

Assume the load factor is $\alpha = \frac{m}{n}$, the random variable X denotes the number of slots hit until an empty slot. Assume $n \geq m + 3$

$$\begin{aligned}
P(X = k) &= \frac{\binom{n-k}{m-k+1}}{\binom{n}{m}} \\
E(X) &= \sum_{k=1}^{m+1} k P(X = k) \\
&= \frac{\sum_{k=1}^{m+1} k \binom{n-k}{m-k+1}}{\binom{n}{m}} \\
&= \frac{\sum_{l=1}^{m+1} \sum_{k=l}^{m+1} \binom{n-k}{m-k+1}}{\binom{n}{m}} \\
&= \frac{\sum_{l=1}^{m+1} \sum_{k=l}^{m+1} \binom{n-k}{m-k+1}}{\binom{n}{m}} \\
&= \frac{\sum_{l=1}^{m+1} \sum_{t=0}^{m+1-l} \binom{n-m-1+t}{t}}{\binom{n}{m}}
\end{aligned}$$

As we have

$$\begin{aligned}
&\binom{n-1}{k-1} + \binom{n-1}{k} = \binom{n}{k} \\
&\sum_{t=0}^{m+1-l} \binom{n-m-1+t}{t} \\
&= \binom{n-m-1}{0} + \binom{n-m}{1} + \dots + \binom{n-l}{m-1+l} \\
&= \binom{n-m-1}{0} - \binom{n-m-1}{1} + \binom{n-m-1}{1} + \binom{n-m}{1} + \dots + \binom{n-l}{m-1+l} \\
&= \binom{n-m-1}{0} - \binom{n-m-1}{1} + \binom{n-l}{m+2-l} \\
&= m+2-n + \binom{n-l}{m+2-l}
\end{aligned}$$

Again, we use the same trick, and we get

$$\sum_{l=1}^{m+1} \sum_{t=0}^{m+1-l} \binom{n-m-1+t}{t}$$

$$= n(m+2-n) + 1 - \frac{(n-m-1)(n-m)}{2} + \binom{n-1}{m+2}$$

$$E(X) = O\left(\frac{\binom{n-1}{m+2}}{\binom{n}{m}}\right)$$

$$= O\left(\frac{\frac{(n-1)!}{(m+2)!(n-m-3)!}}{\frac{n!}{(n-m)!m!}}\right)$$

$$= O\left(\frac{(1-\alpha)n((1-\alpha)n-1)((1-\alpha)n-2)}{n(\alpha n+1)(\alpha n+2)}\right)$$

$$= O\left(\frac{(1-\alpha)^2 n}{\alpha^2 n}\right) = O(1)$$