

ATAR Notes

QCE Physics Units 1&2
Complete Course Notes
2023–2025

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Preface

Hi everyone! My name is Elysia, and welcome to the 1&2 Physics Notes. Physics was one of my favourite subjects in Year 12 because it was so interesting, so I'm excited to take you through it!

In these Notes I explain everything in the simplest terms, because it took me *forever* to understand some of these concepts, so I know the pain! I also go through all of my tips for studying efficiently and staying motivated which you can take with you into Year 12. I'll also go through how to fulfil all of the QCAA criteria for your two assignments and how to study effectively for your data test and end-of-year exam.

But most importantly, my best advice, over any memorisation techniques or note-taking methods, is to **relax and believe in yourself**. And trust me, I am cringing as I write this but it's so true! I truly believe that what allowed me to do so well in Senior was that I believed so heavily in my ability to handle whatever came at me, which meant that I never had a negative association with school, didn't procrastinate, and didn't get stressed. Fit in practice questions and study where you can, have fun with it, and remember to look after yourself and enjoy life with your friends.

Good luck!

— Elysia

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