Xiaomi Smart Band 7

MAKING QUALITY TECHNOLOGY ACCESSIBLE TO EVERYONE

App: Mi Fitness
Bluetooth: 5.2 BLE

Operating system: Android 6.0 or higher, iOS 10 or higher System language: English, German, Italian, French, Spanish, Russian, Traditional Chinese/Simple Chinese and

more.









Water Resistant

Smart Band 7 has an IP68 rating which is considered to be dust-tight and can withstand being submerged in up to 50 meters of water for up to 30 minutes.

Sensors

High precision 6-axis sensor and PPG heart rate sensor 6-axis sensor: Low power-consumption 3axis accelerometer and 3-axis gyroscope PPG heart rate sensor

Battery

Charging type: magnetic charging Charging time: ≤2 hours Typical use time: ≥14 days Capacity: 180mAh

Display

1.62 inch AMOLED Touch Display Resolution: 192 x 490 pixels, 326 PPI Brightness: up to 500 nits, adjustable Tempered glass with anti-fingerprint coating

Band faces:100+

Approximately 25% larger visible area*

*The visible area of the Xiaomi Smart Band 7 is approximately 25% larger compared to Mi Smart Band





Dimensions

46.5 mm x 20.7 mm x 12.25 mm Height, width and thickness dimensions exclude the strap and protrusions. Weight: 13.5g



Band Strap

Size: 160 mm-224 mm Material: TPU Strap buckle: Aluminum alloy



Packing list

Band body ×1 Band strap ×1 Dedicated charging cable ×1 User manual ×1

Health & Fitness

01

02

03

04

Heart rate monitoring

SpO₂ tracking

 Sleep tracking (deep sleep, light sleep, REM and naps)

Sleep breathing quality

Stress monitoring
Breathing exercises







tracking







THE XIAOMI SMART BAND 7 IS A WEARABLE ACTIVITY TRACKER PRODUCED BY XIAOMI INC. IT WAS LAUNCHED IN CHINA ON 24 MAY 2022, AND GLOBALLY STARTING 21 JUNE 2022.