

STARTERS

barbecue buffalo wings 18

Our famous soy wings marinated in a spiced citrus BBQ sauce. Served with ranch and celery.

creole soul chicken 14

Our beloved fried soy chicken nuggets panko-breaded with Cajun and rosemary seasoning. Served with hickory smoked barbecue vidalia sauce.

cajun fried shrimp 11

Deep-fried soy shrimp seasoned with paprika. Served with cocktail sauce.

popcorn shrimp 12

Fried bite-sized soy shrimp. Served with Sriracha mayo.

spring rolls 8

Two fried rolls filled with cabbage, carrots and mushroom. Served with duck sauce.

crab rangoon 15

Deep-fried wontons filled with shredded soy crab, scallions and vegan cream cheese. Served with sweet chili sauce.

asian dumplings 14

Three steamed spinach dumplings filled with shredded soy protein, carrots and cabbage. Served with a side of mixed greens and soy-lime ginger sauce.

dragonfly dumplings 14

Three fried rice paper dumplings filled with shredded soy protein, carrots and cabbage. Served with a side of mixed greens and soy-lime ginger sauce.

fried zucchini and tofu 15

Served with spicy scallion and sesame Korean sauce.

edamame 7 GF

Steamed soy bean pods sprinkled with sea salt.

SANDWICHES

SERVED WITH FRIES, SWEET POTATO FRIES, SALAD, MASHED POTATOES, ONION RINGS OR TATER TOTS**chicken cutlet sandwich 16**

Two breaded fried soy chicken cutlets with dijon mustard, vegan mayo, lettuce and tomato. Served on ciabatta bread.

soul chicken sandwich 16

Our beloved soy chicken nuggets re-imagined with mayo and vidalia dressing, lettuce and tomato. Served on ciabatta bread.

classic blt 16

Tempeh bacon, lettuce, tomato and mayo. Served on ciabatta bread.

pulled pork sandwich 16

Shredded smoked BBQ soy pork, sautéed with caramelized onions and sliced pickles. Served on a sesame bun with a side of coleslaw.

ADD ANY TO YOUR SANDWICH

+sautéed mushrooms 4

+cheddar cheese 4

+tempeh bacon 5

+guacamole 4

TRY OUR**loaded fries 14**

crispy french fries coated in vegan cheddar cheese, chopped bacon and scallions.

bamburger 11

Vegan soy beef burger with lettuce, tomato, pickles, sautéed onions and mayo on a sesame bun.

+sandwich side 6

+extra patty 6

HEROES

+ANY SANDWICH SIDE 6**chicken or eggplant parmesan hero 16**

Fried soy chicken cutlets, mozzarella cheese and our sweet basil marinara sauce.

barbecue steak hero 16

Citrus-marinated soy beef sautéed with onions, mushrooms and cheddar cheese.

meatball sub 15

Tender soy meatballs cooked in our sweet basil marinara sauce and topped with mozzarella cheese.

SALADS

+GRILLED LEMON HERB SOY CHICKEN 6**+GRILLED JERK-MARINATED CHICKEN 6****+BREADED AND FRIED SOY CHICKEN 6****house salad 12 GF**

Mesclun mix, cucumbers, mushrooms, carrots and cherry tomatoes served with carrot ginger dressing.

kale salad 15 GF

Kale topped with diced red onions, cherry tomatoes, red and yellow peppers served with our lemon-citrus dressing.

caesar salad 17 GF

Whole leaf romaine lettuce, homemade garlic croutons and vegan Parmesan cheese served with Caesar dressing.

greek salad 17 GF

Seasonal green leaf lettuce, cherry tomatoes, red onions, cucumbers, kalamata olives and vegan feta served with our tangy lemon herb vinaigrette.

wedge salad 17 GF

Iceberg lettuce wedge, chopped tempeh bacon, cherry tomatoes, cucumbers and crumbled vegan blue cheese served with ranch dressing.

ENTRÉES

creole soul chicken entrée 20

Panko-breaded fried soy chicken with Cajun and rosemary seasoning. Served with garlic mashed potatoes and gravy, steamed carrots and broccoli.

barbecue ribs 19

Grilled soy pork ribs served with a side of steamed carrots, broccoli, snap peas, garlic mashed potatoes and gravy.

steak and potatoes 20

Vegan soy steak served with vegan buttered fingerling potatoes and roasted garlic French beans topped with sliced almonds.

southern fried chicken 24

Herb-breaded soy chicken and two drumsticks served with your choice of 2 sides.

butterfly soy chops 22

Lightly breaded soy pork chops topped with roasted apples and raisins. Served with sautéed collard greens with soy ham and garlic mashed potatoes with gravy.

dante's cuisine 19

Black pepper soy beef medallions sautéed in our fresh mushroom sauce. Served with a side of broccoli, yellow squash, zucchini and garlic mashed potatoes and gravy.

chicken or eggplant parmesan 24

Breaded cutlets topped with vegan mozzarella cheese and sweet tomato basil marinara sauce. Served on a bed of pasta with garlic bread.

tonkatsu chops 18

Deep fried seitan pork chops in tonkatsu sauce served with a side of steamed carrots, broccoli, squash, zucchini, cauliflower, and garlic mashed potatoes with gravy.

macaroni and cheese 17

Elbow macaroni with vegan cheddar cheese.
+tempeh bacon 5 +broccoli 5

SERVED WITH WHITE OR BROWN RICE

coconut chicken 20

Soy chicken breaded with a crispy shredded coconut batter. Paired with grilled pineapple slices and sweet chili sauce.

sesame beef 19

Grilled soy beef strips topped with sesame seeds and served with a side of steamed carrots, snap peas and broccoli.

sizzling pepper steak platter 24

Black pepper soy steak sautéed with mushrooms and red and green peppers served on a hot plate. Topped with fried onion rings.

bamboo curry chicken 20

Sautéed soy chicken and potatoes marinated in a spicy Indian coconut curry sauce. Served with a side of zucchini, yellow squash, broccoli, cauliflower and carrots.

grilled bourbon chicken entrée 20

Jerk marinated soy chicken grilled and served over mixed greens with sautéed collard greens.

salmon teriyaki 24

Fried soy salmon wrapped in seaweed and glazed in a teriyaki dressing served on a hot plate with a side of buttered vegetables.

diced portobello mushroom 18 GF

Diced portobello mushroom sautéed with red and yellow peppers, garlic and fresh basil.

SIDES

+french fries 8**+sweet potato fries 8 GF****+tater tots 8****+onion rings 8****+mashed potatoes 8 GF****+broccoli mashed 8 GF****+steamed veggies 8 GF****+pasta with marinara 7****+white rice 3 GF****+brown rice 3 GF****+collard greens 8 GF****+collards with ham 8****+garden salad 6 GF****+mac and chz 10****+vegan eggs 6****+coleslaw 5**

FROM THE WOK

SERVED WITH WHITE OR BROWN RICE

+GARLIC FRIED RICE 4**+VEGETABLE FRIED RICE 5****+PROTEIN 6****teriyaki vegetable stir fry 18**

Zucchini, mushrooms, broccoli, squash, carrots and cauliflower sautéed in a sweet teriyaki glaze.

black bean ginger stir fry 18

Zucchini, mushrooms, broccoli, squash, carrots, cauliflower and Cantonese black beans sautéed in a chili ginger glaze.

veggie lo mein 18

Vegan noodles sautéed with zucchini, squash, snap peas, carrots and broccoli.

teriyaki chicken bowl 20

Vegan noodles stir-fried with broccoli, snap peas, carrots, zucchini, teriyaki chicken and topped with sesame seeds.

sweet and sour chicken 20

Battered soy chicken sautéed with onions, pineapples, lychees, carrots, green and red bell peppers.

mango chicken 20

Slices of mango, grilled soy chicken, red onions, red and green bell peppers sautéed in a mildly spicy citrus sauce.

cashew chicken 20

Soy chicken sautéed with carrots, broccoli, red and green bell peppers, topped with cashews.

szechaun beef 20

Mildly spiced soy peppered beef sautéed with Chinese chilies, broccoli, red and green peppers.

spicy chicken with broccoli 20

Fresh chilies, broccoli, red and green bell peppers. Topped with peanuts.

red curry tofu 20

Tofu sautéed with snap peas, eggplant, green beans, red and green peppers in a mildly spicy Thai red curry sauce.

thai beef curry 20

Massaman sweet coconut milk curry with a zip. Shredded soy beef simmered with slow cooked potatoes, carrots and green beans.

FRIED RICE

SERVED WITH WHITE OR BROWN RICE

garlic and scallion fried rice 14

Traditional Filipino recipe of sautéed rice with diced cloves of garlic and scallions.

vegetable fried rice 15

Rice sautéed with onions, zucchini, yellow squash, red and yellow bell peppers.

ginger chicken fried rice 17

Ginger marinated soy chicken sautéed with diced scallions, zucchini, yellow squash, red and yellow bell peppers.

pineapple seafood rice 17

Rice sautéed with zucchini, scallions, red and yellow bell peppers, yellow squash, pineapple, soy fish, scallops, crab and shrimp.

 - SPICY

GF - GLUTEN FREE

SCAN FOR OUR DISH PICS 

@REDBAMBOONYC