


## Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<p>• Anthony is experiencing episode of INFECTION -Wound. Onset date Dec 26, 2025.</p> <p>Date Initiated: 12/26/2025</p> <p>Created on: 12/26/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/26/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p>	<p>• To have infection adequately managed by January 3, 2026.</p> <p>Date Initiated: 12/26/2025</p> <p>Created on: 12/26/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/27/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>Target Date: 01/03/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Anthony/SDM) with decision making for infection treatment plan and update accordingly.</p> <p>Date Initiated: 12/26/2025</p> <p>Created on: 12/26/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/26/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• HEALTH EDUCATION: Engage with Anthony/SDM to enhance their knowledge of infection.</p> <p>Date Initiated: 12/26/2025</p> <p>Created on: 12/26/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/26/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• VITAL SIGNS: Monitor VITAL SIGNS (check temp every shift per order).</p> <p>Date Initiated: 12/27/2025</p> <p>Created on: 12/27/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 12/27/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• MEDICATIONS: Administer medication for wound infection as per MD/NP order.</p> <p>Date Initiated: 12/26/2025</p> <p>Created on: 12/26/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/26/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p>				RN Registered Practical Nurse	
<p>• Anthony has potential for withdrawal symptoms , mood and behavior symptoms related to history of Alcohol abuse and narcotic/cannabis abuse.</p> <p>Date Initiated: 11/02/2017</p> <p>Created on: 11/02/2017</p> <p>Created by: Bobby Deluao (Registered Practical Nurse)</p> <p>Revision on: 12/19/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• Anthony will remain free of non-prescribed (alcohol/narcotics) through next review date.</p> <p>Date Initiated: 06/23/2023</p> <p>Created on: 11/02/2017</p> <p>Created by: Bobby Deluao (Registered Practical Nurse)</p> <p>Revision on: 06/23/2023</p> <p>Revision by: Vesey Muthu-Vojtek</p>	<p>• SET BOUNDARIES: Discuss behavioural limits and expectations with Anthony. Be very clear with limits. Use written contract if necessary to establish behaviour boundaries.</p> <p>Date Initiated: 11/02/2017</p> <p>Created on: 11/02/2017</p> <p>Created by: Bobby Deluao (Registered Practical Nurse)</p> <p>Revision on: 06/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATIONS: Administer medications as ordered and monitor for side effects/effectiveness. Report to MD as necessary.</p>				Social Worker Director of Care	
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh	
Diagnosis	Benign hypertension(110.0), Stroke, not specified as haemorrhage or infarction(164), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		(RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 11/02/2017 Created on: 11/02/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
<ul style="list-style-type: none"><li>• Potential for PAIN and alteration in level of comfort related to immobility, CVA</li></ul> Date Initiated: 10/30/2018 Created on: 01/16/2018 Created by: Jacqueline Padulla (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"><li>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</li></ul> Date Initiated: 12/19/2025 Created on: 05/25/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Anthony/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li></ul> Date Initiated: 10/30/2019 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student) <ul style="list-style-type: none"><li>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li></ul> Date Initiated: 12/28/2020 Created on: 12/28/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator)			RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>• Active ROM.</li></ul> Date Initiated: 12/17/2025 Created on: 11/02/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none"><li>• To improve LT upper and lower limb strength from grade 2+/5 to grade 3/5 during the next 6-8 month.</li></ul> Date Initiated: 12/17/2025 Created on: 11/02/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<ul style="list-style-type: none"><li>• Provide AROM to RT side, LT side AAROM, in abduction/adduction/extension/flexion/supination/ pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using Manual AAROM, ROM, PROM as needed 2-3/wk.</li></ul> Date Initiated: 12/17/2025 Created on: 11/02/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)			Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025					

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Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 12/17/2025 Created on: 11/02/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	Physiotherapist) Target Date: 03/22/2026  <ul style="list-style-type: none"> <li>• To prevent further deterioration of RT side strength from grade 3-/5 in 3 months.</li> </ul> Date Initiated: 12/17/2025 Created on: 11/02/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026				
<ul style="list-style-type: none"> <li>• Wheelchair Mobility/ Repositioning.</li> </ul> Date Initiated: 12/17/2025 Created on: 03/08/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<ul style="list-style-type: none"> <li>• Anthoney to assist and improve in repositioning in a bed or in a bed from assist x2 to assist x1 in 6-8 months.</li> </ul> Date Initiated: 12/17/2025 Created on: 03/08/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026	<ul style="list-style-type: none"> <li>• Anthony to practice and provide active assistance for 2 XA repositioning in a bed or wheelchair 3/wk.</li> </ul> Date Initiated: 12/17/2025 Created on: 03/08/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA		
<ul style="list-style-type: none"> <li>• Potential to experience complications and side effects impacting quality of life related to PSYCHOTROPIC medications as triggered by repetitive physical movements, history of falls and Dx of Depression.</li> </ul> Date Initiated: 01/05/2018 Created on: 01/05/2018	<ul style="list-style-type: none"> <li>• To monitor effectiveness and for side effects of psychotropic medication used each day through to the next review date.</li> </ul> Date Initiated: 12/19/2025 Created on: 03/03/2020 Created by: Aline Mendoza (RAI Coord Back-up)	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Anthony/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)  <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident</li> </ul>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/20/1955	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	ASKEY, ANTHONY (925171001712)	<b>Admission Date</b>	10/31/2017	<b>Location</b>	Lilac Lane 306LL 3
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Resident is currently receiving Haldol PRN. Date Initiated: 01/05/2018 Created on: 01/05/2018 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 07/13/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)				
• High risk for FALLS related to history of falls, psychotropic medication use related to DX Depression and CVA. Date Initiated: 05/27/2023 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/19/2025 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• CALL BELL: Ensure call bell in place. Tony unable to hold/grab it. Date Initiated: 12/23/2024 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 12/23/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE AIDS: Place adaptive needed objects (telephone) within easy reach of Tony. Date Initiated: 06/06/2021 Created on: 03/24/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/27/2022 Revision by: Victoria Edwards (RPN) • ADAPTIVE EQUIPMENT: Anthony requires : Bolsters on bed. PASD tilt wheelchair in place for comfort. Date Initiated: 06/06/2023 Created on: 11/15/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 01/26/2025 Revision by: Danielle Knott (ADOC) • ENVIRONMENT: Ensure comfort and needs are met before leaving Anthony. Remind family and visiting friends not to try and self transfer Anthony.			PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)			Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025					

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Focus		Goal	Interventions		Position	Freq/Resolved	
<ul style="list-style-type: none"><li>• High risk for FALLS related to history of falls, psychotropic medication use related to DX Depression and CVA.</li></ul> <p>Date Initiated: 05/27/2023 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Date Initiated: 06/06/2021 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/27/2022 Revision by: Victoria Edwards (RPN)		PCA		
			<ul style="list-style-type: none"><li>• BED: Place bed in lowest position to lower risk for injury.</li></ul> <p>Date Initiated: 06/06/2021 Created on: 11/14/2017 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 06/27/2022 Revision by: Victoria Edwards (RPN)</p>				
			<ul style="list-style-type: none"><li>• PROGRAMS: ANTHONY is in falls prevention program focuses on Exercise program, post fall PT assessment, intervention recommendations. Encourage (Anthony) to participate in activities which encourage physical activity (Neurogym)</li></ul> <p>Date Initiated: 12/14/2022 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 12/14/2022 Revision by: Uzma Habib (PT - Physiotherapist)</p>				
<ul style="list-style-type: none"><li>• Tony is experiencing colonization with Antibiotic Resistant Organism (ESBL) as of confirmed date:</li></ul> <p>Date Initiated: 05/21/2023 Created on: 05/23/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/23/2023 Revision by: Donna Duah (Registered Nurse)</p>		<ul style="list-style-type: none"><li>• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review.</li></ul> <p>Date Initiated: 09/24/2024 Created on: 05/23/2023 Created by: Donna Duah (Registered Nurse) Revision on: 09/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with (Tony/SDM) with decision making for Antibiotic Resistant Organism treatment plan and update accordingly.</li></ul> <p>Date Initiated: 05/23/2023 Created on: 05/23/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/23/2023 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, isolation, transmission, etc.) for Antibiotic Resistant Organism.</li></ul> <p>Date Initiated: 05/21/2023 Created on: 05/23/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/23/2023 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none"><li>• PPE PRECAUTIONS: Precaution identified as CONTACT for (ESBL) and requires use of the following PPEs (Gloves, Gown) when (providing direct care, handling</li></ul>		RN Registered Practical Nurse		
<ul style="list-style-type: none"><li>• RN Registered Practical Nurse</li></ul>							
<b>Allergies</b>		No Known Allergies		<b>D.O.B.</b>	06/20/1955	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>		Benign hypertension(110.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>		Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>		ASKEY, ANTHONY (925171001712)		<b>Admission Date</b>	10/31/2017	<b>Location</b>	Lilac Lane 306LL 3
<b>Last Care Plan Review Completed:</b>		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Tony is experiencing colonization with Antibiotic Resistant Organism (ESBL) as of confirmed date: Date Initiated: 05/21/2023 Created on: 05/23/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/23/2023 Revision by: Donna Duah (Registered Nurse)</li></ul>		soiled clothes and linens, disposing of incontinent product, etc.). Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Luchel David (RPN) Revision on: 05/07/2025 Revision by: Donna Duah (RN)	Practical Nurse PCA			
<ul style="list-style-type: none"><li>• Use of PASD TILTED CHAIR to assist resident with Activity of Daily Living (ADL) such as positioning and comfort. Date Initiated: 10/24/2019 Created on: 01/06/2020 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 03/02/2023 Revision by: Victoria Edwards (RPN)</li></ul>	<ul style="list-style-type: none"><li>• Anthony will be effectively supported with use of seat belt to optimize Activity of Daily Living positioning and comfort each day through to the next review date. Date Initiated: 09/21/2023 Created on: 01/06/2020 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026</li></ul>	<ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage with Tony/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Tilted wheelchair. Date Initiated: 11/22/2021 Created on: 11/22/2021 Created by: Victoria Edwards (RPN) Revision on: 11/22/2021 Revision by: Victoria Edwards (RPN)</li><li>• MONITORING: Utilize holistic perspective of monitoring Tony for continued benefit to use TILTED WHEELCHAIR as to support appropriate positioning and comfort. Date Initiated: 06/01/2020 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/03/2021 Revision by: Victoria Edwards (RPN)</li><li>• TILTED CHAIR in USE as a PASD to support Tony with positioning and trunk control. Monitor every shift. Date Initiated: 06/01/2020 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN)</li></ul>	PCA	D/E/N		
<ul style="list-style-type: none"><li>• URINARY (functional) INCONTINENCE related to Dx. CVA and subdural</li></ul>	<ul style="list-style-type: none"><li>• Anthony will have urinary incontinence managed every</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with (Tony/SDM) for decision making about toileting options and incontinence management. Date Initiated: 06/05/2022</li></ul>				
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

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Focus		Goal	Interventions				Position	Freq/Resolved
Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse)		Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Tony for indications to change in or for escalating expressive behaviour risk. Date Initiated: 06/05/2022 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse) • PHYSICAL Behaviour: If Anthony is attempting to strikeout; move back from his/her reach. Calmly indicate that care will continue when he is calm/ready. Seek Registered Staff assistance. Date Initiated: 06/05/2022 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse) • PHYSICAL Behaviour: Personal care to be provided by 2 staff. 1 staff will explain the task and distract him, while 1 staff is doing the care. Date Initiated: 06/05/2022 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse) • VERBAL Behaviour: If Anthony is heard yelling, swearing or calling others names; calmly remind to lower his voice and that chosen words are not appropriate. Attempt to resolve his concern. Report episode to Registered Staff. Date Initiated: 06/05/2022 Created on: 03/09/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse) • SOCIALLY Inappropriate Behaviour: If Anthony is noted to spitting on floor and smearing feces, clean area using appropriate PPE. Report episode to Registered Staff. Date Initiated: 06/05/2022					
Allergies	No Known Allergies			D.O.B.	06/20/1955	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	ASKEY, ANTHONY (925171001712)			Admission Date	10/31/2017	Location	Lilac Lane 306LL 3	
Last Care Plan Review Completed:		12/19/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Expressive behavior of VERBALLY ABUSIVE and SOCIALLY INAPPROPRIATE related to Acquired Brain Injury from CVA, alcohol abuse</li></ul> <p>Date Initiated: 06/05/2022 Created on: 11/27/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse)</p>			<p>Created on: 03/09/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse)</p> <ul style="list-style-type: none"><li>SEXUAL Behaviour: Tony may make comments to staff such as asking for sex. When this happens, tell Tony that this is inappropriate. Report to Registered team member when this occurs.</li></ul> <p>Date Initiated: 10/14/2025 Created on: 10/14/2025 Created by: Danielle Knott (ADOC) Revision on: 10/14/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>MEDICATION: Administer medication for therapeutic treatment of expressive behavior as per MD Order. Monitor effectiveness and for side effects.</li></ul> <p>Date Initiated: 06/05/2022 Created on: 11/27/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 06/05/2022 Revision by: Michael Palangi (Registered Nurse)</p>			PCA Registered Practical Nurse RN	
<ul style="list-style-type: none"><li>COMMUNICATION: Resident has no deficit.</li></ul> <p>Date Initiated: 07/19/2021 Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/20/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>		<ul style="list-style-type: none"><li>Anthony will continue to freely express self and adequately comprehend information each day through to the next review period.</li></ul> <p>Date Initiated: 12/19/2025 Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Anthony/SDM for decision making about strategies needed to support effective communication.</li></ul> <p>Date Initiated: 07/19/2021 Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/19/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"><li>PRIMARY LANGUAGE: Anthony's primary language is English. He is able to speak/understand English.</li></ul> <p>Date Initiated: 07/19/2021 Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 08/24/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"><li>SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no All</li></ul>				
Allergies	No Known Allergies			D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)			Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• COMMUNICATION: Resident has no deficit.  Date Initiated: 07/19/2021  Created on: 07/19/2021  Created by: Genny Lourenco (Quality Improvement Coordinator)  Revision on: 07/20/2021  Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>		<p>questions, uses simple words/phrases.  Date Initiated: 09/20/2022  Created on: 09/20/2022  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 09/20/2022  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Potential to experience alteration in MOOD as Tony made negative statements, had repetitive health complaints, repetitive physical movements and questions, he was unpleasant in the mornings, persistently angry with others, and had repetitive verbalization's up to 5 days per week. related to cognitive impairment secondary to CVA and Alcohol abuse.  Date Initiated: 08/21/2020  Created on: 11/02/2017  Created by: Bobby Deluao (Registered Practical Nurse)  Revision on: 03/12/2021  Revision by: Cheryl Manzano (RAI Coordinator)</p>	<p>• Anthony will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.  Date Initiated: 12/19/2025  Created on: 08/21/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 12/19/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 03/22/2026</p>	<p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Anthony for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.  Date Initiated: 06/01/2020  Created on: 06/01/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 06/01/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• STRENGTHS: Build on Anthony effort to maintain control. Encourage him to express self, state preferences and make safe choices for care and activities. Anthony to continue to socialize with co-residents, and encourage Anthony to continue with his past hobbies. Likes to socialize and talk about sports and watch sports (Tennis). To continue to maintain as much independence as possible with giving choices.  Date Initiated: 12/28/2020  Created on: 11/09/2017  Created by: Jody McDonald (Social Worker)  Revision on: 11/22/2021  Revision by: Victoria Edwards (RPN)</p> <p>• DISTRACTION ACTIVITIES: Anthony can be calmed doing activities of interest including listening to music and watching movies in his own room.  Date Initiated: 11/06/2017</p>	<p>All</p> <p>ACT All</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/20/1955	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	ASKEY, ANTHONY (925171001712)	<b>Admission Date</b>	10/31/2017	<b>Location</b>	Lilac Lane 306LL 3
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential to experience alteration in MOOD as Tony made negative statements, had repetitive health complaints, repetitive physical movements and questions, he was unpleasant in the mornings, persistently angry with others, and had repetitive verbalization's up to 5 days per week. related to cognitive impairment secondary to CVA and Alcohol abuse. Date Initiated: 08/21/2020 Created on: 11/02/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator)</p>			<p>Created on: 11/06/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• FAMILY SUPPORT: Encourage and support visits from family and friends as often as possible. Call any number listed above Tony's bed from his own phone when there is a need for Tony to communicate with his family Date Initiated: 11/22/2021 Created on: 11/06/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 11/22/2021 Revision by: Victoria Edwards (RPN)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 01/10/2019 Created on: 01/10/2019 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			
<p>• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: CEREBROVASCULAR ACCIDENT (CVA), SEIZURE Disorder, SUBDURAL HEMATOMA, ETOH abuse Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/28/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p>		<p>• To treat and minimize signs/symptoms or complications associated with CEREBROVASCULAR ACCIDENT (CVA), SEIZURE Disorder through to the next review date. Date Initiated: 09/21/2023 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek</p>	<p>• COMMUNICATION: Involve/ collaborate with Anthony/ SDM in decision making of neurological care management for CEREBROVASCULAR ACCIDENT (CVA), SEIZURE Disorder Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• HEALTH EDUCATION: Engage with Anthony/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with CEREBROVASCULAR ACCIDENT (CVA), SEIZURE Disorder. Date Initiated: 03/11/2020 Created on: 03/11/2020</p>			
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(RAI Coordinator) Target Date: 03/22/2026	Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for Seizure disorder as per MD order. Monitor effectiveness and for side effects. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with CEREBROVASCULAR ACCIDENT (CVA), SEIZURE Disorder for changes to health status and alteration or complications affecting neurological function. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • SEIZURE Disorder: If seizure activity occurs alert registered staff immediately; place on side, protect from injury, maintain open airway. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) • SEIZURE Disorder: Anthony has potential for seizure activity, injury related to seizure disorder. Inform MD as it occurs. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	PCA Registered Staff All			
• Risk for impaired SKIN INTEGRITY related immobility, incontinence, history of pressure ulcers and cognitive impairment secondary to CVA/HEMATOMA Date Initiated: 11/02/2017 Created on: 11/02/2017	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/19/2025 Created on: 03/11/2020 Created by: Aline Mendoza (RAI	• SKIN CHECK: Check skin condition twice daily with AM and PM care. Report abnormalities to Registered Staff immediately as noted. Date Initiated: 11/18/2022 Created on: 07/03/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/09/2023	PCA	D/E		
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 12/28/2020 Revision by: Nicole Wieske (Registered Practical Nurse)		Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • EQUIPMENT: pressure reduction device applied to chair (Roho cushion) when up. Date Initiated: 01/02/2018 Created on: 01/02/2018 Created by: Susan Steen (Registered Practical Nurse) Revision on: 08/08/2025 Revision by: Danielle Knott (ADOC)  • SHEAR FRICTION: Keep bed as flat as tolerated to reduce shear. Date Initiated: 11/02/2017 Created on: 11/02/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)  • SHEAR FRICTION: Utilize wendylett sheet when moving resident in bed to minimize shear friction. Date Initiated: 07/18/2025 Created on: 07/18/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 07/18/2025 Revision by: Maria Kabli (Registered Practical Nurse)  • BARRIER CREAM: Apply skin barrier after each incontinent episode and BID Date Initiated: 11/02/2017 Created on: 11/02/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 09/20/2019 Revision by: Aline Mendoza (RAI Coord Back-up)			PCA   <	

## Care Plan Report

Focus		Goal	Interventions						Position	Freq/Resolved
		Coordinator) Target Date: 03/22/2026	<p>Created by: Jennifer Murphy (Registered Practical Nurse)</p> <p>Revision on: 06/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>• BOWEL MOVEMENT: Monitor for bowel movement each shift and document number of occurrences, size and consistency.</li> </ul> <p>Date Initiated: 11/02/2017</p> <p>Created on: 11/02/2017</p> <p>Created by: Jennifer Murphy (Registered Practical Nurse)</p> <p>Revision on: 12/28/2020</p> <p>Revision by: Nicole Wieske (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• INCONTINENCE PRODUCT: Tony uses blue brief for all shifts.</li> </ul> <p>Date Initiated: 12/28/2020</p> <p>Created on: 12/28/2020</p> <p>Created by: Nicole Wieske (Registered Practical Nurse)</p> <p>Revision on: 05/30/2022</p> <p>Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> <li>• BOWEL PATTERN: Anthony will have 1 soft formed BM Q1-3 days</li> </ul> <p>Date Initiated: 11/02/2017</p> <p>Created on: 11/02/2017</p> <p>Created by: Jennifer Murphy (Registered Practical Nurse)</p> <p>Revision on: 06/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>						PCA	
• Potential to experience FOOT/FEET complications related to fungal/thicken toenails. Date Initiated: 09/10/2020 Created on: 09/10/2020 Created by: Cheryl Manzano (RAI Coordinator) Revision on: 09/10/2020 Revision by: Cheryl Manzano (RAI Coordinator)		• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 12/19/2025 Created on: 09/10/2020 Created by: Cheryl Manzano (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with Tony in decision making for footcare treatment plan. Date Initiated: 09/10/2020 Created on: 09/10/2020 Created by: Cheryl Manzano (RAI Coordinator) Revision on: 09/10/2020 Revision by: Cheryl Manzano (RAI Coordinator)  • TREATMENT PLAN: Tony requires footcare/treatment PRN Date Initiated: 09/10/2020 Created on: 09/10/2020 Created by: Cheryl Manzano (RAI Coordinator) Revision on: 09/10/2020 Revision by: Cheryl Manzano (RAI Coordinator)							
Allergies	No Known Allergies					D.O.B.	06/20/1955		Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre								Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)					Admission Date	10/31/2017		Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025								

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience FOOT/FEET complications related to fungal/thicken toenails.</li> </ul> <p>Date Initiated: 09/10/2020 Created on: 09/10/2020 Created by: Cheryl Manzano (RAI Coordinator) Revision on: 09/10/2020 Revision by: Cheryl Manzano (RAI Coordinator)</p>						
<ul style="list-style-type: none"> <li>COGNITIVE LOSS; Alteration in thought process, memory loss and impaired decision making and poor judgment related to his neurocognitive disorder due to Stroke, Subdural Hematoma and Alcohol Abuse.</li> </ul> <p>Date Initiated: 08/21/2020 Created on: 11/02/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 08/21/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<ul style="list-style-type: none"> <li>Anthony will be supported to maintain cognitive function through the review date.</li> </ul> <p>Date Initiated: 12/19/2025 Created on: 11/02/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Anthony/SDM in decision making of Cognitive Loss for CONCUSSION.</li> </ul> <p>Date Initiated: 06/01/2020 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <li>ORIENTATION: Gently reorient to person, place and time as needed when Anthony is feeling lost or in confused state.</li> <p>Date Initiated: 11/02/2017 Created on: 11/02/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <li>COGNITIVE STIMULATION: Guide Anthony in activities to stimulate cognitive function activity; reading, trivia.</li> <p>Date Initiated: 06/01/2020 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> </p></p>		ACT	
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to;</li> </ul>		<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or</li> </ul>	<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with Hypertension and Hyperlipidaemia for changes to health status and alteration or</li> </ul>			
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Hypertension, Hyperlipidaemia Date Initiated: 09/20/2019 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		complications associated with Hypertension and Hyperlipidaemia through to the next review date. Date Initiated: 03/26/2024 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	complications affecting cardiac function. Date Initiated: 09/20/2019 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for Hypertension and Hyperlipidaemia as per MD Order and monitor for side effects. Date Initiated: 09/20/2019 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • WEIGHT: Check/Document weight monthly or as needed as per Order. Notify MD of any sudden weight gain. Date Initiated: 09/20/2019 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/20/2019 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. Date Initiated: 09/20/2019 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/20/2019 Revision by: Aline Mendoza (RAI Coord Back-up)		Registered Practical Nurse RN	
• Anthony has immunity impaired related to Dx of HEPATITIS C. Date Initiated: 02/12/2018 Created on: 02/12/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To have infection adequately managed and treated without further complications by next review date. Date Initiated: 09/24/2024 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/24/2024	• COMMUNICATION: Involve/collaborate with Anthony/SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 02/12/2018 Created on: 02/12/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 06/27/2022 Revision by: Victoria Edwards (RPN) • HEALTH EDUCATION: Engage with Anthony/SDM to enhance their knowledge of infection control practices hand hygiene, visitation, PPEs, isolation, transmission.			
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 02/12/2018 Created on: 02/12/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 06/27/2022 Revision by: Victoria Edwards (RPN) • PPE PRECAUTIONS: Precaution identified as CONTACT for HEPATITIS C and requires use of the following PPEs Gloves, Gown, Mask, Faceshield, Goggles when providing direct care, handling soiled clothes and linens, disposing of incontinent product. Date Initiated: 06/01/2020 Created on: 06/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/27/2022 Revision by: Victoria Edwards (RPN)	Personal Support Workers			
• Sleep Patterns; Potential for alteration in sleep patterns r/t Concussion and Depression Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To promote adequate rest/sleep for Anthony based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/19/2025 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• Required HS medication to assist with sleeping. Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 07/22/2019 Revision by: Vesey Muthu-Vojtek (Registered Practical Nurse) • REST PATTERN: Preferred bedtime 2000-2100, usual wake time (0700-0800) Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEPWEAR: Anthony prefers to wear regular clothes at night when sleeping Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	PCA			
• Altered ability to complete Activities of Daily Living (ADLs) r/t limited mobility due to Stroke and cognitive impairment due to CONCUSSION, ALCOHOL ABUSE and	• Anthony will have ALL ADL care tasks met each day through the next review date. Date Initiated: 12/19/2025	• BATHING: Tony prefers bed bath on Wednesday Evenings and Saturday Days. 2 staff to provide TOTAL assistance for bathing. Saturday DAYS. 2 STAFF FOR ALL CARE PROVIDED FOR SAFETY DUE TO HIS BEHAVIOR (VERBAL AND PHYSICAL ABUSIVE Nail care to be provided on bath day.On Bath days, strip the	PCA			
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
CEREBROVASCULAR ACCIDENT (CVA). Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	linens, wipe mattress with Virox and place new linens. Tony uses Wendylett sheets. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/20/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • BED MOBILITY: Anthony requires TOTAL assistance with 2 staff using a ceiling lift for bed Mobility. TWO (2) STAFF FOR ALL CARE PROVIDED FOR SAFETY DUE TO HIS BEHAVIOR (VERBAL AND PHYSICAL ABUSIVE). Date Initiated: 08/21/2020 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 07/13/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator) • DRESSING: Anthony requires TOTAL ASSISTANCE from 2 STAFF due to behaviors. Anthony is unable to complete this task on his own. Date Initiated: 08/21/2020 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 07/13/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator) • EATING: Anthony requires TOTAL ASSITANCE FROM 1 STAFF for eating. Anthony is able to hold a glass to drink his fluids when handed to him by the staff. ***HE PREFERS TO BE FED IN BED DUE TO BEHAVIORAL ISSUES***. Date Initiated: 08/21/2020 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 07/17/2023 Revision by: Maria Kabli (Registered Practical Nurse) • LOCOMOTION ON/OFF UNIT: TOTAL ASSISTANCE 1 STAFF by pushing his wheelchair on/off the unit. Date Initiated: 08/21/2020 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 07/13/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)				
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) r/t limited mobility due to Stroke and cognitive impairment due to CONCUSSION, ALCOHOL ABUSE and CEREBROVASCULAR ACCIDENT (CVA). Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</div>			• PERSONAL HYGIENE: Anthony requires TOTAL ASSISTANCE from 2 staff. 2 STAFF FOR ALL CARE PROVIDED FOR SAFETY DUE TO HIS BEHAVIOR (VERBAL AND PHYSICAL ABUSIVE). Date Initiated: 08/21/2020 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 08/21/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			PCA	
			• HAND HYGIENE: 1 staff to provide Anthony TOTAL assistance for hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene in common areas. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Dale Bamforth (Nurse Clinician ) Revision on: 07/30/2021 Revision by: Dale Bamforth (Nurse Clinician )			PCA All	
			• TOILET USE: Anthony requires TOTAL ASSISTANCE from 2 staff for toileting in bed. 2 STAFF FOR ALL CARE PROVIDED FOR SAFETY DUE TO HIS BEHAVIOR (VERBAL AND PHYSICAL ABUSIVE). Date Initiated: 08/21/2020 Created on: 11/03/2017 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 08/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
			• TRANSFERRING: Anthony requires TOTAL ASSISTANCE from 2 staff. He requires 2 STAFF FOR ALL CARE PROVIDED FOR SAFETY DUE TO HIS BEHAVIOR (VERBAL AND PHYSICAL ABUSIVE).Requires CEILING LIFT with medium sling size Date Initiated: 08/21/2020 Created on: 11/03/2017 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 09/12/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• TRANSFER LIFT/SLING: Hoyer Lift. Medium full and toileting slings needed for transfer. Date Initiated: 08/18/2020				
Allergies	No Known Allergies			D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)			Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) r/t limited mobility due to Stroke and cognitive impairment due to CONCUSSION, ALCOHOL ABUSE and CEREBROVASCULAR ACCIDENT (CVA).</li></ul> Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			<p>Created on: 08/18/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 07/16/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>ORAL CARE: Anthony requires total assistance in oral care twice a day or as needed.</li></ul> Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 06/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)						PCA	
			<ul style="list-style-type: none"><li>FOOT CARE: Toe nails to be cut and trimmed during shower days</li></ul> Date Initiated: 11/02/2017 Created on: 11/02/2017 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator)						PCA	
			<ul style="list-style-type: none"><li>HAIR CARE: TOTAL assistance</li></ul> Date Initiated: 10/31/2017 Created on: 10/31/2017 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 10/31/2017 Revision by: Lydia Lomo (Registered Practical Nurse)						PCA	
			<ul style="list-style-type: none"><li>PREFERENCE: Tony usually refuses to wear his ID bracelet.</li></ul> Tony prefer to stay in bed all shift, only get up at shower time. Date Initiated: 11/19/2018 Created on: 11/19/2018 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/21/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)						PCA	
<ul style="list-style-type: none"><li>Potential for altered genitourinary function or complications related to diagnosis of BENIGN PROSTATIC HYPERTROPHY (BPH).</li></ul> Date Initiated: 03/11/2020		<ul style="list-style-type: none"><li>To treat and minimize signs/symptoms or complications associated with BPH through to next review date.</li></ul>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Anthony/SDM in decision making for BPH care management.</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up)							
Allergies	No Known Allergies					D.O.B.	06/20/1955		Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre							Print Date	1/4/2026	
Resident	ASKEY, ANTHONY (925171001712)					Admission Date	10/31/2017		Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025								

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Date Initiated: 03/26/2024 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH TEACHING: Engage with Anthony/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with BPH. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with Benign Prostatic Hypertrophy for changes to health status and alteration or complications affecting urinary function. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up)			Registered Staff	
• Potential for CONSTIPATION related to daily use of psychotropic medication , decreased mobility and possible complications of CVA Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Anthony will have regular soft formed bowel movements every 1-2 days through to the next review. Date Initiated: 12/19/2025 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with Anthony/SDM for decision making regarding constipation management. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for constipation management and changes to health status and symptoms/ complications of constipation. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) • FLUIDS: Encourage resident to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) • PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 03/11/2020			Registered Staff	Registered Staff
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for CONSTIPATION related to daily use of psychotropic medication , decreased mobility and possible complications of CVA</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			<p>Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• NUTRITION increased fibre intervention in place. See Nutrition Care Plan.</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/15/2021 Revision by: ryk.hbradleyWPCC (Dietitian) <ul style="list-style-type: none"><li>• BOWEL PROTOCOL: In place as per MD order</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up)			Diet Registered Staff	
						Registered Staff	
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up)		<ul style="list-style-type: none"><li>• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date.</li></ul> Date Initiated: 09/21/2023 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Anthony/SDM in decision making of thyroid care management.</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Anthony/SDM to enhance his/her comprehension of treatment, possible complications associated with HYPOTHYROIDISM.</li></ul> Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with HYPOTHYROIDISM for changes to health status and alteration or complications</li></ul>			RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	06/20/1955		Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017		Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li> </ul> <p>Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>			<p>affecting endocrine function.</p> <p>Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order.</li> </ul> <p>Monitor effectiveness and for side effects.</p> <p>Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Anthony's Medical Treatment and End of Life Care</li> </ul> <p>Date Initiated: 12/08/2019 Created on: 12/08/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/08/2019 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<ul style="list-style-type: none"> <li>To support and honor Anthony expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 09/21/2023 Created on: 12/08/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li>CPR: Tony wishes express NO CPR and NO TRANSFER to hospital.</li> </ul> <p>Date Initiated: 02/19/2022 Created on: 02/19/2022 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 01/16/2024 Revision by: Richele Rosales (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>NEW: SPIRITUAL BELIEFS: Tony is non-religious</li> </ul> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Allyson Couto (Activities/Rec Therapy) Revision on: 10/11/2019 Revision by: Allyson Couto (Activities/Rec Therapy)</p>		<ul style="list-style-type: none"> <li>To provide Anthony spiritual support as interested through to the next review date.</li> </ul> <p>Date Initiated: 03/17/2023 Created on: 10/11/2019 Created by: Allyson Couto (Activities/Rec Therapy) Revision on: 03/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none"> <li>PERSONAL CHOICE: Respect Anthony's right to decline participation in Spiritual Programing.</li> </ul> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Allyson Couto (Activities/Rec Therapy) Revision on: 07/13/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>		ACT	
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• NEW: SPIRITUAL BELIEFS: Tony is non-religious  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)  Revision on: 10/11/2019  Revision by: Allyson Couto (Activities/Rec Therapy)</p>					
<p>• NEW: At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Low Motivation  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)</p>	<p>• Staff will support Anthony in decreasing social isolation by participating in activities of personal choice from 4-15 times per month by the next review date.  Date Initiated: 12/09/2024  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)  Revision on: 12/09/2024  Revision by: Elsa Ganem (Recreation Aide)  Target Date: 03/22/2026</p> <p>• Anthony will maintain ISE score of 5 by the next review date.  Date Initiated: 03/26/2024  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)  Revision on: 06/23/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• STRUCTURED ACTIVITIES: Invite Anthony to programs of personal interest; Word games, Trivia, Spelling Bee, You Be the Judge, music programs.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)  Revision on: 12/09/2024  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as watching movies in his room. Anthony will need assistance setting up his TV, change channels, control volume, etc.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)  Revision on: 12/09/2024  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Anthony mostly enjoys intellectual programming that exercises his mind. Anthony also enjoys all social carts and musical programming such as name that tune, and special entertainment. Anthony likes to talk about cars, big cats, music bands he enjoys such as ZZ Top, Deep Purple, etc. Also, Tony likes drinking non-alcoholic beer.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Allyson Couto (Activities/Rec Therapy)  Revision on: 12/09/2024  Revision by: Elsa Ganem (Recreation Aide)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/20/1955	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	ASKEY, ANTHONY (925171001712)	<b>Admission Date</b>	10/31/2017	<b>Location</b>	Lilac Lane 306LL 3
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• NEW: At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Low Motivation Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Allyson Couto (Activities/Rec Therapy)		Target Date: 03/22/2026	• ONE to ONE: Provide Anthony with individual visits in his room or outdoors for reminiscing and casual conversation such as news or the weather and trivia. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Allyson Couto (Activities/Rec Therapy) Revision on: 03/19/2023 Revision by: Elsa Ganem (Activities/Rec Therapy) • FAMILY INVOLVEMENT:May have own cannabis to use as needed when family visits and take him out for a smoke. (Family supply). Also, Tony calls his brother using his own telephone in his room. Date Initiated: 06/01/2020 Created on: 06/01/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 12/09/2024 Revision by: Elsa Ganem (Recreation Aide) • MUSIC CARE APPROACH: Present Tony with Musicking, Music Programming, Music Technology. Date Initiated: 12/09/2024 Created on: 12/09/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 12/09/2024 Revision by: Elsa Ganem (Recreation Aide)			ACT	
						Recreation Aide	
• Nutrition Risk Level - potential for altered intake patterns secondary to maladaptive behaviours Date Initiated: 11/07/2017 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 02/03/2018 Revision by: Helen Bradley (Dietitian)		• Anthony will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 11/07/2017 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 07/13/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator) Target Date: 03/22/2026  • Will weigh within Realistic weight range of 56-71 kg (BMI	• Dislikes include: vegetables, haddock Date Initiated: 06/18/2024 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 06/18/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager) • NUTRITION RISK: Anthony is at MODERATE nutrition risk Date Initiated: 06/18/2024 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Anthony will receive regular diet, PUREED texture Date Initiated: 06/18/2024			Dietitian (RD)	
						PCA	
Allergies	No Known Allergies		D.O.B.	06/20/1955	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ASKEY, ANTHONY (925171001712)		Admission Date	10/31/2017	Location	Lilac Lane 306LL 3	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>18-23) based on height 176 cm through to next review date. Date Initiated: 11/07/2017 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/22/2026</p> <p>• Tony will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 58.9 kg through to next review date. Date Initiated: 11/07/2017 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 06/18/2025 Revision by: Shereen Khan (Dietitian (RD)) Target Date: 03/22/2026</p>	<p>Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 09/25/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Anthony drinks regular/thin (Level 0)fluids Date Initiated: 06/18/2024 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 06/18/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Anthony to drink at least 1178 ml per day. Date Initiated: 06/18/2024 Created on: 11/07/2017 Created by: Helen Bradley (Dietitian) Revision on: 06/18/2025 Revision by: Shereen Khan (Dietitian (RD))</p> <p>• EXTRA FLUIDS: Offer an extra 125ml high moisture food or fluid at snack times daily (l.e. juice, water, etc.). Date Initiated: 05/03/2022 Created on: 05/03/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• DINING INSTRUCTIONS: If Tony refuses both meals or is agitated at Dinner please provide cheese or PB sandwich. Offer lactose-free milk and yogurt Date Initiated: 06/18/2024 Created on: 06/08/2022 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 01/07/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• PORTION SIZE: Anthony prefers large portions of main entree at meals. Date Initiated: 06/18/2024 Created on: 03/09/2021 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 06/18/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)</p>	PCA  <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level - potential for altered intake patterns secondary to maladaptive behaviours</li> </ul> <p> Date Initiated: 11/07/2017  Created on: 11/07/2017  Created by: Helen Bradley (Dietitian)  Revision on: 02/03/2018  Revision by: Helen Bradley (Dietitian) </p>		<ul style="list-style-type: none"> <li>• ENHANCED HYDRATION: Provide minimum 125ml x3 high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</li> </ul> <p> Date Initiated: 06/18/2024  Created on: 05/03/2022  Created by: Kaitlyn Myles (Dietitian)  Revision on: 06/18/2024  Revision by: Elisangela Napoli (FSM - Food Services Manager) </p> <ul style="list-style-type: none"> <li>• FOOD PREFERENCES: Anthony enjoys eating banana at breakfast (mashed), brown toast, double portion of mashed potatoes, lasagna, cannelloni, whole wheat bread (sandwiches), yogurt, strawberries, blueberries, blueberry pie, pudding.</li> </ul> <p> Date Initiated: 06/18/2024  Created on: 11/07/2017  Created by: Helen Bradley (Dietitian)  Revision on: 06/18/2024  Revision by: Elisangela Napoli (FSM - Food Services Manager) </p> <ul style="list-style-type: none"> <li>• HIGH FIBRE: Offer 2 tsp ground flax in cereal or yogurt at breakfast. Offer high fibre peach juice OD at breakfast as needed.</li> </ul> <p> Date Initiated: 06/18/2024  Created on: 04/17/2018  Created by: Helen Bradley (Dietitian)  Revision on: 06/18/2024  Revision by: Elisangela Napoli (FSM - Food Services Manager) </p>	PCA	D/E
			PCA	PRN

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/20/1955	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	ASKEY, ANTHONY (925171001712)	<b>Admission Date</b>	10/31/2017	<b>Location</b>	Lilac Lane 306LL 3
<b>Last Care Plan Review Completed:</b>		12/19/2025			


## Care Plan Report

### Diagnosis

Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspecified (with or without petit mal), intractable(G40.61), Acute hepatitis C(B17.1), Concussion(S06.0), Chronic hepatitis, unspecified(K73.9), Benign neoplasm of prostate(D29.1), Hypothyroidism, unspecified(E03.9), Anxiety disorder, unspecified(F41.9), Unspecified dementia(F03)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/20/1955	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Depressive episode, unspecified(F32.9), Personal history of alcohol abuse(Z86.40), Grand mal seizures, unspeci...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	ASKEY, ANTHONY (925171001712)	<b>Admission Date</b>	10/31/2017	<b>Location</b>	Lilac Lane 306LL 3
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"> <li>• Frank is experiencing episode of INFECTION (Rash (?contact dermatitis). Onset date Dec., 30 Date Initiated: 12/30/2025 Created on: 12/31/2025 Created by: Donna Duah (RN) Revision on: 12/31/2025 Revision by: Donna Duah (RN)</li> </ul>	<ul style="list-style-type: none"> <li>• To have infection adequately managed and treated without further complications by Jan., 6, 2026 Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Donna Duah (RN) Revision on: 12/31/2025 Revision by: Donna Duah (RN) Target Date: 01/06/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with (Frank/SDM) with decision making for infection treatment plan and update accordingly. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Donna Duah (RN) Revision on: 12/31/2025 Revision by: Donna Duah (RN)</li> <li>• VITAL SIGNS: Monitor VITAL SIGNS (Check temp every shift per order). Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Donna Duah (RN) Revision on: 12/31/2025 Revision by: Donna Duah (RN)</li> <li>• MEDICATIONS: Administer medication for (infection, pain, fever) as per MD order. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Donna Duah (RN) Revision on: 12/31/2025 Revision by: Donna Duah (RN)</li> </ul>	RN Registered Practical Nurse     RN Registered Practical Nurse  Registered Practical Nurse RN			
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to rash on left scapula Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>• To promote intact skin integrity through healing of rash by Jan 18th, 2026 Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) Target Date: 02/03/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of rash on left scapula as skin issue. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with rash on left scapula for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> <li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound</li> </ul>				
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1	
<b>Last Care Plan Review Completed:</b>		11/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to rash on left scapula Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> </ul>		Care Lead and MD as needed. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)			
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to rash on right scapula. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>• To promote intact skin integrity through healing of rash by Jan 18th, 2026 Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) Target Date: 02/03/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of rash on right scapula as skin issue. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with rash for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> <li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> </ul>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<div>• Alteration in skin integrity related to skin tear on plantar side of left foot.</div> <div>Date Initiated: 12/28/2025</div> <div>Created on: 12/28/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/28/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div>		<div>• To promote intact skin integrity through healing of skin tear by Jan 20th, 2026.</div> <div>Date Initiated: 12/28/2025</div> <div>Created on: 12/28/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/28/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Target Date: 02/03/2026</div>	<div>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of skin tear as skin issue.</div> <div>Date Initiated: 12/28/2025</div> <div>Created on: 12/28/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/28/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with skin tear for changes to health status and alteration or complications affecting skin integrity.</div> <div>Date Initiated: 12/28/2025</div> <div>Created on: 12/28/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/28/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div> <div>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</div> <div>Date Initiated: 12/28/2025</div> <div>Created on: 12/28/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/28/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div> <div>• TREATMENT: Perform wound treatment as per MD orders.</div> <div>Date Initiated: 12/28/2025</div> <div>Created on: 12/28/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/28/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div>			
<div>• Alteration in skin integrity related to skin tear on left ankle.</div> <div>Date Initiated: 12/14/2025</div> <div>Created on: 12/14/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/14/2025</div>		<div>• To promote intact skin integrity through healing of skin tear on the left ankle by January 9th, 2026</div> <div>Date Initiated: 12/14/2025</div> <div>Created on: 12/14/2025</div> <div>Created by: Sahar Khaliq</div>	<div>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of skin tear as skin issue.</div> <div>Date Initiated: 12/14/2025</div> <div>Created on: 12/14/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/14/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div>			
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision by: Sahar Khaliq (Registered Practical Nurse)		(Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) Target Date: 02/03/2026	<ul style="list-style-type: none"><li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with skin tear for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>• <b>WEEKLY ASSESSMENT:</b> Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li></ul>			
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to abrasion on left foot. Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li></ul>		<ul style="list-style-type: none"><li>• To promote intact skin integrity through healing of abrasion by January 10th, 2026 Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) Target Date: 02/03/2026</li></ul>	<ul style="list-style-type: none"><li>• <b>COMMUNICATION:</b> Involve/collaborate with (resident name)/SDM in decision making for treatment of abrasion as skin issue. Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with abrasion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>• <b>WEEKLY ASSESSMENT:</b> Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/14/2025 Created on: 12/14/2025</li></ul>			
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to abrasion on left foot.</li> </ul> <p>Date Initiated: 12/14/2025 Created on: 12/14/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p>		<p>Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/14/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p>		
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to abrasion on right lower back.</li> </ul> <p>Date Initiated: 12/05/2025 Created on: 12/05/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 12/05/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> <li>• To promote intact skin integrity through healing of abrasion by January 12, 2025.</li> </ul> <p>Date Initiated: 12/05/2025 Created on: 12/05/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 12/05/2025 Revision by: Mario Diamante (Registered Practical Nurse) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Frank/SDM in decision making for treatment of abrasion as skin issue.</li> </ul> <p>Date Initiated: 12/05/2025 Created on: 12/05/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 12/05/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion for changes to health status and alteration or complications affecting skin integrity.</li> </ul> <p>Date Initiated: 12/05/2025 Created on: 12/05/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 12/05/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li> </ul> <p>Date Initiated: 12/05/2025 Created on: 12/05/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 12/09/2025 Revision by: Danielle Knott (ADOC)</p>		

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Transfers.</li></ul> <p>Date Initiated: 10/28/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"><li>• To prevent a decline in transfers from 1 XA with set up transfer status in 3 months.</li></ul> <p>Date Initiated: 10/28/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"><li>• Encourage 1:1 Transfer practice with sit -&gt; stand transfer from bed, w/c chair with help of wall bar cues for safety 1-2 set of 3-5 each 3/wk.( participation depend on mood).</li></ul> <p>Date Initiated: 10/28/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<ul style="list-style-type: none"><li>• Strength ,ROM.</li></ul> <p>Date Initiated: 10/28/2025 Created on: 03/01/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"><li>• FRANK to prevent a decline in ROM, and to increase ROM and strength of the upper limb from 3 /5 to 3+/5 for safe transfer during the next 6-8 months.</li></ul> <p>Date Initiated: 10/28/2025 Created on: 03/01/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"><li>• Encourage FRANK to exercise on wall pulley and with free weight for upper limb , lower limb by standing and weight bearing on Leg 1-2 set of 3-5 each 3/wk.</li></ul> <p>Date Initiated: 10/28/2025 Created on: 03/01/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<ul style="list-style-type: none"><li>• NEW: STRONG PARTICIPATION in Activities.</li></ul> <p>Date Initiated: 09/30/2025 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 09/30/2025 Revision by: Elsa Ganem (Recreation Aide)</p>		<ul style="list-style-type: none"><li>• Frank will be supported to maintain/increase participation in activities of interest for a range of 10-20 times per month by the next review date.</li></ul> <p>Date Initiated: 11/06/2024 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 11/06/2024</p>	<ul style="list-style-type: none"><li>• STRUCTURED ACTIVITIES: Invite Frank to programs of personal interest such as bingo, special entertainment and Centrecise. Frank is attending programs of interest on Orchid Trail and on Lilac Lane. He will need assistance from any available staff to get to Orchid Trail.</li></ul> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>• SELF-DIRECTED ACTIVITIES: Encourage Frank to engage in self-directed</li></ul>			ACT	
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh	
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1	
Last Care Plan Review Completed:		11/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	<p>Revision by: Elsa Ganem (Recreation Aide) Target Date: 02/03/2026</p> <p>• Frank will maintain ISE score of 6 by the next review date. Date Initiated: 08/02/2024 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/03/2026</p>	<p>activities such as watching TV shows in his bedroom and reading the newspaper when available, as well as the daily chronicle provided to him by program staff and conversing with peers. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 05/10/2022 Revision by: Elsa Ganem (Activities/Rec Therapy)</p> <p>• ASSISTANCE: Provide assistance to get him to scheduled activities. Staff will remind him of programs' schedule and location, and accompany him in the elevator. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Frank will look at the calendar or ask programs staff what programs are happening each day so he can decide if he would like to choose to attend. Offer friendly reminders to Frank prior to program start time. Frank spends much of his day watching TV. Once a group program is completed, encourage Frank to watch TV in his bedroom or in the dining room. Frank also enjoys reading and looks forward to his copy of the "Daily Chronicle" each day. Daily chronicle will be provided by programs staff. Frank gets upset when staff take away some of his belongings, such as juice glass, empty cup/glasses, spoons, etc. Frank likes to keep napkins, straws, a spoon and sweeteners in his pocket. Staff can provide 2 straws, 2 sweeteners and 4 napkins to avoid him grabbing them from the serving station/snack cart without disinfecting his hands. Also, Frank likes to have a glass of water, and two glasses of different juice flavors. Frank will settle and enjoy his day once he has this available at his table. Frank attends programs on different floors. To avoid fluid spills, advice Frank to leave his drinks in his bedroom and inform him that staff will provide a drink on the floor where the program will be facilitated. To avoid agitating him, staff will clean up the excess of glasses from his bedroom/drawer once Frank is not present in his room (busy in the dining room, shower room, or out of the unit). Date Initiated: 09/30/2025</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• NEW: STRONG PARTICIPATION in Activities. Date Initiated: 09/30/2025 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 09/30/2025 Revision by: Elsa Ganem (Recreation Aide)</p>			<p>Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 09/30/2025 Revision by: Elsa Ganem (Recreation Aide) • SENSORY STIMULATION: Provide him with Sensory Stimulation for Hand Massage, Reading Aloud, Music Meditation and Aromatherapy. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide) • THERAPIES: Present Frank with music therapy, aromatherapy, massage therapy, to improve comfort, identity, inclusion, and fun. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide) • MUSIC CARE APPROACH: Present Frank with Music Programming such as musical bingo, Hymn Sing, Sing along, Environmental Sound. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p>				Recreation Aide	
<p>• High risk for FALLS r/t BKA, Peripheral Vascular Disease. Date Initiated: 03/16/2016 Created on: 03/02/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 09/15/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/03/2025 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Frank /SDM in decision making in fall prevention Plan of Care. Encourage him to call for help when needed and inform staff for any discomfort . Date Initiated: 09/15/2025 Created on: 03/10/2020 Created by: Edna James (Registered Practical Nurse) Revision on: 09/15/2025 Revision by: Maria Kabli (Registered Practical Nurse) • CALL BELL: Ensure call bell within Frank's reach. Date Initiated: 09/15/2025 Created on: 03/02/2016</p>				PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	09/19/1944		Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)			Admission Date	02/29/2016		Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 02/03/2026	<p>Created by: Benvi Mendoza (Registered Practical Nurse)  Revision on: 10/23/2025  Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ADAPTIVE EQUIPMENT: Frank needs adaptive equipment:(WINGED MATTRESS) PCA to reduce fall  Date Initiated: 09/15/2025  Created on: 10/30/2017</p> <p>Created by: Esther Dasari (Director of Care)  Revision on: 09/15/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• ENVIRONMENT: Secure environment (reduce clutter, check Frank's night table and PCA drawers and remove juices and other beverages. toilet height, quiet environment, etc.) to reduce fall risk for (Frank)  Date Initiated: 09/15/2025  Created on: 03/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)  Revision on: 09/15/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• BED: use high/low bed placed at his waist level to lower risk for injury. PCA  Date Initiated: 09/15/2025  Created on: 05/27/2023</p> <p>Created by: Victoria Edwards (RPN)  Revision on: 09/15/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• FOOTWEAR: Resident is presently not wearing shoe as it causes sores on his foot. PCA (Frank is to wear only NON-SKID sock on his left foot) for (transfers, ambulation). Registered Practical Nurse  (resident refuses to wear non skid sock to his left foot). RN  Date Initiated: 09/15/2025  Created on: 10/02/2024</p> <p>Created by: Donna Duah (RN)  Revision on: 09/15/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• PROGRAMS: FRANK is in PT falls prevention program focuses on EX program, post fall assessment , intervention recommendations.  Date Initiated: 09/15/2025  Created on: 05/27/2020</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• High risk for FALLS r/t BKA, Peripheral Vascular Disease.</p> <p>Date Initiated: 03/16/2016</p> <p>Created on: 03/02/2016</p> <p>Created by: Benvi Mendoza (Registered Practical Nurse)</p> <p>Revision on: 09/15/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p>		<p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 09/15/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</p> <p>Date Initiated: 09/15/2025</p> <p>Created on: 05/18/2017</p> <p>Created by: Nicole Wieske (Registered Practical Nurse)</p> <p>Revision on: 09/15/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p>			
<p>• Potential to experience alteration in RESPIRATORY FUNCTION related to [Chronic Obstructive Pulmonary Disorder (COPD)]</p> <p>Date Initiated: 09/06/2025</p> <p>Created on: 09/06/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 09/12/2025</p> <p>Revision by: Donna Duah (RN)</p>	<p>• To treat and minimize signs/symptoms or complications associated with (COPD) each day through to next review date.</p> <p>Date Initiated: 09/06/2025</p> <p>Created on: 09/06/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 09/06/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>Target Date: 02/03/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Frank/SDM in decision making of Respiratory Management for (COPD).</p> <p>Date Initiated: 09/06/2025</p> <p>Created on: 09/06/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 09/06/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with (COPD) for changes to health status and alteration or complications affecting respiratory function.</p> <p>Date Initiated: 09/06/2025</p> <p>Created on: 09/06/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 09/06/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• POSITIONING: To manage shortness of breath (SOB) elevate head of the bed as</p>	<p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in RESPIRATORY FUNCTION related to [Chronic Obstructive Pulmonary Disorder (COPD)]</p> <p>Date Initiated: 09/06/2025 Created on: 09/06/2025 Created by: Donna Duah (RN) Revision on: 09/12/2025 Revision by: Donna Duah (RN)</p>			<p>needed to improve breathing.</p> <p>Date Initiated: 09/06/2025 Created on: 09/06/2025 Created by: Donna Duah (RN) Revision on: 11/19/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• MEDICATION: Administer medication inhalers for COPD as per MD order and monitor for side effects.</p> <p>Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Donna Duah (RN) Revision on: 09/12/2025 Revision by: Donna Duah (RN)</p>			RN Registered Practical Nurse	
<p>• Balance.</p> <p>Date Initiated: 05/01/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• Mr. FRANK to prevent further decline in standing static/dynamic balance for safety transfer during next 6-8 months.</p> <p>Date Initiated: 10/28/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p> <p>• Frank to prevent further decline in sitting static/dynamic balance from 0 on MDS scale in next quarter.</p> <p>Date Initiated: 10/28/2025 Created on: 11/03/2017 Created by: Uzma Habib (PT -</p>	<p>• FRANK to perform balance exercises in standing by wall bar + need constant physical and verbal cues ( participation varies most of time refuse for standing balance Exs) 3/wk.</p> <p>Date Initiated: 10/28/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• Frank to perform balance exercises with therapeutic ball Exercises in sitting 1-2 set of 3-5 each 3/wk.</p> <p>Date Initiated: 10/28/2025 Created on: 11/03/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	No Known Allergies			D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)			Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Balance.</li> </ul> <p>Date Initiated: 05/01/2025 Created on: 09/14/2016 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/03/2026</p>			
<ul style="list-style-type: none"> <li>Use of PASD right bed rail to assist Frank with Activity of Daily Living (bed mobility and repositioning).</li> </ul> <p>Date Initiated: 01/18/2023 Created on: 01/26/2022 Created by: Victoria Edwards (RPN) Revision on: 07/26/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> <li>Frank will be effectively supported with use of bed rail PASD to optimize Activity of Daily Living bed mobility and repositioning each day through to the next review date.</li> </ul> <p>Date Initiated: 02/04/2025 Created on: 01/26/2022 Created by: Victoria Edwards (RPN) Revision on: 02/04/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with Frank/SDM to enhance their knowledge of possible benefits and challenges associated with Use of 1/4 right bed rail PASD.</li> </ul> <p>Date Initiated: 10/25/2023 Created on: 01/26/2022 Created by: Victoria Edwards (RPN) Revision on: 10/25/2023 Revision by: Maria Kabli (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of monitoring Frank for continued benefit to use right 1/2 bed rail as to support appropriate bed mobility and repositioning.</li> </ul> <p>Date Initiated: 10/25/2023 Created on: 01/26/2022 Created by: Victoria Edwards (RPN) Revision on: 07/26/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>BED RAIL (One PARTIAL): Bedrail to RIGHT side in USE as a PASD to assist Frank with bed mobility, transfer in/out of bed and repositioning. Monitor every shift.</li> </ul> <p>Date Initiated: 10/25/2023 Created on: 01/26/2022 Created by: Victoria Edwards (RPN) Revision on: 07/26/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>	PCA	D/E/N
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of SOCIALLY nature related to being socially inappropriate - hoarding related to Symptom Progression of Dementia.</li> </ul> <p>Date Initiated: 04/21/2023</p>	<ul style="list-style-type: none"> <li>To promote safety for Frank and/or others during each episode of socially inappropriate behaviours through to the next</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Frank/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 04/21/2023 Created on: 08/05/2021</p>	BSO - Internal BSO - External Social Worker	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	09/19/1944
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses		<b>Physician</b>	Harpal Singh
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)		<b>Admission Date</b>	02/29/2016
			<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 04/03/2024 Revision by: Navpreet Kaur (Director of Care)		review date. Date Initiated: 11/03/2025 Created on: 08/05/2021 Created by: Donna Duah (Registered Nurse) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026	Created by: Donna Duah (Registered Nurse) Revision on: 04/21/2023 Revision by: Michael Palangi (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Frank for indications to change in or for escalating expressive behaviour risk. Date Initiated: 04/21/2023 Created on: 09/15/2022 Created by: Victoria Edwards (RPN) Revision on: 04/21/2023 Revision by: Michael Palangi (Registered Nurse) • TRIGGERS leading to SOCIALLY Inappropriate behaviours are talking kitchen supplies from the kitchen (Frank will collect and gather napkins, dixie cups, dietary condiments such as jams, peanut butter and, towels). Date Initiated: 04/21/2023 Created on: 08/05/2021 Created by: Donna Duah (Registered Nurse) Revision on: 04/21/2023 Revision by: Michael Palangi (Registered Nurse) • SOCIALLY Inappropriate Behaviour: Frank had a history of urinating on floor in public areas. Resident enjoys watching TV in Lounge, but should not be left alone. Redirect resident to the dining room so he can watch TV if he would be alone in the Lounge in his Home area. If resident urinates in a common area Report episode to Registered Staff. Date Initiated: 02/27/2025 Created on: 08/05/2021 Created by: Donna Duah (Registered Nurse) Revision on: 02/27/2025 Revision by: Danielle Knott (ADOC) • SOCIALLY Inappropriate Behaviour: re-direct and re-education Frank on socially inappropriate behaviours - remind Frank to ask staff for kitchen supplies or use his "rummage bin" for Frank to choose items out of. Staff are to gather items from Frank's drawers and return to the bin (when Frank is outside of his room) on a daily basis. Remind Frank that if he does need a towel, he may ask staff to provide one. Date Initiated: 04/21/2023 Created on: 08/05/2021 Created by: Donna Duah (Registered Nurse)		PCA Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for Expressive Behaviour of SOCIALLY nature related to being socially inappropriate - hoarding related to Symptom Progression of Dementia. Date Initiated: 04/21/2023 Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 04/03/2024 Revision by: Navpreet Kaur (Director of Care)</div>		<div>Revision on: 07/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Bowel Continent Date Initiated: 10/28/2022 Created on: 03/24/2016 Created by: Courtney Bailey (Registered Nurse) Revision on: 10/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Frank to remain continent of bowels through next review date Date Initiated: 07/31/2023 Created on: 03/24/2016 Created by: Courtney Bailey (Registered Nurse) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/03/2026</div>	<div>• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 10/28/2022 Created on: 05/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SELF TOILETING: Frank toilets self for bowel movements. Each shift ask if he/she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 10/28/2022 Created on: 03/24/2016 Created by: Courtney Bailey (Registered Nurse) Revision on: 07/23/2024 Revision by: Angelika Joniec (ADOC)</div>	<div>PCA</div> <div>PCA</div>			
<div>• Bladder Continent. Date Initiated: 10/28/2022 Created on: 03/20/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 10/28/2022</div>	<div>• Frank will maintain continence level through next review date Date Initiated: 08/04/2025 Created on: 03/20/2016 Created by: Benvi Mendoza (Registered Practical Nurse)</div>	<div>• URINARY Continence Level is: CONTINENT. Resident also uses urinal to void. Date Initiated: 10/28/2022 Created on: 05/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC)</div>	<div>PCA</div>			
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Revision on: 08/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026	• SELF TOILETING: Frank toilets self. Each shift ask if he has voided and document accordingly. Report changes to urination or continence level to Registered Staff as noted. Date Initiated: 10/28/2022 Created on: 03/20/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 10/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
• Potential to experience alteration in MOOD as exhibited by restlessness and pacing related to Dementia Progression . Date Initiated: 01/26/2022 Created on: 01/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/26/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Frank will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 11/03/2025 Created on: 01/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026	• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Frank for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Franks quality of life. Date Initiated: 01/26/2022 Created on: 01/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • RESIDENT STRENGTHS: Build on Frank's effort to maintain control. Encourage him to express self, state preferences and make safe choices for care and activities. Date Initiated: 01/26/2022 Created on: 01/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DISTRACTION ACTIVITIES: Frank) can be calmed doing activities of interest including listening to music, doing puzzles, watching movies. Date Initiated: 01/26/2022 Created on: 01/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/26/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Staff to administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 01/26/2022 Created on: 01/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/26/2022		ACT All	
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in MOOD as exhibited by restlessness and pacing related to Dementia Progression .</p> <p>Date Initiated: 01/26/2022            Created on: 01/26/2022            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 01/26/2022            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Altered COMMUNICATION as exhibited by limitations, related to dementia. Frank will stutter and point to items as needed</p> <p>Date Initiated: 07/19/2021            Created on: 07/19/2021            Created by: Genny Lourenco (Quality Improvement Coordinator)            Revision on: 07/19/2021            Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>	<p>• Frank will continue to freely express self and adequately comprehend information each day through to the next review period.</p> <p>Date Initiated: 11/03/2025            Created on: 07/19/2021            Created by: Genny Lourenco (Quality Improvement Coordinator)            Revision on: 11/03/2025            Revision by: Richele Rosales (RAI Coordinator)            Target Date: 02/03/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Frank/SDM for decision making about strategies needed to support effective communication.</p> <p>Date Initiated: 07/19/2021            Created on: 07/19/2021            Created by: Genny Lourenco (Quality Improvement Coordinator)            Revision on: 07/19/2021            Revision by: Genny Lourenco (Quality Improvement Coordinator)</p> <p>• PRIMARY LANGUAGE: Frank's primary language is English. Frank speaks/understands english.</p> <p>Date Initiated: 07/19/2021            Created on: 07/19/2021            Created by: Genny Lourenco (Quality Improvement Coordinator)            Revision on: 09/12/2025            Revision by: Donna Duah (RN)</p> <p>• SUPPORTIVE TECHNIQUES: (Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases, etc.).</p> <p>Date Initiated: 09/12/2025            Created on: 09/12/2025            Created by: Donna Duah (RN)            Revision on: 09/12/2025</p>	<p>RN Registered Practical Nurse PCA</p> <p>Registered Practical Nurse RN PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>Altered COMMUNICATION as exhibited by limitations, related to dementia. Frank will stutter and point to items as needed</li></ul> <p>Date Initiated: 07/19/2021 Created on: 07/19/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/19/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>		Revision by: Donna Duah (RN)				
<ul style="list-style-type: none"><li>COGNITIVE LOSS; alteration in thought processes (specify; memory loss, difficulty concentrating, poor judgement, etc.) related to Dementia</li></ul> <p>Date Initiated: 02/10/2021 Created on: 02/10/2021 Created by: Benvi Mendoza (Registered Practical Nurse)</p>	<ul style="list-style-type: none"><li>Frank will be supported to maintain cognitive function through the review date.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 02/10/2021 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Frank/Scott in decision making of Cognitive Loss for Dementia.</li></ul> <p>Date Initiated: 02/10/2021 Created on: 02/10/2021 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 02/10/2021 Revision by: Benvi Mendoza (Registered Practical Nurse)<li>MEDICATION: Administer medication (Cholinesterase Inhibitor) as per MD order. Monitor effectiveness and for side effects.</li><p>Date Initiated: 02/10/2021 Created on: 02/10/2021 Created by: Benvi Mendoza (Registered Practical Nurse)</p></p>	Registered Staff			
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to BKA right leg amputation secondary to diagnosis of AHSD,PVD</li></ul> <p>Date Initiated: 02/29/2016 Created on: 02/29/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 08/21/2020</p>	<ul style="list-style-type: none"><li>Frank will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care tasks are met each day through to the next review date.</li></ul> <p>Date Initiated: 11/03/2025 Created on: 02/29/2016 Created by: Benvi Mendoza</p>	<ul style="list-style-type: none"><li>BATHING: Frank requires EXTENSIVE to MAXIMAL assistance with 1 staff only.</li></ul> <p>Frank is able to wash his upper body when given the wash cloth.Shower on Tuesday and Friday evenings. On Bath/Shower days, strip the linens, wipe mattress with Virox and place new linens.</p> <p>Staff to clip finger and toenails after each Shower/Bath.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/28/2025</p>	PCA			
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Aline Mendoza (RAI Coord Back-up)		(Registered Practical Nurse) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026	Revision by: Richele Rosales (RAI Coordinator)				
			• BED MOBILITY: LIMITED x1 assistance from staff. PCA				
			Date Initiated: 08/21/2020				
			Created on: 02/29/2016				
			Created by: Benvi Mendoza (Registered Practical Nurse)				
			Revision on: 08/05/2021				
			Revision by: Victoria Edwards (RPN)				
			• DRESSING: Frank requires LIMITED to EXTENSIVE x1 staff assistance. Staff are to ensure he does change his clothing or he will always wear the same clothing. Frank is able to do buttons and zippers. PCA				
			Date Initiated: 08/21/2020				
			Created on: 02/29/2016				
			Created by: Benvi Mendoza (Registered Practical Nurse)				
			Revision on: 10/24/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• EATING: Frank requires SUPERVISION with set-up help only. PCA				
			Date Initiated: 02/29/2016				
			Created on: 02/29/2016				
			Created by: Benvi Mendoza (Registered Practical Nurse)				
			Revision on: 08/30/2024				
			Revision by: Donna Duah (RN)				
			• LOCOMOTION ON UNIT: Frank requires set up, can self-propel OFF Unit: Frank requires Total assistance. WHEELCHAIR is the primary mode of locomotion. PCA				
			Date Initiated: 02/29/2016				
			Created on: 02/29/2016				
			Created by: Benvi Mendoza (Registered Practical Nurse)				
			Revision on: 10/24/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• PERSONAL HYGIENE: Frank requires EXTENSIVE assistance with 1 staff. Please make sure he has disposable cups available all the time, so he will (hopefully) spit in the cups and not on the floor, furniture, drawers, etc. PCA				
			Date Initiated: 08/21/2020				
			Created on: 02/29/2016				
			Created by: Benvi Mendoza (Registered Practical Nurse)				
			Revision on: 10/28/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
Allergies	No Known Allergies			D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)			Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to BKA right leg amputation secondary to diagnosis of AHSD,PVD</div> <div>Date Initiated: 02/29/2016</div> <div>Created on: 02/29/2016</div> <div>Created by: Benvi Mendoza (Registered Practical Nurse)</div> <div>Revision on: 08/21/2020</div> <div>Revision by: Aline Mendoza (RAI Coord Back-up)</div>			• HAND HYGIENE: 1 staff to provide Frank REMINDERS and SUPERVISION to complete hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene in the common areas.				PCA	
			Date Initiated: 07/30/2021					
			Created on: 07/30/2021					
			Created by: Dale Bamforth (Nurse Clinician )					
			Revision on: 02/25/2025					
			• TOILET USE: INDEPENDENT during the day but requires LIMITED ASSISTANCE to EXTENSIVE from 1 staff throughout the night. Frank has Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities.				PCA Registered Practical Nurse RN	
			Date Initiated: 08/21/2020					
			Created on: 02/29/2016					
			Created by: Benvi Mendoza (Registered Practical Nurse)					
			Revision on: 10/28/2025					
			Revision by: Richele Rosales (RAI Coordinator)					
			• TRANSFERRING: Frank is INDEPENDENT for transfer but may require LIMITED x1 assistance from staff when he is tired. However, Frank is capable of putting wheelchair brakes on and remove them. He understands the risks of leaving wheelchair with brakes off besides his bed.				PCA	
			Date Initiated: 08/21/2020					
			Created on: 02/29/2016					
			Created by: Benvi Mendoza (Registered Practical Nurse)					
			Revision on: 10/24/2025					
			Revision by: Richele Rosales (RAI Coordinator)					
			• ORAL CARE: Frank is able to brush his teeth twice daily INDEPENDENTLY with SUPERVISION				PCA	
			Date Initiated: 02/29/2016					
			Created on: 02/29/2016					
			Created by: Benvi Mendoza (Registered Practical Nurse)					
			Revision on: 02/25/2025					
			Revision by: Danielle Knott (ADOC)					
			• FOOT CARE: PSW to cut and trim his nails on shower days as needed				PCA	
			Date Initiated: 02/29/2016					
			Created on: 02/29/2016					
			Created by: Benvi Mendoza (Registered Practical Nurse)					
Allergies	No Known Allergies			D.O.B.	09/19/1944		Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)			Admission Date	02/29/2016		Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to BKA right leg amputation secondary to diagnosis of AHSD,PVD</li></ul> <p>Date Initiated: 02/29/2016 Created on: 02/29/2016 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 08/21/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>Revision on: 11/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"><li>SHAVING - Frank will shave himself daily</li></ul> <p>Date Initiated: 05/18/2017 Created on: 05/18/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN)<li>RESIDENT PREFERENCE: Frank refuses to wear his ID bracelet</li><p>Date Initiated: 11/21/2018 Created on: 11/21/2018 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 05/27/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p></p>		PCA   <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/03/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Risk for alteration of SKIN INTEGRITY related to impaired mobility due to BKA, Peripheral Vascular Disease Date Initiated: 03/12/2019 Created on: 03/12/2019 Created by: Donna Duah (Registered Nurse) Revision on: 05/27/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/03/2025 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 08/05/2024 Created on: 08/05/2024 Created by: Alison McAulay (RN) Revision on: 08/05/2024 Revision by: Alison McAulay (RN) • HEALTH EDUCATION: Engage Frank in health education regarding prevention of skin impairment. He was taught how to transfer himself effectively from wheelchair to bed and vice versa preventing shear and friction in his buttocks and legs. Educate Frank on the benefit of just wearing a non-skid sock on his left foot as his shoes are causing pressure. Date Initiated: 07/04/2019 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/05/2024 Revision by: Alison McAulay (RN) • EQUIPMENT: Frank requires ROHO CUSHION Date Initiated: 10/28/2022 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/08/2025 Revision by: Danielle Knott (ADOC)	PCA	D/E PRN-N		
• Potential for Persistent (Phantom) PAIN and alteration in comfort level related to BKA Date Initiated: 10/30/2019 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student) Revision on: 05/27/2020 Revision by: Aline Mendoza (RAI Coord Back-	• To promote Frank comfort and effectively manage ACUTE pain as episode occurs through to the next review. Date Initiated: 11/03/2025 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student)	• COMMUNICATION: Involve/collaborate with Frank/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 05/27/2020 Created on: 05/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/27/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective to continually assess appropriateness of	RN			
Allergies	No Known Allergies		D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BARRY, FRANK (925171001472)		Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
up)		Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/03/2026	pain management regime and collaborate with Interdisciplinary Team to attain optimal Frank satisfaction for pain control. Date Initiated: 10/30/2019 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • REST: accommodate Frank rest and relaxation preference such remaining in bed and naps between meals. Date Initiated: 05/27/2020 Created on: 05/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Practical Nurse	
• Expressed Wishes and Beliefs related to Frank's Medical Treatment and End of Life Care Date Initiated: 03/07/2020 Created on: 03/07/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 03/07/2020 Revision by: ALISON MCAULAY (Convalescent Coord)		• To support and honor Frank's expressed wishes and beliefs through to the End of Life. Date Initiated: 07/31/2023 Created on: 03/07/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/03/2026	• DO NOT ATTEMPT CPR: Do not transfer to hospital, plan includes death at home. Date Initiated: 03/07/2020 Created on: 03/07/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 01/19/2022 Revision by: Donna Duah (Registered Nurse)			All	
• NEW: SPIRITUAL BELIEFS: Frank is of the Lutheran Faith - not practicing. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 10/11/2019 Revision by: Shelley Deir (Resident Program manager)		• To provide Frank spiritual support as interested through to the next review date. Date Initiated: 07/31/2023 Created on: 10/11/2019 Created by: Shelley Deir (Resident Program manager) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• SPIRITUAL PROGRAMS: Encourage him to attend spiritual programs of his choice including Glad Tidings Church Service, and Hymn Sing. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide) • PERSONAL CHOICE: Respect Franks right to decline participation in Spiritual Program. Date Initiated: 10/11/2019			ACT	
Allergies	No Known Allergies			D.O.B.	09/19/1944	Physician	Harpal Singh
Diagnosis	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BARRY, FRANK (925171001472)			Admission Date	02/29/2016	Location	Lilac Lane 301LL 1
Last Care Plan Review Completed:		11/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 02/03/2026	<p>Created on: 10/11/2019</p> <p>Created by: Shelley Deir (Resident Program manager)</p> <p>Revision on: 10/11/2019</p> <p>Revision by: Shelley Deir (Resident Program manager)</p>			
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Arteriosclerotic Heart Disease, Hypertension. PVD</p> <p>Date Initiated: 09/19/2019</p> <p>Created on: 09/19/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 09/30/2019</p> <p>Revision by: Alex Lamsen (Clinical Best Practice Coordinator)</p>	<p>• To treat and minimize signs/symptoms or complications associated with ASHD and hypertension through to the next review date.</p> <p>Date Initiated: 07/31/2023</p> <p>Created on: 09/19/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 07/31/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 02/03/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making of Cardiac Care Management for Arteriosclerotic Heart Disease, Hypertension, PVD.</p> <p>Date Initiated: 09/12/2025</p> <p>Created on: 09/12/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/24/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Frank with AHSD and Hypertension for changes to health status and alteration or complications affecting cardiac function.</p> <p>Date Initiated: 09/19/2019</p> <p>Created on: 09/19/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 07/31/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for Hypertension, AHSD and PVD as per MD Order and monitor for side effects.</p> <p>Date Initiated: 09/19/2019</p> <p>Created on: 09/19/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 08/21/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• VITAL SIGNS: Monitor vital signs as ordered monthly and PRN. Notify MD of any significant abnormalities.</p> <p>Date Initiated: 09/19/2019</p> <p>Created on: 09/19/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 09/19/2019</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>	Registered Practical Nurse RN		
<p>• VISION: Frank requires glasses for reading only related to aging process.</p>	<p>• Frank will use glasses for vision correction daily through to</p>	<p>• EYEGLASSES: Frank should wear eyeglasses. Frank will not wear his glasses. Assist to clean eyeglasses as needed and store on night table when sleeping.</p>	PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

[illegible]

## Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
<b>• Nutrition Risk Level</b> Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 03/18/2016 Revision by: Helen Bradley (Dietitian)	80% of total fluid requirement @25 ml/kg, 77 kg through to next review date. Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/27/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/03/2026	Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) <b>• ENHANCED HYDRATION:</b> Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)	Diet PCA Recreational Therapy Aide	D/E

### Diagnosis

Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at level between knee and ankle(S88.1), Chronic obstructive pulmonary disease, unspecified(J44.9)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/19/1944	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Peripheral vascular disease, unspecified(I73.9), Unspecified dementia(F03), Traumatic amputation at le...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BARRY, FRANK (925171001472)	<b>Admission Date</b>	02/29/2016	<b>Location</b>	Lilac Lane 301LL 1
<b>Last Care Plan Review Completed:</b>		11/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"> <li>Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia secondary to neurological symptoms due to Alzheimer's Disease Date Initiated: 05/17/2023 Created on: 05/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>	<ul style="list-style-type: none"> <li>Jeff is unable to express self and will be supported to have needs interpreted each day through the next review. Date Initiated: 11/21/2025 Created on: 05/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with SDM for decision making about strategies needed to support effective communication. Date Initiated: 05/17/2023 Created on: 05/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> <li>PRIMARY LANGUAGE: Jeff primary language is English. He understands English. Date Initiated: 05/17/2023 Created on: 05/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> <li>INSTRUCTION GUIDANCE: Jeff needs constant cueing or demonstrative instruction in tasks and activities. Date Initiated: 05/17/2023 Created on: 05/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> </ul>				
<ul style="list-style-type: none"> <li>Potential to experience alteration in MOOD as exhibited by repetitive verbalizations, repetitive physical movements that are easily altered related to ANXIETY disorder with DEMENTIA. Date Initiated: 08/27/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/06/2025 Revision by: Mario Diamante (Registered Practical Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>Jeff will be supported to maintain mood stability as evidenced by DRS score of 0 . Date Initiated: 11/21/2025 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Jeff for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Jeffs quality of life. Date Initiated: 02/20/2024 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> <li>STRENGTHS: Build on Jeff's effort to maintain control. Encourage him to express self, state preferences and make safe choices for care and activities. Date Initiated: 12/17/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/19/2021 Revision by: Victoria Edwards (RPN)</li> <li>DISTRACTION ACTIVITIES: Jeff can be calmed doing activities of interest</li> </ul>				
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BEACOM, JEFF (925171001898)		<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"><li>• Potential to experience alteration in MOOD as exhibited by repetitive verbalizations, repetitive physical movements that are easily altered related to ANXIETY disorder with DEMENTIA.</li></ul> <p>Date Initiated: 08/27/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/06/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p>		including listening to music, doing puzzles and watching movies Date Initiated: 06/05/2020 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	All		
<ul style="list-style-type: none"><li>• Use of PASD TILT wheelchair for positioning and comfort.</li></ul> <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/04/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>	<ul style="list-style-type: none"><li>• Jeff will be effectively supported with use of TILT wheelchair for positioning and comfort to optimize Activity of Daily Living (Specify ADL) each day through to the next review date.</li></ul> <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/04/2025 Revision by: Maria Kabli (Registered Practical Nurse) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>• TILTED CHAIR in USE as a PASD to support resident with (specify; ADL or position). Monitor every shift</li></ul> <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/04/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>	PCA	D/E/N	
<ul style="list-style-type: none"><li>• Potential for PAIN and alteration in comfort level.</li></ul> <p>Date Initiated: 08/27/2020</p>	<ul style="list-style-type: none"><li>• To promote Jeff's comfort and effectively manage ACUTE pain as episode occurs through to the</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Jeff/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> <p>Date Initiated: 10/13/2022</p>			
Allergies	No Known Allergies	D.O.B.	10/06/1958	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BEACOM, JEFF (925171001898)	Admission Date	06/10/2019	Location	Lilac Lane 307LL 3
Last Care Plan Review Completed:		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 03/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		next review. Date Initiated: 11/21/2025 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Created on: 10/13/2022 Created by: Victoria Edwards (RPN) Revision on: 11/29/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Jeff's satisfaction for pain control. Date Initiated: 07/30/2024 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student) Revision on: 11/29/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)			RN Registered Practical Nurse	
• Impaired SKIN INTEGRITY related to incontinence Date Initiated: 06/05/2020 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To resolve rash and maintain skin integrity each day through to the next review. Date Initiated: 11/21/2025 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Jeffs' usual skin condition to Registered Staff as noted. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/05/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • HEALTH EDUCATION: Engage SDM in health education regarding prevention of skin impairment and management.. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/05/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 08/14/2025 Revision by: Danielle Knott (ADOC) • SHEAR FRICTION: Utilize wendylett sheet when moving resident in bed to minimize shear friction.			PCA	Q2h
Allergies	No Known Allergies		D.O.B.	10/06/1958	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BEACOM, JEFF (925171001898)		Admission Date	06/10/2019	Location	Lilac Lane 307LL 3	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Impaired SKIN INTEGRITY related to incontinence</p> <p>Date Initiated: 06/05/2020</p> <p>Created on: 06/11/2019</p> <p>Created by: Sandra Davis (Registered Practical Nurse)</p> <p>Revision on: 05/17/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Date Initiated: 07/18/2025</p> <p>Created on: 07/18/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 07/18/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• TREATMENT CREAM: Apply skin barrier to perineal area after each incontinence episode.</p> <p>Date Initiated: 06/05/2020</p> <p>Created on: 06/11/2019</p> <p>Created by: Sandra Davis (Registered Practical Nurse)</p> <p>Revision on: 05/17/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• High risk for FALLS related to medication use and wandering behavior</p> <p>Date Initiated: 11/19/2023</p> <p>Created on: 06/11/2019</p> <p>Created by: Sandra Davis (Registered Practical Nurse)</p> <p>Revision on: 02/20/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period</p> <p>Date Initiated: 11/21/2025</p> <p>Created on: 06/11/2019</p> <p>Created by: Sandra Davis (Registered Practical Nurse)</p> <p>Revision on: 11/21/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Jeff 's SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 09/29/2024</p> <p>Created on: 06/11/2019</p> <p>Created by: Sandra Davis (Registered Practical Nurse)</p> <p>Revision on: 09/29/2024</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• CALL BELL: Ensure call bell in place and within Jeff's reach. Jeff unable to hold/grab it.</p> <p>Date Initiated: 09/29/2024</p> <p>Created on: 06/11/2019</p> <p>Created by: Sandra Davis (Registered Practical Nurse)</p> <p>Revision on: 12/21/2024</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: wheelchair.</p> <p>Date Initiated: 06/27/2025</p> <p>Created on: 06/27/2025</p> <p>Created by: Jaspreet Samra (Registered Practical Nurse)</p> <p>Revision on: 06/27/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ENVIRONMENT: Secure environment reduce clutter and quiet environment to</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BEACOM, JEFF (925171001898)		<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>reduce fall risk for Jeff. Date Initiated: 09/29/2024 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 09/29/2024 Revision by: Maria Kabli (Registered Practical Nurse) • BED: Place bed in lowest position to lower risk for FALLS Date Initiated: 09/29/2024 Created on: 02/05/2022 Created by: Victoria Edwards (RPN) Revision on: 06/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • ACTIVITY: Engage Jeff in meaningful activity to decrease boredom and or restlessness. Date Initiated: 09/29/2024 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 09/29/2024 Revision by: Maria Kabli (Registered Practical Nurse) • FOOTWEAR: Ensure Jeff wears appropriate footwear- non skid shoes. Date Initiated: 09/29/2024 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 05/13/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • PROGRAMS: PT involve in PT post fall assessment, fall prevention intervention recommendations. Date Initiated: 09/29/2024 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 05/16/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Transfer Jeff to bed as needed. Transfer resident to bed every afternoon for rest. Date Initiated: 09/29/2024 Created on: 01/11/2024</div>				PCA	
Allergies	No Known Allergies		D.O.B.	10/06/1958		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BEACOM, JEFF (925171001898)		Admission Date	06/10/2019		Location	Lilac Lane 307LL 3	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>High risk for FALLS related to medication use and wandering behavior</li> </ul> <p>Date Initiated: 11/19/2023 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 08/19/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> <p>Date Initiated: 09/29/2024 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 09/29/2024 Revision by: Maria Kabli (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>Nutrition Risk Level related to potential for altered intake secondary to frontal lobe dementia, as evidenced by difficulty focusing on eating, wandering ++.</li> </ul> <p>Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 11/10/2023 Revision by: Helen Bradley (Dietitian (RD))</p>	<ul style="list-style-type: none"> <li>Jeff will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li> </ul> <p>Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 06/18/2019 Revision by: ryk.hbradleyWPCC (Dietitian) Target Date: 02/21/2026</p> <ul style="list-style-type: none"> <li>Will maintain weight within</li> </ul>	<ul style="list-style-type: none"> <li>NUTRITION RISK: Jeff is at MODERATE nutrition risk.</li> </ul> <p>Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/27/2021 Revision by: Helen Bradley (RD)</p> <ul style="list-style-type: none"> <li>DIET ORDER: Jeff will receive REGULAR diet, MINCED texture. Please note that soup should be nectar thick as per RD assessment Dec 22/25.</li> </ul> <p>Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 12/23/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>FLUID CONSISTENCY: Jeff drinks nectar thick (MT2) Fluids.</li> </ul>	<p>Dietitian (RD) Dietary Manager</p> <p>PCA</p> <p>PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)	<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>IBWR of 74-89 kg/BMI 24-29 through to next review date. Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 02/10/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/21/2026</p> <p>• Jeff will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 85.5 kg through to next review date. Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 11/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026</p>	<p>Date Initiated: 04/27/2021 Created on: 04/27/2021 Created by: Helen Bradley (RD) Revision on: 09/28/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• FLUID TARGET: Encourage Jeff to drink at least 1710 ml per day. Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 11/11/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)</p> <p>• DINING INSTRUCTIONS: NO crackers with soup (POA request). Date Initiated: 06/27/2023 Created on: 06/27/2023 Created by: Mark Chan (Dietitian) Revision on: 12/22/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• PORTION SIZE: Provide second helpings of vegetables when Jeff requests more food at meals to prevent excessive weight gain. Date Initiated: 06/18/2019 Created on: 06/18/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/27/2021 Revision by: Helen Bradley (RD)</p> <p>• ADAPTIVE AIDS: Jeff requires Nosey Cup at meals and snacks. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/13/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	PCA  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
incontinence and use of briefs related to loss of muscle tone secondary to DEMENTIA Date Initiated: 01/18/2023 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)		incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 09/18/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	toileting needs, changes to health status and alteration of continence level. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • URINARY Continence level is Total Incontinent. PCA Date Initiated: 06/10/2019 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • CHECK and CHANGE: Jeff experiences TOTAL incontinence and requires checks PCA before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Jeff uses BLUE Briefs for day and evening shift, uses PCA ORANGE briefs for night shift only. Date Initiated: 06/10/2019 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 09/01/2022 Revision by: Victoria Edwards (RPN) • TOTAL INCONTINENCE MANAGEMENT: TOTAL Urinary Incontinence; Requires PCA check and change every 2 hours and as needed. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse)				
• COGNITIVE LOSS; Alteration in thought processes such as short and long term		• Jeff is severely impaired in cognition and will have needs	• COMMUNICATION: Involve/collaborate with Jeff/SDM in decision making of Cognitive Loss for DEMENTIA.				
Allergies	No Known Allergies			D.O.B.	10/06/1958	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BEACOM, JEFF (925171001898)			Admission Date	06/10/2019	Location	Lilac Lane 307LL 3
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
memory problems. He is severely impaired with decision making, rarely/never understands. This is related to FRONTAL LOBE DEMENTIA. Date Initiated: 11/09/2022 Created on: 12/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/09/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	interpreted and met each day through to the review date. Date Initiated: 11/21/2025 Created on: 12/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ORIENTATION: Gently reorient to person, place, time as needed when Jeff is feeling lost or in confused state. Date Initiated: 11/09/2022 Created on: 12/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/09/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEMORY RECALL EXERCISE: Help Jeff to reminisce 2-3 times a week through reminiscing with albums/pictures, reminiscing with personal objects. Date Initiated: 11/09/2022 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/09/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	All			
• Potential to experience FOOT/FEET complications related to thick, fungal toenails. Date Initiated: 11/02/2019 Created on: 11/02/2019 Created by: Amrit Bahara (Registered Staff) Revision on: 07/17/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)	• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 08/18/2023 Created on: 11/02/2019 Created by: Amrit Bahara (Registered Staff) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with (Jeff and Debbie POA) in decision making for foot-care treatment plan. Date Initiated: 11/02/2019 Created on: 11/02/2019 Created by: Amrit Bahara (Registered Staff) Revision on: 11/02/2019 Revision by: Amrit Bahara (Registered Staff) • TREATMENT PLAN: Jeff requires foot-care/treatment every 6 weeks, 8 weeks, PRN,. Jeff does had hard corn noted on left 2nd toe staff to file it as needed Date Initiated: 11/02/2019 Created on: 11/02/2019 Created by: Amrit Bahara (Registered Staff) Revision on: 02/11/2020 Revision by: Amrit Bahara (Registered Staff)	Footcare Nurse - Internal Registered Staff			
• Expressed Wishes and Beliefs related to Jeff's Medical Treatment and End of Life	• To support and honor Jeff's expressed wishes and beliefs	• CPR: Jeff's wishes express NO CPR, NO TRANSFER to hospital; care plan includes death at home	All			
Allergies	No Known Allergies		D.O.B.	10/06/1958	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BEACOM, JEFF (925171001898)		Admission Date	06/10/2019	Location	Lilac Lane 307LL 3
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<b>Care</b> Date Initiated: 08/27/2020 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/27/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	through to the End of Life. Date Initiated: 08/18/2023 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Date Initiated: 08/27/2020 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/16/2020 Revision by: Olena Romaniuk (Registered Nurse)			
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: TRANSIENT ISCHEMIC ATTACK (TIAs) Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up)	• To treat and minimize signs/symptoms or complications associated with TRANSIENT ISCHEMIC ATTACK through to the next review date. Date Initiated: 02/20/2024 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/ collaborate with Jeff/ SDM in decision making of neurological care management for TRANSIENT ISCHEMIC ATTACK Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for TRANSIENT ISCHEMIC ATTACK as per MD order. Monitor effectiveness and for side effects. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Jeff with TRANSIENT ISCHEMIC ATTACK for changes to health status and alteration or complications affecting neurological function. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing (coughing during eating, drooling, etc.). Date Initiated: 06/05/2020 Created on: 06/05/2020	PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)	<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Potential to experience alteration in NEUROLOGICAL FUNCTION related to: TRANSIENT ISCHEMIC ATTACK (TIAs)</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>		Created by: Aline Mendoza (RAI Coord Back-up)			
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to PSYCHOTROPIC medication use.</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> <li>To monitor effectiveness and for side effects of medication used each day through to the next review date.</li> </ul> <p>Date Initiated: 08/20/2024 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 08/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Jeff using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <li>MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</li> <p>Date Initiated: 06/05/2020 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <li>PHARMACY MEDICATION REVIEW: Initiate med review if any of the following conditions arise: fatigue, depression, delirium, recent cognitive decline, falls, nausea, recent hospitalizations, weight loss, loss of appetite, non-specific complaints "I don't feel well" or "I am not myself".</li> <p>Date Initiated: 06/05/2020 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020</p> </p></p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)	<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>	11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to PSYCHOTROPIC medication use.</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 06/11/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		Revision by: Aline Mendoza (RAI Coord Back-up)			
<ul style="list-style-type: none"> <li>Potential for CONSTIPATION related to presence of Hemorrhoids</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> <li>Jeff will have soft formed stool every 1-2 days.</li> </ul> <p>Date Initiated: 05/17/2023 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Jeff for constipation management and changes to health status and symptoms/ complications of constipation.</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>FLUIDS: Encourage Jeff to meet daily beverage minimums. See Nutrition Care Plan.</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels.</li> </ul> <p>Date Initiated: 06/05/2020 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>BOWEL PROTOCOL: In place as per MD order</li> </ul>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)	<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for CONSTIPATION related to presence of Hemorrhoids Date Initiated: 06/05/2020 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			Date Initiated: 06/05/2020 Created on: 07/18/2019 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• BOWEL INCONTINENCE related to r/t loss of sphincter control and cognitive impairment secondary to DEMENTIA and TIA. Date Initiated: 06/05/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Jeff will have bowel incontinence managed every shift through to the next review period. Date Initiated: 02/20/2024 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Jeff for changes to health status, alteration of continence level or bowel function. Date Initiated: 06/05/2020 Created on: 09/20/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is TOTAL Incontinence. Date Initiated: 06/05/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/11/2025 Revision by: Richele Rosales (RAI Coordinator) • BOWEL MOVEMENT: Monitor Jeff for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Jeff uses BLUE Briefs for day and evening shift, uses			PCA	
Allergies	No Known Allergies		D.O.B.	10/06/1958	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BEACOM, JEFF (925171001898)		Admission Date	06/10/2019	Location	Lilac Lane 307LL 3	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• BOWEL INCONTINENCE related to r/t loss of sphincter control and cognitive impairment secondary to DEMENTIA and TIA.</p> <p>Date Initiated: 06/05/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>ORANGE briefs for night shift only.</p> <p>Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/16/2022 Revision by: Victoria Edwards (RPN)</p>				
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive impairment secondary to TRANSIENT ISCHEMIC ATTACK and DEMENTIA.</p> <p>Date Initiated: 06/05/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• Jeff will have ALL ADL care tasks met each day through the next review date.</p> <p>Date Initiated: 11/21/2025 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• BATHING: Jeff requires TOTAL assistance for showers with 2 staff for care. 2 staff requires in every care due to unpredictable behavior. On Shower days Thursday days and Sunday Evenings , strip the linens, wipe mattress with Virox and place new linens. Jeff uses Wendylett sheets.</p> <p>Staff to clip finger and toenails after each Shower/Bath.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• BED MOBILITY: Jeff needs TOTAL assistance from 1 staff .</p> <p>Date Initiated: 06/05/2020 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DRESSING: Jeff requires TOTAL assistance with 2 staff. 1 staff explained the procedure and other staff will perform/complete the procedure.</p>			PCA	
Allergies	No Known Allergies			D.O.B.	10/06/1958	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BEACOM, JEFF (925171001898)			Admission Date	06/10/2019	Location	Lilac Lane 307LL 3
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Date Initiated: 06/05/2020            Created on: 06/10/2019            Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)            Revision on: 06/05/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• EATING: Jeff requires requires TOTAL assistance with 1 staff assist with eating. PCA            Due to Jeff's inability to focus and is easily distracted at times, Jeff needs to be fed at meals and often walks around with food.</p> <p>Date Initiated: 06/05/2020            Created on: 06/10/2019            Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)            Revision on: 07/30/2021            Revision by: Dale Bamforth (Nurse Clinician )</p> <p>• LOCOMOTION: Jeff requires TOTAL assistance x1 staff when on and off unit as PCA            resident uses wheelchair for mobility.</p> <p>Date Initiated: 06/05/2020            Created on: 06/10/2019            Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)            Revision on: 05/15/2025            Revision by: Danielle Knott (ADOC)</p> <p>• PERSONAL HYGIENE: Jeff requires TOTAL assistance with 2 staff. 1 staff PCA            explained the procedure; and to distract and other staff will perform/complete the procedure. Do not do care in spa room, he does better in his own bathroom.            REQUIRES 2 STAFF IN ALL CARE FOR SAFETY DUE TO UNPREDICTABLE BEHAVIOR.</p> <p>Date Initiated: 11/16/2022            Created on: 06/10/2019            Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)            Revision on: 11/16/2022            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HAND HYGIENE: 1 staff to provide Jeff with TOTAL assistance for hand hygiene. PCA            Use soap/water when in the bathroom and apply sanitizer for hand hygiene when in All            common areas.</p> <p>Date Initiated: 07/28/2021            Created on: 07/28/2021            Created by: Dale Bamforth (Nurse Clinician )</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)	<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive impairment secondary to TRANSIENT ISCHEMIC ATTACK and DEMENTIA.  Date Initiated: 06/05/2020  Created on: 06/10/2019  Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)  Revision on: 06/05/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Revision on: 07/30/2021  Revision by: Dale Bamforth (Nurse Clinician )  • TOILET USE: Jeff requires TOTAL assistance with 2 staff for toileting in bed.. 1 staff PCA explained the procedure and other staff will perform/complete the procedure.  REQUIRES 2 STAFF IN ALL CARE FOR SAFETY DUE TO UNPREDICTABLE BEHAVIOR.  Date Initiated: 11/16/2022  Created on: 06/10/2019  Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)  Revision on: 08/16/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • TRANSFERRING: Jeff requires TOTAL assistance with 2 person and the use of a PCA Hoyer lift.  Date Initiated: 11/16/2022  Created on: 06/10/2019  Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)  Revision on: 06/11/2025  Revision by: Danielle Knott (ADOC)  • ORAL CARE: MORNING AND HS- Jeff requires EXTENSIVE to TOTAL assistance PCA when performing oral care as he quickly becomes frustrated and agitated.  Date Initiated: 06/05/2020  Created on: 06/10/2019  Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)  Revision on: 02/25/2025  Revision by: Danielle Knott (ADOC)  • SHAVING Jeff will be shaven daily  Date Initiated: 06/05/2020  Created on: 06/10/2019  Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)  Revision on: 11/18/2022  Revision by: Victoria Edwards (RPN)</p>	PCA	D		
<p>• NEW: Jeff is at Risk for SOCIAL ISOLATION related to Cognitive Limitation and Loss of Independence.  Date Initiated: 10/11/2019  Created on: 10/11/2019</p>	<p>• Staff will support Jeff in decreasing social isolation by participating in activities of personal choice for 5-10 times per month by the next review</p>	<p>• STRUCTURED ACTIVITIES: Invite Jeff to programs of personal interest such as ACT outdoor strolls, one to one visits, sing along, especial entertainment, and social cart.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)</p>	ACT			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)		<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Created by: Isa Franco (Activities/Rec Therapy) Revision on: 12/07/2019 Revision by: Isa Franco (Activities/Rec Therapy)		date. Date Initiated: 05/17/2023 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026  • Jeff will maintain ISE score of 4 by the next review date. Date Initiated: 11/19/2024 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 02/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Revision on: 02/12/2023 Revision by: Elsa Ganem (Activities/Rec Therapy) • ASSISTANCE: Provide assistance/encouragement to get Jeff to scheduled activities. Jeff needs guidance and cueing while participating in structured activities. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 12/07/2019 Revision by: Isa Franco (Activities/Rec Therapy) • HELPFUL HINTS: Jeff spends most of his afternoon walking within the unit. Staff can assist him to sit down and take several breaks during the day. He enjoys drinking decaf coffee with milk and two sugars. Staff will assist Jeff to take breaks from his walks several times a day to avoid exhaustion and falls. Staff will guide him and assist him sitting down on a chair in the dining room or TV room. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 11/19/2024 Revision by: Elsa Ganem (Recreation Aide) • ONE to ONE: Provide Jeff with individual visits for outdoor strolls and socialization. Jeff can use a wheelchair during outdoor strolls to avoid falls. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 11/19/2024 Revision by: Elsa Ganem (Recreation Aide) • THERAPIES: Provide Jeff Music Therapy and/or sensory visits once a week. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 02/12/2023 Revision by: Elsa Ganem (Activities/Rec Therapy) • FAMILY INVOLVEMENT: Jeff's wife is very involved in Jeff's live. She visits him quite often, and assists him during lunch. Date Initiated: 10/11/2019				ACT	
Allergies	No Known Allergies			D.O.B.	10/06/1958	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BEACOM, JEFF (925171001898)			Admission Date	06/10/2019	Location	Lilac Lane 307LL 3	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• NEW: Jeff is at Risk for SOCIAL ISOLATION related to Cognitive Limitation and Loss of Independence. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 12/07/2019 Revision by: Isa Franco (Activities/Rec Therapy)</p>			<p>Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 02/12/2023 Revision by: Elsa Ganem (Activities/Rec Therapy) • MUSIC CARE APPROACH: Present Jeff with Musicking, Music Programming, Music Technology, and Environmental Sound. Date Initiated: 11/19/2024 Created on: 11/19/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/19/2024 Revision by: Elsa Ganem (Recreation Aide)</p>			Recreation Aide	
<p>• NEW: SPIRITUAL BELIEFS: Jeff does not belong to any religious denomination. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 10/11/2019 Revision by: Isa Franco (Activities/Rec Therapy)</p>		<p>• Jeff wil be invited to participate in weekly Glad Tidings Church Services through the review date as requested by his wife. Date Initiated: 08/18/2023 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• SPIRITUAL PROGRAMS: Encourage Jeff to attend weekly virtual Glad Tiding Church Services. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 02/12/2023 Revision by: Elsa Ganem (Activities/Rec Therapy)</p>			ACT	
<p>• Sleep Patterns; Potential for alteration in sleep patterns related to Dementia. Date Initiated: 06/10/2019 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)</p>		<p>• To promote adequate rest/sleep for Jeff based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 08/18/2023</p>	<p>• REST PATTERN: Preferred bedtime 2100 usual wake time 0700 and daytime naps 1130 Date Initiated: 06/10/2019 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/19/2019</p>			PCA	
Allergies	No Known Allergies			D.O.B.	10/06/1958	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BEACOM, JEFF (925171001898)			Admission Date	06/10/2019	Location	Lilac Lane 307LL 3
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 06/14/2019 Revision by: Vesey Muthu-Vojtek (Registered Practical Nurse)	Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Revision by: Vesey Muthu-Vojtek (Registered Practical Nurse)  • SLEEPWEAR: Jeff prefers to wear pajamas. Date Initiated: 11/21/2024 Created on: 06/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 11/21/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA	

### Diagnosis

Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder, unspecified(F41.9), Hyperlipidaemia, unspecified(E78.5)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/06/1958	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Transient cerebral ischaemic attack, unspecified(G45.9), Haemorrhoids in the puerperium, unspecified as to episode of care, or not applicable(O87.209), Anxiety disorder...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BEACOM, JEFF (925171001898)	<b>Admission Date</b>	06/10/2019	<b>Location</b>	Lilac Lane 307LL 3
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Alteration in skin integrity related to abrasion to the left Ear.</p> <p>Date Initiated: 01/01/2026</p> <p>Created on: 01/01/2026</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 01/01/2026</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p>		<p>• To promote intact skin integrity through healing of abrasion by January 21st, 2026.</p> <p>Date Initiated: 01/01/2026</p> <p>Created on: 01/01/2026</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 01/01/2026</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of abrasion as skin issue.</p> <p>Date Initiated: 01/01/2026</p> <p>Created on: 01/01/2026</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 01/01/2026</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 01/01/2026</p> <p>Created on: 01/01/2026</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 01/01/2026</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 01/01/2026</p> <p>Created on: 01/01/2026</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 01/01/2026</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p>				
<p>• Potential for bruising, bleeding, clotting or other complications related to use of Anti-platelet medication.</p> <p>Date Initiated: 12/29/2025</p> <p>Created on: 12/29/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To monitor for bleeding and minimize complications related to use of Plavix through the review date.</p> <p>Date Initiated: 12/29/2025</p> <p>Created on: 12/29/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Carmen/SDM in decision making and health teaching of Anti-platelet medication use.</p> <p>Date Initiated: 12/29/2025</p> <p>Created on: 12/29/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Carmen using Anti-platelet therapy for changes to health status and complications causing bleeding or clotting issues.</p> <p>Date Initiated: 12/29/2025</p> <p>Created on: 12/29/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p>				
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator) • BLEEDING ALERT: Notify nurse immediately if Carmen is bleeding (noted blood in PCA urine/stool, bleeding nose/gums, unexplained bruising, etc.). Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medications as per MD Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Richele Rosales (RAI Coordinator)		Registered Staff	
• Alteration in skin integrity related to BRUISE to dorsum of left hand, dorsum of right hand and right outer wrist. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/28/2025 Revision by: Rajdeep Kaur (Registered Nurse)		• To promote intact skin integrity through healing of BRUISE by Jan 28. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/28/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Carmen/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/28/2025 Revision by: Rajdeep Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with bruise to dorsum of left hand, dorsum of right hand and right outer wrist. changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/28/2025 Revision by: Rajdeep Kaur (Registered Nurse) • WEEKLY ASSESSMENT-Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/28/2025			
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to BRUISE to dorsum of left hand, dorsum of right hand and right outer wrist.</li></ul> <p>Date Initiated: 12/28/2025 Created on: 12/28/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/28/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>		Revision by: Rajdeep Kaur (Registered Nurse)				
<ul style="list-style-type: none"><li>• Carmen is experiencing an episode of INFECTION Wound. Onset date Dec 23.</li></ul> <p>Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Luchel David (RPN) Revision on: 12/25/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>	<ul style="list-style-type: none"><li>• To have infection adequately managed and treated without further complications</li></ul> <p>Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Luchel David (RPN) Revision on: 12/24/2025 Revision by: Luchel David (RPN) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Carmen/SDM with decision making for infection treatment plan and update accordingly.</li></ul> <p>Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Luchel David (RPN) Revision on: 12/25/2025 Revision by: Rajdeep Kaur (Registered Nurse)<li>• VITAL SIGNS: Monitor VITAL SIGNS Temperature while on antibiotic.</li><p>Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Luchel David (RPN) Revision on: 12/24/2025 Revision by: Maria Kabli (Registered Practical Nurse)<li>• MEDICATIONS: Administer medication for open lesion posterior neck infection, as per MD/NP order.</li><p>Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Luchel David (RPN) Revision on: 12/24/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p></p></p>				
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to abrasion to the neck (left side).</li></ul> <p>Date Initiated: 12/13/2025 Created on: 12/13/2025</p>	<ul style="list-style-type: none"><li>• To promote intact skin integrity through healing of abrasion on the neck (left side) by December</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Carmen Belander in decision making for treatment of abrasion as skin issue.</li></ul> <p>Date Initiated: 12/13/2025 Created on: 12/13/2025</p>				
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/13/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p>	<p>30th, 2025.</p> <p>Date Initiated: 12/13/2025</p> <p>Created on: 12/13/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/13/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Target Date: 02/21/2026</p>	<p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/13/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with abrasion on the neck (left side) for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/13/2025</p> <p>Created on: 12/13/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/13/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• <b>WEEKLY ASSESSMENT:</b> Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 12/13/2025</p> <p>Created on: 12/13/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/24/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• <b>TREATMENT:</b> (Specify in detail).</p> <p>Date Initiated: 12/24/2025</p> <p>Created on: 12/24/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p>	Registered Staff		
<p>• Risk for Impaired SKIN INTEGRITY related to Thin fragile Skin</p> <p>Date Initiated: 11/24/2025</p> <p>Created on: 11/24/2025</p> <p>Created by: Danielle Knott (ADOC)</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 11/24/2025</p> <p>Created on: 11/24/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Target Date: 02/21/2026</p>	<p>• <b>SKIN OBSERVATION:</b> Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</p> <p>Date Initiated: 11/24/2025</p> <p>Created on: 11/24/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 12/27/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• <b>HEALTH EDUCATION:</b> Engage Carmen/SDM in health education regarding prevention of skin impairment and management</p> <p>Date Initiated: 11/24/2025</p> <p>Created on: 11/24/2025</p> <p>Created by: Danielle Knott (ADOC)</p>	PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Risk for Impaired SKIN INTEGRITY related to Thin fragile Skin Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Danielle Knott (ADOC)</li> </ul>		Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)			
<ul style="list-style-type: none"> <li>• Potential to experience alteration in MOOD as exhibited by anxiety and frustration regarding other residents entering her bedroom without permission. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>	<ul style="list-style-type: none"> <li>• Carmen will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Carmen/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• HEALTH EDUCATION: Provide education and support to Carmen/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Carmen for indications to change in MOOD including anxiety and frustration or increase of symptoms that negatively impact Carmen's quality of life. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• ENVIRONMENT: Modify environment to support MOOD STABILITY. In response to Carmen's request for privacy, a bright yellow visual barrier band has been placed horizontally across the door frame at mid-height to prevent other residents from</li> </ul>	RN Registered Practical Nurse		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in MOOD as exhibited by anxiety and frustration regarding other residents entering her bedroom without permission.</li> </ul> <p>Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			entering her bedroom without permission. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)			
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of VERBAL expressions nature related to Symptom Progression of Dementia/Alzheimer</li> </ul> <p>Date Initiated: 11/07/2025 Created on: 11/07/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/07/2025 Revision by: Angelika Joniec (ADOC)</p>		<ul style="list-style-type: none"> <li>To promote safety for Carmen and/or others during each episode of verbal irritation through to the next review date.</li> </ul> <p>Date Initiated: 11/21/2025 Created on: 11/07/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Carmen/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 11/07/2025 Created on: 11/07/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/07/2025 Revision by: Angelika Joniec (ADOC)</p> <ul style="list-style-type: none"> <li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Carmen for indications to change in or for escalating expressive behaviour risk.</li> </ul> <p>Date Initiated: 11/07/2025 Created on: 11/07/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>TRIGGERS leading to VERBAL expression of behaviour includes loss of control, frustration, misunderstanding care intention/ situations, etc.)</li> </ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Danielle Knott (ADOC)</p>		BSO - Internal Social Worker	
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of VERBAL expressions nature related to Symptom Progression of Dementia/Alzheimer</li> </ul> <p>Date Initiated: 11/07/2025 Created on: 11/07/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/07/2025 Revision by: Angelika Joniec (ADOC)</p>			<p>Revision on: 11/11/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>VERBAL Behaviour: irritation about co-residents, provide distraction and re-orientation techniques</li> </ul> <p>Date Initiated: 11/07/2025 Created on: 11/07/2025 Created by: Angelika Joniec (ADOC) Revision on: 11/07/2025 Revision by: Angelika Joniec (ADOC)</p>			
<ul style="list-style-type: none"> <li>Altered COMMUNICATION as exhibited by limitations to (self expression, comprehension) related to Hard of hearing and diagnosis of Dementia.</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/08/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>Carmen will be supported to make basic needs known each day through to the review date.</li> </ul> <p>Date Initiated: 11/21/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Carmen/SDM for decision making about strategies needed to support effective communication.</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse) <li>HEALTH TEACHING: Engage with Carmen/SDM to enhance their knowledge of communication devices, hearing aids, change in health status affecting communication ability.</li> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Richele Rosales (RAI Coordinator) <li>PRIMARY LANGUAGE: Carmen's primary language is French .she is able to speak and understand English.</li> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)</p> </p></p>			
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Altered COMMUNICATION as exhibited by limitations to (self expression, comprehension) related to Hard of hearing and diagnosis of Dementia.</li></ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/08/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>HARD of HEARING and does not use hearing aids: Strategies to support hearing are speak in specific(right) ear, ensure visual contact, speak slowly as reads lips,</li></ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			PCA	
<ul style="list-style-type: none"><li>Carmen is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<ul style="list-style-type: none"><li>SHORT TERM GOAL: To improve Carmen functional ability of sit to stand and stand to sit transfers from 1 of staff &amp; level of assistance; Extensive, Limited, etc. to lower level of assistance; Limited, Supervised, etc. by the next review date.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/21/2026</p> <ul style="list-style-type: none"><li>LONG TERM GOAL: To improve CARMen's strength and endurance for support of optimal</li></ul>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Carmen/SDM) about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Carmen when partaking in TRANSFER TRAINING Nursing Restorative Program.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Supervision assistance with Carmen for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 3 of task repetition or 15 of minutes per session.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025</p>			Restorative Care Aide	
Allergies	No Known Allergies			D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)			Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	<p>self performance with function of sit-stand-sit transfers each day through the next review date. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/21/2026</p> <p>• MAINTENANCE GOAL: To maintain Carmen's strength and endurance to perform safe sit-stand-sit transfers using (specify level of assistance; Limited, Supervision, etc.) each day through to next review date. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/21/2026</p>	<p>Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • TIME SPENT: Enter amount of time in MINUTES that Carmen's performed exercises for TRANSFER TRAINING. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • TRANSFER TRAINING Program ENROLLMENT DATE: September 9, 2025 and PROJECTED TRANSFER TRAINING Program DISCHARGE DATE: December 9, 2025. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	Restorative Care Aide PCA	D/E		
<p>• Carmen is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to muscle/joint function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform</p>	<p>• SHORT TERM GOAL: To improve Carmen's AROM strength to be able to complete 3 of repetitions each day through the next review date. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI</p>	<p>• COMMUNICATION: Involve/collaborate with Carmen/SDM about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>				
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
<p>exercises.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/09/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<p>Coord Back-up)</p> <p>Revision on: 09/10/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Target Date: 02/21/2026</p>	<p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Carmen when partaking in AROM Nursing Restorative Program.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/10/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• AROM EXERCISE MUSCLE: Provide cueing and demonstration of exercise; abduction, adduction, extension, flexion, etc. to Carmen for MUSCLE GROUP - R/L bicep, triceps. Complete 3 of repetitions per each joint exercise.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/10/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• AROM EXERCISE JOINT: Provide cueing and demonstration of exercise; abduction, adduction, extension, flexion, etc.) to Carmen for R/L hip, knee, ankle, shoulder, elbow, wrist, etc. Complete 3 of repetitions per each joint exercise.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/10/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• TIME SPENT: Enter amount of time in MINUTES that Carmen's performed AROM exercises.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/09/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• AROM Program ENROLLMENT DATE: September 9, 2025 and PROJECTED AROM Program DISCHARGE DATE: December 9, 2025.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/09/2025</p>				Restorative Care Aide			
		• LONG TERM GOAL: To improve Carmen's AROM strength to be able to optimally self perform ADL function each day through the next review date.								
		Date Initiated: 09/09/2025								
		Created on: 09/09/2025								
		Created by: Jaspreet Samra (RAI Coord Back-up)								
		Revision on: 09/10/2025								
		Revision by: Jaspreet Samra (RAI Coord Back-up)								
		Target Date: 02/21/2026								
		• MAINTENANCE GOAL: To maintain Carmen's AROM strength to perform MUSCLE or JOINT at minimum 3 of Repetitions to perform ADL Function each day through to next review date.								
		Date Initiated: 09/09/2025								
Created on: 09/09/2025										
Created by: Jaspreet Samra (RAI Coord Back-up)										
Revision on: 09/10/2025										
Revision by: Jaspreet Samra (RAI Coord Back-up)										
Target Date: 02/21/2026										
Allergies		No Known Allergies			D.O.B.	08/03/1941	Physician	Harpal Singh		
Diagnosis		Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses								
Facility		Wellington Park Care Centre					Print Date	1/4/2026		
Resident		BELANGER, CARMEN (925171002290)			Admission Date	08/13/2025	Location	Lilac Lane 304LL 4		
Last Care Plan Review Completed:		11/21/2025								

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Carmen is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to muscle/joint function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			
<p>• Carmen has a STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025 Revision by: Elsa Ganem (Recreation Aide)</p>	<p>• Carmen will be supported to maintain participation in activities 10-20 times per month by the next review date.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025 Revision by: Elsa Ganem (Recreation Aide) Target Date: 02/21/2026</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; such as Bingo, musical Bingo, cycling, special events, reading, music programs, manicures, outings, trivia and games, etc. Also, Carmen attends programs offered in the morning on Rose Court. Staff will remind her and accompany her to RC.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 10/01/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading paper, telephone conversations, watching TV in own room, walking, conversing with peers, etc.</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
		<ul style="list-style-type: none"><li>• Carmen will maintain ISE score of 6 by the next review date.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025 Revision by: Elsa Ganem (Recreation Aide) Target Date: 02/21/2026</p>	<p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>• ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in the elevator, Walk with her if activity is outdoors, Reminders.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>• HELPFUL HINTS: Carmen wants to be invited to all of Rose Court Programs. Carmen likes to share her personal stories with staff members. She enjoys having a cup of tea with milk, no sugar. She is very active and involved in activities (one to one and group programs). She likes to make sure her co-residents are well attended and happy.</li></ul> <p>She is very proud of her late husband and likes to share their stories.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 10/23/2025 Revision by: Shelley Deir (Recreation Manager)</p> <ul style="list-style-type: none"><li>• ONE to ONE: Provide her with individual visits for conversation in her bedroom.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>• THERAPIES: Present Carmen with art therapy, music therapy, aromatherapy, massage therapy, music medicine and/or sound bathing when available to improve comfort, attachment, identity, inclusion, occupation, and fun.</li></ul> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/09/2025</p>			
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Carmen has a STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 09/09/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>			<p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Carmen's family (grandchildren and their partners, son in law and friends are very supportive and involved in Carmen life at WPCC.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 09/09/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Carmen with Musicking, Music Programming, Music Technology, and Environmental Sound.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 09/09/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>		Recreation Aide	
<p>• Potential for BOWEL INCONTINENCE r/t loss of sphincter control and cognitive impairment secondary to DEMENTIA</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 08/13/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 08/19/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• Carmen will have bowel incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 08/13/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 08/18/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Carmen/SDM for decision making about toileting options, incontinence.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 08/13/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 08/14/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 08/13/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>• BOWEL Continence level is USUALLY Continent. Report change to level as noted.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 08/13/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 08/14/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>		Registered Staff	PCA
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Potential for BOWEL INCONTINENCE r/t loss of sphincter control and cognitive impairment secondary to DEMENTIA</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/19/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>• INCONTINENCE PRODUCT: Resident uses pink day pad during the day and pull-up at night.</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	PCA	
<ul style="list-style-type: none"> <li>• Use of PASD Bed rail to assist resident with Activity of Daily Living Bed Mobility and transfers.</li> </ul> <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 08/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> <li>• Carmen will be effectively supported with use of Bed Rail to optimize Bed mobility and Transfers each day through to the next review date.</li> </ul> <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 08/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Engage with Carmen/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Bed Rail.</li> </ul> <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL).</li> </ul> <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• BED RAIL (One PARTIAL): 1/4 Rail to LEFT side in USE as a PASD to assist resident with bed mobility and transfer in/out of bed. Monitor every shift.</li> </ul> <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p>	PCA	D/E/N

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Ambulation.</div> <div>Date Initiated: 08/14/2025</div> <div>Created on: 08/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• CARMEN to improve walking posture, improve walking distance from 15 m to 25 m using a rollator walker in 3 months</div> <div>Date Initiated: 08/14/2025</div> <div>Created on: 08/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/21/2026</div>	<div>• Carmen to ambulate supervised for 10-15 meters using a rollator walker 3/wk.</div> <div>Date Initiated: 08/14/2025</div> <div>Created on: 08/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
		<div>• To prevent a decline in Carmen's ability and walking distance of walking for 10-15 meters over a stay in LTC.</div> <div>Date Initiated: 08/14/2025</div> <div>Created on: 08/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/21/2026</div>				PT - Physiotherapist PTA	
		<div>• To decrease Carmen # of falls to 0 over stay in program.</div> <div>Date Initiated: 08/14/2025</div> <div>Created on: 08/14/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 08/14/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>					
Allergies		No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis		Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility		Wellington Park Care Centre				Print Date	1/4/2026
Resident		BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Ambulation.</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		Target Date: 02/21/2026					
<ul style="list-style-type: none"><li>Nutrition Risk Level</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<ul style="list-style-type: none"><li>Carmen will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026</p> <ul style="list-style-type: none"><li>Will weigh within GWR/IBW/Realistic weight range of 59 - 70 kg/BMI 26- 31 through to next review date.</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>NUTRITION RISK: Carmen is MODERATE risk level.</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/10/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <ul style="list-style-type: none"><li>DIET ORDER: Carmen will receive Regular diet, Regular texture (Soft) with extra gravies/sauces.</li></ul> <p>DO NOT Serve green salads/ lettuce.</p> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/20/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <ul style="list-style-type: none"><li>FLUID CONSISTENCY: Carmen drinks REGULAR/THIN Level 0 Fluids.</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <ul style="list-style-type: none"><li>FLUID TARGET: Encourage Carmen to drink a minimum of 1342 ml per day.</li></ul> <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD))</p>	Dietitian (RD)			
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)	• Carmen will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 66.9 kg through to next review date. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026	• FOOD PREFERENCES: Carmen enjoys eating pasta and dislikes eating large pieces of onion and has issues swallowing lettuce. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD)) • HIGH FIBRE: Offer 125 ml Prune juice every other day at breakfast. Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/21/2025 Revision by: Julia Pilca (Dietitian (RD))	PCA   <	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision by: Harsimran Kaur (Registered Nurse)		Target Date: 02/21/2026	comprehension of treatment, possible complications, disease trajectory, associated with GERD. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)				Registered Practical Nurse	Registered Staff
• Potential for Persistent PAIN and alteration in comfort level related to dx of Fibromyalgia, Osteoporosis. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)		• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Carmen/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator) • NON VERBAL CUES of PAIN for Carmen include - specify facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator) • PHYSIO TREATMENT:Resident to receive (TENS/Hot pack/Ice/Ultrasound/Other-				RN Registered Practical Nurse	PCA
Allergies	No Known Allergies		D.O.B.	08/03/1941		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025		Location	Lilac Lane 304LL 4	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for Persistent PAIN and alteration in comfort level related to dx of Fibromyalgia, Osteoporosis. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)</li></ul>		<p>specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.). Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse)</li><li>• MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse)</li></ul>	All   <	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Richele Rosales (RAI Coordinator)		Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Revision by: Olena Romaniuk (Registered Nurse)  • <b>ORIENTATION:</b> Gently reorient to person, place, time as needed when Carmen is feeling lost or in confused state. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Harsimran Kaur (Registered Nurse)  • <b>ENVIRONMENT:</b> Provide environmental clue to promote resident ability to locate room and navigating home area (name plate, photo, memory box, etc.) outside of room. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Olena Romaniuk (Registered Nurse)			
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)		• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• <b>COMMUNICATION:</b> Involve/ collaborate with Carmen/SDM in decision making of osteoporosis care management. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)  • <b>HEALTH EDUCATION:</b> Engage with Carmen/SDM to enhance his/her comprehension of treatment, possible complications, associated with osteoporosis. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)  • <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of CARMEN for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)		<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</li> </ul> Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)			Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)			
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis</li> </ul> Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or complications associated with Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis through to the next review date.</li> </ul> Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>HEALTH TEACHING: Engage with Carmen/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory, associated with Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis</li> </ul> Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse) <ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Carmen/SDM in decision making of Cardiac Care Management for Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis</li> </ul> Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse) <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Carmen with Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis for changes to health status and alteration or complications affecting cardiac function.</li> </ul> Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse) <ul style="list-style-type: none"> <li>MEDICATION: Administer medication for Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis as per MD Order and monitor for side effects.</li> </ul>		Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Hyperlipidaemia , Hypertension, Aortic Stenosis</p> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>	RN		
<p>• URINARY (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) INCONTINENCE related to Dementia Diagnosis, Use of Diuretic</p> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• Carmen will have urinary incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 11/21/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Carmen/SDM for decision making about incontinence management.</p> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Carmen for toileting needs, changes to health status and alteration of continence level.</p> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• URINARY Continence level is OCCASIONALLY Incontinent. Report change to level PCA as noted.</p> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) INCONTINENCE related to Dementia Diagnosis, Use of Diuretic Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)			Revision by: Harsimran Kaur (Registered Nurse) • INCONTINENCE PRODUCT: Resident uses pink day pad during the day and pull-up at night. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Increased risk for FALLS related to (Specify etiology and possible factors). Limitation of cognitive function/altered judgement (specify cause) Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with CARMEN/SDM in decision making in fall prevention Plan of Care. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment:high/low bed, Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • ENVIRONMENT: Secure environment - reduce clutter, night light, bathroom signage, toilet height, quiet environment, to reduce fall risk for Carmen. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)			PCA	
Allergies	No Known Allergies			D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)			Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to (Specify etiology and possible factors). Limitation of cognitive function/altered judgement (specify cause)</li></ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)</p>			<ul style="list-style-type: none"><li>BED: place bed in lowest position, use high/low bed, to lower risk for injury.</li></ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)<li>FOOTWEAR: Ensure resident wears appropriate footwear non skid socks/footwear for transfers, ambulation.</li><p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/09/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p></p>		PCA	
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li></ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>Carmen will have ALL ADL care needs met each day through the next review date.</li></ul> <p>Date Initiated: 11/21/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"><li>BATHING: Carmen prefers shower on Wednesday and Saturday days. Resident requires EXTENSIVE assistance by 1 staff. Nail care to be provided on shower/bath day.</li></ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/20/2025 Revision by: Maria Kabli (Registered Practical Nurse)<li>BED MOBILITY: Carmen is able to move herself out of the bed. 1 staff to provide LIMITED assistance for bed mobility.</li><p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)<li>DRESSING: Carmen is sometimes able to dress her upper body with the CUES providing by staff. 1 staff to provide EXTENSIVE assistance for dressing UPPER &amp; LOWER body.</li><p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025</p></p></p>		PCA	
Allergies	No Known Allergies		D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)		Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</div> <div>Date Initiated: 08/13/2025</div> <div>Created on: 08/13/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>			Revision by: Harsimran Kaur (Registered Nurse)				
			• EATING: Carmen is able to eat by herself.				
			1 Staff to provide setup for eating and cut the food in small pieces(esp big meat chunks)				
			Date Initiated: 08/13/2025				
			Created on: 08/13/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 08/13/2025				
			Revision by: Harsimran Kaur (Registered Nurse)				
			• LOCOMOTION: Carmen requires SUPERVISION x 1 staff using a walker on unit				
			Date Initiated: 08/13/2025				
			Created on: 08/13/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 08/14/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• PERSONAL HYGIENE: 1 staff to provide LIMITED assistance for personal hygiene.				
			Date Initiated: 08/13/2025				
			Created on: 08/13/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 08/18/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• HAND HYGIENE:Carmen is able to independently complete task of Hand Hygiene each day.				
			Date Initiated: 08/13/2025				
			Created on: 08/13/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 08/13/2025				
			Revision by: Harsimran Kaur (Registered Nurse)				
			• TOILET USE: Carmen requires SUPERVISION x 1 staff. She is able to self toilet at times.				
			Date Initiated: 08/13/2025				
			Created on: 08/13/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 08/15/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• TRANSFERRING: Carmen requires SUPERVISION x 1 staff				
			PCA				
Allergies	No Known Allergies			D.O.B.	08/03/1941	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BELANGER, CARMEN (925171002290)			Admission Date	08/13/2025	Location	Lilac Lane 304LL 4
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>ORAL CARE: 1 staff to provide EXTENSIVE assistance for oral care.</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/14/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>FOOT CARE: PSW, to complete toenail care every shower day. Report long toe nails or other abnormalities as noted.</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/13/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>RESIDENT PREFERENCE with ADL activities as follow (Carmen prefers to do her own Peri Care)</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Donna Duah (RN) Revision on: 08/13/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> <li>SPECIFIC RESIDENT Request: No Male PSW</li> </ul> <p>Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Donna Duah (RN) Revision on: 08/13/2025 Revision by: Donna Duah (RN)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		<b>11/21/2025</b>			

## Care Plan Report

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### Diagnosis

Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Arthrosis, unspecified(M19.9), Fibromyalgia(M79.7), Hyperlipidaemia, unspecified(E78.5), Cerebral amyloid angiopathy(I68.0), Tinnitus(H93.1), Radiculopathy, lumbar region(M54.16), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/03/1941	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Aortic (valve) stenosis(I35.0), Atrial fibrillation, unspecified(I48.90), Unspecified dementia(F03), Ost...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BELANGER, CARMEN (925171002290)	<b>Admission Date</b>	08/13/2025	<b>Location</b>	Lilac Lane 304LL 4
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered VISION related to Cataract (right and left) Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/22/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• To treat and minimize complications of cataract through to next review date Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Fabi for decision making pertaining to change in visual status as needed. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/11/2024 Revision by: Nichole Seng (Registered Nurse) • HEALTH TEACHING: Engage with Fabi and (POA) to enhance their knowledge of Cataract affecting vision. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN)</div>			Registered Staff	
<div>• Ambulation. Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To prevent a decline in Fabiola's ability and distance of walking of 10-15 meters over stay in LTC. Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026  • To decrease Fabiola's ability to stand and walk reduce the risk of falls and # of falls to 0 overstays in LTC.</div>	<div>• Fabiola is to perform balance exercises with 1 XA( Kitchen sink EXs ) 3/wk. Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Fabiola to ambulate under supervised for 10-15 m with or without assistive device, using proper posture and gait cycle in 3/wk. Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	No Known Allergies		D.O.B.	01/11/1934	Physician	Harpal Singh	
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BENNETT, FABIOLA (925171002230)		Admission Date	12/11/2024	Location	Lilac Lane 305LL 3	
Last Care Plan Review Completed:		12/22/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<b>• Ambulation.</b> Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)	Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026				
<b>• Active ROM.</b> Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<b>• To prevent further deterioration of joint flexibility and strength from grade 3/5 in 3 months. (Manual Muscle Test)</b> Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026	<b>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion) to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb ROM, theraband/ball/weights/pulleys/bike/ able to stand and walk 3/wk.</b> Date Initiated: 12/16/2025 Created on: 12/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA		
<b>• URINARY type of: Functional) INCONTINENCE related to Dementia Diagnosis</b> Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 03/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	<b>• Fabi will have urinary incontinence managed every shift through to the next review period.</b> Date Initiated: 12/19/2025 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	<b>• COMMUNICATION:</b> Involve/collaborate with Fabi and (POA) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc). Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <b>• URINARY</b> Continence level is TOTAL Incontinent. Report change to level as noted. PCA Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>• CHECK and CHANGE: Fabiola experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled.  Date Initiated: 04/08/2025  Created on: 04/08/2025  Created by: Jaspreet Samra (Registered Practical Nurse)  Revision on: 10/11/2025  Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• INCONTINENCE PRODUCT: Fabiola uses white BRIEFS for morning and evening shifts. Yellow Brief for night shift at 2330 hrs.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 04/30/2025  Revision by: Jaspreet Samra (Registered Practical Nurse)</p>	PCA			
<p>• COGNITIVE LOSS; alteration in thought processes ( memory loss, difficulty concentrating, altered judgement) related to progression of Dementia  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 03/25/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Fabi will be supported to make independent choice and safe decisions each day through to the review date.  Date Initiated: 12/19/2025  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/19/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 03/22/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Fabi and (POA) in decision making of Cognitive Loss for (specify diagnosis).  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 02/26/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Fabi and (POA) to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia Diagnosis.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 02/26/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ORIENTATION: Gently reorient to person, place, time as needed when Fabi is feeling lost or in confused state.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 08/28/2025</p>	Social Worker			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BENNETT, FABIOLA (925171002230)		<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• <b>COGNITIVE LOSS</b>; alteration in thought processes ( memory loss, difficulty concentrating, altered judgement) related to progression of Dementia  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 03/25/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• <b>PERSONAL ITEMS</b>: Keep family pictures, etc. in a consistent place on bedside table.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/17/2024  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• <b>CUE TASKS</b>: Break tasks into manageable subtasks, Fabi can comprehend and follow (specify # of) steps at a time.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/11/2024  Revision by: Nichole Seng (Registered Nurse)</p>	PCA		
<p>• Potential for acute/persistent <b>PAIN</b> and alteration in comfort level related to osteoporosis.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 03/25/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Promote MDS Pain Score of 0 through to the next review.  Date Initiated: 12/19/2025  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/19/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 03/22/2026</p>	<p>• <b>COMMUNICATION</b>: Involve/collaborate with Fabi Faiola and(POA) about pain management, goals of treatment, plan of care, prognosis and treatment options.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 02/26/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• <b>PREFERENCES</b>: Fabi has identified preference for pain management (Specify: i.e. PRN pain meds only, no pharmaceutical interventions, etc.).  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/11/2024  Revision by: Nichole Seng (Registered Nurse)</p>			
<p>• Potential to experience alteration in <b>MOOD</b> related to Dementia  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)</p>	<p>• To support Fabi with their identified coping strategies for mood/emotional stability each day through to the review date.  Date Initiated: 12/19/2025</p>	<p>• <b>COMMUNICATION</b>: Involve/collaborate with Fabi and (POA) about <b>MOOD</b> Disturbance, discuss contributing factors, and plan of care needs/options as needed.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 02/26/2025</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Revision on: 03/19/2025 Revision by: Danielle Knott (ADOC)	Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> <li>• <b>RESIDENT STRENGTHS:</b> Build on Fabi effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities.</li> </ul> Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 08/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) <ul style="list-style-type: none"> <li>• <b>DISTRACTION ACTIVITIES:</b> Fabi can be calmed doing activities of interest including (Specify; listening to music, doing puzzles, watching movies, etc.)</li> </ul> Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 08/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) <ul style="list-style-type: none"> <li>• <b>FAMILY SUPPORT:</b> Fabi enjoys visits from Michele</li> </ul> Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/11/2024 Revision by: Nichole Seng (Registered Nurse)				
<ul style="list-style-type: none"> <li>• <b>Altered COMMUNICATION</b> as exhibited by pontial limitations related to Expressive Aphasia, Receptive Aphasia</li> </ul> Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/19/2025 Revision by: Danielle Knott (ADOC)	<ul style="list-style-type: none"> <li>• <b>Fabiola</b> will be supported to make basic needs known each day through to the review date.</li> </ul> Date Initiated: 12/19/2025 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	<ul style="list-style-type: none"> <li>• <b>COMMUNICATION:</b> Involve/collaborate with Fabiola/SDM for decision making about strategies needed to support effective communication.</li> </ul> Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> <li>• <b>HEALTH TEACHING:</b> Engage with Fabiola/SDM to enhance their knowledge of change in health status affecting communication ability.</li> </ul> Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BENNETT, FABIOLA (925171002230)		<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>• <b>PRIMARY LANGUAGE:</b> Fabiola's primary language is English. She is able to speak/understand English. Resident also speaks French (originally from Quebec)  Date Initiated: 12/24/2024  Created on: 12/24/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 03/19/2025  Revision by: Danielle Knott (ADOC)</p> <p>• <b>SUPPORTIVE TECHNIQUES:</b> Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases.  Date Initiated: 12/24/2024  Created on: 12/24/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 02/26/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA Registered Practical Nurse			
<p>• Fabi has <b>STRONG PARTICIPATION</b> in Activities  Date Initiated: 03/05/2025  Created on: 03/05/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 03/05/2025  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>• Fabi will be supported to maintain participation in activities 20-25 times per month by the next review date.  Date Initiated: 03/05/2025  Created on: 03/05/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 03/05/2025  Revision by: Elsa Ganem (Recreation Aide)  Target Date: 03/22/2026</p> <p>• Fabi will maintain ISE score of 6 by the next review date.  Date Initiated: 03/05/2025  Created on: 03/05/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 03/05/2025  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>• <b>STRUCTURED ACTIVITIES:</b> Invite her to programs of personal interest such as music programming, special entertainment, bowling, church service, social carts, etc.  Date Initiated: 03/05/2025  Created on: 03/05/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 03/05/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>SELF-DIRECTED ACTIVITIES:</b> Encourage her to engage in self-directed activities such as conversing with staff and peers, walking within the unit, listening to music, watching/listening TV, etc.  Date Initiated: 03/05/2025  Created on: 03/05/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 03/05/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ASSISTANCE:</b> Provide assistance and encouragement to get her to scheduled activities - Accompany in the elevator, Walk with her and guide her to the activity room and her seat.  Date Initiated: 03/05/2025  Created on: 03/05/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 03/05/2025</p>				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BENNETT, FABIOLA (925171002230)		<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Fabi has STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 03/05/2025</p> <p>Created on: 03/05/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 03/05/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>	<p>Target Date: 03/22/2026</p>	<p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Fabi likes to drink green tea (no sugar, no milk). She enjoys conversing with staff about her family, her family trips and work. She enjoys listening to music and singing along. She is very helpful and cares about other residents. If she seems worried about them, Staff will assure her that they will be taking care of them so she can rest. This will give her peace of mind.</p> <p>Date Initiated: 03/05/2025</p> <p>Created on: 03/05/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 07/29/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• ONE to ONE: Provide her with individual visits for conversation, reading, reminiscing, etc.</p> <p>Date Initiated: 03/05/2025</p> <p>Created on: 03/05/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 03/05/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Family visits on a regular basis. They are very involved in Fabi's care.</p> <p>Date Initiated: 03/05/2025</p> <p>Created on: 03/05/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 03/05/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Fabi with Musicking, Music Programming, Music Technology, Environmental Sound.</p> <p>Date Initiated: 03/05/2025</p> <p>Created on: 03/05/2025</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 03/05/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>	<p>Recreation Aide</p>		
<p>• Potential for Expressive Behaviour of WANDERING, RESISTANCE to care need nature related to Symptom Progression of</p>	<p>• To promote safety for Fabiola and/or others during each episode of wandering through to</p>	<p>• COMMUNICATION: Involve/collaborate with Fabiola)/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p>	<p>BSO - Internal Social Worker</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Dementia/Alzheimer Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	the next review date. Date Initiated: 12/19/2025 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Fabiola for indications to change in or for escalating expressive behaviour risk. Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat as expression of behaviour Fab believes she is managing her own care, it is best not to correct her, but to acknowledge her feelings. Start interactions socially rather than task oriented. Do not rush Fab. Date Initiated: 09/10/2025 Created on: 09/10/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/10/2025 Revision by: Maria Kabli (Registered Practical Nurse) • RESISTANCE to Care Need: If Fab is declining to bathe, change clothes re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 09/10/2025 Created on: 09/10/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/10/2025 Revision by: Maria Kabli (Registered Practical Nurse) • RESISTANCE to Care Need: Ensure not to rush Fab, take your time and ensure that your body language matches what you are saying verbal and If Fab is declining to have shower, re-approach in 10-15 minutes. Date Initiated: 09/10/2025 Created on: 09/10/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/10/2025 Revision by: Maria Kabli (Registered Practical Nurse)		
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	01/11/1934
<b>Physician</b>	Harpal Singh			
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>
			Lilac Lane 305LL 3	
<b>Last Care Plan Review Completed:</b>		12/22/2025		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential for Expressive Behaviour of WANDERING, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			• WANDERING: Permit Faniola to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication prior to shower for therapeutic treatment of (specify Expressed Behaviour) as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 11/15/2025 Created on: 11/15/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 11/15/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)		Registered Practical Nurse RN	
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/19/2025 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Fabiola/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against		PCA	
Allergies	No Known Allergies		D.O.B.	01/11/1934	Physician	Harpal Singh
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, FABIOLA (925171002230)		Admission Date	12/11/2024	Location	Lilac Lane 305LL 3
Last Care Plan Review Completed:		12/22/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			excessive moisture after incontinence episode. Date Initiated: 12/24/2024 Created on: 12/24/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Nutrition Risk Level Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD))		• Fabi will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/27/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/22/2026  • Will weigh within GWR/IBW/Realistic weight range of 45-57 kg (BMI 18-23) through to next review date. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/27/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/22/2026	• NUTRITION RISK: Fabi is MODERATE risk level. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/27/2024 Revision by: Maria Ghobrial (Dietitian (RD))  • DIET ORDER: Fabi will receive Regular diet, Regular (soft) texture Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD))  • FLUID CONSISTENCY: Fabi drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD))  • FLUID TARGET: Encourage Fabi to drink a minimum of 1120 ml per day. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 09/17/2025 Revision by: Julia Pilca (Dietitian (RD))  • HIGH CALORIE/PROTEIN AM SNACK: Give 1 svg yogurt Date Initiated: 03/17/2025		Dietitian (RD)		
Allergies		No Known Allergies		D.O.B.	01/11/1934	Physician	Harpal Singh
Diagnosis		Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
Facility		Wellington Park Care Centre				Print Date	1/4/2026
Resident		BENNETT, FABIOLA (925171002230)		Admission Date	12/11/2024	Location	Lilac Lane 305LL 3
Last Care Plan Review Completed:		12/22/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 12/17/2024</div> <div>Created on: 12/17/2024</div> <div>Created by: Maria Ghobrial (Dietitian (RD))</div>	<div>• Fabi will be adequately hydrated aeb drinking at least 85% of total fluid requirement @25 ml/kg, 52.7 kg through to next review date.</div> <div>Date Initiated: 12/17/2024</div> <div>Created on: 12/17/2024</div> <div>Created by: Maria Ghobrial (Dietitian (RD))</div> <div>Revision on: 09/17/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 03/22/2026</div>	<div>Created on: 03/17/2025</div> <div>Created by: Maria Ghobrial (Dietitian (RD))</div> <div>Revision on: 03/17/2025</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div> <div>• HIGH CALORIE/PROTEIN PM SNACK: Give 1 svg ice cream.</div> <div>Date Initiated: 03/17/2025</div> <div>Created on: 03/17/2025</div> <div>Created by: Maria Ghobrial (Dietitian (RD))</div> <div>Revision on: 03/17/2025</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div>	PCA	D		
<div>• Potential for bruising, bleeding, clotting or other complications related to use of (Specify; ANTICOAGULANT or Anti-platelet) medication</div> <div>Date Initiated: 12/11/2024</div> <div>Created on: 12/11/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/17/2024</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div>	<div>• To monitor for bleeding and minimize complications related to use of Apixaban through the review date.</div> <div>Date Initiated: 12/11/2024</div> <div>Created on: 12/11/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/17/2024</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div> <div>Target Date: 03/22/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Fabi and (POA) in decision making and health teaching of Anti-coagulation medication use.</div> <div>Date Initiated: 12/11/2024</div> <div>Created on: 12/11/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 02/26/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• BLEEDING ALERT: Notify nurse immediately if Fabi is bleeding (noted blood in urine/stool, bleeding nose/gums, unexplained bruising, etc.).</div> <div>Date Initiated: 12/11/2024</div> <div>Created on: 12/11/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/11/2024</div> <div>Revision by: Nichole Seng (Registered Nurse)</div> <div>• MEDICATION: Administer medications as per MD Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted.</div> <div>Date Initiated: 12/11/2024</div> <div>Created on: 12/11/2024</div> <div>Created by: Donna Duah (RN)</div>	PCA      Registered Staff			
<div>• Potential for BOWEL INCONTINENCE related to loss of sphincter control and cognitive impairment.</div>	<div>• Fabi will have bowel incontinence managed every shift through to the next review</div>	<div>• COMMUNICATION: Involve/collaborate with Fabi and (POA) for decision making about toileting options, incontinence. .</div> <div>Date Initiated: 12/11/2024</div>				
Allergies	No Known Allergies		D.O.B.	01/11/1934	Physician	Harpal Singh
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, FABIOLA (925171002230)		Admission Date	12/11/2024	Location	Lilac Lane 305LL 3
Last Care Plan Review Completed:		12/22/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/17/2024 Revision by: Maria Kabli (Registered Practical Nurse)		period. Date Initiated: 12/19/2025 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is INCONTINENT. Report change to level as noted.			PCA	
			Date Initiated: 02/25/2025 Created on: 02/25/2025 Created by: Danielle Knott (ADOC) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC) • BOWEL MOVEMENT: Monitor Fabila for bowel movement each shift and document number of occurrences, size and consistency.			PCA	
			Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Fabiola uses white BRIEFS for morning and evening shifts. Yellow Brief for night shift at 2330 hrs..			PCA	
			Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 04/30/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)				
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote adequate rest/sleep for Fab based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/19/2025 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator)	• REST PATTERN: Preferred bedtime is flexible, usual wake time 0730H-0800. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2025 Revision by: Mario Diamante (Registered Practical Nurse) • SLEEPWEAR: pajamas prefers to wear.			PCA	
<b>Allergies</b>		No Known Allergies		<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>		Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>		Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>		BENNETT, FABIOLA (925171002230)		<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
		Target Date: 03/22/2026				
• Increased risk for FALLS related to dementia and osteoporosis. Limitation of cognitive function/alterd judgement related to dementia, Medical condition (list relevant diagnosis): dementia, osteoporosis Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/11/2024 Revision by: Nichole Seng (Registered Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/19/2025 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with Fabi and (POA) in decision making in fall prevention Plan of Care. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CALL BELL: Place call bell within Fabiola's reach and remind/encourage her to use it. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • FOOTWEAR: Ensure Fabiola wears appropriate footwear shoes. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	D/E/N
• Altered ability to complete Activities of Daily Living (ADLs) related to dementia Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/11/2024 Revision by: Nichole Seng (Registered Nurse)		• Fabi will be supported to cope with changing functional abilities of dementia and have ADL care needs met each day through to the next review date. Date Initiated: 12/19/2025 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• BATHING: Fabi prefers shower on (Saturday Morning Tuesday Evening) and is able to (Wash her face).1 Staff to provide EXTENSIVE. On Shower days, strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse) • BED MOBILITY: Fabi is independent for bed mobility. Date Initiated: 12/11/2024 Created on: 12/11/2024 Created by: Donna Duah (RN) Revision on: 09/12/2025		PCA	PCA
Allergies	No Known Allergies		D.O.B.	01/11/1934	Physician	Harpal Singh
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, FABIOLA (925171002230)		Admission Date	12/11/2024	Location	Lilac Lane 305LL 3
Last Care Plan Review Completed:		12/22/2025				

## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to dementia  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/11/2024  Revision by: Nichole Seng (Registered Nurse)</p>		<p>Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 09/12/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• TOILET USE: Fabi is able to EXTENSIVE assistance x1 staff complete assistance for toileting. PCA</p> <p>Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/17/2024  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• TRANSFERRING: Fabi is typically INDEPENDENT when transfer. PCA</p> <p>Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 09/12/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• ORAL CARE: Fabi requires Supervision ASSISTANCE from 1 staff for oral care. PCA  Oral care is to be completed BID and PRN. daily.</p> <p>Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 09/12/2025  Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• FOOT CARE: PSW, Registered staff, Foot Care Nurse) to complete toenail care every shower days. Report long toe nails or other abnormalities as noted. PCA</p> <p>Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Donna Duah (RN)  Revision on: 12/17/2024  Revision by: Maria Kabli (Registered Practical Nurse)</p>			
<p>• Expressed Wishes and Beliefs related to Fabi's Medical Treatment and End of Life Care  Date Initiated: 12/11/2024</p>	<p>• To support and honor Fabi's expressed wishes and beliefs through to the End of Life.  Date Initiated: 12/11/2024</p>	<p>• CPR: Fabi wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.  Date Initiated: 12/11/2024  Created on: 12/11/2024</p>	<p>Registered Practical Nurse RN</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025			

## Care Plan Report

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<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025			

## Care Plan Report


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**Diagnosis**

Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction (I64), Degeneration of macula and posterior pole(H35.3), Malignant neoplasm of central portion of breast, unspecified side(C50.19)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	01/11/1934	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Stroke, not specified as haemorrhage or infarction(I64), Degeneration of macula and posterior ...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BENNETT, FABIOLA (925171002230)	<b>Admission Date</b>	12/11/2024	<b>Location</b>	Lilac Lane 305LL 3
<b>Last Care Plan Review Completed:</b>		12/22/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Alteration in skin integrity related bruise on right forearm/elbow Dec 31/25 Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 12/31/2025 Revision by: Maryam Shahzadi (Registered Practical Nurse)		• To promote optimal healing of BRUISE by next review date Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Maryam Shahzadi (Registered Practical Nurse) Target Date: 03/22/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of resident with bruise changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 12/31/2025 Revision by: Maryam Shahzadi (Registered Practical Nurse) • COMMUNICATION: Involve/collaborate with Joseph in decision making for treatment of skin issues. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 12/31/2025 Revision by: Maryam Shahzadi (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/31/2025 Created on: 12/31/2025 Created by: Maryam Shahzadi (Registered Practical Nurse)			Registered Practical Nurse RN	
						Registered Staff	
• Alteration in skin integrity related to #50-Pressure-Stage 2 to right heel. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 09/26/2025 Revision by: Maria Kabli (Registered Practical Nurse)		• To promote optimal healing of deep tissue injury by next review date. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of deep tissue injury as skin issue. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 08/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with deep tissue injury for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 08/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)				
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none"> <li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 08/29/2025 Revision by: Danielle Knott (ADOC)</li> <li>• Administer treatment for deep tissue injury to right heel as per MD order. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 08/28/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li> </ul>				
• EXPRESSIVE BEHAVIOR of SOCIALLY inappropriate behavior such as hoarding related to VASCULAR DEMENTIA. Date Initiated: 07/05/2020 Created on: 08/05/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Richele Rosales (RAI Coordinator)		• To promote safety for Joe during each episode of HOARDING through to the next review date. Date Initiated: 12/19/2025 Created on: 09/22/2025 Created by: Danielle Knott (ADOC) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• BEHAVIOR MANAGEMENT PLAN: Joseph's room (including pillow case) and pockets should be emptied 1 to 3 times a shift as he hoards food, drink and other residents belonging in his room, walker, socks and pants. Also staff has to monitor Joe he will pick food out of garbage and will try to eat. Staff to ensure resident is not around when clearing Joe's walker. Date Initiated: 07/05/2020 Created on: 03/30/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC)			PCA	
			• COMMUNICATION: Involve/collaborate with Joe/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Victoria Edwards (RPN) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC)			Registered Staff BSO - Internal BSO - External Social Worker	
			• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joseph for indications to change in or for escalating expressive behaviour risk. Date Initiated: 07/05/2020 Created on: 07/05/2020			Registered Staff	
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• EXPRESSIVE BEHAVIOR of SOCIALLY inappropriate behavior such as hoarding related to VASCULAR DEMENTIA. Date Initiated: 07/05/2020 Created on: 08/05/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC) • TRIGGERS leading to SOCIALLY Inappropriate and WANDERING behaviours include: Redirection when Joe has taken others personal belongings, negotiation needs to take place when returning others belongings. Joe will accept magazines, snacks, drinks, distractions with sports programs and music can help. Cause of expression of behaviour include confusion, decreased insight, and poor judgement. Date Initiated: 08/06/2021 Created on: 08/06/2021 Created by: Dale Bamforth (Nurse Clinician ) Revision on: 09/22/2025 Revision by: Mario Diamante (Registered Practical Nurse) • HOARDING; Approach gently and calmly after meal and snack time. Check pockets/ shoes/ boots/ socks. Explain to Joe what he has in his pockets/ shoes/ boots/ socks is not his and you will return to owner. Date Initiated: 09/22/2025 Created on: 12/28/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 09/23/2025 Revision by: Danielle Knott (ADOC)</div>	<div>PCA</div> <div>PCA</div>			
<div>• Risk of Altered Communication r/t Dx of Dementia Date Initiated: 05/11/2016 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC)</div>	<div>• Joseph will maintain current communication abilities (communication with others, understanding others, engaging in every day decision making) by speaking and being understood by staff/family through the review date. Date Initiated: 12/19/2025 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• Monitor/document/address residents ability to express and comprehend language, memory, reasoning ability, problem solving ability and ability to attend. Date Initiated: 05/11/2016 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC) • Primary language is Hungarian, but speaks and understands English Date Initiated: 05/11/2016 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC)</div>	Registered Staff			
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Risk of Altered Communication r/t Dx of Dementia Date Initiated: 05/11/2016 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC)		Target Date: 03/22/2026					
• Potential to experience rash, hives, anaphylaxis related to ALLERGIC to TEGADERM and Cephalexin. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/05/2025 Revision by: Harsimran Kaur (Registered Nurse)		• Joseph will be protected from exposure to allergen each day through next review date. Date Initiated: 09/24/2024 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/05/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/22/2026	• ALLERGY ALERT: Staff to remain aware of allergen (TEGADERM) and (CEPHALEXIN) and prevent contact with. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/05/2025 Revision by: Harsimran Kaur (Registered Nurse) • MD/PHARMACY ALERT: Registered staff to ensure MD's and Pharmacy aware of Joseph's allergy and ensure he/she does not receive it. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• NEW: SPIRITUAL BELIEFS: Joe is of the Catholic faith. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 07/29/2025 Revision by: Elsa Ganem (Recreation Aide)		• To provide Joe spiritual support as interested through to the next review date. Date Initiated: 03/22/2023 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 03/22/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• SPIRITUAL PROGRAMS: Encourage Joe to attend virtual and/or in-person Church ACT Services. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 03/15/2023 Revision by: Elsa Ganem (Activities/Rec Therapy)				
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• NEW: SPIRITUAL BELIEFS: Joe is of the Catholic faith. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 07/29/2025 Revision by: Elsa Ganem (Recreation Aide)		Target Date: 03/22/2026					
• High risk for FALLS medication use, Dx of Dementia and may attempt to self transfer from his wheelchair. Date Initiated: 07/27/2025 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/27/2025 Revision by: Donna Duah (RN)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/19/2025 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• CALL BELL: Place call bell within his reach and remind/encourage to use it, Joe non-compliant with using Call bell. Date Initiated: 12/23/2024 Created on: 10/07/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/23/2025 Revision by: Parwinder Kaur (Registered Practical Nurse) • Adaptive Equipment Required to reduce fall risk: Winged bed in place to prevent falls out of bed. Date Initiated: 05/17/2023 Created on: 10/31/2017 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Olena Romaniuk (Registered Nurse) • ENVIRONMENT: Secure environment (reduce clutter, search resident's night table drawers and remove any unwanted items. (ie perishable and non perishable items. toilet height, quiet environment, etc.) to reduce fall risk for (Joe) Date Initiated: 05/17/2023 Created on: 03/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/17/2023 Revision by: Olena Romaniuk (Registered Nurse) • Place bed at knee level position, use high/low bed to prevent falls from bed. Date Initiated: 02/16/2024 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/27/2025			PCA	D/E/N
Allergies	Cephalexin, Tegaderm			D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)			Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• High risk for FALLS medication use, Dx of Dementia and may attempt to self transfer from his wheelchair.</li></ul> <p>Date Initiated: 07/27/2025 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/27/2025 Revision by: Donna Duah (RN)</p>			Revision by: Donna Duah (RN)			PCA	
			<ul style="list-style-type: none"><li>• FOOTWEAR: Ensure non-slip shoes is present.</li></ul> <p>Date Initiated: 07/27/2025 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/27/2025 Revision by: Donna Duah (RN)<li>• PROGRAMS: Joseph is in PT falls prevention program focuses on EX program , post fall assessment, intervention recommendations.</li><p>Date Initiated: 07/27/2025 Created on: 07/04/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/27/2025 Revision by: Donna Duah (RN)<li>• ALARM: Requires Personal alarm. Check placement and working order. Staff respond when alarm is heard.</li><p>Date Initiated: 07/24/2025 Created on: 07/24/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/25/2025 Revision by: Rajdeep Kaur (Registered Nurse)<li>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li><p>Date Initiated: 05/17/2023 Created on: 08/24/2016 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Olena Romaniuk (Registered Nurse)</p></p></p></p>				
<ul style="list-style-type: none"><li>• BOWEL INCONTINENCE: frequently incontinent related to sphincter control due to limited mobility and dementia.</li></ul> <p>Date Initiated: 03/22/2023 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 06/28/2025</p>		<ul style="list-style-type: none"><li>• Joseph will have bowel incontinence managed every shift through to the next review period.</li></ul> <p>Date Initiated: 12/19/2025 Created on: 10/07/2019 Created by: Aline Mendoza (RAI Coord Back-up)</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with (Joe/SDM) for decision making about (bowel function, incontinence).</li></ul> <p>Date Initiated: 07/29/2025 Created on: 07/29/2025 Created by: Donna Duah (RN) Revision on: 07/29/2025 Revision by: Donna Duah (RN)<li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for</li></p>			Registered Practical Nurse PCA RN	Registered
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939		Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016		Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Olena Romaniuk (Registered Nurse)		Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	<p>changes to health status, alteration of continence level or bowel function.</p> <p>Date Initiated: 10/07/2019 Created on: 10/07/2019 Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>• BOWEL Continence level is a TOTALLY incontinent. Report change to level as noted.</p> <p>Date Initiated: 07/29/2025 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 07/29/2025 Revision by: Donna Duah (RN)</p> <p>• BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency.</p> <p>Date Initiated: 09/28/2020 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 09/28/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• INCONTINENCE PRODUCT: Joe uses Beige brief for morning and evening shifts. Orange Brief for night shift only.</p> <p>Date Initiated: 11/14/2023 Created on: 10/07/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/12/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			Staff	
<p>• Active ROM.</p> <p>Date Initiated: 06/10/2025 Created on: 05/21/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 06/10/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To improve Joe joint flexibility and strength from grade 3/5 to grade 4/5 in 3 months.</p> <p>Date Initiated: 07/25/2025 Created on: 05/21/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 07/25/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) AAROM to Rt shoulder all othert AROM 3wk.</p> <p>Date Initiated: 10/17/2025 Created on: 05/21/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/17/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	Cephalexin, Tegaderm			D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)			Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Active ROM.</div> <div>Date Initiated: 06/10/2025</div> <div>Created on: 05/21/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 06/10/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To prevent further deterioration of Joint flexibility and strength from grade 3/5 During a stay in program.</div> <div>Date Initiated: 07/25/2025</div> <div>Created on: 05/21/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 07/25/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 03/22/2026</div>					
<div>• Potential to experience complications and side effects impacting quality of life related to use of ANTIDEPRESSANT and ANTIPSYCHOTIC medication.</div> <div>Date Initiated: 03/22/2023</div> <div>Created on: 08/11/2017</div> <div>Created by: Nicole Wieske (Registered Practical Nurse)</div> <div>Revision on: 03/22/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To monitor effectiveness and for side effects of psychotropic medication used each day through to the next review date.</div> <div>Date Initiated: 06/23/2025</div> <div>Created on: 03/28/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 06/23/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Target Date: 03/22/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident using antidepressant and antipsychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</div> <div>Date Initiated: 09/28/2020</div> <div>Created on: 07/05/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 09/28/2020</div> <div>Revision by: Aline Mendoza (RAI Coord Back-up)</div> <div>• DE-PRESCRIBING MEDICATION; Monitor Joseph's for signs/symptoms during period when medications are titrated.</div> <div>Date Initiated: 07/05/2020</div> <div>Created on: 07/05/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 07/05/2020</div> <div>Revision by: Aline Mendoza (RAI Coord Back-up)</div> <div>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</div> <div>Date Initiated: 07/05/2020</div> <div>Created on: 08/11/2017</div> <div>Created by: Nicole Wieske (Registered Practical Nurse)</div> <div>Revision on: 07/05/2020</div> <div>Revision by: Aline Mendoza (RAI Coord Back-up)</div>				
<div>• Potential to experience alteration in</div>	<div>• Joe will be supported to</div>	<div>• Use consistent language to respond to repetitive statements.</div>	All			
<div>Allergies</div>	Cephalexin, Tegaderm	<div>D.O.B.</div>	03/07/1939	<div>Physician</div>	Harpal Singh	
<div>Diagnosis</div>	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
<div>Facility</div>	Wellington Park Care Centre			<div>Print Date</div>	1/4/2026	
<div>Resident</div>	BITA, JOSEPH (925171001505)		<div>Admission Date</div>	05/10/2016	<div>Location</div>	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
MOOD as exhibited by repetitive questions up to five days a week that is easily altered related to VASCULAR DEMENTIA. Date Initiated: 03/22/2023 Created on: 08/24/2016 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/22/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 12/19/2025 Created on: 05/16/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 03/12/2021 Created on: 10/10/2018 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator) • COMMUNICATION: Involve/collaborate with Joseph/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 03/12/2021 Created on: 07/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator) • HEALTH EDUCATION: Provide education and support to Joe/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 06/23/2025 Created on: 06/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Staff	
• URINARY (Mixed) Incontinence related to loss of muscle tone due to aging and diagnosis of DEMENTIA. Date Initiated: 07/05/2020 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)		• Joseph will have urinary incontinence managed every shift through to the next review period. Date Initiated: 12/19/2025 Created on: 01/08/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Joseph for toileting needs, changes to health status and alteration of continence level. Date Initiated: 07/05/2020 Created on: 07/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • URINARY Continence level is Totally INCONTINENT. Report change to level as noted. Date Initiated: 07/05/2020 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 08/11/2025 Revision by: Mario Diamante (Registered Practical Nurse) • CHECK and CHANGE: Joe experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time			PCA	
Allergies	Cephalexin, Tegaderm			D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)			Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• URINARY (Mixed) Incontinence related to loss of muscle tone due to aging and diagnosis of DEMENTIA. Date Initiated: 07/05/2020 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)</li></ul>			<p>noted to be soiled. Date Initiated: 10/11/2025 Created on: 08/03/2016 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• INCONTINENCE PRODUCT: Joe uses Beige brief for morning and evening shifts. PCA Orange Brief for night shift only. Date Initiated: 07/05/2020 Created on: 05/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 11/12/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</li></ul>			
<ul style="list-style-type: none"><li>• Risk for/Impaired SKIN INTEGRITY related to LIVER CIRRHOSIS, DIABETES MELLITUS, history of pressure ulcers, bruises and rashes Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 12/28/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</li></ul>		<ul style="list-style-type: none"><li>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/19/2025 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</li></ul>	<ul style="list-style-type: none"><li>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Joes' usual skin condition to Registered Staff as noted. Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• HEALTH EDUCATION: Engage Joe/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• EQUIPMENT: Apply offloading boots to relieve pressure on the LEFT and RIGHT heels. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 10/06/2025</li></ul>			
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div><div>• Risk for/Impaired SKIN INTEGRITY related to LIVER CIRRHOSIS, DIABETES MELLITUS, history of pressure ulcers, bruises and rashes</div><div>Date Initiated: 07/05/2020</div><div>Created on: 05/10/2016</div><div>Created by: Nicole Nordeman (Registered Practical Nurse)</div><div>Revision on: 12/28/2020</div><div>Revision by: Nicole Wieske (Registered Practical Nurse)</div></div>		<div>Revision by: Danielle Knott (ADOC)</div> <div>• AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING should be 3. Report issue with inflation to Registered Staff immediately as noted.</div> <div>Date Initiated: 09/09/2025</div> <div>Created on: 09/09/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 09/09/2025</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div> <div>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure.</div> <div>Date Initiated: 08/14/2025</div> <div>Created on: 08/14/2025</div> <div>Created by: Danielle Knott (ADOC)</div> <div>Revision on: 08/14/2025</div> <div>Revision by: Danielle Knott (ADOC)</div> <div>• SHEAR FRICTION: Keep bed as flat as tolerated to reduce shear.</div> <div>Date Initiated: 07/05/2020</div> <div>Created on: 05/10/2016</div> <div>Created by: Nicole Nordeman (Registered Practical Nurse)</div> <div>Revision on: 07/05/2020</div> <div>Revision by: Aline Mendoza (RAI Coord Back-up)</div> <div>• BARRIER CREAM: Apply skin barrier to skin folds that are high risk for skin breakdown</div> <div>Date Initiated: 12/28/2020</div> <div>Created on: 05/10/2016</div> <div>Created by: Nicole Nordeman (Registered Practical Nurse)</div> <div>Revision on: 12/28/2020</div> <div>Revision by: Nicole Wieske (Registered Practical Nurse)</div>	PCA RN Registered Practical Nurse	Q2h		
<div><div>• Potential for hyper/hypoglycemia, other complications related to Diet Controlled DIABETES MELLITUS.</div><div>Date Initiated: 07/05/2020</div><div>Created on: 05/10/2016</div><div>Created by: Nicole Nordeman (Registered Practical Nurse)</div><div>Revision on: 09/28/2020</div></div>	<div>• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date.</div> <div>Date Initiated: 06/23/2025</div> <div>Created on: 05/10/2016</div> <div>Created by: Nicole Nordeman</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status.</div> <div>Date Initiated: 07/05/2020</div> <div>Created on: 05/10/2016</div> <div>Created by: Nicole Nordeman (Registered Practical Nurse)</div> <div>Revision on: 07/05/2020</div> <div>Revision by: Aline Mendoza (RAI Coord Back-up)</div> <div>• COMMUNICATION: Involve/ collaborate with Joseph/SDM in decision making of</div>				
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Revision by: Aline Mendoza (RAI Coord Back-up)	(Registered Practical Nurse) Revision on: 06/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	diabetes care management. Date Initiated: 07/05/2020 Created on: 07/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 02/26/2021 Created on: 02/26/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/26/2021 Revision by: Sandra Davis (Registered Practical Nurse) • MEDICATION: Administer medication for DIABETES as per MD order. Monitor effectiveness and for side effects. Date Initiated: 02/26/2021 Created on: 02/26/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 03/31/2021 Revision by: Sandra Davis (Registered Practical Nurse) • LAB WORK: Obtain and monitor lab/diagnostic work as ordered. Report results to MD and follow up as indicated. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to DIURETIC use secondary to HYPERTENSION. Date Initiated: 07/05/2020 Created on: 04/30/2018 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 07/05/2020	• To promote fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 06/23/2025 Created on: 03/28/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/23/2025	• COMMUNICATION: Involve/collaborate with Joseph/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 04/30/2018 Created on: 04/30/2018 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 03/28/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with altered fluid intake for changes to health status and risk for dehydration.	Diet Registered Staff			
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision by: Aline Mendoza (RAI Coord Back-up)		Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 03/28/2020 Created on: 03/28/2020 Created by: Aline Mendoza (RAI Coord Back-up) • PROMOTE FLUIDS: Promote Joseph to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 03/28/2020 Created on: 03/28/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/28/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted. Date Initiated: 03/28/2020 Created on: 03/28/2020 Created by: Aline Mendoza (RAI Coord Back-up)				All	Registered Staff
• Sleep Patterns; Potential for alteration in sleep patterns related to DEMENTIA. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To promote adequate rest/sleep for Joseph based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/19/2025 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• PREFERENCE: Joseph enjoys a cup of coffee and snack before bed. Required hs medication to assist with sleeping. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • REST PATTERN: Usual bed time is 2200-2330 and usual wake time 0700-0800 Date Initiated: 09/06/2021 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 12/04/2021 Revision by: Luchel David (RPN) • SLEEPWEAR: Preferred night attire (own pajamas) Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				PCA	PCA
• Potential to experience FOOT/FEET complications related to diagnosis of		• To maintain adequate Foot/Feet/Toenail care and	• COMMUNICATION: Involve/collaborate with Joseph/SDM in decision making for foot care treatment plan.					
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016		Location	Lilac Lane 306LL 2	
Last Care Plan Review Completed:		12/19/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
DIABETES, ONCHAUXIS, FUNGAL NAILS Date Initiated: 07/05/2020 Created on: 05/31/2016 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 06/22/2023 Created on: 05/31/2016 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 06/22/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 07/05/2020 Created on: 07/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • TREATMENT PLAN: Joseph requires foot care/treatment every 6 weeks and PRN. Date Initiated: 07/05/2020 Created on: 05/31/2016 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• COGNITIVE LOSS; alteration in thought processes , memory loss related to KORSAKOFF, VASCULAR DEMENTIA. Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Joseph will be able to communicate basic needs through the review date. Date Initiated: 12/19/2025 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• ORIENTATION: Gently reorient to person, place, time as needed when Joseph's is feeling lost or in confused state. Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PERSONAL ROUTINE: Provide consistency in care routines and activities. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PERSONAL ITEMS: Keep personal items in a consistent place. Date Initiated: 07/05/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • COGNITIVE STIMULATION: Engage Joe in activities to stimulate cognitive function (bridge, chess, puzzles, reading). Date Initiated: 07/05/2020 Created on: 05/10/2016			All  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• COGNITIVE LOSS; alteration in thought processes , memory loss related to KORSAKOFF, VASCULAR DEMENTIA.</p> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/22/2025 Revision by: Danielle Knott (ADOC)</p>				
<p>• Potential for Acute, Persistent PAIN and alteration in comfort related to UMBILICAL HERNIA, LIVER CIRRHOSIS, DIABETIC NEUROPATHY.</p> <p>Date Initiated: 07/04/2020 Created on: 02/16/2017 Created by: Katrina Heals (Registered Staff) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 12/19/2025 Created on: 07/04/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Joseph/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 07/04/2020 Created on: 02/16/2017 Created by: Katrina Heals (Registered Staff) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 07/04/2020 Created on: 07/04/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>• ALTERNATIVE THERAPY: consider other therapies to relieve pain such as music therapy, aromatherapy, meditation, Reiki therapy.</p> <p>Date Initiated: 07/04/2020 Created on: 07/04/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/04/2020</p>			RN Registered Practical Nurse	
Allergies	Cephalexin, Tegaderm			D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)			Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Acute, Persistent PAIN and alteration in comfort related to UMBILICAL HERNIA, LIVER CIRRHOSIS, DIABETIC NEUROPATHY.</p> <p>Date Initiated: 07/04/2020 Created on: 02/16/2017 Created by: Katrina Heals (Registered Staff) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			Revision by: Aline Mendoza (RAI Coord Back-up)				
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to DEMENTIA, complications of LIVER DISEASE and DIABETES MELLITUS.</p> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• Joseph will have ALL ADL care tasks met each day through the next review date.</p> <p>Date Initiated: 12/19/2025 Created on: 01/08/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<p>• BATHING: TOTAL assistance from 1 staff for bathing. Shower days are on MONDAY EVENING and FRIDAY DAYS. On Bath/Shower days , strip the linens, wipe mattress with Virox and place new linens. Staff to clip finger and toenails after each Shower/Bath.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• BED MOBILITY: TOTAL ASSISTANCE with one staff.</p> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DRESSING: EXTENSIVE to TOTAL ASSISTANCE from 1 staff. Joseph is able to choose his own clothes, he can put arms through shirt and legs through pants he is able to pull up pants. Joe requires assistance with buttons and putting on shoes and socks.</p> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016</p>			PCA	
Allergies	Cephalexin, Tegaderm			D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)			Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<div>Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse) • EATING: Joe requires SET UP HELP to SUPERVISION with one staff. Joe enjoys dipping his toast in coffee or juice. He states "it adds more flavor". Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Joe requires 1 staff TOTAL assistance using wheelchair on and off the unit Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL HYGIENE: Requires TOTAL ASSISTANCE with 1 staff in personal hygiene Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: 1 staff to provide TOTAL assistance for hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene when in common areas. Date Initiated: 07/28/2021 Created on: 07/28/2021 Created by: Dale Bamforth (Nurse Clinician ) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator) • TOILET USE: TOTAL ASSISTANCE from 2 staff in performing perianal care. Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse)</div>	<div>PCA Registered Practical Nurse RN</div> <div>PCA RN Registered Practical Nurse</div> <div>PCA</div> <div>PCA</div> <div>PCA</div>			
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to DEMENTIA, complications of LIVER DISEASE and DIABETES MELLITUS.</li> </ul> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>TRANSFERRING: Requires 2 staff TOTAL assistance with Hoyer/ceiling lift.</li> </ul> <p>Date Initiated: 12/22/2022 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/23/2025 Revision by: Danielle Knott (ADOC) <ul style="list-style-type: none"> <li>TRANSFER LIFT/SLING: (MED full SLING) needed for transfer.</li> </ul> <p>Date Initiated: 07/22/2025 Created on: 07/22/2025 Created by: Donna Duah (RN) Revision on: 07/22/2025 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> <li>ORAL CARE: TOTAL ASSISTANCE from one person with oral care. Oral care to be provided BID and PRN. Joe requires staff to put toothpaste on toothbrush. Once Toothbrush is in his hand, Joe is able to brush his own teeth. Ask Joe to rinse mouth with water.</li> </ul> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>FOOT CARE: Footcare to be completed by footcare nurses Q6 weeks as he is diabetic.</li> </ul> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"> <li>SHAVING - Joseph will be shaven daily</li> </ul> <p>Date Initiated: 07/04/2020 Created on: 05/10/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN)</p> </p></p></p></p>	<p>PCA</p> <p>Registered Practical Nurse RN PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	

<b>Allergies</b>	Cephalexin, Tegaderm	<b>D.O.B.</b>	03/07/1939	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BITA, JOSEPH (925171001505)	<b>Admission Date</b>	05/10/2016	<b>Location</b>	Lilac Lane 306LL 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Expressed Wishes and Beliefs related to Joseph's Medical Treatment and End of Life Care</p> <p>Date Initiated: 07/04/2020</p> <p>Created on: 07/04/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 07/04/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• To support and honor Joseph's expressed wishes and beliefs through to the End of Life.</p> <p>Date Initiated: 07/04/2020</p> <p>Created on: 07/04/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 07/04/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>Target Date: 03/22/2026</p>	<p>• CPR: Joseph's wishes express NO CPR and NO TRANSFER to hospital.</p> <p>Date Initiated: 07/04/2020</p> <p>Created on: 07/04/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 12/18/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p>			
<p>• NEW: Joe has an ACTIVE and STRONG PARTICIPATION in Activities.</p> <p>Date Initiated: 10/11/2019</p> <p>Created on: 10/11/2019</p> <p>Created by: Isa Franco (Activities/Rec Therapy)</p> <p>Revision on: 10/11/2019</p> <p>Revision by: Isa Franco (Activities/Rec Therapy)</p>		<p>• Joe will be supported to maintain participation in activities 10-20 times per month by the next review date.</p> <p>Date Initiated: 12/15/2024</p> <p>Created on: 10/11/2019</p> <p>Created by: Isa Franco (Activities/Rec Therapy)</p> <p>Revision on: 12/15/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>Target Date: 03/22/2026</p> <p>• Joe will maintain ISE score of 6 by the next review date.</p> <p>Date Initiated: 03/25/2025</p> <p>Created on: 10/11/2019</p> <p>Created by: Isa Franco (Activities/Rec Therapy)</p> <p>Revision on: 03/25/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 03/22/2026</p>	<p>• STRUCTURED ACTIVITIES: Invite Joe to programs of personal interest such as bingo, bowling, puzzles, games , outdoor strolls, and sing songs. IMPORTANT: Currently Joe is using a wheelchair. Staff will ensure Joe is always supervised to prevent falls.</p> <p>Date Initiated: 10/11/2019</p> <p>Created on: 10/11/2019</p> <p>Created by: Isa Franco (Activities/Rec Therapy)</p> <p>Revision on: 07/29/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Joe to engage in self-directed activities ACT such as reading, watching TV, conversing with peers, and playing games. He likes to watch soccer games, tennis matches cooking shows, natures documentaries, etc.</p> <p>Date Initiated: 10/11/2019</p> <p>Created on: 10/11/2019</p> <p>Created by: Isa Franco (Activities/Rec Therapy)</p> <p>Revision on: 06/05/2023</p> <p>Revision by: Elsa Ganem (Activities/Rec Therapy)</p> <p>• ASSISTANCE: Provide assistance by reminding and accompanying Joe to scheduled activities.</p> <p>Date Initiated: 10/11/2019</p> <p>Created on: 10/11/2019</p> <p>Created by: Isa Franco (Activities/Rec Therapy)</p> <p>Revision on: 07/29/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>			
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025				

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Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• <b>NEW:</b> Joe has an <b>ACTIVE</b> and <b>STRONG PARTICIPATION</b> in Activities.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 10/11/2019  Revision by: Isa Franco (Activities/Rec Therapy)</p>		<p>• <b>HELPFUL HINTS:</b> Joe likes to flip through books and magazines. Joe enjoys to talk about his life experiences when he was growing up, his occupation working at Ford, and his family (especially his five children). Joe has a story about almost every topic, so he does not like when other people are talking and he is not being included in the conversation. In addition, Joe enjoys outdoor strolls walking, singing along, playing with puzzles, dominos, and word games. Before leaving the unit for outdoor strolls, invite Joe to empty his pants pockets, and place all his stuff in his room. Stuff falling from his pockets represent a fall risk for him and other residents. Joe likes to collect food and various items. Staff will tidy up his room to avoid clutter and Joe eating regular texture food (he eats puree texture food and thicken fluids #2) and excess of sugar (he follows a low sugar diet due to diabetes.)  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 07/29/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ONE to ONE:</b> Provide Joe with individual visits for outdoor strolls and socialization.    <b>ACT</b>  He also enjoys watching soccer games on the iPad.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 03/15/2023  Revision by: Elsa Ganem (Activities/Rec Therapy)</p> <p>• <b>THERAPIES:</b> Provide Joe with Art Therapy, Music Therapy, Aroma-Therapy, and    <b>ACT</b>  Massage Therapy when available.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 05/31/2021  Revision by: Elsa Ganem (Activities/Rec Therapy)</p> <p>• <b>FAMILY INVOLVEMENT:</b> Family is very involved and supporting in Joe's life at WPCC.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)</p>				
<b>Allergies</b>	Cephalexin, Tegaderm	<b>D.O.B.</b>	03/07/1939	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BITA, JOSEPH (925171001505)		<b>Admission Date</b>	05/10/2016	<b>Location</b>	Lilac Lane 306LL 2
<b>Last Care Plan Review Completed:</b>		12/19/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• NEW: Joe has an ACTIVE and STRONG PARTICIPATION in Activities. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 10/11/2019 Revision by: Isa Franco (Activities/Rec Therapy)</div>			<div>Revision on: 12/15/2024 Revision by: Elsa Ganem (Recreation Aide) • MUSIC CARE APPROACH: Present Joe with Musicking, Music Programming, Music Technology, and Environmental Sound. Date Initiated: 12/15/2024 Created on: 12/15/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 12/15/2024 Revision by: Elsa Ganem (Recreation Aide)</div>				
<div>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 10/02/2019 Created on: 10/02/2019 Created by: Aline Mendoza (RAI Coord Back-up)</div>		<div>• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 09/21/2023 Created on: 10/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/02/2019 Created on: 10/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 03/22/2023 Created on: 10/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/22/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • VITAL SIGNS: Monitor vital signs as ordered monthly or as needed. Notify MD of any significant abnormalities. Date Initiated: 10/02/2019</div>				
Allergies	Cephalexin, Tegaderm			D.O.B.	03/07/1939	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BITA, JOSEPH (925171001505)			Admission Date	05/10/2016	Location	Lilac Lane 306LL 2
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 10/02/2019 Created on: 10/02/2019 Created by: Aline Mendoza (RAI Coord Back-up)			Created on: 10/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up)				
• Nutrition Risk Level related to significant, unplanned weight gain since admission Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 11/11/2016 Revision by: Helen Bradley (Dietitian)		• Joseph will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 05/15/2016 Revision by: Helen Bradley (Dietitian) Target Date: 03/22/2026  • Will maintain weight within Realistic weight range of 80-94 kg (BMI 30-35) based on height 164 cm through to next review date. Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/22/2026	• NUTRITION RISK: Joe is at MODERATE nutrition risk. Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 03/19/2024 Revision by: Mark Chan (Dietitian (RD)) • DIET ORDER: Joe will receive regular diet, minced texture. Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 08/13/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Joseph drinks nectar fluids (MT2). Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 07/23/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID TARGET: Encourage Joe to drink at least 1645 ml per day. Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.			Dietitian (RD)	
Allergies	Cephalexin, Tegaderm		D.O.B.	03/07/1939	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BITA, JOSEPH (925171001505)		Admission Date	05/10/2016	Location	Lilac Lane 306LL 2	
Last Care Plan Review Completed:		12/19/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level related to significant, unplanned weight gain since admission</li> </ul> <p>Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 11/11/2016 Revision by: Helen Bradley (Dietitian)</p>	<ul style="list-style-type: none"> <li>• Joseph will be adequately hydrated aeb drinking at least 75% of total fluid requirement of @25 ml/kg, 87.7 kg through to next review date.</li> </ul> <p>Date Initiated: 05/15/2016 Created on: 05/15/2016 Created by: Helen Bradley (Dietitian) Revision on: 03/17/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/22/2026</p> <ul style="list-style-type: none"> <li>• Will meet estimated nutritional requirements of 2730 kcal @ 30 kcal/kg, 109.2 g protein @ 1.2 g/kg through to next review date.</li> </ul> <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/30/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/22/2026</p>	<p>Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)</p> <ul style="list-style-type: none"> <li>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</li> </ul> <p>Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)</p> <ul style="list-style-type: none"> <li>• FOOD PREFERENCES: Joe enjoys scrambled eggs instead of boiled at breakfast.</li> </ul> <p>Date Initiated: 04/27/2021 Created on: 04/27/2021 Created by: Helen Bradley (RD) Revision on: 04/27/2021 Revision by: Helen Bradley (RD)</p> <ul style="list-style-type: none"> <li>• HIGH CALORIE/PROTEIN AM SNACK: 1 svg vanilla yogurt at AM snack</li> </ul> <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/30/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <ul style="list-style-type: none"> <li>• MEDPASS SUPPLEMENTS: Provide Resource 2.0, 60 ml TID.</li> </ul> <p>Date Initiated: 10/14/2025 Created on: 10/14/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <ul style="list-style-type: none"> <li>• DIABETIC CARE: Offer Joe artificial sweetener, diet drinks, diet jam, and small portions of non-fruit/ice cream desserts.</li> </ul> <p>Date Initiated: 04/27/2021 Created on: 04/27/2021 Created by: Helen Bradley (RD) Revision on: 04/27/2021 Revision by: Helen Bradley (RD)</p>	<p>Diet PCA Recreational Therapy Aide</p> <p>Diet PCA</p> <p>PCA</p> <p>Diet PCA</p>	<p>D/E</p> <p>D</p>

<b>Allergies</b>	Cephalexin, Tegaderm	<b>D.O.B.</b>	03/07/1939	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BITA, JOSEPH (925171001505)	<b>Admission Date</b>	05/10/2016	<b>Location</b>	Lilac Lane 306LL 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report


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**Diagnosis**

Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal state with delirium(F10.4), Other and unspecified cirrhosis of liver(K74.6), Delusional disorder(F22.0), Type 2 diabetes mellitus with poor control, so described(E11.64)

<b>Allergies</b>	Cephalexin, Tegaderm	<b>D.O.B.</b>	03/07/1939	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Vascular dementia, unspecified(F01.9), Umbilical hernia without obstruction or gangrene(K42.9), Mental and behavioural disorders due to use of alcohol, withdrawal stat...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BITA, JOSEPH (925171001505)	<b>Admission Date</b>	05/10/2016	<b>Location</b>	Lilac Lane 306LL 2
<b>Last Care Plan Review Completed:</b>		12/19/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Expressive Behavior: Ardith exhibited RESISTANCE TO CARE related to progression of Dementia, Alzheimer's disease and Anxiety disorder.  Date Initiated: 09/04/2020  Created on: 03/29/2019  Created by: Jacqueline Padulla (Registered Practical Nurse)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To promote safety for Ardith and/or others during each episode resistance to care through to the next review date.  Date Initiated: 05/24/2024  Created on: 02/16/2022  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 02/27/2026</p>	<p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Ardith for indications to change in or for escalating expressive behaviour risk.  Date Initiated: 06/18/2020  Created on: 06/18/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 06/18/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• PHYSICAL Behaviour: If Ardith is attempting to strikeout; move back from her reach. Calmly indicate that care will continue when she is calm/ready. Seek Registered Staff assistance.  Date Initiated: 12/18/2020  Created on: 06/18/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 12/18/2020  Revision by: Nicole Wieske (Registered Practical Nurse)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs includes: Care times and sundowning, as expression of behaviour include poor judgement/insight and confusion.  Date Initiated: 08/06/2021  Created on: 08/06/2021  Created by: Dale Bamforth (Nurse Clinician )  Revision on: 11/15/2025  Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• RESISTANCE to Care Need: If Ardith is refusing personal care, re-approach in 10-15 minutes. Report episode to Registered Staff.  Date Initiated: 11/27/2025  Created on: 06/18/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DIVERSION ACTIVITY: Ardith responds well to watching TV as method to calm or redirect energy.  Date Initiated: 11/27/2025  Created on: 06/18/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 11/27/2025</p>	All			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	12/12/1943	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BOMPAS, ARDITH (925171001874)	<b>Admission Date</b>	03/25/2019	<b>Location</b>	Lilac Lane 305LL 1	
<b>Last Care Plan Review Completed:</b>		11/27/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Expressive Behavior: Ardith exhibited RESISTANCE TO CARE related to progression of Dementia, Alzheimer's disease and Anxiety disorder.  Date Initiated: 09/04/2020  Created on: 03/29/2019  Created by: Jacqueline Padulla (Registered Practical Nurse)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)</p>		<p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer medications as ordered for agitation. Monitor/document for side effects and effectiveness.  Date Initiated: 09/04/2020  Created on: 03/29/2019  Created by: Jacqueline Padulla (Registered Practical Nurse)  Revision on: 09/04/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>	Registered Practical Nurse RN		
<p>• Potential to experience alteration in MOOD as exhibited by repetitive movements, verbalization, related to ALZHEIMER's DISEASE, ANXIETY  Date Initiated: 06/18/2020  Created on: 11/21/2019  Created by: Benvi Mendoza (Registered Practical Nurse)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• Ardith will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.  Date Initiated: 11/27/2025  Created on: 11/21/2019  Created by: Benvi Mendoza (Registered Practical Nurse)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 02/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Ardith/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.  Date Initiated: 06/18/2020  Created on: 06/18/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 06/18/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Ardith for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Ardith's quality of life  Date Initiated: 06/18/2020  Created on: 11/21/2019  Created by: Benvi Mendoza (Registered Practical Nurse)  Revision on: 07/30/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• STRENGTHS: Build on Ardith's effort to maintain control. Encourage her to express All self, state preferences and make safe choices for care and activities.</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	12/12/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOMPAS, ARDITH (925171001874)	<b>Admission Date</b>	03/25/2019	<b>Location</b>	Lilac Lane 305LL 1
<b>Last Care Plan Review Completed:</b>		11/27/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in MOOD as exhibited by repetitive movements, verbalization, related to ALZHEIMER's DISEASE, ANXIETY</p> <p>Date Initiated: 06/18/2020</p> <p>Created on: 11/21/2019</p> <p>Created by: Benvi Mendoza (Registered Practical Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Date Initiated: 06/18/2020</p> <p>Created on: 06/18/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 11/19/2021</p> <p>Revision by: Victoria Edwards (RPN)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects.</p> <p>Date Initiated: 06/18/2020</p> <p>Created on: 11/21/2019</p> <p>Created by: Benvi Mendoza (Registered Practical Nurse)</p> <p>Revision on: 06/18/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>				
<p>• LOW risk for FALLS. History of falls related to medication use, secondary to ALZHEIMER's DISEASE, DEMENTIA and ANXIETY.</p> <p>Date Initiated: 11/23/2023</p> <p>Created on: 03/26/2019</p> <p>Created by: Bobby Deluao (Registered Practical Nurse)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 11/27/2025</p> <p>Created on: 12/24/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 11/27/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Ardith/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 02/04/2024</p> <p>Created on: 09/26/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/04/2024</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• CALL BELL: Ensure call bell in place and within Ardith's reach. Ardith is unable to hold/grab it.</p> <p>Date Initiated: 02/04/2024</p> <p>Created on: 03/26/2019</p> <p>Created by: Bobby Deluao (Registered Practical Nurse)</p> <p>Revision on: 12/21/2024</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• FOOTWEAR: Ensure non-slip footwear (socks or shoes) worn. Resident is transferred using ceiling or Hoyer lift. Resident no longer ambulates - Locomotion with wheelchair.</p> <p>Date Initiated: 02/04/2024</p> <p>Created on: 03/26/2019</p>			PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)			Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• LOW risk for FALLS. History of falls related to medication use, secondary to ALZHEIMER's DISEASE, DEMENTIA and ANXIETY.</p> <p>Date Initiated: 11/23/2023 Created on: 03/26/2019 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 06/25/2025 Revision by: Danielle Knott (ADOC)</p> <p>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</p> <p>Date Initiated: 02/04/2024 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/04/2024 Revision by: Olena Romaniuk (Registered Nurse)</p>			
<p>• Active ROM.</p> <p>Date Initiated: 11/19/2025 Created on: 02/14/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• To improve bilateral hip/knee/ankle/elbow/shoulder joint AROM from mid to end range in 3 months.</p> <p>Date Initiated: 11/19/2025 Created on: 11/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026</p> <p>• To prevent further deterioration of joint flexibility and strength from grade 3-/5 in 3 months. (Manual Muscle Test) Date Initiated: 11/19/2025 Created on: 02/14/2024</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to - R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using PROM 3/wk</p> <p>Date Initiated: 11/19/2025 Created on: 02/14/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist PTA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	12/12/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOMPAS, ARDITH (925171001874)	<b>Admission Date</b>	03/25/2019	<b>Location</b>	Lilac Lane 305LL 1
<b>Last Care Plan Review Completed:</b>		11/27/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Active ROM. Date Initiated: 11/19/2025 Created on: 02/14/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026</div>					
<div>• Alteration in skin integrity related to MASD under left breast #83. Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/23/2025 Revision by: Maria Kabli (Registered Practical Nurse)</div>		<div>• To promote intact skin integrity through healing of MASD by next review date. Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Ardith/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/23/2025 Revision by: Maria Kabli (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with MASD under left breast for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/23/2025 Revision by: Maria Kabli (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 09/23/2025 Created on: 09/23/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/23/2025 Revision by: Maria Kabli (Registered Practical Nurse)</div>				
<div>• Alteration in skin integrity related to RASH to Left flank (#69) Date Initiated: 09/15/2025</div>		<div>• To promote intact skin integrity through healing of RASH by</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Rash for changes to health status and alteration or complications affecting skin</div>			Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	12/12/1943		Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)		Admission Date	03/25/2019		Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 09/15/2025 Created by: Danielle Knott (ADOC) Revision on: 09/15/2025 Revision by: Danielle Knott (ADOC)		next review date. Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Danielle Knott (ADOC) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	integrity. Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Danielle Knott (ADOC) Revision on: 09/15/2025 Revision by: Danielle Knott (ADOC) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Danielle Knott (ADOC) Revision on: 09/15/2025 Revision by: Danielle Knott (ADOC)			RN	
• Risk for/Impaired SKIN INTEGRITY related to incontinence, cognitive impairment, Limited Mobility and fragile skin (Prone to bruises) Date Initiated: 03/26/2019 Created on: 03/26/2019 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 08/28/2025 Revision by: Rupinder Yogi (Nurse Clinician)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/27/2025 Created on: 12/24/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 08/24/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • HEALTH EDUCATION: Engage resident/SDM in health education regarding prevention of skin impairment and management of altered skin integrity such as bruises Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Rupinder Yogi (Nurse Clinician) Revision on: 08/28/2025 Revision by: Rupinder Yogi (Nurse Clinician) • EQUIPMENT: Ardith requires Roho cushion and positioning devices to offload pressure. Date Initiated: 02/21/2024 Created on: 02/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/12/2025			PCA	
Allergies	No Known Allergies			D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)			Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Risk for/Impaired SKIN INTEGRITY related to incontinence, cognitive impairment, Limited Mobility and fragile skin (Prone to bruises)</li></ul> <p>Date Initiated: 03/26/2019 Created on: 03/26/2019 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 08/28/2025 Revision by: Rupinder Yogi (Nurse Clinician)</p>			Revision by: Danielle Knott (ADOC)						
			<ul style="list-style-type: none"><li>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure.</li></ul> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 08/14/2025 Revision by: Danielle Knott (ADOC)</p>						
			<ul style="list-style-type: none"><li>• SHEAR FRICTION: Utilize Wendylett sheet when moving resident in bed to minimize shear friction.</li></ul> <p>Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 02/26/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p>						
			<ul style="list-style-type: none"><li>• BARRIER CREAM: Apply skin barrier (q AM) to perineal area to safeguard against excessive moisture after brief changes</li></ul> <p>Date Initiated: 07/01/2019 Created on: 07/01/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/01/2019 Revision by: Aline Mendoza (RAI Coord Back-up)</p>						
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to rash to face #74.</li></ul> <p>Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/21/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>		<ul style="list-style-type: none"><li>• To promote intact skin integrity through healing of rash to face by next review date.</li></ul> <p>Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with (Ardith/SDM in decision making for treatment of bruise as skin issue.</li></ul> <p>Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/20/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with rash to face for changes to health status and alteration or complications affecting skin integrity.</li></ul> <p>Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/21/2025</p>						
Allergies	No Known Allergies			D.O.B.	12/12/1943		Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	BOMPAS, ARDITH (925171001874)			Admission Date	03/25/2019		Location	Lilac Lane 305LL 1	
Last Care Plan Review Completed:		11/27/2025							

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Alteration in skin integrity related to rash to face #74. Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/21/2025 Revision by: Maria Kabli (Registered Practical Nurse)</div>		<div>Revision by: Maria Kabli (Registered Practical Nurse)  • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/20/2025 Revision by: Maria Kabli (Registered Practical Nurse)</div>			
<div>• COGNITIVE LOSS; has both short and long term memory problems related to ALZHEIMER'S DISEASE and DEMENTIA. Date Initiated: 06/18/2020 Created on: 11/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 05/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Ardith is severely impaired in cognition and will have needs interpreted and met each day through to the review date. Date Initiated: 05/23/2025 Created on: 08/18/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Ardith/SDM in decision making of Cognitive Loss for Dementia and Alzheimer's Disease. Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)  • ORIENTATION: Gently reorient to person, place, time as needed when Ardith is feeling lost or in confused state. Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)  • MEDICATION: Administer medication as per MD order. Monitor effectiveness and for side effects. Date Initiated: 09/04/2020 Created on: 11/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 09/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</div>	All		
<div>• Use of PASD Tilt wheelchair to assist resident with Activity of Daily Living.</div>	<div>• Ardith will be effectively supported with use of tilt chair to</div>	<div>• HEALTH EDUCATION: Engage with Mr. DAVID BOMPAS to enhance their knowledge of possible benefits and challenges associated with Use of TILT</div>	Registered Practical		
Allergies	No Known Allergies	D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)	Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Donna Duah (RN) Revision on: 03/25/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)		optimize Activity of Daily Living each day through to the next review date. Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Donna Duah (RN) Revision on: 03/25/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Target Date: 02/27/2026	wheelchair. Date Initiated: 04/07/2025 Created on: 04/07/2025 Created by: Danielle Knott (ADOC) Revision on: 04/07/2025 Revision by: Danielle Knott (ADOC) • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use tilt chair as to support appropriate (trunk control). Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/10/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) • TILTED CHAIR in USE as a PASD to support resident with positioning and comfort. PCA To be used when resident is up in the wheelchair. Consent was obtained from POA David Bompas (July 11, 2025). Monitor every shift. Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Donna Duah (RN) Revision on: 08/28/2025 Revision by: Rupinder Yogi (Nurse Clinician)				Nurse RN	
• Altered COMMUNICATION as exhibited by hearing difficulty. She is rarely or never understood related to DX DEMENTIA. Date Initiated: 12/18/2020 Created on: 12/18/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 08/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Ardith will be supported and to interpret her needs each day each day through to the review date. Date Initiated: 11/27/2025 Created on: 12/18/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• COMMUNICATION: Involve/collaborate with SDM for decision making about strategies needed to support effective communication. Date Initiated: 12/18/2020 Created on: 12/18/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/18/2020 Revision by: Nicole Wieske (Registered Practical Nurse) • PRIMARY LANGUAGE: Ardith speaks and understands english. Date Initiated: 07/23/2021 Created on: 07/23/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/23/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator) • SUPPORTIVE TECHNIQUES: Allow time to respond and use simple wording and phrases					D/E/N
Allergies	No Known Allergies			D.O.B.	12/12/1943	Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BOMPAS, ARDITH (925171001874)			Admission Date	03/25/2019	Location	Lilac Lane 305LL 1	
Last Care Plan Review Completed:		11/27/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Date Initiated: 12/18/2020            Created on: 12/18/2020            Created by: Nicole Wieske (Registered Practical Nurse)            Revision on: 12/18/2020            Revision by: Nicole Wieske (Registered Practical Nurse)</p> <p>• INSTRUCTION GUIDANCE: Ardith needs constant cueing or demonstrative instruction in tasks and activities.</p> <p>Date Initiated: 12/18/2020            Created on: 12/18/2020            Created by: Nicole Wieske (Registered Practical Nurse)            Revision on: 12/18/2020            Revision by: Nicole Wieske (Registered Practical Nurse)</p>	ACT All	
<p>• Potential to experience FOOT/FEET complications related to Thick toenails and also Ardith at times will refuse footcare.</p> <p>Date Initiated: 06/18/2020            Created on: 12/18/2019            Created by: Amrit Bahara (Registered Staff)            Revision on: 07/30/2024            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date.</p> <p>Date Initiated: 02/21/2023            Created on: 12/18/2019            Created by: Amrit Bahara (Registered Staff)            Revision on: 02/21/2023            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)            Target Date: 02/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Ardith in decision making for foot-care treatment plan.</p> <p>Date Initiated: 06/18/2020            Created on: 12/18/2019            Created by: Amrit Bahara (Registered Staff)            Revision on: 06/18/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• TREATMENT PLAN: Ardith requires foot-care/treatment every 6 weeks to 8 weeks, PRN. REs can be very resistive at times and needs +++ redirection and interval before re approached.</p> <p>Date Initiated: 06/18/2020            Created on: 12/18/2019            Created by: Amrit Bahara (Registered Staff)            Revision on: 06/18/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• REFUSAL of SERVICE: Ardith declines suggested foot care/treatment as per discussion foot care nurse to chart and update careplan if Ardith refuses footcare. Dec.12/19 with +++ redirection writer was able to do footcare and res was compliant.</p> <p>Date Initiated: 06/18/2020            Created on: 12/18/2019            Created by: Amrit Bahara (Registered Staff)            Revision on: 06/18/2020            Revision by: Aline Mendoza (RAI Coord Back-up)</p>		
• NEW: SPIRITUAL BELIEFS: Ardith does	• To provide Ardith spiritual	• PERSONAL CHOICE: Respect Ardith's right to decline participation in Spiritual	ACT	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	12/12/1943
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)		<b>Physician</b>	Harpal Singh
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOMPAS, ARDITH (925171001874)	<b>Admission Date</b>	03/25/2019	<b>Location</b> Lilac Lane 305LL 1
<b>Last Care Plan Review Completed:</b>		11/27/2025		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
not belong to any religious denomination. Date Initiated: 04/01/2024 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/01/2024 Revision by: Elsa Ganem (Recreation Aide)		support to the next review date. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 02/26/2023 Revision by: Elsa Ganem (Activities/Rec Therapy) Target Date: 02/27/2026	Program. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 10/11/2019 Revision by: Isa Franco (Activities/Rec Therapy)			
<p>• NEW: Ardith is at Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Cognitive Limitation and Loss of Independence. Date Initiated: 04/01/2024 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/01/2024 Revision by: Elsa Ganem (Recreation Aide)</p>		<p>• Staff will support Ardith in decreasing social isolation by participating in activities of personal choice 5-10 times per month by the next review date. Date Initiated: 11/18/2024 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 11/18/2024 Revision by: Elsa Ganem (Recreation Aide) Target Date: 02/27/2026</p> <p>• Ardith will maintain ISE score of 5 by the next review date. Date Initiated: 05/23/2025 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 05/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026</p> <p>• To support Ardith Psycho-</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as Sing Along, Social cart, special entertainment, Noodle balloon, Busy hands (Folding towels), manicures (only filing, no nail polish). Date Initiated: 05/14/2025 Created on: 02/26/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 05/14/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Ardith to engage in self-directed activities such as conversing with peers, and listening to music. Date Initiated: 04/01/2024 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/01/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• ASSISTANCE: Provide assistance to get Ardith to scheduled activities by cueing, guiding, transferring her to the program's room. Date Initiated: 04/01/2024 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/01/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Ardith is an active woman who loves talking to others. In addition, she enjoys group activities. She enjoys outdoors weather permitting. Talking to her while getting in the elevator will distract her avoiding anxiety. She is fine once inside the elevator. She enjoys staff and co-resident company.</p>			
Allergies	No Known Allergies		D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)		Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• NEW: Ardith is at Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Cognitive Limitation and Loss of Independence.  Date Initiated: 04/01/2024  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 04/01/2024  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>Social well being by encouraging her socialization and participation in group activities by the next review.  Date Initiated: 10/11/2019  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 10/11/2019  Revision by: Isa Franco (Activities/Rec Therapy)  Target Date: 02/27/2026</p>	<p>Ardith does not use a noodle during noodle balloon program. Get her attention by calling her. Once she responses, staff can send the balloon her way. She likes drinking coffee with two sugar and milk.  Ardith likes to grab stuff not being aware that they are co-residents belongings. Staff will use GPA to redirect her.  Date Initiated: 04/01/2024  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 04/01/2024  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• ONE to ONE: Provide Ardith with individual visits for conversation and going for outdoor strolls.  Date Initiated: 04/01/2024  Created on: 10/11/2019  Created by: Isa Franco (Activities/Rec Therapy)  Revision on: 04/01/2024  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Ardith's husband, David. He is very involved in Ardith's life at WPCC. He visits often during lunch and likes to spend time with her in her bedroom sitting by the window.  Date Initiated: 11/18/2024  Created on: 11/18/2024  Created by: Elsa Ganem (Recreation Aide)  Revision on: 11/18/2024  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Ardith with Musicking, Music Programming, Music Technology, and Environmental Sound.  Date Initiated: 11/18/2024  Created on: 11/18/2024  Created by: Elsa Ganem (Recreation Aide)  Revision on: 11/18/2024  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>Recreation Aide</p>			
<p>• URINARY: (Functional) TOTAL INCONTINENT r/t loss of muscle tone due to aging, Dx of Alzheimer's and Dementia  Date Initiated: 06/18/2020</p>	<p>• Ardith will have urinary incontinence managed every shift through to the next review period.</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Ardith for toileting needs, changes to health status and alteration of continence level.  Date Initiated: 06/18/2020  Created on: 06/18/2020</p>				
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	12/12/1943	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BOMPAS, ARDITH (925171001874)		<b>Admission Date</b>	03/25/2019	<b>Location</b>	Lilac Lane 305LL 1
<b>Last Care Plan Review Completed:</b>		11/27/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 07/01/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)		Date Initiated: 11/27/2025 Created on: 11/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • URINARY Continence level is Total Incontinent Date Initiated: 06/18/2020 Created on: 07/01/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • CHECK and CHANGE: Ardith experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Ardith uses Biege Briefs for day and evening shift, uses ORANGE briefs for night shift only. Date Initiated: 06/18/2020 Created on: 12/18/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 01/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	
• Altered VISION related to Presbyopia Date Initiated: 11/21/2022 Created on: 11/21/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To minimize complications through to next review date. Date Initiated: 11/27/2025 Created on: 11/21/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• COMMUNICATION: Involve/collaborate with DM for decision making pertaining to change in visual status as needed. Date Initiated: 11/21/2022 Created on: 11/21/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • READING: Ardith use large print material audio books to aid with reading. Date Initiated: 11/21/2022 Created on: 11/21/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2022			PCA	
Allergies	No Known Allergies		D.O.B.	12/12/1943	Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)		Admission Date	03/25/2019	Location	Lilac Lane 305LL 1	
Last Care Plan Review Completed:		11/27/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Altered VISION related to Presbyopia</li> </ul> <p>Date Initiated: 11/21/2022 Created on: 11/21/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of PSYCHOTROPIC medication.</li> </ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> <li>To monitor effectiveness and for side effects of antidepressant and antianxiety medication used each day through to the next review date.</li> </ul> <p>Date Initiated: 02/21/2025 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/21/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Ardith/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Ardith using antidepressant and antianxiety medications for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>DE-PRESCRIBING MEDICATION; Monitor Ardith for signs/symptoms during period when medications are titrated.</li> </ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</li> </ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>	Registered Staff		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	12/12/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOMPAS, ARDITH (925171001874)	<b>Admission Date</b>	03/25/2019	<b>Location</b>	Lilac Lane 305LL 1
<b>Last Care Plan Review Completed:</b>		11/27/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience complications and side effects impacting quality of life related to use of PSYCHOTROPIC medication.</li></ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<ul style="list-style-type: none"><li>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</li></ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>				
<ul style="list-style-type: none"><li>• Sleep Patterns; Potential for alteration in sleep patterns related to diagnoses of DEMENTIA, ALZHEIMER's disease and ANXIETY disorder.</li></ul> <p>Date Initiated: 03/27/2019 Created on: 03/27/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<ul style="list-style-type: none"><li>• To promote adequate rest/sleep for Ardith based on identified sleep patterns/preferences each night through to the next review date.</li></ul> <p>Date Initiated: 02/21/2023 Created on: 03/27/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 02/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026</p>	<ul style="list-style-type: none"><li>• REST PATTERN: Usual bed time (2000) and usual wake time (0700).(Ardith to stay in chair after lunch for social interaction with other residents).</li></ul> <p>Date Initiated: 06/18/2020 Created on: 03/27/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/19/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>• SLEEPWEAR: Preferred night attire (night gown)</li></ul> <p>Date Initiated: 06/18/2020 Created on: 03/27/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>PCA</p>				
<ul style="list-style-type: none"><li>• BOWEL INCONTINENCE related to related to loss of muscle tone due to aging, Dx of Alzheimer's and Dementia</li></ul> <p>Date Initiated: 06/18/2020 Created on: 07/01/2019</p>		<ul style="list-style-type: none"><li>• Ardith will have bowel incontinence managed every shift through to the next review period.</li></ul> <p>Date Initiated: 11/27/2025</p>	<ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Ardith for changes to health status, alteration of continence level or bowel function.</li></ul> <p>Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>				
Allergies	No Known Allergies			D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)			Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 06/18/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>Created on: 11/21/2019  Created by: Benvi Mendoza (Registered Practical Nurse)  Revision on: 11/27/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 02/27/2026</p>	<p>Revision on: 07/30/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • BOWEL Continence level is Total incontinent  Date Initiated: 06/18/2020  Created on: 07/01/2019  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 06/18/2020  Revision by: Aline Mendoza (RAI Coord Back-up)  • BOWEL MOVEMENT: Monitor Arditht for bowel movement each shift and document number of occurrences, size and consistency.  Date Initiated: 09/04/2020  Created on: 09/04/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 07/30/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • INCONTINENCE PRODUCT: Ardith uses Biege Briefs for day and evening shift, uses ORANGE briefs for night shift only.  Date Initiated: 06/18/2020  Created on: 06/18/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 01/27/2025  Revision by: Jaspreet Samra (Registered Practical Nurse)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	
<p>• Potential for PAIN and Alteration in comfort related to DEMENTIA symproms.  Date Initiated: 06/18/2020  Created on: 07/09/2019  Created by: Donna Duah (Registered Nurse)  Revision on: 06/18/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• To promote Ardith comfort and effectively manage PERSISTENT pain each day through to the next review.  Date Initiated: 05/24/2024  Created on: 05/25/2023  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 07/30/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  Target Date: 02/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Ardith/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.  Date Initiated: 06/18/2020  Created on: 07/09/2019  Created by: Donna Duah (Registered Nurse)  Revision on: 06/18/2020  Revision by: Aline Mendoza (RAI Coord Back-up)  • REST: accommodate Ardith rest and relaxation preference such as breaks between activities and remaining in bed.  Date Initiated: 06/18/2020  Created on: 07/09/2019  Created by: Donna Duah (Registered Nurse)  Revision on: 03/01/2021  Revision by: Sandra Davis (Registered Practical Nurse)</p>		

Allergies	No Known Allergies	D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)	Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Altered ability to complete Activities of Daily Livings (ADLs) related to cognitive impairment and limited mobility secondary to ALZHEIMER'S DISEASE, DEMENTIA and ANXIETY.</p> <p>Date Initiated: 03/25/2019 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• Ardith will have ALL ADL care needs met each day through the next review date.</p> <p>Date Initiated: 11/27/2025 Created on: 05/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</p>	<p>• BATHING: Ardith requires TOTAL assistance with 1 staff for bathing, but 2 staff to be present (one on standby in case more assistance needed) Shower days are on SUNDAY DAYS and WEDNESDAY EVENINGS. On Bath/Shower days , strip the linens, wipe mattress with Virox and place new linens. Ardith uses Wendylett sheets. Staff to clip finger and toenails after each Shower/Bath and PRN. Ardith does have skin tag under right breast. Psw staff to be gentle during shower while performing care under right breast.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/27/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• BED MOBILITY: requires 2 staff to provide TOTAL assistance.</p> <p>Date Initiated: 02/21/2023 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC)</p> <p>• DRESSING: Ardith requires TOTAL assistance with 2 staff due to anxiousness and other unpredictable behavior.</p> <p>Ardith does have skin tag under right breast. Psw staff to be gentle during shower while performing care under right breast</p> <p>Date Initiated: 03/25/2019 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/27/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• EATING: Ardith requires TOTAL assistance with 1 staff.</p> <p>Date Initiated: 09/04/2020 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 09/24/2023 Revision by: Luchel David (RPN)</p> <p>• LOCOMOTION: Ardith requires TOTAL assistance on and off Unit. WHEELCHAIR is the primary mode of locomotion.</p> <p>Date Initiated: 06/18/2020</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p></p> <p></p> <p></p> <p></p>		
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	12/12/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOMPAS, ARDITH (925171001874)		<b>Admission Date</b>	03/25/2019	<b>Location</b>	Lilac Lane 305LL 1
<b>Last Care Plan Review Completed:</b>		11/27/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Altered ability to complete Activities of Daily Livings (ADLs) related to cognitive impairment and limited mobility secondary to ALZHEIMER'S DISEASE, DEMENTIA and ANXIETY.</p> <p>Date Initiated: 03/25/2019 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 01/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PERSONAL HYGIENE: Ardith requires TOTAL assistance with 1 to 2 staff due to anxiousness and other unpredictable behavior. PCA Date Initiated: 06/18/2020 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC)</p> <p>• HAND HYGIENE: 1 staff to provide Ardith with TOTAL assistance for hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene when in common areas. PCA All Date Initiated: 07/28/2021 Created on: 07/28/2021 Created by: Dale Bamforth (Nurse Clinician ) Revision on: 07/30/2021 Revision by: Dale Bamforth (Nurse Clinician )</p> <p>• TOILET USE: Ardith requires TOTAL assistance with 2 staff for toileting in bed due to anxiousness and other unpredictable behavior. Medium half sling required for toileting. PCA Date Initiated: 06/18/2020 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TRANSFERRING: Ardith requires 2 staff to provide TOTAL assistance using ceiling lift for transfer. PCA Date Initiated: 02/21/2023 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 07/09/2024 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• TRANSFER LIFT/SLING: Medium comfort sling. Toileting sling required for transfer to and from shower/commode chair.</p>				
Allergies	No Known Allergies			D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)			Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Livings (ADLs) related to cognitive impairment and limited mobility secondary to ALZHEIMER'S DISEASE, DEMENTIA and ANXIETY. Date Initiated: 03/25/2019 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</div>		<div>Date Initiated: 04/03/2024 Created on: 02/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/16/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • ORAL CARE: Ardith requires TOTAL ASSISTANCE from 1 staff due to anxiousness PCA and other unpredictable behavior. Date Initiated: 06/18/2020 Created on: 03/25/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC) • HAIR CARE: David POA wants staff to give him a call or let him know if resident needed a haircut. He arranged a hairdresser appointment for his wife. PCA Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 06/16/2025 Revision by: Maria Kabli (Registered Practical Nurse) • BATHING/DRESSING PREFERENCE: with ADL activities as follow "When bathing Ardith a trigger is having water pour down her head or face. Trigger is taking Ardith clothes off and not allowing her to do it herself". PCA Date Initiated: 06/18/2020 Created on: 06/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/01/2021 Revision by: Sandra Davis (Registered Practical Nurse)</div>				
<div>• Expressed Wishes and Beliefs related to Ardith Medical Treatment and End of Life Care Date Initiated: 06/18/2020 Created on: 11/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 06/18/2020 Revision by: Aline Mendoza (RAI Coord Back-</div>	<div>• To support and honor Ardith expressed wishes and beliefs through to the End of Life. Date Initiated: 08/25/2023 Created on: 11/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 08/25/2023 Revision by: Vesey Muthu-Vojtek</div>	<div>• CPR: Ardiths/ POA wishes DO NOT ATTEMPT CPR: Do not transfer to hospital, plan includes death at home Date Initiated: 06/18/2020 Created on: 11/21/2019 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 09/24/2025 Revision by: Navpreet Kaur (DOC)</div>				
Allergies	No Known Allergies		D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)		Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025				

## Care Plan Report

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## Care Plan Report

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Allergies	No Known Allergies	D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)	Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	12/12/1943	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Generalized anxiety disorder(F41.1), Benign hypertension(I10.0), Obesity, unspecified(E66.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BOMPAS, ARDITH (925171001874)	Admission Date	03/25/2019	Location	Lilac Lane 305LL 1
Last Care Plan Review Completed:		11/27/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of RESISTANCE to care need nature related to Change in Routine, Symptom Progression of Dementia/Alzheimer</p> <p>Date Initiated: 10/12/2023</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To promote safety for (Marina) and/or others during each episode of resistance to care through to the next review date.</p> <p>Date Initiated: 07/26/2024</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/31/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Marina)/SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 10/12/2023</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/12/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs of (grabbing onto staff during care) as expression of behaviour include (confusion, misunderstanding care needs, poor judgement, fearfulness).</p> <p>Date Initiated: 10/12/2023</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If (Marina) is refusing care, re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 10/12/2023</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for therapeutic treatment of (Aggressive expressions) as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 10/12/2023</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/12/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• APPROACH: Use Gentle Persuasive Approach: (Explain every care/treatment being provided step by step.)</p> <p>Date Initiated: 10/12/2023</p> <p>Created on: 10/12/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/12/2023</p>				BSO - Internal Social Worker	
							PCA Registered Practical Nurse RN	
							RN Registered Practical Nurse PCA	
							Registered Practical Nurse PCA	
							RN Registered Practical Nurse PCA	
Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh		
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis (M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1		
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Potential for Expressive Behaviour of RESISTANCE to care need nature related to Change in Routine, Symptom Progression of Dementia/Alzheimer</li> </ul> <p>Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		Revision by: Donna Duah (Registered Nurse)			
<ul style="list-style-type: none"> <li>• Marina has a STRONG PARTICIPATION in Activities</li> </ul> <p>Date Initiated: 10/01/2025 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 10/01/2025 Revision by: Elsa Ganem (Recreation Aide)</p>	<ul style="list-style-type: none"> <li>• Marina will be supported to maintain participation in activities 5-10 times per month by the next review date.</li> </ul> <p>Date Initiated: 10/16/2024 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 10/16/2024 Revision by: Elsa Ganem (Recreation Aide) Target Date: 01/31/2026</p> <ul style="list-style-type: none"> <li>• Marina will maintain ISE score of 6 by the next review date.</li> </ul> <p>Date Initiated: 09/30/2025 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/30/2025</p>	<ul style="list-style-type: none"> <li>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as sing along, outdoor strolls, special events, hand massage, sensory visits, etc.</li> </ul> <p>Date Initiated: 03/02/2024 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 03/02/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"> <li>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as listening to music, watching tv, family visiting, etc.</li> </ul> <p>Date Initiated: 09/30/2025 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 09/30/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"> <li>• ASSISTANCE: Provide assistance to get her to scheduled activities - Accompany the elevator. Transfer her to w/c after her afternoon nap to increase participation in programs.</li> </ul> <p>Date Initiated: 10/16/2024 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	03/27/1953	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOTERO LOAIZA, LUZ MARINA (925171002120)	<b>Admission Date</b>	10/11/2023	<b>Location</b>	Lilac Lane 302LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Marina has a <b>STRONG PARTICIPATION</b> in Activities</p> <p>Date Initiated: 10/01/2025</p> <p>Created on: 03/02/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>	<p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>Target Date: 01/31/2026</p>	<p>Revision on: 10/16/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>HELPFUL HINTS:</b> Marina's first language is Spanish. A chart with basic Spanish vocabulary has been placed in her bedroom and bathroom. Marina loves music and enjoys dancing. Also, Marina likes quiet environments. Marina enjoys interacting with co-residents, staff and family and friends visiting. Also, Marina takes a nap after lunch. She will be transferred to her w/c after her afternoon nap to increase participation in programs. She likes holding hands while talking and welcomes hugs from staff members.</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 03/02/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 10/16/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ONE to ONE:</b> Provide her with individual visits for conversation, bedside activity, hand massage.</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 03/02/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 10/16/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>SENSORY STIMULATION:</b> Provide her with Sensory Stimulation for Hand Massage, Reading Aloud, Sensory visits, etc.</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 03/02/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 10/16/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>THERAPIES:</b> Provide her with Music Therapy, Aroma-Therapy, and Massage Therapy.</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 03/02/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 10/16/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>FAMILY INVOLVEMENT:</b> Daughter, Blanca is highly involved in Marina's life at</p>				
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	03/27/1953	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BOTERO LOAIZA, LUZ MARINA (925171002120)		<b>Admission Date</b>	10/11/2023	<b>Location</b>	Lilac Lane 302LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Marina has a STRONG PARTICIPATION in Activities</div> <div>Date Initiated: 10/01/2025</div> <div>Created on: 03/02/2024</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 10/01/2025</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div>			<div>WPCC. She visits her during the week and weekends.</div> <div>Date Initiated: 10/01/2025</div> <div>Created on: 10/16/2024</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 10/01/2025</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div> <div>• MUSIC CARE APPROACH: Present Marina with therapy music, music programming and environmental sound.</div> <div>Date Initiated: 10/16/2024</div> <div>Created on: 10/16/2024</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 10/16/2024</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div>			Recreation Aide	
<div>• Active ROM.</div> <div>Date Initiated: 07/23/2025</div> <div>Created on: 10/11/2023</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 07/23/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To improve joint flexibility and strength from grade 2/5 to grade 2+/5 in 6-8 months.</div> <div>Date Initiated: 07/23/2025</div> <div>Created on: 10/11/2023</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 07/23/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 01/31/2026</div> <div>• To prevent further deterioration of all four limb flexibility and strength in 3 months.</div> <div>Date Initiated: 07/23/2025</div> <div>Created on: 10/11/2023</div> <div>Created by: Uzma Habib (PT -</div>	<div>• Provide AROM abduction/adduction/extension/ flexion/supination/ pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/elbow/wrist/fingers/thumb) using AAROM, PROM to all joints 1-2 XA 3/wk.</div> <div>Date Initiated: 07/23/2025</div> <div>Created on: 10/11/2023</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 07/23/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)			Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Active ROM.</p> <p>Date Initiated: 07/23/2025</p> <p>Created on: 10/11/2023</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 07/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>Physiotherapist)</p> <p>Revision on: 07/23/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 01/31/2026</p>					
<p>• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement )related to progression of Dementia, Alzheimer's Disease.</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/28/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• (Marina) is severely impaired in cognition and will have needs interpreted and met each day through to the review date.</p> <p>Date Initiated: 10/29/2025</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/29/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/31/2026</p>	<p>• HEALTH TEACHING: Engage with Marina/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Dx. of Alzheimer's).</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 02/12/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• CUE TASKS: Break tasks into manageable subtasks, (Marina) can comprehend and follow (specify # of) steps at a time.</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/12/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• COGNITIVE STIMULATION: Guide (Marina) in activities to stimulate cognitive function ( reading).</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/26/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>Social Worker RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse PCA</p>			
<p>• Use of PASD (TILT WHEELCHAIR) to assist Marina with position and comfort.</p> <p>Date Initiated: 04/18/2024</p> <p>Created on: 04/18/2024</p>	<p>• Marina will be effectively supported with use of tilt wheelchair for comfort and</p>	<p>• HEALTH EDUCATION: Engage with SDM to enhance their knowledge of possible benefits and challenges associated with Use of TILT wheelchair.</p> <p>Date Initiated: 04/26/2024</p> <p>Created on: 04/26/2024</p>				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	03/27/1953	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	BOTERO LOAIZA, LUZ MARINA (925171002120)		<b>Admission Date</b>	10/11/2023	<b>Location</b>	Lilac Lane 302LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Nina Edcille (Registered Practical Nurse) Revision on: 04/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		positioning to optimize Activity of Daily Living each day through to the next review date. Date Initiated: 10/29/2025 Created on: 04/18/2024 Created by: Nina Edcille (Registered Practical Nurse) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Marina for continued benefit to use (TILT wheelchair) as to support appropriate (truck control). Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TILTED CHAIR in USE as a PASD to support Marina with comfort and position. Monitor every shift. Date Initiated: 04/18/2024 Created on: 04/18/2024 Created by: Nina Edcille (Registered Practical Nurse) Revision on: 04/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	D/E/N
• SPIRITUAL BELIEFS: Marina is of the Catholic Faith. Date Initiated: 03/02/2024 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 03/02/2024 Revision by: Elsa Ganem (Recreation Aide)		• To provide Marina spiritual support as interested through to the next review date. Date Initiated: 03/02/2024 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 03/02/2024 Revision by: Elsa Ganem (Recreation Aide) Target Date: 01/31/2026	• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Catholic Mass, Hymn Sing and virtual church Date Initiated: 03/02/2024 Created on: 03/02/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 03/02/2024 Revision by: Elsa Ganem (Recreation Aide)				
• Potential for (Persistent) PAIN and alteration in comfort level related to (Dx. of DDD, Arthritis Diagnosis/Condition/Attributing Factors and indicate usual location where the Marina feels pain). Most Current MDS Pain Score is (0)		• To promote Marina comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 10/29/2025 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek	• COMMUNICATION: Involve/collaborate with (Marina)/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1	
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		(RAI Coordinator) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/16/2025 Revision by: Navpreet Kaur (DOC) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/16/2025 Revision by: Navpreet Kaur (DOC)		RN Registered Practical Nurse  Registered Practical Nurse RN	
• Altered VISION related to Presbyopia Date Initiated: 10/24/2023 Created on: 10/24/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize complications of dry eyes through to next review date. Date Initiated: 10/29/2025 Created on: 10/24/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	• COMMUNICATION: Involve/collaborate with Marina/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 10/24/2023 Created on: 10/24/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Marina/SDM to enhance their knowledge of Presbyopia affecting vision. Date Initiated: 10/24/2023 Created on: 10/24/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
• Nutrition Risk Level Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager)		• LUZ MARINA will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/18/2023	• NUTRITION RISK: LUZ MARINA is MODERATE risk level. Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 04/19/2025 Revision by: Maria Ghobrial (Dietitian (RD))		Dietitian (RD)	
Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
		Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 10/20/2023 Revision by: Mark Chan (Dietitian (RD)) Target Date: 01/31/2026	• DIET ORDER: LUZ MARINA will receive REGULAR diet, PUREED texture Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 01/23/2025 Revision by: Maria Ghobrial (Dietitian (RD))			PCA		
		• LUZ MARINA will weigh within GWR/IBW/Realistic weight range of BMI 18-23, 48-61kg through to next review date. Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 10/20/2023 Revision by: Mark Chan (Dietitian (RD)) Target Date: 01/31/2026	• THICKENED FLUIDS: Luz Marina drinks thickened fluids at NECTAR (MT2) consistency. Date Initiated: 01/16/2025 Created on: 01/16/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 01/16/2025 Revision by: Maria Ghobrial (Dietitian (RD))			PCA		
			• FLUID TARGET: Encourage LUZ MARINA to drink a minimum of 1180 ml per day.			PCA		
			• Marina will be adequately hydrated aeb drinking at least 80% of total fluid requirements @25ml/kg, 59 kg through to next review date. Date Initiated: 10/20/2023 Created on: 10/20/2023 Created by: Mark Chan (Dietitian (RD)) Revision on: 10/20/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/31/2026	• DINING INSTRUCTIONS:Marina's family stated she is used to using spoons to feed but stated she's known to bite the cutlery. Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Practical Nurse	
		• ADAPTIVE AIDS: Marina requires nose cup at meals and snacks.			PCA			
		• HIGH FIBRE: Offer high fibre peach juice PRN at breakfast as per family request. Date Initiated: 10/20/2023 Created on: 10/20/2023 Created by: Mark Chan (Dietitian (RD)) Revision on: 11/09/2023			PCA	D/E		
		Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh
		Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses					
		Facility	Wellington Park Care Centre				Print Date	1/4/2026
		Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Jonathan Reid (FSM - Food Services Manager)			Revision by: Tammy Smith (FSM - Food Services Manager)					
• Potential to experience alteration in MOOD as exhibited by related to Alzheimer's Disease, Dementia Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)		• To support (Marina) with their identified coping strategies for mood/emotional stability each day through to the review date. Date Initiated: 10/29/2025 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	• COMMUNICATION: Involve/collaborate with (Marina)/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse) • ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, ambient lighting, preferred music, aroma therapy, etc.) Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse) • FAMILY SUPPORT: (Marina) enjoys visits from (family members and friends). Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)				RN Registered Practical Nurse PCA  RN PCA Registered Practical Nurse  RN Registered Practical Nurse PCA	
• Altered COMMUNICATION as exhibited by limitations to (self expression,		• Marina is unable to express self and will be supported to	• HEALTH TEACHING: Engage with (Marina)/SDM to enhance their knowledge of (change in health status, etc.) affecting communication ability.				RN Registered Practical	
Allergies	No Known Allergies		D.O.B.	03/27/1953		Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023		Location	Lilac Lane 302LL 1	
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
comprehension, mumbled speech) related to Expressive Aphasia, Receptive Aphasia, alternate Primary Language (Spanish) Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)		have needs interpreted each day through the next review. Date Initiated: 10/29/2025 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse) • PRIMARY LANGUAGE: (Marina) primary language is (Spanish). she is (unable to speak/understand) English. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse) • SUPPORTIVE TECHNIQUES: (Allow time to respond, repeat as needed, ask yes/no questions, use simple words/phrases, etc.). Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)			Nurse	
• Potential to experience complications and side effects impacting quality of life related to use of (use of anti-psychotic medications) Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)		• To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 04/29/2025 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	• COMMUNICATION: Involve/collaborate with (Marina)/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marina using (anti-psychotic medication) for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DE-PRESCRIBING MEDICATION; Monitor (Marina) for signs/symptoms during period when medications are titrated.			Registered Practical Nurse RN	Registered Practical Nurse RN
Allergies	No Known Allergies			D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)			Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience complications and side effects impacting quality of life related to use of (use of anti-psychotic medications)</li></ul> <p>Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)</p>			Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/12/2023 Revision by: Donna Duah (Registered Nurse)			Nurse RN	
			• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.			Registered Staff	
			Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
			• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate				
<ul style="list-style-type: none"><li>• Increased risk for FALLS related to Alzheimer's and Osteoporosis, Osteoarthritis</li></ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<ul style="list-style-type: none"><li>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</li></ul> <p>Date Initiated: 04/29/2025 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026</p>	• COMMUNICATION: Involve/collaborate with SDM in decision making in fall prevention Plan of Care.				
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)			PCA	
			• BED: Place bed in lowest position to lower risk for FALLS				
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/20/2023 Revision by: Faith Manose (Registered Practical Nurse)			PCA	
<ul style="list-style-type: none"><li>• FOOTWEAR: Ensure Marina wears appropriate footwear.</li></ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>							
Allergies	No Known Allergies		D.O.B.	03/27/1953		Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023		Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Increased risk for FALLS related to Alzheimer's and Osteoporosis, Osteoarthritis Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)</div>			<div>• PROGRAMS: Offer (Marina) to participate in Programs which encourage physical activity (endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk with Me, etc.) Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Put Marina to bed when she is walking with her eyes closed or displaying signs of being tired/sleepy. Date Initiated: 01/25/2024 Created on: 01/25/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			RN Registered Practical Nurse	
						PCA	
						Registered Staff	
<div>• URINARY : Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)</div>		<div>• Marina will have urinary incontinence managed every shift through to the next review period. Date Initiated: 01/28/2025 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Marina for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is TOTAL Incontinent. Report change to level as noted. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CHECK and CHANGE: Marina experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled.</div>			PCA	
PCA							
Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1	
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY : Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)			Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Marina uses blue brief. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/26/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)		PCA	
• Potential for BOWEL INCONTINENCE related to diagnosis of Alzheimer's Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)		• Marina will have bowel incontinence managed every shift through to the next review period. Date Initiated: 04/25/2024 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Marina for changes to health status, alteration of continence level or bowel function. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is TOTAL Incontinent. Report change to level as noted. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL MOVEMENT: Monitor Marina for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Marina uses blue brief.		PCA	PCA
Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to diagnosis of Alzheimer's</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/11/2023</p> <p>Revision by: Richele Rosales (Registered Practical Nurse)</p>			<p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/26/2024</p> <p>Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>				
<p>• Sleep Patterns; Potential for alteration in sleep patterns related to diagnosis of Alzheimer's.</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/11/2023</p> <p>Revision by: Richele Rosales (Registered Practical Nurse)</p>		<p>• To promote adequate rest/sleep for Marina based on identified sleep patterns/preferences each night through to the next review date.</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/11/2023</p> <p>Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>Target Date: 01/31/2026</p>	<p>• PREFERENCE: Marina takes her bedtime medications at 2045. Marina goes to the toilet before going to bed, to avoid getting up to void during the night.</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Richele Rosales (Registered Practical Nurse)</p> <p>Revision on: 10/11/2023</p> <p>Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• REST PATTERN: Preferred bedtime 2000-2100 so resident is transferred from wheelchair to bed no later than 1945 hours. Her usual wake time (0630-0800) and daytime nap. Staff to assess if Marina appears sleepy after lunch and offer to assist her to bed for a short nap (1-2 hrs) as per routine at home. ***Special instruction: from POA Blanca (when resident goes to bed not to put resident on her left side instead just put her on her back or right side) due to Arthritis on left shoulder.</p> <p>Date Initiated: 10/11/2023</p> <p>Created on: 10/11/2023</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 11/11/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• SLEEPWEAR: Marina prefers to wear pajamas bottoms.</p> <p>Date Initiated: 10/11/2023</p>			PCA	
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	03/27/1953	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOTERO LOAIZA, LUZ MARINA (925171002120)			<b>Admission Date</b>	10/11/2023	<b>Location</b>	Lilac Lane 302LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Sleep Patterns; Potential for alteration in sleep patterns related to diagnosis of Alzheimer's.</li> </ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p>			<p>Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Marina's Medical Treatment and End of Life Care.</li> </ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To support and honor Marina's expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026</p>	<ul style="list-style-type: none"> <li>CPR: Marina's wishes express NO CPR and NO TRANSFER to hospital; care plan includes death at home.</li> </ul> <p>Date Initiated: 10/17/2023 Created on: 10/17/2023 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 10/17/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>Risk for Impaired SKIN INTEGRITY related to Incontinence</li> </ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To protect and maintain skin integrity each day through to the next review.</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage SDM in health education regarding prevention of skin impairment.</li> </ul> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/18/2023 Revision by: Richele Rosales (Registered Practical Nurse) <li>EQUIPMENT: Marina requires positioning devices to help her maintain position and PCA offload pressure.</li> </p>			
Allergies	No Known Allergies		D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)		Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025				

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 01/31/2026	Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/02/2024 Revision by: Donna Duah (Registered Nurse) • DRESSING: Marina requires TOTAL ASSISTANCE x 2 staff.			RN Registered Practical Nurse	
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC) • EATING: Marina requires TOTAL ASSISTANCE x 1 staff.			PCA	
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/18/2023 Revision by: Richele Rosales (Registered Practical Nurse) • LOCOMOTION: Marina requires 1 staff to provide TOTAL assistance on and off unit. WHEELCHAIR is the primary mode of locomotion.			PCA RN Registered Practical Nurse	
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL HYGIENE: Marina requires TOTAL ASSISTANCE x 2 staff.			PCA	
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/16/2023 Revision by: Richele Rosales (Registered Practical Nurse) • HAND HYGIENE: 1 staff to provide TOTAL assistance to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene.			PCA	
			Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2023 Revision by: Richele Rosales (Registered Practical Nurse)				
Allergies	No Known Allergies			D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)			Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			• TOILET USE: Marina requires TOTAL ASSISTANCE x 2 staff. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/16/2023 Revision by: Richele Rosales (Registered Practical Nurse)				PCA	
			• TRANSFERRING: Marina requires TOTAL ASSISTANCE x 2 staff using hoyer/ceiling lift. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				PCA Registered Practical Nurse RN	
			• TRANSFER LIFT/SLING: Medium comfort sling needed for transfer. Medium half sling needed for shower. Date Initiated: 07/16/2024 Created on: 07/16/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 03/24/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)					
			• ORAL CARE: Marina has own TEETH. 1 staff to provide TOTAL assistance for oral care. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				PCA	
			• FOOT CARE: PCA's to trim nails on shower days and when needed. Referral to foot care nurse if nails are too thick to cut. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/12/2023 Revision by: Richele Rosales (Registered Practical Nurse)				PCA	
			• HAIR CARE: Marina's daughter supplies 2-in-1 shampoo and conditioner for her to use on shower days. PLEASE rinse hair thoroughly after use.				PCA Registered	
Allergies	No Known Allergies			D.O.B.	03/27/1953	Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)			Admission Date	10/11/2023	Location	Lilac Lane 302LL 1	
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility</li> </ul> <p> Date Initiated: 10/11/2023  Created on: 10/11/2023  Created by: Vesey Muthu-Vojtek (RAI Coordinator) </p>		<p> Date Initiated: 11/12/2025  Created on: 11/12/2025  Created by: Danielle Knott (ADOC)  Revision on: 11/12/2025  Revision by: Danielle Knott (ADOC) </p> <ul style="list-style-type: none"> <li>RESIDENT PREFERENCE: Wishes to be called Marina.</li> </ul> <p> Date Initiated: 10/11/2023  Created on: 10/11/2023  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/11/2023  Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p>	<p>Practical Nurse RN</p> <p>PCA</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	03/27/1953	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BOTERO LOAIZA, LUZ MARINA (925171002120)	<b>Admission Date</b>	10/11/2023	<b>Location</b>	Lilac Lane 302LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

### Diagnosis

Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo) arthrosis(M15.0), Other and unspecified dysphagia(R13.8)

Allergies	No Known Allergies	D.O.B.	03/27/1953	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Low back pain(M54.5), Primary generalized (osteo)arthrosis(M15.0), Other and unspecified dysp...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BOTERO LOAIZA, LUZ MARINA (925171002120)	Admission Date	10/11/2023	Location	Lilac Lane 302LL 1
Last Care Plan Review Completed:		10/31/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Bea is experiencing episode of INFECTION (HSV Simplex on lower lip). Onset date Dec 23, 2025. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To have infection adequately managed and treated without further complications by next review date. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/31/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Bea/SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Engage with Bea/SDM to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, transmission). Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• SUPPORT: Utilize holistic perspective in supporting Bea through infection recovery including (rest preferences, hydration, nutrition, pain management) until recovered. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Beat for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections until stable. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• PPE PRECAUTIONS: Precaution identified as CONTACT for HSV Simplex and requires use of the following PPEs (Gloves, Gown) when providing direct care. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>		12/03/2025			



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Bea is experiencing episode of INFECTION (HSV Simplex on lower lip). Onset date Dec 23, 2025. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• MEDICATIONS: Administer oral medication as per MD/NP order. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<p>• STRONG PARTICIPATION in Activities. Date Initiated: 12/01/2025 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/01/2025 Revision by: Elsa Ganem (Recreation Aide)</p>	<p>• Beatrice will be supported to maintain participation in activities 10-20 times per month by the next review date. Date Initiated: 12/01/2025 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/01/2025 Revision by: Elsa Ganem (Recreation Aide) Target Date: 03/03/2026</p> <p>• Beatrice will maintain ISE score of 6 by the next review date. Date Initiated: 12/01/2025 Created on: 03/04/2022 Created by: Megan McLoughlin</p>	<p>• STRUCTURED ACTIVITIES: Invite Beatrice to programs of personal interest; sing-songs, Musical Bingo, Bowling, and socials. Date Initiated: 12/01/2025 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/01/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Beatrice to engage in self-directed activities such as; watching television in her room, listening to music in Dining room and socializing with peers. Date Initiated: 12/01/2025 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/01/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Beatrice prefers to be called by the abbreviated version of her name "Beate"</p> <p>Beatrice prefers to keep an active daily routine, which includes: family visiting,</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>	12/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• <b>STRONG PARTICIPATION</b> in Activities.  Date Initiated: 12/01/2025  Created on: 03/04/2022  Created by: Megan McLoughlin (Activities/Rec Therapy)  Revision on: 12/01/2025  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>(Activities/Rec Therapy)  Revision on: 12/01/2025  Revision by: Elsa Ganem (Recreation Aide)  Target Date: 03/03/2026</p>	<p>socializing with staff/peers, listening to 50s/60s/70s music and watching sit-coms in her room such as; Three and a Half Men, Golden Girls, Three's Company and Just for Laughs.</p> <p>Beatrice loves her interactive companion cat "Ginger", which can be found in her room. Beatrice loves owls and enjoys collecting small owl figures.</p> <p>Beatrice is fluent in English, Maltese, German, French and Italian.</p> <p>Beatrice's family is very involved and visit on a regular basis.  Date Initiated: 12/01/2025  Created on: 03/04/2022  Created by: Megan McLoughlin (Activities/Rec Therapy)  Revision on: 12/01/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ONE to ONE:</b> Provide Beatrice with individual visits for conversation, reminiscing and musical/sensory stimulation.  Date Initiated: 12/01/2025  Created on: 03/04/2022  Created by: Megan McLoughlin (Activities/Rec Therapy)  Revision on: 12/01/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>SENSORY STIMULATION:</b> Provide Beatrice with Sensory Stimulation for Hand Massages/hand spa and music intervention.  Date Initiated: 12/01/2025  Created on: 03/04/2022  Created by: Megan McLoughlin (Activities/Rec Therapy)  Revision on: 12/01/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>MUSIC CARE APPROACH:</b> Present Beate with Music Care Specialists, Musicking, Music Programming, Music Technology, Environmental Sound.  Date Initiated: 12/01/2025  Created on: 12/01/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/01/2025  Revision by: Elsa Ganem (Recreation Aide)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>		12/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to cognitive impairment. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• Beatrice is unable to express self and will be supported to have needs interpreted each day through the next review. Date Initiated: 12/03/2025 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Beatrice/SDM for decision making about strategies needed to support effective communication. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/20/2022 Revision by: Mario Diamante (Registered Practical Nurse) • HEALTH TEACHING: Engage with Beatrice/SDM to enhance their knowledge of communication devices, change in health status affecting communication ability. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2025 Revision by: Donna Duah (RN) • PRIMARY LANGUAGE: Beatrice primary language is English. She is able to speak/understand English. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2022 Revision by: Victoria Edwards (RPN) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no All questions, uses simple words/phrases, etc.). Will show her likes and dislikes through facial expressions and body language and walking away if she doesn't like something. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2022 Revision by: Victoria Edwards (RPN)</div>	Registered Practical Nurse RN PCA			
<div>• Use of PASD (Left and Right Quarter bed rails) to assist Beatrice with bed mobility and transfer; Use of PASD Tilt wheelchair to assist Beatrice with repositioning, comfort and improved sitting posture. Date Initiated: 02/17/2022</div>	<div>• Beatrice will be effectively supported with use of bed rails (left and right quarter bed rails) to optimize bed mobility and transferring; and tilt wheelchair for repositioning, comfort and</div>	<div>• HEALTH EDUCATION: Engage with Beatrice/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bilateral 1/4 bed rails and tilt wheelchair. Date Initiated: 02/17/2022 Created on: 02/17/2022 Created by: Victoria Edwards (RPN)</div>				
Allergies	No Known Allergies		D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 02/17/2022 Created by: Victoria Edwards (RPN) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator)		improved sitting posture each day through to the next review date. Date Initiated: 03/07/2025 Created on: 02/17/2022 Created by: Victoria Edwards (RPN) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Beatrice for continued benefit to use bilateral 1/4 bedrails as to support appropriate bed mobility and transferring and tilt wheelchair for repositioning, comfort and improved sitting posture. Date Initiated: 02/17/2022 Created on: 02/17/2022 Created by: Victoria Edwards (RPN) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) • BED RAIL (TWO PARTIAL): LEFT and RIGHT 1/4 Rails in USE as a PASD to assist Beate with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 02/23/2022 Created on: 02/23/2022 Created by: Victoria Edwards (RPN) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN) • TILTED CHAIR in USE as a PASD to support Beatrice with repositioning, comfort and improved sitting posture. Monitor every shift. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	D/E/N
• Bea is experiencing episode of INFECTION (RASH). Onset date Oct 22 Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)		• To have infection adequately managed and treated without further complications by next review date Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC) Target Date: 03/03/2026	• COMMUNICATION: Involve/collaborate with Beatrice /SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC) • HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC)			
Allergies	No Known Allergies		D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Bea is experiencing episode of INFECTION (RASH). Onset date Oct 22 Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)</p>		<p>Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC) • MONITORING: Utilize holistic perspective of monitoring Bea's RASH until resolved. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Danielle Knott (ADOC)</p>			
<p>• Alteration in skin integrity related to MASD to neck #40. Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of MASD by next review date. Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with MASD to neck for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse) • COMMUNICATION: Involve/collaborate with Beate/SDM in decision making for treatment of skin issues. Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/12/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>	Registered Practical Nurse RN		
<p>• Active ROM. Date Initiated: 08/28/2025</p>	<p>• To prevent further deterioration</p>	<p>• Provide AROM abduction/adduction/extension/</p>	PT - Physiotherapi		
<p><b>Allergies</b></p>	No Known Allergies	<p><b>D.O.B.</b></p>	07/20/1949	<p><b>Physician</b></p>	Harpal Singh
<p><b>Diagnosis</b></p>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<p><b>Facility</b></p>	Wellington Park Care Centre			<p><b>Print Date</b></p>	1/4/2026
<p><b>Resident</b></p>	BUHAGIAR, BEATRICE (925171002020)	<p><b>Admission Date</b></p>	02/16/2022	<p><b>Location</b></p>	Lilac Lane 303LL 4
<p><b>Last Care Plan Review Completed:</b></p>		12/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Created on: 02/16/2022            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 08/28/2025            Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>of joint flexibility , ROM and strength from grade 3-/5 in 3 months. (Manual Muscle Test)            Date Initiated: 08/28/2025            Created on: 02/16/2022            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 08/28/2025            Revision by: Uzma Habib (PT - Physiotherapist)            Target Date: 03/03/2026</p> <p>• To improve bilateral lower limb joint flexibility, improve AROM to functional Range and reduce abnormal tone in 3 months.            Date Initiated: 08/28/2025            Created on: 07/25/2024            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 08/28/2025            Revision by: Uzma Habib (PT - Physiotherapist)            Target Date: 03/03/2026</p> <p>• To improve bilateral upper limb, improve core trunk m/s flexibility and strength from grade 3-/5 to grade 3+/5 in 6-8 months, (Manual Muscle Test)            Date Initiated: 08/28/2025            Created on: 02/16/2022            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 08/28/2025            Revision by: Uzma Habib (PT -</p>	<p>flexion/supination/pronation/dorsiflexion/plantarflexion)to bilateral upper and lower limb using ROM, as gets stronger and As possible progress her to standing 3/wk.            Date Initiated: 08/28/2025            Created on: 02/16/2022            Created by: Uzma Habib (PT - Physiotherapist)            Revision on: 08/28/2025            Revision by: Uzma Habib (PT - Physiotherapist)</p>	st PTA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>		12/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> <p>Date Initiated: 08/28/2025 Created on: 02/16/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>Physiotherapist) Target Date: 03/03/2026</p>				
<ul style="list-style-type: none"> <li>• Potential for Expressive Behaviour of RESISTIVE TO CARE/SHOWERS nature related to Symptom Progression of Dementia/Alzheimer</li> </ul> <p>Date Initiated: 02/23/2022 Created on: 02/23/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2025 Revision by: Donna Duah (RN)</p>	<ul style="list-style-type: none"> <li>• Beate will be supported to adjust to her new environment to lower risk of triggering former RESISTIVE TO CARE/SHOWER behaviour episodes through to the next review.</li> </ul> <p>Date Initiated: 03/07/2024 Created on: 02/23/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2025 Revision by: Donna Duah (RN) Target Date: 03/03/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with (Beate/SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 02/23/2022 Created on: 02/23/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2022 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (Beate) for indications to change in or for escalating expressive behaviour risk.</li> </ul> <p>Date Initiated: 02/23/2022 Created on: 02/23/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2022 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> <li>• PHYSICAL Behaviour: If Beate is attempting to strikeout; move back from her reach. Calmly indicate that the care will continue when she is calm/ready. Seek Registered Staff assistance..</li> </ul> <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/11/2024 Revision by: Nina Edcille (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• RESISTANCE to Care Need (SHOWERS): when approaching Beate for showers, staff are to approach her gently - make jokes with her on the way to spa room. 1 staff</li> </ul>	<p>BSO - Internal BSO - External Social Worker</p> <p>PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>	12/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• Potential for Expressive Behaviour of RESISTIVE TO CARE/SHOWERS nature related to Symptom Progression of Dementia/Alzheimer</p> <p>Date Initiated: 02/23/2022</p> <p>Created on: 02/23/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/23/2025</p> <p>Revision by: Donna Duah (RN)</p>			to distract Beate and 1 staff to provide the care. The staff member who is distracting is to sing along to music being played. Staff to make sure water is warm. Staff are not to rush. After shower is done, staff are to provide Beatrice with a warm drink. Give Beate her personal space. If Beate is seen crying in the shower, provide emotional re-assurance. Beate enjoys when staff accept her hugs.		All		
			<p>Date Initiated: 03/01/2022</p> <p>Created on: 03/01/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 06/04/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DIVERSION ACTIVITY: Beate responds well to music from the 50/60/70's as method to calm or redirect energy.</p> <p>Date Initiated: 02/23/2022</p> <p>Created on: 02/23/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/23/2022</p> <p>Revision by: Victoria Edwards (RPN)</p>				
<p>• At risk for FALLS related to limitation of cognitive function/altered judgement (Alzheimer's)</p> <p>Date Initiated: 02/16/2022</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/03/2025</p> <p>Revision by: Danielle Knott (ADOC)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 12/03/2025</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/03/2026</p>	• wheelchair - ensure black mesh mat on top of cushion to prevent fall.		PCA	D/E PRN-N	
			<p>Date Initiated: 11/03/2025</p> <p>Created on: 11/03/2025</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 11/03/2025</p> <p>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• COMMUNICATION: Involve/collaborate with Beate/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 07/24/2024</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 07/24/2024</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• CALL BELL: Ensure call bell in place and within Bea's reach. Bea unable to hold/grab it.</p> <p>SPECIAL FAMILY REQUEST: If she is sleepy, Staff to put Beatrice to bed. Staff to her keep her light on and tv on to keep her watching it until Beatrice's goes to sleep. Staff to keep the bed elevated around 45 degree after supper until she falls to sleep.</p> <p>Date Initiated: 07/24/2024</p>		PCA RN Registered Practical Nurse	D/E/N	
Allergies	No Known Allergies			D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)			Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
<div>• At risk for FALLS related to limitation of cognitive function/altered judgement (Alzheimer's)</div> <div>Date Initiated: 02/16/2022</div> <div>Created on: 02/16/2022</div> <div>Created by: Victoria Edwards (RPN)</div> <div>Revision on: 02/03/2025</div> <div>Revision by: Danielle Knott (ADOC)</div>			<div>Created on: 02/16/2022</div> <div>Created by: Victoria Edwards (RPN)</div> <div>Revision on: 02/23/2025</div> <div>Revision by: Donna Duah (RN)</div> <div>• ENVIRONMENT: night light to reduce fall risk for Beate, fall mat on both sides of bed when Beatrice is in bed.</div> <div>Date Initiated: 07/25/2024</div> <div>Created on: 07/25/2024</div> <div>Created by: Gugulethu Ncube (Registered Practical Nurse)</div> <div>Revision on: 07/27/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• BED: place bed at lowest level to safeguard from injury</div> <div>Date Initiated: 07/24/2024</div> <div>Created on: 02/16/2022</div> <div>Created by: Victoria Edwards (RPN)</div> <div>Revision on: 07/25/2024</div> <div>Revision by: Gugulethu Ncube (Registered Practical Nurse)</div> <div>• FOOTWEAR: Ensure Beate wears appropriate footwear non skid shoes, non-skid socks.</div> <div>Date Initiated: 07/24/2024</div> <div>Created on: 02/16/2022</div> <div>Created by: Victoria Edwards (RPN)</div> <div>Revision on: 03/07/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• PT FALL PREVENTION PROGRAMS Offer Beatrice to participate in Programs which encourage physical activity endurance, muscle strengthening exercises, flexibility training and balance exercises, PT involve on Post fall PT assessment, and intervention recommendations.</div> <div>Date Initiated: 07/24/2024</div> <div>Created on: 02/17/2022</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 07/25/2024</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</div> <div>Date Initiated: 07/24/2024</div>						PCA	
Allergies	No Known Allergies		D.O.B.	07/20/1949		Physician	Harpal Singh			
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)									
Facility	Wellington Park Care Centre					Print Date	1/4/2026			
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022		Location	Lilac Lane 303LL 4			
Last Care Plan Review Completed:		12/03/2025								

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<ul style="list-style-type: none"><li>At risk for FALLS related to limitation of cognitive function/altered judgement (Alzheimer's)</li></ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/03/2025 Revision by: Danielle Knott (ADOC)</p>			<p>Created on: 02/17/2022 Created by: Jaskaran Singh (RN) Revision on: 07/25/2024 Revision by: Maria Kabli (Registered Practical Nurse)</p>				
<ul style="list-style-type: none"><li>Potential for Persistent PAIN and alteration in comfort level related to knee and back pain. Most Current MDS Pain Score is (0).</li></ul> <p>Date Initiated: 12/16/2023 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 12/16/2023 Revision by: Luchel David (RPN)</p>		<ul style="list-style-type: none"><li>To promote Beatrice comfort and effectively manage PERSISTENT pain each day through to the next review.</li></ul> <p>Date Initiated: 12/03/2025 Created on: 04/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Beatrice/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/20/2022 Revision by: Mario Diamante (Registered Practical Nurse)<li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Beatrice satisfaction for pain control.</li><p>Date Initiated: 06/04/2024 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)<li>PHYSIO TREATMENT: Beatrice will receive an Ice pack for L Ankle PT/PTA to check skin before and after RX.</li></p></p>		RN Registered Practical Nurse		
Allergies	No Known Allergies			D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)			Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Persistent PAIN and alteration in comfort level related to knee and back pain. Most Current MDS Pain Score is (0).</p> <p>Date Initiated: 12/16/2023 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 12/16/2023 Revision by: Luchel David (RPN)</p>		<p>Date Initiated: 07/25/2024 Created on: 02/17/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 07/25/2024 Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• MEDICATION: Administer analgesic medication (Voltaren and PRN tylenol) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 12/16/2023 Created on: 02/17/2022 Created by: Jaskaran Singh (RN) Revision on: 02/23/2025 Revision by: Donna Duah (RN)</p>	Registered Practical Nurse RN		
<p>• URINARY (Functional) INCONTINENCE related to altered mobility, Dementia Diagnosis</p> <p>Date Initiated: 01/18/2023 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)</p>	<p>• Beate will have urinary incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 12/03/2025 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Beatrice/SDM) for decision making about toileting options or incontinence management.</p> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/20/2022 Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Beate for toileting needs, changes to health status and alteration of continence level.</p> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/17/2022 Revision by: Victoria Edwards (RPN)</p> <p>• URINARY Continenence level is TOTAL Incontinent. Report change to level as noted. PCA</p> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/01/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>	12/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• URINARY (Functional) INCONTINENCE related to altered mobility, Dementia</p> <p>Diagnosis</p> <p>Date Initiated: 01/18/2023</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 01/18/2023</p> <p>Revision by: Victoria Edwards (RPN)</p>		<p>• CHECK and CHANGE: Beatrice experiences TOTAL incontinence and requires checks every before, after meals, bedtime and during night rounds and change each time noted to be soiled.</p> <p>Date Initiated: 10/06/2025</p> <p>Created on: 03/02/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• INCONTINENCE PRODUCT: Beate uses beige briefs for day and evening shift, and uses Orange brief for night shift only.</p> <p>Date Initiated: 03/09/2023</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 03/17/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p>	PCA	Q2h
<p>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, poor judgement related to Alzheimer's Disease.</p> <p>Date Initiated: 02/16/2022</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 05/26/2022</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Beatrice is severely impaired in cognition and will have needs interpreted and met each day through to the review date.</p> <p>Date Initiated: 12/03/2025</p> <p>Created on: 09/06/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/03/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Beatrice/SDM in decision making of Cognitive Loss for Alzheimer's Disease.</p> <p>Date Initiated: 02/16/2022</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 05/26/2022</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Beatrice/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of</p> <p>Date Initiated: 02/16/2022</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 06/04/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ORIENTATION: Gently reorient to person, place, time) as needed when Beatrice is feeling lost or in confused state.</p> <p>Date Initiated: 02/16/2022</p> <p>Created on: 02/16/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/21/2022</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>	Social Worker	All

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>	12/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• SPIRITUAL BELIEFS: Beatrice is of the Roman Catholic Faith. Date Initiated: 03/04/2022 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 03/04/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p>		<p>• To provide Beatrice spiritual support as interested through to the next review date. Date Initiated: 05/22/2023 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/22/2023 Revision by: Elsa Ganem (Activities/Rec Therapy) Target Date: 03/03/2026</p>	<p>• SPIRITUAL PROGRAMS: Encourage Beatrice to attend spiritual programs of her choice including Roman Catholic church services. Staff will respect Beatrice's choice to refuse. Date Initiated: 03/04/2022 Created on: 03/04/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 03/04/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p>		ACT	
<p>• Sleep Patterns; Potential for alteration in sleep patterns related to disease progression. Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2022 Revision by: Victoria Edwards (RPN)</p>		<p>• To promote adequate rest/sleep for Beate based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/03/2025 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</p>	<p>• PREFERENCE: 1) Beate wakes during the night (0300 hours) and enjoys listening to music and watching TV 2) Staff to keep Beate's lights on and tv on to keep her watching it until she goes to sleep in the bed. 3) Staff to keep head elevated around 45 degrees after supper until she fall to sleep in bed. Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2025 Revision by: Donna Duah (RN) • REST PATTERN: Preferred bedtime (between 2000 and 2100 hours), usual wake time (0700 and 0800 hours - Beate prefers to sleep in). (Beate to be put back to bed after afternoon snack to have a nap). Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/08/2025 Revision by: Navpreet Kaur (DOC) • SLEEPWEAR: Beate prefers to wear night gown to bed. Pls put new socks at bedtime. Date Initiated: 02/25/2022 Created on: 02/25/2022</p>		PCA RN Registered Practical Nurse   	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Sleep Patterns; Potential for alteration in sleep patterns related to disease progression.</li> </ul> <p>Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2022 Revision by: Victoria Edwards (RPN)</p>		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/27/2024 Revision by: Richele Rosales (Registered Practical Nurse)</p>		
<ul style="list-style-type: none"> <li>• Potential to experience alteration in MOOD as exhibited by exploring the unit related to Decline in Health Condition.</li> </ul> <p>Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2022 Revision by: Victoria Edwards (RPN)</p>	<ul style="list-style-type: none"> <li>• Beate will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</p>	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Provide education and support to Beate/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</li> </ul> <p>Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2022 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Beate for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Beatrice's quality of life.</li> </ul> <p>Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• FAMILY SUPPORT: Beate enjoys visits from family members and friends.</li> </ul> <p>Date Initiated: 02/25/2022 Created on: 02/25/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2022 Revision by: Victoria Edwards (RPN)</p>	<p>RN Registered Practical Nurse</p> <p>All</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>	12/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved		
<ul style="list-style-type: none"><li>Expressed Wishes and Beliefs related to Beatrice's Medical Treatment and End of Life Care</li><li>Date Initiated: 02/16/2022</li><li>Created on: 02/16/2022</li><li>Created by: Victoria Edwards (RPN)</li><li>Revision on: 02/19/2022</li><li>Revision by: Alison McAulay (RN)</li></ul>		<ul style="list-style-type: none"><li>To support and honor Beatrice's expressed wishes and beliefs through to the End of Life.</li><li>Date Initiated: 06/03/2023</li><li>Created on: 02/16/2022</li><li>Created by: Victoria Edwards (RPN)</li><li>Revision on: 06/03/2023</li><li>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>Target Date: 03/03/2026</li></ul>	<ul style="list-style-type: none"><li>CPR: (Beatrice) wishes express NO CPR and NO TRANSFER to hospital.</li><li>Date Initiated: 02/27/2025</li><li>Created on: 02/27/2025</li><li>Created by: Sahar Khaliq (Registered Practical Nurse)</li><li>Revision on: 02/27/2025</li><li>Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>COMMUNICATION: Beatrice expressed wishes indicate that she would like to be included in conversations of prognosis, treatment for end of life.</li><li>Date Initiated: 02/16/2022</li><li>Created on: 02/16/2022</li><li>Created by: Victoria Edwards (RPN)</li><li>Revision on: 09/01/2022</li><li>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li></ul>				Social Worker	
			<ul style="list-style-type: none"><li>NUTRITION RISK: Bea is at MODERATE nutrition risk level.</li><li>Date Initiated: 02/18/2022</li><li>Created on: 02/18/2022</li><li>Created by: Helen Bradley (RD)</li><li>Revision on: 08/29/2024</li><li>Revision by: Maria Ghobrial (Dietitian (RD))</li></ul>				Dietitian (RD)	
			<ul style="list-style-type: none"><li>DIET ORDER: Bea will receive REGULAR diet, PUREED texture. Offer LIQUIDIZED egg for breakfast.</li><li>Date Initiated: 02/18/2022</li><li>Created on: 02/18/2022</li><li>Created by: Helen Bradley (RD)</li><li>Revision on: 01/02/2024</li><li>Revision by: Mark Chan (Dietitian (RD))</li></ul>				PCA	
			<ul style="list-style-type: none"><li>FLUID CONSISTENCY: Beate drinks REGULAR/THIN Level 0 Fluids.</li><li>Date Initiated: 02/18/2022</li><li>Created on: 02/18/2022</li><li>Created by: Helen Bradley (RD)</li><li>Revision on: 02/18/2022</li><li>Revision by: Helen Bradley (RD)</li></ul>				Diet PCA	
<ul style="list-style-type: none"><li>Will maintain weight within realistic weight range of 87-101 kg/BMI 30-35 through to next review date.</li><li>Date Initiated: 02/18/2022</li><li>Created on: 02/18/2022</li><li>Created by: Helen Bradley (RD)</li><li>Revision on: 02/27/2025</li><li>Revision by: Maria Ghobrial (Dietitian (RD))</li><li>Target Date: 03/03/2026</li></ul>		<ul style="list-style-type: none"><li>FLUID TARGET: Encourage Beate to drink a minimum of 1944 ml per day.</li><li>Date Initiated: 02/18/2022</li><li>Created on: 02/18/2022</li><li>Created by: Helen Bradley (RD)</li><li>Revision on: 08/25/2025</li></ul>					PCA	
Allergies	No Known Allergies		D.O.B.	07/20/1949	Physician	Harpal Singh		
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022	Location	Lilac Lane 303LL 4		
Last Care Plan Review Completed:		12/03/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Nutrition Risk Level</div> <div>Date Initiated: 02/18/2022</div> <div>Created on: 02/18/2022</div> <div>Created by: Helen Bradley (RD)</div>		<div>• Beate will be adequately hydrated, drinking at least 80% of total fluid requirement @20 ml/kg, 97.2 kg through to next review date.</div> <div>Date Initiated: 02/18/2022</div> <div>Created on: 02/18/2022</div> <div>Created by: Helen Bradley (RD)</div> <div>Revision on: 08/25/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 03/03/2026</div>	Revision by: Julia Pilca (Dietitian (RD))				Dietary aide PCA	
			• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.					
			Date Initiated: 05/23/2022					
			Created on: 05/23/2022					
			Created by: Kaitlyn Myles (Dietitian)					
			Revision on: 12/02/2025				PCA Registered Practical Nurse	
			Revision by: Julia Pilca (Dietitian (RD))					
			• DINING INSTRUCTIONS:					
			As per POA's request:					
			(1) Offer sandwich fillings and provide the bread on the side.					
			(2) Ensure food does not have lumps as per PUREED texture diet.					
			(3) Ensure food is available at 1 PM for the husband to feed her.					
			Date Initiated: 04/18/2023					
			Created on: 04/18/2023					
			Created by: Mark Chan (Dietitian)					
			Revision on: 02/27/2025					
			Revision by: Maria Ghobrial (Dietitian (RD))				PCA	
			• ADAPTIVE AIDS: Beate requires Nosey Cup and lip plate at meals and snacks.					
			Date Initiated: 02/28/2025					
			Created on: 02/28/2025					
			Created by: Pamela Kovar-Gough (FSM - Food Services Manager)					
			Revision on: 04/08/2025					
			Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)					
			• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.				Diet PCA Recreational Therapy Aide	D/E
			Date Initiated: 05/23/2022					
			Created on: 05/23/2022					
			Created by: Kaitlyn Myles (Dietitian)					
			• FOOD PREFERENCES: Beatrice enjoys eating pasta. Dislikes eating deep fried/battered foods, skin on chicken and pies.				PCA	
			Date Initiated: 10/28/2022					
			Created on: 10/28/2022					
			Created by: Pamela Kovar-Gough (Dietary Manager)					
			Revision on: 02/27/2025					
Allergies	No Known Allergies			D.O.B.	07/20/1949		Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)			Admission Date	02/16/2022		Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> <p>Date Initiated: 02/18/2022 Created on: 02/18/2022 Created by: Helen Bradley (RD)</p>			<p>Revision by: Maria Ghobrial (Dietitian (RD))</p> <ul style="list-style-type: none"> <li>• HIGH CALORIE/PROTEIN PM SNACK: Provide 1 regular banana and a packet of peanut butter. If POA is not present, mash up banana with a fork. If bananas are not available an alternative of applesauce will be provided.</li> </ul> <p>Date Initiated: 09/16/2022 Created on: 09/16/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/23/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		PCA	D
<ul style="list-style-type: none"> <li>• Potential for BOWEL INCONTINENCE related to altered mobility and Dementia.</li> </ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/17/2022 Revision by: Victoria Edwards (RPN)</p>		<ul style="list-style-type: none"> <li>• Beate will have bowel incontinence managed every shift through to the next review period.</li> </ul> <p>Date Initiated: 12/03/2025 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with (Beate/SDM) for decision making about toileting options, incontinence etc.</li> </ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/17/2022 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Bea for changes to health status, alteration of continence level or bowel function.</li> </ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 04/19/2023 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> <li>• BOWEL Continence level is TOTAL Incontinent. Report change to level as noted.</li> </ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/01/2022</p>		PCA	
Allergies	No Known Allergies		D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for BOWEL INCONTINENCE related to altered mobility and Dementia. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/17/2022 Revision by: Victoria Edwards (RPN)			Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Beate uses beige briefs for day and evening shift, and uses Orange brief for night shift only. Date Initiated: 01/23/2024 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 03/17/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/03/2025 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	• HEALTH EDUCATION: Engage Beatrice/SDM in health education regarding prevention of skin impairment and management of incontinence. Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 06/05/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • EQUIPMENT: Beatrice requires positioning devices to help maintain position and offload pressure. Date Initiated: 09/04/2024 Created on: 09/04/2024 Created by: Alison McAulay (RN) Revision on: 06/05/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 08/14/2025 Revision by: Danielle Knott (ADOC) • SHEAR FRICTION: Utilize Wendylett sheet when moving resident in bed to			PCA	Q2h
Allergies	No Known Allergies			D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)			Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN)			minimize shear friction. Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 06/05/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 09/01/2022 Created on: 09/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/05/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)			PCA	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Benvi Mendoza (Registered Practical Nurse)		• Beatrice will have ALL ADL care tasks met each day through the next review date. Date Initiated: 12/03/2025 Created on: 04/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/03/2026	• BATHING: Beatrice prefers bath on Sunday DAYS and Thursday evening. 2 Staff to provide TOTAL assistance. One staff for distraction (sing along/reassurance). BEATRICE uses Wendylett sheets. Nail care to be provided on shower day. Use PRN medication before shower as per family request and MD order. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED MOBILITY: 2 staff to provide TOTAL assistance Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC) • DRESSING: Beatrice requires 2 staff to provide TOTAL assistance for dressing. Date Initiated: 12/02/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EATING: Beatrice requires 1 staff to provide TOTAL assistance. Date Initiated: 02/16/2022			PCA	PCA
Allergies	No Known Allergies			D.O.B.	07/20/1949	Physician	Harpal Singh
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BUHAGIAR, BEATRICE (925171002020)			Admission Date	02/16/2022	Location	Lilac Lane 303LL 4
Last Care Plan Review Completed:		12/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • LOCOMOTION: Beatrice requires 1 PERSON to provide TOTAL assistance. Beatrice uses wheelchair for locomotion Date Initiated: 12/02/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC) • PERSONAL HYGIENE: 2 staff to provide TOTAL assistance for hygiene. Due to expressive behaviours 1 to 2 staff to provide assistance. Date Initiated: 12/02/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HAND HYGIENE: 1 staff to provide TOTAL assistance to (use soap/water, apply sanitizer, rub hands together, dry hands) for hand hygiene. Date Initiated: 02/23/2025 Created on: 02/23/2025 Created by: Donna Duah (RN) Revision on: 02/23/2025 Revision by: Donna Duah (RN) • TOILET: 2 staff to provide TOTAL assistance for toileting (May become physically expressive; ie,(may attempt to strike out or hit during care) Beate has always been a private person, ensure to provide privacy and talk to her throughout the process). Date Initiated: 12/02/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC) • TRANSFERRING: Beatrice requires 2 PERSON TOTAL ASSISTS with a MECHANICAL LIFT uses medium sling.</div>			PCA	
Allergies	No Known Allergies		D.O.B.	07/20/1949	Physician	Harpal Singh	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022	Location	Lilac Lane 303LL 4	
Last Care Plan Review Completed:		12/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Benvi Mendoza (Registered Practical Nurse)			Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/05/2024 Revision by: Maria Kabli (Registered Practical Nurse) • TRANSFER LIFT/SLING: Beatrice requires 2 PERSON TOTAL ASSIST with a MECHANICAL HOYER LIFT and MEDIUM SLING Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2025 Revision by: Donna Duah (RN) • ORAL CARE: 1 staff to provide TOTAL assistance for oral care.				RN Registered Practical Nurse PCA	
			Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FOOT CARE: ( Foot Care Nurse) to complete toenail care every 6 weeks. PSW to Report long toe nails or other abnormalities as noted.				PCA	
			Date Initiated: 07/18/2023 Created on: 07/18/2023 Created by: Genevieve (Jenny) Steward (Director of Care) Revision on: 07/18/2023 Revision by: Genevieve (Jenny) Steward (Director of Care) • SPECIFIC RESIDENT Request: She prefers to be called Beate.				PCA	
			Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Victoria Edwards (RPN) Revision on: 02/25/2022 Revision by: Victoria Edwards (RPN) • SPECIAL FAMILY REQUEST: If she is sleepy, staff to put Beatrice to bed. Staff to keep her light on and tv on to keep her watching it until Beatrice's goes to sleep. Staff to keep the bed elevated around 45 degree after supper until she falls asleep.Please put on white socks on her only or black.				PCA Registered Practical Nurse RN	
			Family doesn't want her in facility non skid socks. Family request to have Beatrice					
Allergies	No Known Allergies		D.O.B.	07/20/1949	Physician	Harpal Singh		
Diagnosis	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	BUHAGIAR, BEATRICE (925171002020)		Admission Date	02/16/2022	Location	Lilac Lane 303LL 4		
Last Care Plan Review Completed:		12/03/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> <p>Date Initiated: 02/16/2022 Created on: 02/16/2022 Created by: Benvi Mendoza (Registered Practical Nurse)</p>		<p>wear 2 pairs a day. 1 pair in the morning when she wakes up and a clean pair at HS.</p> <p>Date Initiated: 11/16/2023 Created on: 11/16/2023 Created by: Navpreet Kaur (Director of Care) Revision on: 02/23/2025 Revision by: Donna Duah (RN)</p>		

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/20/1949	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Obesity, unspecified(E66.9), Anaemia, unspecified(D64.9), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	BUHAGIAR, BEATRICE (925171002020)	<b>Admission Date</b>	02/16/2022	<b>Location</b>	Lilac Lane 303LL 4
<b>Last Care Plan Review Completed:</b>		12/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Active ROM.</p> <p>Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• To improve bilateral lower limb and trunk strength from grade 3/5 to grade 3+/5 in 3 months, (Manual Muscle Test)</p> <p>Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026</p> <p>• To prevent further deterioration of joint flexibility and strength from grade 3/5 during the stay in LTC.</p> <p>Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion) to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using theraband/ball/weights/ as cooperated pulleys/bike/ standing balance EXs 3/wk.</p> <p>Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist PTA		
<p>• Potential to experience complications and side effects impacting quality of life related to use of use of Psychotropic medication.</p> <p>Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Donna Duah (RN) Revision on: 08/05/2025 Revision by: Donna Duah (RN)</p>	<p>• To monitor effectiveness and for side effects of medication used each day through to the next review date</p> <p>Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Donna Duah (RN) Revision on: 08/05/2025 Revision by: Donna Duah (RN) Target Date: 01/20/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Chloe/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Donna Duah (RN) Revision on: 08/05/2025 Revision by: Donna Duah (RN)</p> <p>• PREFERENCE: Chloe prefers to receive medication Crushed and Mix in Milk at HS snack.</p> <p>Date Initiated: 08/05/2025</p>	Registered Practical Nurse RN  RN Registered Practical		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025			



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		Created on: 08/05/2025 Created by: Donna Duah (RN) Revision on: 08/05/2025 Revision by: Donna Duah (RN) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Donna Duah (RN) Revision on: 08/05/2025 Revision by: Donna Duah (RN)	Nurse		
• Potential for BOWEL INCONTINENCE related to Dementia Diagnosis. Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• Chloe will have bowel incontinence managed every shift through to the next review period. Date Initiated: 10/20/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	• COMMUNICATION: Involve/collaborate with Chloe/SDM for decision making about (SPECIFY: bowel function, toileting options, incontinence or ostomy management, etc). Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Chloe for changes to health status, alteration of continence level or bowel function. Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is OCCASIONALLY Incontinent . Report change to level as noted. Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL MOVEMENT: Monitor Chloe for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 07/14/2025	Registered Practical Nurse RN         PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>	10/20/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• Potential for BOWEL INCONTINENCE related to Dementia Diagnosis.</b> Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <b>• INCONTINENCE PRODUCT: Chloe uses Blue brief at all times.</b> Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/22/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			PCA	
<b>• Ambulation.</b> Date Initiated: 04/16/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 04/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<b>• Chloe to improve walking distance from 10-15 m to 20 m using a rollator OR 2-wheeled walker in 6-8 months</b> Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026  <b>• To prevent the decline in CHLOE ability and distance of walking of 10-15 meters overstay in LTC.</b> Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist)	<b>• CHLOE to ambulate under supervision for 15 meters using a 2-wheeled walker 3/wk.</b> Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) <b>• CHLOE to perform balance exercises (as cooperative ) in standing kitchen sink EXs 3/wk.</b> Date Initiated: 10/14/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	PT - Physiotherapist PTA
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)			<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Ambulation.</li> </ul> Date Initiated: 04/16/2025 Created on: 01/07/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 04/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026				
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to Dx. of Degenerative Disc Disease pain.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> <li>To promote Chloe's comfort and effectively manage PERSISTENT pain each day through to the next review.</li> </ul> Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with (Chloe/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/16/2025 Revision by: Donna Duah (RN) <li>REST: accommodate Chloe rest and relaxation preference: breaks between activities.</li> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Practical Nurse RN PCA	
<ul style="list-style-type: none"> <li>Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence</li> </ul> Date Initiated: 01/21/2025 Created on: 01/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> <li>To protect and maintain skin integrity each day through to the next review.</li> </ul> Date Initiated: 10/20/2025 Created on: 01/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage Chloe/SDM in health education regarding prevention of skin impairment and management .</li> </ul> Date Initiated: 01/21/2025 Created on: 01/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/21/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <li>BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode.</li> Date Initiated: 01/21/2025 Created on: 01/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
Allergies	No Known Allergies		D.O.B.	11/03/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Cataract, unspecified(H26.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CHAMBERLAIN, CHLOE (925171002236)		Admission Date	01/06/2025	Location	Lilac Lane 308LL 4
Last Care Plan Review Completed:		10/20/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence</p> <p>Date Initiated: 01/21/2025</p> <p>Created on: 01/21/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision on: 01/21/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia</p> <p>Date Initiated: 01/21/2025</p> <p>Created on: 01/21/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/21/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Chloe will continue to freely express self and adequately comprehend information each day through to the next review period.</p> <p>Date Initiated: 10/20/2025</p> <p>Created on: 01/21/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/20/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/20/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Chloe/SDM for decision making about strategies needed to support effective communication.</p> <p>Date Initiated: 01/21/2025</p> <p>Created on: 01/21/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/21/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Chloe/SDM to enhance their knowledge of (specify: communication devices, hearing aids, change in health status, etc.) affecting communication ability.</p> <p>Date Initiated: 01/21/2025</p> <p>Created on: 01/21/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/21/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PRIMARY LANGUAGE: Chloe primary language is English. She is able to speak/understand) English.</p> <p>Date Initiated: 01/21/2025</p> <p>Created on: 01/21/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/21/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases.</p> <p>Date Initiated: 01/21/2025</p> <p>Created on: 01/21/2025</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>	10/20/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia</p> <p>Date Initiated: 01/21/2025 Created on: 01/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/21/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/21/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Altered VISION related to Cataract ( Right or Left eye)</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Chloe supported to use eyeglasses for vision correction daily through to the next review date.</p> <p>Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Chloe/SDM for decision making pertaining to change in visual status as needed.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)</p> <p>• EYEGLASSES: Chloe wears eyeglasses. Assist to clean eyeglasses as needed and store (on night table, in night table drawer, etc.) when sleeping.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)</p> <p>• READING: Chloe uses (SPECIFY; large print material, BRAILLE books, audio books, etc.) to aid with reading.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025</p>	<p>Registered Practical Nurse RN</p> <p>PCA RN Registered Practical Nurse</p> <p>PCA Registered Practical Nurse RN</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered VISION related to Cataract ( Right or Left eye) Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/17/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)				
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Chloe will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date. Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	• BATHING: Chloe prefers bath or sponge bath on (Sunday Mornings & Wednesday evenings) and is able to Wash her face.Chole requires 1 staff to provide EXTENSIVE to MAXIMAL assistance with shower. On Bath/Shower days, strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on bath day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/03/2025 Revision by: Navpreet Kaur (DOC) • BED MOBILITY: Chloe is typically able to turn , sit up, get out independently. May occasionally require 1 staff to provide CUES for bed mobility. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/15/2025 Revision by: Mario Diamante (Registered Practical Nurse) • DRESSING: requires assistance from 1 staff providing EXTENSIVE to MAXIMAL assistance. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/15/2025 Revision by: Mario Diamante (Registered Practical Nurse)			PCA	
Allergies	No Known Allergies			D.O.B.	11/03/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Cataract, unspecified(H26.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CHAMBERLAIN, CHLOE (925171002236)			Admission Date	01/06/2025	Location	Lilac Lane 308LL 4
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• EATING: Chloe requires SET UP SUPERVISION during meal times.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/14/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	PCA		
		<p>• LOCOMOTION: Chloe is able to walk independently with a walker. Staff ensure Chloe has walker nearby. 1 staff to provide CUES, SUPERVISION ON UNIT and CUES to LIMITED assistance (guidance) OFF UNIT.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA		
		<p>• PERSONAL HYGIENE: Chloe requires 2 staff assistance for EXTENSIVE to MAXIMAL assistance.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/30/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>	PCA		
		<p>• HAND HYGIENE: Chloe can complete hand hygiene with SUPERVISION.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC)</p>	PCA RN RCA		
		<p>• TOILET USE: Chloe is able to walk to the toilet. Requires LIMITED to EXTENSIVE assistance with 1 staff.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/15/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p>	PCA Registered Practical Nurse RN		
		<p>• TRANSFERRING: Chloe requires SUPERVISION to LIMITED assistance, but may require set up help from one PSW to ensure walker is used.</p>	PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation.</li></ul> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Date Initiated: 02/25/2025 Created on: 02/25/2025 Created by: Danielle Knott (ADOC) Revision on: 10/15/2025 Revision by: Mario Diamante (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>ORAL CARE: Chloe has TEETH and is able to do oral care.</li></ul> <p>1 staff to provide LIMITED to EXTENSIVE assistance</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/25/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>FOOT CARE: PSW, Registered staff to complete toenail care every shower day.</li></ul> <p>Report long toe nails or other abnormalities as noted.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"><li>SPECIFIC RESIDENT Request: NO MALE CAREGIVERS.</li></ul> <p>Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA RN Registered Practical Nurse	
						PCA	
<ul style="list-style-type: none"><li>Chloe is introduced to Temporary-Activities related to Move In</li></ul> <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 01/13/2025 Revision by: Elsa Ganem (Recreation Aide)</p>		<ul style="list-style-type: none"><li>Chloe will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in.</li></ul> <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 01/13/2025 Revision by: Elsa Ganem</p>	<ul style="list-style-type: none"><li>INVITATION: Invite and Encourage Chloe to attend scheduled programs. Also extend invite to Spiritual focused programs.</li></ul> <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"><li>CALENDAR: Provide program calendar (verbally review if needed).</li></ul> <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 01/13/2025</p>				
Allergies	No Known Allergies			D.O.B.	11/03/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Cataract, unspecified(H26.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CHAMBERLAIN, CHLOE (925171002236)			Admission Date	01/06/2025	Location	Lilac Lane 308LL 4
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Chloe is introduced to Temporary-Activities related to Move In Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 01/13/2025 Revision by: Elsa Ganem (Recreation Aide)		(Recreation Aide) Target Date: 01/20/2026	Revision by: Elsa Ganem (Recreation Aide)  • SOCIAL Introduction: Introduce her to other residents of similar age, interest, etc. as she can tolerate. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 01/13/2025 Revision by: Elsa Ganem (Recreation Aide)				
• Potential to experience alteration in MOOD as exhibited by (Specify symptoms) related to Dementia Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN)		• To support Chloe with their identified coping strategies for mood/emotional stability each day through to the review date. Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	• COMMUNICATION: Involve/collaborate with Chloe/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)  • RESIDENT STRENGTHS: Build on Chloe effort to maintain control. Encourage her to express self, state preferences and make safe choices for care and activities. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)  • DISTRACTION ACTIVITIES: Chloe can be calmed doing activities of interest including (listening to music, doing puzzles, watching movies, etc.) Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)			Registered Practical Nurse RN PCA  RN Registered Practical Nurse PCA  Registered Practical Nurse RN PCA	
• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related		• Chloe will cope with progressive cognitive decline and be supported to maintain	• COMMUNICATION: Involve/collaborate with Chloe/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 01/06/2025 Created on: 01/06/2025			RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	11/03/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Cataract, unspecified(H26.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CHAMBERLAIN, CHLOE (925171002236)			Admission Date	01/06/2025	Location	Lilac Lane 308LL 4
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
to progression of Dementia Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)		safety each day through the review date. Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) • <b>ORIENTATION:</b> Gently reorient to (person, place, time) as needed when Chloe is feeling lost or in confused state. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) • <b>PERSONAL ITEMS:</b> Keep eyeglasses, family pictures in a consistent place (SPECIFY location; over bed table, in nightstand drawer, on bedside table, etc.). Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)				PCA  Registered Practical Nurse RN PCA  PCA	
• <b>URINARY Functional INCONTINENCE</b> related to altered mobility, Dementia Diagnosis Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)		• Chloe will receive support to (use toilet) and promote urinary continence each shift through to the next review. Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	• <b>COMMUNICATION:</b> Involve/collaborate with (Chloe/SDM) for decision making about toileting options or incontinence management. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/10/2025 Revision by: Courtney Bailey (Registered Nurse) • <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Chloe for toileting needs, changes to health status and alteration of continence level. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/10/2025 Revision by: Courtney Bailey (Registered Nurse) • <b>URINARY</b> Continence level is (OCCASIONALLY Incontinent). Report change to level as noted. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN)				Registered Practical Nurse RN PCA  PCA Registered Practical Nurse RN	
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)							
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026	
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)			<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4	
<b>Last Care Plan Review Completed:</b>		10/20/2025						

## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Expressive Behaviour of (WANDERING, RESISTANCE to care need) nature related to Symptom Progression of Dementia.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)</p>		<p>Created by: Donna Duah (RN) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)</p> <p>• RESISTANCE to Care Need: If Chloe is declining to bathe or shower it is best to avoid asking Chole if she would like to go for a shower, or mentioning the word shower, as she states she already had one. Given that Chloe believes she is managing her own care, it is best not to correct her, but to acknowledge her feelings. Start interactions socially rather than task oriented.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 09/18/2025 Revision by: Danielle Knott (ADOC)</p> <p>• RESISTANCE to Care Need: If Chloe is declining to change clothes, take medications, eat, accepting refusing wound care and assessments etc: Do not rush Chloe, take your time and ensure that your body language matches what you are saying verbally. If Chloe refuses, re-approach in 10-15 minutes.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)</p> <p>• WANDERING: Permit Chloe to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DIVERSION ACTIVITY:Chloe responds well to staff starting interactions socially rather than task oriented as method to calm or redirect energy.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 09/18/2025 Revision by: Danielle Knott (ADOC)</p>	<p>Registered Practical Nurse RN PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>	10/20/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Potential for Expressive Behaviour of (WANDERING, RESISTANCE to care need) nature related to Symptom Progression of Dementia. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)			• ENVIRONMENT: Chloe is most calm with (dim lighting, door closed, quiet area, small groups, etc.) Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)				RN Registered Practical Nurse PCA	
• Potential for muscular dysfunction, contractures and bone deformity related to DEGENERATIVE DISC DISEASE (DDD) Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN)		• To treat and minimize signs/symptoms or complications associated with (Dx. of DDD) through to the next review date. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) Target Date: 01/20/2026	• COMMUNICATION: Involve/ collaborate with Chloe/SDM in decision making of musculoskeletal care management. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) • MEDICATION: Administer medication for management of DDD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) • PAIN MANAGEMENT for (Degenerative Disc Disease) prescribed and in place; refer to Pain Care Plan.				RN Registered Practical Nurse  RN Registered Practical Nurse  RN Registered	
Allergies	No Known Allergies		D.O.B.	11/03/1932		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Cataract, unspecified(H26.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHAMBERLAIN, CHLOE (925171002236)		Admission Date	01/06/2025		Location	Lilac Lane 308LL 4	
Last Care Plan Review Completed:		10/20/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for muscular dysfunction, contractures and bone deformity related to DEGENERATIVE DISC DISEASE (DDD)</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN)		Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)	Practical Nurse	
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to (Dx. of Dementia). Altered Physical function (specify impairment): , Limitation of cognitive function/altered judgement.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)	<ul style="list-style-type: none"> <li>To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</li> </ul> Date Initiated: 10/20/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Chloe/SDM in decision making in fall prevention Plan of Care.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> <li>CALL BELL: Place call bell within Chloe's reach and remind/encourage to use it. (She may not always remember to use the call bell)</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> <li>ENVIRONMENT: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment, etc.) to reduce fall risk for Chloe</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> <li>BED: Place bed at knee height (as Chloe is independent with transfers) to lower risk for injury.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN)	RN Registered Practical Nurse PCA PCA Registered Practical Nurse RN PCA RN Registered Practical Nurse PCA RN Registered Practical Nurse	D/E/N
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	11/03/1932
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)		<b>Physician</b>	Harpal Singh
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b> Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to (Dx. of Dementia). Altered Physical function (specify impairment): , Limitation of cognitive function/altered judgement.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)		Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) <ul style="list-style-type: none"> <li>FOOTWEAR: Ensure Chloe wears appropriate foot-wear with good grips for (transfers, ambulation).</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 09/02/2025 Revision by: Rajdeep Kaur (Registered Nurse)	PCA Registered Staff   PCA RN Registered Practical Nurse		
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to (Chloe) Medical Treatment and End of Life Care</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)	<ul style="list-style-type: none"> <li>To support and honor Chloe expressed wishes and beliefs through to the End of Life.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN) Target Date: 01/20/2026	<ul style="list-style-type: none"> <li>CPR: Chloe wishes express NO CPR and NO TRANSFER to hospital.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Donna Duah (RN) Revision on: 01/06/2025 Revision by: Donna Duah (RN)			
<ul style="list-style-type: none"> <li>Nutrition Risk Level</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)	<ul style="list-style-type: none"> <li>Chloe will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)	<ul style="list-style-type: none"> <li>LABELLED SNACK HS: Chloe receives 250 ml 2% milk at HS nourishment pass as per preference.</li> </ul> Date Initiated: 01/07/2025 Created on: 01/07/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 04/08/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) <ul style="list-style-type: none"> <li>NUTRITION RISK: Chloe is MODERATE risk level.</li> </ul>	PCA Registered Practical Nurse RN   Dietitian (RD)	E	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Revision on: 01/06/2025 Revision by: Donna Duah (RN) Target Date: 01/20/2026</p> <p>• Will weigh within realistic weight range of 46-59 kg (BMI 18-23) through to next review date.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/13/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/20/2026</p> <p>• Chloe will be adequately hydrated and drinking at least 80% of total fluid requirement @25 ml/kg, 62.3 kg through to next review date.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/20/2026</p>	<p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/13/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p> <p>• DIET ORDER: Chloe will receive REGULAR diet, REGULAR texture</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 04/14/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Chloe drinks REGULAR/THIN Level 0 Fluids.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/06/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Chloe to drink a minimum of 1246 ml per day.</p> <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• FOOD PREFERENCES: Chloe enjoys eating ice cream, and drinking milk, water and juice. Dislikes eating pasta, pudding and drinking coffee, tea and pop.</p> <p>Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 04/08/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	


<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/03/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHAMBERLAIN, CHLOE (925171002236)	<b>Admission Date</b>	01/06/2025	<b>Location</b>	Lilac Lane 308LL 4
<b>Last Care Plan Review Completed:</b>		10/20/2025			

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	11/03/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Cataract, unspecified(H26.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	CHAMBERLAIN, CHLOE (925171002236)	Admission Date	01/06/2025	Location	Lilac Lane 308LL 4
Last Care Plan Review Completed:		10/20/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Potential to experience rash, hives, anaphylaxis related to allergy to PENICILLINS, SULFA, ASPIRIN, CODEINE, EPINEPHRINE, PHENERGAN, ANTIBIOTICS</li></ul> <p>Date Initiated: 03/24/2016 Created on: 03/24/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Donna Duah (RN)</p>	<ul style="list-style-type: none"><li>• Sylvia will be protected from exposure to allergen each day through next review date.</li></ul> <p>Date Initiated: 04/14/2025 Created on: 03/24/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Sylvia/SDM in decision making and health teaching about ALLERGY to PENICILLINS, SULFA, ASPIRIN, CODEINE, EPINEPHRINE, PHENERGAN, ANTIBIOTICS.</li></ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/30/2025 Revision by: Donna Duah (RN)</p>	Registered Practical Nurse RN			
		<ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with allergy to PENICILLINS, SULFA, ASPIRIN, CODEINE, EPINEPHRINE, PHENERGAN, ANTIBIOTICS for changes to health status and complications mortality.</li></ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/30/2025 Revision by: Donna Duah (RN)</p>	Registered Practical Nurse RN			
		<ul style="list-style-type: none"><li>• Staff to remain aware of allergen PENICILLINS, SULFA, ASPIRIN, CODEINE, EPINEPHRINE, PHENERGAN, ANTIBIOTICS and prevent contact with.</li></ul> <p>Date Initiated: 03/24/2016 Created on: 03/24/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Donna Duah (RN)</p>	RN Registered Practical Nurse			
		<ul style="list-style-type: none"><li>• MD/PHARMACY ALERT: Notify the MD and Pharmacy of Sylvia's Allergy to PENICILLINS, SULFA, ASPIRIN, CODEINE, EPINEPHRINE, PHENERGAN, ANTIBIOTICS and minimize risk for exposure to allergen</li></ul> <p>Date Initiated: 03/24/2016 Created on: 03/24/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Donna Duah (RN)</p>	Registered Practical Nurse RN			
<ul style="list-style-type: none"><li>• Sylvia is at Risk for SOCIAL ISOLATION related to Altered Mood, Cognitive Limitation, Rest/Sleep Patterns</li></ul> <p>Date Initiated: 12/07/2025</p>	<ul style="list-style-type: none"><li>• Team members will support Sylvia in decreasing social isolation by participating in activities of personal choice for</li></ul>	<ul style="list-style-type: none"><li>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as social cart, friendly visits, one to one visits. If Sylvia is using her wheelchair, she will attend group programs at the activity room (dining room, tv lounge, home wide programs) and outside (outdoor strolls and special events.) She enjoys music</li></ul>				
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	D.O.B.	12/24/1929	Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo) arthrosis(M15.0)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016	Location	
Last Care Plan Review Completed:		10/10/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Created on: 11/17/2019            Created by: Elsa Ganem (Activities/Rec Therapy)            Revision on: 12/07/2025            Revision by: Elsa Ganem (Recreation Aide)</p>	<p>10-15 times per month by the next review date.            Date Initiated: 12/07/2025            Created on: 11/17/2019            Created by: Elsa Ganem (Activities/Rec Therapy)            Revision on: 12/07/2025            Revision by: Elsa Ganem (Recreation Aide)            Target Date: 04/12/2026</p>	<p>programs and seems to like watching co-residents during exercising programs. This will encourage her to participate in activity.            Date Initiated: 04/01/2024            Created on: 11/17/2019            Created by: Elsa Ganem (Activities/Rec Therapy)            Revision on: 04/01/2024            Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching TV, listening music, conversing with peers.            Date Initiated: 04/01/2024            Created on: 11/17/2019            Created by: Elsa Ganem (Activities/Rec Therapy)            Revision on: 04/01/2024            Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Sylvia spends most of her day in her bedroom. If awake while in bed, she enjoys one to one visits. She enjoys talking with staff and co-residents. Following her conversations will prevent responsive behaviours. She also enjoys a warm cup of tea or coffee with milk and two sugar. If she is using her wheelchair, invite her to group programs to increase socialization and participation in programs.            Date Initiated: 11/17/2019            Created on: 11/17/2019            Created by: Elsa Ganem (Activities/Rec Therapy)            Revision on: 03/19/2023            Revision by: Elsa Ganem (Activities/Rec Therapy)</p> <p>• ONE to ONE: Provide her with individual visits for conversation, bedside activity, reading.            Date Initiated: 03/19/2023            Created on: 03/19/2023            Created by: Elsa Ganem (Activities/Rec Therapy)            Revision on: 10/13/2023            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MUSIC CARE APPROACH: Present Sylvia with Musicking, Music Programming, Music Technology, Environmental Sound.            Date Initiated: 12/07/2025            Created on: 12/07/2025            Created by: Elsa Ganem (Recreation Aide)</p>	<p>ACT</p> <p>Recreation Aide</p>		
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)	<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Sylvia is at Risk for SOCIAL ISOLATION related to Altered Mood, Cognitive Limitation, Rest/Sleep Patterns  Date Initiated: 12/07/2025  Created on: 11/17/2019  Created by: Elsa Ganem (Activities/Rec Therapy)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p>		<p>Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p>			
<p>• Alteration in skin integrity related to MASD under right Breast.  Date Initiated: 11/15/2025  Created on: 11/15/2025  Created by: Sahar Khaliq (Registered Practical Nurse)  Revision on: 11/15/2025  Revision by: Sahar Khaliq (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of MASD under right Breast by Nov 30th, 2025.  Date Initiated: 11/15/2025  Created on: 11/15/2025  Created by: Sahar Khaliq (Registered Practical Nurse)  Revision on: 11/15/2025  Revision by: Sahar Khaliq (Registered Practical Nurse)  Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of MASD as skin issue.  Date Initiated: 11/15/2025  Created on: 11/15/2025  Created by: Sahar Khaliq (Registered Practical Nurse)  Revision on: 11/15/2025  Revision by: Sahar Khaliq (Registered Practical Nurse)  • MONITORING: Utilize holistic perspective of continuous monitoring of resident with MASD under right Breast for changes to health status and alteration or complications affecting skin integrity.  Date Initiated: 11/15/2025  Created on: 11/15/2025  Created by: Sahar Khaliq (Registered Practical Nurse)  Revision on: 11/15/2025  Revision by: Sahar Khaliq (Registered Practical Nurse)  • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.  Date Initiated: 11/15/2025  Created on: 11/15/2025</p>			
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)	<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to MASD under right Breast.</li> </ul> <p>Date Initiated: 11/15/2025 Created on: 11/15/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 11/15/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p>		<p>Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 11/15/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> <p>Date Initiated: 10/07/2025 Created on: 10/13/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/07/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> <li>• To prevent further deterioration of bilateral lower limb flexibility, ROM and strength from grade 3/5 in 3 months. (Manual Muscle Test)</li> </ul> <p>Date Initiated: 10/07/2025 Created on: 10/13/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/07/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026</p> <ul style="list-style-type: none"> <li>• To improve bilateral hip, knee, shoulder flexibility and strength from grade 3/5 to grade 3+/5 in 6-8 months, (Manual Muscle Test)</li> </ul> <p>Date Initiated: 10/07/2025 Created on: 10/13/2020 Created by: Uzma Habib (PT -</p>	<ul style="list-style-type: none"> <li>• Provide AROM abduction/adduction/extension/flexion/supination /pronation/dorsiflexion/plantarflexion)to Sylvia R/L hip/knee/ankle/toes/ bilateral shoulder/elbow/wrist/fingers/thumb) to using AROM/ AAROM PROM EXs, (EXS 1-2 sets of 3-5 each) 3/wk.</li> </ul> <p>Date Initiated: 10/07/2025 Created on: 10/13/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/07/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist PTA		
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)	<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Active ROM. Date Initiated: 10/07/2025 Created on: 10/13/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/07/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Physiotherapist) Revision on: 10/07/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026  • To prevent decline and improve bilateral shoulder joint AROM flex, abd to 90++ degrees in 6-8 months. Date Initiated: 10/07/2025 Created on: 08/16/2022 Created by: Faith Manose (Registered Practical Nurse) Revision on: 10/07/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026				
• Sylvia has an overall decline in ADL function and increased dependency for ADL care related to End of Life phase r/t limited mobility and cognitive impairment secondary to Dementia and Arthritis. PPS is 30% as of October 5, 2025 Date Initiated: 01/09/2024 Created on: 01/09/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)		• To ensure Sylvia's dignity and care needs are met each day through to the End of Life. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) Target Date: 04/12/2026	• BED MOBILITY - Sylvia requires 2 team members to turn and re-position her every 2 hours and PRN to promote comfort. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) • BATHING: Sylvia requires 2 team members to provide TOTAL assistance for showers. Shower days are FRIDAY evenings and MONDAY days. If Sylvia refuses her shower, team members to continue to redirect and reapproach. Nail care to be provided after shower/bath. Sylvia is very resistive; if shower not able to be completed on her shower day, staff tried to to give it again the next day(s) and usually successful. She usually allowed staff to do bed bath instead of shower if Sylvia continues to refused shower. On Bath/Shower days, strip the linens, wipe mattress with Virox and place new linens. Sylvia uses Wendylett sheets. Date Initiated: 10/06/2025		PCA	Q2h
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)		<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) • EATING - 1 team member provides TOTAL assistance to Sylvia to eat. Monitor Sylvia's swallowing ability and notify Nurse immediately if difficulty noted. Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) • HYGIENE - Sylvia requires 2 team members to provide TOTAL care for hygiene care every shift + PRN. Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) • HAND HYGIENE: 1 team member to provide TOTAL assistance to Sylvia for hand hygiene. Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) • ORAL CARE: requires TOTAL ASSISTANCE from 1 staff with oral care. Oral care is to be completed BID and PRN. SYLVIA HAS HER OWN TEETH Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC) • DRESSING - 2 team members to provide Sylvia with TOTAL care to dress per identified preference. Date Initiated: 10/06/2025</div>				PCA	
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3	
Last Care Plan Review Completed:		10/10/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Sylvia has an overall decline in ADL function and increased dependency for ADL care related to End of Life phase r/t limited mobility and cognitive impairment secondary to Dementia and Arthritis. PPS is 30% as of October 5, 2025</p> <p>Date Initiated: 01/09/2024</p> <p>Created on: 01/09/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Danielle Knott (ADOC)</p>			<p>Created on: 10/06/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• TOILETING: Sylvia requires 2 team members to provide TOTAL care for check and PCA change in bed every 2 hours and change as soiled</p> <p>Date Initiated: 10/06/2025</p> <p>Created on: 10/06/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• TRANSFER - Sylvia prefers to remain in bed. If transfer required/requested; 2 staff PCA TOTAL care for transfer using Mechanical Lift.</p> <p>Date Initiated: 10/06/2025</p> <p>Created on: 10/06/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• TRANSFER LIFT/SLING: Medium full and toileting slings needed for transfer. PCA</p> <p>Date Initiated: 10/06/2025</p> <p>Created on: 10/06/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• LOCOMOTION (in and out of room): 1 team member to porter Sylvia to/from PCA destination as needed per resident preference.</p> <p>Date Initiated: 10/06/2025</p> <p>Created on: 10/06/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Danielle Knott (ADOC)</p>					
<p>• Potential to experience alteration in MOOD as exhibited by persistent anger with self and others and unpleasant mood in the morning related to her DX. of DEMENTIA.</p>		<p>• Sylvia will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</p> <p>Date Initiated: 04/14/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Sylvia/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 05/15/2020</p> <p>Created on: 05/15/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p>					
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)			Admission Date	03/03/2016		Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Date Initiated: 10/23/2020 Created on: 06/14/2016 Created by: Amrit Bahara (Registered Staff) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator)		Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH EDUCATION: Provide education and support to Sylvia/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Sylvia for indications to change in MOOD including labile mood or increase of symptoms that negatively impact her quality of life. Date Initiated: 11/19/2021 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/19/2021 Revision by: Victoria Edwards (RPN) • RESIDENT STRENGTHS: Build on Sylvia's effort to maintain control. Encourage her to express self, state preferences and make safe choices for care and activities. Date Initiated: 09/30/2025 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator) • DISTRACTION ACTIVITIES: Sylvia can be calmed doing activities of interest including listening to music and one on one visits. Date Initiated: 09/30/2025 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator) • FAMILY SUPPORT: Sylvia enjoys visits from family members and friends. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up)				RN Registered Practical Nurse	
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3	
Last Care Plan Review Completed:		10/10/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in MOOD as exhibited by persistent anger with self and others and unpleasant mood in the morning related to her DX. of DEMENTIA.</li> </ul> <p>Date Initiated: 10/23/2020 Created on: 06/14/2016 Created by: Amrit Bahara (Registered Staff) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>SLEEP/REST: Promote adequate sleep and rest to stability of Sylvia's mood.</li> </ul> <p>Report changes in sleeping habits to Registered Staff as noted.</p> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects</li> </ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		All	
<ul style="list-style-type: none"> <li>Risk for impaired SKIN INTEGRITY r/t bowel incontinence, vulnerable, fragile skin and cognitive impairment secondary to Dementia and Arthritis.</li> </ul> <p>Date Initiated: 07/10/2025 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To protect and maintain skin integrity each day through to the next review.</li> </ul> <p>Date Initiated: 10/10/2025 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage Sylvia/SDM in health education regarding prevention of skin impairment and management.</li> </ul> <p>Date Initiated: 07/10/2025 Created on: 04/16/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>Turn, reposition at least every 2 hours, more often as needed or requested.</li> </ul> <p>Resident pressure points to observe: (heels, sacrum, shoulders, elbows, hips)</p> <p>Date Initiated: 08/14/2025 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 08/14/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>SHEAR FRICTION: Utilize wendylett sheet when moving resident in bed to</li> </ul>		PCA	Q2h
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			minimize shear friction. Date Initiated: 07/18/2025 Created on: 07/18/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 07/18/2025 Revision by: Maria Kabli (Registered Practical Nurse) • BARRIER CREAM: Apply skin barrier Sylvia to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 10/04/2022 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/04/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • GARMENT: Elbow pads to be worn while Sylvia is sitting in her wheelchair, to protect fragile skin. Date Initiated: 07/10/2025 Created on: 05/31/2024 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				PCA	D/E/N
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption. . Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Staff to promote fluid consumption and minimize risk for dehydration each day through to the next review date. Date Initiated: 07/12/2024 Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Sylvia with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERRED FLUIDS: Sylvia prefers to drink apple juice, milk and tea. Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PROMOTE FLUIDS: Promote Sylvia to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 04/04/2022				Registered Staff	Diet Registered Staff All All
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3	
Last Care Plan Review Completed:		10/10/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption. .</li> </ul> <p>Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>INTAKE/OUTPUT: Monitor intake and output every shift for every day.</li> </ul> <p>Date Initiated: 04/04/2022 Created on: 04/04/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Registered Staff	
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of resistance to care related to DEMENTIA.</li> </ul> <p>Date Initiated: 10/23/2020 Created on: 03/05/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 03/04/2025 Revision by: Danielle Knott (ADOC)</p>		<ul style="list-style-type: none"> <li>To promote safety for Sylvia's and/or others during each episode of resistance to care through to the next review date.</li> </ul> <p>Date Initiated: 04/14/2025 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Sylvia/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Sylvia for indications to change in or for escalating expressive behaviour risk.</li> </ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>VERBAL Behaviour: If Sylvia is heard yelling or swearing, calmly redirect or try to provide distraction activities. Attempt to resolve her concern. Report episode to Registered Staff.</li> </ul> <p>Date Initiated: 09/30/2025</p>			BSO - Internal BSO - External Social Worker	
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies			D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)			Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved						
<p>• Potential for Expressive Behaviour of resistance to care related to DEMENTIA.</p> <p>Date Initiated: 10/23/2020</p> <p>Created on: 03/05/2016</p> <p>Created by: Nicole Nordeman (Registered Practical Nurse)</p> <p>Revision on: 03/04/2025</p> <p>Revision by: Danielle Knott (ADOC)</p>			<p>Created on: 05/15/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 09/30/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs includes: care times, redirection, any staff/co-resident engagement. Sylvia will spit and strike out - ESPECIALLY ON HER RIGHT SIDE, as expression of behaviour of confusion, poor judgement/insight.</p> <p>Date Initiated: 08/06/2021</p> <p>Created on: 08/06/2021</p> <p>Created by: Dale Bamforth (Nurse Clinician )</p> <p>Revision on: 04/07/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• SOCIALLY Inappropriate Behaviour: If Sylvia is noted to make loud disruptive noises, gently redirect her.</p> <p>Date Initiated: 09/30/2025</p> <p>Created on: 05/15/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 09/30/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• Program staff will encourage Sylvia to attend programs as well as arrange individual All programs to distract Sylvia and decrease behaviours</p> <p>Date Initiated: 03/05/2016</p> <p>Created on: 03/05/2016</p> <p>Created by: Nicole Nordeman (Registered Practical Nurse)</p> <p>Revision on: 03/05/2016</p> <p>Revision by: Nicole Nordeman (Registered Practical Nurse)</p> <p>• MEDICATION: Administer medication for therapeutic treatment of behaviors as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 03/05/2016</p> <p>Created on: 03/05/2016</p> <p>Created by: Nicole Nordeman (Registered Practical Nurse)</p> <p>Revision on: 05/15/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• APPROACH: Use Gentle Persuasive Approach. To complete personal care, try to approach Sylvia when she is calm; this is the best time to try and assist her with</p>											
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh							
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)													
Facility	Wellington Park Care Centre					Print Date	1/4/2026							
Resident	CHARUK, SYLVIA (925171001477)			Admission Date	03/03/2016		Location	Lilac Lane 309LL 3						
Last Care Plan Review Completed:		10/10/2025												

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of resistance to care related to DEMENTIA.</li> </ul> <p>Date Initiated: 10/23/2020 Created on: 03/05/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 03/04/2025 Revision by: Danielle Knott (ADOC)</p>			personal care. Approach with a happy, bubbly approach for medication administration and personal care. Date Initiated: 04/01/2021 Created on: 03/05/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator)			
<ul style="list-style-type: none"> <li>SPIRITUAL BELIEFS: Sylvia is of the Catholic Faith.</li> </ul> <p>Date Initiated: 04/01/2024 Created on: 11/17/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 04/01/2024 Revision by: Elsa Ganem (Recreation Aide)</p>		<ul style="list-style-type: none"> <li>To provide Sylvia spiritual support as interested through to the next review date.</li> </ul> <p>Date Initiated: 07/10/2025 Created on: 11/17/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> <li>SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including virtual Catholic Mass on the iPad and Catholic music on iN2L or iPad. If Sylvia is using her wheelchair, staff will assist her to attend in-person Catholic mass on Rose Court.</li> </ul> <p>Date Initiated: 11/17/2019 Created on: 11/17/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 03/19/2023 Revision by: Elsa Ganem (Activities/Rec Therapy)</p> <ul style="list-style-type: none"> <li>PERSONAL CHOICE: Respect Sylvia's right to decline participation in Spiritual Program.</li> </ul> <p>Date Initiated: 11/17/2019 Created on: 11/17/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/17/2019 Revision by: Elsa Ganem (Activities/Rec Therapy)</p>		ACT	
<ul style="list-style-type: none"> <li>High risk for FALLS r/t medication use,</li> </ul>		<ul style="list-style-type: none"> <li>To promote safety, minimize</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Son in decision making in fall</li> </ul>		RN	
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
history of falls, wandering behavior secondary to progression of Dementia. Date Initiated: 11/18/2023 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 07/10/2025 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	prevention Plan of Care. Date Initiated: 11/18/2023 Created on: 08/18/2022 Created by: Saad Akhter (Nurse Clinician) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse) • CALL BELL: Ensure call bell in place. Sylvia is unable to hold/grab it. Staff to ensure Sylvia has only one blanket or light sheet at all times when she is in bed.				Registered Practical Nurse	
			Date Initiated: 11/18/2023 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Sylvia needs high low winged bed to reduce falls.				PCA	D/E/N
			Date Initiated: 11/18/2023 Created on: 10/31/2017 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse) • BED: High low bed. Place bed at her knee level to prevent falls from bed.				PCA	
			Date Initiated: 11/18/2023 Created on: 07/26/2017 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse) • ACTIVITY: Keep Sylvia occupied in purposeful activity to decrease wandering tendencies such as listening to music.				Registered Practical Nurse RN	
			Date Initiated: 11/18/2023 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse) • PROGRAMS: PT involve in Silvia's in falls prevention program PT focuses on Ex program, post fall assessment, fall prevention interventions recommendations.					
			Date Initiated: 11/18/2023 Created on: 02/23/2018					
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3	
Last Care Plan Review Completed:		10/10/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>High risk for FALLS r/t medication use, history of falls, wandering behavior secondary to progression of Dementia.</li> </ul> <p>Date Initiated: 11/18/2023 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>FLOOR MAT: Position (floor mats) on floor next to (left and right ) side of bed to lower risk of injury.</li> </ul> <p>Date Initiated: 11/18/2023 Created on: 11/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>ALARMS: Personal alarm in place while in bed for safety.</li> </ul> <p>Date Initiated: 11/18/2023 Created on: 07/26/2017 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> <p>Date Initiated: 11/18/2023 Created on: 03/14/2023 Created by: Victoria Edwards (RPN) Revision on: 11/18/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p>		PCA Registered Practical Nurse RN	D/E/N/PRN
<ul style="list-style-type: none"> <li>Potential for PAIN and alteration in comfort level related to Chronic back pain.</li> </ul> <p>Date Initiated: 08/08/2017 Created on: 08/08/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>To promote Sylvia 's comfort and effectively manage PERSISTENT pain each day through to the next review.</li> </ul> <p>Date Initiated: 07/10/2025 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> <li>special consideration- As per POA suggestions- resident stay on the bed all shift except bath, fed on the bed by staff.</li> </ul> <p>Date Initiated: 03/21/2025 Created on: 03/21/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Sylvia/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> </ul> <p>Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/16/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective to continually assess appropriateness of</li> </ul>		RN	
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>pain management regime and collaborate with Interdisciplinary Team to attain optimal Sylvia's satisfaction for pain control.</p> <p>Date Initiated: 10/30/2019 Created on: 10/30/2019 Created by: Jessica Estacio (RN Student) Revision on: 10/13/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer analgesic medication orally as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/16/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p>	Registered Practical Nurse  Registered Practical Nurse RN			
• Expressed Wishes and Beliefs related to Sylvia's Medical Treatment and End of Life Care Date Initiated: 01/25/2023 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/25/2023 Revision by: Michael Palangi (Registered Nurse)	• To support and honor Sylvia's expressed wishes and beliefs through to the End of Life. Date Initiated: 01/09/2024 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• NO CPR: Sylvia and Jeff Charuk's (SDM/Son) wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 01/25/2023 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/25/2023 Revision by: Michael Palangi (Registered Nurse)	All			
• URINARY (Functional) Incontinence of bladder r/t loss of muscle tone due to aging and Dx of Dementia. Date Initiated: 08/08/2017 Created on: 08/08/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)	• Sylvia will have urinary incontinence managed every shift through to the next review period. Date Initiated: 07/10/2025 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/10/2025	• URINARY Continence level is TOTALincontinent. Report change to level as noted. Date Initiated: 03/13/2019 Created on: 03/13/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 10/04/2021 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • CHECK and CHANGE: Sylvia experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled.	PCA   PCA			
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Date Initiated: 10/28/2019 Created on: 03/13/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Sylvia uses blue briefs for all shifts. Date Initiated: 03/13/2019 Created on: 03/13/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 04/26/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)	PCA		
• VISION: Sylvia's vision is impaired due to Presbyopia. Date Initiated: 01/05/2023 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 01/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• To minimize complications through to next review date. Date Initiated: 04/14/2025 Created on: 01/05/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• HEALTH TEACHING: Engage with Sylvia/SDM to enhance their knowledge of Presbyopia affecting vision. Date Initiated: 01/05/2023 Created on: 01/05/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 01/05/2023 Created on: 01/05/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
• Potential to experience discomfort/complications, including pain, impaired mobility, embolism related to comminuted undisplaced fracture of Neck of left humerus. Date Initiated: 08/18/2022 Created on: 08/18/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/18/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• To promote optimal healing of comminuted undisplaced fracture of Neck of left humerus. Date Initiated: 07/19/2023 Created on: 08/18/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• HEALTH EDUCATION: Engage with Sylvia/SDM to enhance her comprehension of treatment, possible complications, etc. associated with fracture. Date Initiated: 08/18/2022 Created on: 08/18/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/18/2022 Revision by: Victoria Edwards (RPN) • MEDICATION: Administer medication for fracture healing as per MD order. Monitor effectiveness and for side effects Date Initiated: 08/18/2022 Created on: 08/18/2022			
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)	Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Coordinator)		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 08/18/2022  Revision by: Victoria Edwards (RPN)</p> <p>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Sylvia for management of fracture to left shoulder for discomfort/ complications or changes to health status.  Date Initiated: 08/18/2022  Created on: 08/18/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 08/18/2022  Revision by: Victoria Edwards (RPN)</p> <p>• <b>PAIN MANAGEMENT</b> for fracture prescribed and in place; refer to Pain Care Plan.  Date Initiated: 08/18/2022  Created on: 08/18/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Registered Staff	
<p>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension,mumbled speech related to Neurological symptoms.  Date Initiated: 04/04/2022  Created on: 04/04/2022  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/04/2022  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Sylvia is unable to express self and will be supported to have needs interpreted each day through the next review.  Date Initiated: 07/10/2025  Created on: 01/06/2023  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 07/10/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  Target Date: 04/12/2026</p>	<p>• <b>COMMUNICATION:</b> Involve/collaborate with Sylvia/SDM for decision making about strategies needed to support effective communication.  Date Initiated: 04/04/2022  Created on: 04/04/2022  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/04/2022  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• <b>PRIMARY LANGUAGE:</b> Sylvia primary language is English.She is able to speak/understand) English.  Date Initiated: 04/04/2022  Created on: 04/04/2022  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/04/2022  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• <b>SUPPORTIVE TECHNIQUES:</b> Allow time to respond, repeat as needed, ask yes/no All questions, uses simple words/phrases.  Date Initiated: 04/04/2022  Created on: 04/04/2022  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/04/2022  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		

<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)	<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved			
<p>• COGNITIVE LOSS; Has both LONG and SHORT term memory problems. Sylvia is Moderately impaired with decision making and requires cues and supervision. This is r/t her DX. of DEMENTIA. Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 04/01/2021 Revision by: Sandra Davis (Registered Practical Nurse)</p>		<p>• Sylvia is severely impaired in cognition and will have needs interpreted and met each day through to the review date. Date Initiated: 04/14/2025 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Sylvia/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 05/14/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• ORIENTATION: Gently reorient to place and time as needed when Sylvia is feeling lost or in confused state. Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 05/14/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>								
<p>• BOWEL INCONTINENCE related to loss control of muscle sphincter due to aging. Date Initiated: 10/23/2020 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p>		<p>• Sylvia will have bowel incontinence managed every shift through to the next review period. Date Initiated: 01/09/2024 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Sylvia/SDM for decision making about bowel function, incontinence. Date Initiated: 02/26/2020 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/26/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 02/26/2020 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/07/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• BOWEL Continence level is TOTAL incontinent. Report change to level as noted. Date Initiated: 10/23/2020 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/07/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Uses blue briefs for all shifts. Date Initiated: 10/23/2020</p>						Registered Staff	PCA	PCA
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh				
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)										
Facility	Wellington Park Care Centre					Print Date	1/4/2026				
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3				
Last Care Plan Review Completed:		10/10/2025									

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• BOWEL INCONTINENCE related to loss control of muscle sphincter due to aging. Date Initiated: 10/23/2020 Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)			Created on: 02/26/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/26/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)				
• Potential for alteration in sleep patterns related to diagnosis of DEMENTIA. Date Initiated: 10/23/2020 Created on: 03/04/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 10/23/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To promote adequate rest/sleep for Sylvia based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 07/19/2023 Created on: 03/04/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• Required medication to assist with sleeping. Date Initiated: 09/30/2025 Created on: 11/03/2017 Created by: Susan Steen (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Richele Rosales (RAI Coordinator) • Sylvia Charuk gets up during the night and enjoys a cup of tea/warm water Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 03/04/2016 Revision by: Brittany Traynor (Registered Practical Nurse) • Usual bed time 2000-2100 and usual wake time 0600-0700 Date Initiated: 09/26/2021 Created on: 03/04/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 09/26/2021 Revision by: Luchel David (RPN) • Preferred night attire is pajamas Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Brittany Traynor (Registered Practical Nurse)			Registered Staff	
						PCA	
						PCA	
						PCA	
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)		<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3	
<b>Last Care Plan Review Completed:</b>		10/10/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"><li>• Potential for alteration in sleep patterns related to diagnosis of DEMENTIA.</li></ul> <p>Date Initiated: 10/23/2020 Created on: 03/04/2016 Created by: Brittany Traynor (Registered Practical Nurse) Revision on: 10/23/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Revision on: 03/04/2016 Revision by: Brittany Traynor (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"><li>• Potential to experience FOOT/FEET complications related to toenail problems as evidenced by Onychauxis (thick) toenails.</li></ul> <p>Date Initiated: 05/31/2016 Created on: 05/31/2016 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<ul style="list-style-type: none"><li>• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date.</li></ul> <p>Date Initiated: 07/19/2023 Created on: 05/31/2016 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Sylvia/SDM in decision making for footcare treatment plan.</li></ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)<li>• TREATMENT PLAN: Sylvia requires footcare/treatment every 6 weeks.</li><p>Date Initiated: 05/31/2016 Created on: 05/31/2016 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p></p>			
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li></ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020</p>	<ul style="list-style-type: none"><li>• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date.</li></ul> <p>Date Initiated: 01/09/2024</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Sylvia/SDM in decision making of thyroid care management.</li></ul> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>			
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	D.O.B.	12/24/1929	Physician	Harpal Singh
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	CHARUK, SYLVIA (925171001477)	Admission Date	03/03/2016	Location	Lilac Lane 309LL 3
Last Care Plan Review Completed:		10/10/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
Created by: Aline Mendoza (RAI Coord Back-up)		Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Sylvia with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2021 Revision by: Sandra Davis (Registered Practical Nurse) • MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • LAB WORK: Monitor lab and diagnostic results yearly and as ordered and report results to MD as needed. Follow up as indicated. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)					PCA	
• Potential to experience complications and side effects impacting quality of life related to PSYCHOTROPIC medication use. Date Initiated: 06/07/2017 Created on: 06/07/2017 Created by: Adesuwa Amadasun (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To monitor effectiveness and for side effects of psychotropic medication used each day through to the next review date. Date Initiated: 04/14/2025 Created on: 06/07/2017 Created by: Adesuwa Amadasun (Registered Practical Nurse) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with Sylvia/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Sylvia using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 05/15/2020 Created on: 05/15/2020						
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh		
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3		
Last Care Plan Review Completed:		10/10/2025							

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2021 Revision by: Sandra Davis (Registered Practical Nurse) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 06/07/2017 Created on: 06/07/2017 Created by: Adesuwa Amadasun (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			
• Potential for muscular dysfunction, contractures and bone deformity related to ARTHRITIS Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 02/26/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To treat and minimize signs/symptoms or complications associated with ARTHRITIS through to the next review date Date Initiated: 01/09/2024 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 01/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/ collaborate with Sylvia/SDM in decision making of musculoskeletal care management. Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • LAB WORK: Monitor lab and diagnostic results for yearly or as ordered and report results to MD as needed. Follow up as indicated. Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for management of ARTHRITIS as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/11/2016 Created on: 11/11/2016 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Sylvia for management of ARTHRITIS for discomfort/ complications or changes to health status. Date Initiated: 05/15/2020 Created on: 05/15/2020			
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)		<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for muscular dysfunction, contractures and bone deformity related to ARTHRITIS</p> <p>Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 02/26/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2021 Revision by: Sandra Davis (Registered Practical Nurse)</p> <p>• PAIN MANAGEMENT for ARTHRITIS prescribed and in place; refer to Pain Care Plan.</p> <p>Date Initiated: 05/15/2020 Created on: 05/15/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan</p> <p>Date Initiated: 03/04/2016 Created on: 03/04/2016 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 05/15/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	PT - Physiotherapist Physical Therapy Assistant			
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Angina Pectoris, Hypertension</p> <p>Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• To treat and minimize signs/symptoms or complications associated with Angina Pectoris and Hypertension through to the next review date.</p> <p>Date Initiated: 01/09/2024 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Sylvia/SDM in decision making of Cardiac Care Management for Angina Pectoris and Hypertension.</p> <p>Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Angina Pectoris, Hypertension for changes to health status and alteration or complications affecting cardiac function.</p> <p>Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• OXYGEN: Administer Oxygen (to keep above 90%) as per MD order.</p> <p>Date Initiated: 12/18/2024</p>	Registered Practical			
<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)		<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved								
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Angina Pectoris, Hypertension</li></ul> Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up)			Created on: 12/18/2024 Created by: Donna Duah (RN) Revision on: 12/18/2024 Revision by: Donna Duah (RN) • WEIGHT: Check/Document weight monthly as per Order. Notify MD of any sudden weight gain. Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up) • LAB WORK: Monitor lab and diagnostic results yearly as ordered and report results to MD as needed. Follow up as indicated. Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/02/2019 Revision by: Aline Mendoza (RAI Coord Back-up)					Nurse RN							
			• NUTRITION RISK: Sylvia is at HIGH nutrition risk. Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 09/29/2022 Revision by: Kaitlyn Myles (Dietitian) • DIET ORDER: Sylvia will receive regular diet, pureed texture. Offer LIQUIDIZED as needed. Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian)					Dietitian (RD) Dietary Manager							
			Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies					D.O.B.		12/24/1929		Physician		Harpal Singh	
			Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)												
			Wellington Park Care Centre							Print Date		1/4/2026			
			CHARUK, SYLVIA (925171001477)					Admission Date		03/03/2016		Location		Lilac Lane 309LL 3	
			Last Care Plan Review Completed:		10/10/2025										

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		<ul style="list-style-type: none"><li>• Will maintain weight within realistic weight range of 55-67 kg/BMI 24-29 through to next review date. Date Initiated: 07/19/2023 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/06/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026</li><li>• Sylvia will be adequately hydrated aeb drinking at least 80% per day based on total fluid requirement @25 ml/kg, 59 kg through to next review date. Date Initiated: 07/19/2023 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/06/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026</li></ul>	Revision on: 10/27/2023 Revision by: Mark Chan (Dietitian (RD)) <ul style="list-style-type: none"><li>• FLUID CONSISTENCY: Sylvia drinks regular/thin (level 0) fluids. Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 06/30/2021 Revision by: Helen Bradley (RD)</li></ul>				Diet PCA	
			Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/06/2025 Revision by: Julia Pilca (Dietitian (RD)) <ul style="list-style-type: none"><li>• FLUID TARGET: Beverage Sylvia to drink at least 1180 ml per day. Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian)</li></ul>				PCA	
			Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/06/2025 Revision by: Julia Pilca (Dietitian (RD)) <ul style="list-style-type: none"><li>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)</li></ul>				Dietary aide PCA	
			Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) <ul style="list-style-type: none"><li>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)</li></ul>				Diet PCA Recreational Therapy Aide	D/E
			Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) <ul style="list-style-type: none"><li>• FOOD PREFERENCES: Sylvia enjoys hot tea, bread and jam, and colourful foods, anything sweet. Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/06/2023 Revision by: Maria Kabli (Registered Practical Nurse)</li></ul>				PCA	
			Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/06/2023 Revision by: Maria Kabli (Registered Practical Nurse) <ul style="list-style-type: none"><li>• HIGH CALORIE/PROTEIN IN MEALS: Offer Sylvia 1 svg Boost Pudding TID (690kcal, 21g pro) with ~200mL milk as per preference. Date Initiated: 04/14/2025 Created on: 04/14/2025</li></ul>				PCA	BLD
Allergies	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies		D.O.B.	12/24/1929		Physician	Harpal Singh	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	CHARUK, SYLVIA (925171001477)		Admission Date	03/03/2016		Location	Lilac Lane 309LL 3	
Last Care Plan Review Completed:		10/10/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> Date Initiated: 03/18/2016 Created on: 03/18/2016 Created by: Helen Bradley (Dietitian) Revision on: 03/18/2016 Revision by: Helen Bradley (Dietitian)		Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 04/14/2025 Revision by: Maria Ghobrial (Dietitian (RD)) <ul style="list-style-type: none"> <li>• MEDPASS SUPPLEMENTS: Resource 2.0, 60 ml QID (provides 480kcal, 20g pro)</li> </ul> Date Initiated: 12/27/2016 Created on: 12/27/2016 Created by: Helen Bradley (Dietitian) Revision on: 07/11/2024 Revision by: Maria Ghobrial (Dietitian (RD)) <ul style="list-style-type: none"> <li>• HIGH FIBRE: Offer 250ml high fibre peach juice TID at breakfast, lunch and Dinner.</li> </ul> Give 2 tsp ground flax seeds at with Boost pudding. Date Initiated: 08/15/2022 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 09/04/2025 Revision by: Julia Pilca (Dietitian (RD)) <ul style="list-style-type: none"> <li>• LABELLED SNACK: Sylvia receives Applesauce at AM nourishment pass</li> </ul> Date Initiated: 10/13/2023 Created on: 10/13/2023 Created by: Mark Chan (Dietitian (RD)) Revision on: 02/27/2025 Revision by: Maria Ghobrial (Dietitian (RD))	RN Registered Practical Nurse PCA PCA	D/E D/E

## Allergies

Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, Sulfa Antibiotics

<b>Allergies</b>	Aspirin, Codeine, Epinephrine, Penicillin, Phenergan, S...See last page for a complete listing of the Resident's allergies	<b>D.O.B.</b>	12/24/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	CHARUK, SYLVIA (925171001477)	<b>Admission Date</b>	03/03/2016	<b>Location</b>	Lilac Lane 309LL 3
<b>Last Care Plan Review Completed:</b>		10/10/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Kathleen has a <b>STRONG PARTICIPATION</b> in Activities  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>• Kathleen will be supported to maintain participation in activities 10-20 or more times per month by the next review date.  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)  Target Date: 02/07/2026</p> <p>• Kathleen will maintain ISE score of 6 by the next review date.  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)  Target Date: 02/07/2026</p>	<p>• <b>STRUCTURED ACTIVITIES:</b> Invite her to programs of personal interest such as cooking, bingo, music programs, cards, movies, special events, bowling, etc.  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>SELF-DIRECTED ACTIVITIES:</b> Encourage her to engage in self-directed activities such as reading paper, watching TV, walking, conversing with peers, listening to music etc.  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ASSISTANCE:</b> Provide assistance to get her to scheduled activities - Accompany in the elevator, Walk with her, Reminders about programming, etc.  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>HELPFUL HINTS:</b> Kathleen is a very social person. She likes to help residents and staff. She appreciates when staff take their time to explain what is going on and to answer her questions.  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)  Revision on: 12/07/2025  Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ONE to ONE:</b> Provide her/him with individual visits for (Specify; conversation, bedside activity, reading, reminiscing, etc.)  Date Initiated: 12/07/2025  Created on: 12/07/2025  Created by: Elsa Ganem (Recreation Aide)</p> <p>• <b>FAMILY INVOLVEMENT:</b> (Specify Level of Involvement)</p>	<p>ACT</p> <p>ACT</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/29/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse(Z86.40...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	DUBEAU, KATHLEEN (925171002265)	<b>Admission Date</b>	04/23/2025	<b>Location</b>	Lilac Lane 309LL 2
<b>Last Care Plan Review Completed:</b>		11/07/2025			



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Kathleen has a STRONG PARTICIPATION in Activities Date Initiated: 12/07/2025 Created on: 12/07/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 12/07/2025 Revision by: Elsa Ganem (Recreation Aide)			Date Initiated: 12/07/2025 Created on: 12/07/2025 Created by: Elsa Ganem (Recreation Aide) • MUSIC CARE APPROACH: Present (Name) with (Specify the music care approaches: Community music, Music Care Specialists, Musicking, Music Programming, Music Technology, Environmental Sound, Research and Training). Date Initiated: 12/07/2025 Created on: 12/07/2025 Created by: Elsa Ganem (Recreation Aide)				Recreation Aide	
• Ambulation. Date Initiated: 10/28/2025 Created on: 04/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To decrease Kathleen # of falls to 0 over 3 months Date Initiated: 10/28/2025 Created on: 04/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026  • To prevent a decline in Kathleen's ability to stand and walk, a distance walked in 10-20 meters over stay in LTC. Date Initiated: 10/28/2025 Created on: 04/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025	• Kathleen to ambulate under supervision for 20 m using no assisted device 3/wk. Date Initiated: 10/28/2025 Created on: 04/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Kathleen to perform balance exercises in standing using 1XA+ kitchen sink EXs 3/wk. Date Initiated: 10/28/2025 Created on: 04/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)				PT - Physiotherapist PTA   PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	10/29/1943	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	DUBEAU, KATHLEEN (925171002265)			Admission Date	04/23/2025	Location	Lilac Lane 309LL 2	
Last Care Plan Review Completed:		11/07/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Ambulation.</li> </ul> <p>Date Initiated: 10/28/2025 Created on: 04/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026</p>			
<ul style="list-style-type: none"> <li>• Balance.</li> </ul> <p>Date Initiated: 10/28/2025 Created on: 04/24/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> <li>• Kathleen to prevent further decline in standing static/dynamic balance from 2 on the balance scale in next 3 months. .</li> </ul> <p>Date Initiated: 07/29/2025 Created on: 04/24/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 07/29/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026</p> <ul style="list-style-type: none"> <li>• Kathleen to improve standing static balance from 2 to 1 in 3 months.</li> </ul> <p>Date Initiated: 07/29/2025 Created on: 04/24/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 07/29/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026</p>	<ul style="list-style-type: none"> <li>• Kathleen to perform balance exercises, kitchen sink EXs in standing with 1 XA 3/wk.</li> </ul> <p>Date Initiated: 10/28/2025 Created on: 04/24/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>PT - Physiotherapist PTA</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/29/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	DUBEAU, KATHLEEN (925171002265)	<b>Admission Date</b>	04/23/2025	<b>Location</b>	Lilac Lane 309LL 2
<b>Last Care Plan Review Completed:</b>		11/07/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Transfers.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To prevent a decline in transfers from supervised during stay LTC.</div> <div>Date Initiated: 07/29/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 07/29/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/07/2026</div>	<div>• KATHLEEN to perform balance exercises using therapeutic ball EXs in sitting 3/wk.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• Practice with sit -&gt; stand transfer from bed, toilet, chair 3/wk</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist</div> <div>PTA</div> <div>PT - Physiotherapist</div> <div>PTA</div>			
<div>• Alteration in skin integrity related to MASD under left breast #2.</div> <div>Date Initiated: 10/21/2025</div> <div>Created on: 10/21/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div>	<div>• To promote intact skin integrity through healing of MASD by under left breast by next review date.</div> <div>Date Initiated: 10/21/2025</div> <div>Created on: 10/21/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 11/07/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/07/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with MASD under left breast for changes to health status and alteration or complications affecting skin integrity.</div> <div>Date Initiated: 10/21/2025</div> <div>Created on: 10/21/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div> <div>• COMMUNICATION: Involve/collaborate with Kathleen/SDM in decision making for treatment of skin issues.</div> <div>Date Initiated: 10/21/2025</div> <div>Created on: 10/21/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div> <div>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed</div> <div>Date Initiated: 10/21/2025</div> <div>Created on: 10/21/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div>	<div>Registered Practical Nurse</div> <div>RN</div>			
<div>• Kathleen is enrolled in TRANSFER</div>	<div>• SHORT TERM GOAL: To</div>	<div>• COMMUNICATION: Involve/collaborate with Kathleen/SDM about performance in</div>				
<div>Allergies</div>	<div>No Known Allergies</div>		<div>D.O.B.</div>	<div>10/29/1943</div>	<div>Physician</div>	<div>Harpal Singh</div>
<div>Diagnosis</div>	<div>Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses</div>					
<div>Facility</div>	<div>Wellington Park Care Centre</div>				<div>Print Date</div>	<div>1/4/2026</div>
<div>Resident</div>	<div>DUBEAU, KATHLEEN (925171002265)</div>		<div>Admission Date</div>	<div>04/23/2025</div>	<div>Location</div>	<div>Lilac Lane 309LL 2</div>
<div>Last Care Plan Review Completed:</div>		<div>11/07/2025</div>				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/24/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)		improve Kathleen's functional ability of sit to stand and stand to sit transfers from 1 staff & level of assistance: Total to Limited/Extensive assistance by the next review date. Date Initiated: 11/07/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026  • LONG TERM GOAL: To improve Kathleen's strength and endurance for support of optimal self performance with function of sit-stand-sit transfers each day through the next review date. Date Initiated: 11/07/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026  • MAINTENANCE GOAL: To maintain Kathleen's strength and endurance to perform safe sit-stand-sit transfers using Limited assistance each day through to	TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kathleen when partaking in TRANSFER TRAINING Nursing Restorative Program. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Extensive, Limited assistance with Kathleen for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 3 of task repetition per session. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • TIME SPENT: Enter amount of time in MINUTES that Kathleen performed exercises for TRANSFER TRAINING. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • TRANSFER TRAINING Program ENROLLMENT DATE: September 23, 2025 and PROJECTED TRANSFER TRAINING Program DISCHARGE DATE: December 23, 2025. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025			Restorative Care Aide PCA	D/E
Allergies	No Known Allergies		D.O.B.	10/29/1943	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025	Location	Lilac Lane 309LL 2	
Last Care Plan Review Completed:		11/07/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Kathleen is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/24/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<p>next review date.</p> <p>Date Initiated: 11/07/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>				
<p>• Kathleen is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/24/2025</p>		<p>• SHORT TERM GOAL: To improve Kathleen's AROM strength to be able to complete 3 of repetitions each day through the next review date.</p> <p>Date Initiated: 11/07/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Kathleen/SDM about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kathleen when partaking in AROM Nursing Restorative Program.</p> <p>Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</p>				
Allergies	No Known Allergies			D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)			Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Jaspreet Samra (RAI Coord Back-up)	<p>• LONG TERM GOAL: To improve Kathleen's AROM strength to be able to optimally self perform ADL function each day through the next review date. Date Initiated: 11/07/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p> <p>• MAINTENANCE GOAL: To maintain Kathleen's AROM strength to perform MUSCLE or JOINT at minimum 3 of Repetitions to perform ADL Function each day through to next review date. Date Initiated: 11/07/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<p>Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of exercise; abduction, adduction, extension, flexion, etc. to Kathleen for MUSCLE GROUP - R/L bicep, triceps. Complete 3 of repetitions per each joint exercise. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • AROM EXERCISE JOINT: Provide cueing and demonstration of exercise; abduction, adduction, extension, flexion, etc.) to Kathleen for R/L hip, knee, ankle, shoulder, elbow, wrist, etc. Complete 3 of repetitions per each joint exercise. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • TIME SPENT: Enter amount of time in MINUTES that Kathleen performed AROM exercises. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • AROM Program ENROLLMENT DATE: September 23, 2025 and PROJECTED AROM Program DISCHARGE DATE: December 23, 2025. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	Restorative Care Aide	
• Potential for Persistent PAIN and alteration in comfort level related to low back pain. Most Current MDS Pain Score is 0	• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.	• COMMUNICATION: Involve/collaborate with Kathleen(SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 04/23/2025 Created on: 04/23/2025	Restorative Care Aide PCA	DEqshiftNpr n
Allergies	No Known Allergies		D.O.B.	10/29/1943
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses		Physician	Harpal Singh
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025
			Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 09/18/2025 Revision by: Danielle Knott (ADOC)	Date Initiated: 11/07/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) • NON VERBAL CUES of PAIN for Kathleen/SDM include - specify (facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed, etc.) Report these to Registered staff when observed. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse)	RN Registered Practical Nurse  PCA       Registered Practical Nurse RN			
• Potential for Expressive Behaviour of WANDERING, RESISTANCE to care needs, and REPETITIVE questions and comments related to: Symptom Progression of Dementia. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/15/2025 Revision by: Danielle Knott (ADOC)	• Kathleen will be supported to adjust to her new environment to lower risk of triggering former (WANDERING behaviour episodes through to the next review. Date Initiated: 11/07/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025	• COMMUNICATION: Involve/collaborate with Kathleen/SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Has stated to BSO that she would appreciate a note as a reminder of answers to any repetitive questions/concerns because she may forget. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/15/2025 Revision by: Danielle Knott (ADOC)	BSO - Internal Social Worker			
Allergies	No Known Allergies		D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	<ul style="list-style-type: none"><li>• <b>ASSESS/MONITOR:</b> Utilize holistic perspective of continuous monitoring of Kathleen for indications to change in or for escalating expressive behaviour risk. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• <b>RESISTANCE to Care Need:</b> If Kathleen is declining to bathe, change clothes, take medications, eat, re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• <b>SOCIALLY Inappropriate Behaviour:</b> If Kathleen is noted to take food or clothing from other residents, gently redirect her (to her own food, room, clothing etc) Date Initiated: 10/14/2025 Created on: 10/14/2025 Created by: Danielle Knott (ADOC) Revision on: 10/14/2025 Revision by: Danielle Knott (ADOC)</li><li>• <b>WANDERING:</b> Permit Kathleen to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li><li>• <b>DELUSION:</b> Resident has been known to experience sundowning in which she can be suspicious of other residents and staff members. May accuse others of going through her things. One instance of asking staff member if they were wearing her glasses (glasses belonged to staff). Use GPA strategies to reassure/redirect resident Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Danielle Knott (ADOC) Revision on: 09/24/2025</li></ul>				PCA Registered Practical Nurse RN	
Allergies	No Known Allergies			D.O.B.	10/29/1943	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	DUBEAU, KATHLEEN (925171002265)			Admission Date	04/23/2025	Location	Lilac Lane 309LL 2	
Last Care Plan Review Completed:		11/07/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Potential for Expressive Behaviour of WANDERING, RESISTANCE to care needs, and REPETITIVE questions and comments related to: Symptom Progression of Dementia.</li> </ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/15/2025 Revision by: Danielle Knott (ADOC)</p>		Revision by: Danielle Knott (ADOC)			
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications.</li> </ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>To monitor effectiveness and for side effects of medication used each day through to the next review date</li> </ul> <p>Date Initiated: 11/07/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Kathleen/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Kathleen using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and</li> </ul>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/29/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	DUBEAU, KATHLEEN (925171002265)	<b>Admission Date</b>	04/23/2025	<b>Location</b>	Lilac Lane 309LL 2
<b>Last Care Plan Review Completed:</b>		11/07/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications.</li></ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>as needed</p> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</li></ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<ul style="list-style-type: none"><li>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility</li></ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"><li>• To protect and maintain skin integrity each day through to the next review.</li></ul> <p>Date Initiated: 11/07/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<ul style="list-style-type: none"><li>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Kathleen's usual skin condition to Registered Staff as noted.</li></ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage Kathleen/SDM in health education regarding prevention of skin impairment.</li></ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA			
<ul style="list-style-type: none"><li>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, mumbled speech) related to Expressive Aphasia, Receptive Aphasia</li></ul>	<ul style="list-style-type: none"><li>• Kathleen will continue to freely express self and adequately comprehend information each day through to the next review</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Kathleen/SDM for decision making about strategies needed to support effective communication.</li></ul> <p>Date Initiated: 05/02/2025 Created on: 05/02/2025</p>				
Allergies	No Known Allergies		D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		period. Date Initiated: 11/07/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Kathleen/SDM to enhance their knowledge of (change in health status) affecting communication ability. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PRIMARY LANGUAGE: Kathleen primary language is English. She is able to speak/understand) English. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
• COGNITIVE LOSS; alteration in thought processes ( memory loss, difficulty concentrating, altered judgement) related to progression of Dementia Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Kathleen will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 11/07/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with Kathleen/SDM in decision making of Cognitive Loss for Dementia diagnosis. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Kathleen/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Dementia Diagnosis). Date Initiated: 05/02/2025 Created on: 05/02/2025		Social Worker	
Allergies	No Known Allergies		D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 02/07/2026	<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/02/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ORIENTATION: Gently reorient to person, place, time as needed when Kathleen is feeling lost or in confused state.</p> <p>Date Initiated: 05/02/2025</p> <p>Created on: 05/02/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/02/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		
<p>• Potential for BOWEL INCONTINENCE related to Muscle tone loss.</p> <p>Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025</p> <p>Created by: Catherine Park (Registered Practical Nurse)</p> <p>Revision on: 04/29/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Kathleen will have bowel incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 11/07/2025</p> <p>Created on: 04/23/2025</p> <p>Created by: Catherine Park (Registered Practical Nurse)</p> <p>Revision on: 11/07/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/07/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Scott for decision making about (SPECIFY: bowel function, toileting options, incontinence or ostomy management, etc).</p> <p>Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025</p> <p>Created by: Catherine Park (Registered Practical Nurse)</p> <p>Revision on: 04/24/2025</p> <p>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function.</p> <p>Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025</p> <p>Created by: Catherine Park (Registered Practical Nurse)</p> <p>• BOWEL Continence level is USUALLY Continent . Report change to level as noted.</p> <p>Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025</p> <p>Created by: Catherine Park (Registered Practical Nurse)</p> <p>Revision on: 04/29/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Kathleen uses Small protective underwear at all times.</p> <p>Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025</p> <p>Created by: Catherine Park (Registered Practical Nurse)</p> <p>Revision on: 04/24/2025</p> <p>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	Registered Staff	PCA

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/29/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	DUBEAU, KATHLEEN (925171002265)	<b>Admission Date</b>	04/23/2025	<b>Location</b>	Lilac Lane 309LL 2
<b>Last Care Plan Review Completed:</b>		11/07/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• URINARY (type of: Functional ) INCONTINENCE related to Dementia Diagnosis Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Kathleen will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/07/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Kathleen/SDM for decision making about toileting options or incontinence management, catheter use, etc. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Kathleen for toileting needs, changes to health status and alteration of continence level. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) • URINARY Continence level is USUALLY continent . Report change to level as noted. Date Initiated: 04/29/2025 Created on: 04/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses Resident uses Small protective underwear at all times. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</div>	<div>Registered Practical Nurse PCA   &lt;</div>	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Practical Nurse)	Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	<ul style="list-style-type: none"><li>• <b>DIVERSION ACTIVITY:</b>Kathleen responds well to doing puzzles, reading, conversing, singing, watching TV, to divert attention when exit seeking. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li><li>• <b>ELOPEMENT ALERT:</b> Redirect Kathleen away from elevator or exit doors as needed. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li><li>• <b>ELOPEMENT MONITORING:</b> Check Kathleen location every 15 minutes for safety.</li></ul>	PCA	
<ul style="list-style-type: none"><li>• Sleep Patterns; Potential for alteration in sleep patterns related to unspecified dementia. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</li></ul>	<ul style="list-style-type: none"><li>• To promote adequate rest/sleep for kathleen based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/07/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</li></ul>	<ul style="list-style-type: none"><li>• <b>REST PATTERN:</b> Preferred bedtime around 2000-2030, usual wake time around 0700 and daytime naps after lunch. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Harsimran Kaur (Registered Nurse)</li><li>• <b>SLEEPWEAR:</b> Kathleen prefers to wear pajamas bottoms, to bed.</li></ul>	PCA   	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Life Care Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Donna Duah (RN) Revision on: 04/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	through to the End of Life. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Donna Duah (RN) Revision on: 04/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/07/2026	Created on: 04/23/2025 Created by: Donna Duah (RN) Revision on: 04/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Kathleen has potential for recurrence of SUBSTANCE ABUSE, withdrawal symptoms, mood/behaviour disturbances related to history of Alcoholism Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse)	• Kathleen will remain free of non-prescribed alcohol through next review date. Date Initiated: 11/07/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	• SET BOUNDARIES: Discuss behavioural limits and expectations with Kathleen. Be very clear with limits to establish behaviour boundaries. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse) • ROOM CHECK: Check Kathleen room/belongings for alcohol upon expected use. If any found report to Charge Nurse/DOC/ED/SW. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse) • MEDICATIONS: Administer medications as ordered and monitor for side effects/effectiveness. Report to MD as necessary. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse)	Social Worker Director of Care Executive Director			
• Increased risk for FALLS related to confusion. Medical condition (list relevant diagnosis): dementia Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/07/2025 Created on: 04/23/2025	• COMMUNICATION: Involve/collaborate with Kathleen/SDM in decision making in fall prevention Plan of Care. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/23/2025				
Allergies	No Known Allergies		D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Practical Nurse) Revision on: 04/23/2025 Revision by: Nichole Seng (Registered Nurse)		Created by: Catherine Park (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	Revision by: Nichole Seng (Registered Nurse)  • CALL BELL: Place call bell within resident's reach and remind/encourage to use it. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)  • FOOTWEAR: Ensure resident wears appropriate- Non-skid footwear for transfers and ambulation Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)  • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse)		PCA   	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Nutrition Risk Level</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>		<div>date.</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 05/08/2025</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div> <div>Target Date: 02/07/2026</div> <div>• Kathleen will be adequately hydrated aeb drinking at least 100% of total fluid requirement @25 ml/kg, 57.6 kg through to next review date.</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 10/27/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 02/07/2026</div>	<div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• FLUID TARGET: Encourage Kathleen to drink a minimum of 1440 ml per day.</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 10/27/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• FOOD PREFERENCES: Kathleen enjoys drinking water. Dislikes eating cooked carrots.</div> <div>Date Initiated: 04/24/2025</div> <div>Created on: 04/24/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 04/24/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>			PCA	
<div>• Potential to experience alteration in MOOD as exhibited by (Specify symptoms) related to Dementia</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• Kathleen will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</div> <div>Date Initiated: 11/07/2025</div> <div>Created on: 04/24/2025</div> <div>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div> <div>Revision on: 11/07/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/07/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Kathleen/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/23/2025</div> <div>Revision by: Nichole Seng (Registered Nurse)</div> <div>• HEALTH EDUCATION: Provide education and support to Kathleen/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</div> <div>Date Initiated: 04/23/2025</div> <div>Created on: 04/23/2025</div>			RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)			Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/23/2025  Revision by: Nichole Seng (Registered Nurse)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kathleen for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.  Date Initiated: 04/23/2025  Created on: 04/23/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/23/2025  Revision by: Nichole Seng (Registered Nurse)</p> <p>• DISTRACTION ACTIVITIES: kathleen can be calmed doing activities of interest including (Specify; listening to music, doing puzzles, watching movies, etc.)  Date Initiated: 04/23/2025  Created on: 04/23/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/24/2025  Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• FAMILY SUPPORT: Kathleen enjoys visits from (Specify; family members and friends).  Date Initiated: 04/23/2025  Created on: 04/23/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/24/2025  Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• SLEEP/REST: Promote adequate sleep and rest to stability of Kathleen mood.  Report changes in sleeping habits to Registered Staff as noted.  Date Initiated: 04/23/2025  Created on: 04/23/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 04/24/2025  Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>				
• Potential to experience alteration in CARDIAC FUNCTION related to; Coronary Artery Disease, Hyperlipidaemia , Hypertension	• To treat and minimize signs/symptoms or complications associated with Coronary Artery Disease,	<p>• COMMUNICATION: Involve/collaborate with Kathleen/SDM in decision making of Cardiac Care Management for Coronary Artery Disease, Hyperlipidaemia , Hypertension.  Date Initiated: 04/23/2025</p>				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	10/29/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	DUBEAU, KATHLEEN (925171002265)		<b>Admission Date</b>	04/23/2025	<b>Location</b>	Lilac Lane 309LL 2
<b>Last Care Plan Review Completed:</b>		11/07/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Hyperlipidaemia , Hypertension through to the next review date. Date Initiated: 11/07/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/24/2025 Revision by: Nichole Seng (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with (Specify cardiac condition) for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for Coronary Artery Disease, Hyperlipidaemia , Hypertension as per MD Order and monitor for side effects. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/24/2025 Revision by: Nichole Seng (Registered Nurse) • RESCUE MEDICATIONS: Administer NITRO-SPRAY for (specify: Angina, chest pain, Tachycardia, etc.) as per MD Order. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Staff  	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			<p>Created on: 04/23/2025            Created by: Catherine Park (Registered Practical Nurse)            Revision on: 04/24/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DRESSING: Kathleen requires 1 staff to provide EXTENSIVE assistance for dressing UPPER &amp; LOWER body.            Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025            Created by: Catherine Park (Registered Practical Nurse)            Revision on: 04/24/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EATING: Kathleen requires 1 Staff to provide SUPERVISION for eating.            Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025            Created by: Catherine Park (Registered Practical Nurse)            Revision on: 10/28/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION: Kathleen ambulates independently.            Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025            Created by: Catherine Park (Registered Practical Nurse)            Revision on: 04/24/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PERSONAL HYGIENE: Kathleen requires 1 staff to provide EXTENSIVE assistance for hygiene.            Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025            Created by: Catherine Park (Registered Practical Nurse)            Revision on: 04/24/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HAND HYGIENE: Kathleen is able to independently complete task of Hand Hygiene each day.            Date Initiated: 04/23/2025</p> <p>Created on: 04/23/2025            Created by: Catherine Park (Registered Practical Nurse)            Revision on: 04/24/2025            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		PCA	
Allergies	No Known Allergies		D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)		Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance</li> </ul> <p>Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse)</p>		<ul style="list-style-type: none"> <li><b>TOILET USE:</b> Kathleen requires 1 staff to provide EXTENSIVE assistance for toileting. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> <li><b>TRANSFERRING:</b> Kathleen requires SUPERVISION for transferring. She may require LIMITED assistance when she is tired. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li><b>ORAL CARE:</b> Kathleen has TEETH. 1 staff to provide CUES assistance for oral care. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> <li><b>FOOT CARE:</b> PSW, Registered staff to complete toenail care every shower days.. Report long toe nails or other abnormalities as noted. Date Initiated: 04/23/2025 Created on: 04/23/2025 Created by: Catherine Park (Registered Practical Nurse) Revision on: 04/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</li> </ul>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/29/1943	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	DUBEAU, KATHLEEN (925171002265)	<b>Admission Date</b>	04/23/2025	<b>Location</b>	Lilac Lane 309LL 2
<b>Last Care Plan Review Completed:</b>		11/07/2025			

Care Plan Report


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Diagnosis

Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse(Z86.40), Electrocardiogram suggestive of ST segment elevation myocardial infarction [STEMI](R94.30), Low back pain (M54.5)

Allergies	No Known Allergies	D.O.B.	10/29/1943	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Atherosclerotic heart disease of native coronary artery(I25.10), Pure hypercholesterolaemia(E78.0), Personal history of alcohol abuse (Z86.40...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	DUBEAU, KATHLEEN (925171002265)	Admission Date	04/23/2025	Location	Lilac Lane 309LL 2
Last Care Plan Review Completed:		11/07/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Alteration in skin integrity related to abrasion to sacrum. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse)		• To promote intact skin integrity through healing of abrasion by Jan 21st, 2026. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of abrasion as skin issue. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Danielle Knott (ADOC)				
• Alteration in skin integrity related to abrasion to spine . Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse)		• To promote intact skin integrity through healing of abrasion by Jan 21st, 2026. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of abrasion as skin issue. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse)				
<b>Allergies</b>	Penicillin		<b>D.O.B.</b>	01/26/1929	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin(H81...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026	
<b>Resident</b>	GAJIC, RADUNKA (925171002306)		<b>Admission Date</b>	10/29/2025	<b>Location</b>	Lilac Lane 308LL 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to abrasion to spine .</li> </ul> <p>Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse)</p>			<p>Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li> </ul> <p>Date Initiated: 01/01/2026 Created on: 01/01/2026 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Danielle Knott (ADOC)</p>			
<ul style="list-style-type: none"> <li>• Potential for Persistent PAIN and alteration in comfort level related to Osteoarthritis.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>• To promote resident comfort and effectively manage PERSISTENT pain as episode occurs through to the next review.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Radunka/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• NON VERBAL CUES of PAIN for Radunka include - specify (facial grimacing, tight fists, refusing to eat, wanting to go to bed). Report these to Registered staff when observed.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		RN Registered Practical Nurse	
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthritis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Potential for Persistent PAIN and alteration in comfort level related to Osteoarthritis.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>• PREFERENCES: (Resident name) has identified preference for pain management (Specify: i.e. PRN pain meds only, no pharmaceutical interventions, etc.).</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC)</p>	All	
<ul style="list-style-type: none"> <li>• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>• Radunka will cope with progressive cognitive decline and be supported to maintain safety each day through the review date.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Radunka/SDM in decision making of Cognitive Loss for Dementia.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• HEALTH TEACHING: Engage with Radunka/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• ENVIRONMENT: Provide environmental clue to promote Radunka's ability to locate room and navigating home area (name plate, photo, memory box) outside of room.</li> </ul> <p>Date Initiated: 12/09/2025 Created on: 12/09/2025 Created by: Danielle Knott (ADOC) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	Social Worker	

<b>Allergies</b>	Penicillin	<b>D.O.B.</b>	01/26/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthritis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	GAJIC, RADUNKA (925171002306)	<b>Admission Date</b>	10/29/2025	<b>Location</b>	Lilac Lane 308LL 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"><li>Temporary-Activities related to Move In</li></ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"><li>Radunka will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/11/2025 Revision by: Elsa Ganem (Recreation Aide) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"><li>INVITATION: Invite and Encourage resident to attend scheduled programs. Also extend invite to Spiritual focused programs.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/11/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>CALENDAR: Provide Radunka program calendar (verbally review if needed).</li></ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/11/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>SOCIAL Introduction: Introduce her to other residents of similar age, interest, language (Serbian), etc. as she can tolerate.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/11/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>MUSIC CARE APPROACH: Present Radunka with Community music (Serbian music), Musicking, Music Programming, Music Technology.</li></ul> <p>Date Initiated: 11/11/2025 Created on: 11/11/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/11/2025 Revision by: Elsa Ganem (Recreation Aide)</p>			
<ul style="list-style-type: none"><li>Potential for Expressive Behaviour of WANDERING, RESISTANCE to care need, SOCIALLY INAPPROPRIATE behavior related to Symptom Progression of Dementia/Alzheimer</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 11/25/2025</p>	<ul style="list-style-type: none"><li>To promote safety for RADhA during each episode of WANDERING, RESISTANCE to care need, SEXUALLY INAPPROPRIATE behavior through to the next review date.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN)</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Radhe/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>RESISTANCE to Care Need: If Radha is declining to bathe, change clothes, take</li></ul>	BSO - Internal Social Worker		
Allergies	Penicillin	D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)	Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision by: Danielle Knott (ADOC)		Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/29/2026	medications, eat, etc. re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) • SOCIALLY Inappropriate Behaviour: If Radunka is publicly disrobing, or exposing herself to another resident, gently redirect her. Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/26/2025 Revision by: Danielle Knott (ADOC) • SOCIALLY Inappropriate Behaviour: If disrobing/ exposing self in public, gently tell Radunka that this is not the place for that and redirect/assist her as needed. Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/26/2025 Revision by: Danielle Knott (ADOC) • WANDERING: Permit RADHA to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) • DE-ESCALATION: Radha calms with going for walk indoors/outdoors, distraction, PCA re-direction, watching tv (Serbian TV shows/game shows), music, conversation, Knitting, being near plants. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)					
Allergies	Penicillin		D.O.B.	01/26/1929		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025		Location	Lilac Lane 308LL 1	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Potential for Expressive Behaviour of WANDERING, RESISTANCE to care need, SOCIALLY INAPPROPRIATE behavior related to Symptom Progression of Dementia/Alzheimer</div> <div>Date Initiated: 10/29/2025</div> <div>Created on: 10/29/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 11/25/2025</div> <div>Revision by: Danielle Knott (ADOC)</div>			<div>• DIVERSION ACTIVITY: Radunka responds well to watching TV, listening to serbian music, walking with walker and one person assistance, taking with co-resident/staff as method to calm or redirect energy.</div> <div>Date Initiated: 11/10/2025</div> <div>Created on: 11/10/2025</div> <div>Created by: Parwinder Kaur (Registered Practical Nurse)</div> <div>Revision on: 11/10/2025</div> <div>Revision by: Parwinder Kaur (Registered Practical Nurse)</div> <div>• MEDICATION: Administer medication for therapeutic treatment of (Expressed Behaviour of resistance to care and aggression) as per MD Order. Monitor effectiveness and for side effects.</div> <div>Date Initiated: 12/04/2025</div> <div>Created on: 12/04/2025</div> <div>Created by: Sahar Khaliq (Registered Practical Nurse)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div>			CNO Applicant/RPN BSO - Internal			
						Registered Practical Nurse RN			
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Dementia.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Jaspreet Samra (RAI Coord Back-up)</div>		<div>• To promote adequate rest/sleep for Radunka based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Revision on: 10/31/2025</div> <div>Revision by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Target Date: 01/29/2026</div>	<div>• REST PATTERN: Preferred bedtime between 2000hr and 2100hrs, usual wake time between 0630hrs and 0700hrs and daytime naps (no time specific).</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Revision on: 11/02/2025</div> <div>Revision by: Donna Duah (RN)</div> <div>• SLEEPWEAR: Rada prefers to wear (long night gown, pajamas bottoms).</div> <div>Date Initiated: 10/31/2025</div> <div>Created on: 10/31/2025</div> <div>Created by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Revision on: 11/02/2025</div> <div>Revision by: Donna Duah (RN)</div> <div>• MONITOR: Monitor Radunka sleeping patterns. Document when awake or asleep.</div> <div>Date Initiated: 10/31/2025</div>			PCA Registered Practical Nurse RN	PCA Registered Practical Nurse	PCA	Q1H
Allergies	Penicillin		D.O.B.	01/26/1929		Physician	Harpal Singh		
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	GAJIC, RADUNKA (925171002306)			Admission Date	10/29/2025	Location	Lilac Lane 308LL 1		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved			
<p>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Dementia.</p> <p>Date Initiated: 10/31/2025</p> <p>Created on: 10/31/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			<p>Created on: 10/31/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>							
<p>• Potential for BOWEL INCONTINENCE related to Dementia.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<p>• Radunka will have bowel incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Target Date: 01/29/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Radunka/SDM for decision making about bowel function, toileting options, incontinence.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 10/30/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• BOWEL Continence level is Frequently incontinent. Report change to level as noted.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 11/13/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• INCONTINENCE PRODUCT: Resident uses Blue brief at all times.</p> <p>Date Initiated: 10/30/2025</p> <p>Created on: 10/30/2025</p>					Registered Staff	PCA	PCA
Allergies	Penicillin			D.O.B.	01/26/1929		Physician	Harpal Singh		
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre						Print Date	1/4/2026		
Resident	GAJIC, RADUNKA (925171002306)			Admission Date	10/29/2025		Location	Lilac Lane 308LL 1		

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential for BOWEL INCONTINENCE related to Dementia. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/30/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/13/2025 Revision by: Maria Kabli (Registered Practical Nurse)			
• Radunka is at risk for Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, related to Dementia Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC)		• Radunka will be supported to maintain current communication abilities each day through to the review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) Target Date: 01/29/2026  • Radunka will be supported to make basic needs known each day through to the review date. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Radunka/SDM for decision making about strategies needed to support effective communication. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) • HEALTH TEACHING: Engage with Radunka/SDM to enhance their knowledge of communication devices, hearing aids, change in health status, etc. which may affecting communication ability. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) • PRIMARY LANGUAGE: Radunka's primary language is Serbian and speaks very little English. However, Radunka's cognition even when speaking Serbian is described as severely impaired. Date Initiated: 10/30/2025 Created on: 10/30/2025			
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Radunka is at risk for Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, related to Dementia Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC)</div>		<div>Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) • COMMUNICATION DEVICE: Radunka may benefit from the use of communication cards written in serbian to enhance communication. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC)</div>				
<div>• Radunka is at Risk for Impaired SKIN INTEGRITY related to Medical Condition; related to Diabetes, Dementia Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC)</div>	<div>• To protect and maintain Radunka's skin integrity each day through to the next review. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) Target Date: 01/29/2026</div>	<div>• SKIN OBSERVATION: Observe Radunka's skin condition with AM and PM care. Report any new or different observance than her usual skin condition to Registered team members as noted. Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC) • HEALTH EDUCATION: Engage Radunka/SDM in health education regarding prevention of skin impairment and management Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 10/30/2025 Revision by: Danielle Knott (ADOC)</div>	PCA			
<div>• Potential for hypo/hyperglycemia and other complications related to diagnosis of TYPE 2 DIABETES Date Initiated: 10/29/2025 Created on: 10/29/2025</div>	<div>• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date.</div>	<div>• COMMUNICATION: Involve/ collaborate with Radha/SDM in decision making of diabetes care management. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN)</div>				
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Donna Duah (RN) Revision on: 10/30/2025 Revision by: Donna Duah (RN)		Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Target Date: 01/29/2026	Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) • CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) • LAB WORK: Monitor lab and diagnostic results for fasting blood glucose and/or HbA1c and report results to MD as needed. Follow up as indicated. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)		Registered Staff	
• Increased risk for FALLS related to osteoarthritis, Limitation of cognitive function/alterd judgement- dementia, Medical condition -Vertigo of central origin Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Radha/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) • CALL BELL: Place call bell within resident's reach RIGHT side if needed, check that it is in working order and remind/encourage to use it. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) • ADAPTIVE EQUIPMENT: Radunka needs adaptive equipment- high/low bed, walker, placed near the bed. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 11/30/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • ENVIRONMENT: Secure environment reduce clutter, night light, bathroom signage,		PCA	D/E/N
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthritis(M15.0), Vertigo of central origin (H81)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to osteoarthritis, Limitation of cognitive function/altered judgement- dementia, Medical condition -Vertigo of central origin</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			to reduce fall risk for Radha. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)					
			• BED: Place bed in Knee Height, use high/low bed,to lower risk for injury. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/03/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)					
			• ACTIVITY: Engage Radha in meaningful activity to decrease boredom and or restlessness. Resident likes to do knitting, planting etc Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)					
			• TOILETING: Follow individual toileting plan refer to Continence Plan of Care to minimize unsafe self attempts to use toilet. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)					
			• FOOTWEAR: Ensure resident wears appropriate footwear non skid socks for ambulation. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 11/30/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)					
			• HIP PROTECTORS: Encourage Radunka to wear hip protectors (specify when worn; during day, at all times, etc.) to safeguard against injury. Radunka may refuse at times. Report to Registered team members if not wearing.					
Allergies	Penicillin		D.O.B.	01/26/1929		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthritis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025		Location	Lilac Lane 308LL 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to osteoarthritis, Limitation of cognitive function/altered judgement- dementia, Medical condition -Vertigo of central origin</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<p>Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 11/30/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>ALARM: Requires personal alarm at night time only or when resident is in bed.</li></ul> <p>Check placement and working order. team members to respond when alarm is heard.</p> <p>Date Initiated: 10/30/2025 Created on: 10/30/2025 Created by: Danielle Knott (ADOC) Revision on: 12/03/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		PCA Registered Practical Nurse RN	D/E/N
<ul style="list-style-type: none"><li>URINARY (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) INCONTINENCE related to Dementia Diagnosis</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"><li>Radha will have urinary incontinence managed every shift through to the next review period.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Radha/SDM) for decision making about incontinence management.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"><li>MONITORING: Utilize holistic perspective of continuous monitoring of RADha for toileting needs, changes to health status and alteration of continence level.</li></ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthritis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none"> <li>• URINARY Continence level is FREQUENTLY Incontinent, Report change to level as noted. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</li> <li>• SCHEDULED TOILETING: Toilet Radunka every 2 hours.. Date Initiated: 11/03/2025 Created on: 11/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/31/2025 Revision by: Mario Diamante (Registered Practical Nurse)</li> <li>• INCONTINENCE PRODUCT: Radunka uses Blue brief at all times. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 11/21/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</li> </ul>			PCA	
<ul style="list-style-type: none"> <li>• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: VERTIGO. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>• To treat and minimize signs/symptoms or complications associated with Vertigo of central origin through to the next review date. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 01/29/2026</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/ collaborate with Radha/SDM in decision making of neurological care management for Vertigo of central origin Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</li> <li>• HEALTH EDUCATION: Engage with Radha/SDM to enhance her comprehension of possible complications, disease trajectory, associated with Vertigo of central origin Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</li> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Radha with Vertigo of central origin for changes to health status and alteration or complications affecting neurological function.</li> </ul>			PCA Registered Practical Nurse	Registered Practical Nurse  PCA
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in NEUROLOGICAL FUNCTION related to: VERTIGO.</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Radha Medical Treatment and End of Life Care</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>To support and honor (resident's name) expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"> <li>CPR: Radha wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Donna Duah (RN) Revision on: 10/29/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			
<ul style="list-style-type: none"> <li>Nutrition Risk Level</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<ul style="list-style-type: none"> <li>Rada will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/30/2025 Revision by: Donna Duah (RN) Target Date: 01/29/2026</p> <ul style="list-style-type: none"> <li>Will weigh within Realistic</li> </ul>	<ul style="list-style-type: none"> <li>NUTRITION RISK: Radunka is MODERATE risk level.</li> </ul> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/07/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> <li>DIET ORDER: Radunka will receive Regular diet, MINCED texture</li> </ul> <p>Offer extra sauces and gravies. Puree soup.</p> <p>Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/11/2025 Revision by: Julia Pilca (Dietitian (RD))</p>		Dietitian (RD)	PCA
Allergies	Penicillin		D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• Nutrition Risk Level</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		weight range of 40.5-54kg/BMI 18-24 through to next review date. h=150cm Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/07/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/29/2026	<b>• FLUID CONSISTENCY:</b> Radunka drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/29/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)			PCA	
			<b>• FLUID TARGET:</b> Encourage Radunka to drink at least 1082mL/d Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD))			PCA	
		<b>• Radunka will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1353mL @30 ml/kg, 45.1kg through to next review date.</b> Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/29/2026	<b>• FOOD PREFERENCES:</b> Radunka enjoys eating bread, mashed potatoes, eggs, likes ketchup with foods, yogurt and drinks coffee with cream. Dislikes milk to drink and not a big fan of fruit. Date Initiated: 11/07/2025 Created on: 11/07/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/07/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)			PCA	
		<b>• Will meet estimated nutritional requirements of 1353kcal @30 kcal/kg, 54g protein @ 1.2g/kg through to next review date.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/05/2025 Revision by: Alexandra Breau					
<b>Allergies</b>	Penicillin		<b>D.O.B.</b>	01/26/1929		<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	GAJIC, RADUNKA (925171002306)		<b>Admission Date</b>	10/29/2025		<b>Location</b>	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		(Dietitian (RD)) Target Date: 01/29/2026					
<ul style="list-style-type: none"> <li>• Ambulation.</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none"> <li>• To prevent the decline in walking distance of 5- 10 meters over the stay in the program.</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/29/2026	<ul style="list-style-type: none"> <li>• Gajic to ambulate Assist x2 10 meters using 2 2-wheeled walker 3/wk.</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
		<ul style="list-style-type: none"> <li>• To decrease Gajic # of falls to 0 over stay in the program.</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/29/2026					
		<ul style="list-style-type: none"> <li>• GAJIC,to improve walking distance from 10 m to 20 m</li> </ul>					
Allergies	Penicillin			D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)			Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<b>• Ambulation.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist)		using 2 2-wheeled walker in 3 months Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/29/2026				
<b>• Active ROM.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<b>• To prevent further deterioration of joint flexibility and strength from grade 3/5 in 6-8 months. (Manual Muscle Test)</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/29/2026	<b>• Provide AROM abduction/adduction/extension/ flexion/supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using ROM, theraband/ball/weights/pulleys/bike/ standing and walking with walker 3/wk.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/29/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
<b>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator)		<b>• RADhA will be supported to cope with changing functional abilities of (SPECIFY cause) and have ADL care needs met each day through to the next review date.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/29/2025 Revision by: Harsimran Kaur	<b>• BATHING: Rada prefers shower on Monday morning and Thursday evening and as needed. She requires 1 person EXTENSIVE to MAXIMAL assistance for bathing.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) <b>• BED MOBILITY: Rada requires SUPERVISION to LIMITED assistance with bed mobility.</b> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator)		PCA PCA	
<b>Allergies</b>	Penicillin		<b>D.O.B.</b>	01/26/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	GAJIC, RADUNKA (925171002306)		<b>Admission Date</b>	10/29/2025	<b>Location</b>	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		(Registered Nurse) Target Date: 01/29/2026	<div>Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Rada requires 1 person LIMITED to EXTENSIVE assistance for dressing. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: Rada requires SUPERVISION SET UP assistance for eating. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Rada requires 2 person MAXIMAL assisted on each side to walk with her, due to her unsteady gait. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/30/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • PERSONAL HYGIENE: Rada requires 1 person EXTENSIVE to MAXIMAL assistance for personal hygiene. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: Rada requires SUPERVISION with hand hygiene. Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/29/2025 Revision by: Richele Rosales (RAI Coordinator) • TOILET USE: Rad requires 1 person EXTENSIVE assistance with toileting.</div>				PCA	
Allergies	Penicillin		D.O.B.	01/26/1929		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GAJIC, RADUNKA (925171002306)		Admission Date	10/29/2025		Location	Lilac Lane 308LL 1	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> Date Initiated: 10/29/2025 Created on: 10/29/2025 Created by: Richele Rosales (RAI Coordinator)		<p>Date Initiated: 10/29/2025            Created on: 10/29/2025            Created by: Richele Rosales (RAI Coordinator)            Revision on: 10/29/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• TRANSFERRING: Rada requires 1 person EXTENSIVE assistance with transfer.</li> </ul> <p>Date Initiated: 10/29/2025            Created on: 10/29/2025            Created by: Richele Rosales (RAI Coordinator)            Revision on: 10/29/2025            Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• ORAL CARE: Radunka has DENTURES and requires 1 staff to provide EXTENSIVE assistance for oral care.</li> </ul> <p>Date Initiated: 10/30/2025            Created on: 10/30/2025            Created by: Danielle Knott (ADOC)            Revision on: 11/07/2025            Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>• FOOT CARE: Foot Care Nurse)to complete toenail care every (specify when).</li> </ul> <p>Report long toe nails or other abnormalities as noted.            Date Initiated: 10/29/2025            Created on: 10/29/2025            Created by: Richele Rosales (RAI Coordinator)            Revision on: 10/29/2025            Revision by: Richele Rosales (RAI Coordinator)</p>	PCA	

<b>Allergies</b>	Penicillin	<b>D.O.B.</b>	01/26/1929	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	GAJIC, RADUNKA (925171002306)	<b>Admission Date</b>	10/29/2025	<b>Location</b>	Lilac Lane 308LL 1

Care Plan Report


Diagnosis

Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin(H81.4), Hyperlipidaemia, unspecified(E78.5)

Allergies	Penicillin	D.O.B.	01/26/1929	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Primary generalized (osteo)arthrosis(M15.0), Vertigo of central origin (H81...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GAJIC, RADUNKA (925171002306)	Admission Date	10/29/2025	Location	Lilac Lane 308LL 1

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Christina is experiencing episode of INFECTION (right great toenail). Onset date January 3, 2026. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/03/2026 Revision by: Mario Diamante (Registered Practical Nurse)</p>		<p>• To have infection adequately managed and treated without further complications by January 24, 2026. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/03/2026 Revision by: Mario Diamante (Registered Practical Nurse) Target Date: 12/31/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Christina/SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 01/03/2026 Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Christina for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections until stable. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATIONS: Administer medication for infection, pain, symptoms as per MD/NP order. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<p>• Use of PASD (Left and Right Quarter bed rails) to assist Christina with bed mobility and transfer Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Maryam Shahzadi (Registered Practical Nurse)</p>		<p>• Christina will be effectively supported with use of left and right quarter bed rails to optimize bed mobility and transferring each day through to the next review date. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Maryam Shahzadi (Registered Practical Nurse) Target Date: 02/26/2026</p>	<p>• HEALTH EDUCATION: Engage with Christina/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bilateral 1/4 bed rails Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Maryam Shahzadi (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Christina for continued benefit to use bilateral 1/4 bedrails as to support bed mobility and transferring. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Maryam Shahzadi (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Maryam Shahzadi (Registered Practical Nurse)</p>			
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified (E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Use of PASD (Left and Right Quarter bed rails) to assist Christina with bed mobility and transfer</div> <div>Date Initiated: 01/02/2026</div> <div>Created on: 01/02/2026</div> <div>Created by: Maryam Shahzadi (Registered Practical Nurse)</div> <div>Revision on: 01/02/2026</div> <div>Revision by: Maryam Shahzadi (Registered Practical Nurse)</div>		<div>• BED RAIL (two PARTIAL): LEFT and RIGHT 1/4 Rails in USE as a PASD to assist Christina with bed mobility, transfer in/out of bed.</div> <div>Date Initiated: 01/02/2026</div> <div>Created on: 01/02/2026</div> <div>Created by: Maryam Shahzadi (Registered Practical Nurse)</div> <div>Revision on: 01/02/2026</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	PCA	D/E/N		
<div>• Tina requires SAFETY CHECKS for falls prevention for duration of every 30 minutes related to risk of falls.</div> <div>Date Initiated: 12/19/2025</div> <div>Created on: 12/19/2025</div> <div>Created by: Danielle Knott (ADOC)</div> <div>Revision on: 12/19/2025</div> <div>Revision by: Danielle Knott (ADOC)</div>	<div>• Safety Check initiated on December 19 as measure to monitor resident each day. To be reviewed Quarterly.</div> <div>Date Initiated: 12/19/2025</div> <div>Created on: 12/19/2025</div> <div>Created by: Danielle Knott (ADOC)</div> <div>Revision on: 12/19/2025</div> <div>Revision by: Danielle Knott (ADOC)</div> <div>Target Date: 02/26/2026</div>	<div>• Check Tina's location every 30 minutes.</div> <div>Date Initiated: 12/19/2025</div> <div>Created on: 12/19/2025</div> <div>Created by: Danielle Knott (ADOC)</div> <div>Revision on: 12/19/2025</div> <div>Revision by: Danielle Knott (ADOC)</div>	PCA	Q1/2hr		
<div>• Alteration in skin integrity related to BRUISE to left medial foot, left inner forearm, left elbow and left front axilla bluish purple in color, new bruises on right and left popliteal fossa.</div> <div>Date Initiated: 11/27/2025</div> <div>Created on: 11/27/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 12/17/2025</div>	<div>• To promote intact skin integrity through healing of BRUISE by December 31, 2025.</div> <div>Date Initiated: 11/27/2025</div> <div>Created on: 11/27/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 11/27/2025</div> <div>Revision by: Mario Diamante (Registered Practical Nurse)</div> <div>Target Date: 12/17/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Tina/SDM in decision making for treatment of bruise as skin issue.</div> <div>Date Initiated: 11/27/2025</div> <div>Created on: 11/27/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 11/27/2025</div> <div>Revision by: Mario Diamante (Registered Practical Nurse)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with BRUISE to left medial foot, left inner forearm, left elbow and left front axilla for changes to health status and alteration or complications affecting skin integrity.</div>				
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Ripika Ripika (RN)		<p>Date Initiated: 11/27/2025            Created on: 11/27/2025            Created by: Maria Kabli (Registered Practical Nurse)            Revision on: 11/27/2025            Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed</p> <p>Date Initiated: 11/27/2025            Created on: 11/27/2025            Created by: Maria Kabli (Registered Practical Nurse)            Revision on: 11/27/2025            Revision by: Maria Kabli (Registered Practical Nurse)</p>		
<p>• Alteration in skin integrity related to Skin tear to right elbow.</p> <p>Date Initiated: 12/15/2025            Created on: 12/15/2025            Created by: Mario Diamante (Registered Practical Nurse)            Revision on: 12/15/2025            Revision by: Mario Diamante (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of skin tear by January 30, 2025.</p> <p>Date Initiated: 12/15/2025            Created on: 12/15/2025            Created by: Mario Diamante (Registered Practical Nurse)            Revision on: 12/15/2025            Revision by: Mario Diamante (Registered Practical Nurse)            Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Christina/SDM in decision making for treatment of skin tear as skin issue.</p> <p>Date Initiated: 12/15/2025            Created on: 12/15/2025            Created by: Mario Diamante (Registered Practical Nurse)            Revision on: 12/15/2025            Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with skin tear for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/15/2025            Created on: 12/15/2025            Created by: Mario Diamante (Registered Practical Nurse)            Revision on: 12/15/2025            Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 12/15/2025            Created on: 12/15/2025            Created by: Mario Diamante (Registered Practical Nurse)            Revision on: 12/15/2025            Revision by: Mario Diamante (Registered Practical Nurse)</p>		

<b>Allergies</b>	Codeine, Tetracycline	<b>D.O.B.</b>	06/17/1952	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	GONSALVES, CHRISTINA (925171002319)	<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• Alteration in skin integrity related to skin tear on the left outer wrist.</p> <p>Date Initiated: 12/07/2025</p> <p>Created on: 12/07/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/07/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p>		<p>• To promote intact skin integrity through healing of skin tear by January 14, 2026.</p> <p>Date Initiated: 12/07/2025</p> <p>Created on: 12/07/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/07/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Christina/SDM in decision making for treatment of skin tear as skin issue.</p> <p>Date Initiated: 12/07/2025</p> <p>Created on: 12/07/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/07/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with skin tear to left outer wrist for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/07/2025</p> <p>Created on: 12/07/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/07/2025</p> <p>Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• WEEKLY ASSESSMENT- Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 12/07/2025</p> <p>Created on: 12/07/2025</p> <p>Created by: Mario Diamante (Registered Practical Nurse)</p> <p>Revision on: 12/07/2025</p> <p>Revision by: Rajdeep Kaur (Registered Nurse)</p>				
<p>• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to left elbow.</p> <p>Date Initiated: 12/03/2025</p> <p>Created on: 12/03/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p>		<p>• To promote optimal healing of SKIN TEAR within December 24, 2025.</p> <p>Date Initiated: 12/03/2025</p> <p>Created on: 12/03/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>Target Date: 12/24/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to left elbow for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/03/2025</p> <p>Created on: 12/03/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• TREATMENT PLAN: Administer treatment for SKIN TEAR to left elbow as per MD Order.</p> <p>Date Initiated: 12/03/2025</p> <p>Created on: 12/03/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p>				
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952		Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025		Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision on: 12/03/2025 Revision by: Maria Kabli (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/03/2025 Revision by: Maria Kabli (Registered Practical Nurse)				
• Potential for Expressive Behaviour of WANDERING, PHYSICAL, RESISTANCE to care need nature related to Change in Routine, Symptom Progression of Dementia, Sundowning Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)		• Christina will be supported to adjust to her new environment to lower risk of triggering WANDERING, PHYSICAL, RESISTANCE TO CARE behaviour episodes through to the next review. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026	• COMMUNICATION: Involve/collaborate with Christina/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/28/2025 Revision by: Richele Rosales (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Christina for indications to change in or for escalating expressive behaviour risk. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/28/2025 Revision by: Richele Rosales (RAI Coordinator) • TRIGGERS leading to PHYSICAL (throwing stuff towards staff) as expression of behaviour include anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning. Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) • PHYSICAL Behaviour: If Christina is attempting to throw stuff towards staff, move back from her reach. Re-approach and redirect using GPA. Seek Registered Staff assistance.			BSO - Internal Social Worker	
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952		Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025		Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of WANDERING, PHYSICAL, RESISTANCE to care need nature related to Change in Routine, Symptom Progression of Dementia, Sundowning</p> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• TRIGGERS leading to VERBAL (yelling) as expression of behaviour include loss of control, frustration, limitation in self expression, misunderstanding care intention.</p> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• VERBAL Behaviour: If Christina is heard yelling, calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern. Report episode to Registered Staff.</p> <p>Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs of (refusing to change clothing, refusal to eat, refusing medication, refusing to use walker) as expression of behaviour include (confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process)</p> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Christina is declining to change clothes, take medications, eat, use her walker) re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/22/2025</p>				
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952		Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025		Location	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for Expressive Behaviour of WANDERING, PHYSICAL, RESISTANCE to care need nature related to Change in Routine, Symptom Progression of Dementia, Sundowning Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Revision by: Richele Rosales (RAI Coordinator)  • WANDERING: Permit Tina to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Team members to offer Tina reassurance as needed. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/02/2025 Revision by: Danielle Knott (ADOC)  • DIVERSION ACTIVITY: Christina responds well to watching TV, listening to music, programs, taking walk, manicure (no nail polish) as method to calm or redirect energy. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/28/2025 Revision by: Richele Rosales (RAI Coordinator)  • APPROACH: Use Gentle Persuasive Approach: 2 STAFF TO BE PRESENT FOR ALL CARE INTERACTIONS. Calmly approach resident at bedtime and ask her if she would like to go to bed. Allow her to decide whether or not she would like to go to bed.  Redirection and active listening GPA techniques work best with Christina Date Initiated: 12/03/2025 Created on: 12/03/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/23/2025 Revision by: Navpreet Kaur (DOC)</div>				
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Alzheimer Disease. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Mario Diamante (Registered</div>	<div>• To promote adequate rest/sleep for Christina based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI</div>	<div>• REST PATTERN: Preferred bedtime 2000H, usual wake time 0730H - 0800H. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Maria Kabli (Registered Practical Nurse)  • SLEEPWEAR: Christina prefers to wear (specify; ie.; long/short night gown, pajamas bottoms, etc.).</div>	<div>PCA</div> <div>PCA</div>			
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Nutrition Risk Level</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>		<div>• Christina will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 58 kg through to next review date.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 02/26/2026</div>	<div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 12/05/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• FLUID TARGET: Encourage Tina to drink a minimum of 1160 ml per day.</div> <div>Date Initiated: 12/04/2025</div> <div>Created on: 12/04/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 12/05/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• Food Preferences: Christina enjoys eating chicken, rice, tomatoes, pasta and ice cream. Likes Coffee with milk.</div> <div>Low sodium interventions:</div> <div>- avoid high sodium foods such as deli meats</div> <div>- no added salt at the table</div> <div>Date Initiated: 12/08/2025</div> <div>Created on: 12/08/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 12/08/2025</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>			PCA	
<div>• Ambulation.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• Tina to improve gait cycle and walking distance from 8-10 m to 20 m using 1 XA + rollator walker in 6-8 months</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/26/2026</div> <div>• To decrease Tina's # of falls to 0 over the stay in pthe rogram.</div> <div>Date Initiated: 12/01/2025</div>	<div>• Tina to ambulate with supervised + Assist x1 for 8-10m using her own walker (rollator) 3/wk.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• Tina to perform balance exercises in standing with 1 XA ( kitchen sink EXs or if notable, focus use therapeutic Ball EXs 3/wk.</div> <div>Date Initiated: 12/01/2025</div> <div>Created on: 12/01/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/01/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	Codeine, Tetracycline			D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)			Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Ambulation.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>Created on: 12/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/01/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/26/2026</p> <ul style="list-style-type: none"> <li>• To prevent a decline in gait cycle and distance of walking of 10 meters over a stay in the program.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/01/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/26/2026</p>				
<ul style="list-style-type: none"> <li>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>• Christina will be supported to make basic needs known each day through to the review date.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Christina/SDM for decision making about strategies needed to support effective communication.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• HEALTH TEACHING: Engage with Christina/SDM to enhance their knowledge of change in health status affecting communication ability.</li> </ul> <p>Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no</li> </ul>			
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)			questions, uses simple words/phrases. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Potential for BOWEL INCONTINENCE related to Dementia. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)		• Christina will have bowel incontinence managed every shift through to the next review period. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/28/2025 Revision by: Mario Diamante (Registered Practical Nurse) Target Date: 02/26/2026	• COMMUNICATION: Involve/collaborate with Christina/SDM for decision making about bowel function, toileting options, incontinence. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) • BOWEL Continence level is OCCASIONALLY Incontinent. Report change to level as noted. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 11/27/2025			Registered Staff	PCA
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to Dementia. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			<p>Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Christina uses protective underwear - S during all shifts. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			
<p>• SPIRITUAL BELIEFS: Tina is of the United Church Faith. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide)</p>		<p>• To provide Tina spiritual support as interested through to the next review date. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide) Target Date: 02/26/2026</p>	<p>• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing, in person and virtual Church Service. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide)</p>			
<p>• Temporary- Tina will be introduced to activities related to Move In. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide)</p>		<p>• Tina will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem</p>	<p>• INVITATION: Invite and Encourage Tina to attend scheduled programs. Also extend invite to Spiritual focused programs. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide) • CALENDAR: Provide her the program calendar (verbally review if needed). Date Initiated: 11/28/2025</p>			
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide) Target Date: 02/26/2026	Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide) • SOCIAL Introduction: Introduce her to other residents of similar age, interest, etc. as she can tolerate. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide) • MUSIC CARE APPROACH: Present Tina with Musicking, Music Programming, Music Technology, Environmental Sound, Music Therapy. Date Initiated: 11/28/2025 Created on: 11/28/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/28/2025 Revision by: Elsa Ganem (Recreation Aide)				
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Mario Diamante (Registered Practical Nurse)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Mario Diamante (Registered Practical Nurse) Target Date: 02/26/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Mario Diamante (Registered Practical Nurse) • HEALTH EDUCATION: Engage Christina/SDM in health education regarding prevention of skin impairment. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 11/27/2025 Revision by: Mario Diamante (Registered Practical Nurse)	PCA			
• Potential to experience alteration in RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD). Date Initiated: 11/27/2025	• To treat and minimize signs/symptoms or complications associated with COPD each day through to next review date.	• COMMUNICATION: Involve/collaborate with Christina/SDM in decision making of Respiratory Management for COPD. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator)				
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)		Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026	Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage with Christina/SDM to enhance her comprehension of (treatment, possible complications) associated with COPD. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with COPD for changes to health status and alteration or complications affecting respiratory function. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication inhalers for COPD as per MD order and monitor for side effects. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)			
• Potential for muscular dysfunction, contractures and bone deformity related to ARTHRITIS Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with Arthritis through to the next review date. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)	• COMMUNICATION: Involve/ collaborate with Christina/SDM in decision making of musculoskeletal care management. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage with Christina/SDM to enhance her comprehension of (treatment, possible complications, disease trajectory) associated with ARTHRITIS. Date Initiated: 11/27/2025 Created on: 11/27/2025			
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 02/26/2026	<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for management of ARTHRITIS as per MD order. Monitor effectiveness and for side effects. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Christina for management of ARTHRITIS for discomfort/ complications or changes to health status. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
<p>• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Christina/SDM in decision making for GERD Management. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Christina/SDM to enhance her comprehension of (treatment, possible complications, disease trajectory) associated with GERD. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Christina for management of GERD for discomfort/ complications or changes to health status. Date Initiated: 11/27/2025 Created on: 11/27/2025</p>			RN Registered Practical Nurse	
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952		Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025		Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD)</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Chronic Heart Failure (CHF), Hyperlipidaemia</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• To treat and minimize signs/symptoms or complications associated with Chronic Heart Failure (CHF), Hyperlipidaemia through to the next review date.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026</p>	<ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Christina/SDM to enhance her comprehension of (treatment, possible complications, disease trajectory) associated with Chronic Heart Failure (CHF), Hyperlipidaemia.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Christina/SDM in decision making of Cardiac Care Management for Chronic Heart Failure (CHF), Hyperlipidaemia.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Christina with Chronic Heart Failure (CHF), Hyperlipidaemia for changes to health status and alteration or complications affecting cardiac function.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025</p>			
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience alteration in CARDIAC FUNCTION related to; Chronic Heart Failure (CHF), Hyperlipidaemia</li></ul> Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)			<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MEDICATION: Administer medication for Chronic Heart Failure (CHF), Hyperlipidaemia as per MD Order and monitor for side effects.</li></ul> Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)		Registered Practical Nurse RN	
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li></ul> Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"><li>• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date.</li></ul> Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Christina/SDM in decision making of thyroid care management.</li></ul> Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)		RN Registered Practical Nurse	
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator)</p>			<p>Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order.</li></ul> <p>Monitor effectiveness and for side effects. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<ul style="list-style-type: none"><li>• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• Christina will cope with progressive cognitive decline and be supported to maintain safety each day through the review date.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Christina/SDM in decision making of Cognitive Loss for Dementia.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Christina/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• ORIENTATION: Gently reorient to person, place, time as needed when Christina is feeling lost or in confused state.</li></ul> <p>Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• PERSONAL ROUTINE: Provide consistency in care routine and activities.</li></ul> <p>Date Initiated: 11/27/2025</p>		Social Worker	
Allergies	Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• <b>COGNITIVE LOSS</b>; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>			Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>• <b>ENVIRONMENT</b>: Provide environmental clue to promote Christina's ability to locate room and navigating home area (name plate, photo) outside of room. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>			
<ul style="list-style-type: none"> <li>• Increased risk for FALLS related to altered Physical function, unsteady gait, Limitation of cognitive function/altered judgement due to Dementia. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</li> </ul>		<ul style="list-style-type: none"> <li>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026</li> </ul>	<ul style="list-style-type: none"> <li>• <b>COMMUNICATION</b>: Involve/collaborate with Christina/SDM in decision making in fall prevention Plan of Care. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• <b>CALL BELL</b>: Place call bell within resident's reach (LEFT side if needed), check that PCA it is in working order and remind/encourage to use it. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</li> <li>• <b>ENVIRONMENT</b>: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment) to reduce fall risk for Christina. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025</li> </ul>			D/E/N
<b>Allergies</b>	Codeine, Tetracycline		<b>D.O.B.</b>	06/17/1952	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	GONSALVES, CHRISTINA (925171002319)		<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Increased risk for FALLS related to altered Physical function, unsteady gait, Limitation of cognitive function/altered judgement due to Dementia. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• BED: place bed in lowest position, use high/low bed to lower risk for injury. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• ACTIVITY: Engage Christina in meaningful activity to decrease boredom and or restlessness. Chritina likes to: (SPECIFY: fold towels, answer the phone, play cards, etc.). Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• FOOTWEAR: Ensure Christina wears appropriate footwear (non skid socks and shoes for transfers, ambulation). Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• ALARM: Requires Bed/Chair alarm. Check placement and working order. Staff respond when alarm is heard. Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 12/16/2025 Revision by: Mario Diamante (Registered Practical Nurse)</div>	PCA  <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision by: Richele Rosales (RAI Coordinator)	Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026	<ul style="list-style-type: none"><li>• <b>MONITORING:</b> Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/29/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>• <b>NON VERBAL CUES</b> of PAIN for Christina include facial grimacing, tight fists, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/29/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>• <b>REST:</b> accommodate Christina's rest and relaxation preference (breaks between activities, lying in in bed). Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/29/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li><li>• <b>MEDICATION:</b> Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/29/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)</li></ul>	RN Registered Practical Nurse  PCA       Registered Practical Nurse RN		
• <b>URINARY</b> (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) <b>INCONTINENCE</b> related to Dementia Diagnosis Date Initiated: 11/27/2025	• Christina will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/27/2025	• <b>COMMUNICATION:</b> Involve/collaborate with Christina/SDM) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc). Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up)			
<b>Allergies</b>	Codeine, Tetracycline	<b>D.O.B.</b>	06/17/1952	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	GONSALVES, CHRISTINA (925171002319)	<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)	Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/28/2025 Revision by: Mario Diamante (Registered Practical Nurse) Target Date: 02/26/2026	Revision on: 11/28/2025 Revision by: Mario Diamante (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) • SCHEDULED TOILETING: Toilet Christina between before and after meals and and PRN. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Christina uses protective underwear - S during all shifts. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)	PCA  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)		Created by: Richele Rosales (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/26/2026	Revision by: Richele Rosales (RAI Coordinator)					
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse)		<ul style="list-style-type: none"><li>Tina will be supported to cope with changing functional abilities of cognitive impairment and have ADL care needs met each day through to the next review date.</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/26/2025 Revision by: Maria Kabli (Registered Practical Nurse) Target Date: 02/26/2026	<ul style="list-style-type: none"><li>BATHING: Tina prefers shower on Wednesday Days and Saturday Evenings. 1 staff assist EXTENSIVE for bathing. Nail care to be provided on shower/bath day.</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/01/2025 Revision by: Maria Kabli (Registered Practical Nurse)					PCA
			<ul style="list-style-type: none"><li>BED MOBILITY: Christina requires SUPERVISION to LIMITED assistance with bed mobility.</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/28/2025 Revision by: Mario Diamante (Registered Practical Nurse)					PCA
			<ul style="list-style-type: none"><li>DRESSING: Christina requires 1 person LIMITED to EXTENSIVE assistance for dressing.</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/01/2025 Revision by: Maria Kabli (Registered Practical Nurse)					PCA
			<ul style="list-style-type: none"><li>EATING: Christina requires SUPERVISION SET UP and minimal assistance for eating.</li></ul> Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/28/2025 Revision by: Mario Diamante (Registered Practical Nurse)					PCA
			<ul style="list-style-type: none"><li>LOCOMOTION: Christina is able to walk with walker, 1 staff to walk with her, due to</li></ul>					PCA
Allergies	Codeine, Tetracycline			D.O.B.	06/17/1952	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GONSALVES, CHRISTINA (925171002319)			Admission Date	11/26/2025	Location	Lilac Lane 302LL 4	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved			
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</div> <div>Date Initiated: 11/26/2025</div> <div>Created on: 11/26/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div>			her unsteady gait.							
			Date Initiated: 11/26/2025							
			Created on: 11/26/2025							
			Created by: Maria Kabli (Registered Practical Nurse)							
			Revision on: 12/01/2025							
			Revision by: Mario Diamante (Registered Practical Nurse)							
			• PERSONAL HYGIENE: Christina needs 1 staff extensive assistance for hygiene.							
			Date Initiated: 11/26/2025							
			Created on: 11/26/2025							
			Created by: Maria Kabli (Registered Practical Nurse)							
			Revision on: 12/01/2025							
			Revision by: Mario Diamante (Registered Practical Nurse)							
			• TOILET USE: Christina requires 1 person EXTENSIVE assistance with toileting.							
			Date Initiated: 11/26/2025							
			Created on: 11/26/2025							
			Created by: Maria Kabli (Registered Practical Nurse)							
			Revision on: 12/01/2025							
			Revision by: Mario Diamante (Registered Practical Nurse)							
			• TRANSFERRING: Christina requires 1 team member to SUPERVISE her transfers.							
			Date Initiated: 11/26/2025							
			Created on: 11/26/2025							
			Created by: Maria Kabli (Registered Practical Nurse)							
			Revision on: 12/02/2025							
			Revision by: Danielle Knott (ADOC)							
			• ORAL CARE: Christina requires 1 staff to provide EXTENSIVE assistance for oral care.							
			Date Initiated: 11/26/2025							
			Created on: 11/26/2025							
			Created by: Maria Kabli (Registered Practical Nurse)							
			Revision on: 12/01/2025							
			Revision by: Mario Diamante (Registered Practical Nurse)							
			• FOOT CARE: Foot Care Nurse to complete toenail care every visit as needed.							
			Report long toe nails or other abnormalities as noted.							
			Date Initiated: 11/26/2025							
			Created on: 11/26/2025							
			Created by: Maria Kabli (Registered Practical Nurse)							
			Revision on: 12/01/2025							
			Allergies		Codeine, Tetracycline		D.O.B.	06/17/1952	Physician	Harpal Singh
			Diagnosis		Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses					
			Facility		Wellington Park Care Centre				Print Date	1/4/2026
			Resident		GONSALVES, CHRISTINA (925171002319)		Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> <p>Date Initiated: 11/26/2025 Created on: 11/26/2025 Created by: Maria Kabli (Registered Practical Nurse)</p>		<p>Revision by: Mario Diamante (Registered Practical Nurse)</p> <ul style="list-style-type: none"> <li>RESIDENT PREFERENCE with ADL activities as follows: 2 STAFF TO BE PRESENT FOR ALL CARE INTERACTIONS</li> </ul> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Danielle Knott (ADOC) Revision on: 12/16/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>SPECIFIC RESIDENT Request: Christina prefers to be called "Tina"</li> </ul> <p>NO MALE PSW</p> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Danielle Knott (ADOC) Revision on: 12/19/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p>	PCA	

<b>Allergies</b>	Codeine, Tetracycline	<b>D.O.B.</b>	06/17/1952	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	GONSALVES, CHRISTINA (925171002319)	<b>Admission Date</b>	11/26/2025	<b>Location</b>	Lilac Lane 302LL 4


## Care Plan Report

### Diagnosis

Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholesterolaemia(E78.0), Congestive heart failure(I50.0), Chronic obstructive pulmonary disease, unspecified(J44.9), Wegener granulomatosis(M31.3), Urinary tract infection, site not specified(N39.0), Other specified disorders of arteries and arterioles (I77.8)

Allergies	Codeine, Tetracycline	D.O.B.	06/17/1952	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hypothyroidism, unspecified(E03.9), Pure hypercholester...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GONSALVES, CHRISTINA (925171002319)	Admission Date	11/26/2025	Location	Lilac Lane 302LL 4

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential to experience alteration in MOOD related to Alzheimer's Disease, Dementia and Diagnosis of Depression.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/20/2025  Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• Doris will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.  Date Initiated: 10/20/2025  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/20/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 01/20/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Doris/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/19/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • HEALTH EDUCATION: Provide education and support to Doris /SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/19/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Doris for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/19/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • DISTRACTION ACTIVITIES: Doris can be calmed doing activities of interest including (listening to music, Doll therapy)  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/19/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • FAMILY SUPPORT:Doris enjoys visits from family members and friends.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/19/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>RN Registered Practical Nurse</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh	
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026	
<b>Resident</b>	HART, DORIS (925171002209)		<b>Admission Date</b>	10/07/2024	<b>Location</b>	
<b>Last Care Plan Review Completed:</b>		10/20/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in MOOD related to Alzheimer's Disease, Dementia and Diagnosis of Depression.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/20/2025  Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• SLEEP/REST: Promote adequate sleep and rest to stability of Doris mood. Report changes in sleeping habits to Registered Staff as noted.  Date Initiated: 10/16/2024  Created on: 10/16/2024  Created by: Vesey Muthu-Vojtek (RAI Coordinator)  Revision on: 10/19/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Balance.  Date Initiated: 10/14/2025  Created on: 01/16/2025  Created by: Uzma Habib (PT - Physiotherapist)  Revision on: 10/14/2025  Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• Doris is to maintain and improve sitting static balance in 3 months.  Date Initiated: 10/14/2025  Created on: 01/16/2025  Created by: Uzma Habib (PT - Physiotherapist)  Revision on: 10/14/2025  Revision by: Uzma Habib (PT - Physiotherapist)  Target Date: 01/20/2026</p> <p>• Doris is to prevent further decline in sitting static/dynamic balance during the stay in LTC.  Date Initiated: 10/14/2025  Created on: 01/16/2025  Created by: Uzma Habib (PT -</p>	<p>• Doris is to perform balance exercises in sitting using 1XA + therapeutic ball EXs 3/wk.  Date Initiated: 10/14/2025  Created on: 01/16/2025  Created by: Uzma Habib (PT - Physiotherapist)  Revision on: 10/14/2025  Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• Doris is to perform balance exercises in standing using a wall bar + 1 XA as possible and cooperated 3/wk.  Date Initiated: 10/14/2025  Created on: 01/16/2025  Created by: Uzma Habib (PT - Physiotherapist)  Revision on: 10/27/2025  Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>PT - Physiotherapist PTA</p> <p>PT - Physiotherapist PTA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<b>• Balance.</b> Date Initiated: 10/14/2025 Created on: 01/16/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)	Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026				
<b>• Active ROM.</b> Date Initiated: 10/14/2025 Created on: 10/08/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)	<b>• To improve trunk extension</b> AROM from flex to extension in 6-8 months. Date Initiated: 10/14/2025 Created on: 10/08/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026  <b>• To prevent further deterioration</b> of bilateral upper and lower limb flexibility and strength from grade 3-/5 during stay in LTC. Date Initiated: 10/14/2025 Created on: 10/08/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026  <b>• To improve bilateral upper limb</b>	<b>• Provide AROM abduction/adduction/extension/flexion/</b> supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using ROM, strengthening with T-Band 3/wk. Date Initiated: 10/14/2025 Created on: 10/08/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>	10/20/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> <p>Date Initiated: 10/14/2025 Created on: 10/08/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>and lower limb strength from grade 3-/5 to grade 3+/5 in 3 months, (Manual Muscle Test)</p> <p>Date Initiated: 10/14/2025 Created on: 01/16/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/14/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/20/2026</p>				
<ul style="list-style-type: none"> <li>• Potential for Expressive Behaviour of RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer</li> </ul> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>• To promote safety for Doris and/or others during each episode of physical aggression and resistance to care through to the next review date.</li> </ul> <p>Date Initiated: 10/20/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Doris(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Doris for indications to change in or for escalating expressive behaviour risk.</li> </ul> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>• TRIGGERS leading to PHYSICAL (Hitting, Punching) as expression of behaviour include: confusion, invasion of personal space, Sundowning</li> </ul> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/12/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> <li>• PHYSICAL Behaviour: If Doris is attempting to strikeout; move back from her reach. Calmly indicate that care will continue when she is calm/ready. Use stop and go</li> </ul>		BSO - Internal Social Worker	
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for Expressive Behaviour of RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer</li></ul> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			approach as needed. Seek Registered Staff assistance.			
			<p>Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Danielle Knott (ADOC) Revision on: 05/12/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>• PHYSICAL Behaviour: Before providing care, staff to gather all her clothes and hygiene supplies. Explain to resident what the next steps are in the care process before doing it as resident has a potential to become agitated. 2 staff to be present during care.</li></ul> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/12/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>• TRIGGERS leading to RESISTANCE to Care Needs of ( refusing to change clothing) as expression of behaviour include (confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process, )</li></ul> <p>Date Initiated: 10/19/2024 Created on: 10/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/31/2024 Revision by: Donna Duah (RN)</p>			
<ul style="list-style-type: none"><li>• Potential for Acute PAIN and alteration in comfort level related to Osteoarthritis.</li></ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• To promote Doris comfort and effectively manage PERSISTENT pain each day through to the next review.</li></ul> <p>Date Initiated: 10/20/2025 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Doris and POA about pain management, goals of treatment, plan of care, prognosis and treatment options.</li></ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/10/2024 Revision by: Susan Little (RPN)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime; and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</li></ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025				

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Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• Potential for Acute PAIN and alteration in comfort level related to Osteoarthritis.</p> <p>Date Initiated: 10/07/2024</p> <p>Created on: 10/07/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/24/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Revision on: 10/25/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 10/07/2024</p> <p>Created on: 10/07/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/10/2024</p> <p>Revision by: Susan Little (RPN)</p>		Registered Practical Nurse RN		
<p>• Doris has STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 11/18/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>		<p>• Doris will be supported to maintain participation in activities 8-15 times per month by the next review date.</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 11/18/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>Target Date: 01/20/2026</p> <p>• Doris will maintain ISE score of 6 by the next review date.</p> <p>Date Initiated: 04/23/2025</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 04/23/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 01/20/2026</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; such as Bingo, musical bingo, noodle balloon, reading programs, Church services, special events, movies, outings, target toss, etc.</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 11/18/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching TV, listening to music, reading, conversing with peers, etc.</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 11/18/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p> <p>• ASSISTANCE: Provide assistance and encouragement to get her to scheduled activities - Doris is at risk of falls. (Currently wheelchair bound).</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 12/31/2024</p> <p>Revision by: Donna Duah (RN)</p> <p>• HELPFUL HINTS: Doris is a very friendly woman, She cares and seek for the</p>		Registered Practical Nurse RN		
Allergies	No Known Allergies			D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HART, DORIS (925171002209)			Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025					

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Focus		Goal	Interventions				Position	Freq/Resolved		
<p>• Doris has STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 11/18/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>			wellbeing of others. She enjoys looking at her family pictures and conversing about them. She likes reading out loud, and she appreciates when people are listening to her reading. She enjoys watching TV between programs. Also, she likes taking care of baby dolls and dog/cat toys.							
			Date Initiated: 11/18/2024							
			Created on: 11/18/2024							
			Created by: Elsa Ganem (Recreation Aide)							
			Revision on: 11/18/2024							
			Revision by: Elsa Ganem (Recreation Aide)							
			• ONE to ONE: Provide her with individual visits for reading, conversing, looking at her pictures, baby doll.							
			Date Initiated: 11/18/2024							
			Created on: 11/18/2024							
			Created by: Elsa Ganem (Recreation Aide)							
			Revision on: 11/18/2024							
			Revision by: Elsa Ganem (Recreation Aide)							
			• THERAPIES: Present Doris with art therapy, music therapy, aromatherapy, massage therapy to improve comfort, attachment, identity, inclusion, and fun.							
			Date Initiated: 11/18/2024							
			Created on: 11/18/2024							
			Created by: Elsa Ganem (Recreation Aide)							
			Revision on: 11/18/2024							
			Revision by: Elsa Ganem (Recreation Aide)							
			• FAMILY INVOLVEMENT: Doris family is involved in Doris life at WPCC. They visit often and take her out on outings.							
			Date Initiated: 11/18/2024							
			Created on: 11/18/2024							
			Created by: Elsa Ganem (Recreation Aide)							
			Revision on: 11/18/2024							
			Revision by: Elsa Ganem (Recreation Aide)							
			• MUSIC CARE APPROACH: Present Dortis with Musicking, Music Programming, Music Technology, and Environmental Sound.							
			Date Initiated: 11/18/2024							
			Created on: 11/18/2024							
			Created by: Elsa Ganem (Recreation Aide)							
			Revision on: 11/18/2024							
Allergies		No Known Allergies			D.O.B.	05/09/1932		Physician	Harpal Singh	
Diagnosis		Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses								
Facility		Wellington Park Care Centre						Print Date	1/4/2026	
Resident		HART, DORIS (925171002209)			Admission Date	10/07/2024		Location	Lilac Lane 303LL 2	
Last Care Plan Review Completed:		10/20/2025								

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<p>• Doris has STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 11/18/2024</p> <p>Created on: 11/18/2024</p> <p>Created by: Elsa Ganem (Recreation Aide)</p> <p>Revision on: 11/18/2024</p> <p>Revision by: Elsa Ganem (Recreation Aide)</p>		<p>Revision by: Elsa Ganem (Recreation Aide)</p>			
<p>• Risk for Impaired SKIN INTEGRITY related to Incontinence</p> <p>Date Initiated: 10/22/2024</p> <p>Created on: 10/22/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 10/20/2025</p> <p>Created on: 10/22/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/20/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/20/2026</p>	<p>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Doris' usual skin condition to Registered Staff as noted.</p> <p>Date Initiated: 10/22/2024</p> <p>Created on: 10/22/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/22/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Engage Doris/SDM in health education regarding prevention of skin impairment and management .</p> <p>Date Initiated: 10/22/2024</p> <p>Created on: 10/22/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/22/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure.</p> <p>Date Initiated: 08/14/2025</p>	PCA	Q2h	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Risk for Impaired SKIN INTEGRITY related to Incontinence</li></ul> <p>Date Initiated: 10/22/2024 Created on: 10/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 08/14/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"><li>• SHEAR FRICTION: Utilize Wendylett sheet when moving resident in bed to minimize shear friction.</li></ul> <p>Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 02/26/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <ul style="list-style-type: none"><li>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode.</li></ul> <p>Date Initiated: 10/22/2024 Created on: 10/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
hearing to (left or right side) Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN) • HEALTH TEACHING: Engage with Doris/SDM to enhance their knowledge of (communication devices, hearing aids, change in health status) affecting communication ability. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN) • PRIMARY LANGUAGE: Doris' primary language is English. she is (able to speak/understand) English. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/21/2025 Revision by: Donna Duah (RN) • SUPPORTIVE TECHNIQUES: (Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases). Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN)			RN Registered Practical Nurse PCA  RN PCA Registered Practical Nurse  RN Registered Practical Nurse PCA	
• URINARY (Functional; Overactive Bladder, Mixed) INCONTINENCE related to Dementia Diagnosis Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN)		• Doris will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/20/2025 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator)	• MONITORING: Utilize holistic perspective of continuous monitoring of Doris for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is (TOTALLY Incontinent). Report change to level as noted. Date Initiated: 10/07/2024 Created on: 10/07/2024			PCA Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh	
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2	
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 01/20/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/31/2024 Revision by: Donna Duah (RN) • CHECK and CHANGE: Doris experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Doris uses Blue brief during all shifts. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			RN  PCA   PCA Registered Practical Nurse RN	   BLS
• Potential for BOWEL INCONTINENCE related to (Dx. of Dementia) Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN)		• Doris will have bowel incontinence managed every shift through to the next review period. Date Initiated: 10/20/2025 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	• COMMUNICATION: Involve/collaborate with (Doris/SDM) for decision making about (bowel function, incontinence ). Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Doris for changes to health status, alteration of continence level or bowel function. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is (TOTALLY Incontinent). Report change to level as noted. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA Registered Practical Nurse RN   PCA RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh	
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2	
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to (Dx. of Dementia)</p> <p>Date Initiated: 10/07/2024</p> <p>Created on: 10/07/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/15/2024</p> <p>Revision by: Donna Duah (RN)</p>		<p>Revision on: 12/31/2024</p> <p>Revision by: Donna Duah (RN)</p> <p>• BOWEL MOVEMENT: Monitor Doris for bowel movement with rectal bleed each shift and document number of occurrences, size and consistency.</p> <p>Date Initiated: 10/15/2024</p> <p>Created on: 10/15/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/25/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Doris uses Blue brief during all shifts.</p> <p>Date Initiated: 10/07/2024</p> <p>Created on: 10/07/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/01/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	<p>PCA</p> <p>PCA Registered Practical Nurse RN</p>	
<p>• Potential to experience complications and side effects impacting quality of life related to use of (use of anti-psychotic medication)</p> <p>Date Initiated: 10/08/2024</p> <p>Created on: 10/08/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/15/2024</p> <p>Revision by: Donna Duah (RN)</p>	<p>• To monitor effectiveness and for side effects of medication used each day through to the next review date</p> <p>Date Initiated: 10/20/2025</p> <p>Created on: 10/08/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/20/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/20/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Doris/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 10/08/2024</p> <p>Created on: 10/08/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/08/2024</p> <p>Revision by: Donna Duah (RN)</p> <p>• DE-PRESCRIBING MEDICATION; Monitor Doris for signs/symptoms during period when medications are titrated.</p> <p>Date Initiated: 10/08/2024</p> <p>Created on: 10/08/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/08/2024</p> <p>Revision by: Donna Duah (RN)</p> <p>• MEDICATION REVIEW: Complete Medication Review with MD Quarterly and as needed.</p> <p>Date Initiated: 10/08/2024</p> <p>Created on: 10/08/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/08/2024</p> <p>Revision by: Donna Duah (RN)</p>	<p>Registered Practical Nurse RN</p> <p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN)		• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Target Date: 01/20/2026	• COMMUNICATION: Involve/ collaborate with Doris/SDM in decision making of osteoporosis care management. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/08/2024 Revision by: Donna Duah (RN)		PCA Registered Practical Nurse RN	
			• MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN)		Registered Staff	
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN)		• To treat and/or minimize signs/symptoms of (HYPOTHYROIDISM) through to the next review date. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/08/2024 Revision by: Donna Duah (RN) Target Date: 01/20/2026	• COMMUNICATION: Involve/ collaborate with Doris/SDM in decision making of thyroid care management. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/08/2024 Revision by: Donna Duah (RN)		Registered Practical Nurse RN	
			• MONITORING: Utilize holistic perspective of continuous monitoring of Doris for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA RN Registered Practical Nurse	
			• MONITORING: Utilize holistic perspective of continuous monitoring of Doris with (HYPOTHYROIDISM) for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
			• MEDICATION: Administer medication for (HYPOTHYROIDISM) as per MD order.		RN	
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li> </ul> <p>Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN)</p>		<p>Monitor effectiveness and for side effects.</p> <p>Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/08/2024 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> <li>LAB WORK: Monitor lab and diagnostic results for (TSH LEVEL) and report results to MD as needed. Follow up as indicated.</li> </ul> <p>Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Donna Duah (RN) Revision on: 10/08/2024 Revision by: Donna Duah (RN)</p>	<p>Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>	
<ul style="list-style-type: none"> <li>COGNITIVE LOSS; alteration in thought processes (; memory loss, difficulty concentrating, altered judgement) related to progression of Dementia, Alzheimer's Disease</li> </ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>Doris will cope with progressive cognitive decline and be supported to maintain safety each day through the review date.</li> </ul> <p>Date Initiated: 10/20/2025 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Doris/SDM in decision making of Cognitive Loss for DX. of Alzheimer's Disease.</li> </ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2024 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> <li>HEALTH TEACHING: Engage with Doris/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Vascular Dementia and Alzheimer's).</li> </ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>PERSONAL ROUTINE: Provide consistency in care routine and activities (must SPECIFY what the routine looks like such as; wears pajamas to dining room for breakfast, reads paper after breakfast).</li> </ul> <p>Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2024 Revision by: Donna Duah (RN)</p>	<p>Registered Practical Nurse RN</p> <p>Social Worker</p> <p>PCA</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Increased risk for FALLS related to Osteoporosis Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/20/2025 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026</div>	• CALL BELL: Place call bell within Doris's reach. Doris is unable to hold/ grab and is non-complaint with using call bell. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 02/05/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)				PCA RN Registered Practical Nurse	D/E/N
			• ENVIRONMENT: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment, etc.) to reduce fall risk for Doris Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 11/27/2024 Revision by: Donna Duah (RN)				PCA RN Registered Practical Nurse	
			• BED: Place bed in lowest position, use high/low bed to lower risk for injury. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 12/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)				PCA RN Registered Practical Nurse	
			• ACTIVITY: Engage in meaningful activity to decrease boredom and or restlessness. Doris likes to: read books. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 11/27/2024 Revision by: Donna Duah (RN)				Registered Practical Nurse RN	
			• FOOTWEAR: Ensure Doris wears appropriate footwear (running shoes) for (transfers). Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 01/21/2025 Revision by: Donna Duah (RN)				PCA RN Registered Practical Nurse	
			• HIP PROTECTORS: Doris wears hip protectors (at all times) to safeguard against injury. Report to Registered Staff if not wearing.				PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	05/09/1932		Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	HART, DORIS (925171002209)			Admission Date	10/07/2024		Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Increased risk for FALLS related to Osteoporosis Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Date Initiated: 11/27/2024 Created on: 11/27/2024 Created by: Donna Duah (RN) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Resident dangles her feet to side of bed when in bed, but has no history of falling from bed. Floor mats are not in use at this time. Will be re-evaluated as necessary.. Date Initiated: 03/24/2025 Created on: 03/24/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 03/24/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • ALARM: Requires personal alarm. Check placement and working order. Staff respond when alarm is heard. Date Initiated: 12/10/2025 Created on: 12/10/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 12/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			Registered Practical Nurse PCA	
• Nutrition Risk Level Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Doris will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/15/2024 Revision by: Donna Duah (RN) Target Date: 01/20/2026  • Will weigh within GWR/IBW/Realistic weight range of 63-79kg (BMI 23-29) through to next review date	• NUTRITION RISK: Doris is MODERATE risk level. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/21/2024 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Doris will receive REGULAR diet, MINCED texture Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/30/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID CONSISTENCY: Doris drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/07/2024			Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HART, DORIS (925171002209)			Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/21/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/20/2026	Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)			PCA	
		• Doris will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 60 kg through to next review date. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/20/2026	• FLUID TARGET: Encourage Doris to drink a minimum of 1200 ml per day.  Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/14/2025 Revision by: Julia Pilca (Dietitian (RD))				
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/07/2024 Revision by: Alison McAulay (RN)		• To promote adequate rest/sleep for Doris based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 10/20/2025 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	• REST PATTERN: Preferred bedtime (2100 hrs), usual wake time (0900 hrs) and Doris to be put back to bed after lunch to have a nap). Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/12/2025 Revision by: Maria Kabli (Registered Practical Nurse)			PCA	
			• SLEEPWEAR: Doris prefers to wear pajamas but also has a couple of short nighties. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/07/2024			PCA	
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh	
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2	
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Sleep Patterns; Potential for alteration in sleep patterns related to new environment.</li> </ul> Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/07/2024 Revision by: Alison McAulay (RN)			Revision by: Alison McAulay (RN)			
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Doris' Medical Treatment and End of Life Care</li> </ul> Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Alison McAulay (RN) Revision on: 10/07/2024 Revision by: Alison McAulay (RN)		<ul style="list-style-type: none"> <li>To support and honor Doris' expressed wishes and beliefs through to the End of Life.</li> </ul> Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Alison McAulay (RN) Revision on: 10/07/2024 Revision by: Alison McAulay (RN) Target Date: 01/20/2026	<ul style="list-style-type: none"> <li>CPR: Doris' wishes express NO CPR and NO TRANSFER to hospital.</li> </ul> Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Alison McAulay (RN) Revision on: 10/07/2024 Revision by: Alison McAulay (RN)			
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> <li>Doris will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date.</li> </ul> Date Initiated: 10/20/2025 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/20/2026	<ul style="list-style-type: none"> <li>BATHING: Doris prefers shower THURSDAY Evening and MONDAY Days</li> </ul> Doris requires 1 staff to provide TOTAL assistance with showers. On shower days, strip the linens, wipe mattress with Virox and place new linens. Doris uses Wendylett sheets. Nail care to be provided on shower/bath day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/03/2025 Revision by: Maria Kabli (Registered Practical Nurse)		PCA	
			<ul style="list-style-type: none"> <li>BED MOBILITY: Doris requires 2 staff to provide TOTAL assistance for bed mobility.</li> </ul> Date Initiated: 10/07/2024		PCA Registered Practical	
Allergies	No Known Allergies		D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HART, DORIS (925171002209)		Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Danielle Knott (ADOC) • DRESSING: Doris requires 2 staff to provide TOTAL assistance for dressing. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Danielle Knott (ADOC) • EATING: Doris requires 1 Staff to provide TOTAL assistance for eating. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Danielle Knott (ADOC) • LOCOMOTION: Doris requires 1 staff to provide TOTAL assistance for locomotion on and/or off unit. Doris is WHEELCHAIR BOUND. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/31/2024 Revision by: Donna Duah (RN) • PERSONAL HYGIENE: Doris requires 1 to 2 staff to provide TOTAL assistance for hygiene. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/21/2025 Revision by: Donna Duah (RN) • HAND HYGIENE: 1 staff to provide TOTAL assistance to apply sanitizer, rub hands together for hand hygiene. Date Initiated: 10/07/2024 Created on: 10/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/31/2024 Revision by: Donna Duah (RN)				
			Nurse				
			PCA				
			PCA				
			PCA Registered Practical Nurse				
			PCA RN Registered Practical Nurse				
			PCA				
Allergies	No Known Allergies			D.O.B.	05/09/1932	Physician	Harpal Singh
Diagnosis	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HART, DORIS (925171002209)			Admission Date	10/07/2024	Location	Lilac Lane 303LL 2
Last Care Plan Review Completed:		10/20/2025					

## Care Plan Report

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<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report


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**Diagnosis**

Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis (M15.0), Benign hypertension(I10.0), Old myocardial infarction(I25.2), Alzheimer's disease, unspecified(G30.9), Haemorrhoids, unspecified(K64.9), Cellulitis of other sites(L03.8)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/09/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Vascular dementia, unspecified(F01.9), Hypothyroidism, unspecified(E03.9), Depressive episode, unspecified(F32.9), Primary generalized (osteo)arthrosis(M15.0), Benign hypertension(I10.0), Old myo...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	HART, DORIS (925171002209)	<b>Admission Date</b>	10/07/2024	<b>Location</b>	Lilac Lane 303LL 2
<b>Last Care Plan Review Completed:</b>		10/20/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Active ROM. Date Initiated: 10/21/2025 Created on: 01/12/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To prevent further deterioration of all four limb flexibility, ROM and strength from grade 4/5 in 3-6 months. (Manual Muscle Test) Date Initiated: 10/21/2025 Created on: 01/12/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/31/2026</p> <p>• To improve bilateral upper and lower limb strength from grade 3/5 to grade 3+/5 in 3 months. Date Initiated: 10/21/2025 Created on: 10/16/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/31/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to both hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using Therapeutic ball/AROM and postural correction cues 3/wk. Date Initiated: 10/21/2025 Created on: 01/12/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<p>• Transfers, / Fall prevention. Date Initiated: 10/21/2025 Created on: 07/20/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To decrease falls while in w/c or after transferring him into bed in the next 3 months. Date Initiated: 10/21/2025 Created on: 07/20/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• GORDON to perform balance exercises using the therapeutic ball in sitting 3/wk. Date Initiated: 10/21/2025 Created on: 07/20/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	11/27/1947	Physician	Harpal Singh	
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1	
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Transfers, / Fall prevention. Date Initiated: 10/21/2025 Created on: 07/20/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		Target Date: 01/31/2026					
<div>• High risk for FALLS r/t antidepressant medication use, DX of OCD, Schizophrenia and mental retardation Date Initiated: 08/07/2024 Created on: 02/20/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/07/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/31/2025 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/31/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Gordon/SDM in decision making in fall prevention Plan of Care. Date Initiated: 04/08/2025 Created on: 07/30/2019 Created by: Michael Palangi (Registered Nurse) Revision on: 05/29/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • CALL BELL: Place call bell within Gordon's reach and remind/encourage him to use it. Date Initiated: 04/08/2025 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Olena Romaniuk (Registered Nurse) • ADAPTIVE AIDS: Place adaptive aid: Resident uses Weighted blanket while in bed and chair. Resident is able to remove the blanket. Date Initiated: 04/08/2025 Created on: 12/09/2024 Created by: Guru Prasad (RPN) Revision on: 04/08/2025 Revision by: Olena Romaniuk (Registered Nurse) • Adaptive Equipment Required to reduce fall risk: Bariatric bed in place to prevent falls out of bed. Date Initiated: 04/08/2025 Created on: 10/31/2017 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 04/08/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	Registered Practical Nurse RN	PCA Registered Practical Nurse	D/E/N	
Allergies	No Known Allergies		D.O.B.	11/27/1947	Physician	Harpal Singh	
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1	
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• High risk for FALLS r/t antidepressant medication use, DX of OCD, Schizophrenia and mental retardation</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 02/20/2014</div> <div>Created by: Andrea Parker (Registered Staff)</div> <div>Revision on: 04/07/2025</div> <div>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>			• ENVIRONMENT: Secure environment reduce clutter quiet environment to reduce fall risk for Gordon. Have lights turned on across the room on co-residents side. Have a night light on.			PCA	Registered Practical Nurse
			Date Initiated: 04/08/2025				
			Created on: 02/20/2014				
			Created by: Andrea Parker (Registered Staff)				
			Revision on: 04/08/2025				
			Revision by: Olena Romaniuk (Registered Nurse)				
			• BED:Use high/low bed , keep bed at lowest level to decrease the risk for injury.			PCA	Registered Practical Nurse
			Date Initiated: 04/08/2025				
			Created on: 03/31/2022				
			Created by: Victoria Edwards (RPN)				
		Revision on: 04/13/2025					
		Revision by: Jaspreet Samra (Registered Practical Nurse)					
• ACTIVITY: Engage resident in meaningful activity to decrease boredom and or restlessness. Resident likes to watch TV.							
Date Initiated: 04/08/2025							
Created on: 09/14/2024							
Created by: Leena Kamil (Registered Practical Nurse)							
Revision on: 04/08/2025							
Revision by: Olena Romaniuk (Registered Nurse)							
• MD ORDER - Please do not classify rolls out of bed onto mat as falls they are behaviours. Also if Gordon "announces" that he is going to fall and staff intervene, that should be classified as a near miss not a fall.					PCA		
Date Initiated: 04/08/2025							
Created on: 08/17/2022							
Created by: Jeanne Ingrid Gonzales (Registered Practical Nurse)							
Revision on: 04/08/2025							
Revision by: Olena Romaniuk (Registered Nurse)							
• FOOTWEAR: Ensure non-slip footwear is present.					PCA		
Date Initiated: 04/08/2025					Registered Practical Nurse		
Created on: 02/20/2014					RN		
Created by: Andrea Parker (Registered Staff)							
Revision on: 04/08/2025							
Revision by: Olena Romaniuk (Registered Nurse)							
• PROGRAMS: as part of fall prevention committee member PT involve in falls					RN		

Allergies	No Known Allergies			D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)			Admission Date	11/01/2004	Location	Lilac Lane 307LL 1

Last Care Plan Review Completed:		10/31/2025
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## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"><li>High risk for FALLS r/t antidepressant medication use, DX of OCD, Schizophrenia and mental retardation</li></ul> <p>Date Initiated: 08/07/2024</p> <p>Created on: 02/20/2014</p> <p>Created by: Andrea Parker (Registered Staff)</p> <p>Revision on: 04/07/2025</p> <p>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>			prevention program focuses on post fall assessment, fall prevention intervention recommendations.				Registered Practical Nurse	
			Date Initiated: 04/08/2025					
			Created on: 05/07/2020					
			Created by: Aline Mendoza (RAI Coord Back-up)					
			Revision on: 04/08/2025					
			Revision by: Olena Romaniuk (Registered Nurse)					
			• SPECIAL CONSIDERATION to PREVENT FALLS: Resident to be up for meals in his chair and assisted back to bed after all meals. Resident has been putting himself to the floor while he is up in chair and not in a constant supervision. It was highlighted in PSW individual group assignment that resident is high risk for fall.				PCA	
			Gordon prefer to stay in bed all day, all night. Gets up in W/C as requested by Gordon. When in W/C, lap table should be in place to ensure support and safety.				Registered Practical Nurse	
			Date Initiated: 04/08/2025					
			Created on: 09/12/2023					
			Created by: Rim Mekonnen (Clinical Practice Coordinator)					
			Revision on: 04/13/2025					
			Revision by: Jaspreet Samra (Registered Practical Nurse)					
			• FLOOR MAT: Position floor mat on floor next to LEFT and RIGHT side of bed to lower risk of injury.				PCA	
			Date Initiated: 04/08/2025					
			Created on: 08/14/2023					
			Created by: Maria Kabli (Registered Practical Nurse)					
			Revision on: 04/08/2025					
			Revision by: Olena Romaniuk (Registered Nurse)					
			• ALARMS: Requires personal alarm all shift (in bed and in wheelchair) . Check placement and working order.				PCA	
			Date Initiated: 04/08/2025				Registered Practical Nurse	
			Created on: 09/21/2022					
			Created by: Victoria Edwards (RPN)					
			Revision on: 04/08/2025					
			Revision by: Olena Romaniuk (Registered Nurse)					
			• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.				Registered Practical Nurse	
			Date Initiated: 04/08/2025					
			Created on: 03/15/2023					
Allergies	No Known Allergies		D.O.B.	11/27/1947		Physician	Harpal Singh	
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004		Location	Lilac Lane 307LL 1	
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• High risk for FALLS r/t antidepressant medication use, DX of OCD, Schizophrenia and mental retardation  Date Initiated: 08/07/2024  Created on: 02/20/2014  Created by: Andrea Parker (Registered Staff)  Revision on: 04/07/2025  Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>		<p>Created by: Victoria Edwards (RPN)  Revision on: 04/08/2025  Revision by: Olena Romaniuk (Registered Nurse)</p>			
<p>• Use of PASD : Tilt wheelchair and lap tray for position and comfort  Date Initiated: 07/15/2021  Created on: 07/15/2021  Created by: Luchel David (RPN)  Revision on: 09/20/2024  Revision by: Richele Rosales (Registered Practical Nurse)</p>	<p>• Gordon will be effectively supported with use of ( Lap tray ) to optimize Activity of Daily Living (positioning and comfort ) each day through to the next review date.  Date Initiated: 04/28/2023  Created on: 07/15/2021  Created by: Luchel David (RPN)</p>	<p>• HEALTH EDUCATION: Engage with Gordon/SDM to enhance their knowledge of possible benefits and challenges associated with Use of PASD.  Date Initiated: 07/15/2021  Created on: 07/15/2021  Created by: Luchel David (RPN)  Revision on: 02/14/2025  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)  • MONITORING: Utilize holistic perspective of monitoring Gordon for continued benefit to use lat tray as to support appropriate positioning and comfort.  Date Initiated: 07/15/2021</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	Created on: 07/15/2021 Created by: Luchel David (RPN) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • LAP TRAY in USE as a PASD to support resident with watching movies while sitting in the wheelchair. Date Initiated: 09/20/2024 Created on: 09/20/2024 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 09/20/2024 Revision by: Richele Rosales (Registered Practical Nurse) • TILTED Wheel Chair in USE as a PASD to support Gordon for position and comfort. Monitor every shift. Date Initiated: 02/11/2024 Created on: 02/11/2024 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 03/25/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)			PCA	D/E/N
• Risk for impaired SKIN INTEGRITY r/t frequent falls, incontinence and cognitive impairment (unable to clean himself properly or refusing to be cleaned) secondary to Dx of DEMENTIA, OBSESSIVE COMPULSIVE DISORDER and other mental disorders. Date Initiated: 07/24/2020 Created on: 05/05/2017 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 02/04/2024 Revision by: Michael Palangi (Registered Nurse)		• To protect and maintain skin integrity each day through to the next review date. Date Initiated: 10/31/2025 Created on: 05/05/2017 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 10/31/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	• HEALTH EDUCATION: Engage Gordon/SDM in health education regarding prevention of skin impairment and management of (specify). Date Initiated: 06/03/2025 Created on: 06/03/2025 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 06/03/2025 Revision by: Mario Diamante (Registered Practical Nurse) • EQUIPMENT: Crash mat in place to prevent injury and offloading boots to relieve pressure on the right heel. Date Initiated: 06/03/2025 Created on: 07/21/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 06/04/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING should be 3. Report issue with inflation to Registered Staff immediately as noted. Date Initiated: 09/09/2025 Created on: 09/09/2025			PCA	
Allergies	No Known Allergies			D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)			Admission Date	11/01/2004	Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<p>Created by: Maria Kabli (Registered Practical Nurse)  Revision on: 09/09/2025  Revision by: Maria Kabli (Registered Practical Nurse)  • <b>POSITIONING:</b> Turn, reposition every 2 hours when in bed/wheelchair to offload pressure.  Date Initiated: 08/14/2025  Created on: 08/14/2025  Created by: Danielle Knott (ADOC)  Revision on: 08/14/2025  Revision by: Danielle Knott (ADOC)  • <b>SHEAR FRICTION:</b> Utilize wendylett sheet when moving resident in bed to minimize shear friction.  Date Initiated: 07/18/2025  Created on: 07/18/2025  Created by: Maria Kabli (Registered Practical Nurse)  Revision on: 07/18/2025  Revision by: Maria Kabli (Registered Practical Nurse)  • <b>BARRIER CREAM:</b> Apply skin barrier qam to perineal area to safeguard against excessive moisture after incontinence episodes.  Date Initiated: 02/04/2024  Created on: 07/24/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 02/04/2024  Revision by: Michael Palangi (Registered Nurse)</p>				PCA	Q2h
<p>• Potential for ACUTE pain and alteration in comfort level related to symptoms of DEMENTIA and frequent falls.  Date Initiated: 03/03/2015  Created on: 03/03/2015  Created by: Cheryl Hunt (Registered Practical Nurse)  Revision on: 02/04/2024  Revision by: Michael Palangi (Registered Nurse)</p>		<p>• To promote Gordon comfort and effectively manage ACUTE pain as episode occurs through to the next review.  Date Initiated: 10/31/2025  Created on: 05/07/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 10/31/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 01/31/2026</p>	<p>• <b>MONITORING:</b> Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal satisfaction for pain control.  Date Initiated: 02/04/2024  Created on: 10/30/2019  Created by: Jessica Estacio (RN Student)  Revision on: 02/04/2024  Revision by: Michael Palangi (Registered Nurse)  • <b>MEDICATION:</b> Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.  Date Initiated: 02/04/2024</p>				RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	11/27/1947	Physician	Harpal Singh	
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	LAZAR, GORDON (925171000165)			Admission Date	11/01/2004	Location	Lilac Lane 307LL 1	
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 02/04/2024 Revision by: Michael Palangi (Registered Nurse)			
<b>• STRONG PARTICIPATION in Activities.</b> Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 04/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	<b>• Gordie will be supported to maintain participation in activities 8-16 times per month by the next review date.</b> Date Initiated: 11/06/2024 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide) Target Date: 01/31/2026  <b>• Gordie will maintain ISE score of 5 by the next review date.</b> Date Initiated: 11/01/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	<b>• STRUCTURED ACTIVITIES:</b> Invite him to programs of personal interest such as outdoor strolls, bingo, bowling, virtual church service, special event/entertainment, movies, and social cart. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 04/17/2023 Revision by: Elsa Ganem (Activities/Rec Therapy)  <b>• SELF-DIRECTED ACTIVITIES:</b> Encourage Gordie to engage in self-directed activities such as listening to music, and watching TV. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 09/06/2023 Revision by: Elsa Ganem (Recreation Aide)  <b>• HELPFUL HINTS:</b> Gordie enjoys going for outdoor strolls for a change of scenery. Gordon has a specific routine which he must complete throughout his walks. Staff can encourage him to say hello to staff and residents. Once inside the building, Gordon likes to see who is working on Lotus Way. He enjoys visiting staff on that floor. Be sure to notify staff when leaving the floor with Gordon. Use his wheelchair for strolls to prevent falls. Staff should not leave Gordon unattended while sitting on his wheelchair (inside or outside the building) to prevent falls. Gordon enjoys eating lays potato chips, cheesies and chocolate occasionally, and drinking pop (pepsi, cream soda, non-alcoholic beer). Invite Gordon to all programs. Usually, he joins and actively participates in programs. If he is not actively participating in a program, he likes to watch co-residents during programs. Invite Gordie to get a manicure, he likes to get his nails filed and occasionally he will ask to get colour nail polish on his fingernails. Recreation staff will polish his nails when requested. Sometimes Gordie will poke on his finger nails causing bleeding. Notify nurse and	ACT		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• <b>STRONG PARTICIPATION</b> in Activities. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 04/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>redirect him from self-harming by inviting him to engage in a one to one visit (drinking coffee, outdoor strolls, chips and pop) He likes to drink coffee with milk and two sugar. However, always ask him if he would like to have a cup of tea or coffee that day. Lately, Gordie is not interested in attending programs in Lilac Lane's tv room and other floors. Staff can encourage him to attend by inviting him to an outdoor strolls after the program. Gordie can read and likes to have a turn in reading programs. However he reads in a quiet voice and he will need more time to finish his reading. Lately, Gordie likes to spend most of his day in bed, watching TV in his bedroom. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>ONE to ONE:</b> Provide him with individual visits for conversation, reading, singing in his bedroom. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>MUSIC CARE APPROACH:</b> Present Gordie with Music Programming like musical bingo, Hymn Sing, Sing along, Music Technology, Environmental Sound. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p>		Recreation Aide		
<p>• <b>Urinary (URGE) Incontinence</b> related to loss of muscle tone due to aging and cognitive impairment secondary to <b>DEMENTIA</b>. Date Initiated: 07/24/2020 Created on: 06/05/2019</p>		<p>• Gordon will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/31/2025 Created on: 11/22/2019</p>	<p>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Gordon for toileting needs, changes to health status and alteration of continence level. Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>				
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026	
<b>Resident</b>	LAZAR, GORDON (925171000165)			<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>Created by: Aline Mendoza (Registered Practical Nurse)</p> <p>Revision on: 01/18/2023</p> <p>Revision by: Victoria Edwards (RPN)</p>	<p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/31/2026</p>	<p>• URINARY Continence level is TOTAL Incontinent. Report change to level as noted.</p> <p>Date Initiated: 01/06/2021</p> <p>Created on: 06/05/2019</p> <p>Created by: Aline Mendoza (Registered Practical Nurse)</p> <p>Revision on: 04/22/2022</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• CHECK and CHANGE: Gordon experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled.</p> <p>Date Initiated: 06/12/2023</p> <p>Created on: 11/22/2019</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 10/06/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Gordon uses Blue briefs for all shifts.</p> <p>Date Initiated: 07/24/2020</p> <p>Created on: 07/24/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 03/17/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p>	PCA	Q2h
<p>• COGNITIVE LOSS: alteration in short and long term memory loss, poor judgment and comprehension related to his DX DEMENTIA and MILD MENTAL RETARDATION</p> <p>Date Initiated: 02/19/2014</p> <p>Created on: 02/19/2014</p> <p>Created by: Andrea Parker (Registered Staff)</p> <p>Revision on: 07/21/2021</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Gordon will be supported to make independent choice and safe decisions each day through to the review date.</p> <p>Date Initiated: 10/31/2025</p> <p>Created on: 07/21/2021</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/31/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/31/2026</p>	<p>• If agitation/resistance arises, stop and re-approach after 10 minutes. If resists again, attempt a different caregiver/staff.</p> <p>Date Initiated: 11/25/2015</p> <p>Created on: 11/25/2015</p> <p>Created by: Nicole Nordeman (Registered Practical Nurse)</p> <p>Revision on: 07/21/2021</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• Use simple, easy to understand words, statements and allow ample time for responses.</p> <p>Date Initiated: 02/19/2014</p> <p>Created on: 02/19/2014</p> <p>Created by: Andrea Parker (Registered Staff)</p> <p>Revision on: 07/21/2021</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	All	All

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience FOOT/FEET complications related to toenail issues as evidenced by Onychauxis , onychogrphosis and involuted toe nails. Date Initiated: 05/18/2015 Created on: 05/18/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 07/17/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 07/31/2023 Created on: 05/18/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026</li> </ul>	<ul style="list-style-type: none"> <li>TREATMENT PLAN: Gordon requires footcare/treatment every 6 weeks or PRN Date Initiated: 05/18/2015 Created on: 05/18/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</li> </ul>			
<ul style="list-style-type: none"> <li>Altered COMMUNICATION; slurred, mumbled words, comprehension difficulty and may have difficulty finding words or finishing thoughts related to MENTAL RETARDATION. Date Initiated: 02/19/2014 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/13/2021 Revision by: Victoria Edwards (RPN)</li> </ul>		<ul style="list-style-type: none"> <li>Gordon will be able to make basic needs known on a daily basis through the review date Date Initiated: 10/31/2025 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 10/31/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026</li> </ul>	<ul style="list-style-type: none"> <li>COMMUNICATION TECHNIQUES: Use communication techniques which enhance PCA interaction: Allow adequate for response, Repeat as necessary, Do not rush, Request feedback from Gordan, clarification, to ensure understanding, Face when speaking and make eye contact, Turn off TV/radio as needed to reduce background noise, Ask yes/no questions as appropriate, Use simple, brief, consistent words/cues. Date Initiated: 02/19/2014 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/13/2021 Revision by: Victoria Edwards (RPN)</li> <li>COMMUNICATION: Involve/collaborate with Gordon/SDM for decision making about strategies needed to support effective communication. Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</li> <li>PRIMARY LANGUAGE: Gordon is able to speak/understand) English. Date Initiated: 10/28/2022 Created on: 10/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</li> </ul>			
Allergies	No Known Allergies		D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered COMMUNICATION; slurred, mumbled words, comprehension difficulty and may have difficulty finding words or finishing thoughts related to MENTAL RETARDATION.</li> </ul> <p> Date Initiated: 02/19/2014  Created on: 02/19/2014  Created by: Andrea Parker (Registered Staff)  Revision on: 04/13/2021  Revision by: Victoria Edwards (RPN) </p>		<p>Revision on: 10/28/2022</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> <li>COMMUNICATION STRATEGIES: Use effective strategies to support communication: touch, facial expression, eye contact, gestures, tone of voice, non-threatening posture, short direct phrases, speak slowly, speak in a calm, distinct manner, time to communicate, 1:1, quiet setting.</li> </ul> <p> Date Initiated: 02/19/2014  Created on: 02/19/2014  Created by: Andrea Parker (Registered Staff)  Revision on: 05/07/2020  Revision by: Aline Mendoza (RAI Coord Back-up) </p>	PCA	
<ul style="list-style-type: none"> <li>Potential to experience alteration in NEUROLOGICAL FUNCTION related to convulsions (SEIZURE Disorder).</li> </ul> <p> Date Initiated: 05/07/2020  Created on: 05/07/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 04/13/2021  Revision by: Victoria Edwards (RPN) </p>	<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or complications associated with SEIZURE Disorder through to the next review date.</li> </ul> <p> Date Initiated: 10/31/2025  Created on: 05/07/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 10/31/2025  Revision by: Richele Rosales (RAI Coordinator)  Target Date: 01/31/2026 </p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/ collaborate with Gordon/ SDM in decision making of neurological care management for SEIZURE disorder</li> </ul> <p> Date Initiated: 05/07/2020  Created on: 05/07/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 05/07/2020  Revision by: Aline Mendoza (RAI Coord Back-up) </p> <ul style="list-style-type: none"> <li>LAB WORK: Monitor lab and diagnostic results for CLOZARIL Level monthly or as ordered and report results to MD as needed. Follow up as indicated.</li> </ul> <p> Date Initiated: 05/07/2020  Created on: 05/07/2020  Created by: Aline Mendoza (RAI Coord Back-up)  Revision on: 05/07/2020  Revision by: Aline Mendoza (RAI Coord Back-up) </p> <ul style="list-style-type: none"> <li>MEDICATION: Administer medication for SEIZURE Disorder as per MD order. Monitor effectiveness and for side effects.</li> </ul> <p> Date Initiated: 05/07/2020  Created on: 05/07/2020  Created by: Aline Mendoza (RAI Coord Back-up) </p>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Potential to experience alteration in NEUROLOGICAL FUNCTION related to convulsions (SEIZURE Disorder). Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/13/2021 Revision by: Victoria Edwards (RPN)</li></ul>		<p>Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Gordan with SEIZURE Disorder for changes to health status and alteration or complications affecting neurological function. Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/13/2021 Revision by: Victoria Edwards (RPN)</li><li>• Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing (coughing during eating, drooling, etc.). Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up)</li><li>• SEIZURE Disorder: If seizure activity occurs alert registered staff immediately; place on side, protect from injury, maintain open airway. Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up)</li><li>• SEIZURE Disorder: Gordon has potential for seizure activity, injury related to seizure disorder. Inform MD as it occurs. Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</li></ul>	PCA Registered Staff			
<ul style="list-style-type: none"><li>• Potential to experience complications and side effects impacting quality of life related to use of use of , ANTIPSYCHOTIC, ANTIDEPRESSANT medications secondary to diagnosis of SCHIZOPHRENIA, DEPRESSION and ANXIETY. Date Initiated: 10/19/2020</li></ul>	<ul style="list-style-type: none"><li>• To monitor effectiveness and for side effects of psychotropic medication used each day through to the next review date. Date Initiated: 10/31/2025 Created on: 02/18/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/31/2025</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Gordon/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Gordon using anti-psychotic medication, poly-pharmacy for changes to health status and alteration</li></ul>				
Allergies	No Known Allergies		D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)		Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	or complications affecting functioning or quality of life. Date Initiated: 04/13/2021 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/13/2021 Revision by: Victoria Edwards (RPN) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 11/25/2015 Created on: 11/25/2015 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 05/07/2020 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			
• EXPRESSIVE BEHAVIOUR of SOCIALLY INAPPROPRIATE related to OCD, SCHIZOPHRENIA, DEMENTIA and MENTAL RETARDATION Date Initiated: 07/24/2020 Created on: 02/20/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)		• To promote safety for Gordon and/or others during each episode of socially inappropriate through to the next review date. Date Initiated: 07/26/2024 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	• BEHAVIOUR MANAGEMENT PLAN: provide a quiet, less crowded setting with reduced visual stimuli when behaviours are exhibited. Gordon enjoys sitting in the dining room, listening to music, drinking tea at snack; if he wants to go outside, if and when possible take him for a walk for redirection Date Initiated: 02/20/2014 Created on: 02/20/2014 Created by: Andrea Parker (Registered Staff) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • Provide Gord with specific expectations for what is appropriate and when he meets them, reward him with special treats (licorice, chocolate or chips) Date Initiated: 02/20/2014 Created on: 02/20/2014 Created by: Andrea Parker (Registered Staff) Revision on: 07/24/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)		<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025				

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• EXPRESSIVE BEHAVIOUR of SOCIALLY INAPPROPRIATE related to OCD, SCHIZOPHRENIA, DEMENTIA and MENTAL RETARDATION</p> <p>Date Initiated: 07/24/2020 Created on: 02/20/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p>			<p>• MEDICATION: Administer medication for therapeutic treatment of OCD as per MD Order. Monitor effectiveness and for side effects</p> <p>Date Initiated: 01/07/2021 Created on: 02/20/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p> <p>• SPECIAL CONSIDERATIONS: Gordon likes to sit on porcelain portion of toilet-leave plastic seat up otherwise Gordon will squat over toilet and possible make mess on himself and surrounding area.</p> <p>Date Initiated: 06/21/2021 Created on: 06/21/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 06/21/2021 Revision by: Sandra Davis (Registered Practical Nurse)</p>		Registered Practical Nurse RN		
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive impairment secondary to OBSESSIVE COMPULSIVE DISORDER and DEMENTIA.</p> <p>Date Initiated: 07/24/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p>		<p>• Gordon will have ALL ADL care needs met each day through the next review date.</p> <p>Date Initiated: 10/31/2025 Created on: 10/26/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/31/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026</p>	<p>• BATHING: Gordon requires TOTAL assistance from 1-2 staff for showering. He has informed staff that he prefers to take showers. Shower days WEDNESDAY DAYS and SUNDAY evenings. Please ensure to apply Selsun Blue shampoo once a week on shower days. On Shower days , strip the linens, wipe mattress with Virox and place new linens. Gordon uses Wendylett sheets.</p> <p>Staff to clip finger and toenails after each Shower/Bath.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• BED MOBILITY: Gordon is TOTAL with 2 staff assist in bed mobility.</p> <p>Date Initiated: 07/24/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff)</p>		PCA		
Allergies	No Known Allergies			D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)			Admission Date	11/01/2004	Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Revision on: 04/30/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• DRESSING: Gordon requires assistance from 1 staff to provide TOTAL assistance</div> <div>PCA</div> <div>Date Initiated: 10/19/2020</div> <div>Created on: 10/19/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 02/28/2025</div> <div>Revision by: Danielle Knott (ADOC)</div> <div>• EATING: Gordon requires 1 staff for TOTAL assistance</div> <div>PCA</div> <div>Date Initiated: 07/24/2020</div> <div>Created on: 07/24/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 02/28/2025</div> <div>Revision by: Danielle Knott (ADOC)</div> <div>• LOCOMOTION ON/OFF UNIT: TOTAL assistance from 1 staff. Wheelchair bound.</div> <div>PCA</div> <div>Date Initiated: 07/24/2020</div> <div>Created on: 02/19/2014</div> <div>Created by: Andrea Parker (Registered Staff)</div> <div>Revision on: 01/12/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• PERSONAL HYGIENE: Gordon requires TOTAL ASSISTANCE by 1-2 staff for</div> <div>PCA</div> <div>personal care. Check that Gordon has not removed brief. Check closet for soiled</div> <div>briefs.</div> <div>Date Initiated: 10/19/2020</div> <div>Created on: 07/24/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 10/18/2023</div> <div>Revision by: Richele Rosales (Registered Practical Nurse)</div> <div>• HAND HYGIENE: 1 staff to provide Gordon with TOTAL assistance for hand</div> <div>PCA</div> <div>hygiene. Use soap/water when in the bathroom or apply sanitizer for hand hygiene</div> <div>when in common areas.</div> <div>Date Initiated: 07/28/2021</div> <div>Created on: 07/28/2021</div> <div>Created by: Dale Bamforth (Nurse Clinician )</div> <div>Revision on: 06/16/2025</div> <div>Revision by: Navpreet Kaur (DOC)</div>					
Allergies	No Known Allergies			D.O.B.	11/27/1947		Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)			Admission Date	11/01/2004		Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive impairment secondary to OBSESSIVE COMPULSIVE DISORDER and DEMENTIA.</p> <p>Date Initiated: 07/24/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p>		<p>• TOILET USE: 1-2 staff TOTAL ASSISTANCE.</p> <p>Date Initiated: 10/19/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 10/18/2023 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• TRANSFERRING: TOTAL assistance, 2 staff assist using Ceiling Lift.</p> <p>Date Initiated: 10/19/2020 Created on: 03/31/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p> <p>• TRANSFER LIFT/SLING: Ceiling lift. Large regular and toileting slings needed for transfer.</p> <p>Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p> <p>• ORAL CARE: Gordon requires TOTAL ASSISTANCE from 1 staff for oral care. Oral care is to be completed BID and PRN. daily.</p> <p>Date Initiated: 07/24/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p> <p>• FOOT CARE: PCA's to trim nails on shower days and when needed. Referral to foot care nurse if nails are too thick to cut.</p> <p>Date Initiated: 07/24/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 07/24/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• SHAVING - Gordon will shave or be shaven daily</p> <p>Date Initiated: 11/18/2022 Created on: 02/25/2014</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p></p> <p></p> <p></p> <p></p> <p></p> <p>D</p>	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to cognitive impairment secondary to OBSESSIVE COMPULSIVE DISORDER and DEMENTIA.</li> </ul> Date Initiated: 07/24/2020 Created on: 02/19/2014 Created by: Andrea Parker (Registered Staff) Revision on: 01/07/2021 Revision by: Nicole Wieske (Registered Practical Nurse)			Created by: Kimberley Russell (Registered Nurse) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN)				
<ul style="list-style-type: none"> <li>BOWEL INCONTINENCE related to urgency, and cognitive impairment</li> </ul> Date Initiated: 07/24/2020 Created on: 10/18/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)		<ul style="list-style-type: none"> <li>Gordon will have bowel incontinence managed every shift through to the next review period.</li> </ul> Date Initiated: 11/04/2024 Created on: 05/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek	<ul style="list-style-type: none"> <li>BOWEL Continence level is TOTAL incontinent.</li> </ul> Date Initiated: 01/06/2021 Created on: 10/18/2017 Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 04/22/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
			<ul style="list-style-type: none"> <li>BOWEL MOVEMENT: Monitor Gordon for bowel movements, number of occurrences, size and consistency. Report abnormalities to Nurse/MD.</li> </ul> Date Initiated: 10/18/2017 Created on: 10/18/2017			PCA	
Allergies	No Known Allergies		D.O.B.	11/27/1947	Physician	Harpal Singh	
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1	
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(RAI Coordinator) Target Date: 01/31/2026	Created by: Jennifer Murphy (Registered Practical Nurse) Revision on: 05/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • INCONTINENCE PRODUCT: Gordon uses Blue Briefs for all shifts. Date Initiated: 01/07/2021 Created on: 01/07/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/17/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)	PCA			
• Potential to experience alteration in CARDIAC FUNCTION related to; HYPERTENSION Date Initiated: 11/22/2019 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)	• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 10/31/2025 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/31/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/31/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Gordon with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 07/24/2020 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 11/22/2019 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/22/2019 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. Date Initiated: 11/22/2019 Created on: 11/22/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/22/2019 Revision by: Aline Mendoza (RAI Coord Back-up)	Registered Practical Nurse RN			
• Potential to experience alteration in MOOD related to SCHIZOPHRENIA, ANXIETY, DEPRESSION, OCD Date Initiated: 01/06/2021 Created on: 01/06/2021	• Gordon will be supported to maintain mood stability as evidenced by DRS score at 0 by the review date. Date Initiated: 07/26/2024	• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Gordon for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Gordon's quality of life. Date Initiated: 01/06/2021 Created on: 01/06/2021				
Allergies	No Known Allergies		D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)	Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 07/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 04/13/2021 Revision by: Victoria Edwards (RPN) • SLEEP/REST: Promote adequate sleep and rest to stability of Gordon's mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse) • MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)	All		
• Expressed Wishes and Beliefs related to Gordon's Medical Treatment and End of Life Care Date Initiated: 07/24/2020 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/24/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To support and honor Gordon's expressed wishes and beliefs through to the End of Life. Date Initiated: 07/31/2023 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	• CPR: Gordon's wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 07/24/2020 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/24/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	All		
• Sleep Patterns; Potential for alteration in sleep patterns related to Schizophrenia, OCD and other mental disorders Date Initiated: 11/19/2019 Created on: 11/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/22/2019	• To promote adequate rest/sleep for Gordon based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 10/31/2025 Created on: 11/19/2019	• REST PATTERN: Preferred bedtime (2030-2100hrs) usual wake time (0600-0700hrs) Date Initiated: 11/19/2019 Created on: 11/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/18/2023 Revision by: Richele Rosales (Registered Practical Nurse)	PCA		
Allergies	No Known Allergies	D.O.B.	11/27/1947	Physician	Harpal Singh
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	LAZAR, GORDON (925171000165)	Admission Date	11/01/2004	Location	Lilac Lane 307LL 1
Last Care Plan Review Completed:		10/31/2025			

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Isa Franco (Activities/Rec Therapy)		(Activities/Rec Therapy) Revision on: 07/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/31/2026	Revision on: 04/17/2023 Revision by: Elsa Ganem (Activities/Rec Therapy)				
<b>• Nutrition Risk Level</b> Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 08/09/2016 Revision by: Helen Bradley (Dietitian)		<b>• Gordon will be adequately nourished aeb consuming &gt;75% at meals and snacks</b> Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 08/28/2014 Revision by: Helen Bradley (Dietitian) Target Date: 01/31/2026  <b>• Will weigh within IBWR of 65-83 kg (BMI 18-23) through to next review date.</b> Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 12/02/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/31/2026  <b>• Gordon will be adequately hydrated aeb drinking at least 80% of total fluid requirement @ 25 ml/kg, 73.7 kg.</b> Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 10/21/2025	<b>• DO NOT offer Gordon tomato juice (r/t diarrhea and emesis)</b> Date Initiated: 08/12/2022 Created on: 08/12/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 08/15/2022 Revision by: Kaitlyn Myles (Dietitian)  <b>• NUTRITION RISK:</b> Gordon is at MODERATE nutrition risk. Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 04/18/2022 Revision by: Kaitlyn Myles (Dietitian)  <b>• DIET ORDER:</b> Gordon will receive regular diet, regular texture with food cut up prior PCA to service Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 11/18/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)  <b>• FLUID CONSISTENCY:</b> Gordon drinks regular/thin fluids. Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 04/30/2021 Revision by: Helen Bradley (RD)  <b>• FLUID TARGET:</b> Encourage Gordon to drink at least 1474 ml per day. Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 10/21/2025 Revision by: Julia Pilca (Dietitian (RD))			Dietitian (RD) Dietary Manager	
Allergies	No Known Allergies	D.O.B.	11/27/1947	Physician	Harpal Singh		
Diagnosis	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre			Print Date	1/4/2026		
Resident	LAZAR, GORDON (925171000165)		Admission Date	11/01/2004	Location	Lilac Lane 307LL 1	
Last Care Plan Review Completed:		10/31/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<b>• Nutrition Risk Level</b> Date Initiated: 08/28/2014 Created on: 08/28/2014 Created by: Helen Bradley (Dietitian) Revision on: 08/09/2016 Revision by: Helen Bradley (Dietitian)	Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/31/2026	<b>• EXTRA FLUIDS:</b> Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) <b>• ENHANCED HYDRATION:</b> Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) <b>• FOOD PREFERENCES:</b> Gordon enjoys eating chips and pop. Dislikes eating foods with gravies on it. Date Initiated: 03/14/2023 Created on: 03/14/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 03/14/2023 Revision by: Pamela Kovar-Gough (Dietary Manager) <b>• HIGH CALORIE/PROTEIN HS SNACK:</b> Provide 1/2 PBJ sandwich Date Initiated: 01/30/2025 Created on: 01/30/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 01/30/2025 Revision by: Alexandra Breau (Dietitian (RD)) <b>• HIGH FIBRE:</b> Offer 125 mL High Fibre Peach Juice TID with meals Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Mark Chan (Dietitian) Revision on: 02/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) <b>• LABELLED SNACK:</b> Provide 1 mandarin orange at PM snack. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Tammy Smith (FSM - Food Services Manager) Revision on: 12/28/2023 Revision by: Tammy Smith (FSM - Food Services Manager)	Dietary aide PCA  Diet PCA Recreational Therapy Aide  Diet PCA  PCA  PCA	D/E  E  D/E  D/E

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		<b>10/31/2025</b>			

## Care Plan Report


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**Diagnosis**

Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88), Anxiety disorder, unspecified(F41.9), Other depressive episodes(F32.8), Unspecified dementia(F03), Benign hypertension(I10.0)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	11/27/1947	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Schizophrenia, unspecified(F20.9), Moderate mental retardation, other impairments of behaviour(F71.8), Obsessive-compulsive disorder, unspecified(F42.9), Other and unspecified convulsions(R56.88)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	LAZAR, GORDON (925171000165)	<b>Admission Date</b>	11/01/2004	<b>Location</b>	Lilac Lane 307LL 1
<b>Last Care Plan Review Completed:</b>		10/31/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Alteration in skin integrity related to BRUISE left dorsum left hand.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/31/2025</p> <p>Revision by: Mario Diamante (Registered Practical Nurse)</p>		<p>• To promote intact skin integrity through healing of BRUISE by December 26, 2025.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>Target Date: 02/26/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Alex/SDM in decision making for treatment of bruise as skin issue.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with bruising to left outer forearm and left dorsum and left hand for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed</p> <p>Date Initiated: 12/02/2025</p> <p>Created on: 12/02/2025</p> <p>Created by: Maria Kabli (Registered Practical Nurse)</p> <p>Revision on: 12/02/2025</p> <p>Revision by: Maria Kabli (Registered Practical Nurse)</p>				
<p>• Alteration in skin integrity related to skin tear to the right elbow.</p> <p>Date Initiated: 12/27/2025</p> <p>Created on: 12/27/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/27/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p>		<p>• To promote intact skin integrity through healing of skin tear by January 15th, 2026.</p> <p>Date Initiated: 12/27/2025</p> <p>Created on: 12/27/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/27/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Target Date: 02/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (resident name)/SDM in decision making for treatment of skin tear as skin issue.</p> <p>Date Initiated: 12/27/2025</p> <p>Created on: 12/27/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>Revision on: 12/27/2025</p> <p>Revision by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with skin tear for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/27/2025</p> <p>Created on: 12/27/2025</p> <p>Created by: Sahar Khaliq (Registered Practical Nurse)</p>				
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site(M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision on: 12/27/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/27/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • TREATMENT: Administer treatment for skin tear to right elbow as per MD order. Date Initiated: 12/27/2025 Created on: 12/27/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 12/27/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)			
• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to left elbow. Date Initiated: 12/21/2025 Created on: 12/21/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/21/2025 Revision by: Maria Kabli (Registered Practical Nurse)		• To promote optimal healing of SKIN TEAR within January 12, 2026. Date Initiated: 12/21/2025 Created on: 12/21/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/21/2025 Revision by: Maria Kabli (Registered Practical Nurse) Target Date: 01/12/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to left elbow for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/21/2025 Created on: 12/21/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/21/2025 Revision by: Maria Kabli (Registered Practical Nurse) • TREATMENT PLAN: Administer treatment for SKIN TEAR to left elbow as per MD Order. Date Initiated: 12/21/2025 Created on: 12/21/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/21/2025 Revision by: Maria Kabli (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 12/21/2025 Created on: 12/21/2025			
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to left elbow.</li> </ul> Date Initiated: 12/21/2025 Created on: 12/21/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/21/2025 Revision by: Maria Kabli (Registered Practical Nurse)			Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/21/2025 Revision by: Maria Kabli (Registered Practical Nurse)				
<ul style="list-style-type: none"> <li>• Potential for BOWEL INCONTINENCE related to loss of sphincter control and cognitive impairment secondary to DEMENTIA</li> </ul> Date Initiated: 12/16/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"> <li>• Alex will have bowel incontinence managed every shift through to the next review period.</li> </ul> Date Initiated: 12/16/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Alex/SDM for decision making about bowel function, toileting options, incontinence management.</li> </ul> Date Initiated: 12/16/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>• MONITORING: Utilize holistic perspective of continuous monitoring of Alex for changes to health status, alteration of continence level or bowel function.</li> </ul> Date Initiated: 12/16/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>• BOWEL Continence level is OCCASIONALLY Incontinent). Report change to level as noted.</li> </ul> Date Initiated: 12/16/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> <li>• BOWEL MOVEMENT: Monitor resident for bowel movement each shift and</li> </ul>			Registered Staff	
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for BOWEL INCONTINENCE related to loss of sphincter control and cognitive impairment secondary to DEMENTIA</div> <div>Date Initiated: 12/16/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/16/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>		<div>document number of occurrences, size and consistency.</div> <div>Date Initiated: 12/30/2025</div> <div>Created on: 12/30/2025</div> <div>Created by: Mario Diamante (Registered Practical Nurse)</div> <div>• SCHEDULED TOILETING of BOWEL Movements ONLY: Toilet (Alex) between 0600 and 2200 and PRN. (*Reminder; set POC frequency below to identified times.)</div> <div>Date Initiated: 12/30/2025</div> <div>Created on: 12/30/2025</div> <div>Created by: Mario Diamante (Registered Practical Nurse)</div> <div>Revision on: 12/30/2025</div> <div>Revision by: Mario Diamante (Registered Practical Nurse)</div> <div>• INCONTINENCE PRODUCT: Resident uses Blue brief.</div> <div>Date Initiated: 12/16/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/29/2025</div> <div>Revision by: Jaspreet Samra (RAI Coord Back-up)</div>	PCA			
<div>• Introduce Alex to Temporary-Activities related to Move In</div> <div>Date Initiated: 12/07/2025</div> <div>Created on: 12/07/2025</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 12/07/2025</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div>	<div>• Alex will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in.</div> <div>Date Initiated: 12/07/2025</div> <div>Created on: 12/07/2025</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 12/07/2025</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div> <div>Target Date: 02/12/2026</div>	<div>• INVITATION: Invite and Encourage Alex to attend scheduled programs. Also extend invite to Spiritual focused programs.</div> <div>Date Initiated: 12/07/2025</div> <div>Created on: 12/07/2025</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 12/07/2025</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div> <div>• CALENDAR: Provide Alex program calendar (verbally review if needed).</div> <div>Date Initiated: 12/07/2025</div> <div>Created on: 12/07/2025</div> <div>Created by: Elsa Ganem (Recreation Aide)</div> <div>Revision on: 12/07/2025</div> <div>Revision by: Elsa Ganem (Recreation Aide)</div> <div>• SOCIAL Introduction: Introduce him to other residents of similar age, interest, language (Hungarian), etc. as he can tolerate.</div> <div>Date Initiated: 12/07/2025</div> <div>Created on: 12/07/2025</div> <div>Created by: Elsa Ganem (Recreation Aide)</div>				
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Introduce Alex to Temporary-Activities related to Move In</li></ul> <p>Date Initiated: 12/07/2025 Created on: 12/07/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 12/07/2025 Revision by: Elsa Ganem (Recreation Aide)</p>			<p>Revision on: 12/07/2025 Revision by: Elsa Ganem (Recreation Aide)</p> <ul style="list-style-type: none"><li>• MUSIC CARE APPROACH: Present Alex with Community music, Music Care Specialists, Musicking, Music Programming, Environmental Sound.</li></ul> <p>Date Initiated: 12/07/2025 Created on: 12/07/2025 Created by: Elsa Ganem (Recreation Aide) Revision on: 12/07/2025 Revision by: Elsa Ganem (Recreation Aide)</p>				
<ul style="list-style-type: none"><li>• Potential for Expressive Behaviour of sexual inappropriate expression, resistance to Care, physical aggression, wandering/ pacing related to Symptom Progression of Dementia, Sundowning</li></ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"><li>• Alex will be supported to adjust to his new environment to lower risk of triggering WANDERING, PHYSICAL, VERBAL, Socially inappropriate behavior episodes through to the next review.</li></ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Alex/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li></ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Alex for indications to change in or for escalating expressive behaviour risk.</li></ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"><li>• TRIGGERS leading to PHYSICAL (Slapping, Kicking, pulling hair) as expression of behaviour include (personal care, anger, frustration, confusion, invasion of personal space, Sundowning, constipation).</li></ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025</p>			BSO - Internal Social Worker	
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• PHYSICAL Behaviour: If Alex is attempting to strikeout; move back from his reach. Calmly indicate that care will continue when he is calm/ready. Seek Registered Staff assistance.</div> <div>Date Initiated: 11/14/2025</div> <div>Created on: 11/14/2025</div> <div>Created by: Maria Kabli (Registered Practical Nurse)</div> <div>Revision on: 11/14/2025</div> <div>Revision by: Maria Kabli (Registered Practical Nurse)</div> <div>• TRIGGERS leading to VERBAL (yelling, cursing) as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• VERBAL Behaviour: If Alex is heard yelling, cursing, calmly remind to lower his voice and that chosen words are not appropriate. Staff can use app such as Google translate to help Alex understand what they are saying. Attempt to resolve his concern. Report episode to Registered Staff.</div> <div>Date Initiated: 12/03/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• TRIGGERS leading to RESISTANCE to Care Needs of (refusing to change clothing, refusal to bathe, refusal of skin assessment) as expression of behaviour include confusion, misunderstanding care needs, poor judgement.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/17/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• RESISTANCE to Care Need: If Alex is declining to bathe, change clothes, re-</div>					
Allergies	No Known Allergies		D.O.B.	05/31/1932		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025		Location	Lilac Lane 301LL 3	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential for Expressive Behaviour of sexual inappropriate expression, resistance to Care, physical aggression, wandering/ pacing related to Symptom Progression of Dementia, Sundowning</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>			approach in 10-15 minutes. Report episode to Registered Staff.				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• RESISTANCE to Care Need: Approach Alex, introduce self, talk slow telling him what will be done. Do not rush in doing morning care. Try to play his favorite music (waltz and gypsy) during care as distraction, and report observation to Registered staff.				
			Date Initiated: 11/12/2025				
			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 12/17/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• TRIGGERS leading to SOCIALLY Inappropriate: urinating in the hallway as expression of behaviour include confusion, decreased insight, poor judgement, limitation in communication, over stimulation)				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• SOCIALLY Inappropriate Behaviour: If Alex is noted urinate in the hallway, clean PCA area using appropriate PPE. Report episode to Registered Staff.				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• SOCIALLY Inappropriate Behaviour: If Alex gets up, places his hand over his lower abdomen, staff to ask if he needs to go to the toilet. Guide him to sit in his toilet.				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential for Expressive Behaviour of sexual inappropriate expression, resistance to Care, physical aggression, wandering/ pacing related to Symptom Progression of Dementia, Sundowning</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>			Revision by: Maria Kabli (Registered Practical Nurse)				
			• WANDERING: Permit Alex to safely roam in common area and entering co residents room. Redirect away from exit doors, elevator or other resident rooms as needed.				
			Date Initiated: 11/12/2025				
			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• SEXUAL Behaviour: Alex demonstrates habit of unwanted touching of others (buttocks). Limit unsupervised time with opposite sex). Report episode to Registered Staff.				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• SEXUAL Behaviour: Redirect him and calmly tell him that is not acceptable behavior. Establish clear expectations by setting and communicating firm rules that such behaviors are not acceptable. Report episode to registered staff.				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• DE-ESCALATION: Alex calms with quiet time, offer juice and cookies, distraction, re-direction, watching tv, music, conversation, etc.)				
			Date Initiated: 11/14/2025				
			Created on: 11/14/2025				
			Created by: Maria Kabli (Registered Practical Nurse)				
			Revision on: 11/14/2025				
			Revision by: Maria Kabli (Registered Practical Nurse)				
			• DIVERSION ACTIVITY: Alex responds well to watching TV, listening to country/opera/classical music, crossword puzzle,word searches and dominos as method to calm or redirect energy.				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for Expressive Behaviour of sexual inappropriate expression, resistance to Care, physical aggression, wandering/ pacing related to Symptom Progression of Dementia, Sundowning</div> <div>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/03/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/24/2025 Revision by: Harsimran Kaur (Registered Nurse)</div> <div>• MEDICATION: Administer medication for therapeutic treatment and management of physically, socially and verbally inappropriate behaviour as per MD Order. Monitor effectiveness and for side effects.</div> <div>Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Sahar Khaliq (Registered Practical Nurse) Revision on: 01/01/2026 Revision by: Sahar Khaliq (Registered Practical Nurse)</div> <div>• ONE to ONE Care: Started on 20 nov. 1:1 to do puzzles,crosswords- try to distract and involve Alex in activities.</div> <div>Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 11/24/2025 Revision by: Harsimran Kaur (Registered Nurse)</div> <div>• APPROACH:</div> <div>- Maintain a gentle tone of voice and calm body language.</div> <div>- Use Gentle Persuasive Approach: Redirection and stop and Go</div> <div>-Ensure Alex feels heard and has a safe space to express his emotions. Encourage his to talk about his feelings.</div> <div>Date Initiated: 11/14/2025 Created on: 11/14/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/25/2025 Revision by: Navpreet Kaur (DOC)</div>	Registered Practical Nurse RN			
<div>• Use of PASD (Left and Right Quarter bed rails) to assist Alex with bed mobility and</div>	<div>• Alex will be effectively supported with use of left and</div>	<div>• HEALTH EDUCATION: Engage with Alex/SDM to enhance their knowledge of possible benefits and challenges associated with Use of left and right quarter bed</div>				
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
transfer. Date Initiated: 11/22/2025 Created on: 11/22/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/22/2025 Revision by: Maria Kabli (Registered Practical Nurse)		right quarter bed rails to optimize Activity of Daily Living bed mobility and transfer each day through to the next review date. Date Initiated: 11/22/2025 Created on: 11/22/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/22/2025 Revision by: Maria Kabli (Registered Practical Nurse) Target Date: 02/12/2026	rails. Date Initiated: 11/22/2025 Created on: 11/22/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/22/2025 Revision by: Maria Kabli (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL). Date Initiated: 11/22/2025 Created on: 11/22/2025 Created by: Maria Kabli (Registered Practical Nurse) • BED RAIL (TWO PARTIAL): (left and right 1/4 Rails) in USE as a PASD to assist Alex with bed mobility and transfer in/out of bed). Monitor every shift. Date Initiated: 11/22/2025 Created on: 11/22/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 11/22/2025 Revision by: Maria Kabli (Registered Practical Nurse)			Registered Staff	
• URINARY (Mixed) INCONTINENCE related to Dementia Diagnosis Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/14/2025 Revision by: Maria Kabli (Registered Practical Nurse)		• Alex will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	• COMMUNICATION: Involve/collaborate with Alex/SDM for decision making about incontinence management. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Alex for toileting needs, changes to health status and alteration of continence level. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • URINARY Continence level is frequently incontinent. Report change to level as noted. Date Initiated: 11/12/2025			PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• URINARY (Mixed) INCONTINENCE related to Dementia Diagnosis Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/14/2025 Revision by: Maria Kabli (Registered Practical Nurse)</div>		<div>Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator) • SCHEDULED TOILETING: Toilet Alex every 2 hours starting at 0630. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 12/31/2025 Revision by: Mario Diamante (Registered Practical Nurse) • INCONTINENCE PRODUCT: Resident uses Blue brief during all shifts. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/29/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</div>	<div>PCA</div> <div>PCA</div>			
<div>• Active ROM. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To maintain and improve joint flexibility and strength from grade 3/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/12/2026</div>	<div>• Provide AROM abduction/adduction/ extension/flexion/ supination/pronation/dorsiflexion/plantarflexion to bilateral hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using AROM, As cooperated use the theraband/therapeutic ball OR free weights 3/wk. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist</div> <div>PTA</div>			
<div>• Ambulation. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To identify and reduce the risk of falls and decrease Alex's # of falls to 0 over 3 months. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist)</div>	<div>• Alex to ambulate with supervised or as needed limited 1 tem member assist for 10 meters 3/wk. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist</div> <div>PTA</div>			
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/12/2026  • To prevent a decline in Alex's ability and the distance of walking of 10-15 meters over the stay at Home. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/12/2026	• Alex to perform balance exercises as possible (marching in place, reaching, heel/toe raises) with one team member in a standing position 3 times a week. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)				PT - Physiotherapist PTA	
• Nutrition Risk Level Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC)		• Alex will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026  • Will weigh within GWR/Realistic weight range of 67 - 81 kg/BMI 24-29 through to next review date. Date Initiated: 11/13/2025 Created on: 11/13/2025	• NUTRITION RISK: ALEX is MODERATE risk level. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Alex will receive regular diet, regular texture Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Alex drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD))				Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
• Nutrition Risk Level Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC)	Created by: Danielle Knott (ADOC) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026  • Alex will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 73.7 kg through to next review date. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC) Revision on: 11/24/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/12/2026	• FLUID TARGET: Encourage Alex to drink a minimum of 1474 ml per day. Date Initiated: 11/27/2025 Created on: 11/27/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 11/27/2025 Revision by: Julia Pilca (Dietitian (RD))  • DINING INSTRUCTIONS: Alex needs one team member to assist him with cutting his food into bite-sized pieces. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Danielle Knott (ADOC) Revision on: 11/13/2025 Revision by: Danielle Knott (ADOC)  • HIGH FIBRE: Offer Alex 125 ml prune juice at breakfast daily. Date Initiated: 11/24/2025 Created on: 11/24/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 11/25/2025 Revision by: Julia Pilca (Dietitian (RD))	PCA   Registered Practical Nurse   PCA	        D/E		
	• Potential to experience FOOT/FEET complications related to bilateral foot or toenail issues, fungal/ingrown/thicken toenails, . Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)	• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Target Date: 02/12/2026	• COMMUNICATION: Involve/collaborate with Alex/SDM) in decision making for foot care treatment plan. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)  • TREATMENT PLAN: Alex requires footcare/treatment every (Specify; 6 weeks, 8 weeks, PRN, etc.). Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)  • PREFERENCE: Alex likes to have (Specify; footcare in morning, footcare with family present, PSW at bedside for comfort/distraction, family to trim toenails, etc.). Date Initiated: 11/13/2025	Footcare Nurse - Internal        Footcare Nurse - Internal		
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience FOOT/FEET complications related to bilateral foot or toenail issues, fungal/ingrown/thicken toenails, .</li> </ul> <p>Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>			<p>Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>			
<ul style="list-style-type: none"> <li>Alteration in skin integrity related to BRUISE to Blue purple bruise to right outer wrist.</li> </ul> <p>Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>To promote intact skin integrity through healing of BRUISE by Dec 12.</li> </ul> <p>Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 02/12/2026</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Alex/SDM in decision making for treatment of bruise as skin issue.</li> </ul> <p>Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident with blue purple bruise to right outer wrist for changes to health status and alteration or complications affecting skin integrity.</li> </ul> <p>Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> <li>WEEKLY ASSESSMENT- Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li> </ul> <p>Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025</p>			
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Alteration in skin integrity related to BRUISE to Blue purple bruise to right outer wrist. Date Initiated: 11/13/2025 Created on: 11/13/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 11/13/2025 Revision by: Rajdeep Kaur (Registered Nurse)</div>		Revision by: Rajdeep Kaur (Registered Nurse)			
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Dementia Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To promote adequate rest/sleep for Alex based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026</div>	<div>• REST PATTERN: Preferred bedtime 2000-2100, usual wake time 0700-0800. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • SLEEPWEAR: Alex prefers to wear long/short night gown, pajamas bottoms. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITOR: Monitor Alex's sleeping patterns. Document when awake or asleep. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>PCA</div> <div>PCA</div> <div>PCA</div>	<div></div> <div></div> <div>Q1H</div>	
<div>• Altered COMMUNICATION as exhibited by limitations to (self expression, comprehension, slurred speech, mumbled speech) related to Hard of hearing to left / right side</div>	<div>• Alex will be supported to make basic needs known each day through to the review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI</div>	<div>• COMMUNICATION: Involve/collaborate with Alex/SDM for decision making about strategies needed to support effective communication. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025</div>			
Allergies	No Known Allergies	D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)	Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

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Focus		Goal	Interventions		Position	Freq/Resolved
Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)		Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	Revision by: Richele Rosales (RAI Coordinator)  • HEALTH TEACHING: Engage with Alex/SDM to enhance their knowledge of (communication devices, hearing aids, change in health status) affecting communication ability. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)  • PRIMARY LANGUAGE: Alex's primary language is Hungarian. He is able to speak/understand English. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)  • COMMUNICATION DEVICE: Alex uses (SPECIFY: Pocket Talker, amplifier, communication book/board, writing pad, picture cards, cue cards, etc.) to enhance communication. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)			
• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)		• Alex will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with Alex/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)  • HEALTH TEACHING: Engage with Alex/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)			
Allergies	No Known Allergies		D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)		Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
		Target Date: 02/12/2026	<div>Revision on: 11/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• ORIENTATION: Gently reorient to person, place, time as needed when Alex is feeling lost or in confused state.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• PERSONAL ROUTINE: Provide consistency in care routine and activities (SPECIFY what the routine looks like such as; wears pajamas to dining room for breakfast, reads paper after breakfast, etc.).</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/04/2025</div> <div>Revision by: Sahar Khaliq (Registered Practical Nurse)</div> <div>• ENVIRONMENT: Provide environmental clue to promote resident ability to locate room and navigating home area (name plate, photo, memory box) outside of room.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>					PCA	
<div>• Increased risk for FALLS related to impaired mobility. Limitation of cognitive function/altered judgement with a diagnosis of Dementia.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Alex/SDM in decision making in fall prevention Plan of Care.</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 11/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: high/low bed</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 11/12/2025</div>					PCA	
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh		
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3		

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
			Revision by: Richele Rosales (RAI Coordinator)						
			• ENVIRONMENT: Secure environment : reduce clutter, night light, bathroom signage, toilet height, quiet environment to reduce fall risk for Alex.						
			Date Initiated: 11/12/2025						
			Created on: 11/12/2025						
			Created by: Richele Rosales (RAI Coordinator)						
			Revision on: 11/12/2025						
			Revision by: Richele Rosales (RAI Coordinator)						
			• BED: place bed in knee height to lower risk for injury.						
			Date Initiated: 11/12/2025						
			Created on: 11/12/2025						
			Created by: Richele Rosales (RAI Coordinator)						
			Revision on: 12/03/2025						
			Revision by: Jaspreet Samra (RAI Coord Back-up)						
			• ACTIVITY: Engage Alex in meaningful activity to decrease boredom and or restlessness. Resident likes to: (SPECIFY: fold towels, answer the phone, play cards, etc.).						
			Date Initiated: 11/12/2025						
			Created on: 11/12/2025						
			Created by: Richele Rosales (RAI Coordinator)						
			Revision on: 11/12/2025						
			Revision by: Richele Rosales (RAI Coordinator)						
			• FOOTWEAR: Ensure Alex wears appropriate footwear (shoes or non-skid socks for transfers ambulation).						
			Date Initiated: 11/12/2025						
			Created on: 11/12/2025						
			Created by: Richele Rosales (RAI Coordinator)						
			Revision on: 11/12/2025						
			Revision by: Richele Rosales (RAI Coordinator)						
			• HIP PROTECTORS: Alex wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing.						
			Date Initiated: 11/19/2025						
			Created on: 11/19/2025						
			Created by: Rajdeep Kaur (Registered Nurse)						
			Revision on: 11/19/2025						
			Revision by: Rajdeep Kaur (Registered Nurse)						
Allergies	No Known Allergies			D.O.B.	05/31/1932		Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025		Location	Lilac Lane 301LL 3	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<div>• Increased risk for FALLS related to impaired mobility. Limitation of cognitive function/altered judgement with a diagnosis of Dementia. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</div>			<div>• ALARM: Requires personal alarm at night time only or when resident is in bed. Check placement and working order. Staff respond when alarm is heard. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/03/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</div>		PCA	D/E/N
<div>• Potential for Acute PAIN and alteration in comfort level related to Arthritis/Gout. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Alex/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • NON VERBAL CUES of PAIN for Alex include facial grimacing, tight fists, crying,</div>		RN Registered Practical Nurse  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Acute PAIN and alteration in comfort level related to Arthritis/Gout. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/18/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)				
			• PHYSIO TREATMENT: Alex to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)				
			• REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.). Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)				
			• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/18/2025 Revision by: Sahar Khaliq (Registered Practical Nurse)				
<p>• Potential for muscular dysfunction, contractures and bone deformity related to GOUT Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<p>• To treat and minimize signs/symptoms or complications associated with Gout through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/ collaborate with Alex/SDM in decision making of musculoskeletal care management. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Engage with Alex/SDM to enhance his comprehension of treatment, possible complications, disease trajectory associated with Gout.</p>				
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Alex ent for management of Gout for discomfort/ complications or changes to health status. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Potential to experience alteration in CARDIAC FUNCTION related to; Myocardial Infarction History Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with Myocardial Infarction History through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	• HEALTH TEACHING: Engage with Alex/SDM to enhance his comprehension of treatment, possible complications, disease trajectory associated with Myocardial Infarction history. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • COMMUNICATION: Involve/collaborate with Alex/SDM in decision making of Cardiac Care Management for Myocardial Infarction history. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Ales with Myocardial Infarction history for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • RESCUE MEDICATIONS: Administer NITRO-SPRAY for Angina, chest pain, Registered				
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Limitation Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)		and have ADL care needs met each day through to the next review date. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026	day. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/07/2025 Revision by: Mario Diamante (Registered Practical Nurse) • BED MOBILITY: Alex is INDEPENDENT Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Alex requires LIMITED to EXTENSIVE assistance x 1 staff for dressing UPPER & LOWER body. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/04/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • EATING: Alex requires SUPERVISION while eating, and SETUP from one team member to cut up food into bite-sized pieces Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/13/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Alex requires SUPERVISION on and off unit due to wandering behavior. Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Alex requires LIMITED to EXTENSIVE assistance x 1 staff for hygiene. Date Initiated: 11/12/2025				PCA	
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh	
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</div> <div>Date Initiated: 11/12/2025</div> <div>Created on: 11/12/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 11/12/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• HAND HYGIENE: Alex requires SUPERVISION.				
			Date Initiated: 11/12/2025				
			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 11/12/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• TOILET USE: Alex requires LIMITED to EXTENSIVE assistance x 1 staff for toileting.				
			Date Initiated: 11/12/2025				
			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 11/12/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• TRANSFERRING: Alex requires SUPERVISION x 1 staff for safety due to unsteady gait.				
			Date Initiated: 11/12/2025				
			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 11/13/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• ORAL CARE: Alex has TEETH. 1 staff to provide LIMITED assistance for oral care.				
			Date Initiated: 11/12/2025				
			Created on: 11/12/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 11/12/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• FOOT CARE: PSW to complete toenail care every shower day. Report long toe nails or other abnormalities as noted.				
			Date Initiated: 11/12/2025				
Created on: 11/12/2025							
Created by: Richele Rosales (RAI Coordinator)							
Revision on: 11/12/2025							
Revision by: Richele Rosales (RAI Coordinator)							
Allergies	No Known Allergies			D.O.B.	05/31/1932	Physician	Harpal Singh
Diagnosis	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MARAZ, ALEXANDER (925171002313)			Admission Date	11/12/2025	Location	Lilac Lane 301LL 3

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> <li>SHAVING - Alex prefers (specify, beard, mustache, face) shaved (specify; daily or specific day of the week).</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) <li>RESIDENT PREFERENCE with ADL activities as follows: Male staff preferred.</li> <p>Resident responds well with Male staff vs female staff</p> <p>Date Initiated: 12/02/2025 Created on: 12/02/2025 Created by: Danielle Knott (ADOC) Revision on: 12/02/2025 Revision by: Danielle Knott (ADOC)</p> </p>	PCA	D
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Alex's Medical Treatment and End of Life Care</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"> <li>To support and honor Alex's expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/12/2026</p>	<ul style="list-style-type: none"> <li>CPR: Alex wishes express NO CPR and NO TRANSFER to hospital.</li> </ul> <p>Date Initiated: 11/12/2025 Created on: 11/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/31/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	MARAZ, ALEXANDER (925171002313)	<b>Admission Date</b>	11/12/2025	<b>Location</b>	Lilac Lane 301LL 3

## Care Plan Report


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**Diagnosis**

Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site(M10.99), Presence of cardiac pacemaker(Z95.00)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/31/1932	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Unspecified dementia(F03), Arthritis, unspecified, unspecified site(M13.99), Old myocardial infarction(I25.2), Conductive hearing loss, unspecified(H90.2), Gout, unspecified, unspecified site (M10...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	MARAZ, ALEXANDER (925171002313)	<b>Admission Date</b>	11/12/2025	<b>Location</b>	Lilac Lane 301LL 3

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Balance /Ambulation.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 01/29/2021</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/13/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To decrease Heather's number of falls to 0 overstay in LTC.</p> <p>Maintain and improve posture so Heather maintains sitting balance safely w/c use to 0 overstays in LTC</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 01/29/2021</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/13/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 02/21/2026</p>	<p>• Depending on the day Heather is to perform balance exercises using therapeutic Ball Exs 3/wk.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 01/29/2021</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/13/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>				PT - Physiotherapist	PTA
<p>• Active ROM.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 01/29/2021</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/13/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To improve Heather bilateral knee, hip, and shoulder flexibility at the end range and maintain/improve strength from grade 3-/5 to grade 3/5 in 3 months, (Manual Muscle Test)</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 01/29/2021</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/13/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 02/21/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using AAROM, PROM, Therapeutic balls ( as possible) 3/wk.</p> <p>Date Initiated: 08/13/2025</p> <p>Created on: 01/29/2021</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/13/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>				PT - Physiotherapist	PTA
Allergies	No Known Allergies		D.O.B.	10/05/1960	Physician	Harpal Singh		
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified (I95.9)							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	McKENZIE, HEATHER (925171001962)		Admission Date	12/02/2019	Location	Lilac Lane 304LL 2		
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Active ROM.</li> </ul> Date Initiated: 08/13/2025 Created on: 01/29/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Date Initiated: 08/13/2025 Created on: 01/29/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026				
<ul style="list-style-type: none"> <li>• Potential to experience FOOT/FEET complications</li> </ul> Date Initiated: 07/17/2021 Created on: 07/17/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 03/04/2025 Revision by: Danielle Knott (ADOC)		<ul style="list-style-type: none"> <li>• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date.</li> </ul> Date Initiated: 08/18/2023 Created on: 07/17/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with (Heather/SDM) in decision making for footcare treatment plan.</li> </ul> Date Initiated: 07/17/2021 Created on: 07/17/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 07/17/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)			
<ul style="list-style-type: none"> <li>• Potential for Expressive Behaviour related Dx. Dementia and Down Syndrome and wanting to socialise with others.</li> </ul> Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/04/2025 Revision by: Danielle Knott (ADOC)		<ul style="list-style-type: none"> <li>• To decrease episodic frequency of crying out by next review date.</li> </ul> Date Initiated: 11/21/2025 Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Heather for indications to change in or for escalating expressive behaviour risk.</li> </ul> Date Initiated: 05/17/2024 Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)					
<b>Facility</b>	Wellington Park Care Centre				<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)		<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>		11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Created on: 05/17/2024            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 05/17/2024            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• VERBAL Behaviour: If Heather is heard yelling, names; calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern.            Report episode to Registered Staff.            Date Initiated: 05/17/2024            Created on: 05/17/2024            Created by: Vesey Muthu-Vojtek (RAI Coordinator)            Revision on: 05/17/2024            Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Use of PASD TILT wheelchair to assist resident with Activity of Daily Living PASD for repositioning and improved sitting posture..            Date Initiated: 08/27/2024            Created on: 08/27/2024            Created by: Maria Kabli (Registered Practical Nurse)            Revision on: 08/27/2024            Revision by: Maria Kabli (Registered Practical Nurse)</p>	<p>• Heather will be effectively supported with use of PASD-TILT wheelchair for positioning and improved sitting posture to optimize Activity of Daily Living (Specify ADL) each day through to the next review date.            Date Initiated: 08/27/2024            Created on: 08/27/2024            Created by: Maria Kabli (Registered Practical Nurse)            Revision on: 08/27/2024            Revision by: Maria Kabli (Registered Practical Nurse)            Target Date: 02/21/2026</p>	<p>• Tilted chair headrest has a silk cover as per family's request to ensure hair at the back of the head do not get rough.            Date Initiated: 04/06/2025            Created on: 04/06/2025            Created by: Sahar Khaliq (Registered Practical Nurse)</p> <p>• HEALTH EDUCATION: Engage with Heather/SDM to enhance their knowledge of possible benefits and challenges associated with Use of PASD-TILT wheelchair for positioning and improved sitting posture..            Date Initiated: 08/27/2024            Created on: 08/27/2024            Created by: Maria Kabli (Registered Practical Nurse)            Revision on: 08/27/2024            Revision by: Maria Kabli (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL).            Date Initiated: 08/27/2024            Created on: 08/27/2024            Created by: Maria Kabli (Registered Practical Nurse)</p> <p>• TILTED CHAIR in USE as a PASD to support resident with (specify; ADL or position). Monitor every shift. POA Lynne McAskill gave verbal consent August 27, 2024.            Date Initiated: 08/27/2024            Created on: 08/27/2024            Created by: Maria Kabli (Registered Practical Nurse)</p>	Registered Staff	D/E/N	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)	<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Use of PASD TILT wheelchair to assist resident with Activity of Daily Living PASD for repositioning and improved sitting posture.. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Maria Kabli (Registered Practical Nurse) Revision on: 08/27/2024 Revision by: Maria Kabli (Registered Practical Nurse)			Revision on: 08/27/2024 Revision by: Maria Kabli (Registered Practical Nurse)				
• High risk for FALLS related to Limitation of cognitive function/altered judgement secondary to DOWN's SYNDROME and daily use of Antidepressants. Date Initiated: 02/13/2023 Created on: 12/02/2019 Created by: Donna Duah (Registered Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period Date Initiated: 11/21/2025 Created on: 12/02/2019 Created by: Donna Duah (Registered Nurse) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with SDM in decision making in fall prevention Plan of Care. Date Initiated: 05/17/2024 Created on: 12/02/2019 Created by: Donna Duah (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CALL BELL: Ensure call bell in place and within reach. Heather is unable to understand how to pull it Date Initiated: 05/09/2023 Created on: 12/02/2019 Created by: Donna Duah (Registered Nurse) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • BED: Use high/low bed placed in the lowest position to lower risk for injury. Date Initiated: 05/09/2023 Created on: 12/02/2019 Created by: Donna Duah (Registered Nurse) Revision on: 05/09/2023			PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	10/05/1960	Physician	Harpal Singh	
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	McKENZIE, HEATHER (925171001962)		Admission Date	12/02/2019	Location	Lilac Lane 304LL 2	
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<div>• High risk for FALLS related to Limitation of cognitive function/altered judgement secondary to DOWN's SYNDROME and daily use of Antidepressants. Date Initiated: 02/13/2023 Created on: 12/02/2019 Created by: Donna Duah (Registered Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Revision by: Victoria Edwards (RPN) • ACTIVITY: Engage Heather in meaningful activity to decrease boredom and or restlessness. She likes such as Heather enjoys coloring. Date Initiated: 11/15/2024 Created on: 12/07/2019 Created by: Michael Palangi (Registered Nurse) Revision on: 11/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PROGRAMS: Offer heather to participate in Programs which encourage physical activity endurance, muscle strengthening exercises, flexibility training and balance exercises, Walk , PT also involve in post fall assessment, intervention recommendations. Date Initiated: 08/09/2023 Created on: 01/29/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/09/2023 Revision by: Uzma Habib (PT - Physiotherapist) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 03/15/2023 Created on: 03/15/2023 Created by: Victoria Edwards (RPN)</div>		Registered Staff		
<div>• URINARY (Functional) : Heather is TOTAL incontinent of urine. Date Initiated: 11/08/2022 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)</div>		<div>• Heather will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</div>	<div>• URINARY Continence level is TOTAL incontinent. Report change to level as noted. Date Initiated: 11/08/2022 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 11/08/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CHECK and CHANGE: Heather experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 08/31/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</div>		PCA		
Allergies	No Known Allergies			D.O.B.	10/05/1960	Physician	Harpal Singh
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	McKENZIE, HEATHER (925171001962)			Admission Date	12/02/2019	Location	Lilac Lane 304LL 2
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Created by: Richele Rosales (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Revision by: Richele Rosales (RAI Coordinator) • PRIMARY LANGUAGE: Heather's primary language is English. Date Initiated: 11/09/2021 Created on: 11/09/2021 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2025 Revision by: Richele Rosales (RAI Coordinator) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no All questions, uses simple words/phrases, etc. Date Initiated: 11/09/2021 Created on: 11/09/2021 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/09/2021 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of daily antidepressants- these put Heather at increased risk for falls.</li> </ul> Date Initiated: 02/15/2021 Created on: 02/15/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/15/2021 Revision by: Sandra Davis (Registered Practical Nurse)	<ul style="list-style-type: none"> <li>To monitor effectiveness and for side effects of Antidepressants used each day through to the next review date.</li> </ul> Date Initiated: 05/16/2025 Created on: 02/15/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 05/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with POA sister Lynne in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> Date Initiated: 02/15/2021 Created on: 02/15/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/15/2021 Revision by: Sandra Davis (Registered Practical Nurse) <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident using anti-depressant for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> Date Initiated: 02/15/2021 Created on: 02/15/2021 Created by: Sandra Davis (Registered Practical Nurse) Revision on: 02/15/2021 Revision by: Sandra Davis (Registered Practical Nurse) <ul style="list-style-type: none"> <li>MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</li> </ul> Date Initiated: 02/15/2021 Created on: 02/15/2021 Created by: Sandra Davis (Registered Practical Nurse)	Registered Staff	
• COGNITIVE LOSS; or alteration in	• Heather is severely impaired in cognition and will have needs	• COMMUNICATION: Involve/collaborate with Heather/SDM in decision making of Cognitive Loss for Dementia and Down's Syndrome.		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/05/1960	<b>Physician</b> Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)			
<b>Facility</b>	Wellington Park Care Centre		<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)	<b>Admission Date</b>	12/02/2019	<b>Location</b> Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>		11/21/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
thought processes has both long and short term memory loss related to DEMENTIA and DOWN's SYNDROME. Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 02/15/2021 Revision by: Sandra Davis (Registered Practical Nurse)	interpreted and met each day through to the review date. Date Initiated: 11/21/2025 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH TEACHING: Engage with SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Down's Syndrome Date Initiated: 06/05/2020 Created on: 12/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse) • ORIENTATION: Gently reorient to person, place, time as needed when Heather is feeling lost or in confused state.. Date Initiated: 06/05/2020 Created on: 12/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PERSONAL ROUTINE: Provide consistency in care routines and activities. Date Initiated: 06/05/2020 Created on: 12/10/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication as per MD order. Monitor effectiveness and for side effects. Date Initiated: 06/05/2020 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	Social Worker   <	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
physical movements with insomnia related to DX Dementia. Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 02/15/2021 Revision by: Sandra Davis (Registered Practical Nurse)		range of 0-2 by the review date. Date Initiated: 11/21/2025 Created on: 02/07/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse) • SLEEP/REST: Promote adequate sleep and rest to stability of Heather's mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse) • MEDICATION: Administer medication for INSOMNIA as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse)				All	
• Risk for/Impaired SKIN INTEGRITY related to Incontinence secondary to cognitive impairment. Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Sangeeta Saroy (RPN) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/21/2025 Created on: 12/03/2019 Created by: Sangeeta Saroy (RPN) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Heathers' usual skin condition to Registered Staff as noted. Date Initiated: 11/15/2024 Created on: 11/15/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Heathert/SDM in health education regarding prevention of skin impairment and management.. Date Initiated: 11/15/2024 Created on: 11/15/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EQUIPMENT: Heather requires Roho cushion and positioning devices to offload pressure. Date Initiated: 11/14/2022				PCA	
Allergies	No Known Allergies			D.O.B.	10/05/1960	Physician	Harpal Singh	
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	McKENZIE, HEATHER (925171001962)			Admission Date	12/02/2019	Location	Lilac Lane 304LL 2	
Last Care Plan Review Completed:		11/21/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Risk for/Impaired SKIN INTEGRITY related to Incontinence secondary to cognitive impairment. Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Sangeeta Saroy (RPN) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p>			Created on: 11/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/04/2024 Revision by: Alison McAulay (RN) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 08/14/2025 Revision by: Danielle Knott (ADOC)			PCA	Q2h
			• SHEAR FRICTION: Utilize Wendylett sheet when moving resident in bed to minimize shear friction. Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 02/26/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	
			• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episodes Date Initiated: 06/05/2020 Created on: 12/03/2019 Created by: Sangeeta Saroy (RPN) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			PCA	
<p>• Potential for CONSTIPATION related to daily use of medication with binding effect, decreased mobility, etc. Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p>		<p>• Heather will have regular soft formed bowel movements every 1-2 days through to the next review. Date Initiated: 02/16/2024 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 02/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• FLUIDS: Encourage resident to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) • PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 12/17/2020 Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 12/17/2020</p>			Registered Staff	
Allergies	No Known Allergies			D.O.B.	10/05/1960	Physician	Harpal Singh
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	McKENZIE, HEATHER (925171001962)			Admission Date	12/02/2019	Location	Lilac Lane 304LL 2
Last Care Plan Review Completed:		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 02/21/2026	Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse)			
• Potential for muscular dysfunction, contractures and bone deformity related to ARTHRITIS Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To treat and minimize signs/symptoms or complications associated with ARTHRITIS through to the next review date. Date Initiated: 08/18/2023 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/ collaborate with Heather/SDM in decision making of musculoskeletal care management. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of ARTHRITIS for discomfort/ complications or changes to health status. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PAIN MANAGEMENT for ARTHRITIS prescribed and in place; refer to Pain Care Plan. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up)	PT - Physiotherapist Physical Therapy Assistant		
• Potential for Acute, Persistent PAIN and alteration in comfort level related to ARTHRITIS. Most Current MDS Pain Score is 0. Date Initiated: 06/05/2020 Created on: 06/05/2020	• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/21/2025 Created on: 06/05/2020	• COMMUNICATION: Involve/collaborate with Heather/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020			
Allergies	No Known Allergies	D.O.B.	10/05/1960	Physician	Harpal Singh
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	McKENZIE, HEATHER (925171001962)	Admission Date	12/02/2019	Location	Lilac Lane 304LL 2
Last Care Plan Review Completed:		11/21/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Revision by: Aline Mendoza (RAI Coord Back-up)  • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up)  • REST: accommodate resident rest and relaxation preference such as breaks between activities and remaining in bed. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	RN Registered Practical Nurse			
• Altered VISION related to STRABISMUS Date Initiated: 06/05/2020 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To treat and minimize complications of STRABISMUS through to next review date. Date Initiated: 11/21/2025 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Heather/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)  • HEALTH TEACHING: Engage with Heather/SDM to enhance their knowledge of Strabismus affecting vision. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• Expressed Wishes and Beliefs related to Heather's Medical Treatment and End of Life Care Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To support and honor Heather's expressed wishes and beliefs through to the End of Life. Date Initiated: 05/16/2023 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up)	• CPR: Heather's wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 06/05/2020 Created on: 06/05/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	All			
Allergies	No Known Allergies		D.O.B.	10/05/1960	Physician	Harpal Singh
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	McKENZIE, HEATHER (925171001962)		Admission Date	12/02/2019	Location	Lilac Lane 304LL 2
Last Care Plan Review Completed:		11/21/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved			
up)		Coord Back-up) Revision on: 05/16/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026									
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive impairment secondary to MILD DEMENTIA and DOWN's SYNDROME. Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Heather will have ALL ADL care needs met each day through the next review date. Date Initiated: 11/21/2025 Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• BATHING: Heather prefers shower on (FRIDAY DAYS and MONDAY EVENING) and is TOTAL x1 staff assists.On Shower days , strip the linens, wipe mattress with Virox and place new linens. Heather uses Wendylett sheets. Nail care to be provided on shower/bath day, any thicken nails should be reported to nurse Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED MOBILITY: Heather is TOTAL with 2 staff assist; moves to and from lying position, turns side to side, and positions body while in bed. Date Initiated: 11/08/2022 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 08/08/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Heather is TOTAL with 2 staff assist for dressing. Date Initiated: 02/13/2023 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 02/28/2025 Revision by: Danielle Knott (ADOC) • EATING: Heather requires TOTAL x1 assistance with one staff member for eating each meals. Date Initiated: 02/13/2023 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 02/07/2024 Revision by: Luchel David (RPN) • LOCOMOTION: On Unit /OFF UNIT : staff x1 TOTAL assistance with wheelchair .				PCA				
Allergies	No Known Allergies			D.O.B.	10/05/1960	Physician	Harpal Singh				
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)										
Facility	Wellington Park Care Centre					Print Date	1/4/2026				
Resident	McKENZIE, HEATHER (925171001962)			Admission Date	12/02/2019	Location	Lilac Lane 304LL 2				
Last Care Plan Review Completed:		11/21/2025									

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive impairment secondary to MILD DEMENTIA and DOWN's SYNDROME.  Date Initiated: 12/02/2019  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 06/05/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Date Initiated: 02/13/2023  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 08/20/2024  Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PERSONAL HYGIENE: Heather requires TOTAL assistance with 2 staff. Trim the pubic hair in order to give proper continence care.  Date Initiated: 02/13/2023  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 02/28/2025  Revision by: Danielle Knott (ADOC)</p> <p>• HAND HYGIENE: 1 staff to provide Heather with TOTAL assistance for hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene when in common areas.  Date Initiated: 07/28/2021  Created on: 07/28/2021  Created by: Dale Bamforth (Nurse Clinician )  Revision on: 08/08/2025  Revision by: Richele Rosales (RAI Coordinator)</p> <p>• TOILET USE: Heather is TOTAL with 2 staff assist with brief changes.  Date Initiated: 02/13/2023  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 02/07/2024  Revision by: Luchel David (RPN)</p> <p>• TRANSFERRING: Heather is TOTAL assistance with 2 staff for transferring to bed and wheelchair using Hoyer Lift.  Date Initiated: 02/13/2023  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 04/14/2025  Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• TRANSFER LIFT/SLING: Small sling and toileting sling needed for transfer.  Date Initiated: 11/22/2022  Created on: 11/22/2022</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)	<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>	11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive impairment secondary to MILD DEMENTIA and DOWN's SYNDROME.  Date Initiated: 12/02/2019  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 06/05/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Created by: Victoria Edwards (RPN)  Revision on: 03/24/2025  Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ORAL CARE: Heather requires total assist x 1 person for oral care twice a day.  Date Initiated: 12/02/2019  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 01/19/2024  Revision by: Donna Duah (Registered Nurse)</p> <p>• FOOT CARE: Foot Care Nurse to complete toenail care. Report long toe nails or other abnormalities as noted.  Date Initiated: 12/02/2019  Created on: 12/02/2019  Created by: Neeraj Bhutta (RPN)  Revision on: 12/17/2020  Revision by: Nicole Wieske (Registered Practical Nurse)</p>	PCA		
<p>• STRONG PARTICIPATION in Activities.  Date Initiated: 12/26/2019  Created on: 12/26/2019  Created by: Elsa Ganem (Activities/Rec Therapy)  Revision on: 03/09/2020  Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• Heather will be supported to maintain participation in activities 15-20 times per month by the next review date.  Date Initiated: 11/06/2024  Created on: 12/26/2019  Created by: Elsa Ganem (Activities/Rec Therapy)  Revision on: 11/06/2024  Revision by: Elsa Ganem (Recreation Aide)</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as Sing song, Hymn Sing, Special events/entertainment, Readers circle and Social cart. Heather will passively participate in programs. Heather can get agitated if the environment is overwhelming. If the room is too loud for her, staff will transfer her to a quiet area for relaxation (TV room or her bedroom).  Date Initiated: 12/26/2019  Created on: 12/26/2019  Created by: Elsa Ganem (Activities/Rec Therapy)  Revision on: 11/06/2024  Revision by: Elsa Ganem (Recreation Aide)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)	<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>	11/21/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	<p>Target Date: 02/21/2026</p> <p>• Heather will maintain ISE score of 5 by the next review date.</p> <p>Date Initiated: 11/15/2024 Created on: 12/26/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 05/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching TV, and listening to music.</p> <p>Date Initiated: 12/26/2019 Created on: 12/26/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• HELPFUL HINTS: Heather enjoys interacting with staff, family visiting and her one to one caregiver. She enjoys one on one and small group conversations. She enjoys outdoors. Family provides a one to one agency staff twice a week. Staff will update them on any changes in her routine, cognition, etc.</p> <p>Heather chews on one of her fingers as a soothing technique. To avoid harm, family has provided toys for her to hold.</p> <p>Heather enjoys listening to music in her bedroom.</p> <p>Date Initiated: 12/26/2019 Created on: 12/26/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• SENSORY STIMULATION: Provide her with Sensory Stimulation for Hand Massage, Tactile Books, Reading Aloud, Sensory Pictures and toys, etc.</p> <p>Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• THERAPIES: Present Heather with music therapy, aromatherapy, massage therapy to improve comfort, inclusion, and fun.</p> <p>Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Heather's family is highly involved in Heather's life at WPCC. They visit on a weekly basis. Also, Heather has a weekly video call with her</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)	<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>		11/21/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• <b>STRONG PARTICIPATION</b> in Activities. Date Initiated: 12/26/2019 Created on: 12/26/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 03/09/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>nieces using Google Meet. The video call is every Wednesday at 5:45 pm. Heather will use iPad #3, iPad holder and headphones. The link is on Google Calendar on iPad # located on Lilac Lane. Date Initiated: 10/10/2023 Created on: 10/10/2023 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p> <p>• <b>MUSIC CARE APPROACH:</b> Present Heather with music care approaches such as Music Care Specialists, Musicking, Environmental Sound, and Music Programming such a as Hymn Sing, Sing Along, Live music events, Musical Bingo, etc. Date Initiated: 11/06/2024 Created on: 11/06/2024 Created by: Elsa Ganem (Recreation Aide) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p>		Recreation Aide		
<p>• <b>SPIRITUAL BELIEFS:</b> Heather is of the Christian Faith. Date Initiated: 12/21/2019 Created on: 12/21/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 12/21/2019 Revision by: Elsa Ganem (Activities/Rec Therapy)</p>		<p>• To provide Heather spiritual support as interested through to the next review date. Date Initiated: 12/21/2019 Created on: 12/21/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 12/21/2019 Revision by: Elsa Ganem (Activities/Rec Therapy) Target Date: 02/21/2026</p>	<p>• <b>SPIRITUAL PROGRAMS:</b> Encourage her to attend spiritual programs of her choice including Glad Tidings church service, Hymn Sing and virtual church. Date Initiated: 12/21/2019 Created on: 12/21/2019 Created by: Elsa Ganem (Activities/Rec Therapy) Revision on: 11/06/2024 Revision by: Elsa Ganem (Recreation Aide)</p>				
<p>• <b>Nutrition Risk Level</b> Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 12/10/2019 Revision by: ryk.hbradleyWPCC (Dietitian)</p>		<p>• Heather will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date. Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC</p>	<p>• <b>NUTRITION RISK:</b> Heather is at MODERATE nutrition risk. Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/30/2021 Revision by: Helen Bradley (RD)</p> <p>• <b>DIET ORDER:</b> Heather will receive REGULAR diet, MINCED texture. Date Initiated: 12/10/2019</p>		Dietitian (RD) Dietary Manager  PCA		
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)						
<b>Facility</b>	Wellington Park Care Centre					<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)			<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>		11/21/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	(Dietitian) Revision on: 12/10/2019 Revision by: ryk.hbradleyWPCC (Dietitian) Target Date: 02/21/2026  • Will maintain weight and remain within realistic weight range of 59-68 kg/BMI 30-35 through to next review date. Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 02/10/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/21/2026  • Heather will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 mL/kg, 68 kg through to next review date. Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 05/12/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/21/2026	Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 09/07/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • FLUID CONSISTENCY: Heather drinks regular/thin fluids (level 0). Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 09/07/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • FLUID TARGET: Encourage Heather to drink at least 1360 ml per day Date Initiated: 12/10/2019 Created on: 12/10/2019 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 05/12/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) • PORTION SIZE: Heather prefers small portions, and offering fruit first for desserts. Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 09/07/2025 Revision by: Sahar Khaliq (Registered Practical Nurse) • FOOD PREFERENCES: Heather dislikes gravy. Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Helen Bradley (RD) Revision on: 04/30/2021 Revision by: Helen Bradley (RD)	PCA  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 12/09/2019 Revision by: Amrit Bahara (Registered Staff)		patterns/preferences each night through to the next review date. Date Initiated: 02/16/2024 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 02/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Created on: 12/17/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse) • REST PATTERN: Preferred bedtime 2100 hrs. Staff are currently letting Heather wake on her own in the morning. Date Initiated: 12/02/2019 Created on: 12/02/2019 Created by: Neeraj Bhutta (RPN) Revision on: 06/16/2022 Revision by: Victoria Edwards (RPN) • SLEEPWEAR: Heather prefers to wear her own pajamas. Date Initiated: 12/09/2019 Created on: 12/09/2019 Created by: Amrit Bahara (Registered Staff) Revision on: 12/09/2019 Revision by: Amrit Bahara (Registered Staff)			PCA	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypotension Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)		• To treat and minimize signs/symptoms or complications associated with Diagnosis of low blood pressure through to the next review date. Date Initiated: 08/18/2023 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Hypotension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for Hypotension as per MD Order and monitor for side effects. Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as ordered monthly or as needed. Notify MD of any significant abnormalities. Date Initiated: 12/03/2019 Created on: 12/03/2019			Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	10/05/1960	Physician	Harpal Singh	
Diagnosis	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	McKENZIE, HEATHER (925171001962)		Admission Date	12/02/2019	Location	Lilac Lane 304LL 2	
Last Care Plan Review Completed:		11/21/2025					

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<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Hypotension</li> </ul> <p>Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)</p>		<p>Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> <li>LAB WORK: Monitor lab and diagnostic yearly or as needed and report results to MD as needed. Follow up as indicated.</li> </ul> <p>Date Initiated: 12/03/2019 Created on: 12/03/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 06/05/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	RN	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/05/1960	<b>Physician</b>	Harpal Singh
<b>Diagnosis</b>	Down's syndrome, unspecified(Q90.9), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Strabismus, unspecified(H50.9), Hypotension, unspecified(I95.9)				
<b>Facility</b>	Wellington Park Care Centre			<b>Print Date</b>	1/4/2026
<b>Resident</b>	McKENZIE, HEATHER (925171001962)	<b>Admission Date</b>	12/02/2019	<b>Location</b>	Lilac Lane 304LL 2
<b>Last Care Plan Review Completed:</b>		11/21/2025			