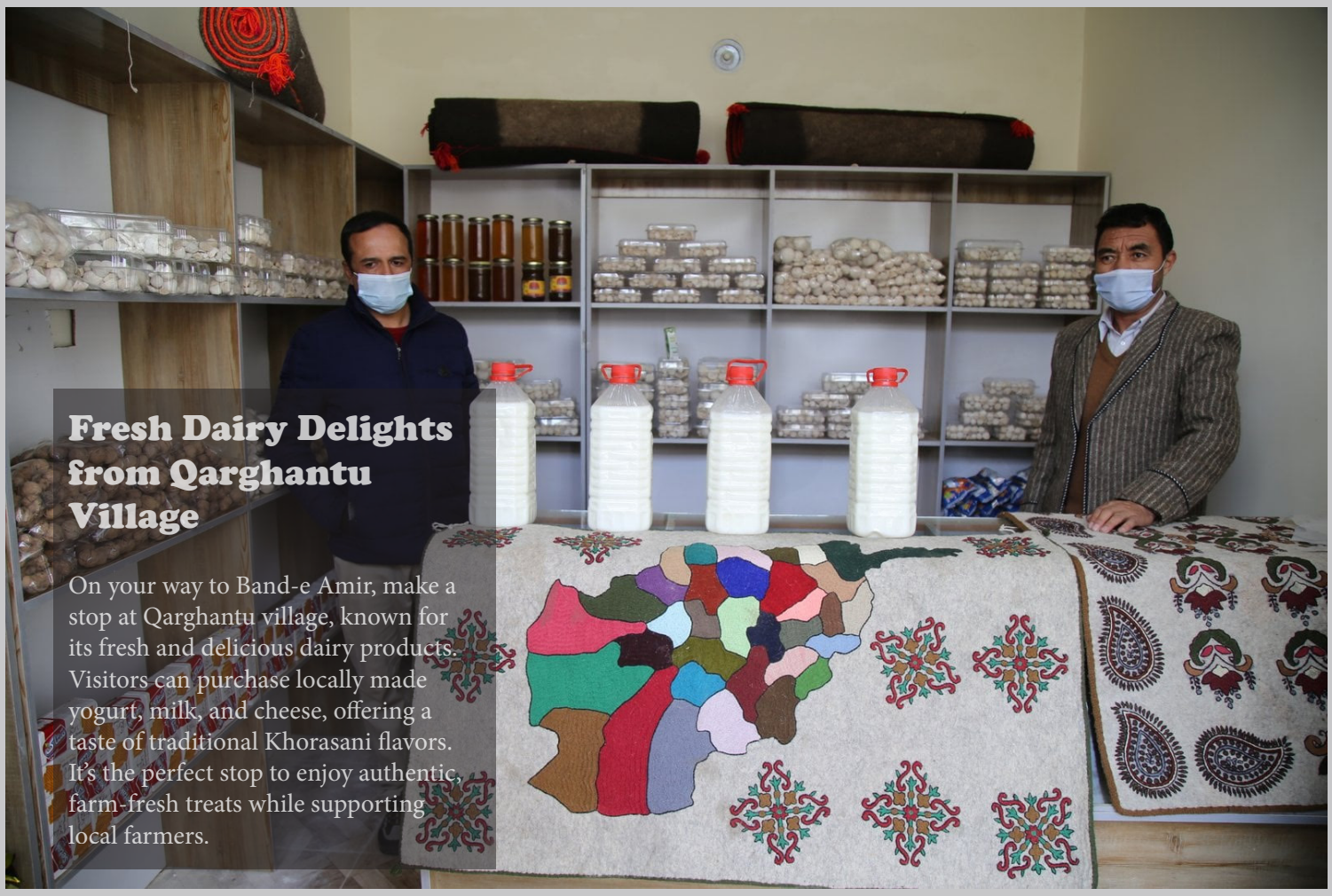
The Historic Gholghola City

The ancient city of Gholghola, located in Bamiyan, Khorasan/Afg, is a significant historical site often referred to as the "City of Screams." It dates back to the 12th century and was once a thriving urban center before being destroyed during the Mongol invasion led by Genghis Khan. Today, its ruins serve as a haunting reminder of its turbulent past. Visitors can explore the remnants of fortifications, towers, and ancient structures while enjoying panoramic views of the surrounding Bamiyan Valley. The city's rich history and dramatic setting make it a must-see destination for those interested in Afghanistan's cultural heritage.



Discovering the Ancient Red City of Zahak

The ancient city of Zahak, located near Bamiyan, Khorasan/Afg, is a fascinating archaeological site dating back to the Kushan Empire. Known as the "Red City" due to the distinct red clay used in its construction, Zahak was a fortified settlement that played a crucial role in regional defense. The city's ruins, perched on a hill, offer visitors a glimpse into the past with remnants of towers, walls, and ancient buildings. Zahak is a captivating destination for history enthusiasts exploring Afghanistan's rich cultural legacy.



Fresh Dairy Delights from Qarghantu Village

On your way to Band-e Amir, make a stop at Qarghantu village, known for its fresh and delicious dairy products. Visitors can purchase locally made yogurt, milk, and cheese, offering a taste of traditional Khorasani flavors. It's the perfect stop to enjoy authentic, farm-fresh treats while supporting local farmers.

This is how to pitch a tent.

Camping at the Serene Second Lake of Band-e Amir

Band-e Amir is a natural chain of stunning lakes, each with its own unique charm and beauty. The second lake, Band-e Haibat, stands out as an ideal spot for pitching a tent. With its serene atmosphere and breathtaking views, it offers a peaceful and picturesque environment perfect for camping. The crystal-clear blue waters and the surrounding cliffs make it a truly unique and tranquil place to experience the natural beauty of Khorasan.

DAY

05

An Attractive Image of the Waterfall at the First Lake

A Beautiful Image of the Chain of Lakes

The Majestic Beauty of Band-e Zulfiqar: The First Lake of Band-e Amir

The main lake and the first lake, known as Band-e Zulfiqar, are among the most captivating attractions in Band-e Amir National Park. Band-e Zulfiqar's crystal-clear blue waters, surrounded by rugged cliffs, create a breathtaking contrast against the barren landscape. This lake is the largest in the chain, offering stunning panoramic views that leave visitors in awe. The serene environment, coupled with the unique color of the water, makes it an ideal spot for relaxation, photography, and exploring the natural beauty of one of Afghanistan's most treasured locations.

Passage of Boats

Exploring the Six Stunning Lakes of Band-e Amir

Visiting Band-e Amir is an unforgettable experience, as each of its six stunning lakes offers unique beauty and charm. From the deep blue waters of Band-e Zulfiqar, the first and largest lake, to the tranquil shores of Band-e Haibat and the crystal-clear reflections at Band-e Panir, each stop reveals a new perspective of Afghanistan's natural wonders. The pristine environment, surrounded by towering cliffs and rugged landscapes, provides countless opportunities for hiking, photography, and relaxation. Exploring all the lakes allows visitors to fully immerse themselves in the tranquil beauty and serenity that Band-e Amir is renowned for.Afghanistan's most treasured locations.

DAY 07