

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• STRONG PARTICIPATION in Activities/PT</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 12/29/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• June will be supported to maintain participation in activities 10 times per week by the next review date.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>Target Date: 02/12/2026</p>	<p>• STRUCTURED ACTIVITIES: Invite June to programs of personal interest; (exercise group classes, neurogym, social programs of her interest).</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage June to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.).</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p>				
<p>• Alteration in skin integrity with risk for infection or complications related to Unstageable pressure ulcers to both heels secondary to Pressure Injury</p> <p>Date Initiated: 11/14/2025</p> <p>Created on: 11/14/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/14/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• To minimize risk of Unstageable pressure ulcers infection each day until fully healed.</p> <p>Date Initiated: 11/14/2025</p> <p>Created on: 11/14/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/14/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>Target Date: 02/12/2026</p> <p>• To promote optimal healing of Unstageable pressure ulcers to both heels in 3 months</p> <p>Date Initiated: 11/14/2025</p> <p>Created on: 11/14/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/14/2025</p>	<p>• TREATMENT PLAN: Administer treatment for Unstageable pressure ulcers to both heels as per MD Order.</p> <p>Date Initiated: 11/14/2025</p> <p>Created on: 11/14/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/14/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• HEALTH EDUCATION: Engage with June/SDM to enhance her comprehension of suggested treatment and possible complications associated Unstageable pressure ulcers to both heels</p> <p>Date Initiated: 11/14/2025</p> <p>Created on: 11/14/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/14/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Unstageable pressure ulcers to both heels changes to health status, wound infection and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 11/14/2025</p> <p>Created on: 11/14/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>				
Allergies	No Known Allergies		D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025	Location	Lotus Way 109LW 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Alteration in skin integrity with risk for infection or complications related to Unstageable pressure ulcers to both heels secondary to Pressure Injury</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>Target Date: 02/13/2026</div>	<div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• POSITIONING: Has Turning/Repositioning to off load pressure intervention in place (Q2H) see Skin Impairment Risk Care Plan.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING should be at 5. Report issue with inflation to Registered Staff immediately as noted.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>			PCA RN Registered Practical Nurse	
<div>• Alteration in skin integrity with risk for infection or complications related to Venous wounds to both lateral lower legs secondary to Impaired Circulation</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>• To minimize risk of Venous wounds infection each day until fully healed.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>Target Date: 02/12/2026</div>	<div>• TREATMENT PLAN: Administer treatment for Venous wounds to both lateral lower legs per MD Order.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• HEALTH EDUCATION: Engage with June/SDM to enhance his/her comprehension of suggested treatment and possible complications associated with Venous wounds to both lateral lower legs</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div>				
Allergies	No Known Allergies			D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)			Admission Date	11/12/2025	Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		<ul style="list-style-type: none"><li>To promote optimal healing of Venous wounds to both lateral lower legs in 3 months</li></ul> Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/13/2026	<div>Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with Venous wounds to both lateral lower legs changes to health status, wound infection and alteration or complications affecting skin integrity.</li></ul>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"><li>WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li></ul>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"><li>AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING should be at 5. Report issue with inflation to Registered Staff immediately as noted.</li></ul>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>				
<ul style="list-style-type: none"><li>Alteration in skin integrity with risk for infection or complications related to WOUND (Stage #3) to sacrum and buttocks secondary to Pressure Injury</li></ul> Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse)		<ul style="list-style-type: none"><li>To minimize risk of WOUND (Stage #3) infection each day until fully healed.</li></ul> Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse)	<ul style="list-style-type: none"><li>TREATMENT PLAN: Administer treatment for Stage (specify #3) Wound to sacrum and buttocks as per MD Order.</li></ul> Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"><li>HEALTH EDUCATION: Engage with June/SDM to enhance his/her comprehension of suggested treatment and possible complications associated with WOUND (Stage #3 to sacrum and buttocks.</li></ul>				
Allergies	No Known Allergies			D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)			Admission Date	11/12/2025	Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Target Date: 02/12/2026  • To promote optimal healing of WOUND (Stage #3) within three months Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/13/2026	Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with Stage (Specify #3) Wound to sacrum and buttocks for changes to health status, wound infection and alteration or complications affecting skin integrity. Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) • POSITIONING: Has Turning/Repositioning to off load pressure intervention in place (Q2H) see Skin Impairment Risk Care Plan. Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) • PAIN Management of STAGE (specify #3) WOUND as needed for dressing change; Refer to PAIN Care Plan. Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) • AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING    PCA					
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Alteration in skin integrity with risk for infection or complications related to WOUND (Stage #3) to sacrum and buttocks secondary to Pressure Injury</li></ul> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>should be at 5. Report issue with inflation to Registered Staff immediately as noted.</p> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>• Ambulation.</li></ul> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"><li>• To decrease # of falls over stay in the program.</li></ul> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/12/2026</p> <ul style="list-style-type: none"><li>• To prevent a decline in June's ability and the distance of walking 5-8 meters over 3 months</li></ul> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025</p>	<ul style="list-style-type: none"><li>• June to ambulate, Assist x2 for 5-8 m using 2-wheeled walker 4-5/wk.</li></ul> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <ul style="list-style-type: none"><li>• June to perform balance exercises in standing using therapeutic ball Exs 3-5/wk.</li></ul> <p>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist PTA	PT - Physiotherapist PTA		
Allergies	No Known Allergies		D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025	Location	Lotus Way 109LW 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Ambulation.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/12/2026</div>					
<div>• Active ROM.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To improve June bilateral lower limb, and LT foot flexibility and strength from grade 3-/5 to grade 3+/5 in 3 months, (Manual Muscle Test)</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/12/2026</div> <div>• To prevent further deterioration of all non-affected joint flexibility and strength from grade 3/5 during stay in the program</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/12/2026</div>	<div>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using AROM, theraband/ball/weights standing, walking with 1-2 XA 4-5/wk.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	PT - Physiotherapist	PTA		
Allergies	No Known Allergies			D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)			Admission Date	11/12/2025	Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<div>• Active ROM.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>							
<div>• BOWEL Continence - June is continent and has self recognition of urge to defecate.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• June to remain continent of bowels through next review date</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/12/2026</div>	<div>• BOWEL Continence level is CONTINENT. Report change to level as noted.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div>		PCA		
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Medical Condition; Diabetes</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Alison McAulay (RN)</div>		<div>• To protect and maintain skin integrity each day through to the next review.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Target Date: 02/12/2026</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the June's usual skin condition to Registered Staff as noted.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• HEALTH EDUCATION: Engage June in health education regarding prevention of skin impairment and management of Pressure injuries.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Alison McAulay (RN)</div>		PCA		
Allergies	No Known Allergies			D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)			Admission Date	11/12/2025	Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Medical Condition; Diabetes Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>			<div>• EQUIPMENT: June requires pressure reduction mattress and a Roho cushion to offload pressure. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>			PCA	
			<div>• AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING should be at 5. Report issue with inflation to Registered Staff immediately as noted. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>			PCA RN Registered Practical Nurse	
			<div>• POSITIONING: Turn, reposition every 2 hours when in bed to offload pressure. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>			PCA	Q2h
<div>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES non-insulin-dependent. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>		<div>• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Target Date: 02/12/2026</div>	<div>• COMMUNICATION: Involve/ collaborate with June in decision making of diabetes care management. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div> <div>• HEALTH TEACHING: Engage with June to enhance her comprehension of treatment and possible complications associated with DIABETES. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div> <div>• CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order.</div>			RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES non-insulin-dependent.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)				
<ul style="list-style-type: none"><li>• URINARY Mixed INCONTINENCE related to decreased mobility</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"><li>• June will have urinary incontinence managed every shift through to the next review period.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) Target Date: 02/12/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with June/SDM for decision making about toileting options or incontinence management).</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/20/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of the resident for toileting needs, changes to health status and alteration of continence level.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"><li>• URINARY Continence level is USUALLY continent. Report change to level as noted.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/19/2025 Revision by: Navpreet Kaur (DOC)				
<ul style="list-style-type: none"><li>• Use of PASD 1/4 bed rails to assist resident with Activity of Daily Living of bed</li></ul>		<ul style="list-style-type: none"><li>• June will be effectively supported with use of 1/4 bed</li></ul>	<ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage with June to enhance her knowledge of possible benefits and challenges associated with Use of 1/4 bed rails.</li></ul> Date Initiated: 11/12/2025				
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
mobility and transfers. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)		rails to optimize Activity of Daily Living of bed mobility and transfers each day through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) Target Date: 02/12/2026	Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of monitoring June for continued benefit to use 1/4 bed rails as to support appropriate bed mobility and transfers. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist June with bed mobility and transfer in/out of bed. Monitor every shift. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			PCA	D/E/N
• Increased risk for FALLS related to weakness. Altered Physical function: deconditioned post hospital stay Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Target Date: 02/12/2026	• COMMUNICATION: Involve/collaborate with June in decision making in fall prevention Plan of Care. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • CALL BELL: Place call bell within June's reach, check that it is in working order and remind/encourage her to use it. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • ADAPTIVE AIDS: Place adaptive aid/needed objects such as her w/c or walker within easy reach of June. Date Initiated: 11/12/2025			PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to weakness. Altered Physical function: deconditioned post hospital stay</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"><li>BED: Use high/low bed to lower risk for injury.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"><li>FOOTWEAR: Ensure June wears appropriate footwear, she has brown suede slippers for transfers and ambulation.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			PCA	
						PCA	
<ul style="list-style-type: none"><li>Potential for Acute and Persistent PAIN and alteration in comfort level related to OA and coccyx wound.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"><li>To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Target Date: 02/12/2026  <ul style="list-style-type: none"><li>To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Target Date: 02/12/2026	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with June about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) <ul style="list-style-type: none"><li>REST: accommodate June's rest and relaxation preference i.e breaks between activities or remaining in bed.</li></ul> Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025			RN	
						Registered	
						Practical	
						Nurse	
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Potential for Acute and Persistent PAIN and alteration in comfort level related to OA and coccyx wound. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>		<div>Revision by: Alison McAulay (RN) • EQUIPMENT: use equipment like a ROHO cushion on the w/c to achieve pain relief. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>	PCA  <	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026	Revision on: 11/12/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: June drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/12/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage June to drink a minimum of 1880 ml per day. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 11/20/2025 Revision by: Julia Pilca (Dietitian (RD)) • FOOD PREFERENCES: June enjoys eating Chicken, pork, vegetables, potatoes- all kinds. Enjoys drinking Tea with milk/sweetener. Dislikes eating creamy/rich foods and peas. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/13/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • HIGH PROTEIN AM SNACK: provide 1 scoop beneprotein with yogurt. Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIABETIC CARE: - Offer 1/2 dessert if choosing non fruit options - Encourage fruit over other desserts - Offer 1/2 servings of juice Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 11/20/2025			PCA	D
		• Will weigh within GWR/Realistic weight range of 80-93 kg kg/BMI 30-35 through to next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026				PCA	
		• June will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 94kg through to next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026				PCA	
		• Will meet estimated nutritional requirements of 2350 kcal @ 25 kcal/kg, 113 g protein @ 1.2 g/kg through to next review date. Date Initiated: 11/12/2025				PCA	
Allergies	No Known Allergies		D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025	Location	Lotus Way 109LW 2	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<p>Created on: 11/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026</p>	<p>Revision by: Julia Pilca (Dietitian (RD))</p>			
<ul style="list-style-type: none"> <li>• June is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to muscle or standing strength, balance, endurance, etc. related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>		<ul style="list-style-type: none"> <li>• SHORT TERM GOAL: To improve June functional ability of sit to stand and stand to sit transfers from 1 staff &amp; level of assistance; Extensive, Limited, etc. to Supervised by the next review date.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/12/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with June about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of June when partaking in TRANSFER TRAINING Nursing Restorative Program.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"> <li>• SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff (Extensive) assistance with June for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 5 task repetition or 15 minutes per session.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/13/2025</p>			
Allergies	No Known Allergies		D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025	Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision by: Seema Naqvy (Restorative Care Aide)  • TIME SPENT: Enter amount of time in MINUTES that June performed exercises for TRANSFER TRAINING. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)			Restorative Care Aide	D/E
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	• COMMUNICATION: Involve/collaborate with June/SDM in decision making of Cardiac Care Management for Hypertension. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Richele Rosales (RAI Coordinator)  • MONITORING: Utilize holistic perspective of continuous monitoring of June with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Richele Rosales (RAI Coordinator)  • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Richele Rosales (RAI Coordinator)  • VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025			Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)			Revision by: Richele Rosales (RAI Coordinator)				
• Altered VISION related to Diabetic Retinopathy Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)		• June supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) Target Date: 02/12/2026	• COMMUNICATION: Involve/collaborate with June for decision making pertaining to change in visual status as needed. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with June to enhance her knowledge of Diabetic Retinopathy affecting vision. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • EYEGLASSES: June wears eyeglasses. Assist to clean eyeglasses as needed and PCA store on night table when sleeping. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)				
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity		• June will demonstrate improved ADL function in	• BATHING: June prefers showers and has been scheduled on Wednesday evenings PCA and Saturday mornings. June participates by (indicate what the resident does). 1D\ E PRN-N				
Allergies	No Known Allergies			D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)			Admission Date	11/12/2025	Location	Lotus Way 109LW 2



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Intolerance, Limited Mobility Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)		transfer, walking, personal hygiene, dressing as supported through Restorative Program by the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/14/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	staff LIMITED assistance by washing her back, lower legs and hair for bathing. Nail care to be provided on shower day by registered staff. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • BED MOBILITY: June is able to (SPECIFY strengths in bed mobility) 1 staff to provide LIMITED assistance for bed mobility. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • DRESSING: June is able to (SPECIFY strengths in dressing) 1 staff to provide LIMITED assistance for dressing UPPER body and EXTENSIVE assistance for dressing her LOWER body. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: June is able to (SPECIFY strengths in eating) 1 Staff to provide SET UP & SUPERVISION assistance for eating. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN) • LOCOMOTION: June is able to (SPECIFY strengths in locomotion). 1 staff to provide LIMITED assistance for locomotion on the unit as she tires easily, and TOTAL assistance off the unit to the dining room or gym. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025			PCA	
Allergies	No Known Allergies		D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025	Location	Lotus Way 109LW 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)			Revision by: Alison McAulay (RN) • PERSONAL HYGIENE: June is able to (SPECIFY strengths in hygiene). 1 staff to provide LIMITED assistance for hygiene. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			PCA	
			• HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer for hand hygiene. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			PCA	
			• TOILET USE: June is able to (SPECIFY strengths in toilet use). 1 staff to provide LIMITED to EXTENSIVE assistance for toileting. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• TRANSFERRING: June is able to (SPECIFY strengths in transferring). 1 staff to provide LIMITED assistance for transferring. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			PCA	
			• ORAL CARE: June has TEETH and is able to brush her own teeth. 1 staff to provide SET UP & SUPERVISION assistance for oral care. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)			PCA	
Allergies	No Known Allergies		D.O.B.	06/24/1963	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025	Location	Lotus Way 109LW 2	

## Care Plan Report


Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN)</div>			<div>• FOOT CARE: Registered staff to complete toenail care every shower day as needed. Report long toe nails or other abnormalities as noted. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div> <div>• LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in June's closet. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Alison McAulay (RN)</div>			PCA	
<div>• June is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care</div>		<div>• SHORT TERM GOAL: To improve June's (upper and lower body joints) AROM strength to be able to complete 10 repetitions of (arm raises, leg raises, etc.) each day through the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div>	<div>• COMMUNICATION: Involve/collaborate with June about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of June when partaking in AROM Nursing Restorative Program. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>• AROM EXERCISE MUSCLE: Provide cueing and demonstration of (exercise;</div>			Restorative	
Allergies	No Known Allergies		D.O.B.	06/24/1963		Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ADAMS, JUNE (925171002314)		Admission Date	11/12/2025		Location	Lotus Way 109LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Aide)	<p>Target Date: 02/12/2026</p> <p>• SHORT TERM GOAL: To improve June's upper body and lower body muscles AROM strength to be able to complete 10 repetitions of (dumbbell, curls, leg marching, etc.) each day through the next review date.</p> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/12/2026</p>	<p>abduction, adduction, extension, flexion, etc.) to June for (R/L bicep, triceps, quadriceps, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete 10 repetitions per each joint exercise.</p> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>• AROM EXERCISE JOINT: Provide cueing and demonstration of abduction, adduction, extension, flexion, etc. to June for R/L hip, knee, ankle, shoulder, elbow, wrist, etc. using theraband, ball, weights, pulleys, bike, etc. Complete 10 repetitions per each joint exercise.</p> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>• TIME SPENT: Enter amount of time in MINUTES that June performed AROM exercises.</p> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/12/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>	Care Aide	
			Restorative Care Aide	DEqshiftNpr n

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/24/1963	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Acute renal failure, unspecified(N17.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	ADAMS, JUNE (925171002314)	<b>Admission Date</b>	11/12/2025	<b>Location</b>	Lotus Way 109LW 2

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to impaired mobility. Altered Physical function (r/t L humerus fracture and arthritis): Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026</li> </ul>	<ul style="list-style-type: none"> <li><b>COMMUNICATION:</b> Involve/collaborate with Teresa/SDM in decision making in fall prevention Plan of Care. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Rajdeep Kaur (Registered Nurse)</li> <li><b>CALL BELL:</b> Place call bell within resident's reach to RIGHT side if needed), check that it is in working order and remind/encourage to use it. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li><b>ENVIRONMENT:</b> Secure environment: reduce clutter, night light, toilet height, quiet environment, etc.) to reduce fall risk for Teresa Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li><b>BED:</b> use high/low bed, etc.) to lower risk for injury.</li> <li><b>TOILETING:</b> Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse)</li> <li><b>FOOTWEAR:</b> Ensure resident wears appropriate footwear with good grip for transfers, ambulation. Date Initiated: 11/19/2025 Created on: 11/19/2025</li> </ul>				PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN			
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025	Location	Lotus Way 104LW 2		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to impaired mobility. Altered Physical function (r/t L humerus fracture and arthritis): Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> </ul>			Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)			
<ul style="list-style-type: none"> <li>Potential to experience discomfort/complications, including pain, impaired mobility related to FRACTURE of L humerus. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To promote optimal healing of FRACTURE of Left humerus until healed Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/ collaborate with Teresa/SDM in decision making of fracture care management. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li>HEALTH EDUCATION: Engage with Teresa/SDM to enhance her comprehension of treatment, possible complications, etc.) associated with fracture. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li>MEDICATION: Administer medication for fracture healing/pain as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/20/2025 Created on: 11/20/2025</li> </ul>			
Allergies	No Known Allergies		D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025	Location	Lotus Way 104LW 2

## Care Plan Report

Focus		Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience discomfort/complications, including pain, impaired mobility related to FRACTURE of L humerus.</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of fracture to L humerus for discomfort/ complications or changes to health status.</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan.</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)</p>	Registered Staff	
<ul style="list-style-type: none"> <li>BOWEL Continence - Teresa is continent and has self recognition of urge to defecate.</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>Teresa to remain continent of bowels through next review date</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026</p>	<ul style="list-style-type: none"> <li>BOWEL Continence level is CONTINENT. Report change to level as noted.</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)</p>	PCA	
<ul style="list-style-type: none"> <li>URINARY Mixed INCONTINENCE related to altered mobility</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025</p>		<ul style="list-style-type: none"> <li>Teresa will have urinary incontinence managed every shift through to the next review period.</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Lesley/SDM) for decision making about (SPECIFY: toileting options or incontinence management, etc).</li> </ul> <p>Date Initiated: 11/20/2025 Created on: 11/20/2025</p>		
Allergies	No Known Allergies			D.O.B.	08/04/1944
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses			Physician	TANUJAA HARRICHARAN
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BINKLEY, TERESA (925171002316)			Admission Date	11/19/2025
				Location	Lotus Way 104LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>	<p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>Target Date: 02/19/2026</p>	<p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of the resident for toileting needs, changes to health status and alteration of continence level.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• <b>URINARY</b> Continence level is <b>FREQUENTLY</b> Incontinent. Report change to level as noted.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• <b>TOILETING PREFERENCE:</b> Teresa indicates personal choice: attempt to use the toilet but wear incontinence product</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• <b>SCHEDULED TOILETING:</b> Toilet Teresa every two hours during the day and PRN.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• <b>INCONTINENCE PRODUCT:</b> Resident uses Blue brief during all shifts.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/01/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/04/1944	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BINKLEY, TERESA (925171002316)	<b>Admission Date</b>	11/19/2025	<b>Location</b>	Lotus Way 104LW 2



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Ambulation.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• TERESA to improve walking distance from 10 m to 20 m using 1 XA + rollator walker in next 3 months</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 02/19/2026</p>	<p>• TERESA to ambulate with Assist x1 for 10 meters using rollator walker 4-5/wk.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>				PT - Physiotherapist	PTA
		<p>• To maintain and prevent a decline in TERESA 's ability to walk and the distance walked for 10 meters over the course in the program.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 02/19/2026</p>					PT - Physiotherapist	PTA
		<p>• To decrease TERESA # of falls to 0 over stay in program.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>						
Allergies	No Known Allergies		D.O.B.	08/04/1944		Physician	TANUJAA HARRICHARAN	
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025		Location	Lotus Way 104LW 2	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Ambulation.</li> </ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/20/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Target Date: 02/19/2026				
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/20/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none"> <li>• To prevent further deterioration of TERESA, all non-affected joint flexibility and strength from grade 3/5 in 3 months. (Manual Muscle Test)                Date Initiated: 11/20/2025                Created on: 11/20/2025                Created by: Uzma Habib (PT - Physiotherapist)                Revision on: 11/20/2025                Revision by: Uzma Habib (PT - Physiotherapist)                Target Date: 02/19/2026</li> <li>• To improve as allowed medically to improve LT shoulder strength from grade 1/5 to grade 3/5 in the next 3 months, (Manual Muscle Test)                Date Initiated: 11/20/2025                Created on: 11/20/2025                Created by: Uzma Habib (PT - Physiotherapist)                Revision on: 11/20/2025                Revision by: Uzma Habib (PT - Physiotherapist)</li> </ul>	<ul style="list-style-type: none"> <li>• Provide AROM abduction/adduction/extension/flexion/ supination/ pronation/dorsiflexion/plantarflexion) to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using AROM, theraband/ball/weights/pulleys/bike/ standing, walking with walker + 1 XA 4-5/wk.                Date Initiated: 11/20/2025                Created on: 11/20/2025                Created by: Uzma Habib (PT - Physiotherapist)                Revision on: 11/20/2025                Revision by: Uzma Habib (PT - Physiotherapist)</li> </ul>		PT - Physiotherapist PTA	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	08/04/1944	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	BINKLEY, TERESA (925171002316)		<b>Admission Date</b>	11/19/2025	<b>Location</b>	Lotus Way 104LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Active ROM. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/20/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Target Date: 02/19/2026					
• Nutrition Risk Level Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Teresa will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/19/2026  • Will weigh within GWR/Realistic weight range of 57-69 kg/BMI 24-29 through to next review date. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/19/2026	• NUTRITION RISK: Teresa is LOW risk level. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Teresa will receive Regular diet, Regular texture Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Teresa drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Teresa to drink a minimum of 1336 ml per day. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD)) • ADAPTIVE AIDS: Teresa requires lip plate at meals. (Trial) Date Initiated: 11/20/2025	Dietitian (RD)			
Allergies	No Known Allergies			D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BINKLEY, TERESA (925171002316)			Admission Date	11/19/2025	Location	Lotus Way 104LW 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<b>• Nutrition Risk Level</b> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		<b>• Teresa will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 66.8 kg through to next review date.</b> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/19/2026	Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) <b>• FOOD PREFERENCES:</b> Teresa enjoys eating turnip, rare roast beef, sweets and drinking very hot tea. Dislikes eating brussel sprouts and vegetables. Prefers to drink out of a CHINA mug. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD))		PCA	
<b>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</b> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)		<b>• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date.</b> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026	<b>• COMMUNICATION:</b> Involve/collaborate with Teresa/SDM in decision making of Cardiac Care Management for Hypertension. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) <b>• MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with (Specify cardiac condition) for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) <b>• MEDICATION:</b> Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) <b>• VITAL SIGNS:</b> Monitor vital signs as ordered (monthly and PRN). Notify MD of any significant abnormalities. Date Initiated: 11/20/2025 Created on: 11/20/2025		Registered Staff	Registered Practical Nurse RN
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	08/04/1944	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	BINKLEY, TERESA (925171002316)		<b>Admission Date</b>	11/19/2025	<b>Location</b>	Lotus Way 104LW 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)			Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)			
<ul style="list-style-type: none"><li>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Nichole Seng (Registered Nurse)		<ul style="list-style-type: none"><li>• To protect and maintain skin integrity each day through to the next review.</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Nichole Seng (Registered Nurse) Target Date: 02/19/2026	<ul style="list-style-type: none"><li>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Nichole Seng (Registered Nurse) <ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage Teresa/SDM in health education regarding prevention of skin impairment and management of (specify).</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/20/2025 Revision by: Nichole Seng (Registered Nurse)		PCA	
<ul style="list-style-type: none"><li>• Potential for Acute and Persistent PAIN and alteration in comfort level related to Arthritis and fracture of humerus.</li></ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Rajdeep Kaur (Registered Nurse)		<ul style="list-style-type: none"><li>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</li></ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Teresa/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Rajdeep Kaur (Registered Nurse) <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li></ul>		RN Registered Practical	
Allergies	No Known Allergies		D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025	Location	Lotus Way 104LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<div>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) • PREFERENCES: (Resident name) has identified preference for pain management (Specify: i.e. PRN pain meds only, no pharmaceutical interventions, etc.). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) • PHYSIO TREATMENT: (Resident name) to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) • REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) • MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse)</div>	Nurse  All  PT  All  Registered Practical Nurse RN			
• Teresa is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/19/2025 Created on: 11/19/2025	• SHORT TERM GOAL: To improve Teresa's (upper and lower body joints) AROM strength to be able to complete 10 repetitions of (arm raises, leg raises,etc.) each day through the next review date. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy	• COMMUNICATION: Involve/collaborate with Teresa about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Teresa when partaking in AROM Nursing Restorative Program. Date Initiated: 11/19/2025 Created on: 11/19/2025				
Allergies	No Known Allergies		D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025	Location	Lotus Way 104LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide)	(Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) (Restorative Care Aide) Target Date: 02/19/2026  • SHORT TERM GOAL: To improve Teresa (upper and lower body muscles) AROM strength to be able to complete 10 repetitions of dumbbell, curls, leg aching, etc. each day through the next review date. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/19/2026	Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Teresa for (R/L bicep, triceps, quadriceps, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete 10 repetitions per each joint exercise. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE JOINT: Provide cueing and demonstration of abduction, adduction, extension, flexion, etc. to Teresa for (R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using theraband, ball, weights, pulleys, bike, etc. Complete 10 repetitions per each joint exercise). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Teresa performed AROM exercises. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide  <	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Nurse)		Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026	benefit to use (specify assigned PASD) as to support appropriate (assigned ADL). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) • BED RAIL (TWO PARTIAL): 1/4 Rails) in USE as a PASD to assist resident with bed mobility, transfer in/out of bed). Monitor every shift. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)			Staff  PCA	  D/E/N
• Teresa is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide)		• SHORT TERM GOAL: To improve Teresa's functional ability of sit to stand and stand to sit transfers from 1 staff & Extensive by the next review date. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/19/2026	• COMMUNICATION: Involve/collaborate with Teresa about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Teresa when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide (1 staff) (Extensive) assistance with Teresa for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 10 task repetition or 15 of minutes per session. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Teresa performed exercises			Restorative	D/E
Allergies	No Known Allergies		D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN	
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025	Location	Lotus Way 104LW 2	



## Care Plan Report

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## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of left humerus, Limited ROM</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>• TOILET USE: Teresa is able to use the toilet.</div> <div>1 staff to provide EXTENSIVE assistance by for toileting.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
		<div>• TRANSFERRING: Teresa is able to help in transferring).</div> <div>1 staff to provide EXTENSIVE assistance for transferring.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
		<div>• ORAL CARE: Teresa has TEETH, and is able to do her oral care).</div> <div>1 staff to provide LIMITED assistance for oral care.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
		<div>• FOOT CARE: PSW, Registered staff, Foot Care Nurse) to complete toenail care every 6 weeks on shower days. Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
		<div>• SPECIFIC RESIDENT Request: Female PSW for showers and personal hygiene</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
<div>• Expressed Wishes and Beliefs related to Teresa's Medical Treatment and End of</div>	<div>• To support and honor Teresa's expressed wishes and beliefs</div>	<div>• CPR: Teresa wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</div>				
Allergies	No Known Allergies		D.O.B.	08/04/1944	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BINKLEY, TERESA (925171002316)		Admission Date	11/19/2025	Location	Lotus Way 104LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<b>Life Care</b> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)	through to the End of Life. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/19/2026	Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)		
• Temporary-Activities related to Move In Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide)	• Teresa will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/19/2026	• INVITATION: Invite and Encourage Teresa to attend scheduled programs. Also extend invite to Spiritual focused programs. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • CALENDAR: Provide program calendar and verbally review if needed. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SOCIAL Introduction: Introduce her to other residents of similar age, interest, language, etc. as she can tolerate. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/19/2025 Revision by: Seema Naqvy (Restorative Care Aide)		

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/04/1944	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BINKLEY, TERESA (925171002316)	<b>Admission Date</b>	11/19/2025	<b>Location</b>	Lotus Way 104LW 2

## Care Plan Report


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### Diagnosis

Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed(S42.280), Sequelae of stroke, not specified as haemorrhage or infarction(I69.4)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/04/1944	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, other site(M13.98), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Reactive thrombocytosis(D75.81), Fracture of other part of upper end of humerus, closed...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BINKLEY, TERESA (925171002316)	<b>Admission Date</b>	11/19/2025	<b>Location</b>	Lotus Way 104LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• STRONG PARTICIPATION in Activities/PT Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/11/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	<div>• Joyce will be supported to maintain participation in activities 10 times per week by the next review date. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/30/2026</div>	<div>• STRUCTURED ACTIVITIES: Invite Joyce to programs of personal interest; (exercise group classes, neurogym, social programs of her interest). Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SELF-DIRECTED ACTIVITIES: Encourage Joyce to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.). Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div>				
<div>• Potential for pain related to health status. Date Initiated: 11/01/2025 Created on: 11/01/2025 Created by: Catherine Park (Registered Practical Nurse)</div>	<div>• Early identification of pain Date Initiated: 11/01/2025 Created on: 11/01/2025 Created by: Catherine Park (Registered Practical Nurse) Target Date: 01/30/2026</div>	<div>• Rescreen for the presence of new pain during routine care as well as with significant changes in health status and before, during and after a potentially painful procedure or intervention. Date Initiated: 11/01/2025 Created on: 11/01/2025 Created by: Catherine Park (Registered Practical Nurse)</div>				
<div>• Ambulation. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/30/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• Joyce to improve walking distance from 5-10 m to 20 m using A frame walker progress to rollator in 3 months Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/30/2026</div> <div>• To decrease of falls to 0 over</div>	<div>• Joyce to ambulate Assist x2-3for 5-10 meters using an A frame 4-5/wk. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Joyce to perform balance exercises in the standing kitchen sink with 1 XA EXs 4-5/wk. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist PTA</div> <div>PT - Physiotherapist PTA</div>			
Allergies	Codeine, oxyCODONE	D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)	Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Ambulation.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>stay in the program.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/30/2026</p>					
<p>• Active ROM.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To improve as allowed medically, start shoulder AROM from 0 degrees to the functional range in 3 months.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/30/2026</p> <p>• To prevent further deterioration of non-affected joint flexibility and strength from grade 3-/5 during stay in program.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/30/2026</p>	<p>• Provide AROM abduction/adduction/extension/ flexion/supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using OM theraband/ball/weights/ standing and walking with A-Fram, as allowed medically start RT shoulder ROM and strengthening EXs 4-5/wk.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/30/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none"> <li>• To improve as allowed medically, start RT shouder joint flexibility and strength from grade 0/3 to grade 3/5 in 3 months, (Manual Muscle Test)</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/30/2026				
<ul style="list-style-type: none"> <li>• Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of Right humerus.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"> <li>• To promote optimal healing of FRACTURE of Right humerus.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/ collaborate with Joyce in decision making of fracture care management.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) <li>• HEALTH EDUCATION: Engage with Joyce to enhance her comprehension of treatment and possible complications associated with a fracture.</li> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Joyce for management of fracture to the right humerus for discomfort/ complications or changes to health status.</li> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of Right humerus. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)</div>			<div>• PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)</div>			Registered Staff  PT - Physiotherapist Physical Therapy Assistant	
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Obesity and Hx of eczema. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)</div>		<div>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Target Date: 01/30/2026</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Joyce's usual skin condition to Registered Staff as noted. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • HEALTH EDUCATION: Engage Joyce in health education regarding prevention of skin impairment and management of eczema or possible MASDs. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • EQUIPMENT: requires pressure reduction mattress to offload pressure. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)</div>			PCA          PCA	
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Obesity and Hx of eczema. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)</div>			<div>Revision on: 10/30/2025 Revision by: Alison McAulay (RN)</div>				
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of Right humerus and MS with left side weakness Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)</div>		<div>• Joyce will demonstrate improved ADL function in bathing, transfers, walking, eating, personal hygiene, and dressing as supported through Restorative Program by the next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026</div>	<div>• BATHING: Joyce prefers showers and is scheduled on Monday and Friday afternoons. Joyce requires EXTENSIVE assistance for bathing. Nail care to be provided on shower/bath day. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: Joyce is able to (SPECIFY strengths in bed mobility) 1-2 staff to provide EXTENSIVE assistance by (specify any subtasks staff complete) for bed mobility. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • DRESSING: Joyce is able to (SPECIFY strengths in dressing) 1 staff to provide EXTENSIVE assistance (specify any subtasks staff complete) for dressing UPPER &amp; LOWER body. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025</div>				
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Revision by: Alison McAulay (RN)</div> <div>• EATING: Joyce is able to eat handheld food independently but 1 Staff to provide EXTENSIVE to TOTAL assist for eating anything with a utensil and hot drinks. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 11/05/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• LOCOMOTION: Joyce is able to do slight turns in her w/c. 1 staff to provide TOTAL assistance for locomotion on and/or off unit. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• PERSONAL HYGIENE: Joyce is able to (SPECIFY strengths in hygiene). 1 staff to provide EXTENSIVE assistance by (specify any subtasks staff complete) for hygiene. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer for hand hygiene. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• TOILET USE: Joyce is able to (SPECIFY strengths in toilet use). 1 staff to provide EXTENSIVE assistance by (specify any subtasks staff complete) for toileting. Date Initiated: 10/30/2025 Created on: 10/30/2025</div>				PCA	
Allergies	Codeine, oxyCODONE			D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)			Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of Right humerus and MS with left side weakness</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>TRANSFERRING: Joyce is able to (SPECIFY strengths in transferring). 1 staff to provide EXTENSIVE assistance (specify any subtasks staff complete) for transferring.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>ORAL CARE: Joyce has TEETH and a Partial Plate and is able to (SPECIFY strengths in oral care). 1 staff to provide SET UP &amp; SUPERVISION assistance for oral care.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>FOOT CARE: PSW to complete toenail care every shower day when needed. Report long toe nails or other abnormalities as noted.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in a bag in her closet.</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)				PCA	
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Joyce's Medical Treatment and End of Life Care</li> </ul>		<ul style="list-style-type: none"> <li>To support and honor Joyce's expressed wishes and beliefs through to the End of Life.</li> </ul>	<ul style="list-style-type: none"> <li>CPR: Joyce's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</li> </ul> Date Initiated: 10/30/2025					
Allergies	Codeine, oxyCODONE			D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)			Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

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Focus		Goal	Interventions			Position	Freq/Resolved	
Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)		Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)					
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: MULTIPLE SCLEROSIS (MS) Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/ symptoms or complications associated with Multiple Sclerosis through to the next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• COMMUNICATION: Involve/ collaborate with Joyce in decision making of neurological care management for MS. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • HEALTH EDUCATION: Engage with Joyce to enhance her comprehension of treatment and possible complications associated with MS. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for MS as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Joyce with MS for changes to health status and alteration or complications affecting neurological function. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			PCA		
Allergies	Codeine, oxyCODONE			D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)			Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: MULTIPLE SCLEROSIS (MS) Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)			• Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing (coughing during eating, drooling, etc.). Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)			PCA Registered Staff	
• Nutrition Risk Level Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Joyce will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/30/2026  • Will weigh within Realistic weight range of 80.9-92.4 kg/BMI 35-40 through to next review date. h=152cm Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian	• NUTRITION RISK: Joyce is MODERATE risk level. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) • DIET ORDER: Joyce will receive Regular diet, Regular texture Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/30/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Joyce drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/30/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Joyce to drink a minimum of 1778ml per day. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD))			Dietitian (RD)	
Allergies	Codeine, oxyCODONE			D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BROWN, JOYCE (925171002309)			Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>	<div>(RD))</div> <div>Target Date: 01/30/2026</div> <div>• Joyce drinking at least 80% of total fluid requirement 1778mL @ 25mL/kg, 88.9kg, 2223mL through to next review date.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 11/05/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>Target Date: 01/30/2026</div> <div>• Will meet estimated nutritional requirements of 2223kcal @ 25kcal/kg, 89g protein @ 1.0 g/kg through to next review date.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 11/05/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>Target Date: 01/30/2026</div>	<div>• DINING INSTRUCTIONS: Joyce requires assistance with eating due to MS diagnoses and current right arm status.</div> <div>Date Initiated: 11/04/2025</div> <div>Created on: 11/04/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 11/04/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• FOOD PREFERENCES: Joyce enjoys eating pizza, scalloped potatoes - homemade, spaghetti sauce homemade. Enjoys drinking coffee with 3 sugars.</div> <div>Dislikes eating instant mashed potatoes and deli meat</div> <div>Date Initiated: 11/04/2025</div> <div>Created on: 11/04/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 11/07/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>	<div>Registered Practical Nurse</div> <div>PCA</div>			
<div>• Potential for CONSTIPATION related to decreased mobility and previous Opioids use in hospital</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/30/2025</div>	<div>• To minimize the potential for episodes/ complications of constipation for Joyce through to the next review date.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div>	<div>• COMMUNICATION: Involve/collaborate with Joyce for decision making regarding constipation management.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div>				
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Revision by: Alison McAulay (RN)	Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• FLUIDS: Encourage Joyce to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)	Registered Staff			
• BOWEL Continence - Joyce is continent and has self recognition of urge to defecate. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)	• Joyce is to remain continent of bowels through next review date Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)	PCA			
• URINARY Continence - Joyce is continent and has self recognition of urge to void. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)	• Joyce will maintain continence level through next review date Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• URINARY Continence Level is: CONTINENT Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)	PCA			
• Use of PASD 1/4 bed rails to assist resident with Activity of Daily Living of bed mobility and transfers. Date Initiated: 10/30/2025	• Joyce will be effectively supported with use of 1/4 bed rails to optimize Activity of Daily Living of bed mobility and	• HEALTH EDUCATION: Engage with Joyce to enhance her knowledge of possible benefits and challenges associated with Use of 1/4 bed rails. Date Initiated: 10/30/2025 Created on: 10/30/2025				
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)		transfers each day through to the next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of monitoring Joyce for continued benefit to use 1/4 bed rails as to support appropriate bed mobility and transfers. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Joyce with bed mobility and transfers in/out of bed. Monitor every shift. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			PCA	D/E/N
• Altered VISION related to aging Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)		• Joyce is supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• COMMUNICATION: Involve/collaborate with Joyce for decision making pertaining to change in visual status as needed. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with Joyce to enhance her knowledge affecting vision. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • EYEGLASSES: Joyce wears eyeglasses. Assist to clean eyeglasses as needed and store on the night table when she is sleeping. Date Initiated: 10/30/2025 Created on: 10/30/2025			PCA	
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<ul style="list-style-type: none"><li>Altered VISION related to aging</li></ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)						
<ul style="list-style-type: none"><li>Joyce is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</li></ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)		<ul style="list-style-type: none"><li>SHORT TERM GOAL: To improve Joyce's upper and lower body joints AROM strength to be able to complete 10 of repetitions of (arm raises, leg raises, etc.) each day through the next review date.</li></ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/30/2026	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Joyce about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed.</li></ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) <ul style="list-style-type: none"><li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joyce when partaking in AROM Nursing Restorative Program.</li></ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) <ul style="list-style-type: none"><li>AROM EXERCISE MUSCLE: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Joyce for R/L bicep, triceps, quadriceps, etc. using theraband, ball, weights, pulleys, bike, etc. Complete 10 of repetitions per each joint exercise.</li></ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) <ul style="list-style-type: none"><li>AROM EXERCISE JOINT: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Joyce for (R/L hip, knee, ankle, shoulder,</li></ul>					Restorative Care Aide	
Allergies	Codeine, oxyCODONE			D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN		
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	BROWN, JOYCE (925171002309)			Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Joyce is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Seema Naqvy (Restorative Care Aide)</div>		<div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>Target Date: 01/30/2026</div>	<div>elbow, wrist, etc.) using (Specify equipment; theraband, ball, weights, pulleys, bike, etc.). Complete (10 repetitions per each joint exercise).</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>• TIME SPENT: Enter amount of time in MINUTES that Joyce performed AROM exercises.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 11/04/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>					Restorative Care Aide	DEqshiftNpr n
<div>• Increased risk for FALLS related to MS. Altered Physical function: Fractured right humerus</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Target Date: 01/30/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Joyce in decision making in fall prevention Plan of Care.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• CALL BELL: Place call bell within Joyce's reach to LEFT side, check that it is in working order and remind/encourage to use it.</div> <div>Date Initiated: 10/30/2025</div> <div>Created on: 10/30/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Alison McAulay (RN)</div>					PCA	D/E/N
Allergies	Codeine, oxyCODONE			D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN		
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	BROWN, JOYCE (925171002309)			Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Increased risk for FALLS related to MS. Altered Physical function: Fractured right humerus</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Alison McAulay (RN)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Alison McAulay (RN)</p>			<p>• ADAPTIVE AIDS: Place adaptive aid/needed objects within easy reach of resident. PCA</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Alison McAulay (RN)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Alison McAulay (RN)</p> <p>• BED: use high/low bed to lower risk for injury. PCA</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Alison McAulay (RN)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Alison McAulay (RN)</p> <p>• FOOTWEAR: Ensure Joyce wears appropriate footwear, she has running shoes, for PCA transfers and/or ambulation.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Alison McAulay (RN)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Alison McAulay (RN)</p>			
<p>• Joyce is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p>		<p>• SHORT TERM GOAL: To improve Joyce functional ability of sit to stand and stand to sit transfers from 1 staff &amp; Extensive to Supervised by the next review date.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>Target Date: 01/30/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Joyce about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joyce when partaking in TRANSFER TRAINING Nursing Restorative Program.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Seema Naqvy (Restorative Care Aide)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>• SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff (Extensive) assistance with Joyce for sit to stand/stand to sit transfer exercises from</p>			
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			bed, toilet, chair. Complete (5 of task repetition or 15 minutes) per session. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Joyce performed exercises for TRANSFER TRAINING. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)			Restorative Care Aide	D/E
• Potential for Persistent PAIN and alteration in comfort level related to MS Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)		• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Target Date: 01/30/2026	• COMMUNICATION: Involve/collaborate with Joyce about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) • REST: accommodate Joyce's rest and relaxation preference either breaks between activities or remaining in bed. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.			RN Registered Practical Nurse         Registered Practical Nurse	
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for Persistent PAIN and alteration in comfort level related to MS Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			RN	
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)		• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• COMMUNICATION: Involve/ collaborate with Joyce in decision making of thyroid care management. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with Joyce to enhance her comprehension of treatment and possible complications associated with HYPOTHYROIDISM. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Joyce with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)			RN Registered Practical Nurse  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)			• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)				
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) Target Date: 01/30/2026	• COMMUNICATION: Involve/collaborate with Joyce in decision making of Cardiac Care Management for Hypertension. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Joyce with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN) • VITAL SIGNS: Monitor vital signs as ordered Monthly. Notify MD of any significant			Registered Practical Nurse RN	
Allergies	Codeine, oxyCODONE		D.O.B.	05/03/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BROWN, JOYCE (925171002309)		Admission Date	10/30/2025	Location	Lotus Way 106LW 1 1	


## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</li> </ul> Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN)		abnormalities. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Alison McAulay (RN) Revision on: 10/30/2025 Revision by: Alison McAulay (RN)		

<b>Allergies</b>	Codeine, oxyCODONE	<b>D.O.B.</b>	05/03/1951	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Multiple sclerosis(G35), Fracture of unspecified part of humerus, closed(S42.390), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BROWN, JOYCE (925171002309)	<b>Admission Date</b>	10/30/2025	<b>Location</b>	Lotus Way 106LW 1 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for acute/persistent PAIN and alteration in comfort level related to right clavicle fracture; recent surgery. Most Current MDS Pain Score is (fill in score)</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 12/30/2025</li> <li>Revision by: Nichole Seng (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Target Date: 02/20/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Lesley/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 11/21/2025</li> <li>Revision by: Nichole Seng (Registered Nurse)</li> <li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>PHYSIO TREATMENT: Lesley to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week).</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 11/21/2025</li> <li>Revision by: Nichole Seng (Registered Nurse)</li> <li>POSITIONING: Position in chair/bed for optimal comfort (FREQ). Lesley prefers to be positioned laying down/sitting.</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 11/21/2025</li> <li>Revision by: Nichole Seng (Registered Nurse)</li> <li>REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.).</li> <li>Date Initiated: 11/20/2025</li> <li>Created on: 11/20/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li> <li>Date Initiated: 11/20/2025</li> </ul>			RN Registered Practical Nurse	
Allergies	HYDROmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for acute/persistent PAIN and alteration in comfort level related to right clavicle fracture; recent surgery. Most Current MDS Pain Score is (fill in score)</li> </ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Nichole Seng (Registered Nurse)			Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)			
<ul style="list-style-type: none"> <li>Lesley is experiencing episode of INFECTION (toenail fungus). Onset date unknown</li> </ul> Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse)		<ul style="list-style-type: none"> <li>To have infection adequately managed and treated without further complications by February 17, 2026</li> </ul> Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Lesley with decision making for infection treatment plan and update accordingly.</li> </ul> Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse)		<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with Lesley to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, isolation, transmission, etc.).</li> </ul> Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse)	
<b>Allergies</b>	HYDROMorphone, Latex			<b>D.O.B.</b>	02/06/1965	<b>Physician</b> TANUJAA HARRICHARAN
<b>Diagnosis</b>	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	CLARKE, LESLEY (925171002317)			<b>Admission Date</b>	11/20/2025	<b>Location</b> Lotus Way 105LW 2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Lesley is experiencing episode of INFECTION (toenail fungus). Onset date unknown Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse) • VITAL SIGNS: Monitor VITAL SIGNS (monitor temperature daily: part of syndromic surveillance). Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse) • PPE PRECAUTIONS: Precaution identified as CONTACT for nail fungus and requires use of the following PPEs Gloves, Gown, when providing direct care, handling soiled clothes and linens, etc.). Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse) • MEDICATIONS: Administer topical medication for nail fungus as per MD/NP order. Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			
<p>• STRONG PARTICIPATION in Activities Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/28/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>		<p>• Lesley will be supported to maintain participation in activities 10 times per week by the next review date. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/28/2025 Revision by: Seema Naqvy</p>	<p>• STRUCTURED ACTIVITIES: Invite Lesley to programs of personal interest; (exercise group classes, neurogym, social programs of her interest). Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/28/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SELF-DIRECTED ACTIVITIES: Encourage Lesley to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.).</p>			
Allergies	HYDROmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		(Restorative Care Aide) Target Date: 02/20/2026	Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/28/2025 Revision by: Seema Naqvy (Restorative Care Aide)				
• Temporary-Activities related to Move In Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/28/2025 Revision by: Richele Rosales (RAI Coordinator)		• Lesley will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/20/2026	• INVITATION: Invite and Encourage Lesley to attend scheduled programs. Also extend invite to Spiritual focused programs. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) • CALENDAR: Provide program calendar and verbally review. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SOCIAL Introduction: Introduce Lesley to other residents of similar age, interest, language, etc. as she can tolerate. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)				
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse)		• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)	• COMMUNICATION: Involve/ collaborate with Lesley in decision making of thyroid care management. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with PCA HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 11/21/2025				
Allergies	HYDROmorphone, Latex			D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CLARKE, LESLEY (925171002317)			Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse)</p>	Target Date: 02/20/2026	<p>Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"><li>• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order.</li></ul> <p>Monitor effectiveness and for side effects. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>				
<ul style="list-style-type: none"><li>• Lesley has potential to experience a safety hazard/burn injury related to personal SMOKING habits.</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	<ul style="list-style-type: none"><li>• Lesley will be safe when choosing to smoke through to the next review</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve Lesley in review of smoking legislation (No smoking inside the home or within 9 meters from any doorway) and identify the designated area/s where smoking is permitted.</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	Social Worker			
		<ul style="list-style-type: none"><li>• HEALTH TEACHING: engage with resident and support their effort to explore smoking cessation options (including interventions as prescribed by MD).</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse)</p>	Registered Staff			
		<ul style="list-style-type: none"><li>• SMOKING CONTRACT: Lesley has agreed to follow safe smoking rules and accepts the consequences of breaking those agreed upon rules</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	Social Worker			
<ul style="list-style-type: none"><li>• Potential to experience discomfort/complications, including pain, impaired mobility, related to FRACTURE of R clavicle</li></ul> <p>Date Initiated: 11/21/2025</p>	<ul style="list-style-type: none"><li>• To promote optimal healing of FRACTURE of R clavicle until healed</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Lesley/SDM in decision making of fracture care management.</li></ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse)</p>				
Allergies	HYDRORmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)		Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026	Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • HEALTH EDUCATION: Engage with Lesley/SDM to enhance her comprehension of (specify: treatment, possible complications, etc.) associated with fracture. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • MEDICATION: Administer medication for fracture healing/pain as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse)			Registered Staff  <	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: high/low bed, walker, wheelchair. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • ENVIRONMENT: Secure environment: reduce clutter, night light, quiet environment, etc.) to reduce fall risk for Lesley Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED: use high/low bed, etc.) to lower risk for injury. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • FOOTWEAR: Ensure resident wears appropriate footwear (closed shoes with good grip) for transfers, ambulation. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>				PCA	
Allergies	HYDROmorphone, Latex		D.O.B.	02/06/1965		Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025		Location	Lotus Way 105LW 2 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Increased risk for FALLS related to fractures. Altered Physical function (R clavicle fracture, history of multiple fractures in the past), impaired mobility Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)			• PROGRAMS: Offer Lesley to participate in Programs which encourage physical activity (SPECIFY - endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk with Me, etc.) Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)			
• BOWEL Continence - Lesley is continent and has self recognition of urge to defecate. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)		• Lesley to remain continent of bowels through next review date Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • SELF TOILETING: Lesley toilets self for bowel movements. Each shift ask if she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)		PCA	
• URINARY Functional, Mixed)		• Lesley will have urinary	• COMMUNICATION: Involve/collaborate with Lesley/SDM) for decision making			
Allergies	HYDRORmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses					
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Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
INCONTINENCE related to altered mobility, Urinary Tract/Bladder Infection Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse)	incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026  • Lesley will receive support to use toilet and promote urinary continence each shift through to the next review. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026	about toileting options or incontinence management. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of the resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • URINARY Continence level is Infrequently Incontinent. Report change to level as noted. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • TOILETING PREFERENCE: Lesley indicates personal choice: to use washroom on days and have a pull-up on nights Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • INCONTINENCE PRODUCT: Resident uses protective pull-up underwear - M for nights only. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)	PCA			
• Use of PASD bed rails to assist resident with Activity of Daily Living bed mobility	• Lesley will be effectively supported with use of ed rails to	• HEALTH EDUCATION: Engage with Resident/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed rails.				
Allergies	HYDROmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
and transfers. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/21/2025 Revision by: Nichole Seng (Registered Nurse)		optimize Activity of Daily Living bed mobility and transfers each day through to the next review date. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/21/2025 Revision by: Nichole Seng (Registered Nurse) Target Date: 02/20/2026	Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/21/2025 Revision by: Nichole Seng (Registered Nurse) • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use bed rails as to support appropriate bed mobility and transfers. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/21/2025 Revision by: Nichole Seng (Registered Nurse) • BED RAIL (TWO PARTIAL): 1/4 bed rails resident with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/21/2025 Revision by: Nichole Seng (Registered Nurse)			PCA	D/E/N
• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of right clavicle, Limited Mobility, Limited ROM Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)		• Lesley will demonstrate improved ADL function in bathing, transfer, walking, eating, personal hygiene, dressing, etc.) as supported through Restorative Program by the next review date. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026	• BATHING: Lesley prefers shower, on Tuesday and Sunday evenings. Resident participates; 1 staff LIMITED, assistance for bathing. Assistive devices required include (shower chair). Nail care to be provided on shower/bath day. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED MOBILITY: Lesley is able to help herself with bed mobility) 1 staff to provide SUPERVISION for bed mobility. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse) • DRESSING: Lesley is able to do dressing) 1 staff to provide LIMITED assistance for dressing UPPER & LOWER body.			PCA	PCA
Allergies	HYDROmorphone, Latex			D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CLARKE, LESLEY (925171002317)			Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse) • EATING: Lesley is able to eat independently 1 Staff to provide SUPERVISION SETUP assist for eating. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Lesley is able to (full strengths in locomotion). 1 staff to provide LIMITED to EXTENSIVE assistance for locomotion (indicate on and/or off unit). Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Lesley is able to (full strengths in hygiene). 1 staff to provide LIMITED assistance for hygiene. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse) • HAND HYGIENE: 1 staff to provide LIMITED assistance to use soap/water, apply sanitizer, rub hands together, dry hands, etc.) for hand hygiene. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse) • TOILET USE: Lesley is able to use the toilet. 1 staff to provide LIMITED, assistance for toileting.</div>				PCA	
Allergies	HYDRORomphone, Latex		D.O.B.	02/06/1965		Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025		Location	Lotus Way 105LW 2 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of right clavicle, Limited Mobility, Limited ROM</div> <div>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• TRANSFERRING: Lesley is able to self transferring). 1 staff to provide LIMITED assistance for transferring.</div> <div>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• ORAL CARE: Lesley has TEETH, and is able to (full strengths in oral care). 1 staff to provide SUPERVISION, assistance for oral care.</div> <div>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• FOOT CARE: PSW, Registered staff, Foot Care Nurse) to complete toenail care every 6 weeks. Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• SPECIFIC RESIDENT Request: Resident does not want anyone entering her room during night shift, even to stock supplies. Resident is okay with nurses entering to give medications/treatment when she calls or with her permission.</div> <div>Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Nichole Seng (Registered Nurse) Revision on: 01/03/2026 Revision by: Nichole Seng (Registered Nurse)</div>	PCA   <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
and has the potential to show improvement to (muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)	of sit to stand and stand to sit transfers from 2 of staff Extensive) to Supervised by the next review date. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/20/2026	plan of care as needed. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Lesley when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Extensive Supervision) assistance with Lesley for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 5 task repetition or 15 minutes per session. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Lesley performed exercises for TRANSFER TRAINING. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide	D/E		
• Lesley is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and	• SHORT TERM GOAL: To improve Lesley (upper and lower body joints) AROM strength to be able to complete (specify #) of repetitions of (arm raises, leg raises, etc.) each day through the next review date.	• COMMUNICATION: Involve/collaborate with Lesley about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)				
Allergies	HYDROmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
functional ability to safely perform exercises. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/20/2026  • SHORT TERM GOAL: To improve Lesley's (upper and lower body muscle) AROM strength to be able to complete 10 repetitions of dumbbell, curls, leg marching, etc.) each day through the next review date. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/20/2026	<ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Lesley when partaking in AROM Nursing Restorative Program. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)</li> <li>• AROM EXERCISE MUSCLE: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Lesley for (R/L bicep, triceps, quadriceps, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete 10 repetitions per each joint exercise). Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)</li> <li>• AROM EXERCISE JOINT: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Lesley for (R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete 10 repetitions per each joint exercise. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)</li> <li>• TIME SPENT: Enter amount of time in MINUTES that Lesley performed AROM exercises. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/20/2025 Revision by: Seema Naqvy (Restorative Care Aide)</li> </ul>	Restorative Care Aide	
• Expressed Wishes and Beliefs related to Lesley's Medical Treatment and End of Life Care Date Initiated: 11/20/2025	• To support and honor Lesley's expressed wishes and beliefs through to the End of Life. Date Initiated: 11/20/2025	• CPR: Lesley wishes to have CPR and TRANSFER to hospital. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse)		
<b>Allergies</b>	HYDROmorphone, Latex		<b>D.O.B.</b>	02/06/1965
<b>Diagnosis</b>	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses		<b>Physician</b>	TANUJAA HARRICHARAN
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	CLARKE, LESLEY (925171002317)	<b>Admission Date</b>	11/20/2025	<b>Location</b> Lotus Way 105LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)		Created on: 11/20/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/20/2026	Revision on: 11/20/2025 Revision by: Olena Romaniuk (Registered Nurse)				
<ul style="list-style-type: none"><li>• Nutrition Risk Level</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		<ul style="list-style-type: none"><li>• Lesley will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/20/2026	• NUTRITION RISK: Lesley is LOW risk level.			Dietitian (RD)	
			Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD))				
			• DIET ORDER: Lesley will receive Regular diet, Regular texture			PCA	
			Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)				
			• FLUID CONSISTENCY: Lesley drinks REGULAR/THIN Level 0 Fluids.			PCA	
			Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/20/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)				
		<ul style="list-style-type: none"><li>• Will weigh within GWR/Realistic weight range of 63- 76 kg/BMI 24-29 through to next review date.</li></ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/20/2026	• FLUID TARGET: Encourage Lesley to drink a minimum of 1280 ml per day			PCA	
			Date Initiated: 12/04/2025 Created on: 12/04/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD))				
			• DINING INSTRUCTIONS: Please assist in cutting food or opening packages			Registered Practical Nurse	
			Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/21/2025				
Allergies	HYDROmorphone, Latex		D.O.B.	02/06/1965	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	CLARKE, LESLEY (925171002317)		Admission Date	11/20/2025	Location	Lotus Way 105LW 2 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)	80% of total fluid requirement @25 ml/kg, 64kg through to next review date. Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/20/2026	Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) <ul style="list-style-type: none"> <li>• ADAPTIVE AIDS: Lesley requires lip plate at meals due to right arm in sling (Trial).</li> </ul> Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/21/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) <ul style="list-style-type: none"> <li>• FOOD PREFERENCES: Lesley enjoys drinking milk and tea with lots of sugar and milk. Dislikes eating bran, very spicy food and "fishy smell/taste" fish.</li> </ul> Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD))	PCA	


### Diagnosis

Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute cor pulmonale(I26.9), Other hypertrophic osteoarthropathy, other site(M89.48), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fracture of unspecified part of clavicle, open(S42.091), Personal history of COVID-19(U07.5)

<b>Allergies</b>	HYDROmorphine, Latex	<b>D.O.B.</b>	02/06/1965	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5), Pulmonary embolism without mention of acute ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CLARKE, LESLEY (925171002317)	<b>Admission Date</b>	11/20/2025	<b>Location</b>	Lotus Way 105LW 2 1



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Potential for Acute/Persistent PAIN and alteration in comfort level related to BILATERAL TOTAL KNEE ARTHROPLASTY, MIGRAINE, and often c/o left arm pain</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 01/02/2026</p> <p>Revision by: Nichole Seng (Registered Nurse)</p>		<p>• To promote Elaine's comfort and effectively manage ACUTE pain as episode occurs through to the next review.</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/09/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Elaine/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal satisfaction for pain control.</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• NON VERBAL CUES of PAIN for Elaine include facial grimacing, tight fists, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed.</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ALTERNATIVE THERAPY: consider other therapies to relieve pain (music therapy, aromatherapy, meditation).</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• PHYSIO TREATMENT: Elaine to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week).</p> <p>Date Initiated: 10/09/2025</p> <p>Created on: 10/09/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p>				RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN		
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified(D64.9), P...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for Acute/Persistent PAIN and alteration in comfort level related to BILATERAL TOTAL KNEE ARTHROPLASTY, MIGRAINE, and often c/o left arm pain</li></ul> Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/02/2026 Revision by: Nichole Seng (Registered Nurse)			<div>Revision by: Richele Rosales (RAI Coordinator)</div> <ul style="list-style-type: none"><li>• REST: accommodate resident rest and relaxation preference (breaks between activities, remaining in bed).</li></ul> Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) <li>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li> Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)			Registered Practical Nurse RN	
<ul style="list-style-type: none"><li>• STRONG PARTICIPATION in Activities</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide)		<ul style="list-style-type: none"><li>• Elaine will be supported to maintain participation in activities 10 times per week by the next review date.</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/09/2026	<ul style="list-style-type: none"><li>• STRUCTURED ACTIVITIES: Invite Elaine to programs of personal interest; (exercise group classes, neurogym, social programs of her interest).</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) <li>• SELF-DIRECTED ACTIVITIES: Encourage Elaine to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.).</li> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)				
<ul style="list-style-type: none"><li>• Potential for CONSTIPATION related to decreased mobility.</li></ul>		<ul style="list-style-type: none"><li>• To minimize the potential for episodes/ complications of</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Elaine/SDM) for decision making regarding constipation management.</li></ul>				
Allergies	No Known Allergies		D.O.B.	10/18/1950		Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025		Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)		constipation through to the next review date. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026	Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for constipation management and changes to health status and symptoms/ complications of constipation. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator) • FLUIDS: Encourage resident to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator) • NUTRITION increased fibre intervention in place. See Nutrition Care Plan. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Richele Rosales (RAI Coordinator)				Registered Staff	
• Transfers. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To decrease falls while transferring and other ADLs in the next 3 months. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/09/2026	• (encourage+ Pivot disc + assist x2 transfer raining with sit -> stand transfer from bed, chair 4-5/wk. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Elaine to perform balance exercises with 1-2 XA + wall bar, side rail, perform kitchen sink EXs in standing 4-5/wk. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist)				PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	10/18/1950		Physician	TANUJAA HARRICHARAN	
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025		Location	Lotus Way 101LW 1 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<b>• Transfers.</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<b>• To prevent a decline in transfers from Pivot disc + Assist x2 during stay in program.</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/09/2026  <b>• To improve transfer from Pivot disc+ assist x2 to independent with proper setup in the next 3 months..</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/09/2026	Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) <b>• Rlaine to perform balance exercises using therapeutic ball Exs in sitting 4-5/wk</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
<b>• Active ROM.</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<b>• To improve bilateral lower limb( bilateral knee ) flexibility and strength from grade 3-/5 to grade 3/5 in 3 months, (Manual Muscle Test)</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<b>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using ROM theraband/ball/weights/pulleys/bike/as possible, standing progress to walking 4-5/wk.</b> Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	10/18/1950	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	DOMJANCIC, ELAINE (925171002298)		<b>Admission Date</b>	10/09/2025	<b>Location</b>	Lotus Way 101LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Active ROM.</li></ul> <p>Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		Physiotherapist) Target Date: 01/09/2026  <ul style="list-style-type: none"><li>• To prevent further deterioration of joint flexibility and strength from grade 3-/5 during stay in the program.</li></ul> <p>Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/09/2026</p>					
<ul style="list-style-type: none"><li>• Potential for Expressive Behaviour of Inappropriate, RESISTANCE to care need, repetitive sentences and repetitively calling for help nature related to sundowning?</li></ul> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"><li>• To promote safety for Elaine and/or others during each episode of Expressive Behaviour through to the next review date.</li></ul> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 01/09/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Elaine/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li></ul> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Elaine for indications to change in or for escalating expressive behaviour risk.</li></ul> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>• RESISTANCE to Care Need: If Elaine is declining to bathe, change clothes, take medications, eat, etc.- re-approach in 10-15 minutes. Report episode to Registered Staff.</li></ul> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025</p>			BSO - Internal Social Worker	
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN	
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for Expressive Behaviour of Inappropriate, RESISTANCE to care need, repetitive sentences and repetitively calling for help nature related to sundowning? Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse)</div>		<div>Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse) • RESISTANCE to Care Need: Educate Elaine on personal hygiene. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse) • DE-ESCALATION: Elaine calms with distraction, re-direction, watching tv,etc Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse) • DIVERSION ACTIVITY: Elaine responds well to watching TV/phone, listening to country/opera/classical music, as method to calm or redirect energy. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse) • APPROACH: Use Gentle Persuasive Approach Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/15/2025 Revision by: Harsimran Kaur (Registered Nurse)</div>	PCA			
<div>• Use of PASD bed rails to assist resident with Activity of Daily Living bed mobility and transfers. Date Initiated: 10/10/2025 Created on: 10/10/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse)</div>	<div>• Elaine will be effectively supported with use of bed rails to optimize Activity of Daily Living bed mobility and transfers each day through to the next review date. Date Initiated: 10/10/2025 Created on: 10/10/2025</div>	<div>• HEALTH EDUCATION: Engage with Resident/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed rails. Date Initiated: 10/10/2025 Created on: 10/10/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse) • MONITORING: Utilize holistic perspective of monitoring resident for continued</div>				
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
		Created by: Nichole Seng (Registered Nurse) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse) Target Date: 01/09/2026	benefit to use bed rails as to support appropriate bed mobility and transfers. Date Initiated: 10/10/2025 Created on: 10/10/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist resident with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 10/10/2025 Created on: 10/10/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse)					PCA	D/E/N
• URINARY (Mixed) INCONTINENCE related to altered mobility Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)		• Elaine will receive support to (use toilet, commode, urinal, bedpan) and promote urinary continence each shift through to the next review. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026	• COMMUNICATION: Involve/collaborate with Elaine/SDM for decision making about (toileting options or incontinence management). Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Elaine for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • SCHEDULED TOILETING: Toilet Elaine before and after meals, at HS and during					PCA	
Allergies	No Known Allergies			D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN		
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	DOMJANCIC, ELAINE (925171002298)			Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY (Mixed) INCONTINENCE related to altered mobility Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)			night rounds and PRN. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/16/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Resident uses blue brief. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
• Nutrition Risk Level Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Elaine will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/16/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/09/2026  • Will weigh within GWR of 58.2 - 69.7 kg/BMI 24-29 through to next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/16/2025 Revision by: Julia Pilca (Dietitian (RD))	• NUTRITION RISK: Elaine is LOW risk level. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/16/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Elaine will receive Regular diet, Regular texture (SOFT). Offer softer choices with extra gravy (in cup) and sauces to help moisten foods. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/16/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Elaine drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/09/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Elaine to drink a minimum of 1303 ml per day. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)			Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)			Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>	<div>Target Date: 01/09/2026</div> <div>• Elaine will be adequately hydrated aeb drinking at least 85% of total fluid requirement @25 ml/kg, 61.3 kg through to next review date.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 10/16/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 01/09/2026</div>	<div>Revision on: 10/16/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• FOOD PREFERENCES: Elaine does not drink tea or coffee. Likes creamy soups, white meats only (chicken) and soft fruits.</div> <div>DISLIKES: dark meat (pork chops), fruit cups and chicken noodle soups.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 10/16/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• HIGH FIBRE: Offer 125 ml prune juice at supper daily.</div> <div>Date Initiated: 10/21/2025</div> <div>Created on: 10/21/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div>	PCA	D/E		
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Obesity</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>	<div>• To protect and maintain skin integrity each day through to the next review.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 01/09/2026</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• HEALTH EDUCATION: Engage Elaine/SDM in health education regarding prevention of skin impairment.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	PCA			
<div>• Potential to experience alteration in RESPIRATORY FUNCTION related to ASTHMA.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div>	<div>• To treat and minimize signs/symptoms or complications associated with ASTHMA each day through to next review date.</div>	<div>• COMMUNICATION: Involve/collaborate with Elaine/SDM in decision making of Respiratory Management for ASTHMA.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>				
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)		Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026	Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • <b>HEALTH EDUCATION:</b> Engage with Elaine/SDM to enhance her comprehension of treatment, possible complications associated with ASTHMA. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Elaine with ASTHMA for changes to health status and alteration or complications affecting respiratory function. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • <b>MEDICATION:</b> Administer medication (nebulizers, inhalers) for ASTHMA as per MD order and monitor for side effects. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)			
• Potential to experience discomfort/complications, including pain, impaired mobility, embolism related to BILATERAL TOTAL KNEE ARTHROPLASTY. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)		• To promote optimal healing of bilateral knee. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026	• <b>COMMUNICATION:</b> Involve/ collaborate with Elaine/SDM in decision making of fracture care management. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • <b>HEALTH EDUCATION:</b> Engage with Elaine/SDM to enhance her comprehension of y: treatment, possible complications associated with bilateral total knee arthroplasty. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator)			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	10/18/1950	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	DOMJANCIC, ELAINE (925171002298)		<b>Admission Date</b>	10/09/2025	<b>Location</b>	Lotus Way 101LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Elaine for management of bilateral knee arthroplasty for discomfort/ complications or changes to health status.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>				
<div>• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA and LOW VIT D</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• To treat and/or minimize complications associated with ANEMIA and LOW VIT D each day through to the next review date.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 01/09/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Elaine/SDM in decision making of hematologic care management for Anemia.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• HEALTH TEACHING: Engage with Elaine/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with ANEMIA.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Elaine with ANEMIA for complications or changes to health status.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div>				
Allergies	No Known Allergies			D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)			Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA and LOW VIT D Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)			Revision by: Richele Rosales (RAI Coordinator) • LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for ANEMIA as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator)				Registered Staff	
• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to new environment. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)		• To promote adequate rest/sleep for Elaine based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026	• REST PATTERN: Preferred bedtime 2000-2100, usual wake time 0700-0800 and daytime naps. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • SLEEPWEAR: Elaine prefers to wear long/short night gown, pajamas bottoms. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITOR: Monitor Elaine's sleeping patterns. Document when awake or asleep. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)				PCA	
• BOWEL Continence - Elaine is continent and has self recognition of urge to		• Elaine to remain continent of bowels through next review date Date Initiated: 10/09/2025	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 10/09/2025 Created on: 10/09/2025				PCA	
Allergies	No Known Allergies			D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN	
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	DOMJANCIC, ELAINE (925171002298)			Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1	

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Focus		Goal	Interventions		Position	Freq/Resolved
defecate. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)		Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026	Created by: Richele Rosales (RAI Coordinator)			
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to limited mobility. Altered Physical function (BILATERAL TOTAL KNEE ARTHROPLASTY). Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>		<ul style="list-style-type: none"> <li>To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Elaine/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>CALL BELL: Place call bell within Elaine's reach (specify; to RIGHT or LEFT side if needed), check that it is in working order and remind/encourage to use it. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: high/low bed, wheelchair. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>ENVIRONMENT: Secure environment (reduce clutter, night light, quiet environment) to reduce fall risk for Elaine. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>		PCA PCA PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Increased risk for FALLS related to limited mobility. Altered Physical function (BILATERAL TOTAL KNEE ARTHROPLASTY). Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• BED: use high/low bed to lower risk for injury. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • FOOTWEAR: Ensure Elaine wears appropriate footwear (shoes/non-skid socks) for transfers, ambulation. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	PCA Registered Practical Nurse RN PCA PCA			
<div>• Expressed Wishes and Beliefs related to Elaine's Medical Treatment and End of Life Care Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To support and honor Elaine's expressed wishes and beliefs through to the End of Life. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/09/2026</div>	<div>• CPR: Elaine wishes to have CPR; decision to transfer to hospital will be made at the time. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</div>				
<div>• Elaine is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to</div>	<div>• SHORT TERM GOAL: To improve Elaine's (specify JOINT) AROM strength to be able to complete (specify #) of</div>	<div>• COMMUNICATION: Involve/collaborate with Elaine about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 10/09/2025 Created on: 10/09/2025</div>				
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide)	repetitions of (specify exercise) each day through the next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/09/2026  • LONG TERM GOAL: To improve Elaine's (specify JOINT) AROM strength to be able to optimally self perform (Specify; ADL function) each day through the next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/09/2026	Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of (Specify exercise; abduction, adduction, extension, flexion, etc.) to Elaine for (Specify MUSCLE GROUP - R/L bicep, triceps, quadriceps, etc.) using (Specify equipment; theraband, ball, weights, pulleys, bike, etc.). Complete (Specify # of repetitions per each joint exercise). Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE JOINT: Provide cueing and demonstration of (Specify exercise; abduction, adduction, extension, flexion, etc.) to Elaine for (Specify JOINT - R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using (Specify equipment; theraband, ball, weights, pulleys, bike, etc.). Complete (Specify # of repetitions per each joint exercise). Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Elaine performed AROM exercises. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide   <	

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Focus	Goal	Interventions	Position	Freq/Resolved		
personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Extensive, Limited, etc.) to (specify lower level of assistance; Limited, Supervised, etc.) by the next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/09/2026  • LONG TERM GOAL: To improve Elaine's strength and endurance for support of optimal self performance with function of sit-stand-sit transfers each day through the next review date. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/09/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/09/2026	Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Elaine when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse) • SIT to STAND/STAND to SIT TRANSFER: Provide (Specify; 1 or 2 staff) (Specify; Extensive, Limited, Supervision) assistance with (Resident name) for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete (Specify; # of task repetition or # of minutes) per session. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/16/2025 Revision by: Richele Rosales (RAI Coordinator) • MUSCLE EXERCISES: Guide/cue (resident name) to perform (Specify muscle; glut, hamstring, quadriceps, etc.) exercises using (Specify equipment; theraband, weights, bridge, etc.). Complete (specify #) of repetitions per session. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/16/2025 Revision by: Richele Rosales (RAI Coordinator) • TIME SPENT: Enter amount of time in MINUTES that Elaine performed exercises for TRANSFER TRAINING. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/10/2025 Revision by: Nichole Seng (Registered Nurse)	Restorative Care Aide	D/E		
• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility	• Elaine will demonstrate improved ADL function in bathing, transfer, walking,	• BATHING: Elaine prefers showers on Thursday evening and Sunday evening. Resident requires 1x EXTENSIVE assistance by staff for bathing. Nail care to be provided on shower/bath day.	PCA			
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1



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Focus		Goal	Interventions				Position	Freq/Resolved
<div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>		<div>personal hygiene, dressing as supported through Restorative Program by the next review date.</div> <div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/09/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 01/09/2026</div>	<div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/16/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• BED MOBILITY: Elaine is able to roll from right to left and vice versa under supervision.</div> <div>1 staff to provide LIMITED, assistance for sitting to lying and vice versa for bed mobility.</div>				PCA	
			<div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• DRESSING:1 staff to provide LIMITED to EXTENSIVE assistance for dressing UPPER &amp; LOWER body.</div>				PCA	
			<div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• EATING: Elaine is able to eat by herself.</div> <div>1 Staff to provide SUPERVISION setup for eating.</div>				PCA	
			<div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• LOCOMOTION: Elaine is able to Propel herself for short distance.</div> <div>1 staff to propel Elaine's wheelchair for locomotion on the unit and TOTAL assistance to go off the unit to the gym or diningroom.</div>				PCA	
			<div>Date Initiated: 10/09/2025</div> <div>Created on: 10/09/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Alison McAulay (RN)</div>					
Allergies		No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN	
Diagnosis		Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses						
Facility		Wellington Park Care Centre				Print Date	1/4/2026	
Resident		DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator)			• PERSONAL HYGIENE: 1 staff to provide LIMITED to EXTENSIVE, assistance for hygiene. Elaine prefers female PSW for the personal care. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/11/2025 Revision by: Harsimran Kaur (Registered Nurse)		PCA	
			• HAND HYGIENE: Elaine is able to independently complete task of Hand Hygiene each day. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	
			• TOILET USE: Elaine is able to identify when she needs to void. 2 staff to provide EXTENSIVE to MAXIMAL assistance by bringing a commode to the bedside and assisting with cleansing for toileting. Resident to be on a toileting schedule. Though Elaine wants to wear incontinent brief to avoid any accidents. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/11/2025 Revision by: Harsimran Kaur (Registered Nurse)		PCA	
			• TRANSFERRING: Elaine is two person MAXIMAL assist- with pivot disc Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	
			• ORAL CARE: Elaine has (TEETH) and is able to (SPECIFY strengths in oral care). 1 staff to provide (set up help only) for oral care. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator)		PCA Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)		Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</li> </ul> <p>Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<p>Revision on: 10/10/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> <li>FOOT CARE: PSW, to complete toenail care every shower day. Report long toe nails or other abnormalities as noted.</li> </ul> <p>Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/09/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in (enter location or instruction details here)</li> </ul> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)</p> <p>Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/18/1950	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	DOMJANCIC, ELAINE (925171002298)	<b>Admission Date</b>	10/09/2025	<b>Location</b>	Lotus Way 101LW 1 1

Care Plan Report


Diagnosis

Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified(D64.9), Presence of artificial knee(Z96.61)

Allergies	No Known Allergies	D.O.B.	10/18/1950	Physician	TANUJAA HARRICHARAN
Diagnosis	Asthma, unspecified, without stated status asthmaticus(J45.90), Rheumatoid arthritis, unspecified(M06.9), Obesity, unspecified(E66.9), Migraine, unspecified(G43.9), Anaemia, unspecified (D64.9), P...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	DOMJANCIC, ELAINE (925171002298)	Admission Date	10/09/2025	Location	Lotus Way 101LW 1 1

## Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to spine and sternum fracture, chronic shoulder pain, chronic back pain, and chronic abdominal pain. Most Current MDS Pain Score is (fill in score) Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/04/2026 Revision by: Nichole Seng (Registered Nurse)</p>	<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 04/01/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Coleen/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse)</p> <p>• PREFERENCES: Coleen has identified preference for pain management PRN pain meds only. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.). Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>				RN Registered Practical Nurse	
<p>• STRONG PARTICIPATION in Activities for Coleen Date Initiated: 01/03/2026</p>	<p>• Coleen will be supported to maintain participation in activities 10 times per week by</p>	<p>• STRUCTURED ACTIVITIES: Invite Coleen to programs of personal interest; (group exercise classes, neurogym, bingo, movies, social programs of her interest). Date Initiated: 01/03/2026</p>				All	
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1	



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created on: 01/03/2026 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 01/03/2026 Revision by: Seema Naqvy (Restorative Care Aide)	the next review date. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 01/03/2026 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 04/01/2026	Created on: 01/03/2026 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 01/03/2026 Revision by: Seema Naqvy (Restorative Care Aide) • SELF-DIRECTED ACTIVITIES: Encourage Coleen to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching, walking, conversing with peers, etc.). Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 01/03/2026 Revision by: Seema Naqvy (Restorative Care Aide)				
• Altered VISION related to Cataract (Specify Right or Left eye) Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator)	• Coleen supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/01/2026	• COMMUNICATION: Involve/collaborate with Coleen/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Coleen/SDM to enhance their knowledge of Cataract affecting vision. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • EYEGLASSES: Coleen wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer, etc.) when sleeping. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator)	PCA			
• Temporary-Activities related to Move In Date Initiated: 12/30/2025 Created on: 12/30/2025	• Coleen will be engaged and invited to participate in all spheres of activities offered	• INVITATION: Invite and Encourage Coleen to attend scheduled programs. Also extend invite to Spiritual focused programs. Date Initiated: 12/30/2025				
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created by: Seema Naqvy (Restorative Care Aide) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator)	during the first days/weeks upon move in. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 04/01/2026	Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • CALENDAR: Provide program calendar and verbally review if needed. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SOCIAL Introduction: Introduce Coleen to other residents of similar age, interest, language, etc. as she can tolerate. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)				
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Excessive Moisture Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Nichole Seng (Registered Nurse)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Nichole Seng (Registered Nurse) Target Date: 04/01/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Nichole Seng (Registered Nurse) • HEALTH EDUCATION: Engage resident/SDM in health education regarding prevention of skin impairment. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Nichole Seng (Registered Nurse) Revision on: 01/01/2026 Revision by: Nichole Seng (Registered Nurse)	PCA			
• Nutrition Risk Level Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)	• (resident name) will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 12/31/2025	• NUTRITION RISK: Coleen is ____ risk level. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/31/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)	Dietitian (RD)			
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		<p>Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Target Date: 04/01/2026</p> <p>• Will weigh within GWR/IBW/Realistic weight range of ____ kg/BMI ____ through to next review date. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Target Date: 04/01/2026</p> <p>• (resident name) will be adequately hydrated aeb drinking at least ____% of total fluid requirement @____ ml/kg, ____kg through to next review date. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Target Date: 04/01/2026</p> <p>• Will meet estimated nutritional requirements of ____ kcal @ ____ kcal/kg, ____g protein @ ____g/kg through to next review date. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<p>• DIET ORDER: Coleen will receive Regular diet, Regular texture Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/31/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FLUID CONSISTENCY: Coleen drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/31/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>				PCA	
Allergies	Codeine, Erythromycin, Meperidine			D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GAUTHIER, COLEEN (925171002325)			Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1	



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> <p>Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		Target Date: 04/01/2026				
<ul style="list-style-type: none"> <li>• Potential to experience discomfort/complications, including pain, impaired mobility, related to FRACTURE of spine and sternum</li> </ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>• To promote optimal healing of FRACTURE of spine until healed (specify date of expected healing or end of treatment date).</li> </ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 04/01/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/ collaborate with Coleen/SDM in decision making of fracture care management.</li> </ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Coleen/SDM to enhance his/her comprehension of ( treatment, possible complications, etc.) associated with fracture.</li> </ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• MEDICATION: Administer medication for fracture healing/pain as per MD order. Monitor effectiveness and for side effects.</li> </ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan.</li> </ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse)</p>		Registered Staff	
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience discomfort/complications, including pain, impaired mobility, related to FRACTURE of spine and sternum</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 12/30/2025</li> <li>Revision by: Olena Romaniuk (Registered Nurse)</li> </ul>			<ul style="list-style-type: none"> <li>PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> </ul>		PT - Physiotherapist	Physical Therapy Assistant
<ul style="list-style-type: none"> <li>Potential to experience alteration in RESPIRATORY FUNCTION related to [specify: Chronic Obstructive Pulmonary Disorder (COPD), Asthma, ]</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 12/30/2025</li> <li>Revision by: Olena Romaniuk (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or complications associated with COPD and Asthma each day through to next review date.</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 12/30/2025</li> <li>Revision by: Olena Romaniuk (Registered Nurse)</li> <li>Target Date: 04/01/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Coleen/SDM in decision making of Respiratory Management for COPD and Asthma.</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 12/30/2025</li> <li>Revision by: Olena Romaniuk (Registered Nurse)</li> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with COPD and Asthma for changes to health status and alteration or complications affecting respiratory function.</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> <li>Created by: Olena Romaniuk (Registered Nurse)</li> <li>Revision on: 12/30/2025</li> <li>Revision by: Olena Romaniuk (Registered Nurse)</li> <li>POSITIONING: To manage shortness of breath (SOB) elevate head of the bed to improve breathing.</li> <li>Date Initiated: 12/30/2025</li> <li>Created on: 12/30/2025</li> </ul>		Registered Staff	PCA
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in RESPIRATORY FUNCTION related to [specify: Chronic Obstructive Pulmonary Disorder (COPD), Asthma, ]</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)			Created by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>MEDICATION: Administer medication ( inhalers,) for COPD as per MD order and monitor for side effects.</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)			
<ul style="list-style-type: none"> <li>Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse)		<ul style="list-style-type: none"> <li>To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date.</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 04/01/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/ collaborate with Coleen/SDM in decision making of thyroid care management.</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with PCA HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function.</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects.</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025			
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>			<p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• LAB WORK: Monitor lab and diagnostic results and report results to MD as needed.</p> <p>Follow up as indicated.</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>				
<p>• BOWEL Continence - Coleen is continent and has self recognition of urge to defecate.</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• Coleen to remain continent of bowels through next review date</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>Target Date: 04/01/2026</p>	<p>• BOWEL Continence level is CONTINENT. Report change to level as noted. PCA</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>• SELF TOILETING: Coleen toilets self for bowel movements. Each shift ask if he/she PCA had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted.</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>				
<p>• URINARY Continence - Coleen is continent and has self recognition of urge to void.</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• Coleen will maintain continence level through next review date</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>	<p>• URINARY Continence Level is: CONTINENT PCA</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>• SELF TOILETING: Coleen toilets self. Each shift ask if he/she has voided and PCA document accordingly. Report changes to urination or continence level to Registered Staff as noted.</p> <p>Date Initiated: 12/30/2025</p> <p>Created on: 12/30/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>				
Allergies	Codeine, Erythromycin, Meperidine			D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)			Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Target Date: 04/01/2026	Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)					
• Increased risk for FALLS related to osteoporosis. Altered Physical function related to spine T11 fracture: Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 04/01/2026	• COMMUNICATION: Involve/collaborate with Coleen/SDM in decision making in fall prevention Plan of Care. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • CALL BELL: Place call bell within resident's reach ( LEFT side), check that it is in working order and remind/encourage to use it. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED: use high/low bed to lower risk for injury. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • FOOTWEAR: Ensure resident wears appropriate footwear (closed toe shoes) for transfers, ambulation. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • PROGRAMS: Offer Coleen to participate in Programs which encourage physical activity (endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk with Me, etc.) Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025				PCA	D/E/N
<b>Allergies</b>		Codeine, Erythromycin, Meperidine			<b>D.O.B.</b>	12/01/1951	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>		Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>		Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>		GAUTHIER, COLEEN (925171002325)			<b>Admission Date</b>	12/30/2025	<b>Location</b>	Lotus Way 103LW 1 1

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>body. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • EATING: Coleen is able to (full strengths in eating) 1 Staff to provide SUPERVISE, assist for eating. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • LOCOMOTION: Coleen is able to (help in locomotion). 1 staff to provide LIMITED to EXTENSIVE assistance for locomotion on and/or off unit). Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Coleen requires 1 staff to provide LIMITED assistance for hygiene. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer, for hand hygiene. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • TOILET USE: Coleen is able to use the toilet.</div>				PCA	
Allergies	Codeine, Erythromycin, Meperidine			D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GAUTHIER, COLEEN (925171002325)			Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture (spine and sternum) Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>			1 staff to provide LIMITED to EXTENSIVE assistance for toileting. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • TRANSFERRING: Collen is able to self- transferring). PCA				
			1 staff to provide SUPERVISION to LIMITED, assistance for transferring. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • ORAL CARE: Coleen has DENTURES and is able to (full strengths in oral care). PCA				
			1 staff to provide SUPERVISION assistance for oral care BID. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 01/01/2026 Revision by: Nichole Seng (Registered Nurse) • FOOT CARE: PSW to complete toenail care every 6 weeks on shower days. Report PCA				
			long toe nails or other abnormalities as noted. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) • RESIDENT PREFERENCE with ADL activities as follow (female staff for personal PCA				
			care and showers) Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse) • LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in her closet PCA				
			Date Initiated: 12/30/2025				
Allergies	Codeine, Erythromycin, Meperidine			D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)			Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Fracture (spine and sternum)</li></ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			
<ul style="list-style-type: none"><li>Use of PASD bed rails to assist resident with Activity of Daily Living (bed mobility and transfers).</li></ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"><li>Coleen will be effectively supported with use of bed rails to optimize Activity of Daily Living (bed mobility and transfers) each day through to the next review date.</li></ul> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk</p>	<ul style="list-style-type: none"><li>HEALTH EDUCATION: Engage with Coleen/SDM to enhance their knowledge of possible benefits and challenges associated with Use of partial bed rails.</li></ul> <p>Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator)<li>MONITORING: Utilize holistic perspective of monitoring Coleen for continued benefit to use partial bed rails to support bed mobility and transfer.</li><p>Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Richele Rosales (RAI Coordinator)</p></p>			
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(Registered Nurse) Target Date: 04/01/2026	Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • BED RAIL (TWO PARTIAL 1/4 Rails) in USE as a PASD to assist resident with bed mobility, transfer in/out of bed). Monitor every shift. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)	PCA	D/E/N		
• Coleen is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to standing strength, balance, endurance, etc. related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)	• SHORT TERM GOAL: To improve Coleen functional ability of sit to stand and stand to sit transfers from 1 staff & Extensive to Supervised by the next review date. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 04/01/2026	• COMMUNICATION: Involve/collaborate with Coleen about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Coleen when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Extensive assistance with Coleen for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 5 task repetition or 15 minutes per session. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Coleen performed exercises for TRANSFER TRAINING. Date Initiated: 12/30/2025	Restorative Care Aide	D/E		
Allergies	Codeine, Erythromycin, Meperidine		D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GAUTHIER, COLEEN (925171002325)		Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Coleen is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to standing strength, balance, endurance, etc. related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>			<p>Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>				
<p>• Coleen is enrolled in ACTIVE RANGE OF MOTION nursing restorative prog(muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>		<p>• SHORT TERM GOAL: To improve Coleen (upper and lower body joints) AROM strength to be able to complete 10 of repetitions of arm raises, leg raises, etc. each day through the next review date.</p> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>	<p>• COMMUNICATION: Involve/collaborate with Coleen about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Coleen when partaking in AROM Nursing Restorative Program.</p> <p>Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>				
Allergies	Codeine, Erythromycin, Meperidine			D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GAUTHIER, COLEEN (925171002325)			Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Target Date: 04/01/2026  • SHORT TERM GOAL: To improve Coleen's upper and lower body muscles AROM strength to be able to complete 10 of repetitions of (dumbbell curls, leg marching, etc.) each day through the next review date. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 04/01/2026	• AROM EXERCISE MUSCLE: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Coleen for R/L bicep, triceps, quadriceps, etc. using theraband, ball, weights, pulleys, bike, etc. Complete 10 repetitions per each joint exercise). Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE JOINT: Provide cueing and demonstration of abduction, adduction, extension, flexion, etc. to Coleen for R/L hip, knee, ankle, shoulder, elbow, wrist, etc. using theraband, ball, weights, pulleys, bike, etc. Complete 10 repetitions per each joint exercise). Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Coleen performed AROM exercises. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 12/30/2025 Revision by: Seema Naqvy (Restorative Care Aide)				Restorative Care Aide	
• Expressed Wishes and Beliefs related to Coleen's Medical Treatment and End of Life Care Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)		• To support and honor Coleen's expressed wishes and beliefs through to the End of Life. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 04/01/2026	• CPR: Coleen wishes to have CPR and TRANSFER to hospital. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)				Restorative Care Aide	DEqshiftNpr n
Allergies	Codeine, Erythromycin, Meperidine			D.O.B.	12/01/1951	Physician	TANUJAA HARRICHARAN	
Diagnosis	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GAUTHIER, COLEEN (925171002325)			Admission Date	12/30/2025	Location	Lotus Way 103LW 1 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Coleen's Medical Treatment and End of Life Care</li> </ul> Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/30/2025 Revision by: Olena Romaniuk (Registered Nurse)				


### Diagnosis

Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Depressive episode, unspecified(F32.9), Chronic obstructive pulmonary disease, unspecified(J44.9), Malignant neoplasm bronchus or lung, unspecified, unspecified side(C34.99), Osteoporosis, unspecified(M81.9), Cataract, unspecified(H26.9), Fracture of sternum, closed(S22.200)

<b>Allergies</b>	Codeine, Erythromycin, Meperidine	<b>D.O.B.</b>	12/01/1951	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Fracture of thoracic vertebra T7- T12, closed(S22.010), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), D...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	GAUTHIER, COLEEN (925171002325)	<b>Admission Date</b>	12/30/2025	<b>Location</b>	Lotus Way 103LW 1 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• STRONG PARTICIPATION in Activities</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide)</p>		<ul style="list-style-type: none"><li>• Davilyn will be supported to maintain participation in activities 10 times per week by the next review date.</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"><li>• STRUCTURED ACTIVITIES: Invite Davilyn to programs of personal interest(group exercise classes, neurogym, social programs of her interest)</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)<li>• SELF-DIRECTED ACTIVITIES: Encourage Davilyn to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.).</li><p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p></p>				
<ul style="list-style-type: none"><li>• Ambulation.</li></ul> <p>Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"><li>• As allowed medically Davilyn is to improve walking distance from 0 m to 10 m using rollator walker in 3 months</li></ul> <p>Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/29/2026</p> <ul style="list-style-type: none"><li>• To decrease of falls to 0 over 3 months</li></ul> <p>Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT -</p>	<ul style="list-style-type: none"><li>• As allowed medically, Dayilyn to ambulate with Assist x1 -Assist x2 m using rollator walker 4-5/wk.</li></ul> <p>Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(110.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1	



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Ambulation.</li> </ul> Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist)	Physiotherapist) Target Date: 01/29/2026			
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/31/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<ul style="list-style-type: none"> <li>• To prevent further deterioration of all non-affected joint flexibility and strength from grade 3/5 in 3 months. (Manual Muscle Test)              Date Initiated: 10/31/2025              Created on: 10/31/2025              Created by: Uzma Habib (PT - Physiotherapist)              Revision on: 10/31/2025              Revision by: Uzma Habib (PT - Physiotherapist)              Target Date: 01/29/2026</li> <li>• To improve as allowed medically strength from grade 0/5 to grade 3/5 in 3 months, (Manual Muscle Test)              Date Initiated: 10/31/2025              Created on: 10/31/2025              Created by: Uzma Habib (PT - Physiotherapist)              Revision on: 10/31/2025              Revision by: Uzma Habib (PT - Physiotherapist)              Target Date: 01/29/2026</li> </ul>	<ul style="list-style-type: none"> <li>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using ROM, AAROM, theraband/ball/weights as allowed medically standing, progress to walking 4-5/wk.              Date Initiated: 10/31/2025              Created on: 10/31/2025              Created by: Uzma Habib (PT - Physiotherapist)              Revision on: 10/31/2025              Revision by: Uzma Habib (PT - Physiotherapist)</li> </ul>	PT - Physiotherapist PTA	

<b>Allergies</b>	Clindamycin, Shellfish - dietary, contrast dye	<b>D.O.B.</b>	04/23/1952	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HENDERSON, DAVILYN (925171002308)	<b>Admission Date</b>	10/29/2025	<b>Location</b>	Lotus Way 103LW 2 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Transfers.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To decrease falls in the next 3 months .</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 01/29/2026</div> <div>• To prevent a decline in transfers from Assist x1 during stay in program.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 01/29/2026</div> <div>• To improve transfer for assist x1 to independent in 3 months</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 01/29/2026</div>	<div>• assist x1 with sit -&gt; stand transfer from bed, toilet, chair 4-5/wk.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• DAVILYN to perform balance exercises in sitting therapeutic ball Exs 4-5/wk.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• DAVILYN to perform balance exercises in standing with 1 XA 4-5/wk.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist</div> <div>PTA</div> <div>PT - Physiotherapist</div> <div>PTA</div> <div>PT - Physiotherapist</div> <div>PTA</div>			
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to</div>	<div>• To promote adequate rest/sleep for Davilyn based on</div>	<div>• REST PATTERN: Preferred bedtime (2300 hrs), usual wake time (0800 hrs) and frequent daytime naps.</div>	<div>PCA</div>			
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
new environment, Anxiety, Depression, Pain & Discomfort Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		identified sleep patterns/preferences each night through to the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • SLEEPWEAR: Davilyn prefers to wear short night gowns. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)			PCA	
• Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of left tibia. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		• To promote optimal healing of FRACTURE of left tibia Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Davilyn in decision making of fracture care management. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • HEALTH EDUCATION: Engage with Davilyn to enhance her comprehension of treatment and possible complications associated with fracture. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Davilyn for management of fracture to the left tibia for discomfort/ complications or changes to health status. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 10/29/2025 Created on: 10/29/2025			Registered Staff	
Allergies	Clindamycin, Shellfish - dietary, contrast dye			D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HENDERSON, DAVILYN (925171002308)			Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of left tibia.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p>			<p>Created by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)</p>			PT - Physiotherapist  Physical Therapy Assistant	
<ul style="list-style-type: none"><li>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES .</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p>		<ul style="list-style-type: none"><li>• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Davilyn in decision making of diabetes care management.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Davilyn to enhance her comprehension of treatment and possible complications associated with DIABETES.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Davilyn for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)</p>			RN Registered Practical Nurse	
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES . Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</div>		<div>Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) • MEDICATION: Administer medication, ORAL ANTIHYPERGLYCEMIC medication, for DIABETES as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)</div>	<div>Registered Staff</div> <div>Registered Staff</div>				
<div>• Davilyn requires temporary SAFETY CHECKS for NSGAR score of 9 related to history of attempted suicide and recent stage 3 cancer diagnosis. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</div>	<div>• Safety Check initiated on October 29/25 as a measure to monitor resident each day Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026</div>	<div>• Check Davilyn's location every hour Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 11/11/2025 Revision by: Danielle Knott (ADOC)</div>	PCA	Q1			
<div>• Nutrition Risk Level Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>	<div>• Davilyn will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date. Date Initiated: 10/29/2025</div>	<div>• NUTRITION RISK: Davilyn is MODERATE nutrition risk Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD))</div>	Dietitian (RD)				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/29/2026	• DIET ORDER: Davilyn will receive Regular diet, Regular texture Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/29/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Davilyn drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/29/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Davilyn to drink at least 1750mL/d Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) • FOOD ALLERGY/INTOLERANCE: Shellfish; reacts with anaphylaxis Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) • FOOD PREFERENCES: Davilyn follows a plant based diet but does eat some meats(hormone/antibiotic free). Will choose from available menu. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/29/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • DIABETIC CARE: Offer Davilyn diet juices/jams and small portions non-fruit dessert if requested Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 11/05/2025			PCA	
		• Will weigh within GWR of 80-90kg BMI 33-37 through to next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/29/2026				PCA	
		• Davilyn will be adequately hydrated aeb drinking at least 80% of total fluid requirement 2188mL @25 ml/kg, 87.5kg through to next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/29/2026				PCA Restorative Care Aide	
		• Will meet estimated nutritional requirements of 1750-2188kcal				PCA	
Allergies	Clindamycin, Shellfish - dietary, contrast dye			D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ENDERSON, DAVILYN (925171002308)			Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<ul style="list-style-type: none"><li>• Nutrition Risk Level</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		@ 20-25kcal/kg, 70-88g protein @0.8-1g/kg through to next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/29/2026	Revision by: Alexandra Breau (Dietitian (RD))				
<ul style="list-style-type: none"><li>• BOWEL Continence - Davilyn is continent and has self recognition of urge to defecate.</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"><li>• Davilyn to remain continent of bowels through next review date</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	<ul style="list-style-type: none"><li>• BOWEL Continence level is CONTINENT. Report change to level as noted.</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)		PCA		
<ul style="list-style-type: none"><li>• URINARY Functional INCONTINENCE related to altered mobility</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"><li>• Davilyn will receive support to use toilet and/or commode and promote urinary continence each shift through to the next review.</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Davilyn for decision making about toileting options or incontinence management.</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Davilyn for toileting needs, changes to health status and alteration of continence level.</li></ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)				
Allergies	Clindamycin, Shellfish - dietary, contrast dye			D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ENDERSON, DAVILYN (925171002308)			Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
			<div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• SCHEDULED TOILETING: Toilet Davilyn every four hours and PRN to promote continence.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• INCONTINENCE PRODUCT: Davilyn wears pads in her underwear during all shifts.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div>					PCA	D/E PRN-N
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div>		<div>• To protect and maintain skin integrity each day through to the next review.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Target Date: 01/29/2026</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Davilyn's usual skin condition to Registered Staff as noted.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• HEALTH EDUCATION: Engage Davilyn in health education regarding prevention of skin impairment and management of incontinence.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div>					PCA	
Allergies	Clindamycin, Shellfish - dietary, contrast dye			D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN		
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	HENDERSON, DAVILYN (925171002308)			Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)			Revision by: Alison McAulay (RN)				
• Altered COMMUNICATION as exhibited by limitations to comprehension related to Hard of hearing to bilateral ears Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		• Davilyn will continue to freely express self and adequately comprehend information each day through to the next review period. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Davilyn for decision making about strategies needed to support effective communication. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with Davilyn to enhance her knowledge of hearing aids affecting communication ability. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • HEARING AID; Assist Davilyn to apply/remove bilateral hearing aides. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)				
• Altered VISION related to aging Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		• Davilyn is to be supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)	• COMMUNICATION: Involve/collaborate with Davilyn for decision making pertaining to change in visual status as needed. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	<ul style="list-style-type: none"> <li>• HEALTH TEACHING: Engage with Davilyn to enhance her knowledge of aging affecting vision. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</li> <li>• EYEGLASSES: wears eyeglasses. Assist to clean eyeglasses as needed and store PCA in night table drawer when sleeping. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</li> </ul>				
<ul style="list-style-type: none"> <li>• Increased risk for FALLS related to fractured left tibia Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</li> </ul>		<ul style="list-style-type: none"> <li>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Target Date: 01/29/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Davilyn in decision making in fall prevention Plan of Care. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</li> <li>• CALL BELL: Place call bell within Davilyn's reach. Check that it is in working order and remind/encourage to use it. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</li> <li>• ADAPTIVE EQUIPMENT: Davilyn needs a commode at bedside or over toilet, high/low bed, walker, wheelchair Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</li> <li>• BED: use high/low bed to lower risk for injury.</li> </ul>				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1	



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to fractured left tibia</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p>			<p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p>			
<ul style="list-style-type: none"><li>Potential for Acute PAIN and alteration in comfort level related to fracture of left tibia</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p>		<ul style="list-style-type: none"><li>To promote Davilyn's comfort and effectively manage ACUTE pain as episode occurs through to the next review.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Davilyn about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>REST: Accommodate Davilyn's rest and relaxation preference breaks between activities or remaining in bed.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)</p>			
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

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## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of left tibia</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div>		<div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• TRANSFERRING: Davilyn is able to use walker to pivot onto w/c.</div> <div>1 staff to provide EXTENSIVE assistance (specify any subtasks staff complete) for transferring.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• ORAL CARE: Davilyn has TEETH and is able to (SPECIFY strengths in oral care).</div> <div>1 staff to provide CUES and SET UP assistance for oral care.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• FOOT CARE: Registered staff to complete toenail care every shower day PRN.</div> <div>Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div>	PCA			
<div>• Expressed Wishes and Beliefs related to Davilyn's Medical Treatment and End of Life Care</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div>	<div>• To support and honor Davilyn's expressed wishes and beliefs through to the End of Life.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>Target Date: 01/29/2026</div>	<div>• CPR: Davilyn wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Alison McAulay (RN)</div>				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Davilyn is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div>	<div>• SHORT TERM GOAL: To improve Davilyn's functional ability of sit to stand and stand to sit transfers from (1 staff Extensive) to (Supervised) by the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/29/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Davilyn about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Davilyn when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide (1 staff) (Extensive) assistance with Davilyn for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete (5 of task repetition or 15 exercises) per session. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Davilyn performed exercises for TRANSFER TRAINING. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div>	Restorative Care Aide	D/E		
<div>• Davilyn is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to</div>	<div>• SHORT TERM GOAL: To improve Davilyn (upper and lower body joints) AROM strength to be able to complete</div>	<div>• COMMUNICATION: Involve/collaborate with Davilyn about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide)</div>				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

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Focus	Goal	Interventions	Position	Freq/Resolved		
personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide)	(10) of repetitions of (arm raises, leg raises, etc.) each day through the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/29/2026  • SHORT TERM GOAL: To improve Davilyn's (upper and lower body muscles) AROM strength to be able to complete (10) of repetitions of (dumbbell curls, leg marching, etc.) each day through the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/29/2026	Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Davilyn when partaking in AROM Nursing Restorative Program. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Davilyn for (Specify MUSCLE GROUP - R/L bicep, triceps, quadriceps, etc.) using (theraband, ball, weights, pulleys, bike, etc). Complete (10 repetitions per each joint exercise). Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE JOINT: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Davilyn for (R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete (10 repetitions per each joint exercise). Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/29/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide			
• Use of PASD 1/4 bed rails to assist resident with Activity of Daily Living of bed mobility and transfers. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025	• Davilyn will be effectively supported with use of 1/4 bed rails to optimize Activity of Daily Living of bed mobility and transfers each day through to the next review date.	• HEALTH EDUCATION: Engage with Davilyn to enhance her knowledge of possible benefits and challenges associated with Use of 1/4 bed rails. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses					
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Resident	ENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
Revision by: Alison McAulay (RN)		Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	• MONITORING: Utilize holistic perspective of monitoring Davilyn for continued benefit to use 1/4 bed rails as to support appropriate bed mobility and transfers. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • BED RAIL (TWO PARTIAL):1/4 Rails in USE as a PASD to assist Davilyn with bed mobility and transfer in/out of bed. Monitor every shift. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		PCA	D/E/N	
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: TRANSIENT ISCHEMIC ATTACK (TIAs) Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/ symptoms or complications associated with TIAs Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/ collaborate with Davilyn in decision making of neurological care management for TIAs. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • HEALTH EDUCATION: Engage with Davilyn to enhance her comprehension of treatment and possible complications associated with TIAs Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for TIAs as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		PCA		
Allergies	Clindamycin, Shellfish - dietary, contrast dye			D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
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Resident	HENDERSON, DAVILYN (925171002308)			Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: TRANSIENT ISCHEMIC ATTACK (TIAs) Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)			• MONITORING: Utilize holistic perspective of continuous monitoring of Davilyn with Hx of TIA for changes to health status and alteration or complications affecting neurological function. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)				
• Potential to experience alteration in CARDIAC FUNCTION related to; Arteriosclerotic Heart Disease, Hypertension Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/symptoms or complications associated with ASHD and Hypertension through to the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Davilyn in decision making of Cardiac Care Management for ASHD and Hypertension. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Davilyn with ASHD and Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for ASHD and Hypertension as per MD Order and monitor for side effects. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN) • VITAL SIGNS: Monitor vital signs as ordered monthly. Notify MD of any significant				
Allergies	Clindamycin, Shellfish - dietary, contrast dye		D.O.B.	04/23/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HENDERSON, DAVILYN (925171002308)		Admission Date	10/29/2025	Location	Lotus Way 103LW 2 1	



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Arteriosclerotic Heart Disease, Hypertension</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN)		abnormalities. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Alison McAulay (RN) Revision on: 10/29/2025 Revision by: Alison McAulay (RN)		

### Diagnosis

Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, unspecified site(M84.39), Endocarditis, valve unspecified(I38), Atherosclerotic heart disease of unspecified type of vessel, native or graft(I25.19)

<b>Allergies</b>	Clindamycin, Shellfish - dietary, contrast dye	<b>D.O.B.</b>	04/23/1952	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Benign hypertension(I10.0), Transient cerebral ischaemic attack, unspecified(G45.9), Malignant neoplasm of central portion of breast, unspecified side(C50.19), Type 2 diabetes mellitus with poor ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HENDERSON, DAVILYN (925171002308)	<b>Admission Date</b>	10/29/2025	<b>Location</b>	Lotus Way 103LW 2 1

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/17/2026	Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SOCIAL Introduction: Introduce Bruce to other residents of similar age, interest, language, etc. as he can tolerate. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide)				
• Potential for Expressive Behaviour of Inappropriate SEXUAL comments and physical aggression related to Change in Routine or any physical triggers Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Snehdeep Kaur (RN)		• To promote safety for Bruce and/or others during each episode of physical aggression through to the next review date. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Snehdeep Kaur (RN) Target Date: 02/17/2026  • To promote safety for Bruce and/or others during each episode of Inappropriate SEXUAL comments through to the next review date. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026  • Bruce will be supported to adjust to his new environment to lower risk of triggering	• COMMUNICATION: Involve/collaborate with Bruce(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Bruce for indications to change in or for escalating expressive behaviour risk. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/21/2025 Revision by: Olena Romaniuk (Registered Nurse) • TRIGGERS leading to PHYSICAL Hitting, as expression of behaviour include anger, frustration, fearfulness, invasion of personal space, Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Snehdeep Kaur (RN) Revision on: 11/26/2025 Revision by: Snehdeep Kaur (RN) • PHYSICAL Behaviour: If Bruce is attempting to strikeout; move back from his reach. Calmly indicate that care/conversation will continue when he is calm/ready. Seek Registered Staff assistance and ensure no other residents at danger Date Initiated: 11/28/2025			BSO - Internal Social Worker	
Allergies	Chocolate			D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)			Admission Date	11/17/2025	Location	Lotus Way 102LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<p>• Potential for Expressive Behaviour of Inappropriate SEXUAL comments and physical aggression related to Change in Routine or any physical triggers</p> <p>Date Initiated: 11/21/2025</p> <p>Created on: 11/21/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Snehdeep Kaur (RN)</p>		<p>inappropriate sexual commenting behaviour episodes through to the next review.</p> <p>Date Initiated: 11/21/2025</p> <p>Created on: 11/21/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>Target Date: 02/17/2026</p>	<p>Created on: 11/28/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/28/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• SEXUAL Behaviour: Bruce demonstrates habit of unwanted comments of sexual nature. Report episode to Registered Staff.</p> <p>Date Initiated: 11/21/2025</p> <p>Created on: 11/21/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• SEXUAL Behaviour: Staff to advise Bruce that his comments are inappropriate and make other people feel uncomfortable.</p> <p>Date Initiated: 11/21/2025</p> <p>Created on: 11/21/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• DE-ESCALATION: Bruce calms with quiet time, re-direction, watching tv, conversation</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Snehdeep Kaur (RN)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Snehdeep Kaur (RN)</p> <p>• APPROACH: Use Gentle Persuasive Approach: Talk to the resident about the appropriateness of his actions and consequences.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Snehdeep Kaur (RN)</p> <p>Revision on: 11/28/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>						
<p>• Bruce is enrolled in a TRANSFER TRAINING nursing restorative program and has the potential to show improvement to standing strength, balance, endurance,</p>		<p>• SHORT TERM GOAL: To improve Bruce's functional ability of sit to stand and stand to sit transfers from 1 staff Extensive</p>	<p>• COMMUNICATION: Involve/collaborate with Bruce about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 11/25/2025</p>						
Allergies	Chocolate			D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN	
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	HOLLAND, BRUCE (925171002315)			Admission Date	11/17/2025		Location	Lotus Way 102LW 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
etc. related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide)	to Supervised by the next review date. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/17/2026	Created on: 11/25/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Bruce when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Extensive assistance with Bruce for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 5 task repetition or 15 minutes per session. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Bruce performed exercises for TRANSFER TRAINING. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide	D/E			
• Bruce is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/25/2025 Created on: 11/25/2025	• SHORT TERM GOAL: To improve Bruce's (upper and lower body joints) AROM strength to be able to complete 10 repetitions of arm raises,leg raises,etc. each day through the next review date. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk	• COMMUNICATION: Involve/collaborate with Bruce about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Bruce when partaking in AROM Nursing Restorative Program. Date Initiated: 11/25/2025					
Allergies	Chocolate		D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN	
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025	Location	Lotus Way 102LW 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide)		(Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/17/2026  • SHORT TERM GOAL: To improve Bruce's upper and lower body muscles) AROM strength to be able to complete 10 repetitions of dumbbell curls, leg marching, etc. each day through the next review date. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/17/2026	Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of abduction, adduction, extension, flexion, etc. to Bruce for R/L bicep, triceps, quadriceps, etc. using theraband, ball, weights, pulleys, bike, etc. Complete 10 repetitions per each joint exercise. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE JOINT: Provide cueing and demonstration of abduction, adduction, extension, flexion, etc. to Bruce for R/L hip, knee, ankle, shoulder, elbow, wrist, etc. using theraband, ball, weights, pulleys, bike, etc.). Complete 10 repetitions per each joint exercise. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Bruce performed AROM exercises. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/25/2025 Revision by: Seema Naqvy (Restorative Care Aide)		Restorative Care Aide  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/17/2026  • Bruce has received WB to start standing progress to walking, improve walking distance from 0 m to 10 m using a rollator in 3 months Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/17/2026	• Bruce to perform balance exercises in standing as receive WB to RT Lower limb and perform Balance EXs 4-5/wk. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
• Active ROM, Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To improve RT lower limb, ROM and joint flexibility as allowed medically and improve strength from grade 0/5 to grade 3/5 in 3 months (Manual Muscle Test) Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/17/2026  • To prevent further deterioration of all non-affected joints, Flexibility and strength from	• Provide AROM using AROM to all non-affected joints, also using theraband/ball/weights/ standing as allowed medically and receive WB start walking with walker 4-5/wk. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	Chocolate		D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025		Location	Lotus Way 102LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM,</li> </ul> Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)		grade 4/5 during stay in the program. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/17/2026				
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		<ul style="list-style-type: none"> <li>• Bruce will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li> </ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/01/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/17/2026	<ul style="list-style-type: none"> <li>• NUTRITION RISK: Bruce is MODERATE risk level.</li> </ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/01/2025 Revision by: Julia Pilca (Dietitian (RD))		Dietitian (RD)	
		<ul style="list-style-type: none"> <li>• Will weigh within GWR/Realistic weight range of 103 - 113 kg/BMI 30-33 through to next review date.</li> </ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/01/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/17/2026	<ul style="list-style-type: none"> <li>• DIET ORDER: Bruce will receive Regular diet, Regular texture (SOFT). Staff to cut up meat in small and bite sized pieces. Add extra sauces/ gravies to help moisten food to support comfortable chewing and swallowing.</li> </ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/01/2025 Revision by: Julia Pilca (Dietitian (RD))		PCA	
			<ul style="list-style-type: none"> <li>• FLUID CONSISTENCY: Bruce drinks REGULAR/THIN Level 0 Fluids.</li> </ul> Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/19/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)		PCA	
			<ul style="list-style-type: none"> <li>• FLUID TARGET: Encourage Bruce to drink a minimum of 1978 ml per day.</li> </ul> Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Julia Pilca (Dietitian (RD))		PCA	
Allergies	Chocolate		D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025	Location	Lotus Way 102LW 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Nutrition Risk Level</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>		<div>• Bruce will be adequately hydrated aeb drinking at least 70% of total fluid requirement @25 ml/kg, 113 kg through to next review date.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 02/17/2026</div>	<div>Revision on: 12/01/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• FOOD ALLERGY/INTOLERANCE: Chocolate - unknown</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• FOOD PREFERENCES: Bruce enjoys drinking Earl Grey Tea which he is providing himself.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• DIABETIC CARE: Encourage fruit more often.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div>			PCA Restorative Care Aide	
<div>• Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of right tibia</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>• To promote optimal healing of FRACTURE of R tibia, as well as surgical site, until healed in 3 months.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>Target Date: 02/17/2026</div>	<div>• COMMUNICATION: Involve/ collaborate with Bruce/SDM in decision making of fracture care management.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• HEALTH EDUCATION: Engage with Bruce/SDM to enhance his/her comprehension of (specify: treatment, possible complications, etc.) associated with fracture.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>			PCA	
Allergies	Chocolate		D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025		Location	Lotus Way 102LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div><div><div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of fracture to R tibia for discomfort/ complications or changes to health status. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)</div><div>• PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)</div><div>• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse)</div><div>• Treatment for SURGICAL SITE prescribed and in place; refer to Altered Skin Care Plan for Surgical Wound (not initiated due to cast present). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)</div></div><div>PT - Physiotherapist Physical Therapy Assistant</div></div>				
<div>• Potential to experience alteration in CARDIAC FUNCTION related to; Arteriosclerotic Heart Disease, Hypertension Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse)</div>		<div>• To treat and minimize signs/symptoms or complications associated with arteriosclerosis and Hypertension through to the next review date. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk</div>	<div><div>• HEALTH TEACHING: Engage with Bruce/SDM to enhance his comprehension of treatment, possible complications, disease trajectory associated with atherosclerosis and Hypertension . Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Richele Rosales (RAI Coordinator)</div><div>• COMMUNICATION: Involve/collaborate with Bruce/SDM in decision making of</div></div>				
Allergies	Chocolate			D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)			Admission Date	11/17/2025	Location	Lotus Way 102LW 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
		(Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	<div>Cardiac Care Management for atherosclerosis and Hypertension</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with atherosclerosis and Hypertension for changes to health status and alteration or complications affecting cardiac function.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• MEDICATION: Administer medication for atherosclerosis and Hypertension as per MD Order and monitor for side effects.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• RESCUE MEDICATIONS: Administer NITRO-SPRAY for chest pain, as per MD Order.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/19/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>						Registered Practical Nurse RN	
• Potential to experience alteration in		• To treat and minimize	• COMMUNICATION: Involve/collaborate with Bruce/SDM in decision making of							
Allergies	Chocolate			D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN		
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre						Print Date	1/4/2026		
Resident	HOLLAND, BRUCE (925171002315)			Admission Date	11/17/2025		Location	Lotus Way 102LW 1		

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD) Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)		signs/symptoms or complications associated with COPD each day through to next review date. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	Respiratory Management for (specify etiology/diagnosis). Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) • HEALTH EDUCATION: Engage with Bruce/SDM to enhance his comprehension of (specify: treatment, possible complications, etc.) associated with COPD Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with COPD for changes to health status and alteration or complications affecting respiratory function. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) • POSITIONING: To manage shortness of breath (SOB) elevate head of the bed to improve breathing. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) • VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities.  as ordered (identify order). Listen for breath sounds, document respiratory rate, rhythm, depth, and any abnormal breath sounds. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)					Registered Staff PCA	
Allergies	Chocolate			D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN	
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	HOLLAND, BRUCE (925171002315)			Admission Date	11/17/2025		Location	Lotus Way 102LW 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD)</li> </ul> <p>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<ul style="list-style-type: none"> <li>MEDICATION: Administer medication ( inhalers, etc.) for COPD as per MD order and monitor for side effects.</li> </ul> <p>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			
<ul style="list-style-type: none"> <li>Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES (not Insulin-Dependent).</li> </ul> <p>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date.</li> </ul> <p>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/ collaborate with Bruce/SDM in decision making of diabetes care management.</li> </ul> <p>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) <li>HEALTH TEACHING: Engage with Bruce/SDM to enhance his comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with DIABETES.</li> <p>Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Olena Romaniuk (Registered Nurse) <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status.</li> </p></p>		RN Registered Practical Nurse          Registered Staff	
Allergies	Chocolate		D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025	Location	Lotus Way 102LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES (not Insulin-Dependent).</li> </ul> <p> Date Initiated: 11/19/2025  Created on: 11/19/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 11/19/2025  Revision by: Olena Romaniuk (Registered Nurse) </p>			<p> Date Initiated: 11/19/2025  Created on: 11/19/2025  Created by: Olena Romaniuk (Registered Nurse) </p> <ul style="list-style-type: none"> <li>CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order.</li> </ul> <p> Date Initiated: 11/19/2025  Created on: 11/19/2025  Created by: Olena Romaniuk (Registered Nurse) </p> <ul style="list-style-type: none"> <li>MEDICATION: Administer medication (ORAL ANTIHYPERGLYCEMIC medication) for DIABETES as per MD order. Monitor effectiveness and for side effects.</li> </ul> <p> Date Initiated: 11/19/2025  Created on: 11/19/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 11/19/2025  Revision by: Olena Romaniuk (Registered Nurse) </p> <ul style="list-style-type: none"> <li>RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order.</li> </ul> <p> Date Initiated: 11/19/2025  Created on: 11/19/2025  Created by: Olena Romaniuk (Registered Nurse) </p> <ul style="list-style-type: none"> <li>LAB WORK: Monitor lab and diagnostic results for (fasting blood glucose and/or HbA1c) and report results to MD as needed. Follow up as indicated.</li> </ul> <p> Date Initiated: 11/19/2025  Created on: 11/19/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 11/19/2025  Revision by: Olena Romaniuk (Registered Nurse) </p>		Registered Staff	
<ul style="list-style-type: none"> <li>Use of PASD Both partial bed rails to assist resident with bed mobility and transfer in/out of bed.</li> </ul> <p> Date Initiated: 11/17/2025  Created on: 11/17/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 11/18/2025  Revision by: Navpreet Kaur (DOC) </p>		<ul style="list-style-type: none"> <li>Bruce will be effectively supported with use of partial bedrails to optimize Activity of Daily Living (bed mobility and transfers) each day through to the next review date.</li> </ul> <p> Date Initiated: 11/17/2025  Created on: 11/17/2025  Created by: Olena Romaniuk </p>	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with Bruce/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed rails).</li> </ul> <p> Date Initiated: 11/17/2025  Created on: 11/17/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 11/17/2025  Revision by: Olena Romaniuk (Registered Nurse) </p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL).</li> </ul>		Registered Staff	
Allergies	Chocolate		D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025	Location	Lotus Way 102LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) • BED RAIL (TWO PARTIAL 1/4 Rails) in USE as a PASD to assist resident with bed mobility, transfer in/out of bed). Monitor every shift. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)	PCA	D/E/N		
• Altered VISION related to unknown Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/18/2025 Revision by: Nichole Seng (Registered Nurse)	• Bruce supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/18/2025 Revision by: Nichole Seng (Registered Nurse) Target Date: 02/17/2026	• COMMUNICATION: Involve/collaborate with Afebrile. No abx administered this shift Bruce/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/18/2025 Revision by: Nichole Seng (Registered Nurse) • HEALTH TEACHING: Engage with Bruce/SDM to enhance their knowledge of Presbyopia affecting vision. Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/26/2025 Revision by: Richele Rosales (RAI Coordinator) • EYEGLASSES: Bruce wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer, etc.) when sleeping. Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/18/2025 Revision by: Nichole Seng (Registered Nurse)	PCA			
• BOWEL Continence - Bruce is continent and has self recognition of urge to defecate. Date Initiated: 11/17/2025	• Bruce to remain continent of bowels through next review date Date Initiated: 11/17/2025 Created on: 11/17/2025	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse)	PCA			
Allergies	Chocolate		D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025	Location	Lotus Way 102LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Snehdeep Kaur (RN)		Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Snehdeep Kaur (RN) Target Date: 02/17/2026	<ul style="list-style-type: none"> <li>• SELF TOILETING: Bruce toilets self for bowel movements. Each shift ask if he/she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted.</li> </ul>		PCA	
<ul style="list-style-type: none"> <li>• URINARY Continence - Bruce is continent and has self recognition of urge to void.</li> </ul>		<ul style="list-style-type: none"> <li>• Bruce will maintain continence level through next review date</li> </ul>	<ul style="list-style-type: none"> <li>• URINARY Continence Level is: CONTINENT</li> </ul>		PCA	
Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Snehdeep Kaur (RN)		Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Snehdeep Kaur (RN) Target Date: 02/17/2026	Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>• SELF TOILETING: Bruce toilets self. Each shift ask if he/she has voided and document accordingly. Report changes to urination or continence level to Registered Staff as noted.</li> </ul>		PCA	
Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)		Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Snehdeep Kaur (RN)			
<ul style="list-style-type: none"> <li>• Increased risk for FALLS related to R tibial fracture Altered Physical function (altered mobility):</li> </ul>		<ul style="list-style-type: none"> <li>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Bruce/SDM in decision making in fall prevention Plan of Care.</li> </ul>			
Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)		Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>• CALL BELL: Place call bell within resident's reach to RIGHT side if needed), check that it is in working order and remind/encourage to use it.</li> </ul>		PCA	D/E/N
			Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: high/low bed,</li> </ul>		PCA	
Allergies	Chocolate		D.O.B.	04/10/1947	Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025	Location	Lotus Way 102LW 1



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<p>wheelchair.</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/17/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• ENVIRONMENT: Secure environment: reduce clutter, night light, bathroom signage, toilet height, quiet environment, etc.) to reduce fall risk for Bruce</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/17/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• BED: use high/low bed, etc.) to lower risk for injury.</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/17/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• ACTIVITY: Engage Bruce in meaningful activity to decrease boredom and or restlessness. Resident likes to watch TV</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/17/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet.</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/17/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• FOOTWEAR: Ensure resident wears appropriate footwear or non-skin socks for transfers, ambulation).</p> <p>Date Initiated: 11/17/2025</p>				PCA	
Allergies	Chocolate		D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN	
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025		Location	Lotus Way 102LW 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Increased risk for FALLS related to R tibial fracture Altered Physical function (altered mobility): Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• PROGRAMS: Offer Bruce to participate in Programs which encourage physical activity: endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk with Me, etc.) Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>				
<p>• Potential for Persistent PAIN and alteration in comfort level related to right tibia fracture Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Bruce/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse)</p> <p>• PREFERENCES: (Resident name) has identified preference for pain management (Specify: i.e. PRN pain meds only, no pharmaceutical interventions, etc.). Date Initiated: 11/17/2025</p> <p>RN Registered Practical Nurse</p> <p>All</p>				
Allergies	Chocolate		D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025		Location	Lotus Way 102LW 1

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		<p>Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026</p> <p>• Bruce will demonstrate improved ADL function in bathing, transfer, walking, eating, personal hygiene, dressing, etc.) as supported through Restorative Program by the next review date. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026</p>	<p>Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: Bruce is able to eat himself 1 Staff to provide SUPERVISION for eating. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Bruce is able to self-propel in locomotion). 1 staff to provide SUPERVISION assistance for locomotion on and/or off unit). Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) • PERSONAL HYGIENE: Bruce is able to help himself in hygiene). 1 staff to provide SUPERVISION to EXTENSIVE assistance for hygiene. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: 1 staff to provide LIMITED, assistance to use soap/water, apply sanitizer, rub hands together, dry hands, etc.) for hand hygiene. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse) • TOILET USE: Bruce is able to use the toilet. 1 staff to provide EXTENSIVE assistance for toileting. Date Initiated: 11/17/2025 Created on: 11/17/2025</p>				PCA	
Allergies	Chocolate		D.O.B.	04/10/1947		Physician	TANUJAA HARRICHARAN	
Diagnosis	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	HOLLAND, BRUCE (925171002315)		Admission Date	11/17/2025		Location	Lotus Way 102LW 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of R tibia and ORIF</li> </ul> <p>Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>TRANSFERRING: Bruce is able to help in transferring).</li> </ul> <p>1 staff to provide EXTENSIVE assistance for transferring with pivot disk.</p> <p>Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>ORAL CARE: Bruce has upper DENTURES and is able to provide his oral care</li> </ul> <p>1 staff to provide LIMITED, assistance for oral care.</p> <p>Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>FOOT CARE: PSW, Registered staff, Foot Care Nurse) to complete toenail care</li> </ul> <p>every 6 weeks on shower day. Report long toe nails or other abnormalities as noted.</p> <p>Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>SHAVING - Bruce prefers to wear beard: he trims it himself</li> </ul> <p>Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in the closet</li> </ul> <p>Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p></p> <p></p> <p>D</p>

<b>Allergies</b>	Chocolate	<b>D.O.B.</b>	04/10/1947	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HOLLAND, BRUCE (925171002315)	<b>Admission Date</b>	11/17/2025	<b>Location</b>	Lotus Way 102LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• Expressed Wishes and Beliefs related to Bruce's Medical Treatment and End of Life Care Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)	• To support and honor (resident's name) expressed wishes and beliefs through to the End of Life. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/17/2026	• CPR: Bruce wishes to have CPR and TRANSFER to hospital. Date Initiated: 11/17/2025 Created on: 11/17/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/17/2025 Revision by: Olena Romaniuk (Registered Nurse)		

### Diagnosis

Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia with or without fibula, closed(S82.300), Type 2 diabetes mellitus with poor control, so described(E11.64)

<b>Allergies</b>	Chocolate	<b>D.O.B.</b>	04/10/1947	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Chronic obstructive pulmonary disease, unspecified(J44.9), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Fracture of lower (distal) end of tibia wit...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HOLLAND, BRUCE (925171002315)	<b>Admission Date</b>	11/17/2025	<b>Location</b>	Lotus Way 102LW 1

## Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• STRONG PARTICIPATION in Activities</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"><li>• Oksana will be supported to maintain participation in activities 10 or more times per week by the next review date.</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/15/2026</p>	<ul style="list-style-type: none"><li>• STRUCTURED ACTIVITIES: Invite Oksana to programs of personal interest; (exercise group classes, social programs of her interest).</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"><li>• SELF-DIRECTED ACTIVITIES: Encourage Oksana to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.).</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>				
<ul style="list-style-type: none"><li>• Oksana is at Risk for Impaired SKIN INTEGRITY</li></ul> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)</p>	<ul style="list-style-type: none"><li>• To protect and maintain skin integrity each day through to the next review.</li></ul> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Target Date: 01/15/2026</p>	<ul style="list-style-type: none"><li>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</li></ul> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage Oksana/SDM in health education regarding prevention of skin impairment.</li></ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			PCA	
<ul style="list-style-type: none"><li>• Altered VISION related to prior eye infections</li></ul> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)</p>	<ul style="list-style-type: none"><li>• Oksana supported to use eyeglasses for vision correction daily through to the next review date.</li></ul> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Oksana for decision making pertaining to change in visual status as needed.</li></ul> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>• EYEGLASSES: Oksana wears eyeglasses. Assist to clean eyeglasses as needed</li></ul>			PCA	
Allergies	No Known Allergies		D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Danielle Knott (ADOC) Target Date: 01/15/2026	and store when sleeping. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)				
• COMMUNICATION: Oksana is able to communicate Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)		• Oksana will continue to freely express self and adequately comprehend information each day through to the next review period. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC) Target Date: 01/15/2026	• COMMUNICATION: Involve/collaborate with Oksana for decision making about strategies needed to support effective communication. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC) • HEALTH TEACHING: Engage with Oksana to enhance their knowledge of anything that may potentially affect communication ability (not applicable at this time) Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC) • PRIMARY LANGUAGE: Oksana's primary language is Ukranian, but also speaks and understands English, Polish, and Russian. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)				
• Active ROM. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• As allowed medically and brace removed To improve (RT ankle/ and RT wrist) joint flexibility and AROM from 0 degrees to functional Range in 3 months. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT -	• Provide AROM to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using ROM to non-affected joint progress to theraband/ball/weights/As allowed medically and brace removed start RT Ankle and RT wrist ROM progress to strengthening pulleys 4-5/wk. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)			Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/15/2026  • To prevent further deterioration of all non-affected joint flexibility and ROM, strength from grade 4/5 during stay in program. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/15/2026  • As allowed medically, and brace was removed and WB status To improve the RT ankle. RT wrist flexibility and strength from grade 0/5 to grade 3/5 in 3 months (Manual Muscle Test) Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/15/2026					
• Ambulation. Date Initiated: 10/17/2025		• As allowed, weight-bearing to RT LL start standing, progress	• Oksana receives WB to RT UL, RT Lower Limb, and starts standing progress to ambulate. Assist x1- Assist x2 for 0-20 meters using a rollator walker 4-5/wk.			PT - Physiotherapi	
Allergies	No Known Allergies		D.O.B.	01/27/1966		Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025		Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	to walking, improve walking distance from 0 m to 20 m using a rollator walker in 3 months Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/15/2026  • To decrease (residents name) # of falls to stay in program. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/15/2026	Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)  • Oksana to start standing on nene effecte leg progress to as receive WB to perform balance exercises in standing ( kitchen sink Exs ) 4-5/wk. Date Initiated: 10/17/2025 Created on: 10/17/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	st PTA  PT - Physiotherapist PTA			
• Potential for pain related to history of fracture. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Catherine Park (Registered Practical Nurse)	• Early identification of pain Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Catherine Park (Registered Practical Nurse) Target Date: 01/15/2026	• Rescreen for the presence of new pain once per shift as well as with significant changes in health status and before, during and after a potentially painful procedure or intervention. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Catherine Park (Registered Practical Nurse)				
• Oksana is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to standing strength, balance, endurance related to personal motivation to participate	• SHORT TERM GOAL: To improve Oksana's functional ability of sit to stand and stand to sit transfers from 2 staff Limited to independent by the	• COMMUNICATION: Involve/collaborate with Oksana about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 10/15/2025 Created on: 10/15/2025				
Allergies	No Known Allergies		D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</p>	<p>next review date.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) Target Date: 01/15/2026</p>	<p>Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Oksana when partaking in TRANSFER TRAINING Nursing Restorative Program.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</p> <p>• SIT to STAND/STAND to SIT TRANSFER: Provide 2 staff Limited assistance with Oksana for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 5 task repetitions or 15 minutes per session.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</p> <p>• TIME SPENT: Enter amount of time in MINUTES that Oksana performed exercises for TRANSFER TRAINING.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</p>	Restorative Care Aide	D/E
<p>• BOWEL Continence - Elaine is continent and has self recognition of urge to defecate.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• Oksana to remain continent of bowels through next review date</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/15/2026</p>	<p>• BOWEL Continence level is CONTINENT. Report change to level as noted.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator)</p>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/27/1966	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HOLOVATSKA, OKSANA (925171002299)	<b>Admission Date</b>	10/15/2025	<b>Location</b>	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY Continence - Oksana is continent and has self recognition of urge to void. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator)		• Oksana will maintain continence level through next review date Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/15/2026	• URINARY Continence Level is: CONTINENT Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator)		PCA	
• Oksana is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to muscle/joint function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		• SHORT TERM GOAL: To improve Oksana's upper and lower body joints AROM strength to be able to complete 10 repetitions of arm and leg raises each day through the next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) Target Date: 01/15/2026  • SHORT TERM GOAL: To improve Oksana's upper and lower body muscles AROM strength to be able to complete 10 repetitions of dumbbell curls and leg marching each day through the next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025	• COMMUNICATION: Involve/collaborate with Oksana about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Oksana when partaking in AROM Nursing Restorative Program. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of abduction, adduction, extension, flexion to Oksana for L bicep, triceps, quadriceps, using theraband, ball, weights, pulleys, bike. Complete 10 repetitions per each muscle exercise. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • AROM EXERCISE JOINT: Provide cueing and demonstration of abduction,		Restorative Care Aide	Restorative
Allergies	No Known Allergies		D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Oksana is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to muscle/joint function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Alison McAulay (RN)</div>		<div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>Target Date: 01/15/2026</div>	<div>adduction, extension, flexion to Oksana for L hip, knee, ankle, shoulder, elbow, wrist using theraband, ball, weights, pulleys, bike. Complete 10 repetitions per each joint exercise.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• TIME SPENT: Enter amount of time in MINUTES that Oksana performed AROM exercises.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>					Care Aide	
								Restorative Care Aide	DEqshiftNprn
<div>• Increased risk for FALLS related to fractures. Altered Physical function: fractured right wrist and ankle</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Alison McAulay (RN)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Target Date: 01/15/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Oksana in decision making in fall prevention Plan of Care.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• CALL BELL: Place call bell within resident's reach to LEFT side, check that it is in working order and remind/encourage her to use it.</div> <div>Date Initiated: 10/15/2025</div> <div>Created on: 10/15/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/15/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• ADAPTIVE EQUIPMENT: Oksana needs adaptive equipment: high/low bed, wheelchair</div>					PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	01/27/1966		Physician	TANUJAA HARRICHARAN	
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	HOLOVATSKA, OKSANA (925171002299)			Admission Date	10/15/2025		Location	Lotus Way 106LW -2 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Increased risk for FALLS related to fractures. Altered Physical function: fractured right wrist and ankle Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</div>		<div>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • ENVIRONMENT: Secure environment reduce clutter, night light to reduce fall risk for Oksana. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • BED: use high/low bed to lower risk for injury. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</div>	PCA			
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to pain &amp; Discomfort and new environment Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</div>	<div>• To promote adequate rest/sleep for Oksana based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) Target Date: 01/15/2026</div>	<div>• REST PATTERN: Preferred bedtime 2300 hrs, usual wake time 0600 hrs and daytime naps on occassion. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • SLEEPWEAR: Oksana prefers to wear pajamas bottoms and a top. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)</div>	PCA			
<div>• Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of right wrist and ankle.</div>	<div>• To promote optimal healing of FRACTURE of right wrist and ankle. Date Initiated: 10/15/2025 Created on: 10/15/2025</div>	<div>• COMMUNICATION: Involve/ collaborate with Oksana in decision making of fracture care management. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025</div>				
Allergies	No Known Allergies		D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) Target Date: 01/15/2026	Revision by: Alison McAulay (RN)  • HEALTH EDUCATION: Engage with Oksana to enhance her comprehension of treatment and possible complications associated with fractures. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)  • MONITORING: Utilize holistic perspective of continuous monitoring of Oksana for management of fracture to right wrist and ankle for discomfort/ complications or changes to health status. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)  • PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)  • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)			
• Use of PASD 1/4 bedrails to assist resident with Activity of Daily Living bed mobility and transfers. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		• Oksana will be effectively supported with use of two 1/4 bedrails to optimize Activity of Daily Living of bed mobility and transfers each day through to the next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025	• HEALTH EDUCATION: Engage with Oksana to enhance her knowledge of possible benefits and challenges associated with Use of 1/4 bedrails. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)  • MONITORING: Utilize holistic perspective of monitoring Oksana for continued benefit to use 1/4 bedrails as to support appropriate bed mobility and transfers. Date Initiated: 10/15/2025			
Allergies	No Known Allergies		D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
		Revision by: Alison McAulay (RN) Target Date: 01/15/2026	Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist resident with bed mobility and transfers in/out of bed. Monitor every shift. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		PCA	D/E/N	
• Potential for Acute PAIN and alteration in comfort level related to # right wrist and ankle Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		• To promote Oksana's comfort and effectively manage ACUTE pain as episode occurs through to the next review. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/15/2026	• COMMUNICATION: Involve/collaborate with Oksana about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) • MEDICATION: Administer analgesic medication, including topical, as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		RN Registered Practical Nurse   Registered Practical Nurse RN		
• Expressed Wishes and Beliefs related to Oksana's Medical Treatment and End of Life Care		• To support and honor Oksana's expressed wishes and beliefs through to the End of	• CPR: Oksana wishes to have CPR; however transfer to hospital decision will be made at the time. Date Initiated: 10/15/2025				
Allergies	No Known Allergies			D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)			Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator)		Life. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/15/2026	Created on: 10/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator) • SPIRITUAL/RELIGIOUS needs: Oksana wishes to follow Russian Orthodox in recognition of faith. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)				
• Nutrition Risk Level Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Oksana will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/15/2026  • Will weigh within GWR/Realistic weight range of 87-100 kg/BMI 35-40 through to next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/15/2026	• NUTRITION RISK: Oksana is MODERATE risk level. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/23/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Oksana will receive Regular diet, Regular texture Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/15/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Oksana drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/15/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Oksana to drink a minimum of 1800 ml per day. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/23/2025 Revision by: Julia Pilca (Dietitian (RD))			Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)			Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<b>• Nutrition Risk Level</b> Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		<b>• Oksana will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 90 kg through to next review date.</b> Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/15/2026				
<b>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</b> Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)		<b>• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date.</b> Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) Target Date: 01/15/2026	<b>• COMMUNICATION:</b> Involve/ collaborate with Oksana in decision making of thyroid care management. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) <b>• HEALTH TEACHING:</b> Engage with Oksana to enhance her comprehension of treatment and possible complications associated with HYPOTHYROIDISM. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) <b>• MONITORING:</b> Utilize holistic perspective of continuous monitoring of Oksana with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		RN Registered Practical Nurse	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	01/27/1966	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	HOLOVATSKA, OKSANA (925171002299)		<b>Admission Date</b>	10/15/2025	<b>Location</b>	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)			• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)				
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) Target Date: 01/15/2026	• COMMUNICATION: Involve/collaborate with Oksana in decision making of Cardiac Care Management for Hypertension. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Oksana with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN) • VITAL SIGNS: Monitor vital signs as ordered once a month. Notify MD of any			Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN	
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)			significant abnormalities. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)				
• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of right wrist Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Alison McAulay (RN)		• Oksana will demonstrate improved ADL function in bathing, transfer, walking, eating, personal hygiene, dressing as supported through Restorative Program by the next review date. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/15/2026	• BATHING: Oksana prefers shower on Wednesday and Saturday evening. Resident wishes to have hair washed only once a week. Resident participates by 1 staff LIMITED to EXTENSIVE assistance by plastic wrap on right wrist for bathing. Remove the boot from right leg for showers. Nail care to be provided on shower/bath day. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Danielle Knott (ADOC) • BED MOBILITY: Oksana is able to roll herself in the bed from left to right and vice versa. 1 staff to provide LIMITED to EXTENSIVE assistance for bed mobility if needed. Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: 1 staff to provide LIMITED to EXTENSIVE assistance for dressing. Remove the boot from right leg for exercise , showers and night time. WBAT Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Alison McAulay (RN)				
Allergies	No Known Allergies		D.O.B.	01/27/1966		Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)		Admission Date	10/15/2025		Location	Lotus Way 106LW -2 1

## Care Plan Report

[illegible]

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Fracture of right wrist</li> </ul> <p> Date Initiated: 10/15/2025  Created on: 10/15/2025  Created by: Alison McAulay (RN)  Revision on: 10/15/2025  Revision by: Alison McAulay (RN) </p>		<p> Revision on: 10/20/2025  Revision by: Richele Rosales (RAI Coordinator)  • TRANSFERRING: 1 EXTENSIVE assistance + wall bar for transferring .  Date Initiated: 10/15/2025  Created on: 10/15/2025  Created by: Alison McAulay (RN)  Revision on: 10/20/2025  Revision by: Richele Rosales (RAI Coordinator)  • ORAL CARE: Oksana has TEETH and is able to brush her teeth.  1 staff to provide SET UP and SUPERVISION to load toothpaste on her toothbrush for oral care.  Date Initiated: 10/15/2025  Created on: 10/15/2025  Created by: Alison McAulay (RN)  Revision on: 10/15/2025  Revision by: Alison McAulay (RN)  • FOOT CARE: PSW to complete toenail care every shower day as needed. Report long toe nails or other abnormalities as noted.  Date Initiated: 10/15/2025  Created on: 10/15/2025  Created by: Alison McAulay (RN)  Revision on: 10/20/2025  Revision by: Richele Rosales (RAI Coordinator)  • LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in her closet.  Date Initiated: 10/15/2025  Created on: 10/15/2025  Created by: Alison McAulay (RN)  Revision on: 10/15/2025  Revision by: Alison McAulay (RN) </p>	PCA	


<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/27/1966	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HOLOVATSKA, OKSANA (925171002299)	<b>Admission Date</b>	10/15/2025	<b>Location</b>	Lotus Way 106LW -2 1

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	01/27/1966	Physician	TANUJAA HARRICHARAN
Diagnosis	Stress fracture, not elsewhere classified, unspecified site(M84.39), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other pneumonia, organism unspecified(J18.8)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HOLOVATSKA, OKSANA (925171002299)	Admission Date	10/15/2025	Location	Lotus Way 106LW -2 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Active ROM. Date Initiated: 10/14/2025 Created on: 04/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To improve joint flexibility and strength in bilateral low limb strength from grade 3/5 to grade 3+5 in 6-8 months. Date Initiated: 10/14/2025 Created on: 04/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/18/2026</div> <div>• To prevent further deterioration of joint flexibility and strength from grade 3/5 in 3 months. Date Initiated: 10/14/2025 Created on: 04/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/18/2026</div>	<div>• Provide AROM abduction/adduction/extension/ flexion/supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using theraband/ball/weights/pulleys/bike, standing, walking with walker 2XA 3/wk. Date Initiated: 10/14/2025 Created on: 04/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>				PT - Physiotherapist PTA	
<div>• Transfers. Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To decrease falls while transferring in the next 3 months. Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/18/2026</div>	<div>• Assist x1 with sit -&gt; stand transfer from bed, chair 3/wk. Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• LINDA is to perform balance exercises in sitting with therapeutic ball EXs 3/wk. Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025</div>				PT - Physiotherapist PTA  PT - Physiotherapist PTA	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN		
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2		
Last Care Plan Review Completed:		10/17/2025						



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Transfers.</li> </ul> <p>Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"> <li>• To improve transfer for assist x1 to independent in 3 months</li> </ul> <p>Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/18/2026</p> <ul style="list-style-type: none"> <li>• To prevent a decline in transfers from Assist x1 in 3 months.</li> </ul> <p>Date Initiated: 10/14/2025 Created on: 04/10/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/18/2026</p>	Revision by: Uzma Habib (PT - Physiotherapist)			
<ul style="list-style-type: none"> <li>• Potential for CONSTIPATION related to (daily use of medication with binding effect, decreased mobility, etc.)</li> </ul> <p>Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC) Revision on: 08/25/2025 Revision by: Angelika Joniec (ADOC)</p>		<ul style="list-style-type: none"> <li>• To minimize the potential for episodes/ complications of constipation through to the next review date.</li> </ul> <p>Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC) Revision on: 08/25/2025 Revision by: Angelika Joniec (ADOC) Target Date: 01/18/2026</p>	<ul style="list-style-type: none"> <li>• HIGH FIBRE: Offer 125 ml of prune juice at lunch daily.</li> </ul> <p>Date Initiated: 08/31/2025 Created on: 08/31/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) <ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Linda/SDM for decision making regarding constipation management.</li> </ul> <p>Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC) Revision on: 08/25/2025 Revision by: Angelika Joniec (ADOC) <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for constipation management and changes to health status and symptoms/</li> </ul> </p></p>		PCA	
<b>Allergies</b>	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		<b>D.O.B.</b>	04/01/1952	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	JACKSON, LINDA (925171002262)		<b>Admission Date</b>	04/10/2025	<b>Location</b>	Lotus Way 110LW 2 2
<b>Last Care Plan Review Completed:</b>		10/17/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<p>complications of constipation. Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC) Revision on: 08/25/2025 Revision by: Angelika Joniec (ADOC)</p> <p>• FLUIDS: Encourage resident to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC) Revision on: 08/25/2025 Revision by: Angelika Joniec (ADOC)</p> <p>• PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC)</p> <p>• NUTRITION increased fibre intervention in place. See Nutrition Care Plan. Date Initiated: 08/31/2025 Created on: 08/31/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• BOWEL PROTOCOL: In place as per MD order Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Angelika Joniec (ADOC)</p>			Registered Staff	
<p>• Potential for Expressive Behaviour of RESISTANCE to care need nature related to Change in Routine, Inability to COPE Date Initiated: 07/24/2025 Created on: 07/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To decrease episodic frequency of RESISTANCE to care by next review date. Date Initiated: 10/17/2025 Created on: 07/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Linda/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 07/24/2025 Created on: 07/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Linda for indications to change in or for escalating expressive behaviour risk. Date Initiated: 07/24/2025</p>			BSO - Internal Social Worker	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			<p>Created on: 07/24/2025            Created by: Richele Rosales (RAI Coordinator)            Revision on: 07/24/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Linda is declining to have shower, re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 07/24/2025            Created on: 07/24/2025            Created by: Richele Rosales (RAI Coordinator)            Revision on: 07/24/2025            Revision by: Richele Rosales (RAI Coordinator)</p>			
<p>• SPIRITUAL BELIEFS: Linda is of the non-religious.            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)            Revision on: 05/12/2025            Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>• To provide Linda spiritual support as interested through to the next review date.            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)            Revision on: 05/12/2025            Revision by: Megan McLoughlin (Recreation Aide)            Target Date: 01/18/2026</p>	<p>• PERSONAL CHOICE: Respect Linda's right to decline participation in spiritual programs.            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)            Revision on: 05/12/2025            Revision by: Megan McLoughlin (Recreation Aide)</p>			
<p>• At risk for social isolation or alteration to psycho-social well-being related to disinterest, rest/sleep patterns            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)            Revision on: 05/12/2025            Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>• Team members will support Linda in decreasing social isolation by participating in activities of personal choice for a range of 5-10 times per month by the next review date.            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)            Revision on: 05/12/2025            Revision by: Megan McLoughlin (Recreation Aide)</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest word games, centrecise, outdoor strolls and special entertainment.            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)            Revision on: 05/12/2025            Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Linda to engage in self-directed activities such as; reading, telephone conversations, watching TV in own room, walking, listening to music on her radio and conversing with peers.            Date Initiated: 05/12/2025            Created on: 05/12/2025            Created by: Megan McLoughlin (Recreation Aide)</p>			
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		<p>Target Date: 01/18/2026</p> <p>• Linda will improve/maintain ISE score of 4 by the next review date.</p> <p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/18/2026</p> <p>• To support Linda's psycho-social well being through to the next review.</p> <p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/18/2026</p>	<p>Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Linda is a quiet, independent individual who enjoys spending time in her room watching TV, reading and listening to the radio with her headphones. She also really enjoys word games such as scrabble and would love to find a fellow player to challenge.</p> <p>A former graphic designer and a background in horticulture, Linda has a deep appreciation for both the arts and nature. She enjoys getting outdoor for walks, fresh air and appreciating nature.</p> <p>Linda finds comfort in one to one conversations where she can reminisce and build meaningful connections. Offer opportunities during programs where Linda can sit with peers whom she can converse and establish friendships with.</p> <p>Exercise is also important to Linda, so attending programs such as Centrecise, noodleballoon and heartbeats club are all beneficial for her.</p> <p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide Linda with individual visits for conversation, activities, reading and reminiscing.</p> <p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SOCIAL INTERACTION: Promote opportunity for Linda to make friendships and sit with friends during activities.</p> <p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025</p>					
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2	
Last Care Plan Review Completed:		10/17/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>At risk for social isolation or alteration to psycho-social well-being related to disinterest, rest/sleep patterns</li> </ul> Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide)			Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> <li>MUSIC CARE APPROACH: Present Linda with music care approaches; musical bingo, sing-songs, java music club and special entertainment.</li> </ul> Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/12/2025 Revision by: Megan McLoughlin (Recreation Aide)			Recreation Aide	
<ul style="list-style-type: none"> <li>Nutrition Risk Level</li> </ul> Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD))		<ul style="list-style-type: none"> <li>Linda will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li> </ul> Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/18/2026  <ul style="list-style-type: none"> <li>Will weigh within realistic weight range of 50-64 kg / BMI 18-23 through to next review date.</li> </ul>	<ul style="list-style-type: none"> <li>Dislikes include cooked carrots, turnips, and egg salad.</li> </ul> Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) <ul style="list-style-type: none"> <li>NUTRITION RISK: Linda is MODERATE risk level.</li> </ul> Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) <ul style="list-style-type: none"> <li>DIET ORDER: Linda will receive REGULAR diet, REGULAR texture</li> </ul> Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD))			Dietitian (RD)	PCA
<b>Allergies</b>	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		<b>D.O.B.</b>	04/01/1952		<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(I10.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	JACKSON, LINDA (925171002262)		<b>Admission Date</b>	04/10/2025		<b>Location</b>	Lotus Way 110LW 2 2
<b>Last Care Plan Review Completed:</b>		10/17/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
• Nutrition Risk Level Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD))	Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/18/2026	• FLUID CONSISTENCY: Linda drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD))	PCA		
	• Linda will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 67.5 kg through to next review date. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/18/2026	• FLUID TARGET: Encourage Linda to drink a minimum of 1350 ml per day. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD))	PCA		
		• FOOD PREFERENCES: If Linda doesn't want either entree she will ask for sour cream and cottage cheese or deli meat sandwich with lettuce or hard boiled egg. Likes to drink milk at lunch and dinner. Offer gravy on the side. Likes salads with french dressing on the side. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 09/05/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)	PCA		
		• HIGH FIBRE: Offer 125 ml prune juice at lunch daily. Date Initiated: 09/04/2025 Created on: 09/04/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 09/04/2025 Revision by: Julia Pilca (Dietitian (RD))	PCA	D/E	
• Altered ability to complete Activities of Daily Living (ADLs) related to Fatigue, old Fracture (Rib and Ankle), Limited Mobility. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI	• Linda will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 10/17/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• BATHING: Linda prefers bath/shower on thursday and Sunday days. Linda requires 1 staff to provide EXTENSIVE assistance with showers.On Shower day, strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower/bath day. Linda refused the shower,staff encouraged it. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/02/2025	PCA		
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies	D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)	Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Coordinator)		Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026	Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)  • BED MOBILITY: Linda requires SUPERVISION for bed mobility. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/16/2025 Revision by: Richele Rosales (RAI Coordinator)  • DRESSING: Linda requires 1 staff to provide LIMITED assistance with dressing upper and lower body. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator)  • EATING: Linda requires 1 Staff to provide SUPERVISION, assistance for eating. Staff to encourage resident to attend dining room for meals, but has been known to refuse, prefer to eat inside the room.( resident states she understands the risks associated with this). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/14/2025 Revision by: Richele Rosales (RAI Coordinator)  • LOCOMOTION: Linda requires 1 staff to provide EXTENSIVE assistance for locomotion (indicate on and/or off unit). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • PERSONAL HYGIENE: Linda requires 1 staff to provide LIMITED assistance for hygiene. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025				PCA	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2	
Last Care Plan Review Completed:		10/17/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Fatigue, old Fracture (Rib and Ankle), Limited Mobility.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li><b>HAND HYGIENE:</b> Linda is able to independently complete task of Hand Hygiene each day.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <li><b>TOILET USE:</b> Linda requires 1 staff to provide LIMITED assistance by for toileting. Linda may require EXTENSIVE assistance when she is tired.</li> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/14/2025 Revision by: Richele Rosales (RAI Coordinator) <li><b>TRANSFERRING:</b> Linda requires 1 staff to provide LIMITED assistance for transferring.</li> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) <li><b>ORAL CARE:</b> Resident has own teeth. 1 staff to provide setup assistance for oral care.</li> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) <li><b>FOOT CARE:</b> PSW, Registered staff to complete toenail care every shower .Report long toe nails or other abnormalities as noted.</li> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> </p></p></p></p>	PCA	

<b>Allergies</b>	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	04/01/1952	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	JACKSON, LINDA (925171002262)	<b>Admission Date</b>	04/10/2025	<b>Location</b>	Lotus Way 110LW 2 2
<b>Last Care Plan Review Completed:</b>		10/17/2025			



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications (antidepressant)</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To monitor effectiveness and for side effects of medication used each day through to the next review date</p> <p>Date Initiated: 10/17/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/17/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Linda using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>					
<p>• Potential to experience (Specify; rash, hives, anaphylaxis, etc.) related to ALLERGY of Penicillin, Clarithromycin, Amoxicillin and environmental allergen.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/13/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p>		<p>• Linda will be protected from exposure to allergen each day through next review date.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>Target Date: 01/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making and health teaching about ALLERGY to (Specify; cause).</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with penicillin for changes to health status and complications.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p>				RN Registered Practical Nurse	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2	
Last Care Plan Review Completed:		10/17/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none"><li>• ALLERGY ALERT: Linda has ALLERGY to (SPECIFY cause). Prevent contact with and report if noted to experience symptoms (Specify; rash, hives, swelling, difficulty breathing, etc.). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Donna Duah (RN)</li><li>• MEDICATION: Administer medication as per MD Order. Monitor its effectiveness Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Edna James (Registered Practical Nurse)</li><li>• RESCUE MEDICATION: Administer EPINEPHRINE as per MD/NP Order. Monitor effectiveness and immediately notify MD/NP of use. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</li></ul>			RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</li></ul>		<ul style="list-style-type: none"><li>• To promote fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 10/17/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• PREFERRED FLUIDS: Linda prefers to drink water most of the time. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025</li></ul>			RN Registered Practical Nurse	Registered Staff
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p>			<p>Revision by: Edna James (Registered Practical Nurse)</p> <p>• PROMOTE FLUIDS: Promote Linda to consume fluids; amount as per Nutrition Care Plan.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p> <p>• INTAKE/OUTPUT: Monitor intake and output every shift for days.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/14/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p>				
<p>• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p>		<p>• To treat and/or minimize complications associated with ANEMIA each day through to the next review date</p> <p>Date Initiated: 10/17/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/17/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making of hematologic care management for Anemia.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• HEALTH TEACHING: Engage with (Resident name)/SDM to enhance his/her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with anemia.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with ANEMIA for complications or changes to health status.</p> <p>Date Initiated: 04/10/2025</p> <p>Created on: 04/10/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up</p>				
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies			D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)			Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			as indicated. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Staff	
			• MEDICATION: Administer medication for ANEMIA as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Staff	
• Increased risk for FALLS related to dx of Cushing's syndrome Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/17/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026	• COMMUNICATION: Involve/collaborate with Linda in decision making in fall prevention Plan of Care. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) • CALL BELL: Place call bell within resident's reach and remind/encourage to use it. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • BED: Place bed in knee-high position to lower risk for injury. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) • FOOTWEAR: Ensure resident wears appropriate footwear shoes and/or non-skid			PCA	D/E/N
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)			Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Increased risk for FALLS related to dx of Cushing's syndrome Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)			socks for transfers, ambulation. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			
• URINARY Mixed INCONTINENCE related to Use of Diuretic Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)		• Linda will have urinary incontinence managed every shift through to the next review period. Date Initiated: 07/24/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/17/2026	• COMMUNICATION: Involve/collaborate with Linda for decision making about toileting options or incontinence management. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)			
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY Mixed INCONTINENCE related to Use of Diuretic Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)			• SCHEDULED TOILETING: Toilet/Offer Linda before and after meals. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses White brief every shift. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	
						PCA	
• Potential for BOWEL INCONTINENCE related to Dx of Cushing's disease Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)		• Linda will have bowel incontinence managed every shift through to the next review period. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) Target Date: 01/18/2026	• COMMUNICATION: Involve/collaborate with Linda for decision making about incontinence. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse) • BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)				
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to Dx of Cushing's disease Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<p>• BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Resident may experience constipation at times. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/25/2025 Revision by: Angelika Joniec (ADOC)</p> <p>• INCONTINENCE PRODUCT: Resident uses White brief. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p>	PCA   <	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/18/2026	Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • HEALTH TEACHING: Engage with Linda/SDM to enhance their knowledge of Cataract affecting vision. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • EYEGLASSES: Linda wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer, etc.) when sleeping. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)				Registered Practical Nurse	
• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Donna Duah (RN)		• To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 10/17/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026	• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making for GERD Management. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Linda/SDM to enhance his/her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with GERD. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of GERD for discomfort/ complications or changes to health status. Date Initiated: 04/10/2025				RN Registered Practical Nurse PCA  	



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Donna Duah (RN)</div>		<div>Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: Encourage resident to avoid lying down for at least one hour after eating; elevate head of bed, encourage resident to sit/stand upright after meals. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>PCA Registered Staff</div> <div>Registered Staff</div>		
<div>• Expressed Wishes and Beliefs related to Linda Medical Treatment and End of Life Care Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To support and honor Linda expressed wishes and beliefs through to the End of Life. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/18/2026</div>	<div>• CPR: Linda's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			
<div>• Potential for Acute, Persistent PAIN and alteration in comfort level related to Spinal Stenosis Diagnosis. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 10/17/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek</div>	<div>• COMMUNICATION: Involve/collaborate with Linda about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</div>			
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies	D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)	Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		(RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026	<ul style="list-style-type: none"><li>• <b>MONITORING:</b> Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</li><li>• <b>NON VERBAL CUES</b> of PAIN for Linda include - facial grimacing, refusing to eat, wanting to go to bed. Report these to Registered staff when observed. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</li><li>• <b>PHYSIO TREATMENT:</b> Linda to receive Hot pack which helps to relieve some pain. PT discusses other pain management options.She agreed to try tens for pain management. PT informs the program manager to order some electrodes for Tens once PT receives It PT will start Tens for 10-15 minutes 3/wk , LT shoulder PTA to check skin before and after RX . Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/18/2025 Revision by: Uzma Habib (PT - Physiotherapist)</li><li>• <b>REST:</b> accommodate resident rest and relaxation preference (alternate between bed and wheelchair). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</li><li>• <b>MEDICATION:</b> Administer analgesic oral medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/10/2025</li></ul>				RN Registered Practical Nurse  PCA   PTA         Registered Practical Nurse RN	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2	
Last Care Plan Review Completed:		10/17/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Acute, Persistent PAIN and alteration in comfort level related to Spinal Stenosis Diagnosis.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To treat and minimize complications associated with OSTEOPOROSIS through to the next review date.</li> </ul> <p>Date Initiated: 10/17/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/18/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/ collaborate with Linda/SDM in decision making of osteoporosis care management.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Donna Duah (RN) <li>EXERCISE: To help maintain bone mass, encourage weight bearing and/or exercise as tolerated/ therapeutically suggested.</li> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) <li>HEALTH EDUCATION: Engage with Linda to enhance her comprehension of treatment, possible complications associated with osteoporosis.</li> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> </p></p>		<p>RN Registered Practical Nurse PCA</p> <p>Registered Staff PCA ACT</p>	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025	Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision on: 04/11/2025 Revision by: Richele Rosales (Registered Practical Nurse)			Registered Staff	
			• MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)				
			• MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Staff	
			• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			PT	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with Hyperlipidaemia, Hypertension through to the next review date. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/16/2026	• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making of Cardiac Care Management for (specify diagnosis). Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2025 Revision by: Donna Duah (RN)			RN Registered Practical Nurse	
			• MONITORING: Utilize holistic perspective of continuous monitoring of resident with (Specify cardiac condition) for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Staff	
			• MEDICATION: Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects. Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Practical Nurse RN	
Allergies	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies		D.O.B.	04/01/1952		Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	JACKSON, LINDA (925171002262)		Admission Date	04/10/2025		Location	Lotus Way 110LW 2 2
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Risk for Impaired SKIN INTEGRITY related to Incontinence</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>• To protect and maintain skin integrity each day through to the next review.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/18/2026</p>	<ul style="list-style-type: none"> <li>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage resident in health education regarding prevention of skin impairment and management of incontinence.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>	PCA	

<b>Allergies</b>	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	04/01/1952	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	JACKSON, LINDA (925171002262)	<b>Admission Date</b>	04/10/2025	<b>Location</b>	Lotus Way 110LW 2 2
<b>Last Care Plan Review Completed:</b>		10/17/2025			

## Care Plan Report

### Diagnosis

Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9), Liver disease, unspecified(K76.9), Presence of artificial knee(Z96.61), Cushing's syndrome, unspecified (E24.9), Other hyperlipidaemia(E78.4), Cataract, unspecified(H26.9), Other chronic diseases of tonsils and adenoids(J35.8), Fracture of ankle NOS, closed (S82.890), Fracture of rib, closed(S22.300), Other specified disorders of adrenal gland(E27.8), Thrombocytopenia, unspecified(D69.6)

### Allergies

Amoxicillin, Clarithromycin, Penicillin, Environmental allergen

<b>Allergies</b>	Amoxicillin, Clarithromycin, Penicillin, Environmental ...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	04/01/1952	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Osteoporosis, unspecified(M81.9), Anaemia, unspecified(D64.9)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	JACKSON, LINDA (925171002262)	<b>Admission Date</b>	04/10/2025	<b>Location</b>	Lotus Way 110LW 2 2
<b>Last Care Plan Review Completed:</b>		10/17/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Brigette is experiencing an episode of INFECTION suspected skin infection.Onset date-Dec 29,2025.</li></ul> <p>Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/29/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"><li>To effectively treat and manage skin INFECTION without further complications by Jan 5, 2025.</li></ul> <p>Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/31/2025 Revision by: Donna Duah (RN) Target Date: 01/05/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Brigette/SDM with decision making for Skin INFECTION treatment plan and update accordingly.</li></ul> <p>Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/29/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>MEDICATIONS: Administer medication for infection as per MD/NP order.</li></ul> <p>Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/29/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective of monitoring resident with Skin INFECTION for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections until stable.</li></ul> <p>Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/29/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>VITAL SIGNS: Monitor VITAL SIGNS ( Temperature) Every shift.</li></ul> <p>Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/29/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>				
<ul style="list-style-type: none"><li>STRONG PARTICIPATION in Activities</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide)</p>		<ul style="list-style-type: none"><li>Brigette will be supported to maintain participation in activities 10 times per week by the next review date.</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025</p>	<ul style="list-style-type: none"><li>STRUCTURED ACTIVITIES: Invite Brigette to programs of personal interest; (exercise group classes, neurogym, social programs of her interest).</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"><li>SELF-DIRECTED ACTIVITIES: Encourage Brigette to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV,</li></ul>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN	
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	KREUTZ, BRIGETTE (925171002302)		Admission Date	10/22/2025	Location	Lotus Way 104LW 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• STRONG PARTICIPATION in Activities</div> <div>Date Initiated: 11/26/2025</div> <div>Created on: 11/26/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div>	<div>Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>Target Date: 01/22/2026</div>	<div>sitting outdoors, conversing with peers, etc.).</div> <div>Date Initiated: 11/26/2025</div> <div>Created on: 11/26/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 11/27/2025</div> <div>Revision by: Seema Naqvy (Restorative Care Aide)</div>				
<div>• Altered Skin Integrity with risk for infection or complications related to SURGICAL WOUND right leg.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>	<div>• To minimize risk of Surgical Wound infection to Brigitte each day until fully healed.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>Target Date: 01/22/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Brigitte with Surgical Wound to right limb for changes to health status, wound infection and alteration or complications affecting skin integrity.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div> <div>• TREATMENT PLAN: Administer treatment for surgical wound to right limb as per MD Order.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/29/2025</div> <div>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div> <div>• WEEKLY ASSESSMENT: Assess and evaluate Brigitte's skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div>				
<div>• Potential for BOWEL INCONTINENCE related to limited mobility</div> <div>Date Initiated: 10/27/2025</div>	<div>• Brigitte will receive support to use commode and promote optimal bowel continence each</div>	<div>• COMMUNICATION: Involve/collaborate with Brigitte/SDM for decision making about toileting options, incontinence.</div> <div>Date Initiated: 10/27/2025</div> <div>Created on: 10/27/2025</div>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	KREUTZ, BRIGETTE (925171002302)		Admission Date	10/22/2025	Location	Lotus Way 104LW 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)	day through to the next review. Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Brigitte for changes to health status, alteration of continence level or bowel function. Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • BOWEL Continence level is Total Incontinence. Report change to level as noted. Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Brigitte uses Blue brief for morning and evening shifts. Orange Brief for night shift only. Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)	PCA   <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Seema Naqvy (Restorative Care Aide)	(Restorative Care Aide) Target Date: 01/22/2026  • SHORT TERM GOAL: To improve Brigette(upper and lower body muscles) AROM strength to be able to complete (10) of repetitions of (dumbbell, curls, leg marching, etc.) each day through the next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/22/2026	Revision by: Seema Naqvy (Restorative Care Aide)  • AROM EXERCISE MUSCLE: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Brigette for (R/L bicep, triceps, quadriceps, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete (10 repetitions per each joint exercise). Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide)  • AROM EXERCISE JOINT: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Brigette for (R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete (10 repetitions per each joint exercise). Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide)  • TIME SPENT: Enter amount of time in MINUTES that Brigette performed AROM exercises. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/22/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide  <	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide)		(Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 01/22/2026	when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide (1 staff) (Extensive) assistance with Brigitte for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete (5 of task repetition or 15 minutes) per session. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/24/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Brigitte performed exercises for TRANSFER TRAINING. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 10/22/2025 Revision by: Seema Naqvy (Restorative Care Aide)		Restorative Care Aide	D/E
• Nutrition Risk Level Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Brigitte will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/22/2026  • Will weigh within Realistic weight range of 69.4-83.8kg/BMI	• NUTRITION RISK: Brigitte is MODERATE risk level. Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) • DIET ORDER: Brigitte will receive Regular diet, Regular texture Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/24/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Brigitte drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/24/2025 Created on: 10/24/2025		Dietitian (RD)   	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<b>• Nutrition Risk Level</b> Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		24-29 through to next review date. h = 170cm Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/22/2026  <b>• Brigitte will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1666mL @ 25mL/kg, 83.3kg, 2083mL through to next review date.</b> Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/22/2026  <b>• Will meet estimated nutritional requirements of 2083 kcal @ 25kcal/kg, 83g protein @ 1.0 g/kg through to next review date.</b> Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian	Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/24/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) <b>• FLUID TARGET: Encourage Brigitte to drink a minimum of 1666ml per day.</b> Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) <b>• FOOD PREFERENCES: Brigitte enjoys eating roast beef, stir fry, liver, baked potato, salads, drinks 1 coffee a day with sugar/milk. Dislikes eating tough meats due to chewing issues due to dentures.</b> Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/27/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) <b>• HIGH FIBRE: Offer 125 ml prune juice at Breakfast as per preference.</b> Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/27/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)		PCA	
					PCA	D/E
<b>Allergies</b>	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		<b>D.O.B.</b>	12/27/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	KREUTZ, BRIGETTE (925171002302)		<b>Admission Date</b>	10/22/2025	<b>Location</b>	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> <p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<p>(RD)) Target Date: 01/22/2026</p>			
<ul style="list-style-type: none"> <li>• Use of PASD 1/4 bed rails to assist Brigitte with Activity of Daily Living bed mobility and transfers.</li> </ul> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>• Brigitte will be effectively supported with use of 1/4 bed rails to optimize Activity of Daily Living bed mobility and transfers each day through to the next review date.</li> </ul> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) Target Date: 01/22/2026</p>	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Brigitte to enhance her knowledge of possible benefits and challenges associated with Use of 1/4 bed rails.</li> </ul> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use 1/4 bed rails as to support appropriate bed mobility and transfers.</li> </ul> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>• BED RAIL (TWO PARTIAL): 1/4 Rails</li> </ul> <p>in USE as a PASD to assist resident with bed mobility or transfers in/out of bed. Monitor every shift.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</p>	PCA	D/E/N

<b>Allergies</b>	Codeine, ACE Inhibitors, Acetaminophen, NICKEL	<b>D.O.B.</b>	12/27/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KREUTZ, BRIGETTE (925171002302)	<b>Admission Date</b>	10/22/2025	<b>Location</b>	Lotus Way 104LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Ambulation.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• BRIGETTE to improve standing progress to walking distance from 0 m to 10 m using rollator walker in 3 months.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/22/2026</p>	<p>• BRIGETTE to stand progress to ambulate Assist x2 ,0-10 meters using rollator walker 4-5/wk.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist	PTA
<p>• Transfers.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To decrease falls while transferring and ADLs in the next 3 months.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/22/2026</p> <p>• To prevent a decline in transfers from Assist x2 during stay in the program.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/22/2026</p>	<p>• Brigitte to perform balance exercises in standing kitchen sink EXs with 1 XA 4-5/wk.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• BRIGETTE to perform balance exercises using therapeutic EXs in sitting 4-5/wk.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• Encourage/educate/ assist x2 with sit -&gt; stand transfer from bed, chair 4-5/wk.</p> <p>Date Initiated: 10/23/2025</p> <p>Created on: 10/23/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist	PTA
<b>Allergies</b>		Codeine, ACE Inhibitors, Acetaminophen, NICKEL		<b>D.O.B.</b>	12/27/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>		Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>		Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>		KREUTZ, BRIGETTE (925171002302)		<b>Admission Date</b>	10/22/2025	<b>Location</b>	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Transfers.</div> <div>Date Initiated: 10/23/2025</div> <div>Created on: 10/23/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/23/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To improve transfer for assist x2 to assist x1 in 1 months</div> <div>Date Initiated: 10/23/2025</div> <div>Created on: 10/23/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/23/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 01/22/2026</div>					
<div>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div>	<div>• To promote Brigitte's fluid consumption and minimize risk for dehydration each day through to the next review date.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>Target Date: 01/22/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Brigitte in decision making for plan of Hydration/Fluid consumption and risks of dehydration.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• LAB WORK: Monitor lab for (specify type of lab work) and report results to MD/NP as needed.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/23/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div>	Registered Staff			
<div>• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD).</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div>	<div>• To treat and/or minimize complications associated with GERD each day through to the next review date.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Brigitte in decision making for GERD Management.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	KREUTZ, BRIGETTE (925171002302)		Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)	Created by: Alison McAulay (RN) Target Date: 01/22/2026	Revision by: Alison McAulay (RN)  • HEALTH TEACHING: Engage with Brigitte to enhance her comprehension of treatment, possible complications, and disease trajectory associated with GERD. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)  • MONITORING: Utilize holistic perspective of continuous monitoring of Brigitte for management of GERD for discomfort/ complications or changes to health status.  Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)  • POSITIONING: Encourage Brigitte to avoid lying down for at least one hour after eating; elevate head of bed, encourage resident to sit/stand upright after meals. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)  • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN)	RN Registered Practical Nurse  <	



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Created by: Donna Duah (RN) Target Date: 01/22/2026	<ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Brigitte to enhance her comprehension of treatment, possible complications, and disease trajectory associated with DIABETES. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li><li>• CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li><li>• MEDICATION: Administer medication ORAL ANTIHYPERGLYCEMIC medication for DIABETES as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li></ul>			RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Hypertension and Heart Failure Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li></ul>		<ul style="list-style-type: none"><li>• To treat and minimize signs/symptoms or complications associated with Atrial Fibrillation, Hypertension and Heart Failure through to the next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) Target Date: 01/22/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Brigitte in decision making of Cardiac Care Management for Atrial Fibrillation, Hypertension and Heart Failure. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Brigitte with Atrial Fibrillation, Hypertension and Heart Failure for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li></ul>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)			Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none"><li>• MEDICATION: Administer medication for Atrial Fibrillation, Hypertension and Heart Failure as per MD Order and monitor for side effects. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li><li>• VITAL SIGNS: Monitor vital signs as ordered monthly and PRN. Notify MD of any significant abnormalities. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li></ul>			Registered Practical Nurse RN	
<ul style="list-style-type: none"><li>• Potential to experience nausea and vomiting related to ALLERGY of acetaminophen, codeine, ACE Inhibitors and nickel Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li></ul>		<ul style="list-style-type: none"><li>• Brigitte will be protected from exposure to allergen each day through next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) Target Date: 01/22/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Brigitte in decision making and health teaching about ALLERGY to ACE Inhibitors, Acetaminophen, Codeine and Nickel. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li><li>• ALLERGY ALERT: Brigitte has ALLERGY to ACE Inhibitors, Acetaminophen, Codeine and Nickel. Prevent contact with and report if noted to experience symptoms Nausea and vomiting. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</li><li>• MD/PHARMACY ALERT: Notify the MD and Pharmacy of Brigitte's Allergy to ACE Inhibitors, Acetaminophen, Codeine and Nickel and minimize risk for exposure to allergen. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025</li></ul>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)			Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential to experience nausea and vomiting related to ALLERGY of acetaminophen, codeine, ACE Inhibitors and nickel</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div>		<div>Revision by: Alison McAulay (RN)</div> <div>• RESCUE MEDICATION: Administer EPINEPHRINE as per MD/NP Order. Monitor effectiveness and immediately notify MD/NP of use.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Donna Duah (RN)</div>	Registered Staff			
<div>• Potential for CONSTIPATION related to use of hydromorphone and limited mobility</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div>	<div>• Brigitte will have regular soft formed bowel movements every 1-2 days through to the next review.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>Target Date: 01/22/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Brigitte for decision making regarding constipation management.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Brigitte for constipation management and changes to health status and symptoms/ complications of constipation.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div> <div>Revision on: 10/22/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• FLUIDS: Encourage Brigitte to meet daily beverage minimums. See Nutrition Care Plan.</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Alison McAulay (RN)</div>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)		Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Potential for CONSTIPATION related to use of hydromorphone and limited mobility Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</div>		<div>Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN)</div>	<div>Registered Staff   </div>	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• URINARY Functional INCONTINENCE related to altered mobility, Use of Diuretic Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</div>			<div>checks every 2 hours and change each time noted to be soiled. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Brigitte uses Blue brief for morning and evening shifts. Orange Brief for night shift only. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 11/12/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • ADAPTIVE EQUIPMENT/AID: Resident uses a bedside commode Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</div>			PCA	
<div>• Increased risk for FALLS related to decreased mobility. Altered Physical function: healing fractures to multiple sites on bilateral lower legs Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Target Date: 01/22/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Brigitte in decision making in fall prevention Plan of Care. Date Initiated: 12/17/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse) • CALL BELL: Place call bell within Brigitte's reach on the LEFT side, check that it is in working order and remind/encourage to use it. Date Initiated: 12/17/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: commode at bedside or over toilet, high/low bed, walker, wheelchair. Remind resident to lock the brakes on her wheelchair before transferring.</div>			PCA	D/E/N
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)			Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Increased risk for FALLS related to decreased mobility. Altered Physical function: healing fractures to multiple sites on bilateral lower legs Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</div>		<div>Date Initiated: 12/17/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED: use high/low bed to lower risk for injury. Date Initiated: 12/17/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA				
<div>• Potential for Persistent PAIN and alteration in comfort level related to ongoing lower back pain Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</div>	<div>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Brigitte about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • NON VERBAL CUES of PAIN for Brigitte include facial grimacing, tight fists, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed. Date Initiated: 10/22/2025 Created on: 10/22/2025</div>	<div>RN Registered Practical Nurse</div> <div>PCA</div>				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN	
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	KREUTZ, BRIGETTE (925171002302)		Admission Date	10/22/2025	Location	Lotus Way 104LW 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for Persistent PAIN and alteration in comfort level related to ongoing lower back pain Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</p>		<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • PHYSIO TREATMENT: Brigitte to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • REST: accommodate Brigitte's rest and relaxation preference including breaks between activities and/or remaining in bed. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer analgesic medication, including topical, as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</p>	Registered Practical Nurse RN			
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture right distal femur, right proximal tibial periprosthetic fracture, left distal tibia fracture and left base of 5th metatarsal fracture. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)</p>	<p>• Brigitte will demonstrate improved ADL function in transfer and walking as supported through Restorative Program by the next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025</p>	<p>• BATHING: Brigitte prefers showers and has been scheduled on Monday and Thursday mornings. Brigitte participates by washing her face and upper body. 1 staff TOTAL assistance by washing her hair, back and lower extremities for bathing. Nail care to be provided on shower/bath day. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: Brigitte is able to push with arms and lower legs. 1 staff to provide LIMITED to EXTENSIVE assistance for bed mobility.</p>	PCA	D		
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL		D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)		Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
		Revision by: Alison McAulay (RN) Target Date: 01/22/2026	<div>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: 1 staff to provide LIMITED to EXTENSIVE assistance for dressing LOWER body. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: Brigitte is able to eat with 1 Staff to provide SET UP &amp; SUPERVISION assist for eating. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • LOCOMOTION: Brigitte requires LIMITED to EXTENSIVE assistance x 1 staff for locomotion on/off unit. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Brigitte requires LIMITED to EXTENSIVE assistance x 1 staf Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer for hand hygiene. Date Initiated: 10/22/2025</div>						PCA	
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN			
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre					Print Date	1/4/2026			
Resident	KREUTZ, BRIGETTE (925171002302)			Admission Date	10/22/2025	Location	Lotus Way 104LW 1			



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Fracture right distal femur, right proximal tibial periprosthetic fracture, left distal tibia fracture and left base of 5th metatarsal fracture.</li> </ul> Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)		Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>TOILET USE: Brigitte is able to ask to use the commode/toilet.</li> </ul> 1-2 staff to provide EXTENSIVE to MAXIMAL assistance. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>TRANSFERRING: Brigitte is able to use both arms and legs.</li> </ul> 2 staff to provide MAXIMAL assistance side by side or TOTAL assistance with a MECHANICAL LIFT for transferring. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>ORAL CARE: Brigitte has DENTURES and is able to (SPECIFY strengths in oral care).</li> </ul> 1 staff to provide SUPERVISION assistance for oral care. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>FOOT CARE: Registered staff to complete toenail care every shower day as needed. Report long toe nails or other abnormalities as noted. Foot care every 6 weeks</li> </ul> Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/07/2025 Revision by: Olena Romaniuk (Registered Nurse)	PCA	
• Sleep Patterns; Potential for alteration in	• To promote adequate	• REST PATTERN: Preferred bedtime 2100 hrs, usual wake time 0700hrs and	PCA	
<b>Allergies</b>	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			
	<b>D.O.B.</b>	12/27/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre			
	<b>Print Date</b>		1/4/2026	
<b>Resident</b>	KREUTZ, BRIGETTE (925171002302)	<b>Admission Date</b>	10/22/2025	<b>Location</b> Lotus Way 104LW 1

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 10/22/2025 Created by: Alison McAulay (RN)		Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Target Date: 01/22/2026	Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) • HEALTH EDUCATION: Engage Brigitte in health education regarding prevention of skin impairment and management of skin breakdown. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • EQUIPMENT: Brigitte requires pressure reduction mattress to offload pressure. PCA Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • BARRIER CREAM: Apply skin barrier Sudacream to perineal area to safeguard against excessive moisture after incontinence episodes and each morning. PCA Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • CYTOTOXIC MEDICATION RISK: Brigitte has potential to experience skin irritation PCA redness, burning, itchiness, report observed symptoms to Registered Staff immediately as noted. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)				
• Altered VISION related to macular degeneration to bilateral eyes Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN)		• Brigitte supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 10/22/2025	• COMMUNICATION: Involve/collaborate with Brigitte for decision making pertaining to change in visual status as needed. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN)				
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			D.O.B.	12/27/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)			Admission Date	10/22/2025	Location	Lotus Way 104LW 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision on: 10/22/2025 Revision by: Alison McAulay (RN)		Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) Target Date: 01/22/2026	Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with Brigitte to enhance her knowledge of macular degeneration affecting vision. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • EYEGLASSES: Brigitte wears eyeglasses but they have been missing since her fall. PCA Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • READING: Brigitte will use large print material to aid with reading. PCA Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) • VISUAL IMPAIRMENT: Resident has macular degeneration resulting in (specify how it affects vision - peripheral vision only, halos, blurriness, etc.). Strategies to address visual impact include: large print material PCA Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025 Revision by: Alison McAulay (RN)					
• Expressed Wishes and Beliefs related to Brigitte's Medical Treatment and End of Life Care Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)		• To support and honor Brigitte's expressed wishes and beliefs through to the End of Life. Date Initiated: 10/22/2025 Created on: 10/22/2025	• CPR: Brigitte's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Alison McAulay (RN) Revision on: 10/22/2025					
Allergies	Codeine, ACE Inhibitors, Acetaminophen, NICKEL			D.O.B.	12/27/1934		Physician	TANUJAA HARRICHARAN
Diagnosis	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	KREUTZ, BRIGETTE (925171002302)			Admission Date	10/22/2025		Location	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 10/22/2025 Revision by: Alison McAulay (RN)	Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Alison McAulay (RN) Target Date: 01/22/2026	Revision by: Alison McAulay (RN)		

### Diagnosis

Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple sites(M84.30), Fracture of shaft of tibia with or without fibula, closed(S82.200), Heart failure, unspecified(I50.9), Atrial fibrillation, unspecified(I48.90), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Pure hypercholesterolaemia(E78.0)

<b>Allergies</b>	Codeine, ACE Inhibitors, Acetaminophen, NICKEL	<b>D.O.B.</b>	12/27/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Stress fracture, not elsewhere classified, multiple...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KREUTZ, BRIGETTE (925171002302)	<b>Admission Date</b>	10/22/2025	<b>Location</b>	Lotus Way 104LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Alteration in skin integrity with risk for infection or complications related to Pressure WOUND (Stage 2) to coccyx</li> </ul> <p>Date Initiated: 08/09/2025 Created on: 08/09/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Angelika Joniec (ADOC)</p>	<ul style="list-style-type: none"> <li>To minimize risk of WOUND (Stage #2 pressure ulcer infection each day until fully healed.</li> </ul> <p>Date Initiated: 08/09/2025 Created on: 08/09/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Angelika Joniec (ADOC) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li><b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with Stage 2 Wound to coccyx for changes to health status, wound infection and alteration or complications affecting skin integrity.</li> </ul> <p>Date Initiated: 08/09/2025 Created on: 08/09/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) <li><b>WEEKLY ASSESSMENT:</b> Assess and evaluate skin condition weekly and using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li> <p>Date Initiated: 08/09/2025 Created on: 08/09/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/19/2025 Revision by: Angelika Joniec (ADOC)</p> </p>	Registered Staff		
<ul style="list-style-type: none"> <li>Alteration in skin integrity with risk for infection or complications related to DIABETIC WOUND (on admission) to left sole secondary to Diabetic Neuropathy (#3)</li> </ul> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)</p>	<ul style="list-style-type: none"> <li>To promote optimal healing of WOUND within next review date.</li> </ul> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/08/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li><b>TREATMENT PLAN:</b> Administer treatment for Wound to left sole as per MD Order.</li> </ul> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 06/18/2025 Revision by: Olena Romaniuk (Registered Nurse) <li><b>HEALTH EDUCATION:</b> Engage with Francis to enhance his comprehension of suggested treatment and possible complications associated with WOUND to his left sole.</li> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 06/18/2025 Revision by: Olena Romaniuk (Registered Nurse) <li><b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with Stage Wound to left sole for changes to health status, wound infection and alteration or complications affecting skin integrity.</li> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse)</p> </p></p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Alteration in skin integrity with risk for infection or complications related to <b>DIABETIC WOUND</b> (on admission) to left sole secondary to Diabetic Neuropathy (#3)</li> </ul> Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)		Revision on: 06/18/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"> <li>• <b>WEEKLY ASSESSMENT:</b> Assess and evaluate skin condition weekly and as needed using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li> </ul> Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 06/18/2025 Revision by: Olena Romaniuk (Registered Nurse)			
<ul style="list-style-type: none"> <li>• Francis declines participation in structured programs related to personal choice.</li> </ul> Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)	<ul style="list-style-type: none"> <li>• Francis participates in independent/self-directed activities monthly through to the next review date.</li> </ul> Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/22/2026	<ul style="list-style-type: none"> <li>• <b>SELF-DIRECTED ACTIVITIES:</b> Encourage Andrew to engage in self-directed activities such as using his telephone for conversation and connection, listening to music in his room and reading.</li> </ul> Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> <li>• <b>FRIENDLY VISIT:</b> Provide Francis one to one visits as tolerated. Touch base to maintain contact and connection and offer program supplies that may meet his interests.</li> </ul> Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> <li>• <b>FAMILY INVOLVEMENT:</b> Francis receives monthly visits from his mother.</li> </ul> Date Initiated: 10/06/2025 Created on: 10/06/2025			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Francis declines participation in structured programs related to personal choice. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			<p>Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Francis prefers to be addressed by his preferred name, Andrew.</p> <p>Francis enjoys setting his own daily routine and values his quiet time, often spending much of the day resting in bed and using his phone for listening to music or watching videos/shows.</p> <p>While he enjoys his independence and time alone, he appreciates brief check-ins to maintain connection as tolerated.</p> <p>Francis will occasionally go outside to smoke independently. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>				
• URINARY . INCONTINENCE related to Neurogenic Bladder Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/30/2025 Revision by: Edna James (Registered Practical Nurse)		• Andrew will have urinary incontinence managed every shift through to the next review period. Date Initiated: 12/19/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with Andrew(SD) for decision making about (incontinence management). Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/30/2025 Revision by: Edna James (Registered Practical Nurse)  • MONITORING: Utilize holistic perspective of continuous monitoring of Adrew for toileting needs, changes to health status and alteration of continence level. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/12/2025 Revision by: Danielle Knott (ADOC)  • URINARY Continence level is Totally INCONTINENT. Report change to level as noted. Date Initiated: 06/17/2025			Registered Practical Nurse RN PCA       PCA Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)			Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• URINARY . INCONTINENCE related to Neurogenic Bladder  Date Initiated: 06/17/2025  Created on: 06/17/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 09/30/2025  Revision by: Edna James (Registered Practical Nurse)</p>		<p>Created on: 06/17/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 12/18/2025  Revision by: Richele Rosales (RAI Coordinator)  • CHECK and CHANGE: Andrew experiences TOTAL incontinence and requires checks every 2 hours and change each time noted to be soiled.  Date Initiated: 12/11/2025  Created on: 12/11/2025  Created by: Richele Rosales (RAI Coordinator)  Revision on: 12/11/2025  Revision by: Richele Rosales (RAI Coordinator)  • INCONTINENCE PRODUCT: Andrew uses Orange brief all day, all night.  Date Initiated: 06/17/2025  Created on: 06/17/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/20/2025  Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	<p>RN</p> <p>PCA</p> <p>PCA</p>		
<p>• Potential for Expressive Behaviour of VERBAL, RESISTANCE to care need nature related to , Inability to COPE, Anger  Date Initiated: 06/18/2025  Created on: 06/18/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 09/25/2025  Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To decrease episodic frequency of verbal aggression and resistance to care by next review date.  Date Initiated: 12/19/2025  Created on: 06/18/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 12/19/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 03/22/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Andrew(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.  Date Initiated: 06/18/2025  Created on: 06/18/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 06/25/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Andrew for indications to change in or for escalating expressive behaviour risk.  Date Initiated: 06/18/2025  Created on: 06/18/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 06/25/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • TRIGGERS leading to PHYSICAL ( Hitting, Punching, Slapping, Biting, Kicking, ) as expression of behaviour include ( anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, startling from sleep)  Date Initiated: 06/18/2025</p>	<p>BSO - Internal Social Worker</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved								
<p>• Potential for Expressive Behaviour of VERBAL, RESISTANCE to care need nature related to , Inability to COPE, Anger</p> <p>Date Initiated: 06/18/2025</p> <p>Created on: 06/18/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 09/25/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created on: 06/18/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 06/25/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TRIGGERS leading to VERBAL yelling, racial remarks as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention</p> <p>Date Initiated: 06/18/2025</p> <p>Created on: 06/18/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs of (refusing care, refusing to change clothing, refusal to bathe, refusal to eat, refusing medication and refusing assessments) as expression of behaviour include ( confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process)</p> <p>Date Initiated: 06/18/2025</p> <p>Created on: 06/18/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/30/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p> <p>• RESISTANCE to Care Need: If Andrew is declining to (bathe, change clothes, take medications , refusal to eat) re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 06/18/2025</p> <p>Created on: 06/18/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Andrew is declining to take his medications, re-approach in 10-15 minutes. As per doctor's instructions, his medications can be given later if required. Andrew states he will take his medications when he is awake (may take at 0900 or may take later at 1200 hrs). Report episode to Registered team member.</p> <p>Date Initiated: 10/24/2025</p> <p>Created on: 10/24/2025</p>													
			Allergies						No Known Allergies		D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN		
			Diagnosis						Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses							
			Facility						Wellington Park Care Centre						Print Date	1/4/2026
			Resident						KRULL, FRANCIS (925171002278)		Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2		
			Last Care Plan Review Completed:		12/19/2025											

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of VERBAL, RESISTANCE to care need nature related to , Inability to COPE, Anger</li> </ul> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/25/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Danielle Knott (ADOC)</p>			
<ul style="list-style-type: none"> <li>Potential to experience alteration in MOOD as exhibited by related to Decline in Health Condition, Loss of Independence, Inability to cope with change</li> </ul> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/08/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To support Francis with their identified coping strategies for mood/emotional stability each day through to the review date.</li> </ul> <p>Date Initiated: 12/19/2025 Created on: 08/08/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with (Krull, Francis)/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/21/2025 Revision by: Roseline Ediage (Registered Practical Nurse) <li>HEALTH EDUCATION: Provide education and support to Andrew/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</li> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Andrew for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.</li> </ul> </p>		RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)		Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Potential to experience alteration in MOOD as exhibited by related to Decline in Health Condition, Loss of Independence, Inability to cope with change</p> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/08/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESIDENT STRENGTHS: Build on Andrew effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities.</p> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DISTRACTION ACTIVITIES: Andrew can be calmed doing activities of interest including (Specify; listening to music, doing puzzles, watching movies, etc.)</p> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ENVIRONMENT: Modify environment to support MOOD STABILITY ( reduce noise, open curtains, ambient lighting, preferred music.)</p> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• FAMILY SUPPORT: Andrew enjoys visits from (Specify; family members and friends).</p> <p>Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		
<p>• Potential to experience FOOT/FEET complications related to ( foot or toenail</p>	<p>• To maintain adequate Foot/Feet/Toenail care and</p>	<p>• COMMUNICATION: Involve/collaborate with Andrew/SDM) in decision making for footcare treatment plan.</p>	<p>Footcare Nurse -</p>	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/09/1967
<b>Physician</b>	TANUJAA HARRICHARAN			
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>
			Lotus Way 107LW 2 2	
<b>Last Care Plan Review Completed:</b>		12/19/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
issues, fungal/ingrown/thicken toenails, corns, calluses, Diabetes/Neuropathic condition, compromised circulation, toe amputation). Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 12/19/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TREATMENT PLAN: Andrew requires footcare/treatment every (Specify; 6 weeks, 8 weeks, PRN, etc.). Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERENCE: Andrew likes to have (Specify; footcare in morning, footcare with family present, PSW at bedside for comfort/distraction, family to trim toenails, etc.). Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • REFUSAL of SERVICE: Andrew declines suggested footcare/treatment as per discussion (date here, see progress note). Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Internal  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • Do not disturb Andrew when he is sleeping . Andrew is capable to call for assistance for changing his brief. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	N
• Andrew has potential to experience a safety hazard/burn injury related to personal SMOKING habits. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Andrew will be safe when choosing to smoke through to the next review Date Initiated: 12/19/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve Andrew/SDM in review of smoking legislation (No smoking inside the home or within 9 meters from any doorway) and identify the designated area/s where smoking is permitted. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Andrew and support their effort to explore smoking cessation options (including interventions as prescribed by MD). Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CHECK: Room and personal belongings to be checked for smoking materials every shift. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • STORAGE: Smoking materials to be appropriately stored by Nurse and Andrew to return cigarettes/lighter/matches after each smoke break. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Social Worker	D/E/N
Allergies	No Known Allergies			D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)			Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Andrew has potential to experience a safety hazard/burn injury related to personal SMOKING habits. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision on: 06/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SMOKING CONTRACT: Andrew agreed to follow safe smoking rules and accepts the consequences of breaking those agreed upon rules by signing the smoking contract (refer to chart). Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				Social Worker	
• Potential for BOWEL INCONTINENCE related to muscle tone loss. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Andrew will have bowel incontinence managed every shift through to the next review period. Date Initiated: 12/19/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with Andrew/SDM for decision making about incontinence management. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/14/2025 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is Total Incontinence). Report change to level as noted. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses Orange brief all Shifts. Date Initiated: 06/17/2025				PCA Registered Practical Nurse  Registered Staff  PCA  PCA	
Allergies	No Known Allergies			D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	KRULL, FRANCIS (925171002278)			Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2	
Last Care Plan Review Completed:		12/19/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Potential for BOWEL INCONTINENCE related to muscle tone loss.</li> </ul> <p>Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 06/17/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			
<ul style="list-style-type: none"> <li>• Use of PASD Left and Right 1/4 bed rail to assist Andrew bed mobility and transferring.</li> </ul> <p>Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/19/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<ul style="list-style-type: none"> <li>• Andrew will be effectively supported with use of left and right 1/4 bed rail to optimize Activity of Daily Living (bed mobility and transfer) each day through to the next review date.</li> </ul> <p>Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/19/2025 Revision by: Richele Rosales (Registered Practical Nurse) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Resident to enhance their knowledge of possible benefits and challenges associated with Use of left and right 1/4 bed rail.</li> </ul> <p>Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/19/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use left and right 1/4 bed rails to support bed mobility and transfer.</li> </ul> <p>Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/19/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist resident with bed mobility and transfer in/out of bed. Monitor every shift.</li> </ul> <p>Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/19/2025</p>			D/E/N
Allergies	No Known Allergies		D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)		Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025				



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Use of PASD Left and Right 1/4 bed rail to assist Andrew bed mobility and transferring.</li> </ul> <p>Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/19/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>		Revision by: Richele Rosales (Registered Practical Nurse)			
<ul style="list-style-type: none"> <li>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES Insulin-Dependent.</li> </ul> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/18/2025 Revision by: Edna James (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> <li>• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date.</li> </ul> <p>Date Initiated: 12/19/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/ collaborate with Andrew/SDM in decision making of diabetes care management.</li> </ul> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/17/2025 Revision by: Donna Duah (RN) <li>• HEALTH TEACHING: Engage with Andrew/SDM to enhance his comprehension of (treatment, possible complications, disease trajectory) associated with DIABETES.</li> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/09/2025 Revision by: Donna Duah (RN) <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status.</li> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) <li>• CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order.</li> <p>Date Initiated: 06/16/2025</p> </p></p></p>	<p>RN Registered Practical Nurse PCA</p> <p>RN Registered Practical Nurse</p> <p>Registered Staff</p> <p>Registered Staff</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES Insulin-Dependent.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 06/18/2025  Revision by: Edna James (Registered Practical Nurse)</p>		<p>Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  • MEDICATION: Administer medication ( ORAL ANTIHYPERGLYCEMIC medication and/or INSULIN) for DIABETES as per MD order. Monitor effectiveness and for side effects.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 06/25/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Registered Staff		
<p>• Potential for persistent/acute PAIN and alteration in comfort level related to osteomyelitis, and hx of femur fracture.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 06/17/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.  Date Initiated: 12/19/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 12/19/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 03/22/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Andrew(SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 06/17/2025  Revision by: Nichole Seng (Registered Nurse)  • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  • NON VERBAL CUES of PAIN for Andrew include - specify (facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed, etc.) Report these to Registered staff when observed.  Date Initiated: 06/16/2025</p>	RN Registered Practical Nurse          PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 06/17/2025            Revision by: Nichole Seng (Registered Nurse)</p> <p>• PHYSIO TREATMENT: Andrew to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week).            Date Initiated: 06/16/2025            Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 06/17/2025            Revision by: Nichole Seng (Registered Nurse)</p> <p>• REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.).            Date Initiated: 06/16/2025            Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.            Date Initiated: 06/16/2025            Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	All		
<p>• Expressed Wishes and Beliefs related to Andrew's Medical Treatment and End of Life Care            Date Initiated: 06/16/2025            Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 06/17/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To support and honor Andrew's expressed wishes and beliefs through to the End of Life.            Date Initiated: 06/16/2025            Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 06/17/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)            Target Date: 03/22/2026</p>	<p>• CPR: Andrew 's wishes to have CPR and TRANSFER to hospital decisions to be made as needed - see PoET Individualized Summary for details.            Date Initiated: 06/16/2025            Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 06/17/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Registered Practical Nurse RN		
<p>• Andrew is experiencing colonization with</p>	<p>• To lower risk of infection and prevent transmission of</p>	<p>• COMMUNICATION: Involve/collaborate with Andrew/SDM with decision making for Antibiotic Resistant Organism treatment plan and update accordingly.</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Antibiotic Resistant Organism (MRSA, VRE) New move in protocol. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Donna Duah (RN) Revision on: 06/17/2025 Revision by: Donna Duah (RN)		identified Antibiotic Resistant Organism through to the next review. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Donna Duah (RN) Target Date: 03/22/2026	Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Donna Duah (RN) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, isolation, transmission, etc.) for Antibiotic Resistant Organism. Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Donna Duah (RN) Revision on: 06/17/2025 Revision by: Donna Duah (RN) • PPE PRECAUTIONS: Precaution identified as (CONTACT) for SUSPECTED (MRSA, VRE) and requires use of the following PPEs (Gloves, Gown) when (providing direct care, handling soiled clothes and linens, disposing of incontinence product, etc.). Date Initiated: 06/17/2025 Created on: 06/17/2025 Created by: Donna Duah (RN) Revision on: 06/17/2025 Revision by: Donna Duah (RN)			RN Registered Practical Nurse PCA       RN PCA Registered Practical Nurse	
• Nutrition Risk Level Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Francis will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 06/25/2025 Revision by: Shereen Khan (Dietitian (RD)) Target Date: 03/22/2026  • Will weigh within	• Andrew prefers to eat in his room. Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Navpreet Kaur (DOC) Revision on: 10/28/2025 Revision by: Navpreet Kaur (DOC) • NUTRITION RISK: Francis is High risk level. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 06/25/2025 Revision by: Shereen Khan (Dietitian (RD)) • DIET ORDER: Andrew will receive Regular diet, Regular texture Date Initiated: 06/16/2025			Dietitian (RD)  <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>GWR/IBW/Realistic weight range of 58-65 kg/BMI 16-18 through to next review date.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 06/25/2025  Revision by: Shereen Khan (Dietitian (RD))  Target Date: 03/22/2026</p> <p>• Francis will be adequately hydrated aeb drinking at least 85% of total fluid requirement @30 ml/kg, 58.9kg through to next review date.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 07/04/2025  Revision by: Stephanie Isaak (Dietitian (RD))  Target Date: 03/22/2026</p> <p>• Will meet estimated nutritional requirements of 1767 kcal @ 30 kcal/kg, 71g protein @ 1.2g/kg through to next review date.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 06/25/2025  Revision by: Shereen Khan (Dietitian</p>	<p>Created on: 06/16/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 06/16/2025  Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)  • FLUID CONSISTENCY: Andrew drinks REGULAR/THIN Level 0 Fluids.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 06/16/2025  Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)  • FLUID TARGET: Encourage Andrew to drink a minimum of 1502 ml per day.  Date Initiated: 06/16/2025  Created on: 06/16/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 07/04/2025  Revision by: Stephanie Isaak (Dietitian (RD))  • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.  Date Initiated: 07/04/2025  Created on: 07/04/2025  Created by: Stephanie Isaak (Dietitian (RD))  • FOOD PREFERENCES: Andrew enjoys drinking coffee with cream and enjoys eating spaghetti and meatballs.  Date Initiated: 06/19/2025  Created on: 06/19/2025  Created by: Pamela Kovar-Gough (FSM - Food Services Manager)  Revision on: 08/11/2025  Revision by: Julia Pilca (Dietitian (RD))  • MEDPASS SUPPLEMENTS: 237mL (1 carton) Boost Diabetic (Vanilla) once daily at breakfast (190 kcal, 16gPRO) - changed from Glucerna TID upon admission  Date Initiated: 06/24/2025  Created on: 06/24/2025  Created by: Stephanie Isaak (Dietitian (RD))  Revision on: 08/21/2025  Revision by: Julia Pilca (Dietitian (RD))</p>	PCA	
			PCA	
			Dietary aide PCA	
			PCA	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/09/1967
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses		<b>Physician</b>	TANUJAA HARRICHARAN
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)		<b>Admission Date</b>	06/16/2025
			<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<b>• Nutrition Risk Level</b> Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)	(RD)) Target Date: 03/22/2026				
<b>• Risk for Impaired SKIN INTEGRITY</b> related to Impaired Mobility, Hx of ulcers, Medical Condition; Diabetes, Impaired Circulation Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	<b>• To protect and maintain skin integrity</b> each day through to the next review. Date Initiated: 12/19/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	<b>• SKIN OBSERVATION:</b> Observe skin condition with AM and PM care. Report any new or different observance than Andrews' usual skin condition to Registered Staff as noted. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <b>• HEALTH EDUCATION:</b> Engage Andrew/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <b>• EQUIPMENT:</b> Andrew requires pressure reduction mattress,Roho cushion to offload pressure. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>	12/19/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Hx of ulcers, Medical Condition; Diabetes, Impaired Circulation</p> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• BARRIER CREAM: Apply skin barrier (SPECIFY) to perineal area to safeguard against excessive moisture after incontinence episode.</p> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	
<p>• Increased risk for FALLS related to (Specify etiology and possible factors). Altered Physical function (specify impairment):</p> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Andrew/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 09/21/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• CALL BELL: Place call bell within resident's reach to RIGHT side ,to check that it is in working order and remind/encourage to use it.</p> <p>Date Initiated: 09/21/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• ADAPTIVE AIDS: Place adaptive aid/needed objects wheelchair within easy reach of resident.</p> <p>Date Initiated: 09/21/2025 Created on: 06/16/2025</p>			Registered Practical Nurse RN PCA  PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)			Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Increased risk for FALLS related to (Specify etiology and possible factors). Altered Physical function (specify impairment): Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: wheelchair. Date Initiated: 09/21/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2025 Revision by: Olena Romaniuk (Registered Nurse)			PCA	
			• BED: place bed in lowest position, use high/low bed, to lower risk for injury. Date Initiated: 09/21/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2025 Revision by: Olena Romaniuk (Registered Nurse)			PCA	
			• SPECIAL CONSIDERATION to PREVENT FALLS: Team members to be aware that Andrew may try to self-transfer between bed and wheelchair. Please redirect Andrew when this occurs Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/15/2025 Revision by: Danielle Knott (ADOC)			PCA Registered Practical Nurse RN	
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• Andrew will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 12/19/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</div>	<div>• BATHING: Andrew prefers bed-bath on Tuesday DAYS and Friday EVENINGS. Andrew requires 1 staff to provide EXTENSIVE assistance with bed bath.On bed bath days, strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on bath day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/23/2025 Revision by: Navpreet Kaur (DOC) • BED MOBILITY: Andrew is sometimes INDEPENDENT and may requires 1 staff to provide SUPERVISION TO EXTENSIVE assistance for bed mobility, when he is tired. Date Initiated: 06/16/2025</div>			PCA	
Allergies	No Known Allergies			D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)			Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 09/19/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DRESSING: Andrew requires 1 staff EXTENSIVE ASSIST to TOTAL assistance PCA            when he is tired for dressing UPPER &amp; LOWER body.            Date Initiated: 06/16/2025</p> <p>Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 09/19/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <p>• EATING: Andrew requires 1 Staff to provide SUPERVISE assist for eating. Resident PCA            prefer to eat inside room, staff encouraging to attend dining room. Resident refused            to go to dining room.            Date Initiated: 06/16/2025</p> <p>Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 10/15/2025            Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• LOCOMOTION: Andrew requires 1 staff to provide LIMITED, assistance for PCA            locomotion on unit; he requires EXTENSIVE assistance off unit.            Date Initiated: 06/16/2025</p> <p>Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 09/19/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <p>• PERSONAL HYGIENE: Andrew requires 1 staff to provide EXTENSIVE assistance PCA            to TOTAL ASSIST when he is tired.            Date Initiated: 06/16/2025</p> <p>Created on: 06/16/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 09/19/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HAND HYGIENE: Andrew is able to independently complete task of Hand Hygiene PCA            each day.            Date Initiated: 06/16/2025</p>		
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/09/1967
<b>Physician</b>	TANUJAA HARRICHARAN			
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b> Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025		

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</div> <div>Date Initiated: 06/16/2025</div> <div>Created on: 06/16/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TOILET USE: Andrew requires 1 staff to provide EXTENSIVE assistance to TOTAL PCA ASSISTANCE when he is tired for toileting. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator) • TRANSFERRING: Andrew requires 2 team members to provide TOTAL ASSIST using HOYER/CEILING LIFT for transferring. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2025 Revision by: Danielle Knott (ADOC) • TRANSFER LIFT/SLING: sit to stand lift (medium size sling) needed for transfer. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/18/2025 Revision by: Edna James (Registered Practical Nurse) • ORAL CARE: Andrew has TEETH and requires 1 staff to provide CUES, SUPERVISION, assistance for oral care. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FOOT CARE: (SPECIFY - PSW, Registered staff to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)					
			PCA Registered Practical Nurse RN					
			PCA					
Allergies		No Known Allergies			D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis		Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses						
Facility		Wellington Park Care Centre					Print Date	1/4/2026
Resident		KRULL, FRANCIS (925171002278)			Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</li> </ul> <p>Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision on: 06/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>SPECIFIC RESIDENT Request: Francis prefers to be called 'Andrew'</li> </ul> <p>Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025 Revision by: Danielle Knott (ADOC)</p>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1967	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	KRULL, FRANCIS (925171002278)	<b>Admission Date</b>	06/16/2025	<b>Location</b>	Lotus Way 107LW 2 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

### Diagnosis

Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture of femoral neck, closed(S72.080), Unspecified diabetes mellitus with ketoacidosis(E14.10)

Allergies	No Known Allergies	D.O.B.	05/09/1967	Physician	TANUJAA HARRICHARAN
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Type 2 diabetes mellitus with autonomic neuropathy(E11.42), Osteomyelitis, unspecified, unspecified site(M86.99), Other fracture ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	KRULL, FRANCIS (925171002278)	Admission Date	06/16/2025	Location	Lotus Way 107LW 2 2
Last Care Plan Review Completed:		12/19/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Increased risk for FALLS related to Osteoarthritis . Altered Physical function (left wrist fracture): , Limitation of cognitive function/altered judgement (mild cognitive impairment), Self transfers.  Date Initiated: 11/26/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 12/24/2025  Revision by: Muskan Arora (Registered Practical Nurse)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.  Date Initiated: 11/26/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)  Target Date: 02/26/2026</p>	<p>• Education- To call for assistance when required and safe transfers.  Date Initiated: 12/24/2025  Created on: 12/24/2025  Created by: Muskan Arora (Registered Practical Nurse)  • COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making in fall prevention Plan of Care.  Date Initiated: 12/17/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 12/17/2025  Revision by: Olena Romaniuk (Registered Nurse)  • CALL BELL: Place call bell within resident's reach to RIGHT side if needed), check that it is in working order and remind/encourage to use it.  Date Initiated: 12/17/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 12/17/2025  Revision by: Olena Romaniuk (Registered Nurse)  • BED: use high/low bed, etc.) to lower risk for injury.  Date Initiated: 12/17/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 12/17/2025  Revision by: Olena Romaniuk (Registered Nurse)  • TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet. Offer to toilet resident between 1 and 3 pm to prevent he falling at night  Date Initiated: 12/17/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)  Revision on: 12/17/2025  Revision by: Olena Romaniuk (Registered Nurse)  • FOOTWEAR: Ensure resident wears appropriate footwear for transfers, ambulation.  Date Initiated: 12/17/2025  Created on: 11/26/2025  Created by: Olena Romaniuk (Registered Nurse)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>	
<b>Allergies</b>	medroxyPROGESTERone	<b>D.O.B.</b>	06/27/1931	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo)arthrosis...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LACROIX, MARGARET (925171002320)	<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lotus Way 109LW 1



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Increased risk for FALLS related to Osteoarthritis . Altered Physical function (left wrist fracture): , Limitation of cognitive function/altered judgement (mild cognitive impairment), Self transfers.</p> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/24/2025 Revision by: Muskan Arora (Registered Practical Nurse)</p>			<p>Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• HIP PROTECTORS: Margaret wears hip protectors for all shifts to safeguard against injury. Report to Registered Staff if not wearing.</p> <p>Date Initiated: 12/17/2025 Created on: 12/11/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• SPECIAL CONSIDERATION to PREVENT FALLS: Check on resident every 1 hour at night if she needs to be toileted or changed</p> <p>Date Initiated: 12/17/2025 Created on: 12/16/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/17/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>				PCA	D/E/N
<p>• Ambulation.</p> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• Margaret to improve standing and to improve walking distance from 10 m to 20 m using a high walker OR rollator walker in 3 months</p> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/26/2026</p>	<p>• MARGARET to ambulate with Assist x2 for 10 m using a high walker OR rollator 3/wk.</p> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• MARGARET to perform balance exercises in standing with 1 XA 3/wk.</p> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>				PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931		Physician	TANUJAA HARRICHARAN	
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025		Location	Lotus Way 109LW 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Ambulation. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To prevent a decline in Margaret's ability to walk and the distance of walking of 10 meters over a stay in LTC. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/26/2026</div> <div>• To decrease # of falls to 0 over stay in LTC. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/26/2026</div>					
<div>• Active ROM. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• As she received WB to improve Margaret's LT wrist and hand joint flexibility and strength from grade 2/5 to grade 3/5 in 3 months, (Manual Muscle Test) Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• Provide AROM to all non-affected joints using theraband/ ball/ weights/ standing progress to walking with walker + 2 XA 3/wk. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931		Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025		Location	Lotus Way 109LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Active ROM.</div> <div>Date Initiated: 12/02/2025</div> <div>Created on: 12/02/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/02/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>Target Date: 02/26/2026</div> <div>• To prevent further deterioration of all non-affected joint flexibility and strength from grade 3/5 in 6-8 months. (Manual Muscle Test)</div> <div>Date Initiated: 12/02/2025</div> <div>Created on: 12/02/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/26/2026</div>					
<div>• Nutrition Risk Level</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>		<div>• Margaret will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 02/26/2026</div> <div>• Will weigh within GWR/Realistic weight range of 59- 78 kg/BMI 22-29 through to next review date.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough</div>	<div>• LABELLED SNACK PM: Margaret receives vanilla yogurt at PM nourishment pass as per preference.</div> <div>Date Initiated: 12/04/2025</div> <div>Created on: 12/04/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• NUTRITION RISK: Margaret is MODERATE risk level.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• DIET ORDER: Margaret will receive Regular diet, Regular texture with MINCED Meat.</div> <div>Encourage softer food options and add extra gravies/ sauces to help moisten food (support safe and comfortable chewing and swallowing)</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div>	<div>PCA</div> <div>Registered</div> <div>Practical</div> <div>Nurse</div> <div>RN</div> <div>Dietitian (RD)</div> <div>PCA</div>	<div>D</div>		
Allergies	medroxyPROGESTERone			D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)			Admission Date	11/26/2025	Location	Lotus Way 109LW 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>	<div>(FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 02/26/2026</div> <div>• Margaret will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 56.6 kg through to next review date.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 02/26/2026</div>	<div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• FLUID CONSISTENCY: Margaret drinks REGULAR/THIN Level 0 Fluids.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• FLUID TARGET: Encourage Margaret to drink a minimum of 1132 ml per day.</div> <div>Date Initiated: 12/04/2025</div> <div>Created on: 12/04/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• FOOD PREFERENCES: Margaret dislikes having sugar in her coffee.</div> <div>AVOID: fried oily foods (due to digestive concerns)</div> <div>Date Initiated: 12/02/2025</div> <div>Created on: 12/02/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div>	PCA			
<div>• STRONG PARTICIPATION in Activities</div> <div>Date Initiated: 11/27/2025</div> <div>Created on: 11/27/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 11/27/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• Margaret will be supported to maintain participation in activities 10 times per week by the next review date.</div> <div>Date Initiated: 12/02/2025</div> <div>Created on: 12/02/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 12/02/2025</div> <div>Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>Target Date: 02/26/2026</div>	<div>• STRUCTURED ACTIVITIES: Invite Margaret to programs of personal interest; (exercise group classes, neurogym, social programs of her interest).</div> <div>Date Initiated: 12/02/2025</div> <div>Created on: 12/02/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 12/02/2025</div> <div>Revision by: Seema Naqvy (Restorative Care Aide)</div> <div>• SELF-DIRECTED ACTIVITIES: Encourage Margaret to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.).</div> <div>Date Initiated: 12/02/2025</div> <div>Created on: 12/02/2025</div> <div>Created by: Seema Naqvy (Restorative Care Aide)</div> <div>Revision on: 12/02/2025</div>				
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• <b>STRONG PARTICIPATION</b> in Activities</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		Revision by: Seema Naqvy (Restorative Care Aide)				
<ul style="list-style-type: none"><li>• <b>Temporary-Activities</b> related to Move In</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"><li>• Margaret will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/26/2026</p>	<ul style="list-style-type: none"><li>• <b>INVITATION:</b> Invite and Encourage Margaret to attend scheduled programs. Also extend invite to Spiritual focused programs.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"><li>• <b>CALENDAR:</b> Provide program calendar and erbally review.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p>				
<ul style="list-style-type: none"><li>• Margaret is enrolled in <b>TRANSFER TRAINING</b> nursing restorative program and has the potential to show improvement to (standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025</p>	<ul style="list-style-type: none"><li>• <b>SHORT TERM GOAL:</b> To improve (Resident's Name) functional ability of sit to stand and stand to sit transfers from (Specify # of staff &amp; level of assistance; Extensive, Limited, etc.) to (specify lower level of assistance; Limited, Supervised, etc.) by the next review date.</li></ul> <p>Date Initiated: 11/26/2025</p>	<ul style="list-style-type: none"><li>• <b>COMMUNICATION:</b> Involve/collaborate with Margaret about performance in <b>TRANSFER TRAINING</b> Nursing Restorative Program including goals, options, and plan of care as needed.</li></ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"><li>• <b>ASSESS/MONITOR:</b> Utilize holistic perspective of continuous monitoring of Margaret when partaking in <b>TRANSFER TRAINING</b> Nursing Restorative Program.</li></ul> <p>Date Initiated: 11/26/2025</p>				
<b>Allergies</b>	medroxyPROGESTERone		<b>D.O.B.</b>	06/27/1931	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	LACROIX, MARGARET (925171002320)		<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lotus Way 109LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026	Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SIT to STAND/STAND to SIT TRANSFER: Provide (1 staff) (Extensive, Supervision) assistance with Margaret for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete (5 task repetition or 15 of minutes) per session. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) • TIME SPENT: Enter amount of time in MINUTES that Margaret performed exercises for TRANSFER TRAINING. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)	Restorative Care Aide	D/E		
• Margaret is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)	• SHORT TERM GOAL: To improve Margaret's (upper and lower body joints) AROM strength to be able to complete 10 repetitions of (arm raises, leg raises, etc.) each day through the next review date. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/26/2026	• COMMUNICATION: Involve/collaborate with Margaret about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Margaret when partaking in AROM Nursing Restorative Program. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of (; abduction, adduction, extension, flexion, etc.) to Margaret for (R/L bicep, triceps, quadriceps,	Restorative Care Aide			
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	<ul style="list-style-type: none"><li>• SHORT TERM GOAL: To improve Margaret's (upper and lower body muscles) AROM strength to be able to complete 10 repetitions of (dumbbell curls, leg marching, etc.) each day through the next review date. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/26/2026</li></ul>	<p>etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete (10 repetitions per each joint exercise). Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</p> <ul style="list-style-type: none"><li>• AROM EXERCISE JOINT: Provide cueing and demonstration of (abduction, adduction, extension, flexion, etc.) to Margaret for (R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using (theraband, ball, weights, pulleys, bike, etc.). Complete (10 repetitions per each joint exercise). Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</li><li>• TIME SPENT: Enter amount of time in MINUTES that Margaret performed AROM exercises. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</li></ul>	Restorative Care Aide			
<ul style="list-style-type: none"><li>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Olena Romaniuk (Registered Nurse)</li></ul>	<ul style="list-style-type: none"><li>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/26/2026</li></ul>	<ul style="list-style-type: none"><li>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Olena Romaniuk (Registered Nurse)</li><li>• HEALTH EDUCATION: Engage Margaret/SDM in health education regarding prevention of skin impairment and management of incontinence. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/27/2025 Revision by: Olena Romaniuk (Registered Nurse)</li></ul>	PCA			
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>			<p>• BARRIER CREAM: Apply skin barrier cream to perineal area to safeguard against excessive moisture after incontinence episode.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>		PCA	
<p>• Altered VISION related to Cataract left eye</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Nichole Seng (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p>		<p>• Margaret supported to use eyeglasses for vision correction daily through to the next review date.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Nichole Seng (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p> <p>Target Date: 02/26/2026</p> <p>• To treat and minimize complications of cataracts through to next review date.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Nichole Seng (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p> <p>Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making pertaining to change in visual status as needed.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Nichole Seng (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p> <p>• HEALTH TEACHING: Engage with Margaret/SDM to enhance their knowledge of Cataract affecting vision.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Nichole Seng (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p> <p>• EYEGLASSES: Margaret wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer, etc.) when sleeping.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 11/27/2025</p> <p>Created by: Nichole Seng (Registered Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Nichole Seng (Registered Nurse)</p>		PCA	
<p>• Potential to experience alteration in</p>		<p>• To treat and minimize signs/symptoms or complications</p>	<p>• COMMUNICATION: Involve/ collaborate with Margaret/ SDM in decision making of neurological care management for CVA.</p>		PCA	
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report

Focus		Goal	Interventions	Position	Freq/Resolved
NEUROLOGICAL FUNCTION related to: CEREBROVASCULAR ACCIDENT (CVA) Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse)		associated with CVA and stroke through to the next review date. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/26/2026	Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • MEDICATION: Administer medication for prophylactics of CVA as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with CVA and history of stroke for changes to health status and alteration or complications affecting neurological function. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)		
• Potential to experience discomfort/complications, including pain, impaired mobility, related to FRACTURE of Left wrist Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)		• To promote optimal healing of FRACTURE of left wrist until healed Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/26/2026	• COMMUNICATION: Involve/ collaborate with Margaret/SDM in decision making of fracture care management. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • HEALTH EDUCATION: Engage with Margaret/SDM to enhance his/her comprehension of (specify: treatment, possible complications, etc.) associated with fracture. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for		
Allergies	medroxyPROGESTERone			D.O.B.	06/27/1931
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses			Physician	TANUJAA HARRICHARAN
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)			Admission Date	11/26/2025
				Location	Lotus Way 109LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience discomfort/complications, including pain, impaired mobility, related to FRACTURE of Left wrist</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>management of fracture to left wrist for discomfort/ complications or changes to health status.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>			Registered Staff	
<p>• Potential for BOWEL INCONTINENCE related to impaired mobility and mild cognitive impairment</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• Margaret will have bowel incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret(SDM) for decision making about bowel function, toileting options, incontinence, etc).</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as noted.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>			PCA	
Allergies	medroxyPROGESTERone			D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)			Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for BOWEL INCONTINENCE related to impaired mobility and mild cognitive impairment Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>• SCHEDULED TOILETING of BOWEL Movements ONLY: Toilet Margaret after each PCA meal Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• INCONTINENCE PRODUCT: Resident uses medium brief for all shifts Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
<div>• URINARY Mixed INCONTINENCE related to altered mobility Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	<div>• Margaret will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/26/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Margaret(SDM) for decision making about toileting options or incontinence management, etc). Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of the resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• URINARY Mixed INCONTINENCE related to altered mobility Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)		• SCHEDULED TOILETING: Toilet Margaret after meals and PRN. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses medium size brief during all shifts Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)	PCA  	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• COGNITIVE LOSS; alteration in thought processes short term memory loss, related to progression of Dementia, Cardiovascular Accident (CVA)</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>	<p>• Margaret will be supported to make independent choice and safe decisions each day through to the review date.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making of Cognitive impairment.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• ORIENTATION: Gently reorient to person, place, time) as needed when Margaret is feeling lost or in confused state.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• PERSONAL ROUTINE: Provide consistency in care routine and activities including meal times and exercise</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• CUE TASKS: Break tasks into manageable subtasks, Margaret can comprehend and follow simple steps/directions at a time.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>	PCA			
<p>• Potential for Persistent PAIN and alteration in comfort level related to Left wrist fracture and osteoarthritis of both knees and spine. Most Current MDS Pain Score is (fill in score)</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>	<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 11/26/2025</p> <p>Created on: 11/26/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of</p>	RN			
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Nurse)		Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/26/2026	<div>1 staff to provide LIMITED to EXTENSIVE assistance for bed mobility. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Margaret is able to help in dressing)</div> <div>1 staff to provide EXTENSIVE assistance for dressing UPPER &amp; LOWER body. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • EATING: Margaret is able to eat by herself</div> <div>1 Staff to provide SET UP SUPERVISION assist for eating. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Margaret is able to help in locomotion.</div> <div>1 staff to provide EXTENSIVE to MAXIMAL assistance for locomotion on and/or off unit). Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Margaret requires 1 staff to provide EXTENSIVE assistance for hygiene. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • HAND HYGIENE: 1 staff to provide LIMITED, assistance to use soap/water, apply</div>				PCA   <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fracture of left wrist, Limited Mobility</div> <div>Date Initiated: 11/26/2025</div> <div>Created on: 11/26/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/26/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>		sanitizer, rub hands together, dry hands, etc.) for hand hygiene.				
		Date Initiated: 11/26/2025				
		Created on: 11/26/2025				
		Created by: Olena Romaniuk (Registered Nurse)				
		Revision on: 11/26/2025				
		Revision by: Olena Romaniuk (Registered Nurse)				
		• TOILET USE: Margaret requires 1 staff to provide EXTENSIVE assistance for toileting.	PCA			
		Date Initiated: 11/26/2025				
		Created on: 11/26/2025				
		Created by: Olena Romaniuk (Registered Nurse)				
Revision on: 11/26/2025						
Revision by: Olena Romaniuk (Registered Nurse)						
• TRANSFERRING: Margaret is able to sit-to-stand in transferring).	PCA					
1 staff to provide EXTENSIVE assistance for transferring with pivot disc						
Date Initiated: 11/26/2025						
Created on: 11/26/2025						
Created by: Olena Romaniuk (Registered Nurse)						
Revision on: 11/26/2025						
Revision by: Olena Romaniuk (Registered Nurse)						
• ORAL CARE: Margaret has DENTURES and is able to help with brushing her dentures	PCA					
1 staff to provide LIMITED assistance for oral care.						
Date Initiated: 11/26/2025						
Created on: 11/26/2025						
Created by: Olena Romaniuk (Registered Nurse)						
Revision on: 11/26/2025						
Revision by: Olena Romaniuk (Registered Nurse)						
• FOOT CARE: PSW, Registered staff, Foot Care Nurse) to complete toenail care every 6 weeks on shower days. Report long toe nails or other abnormalities as noted.	PCA					
Date Initiated: 11/26/2025						
Created on: 11/26/2025						
Created by: Olena Romaniuk (Registered Nurse)						
Revision on: 11/26/2025						
Revision by: Olena Romaniuk (Registered Nurse)						
• Expressed Wishes and Beliefs related to	• To support and honor	• CPR: Margaret wishes express NO CPR, however TRANSFER to hospital decision				
Allergies	medroxyPROGESTERone		D.O.B.	06/27/1931	Physician	TANUJAA HARRICHARAN
Diagnosis	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo) arthrosis...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	LACROIX, MARGARET (925171002320)		Admission Date	11/26/2025	Location	Lotus Way 109LW 1

## Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
Margaret's Medical Treatment and End of Life Care Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)	Margaret's expressed wishes and beliefs through to the End of Life. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/26/2026	will be made at the time. Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse)		

### Diagnosis

Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2), Mild cognitive disorder(F06.7)

<b>Allergies</b>	medroxyPROGESTERone	<b>D.O.B.</b>	06/27/1931	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Fracture of head of other metacarpal bone, closed(S62.320), Atrial fibrillation, unspecified(I48.90), Stroke, not specified as haemorrhage or infarction(I64), Primary generalized (osteo)arthrosis...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LACROIX, MARGARET (925171002320)	<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lotus Way 109LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to New Environment.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 12/03/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div>	<div>• To promote adequate rest/sleep for Helen based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 12/03/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>Target Date: 02/28/2026</div>	<div>• PREFERENCE: Helen likes to have extra blanket to fall asleep.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 12/03/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• REST PATTERN: Preferred bedtime Around 2030, usual wake time 0615-0630 and PCA daytime naps - usually after lunch.</div> <div>Date Initiated: 12/04/2025</div> <div>Created on: 12/04/2025</div> <div>Created by: Harsimran Kaur (Registered Nurse)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Harsimran Kaur (Registered Nurse)</div> <div>• SLEEPWEAR: Helen prefers to wear night gown</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 12/03/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div>	PCA				
<div>• Potential to experience alteration in CARDIAC FUNCTION related to; Chronic Heart Failure (CHF), Ventricular Tachycardia, Paroxysmal atrial fibrillation, Hypertension, DVT</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To treat and minimize signs/symptoms or complications associated with CHF through to the next review date.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>Target Date: 02/28/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Helen/SDM in decision making of Cardiac Care Management for CHF.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with (Specify cardiac condition) for changes to health status and alteration or complications affecting cardiac function.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>• MEDICATION: Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div>	Registered Staff				
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN	
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension(I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Chronic Heart Failure (CHF), Ventricular Tachycardia, Paroxysmal atrial fibrillation, Hypertension, DVT</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"><li>• RESCUE MEDICATIONS: Administer NITRO-SPRAY for (specify: Angina, chest pain, Tachycardia, etc.) as per MD Order.</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse)<li>• VITAL SIGNS: Monitor vital signs as ordered monthly. Notify MD of any significant abnormalities.</li><p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p></p>			Registered Practical Nurse RN	
<ul style="list-style-type: none"><li>• Potential to experience (rash, hives, anaphylaxis, etc.) related to ALLERGY of cefTRIAXone, Penicillin.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• Helen will be protected from exposure to allergen each day through next review date.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/28/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Helen/SDM in decision making and health teaching about ALLERGY to cefTRIAXone, Penicillin.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Helen with allergy to cefTRIAXone, Penicillin for changes to health status and complications.</li> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <li>• ALLERGY ALERT: Helen has ALLERGY to cefTRIAXone, Penicillin. Report if noted to experience symptoms (rash, hives, swelling, difficulty breathing, etc.).</li> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator)</p>				
Allergies	cefTRIAXone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN	
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2	



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Potential to experience (rash, hives, anaphylaxis, etc.) related to ALLERGY of cefTRIAxone, Penicillin.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MD/PHARMACY ALERT: Notify the MD and Pharmacy of Helen's Allergy to cefTRIAxone, Penicillin and minimize risk for exposure to allergen.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MEDICATION: Administer medication as per MD Order. Monitor its effectiveness .</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• RESCUE MEDICATION: Administer EPINEPHRINE as per MD/NP Order. Monitor effectiveness and immediately notify MD/NP of use.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator)</p>					Registered Staff	
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPERTHYROIDISM</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• To treat and/or minimize signs/symptoms of HYPERTHYROIDISM through to the next review date.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/28/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Helen/SDM in decision making of thyroid care management.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Helen/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with HYPERTHYROIDISM.</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Helen with</li></ul>					RN Registered Practical Nurse	
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929		Physician	TANUJAA HARRICHARAN		
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025		Location	Lotus Way 108LW 2		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPERTHYROIDISM</li></ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator)</p>			<p>HYPERTHYROIDISM for changes to health status and alteration or complications affecting endocrine function.</p> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
<ul style="list-style-type: none"><li>• Potential for Persistent PAIN and alteration in comfort level related to gonarthrosis and history of left hip fracture</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Target Date: 02/28/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Helen/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"><li>• NON VERBAL CUES of PAIN for Helen include - facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed, etc.) Report these to Registered staff when observed.</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"><li>• POSITIONING: Position in chair/bed for optimal comfort (FREQ). Helen prefers to be positioned upright with frequent rest times in bed.</li></ul> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025</p>				
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929		Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025		Location	Lotus Way 108LW 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Potential for Persistent PAIN and alteration in comfort level related to gonarthrosis and history of left hip fracture Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse) • REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.). Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) • MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse)</div>	All   <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/28/2026</p> <p>• Will weigh within GWR/Realistic weight range of 66-79 kg/BMI 24 - 29 through to next review date. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/28/2026</p> <p>• Helen will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 65.4 kg through to next review date. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/28/2026</p>	<p>• DIET ORDER: Helen will receive regular diet, regular texture Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Helen drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/01/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Helen to drink a minimum of 1308 ml per day. Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• FOOD PREFERENCES: Helen enjoys eating salads. Dislikes eating pasta, parsnips and drinking root beer. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD))</p>	PCA   <	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		improve quads strength from grade 3-/5 to grade 3+/5 in six toeight months (Manual Muscle Test)	<div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• Helen to perform (glutes/hamstring/quads) exercises using AROM, Bridge, SLR 1-2 sets of 3-5 each 3/wk.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• Helen to perform balance exercises with 2 XA in standing using the wall bar, bedside rail 3/wk.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>			st	
		Date Initiated: 12/01/2025				PTA	
		Created on: 12/01/2025					
		Created by: Uzma Habib (PT - Physiotherapist)					
		Revision on: 12/01/2025					
		Revision by: Uzma Habib (PT - Physiotherapist)					
		Target Date: 02/28/2026					
		• To improve transfer for assist x2 + Hoyer lift to assist x 2 in 6-8 months					
		Date Initiated: 12/01/2025					
		Created on: 12/01/2025					
Created by: Uzma Habib (PT - Physiotherapist)							
Revision on: 12/01/2025							
Revision by: Uzma Habib (PT - Physiotherapist)							
Target Date: 02/28/2026							
• To decrease falls while transferring in the next 3 months to 0.							
Date Initiated: 12/01/2025							
Created on: 12/01/2025							
Created by: Uzma Habib (PT - Physiotherapist)							
Revision on: 12/01/2025							
Revision by: Uzma Habib (PT - Physiotherapist)							
Target Date: 02/28/2026							
Allergies		cefTRIAxone, Penicillin	D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN	
Diagnosis		Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility		Wellington Park Care Centre			Print Date	1/4/2026	
Resident		LEWIS, HELEN (925171002321)	Admission Date	11/28/2025	Location	Lotus Way 108LW 2	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved		
<div>• Transfers.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>								
<div>• Altered COMMUNICATION as exhibited by limitations to hearing related to Hard of hearing to both sides</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>		<div>• Helen will continue to freely express self and adequately comprehend information each day through to the next review period.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>Target Date: 02/28/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Helen/SDM for decision making about strategies needed to support effective communication.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• PRIMARY LANGUAGE: Helen's primary language is English. She is able to speak/understand) English.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• HEARING AID; Apply/Remove to/from Both ears. Keep hearing aids on charge overnight</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• HEARING AID CARE: Check function, volume control before insertion. Hearing Aid to be stored: at bedside; charged every night</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div>				PCA	D/E
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN		
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Altered COMMUNICATION as exhibited by limitations to hearing related to Hard of hearing to both sides</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• SUPPORTIVE TECHNIQUES: Speak directly to Helen facing her; speak clearly, use simple words/phrases, etc.).</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			
<ul style="list-style-type: none"> <li>• Altered VISION related to Cataract (Specify Right or Left eye), Glaucoma</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>• To treat and minimize complications of Glaucoma, etc.) through to next review date.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/28/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Helen/SDM for decision making pertaining to change in visual status as needed.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• HEALTH TEACHING: Engage with Helen/SDM to enhance their knowledge of Cataract, Glaucoma, affecting vision.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• EYEGLASSES: Helen wears eyeglasses. Assist to clean eyeglasses as needed and store (in night table drawer, etc.) when sleeping.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Altered VISION related to Cataract (Specify Right or Left eye), Glaucoma Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse)</li></ul>			<ul style="list-style-type: none"><li>• MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse)</li><li>• VISUAL IMPAIRMENT: Resident has cataracts, resulting in impaired vision. Strategies to address visual impact include: (large print material, eyeglasses) Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</li></ul>			Registered Staff	
						PCA	
<ul style="list-style-type: none"><li>• Potential for BOWEL INCONTINENCE related to impaired mobility Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</li></ul>		<ul style="list-style-type: none"><li>• Helen will have bowel incontinence managed every shift through to the next review period. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/28/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Helen/SDM) for decision making about (SPECIFY: bowel function, toileting options, incontinence management, etc). Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator)</li><li>• BOWEL Continence level is TOTAL Incontinence. Report change to level as noted. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025</li><li>• BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025</li></ul>			Registered Staff	
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929		Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025		Location	Lotus Way 108LW 2



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to impaired mobility Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• INCONTINENCE PRODUCT: Resident uses medium brief for all shifts Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		PCA	
<p>• URINARY Mixed INCONTINENCE related to altered mobility Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<p>• Helen will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/28/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Helen/SDM) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc). Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of the resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		PCA	
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2

## Care Plan Report

[illegible]

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>Increased risk for FALLS related to Osteoarthritis and history of left hip fracture</li></ul> Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)		Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse) <ul style="list-style-type: none"><li>BED: place bed in lowest position, use high/low bed, etc. to lower risk for injury.</li></ul> Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse) <ul style="list-style-type: none"><li>FOOTWEAR: Ensure resident wears appropriate footwear for transfers/ambulation.</li></ul> Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse)	PCA			
<ul style="list-style-type: none"><li>Potential for gastric discomfort/complications related to episodes of chronic diarrhea</li></ul> Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)	<ul style="list-style-type: none"><li>To treat and/or minimize complications associated with chronic diarrhea through to review date</li></ul> Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/28/2026	<ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of chronic diarrhea or changes to health status.</li></ul> Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse) <ul style="list-style-type: none"><li>MEDICATION: Administer medication for chronic diarrhea as per MD order. Monitor effectiveness and for side effects.</li></ul> Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Olena Romaniuk (Registered Nurse)				
<ul style="list-style-type: none"><li>Use of PASD bed rails to assist resident with Activity of Daily Living bed mobility and transfers.</li></ul> Date Initiated: 11/29/2025 Created on: 11/29/2025 Created by: Nichole Seng (Registered Nurse)	<ul style="list-style-type: none"><li>Helen will be effectively supported with use of bed rails to optimize Activity of Daily Living bed mobility and transfers each day through to the next review date.</li></ul>	<ul style="list-style-type: none"><li>HEALTH EDUCATION: Engage with Resident/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed mobility and transfers.</li></ul> Date Initiated: 11/29/2025 Created on: 11/29/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse)				
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse)		Date Initiated: 11/29/2025 Created on: 11/29/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse) Target Date: 02/28/2026	• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL). Date Initiated: 11/29/2025 Created on: 11/29/2025 Created by: Nichole Seng (Registered Nurse) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist resident with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 11/29/2025 Created on: 11/29/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/29/2025 Revision by: Nichole Seng (Registered Nurse)			Registered Staff	
						PCA	D/E/N
• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse)		• Helen will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/28/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 02/28/2026	• BATHING: Helen prefers shower on Friday and Monday mornings. Resident participates by washing the upper body. 1 staff EXTENSIVE assistance for bathing. Assistive devices required include (shower chair). Nail care to be provided on shower/bath day. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/28/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED MOBILITY: Helen is able to self-turn in bed mobility) 1 staff to provide LIMITED to MAXIMAL assistance by for bed mobility. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Helen is able to help with dressing UPPER body 1 staff to provide EXTENSIVE to MAXIMAL assistance for dressing UPPER & LOWER body. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025			PCA	
						PCA	
Allergies	cefTRIAxone, Penicillin			D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)			Admission Date	11/28/2025	Location	Lotus Way 108LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse)			Revision by: Richele Rosales (RAI Coordinator) • EATING: Helen is able to (full strength in eating) 1 Staff to provide SUPERVISION assist for eating. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• LOCOMOTION: Helen is able to help in locomotion). 1 staff to provide EXTENSIVE, assistance for locomotion on and/or off unit). Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/28/2025 Revision by: Olena Romaniuk (Registered Nurse)			PCA	
			• PERSONAL HYGIENE: Helen is able to help in hygiene). 1 staff to provide LIMITED to EXTENSIVE assistance by for hygiene. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• HAND HYGIENE: 1 staff to provide LIMITED assistance to use soap/water, apply sanitizer, rub hands together, dry hands, etc.) for hand hygiene. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/28/2025 Revision by: Olena Romaniuk (Registered Nurse)			PCA	
			• TOILET USE: Helen requires 1 staff to provide EXTENSIVE to MAXIMAL, assistance by for toileting. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN	
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div>		<div>• TRANSFERRING: Helen requires 2 staff to provide TOTAL using MECHANICAL LIFT) assistance for transferring.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/28/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• TRANSFER LIFT/SLING: Full sling size small needed for transfer.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• ORAL CARE: Helen has TEETH, and is able to do her oral care).</div> <div>1 staff to provide LIMITED assistance for oral care.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/28/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• FOOT CARE: PSW, Registered staff, Foot Care Nurse) to complete toenail care every 6 weeks. Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/28/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
<div>• Expressed Wishes and Beliefs related to Helen's Medical Treatment and End of Life Care</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/28/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>	<div>• To support and honor (resident's name) expressed wishes and beliefs through to the End of Life.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Target Date: 02/28/2026</div>	<div>• CPR: Helen wishes to have CPR and TRANSFER to hospital.</div> <div>Date Initiated: 11/28/2025</div> <div>Created on: 11/28/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 11/28/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>				
Allergies	cefTRIAxone, Penicillin		D.O.B.	02/17/1929	Physician	TANUJAA HARRICHARAN
Diagnosis	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LEWIS, HELEN (925171002321)		Admission Date	11/28/2025	Location	Lotus Way 108LW 2

## Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved

### Diagnosis

Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension(I10.0), Phlebitis and thrombophlebitis of other deep vessels of lower extremities(I80.2), Paroxysmal atrial fibrillation (I48.00), Ventricular tachycardia(I47.2), Hyperlipidaemia, unspecified(E78.5), Thyrotoxicosis, unspecified(E05.9), Gonarthrosis, unspecified(M17.9), Presence of artificial hip(Z96.60), Fracture of acetabulum, closed(S32.400)

<b>Allergies</b>	cefTRIAxone, Penicillin	<b>D.O.B.</b>	02/17/1929	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Congestive heart failure(I50.0), Glaucoma, unspecified(H40.9), Cataract, unspecified(H26.9), Conductive hearing loss, unspecified(H90.2), Functional diarrhoea(K59.1), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LEWIS, HELEN (925171002321)	<b>Admission Date</b>	11/28/2025	<b>Location</b>	Lotus Way 108LW 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to bruised right ribs, chronic left upper extremity pain, leg pain, and left toe nail avulsion</li> <li>Date Initiated: 11/03/2025</li> <li>Created on: 11/03/2025</li> <li>Created by: Alison McAulay (RN)</li> <li>Revision on: 12/25/2025</li> <li>Revision by: Nichole Seng (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</li> <li>Date Initiated: 11/03/2025</li> <li>Created on: 11/03/2025</li> <li>Created by: Alison McAulay (RN)</li> <li>Target Date: 02/03/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Phil about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> <li>Date Initiated: 11/03/2025</li> <li>Created on: 11/03/2025</li> <li>Created by: Alison McAulay (RN)</li> <li>Revision on: 11/03/2025</li> <li>Revision by: Alison McAulay (RN)</li> <li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li> <li>Date Initiated: 11/03/2025</li> <li>Created on: 11/03/2025</li> <li>Created by: Alison McAulay (RN)</li> <li>REST: Accommodate Phil's rest and relaxation preference either breaks between activities or remaining in bed.</li> <li>Date Initiated: 11/03/2025</li> <li>Created on: 11/03/2025</li> <li>Created by: Alison McAulay (RN)</li> <li>Revision on: 11/03/2025</li> <li>Revision by: Alison McAulay (RN)</li> </ul>			RN Registered Practical Nurse	
<ul style="list-style-type: none"> <li>Alteration in skin integrity related to RASH to Right inguinal region.</li> <li>Date Initiated: 12/20/2025</li> <li>Created on: 12/20/2025</li> <li>Created by: Catherine Park (Registered Practical Nurse)</li> <li>Revision on: 12/20/2025</li> <li>Revision by: Catherine Park (Registered Practical Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To promote intact skin integrity through healing of RASH by (specify date of expected healing or end of treatment and remember to adjust goal target date)</li> <li>Date Initiated: 12/20/2025</li> <li>Created on: 12/20/2025</li> <li>Created by: Catherine Park (Registered Practical Nurse)</li> <li>Target Date: 02/03/2026</li> </ul>	<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with RASH on Right inguinal region for changes to health status and alteration or complications affecting skin integrity.</li> <li>Date Initiated: 12/20/2025</li> <li>Created on: 12/20/2025</li> <li>Created by: Catherine Park (Registered Practical Nurse)</li> <li>Revision on: 12/20/2025</li> <li>Revision by: Catherine Park (Registered Practical Nurse)</li> <li>COMMUNICATION: Involve/collaborate with Phillip Nicholas in decision making for treatment of skin issues.</li> <li>Date Initiated: 12/20/2025</li> <li>Created on: 12/20/2025</li> <li>Created by: Catherine Park (Registered Practical Nurse)</li> <li>Revision on: 12/20/2025</li> <li>Revision by: Catherine Park (Registered Practical Nurse)</li> <li>TOPICAL TX: Apply topical treatment - clotrimazole, to Right inguinal region as MD</li> </ul>			Registered Practical Nurse RN	
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee (Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2	



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Alteration in skin integrity related to RASH to Right inguinal region.</li></ul> <p>Date Initiated: 12/20/2025 Created on: 12/20/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 12/20/2025 Revision by: Catherine Park (Registered Practical Nurse)</p>			<p>Order.</p> <p>Date Initiated: 12/20/2025 Created on: 12/20/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 12/20/2025 Revision by: Catherine Park (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li></ul> <p>Date Initiated: 12/20/2025 Created on: 12/20/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 12/20/2025 Revision by: Catherine Park (Registered Practical Nurse)</p>			Practical Nurse Registered Practical Nurse	
<ul style="list-style-type: none"><li>Alteration in skin integrity with risk for infection or complications related to SKIN TEAR (toe nail avulsion) to left foot 4th digit.</li></ul> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2025 Revision by: Nichole Seng (Registered Nurse)</p>		<ul style="list-style-type: none"><li>To promote optimal healing of SKIN TEAR within December 23, 2025.</li></ul> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2025 Revision by: Nichole Seng (Registered Nurse) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to left foot 4th digit for changes to health status and alteration or complications affecting skin integrity.</li></ul> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2025 Revision by: Nichole Seng (Registered Nurse)</p> <ul style="list-style-type: none"><li>TREATMENT PLAN: Administer treatment for SKIN TEAR to left foot 4th digit as per MD Order.</li></ul> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2025 Revision by: Nichole Seng (Registered Nurse)</p> <ul style="list-style-type: none"><li>WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li></ul> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025</p>				
Allergies	Penicillin			D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)			Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR (toe nail avulsion) to left foot 4th digit. Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2025 Revision by: Nichole Seng (Registered Nurse)</div>		<div>Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2025 Revision by: Nichole Seng (Registered Nurse)</div>			
<div>• STRONG PARTICIPATION in Activities Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide)</div>	<div>• Phil will be supported to maintain participation in activities 10 times per week by the next review date. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) Target Date: 02/03/2026</div>	<div>• STRUCTURED ACTIVITIES: Invite Phil to programs of personal interest (exercise group classes, neurogym, social programs of his interest) Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SELF-DIRECTED ACTIVITIES: Encourage Phil to engage in self-directed activities such as (reading daily chronicles, telephone conversations, watching TV, sitting outdoors, conversing with peers, etc.). Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 11/27/2025 Revision by: Seema Naqvy (Restorative Care Aide)</div>			
<div>• Nicholas is experiencing colonization with Antibiotic Resistant Organism (VRE) as of confirmed date: (Nov., 10) Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025</div>	<div>• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review. Date Initiated: 11/05/2025 Created on: 11/05/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Nicholas with decision making for Antibiotic Resistant Organism treatment plan and update accordingly. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>			
Allergies	Penicillin	D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)	Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)		Created by: Angelika Joniec (ADOC) Target Date: 02/03/2026	<ul style="list-style-type: none"><li>• <b>HEALTH EDUCATION:</b> Engage with Nicholas to enhance their knowledge of infection control practices (Specify; hand hygiene, visitation, PPEs, isolation, transmission, etc.) for Antibiotic Resistant Organism. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li><li>• <b>MONITORING:</b> Utilize holistic perspective of monitoring Phil for signs/symptoms of secondary infection, overall health condition. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)</li><li>• <b>PPE PRECAUTIONS:</b> Precaution identified as CONTACT for and requires use of the following PPEs; Gloves, Gown when providing direct care, handling soiled clothes and linens, disposing of incontinent product, etc. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/05/2025 Revision by: Angelika Joniec (ADOC)</li></ul>				
<ul style="list-style-type: none"><li>• <b>Ambulation.</b> Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)</li></ul>		<ul style="list-style-type: none"><li>• <b>Phillips to improve walking distance from 10 m to 20 m using a rollator walker in 3 months.</b> Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</li></ul>	<ul style="list-style-type: none"><li>• <b>Phillip to ambulate Assist x2 for 10 meters using rollator 4-5/wk.</b> Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)</li></ul>			PT - Physiotherapist PTA	
<b>Allergies</b>	Penicillin		<b>D.O.B.</b>	11/16/1933	<b>Physician</b>	TANUJAA HARRICHARAN	
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	NICHOLAS, PHILLIP (925171002310)		<b>Admission Date</b>	11/03/2025	<b>Location</b>	Lotus Way 111LW 2 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Ambulation.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"><li>To prevent a decline in Phillips' ability and the distance of walking 10 meters over the course in the program.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p> <ul style="list-style-type: none"><li>To decrease # of falls to 0 over stay in the program.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p>					
<ul style="list-style-type: none"><li>Potential for bruising, bleeding, clotting or other complications related to use of ANTICOAGULANT medication.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>To monitor for bleeding and minimize complications related to use of Apixaban through the review date.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Phil/SDM in decision making and health teaching of Anti-coagulation medication use.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective of continuous monitoring of Phil using Anticoagulant therapy for changes to health status and complications causing bleeding or clotting issues.</li></ul> <p>Date Initiated: 11/04/2025 Created on: 11/04/2025</p>				
Allergies	Penicillin			D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)			Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator) • BLEEDING ALERT: Notify nurse immediately if Phil is bleeding (noted blood in urine/stool, bleeding nose/gums, unexplained bruising). Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medications as per MD Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) • RESCUE MEDICATION: Administer Vitamin K injection (treatment of anticoagulant overdose) as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator)</div>			PCA	
<div>• Nutrition Risk Level Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>		<div>• Phil will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/17/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/03/2026  • Will weigh within</div>	<div>• NUTRITION RISK: Phil is LOW risk level. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/17/2025 Revision by: Julia Pilca (Dietitian (RD))  • DIET ORDER: Phillip will receive Regular diet,Regular texture Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/04/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)  • FLUID CONSISTENCY: Phillip drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 11/04/2025</div>	Dietitian (RD)	PCA		
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Nutrition Risk Level</p> <p>Date Initiated: 11/04/2025</p> <p>Created on: 11/04/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<p>GWR/Realistic weight range of 84- 100 kg/BMI 25-30 through to next review date.</p> <p>Date Initiated: 11/04/2025</p> <p>Created on: 11/04/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>Target Date: 02/03/2026</p> <p>• Phil will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 94 kg through to next review date.</p> <p>Date Initiated: 11/04/2025</p> <p>Created on: 11/04/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>Target Date: 02/03/2026</p>	<p>Created on: 11/04/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 11/04/2025</p> <p>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Phil to drink a minimum of 1880 ml per day.</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/17/2025</p> <p>Created by: Julia Pilca (Dietitian (RD))</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>• DINING INSTRUCTIONS: Requires assistance with cutting up meal due to fingers not bending.</p> <p>Date Initiated: 11/10/2025</p> <p>Created on: 11/10/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 11/10/2025</p> <p>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FOOD PREFERENCES: Phillip enjoys Italian food, scrambled eggs, bacon, oatmeal, loves vegetables. Enjoys drinking tea with milk/sugar or Coffee with double cream.</p> <p>Date Initiated: 11/10/2025</p> <p>Created on: 11/10/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p>	<p>PCA</p> <p>Registered Practical Nurse</p> <p>PCA</p>		
<p>• Phil is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to standing strength, balance and endurance related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 11/03/2025</p> <p>Created on: 11/03/2025</p>	<p>• SHORT TERM GOAL: To improve Phil's functional ability of sit to stand and stand to sit transfers from 1 Staff Limited assistance to Supervised assistance by the next review date.</p> <p>Date Initiated: 11/03/2025</p> <p>Created on: 11/03/2025</p> <p>Created by: Alison McAulay (RN)</p>	<p>• COMMUNICATION: Involve/collaborate with Phil about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 11/03/2025</p> <p>Created on: 11/03/2025</p> <p>Created by: Alison McAulay (RN)</p> <p>Revision on: 11/03/2025</p> <p>Revision by: Alison McAulay (RN)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Phil when partaking in TRANSFER TRAINING Nursing Restorative Program.</p>			
Allergies	Penicillin	D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)	Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Limited assistance with Phil for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 5 repetitions or 15 minutes per session. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • TIME SPENT: Enter amount of time in MINUTES that Phil performed exercises for TRANSFER TRAINING. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		Restorative Care Aide	D/E
• Phil is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to muscle/joint function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		• SHORT TERM GOAL: To improve Phil's upper and lower body JOINT AROM strength to be able to complete 10 repetitions of arm raises and leg raises each day through the next review date. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026  • SHORT TERM GOAL: To improve Phil's upper and lower	• COMMUNICATION: Involve/collaborate with Phil about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Phil when partaking in AROM Nursing Restorative Program. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of abduction, adduction, extension, flexion to Phil for R/L bicep, triceps and quadriceps using		Restorative Care Aide	
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		body MUSCLE AROM strength to be able to complete 10 repetitions of dumbbell curls and leg marching each day through the next review date. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	theraband, ball, weights, pulleys and bike. Complete 10 repetitions per each muscle exercise. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • AROM EXERCISE JOINT: Provide cueing and demonstration of abduction, adduction, extension and flexion to Phil for R/L hip, knee, ankle, shoulder, elbow and wrist using theraband, ball, weights, pulleys and bike. Complete 10 repetitions per each joint exercise. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • TIME SPENT: Enter amount of time in MINUTES that Phil performed AROM exercises. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)			Restorative Care Aide	
• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to new environment and Restless Leg Syndrome Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		• To promote adequate rest/sleep for Phil based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	• REST PATTERN: Preferred bedtime (2200 hrs), usual wake time (0630 hrs) and daytime naps at no specified times. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • SLEEPWEAR: Phil prefers to wear T-shirts and pyjama bottoms to bed. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)			PCA	
Allergies	Penicillin			D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)			Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• BOWEL Continence - Phil is continent and has self recognition of urge to defecate. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</li> </ul>		<ul style="list-style-type: none"> <li>• Phil is to remain continent of bowels through next review date Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026</li> </ul>	<ul style="list-style-type: none"> <li>• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</li> </ul>		PCA	
<ul style="list-style-type: none"> <li>• URINARY Mixed INCONTINENCE related to altered mobility, Use of Diuretic Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</li> </ul>		<ul style="list-style-type: none"> <li>• Phil will receive support to use the toilet, commode or urinal and promote urinary continence each shift through to the next review. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Phil for decision making about toileting options or incontinence management. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</li> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Phil for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</li> <li>• URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</li> <li>• SCHEDULED TOILETING: Toilet Phil between meals and PRN. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator)</li> </ul>		PCA	PCA
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• URINARY Mixed INCONTINENCE related to altered mobility, Use of Diuretic</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p>			<p>Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• INCONTINENCE PRODUCT: Phil uses Blue liners at all times.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• ADAPTIVE EQUIPMENT/AID: Phil uses urinal.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p>		PCA	
<ul style="list-style-type: none"><li>• Use of PASD 1/4 bed rails to assist resident with Activity of Daily Living bed mobility and transfers.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p>		<ul style="list-style-type: none"><li>• Phil will be effectively supported with use of two 1/4 bed rails to optimize Activity of Daily Living of bed mobility and transfers each day through to the next review date.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage with Phil to enhance his knowledge of possible benefits and challenges associated with Use of 1/4 bed rails.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of monitoring Phil for continued benefit to use 1/4 bed rails as to support appropriate bed mobility and transfers.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"><li>• BED RAIL (TWO PARTIAL): 1/4 Rails</li></ul> <p>in USE as a PASD to assist Phil with bed mobility and transfers in/out of bed. Monitor every shift.</p> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)</p>		PCA	D/E/N
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Use of PASD 1/4 bed rails to assist resident with Activity of Daily Living bed mobility and transfers.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)			Revision on: 11/03/2025 Revision by: Alison McAulay (RN)			
<ul style="list-style-type: none"> <li>• Altered VISION related to aging</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"> <li>• Phil is supported to use eyeglasses for vision correction, reading only, daily through to the next review date.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Phil for decision making pertaining to change in visual status as needed.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) <li>• HEALTH TEACHING: Engage with Phil to enhance his knowledge of how aging can affect vision.</li> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) <li>• EYEGLASSES: Phil wears eyeglasses for reading. Assist to clean eyeglasses as needed and store in the night table drawer when sleeping.</li> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)			
<ul style="list-style-type: none"> <li>• Increased risk for FALLS related to deconditioning. Altered Physical function:</li> </ul>		<ul style="list-style-type: none"> <li>• To promote safety, minimize risk for falls and/or fall related</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Phil in decision making in fall prevention Plan of Care.</li> </ul> Date Initiated: 11/03/2025			
<b>Allergies</b>	Penicillin		<b>D.O.B.</b>	11/16/1933	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	NICHOLAS, PHILLIP (925171002310)		<b>Admission Date</b>	11/03/2025	<b>Location</b>	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
weakness post pacemaker insertion Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		injury each day through to the next review period. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Target Date: 02/03/2026	Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • CALL BELL: Place call bell within Phil's reach, check that it is in working order and remind/encourage to use it. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment:high/low bed, walker, wheelchair. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • BED: use high/low bed to lower risk for injury. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • FOOTWEAR: Ensure Phil wears appropriate footwear, brown suede with grip sole, for transfers and ambulation. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)				
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 11/03/2025 Created on: 11/03/2025		• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 11/03/2025	• COMMUNICATION: Involve/collaborate with Phil in decision making of thyroid care management. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)				
Allergies	Penicillin			D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)			Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Created by: Alison McAulay (RN)		Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with Phil to enhance his comprehension of treatment and possible complications associated with HYPOTHYROIDISM. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Phil with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)				RN Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Chronic Heart Failure (CHF), Hypertension Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)		• To treat and minimize signs/symptoms or complications associated with CHF, Atrial Fibrillation and Hypertension through to the next review date. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	• COMMUNICATION: Involve/collaborate with Phil in decision making of Cardiac Care Management for CHF, Atrial Fibrillation and Hypertension. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Phil with CHF, Atrial Fibrillation and Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 11/03/2025 Created on: 11/03/2025					
Allergies	Penicillin		D.O.B.	11/16/1933		Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025		Location	Lotus Way 111LW 2 2	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • MEDICATION: Administer medication for CHF, Atrial Fibrillation and Hypertension as per MD Order and monitor for side effects. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • VITAL SIGNS: Monitor vital signs as ordered monthly and PRN. Notify MD of any significant abnormalities. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • PACEMAKER Insitu: Resident has pacemaker insertion on Sept. 4/25. Next appointment is unknown. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</div>			Registered Practical Nurse RN	
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)</div>		<div>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Target Date: 02/03/2026</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Phil's usual skin condition to Registered Staff as noted. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • HEALTH EDUCATION: Engage Phil in health education regarding prevention of skin impairment. Date Initiated: 11/03/2025 Created on: 11/03/2025</div>			PCA	
Allergies	Penicillin			D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)			Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)			Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) • EQUIPMENT: Phil requires pressure reduction mattress to offload pressure. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		PCA	
• Expressed Wishes and Beliefs related to Phil's Medical Treatment and End of Life Care Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)		• To support and honor Phil's expressed wishes and beliefs through to the End of Life. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	• CPR: Phil's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)			
• Active ROM. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To improve bilateral lower limb joint flexibility and strength from grade 3-/5 to grade 3+/5 in 3 months, (Manual Muscle Test) Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026  • To prevent further deterioration of joint flexibility and strength from grade 3-/5 during stay in	• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion )to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using theraband/ball/weights/pulleys/bike/other) (# reps) per rehab treatment Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>the program.</p> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p>				
<ul style="list-style-type: none"> <li>• Transfers.</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"> <li>• To decrease falls while transferring in the next 3 months</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p> <ul style="list-style-type: none"> <li>• To improve transfer for assist x1 to independent in 2 months</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p> <ul style="list-style-type: none"> <li>• To prevent a decline in transfers from Assist x1 during stay in the program.</li> </ul>	<ul style="list-style-type: none"> <li>• Assist x1 with sit -&gt; stand transfer from bed, toilet, chair 4-5/wk</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <ul style="list-style-type: none"> <li>• Phillips to perform balance exercises in sitting using therapeutic ball exercises 4-5/wk.</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		PT - Physiotherapist PTA	PT - Physiotherapist PTA
<b>Allergies</b>	Penicillin		<b>D.O.B.</b>	11/16/1933	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	NICHOLAS, PHILLIP (925171002310)		<b>Admission Date</b>	11/03/2025	<b>Location</b>	Lotus Way 111LW 2 2



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Transfers.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/03/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026				
<ul style="list-style-type: none"> <li>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)		<ul style="list-style-type: none"> <li>• Phil will demonstrate improved ADL function in transfers, walking, personal hygiene and dressing as supported through Restorative Program by the next review date.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) Target Date: 02/03/2026	<ul style="list-style-type: none"> <li>• BATHING: Phil prefers showers and has been scheduled on Tuesday and Friday mornings. 1 staff EXTENSIVE assistance for bathing. Nail care to be provided on shower/bath day.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	D
			<ul style="list-style-type: none"> <li>• BED MOBILITY: 1 staff to provide LIMITED to EXTENSIVE assistance for bed mobility.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	
			<ul style="list-style-type: none"> <li>• DRESSING: 1 staff to provide EXTENSIVE assistance for dressing UPPER &amp; LOWER body.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	
			<ul style="list-style-type: none"> <li>• EATING: 1 Staff to provide SET UP &amp; SUPERVISION assist for eating.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)		PCA	
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)			Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>LOCOMOTION: 1 staff to provide EXTENSIVE to TOTAL assistance for locomotion in his w/c on and off unit.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>PERSONAL HYGIENE: 1 staff to provide EXTENSIVE assistance by for hygiene.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer for hand hygiene.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> <li>TOILET USE: Phil is able to use his urinal independently.</li> </ul> 1 staff to provide LIMITED to EXTENSIVE assistance for toileting. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>TRANSFERRING: 1 staff to provide EXTENSIVE assistance for transferring.</li> </ul> Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>ORAL CARE: Phil has DENTURES.</li> </ul>			PCA	
Allergies	Penicillin		D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	NICHOLAS, PHILLIP (925171002310)		Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN)</p>		<p>1 staff to provide LIMITED assistance for oral care.</p> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>FOOT CARE: PSW to complete toenail care every shower day or PRN. Report long toe nails or other abnormalities as noted.</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>LAUNDRY Request: Family wishes to do laundry. Laundry to be stored in his closet in the bedroom.</li> </ul> <p>Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Alison McAulay (RN) Revision on: 11/03/2025 Revision by: Alison McAulay (RN)</p>		

<b>Allergies</b>	Penicillin	<b>D.O.B.</b>	11/16/1933	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NICHOLAS, PHILLIP (925171002310)	<b>Admission Date</b>	11/03/2025	<b>Location</b>	Lotus Way 111LW 2 2

## Care Plan Report

### Diagnosis

Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel syndrome(G56.0), Resistance to vancomycin(U83.0)

Allergies	Penicillin	D.O.B.	11/16/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), Presence of artificial knee(Z96.61), Carpal tunnel s...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NICHOLAS, PHILLIP (925171002310)	Admission Date	11/03/2025	Location	Lotus Way 111LW 2 2

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Gary is receiving prophylactic topical treatment for open skin area (skin tear) Onset date Dec.30, 2025 Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	<p>• To have infection adequately managed and prevented without further complications by Jan. 13, 2026 Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 01/13/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Gary(SDM) with decision making for infection treatment plan and update accordingly. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• HEALTH EDUCATION: Engage with Gary/SDM to enhance their knowledge of infection control practices (Specify; hand hygiene, visitation, PPEs, isolation, transmission, etc.). Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• VITAL SIGNS: Monitor VITAL SIGNS (T while on topical antibiotic per order). Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• PPE PRECAUTIONS: Precaution identified as CONTACT, for wound infection type) and requires use of the following PPEs: Gloves, Gown, when providing direct care, handling soiled clothes and linens, disposing of incontinent product, etc.). Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MEDICATIONS: Administer topical medication as per MD/NP order. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			
<p>• Alteration in skin integrity with risk for</p>	<p>• To promote optimal healing of</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Garry with</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
infection or complications related to SKIN TEAR left ankle(blister popped) Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/30/2025 Revision by: Harsimran Kaur (Registered Nurse)		SKIN TEAR within 02/21/2026 Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/30/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 02/21/2026	SKIN TEAR to left ankle for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/30/2025 Revision by: Harsimran Kaur (Registered Nurse) • TREATMENT PLAN: Administer treatment for SKIN TEAR to as per MD Order. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/30/2025 Revision by: Harsimran Kaur (Registered Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App.Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/30/2025 Revision by: Harsimran Kaur (Registered Nurse)			
• Alteration in skin integrity related to Blister on lateral left foot and left ankle. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)		• To promote intact skin integrity through healing of Blister on left ankle and lateral left foot by 16 Jan. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Gary in decision making for treatment of blister on lateral left foot and left ankle as skin issue. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with blister on left ankle and lateral left foot for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)			
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to Blister on lateral left foot and left ankle. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li></ul>			<ul style="list-style-type: none"><li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li></ul>			Registered Staff	
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to diabetic foot ulcer on 3re digit left foot . Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li></ul>		<ul style="list-style-type: none"><li>• To promote intact skin integrity through healing of diabetic foot ulcer by 26 Jan 2026. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Target Date: 02/21/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Gary in decision making for treatment of left foot diabetic skin ulcer as skin issue. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with diabetic foot ulcer for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li><li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li><li>• TREATMENT:change dressing as ordered. Date Initiated: 12/26/2025</li></ul>			Registered Staff	
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN	
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to diabetic foot ulcer on 3re digit left foot .</li> </ul> <p>Date Initiated: 12/26/2025 Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>			<p>Created on: 12/26/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/26/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>• Potential for Persistent PAIN and alteration in comfort related to altered mobility, neuromuscular dysfunction secondary to INTRASPINAL ABSCESS, PARAPLEGIA,TYPE 2 DIABETES MELLITUS with chronic wounds and OSTEOARTHRITIS</li> </ul> <p>Date Initiated: 02/03/2024 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 11/18/2025 Revision by: Navpreet Kaur (DOC)</p>		<ul style="list-style-type: none"> <li>• To promote Gary comfort and effectively manage PERSISTENT pain each day through to the next review.</li> </ul> <p>Date Initiated: 11/21/2025 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with GARY about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> </ul> <p>Date Initiated: 02/03/2024 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/03/2024 Revision by: Michael Palangi (Registered Nurse) <li>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Gary satisfaction for pain control. Monthly pain assessment.</li> <p>Date Initiated: 02/03/2024 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/03/2024 Revision by: Michael Palangi (Registered Nurse) <li>• MEDICATION: Administer analgesic medication orally as per MD order for pain relief/management. Offer PRN analgesic prior to dressing changes. Request MD assistance to review pain management as clinically needed.</li> <p>Date Initiated: 02/03/2024 Created on: 04/01/2020</p> </p></p>		<p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>	
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Persistent PAIN and alteration in comfort related to altered mobility, neuromuscular dysfunction secondary to INTRASPINAL ABSCESS, PARAPLEGIA, TYPE 2 DIABETES MELLITUS with chronic wounds and OSTEOARTHRITIS</p> <p>Date Initiated: 02/03/2024 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 11/18/2025 Revision by: Navpreet Kaur (DOC)</p>		<p>Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/03/2024 Revision by: Michael Palangi (Registered Nurse)</p>			
<p>• Alteration in skin integrity related to Stage 4 Pressure Injury to L ischial Tuberosity (#52).</p> <p>Date Initiated: 09/30/2024 Created on: 09/30/2024 Created by: Guru Prasad (RPN) Revision on: 06/20/2025 Revision by: Angelika Joniec (ADOC)</p>	<p>• To promote optimal healing of wound stage 4 to sacrum within next three months</p> <p>Date Initiated: 09/30/2024 Created on: 09/30/2024 Created by: Guru Prasad (RPN) Revision on: 01/11/2025 Revision by: Angelika Joniec (ADOC) Target Date: 02/21/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Abrasion to L ischial tuberosity for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 09/30/2024 Created on: 09/30/2024 Created by: Guru Prasad (RPN) Revision on: 09/30/2024 Revision by: Guru Prasad (RPN)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed</p> <p>Date Initiated: 09/30/2024 Created on: 09/30/2024 Created by: Guru Prasad (RPN) Revision on: 09/30/2024 Revision by: Guru Prasad (RPN)</p> <p>• TREATMENT: administer treatment as per MD orders</p> <p>Date Initiated: 09/30/2024 Created on: 09/30/2024</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to Stage 4 Pressure Injury to L ischial Tuberosity (#52).</li> </ul> <p>Date Initiated: 09/30/2024 Created on: 09/30/2024 Created by: Guru Prasad (RPN) Revision on: 06/20/2025 Revision by: Angelika Joniec (ADOC)</p>			<p>Created by: Guru Prasad (RPN) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</p>			
<ul style="list-style-type: none"> <li>• Alteration in skin integrity with risk for infection or complications related to WOUND Stage 4 to coccyx (#49)</li> </ul> <p>Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</p>		<ul style="list-style-type: none"> <li>• To minimize risk of WOUND Stage 4 infection each day until fully healed.</li> </ul> <p>Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC) Target Date: 02/21/2026</p> <ul style="list-style-type: none"> <li>• To promote optimal healing of WOUND Stage 4.</li> </ul> <p>Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>• TREATMENT PLAN: Administer treatment for Stage 4 Wound to coccyx as per MD Order.</li> </ul> <p>Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Resident to enhance their comprehension of suggested treatment and possible complications associated with WOUND Stage 4 to coccyx.</li> </ul> <p>Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Stage 4 Wound to coccyx for changes to health status, wound infection and alteration or complications affecting skin integrity.</li> </ul> <p>Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</p>			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)		<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Alteration in skin integrity with risk for infection or complications related to WOUND Stage 4 to coccyx (#49) Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div>			<div>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div>				
<div>• Alteration in skin integrity with risk for infection or complications related to WOUND PU Stage 2 to Right Ischial Tuberosity (#50) Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div>		<div>• To minimize risk of WOUND (Stage 2) infection each day until fully healed. Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC) Target Date: 02/21/2026</div> <div>• To promote optimal healing of WOUND (Stage #2) Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC) Target Date: 02/21/2026</div>	<div>• HEALTH EDUCATION: Engage with Resident to enhance their comprehension of suggested treatment and possible complications associated with WOUND (Stage 2) to Right ischial tuberosity. Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Stage 2 Wound to Right ischial tuberosity for changes to health status, wound infection and alteration or complications affecting skin integrity. Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div> <div>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 05/09/2025 Created on: 05/09/2025</div>				
Allergies	No Known Allergies			D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)			Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Alteration in skin integrity with risk for infection or complications related to WOUND PU Stage 2 to Right Ischial Tuberosity (#50) Date Initiated: 05/09/2025 Created on: 05/09/2025 Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div>		<div>Created by: Danielle Knott (ADOC) Revision on: 05/09/2025 Revision by: Danielle Knott (ADOC)</div>		
<div>• URINARY: Gary is incontinent of bladder. Date Initiated: 06/30/2020 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 03/07/2025 Revision by: Alison McAulay (RN)</div>	<div>• Gary will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</div>	<div>• URINARY Continence level is TOTALLY INCONTINENT. Date Initiated: 06/30/2020 Created on: 11/15/2018 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/07/2025 Revision by: Alison McAulay (RN) • CHECK and CHANGE: Gary experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Gary uses Orange brief at all times. Date Initiated: 07/29/2020 Created on: 07/29/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 03/17/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</div>	<div>PCA   </div>	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 12/03/2013 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 02/14/2025 Revision by: Alison McAulay (RN)		optimal bowel continence each day through to the next review. Date Initiated: 11/21/2025 Created on: 02/14/2025 Created by: Alison McAulay (RN) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Created on: 02/14/2025 Created by: Alison McAulay (RN) Revision on: 02/14/2025 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Gary for changes to health status, alteration of continence level or bowel function. Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Alison McAulay (RN) Revision on: 02/14/2025 Revision by: Alison McAulay (RN) • BOWEL Continence level is TOTALLY Incontinent. Report change to level as noted. Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Alison McAulay (RN) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses a Orange brief each shift. Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Alison McAulay (RN) Revision on: 03/17/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA Registered Practical Nurse RN  PCA	
• Active ROM. Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To prevent further deterioration of joint flexibility and strength from grade 3/5- 3-/5 in 3 months. (Manual Muscle Test) Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026	• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using AAROM, theraband/ball/weights/ standing progress to walking as possible 3-4/wk. Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapi st PTA	
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN	
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<ul style="list-style-type: none"> <li>• To improve bilateral lower limb Knee hip m/s strength from grade 3-/5 to grade __3/5 in 6-8 months, (Manual Muscle Test)</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026			
<ul style="list-style-type: none"> <li>• Transfers.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<ul style="list-style-type: none"> <li>• To decrease falls while transferring in the next 3 months.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>• (encourage+ assist x1-assist x2) with sit -&gt; stand practice for transfer training in neurogym 3/wk.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA	
	<ul style="list-style-type: none"> <li>• To improve transfer for assist x2+ Hoyer lift to assist x2 +bed side rail in 6-8 months</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>• As Gary gets stronger He is to perform balance exercises in standing using a wall bar OR in neurogym ( perform kitchen sink EXs) with 1-2 XA as needed 3/wk.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA	
	<ul style="list-style-type: none"> <li>• Gary is to perform balance exercises in sitting using therapeutic EXs + 1 XA 3-4/wk.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/10/1957
<b>Physician</b>	TANUJAA HARRICHARAN			
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b> Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Transfers.</li> </ul> Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)						
<ul style="list-style-type: none"> <li>Gary requires Qshift BEDSIDE TABLE SAFETY CHECKS related to his history/potential of hoarding medication</li> </ul> Date Initiated: 05/02/2023 Created on: 05/02/2023 Created by: Courtney Bailey (Registered Nurse) Revision on: 02/04/2025 Revision by: Nichole Seng (Registered Nurse)		<ul style="list-style-type: none"> <li>Bedside table and safety check initiated to monitor Gary each day through next review date.</li> </ul> Date Initiated: 11/17/2023 Created on: 05/02/2023 Created by: Courtney Bailey (Registered Nurse) Revision on: 02/03/2025 Revision by: Courtney Bailey (Registered Nurse) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>Check Gary's bedside table every shift for any signs/evidence of hoarding of medication.</li> </ul> Date Initiated: 12/05/2008 Created on: 05/02/2023 Created by: Courtney Bailey (Registered Nurse) Revision on: 08/23/2024 Revision by: System Generated		RN Registered Practical Nurse	
<ul style="list-style-type: none"> <li>Garry N. is experiencing colonization with Antibiotic Resistant Organism - MRSA- as confirmed on 16 December 2024</li> </ul> Date Initiated: 12/16/2024 Created on: 12/16/2024 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/16/2024 Revision by: Harsimran Kaur (Registered Nurse)		<ul style="list-style-type: none"> <li>To lower risk of infection and prevent transmission of identified Organism through to the next review.</li> </ul> Date Initiated: 12/16/2024 Created on: 12/16/2024 Created by: Harsimran Kaur (Registered Nurse) Revision on: 09/05/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Gary with decision making for Organism treatment plan and update accordingly.</li> </ul> Date Initiated: 12/16/2024 Created on: 12/16/2024 Created by: Harsimran Kaur (Registered Nurse) Revision on: 09/05/2025 Revision by: Harsimran Kaur (Registered Nurse) <ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with Gary to enhance their knowledge of infection control practices - hand hygiene, visitation, PPEs, isolation, transmission, etc. for Antibiotic Resistant Organism.</li> </ul> Date Initiated: 12/16/2024 Created on: 12/16/2024 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/16/2024			
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision by: Harsimran Kaur (Registered Nurse) <ul style="list-style-type: none"> <li>• <b>MONITORING:</b> Utilize holistic perspective of monitoring resident for signs/symptoms of secondary infection, overall health condition, etc.  Date Initiated: 12/16/2024  Created on: 12/16/2024  Created by: Harsimran Kaur (Registered Nurse)  Revision on: 12/16/2024</li> <li>• <b>PPE PRECAUTIONS:</b> Precaution identified as CONTACT for MRSA and requires use of the following PPEs - Gloves, Gown, when (specify; providing direct care, handling soiled clothes and linens, disposing of incontinent product, etc.  Date Initiated: 12/16/2024  Created on: 12/16/2024  Created by: Harsimran Kaur (Registered Nurse)  Revision on: 12/16/2024</li> <li>• <b>MEDICATIONS:</b> Administer medication/treatment as per MD/NP order.  Date Initiated: 12/16/2024  Created on: 12/16/2024  Created by: Harsimran Kaur (Registered Nurse)  Revision on: 12/16/2024</li> </ul> Revision by: Harsimran Kaur (Registered Nurse)			
<ul style="list-style-type: none"> <li>• Increased risk for FALLS related to PARAPLEGIA and he is on antidepressant medication.  Date Initiated: 02/03/2024  Created on: 12/03/2013  Created by: Andrea Parker (Registered Staff)  Revision on: 02/23/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> </ul>		<ul style="list-style-type: none"> <li>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.  Date Initiated: 11/21/2025  Created on: 10/12/2019  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 11/21/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 02/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>• <b>CALL BELL:</b> Place call bell within Gary's reach and remind/encourage to use it.  Date Initiated: 01/12/2025  Created on: 10/12/2019  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 01/12/2025  Revision by: Olena Romaniuk (Registered Nurse)</li> <li>• <b>ADAPTIVE EQUIPMENT:</b> Required to reduce fall risk:winged mattress  Date Initiated: 01/12/2025  Created on: 10/30/2017  Created by: Jacqueline Padulla (Registered Practical Nurse)  Revision on: 01/12/2025  Revision by: Olena Romaniuk (Registered Nurse)</li> <li>• <b>ENVIRONMENT:</b> Secure environment is clutter free. Ensure bed is in knee high level to reduce fall risk for Gary.</li> </ul>		PCA Registered Practical Nurse  PCA  Registered Practical	D/E/N
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
			Date Initiated: 01/12/2025 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 01/12/2025 Revision by: Olena Romaniuk (Registered Nurse) • FOOTWEAR: Encourage Gary to wear non-slip shoes Date Initiated: 01/12/2025 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 01/12/2025 Revision by: Olena Romaniuk (Registered Nurse) • PT PROGRAMS: PT involve in falls prevention program as part of team member and participate in post fall assessment, fall prevention intervention recommendations. Date Initiated: 01/12/2025 Created on: 03/15/2018 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 01/12/2025 Revision by: Olena Romaniuk (Registered Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Encourage Gary to have rest periods in bed to offload his sacral area. Encourage/Remind Gary to reposition in W/C and call for assistance if unable to reposition himself. Date Initiated: 01/11/2025 Created on: 01/11/2025 Created by: Donna Duah (RN) Revision on: 02/05/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			Nurse RN PCA  PCA Registered Practical Nurse  Registered Practical Nurse PCA RN  PCA		
• Risk for impaired SKIN INTEGRITY r/t Diabetes and limited mobility secondary to paraplegia Date Initiated: 02/03/2024 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 02/03/2024 Revision by: Michael Palangi (Registered Nurse)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/21/2025 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Garys' usual skin condition to Registered Staff as noted. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Gary/SDM in health education regarding prevention of skin impairment and management.			PCA		
Allergies	No Known Allergies			D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN	
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	NOBLE, GARY Adrian (925171000406)			Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 02/21/2026	<p>Date Initiated: 11/21/2024            Created on: 11/21/2024            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 11/21/2024            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• <b>EQUIPMENT:</b> Pressure relieving Mattress while in bed and Roho cushion for wheelchair. Use positioning wedges to assist with offloading sacrum when in bed.</p> <p>Date Initiated: 02/03/2024            Created on: 12/03/2013            Created by: Andrea Parker (Registered Staff)            Revision on: 12/16/2024            Revision by: Alison McAulay (RN)</p> <p>• <b>AIR MATTRESS:</b> Gary has air mattress for pressure relief. The PSI SETTING should be 6. Report issue with inflation to Registered Staff immediately as noted. (Gary uses the WENDYLETT sheets)</p> <p>Date Initiated: 07/07/2024            Created on: 07/07/2024            Created by: Alison McAulay (RN)            Revision on: 01/08/2025            Revision by: Donna Duah (RN)</p> <p>• <b>POSITIONING:</b> Resident needs to be encouraged to return to bed after meals to off load pressure on sacrum.</p> <p>Date Initiated: 12/10/2024            Created on: 12/10/2024            Created by: Donna Duah (RN)            Revision on: 01/22/2025            Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• <b>SHEAR FRICTION:</b> Utilize sliding sheet when moving resident in bed to minimize shear friction. (Gary uses the Wendylett sheets).</p> <p>Date Initiated: 01/10/2025            Created on: 01/10/2025            Created by: Donna Duah (RN)            Revision on: 01/10/2025            Revision by: Donna Duah (RN)</p> <p>• <b>TREATMENT CREAM:</b> Apply treatment cream daily to lower legs. Apply barrier cream to perineal area after each incontinence episode.</p>	<p>PCA</p> <p>PCA RN Registered Practical Nurse</p> <p>PCA Registered Practical Nurse RN</p> <p>PCA</p>	<p></p> <p>Q2h</p>
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/10/1957
<b>Physician</b>	TANUJAA HARRICHARAN			
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b> Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>	11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Risk for impaired SKIN INTEGRITY r/t Diabetes and limited mobility secondary to paraplegia</li></ul> <p>Date Initiated: 02/03/2024 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 02/03/2024 Revision by: Michael Palangi (Registered Nurse)</p>			<p>Date Initiated: 02/03/2024 Created on: 06/19/2017 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 05/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<ul style="list-style-type: none"><li>• Expressed Wishes and Beliefs related to Gary's Medical Treatment and End of Life Care</li></ul> <p>Date Initiated: 08/06/2023 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/06/2023 Revision by: Michael Palangi (Registered Nurse)</p>		<ul style="list-style-type: none"><li>• To support and honor Gary's expressed wishes and beliefs through to the End of Life.</li></ul> <p>Date Initiated: 08/18/2023 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>• CPR; Gary's wishes to have CPR and TRANSFER to hospital.</li></ul> <p>Date Initiated: 01/29/2025 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>				
<ul style="list-style-type: none"><li>• Potential to experience complications and side effects impacting quality of life related to use of PSYCHOTROPIC DRUG USE and the act of hoarding/pocketing medication.</li></ul> <p>Date Initiated: 06/30/2020 Created on: 12/03/2013</p>		<ul style="list-style-type: none"><li>• To promote Gary's understanding of treatment regime and possible side effects of medication taken through to the next review</li></ul> <p>Date Initiated: 05/22/2025 Created on: 12/03/2013</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Gary in decision making and health teaching about medicinal regime and appropriate medication use.</li></ul> <p>Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/10/2024 Revision by: Alison McAulay (RN)</p>				
Allergies	No Known Allergies			D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)			Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created by: Andrea Parker (Registered Staff) Revision on: 05/02/2023 Revision by: Courtney Bailey (Registered Nurse)	Created by: Andrea Parker (Registered Staff) Revision on: 05/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	<ul style="list-style-type: none"><li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Gary using antidepressant medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• <b>Registered staff to watch Gary swallow his medication and thoroughly check his mouth for any signs or evidence of him pocketing his medications</b> Date Initiated: 05/02/2023 Created on: 05/02/2023 Created by: Courtney Bailey (Registered Nurse) Revision on: 05/02/2023 Revision by: Courtney Bailey (Registered Nurse)</li><li>• <b>DE-PRESCRIBING MEDICATION;</b> Monitor Gary for signs/symptoms during period when medications are titrated. Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</li><li>• <b>MEDICATION REVIEW:</b> Complete Medication Review with MD Quarterly and as needed. Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/10/2025 Revision by: Donna Duah (RN)</li></ul>	RN Registered Practical Nurse			
<ul style="list-style-type: none"><li>• <b>PASD:</b> Gary requires Left and Right 1/4 BEDRAILS IN TRANSFER POSITION when in bed for bed mobility and transfer R/T decreased strength and impaired mobility. Date Initiated: 06/09/2022 Created on: 12/08/2015</li></ul>	<ul style="list-style-type: none"><li>• Gary will be effectively supported with use of (2 Quarter rails) to optimize Activity of Daily Living transfer and bed mobility each day through to the next review date. Date Initiated: 11/17/2023</li></ul>	<ul style="list-style-type: none"><li>• <b>HEALTH EDUCATION:</b> Engage with Gary/SDM to enhance their knowledge of possible benefits and challenges associated with Use of LT side 1/4 BEDRAILS Date Initiated: 06/09/2022 Created on: 12/08/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse)</li></ul>				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)		<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 03/02/2023 Revision by: Victoria Edwards (RPN)		Created on: 12/08/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 11/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• MONITORING: Utilize holistic perspective of monitoring Gary for continued benefit to use for Bed Mobility and Transfer as to support appropriate . Date Initiated: 06/09/2022 Created on: 12/31/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse) • BED RAIL (TWO PARTIAL): LEFT and RIGHT 1/4 Rails in USE as a PASD to assist Gary with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 12/05/2008 Created on: 12/31/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/23/2024 Revision by: System Generated		PCA	D/E/N
• Altered ability to complete Activities of Daily Living (ADLs) to his physical limitations secondary to PARAPLEGIA and DIABETES MELLITUS complications . Date Initiated: 06/09/2022 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse)		• Gary will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 11/21/2025 Created on: 05/19/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• BATHING: Gary requires 2 staff TOTAL assistance with showers on DAYS. If Gary refuses shower team to offer bed bath. On EVENINGS, Gary requires 1 staff TOTAL assistance as he is tired. Gary prefers a shower. Gary is able to wash his face and upper body when handed the wash cloth on DAYS. Staff to assist with back and lower body. Shower days: Tuesday and Sunday evenings and friday morning. On Shower days , strip the linens, wipe mattress with Virox and place new linens.(Gary uses the Wendylett sheets). Staff to clip finger and toenails after each Shower. (Gary may request A Bed bath due to WOUND to his Sacrum) Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2025 Revision by: Navpreet Kaur (DOC) • BED MOBILITY: TOTAL ASSISTANCE from 2 Staff for bed mobility. Staff assist with adjusting his legs in bed and blankets. Gary is able to assist by using the bed rails and lifting his bottom. Date Initiated: 06/09/2022 Created on: 12/17/2018 Created by: Nicole Wieske (Registered Practical Nurse)		PCA	
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Revision on: 05/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DRESSING: Gary requires TOTAL assistance with 1 staff for dressing. Gary is able to lift his arms to get into shirts, but requires the assistance for lower body dressing and shoes. He is able to do up buttons and zippers. Date Initiated: 06/09/2022 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/19/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EATING: Gary requires SUPERVISION with set-up help for Eating. Date Initiated: 06/09/2022 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse) • LOCOMOTION ON UNIT: INDEPENDENT with his electric w/c. LOCOMOTION OFF UNIT: INDEPENDENT with set-up help for codes Motorized wheelchair is primary mode of locomotion. Date Initiated: 02/03/2024 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 02/21/2025 Revision by: Alison McAulay (RN) • PERSONAL HYGIENE: Gary requires 2 staff to provide TOTAL assistance with personal hygiene. Date Initiated: 06/09/2022 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/12/2025 Revision by: Danielle Knott (ADOC) • HAND HYGIENE: 1 staff to provide Gary REMINDERS to complete hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene in the common areas. Date Initiated: 07/30/2021 Created on: 07/30/2021</div>				PCA	
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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Altered ability to complete Activities of Daily Living (ADLs) to his physical limitations secondary to PARAPLEGIA and DIABETES MELLITUS complications .</p> <p>Date Initiated: 06/09/2022</p> <p>Created on: 12/03/2013</p> <p>Created by: Andrea Parker (Registered Staff)</p> <p>Revision on: 06/09/2022</p> <p>Revision by: Michael Palangi (Registered Nurse)</p>			<p>Created by: Dale Bamforth (Nurse Clinician )</p> <p>Revision on: 07/30/2021</p> <p>Revision by: Dale Bamforth (Nurse Clinician )</p> <p>• TOILET USE: 2 staff to provide TOTAL assistance with toilet use.</p> <p>Date Initiated: 06/09/2022</p> <p>Created on: 06/30/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 05/19/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TRANSFERRING: Gary requires TOTAL assistance with 2 staff VIA Ceiling Lift.</p> <p>Date Initiated: 02/03/2024</p> <p>Created on: 06/30/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 01/08/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• TRANSFER LIFT/SLING: (Medium Comfort Sling) for transferring and in wheelchair.</p> <p>Date Initiated: 01/08/2025</p> <p>Created on: 01/08/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 01/08/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• ORAL CARE: Gary is able to brush his teeth twice daily INDEPENDENTLY He has dentures , PCA ensure to remove at night and wear in the morning</p> <p>Date Initiated: 06/30/2020</p> <p>Created on: 12/03/2013</p> <p>Created by: Andrea Parker (Registered Staff)</p> <p>Revision on: 06/30/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• FOOT &amp; NAIL CARE: footcare nurse to see Gary Q 6 weeks and PRN. Finger nail to be cut shower days by PCA</p> <p>Date Initiated: 06/30/2020</p> <p>Created on: 12/03/2013</p> <p>Created by: Andrea Parker (Registered Staff)</p> <p>Revision on: 06/30/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>			PCA	
						Registered	
						Practical	
						Nurse	
						RN	
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						RN	
						Registered	
						Practical	
Nurse							
PCA							
PCA							

Allergies	No Known Allergies	D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)	Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) to his physical limitations secondary to PARAPLEGIA and DIABETES MELLITUS complications . Date Initiated: 06/09/2022 Created on: 12/03/2013 Created by: Andrea Parker (Registered Staff) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse)			• SHAVING - Gary will shave or be shaven daily Date Initiated: 12/05/2008 Created on: 02/23/2014 Created by: Kimberley Russell (Registered Nurse) Revision on: 08/23/2024 Revision by: System Generated • PREFERENCE : Gary usually refuses to wear his ID bracelet Date Initiated: 06/30/2020 Created on: 11/21/2018 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/24/2020 Revision by: Nicole Wieske (Registered Practical Nurse)			PCA	D
• Gary is independent and chooses to DECLINES PARTICIPATION in structured programs related to personal choice. Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 04/04/2022 Revision by: Adam Hamid (Recreation Aide)		• Gary participates in Independent/Self-Directed activities monthly through to the next review date. Date Initiated: 05/17/2023 Created on: 04/04/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek	• SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as (watching tv, calling his family, socializing with peers and staff, going outside and leaving the premises with his personal vehicle). He does enjoy social carts and occasionally drops into programs to converse for a short period of time. Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 04/04/2022 Revision by: Adam Hamid (Recreation Aide)				
Allergies	No Known Allergies			D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)			Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(RAI Coordinator) Target Date: 02/21/2026  • Gary will maintain ISE score of 3 by the next review date. Date Initiated: 05/17/2024 Created on: 04/04/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• FRIENDLY VISIT: Provide him one to one visits as tolerated. Touch Base to maintain contact and to (converse about topics of interest such as his former job, traveling, and the news). Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 04/04/2022 Revision by: Adam Hamid (Recreation Aide) • FAMILY INVOLVEMENT: (Gary calls his family on a weekly basis using his tablet). Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	ACT			
• LEAVE OF ABSENCE .Gary leaves the home r/t independence as per M.D orders IS not ALLOWED TO TAKE ANY NARCOTIC MEDICATION. Date Initiated: 01/27/2016 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 03/12/2022 Revision by: Edna James (Registered Practical Nurse)	• Gary's safety will be maintained through next review date. Date Initiated: 11/17/2023 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• Staff to ensure Gary signs out on his floor before leaving the facility. Date Initiated: 01/27/2016 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 01/08/2025 Revision by: Donna Duah (RN) • Staff to inform oncoming staff if Gary is absent from the facility and document his return Date Initiated: 01/27/2016 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 01/10/2025 Revision by: Donna Duah (RN)	PCA			
• Potential to experience FOOT/FEET complications related to diagnosis of DIABETES MELLITUS, toenail problems as evidenced by Onychauxis Date Initiated: 06/30/2020 Created on: 07/13/2015	• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date.	• COMMUNICATION: Involve/collaborate with Gary in decision making for footcare treatment plan. Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	Date Initiated: 05/17/2023 Created on: 07/13/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• TREATMENT PLAN: Gary requires foot care/treatment every 6 weeks and as needed. Date Initiated: 06/30/2020 Created on: 07/13/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • REFUSAL of SERVICE: Gary declines suggested footcare/treatment as per discussion (Jan 18/2021). Date Initiated: 01/18/2021 Created on: 02/16/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 02/16/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)				
• Potential for alteration in sleep patterns related to ANXIETY DISORDER and DEPRESSION. Date Initiated: 06/30/2020 Created on: 02/15/2017 Created by: Sanjeev Rehal (Registered Nurse) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To promote adequate rest/sleep for Gary based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 05/17/2023 Created on: 02/15/2017 Created by: Sanjeev Rehal (Registered Nurse) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• PREFERENCE: Gary gets up during the night between 0300-0330 hrs and enjoys popcorn. Date Initiated: 02/15/2017 Created on: 02/15/2017 Created by: Sanjeev Rehal (Registered Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • REST PATTERN: Usual bed time at 1800hrs and usual wake time 0300-0400 hrs Date Initiated: 12/24/2020 Created on: 02/18/2018 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 12/24/2020 Revision by: Nicole Wieske (Registered Practical Nurse)	PCA			
• Potential for hyper/hypoglycemia, other complications related to Type 1 DIABETES MELLITUS. Insulin dependent Date Initiated: 06/30/2020 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 06/30/2020	• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 02/23/2024 Created on: 01/27/2016 Created by: Benvi Mendoza	• MONITORING: Utilize holistic perspective of continuous monitoring of Gary for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. Date Initiated: 05/31/2023 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • COMMUNICATION: Involve/ collaborate with Gary in decision making of diabetes				
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision by: Aline Mendoza (RAI Coord Back-up)		(Registered Practical Nurse) Revision on: 02/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	care management. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH TEACHING: Engage with Gary to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with DIABETES. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • CBG MONITORING: Monitor CBG as ordered four times a day and prn Date Initiated: 01/27/2016 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 06/12/2020 Revision by: Olena Romaniuk (Registered Nurse) • MEDICATION: Administer medications (insulin injections) as ordered and monitor for side effects, effectiveness. Change to Levemir order to be administered at 0400 AM everyday Date Initiated: 06/30/2020 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • LABWORK: Obtain and monitor lab/diagnostic work as ordered. Report results to MD and follow up as indicated. Date Initiated: 01/27/2016 Created on: 01/27/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				RN Registered Practical Nurse	
• Gary has potential for recurrence of SUBSTANCE ABUSE, withdrawal		• Gary will remain free of non-prescribed NARCOTICS through	• SET BOUNDARIES: Discuss behavioural limits and expectations with Gary. Be very clear with limits. Use written contract if necessary to establish behaviour				Social Worker Director of	
Allergies	No Known Allergies			D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN	
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	NOBLE, GARY Adrian (925171000406)			Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
symptoms, mood/behaviour disturbances related to history of NARCOTIC ABUSE. Date Initiated: 11/18/2017 Created on: 11/18/2017 Created by: Katrina Heals (Registered Staff) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	next review date. Date Initiated: 11/21/2025 Created on: 11/24/2017 Created by: Susan Steen (Registered Practical Nurse) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	boundaries. Date Initiated: 06/09/2022 Created on: 11/24/2017 Created by: Susan Steen (Registered Practical Nurse) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse) • MEDICATIONS: Administer medications as ordered and monitor for side effects/effectiveness. Ensure he takes the narcotics and does not pocket, hoard. Ask him to open his mouth and check under his tongue. Report to MD as necessary. Date Initiated: 06/09/2022 Created on: 11/24/2017 Created by: Susan Steen (Registered Practical Nurse) Revision on: 06/09/2022 Revision by: Michael Palangi (Registered Nurse)	Care			
• SPIRITUAL BELIEFS: Gary is Presbyterian not practicing Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To provide Gary spiritual support as interested through to the next review date. Date Initiated: 05/17/2023 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• PERSONAL CHOICE: Respect Gary's right to decline participation in Spiritual Program. Date Initiated: 06/30/2020 Created on: 06/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	ACT			
• Altered VISION related to Gary is wearing eyeglasses for reading related to RETINOPATHY from Diabetes Mellitus. Date Initiated: 06/30/2020 Created on: 05/22/2019 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 06/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To treat and minimize complications of Diabetes Mellitus through to next review date. Date Initiated: 11/21/2025 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI	• COMMUNICATION: Involve/collaborate with Gary for decision making pertaining to change in visual status as needed. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH TEACHING: Engage with Gary to enhance their knowledge of Diabetic Retinopathy affecting vision. Date Initiated: 04/01/2020				
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Coordinator) Target Date: 02/21/2026	<p>Created on: 04/01/2020            Created by: Aline Mendoza (RAI Coord Back-up)            Revision on: 04/01/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• EYEGLASSES: Gary wears eyeglasses. Assist to clean eyeglasses as needed and PCA store in night table drawer when sleeping.            Date Initiated: 05/22/2019            Created on: 05/22/2019            Created by: Aline Mendoza (Registered Practical Nurse)            Revision on: 04/01/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p>			
<p>• Potential for muscular dysfunction, contractures and bone deformity related to OSTEOARTHRITIS            Date Initiated: 04/01/2020            Created on: 04/01/2020            Created by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• To treat and minimize signs/symptoms or complications associated with OSTEOARTHRITIS through to the next review date.            Date Initiated: 05/17/2023            Created on: 04/01/2020            Created by: Aline Mendoza (RAI Coord Back-up)            Revision on: 05/17/2023            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)            Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/ collaborate with Gary in decision making of musculoskeletal care management.            Date Initiated: 04/01/2020            Created on: 04/01/2020            Created by: Aline Mendoza (RAI Coord Back-up)            Revision on: 04/01/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• HEALTH EDUCATION: Engage with Gary to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with OSTEOARTHRITIS.            Date Initiated: 04/01/2020            Created on: 04/01/2020            Created by: Aline Mendoza (RAI Coord Back-up)            Revision on: 04/01/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATION: Administer medication for management of OSTEOARTHRITIS as per MD order. Monitor effectiveness and for side effects.            Date Initiated: 04/01/2020            Created on: 04/01/2020            Created by: Aline Mendoza (RAI Coord Back-up)            Revision on: 04/01/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Gary for management of OSTEOARTHRITIS for discomfort/ complications or changes to health status.</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>	11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for muscular dysfunction, contractures and bone deformity related to OSTEOARTHRITIS</li></ul> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>			<p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• PAIN MANAGEMENT for OSTEOARTHRITIS prescribed and in place; refer to Pain Care Plan.</li></ul> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.</li></ul> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>			PT - Physiotherapist Physical Therapy Assistant	
<ul style="list-style-type: none"><li>• Potential to experience alteration in RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD)</li></ul> <p>Date Initiated: 05/11/2017 Created on: 05/11/2017 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<ul style="list-style-type: none"><li>• To treat and minimize signs/symptoms or complications associated with CHRONIC OBSTRUCTIVE PULMONARY DISORDER (COPD) each day through to next review date.</li></ul> <p>Date Initiated: 05/17/2023 Created on: 05/11/2017 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Gary/SDM in decision making of Respiratory Management for CHRONIC OBSTRUCTIVE PULMONARY DISORDER (COPD).</li></ul> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage with Gary/SDM to enhance his comprehension of treatment, possible complications associated with CHRONIC OBSTRUCTIVE PULMONARY DISORDER (COPD).</li></ul> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Gary with COPD for changes to health status and alteration or complications affecting</li></ul>				
Allergies	No Known Allergies			D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)			Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD)</p> <p>Date Initiated: 05/11/2017 Created on: 05/11/2017 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>respiratory function.</p> <p>Date Initiated: 05/11/2017 Created on: 05/11/2017 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EXERCISE: Encourage coughing and deep breathing</p> <p>Date Initiated: 05/11/2017 Created on: 05/11/2017 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATION: Administer medication nebulizers, inhalers for CHRONIC OBSTRUCTIVE PULMONARY DISORDER (COPD) as per MD order and monitor for side effects.</p> <p>Date Initiated: 05/11/2017 Created on: 05/11/2017 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	PCA		
<p>• Potential for altered genitourinary function or complications related to diagnosis of CHRONIC URINARY TRACT INFECTION</p> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• To treat and minimize signs/symptoms or complications associated with CHRONIC URINARY TRACT INFECTION through to next review date.</p> <p>Date Initiated: 05/17/2023 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Gary/SDM in decision making for BPH care management.</p> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• HEALTH TEACHING: Engage with Gary/SDM to enhance his comprehension of treatment, possible complications, disease trajectory associated with CHRONIC URINARY TRACT INFECTION.</p> <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/17/2025 Revision by: Donna Duah (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Gary with</p>	Registered Practical Nurse PCA RN		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for altered genitourinary function or complications related to diagnosis of CHRONIC URINARY TRACT INFECTION Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>CHRONIC URINARY TRACT INFECTION for changes to health status and alteration or complications affecting urinary function. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• LABWORK: Monitor lab results as ordered and report results to MD as needed. Follow up as indicated. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATION: Administer medication as per MD order and monitor for side effects and effectiveness Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			
<p>• CONSTIPATION related to daily use of medication with binding effect and decreased mobility due to paraplegia. Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/10/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• Gary will have regular soft formed bowel movements every 1-2 days through to the next review. Date Initiated: 05/17/2023 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Gary for decision making regarding constipation management. Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/10/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Gary for constipation management and changes to health status and symptoms/ complications of constipation. Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• CONSTIPATION related to daily use of medication with binding effect and decreased mobility due to paraplegia. Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/10/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</li></ul>			<ul style="list-style-type: none"><li>• FLUIDS: Encourage Gary to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up)</li><li>• BOWEL PROTOCOL: In place as per MD order Date Initiated: 01/10/2020 Created on: 01/10/2020 Created by: Aline Mendoza (RAI Coord Back-up)</li></ul>			Registered Staff	
						Registered Staff	
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up)</li></ul>		<ul style="list-style-type: none"><li>• To treat and minimize signs/symptoms or complications associated with Hyperlipidaemia , Hypertension through to the next review date. Date Initiated: 02/23/2024 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Gary in decision making of Cardiac Care Management for Hypertension and Hyperlipidemia Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/10/2024 Revision by: Alison McAulay (RN)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Gary with Hyperlipidaemia, hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• MEDICATION: Administer medication for hypertension as per MD Order and monitor for side effects. Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/12/2019</li></ul>			Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN	
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension</li> </ul> Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up)			Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"> <li>WEIGHT: Check/Document weight monthly as needed as per Order. Notify MD of any sudden weight gain.</li> </ul> Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/12/2019 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"> <li>VITAL SIGNS: Monitor vital signs as ordered monthly or as needed. Notify MD of any significant abnormalities.</li> </ul> Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/12/2019 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"> <li>LAB WORK: Monitor lab and diagnostic results for (specify type of lab work) and report results to MD as needed. Follow up as indicated.</li> </ul> Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Aline Mendoza (RAI Coord Back-up)			
<ul style="list-style-type: none"> <li>Nutrition Risk Level</li> </ul> Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 04/05/2016 Revision by: Helen Bradley (Dietitian)		<ul style="list-style-type: none"> <li>Gary will be adequately nourished aeb consuming &gt;75% at meals and snacks</li> </ul> Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 06/19/2017 Revision by: Richele Rosales (Registered Practical Nurse) Target Date: 02/21/2026  <ul style="list-style-type: none"> <li>Gary will weigh within IBWR 89-104 kg (BMI 30-35) based on height 172 cm or UBWR 110-</li> </ul>	<ul style="list-style-type: none"> <li>Provide high protein interventions 1 scoop Beneprotein with breakfast and dinner meals BID</li> </ul> Date Initiated: 11/22/2022 Created on: 11/22/2022 Created by: Mark Chan (Registered Dietitian) Revision on: 11/14/2023 Revision by: Helen Bradley (Dietitian (RD)) <ul style="list-style-type: none"> <li>NUTRITION RISK: Gary is at HIGH nutrition risk.</li> </ul> Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 05/04/2021 Revision by: Helen Bradley (RD) <ul style="list-style-type: none"> <li>DIET ORDER: Gary will receive regular diet, regular texture.</li> </ul> Date Initiated: 04/15/2014 Created on: 04/15/2014		Dietitian (RD) Dietary Manager   Diet Cook Food Services	
Allergies	No Known Allergies		D.O.B.	05/10/1957	Physician	TANUJAA HARRICHARAN
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021	Location	Lotus Way 107LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		115 kg. Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 11/11/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/21/2026	Created by: Jane Oulton (Consultant- Dietary) Revision on: 05/04/2021 Revision by: Helen Bradley (RD)				Aide PCA	
		• Gary will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 90kg through to next review date.  Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 11/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026  • Adequate glycemic control, with HgbA1C 7.1-8.5 Date Initiated: 04/30/2019 Created on: 04/30/2019 Created by: Helen Bradley (Dietitian) Revision on: 04/30/2019 Revision by: Helen Bradley (Dietitian) Target Date: 02/21/2026	• FLUID CONSISTENCY: Gary drinks regular/thin fluids (level 0). Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 05/04/2021 Revision by: Helen Bradley (RD)				Diet PCA	
			• FLUID TARGET: Encourage Gary to drink at least 1800 ml per day. Date Initiated: 04/15/2014 Created on: 04/15/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 11/11/2025 Revision by: Julia Pilca (Dietitian (RD))				PCA	
			• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)				Dietary aide PCA	
			• ENHANCED HYDRATION: Provide minimum 125ml x3 high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 05/09/2022 Created on: 05/09/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/27/2022 Revision by: Kaitlyn Myles (Dietitian)				Diet PCA Recreational Therapy Aide	D/E
			• HIGH CALORIE/PROTEIN HS SNACK: Gary receives: 1 nutrigrain bar and 30 g cheese at HS. Date Initiated: 12/05/2008 Created on: 11/01/2022 Created by: Denise Hackett (Dietitian) Revision on: 08/23/2024 Revision by: System Generated				Diet PCA	E
			• HIGH CALORIE/PROTEIN SNACKS: Gary receives: yogurt at 03:00				PCA	D/E
Allergies	No Known Allergies		D.O.B.	05/10/1957		Physician	TANUJAA HARRICHARAN	
Diagnosis	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	NOBLE, GARY Adrian (925171000406)		Admission Date	02/03/2021		Location	Lotus Way 107LW 1 1	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

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<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

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**Diagnosis**

Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N31.9), Other chronic pain(R52.2), Intraspinal abscess and granuloma(G06.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Chronic obstructive pulmonary disease, unspecified(J44.9), Depressive episode, unspecified(F32.9), Restlessness and agitation(R45.1), Other acute osteomyelitis, other site(M86.18), Resistance to methicillin(U82.1), Urinary tract infection, site not specified(N39.0)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/10/1957	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Paraplegia of unspecified type, unspecified, at lumbar level(G82.293), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Neuromuscular dysfunction of bladder, unspecified(N...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	NOBLE, GARY Adrian (925171000406)	<b>Admission Date</b>	02/03/2021	<b>Location</b>	Lotus Way 107LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to right shin</p> <p>Date Initiated: 12/16/2025</p> <p>Created on: 12/16/2025</p> <p>Created by: Muskan Arora (Registered Practical Nurse)</p> <p>Revision on: 12/16/2025</p> <p>Revision by: Muskan Arora (Registered Practical Nurse)</p>		<p>• To promote optimal healing of SKIN TEAR till January 31, 2026</p> <p>Date Initiated: 12/16/2025</p> <p>Created on: 12/16/2025</p> <p>Created by: Muskan Arora (Registered Practical Nurse)</p> <p>Revision on: 12/16/2025</p> <p>Revision by: Muskan Arora (Registered Practical Nurse)</p> <p>Target Date: 01/31/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to right shin for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/16/2025</p> <p>Created on: 12/16/2025</p> <p>Created by: Muskan Arora (Registered Practical Nurse)</p> <p>Revision on: 12/16/2025</p> <p>Revision by: Muskan Arora (Registered Practical Nurse)</p> <p>• TREATMENT PLAN: Administer treatment for SKIN TEAR to right shin as per MD Order.</p> <p>Date Initiated: 12/16/2025</p> <p>Created on: 12/16/2025</p> <p>Created by: Muskan Arora (Registered Practical Nurse)</p> <p>Revision on: 12/16/2025</p> <p>Revision by: Muskan Arora (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin tear condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 12/16/2025</p> <p>Created on: 12/16/2025</p> <p>Created by: Muskan Arora (Registered Practical Nurse)</p> <p>Revision on: 12/16/2025</p> <p>Revision by: Muskan Arora (Registered Practical Nurse)</p>				
<p>• Margaret is experiencing colonization with Antibiotic Resistant Organism MRSA positive</p> <p>Date Initiated: 11/17/2025</p> <p>Created on: 11/11/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 11/17/2025</p> <p>Revision by: Snehdeep Kaur (RN)</p>		<p>• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 11/11/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Margaret/SDM) with decision making for Antibiotic Resistant Organism treatment plan and update accordingly.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 11/11/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, isolation, transmission, etc.) for Antibiotic Resistant Organism.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 11/11/2025</p> <p>Created by: Donna Duah (RN)</p>			RN Registered Practical Nurse	
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN	
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia (F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1	
Last Care Plan Review Completed:		11/21/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Margaret is experiencing colonization with Antibiotic Resistant Organism MRSA positive</div> <div>Date Initiated: 11/17/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 11/17/2025</div> <div>Revision by: Snehdeep Kaur (RN)</div>		<div>Revision on: 11/11/2025</div> <div>Revision by: Donna Duah (RN)</div> <div>• PPE PRECAUTIONS: Precaution identified as (CONTACT) for (MRSA and VRE) and requires use of the following PPEs (Gloves, Gown, Goggles etc.) when (providing direct care, handling soiled clothes and linens, disposing of incontinent product, etc.).</div> <div>Date Initiated: 11/11/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 11/11/2025</div> <div>Revision by: Donna Duah (RN)</div>	PCA Registered Practical Nurse RN			
<div>• Alteration in skin integrity with risk for infection or complications related to cancer lesion to left breast.</div> <div>Date Initiated: 11/11/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 11/11/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div>	<div>• To promote optimal healing of cancer lesion.</div> <div>Date Initiated: 11/11/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 11/11/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>Target Date: 02/21/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with cancer lesion to left braest for changes to health status and alteration or complications affecting skin integrity.</div> <div>Date Initiated: 11/11/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 11/11/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• TREATMENT PLAN: Administer treatment for Cancer lesion as per MD Order.</div> <div>Date Initiated: 11/11/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 11/11/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• WEEKLY ASSESSMENT-Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</div> <div>Date Initiated: 11/11/2025</div> <div>Created on: 11/11/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 11/11/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div>				
<div>• Potential for gastric</div>	<div>• To treat and/or minimize</div>	<div>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making for</div>				
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
discomfort/complications related to diagnosis of Irritable Bowel Syndrome and Gastroesophageal Reflux Disease and Duodenal ulcer Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		complications associated with IBS/GERD each day through to the next review date. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	IBS/GERD Management. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Margaret/SDM to enhanceher comprehension of treatment, possible complications, disease trajectory associated with IBS/GERD. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for management of IBS/GERD for discomfort/complications or changes to health status. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for IBS/GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)			RN Registered Practical Nurse	
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025	• COMMUNICATION: Involve/ collaborate with Margaret/SDM in decision making of thyroid care management. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Margaret/SDM to enhance his/her comprehension of (specify: treatment, possible complications, disease trajectory,			RN Registered	
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025					



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
		Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	etc.) associated with (Specify; HYPOTHYROIDISM, HYPERTHYROIDISM). Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret with PCA HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		Practical Nurse	
• Potential to experience alteration in MOOD related to dx of Anxiety disorder and Dementia Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		• Margaret will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Margaret about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Provide education and support to Margaret pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		RN Registered Practical Nurse	
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential to experience alteration in MOOD related to dx of Anxiety disorder and Dementia Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring Margaret for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Margaret's quality of life. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• SLEEP/REST: Promote adequate sleep and rest to stability of Margaret's mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div>				
<div>• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To promote adequate rest/sleep for (Margaret based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</div>	<div>• REST PATTERN: Preferred bedtime 2130, usual wake time 0800 and daytime naps PCA as needed. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• SLEEPWEAR: Margaret prefers to wear night gown. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	PCA			
<div>• Potential to experience alteration in CARDIAC FUNCTION related to Hyperlipidaemia Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To treat and minimize signs/symptoms or complications associated with Hyperlipidaemia through to the next review date. Date Initiated: 04/28/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making of Cardiac Care Management for Hyperlipidaemia. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div>				
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Margaret with Hyperlipidaemia for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• <b>MEDICATION:</b> Administer medication for Hyperlipidaemia as per MD Order and monitor for side effects. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>		Registered Practical Nurse RN	
<ul style="list-style-type: none"> <li>• Potential to experience rash, hives, anaphylaxis related to ALLERGY of sulfa antibiotics Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>		<ul style="list-style-type: none"> <li>• Margaret will be protected from exposure to allergen each day through next review date. Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>• <b>COMMUNICATION:</b> Involve/collaborate with Margaret/SDM in decision making and health teaching about ALLERGY to sulfa antibiotics. Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Margaret with allergy for changes to health status and complications. Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• <b>ALLERGY ALERT:</b> Margaret has ALLERGY to sulfa antibiotics. Prevent contact with and report if noted to experience symptoms ( rash, hives, swelling, difficulty breathing, etc.). Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025</li> </ul>			
<b>Allergies</b>	Sulfa Antibiotics		<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)		<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience rash, hives, anaphylaxis related to ALLERGY of sulfa antibiotics</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MD/PHARMACY ALERT: Notify the MD and Pharmacy of Margaret Allergy to sulfa antibiotics and minimize risk for exposure to allergen.</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<ul style="list-style-type: none"> <li>Potential for bruising, bleeding, clotting or other complications related to use of apixaban medication for DVT</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To monitor for bleeding and minimize complications related to use of apixaban through the review date.</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making and health teaching of Anti-coagulation medication use.</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident using Anticoagulant therapy for changes to health status and complications causing bleeding or clotting issues.</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>BLEEDING ALERT: Notify nurse immediately if Margaret is bleeding (noted blood in PCA urine/stool, bleeding nose/gums, unexplained bruising, etc.).</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025</p>			
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for bruising, bleeding, clotting or other complications related to use of apixaban medication for DVT Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)			Revision by: Richele Rosales (RAI Coordinator)  • MEDICATION: Administer medications as per MD Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. Date Initiated: 11/11/2025 Created on: 07/21/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Potential for BOWEL INCONTINENCE related to dementia Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		• Margaret will have bowel incontinence managed every shift through to the next review period. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making about bowel function, toileting options, incontinence management. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)  • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for changes to health status, alteration of continence level or bowel function. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)  • BOWEL Continence level is (TOTAL Incontinence). Report change to level as noted. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator)			RN Registered Practical Nurse PCA          PCA Registered Practical Nurse RN	
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN	
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for BOWEL INCONTINENCE related to dementia</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<ul style="list-style-type: none"><li>• INCONTINENCE PRODUCT: Margaret uses Beige brief at all shifts.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/12/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			PCA	
<ul style="list-style-type: none"><li>• URINARY Functional, INCONTINENCE related to Dementia Diagnosis</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• Margaret will have urinary incontinence managed every shift through to the next review period.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making about incontinence management.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of the Margaret for toileting needs, changes to health status and alteration of continence level.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• URINARY Continence level is TOTAL Incontinent). Report change to level as noted.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• INCONTINENCE PRODUCT: Margaret uses Beige brief at all shifts.</li></ul> <p>Date Initiated: 11/11/2025</p>			PCA	
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• URINARY Functional, INCONTINENCE related to Dementia Diagnosis Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>		Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/12/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)		
<ul style="list-style-type: none"> <li>• Use of PASD 2 1/4 bedrails to assist Margaret with Activity of Daily Living bed mobility and transfers. Date Initiated: 11/11/2025 Created on: 04/30/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>	<ul style="list-style-type: none"> <li>• Margaret will be effectively supported with use of bed rails to optimize Activity of Daily Living bed mobility and transfers each day through to the next review date. Date Initiated: 11/11/2025 Created on: 04/30/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Margaret/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed rails. Date Initiated: 11/11/2025 Created on: 04/30/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• MONITORING: Utilize holistic perspective of monitoring Margaret for continued benefit to use bed rails as to support appropriate bed mobility and transfers. Date Initiated: 11/11/2025 Created on: 04/30/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Margaret with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 11/21/2025 Created on: 04/30/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/21/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</li> </ul>	PCA	D/E/N

<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)	<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to dx of Osteoporosis and previous fracture of distal end of femur</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To promote Margaret comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Margaret satisfaction for pain control.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• NON VERBAL CUES of PAIN for Margaret include facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• PHYSIO TREATMENT: Margaret to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week).</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>		<p>RN Registered Practical Nurse</p> <p>PCA</p> <p>Registered Practical Nurse RN</p>	
Allergies	Sulfa Antibiotics		D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)		Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025				



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to dx of Osteoporosis and previous fracture of distal end of femur</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>			
<p>• Increased risk for FALLS related to impaired balance</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 04/28/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: commode at bedside or over toilet, high/low bed, wheelchair.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 11/11/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ENVIRONMENT: Secure environment: reduce clutter, night light, bathroom signage, toilet height, quiet environment to reduce fall risk for Margaret.</p> <p>Date Initiated: 11/11/2025</p> <p>Created on: 11/11/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 11/11/2025</p>		PCA	
<b>Allergies</b>	Sulfa Antibiotics		<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)		<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• Increased risk for FALLS related to impaired balance</b> Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)			Revision by: Richele Rosales (RAI Coordinator) <b>• FOOTWEAR:</b> Ensure Margaret wears appropriate footwear (non-skid socks or shoes for transfers, ambulation). Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
<b>• Expressed Wishes and Beliefs related to Margaret 's Medical Treatment and End of Life Care</b> Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		<b>• To support and honor Margaret expressed wishes and beliefs through to the End of Life.</b> Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	<b>• CPR:</b> Margaret wishes to have CPR and TRANSFER to hospital decisions to be made as needed - see PoET Individualized Summary for details. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse)				
<b>• Altered ability to complete Activities of Daily Living (ADLs) related to right distal femur fracture.</b> Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)		<b>• Margaret will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date.</b> Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025	<b>• BATHING:</b> Margaret prefers bed bath on Tuesday and Saturday evening. 1 Staff to provide EXTENSIVE assistance with bed bath. Nail care to be provided on bed bath day. Date Initiated: 11/11/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) <b>• BED MOBILITY:</b> Margaret requires 1 staff to provide EXTENSIVE assistance for			PCA	PCA
<b>Allergies</b>	Sulfa Antibiotics			<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)			<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
		Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	<div>bed mobility. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • DRESSING: Margaret requires 1 staff to provide EXTENSIVE assistance for dressing UPPER and LOWER body. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • EATING: Margaret requires 1 Staff to provide SUPERVISE assist for eating. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • LOCOMOTION: Margaret requires 1 staff to provide TOTAL assistance for locomotion (indicate on and/or off unit). Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • PERSONAL HYGIENE: Margaret requires 1 staff to provide EXTENSIVW assistance for hygiene. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • HAND HYGIENE:Margaret is able to independently complete task of Hand Hygiene each day. Date Initiated: 11/11/2025</div>						PCA	
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN			
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre					Print Date	1/4/2026			
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1			
Last Care Plan Review Completed:		11/21/2025								

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to right distal femur fracture. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Richele Rosales (RAI Coordinator)</div>			<div>Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • TOILET USE: Margaret requires 1 staff to provide EXTENSIVE assistance for PCA toileting. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • TRANSFERRING: Margaret requires x2 MAXIMAL staff assist for Pivot disc transfer PCA Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) • TRANSFER LIFT/SLING: 2 staff Hoyer lift and Black comfort MEDIUM SIZE of sling needed for transfer if unable to use Pivot disk Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • ORAL CARE: Margaret has TEETH, and is able to brush herself PCA 1 staff to provide LIMITED, assistance for oral care. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/11/2025 Revision by: Olena Romaniuk (Registered Nurse) • FOOT CARE: PSW, Registered staff to complete toenail care every bed bath days. PCA Report long toe nails or other abnormalities as noted. Date Initiated: 11/11/2025 Created on: 04/28/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>					
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN	
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to right distal femur fracture.</li> </ul> <p> Date Initiated: 11/11/2025  Created on: 04/28/2025  Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)  Revision on: 11/11/2025  Revision by: Richele Rosales (RAI Coordinator) </p>		<p> Revision on: 11/11/2025  Revision by: Olena Romaniuk (Registered Nurse) </p>		
<ul style="list-style-type: none"> <li>Alteration in skin integrity related to bruise by left eye July 30/25</li> </ul> <p> Date Initiated: 07/30/2025  Created on: 07/30/2025  Created by: Maryam Shahzadi (Registered Practical Nurse)  Revision on: 07/30/2025  Revision by: Maryam Shahzadi (Registered Practical Nurse) </p>	<ul style="list-style-type: none"> <li>Areas of altered skin integrity will resolve by August 15</li> </ul> <p> Date Initiated: 07/30/2025  Created on: 07/30/2025  Created by: Maryam Shahzadi (Registered Practical Nurse)  Revision on: 07/30/2025  Revision by: Maryam Shahzadi (Registered Practical Nurse)  Target Date: 02/21/2026 </p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Margaret in decision making for treatment of bruise as skin issue</li> </ul> <p> Date Initiated: 07/30/2025  Created on: 07/30/2025  Created by: Maryam Shahzadi (Registered Practical Nurse) </p> <ul style="list-style-type: none"> <li>Location of skin alteration bruise by left eye</li> </ul> <p> Date Initiated: 07/30/2025  Created on: 07/30/2025  Created by: Maryam Shahzadi (Registered Practical Nurse)  Revision on: 07/30/2025  Revision by: Maryam Shahzadi (Registered Practical Nurse) </p> <ul style="list-style-type: none"> <li>Nutritional interventions to promote skin integrity are (specify)</li> </ul>		
<b>Allergies</b>	Sulfa Antibiotics		<b>D.O.B.</b>	02/12/1935
<b>Physician</b>	TANUJAA HARRICHARAN			
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)	<b>Admission Date</b>	11/11/2025	<b>Location</b>
			Lotus Way 110LW 1 1	
<b>Last Care Plan Review Completed:</b>		11/21/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Date Initiated: 07/30/2025            Created on: 07/30/2025            Created by: Maryam Shahzadi (Registered Practical Nurse)</p> <p>• Nutritional support for skin alteration includes (specify) - see MAR and Nutrition Care Plan</p> <p>Date Initiated: 07/30/2025            Created on: 07/30/2025            Created by: Maryam Shahzadi (Registered Practical Nurse)            Revision on: 07/30/2025            Revision by: Maryam Shahzadi (Registered Practical Nurse)</p> <p>• Treatment for skin alteration - see MAR/TAR /skin care protocol for current orders</p> <p>Date Initiated: 07/30/2025            Created on: 07/30/2025            Created by: Maryam Shahzadi (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed</p> <p>Date Initiated: 07/30/2025            Created on: 07/30/2025            Created by: Maryam Shahzadi (Registered Practical Nurse)</p>			
<p>• Margaret is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 05/02/2025            Created on: 05/02/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 05/07/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• SHORT TERM GOAL: To improve Margaret functional ability of sit to stand and stand to sit transfers from (Specify # of staff &amp; level of assistance; Extensive, Limited, etc.) to (specify lower level of assistance; Limited, Supervised, etc.) by the next review date.</p> <p>Date Initiated: 05/02/2025            Created on: 05/02/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 05/07/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret(SDM) about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 05/02/2025            Created on: 05/02/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 05/07/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Margaret when partaking in TRANSFER TRAINING Nursing Restorative Program.</p> <p>Date Initiated: 05/02/2025            Created on: 05/02/2025            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 05/07/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SIT to STAND/STAND to SIT TRANSFER: Provide (Specify; 1 or 2 staff)</p>			
<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)	<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>	11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
Coordinator)		Target Date: 02/21/2026  • LONG TERM GOAL: To improve Margaret strength and endurance for support of optimal self performance with function of sit-stand-sit transfers each day through the next review date. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	(Specify; Extensive, Limited, Supervision) assistance with Margaret for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete (Specify; # of task repetition or # of minutes) per session. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • MUSCLE EXERCISES: Guide/cue Margaret to perform (Specify muscle; glut, hamstring, quadriceps, etc.) exercises using (Specify equipment; theraband, weights, bridge, etc.). Complete (specify #) of repetitions per session. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Margaret is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• SHORT TERM GOAL: To improve Margaret (specify JOINT) AROM strength to be able to complete (specify #) of repetitions of (specify exercise) each day through the next review date. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026  • LONG TERM GOAL: To improve Margaret (specify JOINT) AROM strength to be	• COMMUNICATION: Involve/collaborate with Margaret(SDM) about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Margaret when partaking in AROM Nursing Restorative Program. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • AROM EXERCISE MUSCLE: Provide cueing and demonstration of (Specify exercise; abduction, adduction, extension, flexion, etc.) to Margaret for (Specify MUSCLE GROUP - R/L bicep, triceps, quadriceps, etc.) using (Specify equipment; theraband, ball, weights, pulleys, bike, etc.). Complete (Specify # of repetitions per		Restorative Care Aide		
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		able to optimally self perform (Specify; ADL function) each day through the next review date. Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	each joint exercise) Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/09/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • AROM EXERCISE JOINT: Provide cueing and demonstration of (Specify exercise; abduction, adduction, extension, flexion, etc.) to Margaret for (Specify JOINT - R/L hip, knee, ankle, shoulder, elbow, wrist, etc.) using (Specify equipment; theraband, ball, weights, pulleys, bike, etc.). Complete (Specify # of repetitions per each joint exercise). Date Initiated: 04/28/2025 Created on: 04/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Restorative Care Aide	
• Transfers. Date Initiated: 05/01/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To decrease falls from to 0 in the next 3 months Date Initiated: 11/18/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/18/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026  • To improve transfer for assist x2+ Pivot disc to 1XA, a proper set as possible in 6-8 months Date Initiated: 12/04/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/04/2025 Revision by: Uzma Habib (PT -	• Encourage + provide assist x1-2 and practice with sit -> stand transfer from bed, chair 4-5/wk. Date Initiated: 11/18/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/18/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Margaret to perform balance exercises using therapeutic ball exercises in sitting 4-5/wk. Date Initiated: 11/18/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA       PT - Physiotherapist PTA	
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"> <li>• Transfers.</li> </ul> <p>Date Initiated: 05/01/2025            Created on: 05/01/2025            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 05/01/2025            Revision by: Uzma Habib (PT - Physiotherapist)</p>	Physiotherapist) Target Date: 02/21/2026					
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> <p>Date Initiated: 05/01/2025            Created on: 05/01/2025            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 05/01/2025            Revision by: Uzma Habib (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> <li>• To improve the bilateral shoulder joint AROM to the functional Range for ADLS, in 3 months.</li> </ul> <p>Date Initiated: 11/18/2025            Created on: 05/01/2025            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 11/18/2025            Revision by: Uzma Habib (PT - Physiotherapist)            Target Date: 02/21/2026</p> <ul style="list-style-type: none"> <li>• To prevent further deterioration of bilateral upper and lower limb joint flexibility and strength from grade 3-/5 during stay in the program.</li> </ul> <p>Date Initiated: 11/18/2025            Created on: 05/01/2025            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 11/18/2025            Revision by: Uzma Habib (PT - Physiotherapist)            Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)using AROM, theraband/ball/weights/standing balance and transfer training 3/wk</li> </ul> <p>Date Initiated: 11/18/2025            Created on: 05/01/2025            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 11/18/2025            Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist PTA			
<b>Allergies</b>	Sulfa Antibiotics		<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	RIVETT, MARGARET (925171002266)		<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Active ROM.</li></ul> <p>Date Initiated: 05/01/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"><li>• To improve joint flexibility and strength from grade 3-/5 to grade 3/5 in the next 4-6 months (Manual Muscle Test)</li></ul> <p>Date Initiated: 11/18/2025 Created on: 05/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/18/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026</p>					
<ul style="list-style-type: none"><li>• Nutrition Risk Level</li></ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<ul style="list-style-type: none"><li>• Margaret will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li></ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p> <ul style="list-style-type: none"><li>• Will weigh within IBWR of 64-77 kg / BMI 24-29 through to next review date</li></ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 05/12/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p>	<ul style="list-style-type: none"><li>• NUTRITION RISK: Margaret is LOW risk level.</li></ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 05/12/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p> <ul style="list-style-type: none"><li>• DIET ORDER: Margaret will receive Regular diet, Regular texture</li></ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 04/30/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <ul style="list-style-type: none"><li>• FLUID CONSISTENCY: Margaret drinks REGULAR/THIN Level 0 Fluids.</li></ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 04/30/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <ul style="list-style-type: none"><li>• FLUID TARGET: Encourage Margaret to drink a minimum of 1860 ml per day.</li></ul> <p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 11/18/2025 Revision by: Julia Pilca (Dietitian (RD))</p>	Dietitian (RD)			
Allergies	Sulfa Antibiotics			D.O.B.	02/12/1935	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	RIVETT, MARGARET (925171002266)			Admission Date	11/11/2025	Location	Lotus Way 110LW 1 1
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<p>Target Date: 02/21/2026</p> <ul style="list-style-type: none"> <li>• Margaret will be adequately hydrated aeb drinking at least 80% of total fluid requirement @30 ml/kg, 77.5 kg through to next review date.</li> </ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/18/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026</p> <ul style="list-style-type: none"> <li>• Will meet estimated nutritional requirements of 2325 kcal @ 30 kcal/kg, 93 g protein @ 1.2 g/kg through to next review date</li> </ul> <p>Date Initiated: 04/30/2025 Created on: 04/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/18/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026</p>			

<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)	<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

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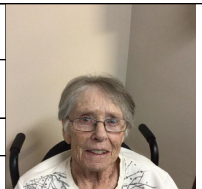
### Diagnosis

Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E78.4), Other and unspecified irritable bowel syndrome(K58.8), Nonrheumatic mitral valve disorder, unspecified(I34.9), Panic disorder [episodic paroxysmal anxiety](F41.0), Osteoporosis, unspecified(M81.9), Gastric ulcer, unspecified as acute or chronic, without haemorrhage or perforation(K25.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9)

<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	02/12/1935	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified fracture of lower (distal) end of femur, closed(S72.490), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03), Other hyperlipidaemia(E7...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	RIVETT, MARGARET (925171002266)	<b>Admission Date</b>	11/11/2025	<b>Location</b>	Lotus Way 110LW 1 1
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<b>• Active ROM.</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<b>• To improve Mrs.Olive bilateral lower limb strength from grade 3/5 to grade 4/5 in 6-8 months, (Manual Muscle Test)</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/03/2026	<b>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using ROM, theraband/ball/weights/pulleys/bike/ standing walking with walker + 2 XA 3-4/wk.</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist	PTA	
<b>• Ambulation.</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<b>• To decrease # of falls to 0 over 3 months</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/03/2026  <b>• To prevent a decline in Olive's distance of walking 10 m over 3 months</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/03/2026	<b>• Olive is to perform balance exercises in standing using a wall bar+ 1 XA kitchen sink Exs 3-4/wk.</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)  <b>• Olive to ambulate with Assist for 10 meters using a rollator walker 3-4/wk.</b> Date Initiated: 08/26/2025 Created on: 11/15/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist	PTA	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/30/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SCOTT, OLIVE (925171002132)	<b>Admission Date</b>	11/14/2023	<b>Location</b>	Lotus Way 112LW 2 2
<b>Last Care Plan Review Completed:</b>		12/03/2025			



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Ambulation.</div> <div>Date Initiated: 08/26/2025</div> <div>Created on: 11/15/2023</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/26/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• Olive to improve walking distance from 10m to 20m using rollator walker in 4-6 months</div> <div>Date Initiated: 08/26/2025</div> <div>Created on: 11/15/2023</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/26/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 03/03/2026</div>						
<div>• Increased risk for FALLS related to Dx of Osteoporosis and Dementia, as well as the use of cardiovascular meds and antidepressants</div> <div>Date Initiated: 11/14/2023</div> <div>Created on: 11/14/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 02/25/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 11/14/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/03/2026</div>	<div>• COMMUNICATION: Involve/collaborate with (Olive)/SDM in decision making in fall prevention Plan of Care.</div> <div>Date Initiated: 11/14/2023</div> <div>Created on: 11/14/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 11/18/2023</div> <div>Revision by: Donna Duah (Registered Nurse)</div> <div>• CALL BELL: Place call bell within Olive's reach and remind/encourage to use it.</div> <div>Date Initiated: 11/14/2023</div> <div>Created on: 11/14/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 12/21/2024</div> <div>Revision by: Jaspreet Samra (Registered Practical Nurse)</div> <div>• BED: (place bed in lowest position, use high/low bed) to lower risk for injury.</div> <div>Date Initiated: 11/14/2023</div> <div>Created on: 11/14/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 11/18/2023</div> <div>Revision by: Donna Duah (Registered Nurse)</div>	<div>PCA</div> <div>RN</div> <div>Registered</div> <div>Practical</div> <div>Nurse</div> <div>PCA</div> <div>RN</div> <div>Registered</div> <div>Practical</div> <div>Nurse</div> <div>PCA</div> <div>RN</div> <div>Registered</div> <div>Practical</div> <div>Nurse</div>	<div></div> <div></div> <div>D/E/N</div> <div></div> <div></div>			
<div>• URINARY type of: MIXED INCONTINENCE related to altered mobility and Dementia Diagnosis.</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div>	<div>• Olive will have urinary incontinence managed every shift through to the next review period.</div> <div>Date Initiated: 12/03/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Olive/SDM for decision making about (toileting options or incontinence management).</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div>	<div>RN</div> <div>PCA</div> <div>Registered</div> <div>Practical</div> <div>Nurse</div>				
<div>Allergies</div>	No Known Allergies		<div>D.O.B.</div>	11/30/1934	<div>Physician</div>	TANUJAA HARRICHARAN	
<div>Diagnosis</div>	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses						
<div>Facility</div>	Wellington Park Care Centre				<div>Print Date</div>	1/4/2026	
<div>Resident</div>	SCOTT, OLIVE (925171002132)		<div>Admission Date</div>	11/14/2023	<div>Location</div>	Lotus Way 112LW 2 2	
<div>Last Care Plan Review Completed:</div>		12/03/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Edna James (Registered Practical Nurse) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)		Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Olive for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is (OCCASIONALLY Incontinent). Report change to level as noted. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/28/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT:Olive uses (pink day liner) through out the day. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)		PCA Registered Practical Nurse	
• BOWEL Continence - Olive is continent and has self recognition of urge to defecate. Date Initiated: 11/28/2024 Created on: 11/28/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/28/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Olive to remain continent of bowels through next review date Date Initiated: 12/03/2025 Created on: 11/28/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 11/28/2024 Created on: 11/28/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/28/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SELF TOILETING: Olive toilets self for bowel and bladder movements. Each shift ask if he/she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 11/28/2024 Created on: 11/28/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/14/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)		PCA	PCA
Allergies	No Known Allergies		D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)		Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Olive has a STRONG PARTICIPATION attendance in Activities Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)</p>	<p>• (Olive) will be supported to maintain participation in activities (20-25) times per month by the next review date. Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide) Target Date: 03/03/2026</p> <p>• (Olive) will (maintain/improve) ISE score of (5) by the next review date. Date Initiated: 02/25/2025 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/03/2026</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; (Bingo, Exercise, Social Carts, Entertainment, Trivia, Socializing Events, birthday parties, animal visits, etc.). Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as (reading paper, telephone conversations, watching TV, conversing with peers, etc.). Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)</p> <p>• HELPFUL HINTS: Identify Helpful Hints to ease communication while providing interactions for (topic of interest such as family (daughter and grandkids), her work, countries she has visited such as dubai and hawaii, and her hometown in PEI.) Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)</p> <p>• ONE to ONE: Provide her with individual visits for (conversation, bedside activity, reading, reminiscing, etc.) Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)</p>				
<p>• SPIRITUAL BELIEFS: (Olive) is of the (Non-Religious) Faith. Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide)</p>	<p>• To provide (Olive) spiritual support as interested through to the next review date. Date Initiated: 12/11/2023 Created on: 12/11/2023</p>	<p>• PERSONAL CHOICE: Respect (Olive's) right to decline participation in Spiritual Program. Date Initiated: 12/11/2023 Created on: 12/11/2023 Created by: Adam Hamid (Recreation Aide)</p>				
Allergies	No Known Allergies		D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	SCOTT, OLIVE (925171002132)		Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025				



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)		Created by: Adam Hamid (Recreation Aide) Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide) Target Date: 03/03/2026	Revision on: 12/11/2023 Revision by: Adam Hamid (Recreation Aide)			
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to Osteoporosis.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/04/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> <li>To promote Olive comfort and effectively manage ACUTE pain as episode occurs through to the next review.</li> </ul> Date Initiated: 12/03/2025 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Olive satisfaction for pain control.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/10/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> <li>MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse)		RN Registered Practical Nurse	
<ul style="list-style-type: none"> <li>Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Neurological symptoms (Dementia).</li> </ul> Date Initiated: 11/27/2023 Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> <li>Olive will be supported to maintain current communication abilities to express self, comprehend information each day through to the review date.</li> </ul> Date Initiated: 12/03/2025 Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	<ul style="list-style-type: none"> <li>PRIMARY LANGUAGE: Olive's primary language is English. she is able to speak/understand) English.</li> </ul> Date Initiated: 11/27/2023 Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> <li>SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases.</li> </ul> Date Initiated: 11/27/2023 Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)		Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• Olive will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 12/03/2025 Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</div>	<div>• COMMUNICATION: Involve/collaborate with (Olive)/SDM in decision making of Cognitive Loss for (Dementia). Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/07/2023 Revision by: Donna Duah (Registered Nurse) • ORIENTATION: Gently reorient to (person, place, time) as needed when (Olive) is feeling lost or in confused state. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Donna Duah (Registered Nurse)</div>			RN Registered Practical Nurse	
<div>• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Donna Duah (Registered Nurse)</div>		<div>• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Donna Duah (Registered Nurse) Target Date: 03/03/2026</div>	<div>• COMMUNICATION: Involve/ collaborate with (Olive)/SDM in decision making of osteoporosis care management. Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Donna Duah (Registered Nurse) Revision on: 11/18/2023 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Olive for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Donna Duah (Registered Nurse) Revision on: 12/10/2023</div>			RN Registered Practical Nurse  Registered Staff	
Allergies	No Known Allergies			D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)			Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</li> </ul> Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Donna Duah (Registered Nurse)		Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> <li>Use of PASD right and left 1/4 bed rails to assist OLIVE with Activity of Daily Living for bed mobility and transfer.</li> </ul> Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Edna James (Registered Practical Nurse)	<ul style="list-style-type: none"> <li>OLIVE will be effectively supported with use of right and left 1/4 bed rails to optimize Activity of Daily Living for bed mobility and transfer each day through to the next review date.</li> </ul> Date Initiated: 12/03/2025 Created on: 11/18/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with OLIVE /SDM to enhance their knowledge of possible benefits and challenges associated with Use of for bed mobility and transfer.</li> </ul> Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Edna James (Registered Practical Nurse) <li>MONITORING: Utilize holistic perspective of monitoring OLIVE for continued benefit to use right and left 1/4 bed rails as to support appropriate for bed mobility and transfer.</li> Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Edna James (Registered Practical Nurse) <li>BED RAIL (TWO PARTIAL): ( 1/4, Rails) in USE as a PASD to assist OLIVE with bed mobility, transfer in/out of bed. Monitor every shift.</li> Date Initiated: 11/18/2023 Created on: 11/18/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 09/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA	D/E/N	
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to (Olive) Medical Treatment and End of Life Care</li> </ul> Date Initiated: 11/14/2023	<ul style="list-style-type: none"> <li>To support and honor (Olive) expressed wishes and beliefs through to the End of Life.</li> </ul> Date Initiated: 11/14/2023	<ul style="list-style-type: none"> <li>CPR: (Olive) wishes express NO CPR and NO TRANSFER to hospital.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/17/2023	PCA RN Registered Practical Nurse		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/30/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SCOTT, OLIVE (925171002132)	<b>Admission Date</b>	11/14/2023	<b>Location</b>	Lotus Way 112LW 2 2
<b>Last Care Plan Review Completed:</b>		12/03/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/17/2023 Revision by: Donna Duah (Registered Nurse)		Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/17/2023 Revision by: Donna Duah (Registered Nurse) Target Date: 03/03/2026	Revision by: Donna Duah (Registered Nurse)			
• Nutrition Risk Level Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD))		<p>• Olive will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 08/22/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/03/2026</p> <p>• Will weigh within realistic weight range of 66-92 kg/BMI 25-35 through to next review date. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 02/20/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/03/2026</p> <p>• Olive will be adequately hydrated aeb drinking at least</p>	<p>• NUTRITION RISK: Olive is at LOW nutrition risk level. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 05/28/2024 Revision by: Mark Chan (Dietitian (RD))</p> <p>• DIET ORDER: Olive will receive REGULAR diet, regular texture Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 11/17/2023 Revision by: Helen Bradley (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Olive drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 11/17/2023 Revision by: Helen Bradley (Dietitian (RD))</p> <p>• FLUID TARGET: Encourage Olive to drink at least 1740 ml per day. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Julia Pilca (Dietitian (RD))</p>		Dietitian (RD)	
					PCA	
					PCA	
					PCA	
					Dietary aide PCA	
Allergies	No Known Allergies		D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)		Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD))		80% of total fluid requirement @ 25 ml/kg, 87 kg through to next review date. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/03/2026	• PORTION SIZE: Olive prefers small portions for meals. Date Initiated: 11/20/2023 Created on: 11/20/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 11/20/2023 Revision by: Helen Bradley (Dietitian (RD))		PCA	
			• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Julia Pilca (Dietitian (RD))		Diet PCA Recreational Therapy Aide	D/E
			• FOOD PREFERENCES: Olive enjoys ice cream, tea, coffee and juices. Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 11/20/2023 Revision by: Helen Bradley (Dietitian (RD))		PCA	
• Potential for bruising, bleeding, clotting or other complications related to use of ANTICOAGULANT. medication. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To monitor for bleeding and minimize complications related to use of (Apixaban) through the review date. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/03/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Olive using Anticoagulant therapy for changes to health status and complications causing bleeding or clotting issues Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/10/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Practical Nurse RN	
			• BLEEDING ALERT: Notify nurse immediately if (Olive) is bleeding (noted blood in urine/stool, bleeding nose/gums, unexplained bruising, etc.). Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/18/2023 Revision by: Donna Duah (Registered Nurse)		PCA	
			• MEDICATION: Administer medications as per MD Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. Date Initiated: 11/15/2023		Registered Staff	
Allergies	No Known Allergies		D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)		Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for bruising, bleeding, clotting or other complications related to use of ANTICOAGULANT. medication.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications (anti-depressant).</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> <li>To monitor effectiveness and for side effects of medication used each day through to the next review date</li> </ul> Date Initiated: 05/28/2025 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/03/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with (Olive)/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/18/2023 Revision by: Donna Duah (Registered Nurse) <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Olive using (Psychotropic Medication, poly-pharmacy) for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/10/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> <li>MEDICATION REVIEW: Complete Medication Review with MD Quarterly and as needed.</li> </ul> Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/18/2023 Revision by: Donna Duah (Registered Nurse)		RN Registered Practical Nurse  Registered Practical Nurse RN  Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)		Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications (anti-depressant).</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 11/15/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 11/18/2023</div> <div>Revision by: Donna Duah (Registered Nurse)</div>	RN Registered Practical Nurse	
<div>• Sleep Patterns; Potential for alteration in sleep patterns related to new environment.</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 11/15/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To promote adequate rest/sleep for Olive based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 11/15/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/03/2026</div>	<div>• REST PATTERN: Preferred bedtime (2000), usual wake time (0700) and daytime naps (it depends on the day and mood).</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 12/05/2023</div> <div>Revision by: Donna Duah (Registered Nurse)</div> <div>• SLEEPWEAR: (Olive) prefers to wear (long night gown, pajamas bottoms, etc.).</div> <div>Date Initiated: 11/15/2023</div> <div>Created on: 11/15/2023</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 11/18/2023</div> <div>Revision by: Donna Duah (Registered Nurse)</div>	PCA  	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
Created by: Edna James (Registered Practical Nurse)		Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/10/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Olive/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/04/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BARRIER CREAM: Apply skin barrier (SPECIFY) to perineal area to safeguard against excessive moisture after incontinence episode.Rash to under right breast: Apply barrier cream daily and PRN until healed Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA		
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Cognitive Limitation Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse)		• Olive will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 12/03/2025 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	• BATHING: Olive prefers shower on (Saturday AM and Tuesday AM) and is able to wash her face but sometimes won't. 1 staff to provide EXTENSIVE assistance and provide Nail Care.Staff to Strip the linens, wipe mattress with Virox and place new linens. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/26/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED MOBILITY: Olive is able to actively assist with repositioning. 1 staff to provide LIMITED to EXTENSIVE assistance for bed mobility. Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Olive requires one staff to provide LIMITED to EXTENSIVE assistance		PCA		
Allergies	No Known Allergies			D.O.B.	11/30/1934	Physician	TANUJAA HARRICHARAN
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	SCOTT, OLIVE (925171002132)			Admission Date	11/14/2023	Location	Lotus Way 112LW 2 2
Last Care Plan Review Completed:		12/03/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>for dressing. She is able to lift her arms and help by lifting her legs.  Date Initiated: 11/14/2023  Created on: 11/14/2023  Created by: Edna James (Registered Practical Nurse)  Revision on: 11/24/2025  Revision by: Richele Rosales (RAI Coordinator)  • EATING: Olive requires 1 Staff to provide SUPERVISION and SET UP assistance    PCA  for eating.  Date Initiated: 11/14/2023  Created on: 11/14/2023  Created by: Edna James (Registered Practical Nurse)  Revision on: 02/20/2025  Revision by: Alison McAulay (RN)  • LOCOMOTION: Olive is INDEPENDENT with mobilizing on the unit in her w/c and    PCA  is TOTAL assistance for locomotion off the unit.  Date Initiated: 11/14/2023  Created on: 11/14/2023  Created by: Edna James (Registered Practical Nurse)  Revision on: 02/20/2025  Revision by: Alison McAulay (RN)  • PERSONAL HYGIENE: Olive requires 1 person to provide LIMITED to EXTENSIVE    PCA  assist. She is able to wash her face and apply deodorant.  Date Initiated: 11/14/2023  Created on: 11/14/2023  Created by: Edna James (Registered Practical Nurse)  Revision on: 11/24/2025  Revision by: Richele Rosales (RAI Coordinator)  • HAND HYGIENE:Olive requires 1 staff LIMITED assistance to complete task of    PCA  Hand Hygiene each day.  Date Initiated: 11/14/2023  Created on: 11/14/2023  Created by: Edna James (Registered Practical Nurse)  Revision on: 02/20/2025  Revision by: Alison McAulay (RN)  • TOILET USE: Olive requires one staff to provide EXTENSIVE assistance for    PCA  toileting . Sometimes Olive declines to go to the washroom when her pad is soiled.</p>				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	11/30/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	SCOTT, OLIVE (925171002132)		<b>Admission Date</b>	11/14/2023	<b>Location</b>	Lotus Way 112LW 2 2
<b>Last Care Plan Review Completed:</b>		12/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Cognitive Limitation</li> </ul> <p>Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse)</p>		<p>She does not always perform peri care adequately and therefore her pad can be changed in bed.</p> <p>Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 08/14/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>TRANSFERRING: Olive requires one staff to provide EXTENSIVE assistance for transferring. She is able to weight bear on both legs.</li> </ul> <p>Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>ORAL CARE: Olive has OWN TEETH. 1 staff to provide SUPERVISION and SET UP assistance for oral care.</li> </ul> <p>Date Initiated: 11/14/2023 Created on: 11/14/2023 Created by: Edna James (Registered Practical Nurse) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>FOOT CARE: PSW, Registered staff to complete toenail care every shower day. Report long toe nails or other abnormalities as noted.</li> </ul> <p>Date Initiated: 11/27/2023 Created on: 11/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/30/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SCOTT, OLIVE (925171002132)	<b>Admission Date</b>	11/14/2023	<b>Location</b>	Lotus Way 112LW 2 2
<b>Last Care Plan Review Completed:</b>		12/03/2025			

## Care Plan Report

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**Diagnosis**

Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090), Hyperlipidaemia, unspecified(E78.5), Other cholelithiasis without mention of obstruction(K80.80), Transient cerebral ischaemic attack, unspecified(G45.9)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/30/1934	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Diverticular disease of small intestine without perforation or abscess(K57.1), Unspecified fracture of neck of femur, closed(S72.090),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SCOTT, OLIVE (925171002132)	<b>Admission Date</b>	11/14/2023	<b>Location</b>	Lotus Way 112LW 2 2
<b>Last Care Plan Review Completed:</b>		12/03/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Alteration in skin integrity related to BRUISE to Ble purple bruise to left shin. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>		<p>• To promote intact skin integrity through healing of BRUISE by Jan 27. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 03/08/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Janet/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with blue purple bruise to left shin for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• WEEKLY ASSESSMENT- Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>				
<p>• Alteration in skin integrity related to blue purple bruise to right shin. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>		<p>• To promote intact skin integrity through healing of BRUISE by Jan 27. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 03/08/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Janet/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with blue purple bruise to right shin for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse)</p>				
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed (S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1	
Last Care Plan Review Completed:		09/11/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Alteration in skin integrity related to blue purple bruise to right shin. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</div>			<div>Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse) • WEEKLY ASSESSMENT- Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/27/2025 Revision by: Rajdeep Kaur (Registered Nurse)</div>				
<div>• Active ROM. Date Initiated: 12/08/2025 Created on: 08/30/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To prevent further deterioration of (muscle name)bilateral upper and lower limb flexibility and strength from grade 3/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 12/08/2025 Created on: 08/30/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/08/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/08/2026</div>	<div>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using ROM, theraband/ball/weights/ as cooperates standing balance with 1 XA 3/wk. Date Initiated: 12/08/2025 Created on: 08/30/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
<div>• Ambulation. Date Initiated: 12/08/2025 Created on: 08/30/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• Janet to improve the ability to stand, bear weight and maintain transfer status in 6-8 months Date Initiated: 12/08/2025 Created on: 08/30/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/08/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/08/2026</div>	<div>• Janet is to perform balance exercises in standing using a wall bar side rail + 1 XA 3/wk. Date Initiated: 12/08/2025 Created on: 08/30/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Ambulation.</div> <div>Date Initiated: 12/08/2025</div> <div>Created on: 08/30/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/08/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To decrease Janet #'s falls to 0 over stay in the program.</div> <div>Date Initiated: 12/08/2025</div> <div>Created on: 08/30/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/08/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 03/08/2026</div>					
<div>• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of mild cognitive disorder.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• Janet will be supported to maintain cognitive function through the review date.</div> <div>Date Initiated: 06/17/2025</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 06/17/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Target Date: 03/08/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Janet/SDM in decision making of Cognitive Loss for (specify diagnosis).</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/27/2024</div> <div>Revision by: Donna Duah (RN)</div> <div>• HEALTH TEACHING: Engage with Janet/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Cognitive Impairment).</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/03/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• ORIENTATION: Gently reorient to (person, place, time) as needed when Janet is feeling lost or in confused state.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/27/2024</div> <div>Revision by: Donna Duah (RN)</div>	<div>Registered Practical Nurse RN</div> <div>Social Worker Registered Practical Nurse PCA RN</div> <div>RN Registered Practical Nurse PCA</div>			
<div>• Alteration in skin integrity with risk for infection or complications related to abrasion to forehead (onset Nov. 25, 2025)</div>	<div>• To promote optimal healing of abrasion in two weeks</div> <div>Date Initiated: 11/25/2025</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion to forehead for changes to health status and alteration or complications affecting skin integrity.</div>				
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/25/2025 Revision by: Olena Romaniuk (Registered Nurse)		Created on: 11/25/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/25/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 03/08/2026	Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/25/2025 Revision by: Nichole Seng (Registered Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 11/25/2025 Created on: 11/25/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/25/2025 Revision by: Nichole Seng (Registered Nurse)				
• Increased risk for FALLS related to Limitation of cognitive function/altered judgement. Date Initiated: 07/22/2025 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/22/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 09/08/2025 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/08/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/08/2026	• COMMUNICATION: Involve/collaborate with Janet/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/07/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/10/2024 Revision by: Donna Duah (RN) • CALL BELL: Place call bell within Janet's reach and remind/encourage to use it. Non- Compliant using call bell most of the time. Date Initiated: 10/07/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/30/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Janet needs adaptive equipment:(raised toilet seat, high/low bed, walker, wheelchair). Date Initiated: 10/07/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • BED: (place bed in knee high level, use high/low bed) to lower risk for injury. Date Initiated: 10/07/2024			RN Registered Practical Nurse  PCA Registered Practical Nurse RN  PCA RN Registered Practical Nurse  PCA RN	D/E/N
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved			
<div>• Increased risk for FALLS related to Limitation of cognitive function/altered judgement.</div> <div>Date Initiated: 07/22/2025</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 07/22/2025</div> <div>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>			Created on: 08/27/2024				Registered				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				Practical				
			Revision on: 10/10/2024				Nurse				
			Revision by: Donna Duah (RN)								
			• TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet.				PCA				
			Date Initiated: 12/17/2025				Registered				
			Created on: 12/18/2025				Staff				
			Created by: Catherine Park (Registered Practical Nurse)								
			• FOOTWEAR: Ensure Janet wears appropriate footwear -Running shoes for transfers. Non-skid socks for the night time.				PCA				
			Date Initiated: 10/07/2024				Registered				
			Created on: 08/27/2024				Practical				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				Nurse				
			Revision on: 05/15/2025				RN				
			Revision by: Jaspreet Samra (Registered Practical Nurse)								
			• HIP PROTECTORS: Janet wears hip protectors to safeguard against injury.				PCA	D/E/N			
			Date Initiated: 10/10/2024				RN				
			Created on: 10/10/2024				Registered				
			Created by: Donna Duah (RN)				Practical				
			Revision on: 05/30/2025				Nurse				
			Revision by: Jaspreet Samra (Registered Practical Nurse)								
			• ALARMS: Requires Personal Alarm when in bed and in wheelchair. Check placement and working order. Staff to respond when alarm is heard.				PCA	D/E/N			
			Date Initiated: 10/07/2024				Registered				
			Created on: 08/27/2024				Practical				
			Created by: Donna Duah (RN)				Nurse				
			Revision on: 05/15/2025				RN				
			Revision by: Jaspreet Samra (Registered Practical Nurse)								
			<div>• Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</div> <div>Date Initiated: 03/03/2025</div> <div>Created on: 03/03/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div>		<div>• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date.</div> <div>Date Initiated: 03/03/2025</div> <div>Created on: 03/03/2025</div> <div>Created by: Olena Romaniuk</div>	<div>• COMMUNICATION: Involve/ collaborate with Janet/SDM in decision making of osteoporosis care management.</div> <div>Date Initiated: 03/03/2025</div> <div>Created on: 03/03/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 03/03/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>					
Allergies	PHENobarbital			D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN				
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses										
Facility	Wellington Park Care Centre					Print Date	1/4/2026				
Resident	SPEERS, JANET (925171002200)			Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1				
Last Care Plan Review Completed:		09/11/2025									



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
		(Registered Nurse) Target Date: 03/08/2026	<ul style="list-style-type: none"> <li>• <b>EXERCISE:</b> To help maintain bone mass, encourage weight bearing and/or exercise as tolerated/ therapeutically suggested. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse)</li> <li>• <b>MEDICATION:</b> Administer medication (Vit D) for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> </ul>		Registered Staff PCA ACT	
<ul style="list-style-type: none"> <li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/03/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 03/08/2026</li> </ul>	<ul style="list-style-type: none"> <li>• <b>COMMUNICATION:</b> Involve/ collaborate with Janet/SDM in decision making of thyroid care management. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li>• <b>HEALTH TEACHING:</b> Engage with Janet/SDM to enhance her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with HYPOTHYROIDISM Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</li> <li>• <b>MEDICATION:</b> Administer medication for HYPOTHYROIDISM as per MD order.</li> </ul>		RN Registered Practical Nurse	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse)			Monitor effectiveness and for side effects. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/03/2025 Revision by: Olena Romaniuk (Registered Nurse)				
• URINARY Mixed INCONTINENCE related to Neurogenic Bladder and decreased mobility Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)		• Janet will have urinary incontinence managed every shift through to the next review period. Date Initiated: 09/08/2025 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/08/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/08/2026	• COMMUNICATION: Involve/collaborate with (Janet/SDM) for decision making about (incontinence management). Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/02/2024 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Janet for toileting needs, changes to health status and alteration of continence level Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • SCHEDULED TOILETING: Toilet Janet every 2 hours. Date Initiated: 09/05/2024			RN Registered Practical Nurse PCA  RN Registered Practical Nurse  PCA Registered Practical Nurse RN  PCA	   

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY Mixed INCONTINENCE related to Neurogenic Bladder and decreased mobility Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)			Created on: 09/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • INCONTINENCE PRODUCT: Janet uses medium protective underwear all day and night Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)		PCA Registered Practical Nurse	
• Potential for Persistent PAIN and alteration in comfort level related to Osteoporosis and conductive hearing loss. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/06/2025 Revision by: Nichole Seng (Registered Nurse)		• To promote Janet comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/08/2026	• COMMUNICATION: Involve/collaborate with Janet/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Janet's satisfaction for pain control. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • REST: accommodate Janet rest and relaxation preference (breaks between activities, remaining in bed). Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024		RN Registered Practical Nurse  RN Registered Practical Nurse  RN Registered Practical Nurse	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to Osteoporosis and conductive hearing loss.</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/06/2025 Revision by: Nichole Seng (Registered Nurse)</p>			<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		Registered Practical Nurse RN	
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications.</li> </ul> <p>Date Initiated: 12/06/2024 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To monitor effectiveness and for side effects of medication used each day through to the next review date</li> </ul> <p>Date Initiated: 06/17/2025 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/08/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Janet/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> <p>Date Initiated: 12/06/2024 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> <p>Date Initiated: 12/06/2024 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed</li> </ul> <p>Date Initiated: 12/06/2024 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/06/2024</p>			
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications. Date Initiated: 12/06/2024 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 12/06/2024 Created on: 12/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Use of PASD 2 1/4 bed rails to assist Janet with Activity of Daily Living. Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 12/05/2024 Revision by: Nichole Seng (Registered Nurse)</div>		<div>• Janet will be effectively supported with use of bed rails to optimize Activity of Daily Living (bed mobility and transfer) each day through to the next review date. Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/08/2026</div>	<div>• HEALTH EDUCATION: Engage with Janet/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed rails. Date Initiated: 12/16/2024 Created on: 12/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • MONITORING: Utilize holistic perspective of monitoring Janet for continued benefit to use bed rails as to support appropriate (bed mobility and transfers). Date Initiated: 12/16/2024 Created on: 12/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Janet with bed mobility and transfer in/out of bed. Monitor every shift. Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 12/16/2024</div>				
Allergies	PHENobarbital			D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)			Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Use of PASD 2 1/4 bed rails to assist Janet with Activity of Daily Living. Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 12/05/2024 Revision by: Nichole Seng (Registered Nurse)</li> </ul>		Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> <li>• SPIRITUAL BELIEFS: Janet has no religious affiliations but likes to attend mass occasionally. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</li> </ul>	<ul style="list-style-type: none"> <li>• To provide Janet spiritual support as interested through to the next review date. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/08/2026</li> </ul>	<ul style="list-style-type: none"> <li>• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of his/her choice including Church Service. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</li> <li>• PERSONAL CHOICE: Respect Janet's right to decline participation in Spiritual Program. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</li> </ul>			
<ul style="list-style-type: none"> <li>• STRONG PARTICIPATION in Activities. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</li> </ul>	<ul style="list-style-type: none"> <li>• Janet will be supported to maintain participation in activities 30-40 times per month by the next review date. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</li> </ul>	<ul style="list-style-type: none"> <li>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; (Exercise, Animal Visits, Bingo, Movies, Garden Programs, Outdoor Strolls, Music Entertainment, etc.). Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</li> <li>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching tv in her room, reading the daily chronicle, socializing with peers. Date Initiated: 10/21/2024</li> </ul>			
<b>Allergies</b>	PHENobarbital	<b>D.O.B.</b>	10/29/1922	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SPEERS, JANET (925171002200)	<b>Admission Date</b>	08/27/2024	<b>Location</b>	Lotus Way 112LW 2 1
<b>Last Care Plan Review Completed:</b>		09/11/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 03/08/2026  • Janet will maintain ISE score of 4 by the next review date. Date Initiated: 03/10/2025 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 03/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/08/2026	Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide) • HELPFUL HINTS: Identify Helpful Hints to ease communication while providing interactions. Janet is hard of hearing, speaking clearly and facing towards her helps her or using the whiteboard to communicate through written messages. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 12/03/2025 Revision by: Rachel Budai (Recreation Aide) • ONE to ONE: Provide her with individual visits for conversations about her working life. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 12/03/2025 Revision by: Rachel Budai (Recreation Aide) • THERAPIES: Present Janet with art therapy, music therapy, aromatherapy, massage therapy to improve comfort, attachment, identity, inclusion, occupation, and fun. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)				
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 06/17/2025 Created on: 09/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/17/2025 Revision by: Vesey Muthu-Vojtek	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Janet's usual skin condition to Registered Staff as noted. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Janet/SDM in health education regarding				
Allergies	PHENobarbital			D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)			Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		(RAI Coordinator) Target Date: 03/08/2026	<p>prevention of skin impairment and management. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EQUIPMENT: Janet requires Roho cushion to offload pressure. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/12/2025 Revision by: Danielle Knott (ADOC)</p> <p>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	
<p>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Hard of hearing to left or right side Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• Janet will be supported to make basic needs known each day through to the review date. Date Initiated: 09/08/2025 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/08/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/08/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Janet/SDM for decision making about strategies needed to support effective communication. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN)</p> <p>• HEALTH TEACHING: Engage with Janet/SDM to enhance their knowledge of : communication devices, change in health status affecting communication ability. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PRIMARY LANGUAGE: Janet's primary language is (she is (able to speak/understand) English. Date Initiated: 08/27/2024</p>			<p>RN PCA Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>	
Allergies	PHENobarbital			D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)			Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Hard of hearing to left or right side</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/05/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/27/2024</div> <div>Revision by: Donna Duah (RN)</div> <div>• COMMUNICATION DEVICE: (R uses (writing pad) to enhance communication.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/27/2024</div> <div>Revision by: Donna Duah (RN)</div> <div>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/08/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>			RN	
						Registered	
						Practical	
						Nurse	
<div>• Potential for BOWEL INCONTINENCE related to (Forgetfulness/not able to make it in time)</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/02/2024</div> <div>Revision by: Donna Duah (RN)</div>		<div>• Janet will have bowel incontinence managed every shift through to the next review period.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/02/2024</div> <div>Revision by: Donna Duah (RN)</div> <div>Target Date: 03/08/2026</div>	<div>• COMMUNICATION: Involve/collaborate with (Janet/SDM) for decision making about (SPECIFY: bowel function, toileting options, incontinence or ostomy management, etc).</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/27/2024</div> <div>Revision by: Donna Duah (RN)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Janet for changes to health status, alteration of continence level or bowel function.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/03/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• BOWEL Continence level is CONTINENT. Report change to level as noted.</div> <div>Date Initiated: 08/27/2024</div> <div>Created on: 08/27/2024</div>			PCA	
						RN	
						Registered	
						Practical	
Allergies		PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis		Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses					
Facility		Wellington Park Care Centre				Print Date	1/4/2026
Resident		SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for BOWEL INCONTINENCE related to (Forgetfulness/not able to make it in time)</p> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/02/2024 Revision by: Donna Duah (RN)</p>		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)</p>	Nurse		
<p>• Sleep Patterns; Potential for alteration in sleep patterns related to new environment.</p> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote adequate rest/sleep for Janet based on identified sleep patterns/preferences each night through to the next review date.</p> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN) Target Date: 03/08/2026</p>	<p>• REST PATTERN: Preferred bedtime (2100hrs), usual wake time (0800 &amp; 0830hrs) and daytime naps (No specific time).</p> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN)</p> <p>• SLEEPWEAR: Janet prefers to wear (long/short night gown, pajamas bottoms).</p> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN)</p>	<p>PCA Registered Practical Nurse RN</p> <p>PCA Registered Practical Nurse RN</p>		
<p>• Potential to experience FOOT/FEET complications related to thickened and fungal toe nails.</p> <p>Date Initiated: 08/29/2024 Created on: 08/29/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 08/29/2024 Revision by: Nichole Seng (Registered Nurse)</p>	<p>• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date.</p> <p>Date Initiated: 08/29/2024 Created on: 08/29/2024 Created by: Nichole Seng</p>	<p>• COMMUNICATION: Involve/collaborate with Janet/SDM in decision making for foot care treatment plan.</p> <p>Date Initiated: 08/29/2024 Created on: 08/29/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 09/02/2024 Revision by: Donna Duah (RN)</p> <p>• TREATMENT PLAN: Janet requires footcare/treatment every 6 weeks, 8 weeks, PRN, etc.).</p>	<p>Footcare Nurse - Internal Registered Practical Nurse RN</p>		
<b>Allergies</b>	PHENobarbital	<b>D.O.B.</b>	10/29/1922	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SPEERS, JANET (925171002200)	<b>Admission Date</b>	08/27/2024	<b>Location</b>	Lotus Way 112LW 2 1
<b>Last Care Plan Review Completed:</b>		09/11/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		(Registered Nurse) Target Date: 03/08/2026	Date Initiated: 08/29/2024 Created on: 08/29/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERENCE: Janet likes to have (Specify; footcare in morning, footcare with family present, PSW at bedside for comfort/distraction, family to trim toenails, etc.). Date Initiated: 08/29/2024 Created on: 08/29/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Footcare Nurse - Internal	
• Nutrition Risk Level Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Janet will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 09/02/2024 Created on: 09/02/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 09/02/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/08/2026  • Will weigh within IBWR of 44-57 kg/BMI 18-23 through to next review date. Date Initiated: 09/02/2024 Created on: 09/02/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 09/02/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/08/2026	• NUTRITION RISK: Janet is MODERATE risk level. Date Initiated: 09/02/2024 Created on: 09/02/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/10/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Janet will receive REGULAR diet, REGULAR texture  Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 04/10/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID CONSISTENCY: Janet drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/28/2024 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Janet to drink a minimum of 1296 ml per day. Date Initiated: 09/02/2024 Created on: 09/02/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD))			Dietitian (RD)	
Allergies	PHENobarbital			D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)			Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> <p>Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<ul style="list-style-type: none"> <li>• Janet will be adequately hydrated aeb drinking at least 80% of total fluid requirement @30 ml/kg, 54 kg through to next review date.</li> </ul> <p>Date Initiated: 09/02/2024 Created on: 09/02/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/08/2026</p>	<ul style="list-style-type: none"> <li>• DINING INSTRUCTIONS: Provide close supervision due to risk of choking. POA is aware and accepting of choking risk with regular texture. Resident will refuse the minced texture due to ++disliking it.</li> </ul> <p>Date Initiated: 04/10/2025 Created on: 04/10/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/10/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p>		Registered Practical Nurse	
<ul style="list-style-type: none"> <li>• Expressed Wishes and Beliefs related to Janet Medical Treatment and End of Life Care</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Donna Duah (RN) Revision on: 08/27/2024 Revision by: Donna Duah (RN)</p>		<ul style="list-style-type: none"> <li>• To support and honor Janet's expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Donna Duah (RN) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/08/2026</p>	<ul style="list-style-type: none"> <li>• CPR: Janet wishes express NO CPR and NO TRANSFER to hospital.</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Donna Duah (RN) Revision on: 08/27/2024 Revision by: Donna Duah (RN) <li>• COMMUNICATION: Janet expressed wishes indicate that she would like OR would NOT like) to be included in conversations of prognosis, treatment for end of life.</li> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Donna Duah (RN) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> </p>		RN Registered Practical Nurse  Social Worker RN Registered Practical Nurse	
<ul style="list-style-type: none"> <li>• Potential to experience (rash, hives) related to ALLERGY of (Phenobarbital).</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN)</p>		<ul style="list-style-type: none"> <li>• Janet will be protected from exposure to allergen each day through next review date.</li> </ul> <p>Date Initiated: 06/17/2025 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/17/2025 Revision by: Vesey Muthu-Vojtek</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Janet/SDM in decision making and health teaching about ALLERGY to (Phenobarbital).</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN) <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Janet with for changes to health status and complications.</li> </p>		RN Registered Practical Nurse  RN Registered	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		(RAI Coordinator) Target Date: 03/08/2026	Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ALLERGY ALERT: Janet has ALLERGY to Phenobarbital. Prevent contact with and report if noted to experience symptoms (rash, hives). Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Janet Allergy to (Phenobarbital) and minimize risk for exposure to allergen. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2024 Revision by: Donna Duah (RN)				Practical Nurse     Registered Practical Nurse RN    RN Registered Practical Nurse	
• Altered VISION related to Presbyopia Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Janet supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/30/2024 Revision by: Donna Duah (RN) Target Date: 03/08/2026	• COMMUNICATION: Involve/collaborate with Janet/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/30/2024 Revision by: Donna Duah (RN) • HEALTH TEACHING: Engage with Janet/SDM to enhance their knowledge of (Presbyopia) affecting vision. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/30/2024 Revision by: Donna Duah (RN) • EYEGLASSES: Janet wears eyeglasses. Assist to clean eyeglasses as needed and store (on night table) when sleeping. Date Initiated: 08/27/2024				Registered Practical Nurse RN     RN Registered Practical Nurse    PCA RN Registered Practical	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN		
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1		
Last Care Plan Review Completed:		09/11/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered VISION related to Presbyopia Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/02/2024 Revision by: Donna Duah (RN)			Nurse	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Janet will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 09/08/2025 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/08/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/08/2026	• BATHING: Janet prefers shower on Wednesday and Sundays DAYS. Janet requires 1 staff to provide EXTENSIVE assistance to complete the shower as she will only wash her face. Staff to Strip the linens, wipe mattress with Virox and place new linens.Nail care to be provided on shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/29/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) • BED MOBILITY: Janet requires 1 staff to provide EXTENSIVE assistance for bed mobility. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • DRESSING: Janet requires 1 staff to provide EXTENSIVE assistance for dressing. Janet can lift her arms to assist. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • EATING: Janet requires 1 staff to provide SUPERVISION and SET UP assistance for eating. Date Initiated: 08/27/2024 Created on: 08/27/2024			PCA	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • LOCOMOTION: Janet requires 1 staff to provide EXTENSIVE assistance for locomotion on the unit. Janet is using wheelchair and propels for short distances before needing help. 2 Staff to provide TOTAL assistance to go off the unit as her w/c does not fit on the w/c mover. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL HYGIENE: Janet requires 1 staff to provide EXTENSIVE assistance for hygiene. She is able to wash her face. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer, rub hands together for hand hygiene. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • TOILET USE: Janet requires 1 staff to to provide EXTENSIVE assistance for toileting in her washroom as she is very unsteady. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • TRANSFERRING: Janet requires 1 staff to provide EXTENSIVE assistance with transferring as she has decreased balance. Date Initiated: 08/27/2024			PCA	
Allergies	PHENobarbital		D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN	
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	SPEERS, JANET (925171002200)		Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>ORAL CARE: Janet has DENTURES and wears them to bed at night. She requires 1 staff to provide SUPERVISION and SET UP assistance for oral care.</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> <li>FOOT CARE:: PSW and Registered staff to complete toenail care every shower days. Report long toe nails or other abnormalities as noted.</li> </ul> <p>Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/28/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA Registered Practical Nurse RN	

<b>Allergies</b>	PHENobarbital	<b>D.O.B.</b>	10/29/1922	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	SPEERS, JANET (925171002200)	<b>Admission Date</b>	08/27/2024	<b>Location</b>	Lotus Way 112LW 2 1
<b>Last Care Plan Review Completed:</b>		09/11/2025			




## Care Plan Report

### Diagnosis

Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral vertigo(H81.3), Mononeuropathy, unspecified(G58.9), Mild cognitive disorder(F06.7), Conductive hearing loss, unspecified(H90.2), Depressive episode, unspecified(F32.9)

Allergies	PHENobarbital	D.O.B.	10/29/1922	Physician	TANUJAA HARRICHARAN
Diagnosis	Hypothyroidism, unspecified(E03.9), Osteoporosis, unspecified(M81.9), Unspecified fracture of neck of femur, closed(S72.090), Fracture of shaft of humerus, closed(S42.300), Other peripheral verti...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	SPEERS, JANET (925171002200)	Admission Date	08/27/2024	Location	Lotus Way 112LW 2 1
Last Care Plan Review Completed:		09/11/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Use of PASD (bilateral partial bed rails) to assist resident with Activity of Daily Living (bed mobility and transfers).</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>• Lois will be effectively supported with use of bed rails to optimize Activity of Daily Living (bed mobility and transfers) each day through to the next review date.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/03/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 03/12/2026</p>	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Resident/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (bed rails).</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use bed rails as to support appropriate (bed mobility and transfers).</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/03/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• BED RAIL (TWO PARTIAL 1/4 Rails)</li> </ul> <p>in USE as a PASD to assist resident with bed mobility, transfer in/out of bed. Monitor every shift.</p> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/09/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			PCA	D/E/N
<ul style="list-style-type: none"> <li>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to new environment.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>• To promote adequate rest/sleep for Lois based on identified sleep patterns/preferences each night through to the next review date.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/12/2026</p>	<ul style="list-style-type: none"> <li>• REST PATTERN: Preferred bedtime 2100, usual wake time 0700-0800.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• SLEEPWEAR: Lois prefers to wear long/short night gown, pajamas bottoms.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• MONITOR: Monitor Lois' sleeping patterns. Document when awake or asleep.</li> </ul> <p>Date Initiated: 12/03/2025</p>			PCA	Q1H
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified (M81.9), Fibromyalgia(M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to new environment.</li></ul> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
<ul style="list-style-type: none"><li>• Potential for BOWEL INCONTINENCE related to Limited Mobility.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/03/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<ul style="list-style-type: none"><li>• Lois will have bowel incontinence managed every shift through to the next review period.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/12/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Lois/SDM for decision making about bowel function, toileting options, incontinence management.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Lois for changes to health status, alteration of continence level or bowel function.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>• BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as   PCA noted.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/08/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• BOWEL MOVEMENT: Monitor Lois for bowel movement each shift and document   PCA number of occurrences, size and consistency.</li></ul> <p>Date Initiated: 12/02/2025</p>				
Allergies	Codeine		D.O.B.	06/22/1933		Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025		Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to Limited Mobility. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/03/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			<p>Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• INCONTINENCE PRODUCT: Resident uses Large brief for accidents though prefers bedpan/commode. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		PCA	
<p>• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<p>• To treat and/or minimize complications associated with ANEMIA each day through to the next review date Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Lois/SDM in decision making of hematologic care management for Anemia. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• HEALTH TEACHING: Engage with Lois/SDM to enhance her comprehension of treatment, possible complications, disease trajectory, etc. associated with anemia. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Lois with ANEMIA for complications or changes to health status. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),....See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<ul style="list-style-type: none"> <li>LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</p>		Registered Staff	
<ul style="list-style-type: none"> <li>Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD).</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>To treat and/or minimize complications associated with GERD each day through to the next review date.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Target Date: 03/12/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Lois/SDM in decision making for GERD Management.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>HEALTH TEACHING: Engage with Lois/SDM to enhance her comprehension of treatment, possible complications, disease trajectory, etc. associated with GERD.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Lois for management of GERD for discomfort/ complications or changes to health status.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		RN Registered Practical Nurse	
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD).</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<ul style="list-style-type: none"><li>• MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</p>		Registered Staff	
<ul style="list-style-type: none"><li>• Potential to experience , rash, hives, anaphylaxis, etc. related to ALLERGY of Codeine.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"><li>• Lois will be protected from exposure to allergen each day through next review date.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/12/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Lois/SDM in decision making and health teaching about ALLERGY to Codeine.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Lois with Codeine allergy for changes to health status and complications.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>• ALLERGY ALERT: Lois has ALLERGY to Codeine. Prevent contact with and report if noted to experience symptoms rash, hives, swelling, difficulty breathing, etc.</li></ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025</p>			
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),....See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential to experience , rash, hives, anaphylaxis, etc. related to ALLERGY of Codeine. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</div>			<div>Revision by: Harsimran Kaur (Registered Nurse) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Lois Allergy to Codeine. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • MEDICATION: Administer medication as per MD Order.Monitor its effectiveness. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</div>				
<div>• URINARY - Functional,INCONTINENCE related to altered mobility Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</div>		<div>• Lois will have urinary incontinence managed every shift through to the next review period. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Lois/SDM for decision making about toileting options or incontinence management. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Lois for toileting needs, changes to health status and alteration of continence level. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • URINARY Continence level is TOTALLY Incontinent. Report change to level as PCA noted. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/08/2025 Revision by: Richele Rosales (RAI Coordinator)</div>				
Allergies	Codeine			D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)			Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• URINARY - Functional,INCONTINENCE related to altered mobility Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<p>• CHECK and CHANGE: Lois experiences TOTAL incontinence and requires checks every 2 hours and change each time noted to be soiled. Date Initiated: 12/08/2025 Created on: 12/08/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/08/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Resident uses Large incontinence product throughout PCA day and night. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>				
<p>• Increased risk for FALLS related to Osteoporosis, and arthritis and anaemia. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Target Date: 03/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Lois/SDM in decision making in fall prevention Plan of Care. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• CALL BELL: Place call bell within Lois's reach to RIGHT side if needed), check that it is in working order and remind/encourage to use it. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• ENVIRONMENT: Secure environment : reduce clutter, night light, bathroom signage, toilet height, quiet environment, to reduce fall risk for Lois. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			Registered Practical Nurse	
Allergies	Codeine		D.O.B.	06/22/1933		Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),....See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025		Location	Lotus Way 108LW 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Increased risk for FALLS related to Osteoporosis, and arthritis and anaemia. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<p>• BED: place bed in lowest position for bedtime, use high/low bed, etc. to lower risk for injury. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/09/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	PCA	
		<p>• FOOTWEAR: Ensure resident wears appropriate footwear - non skid socks for transfers, ambulation. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/07/2025 Revision by: Catherine Park (Registered Practical Nurse)</p>	PCA	
		<p>• HIP PROTECTORS: Lois wears hip protectors for the night time to safeguard against injury. Report to Registered Staff if not wearing. Lois has a tendency to refuse hip protector and staff to respect her wishes. Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/22/2025 Revision by: Navpreet Kaur (DOC)</p>	PCA	D/E/N
		<p>• FLOOR MAT: Position floor mat on floor next to both side of bed to lower risk of injury. Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	PCA	
		<p>• ALARM: Requires personal alarm. Check placement and working order. Staff respond when alarm is heard. Date Initiated: 12/10/2025 Created on: 12/10/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/10/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>	PCA	D/E/N

<b>Allergies</b>	Codeine	<b>D.O.B.</b>	06/22/1933	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	WADE, LOIS (925171002322)	<b>Admission Date</b>	12/02/2025	<b>Location</b>	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Chronic PAIN and alteration in comfort level related to Osteoarthritis, hypertension and GERD as well Osteoporosis.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>		<p>• To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Target Date: 03/12/2026</p> <p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Target Date: 03/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Lois/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>			Registered Practical Nurse	
			<p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>			RN Registered Practical Nurse	
			<p>• NON VERBAL CUES of PAIN for Lois include - facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed, etc. Report these to Registered staff when observed.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>			PCA	
			<p>• PHYSIO TREATMENT:Lois to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week).</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>				
			<p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 12/22/2025</p> <p>Created on: 12/22/2025</p> <p>Created by: Olena Romaniuk (Registered Nurse)</p>			Registered Practical Nurse RN	
Allergies	Codeine			D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)			Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Chronic PAIN and alteration in comfort level related to Osteoarthritis, hypertension and GERD as well Osteoprosis.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<p>Revision on: 12/22/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>				
<ul style="list-style-type: none"> <li>Active ROM.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"> <li>To improve core m/s and bilateral lower limb strength from grade 3-/5 to grade 3+/5 in 6-8 months, (Manual Muscle Test)</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/12/2026</p> <ul style="list-style-type: none"> <li>To prevent further deterioration of bilateral upper / lower limb flexibility and strength from grade 3/5 in 3 months. (Manual Muscle Test)</li> </ul> <p>Date Initiated: 12/02/2025</p>	<ul style="list-style-type: none"> <li>Provide AROM abduction/ adduction/ extension/ flexion/ supination/pronation/dorsiflexion/plantarflexion)to Lois hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using AROM, AAROM, theraband/ball/weights/ as possible use pulleys and bike 3/wk.</li> </ul> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	Codeine			D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)			Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/12/2026				
<ul style="list-style-type: none"> <li>• Transfers.</li> </ul> Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none"> <li>• To decrease falls to 0 over the next 3 months.</li> </ul> Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/12/2026	<ul style="list-style-type: none"> <li>• Encourage + assist x2 with sit -&gt; stand transfer from bed, toilet, chair 3/wk.</li> </ul> Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
		<ul style="list-style-type: none"> <li>• To prevent a decline in transfers from Assist x2 + Pivot disc in 6-8 months.</li> </ul> Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/12/2026	<ul style="list-style-type: none"> <li>• Lois to perform balance exercises using a therapeutic ball with 1 XA in sitting 3/wk.</li> </ul> Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
		<ul style="list-style-type: none"> <li>• To improve transfer for assist x2 + Pivot disc to with proper set up + assist x1 in 6-8 months</li> </ul>				
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Transfers. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/02/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/12/2026					
• Nutrition Risk Level Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Lois will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/15/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/12/2026  • Will weigh within GWR/Realistic weight range of 72 - 87 kg/BMI 25- 30 through to next review date. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/15/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/12/2026	• NUTRITION RISK: Lois is LOW risk level. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/15/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Lois will receive Regular diet, Regular texture Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Lois drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/02/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Lois to drink a minimum of 1620 ml per day.  Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/15/2025 Revision by: Julia Pilca (Dietitian (RD)) • FOOD PREFERENCES: Lois enjoys drinking coffee with 1 sugar/1 cream. Dislikes			Dietitian (RD)	
Allergies	Codeine			D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)			Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Nutrition Risk Level</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<p>• Lois will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 81 kg through to next review date.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/15/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>Target Date: 03/12/2026</p> <p>• Will meet estimated nutritional requirements of 2025 kcal @ 25 kcal/kg, 97.2 g protein @ 1.2 g/kg through to next review date.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/15/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>Target Date: 03/12/2026</p>	<p>eating pears, apples and cucumbers.</p> <p>Date Initiated: 12/04/2025</p> <p>Created on: 12/04/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/04/2025</p> <p>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>				
<p>• Expressed Wishes and Beliefs related to (Lois) Medical Treatment and End of Life Care</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Donna Duah (RN)</p>		<p>• To support and honor Lois expressed wishes and beliefs through to the End of Life.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Donna Duah (RN)</p>	<p>• CPR: Lois wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Donna Duah (RN)</p>			Registered Practical Nurse RN	
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),....See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	Target Date: 03/12/2026					
<div>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</div>	<div>• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Lois/SDM in decision making of Cardiac Care Management for Hypertension. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Lois with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • VITAL SIGNS: Monitor vital signs as ordered . Notify MD of any significant abnormalities. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse)</div>	Registered Practical Nurse RN			
<div>• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</div>	<div>• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 12/02/2025</div>	<div>• COMMUNICATION: Involve/ collaborate with Lois/SDM in decision making of osteoporosis care management. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</div>				
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
up)		Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Target Date: 03/12/2026	Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • HEALTH EDUCATION: Engage with Lois/SDM to enhance his/her comprehension of treatment, possible complications, etc. associated with osteoporosis. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Jaspreet Samra (RAI Coord Back-up)		Registered Staff	
• Lois is experiencing colonization with Antibiotic Resistant Organism (ESBL) as of confirmed date: Dec., 2, 2025 (upon move in) Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Donna Duah (RN) Revision on: 12/02/2025 Revision by: Donna Duah (RN)		• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Donna Duah (RN) Target Date: 03/12/2026	• COMMUNICATION: Involve/collaborate with (Lois/SDM) with decision making for Antibiotic Resistant Organism treatment plan and update accordingly. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Donna Duah (RN) Revision on: 12/02/2025 Revision by: Donna Duah (RN) • HEALTH EDUCATION: Engage with Lois/SDM to enhance their knowledge of infection control practices hand hygiene, visitation, PPEs, isolation, transmission, etc. for Antibiotic Resistant Organism. Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Donna Duah (RN) Revision on: 12/02/2025 Revision by: Harsimran Kaur (Registered Nurse) • PPE PRECAUTIONS: Precaution identified as (CONTACT) for (ESBL) and requires use of the following PPEs (Gloves, Gown) when (providing direct care, handling soiled clothes and linens, disposing of incontinent product, etc.). Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Donna Duah (RN) Revision on: 12/02/2025		RN Registered Practical Nurse  PCA Registered Practical Nurse  Registered Practical Nurse PCA RN	
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>Lois is experiencing colonization with Antibiotic Resistant Organism (ESBL) as of confirmed date: Dec., 2, 2025 (upon move in)</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Donna Duah (RN)</li><li>Revision on: 12/02/2025</li><li>Revision by: Donna Duah (RN)</li></ul>		Revision by: Donna Duah (RN)				
<ul style="list-style-type: none"><li>Risk for Impaired SKIN INTEGRITY related to Impaired Mobility</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li></ul>	<ul style="list-style-type: none"><li>To protect and maintain skin integrity each day through to the next review.</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li><li>Target Date: 03/12/2026</li></ul>	<ul style="list-style-type: none"><li>SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li><li>HEALTH EDUCATION: Engage resident/SDM in health education regarding prevention of skin impairment and management of skin concerns.</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li><li>Revision on: 12/02/2025</li><li>Revision by: Harsimran Kaur (Registered Nurse)</li></ul>	PCA			
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility.</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li><li>Revision on: 12/02/2025</li><li>Revision by: Jaspreet Samra (RAI Coord Back-up)</li></ul>	<ul style="list-style-type: none"><li>Lois will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date.</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li></ul>	<ul style="list-style-type: none"><li>BATHING: Lois prefers shower on Monday morning and Friday evening. Resident requires 1 staff EXTENSIVE to MAXIMAL assistance for bathing. Assistive devices required include shower chair. Nail care to be provided on shower day.</li><li>Date Initiated: 12/02/2025</li><li>Created on: 12/02/2025</li><li>Created by: Jaspreet Samra (RAI Coord Back-up)</li><li>Revision on: 12/08/2025</li><li>Revision by: Richele Rosales (RAI Coordinator)</li><li>BED MOBILITY: Lois is able to participate in bed mobility.</li></ul>	PCA			
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),....See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			<p>• HAND HYGIENE: Lois is able to independently complete task of Hand Hygiene each PCA day.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>				
			<p>• HAND HYGIENE: 1 staff to provide LIMITED assistance to provide soap/water, apply sanitizer, rub hands together, dry hands, etc. for hand hygiene.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>				
			<p>• TOILET USE: Lois requires 1 staff to provide MAXIMAL to TOTAL assistance for toileting.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>				
			<p>• TRANSFERRING: 2 staff to provide TOTAL assistance using Pivot disc or MECHANICAL LIFT assistance for transferring.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>				
			<p>• ORAL CARE: Lois has few teeth only, 1 staff to provide LIMITED assistance for oral care.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>				
			<p>• FOOT CARE: PSW, to complete toenail care every Shower day. Report long toe</p>				
Allergies	Codeine		D.O.B.	06/22/1933	Physician	TANUJAA HARRICHARAN	
Diagnosis	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	WADE, LOIS (925171002322)		Admission Date	12/02/2025	Location	Lotus Way 108LW 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility.</li> </ul> <p> Date Initiated: 12/02/2025  Created on: 12/02/2025  Created by: Jaspreet Samra (RAI Coord Back-up)  Revision on: 12/02/2025  Revision by: Jaspreet Samra (RAI Coord Back-up) </p>		<p>nails or other abnormalities as noted.</p> <p> Date Initiated: 12/02/2025  Created on: 12/02/2025  Created by: Jaspreet Samra (RAI Coord Back-up)  Revision on: 12/02/2025  Revision by: Harsimran Kaur (Registered Nurse) </p>		

<b>Allergies</b>	Codeine	<b>D.O.B.</b>	06/22/1933	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	WADE, LOIS (925171002322)	<b>Admission Date</b>	12/02/2025	<b>Location</b>	Lotus Way 108LW 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
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### Diagnosis

Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia(M79.7), Urinary tract infection, site not specified(N39.0), Anaemia, unspecified(D64.9), Old myocardial infarction(I25.2), Idiopathic peripheral autonomic neuropathy(G90.0), Resistance to other specified extended spectrum betalactam antibiotics(U82.28), Atrial fibrillation, unspecified(I48.90), Diverticular disease of intestine, part unspecified, without perforation or abscess(K57.9)

<b>Allergies</b>	Codeine	<b>D.O.B.</b>	06/22/1933	<b>Physician</b>	TANUJAA HARRICHARAN
<b>Diagnosis</b>	Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Fibromyalgia (M79.7),...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	WADE, LOIS (925171002322)	<b>Admission Date</b>	12/02/2025	<b>Location</b>	Lotus Way 108LW 1