

VAL'S TAVERN

LUNCH MENU

EST. 1942

APPETIZERS

ARTICHOKEES FRANCAISE	14	CRISPY CALAMARI	18	VAL'S MEATBALLS	16
egg-battered artichoke hearts, lemon, butter, white wine sauce		banana peppers, chipotle aioli, marinara		homemade blend, ricotta, shaved parmesan, marinara	
FIRECRACKER SHRIMP	16	PRETZEL STICKS	12	TENDERLOIN TIPS	20
fried shrimp, sweet thai chili, siracha aioli		oven baked, warm cheese sauce		bleu cheese fondu, grape tomatoes, garlic toast	
BLACKENED TUNA BITES	20	FRIED PICKLES	12	EGGPLANT FRIES	12
chipotle aioli		chipotle aioli		creamy horseradish	
CHEESESTEAK EGG ROLLS	16	CHICKEN TENDERS	14	GARLIC PUFFS	10
chipotle aioli		honey mustard		marinara sauce	
BALSAMIC BRUSSEL SPROUTS	10	MOZZARELLA STICKS	12		

SALADS

- ADD TO ANY SALAD -

SHRIMP 10 - CHICKEN 8 - SALMON 12 - STEAK 12

CLASSIC CAESAR SALAD	14
romaine lettuce, parmesan, garlic croutons, house-made caesar dressing	
CHOPPED SALAD	15
iceberg lettuce, diced salami, provolone, olives, chickpeas, tomatoes, red onion, Italian dressing	
BURRATA SALAD	16
burrata, arugula, pesto, tomatoes, toasted pine nuts, balsamic glaze	
TAVERN SALAD	16
mixed baby greens, green apples, caramelized pecans, dried cranberries, crumbled gorgonzola, apple cider vinaigrette	
KALE & BRUSSEL CAESAR SALAD	16
kale, brussels sprouts, balsamic reduction, parmesan, garlic croutons, caesar dressing	
BEET & GOAT CHEESE SALAD	16
arugula, goat cheese, cubed beets, pine nuts, basil oil, balsamic reduction	
AHI TUNA SALAD	24
seared ahi tuna, mixed baby greens, tomatoes, cucumbers, soy sauce, cucumber wasabi dressing	
NASHVILLE CHICKEN COBB SALAD	24
spicy crispy chicken, mixed greens, bacon, hard boiled egg, tomatoes, avocado, ranch dressing	
BLACKENED MAHI SALAD	24
blackened mahi, mixed baby greens, shredded cheddar, avocado, cucumbers, tomatoes, red onions, sriracha ranch	
MEDITERRANEAN SALMON SALAD	24
pan seared salmon, romaine lettuce, cherry tomato, kalamata olives, cucumber, chickpeas, red onion, balsamic dressing	
BUFFALO CHICKEN SALAD	24
grilled buffalo chicken, romaine, cherry tomatoes, cucumbers, red onion, crumbled bleu cheese dressing	
STEAKHOUSE WEDGE SALAD	24
pan seared beef tenderloin, iceberg wedge, bacon, cherry tomatoes, red onion, crumbled bleu cheese dressing	

SANDWICHES

- WITH FRENCH FRIES -

CLASSIC PARMESAN

mozzarella cheese, marinara, Italian bread

CHICKEN -or- EGGPLANT -or- MEATBALL-16

BLACKENED CHICKEN PANINI

spinach, mozzarella, balsamic glaze

BUFFALO CHICKEN WRAP

grilled chicken, buffalo sauce, blue cheese, tomato, onion

CHICKEN BLT WRAP

grilled chicken, bacon, lettuce, tomato, mayo

CHICKEN CAESAR WRAP

chicken, romaine, caesar dressing, croutons

NASHVILLE HOT CHICKEN

spicy, crispy chicken, cayenne, brown sugar sauce, pickles, brioche bun

TURKEY CLUB

turkey, bacon, lettuce, tomato, mayo, white toast

GRILLED SHRIMP AVOCADO WRAP

avocado, cabbage slaw, basil lemon aioli

GARLIC STEAK PANINI

seared tenderloin, garlic sauce, pepper jack cheese

SAUSAGE PEPPER AND ONION

hot & sweet sausage, sauteed peppers and onions, melted mozzarella

PESTO PROSCIUTTO PANINI

melted mozzarella, tomato, sauteed onions, balsamic glaze

VEGETABLE PANINI

crispy eggplant, roasted red pepper, sauteed onions, tomato, mozzarella, balsamic glaze

BLACKENED MAHI SANDWICH

brioche bun, tartar sauce, lettuce, tomato, onion

DRUNKEN CHICKEN PARM SANDWICH

crispy chicken, vodka sauce, melted mozzarella

PHILLY CHEESESTEAK

peppers, onions, American

STEAK- 17 CHICKEN-16

VAL'S TAVERN

LUNCH MENU

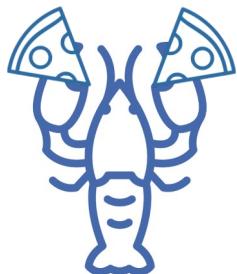
EST. 1942

WINGS

BONE IN OR BONELESS

-17-

- BUFFALO
- THAI CHILI
- ASIAN SESAME
- GARLIC PARMESAN
- CREOLE DRY RUB
- HOT HONEY BBQ
- BARBEQUE



- HOME OF THE - LOBSTER PIE

-A VAL'S ORIGINAL SINCE 1942-
topped with chunks of fresh lobster tail

- choice of -
mild or hot marinara sauce
SMALL-30 LARGE-35

KIDS MENU

-13-

INCLUDES SOFT DRINK
& ICE CREAM SANDWICH

- CHICKEN FINGERS & FRIES
- SPAGHETTI & MEATBALL
- MOZZARELLA STICKS
- PENNE & BUTTER
- CHEESE RAVIOLI
- MAC & CHEESE

SIDES

-8-

- FRENCH FRIES
- ONION RINGS
- SWEET POTATO FRIES
- BROCCOLI & GARLIC

BURGERS

SERVED ON A BRIOCHE BUN WITH FRENCH FRIES

THE TAVERN BURGER

our signature 8 oz burger,
choice of cheese

16

AHI TUNA STEAK BURGER

blackened ahi tuna,
chipotle mayo

22

BACON BLEU BURGER

bacon lardons, creamy bleu

18

TURKEY BURGER

avocado aioli

16

-ADD OR SUB-

-3-

ADD BACON OR SUB ONION RINGS, SWEET POTATO FRIES, OR SIDE SALAD

PIZZAS

SMALL LARGE

VAL'S CLASSIC PLAIN PIE

classic plain pie, mozzarella cheese, marinara sauce

17

20

BEE STING PIE

Mike's hot honey, hot soppressata, red pepper flakes

22

25

BUFFALO CHICKEN PIE

chicken breast, bleu cheese dressing, red onion, buffalo sauce

22

25

BBQ CHICKEN PIE

chicken breast, mozzarella, bbq sauce

22

25

THREE CHEESE WHITE PIE

ricotta, mozzarella, parmesan

20

23

MARGHERITA PIE

plum tomatoes, fresh mozzarella, evoo, basil

21

24

MEATBALL & RICOTTA

meatball, ricotta, light onion

22

25

MEAT LOVERS PIE

sausage, pepperoni, meatball, bacon, mozzarella

23

26

MEAT HATERS PIE

ricotta, mozzarella, parmesan, artichokes, spinach,
cherry tomatoes, mushrooms, evoo

22

25

VODKA CHICKEN PIE

Val's vodka sauce, sliced chicken cutlets, mozzarella

23

26

SALAD PIE

baby arugula, fresh mozzarella, prosciutto,
tomatoes, red onion, evoo, balsamic dressing

21

24

SHRIMP FRA DIAVOLO PIE

shrimp, cherry peppers, spicy tomato sauce

23

26

SUPER PIE

the whole kitchen sink: sausage, pepperoni, onions,
mushrooms, peppers, with or without anchovies

25

28

CAULIFLOWER CRUST PIE gf

crispy cauliflower crust, pizza sauce, mozzarella

18

GLUTEN FREE PIE gf

gluten free crust, marinara sauce, mozzarella

18

BUILD YOUR OWN PIE - \$3 PER ITEM

anchovies - bacon - broccoli - black olives - cherry peppers
eggplant - jalapeños - onions - meatballs - mushrooms
pepperoni - pineapple - spinach - red & green peppers
garlic - ricotta cheese - sweet sausage - tomatoes - extra cheese