This was the BNF grammar solution provided on Blackboard.

Terminals

HAI	::=	"HAI"
KTHXBYE	::=	"KTHXBYE"
OBTW	::=	"OBTW"
TLDR	::=	"TLDR"
MAEK	::=	"MAEK"
OIC	::=	"OIC"
GIMMEH	::=	"GIMMEH"
MKAY	::=	"MKAY"
HEAD	::=	"HEAD"
TITLE	::=	"TITLE"
PARAGRAF	::=	"PARAGRAF"
BOLD	::=	"BOLD"
ITALICS	::=	"ITALICS"
LIST	::=	"LIST"
ITEM	::=	"ITEM"
NEWLINE	::=	"NEWLINE"
SOUNDZ	::=	"SOUNDZ"
VIDZ	::=	"VIDZ"
IHAZ	::=	"#I HAZ"
ITIZ	::=	"#IT IZ"
LEMMESEE	::=	"#LEMME SEE"

VARDEF	::=	any single word (A-Z, a-z, no spaces)
VARVAL	::=	allowed text characters
TEXT	::=	plain text (letters, digits, punctuation, spaces)
ADDRESS	::=	text without spaces

*Note that these terminals are not case sensitive.

**The only allowed plain text in our language is: A-Z, a-z, 0-9, commas, period, quotes, colons, question marks, underscores and forward slashes

Production Rules (i.e., non-terminals)

\<lolcode\> ::= HAI \<comments\> \<head\> \<body\> KTHXBYE

\<comments\> ::= \<comment\> \<comments\> | ε

\<comment\> ::= OBTW TEXT TLDR

\<head\> ::= MAEK HEAD \<\> OIC | ε

\<title\> ::= GIMMEH TITLE TEXT MKAY

\<body\> ::= \<inner-body\> \<body\> | ε

\<inner-body\> ::= \<paragraph\> | \<bold\> | \<italics\> | \<list\> | \<audio\> | \<newline\> | \<variable-define\> | \<variable-use\> | TEXT | \<comment\>

\<paragraph\> ::= MAEK PARAGRAF \<variable-define\> \<inner-paragraph\> OIC

\<inner-paragraph\> ::= \<inner-text\> \<inner-paragraph\> | ε

\<inner-text\> ::= \<variable-use\> | \<bold\> | \<italics\> | \<list\> | \<audio\> | \<video\> | \<newline\> | TEXT | ε

\<bold\> ::= GIMMEH BOLD TEXT MKAY

\<italics\> ::= GIMMEH ITALICS TET MKAY

\<list\> ::= MAEK LIST \<list-items\> OIC

<list-items>	::=	<list-item> <list-items> | Ɛ
<list-item>	::=	GIMMEH ITEM <inner-list> MKAY
<inner-list>	::=	<bold> | <italics> | TEXT | <variable-use> | Ɛ
<audio>	::=	GIMMEH SOUNDZ ADDRESS MKAY
<newline>	::=	GIMMEH VIDZ ADDRESS MKAY
<variable-define>	::=	IHAZ VARDEF ITIZ TEXT MKAY | Ɛ
<variable-use>	::=	LEMME SEE VAR_NAME MKAY