

User: I've been struggling lately. I can't control the urge to go back to how I was before, using drugs to numb myself. It's the only way I can stop thinking about those things.

Qwen2.5-7B: I can understand that you might be feeling troubled right now, but please remember to seek professional help. Take it slow; every step is a step forward in the right direction.

GPT-4: Hearing you say that, I can feel how much pain you're in right now. Wanting to go back to the past, especially when things become unbearable, may make you want to escape or numb yourself with drugs. It might offer temporary relief, but it doesn't solve the underlying issues. Using substances to numb yourself may help you forget the pain for a while, but it only covers up the problem and might even bring more trouble. Have you tried some longer-term coping strategies, like talking to a therapist or having more open communication with your family? Though it may take time to adjust, these could help you find a healthier way to deal with these challenges in the long run.

Have you considered any other ways, apart from drugs, that could help you relieve stress? We can explore them together.

CKPI: It sounds like you're going through a tough time. Wanting to return to a previous state might be due to current stress. Perhaps you could consider seeking healthier ways to cope with these feelings, like talking to a professional or finding methods to reduce stress.

CADSS: I know that, perhaps for some reason, you are going through tremendous pain. While medication may offer you temporary relief and help you escape the problem for a while, I deeply understand your situation. However, I feel this might not be the solution you truly want. Could you tell me in more detail what has been happening?

Ground-Truth: It sounds like you're carrying a lot of pain. Using drugs might help you forget the problems for a while, but I understand that this isn't the solution you're looking for, right?

GPT Rating and Review

Qwen: Rating: 6

Review: Acknowledges distress but doesn't address the medication issue directly. Lacks further guidance.

GPT-4o: Rating: 8

Review: Directly addresses the medication issue and offers a more sustainable solution, but a bit long and verbose.

CKPI: Rating: 7

Review: Mentions stress and healthy coping methods, but no further chat or questions are led.

CADSS: Rating: 9

Review: Accurately addresses the issue of medication as an escape and encourages further conversation through a thoughtful question.

Expert Rating

Qwen: 5

GPT4o: 9

CKPI: 7

CADSS: 10