


Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Transfers.</p> <p>Date Initiated: 12/10/2025</p> <p>Created on: 12/10/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/10/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• To decrease falls while transferring in the next 3 months</p> <p>.</p> <p>Date Initiated: 12/10/2025</p> <p>Created on: 12/10/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/10/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 03/18/2026</p> <p>• To prevent decline in transfers from sit-stand using sara lift + Assist x2 in 3 months.</p> <p>Date Initiated: 12/10/2025</p> <p>Created on: 12/10/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/10/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 03/18/2026</p> <p>• To improve transfer for assist x2 + sara lift to assist x 2 in 6-8 months</p> <p>Date Initiated: 12/10/2025</p> <p>Created on: 12/10/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/10/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 03/18/2026</p>	<p>• Encourage + assist x2 with sit -> stand transfer from bed, chair 3/wk.</p> <p>Date Initiated: 12/10/2025</p> <p>Created on: 12/10/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/10/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• EVA to perform balance exercises in standing, weight-bearing with 1-2 XA wall bar or bedside rail 3/wk.</p> <p>Date Initiated: 12/10/2025</p> <p>Created on: 12/10/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/10/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>PT - Physiotherapist</p> <p>PTA</p> <p>PT - Physiotherapist</p> <p>PTA</p>	

Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS	
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1	
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Active ROM. Date Initiated: 12/09/2025 Created on: 03/01/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• To maintain bilateral upper limb joint AROM to full and 3 months. Date Initiated: 12/09/2025 Created on: 03/01/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</p> <p>• Improve trunk back, core strength to grade 3/5 in 4-6 months. Date Initiated: 12/09/2025 Created on: 03/01/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</p> <p>• To prevent further deterioration of bilateral upper limb strength from grade 3/5 in 4-6 months. (Manual Muscle Test) Date Initiated: 12/09/2025 Created on: 03/01/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/ supination/ pronation/ dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/ shoulder/ elbow/wrist/ fingers/thumb using ROM theraband/ball/weights/as cooperates standing with 1-2 XA,perform balance EXs. 3/wk. Date Initiated: 12/09/2025 Created on: 03/01/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>PT - Physiotherapist PTA</p>		
Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Active ROM.</p> <p>Date Initiated: 12/09/2025</p> <p>Created on: 03/01/2022</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/09/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>					
<p>• High risk for FALLS related to Altered Physical function due to dx of chronic pain from Arthritis and Vertebral Compression; Limitation of cognitive function/altered judgement related to Dementia. Resident's last fall: May 31, 2025</p> <p>Date Initiated: 05/31/2025</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/02/2025</p> <p>Revision by: Danielle Knott (ADOC)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 12/18/2025</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/18/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Ursula/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 05/31/2025</p> <p>Created on: 03/09/2023</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 06/04/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• CALL BELL: Place call bell within her reach and remind/encourage to use it.</p> <p>Date Initiated: 05/31/2025</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/31/2025</p> <p>Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• ADAPTIVE EQUIPMENT: Ursula needs adaptive equipment: Wheelchair.</p> <p>Date Initiated: 05/31/2025</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 06/04/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ENVIRONMENT: Secure environment (reduce clutter, night light, quiet environment) to reduce fall risk for Ursula.</p> <p>Date Initiated: 05/31/2025</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/31/2025</p> <p>Revision by: Richele Rosales (Registered Practical Nurse)</p>	<p>Registered Practical Nurse RN</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>	
Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:	12/18/2025				

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Focus		Goal	Interventions			Position	Freq/Resolved
<p>• High risk for FALLS related to Altered Physical function due to dx of chronic pain from Arthritis and Vertebral Compression; Limitation of cognitive function/altered judgement related to Dementia. Resident's last fall: May 31, 2025 Date Initiated: 05/31/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Danielle Knott (ADOC)</p>			<p>• BED: place bed at her knee level, use high/low bed to lower risk for injury. Date Initiated: 05/31/2025 Created on: 03/09/2023 Created by: Victoria Edwards (RPN) Revision on: 05/31/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>			PCA	
			<p>• FOOTWEAR: Ensure Eva wears appropriate footwear (nonskid). Date Initiated: 05/31/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/31/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>			PCA	
			<p>• PROGRAMS: EVA to participate in programs that encourage physical activity endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk PT also involved in post-fall PT assessment, intervention direction. Date Initiated: 05/31/2025 Created on: 03/04/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/31/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>				
			<p>• SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			PCA	
			<p>• FLOOR MAT: Position floor mat on floor next to Left ,Right side of bed to lower risk of injury. Date Initiated: 05/31/2025 Created on: 10/15/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 05/31/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>			PCA	
			<p>• ALARMS: Requires personal alarm , Check placement and working order. Staff respond when alarm is heard. Resident has MOMO sensor on bed.</p>			PCA	D/E/N
Allergies	No Known Allergies			D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)			Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• High risk for FALLS related to Altered Physical function due to dx of chronic pain from Arthritis and Vertebral Compression; Limitation of cognitive function/altered judgement related to Dementia. Resident's last fall: May 31, 2025 Date Initiated: 05/31/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Danielle Knott (ADOC)</p>		<p>Date Initiated: 06/20/2025 Created on: 10/10/2024 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 06/20/2025 Revision by: Catherine Park (Registered Practical Nurse)</p>			
<p>• Use of PASD Left and Right 1/4 bed rail to assist Eva with Activity of Daily Living (bed mobility and transferring). Date Initiated: 07/23/2022 Created on: 07/23/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/20/2025 Revision by: Donna Rumble (Registered Practical Nurse)</p>	<p>• Eva will be effectively supported with use of left and Right 1/4 bed rail to optimize Activity of Daily Living (bed mobility and transferring) each day through to the next review date. Date Initiated: 06/22/2023 Created on: 07/23/2022 Created by: Olena Romaniuk</p>	<p>• HEALTH EDUCATION: Engage with Eva/SDM to enhance their knowledge of possible benefits and challenges associated with Use of partial bed rail. Date Initiated: 07/23/2022 Created on: 07/23/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Eva for continued benefit to use (partial Left and Right 1/4 bed rails as to support bed mobility and transferring . Date Initiated: 07/23/2022 Created on: 07/23/2022</p>			
Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved	
	(Registered Nurse) Revision on: 03/20/2025 Revision by: Donna Rumble (Registered Practical Nurse) Target Date: 03/18/2026	Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/20/2025 Revision by: Donna Rumble (Registered Practical Nurse) • BED RAILS (Two PARTIAL): 1/4 rail LEFT and Right side in USE as a PASD to assist her with bed mobility and transfer in/out of bed. Monitor every shift. Date Initiated: 07/23/2022 Created on: 07/23/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/20/2025 Revision by: Donna Rumble (Registered Practical Nurse)	PCA	D/E/N	
• Potential for Persistent PAIN and alteration in comfort level related to chronic arthritis; diverticulitis; and Hx of fracture to Right hip/pelvic (October 2024) Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/12/2025 Revision by: Danielle Knott (ADOC)	• To promote Eva's comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 12/18/2025 Created on: 06/22/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• COMMUNICATION: Involve/collaborate with Eva about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 05/17/2023 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2023 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal EVA's satisfaction for pain control. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PHYSIO TREATMENT: Eva is to receive a Hot pack to Low back, for 10-15mint 3/week PRN. PT/PTA to check skin before and after RX. Date Initiated: 03/06/2023 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/12/2025 Revision by: Danielle Knott (ADOC) • MEDICATION: Administer analgesic medication (ORAL/INJECTION) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 03/01/2022	RN Registered Practical Nurse		
Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential for Persistent PAIN and alteration in comfort level related to chronic arthritis; diverticulitis; and Hx of fracture to Right hip/pelvic (October 2024) <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/12/2025 Revision by: Danielle Knott (ADOC)</p>			<p>Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN)</p>				
<ul style="list-style-type: none">• URINARY: (Functional) INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">• Eva will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 12/18/2025 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026</p>	<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Eva for toileting needs, changes to health status and alteration of continence level. <p>Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/09/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">• URINARY Continence level is Totally Incontinent Report change to level as noted. PCA <p>Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none">• CHECK and CHANGE: Eva experiences TOTAL incontinence and requires checks PCA before and after meals, bedtime and during night rounds and change each time noted to be soiled. <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</p>				
Allergies	No Known Allergies			D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)			Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY: (Functional) INCONTINENCE related to Dementia Diagnosis Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Eva uses BLUE BRIEF all shifts. Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Edna James (Registered Practical Nurse)			PCA	
• SPIRITUAL BELIEFS: Eva is of the Christian Faith. Date Initiated: 03/09/2022 Created on: 03/09/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 12/05/2024 Revision by: Megan McLoughlin (Recreation Aide)		• To provide Eva spiritual support as interested through to the next review date. Date Initiated: 03/09/2022 Created on: 03/09/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/18/2026	• SPIRITUAL PROGRAMS: Encourage Eva to attend spiritual programs of her choice including Hymn Sing and Glad Tidings Church Service. Date Initiated: 03/09/2022 Created on: 03/09/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Potential for BOWEL INCONTINENCE related to Dementia. Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2024 Revision by: Donna Duah (RN)		• Eva will have bowel incontinence managed every shift through to the next review period. Date Initiated: 12/18/2025 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025	• MONITORING: Utilize holistic perspective of continuous monitoring of Eva for changes to health status, alteration of continence level or bowel function. Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/09/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is total Incontinent . Report change to level as noted. Date Initiated: 06/09/2023			PCA	
Allergies	No Known Allergies			D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)			Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 09/21/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/18/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/18/2026</p>	<p>• ORIENTATION: Gently reorient to person, place, time as needed when Eva is feeling lost or in confused state.</p> <p>Date Initiated: 03/01/2022</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 03/02/2022</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• PERSONAL ITEMS: Keep personal items in a consistent place in nightstand drawer</p> <p>Date Initiated: 03/01/2022</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 03/02/2022</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• ENVIRONMENT: Provide environmental clue to promote EVA's ability to locate room and navigating home area outside of room.</p> <p>Date Initiated: 03/01/2022</p> <p>Created on: 03/01/2022</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 09/21/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	All				
<p>• STRONG PARTICIPATION in Activities.</p> <p>Date Initiated: 03/30/2022</p> <p>Created on: 03/30/2022</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 06/09/2022</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Eva will be supported to maintain participation in activities of her choice a minimum of 10 times per month by the next review date.</p> <p>Date Initiated: 03/30/2022</p> <p>Created on: 03/30/2022</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 10/10/2025</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>Target Date: 03/18/2026</p> <p>• Eva will maintain ISE score of 4 to by the next review date.</p>	<p>• STRUCTURED ACTIVITIES: Invite Eva to programs of personal interest such as Centrecise, horticulture, bingo, socials and musical activities.</p> <p>Date Initiated: 03/30/2022</p> <p>Created on: 03/30/2022</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 12/05/2024</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Eva to engage in self-directed activities such as watching television, socializing with peers and taking walks around her home area.</p> <p>Date Initiated: 03/30/2022</p> <p>Created on: 03/30/2022</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 03/30/2022</p> <p>Revision by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>• ASSISTANCE: Provide assistance, encouragement and friendly reminders to get</p>	ACT				
Allergies	No Known Allergies		D.O.B.	01/30/1943	Physician	Constantine George KARNIS	
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BECKER, EVA (925171002021)		Admission Date	03/01/2022	Location	Orchid Trail 204OT 1	
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• STRONG PARTICIPATION in Activities. Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/09/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>Date Initiated: 06/18/2025 Created on: 03/30/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/18/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/18/2026</p>	<p>Eva to scheduled activities. Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 03/30/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>• HELPFUL HINTS: Eva prefers to be called by her middle name; Ursula.</p> <p>Eva is a social individual who enjoys spending time with her peers. Ensure Eva is seated next to Eva's who she can converse and make meaningful friendships with.</p> <p>Eva is from Berlin, Germany. She enjoys talking about her experiences in Germany and watching YouTube videos about her home country.</p> <p>Eva prefers a leisurely start to her morning, allowing her extra time to rest and ease into her day often due to back pain. Invite Eva outdoors for fresh air and garden care when the weather permits. Eva also enjoys attending church services, bingo and musical programs. Eva's participation in group programs varies based on her rest and mood patterns.</p> <p>Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Eva participates in virtual visits with her daughter, Regina every Wednesday afternoon at 3:30 PM on Facetime using an iPad with the assistance of a Programs Aide.</p> <p>Date Initiated: 03/06/2023 Created on: 03/06/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/01/2024 Revision by: Donna Duah (RN)</p> <p>• MUSIC CARE APPROACH: Present Eva with musicking, music therapy and music programming such as; sing-songs, live entertainment, musical bingo and Heartbeats Club.</p>		
Allergies	No Known Allergies		D.O.B.	01/30/1943
Physician	Constantine George KARNIS			
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• STRONG PARTICIPATION in Activities. Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/09/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Date Initiated: 03/14/2025 Created on: 03/14/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 06/10/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>			
<p>• Potential to experience complications and side effects impacting quality of life related to use of p use of anti-psychotic medications(anti depressant). Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/10/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Staff to monitor effectiveness and for side effects of medication used each day through to the next review date. Date Initiated: 12/18/2025 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Eva using anti-psychotic medication(anti depressant for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/10/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • PHARMACY MEDICATION REVIEW:Staff to request Pharmacy Medication Review when clinically appropriate. Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/10/2022</p>	Registered Staff		
Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of p use of anti-psychotic medications(anti depressant). <p>Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/10/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (persistently seeks attention) related to Loss of Independence, Inability to cope with change and forgetfulness. <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/10/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> Eva will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 12/18/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026</p>	<ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Eva for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Eva 's quality of life. <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> RESIDENT STRENGTHS: Build on Eva's effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities. <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/02/2022 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for MOOD stability as per MD Order. Ativan 0.5 mg one hour prior to shower. Monitor its effectiveness and for side effects. <p>Date Initiated: 10/27/2023 Created on: 10/27/2023</p>		All	
Allergies	No Known Allergies		D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)		Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential to experience alteration in MOOD as exhibited by (persistently seeks attention) related to Loss of Independence, Inability to cope with change and forgetfulness.</div> <div>Date Initiated: 03/01/2022</div> <div>Created on: 03/01/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 03/10/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>Created by: Susan Little (RPN)</div> <div>Revision on: 10/27/2023</div> <div>Revision by: Susan Little (RPN)</div>				
<div>• Altered COMMUNICATION as exhibited by limitations to self expression related to Neurological symptoms.</div> <div>Date Initiated: 03/10/2022</div> <div>Created on: 03/10/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 03/10/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Eva will be supported to maintain current communication abilities to express self, comprehend information each day through to the review date.</div> <div>Date Initiated: 12/18/2025</div> <div>Created on: 03/10/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 12/18/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/18/2026</div>	<div>• PRIMARY LANGUAGE: Eva's primary language is English. She is able to speak/understand) English.</div> <div>Date Initiated: 03/10/2022</div> <div>Created on: 03/10/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 03/10/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no All questions, uses simple words/phrases.</div> <div>Date Initiated: 03/10/2022</div> <div>Created on: 03/10/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 03/10/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Potential for CONSTIPATION related to diverticulitis</div> <div>Date Initiated: 03/01/2022</div> <div>Created on: 03/01/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Eva will have regular soft formed bowel movements every 1-2 days through to the next review.</div> <div>Date Initiated: 12/18/2025</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Eva for constipation management and changes to health status and symptoms/ complications of constipation.</div> <div>Date Initiated: 03/01/2022</div> <div>Created on: 03/01/2022</div>				
Allergies	No Known Allergies		D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)		Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Coordinator) Revision on: 03/02/2022 Revision by: Olena Romaniuk (Registered Nurse)		Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026 • To minimize the potential for episodes of constipation through to the next review date. Date Initiated: 12/18/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FLUIDS: Encourage Eva to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Staff	
• Nutrition Risk Level Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Helen Bradley (RD)		• Ursula will be adequately nourished, consuming >75% at meals and snacks through to next review date. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Helen Bradley (RD) Revision on: 03/01/2022 Revision by: Helen Bradley (RD) Target Date: 03/18/2026 • Will weigh within IBWR of 67-81 kg/BMI 24-29 through to next review date. Date Initiated: 03/01/2022 Created on: 03/01/2022	• NUTRITION RISK: Ursula is at MODERATE nutrition risk level. Date Initiated: 06/11/2024 Created on: 03/01/2022 Created by: Helen Bradley (RD) Revision on: 03/13/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Ursula will receive regular diet, regular texture Date Initiated: 06/11/2024 Created on: 03/01/2022 Created by: Helen Bradley (RD) Revision on: 06/11/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager) • FLUID CONSISTENCY: Ursula drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 06/11/2024 Created on: 03/01/2022 Created by: Helen Bradley (RD) Revision on: 06/11/2024			Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)			Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Helen Bradley (RD)		Created by: Helen Bradley (RD) Revision on: 03/13/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/18/2026 • Ursula will be adequately hydrated, drinking at least 80% total fluid requirement @ 25 ml/kg, 65 kg through to next review date. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Helen Bradley (RD) Revision on: 09/10/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/18/2026	Revision by: Elisangela Napoli (FSM - Food Services Manager) • FLUID TARGET: Encourage Ursula to drink at least 1300 ml per day. Date Initiated: 06/11/2024 Created on: 03/08/2022 Created by: Helen Bradley (RD) Revision on: 09/10/2025 Revision by: Julia Pilca (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/11/2024 Created on: 05/28/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/11/2024				PCA	
			• DINING INSTRUCTIONS: offer probiotic yogurt at breakfast Date Initiated: 01/20/2025 Created on: 01/20/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 03/13/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • PORTION SIZE: Ursula prefers small portions for meals. Date Initiated: 06/11/2024 Created on: 03/01/2022 Created by: Helen Bradley (RD) Revision on: 06/11/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)				Registered Practical Nurse	
			• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 06/11/2024 Created on: 05/28/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/11/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)				PCA	D/E
			• CPR: Ursula wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 10/14/2024				Registered Practical	
• Expressed Wishes and Beliefs related to Ursula's Medical Treatment and End of Life		• To support and honor EVA's expressed wishes and beliefs						
Allergies	No Known Allergies			D.O.B.	01/30/1943	Physician	Constantine George KARNIS	
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BECKER, EVA (925171002021)			Admission Date	03/01/2022	Location	Orchid Trail 204OT 1	
Last Care Plan Review Completed:		12/18/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Care Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Alison McAulay (RN) Revision on: 03/01/2022 Revision by: Alison McAulay (RN)	through to the End of Life. Date Initiated: 10/14/2024 Created on: 03/01/2022 Created by: Alison McAulay (RN) Revision on: 10/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/18/2026	Created on: 10/14/2024 Created by: Donna Duah (RN) Revision on: 10/14/2024 Revision by: Donna Duah (RN)	Nurse RN	
• Risk for Impaired SKIN INTEGRITY related to Frailty Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/18/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 09/19/2024 Created on: 09/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Eva/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 09/19/2024 Created on: 09/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/02/2022 Revision by: Olena Romaniuk (Registered Nurse)	PCA PCA PCA	Q2h

Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Altered VISION related to Presbyopia Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Eva will use glasses for vision correction daily through to the next review date. Date Initiated: 12/18/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• HEALTH TEACHING: Engage with Eva/SDM to enhance their knowledge of Presbyopia affecting vision. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/02/2022 Revision by: Olena Romaniuk (Registered Nurse) • EYEGLASSES: Eva wears eyeglasses. Assist to clean eyeglasses as needed and store in night table drawer when sleeping. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/02/2022 Revision by: Olena Romaniuk (Registered Nurse) • MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)				PCA	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Ursula will be supported to cope with changing functional abilities of Dementia and have ADL care needs met each day through to the next review date. Date Initiated: 12/18/2025 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• BATHING: Ursula prefers shower on Tuesday evening and Friday evenings. Ursula requires MAXIMAL to TOTAL ASSISTANCE x 1 staff.On Shower days, strip the linens, wipe mattress with Virox and place new linens.Nail care to be provided on shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/08/2025 Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: Ursula requires MAXIMAL assistance x 2 staff. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/05/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Ursula requires MAXIMAL to TOTAL ASSISTANCE x 2 staff. Date Initiated: 03/01/2022				PCA	PCA Registered
Allergies	No Known Allergies			D.O.B.	01/30/1943	Physician	Constantine George KARNIS	
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BECKER, EVA (925171002021)			Admission Date	03/01/2022	Location	Orchid Trail 204OT 1	
Last Care Plan Review Completed:		12/18/2025						

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: Ursula requires requires SUPERVISION to LIMITED ASSISTANCE x 1 staff. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Ursula requires TOTAL ASSIST 1 staff on/off unit. Resident uses wheelchair for all locomotion Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Danielle Knott (ADOC) • PERSONAL HYGIENE: Ursula requires TOTAL ASSISTANCE x 2 staff. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Donna Duah (RN) • TOILET USE: Ursula requires CHECK and CHANGE in BED with 2 staff TOTAL assistance. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/05/2025 Revision by: Richele Rosales (RAI Coordinator) • TRANSFERRING: Ursula requires 2 staff for TOTAL assistance with Sara lift. MOMO device in place. Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)				Practical Nurse	
			PCA					
			PCA RN Registered Practical Nurse					
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			PCA Registered Practical Nurse RN					
Allergies	No Known Allergies		D.O.B.	01/30/1943	Physician	Constantine George KARNIS		
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	BECKER, EVA (925171002021)		Admission Date	03/01/2022	Location	Orchid Trail 204OT 1		
Last Care Plan Review Completed:		12/18/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision on: 09/10/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> TRANSFER LIFT/SLING: Sara lift and MEDIUM Sling needed for transfer. <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 01/23/2025 Revision by: Edna James (Registered Practical Nurse)</p> <ul style="list-style-type: none"> ORAL CARE: Ursula has TEETH and is able to brush her teeth. <p>1 staff to provide EXTENSIVE assistance for oral care.</p> <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 02/22/2025 Revision by: Danielle Knott (ADOC)</p> <ul style="list-style-type: none"> FOOT CARE: PSW to complete toenail during shower days. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 03/01/2022 Created on: 03/01/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 03/01/2022 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> SPECIFIC RESIDENT Request: Eva prefers to be called Ursula. <p>SPECIFIC RESIDENT Request: EVA can get up after 10AM from bed if she is resistive before breakfast.</p> <p>Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/24/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	PCA	


Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	01/30/1943	Physician	Constantine George KARNIS
Diagnosis	Arthritis, unspecified, other site(M13.98), Unspecified dementia(F03), Urinary tract infection, site not specified(N39.0), Unspecified fracture of neck of femur, closed(S72.090)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BECKER, EVA (925171002021)	Admission Date	03/01/2022	Location	Orchid Trail 204OT 1
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none">Alteration in skin integrity related Abrasion to (Front left lateral lower leg).Date Initiated: 12/11/2025Created on: 12/11/2025Created by: Donna Duah (RN)Revision on: 12/11/2025Revision by: Donna Duah (RN)		<ul style="list-style-type: none">To promote intact skin integrity through healing of Abrasion by Dec., 31Date Initiated: 12/11/2025Created on: 12/11/2025Created by: Donna Duah (RN)Revision on: 12/11/2025Revision by: Donna Duah (RN)Target Date: 12/31/2026	<ul style="list-style-type: none">COMMUNICATION: Involve/collaborate with (Graham)/SDM in decision making for treatment of bruise as skin issue.Date Initiated: 12/11/2025Created on: 12/11/2025Created by: Donna Duah (RN)Revision on: 12/11/2025Revision by: Donna Duah (RN)				Registered Practical Nurse	
			<ul style="list-style-type: none">MONITORING: Utilize holistic perspective of continuous monitoring of resident with (isolated abrasion) for changes to health status and alteration or complications affecting skin integrity.Date Initiated: 12/11/2025Created on: 12/11/2025Created by: Donna Duah (RN)Revision on: 12/11/2025Revision by: Donna Duah (RN)				RN Registered Practical Nurse	
			<ul style="list-style-type: none">WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as neededDate Initiated: 12/11/2025Created on: 12/11/2025Created by: Donna Duah (RN)Revision on: 12/11/2025Revision by: Donna Duah (RN)				Registered Practical Nurse	
			<ul style="list-style-type: none">TREATMENT: Please refer to ETAR.Date Initiated: 12/11/2025Created on: 12/11/2025Created by: Donna Duah (RN)Revision on: 12/11/2025Revision by: Donna Duah (RN)				Registered Practical Nurse	
<ul style="list-style-type: none">Active ROM..Date Initiated: 11/04/2025Created on: 04/22/2024Created by: Uzma Habib (PT - Physiotherapist)Revision on: 11/04/2025Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none">To improve, and maintain joint flexibility strength from grade 3/5 to grade 3+/5 in 6-8 months, (Manual Muscle Test)Date Initiated: 11/04/2025Created on: 04/22/2024Created by: Uzma Habib (PT -	<ul style="list-style-type: none">Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using ROM, theraband/ball/weights/ standing with 1 XA as cooperates start walking 3/wk.Date Initiated: 11/04/2025Created on: 04/22/2024Created by: Uzma Habib (PT - Physiotherapist)				PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS		
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia (R47.0)							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1		
Last Care Plan Review Completed:		11/06/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/06/2026 • To prevent further deterioration of joint flexibility and strength from grade 3/5 during stay in LTC. Date Initiated: 11/04/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/06/2026	Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)				
• Ambulation. Date Initiated: 05/01/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To prevent the decline in standing, progress to walking a distance of 0-15 meters over 6-8 months Date Initiated: 11/04/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/06/2026 • Mr Graham to improve standing posture, standing weight bearing progress to gait and walking distance from 0m to	• Mr Graham to stand with 1 XA using the wall bar or side rail, progress to as possible ambulate. Assist x1 for 0-15m using 2 2-wheeled or rollator walker 3/wk. Date Initiated: 11/04/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Mr. Graham is to perform balance exercises in the standing Kitchen sink EXs 3/wk. Date Initiated: 11/04/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	No Known Allergies			D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)			Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Ambulation. <p>Date Initiated: 05/01/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/01/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>15m using a walker 2 wheeled or rollator walker in 6-8 months</p> <p>Date Initiated: 11/04/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/06/2026</p> <ul style="list-style-type: none"> • To decrease Graham # of falls to 0 over 3 months <p>Date Initiated: 11/04/2025 Created on: 04/22/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/06/2026</p>				
<ul style="list-style-type: none"> • Potential to experience alteration in MOOD related to DX of Anxiety and Decline in Health Condition secondary to Dementia and Cerebral Palsy. <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/26/2025 Revision by: Courtney Bailey (Registered Nurse)</p>		<ul style="list-style-type: none"> • Graham will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 11/06/2025 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Graham/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • HEALTH EDUCATION: Provide education and support to Graham/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024</p>		RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Graham for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Graham's quality of life. Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DISTRACTION ACTIVITIES: Graham can be calmed doing activities of interest including listening to music, watching movies. Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement, related to progression of Dementia and Cerebral Palsy Diagnosis. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/26/2025 Revision by: Courtney Bailey (Registered Nurse)		• Graham will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 11/06/2025 Created on: 05/02/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	• COMMUNICATION: Involve/collaborate with Graham/SDM in decision making of Cognitive Loss for (specify diagnosis). Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/28/2024 Revision by: Snehdeep Kaur (RN) • HEALTH TEACHING: Engage with Graham/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Cer Cerebral Palsy Diagnosis). Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL ROUTINE: Provide consistency in care routine and activities . Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024			Social Worker	
Allergies	No Known Allergies			D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)			Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement, related to progression of Dementia and Cerebral Palsy Diagnosis.</p> <p>Date Initiated: 04/22/2024</p> <p>Created on: 04/22/2024</p> <p>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>Revision on: 04/26/2025</p> <p>Revision by: Courtney Bailey (Registered Nurse)</p>			<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PERSONAL ITEMS: Keep family pictures in a consistent place over bed table, in nightstand drawer.</p> <p>Date Initiated: 04/23/2024</p> <p>Created on: 04/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/29/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ENVIRONMENT: Provide environmental clue to promote Graham's ability to locate room and navigating home area.</p> <p>Date Initiated: 04/23/2024</p> <p>Created on: 04/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/29/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	
<p>• Potential for PAIN and alteration in comfort level related to diagnosis of cerebral palsy. Most Current MDS Pain Score is (fill in score)</p> <p>Date Initiated: 03/28/2025</p> <p>Created on: 03/28/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 03/28/2025</p> <p>Revision by: Danielle Knott (ADOC)</p>		<p>• To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review.</p> <p>Date Initiated: 11/06/2025</p> <p>Created on: 03/28/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 11/06/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/06/2026</p>	<p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 03/28/2025</p> <p>Created on: 03/28/2025</p> <p>Created by: Danielle Knott (ADOC)</p>			RN Registered Practical Nurse	
<p>• STRONG PARTICIPATION in Activities.</p> <p>Date Initiated: 07/18/2024</p> <p>Created on: 07/18/2024</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 07/31/2024</p>		<p>• Graham will be supported to maintain participation in activities of his choice a minimum of 10 times per month by the next review date.</p> <p>Date Initiated: 07/18/2024</p>	<p>• STRUCTURED ACTIVITIES: Invite Graham to programs of personal interest; exercises, photography club, sing songs, trivia/word games, bingo and horticultural programs.</p> <p>Date Initiated: 07/18/2024</p> <p>Created on: 07/18/2024</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p>				
Allergies	No Known Allergies			D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)			Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/10/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/06/2026	<div> Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as reading, watching TV, conversing with peers and colouring. Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> • ASSISTANCE: Provide assistance/encouragement to get him to scheduled activities- porter, accompany in elevator and offer friendly reminders prior to program start time. Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> • HELPFUL HINTS: Graham enjoys watching the history documentaries in the TV lounge. Graham. Graham finds peace being in nature and looks forward to outdoor strolls and garden care activities. Graham enjoys keeping active by participating in Centrecise, Noodleballoon, Heartbeats Club and Bowling. <p>Graham occasionally expresses his emotions by speaking or yelling aloud, sometimes engaging in argumentative self-dialogue. This sometimes happens during group programs. Offer gentle redirection and emotional support to help Graham manage these moments.</p> Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/29/2025 Revision by: Megan McLoughlin (Recreation Aide) <ul style="list-style-type: none"> • MUSIC CARE APPROACH: Present Graham with music care approaches: music therapy, music- based activities (musical bingo, Java music club, sing-alongs and special entertainment. Date Initiated: 10/10/2025 </div>		
Allergies	No Known Allergies		D.O.B.	02/18/1941
Physician	Constantine George KARNIS			
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)	Admission Date	04/22/2024	Location Orchid Trail 211OT 1
Last Care Plan Review Completed:	11/06/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • STRONG PARTICIPATION in Activities. Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created on: 10/10/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)			
<ul style="list-style-type: none"> • Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications. Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> • To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 11/06/2025 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Graham/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Graham using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<ul style="list-style-type: none"> PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> Potential for Expressive Behaviour of SOCIALLY Inappropriate(making loud noises) nature related to Developmental Delay <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> To promote safety for Graham and/or others during each episode of (loud noises) through to the next review date. <p>Date Initiated: 11/06/2025 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Graham/SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Graham for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> SOCIALLY Inappropriate Behaviour: If Graham is noted to make loud disruptive noises in dining room/program, gently redirect him to focus on task at hand, or to move to quieter area, or use distraction activity like TV or music as per his interest <p>Date Initiated: 07/31/2024</p>		BSO - Internal Social Worker	
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of SOCIALLY Inappropriate(making loud noises) nature related to Developmental Delay <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 07/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/16/2025 Revision by: Navpreet Kaur (DOC)</p>			
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to losing muscle tone. <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> Graham will have bowel incontinence managed every shift through to the next review period. <p>Date Initiated: 11/06/2025 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Graham/SDM) for decision making about bowel function, toileting options, incontinence . <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Graham for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> BOWEL Continence level is TOTALLY Incontinent. Report change to level as noted. PCA <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> BOWEL MOVEMENT: Monitor Grahamfor bowel movement each shift and PCA 			
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential for BOWEL INCONTINENCE related to losing muscle tone. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			<p>document number of occurrences, size and consistency. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">• INCONTINENCE PRODUCT: Graham uses BLUE Briefs for day and evening shift, PCA uses ORANGE briefs for night shift only. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 01/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)				
<ul style="list-style-type: none">• URINARY (select type of: Functional INCONTINENCE related to altered mobility Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none">• Graham will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/06/2025 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Graham/SDM) for decision making about toileting options or incontinence management. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• MONITORING: Utilize holistic perspective of continuous monitoring of Grham for toileting needs, changes to health status and alteration of continence level. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• URINARY Continence level is Total Incontinent.Report change to level as noted. PCA Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 01/29/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)• CHECK and CHANGE: Graham experiences TOTAL incontinence and requires PCA				
Allergies	No Known Allergies		D.O.B.	02/18/1941		Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024		Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • URINARY (select type of: Functional INCONTINENCE related to altered mobility Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) 		checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 05/02/2024 Created on: 05/02/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) <ul style="list-style-type: none"> • INCONTINENCE PRODUCT: Graham uses BLUE Briefs for day and evening shift, PCA uses ORANGE briefs for night shift only. Date Initiated: 05/02/2024 Created on: 05/02/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) 			
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: Graham is non-religious. Date Initiated: 05/02/2024 Created on: 05/02/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/02/2024 Revision by: Megan McLoughlin (Recreation Aide) 	<ul style="list-style-type: none"> • To provide Graham spiritual support as interested through to the next review date. Date Initiated: 05/02/2024 Created on: 05/02/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/02/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/06/2026 	<ul style="list-style-type: none"> • PERSONAL CHOICE: Respect Graham's right to decline participation in spiritual programs. Date Initiated: 05/02/2024 Created on: 05/02/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/02/2024 Revision by: Megan McLoughlin (Recreation Aide) 			
<ul style="list-style-type: none"> • Nutrition Risk Level Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Mark Chan (Dietitian (RD)) 	<ul style="list-style-type: none"> • Graham will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 04/30/2024 	<ul style="list-style-type: none"> • NUTRITION RISK: Graham is MODERATE risk level. Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 03/17/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Graham will receive REGULAR diet, PUREED texture Date Initiated: 04/30/2024 Created on: 04/30/2024 	Dietitian (RD)		
Allergies	No Known Allergies	D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)	Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:	11/06/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	<p>Revision by: Mark Chan (Dietitian (RD)) Target Date: 02/06/2026</p> <p>• Will weigh within IBWR of 64-77kg (BMI 25-30) through to next review date. Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 01/30/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/06/2026</p> <p>• Graham will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 75.2 kg through to next review date. Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 07/30/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/06/2026</p>	<p>Created by: Mark Chan (Dietitian (RD)) Revision on: 04/24/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p> <p>• THICKENED FLUIDS: Graham drinks thickened fluids at Honey (MO3) consistency. PCA Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 11/05/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• FLUID TARGET: Encourage Graham to drink a minimum of 1504 ml per day. PCA Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 07/30/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• ADAPTIVE AIDS: Graham requires Kennedy Cup at meals and snacks. PCA Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/13/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>				
<p>• Potential for pain related to advancing age and diagnosis of Cerebral Palsy. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	<p>• Early identification of pain Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Target Date: 02/06/2026</p>	<p>• Rescreen for the presence of new pain during routine care, as well as with sig changes in health status and before, during and after a potentially painful procedure or intervention. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>				
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision on: 04/22/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)				
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) 		<ul style="list-style-type: none"> Graham will be supported to maintain current communication abilities to express self, comprehend information each day through to the review date. Date Initiated: 11/06/2025 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Graham/SDM for decision making about strategies needed to support effective communication. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) HEALTH TEACHING: Engage with Graham/SDM to enhance their knowledge of change in health status affecting communication ability. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) PRIMARY LANGUAGE: Graham's primary language is English. He is able to speak/understand) English. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) 				
<ul style="list-style-type: none"> Use of PASD (Bedrails) to assist Graham with Activity of Daily Living (Bed mobility and Tranfers). 		<ul style="list-style-type: none"> Graham will be effectively supported with use of (Bedrails) to optimize Activity of Daily 	<ul style="list-style-type: none"> HEALTH EDUCATION: Engage with Graham/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (Bedrails). Date Initiated: 04/29/2024 				
Allergies	No Known Allergies			D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)			Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Living (Bed mobility and Transfers) each day through to the next review date. Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/06/2026	Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Graham for continued benefit to use (Bedrails) as to support appropriate (Bed Mobility and Transfers). Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Graham with bed mobility, transfer in/out of bed). Monitor every shift. Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		D/E/N
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• To promote adequate rest/sleep for Graham based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/06/2025 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	• REST PATTERN: Preferred bedtime (2100-2200), usual wake time (0800-0900) Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEPWEAR: Graham prefers to wear pajamas bottoms. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA 	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Created on: 04/22/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/06/2026</p>	<p>Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: CEREBRAL PALSY Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To treat and minimize signs/symptoms or complications associated with cerebral Palsy diagnosis) through to the next review date. Date Initiated: 11/06/2025 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026</p>	<p>• COMMUNICATION: Involve/ collaborate with Graham/ SDM in decision making of neurological care management for Cerebral Palsy diagnosis. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage with Graham/SDM to enhance his/her comprehension of possible complications, disease trajectory associated with diagnosis . Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication as per MD order. Monitor effectiveness and for side effects. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Graham with neurological condition for changes to health status and alteration or complications affecting neurological function. Date Initiated: 04/23/2024 Created on: 04/23/2024</p>	PCA		
Allergies	No Known Allergies	D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)	Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:	11/06/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: CEREBRAL PALSY Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing (coughing during eating, drooling). Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/06/2025 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	• HEALTH EDUCATION: Engage Graham/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EQUIPMENT: Graham requires Roho cushion to offload pressure. Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/12/2025 Revision by: Danielle Knott (ADOC) • SHEAR FRICTION: Utilize wendylett sheet when moving resident in bed to minimize shear friction. Date Initiated: 07/18/2025 Created on: 07/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode.			PCA	PCA
Allergies	No Known Allergies			D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)			Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Increased risk for FALLS related to impaired mobility. Limitation of cognitive function/alterd judgement related to Developmental Delay and Cerebral Palsy diagnoses Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/22/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/06/2025 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	• COMMUNICATION: Involve/collaborate with Graham/SDM in decision making in fall prevention Plan of Care. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/22/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • CALL BELL: Place call bell within Graham's reach and remind/encourage him to use it. Graham unable to use it. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/16/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Graham needs adaptive equipment: wheelchair. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/14/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • ENVIRONMENT: Secure environment reduce clutter to reduce fall risk for Graham Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)			PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	02/18/1941	Physician	Constantine George KARNIS	
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024	Location	Orchid Trail 211OT 1	
Last Care Plan Review Completed:		11/06/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<div>• Increased risk for FALLS related to impaired mobility. Limitation of cognitive function/altered judgement related to Developmental Delay and Cerebral Palsy diagnoses</div> <div>Date Initiated: 04/22/2024</div> <div>Created on: 04/22/2024</div> <div>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div> <div>Revision on: 04/22/2024</div> <div>Revision by: Gugulethu Ncube (Registered Practical Nurse)</div>			Revision on: 04/22/2024					
			Revision by: Gugulethu Ncube (Registered Practical Nurse)					
			• BED: Place bed in knee height, use high/low bed, etc. to lower risk for injury.					
			PCA					
			Date Initiated: 04/22/2024					
			Created on: 04/22/2024					
			Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)					
			Revision on: 04/22/2024					
			Revision by: Gugulethu Ncube (Registered Practical Nurse)					
			• FOOTWEAR: Ensure Graham wears appropriate footwear (non-skid shoes) for ambulation.					
			PCA					
			Date Initiated: 04/22/2024					
			Created on: 04/22/2024					
			Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)					
			Revision on: 05/02/2024					
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)					
			• FLOOR MAT: Position (floor mat) on floor next to (left) side of bed to lower risk of injury.					
			PCA					
			RN					
			Registered					
			Practical					
			Nurse					
			Date Initiated: 07/13/2025					
			Created on: 07/13/2025					
			Created by: Donna Duah (RN)					
			Revision on: 07/13/2025					
			Revision by: Donna Duah (RN)					
			• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.					
			Registered					
			Staff					
			Date Initiated: 04/22/2024					
			Created on: 04/22/2024					
			Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)					
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility</div> <div>Date Initiated: 04/22/2024</div> <div>Created on: 04/22/2024</div> <div>Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div>		<div>• Graham will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date.</div> <div>Date Initiated: 11/06/2025</div> <div>Created on: 04/23/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	• BATHING: Graham prefers shower on Monday Days and Thursdays Evenings					
			PCA					
			One staff to provide MAXIMAL to TOTAL assistance with showers. On shower days, strip the linens, wipe mattress with Virox and place new linens. Graham uses Wendylett sheets.					
			Nail care to be provided on shower day.					
			Date Initiated: 06/27/2025					
			Created on: 06/27/2025					
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)					
			Revision on: 10/28/2025					
Allergies	No Known Allergies		D.O.B.	02/18/1941		Physician	Constantine George KARNIS	
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BENNETT, GRAHAM (925171002165)		Admission Date	04/22/2024		Location	Orchid Trail 211OT 1	
Last Care Plan Review Completed:		11/06/2025						

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Revision on: 11/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/06/2026	Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: Graham requires 1 staff to provide EXTENSIVE assistance for bed PCA mobility. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 02/28/2025 Revision by: Danielle Knott (ADOC) • DRESSING: Graham requires 1 staff to provide EXTENSIVE to MAXIMAL PCA assistance for dressing. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: Graham requires 1 Staff to provide EXTENSIVE to TOTAL assist for PCA eating. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Graham Bennett requires one staff to provide Extensive assistance PCA for locomotion in his room and TOTAL off unit .WHEELCHAIR is the primary mode of locomotion. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 01/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL HYGIENE: Graham requires one staff to provide EXTENSIVE to PCA MAXIMAL assistance for hygiene. Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/28/2025					
Allergies	No Known Allergies			D.O.B.	02/18/1941	Physician	Constantine George KARNIS	
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BENNETT, GRAHAM (925171002165)			Admission Date	04/22/2024	Location	Orchid Trail 211OT 1	
Last Care Plan Review Completed:		11/06/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>		<p>Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> HAND HYGIENE: 1 staff to provide EXTENSIVE assistance for hand hygiene. <p>Date Initiated: 02/22/2025 Created on: 02/22/2025 Created by: Danielle Knott (ADOC) Revision on: 02/22/2025 Revision by: Danielle Knott (ADOC) TOILET USE: Graham requires one staff to provide EXTENSIVE to MAXIMAL assistance for toileting. Graham has a Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) TRANSFERRING: Graham Requires 1 staff to provide EXTENSIVE to MAXIMAL assistance for transferring. <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) ORAL CARE: Graham has TEETH and requires 1 staff to provide EXTENSIVE assistance for oral care. <p>Date Initiated: 04/22/2024 Created on: 04/22/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) FOOT CARE: PSW, Registered staff to complete toenail care every shower. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 04/23/2024 Created on: 04/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p></p></p></p></p>	PCA	

Allergies	No Known Allergies	D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)	Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025			


Care Plan Report

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Allergies	No Known Allergies	D.O.B.	02/18/1941	Physician	Constantine George KARNIS
Diagnosis	Cerebral palsy, unspecified(G80.9), Disorder of globe, unspecified(H44.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Dysphasia and aphasia(R47.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BENNETT, GRAHAM (925171002165)	Admission Date	04/22/2024	Location	Orchid Trail 211OT 1
Last Care Plan Review Completed:		11/06/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Active ROM. Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none">• To prevent further deterioration of joint flexibility strength from grade 3+/5 in 3 months. (Manual Muscle Test) Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026	<ul style="list-style-type: none">• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion) bilateral hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using theraband/ball/Free weights/ wall pulleys/ bike 3/wk. Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
<ul style="list-style-type: none">• Ambulation. Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none">• To prevent a decline in Angela's ability to stand and walk and distance of walking 25++ ft with no assistive device overstay in LTC. Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/22/2026	<ul style="list-style-type: none">• Angela is to ambulate supervised for 20ft using no assistive device 3/wk. Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist) <ul style="list-style-type: none">• As cooperative, Angela is to perform balance exercises in kitchen sink EXs with supervision -1 XA in standing holding wall bar 3/wk. Date Initiated: 12/16/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/16/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA PT - Physiotherapist PTA	
<ul style="list-style-type: none">• Potential for PAIN and alteration in comfort level related to posture at low back/Left Knee. Date Initiated: 07/03/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 07/03/2025 Revision by: Edna James (Registered Practical Nurse)		<ul style="list-style-type: none">• To promote Angela comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 12/19/2025 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/19/2025	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Angela/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 12/15/2022 Created on: 09/22/2022 Created by: Victoria Edwards (RPN) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain			RN Registered	
Allergies	No Known Allergies		D.O.B.	03/05/1964	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BRASIL, ANGELA (925171002039)		Admission Date	09/07/2022	Location	Orchid Trail 206OT 2	
Last Care Plan Review Completed:		12/19/2025					



Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	optimal satisfaction for pain control. Date Initiated: 12/15/2022 Created on: 09/22/2022 Created by: Victoria Edwards (RPN) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse) • PREFERENCES: Angela has identified preference for pain management (Specify: i. e. PRN pain meds , RUB A535 and Ice pack as needed). Date Initiated: 07/03/2025 Created on: 07/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/03/2025 Revision by: Edna James (Registered Practical Nurse) • PHYSIO TREATMENT: PRN Hot pack to back for 10 -15 mints 3-5/wk.PT/PTA to check skin before and after RX. Date Initiated: 03/15/2023 Created on: 09/13/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 03/15/2023 Revision by: Uzma Habib (PT - Physiotherapist) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 12/15/2022 Created on: 09/22/2022 Created by: Victoria Edwards (RPN) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)	Practical Nurse 	

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
Practical Nurse)		Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Date Initiated: 05/09/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 06/30/2025 Revision by: Donna Duah (RN) • BED: use high/low bed placed at knee level to lower risk for injury.				PCA			
			Date Initiated: 05/09/2025 Created on: 09/07/2022 Created by: Victoria Edwards (RPN) Revision on: 06/30/2025 Revision by: Donna Duah (RN) • FOOTWEAR: Ensure Angela wears appropriate footwear (non-skid socks) for transfers and ambulation.				PCA			
			Date Initiated: 05/09/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 06/30/2025 Revision by: Donna Duah (RN) • SPECIAL CONSIDERATION to PREVENT FALLS: Resident hallucinates and is on Antipsychotic medications.				Registered Practical Nurse			
			Cue Angel to walk slow. MOMO bed Sensor in place.				RN			
			Date Initiated: 05/09/2025 Created on: 01/17/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.				PCA			
			Date Initiated: 05/09/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 06/30/2025 Revision by: Donna Duah (RN)							
			• Use of PASD 1/4 Right bed rail to assist resident with Activity of Daily Living for		• Angela will be effectively supported with use of 1/4		• HEALTH EDUCATION: Engage with Angela/SDM to enhance their knowledge of possible benefits and challenges associated with Use of 1/4 Right side bed rail.			
			Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS
			Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
			Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2			
Last Care Plan Review Completed:		12/19/2025								

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
transfer and bed mobility. Date Initiated: 05/04/2025 Created on: 05/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/04/2025 Revision by: Edna James (Registered Practical Nurse)	right bed rail to optimize Activity of Daily Living for bed mobility and transfer each day through to the next review date. Date Initiated: 05/04/2025 Created on: 05/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/04/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 03/22/2026	Date Initiated: 05/04/2025 Created on: 05/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/04/2025 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of monitoring Angela for continued benefit to use 1/4 Right side bed rail as to support appropriate for transfer and bed mobility. Date Initiated: 05/04/2025 Created on: 05/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/04/2025 Revision by: Edna James (Registered Practical Nurse) • BED RAIL One PARTIAL: 1/4 Rail to RIGHT side in USE as a PASD to assist resident with bed mobility, transfer in/out of bed). Monitor every shift. Date Initiated: 05/04/2025 Created on: 05/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/04/2025 Revision by: Edna James (Registered Practical Nurse)	PCA	D/E/N	
• Expressed Wishes and Beliefs related to Angela's Medical Treatment and End of Life Care Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• To support and honor Angela's expressed wishes and beliefs through to the End of Life. Date Initiated: 09/21/2023 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	• CPR: (Angela) wishes to have CPR and TRANSFER to hospital. Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)	All		
• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. Date Initiated: 09/07/2022	• To monitor effectiveness and for side effects of medication used each day through to the next review date	• COMMUNICATION: Involve/collaborate with (Angela)/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 09/07/2022 Created on: 09/07/2022	Registered Practical Nurse RN		
Allergies	No Known Allergies	D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)	Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/20/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 06/23/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 06/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Angela using (anti-psychotic medication, poly-pharmacy) for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/09/2022 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
• URINARY (MIXED) INCONTINENCE related to Dementia Diagnosis Date Initiated: 01/18/2023 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)		• Angela will receive support to use toilet and promote urinary continence each shift through to the next review. Date Initiated: 12/19/2025 Created on: 11/18/2022 Created by: Victoria Edwards (RPN) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with (Angela/SDM) for decision making about toileting options or incontinence management, catheter use, etc. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Victoria Edwards (RPN) Revision on: 09/07/2022 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of Angela for toileting needs, changes to health status and alteration of continence level. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Victoria Edwards (RPN) Revision on: 09/07/2022				
Allergies	No Known Allergies		D.O.B.	03/05/1964	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)		Admission Date	09/07/2022	Location	Orchid Trail 206OT 2	
Last Care Plan Review Completed:		12/19/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision by: Victoria Edwards (RPN) • URINARY Continence level is Occasionally Incontinent. Report change to level as noted. Date Initiated: 09/19/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Angela uses XL protective underwear for all shifts. Date Initiated: 03/17/2025 Created on: 09/07/2022 Created by: Victoria Edwards (RPN) Revision on: 03/17/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA <	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Expressive Behaviour of WANDERING, VERBAL nature related to Mental Illness (Schizophrenia)</p> <p>Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)</p>		<p>Revision by: Michael Palangi (Registered Nurse)</p> <p>• WANDERING: Permit Angela to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DIVERSION ACTIVITY: Angela responds well to watching TV, listening to music and colouring as method to calm or redirect energy. Date Initiated: 12/15/2022 Created on: 09/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)</p> <p>• ENVIRONMENT: At times Angela will lay down on the floor when she is hearing voices. Date Initiated: 12/15/2022 Created on: 12/14/2022 Created by: Victoria Edwards (RPN) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)</p> <p>• MEDICATION: Administer medication for therapeutic treatment of (specify Expressed Behaviour) as per MD Order. Monitor effectiveness and for side effects. Resident repeatedly ambulate to nursing station requesting meds for behaviour. Date Initiated: 12/15/2022 Created on: 09/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/29/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <p>• BSO RECOMMENDATIONS: (Intervention in easy to follow instruction) are in Angela's chart. Date Initiated: 12/15/2022 Created on: 09/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>All</p> <p>All</p> <p>Registered Practical Nurse RN</p> <p>All</p>		
Allergies	No Known Allergies	D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)	Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for Expressive Behaviour of WANDERING, VERBAL nature related to Mental Illness (Schizophrenia) Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)			Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)				
• SPIRITUAL BELIEFS: Angela is of the Catholic faith. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)		• To provide Angela spiritual support as interested through to the next review date. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy) Target Date: 03/22/2026	• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice ACT including Catholic mass. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)				
• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to altered mood, rest/sleep patterns. Date Initiated: 10/11/2022		• Team members will support Angela in decreasing social isolation by participating in activities of personal choice for a minimum of 10 activities per	• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; baking, bingo, church services, horticulture and exercises. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy)			ACT	
Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p>	<p>month by the next review date. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/22/2026</p> <p>• Angela will improve/maintain ISE score 6 of by the next review date. Date Initiated: 03/25/2025 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 09/22/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/22/2026</p> <p>• To support Angela psycho-social well being through to the next review. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy) Target Date: 03/22/2026</p>	<p>Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy) • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as knitting, telephone conversations, watching movies in her room, walking, conversing with peers and reading her bible. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy) • HELPFUL HINTS: Angela speaks English and Portuguese. Angela enjoys being in the company of her peers. Angela quite often experiences auditory hallucinations. When this happens, offer support by redirecting Angela to a quiet space where she can feel safe and calm. Offer cold compress for forehead, breathing exercises and calming meditation music. Provide reassurance and support.</p> <p>In Angela's leisure time, she enjoys knitting, reading her bible, socializing with peers, watching TV and listening to soft instrumental music on the iPad or a virtual Portuguese Catholic mass.</p> <p>Angela enjoys attending group programs such as bingo, horticultural activities, sing-songs, crafts, exercises and Catholic mass services. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/18/2025 Revision by: Megan McLoughlin (Recreation Aide) • MUSIC CARE APPROACH: Present Angela with music care approaches: music therapy, musicking and music focused programs such as; Hymn Sing, Musical Bingo, Heartbeats Club and Java Music Club. Date Initiated: 06/18/2025 Created on: 06/18/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 06/18/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	<p>ACT</p> <p>Recreation Aide</p>	

Allergies	No Known Allergies	D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)	Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Potential to experience alteration in MOOD as exhibited by (pacing)related to auditory hallucinations.. Date Initiated: 09/14/2022 Created on: 09/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• Angela will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 12/19/2025 Created on: 09/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Angela/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 09/03/2024 Created on: 09/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Provide education and support to Angela/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 09/03/2024 Created on: 09/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Angela for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Angela's quality of life. Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DISTRACTION ACTIVITIES:Angela can be calmed doing activities of interest including listening to music, colouring, watching movies. Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEP/REST: Promote adequate sleep and rest to stability of Angela 's mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022</p>				RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	03/05/1964		Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BRASIL, ANGELA (925171002039)		Admission Date	09/07/2022		Location	Orchid Trail 206OT 2	
Last Care Plan Review Completed:		12/19/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<ul style="list-style-type: none">• Potential to experience alteration in MOOD as exhibited by (pacing)related to auditory hallucinations.. <p>Date Initiated: 09/14/2022 Created on: 09/14/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)						
			<ul style="list-style-type: none">• BSO RECOMMENDATION: Staff to place a cold cloth or towel on Angela's forehead when her hallucinations are severe. <p>Encourage Angela to tell the voices they are "wrong" and to "go away"</p> <p>Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• SUICIDAL IDEATIONS: Report to Registered Staff IMMEDIATELY if Angela expresses thoughts to harm to self.<p>Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p></p>					PCA	
<ul style="list-style-type: none">• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Neurological symptoms. <p>Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">• Angela will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 12/19/2025 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Angela/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• PRIMARY LANGUAGE: Angela's primary language is English. She is able to speak/understand) English.<p>Date Initiated: 09/15/2022 Created on: 09/15/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no All questions, use simple words/phrases.<p>Date Initiated: 09/15/2022</p></p></p>					All	
Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS		
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2		
Last Care Plan Review Completed:		12/19/2025							

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Neurological symptoms.</div> <div>Date Initiated: 09/15/2022</div> <div>Created on: 09/15/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/15/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>Created on: 09/15/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/15/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			
<div>• Risk for Impaired SKIN INTEGRITY related to Incontinence</div> <div>Date Initiated: 09/09/2022</div> <div>Created on: 09/09/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To protect and maintain skin integrity each day through to the next review.</div> <div>Date Initiated: 12/19/2025</div> <div>Created on: 09/09/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 12/19/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/22/2026</div>	<div>• POSITIONING: MOMO bed Sensor in place.</div> <div>Date Initiated: 10/10/2025</div> <div>Created on: 10/10/2025</div> <div>Created by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Revision on: 10/10/2025</div> <div>Revision by: Jaspreet Samra (RAI Coord Back-up)</div> <div>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode.</div> <div>Date Initiated: 09/09/2022</div> <div>Created on: 09/09/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/09/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	PCA	PCA	
<div>• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 09/09/2022</div> <div>Revision by: Donna Duah (Registered Nurse)</div>	<div>• To treat and/or minimize complications associated with ANEMIA each day through to the next review date</div> <div>Date Initiated: 06/27/2023</div> <div>Created on: 09/07/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Angela with ANEMIA for complications or changes to health status.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 08/03/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up</div> <div>Registered</div>			
Allergies	No Known Allergies	D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)	Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 06/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	as indicated. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for ANEMIA as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse)			Staff Registered Staff	
• Nutrition Risk Level Date Initiated: 09/08/2022 Created on: 09/08/2022 Created by: Pamela Kovar-Gough (Dietary Manager)		• Angela will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 09/09/2022 Created on: 09/09/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/09/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026 • Will weigh within Realistic weight range of 77-102 kg kg/BMI 30-40 through to next review date. Date Initiated: 09/13/2022 Created on: 09/13/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/22/2026 • Angela will be adequately hydrated aeb drinking at least	• NUTRITION RISK: Angela is MODERATE risk level. Date Initiated: 09/13/2022 Created on: 09/13/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/20/2024 Revision by: Sasha Sonny (Dietitian (RD)) • DIET ORDER: Angela will receive Regular diet, Regular texture Date Initiated: 09/08/2022 Created on: 09/08/2022 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 09/08/2022 Revision by: Pamela Kovar-Gough (Dietary Manager) • FLUID CONSISTENCY: Angela drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 09/08/2022 Created on: 09/08/2022 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 09/08/2022 Revision by: Pamela Kovar-Gough (Dietary Manager) • FLUID TARGET: Encourage Angela to drink a minimum of 1632 ml per day. Date Initiated: 09/13/2022 Created on: 09/13/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 12/16/2025 Revision by: Julia Pilca (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 09/13/2022			Dietitian (RD) Diet Cook Food Services Aide PCA Diet PCA PCA Dietary aide PCA	
Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 09/08/2022</div> <div>Created on: 09/08/2022</div> <div>Created by: Pamela Kovar-Gough (Dietary Manager)</div>	<div>80% of total fluid requirement @20 ml/kg, 102 kg through to next review date.</div> <div>Date Initiated: 09/13/2022</div> <div>Created on: 09/13/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>Revision on: 12/16/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 03/22/2026</div>	<div>Created on: 09/13/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</div> <div>Date Initiated: 09/13/2022</div> <div>Created on: 09/13/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>• LABELLED SNACK: Angela receives 2 pieces of cheese at HS nourishment pass as per preference.</div> <div>Date Initiated: 11/02/2022</div> <div>Created on: 11/02/2022</div> <div>Created by: Pamela Kovar-Gough (Dietary Manager)</div> <div>Revision on: 12/21/2023</div> <div>Revision by: Tammy Smith (FSM - Food Services Manager)</div>	<div>Diet PCA</div> <div>Recreational Therapy Aide</div> <div>PCA</div>	<div>D/E</div> <div>D/E</div>		
<div>• Sleep Patterns; Potential for alteration in sleep patterns related to dx of Schizophrenia.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Richele Rosales (Registered Practical Nurse)</div> <div>Revision on: 09/07/2022</div> <div>Revision by: Richele Rosales (Registered Practical Nurse)</div>	<div>• To promote adequate rest/sleep for Angela based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 12/19/2025</div> <div>Created on: 09/07/2022</div> <div>Created by: Richele Rosales (Registered Practical Nurse)</div> <div>Revision on: 12/19/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/22/2026</div>	<div>• REST PATTERN: Preferred bedtime 2130-2200 usual wake time 0800-0900.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Richele Rosales (Registered Practical Nurse)</div> <div>Revision on: 09/16/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• SLEEPWEAR: Angela prefers to wear long/short night gown.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Richele Rosales (Registered Practical Nurse)</div> <div>Revision on: 09/07/2022</div> <div>Revision by: Richele Rosales (Registered Practical Nurse)</div>	<div>PCA</div> <div>PCA</div>			
<div>• BOWEL Continence - Angela is continent and has self recognition of urge to defecate.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div>	<div>• Angela to remain continent of bowels through next review date</div> <div>Date Initiated: 12/19/2025</div> <div>Created on: 09/07/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 12/19/2025</div>	<div>• BOWEL Continence level is CONTINENT. Report change to level as noted.</div> <div>Date Initiated: 09/07/2022</div> <div>Created on: 09/07/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>• SELF TOILETING: Angela toilets self for bowel movements. Each shift ask if she had BOWEL MOVEMENT and document accordingly. Report changes to bowel</div>	<div>PCA</div> <div>PCA</div>			
Allergies	No Known Allergies	D.O.B.	03/05/1964	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BRASIL, ANGELA (925171002039)		Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision on: 09/07/2022 Revision by: Victoria Edwards (RPN)		Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	movements or continence level to Registered Staff as noted. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Victoria Edwards (RPN)				
• Potential for CONSTIPATION related to (daily use of medication with binding effect) Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse)		• Angela will have regular soft formed bowel movements every 1-2 days through to the next review. Date Initiated: 03/22/2023 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 03/22/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026 • To minimize the potential for episodes/ complications of constipation through to the next review date Date Initiated: 03/22/2023 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 03/22/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	• COMMUNICATION: Involve/collaborate with (Angela/SDM) for decision making regarding constipation management. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/09/2022 Revision by: Donna Duah (Registered Nurse) • FLUIDS: Encourage Angela to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, poor judgement) related to		• Angela will be supported to maintain cognitive function through the review date. Date Initiated: 12/19/2025	• COMMUNICATION: Involve/collaborate with (Angela)/SDM in decision making of Cognitive Loss. Date Initiated: 09/07/2022 Created on: 09/07/2022				
Allergies	No Known Allergies		D.O.B.	03/05/1964	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BRASIL, ANGELA (925171002039)		Admission Date	09/07/2022	Location	Orchid Trail 206OT 2	
Last Care Plan Review Completed:		12/19/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Dementia Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse)		Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Linda Appiah (Registered Nurse) • PERSONAL ITEMS: Keep belongings ex telephone, eyeglasses, family pictures, etc.) in a consistent place (over bed table, in nightstand drawer, on bedside table). Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 01/30/2025 Revision by: Donna Duah (RN)			PCA	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour (Hallucinations) Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse)		• Angela will have ALL ADL care tasks met each day through the next review date. Date Initiated: 12/19/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/22/2026	• BATHING: Angela prefers SHOWERS on MONDAY EVENING and FRIDAY MORNING. Angela requires 1 PERSON PHYSICAL EXTENSIVE ASSIST TO TRANSFER ONLY to shower. On Shower days , strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower day.FEMALES ONLY FOR SHOWERS AND PERSONAL CARE Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/23/2025 Revision by: Edna James (Registered Practical Nurse) • BED MOBILITY: Angela is INDEPENDENT. When she is tired, she requires EXTENSIVE assistance. Date Initiated: 09/19/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Angela requires 1 PERSON LIMITED to EXTENSIVE PHYSICAL ASSIST. Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING: Angela requires SUPERVISION SETUP HELP ONLY. Date Initiated: 12/15/2022			PCA	
Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour (Hallucinations) Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse)			Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse) • LOCOMOTION: Angela is INDEPENDENT to SUPERVISION for WALKING IN CORRIDOR and LOCOMOTION ON UNIT. She requires SUPERVISION SETUP HELP ONLY for LOCOMOTION OFF UNIT. Momo DEVICE IN PLACE. Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator)				PCA	
			• PERSONAL HYGIENE: Angela requires 1 PERSON LIMITED to EXTENSIVE PHYSICAL ASSIST when she is tired. FEMALES ONLY Date Initiated: 09/19/2025 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/19/2025 Revision by: Richele Rosales (RAI Coordinator)				PCA	
			• HAND HYGIENE: Angela requires SUPERVISION. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse)				PCA All	
			• TOILET USE: Angela requires 1 PERSON LIMITED to EXTENSIVE PHYSICAL ASSIST. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)				PCA	
			• TRANSFERRING: RESident is INDEPENDANT with transfers. MOMO device in place. Date Initiated: 02/28/2025				PCA	
Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2	
Last Care Plan Review Completed:		12/19/2025						

Care Plan Report


Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour (Hallucinations) Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse)			Created on: 02/28/2025 Created by: Danielle Knott (ADOC) Revision on: 04/14/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) <ul style="list-style-type: none"> ORAL CARE: She requires SUPERVISION TWICE DAILY and as needed. Angela has full upper and lower dentures. Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 12/15/2022 Revision by: Michael Palangi (Registered Nurse) <ul style="list-style-type: none"> FOOT CARE: (PSW, Registered staff, Foot Care Nurse) to complete toenail care every (specify when). Report long toe nails or other abnormalities as noted. Date Initiated: 12/15/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 05/22/2025 Revision by: Edna James (Registered Practical Nurse) <ul style="list-style-type: none"> SHAVING - Angela will have face shaven upon request (resident has been using electric shaver for her chin) Date Initiated: 12/15/2022 Created on: 09/28/2022 Created by: Victoria Edwards (RPN) Revision on: 11/02/2024 Revision by: Edna James (Registered Practical Nurse) <ul style="list-style-type: none"> RESIDENT PREFERENCE female caregivers with ADL activities. Date Initiated: 03/25/2025 Created on: 03/25/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	D/E
<ul style="list-style-type: none"> Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD). Date Initiated: 09/07/2022		<ul style="list-style-type: none"> To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 09/21/2023	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Angela)/SDM in decision making for GERD Management Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)			Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse)	Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/21/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/22/2026	Revision on: 09/22/2022 Revision by: Victoria Edwards (RPN) • HEALTH TEACHING: Engage with (Angela)/SDM to enhance her comprehension of (treatment, possible complications, disease trajectory, etc.) associated with GERD. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/07/2022 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 09/07/2022 Created on: 09/07/2022 Created by: Donna Duah (Registered Nurse)	RN Registered Practical Nurse Registered Staff	

Allergies	No Known Allergies	D.O.B.	03/05/1964	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Schizophrenia, unspecified(F20.9), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRASIL, ANGELA (925171002039)	Admission Date	09/07/2022	Location	Orchid Trail 206OT 2
Last Care Plan Review Completed:		12/19/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Increased risk for FALLS related to confusion, antidepressant use and cognitive decline secondary to ALZHEIMER's DISEASE.</p> <p>Date Initiated: 11/24/2022 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period</p> <p>Date Initiated: 11/07/2025 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Janice/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 03/01/2024 Created on: 09/27/2022 Created by: Victoria Edwards (RPN) Revision on: 03/01/2024 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• CALL BELL: Ensure call bell in place and within reach. Janice is unable to hold/grab it.</p> <p>Date Initiated: 03/01/2024 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ENVIRONMENT: Secure environment remove clutter, wires and cables to reduce fall risk for Janice</p> <p>Date Initiated: 03/01/2024 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/01/2024 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• BED: use high/low bed placed at her knee level to lower risk for injury.</p> <p>Date Initiated: 03/01/2024 Created on: 09/27/2022 Created by: Victoria Edwards (RPN) Revision on: 03/01/2024 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• ACTIVITY: Engage Janice in meaningful activity to decrease boredom and or restlessness. Janice likes to fold towels, setting up the tables and helping in the kitchen</p> <p>Date Initiated: 03/01/2024 Created on: 06/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/01/2024 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place.</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>		
Allergies	No Known Allergies	D.O.B.	03/05/1940	Physician	Constantine George KARNIS	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	
Last Care Plan Review Completed:		11/07/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<ul style="list-style-type: none">Increased risk for FALLS related to confusion, antidepressant use and cognitive decline secondary to ALZHEIMER's DISEASE. <p>Date Initiated: 11/24/2022 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <ul style="list-style-type: none">SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 03/01/2024 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 03/01/2024 Revision by: Olena Romaniuk (Registered Nurse)</p>					
<ul style="list-style-type: none">Altered VISION related to Presbyopia <p>Date Initiated: 05/08/2025 Created on: 05/08/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none">To minimize complications through to next review date. <p>Date Initiated: 11/07/2025 Created on: 05/08/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<ul style="list-style-type: none">COMMUNICATION: Involve/collaborate with SDM for decision making pertaining to change in visual status as needed. <p>Date Initiated: 05/08/2025 Created on: 05/08/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">HEALTH TEACHING: Engage with/SDM to enhance their knowledge of Presbyopia affecting vision. <p>Date Initiated: 05/08/2025 Created on: 05/08/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>					
<ul style="list-style-type: none">Transfers. <p>Date Initiated: 11/20/2024 Created on: 11/20/2024</p>	<ul style="list-style-type: none">To improve transfer for assist x2+hoyer lift to assist x2 in 6-8 months	<ul style="list-style-type: none">Janice to perform balance exercises in sitting using 1 XA + therapeutic Ball EXs 3/wk. <p>Date Initiated: 11/06/2025</p>	PT - Physiotherapist				
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1	
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 11/06/2025 Created on: 11/20/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026 • To decrease falls while transferring in the next 3 months to 0 . Date Initiated: 11/06/2025 Created on: 11/20/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026	Created on: 11/20/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PTA	
• Use of PASD Tilt wheel chair to assist resident with better position and comfort . Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/20/2024 Revision by: Edna James (Registered Practical Nurse)		• Janice will be effectively supported with use of Tilt ed wheel chair to optimize Activity of Daily Living for reposition and comfort each day through to the next review date. Date Initiated: 11/07/2025 Created on: 12/20/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	• HEALTH EDUCATION: Engage with Resident/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Tilt chair for reposition and comfort. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/20/2024 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use Tilt chair as to support appropriate for better position and comfort. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/20/2024 Revision by: Edna James (Registered Practical Nurse)				
Allergies	No Known Allergies		D.O.B.	03/05/1940		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018		Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Use of PASD Tilt wheel chair to assist resident with better position and comfort . <p>Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/20/2024 Revision by: Edna James (Registered Practical Nurse)</p>			<ul style="list-style-type: none">• TILTED CHAIR in USE as a PASD to support resident with reposition and comfort. <p>Monitor every shift. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/20/2024 Revision by: Edna James (Registered Practical Nurse)</p>			PCA	D/E/N
<ul style="list-style-type: none">• Active ROM. <p>Date Initiated: 11/19/2024 Created on: 10/28/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2024 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none">• To improve all major joint flexibility and strength from grade 3-/5 to grade 3/5 in 6-8 months, (Manual Muscle Test) <p>Date Initiated: 11/06/2025 Created on: 11/20/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/07/2026</p> <ul style="list-style-type: none">• To prevent further deterioration of joint flexibility and strength from grade 3-/5 in 6-8 months. <p>Date Initiated: 11/06/2025 Created on: 10/28/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<ul style="list-style-type: none">• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using AAROM, PROM 3/wk. <p>Date Initiated: 11/19/2024 Created on: 10/28/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	03/05/1940		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018		Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Active ROM. Date Initiated: 11/19/2024 Created on: 10/28/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2024 Revision by: Uzma Habib (PT - Physiotherapist)</div>		Target Date: 02/07/2026					
<div>• URINARY (Functional): TOTAL incontinent of bladder related to loss of muscle tone due to aging. Date Initiated: 01/18/2023 Created on: 10/29/2018 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 11/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• Janice will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/07/2025 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</div>	<div>• COMMUNICATION: Involve/collaborate with (Janice/SDM) for decision making about toileting options or incontinence management. Date Initiated: 04/28/2022 Created on: 04/28/2022 Created by: Victoria Edwards (RPN) Revision on: 04/28/2022 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of Janice for toileting needs, changes to health status and alteration of continence level. Date Initiated: 04/28/2022 Created on: 04/28/2022 Created by: Victoria Edwards (RPN) Revision on: 04/28/2022 Revision by: Victoria Edwards (RPN) • URINARY Continence level is TOTALLY incontinent. Date Initiated: 06/06/2020 Created on: 10/29/2018 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 04/28/2022 Revision by: Victoria Edwards (RPN) • CHECK and CHANGE: Janice experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 02/06/2019 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)</div>				
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1	
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• URINARY (Functional): TOTAL incontinent of bladder related to loss of muscle tone due to aging. Date Initiated: 01/18/2023 Created on: 10/29/2018 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 11/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Janice uses BLUE briefS for all shifts. Date Initiated: 06/06/2020 Created on: 10/29/2018 Created by: Lydia Lomo (Registered Practical Nurse) Revision on: 05/30/2022 Revision by: Victoria Edwards (RPN)</p>			PCA	
<p>• At Risk for SOCIAL ISOLATION and alteration to PSYCHO-SOCIAL well-being related to disinterest, altered mood, cognitive limitation and rest/sleep patterns Date Initiated: 08/02/2023 Created on: 08/02/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/02/2023 Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>• Team members will support Janice in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. Date Initiated: 08/02/2023 Created on: 08/02/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/07/2026</p> <p>• Janice will improve/maintain ISE score of 3 by the next review date. Date Initiated: 05/08/2025</p>	<p>• STRUCTURED ACTIVITIES: Invite Janice to programs of personal interest; sing-songs, garden care/outdoor strolls, manicures and socials/entertainment. Date Initiated: 08/02/2023 Created on: 08/02/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/02/2023 Revision by: Megan McLoughlin (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage Janice to engage in self-directed activities such as listening to music, taking walks around home area, doll therapy. Date Initiated: 08/02/2023 Created on: 08/02/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 11/09/2023 Revision by: Shelley Deir (Recreation Manager) • ASSISTANCE: Provide assistance/encouragement to get Janice to scheduled activities; accompany in elevator, guide/cue direction and offer friendly reminders. Date Initiated: 08/02/2023 Created on: 08/02/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/02/2023</p>				
Allergies	No Known Allergies			D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)			Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• At Risk for SOCIAL ISOLATION and alteration to PSYCHO-SOCIAL well-being related to disinterest, altered mood, cognitive limitation and rest/sleep patterns</p> <p>Date Initiated: 08/02/2023</p> <p>Created on: 08/02/2023</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 08/02/2023</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>Created on: 08/02/2023</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 05/08/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 02/07/2026</p>	<p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Janice prefers to be addressed by the abbreviated version of her name; "Jan".</p> <p>Offer Janice sensory stimulation between programs such as doll therapy, listening to music or watching nature videos on the ipad and outdoor strolls when the weather permits.</p> <p>Janice benefits greatly from music-based programs such as Java Music Club, Sing-Songs and live entertainment.</p> <p>Date Initiated: 08/02/2023</p> <p>Created on: 08/02/2023</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 05/01/2025</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SOCIAL INTERACTION: Promote opportunity for Janice to make/preserve friendships and sit with peers during activities.</p> <p>Date Initiated: 08/02/2023</p> <p>Created on: 08/02/2023</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 08/02/2023</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Janice with music-based opportunities such as sessions with the music therapist and attending programs; Sing-Song, Java Music Club, Hymn Sing and live entertainment.</p> <p>Date Initiated: 05/01/2025</p> <p>Created on: 05/01/2025</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 05/01/2025</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p>				
		<p>• To support Janice's Psycho-Social well being through to the next review.</p> <p>Date Initiated: 08/02/2023</p> <p>Created on: 08/02/2023</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 08/02/2023</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>Target Date: 02/07/2026</p>					
<p>• Potential for Acute PAIN and alteration in comfort: related to PAIN on RIGHT THIGH while ambulating. Most Current MDS Pain score is 0.</p> <p>Date Initiated: 11/24/2022</p>		<p>• To promote Janice comfort and effectively manage ACUTE pain as episode occurs through to the next review.</p> <p>Date Initiated: 11/07/2025</p>	<p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Janice satisfaction for pain control.</p> <p>Date Initiated: 11/24/2022</p> <p>Created on: 06/06/2020</p> <p>RN Registered Practical Nurse</p>				
Allergies	No Known Allergies			D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)			Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 12/05/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse)		Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/04/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • REST: Accommodate Janice's rest and relaxation preference (sitting and lying after each meal). Date Initiated: 11/24/2022 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse) • MEDICATION: Administer medication as per MD order for pain relief/management. Date Initiated: 11/24/2022 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse)		Registered Practical Nurse RN	
• Altered ability to complete Activities of Daily Living (ADLs) r/t cognitive impairment due to DEMENTIA in ALZHEIMER's DISEASE. Date Initiated: 11/24/2022 Created on: 10/18/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse)		• Janice will have ALL ADL care needs met each day through the next review date. Date Initiated: 11/07/2025 Created on: 08/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	• BATHING: Jan requires 1/2 staff to provide TOTAL PHYSICAL ASSIST. Prefers shower on TUESDAY MORNING and SATURDAY EVENING. On Shower days, strip the linens, wipe mattress with Virox and place new linens. Janice uses Wendylett sheets. Staff to clip finger and toenails after each Shower. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED MOBILITY: Janice Requires 2 staff to provide Total assist with bed mobility. Date Initiated: 07/22/2024 Created on: 10/18/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 07/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DRESSING: Janice requires 2 staff to provide TOTAL ASSIST. Date Initiated: 07/22/2024 Created on: 11/06/2018 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 07/22/2024		PCA	PCA
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025				

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) r/t cognitive impairment due to DEMENTIA in ALZHEIMER's DISEASE. Date Initiated: 11/24/2022 Created on: 10/18/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse)</div>			<div>Created on: 10/18/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 11/06/2024 Revision by: Harsimran Kaur (Registered Nurse) • TRANSFER LIFT/SLING: Hoyer lift and MEDIUM sling needed for transfer. Date Initiated: 07/22/2024 Created on: 07/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ORAL CARE: Resident not wearing denture for now (POA aware). Date Initiated: 07/22/2024 Created on: 10/18/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 05/20/2025 Revision by: Edna James (Registered Practical Nurse)</div>			PCA	
<div>• Expressed Wishes and Beliefs related to Janice's Medical Treatment and End of Life Care Date Initiated: 11/24/2022 Created on: 12/05/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse)</div>		<div>• To support and honor Janice's expressed wishes and beliefs through to the End of Life. Date Initiated: 08/04/2023 Created on: 12/05/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/04/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/07/2026</div>	<div>• NO CPR: Janice's wishes express NO CPR and NO TRANSFER to hospital and plan includes death at WPCC. Date Initiated: 11/24/2022 Created on: 12/05/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/24/2022 Revision by: Michael Palangi (Registered Nurse) • COMMUNICATION: Janice expressed wishes indicate that she would not like to be included in conversations of prognosis, treatment for end of life. Date Initiated: 11/24/2022 Created on: 12/05/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/24/2022</div>			All	
Allergies	No Known Allergies			D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)			Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Expressed Wishes and Beliefs related to Janice's Medical Treatment and End of Life Care</div> <div>Date Initiated: 11/24/2022</div> <div>Created on: 12/05/2019</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 11/24/2022</div> <div>Revision by: Michael Palangi (Registered Nurse)</div>		Revision by: Michael Palangi (Registered Nurse)				
<div>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension mumbled speech related to Dementia progression.</div> <div>Date Initiated: 10/31/2022</div> <div>Created on: 05/02/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 10/31/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Janice will be supported to have needs interpreted each day through the next review.</div> <div>Date Initiated: 11/07/2025</div> <div>Created on: 10/31/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 11/07/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/07/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Janice/SDM for decision making about strategies needed to support effective communication.</div> <div>Date Initiated: 05/02/2022</div> <div>Created on: 05/02/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 05/02/2022</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• PRIMARY LANGUAGE: Janice's primary language is English. She is unable to speak/understand) English.</div> <div>Date Initiated: 05/08/2025</div> <div>Created on: 05/02/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 05/08/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• BOWEL INCONTINENCE : TOTAL incontinent r/t loss of sphincter control and cognitive impairment secondary to Dementia</div> <div>Date Initiated: 06/06/2020</div> <div>Created on: 12/05/2019</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 05/02/2022</div>	<div>• Janice will have bowel incontinence managed every shift through to the next review period.</div> <div>Date Initiated: 11/07/2025</div> <div>Created on: 12/05/2019</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Janice for changes to health status, alteration of continence level or bowel function.</div> <div>Date Initiated: 06/06/2020</div> <div>Created on: 12/05/2019</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 02/05/2021</div> <div>Revision by: Victoria Edwards (RPN)</div> <div>• BOWEL Continence level is TOTAL incontinent. Report change to level as noted. PCA</div>				
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025				

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Focus	Goal	Interventions	Position	Freq/Resolved		
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	Date Initiated: 06/06/2020 Created on: 12/05/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/02/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL MOVEMENT: Monitor Janice for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 02/05/2021 Created on: 12/05/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/05/2021 Revision by: Victoria Edwards (RPN) • INCONTINENCE PRODUCT: Janice uses BLUE briefs for all shifts. Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 05/30/2022 Revision by: Victoria Edwards (RPN)	PCA PCA			
• Potential to experience complications and side effects impacting quality of life related to use of ANTIDEPRESSANT medication. Date Initiated: 11/06/2018 Created on: 11/06/2018 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/16/2020 Revision by: Nicole Wieske (Registered Practical Nurse)	• To monitor effectiveness and for side effects of antidepressant medication used each day through to the next review date. Date Initiated: 11/07/2025 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Janice using antidepressant medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 08/27/2020 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/05/2021 Revision by: Victoria Edwards (RPN) • DE-PRESCRIBING MEDICATION; Monitor Janice for signs/symptoms during period when medications are titrated. Date Initiated: 08/27/2020 Created on: 08/27/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/27/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• Risk for Impaired SKIN INTEGRITY related to incontinence and muscle tone loss with ALzheimer's Disease	• To protect and maintain skin integrity each day through to the next review.	• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 08/14/2025	PCA	Q2h		
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Date Initiated: 06/06/2020 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 12/16/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p>	<p>Date Initiated: 11/07/2025 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</p>	<p>Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • SHEAR FRICTION: Adjust foot and head of bed to her height level to reduce shear friction. Date Initiated: 06/06/2020 Created on: 06/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • SHEAR FRICTION: Utilize Wendylett sheet when moving resident in bed to minimize shear friction. Date Initiated: 02/06/2025 Created on: 02/06/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 02/06/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • BARRIER CREAM: Apply skin barrier cream to perineal area to safeguard against excessive moisture after incontinence episodes. Date Initiated: 02/05/2021 Created on: 02/05/2021 Created by: Victoria Edwards (RPN) Revision on: 02/05/2021 Revision by: Victoria Edwards (RPN)</p>	PCA		
<p>• COGNITIVE LOSS; alteration in thought process; short and long term memory problems and modified independence with decision making related to ALZHEIMER's DISEASE and DEMENTIA. Date Initiated: 06/06/2020 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 12/16/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p>	<p>• Janice is severely impaired in cognition and will have needs interpreted and met each day through to the review date. Date Initiated: 11/07/2025 Created on: 10/19/2018 Created by: Bobby Deluao (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Janice/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 06/06/2020 Created on: 06/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • COGNITIVE STIMULATION: Engage Jan in activities to stimulate cognitive function (readings, BINGO, puzzles etc.) Date Initiated: 06/06/2020 Created on: 10/27/2018</p>	ACT		
Allergies	No Known Allergies	D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)	Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Nurse)		Target Date: 02/07/2026	Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			
<ul style="list-style-type: none"> • Sleep Patterns; Potential for alteration in sleep patterns related to diagnosis of DEMENTIA and ALZHEIMER's DISEASE. Date Initiated: 06/06/2020 Created on: 10/18/2018 Created by: Jacqueline Padulla (Registered Practical Nurse) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		<ul style="list-style-type: none"> • To promote adequate rest/sleep for Janice based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/07/2025 Created on: 10/18/2018 Created by: Jacqueline Padulla (Registered Practical Nurse) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	<ul style="list-style-type: none"> • PREFERENCE: Janice requires assistance with peri-care and changing her night clothes. Date Initiated: 06/06/2020 Created on: 06/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
			<ul style="list-style-type: none"> • REST PATTERN: Usual bed time (1930-2000)and usual wake time (0630-0700). Date Initiated: 06/06/2020 Created on: 10/18/2018 Created by: Jacqueline Padulla (Registered Practical Nurse) Revision on: 02/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
			<ul style="list-style-type: none"> • SLEEPWEAR: Janice prefers to wear Pajama set Date Initiated: 06/06/2020 Created on: 06/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
<ul style="list-style-type: none"> • Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 06/06/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		<ul style="list-style-type: none"> • To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 11/07/2025 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/ collaborate with Janice/SDM in decision making of thyroid care management. Date Initiated: 03/11/2020 Created on: 03/11/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			
			<ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Janice/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with HYPOTHYROIDISM. Date Initiated: 02/05/2021 Created on: 03/11/2020		RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025				

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Focus		Goal	Interventions			Position	Freq/Resolved		
			<div>Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/05/2021 Revision by: Victoria Edwards (RPN)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Janice with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 02/05/2021 Created on: 03/11/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/05/2021 Revision by: Victoria Edwards (RPN)</div> <div>• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. Date Initiated: 03/11/2020 Created on: 03/11/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/11/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</div>					PCA	
<div>• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 06/06/2020 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</div>		<div>• To treat and minimize signs/symptoms or complications associated with Hyperlipidaemia , Hypertension through to the next review date. Date Initiated: 11/07/2025 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/07/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Janice with Hyperlipidaemia , Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 06/06/2020 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/05/2021 Revision by: Victoria Edwards (RPN)</div> <div>• MEDICATION: Administer medication for Hyperlipidaemia , Hypertension as per MD Order and monitor for side effects. Date Initiated: 06/06/2020 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</div> <div>• VITAL SIGNS: Monitor vital signs as ordered monthly or as needed. Notify MD of any significant abnormalities. Date Initiated: 06/06/2020</div>					Registered Practical Nurse RN	
Allergies	No Known Allergies			D.O.B.	03/05/1940	Physician	Constantine George KARNIS		
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	BRIDGMAN, JANICE (925171001821)			Admission Date	10/18/2018	Location	Orchid Trail 201OT 1		
Last Care Plan Review Completed:		11/07/2025							

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Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension <p>Date Initiated: 06/06/2020 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results for yearly or as ordered and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 06/06/2020 Created on: 09/19/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			RN	
<ul style="list-style-type: none"> NEW: SPIRITUAL BELIEFS: Janice is of the Protestant Faith. <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2019 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p>		<ul style="list-style-type: none"> To provide Janice spiritual support as interested through to the next review date. <p>Date Initiated: 05/08/2023 Created on: 10/11/2019 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/08/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/07/2026</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage Janice to attend spiritual programs of her choice including Hymn Sing and Glad Tidings Church Service offered monthly. <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/30/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>				
<ul style="list-style-type: none"> Nutrition Risk Level <p>Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 10/19/2018 Revision by: Helen Bradley (Dietitian)</p>		<ul style="list-style-type: none"> Jan will be adequately nourished aeb consuming >50% at meals and snacks through to next review date. <p>Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 02/03/2025 Revision by: Maria Ghobrial</p>	<ul style="list-style-type: none"> NUTRITION RISK: Jan is at HIGH nutrition risk. <p>Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 04/25/2022 Revision by: Kaitlyn Myles (Dietitian)</p> <ul style="list-style-type: none"> DIET ORDER: Jan will receive REGULAR diet, PUREED texture. 			Dietitian (RD) Dietary Manager PCA	
Allergies	No Known Allergies			D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)			Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025					

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		(Dietitian (RD)) Target Date: 02/07/2026	Offer an additional 250ml of juice at lunch and dinner. Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 05/24/2025 Revision by: Maria Ghobrial (Dietitian (RD))		PCA	
		• Will weigh within realistic weight range of 45-57 kg/BMI 18-23 through to next review date. Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 02/03/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/07/2026	• THICKENED FLUIDS: Janice drinks thickened fluids at Pudding thick (EX4) consistency. Date Initiated: 05/19/2025 Created on: 05/19/2025 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 09/18/2025 Revision by: Julia Pilca (Dietitian (RD))			
		• Jan will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25ml/kg, 52.6 kg, 1315mL through to next review date. Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 02/07/2026	• FLUID TARGET: Encourage Jan to drink at least 1052mL per day. Date Initiated: 10/19/2018 Created on: 10/19/2018 Created by: Helen Bradley (Dietitian) Revision on: 11/05/2025 Revision by: Anika Dhalla (Dietitian (RD))		PCA	
			• FOOD PREFERENCES: Jan enjoys chocolate, cakes and pastries. Date Initiated: 04/26/2022 Created on: 04/26/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 04/26/2022 Revision by: Kaitlyn Myles (Dietitian)		Diet PCA	
			• HIGH FIBRE: Offer 125ml high fibre peach juice at breakfast and supper daily. Date Initiated: 09/30/2022 Created on: 09/30/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 07/04/2024 Revision by: Maria Ghobrial (Dietitian (RD))		PCA	D/E
			• LABELLED SNACK: Jan receives vanilla pudding at AM snack Date Initiated: 08/11/2020 Created on: 08/11/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 01/30/2025 Revision by: Maria Ghobrial (Dietitian (RD))		PCA	E
Allergies	No Known Allergies		D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)		Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025				

Care Plan Report


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Diagnosis

Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Other depressive episodes(F32.8)

Allergies	No Known Allergies	D.O.B.	03/05/1940	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hyperlipidaemia, unspecified(E78.5), Dementia in Alzheimer's disease, unspecified(F00.9), Hypothyroidism, unspecified(E03.9), Benign hypertension (I10.0), ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	BRIDGMAN, JANICE (925171001821)	Admission Date	10/18/2018	Location	Orchid Trail 201OT 1
Last Care Plan Review Completed:		11/07/2025			

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved	
<ul style="list-style-type: none">Temporary-Activities related to Move In <p>Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Ajdin Ahmetovicl (Recreation Aide)</p>	<ul style="list-style-type: none">Margaret "Daphne" Cody will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in. <p>Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Ajdin Ahmetovicl (Recreation Aide) Revision on: 12/18/2025 Revision by: Ajdin Ahmetovicl (Recreation Aide) Target Date: 03/17/2026</p>	<ul style="list-style-type: none">INVITATION: Invite and Encourage resident to attend scheduled programs. Also extend invite to Spiritual focused programs. <p>Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Ajdin Ahmetovicl (Recreation Aide)</p>			ACT		
		<ul style="list-style-type: none">CALENDAR: Provide program calendar (verbally review if needed). <p>Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Ajdin Ahmetovicl (Recreation Aide)</p>			ACT		
		<ul style="list-style-type: none">SOCIAL Introduction: Introduce him/her to other residents of similar age, interest, language, etc. as he/she can tolerate. <p>Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Ajdin Ahmetovicl (Recreation Aide)</p>			ACT		
		<ul style="list-style-type: none">MUSIC CARE APPROACH: Present Daphne with a range of music programming that suits her interests. <p>Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Ajdin Ahmetovicl (Recreation Aide) Revision on: 12/18/2025 Revision by: Ajdin Ahmetovicl (Recreation Aide)</p>					
<ul style="list-style-type: none">Nutrition Risk Level <p>Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<ul style="list-style-type: none">Daphne will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/17/2026</p> <ul style="list-style-type: none">Will weigh within GWR/Realistic weight range of	<ul style="list-style-type: none">NUTRITION RISK: Daphne is HIGH risk level. <p>Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD))</p>			Dietitian (RD)		
		<ul style="list-style-type: none">DIET ORDER: Daphne will receive Regular diet, Regular .			PCA		
		<p>Staff to always offer meal assistance to resident.</p> <p>Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD))</p>					
		<ul style="list-style-type: none">FLUID CONSISTENCY: Daphne drinks REGULAR/THIN Level 0 Fluids.			PCA		
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension (I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1	

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Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		56- 70 kg/BMI 20-25 through to next review date. Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/17/2026 • Daphne will be adequately hydrated aeb drinking at least 100% of total fluid requirement @25 ml/kg, 53.2 kg through to next review date. Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/17/2026	Date Initiated: 12/17/2025 Created on: 12/17/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/17/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID TARGET: Encourage Daphne to drink a minimum of 1330 ml per day. Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD))			PCA	
			• DINING INSTRUCTIONS: - Provide handheld meal options when possible: ie; sandwiches (egg salad/ tuna/ meatball sub etc) - Resident prefers food items that do not fall off plate such as mashed potatoes. Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD))			Registered Practical Nurse	
			• ADAPTIVE AIDS: Daphne requires weighted utensils at meals and snacks. FSM looking into getting weighted 2 handled mug. Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/29/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)			PCA	
			• FOOD PREFERENCES: Daphne enjoys eating foods that hold their shape in utensil such as mashed potatoes. Dislikes/ avoids eating bell peppers, cucumbers, etc due to their roughage from skin causes discomfort as per POA. Date Initiated: 12/29/2025 Created on: 12/29/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/29/2025 Revision by: Julia Pilca (Dietitian (RD))			PCA	
• Ambulation.		• Cody to improve walking	• Ms. Cody to ambulate with proper posture alignment needs cues and limited			PT -	
Allergies	Septra, Sulfa Antibiotics			D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)			Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

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Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)		distance and posture from flex to normalfunctional alingment as structure allowedand distance of walking from 15 m to 20 m using a rollator in 6-8 months Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/17/2026 • To prevent a decline in Ms. Cody's ability and the distance of walking of 15 meters over 6-8 months Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/17/2026	assistance for proper posture, and practice walking for 10-15 m under supervision using a rollator walker 3/wk. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)			Physiotherapist PTA	
• Transfers. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To decrease falls while transferring in the next 3 months. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• Encourage if needed, assist x1 with sit -> stand transfer from bed, chair 1-2 set of 3- 5each 3/wk. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1	

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
	Physiotherapist) Target Date: 03/17/2026 • To prevent a decline in transfers from independent to supervised in 3 months. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/15/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/17/2026					
• Use of PASD bed rails to assist resident with Activity of Daily Living (bed mobility and transfers). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)	• Margaret will be effectively supported with use of partial bed rails to optimize Activity of Daily Living (bed mobility and transfers) each day through to the next review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse) Target Date: 03/17/2026	• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Olena Romaniuk (Registered Nurse) • BED RAIL: TWO PARTIAL 1/4 Rails in USE as a PASD to assist resident with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)		Registered Staff PCA	 D/E/N	
• Potential to experience (rash, hives, anaphylaxis) related to ALLERGY of Septra, Sulfa Antibiotics. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)	• Daphne will be protected from exposure to allergen each day through next review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI	• COMMUNICATION: Involve/collaborate with daphne/SDM in decision making and health teaching about ALLERGY to Septra, Sulfa Antibiotics. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025				
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)	Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Daphne for changes to health status and complications. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • ALLERGY ALERT: Daphne has ALLERGY to Septra, Sulfa Antibiotics. Prevent contact with and report if noted to experience symptoms (rash, hives, swelling, difficulty breathing). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Daphne's Allergy to Septra, Sulfa Antibiotics and minimize risk for exposure to allergen. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • RESCUE MEDICATION: Administer EPINEPHRINE as per MD/NP Order. Monitor effectiveness and immediately notify MD/NP of use. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)	Registered Staff		
• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Anxiety, new environment Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)	• To promote adequate rest/sleep for Daphne based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/15/2025 Created on: 12/15/2025	• REST PATTERN: Preferred bedtime 2000, usual wake time 0700 and daytime naps PCA (as needed). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)			
Allergies	Septra, Sulfa Antibiotics	D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)	Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	<ul style="list-style-type: none">• SLEEPWEAR: Daphne prefers to wear long/short night gown. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)• MONITOR: Monitor Daphne's sleeping patterns. Document when awake or asleep. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)	PCA <	

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for hypo/hyperglycemia and other complications related to diagnosis of Type 2 DIABETES Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)			Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> MEDICATION: Administer medication (ORAL ANTIHYPERGLYCEMIC medication) for DIABETES as per MD order. Monitor effectiveness and for side effects. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)			
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to loss of sphincter control and cognitive impairment secondary to Vascular Dementia Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"> Daphne will have bowel incontinence managed every shift through to the next review period. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Daphne/SDM for decision making about (bowel function, toileting options, incontinence management). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Daphne for changes to health status, alteration of continence level or bowel function. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as PCA noted. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)			
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for BOWEL INCONTINENCE related to loss of sphincter control and cognitive impairment secondary to Vascular Dementia Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)			• INCONTINENCE PRODUCT: Resident uses small brief for all shifts. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)			PCA	
• URINARY (Mixed) INCONTINENCE related to altered mobility, Vascular Dementia Diagnosis Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)		• Daphne will have urinary incontinence managed every shift through to the next review period. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	• COMMUNICATION: Involve/collaborate with Daphne/SDM for decision making about (incontinence management). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Daphne for toileting needs, changes to health status and alteration of continence level. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025			PCA	
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• URINARY (Mixed) INCONTINENCE related to altered mobility, Vascular Dementia Diagnosis Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• SCHEDULED TOILETING: Toilet Daphne before and after meals and PRN Date Initiated: 12/18/2025 Created on: 12/18/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• INCONTINENCE PRODUCT: Resident uses small brief during all shift(s)). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>	PCA			
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Medical Condition (Diabetes, Impaired Circulation, Incontinence) Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)</div> <div>• HEALTH EDUCATION: Engage Daphne/SDM in health education regarding prevention of skin impairment and management of incontinence. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture. Specify frequency (after incontinence episode). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	PCA			
<div>• Potential to experience alteration in</div>	<div>• To support Daphne with their</div>	<div>• COMMUNICATION: Involve/collaborate with Daphne/SDM about MOOD</div>				
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
MOOD related to Anxiety Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)		identified coping strategies for mood/emotional stability each day through to the review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Provide education and support to Daphne/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Daphne for indications to change in MOOD or increase of symptoms that negatively impact residents quality of life. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, ambient lighting, preferred music). Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • FAMILY SUPPORT: Daphne enjoys visits from family members and friends. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • SLEEP/REST: Promote adequate sleep and rest to stability of Daphne's mood.		RN Registered Practical Nurse	
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential to experience alteration in MOOD related to Anxiety Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)			<p>Report changes in sleeping habits to Registered Staff as noted.</p> Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)				
<ul style="list-style-type: none">• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none">• Daphne will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Daphne/SDM in decision making of Cognitive Loss for Vascular Dementia. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Daphne/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Vascular Dementia. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none">• ORIENTATION: Gently reorient to person, place, time as needed when Daphne is feeling lost or in confused state. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)				
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949		Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025		Location	Orchid Trail 213OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL ROUTINE: Provide consistency in care routine and activities (wake up at 0700, go to bed at 2000, sleep in nightgown, help with meals) Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse) • ENVIRONMENT: Provide environmental clue to promote Daphne's ability to locate room and navigating home area (i.e. name plate, photo, memory box) outside of room. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	PCA			
<div>• Increased risk for FALLS related to Altered Physical function, Limitation of cognitive function/alterd judgement related to diagnosis of Dementia, Osteoporosis Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Daphne/SDM in decision making in fall prevention Plan of Care. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • CALL BELL: Place call bell within resident's reach (to RIGHT side if needed), check that it is in working order and remind/encourage to use it. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • ADAPTIVE EQUIPMENT: Daphne needs adaptive equipment: walker Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025</div>	PCA	D/E/N		
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">Increased risk for FALLS related to Altered Physical function, Limitation of cognitive function/altered judgement related to diagnosis of Dementia, Osteoporosis <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none">ENVIRONMENT: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment) to reduce fall risk for Daphne. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)FOOTWEAR: Ensure Daphne wears appropriate footwear (shoes/non-skid socks) for transfers, ambulation.<p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p></p>			PCA	
<ul style="list-style-type: none">Potential for Persistent PAIN and alteration in comfort level related to Osteoporosis. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none">To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026</p>	<ul style="list-style-type: none">COMMUNICATION: Involve/collaborate with Daphne/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.<p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)NON VERBAL CUES of PAIN for Daphne include facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed.<p>Date Initiated: 12/15/2025 Created on: 12/15/2025</p></p></p>			RN Registered Practical Nurse	
Allergies	Septra, Sulfa Antibiotics			D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)			Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential for Persistent PAIN and alteration in comfort level related to Osteoporosis. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none">• REST: accommodate resident rest and relaxation preference (breaks between activities, remaining in bed). <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
<ul style="list-style-type: none">• Altered ability to complete Activities of Daily Living (ADLs) related to Vascular Dementia, Limited Mobility <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none">• Daphne will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026</p>	<ul style="list-style-type: none">• BATHING: Daphne prefers shower on Thursday and Sunday mornings. Resident participates by washing her face and "privates". 1 staff EXTENSIVE assistance for bathing. Assistive devices required include shower chair. Nail care to be provided on shower/bath day. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none">• BED MOBILITY: Daphne is INDEPENDENT with bed mobility. <p>Daphne is able to position herself while in bed. 1 staff to provide EXTENSIVE assistance when DAPHNE is tired.</p> <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <ul style="list-style-type: none">• DRESSING: 1 staff to provide EXTENSIVE assistance for dressing UPPER & LOWER body. <p>Date Initiated: 12/15/2025 Created on: 12/15/2025</p>				
Allergies	Septra, Sulfa Antibiotics			D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)			Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Vascular Dementia, Limited Mobility</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>			Created by: Richele Rosales (RAI Coordinator)			PCA	
			Revision on: 12/16/2025				
			Revision by: Rajdeep Kaur (Registered Nurse)				
			• EATING: 1 Staff to provide LIMITED to EXTENSIVE assistance for eating.				
			Date Initiated: 12/15/2025				
			Created on: 12/15/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 12/18/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• LOCOMOTION: Daphne is able to WALK independently with walker.				
1 staff to provide SUPERVISION assistance for locomotion on and/or off unit.							
Date Initiated: 12/15/2025							
Created on: 12/15/2025							
Created by: Richele Rosales (RAI Coordinator)							
Revision on: 12/15/2025							
Revision by: Rajdeep Kaur (Registered Nurse)							
• PERSONAL HYGIENE: Daphne is able to assist in hygiene.			PCA				
1 staff to provide EXTENSIVE assistance for hygiene.							
Date Initiated: 12/15/2025							
Created on: 12/15/2025							
Created by: Richele Rosales (RAI Coordinator)							
Revision on: 12/15/2025							
Revision by: Rajdeep Kaur (Registered Nurse)							
• HAND HYGIENE: 1 staff to provide LIMITED, assistance to use soap/water, apply sanitizer, rub hands together, dry hands, etc.) for hand hygiene.				PCA			
Date Initiated: 12/15/2025							
Created on: 12/15/2025							
Created by: Richele Rosales (RAI Coordinator)							
Revision on: 12/15/2025							
Revision by: Olena Romaniuk (Registered Nurse)							
• TOILET USE: Daphne requires LIMITED to EXTENSIVE assistance for toileting.			PCA				
Date Initiated: 12/15/2025							
Created on: 12/15/2025							
Created by: Richele Rosales (RAI Coordinator)							
Revision on: 12/18/2025							
Revision by: Richele Rosales (RAI Coordinator)							

Allergies	Septra, Sulfa Antibiotics			D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)			Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Vascular Dementia, Limited Mobility</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>			<div>• TRANSFERRING: Daphne requires SUPERVISION to LIMITED assistance when she is tired for transferring. She may require EXTENSIVE assistance when she is tired.</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/22/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• ORAL CARE: Daphne has TEETH and is able to brush her teeth.</div> <div>1 staff to provide LIMITED assistance for oral care.</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/16/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• FOOT CARE: PSW, Registered staff, Foot Care Nurse to complete toenail care every 6 weeks. Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/16/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div>			PCA	
<div>• Expressed Wishes and Beliefs related to Daphne's Medical Treatment and End of Life Care</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• To support and honor Daphne's expressed wishes and beliefs through to the End of Life.</div> <div>Date Initiated: 12/15/2025</div> <div>Created on: 12/15/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 12/15/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/17/2026</div>	<div>• CPR: Margaret wishes express NO CPR and NO TRANSFER to hospital.</div> <div>Date Initiated: 12/17/2025</div> <div>Created on: 12/17/2025</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 12/17/2025</div> <div>Revision by: Olena Romaniuk (Registered Nurse)</div>				
• Potential to experience alteration in		• To treat and minimize	• HEALTH TEACHING: Engage with Daphne/SDM to enhance her comprehension of				
Allergies	Septra, Sulfa Antibiotics			D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)			Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
CARDIAC FUNCTION related to; Hypertension, Sick Sinus Syndrome Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)		signs/symptoms or complications associated with Hypertension, Sick Sinus Syndrome through to the next review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	(treatment, possible complications, disease trajectory) associated with Hypertension, Sick Sinus Syndrome. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • COMMUNICATION: Involve/collaborate with Daphne/SDM in decision making of Cardiac Care Management for Hypertension, Sick Sinus Syndrome. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Daphne with Hypertension, Sick Sinus Syndrome for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for Hypertension, Sick Sinus Syndrome as per MD Order and monitor for side effects. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • PACEMAKER Insitu: Daphne has pacemaker. Last appt date was Nov 2024 (Ireland). Will meet with geriatric doctor on Jan 19, 2026 to obtain referral to cardiologist. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025			Registered Practical Nurse RN	
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1	

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension, Sick Sinus Syndrome Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)			Revision by: Richele Rosales (RAI Coordinator)			
<ul style="list-style-type: none"> Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"> To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/17/2026	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with Daphne/SDM in decision making of osteoporosis care management. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> EXERCISE: To help maintain bone mass, encourage weight bearing and/or exercise as tolerated/ therapeutically suggested. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> HEALTH EDUCATION: Engage with Daphne/SDM to enhance her comprehension of (treatment, possible complications) associated with osteoporosis. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Daphne for management of osteoporosis for discomfort/ complications or changes to health 		Registered Staff PCA ACT	
Allergies	Septra, Sulfa Antibiotics		D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)		Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)		status. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)		


Diagnosis

Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49.5), Osteoporosis, unspecified(M81.9), Anxiety disorder, unspecified(F41.9)

Allergies	Septra, Sulfa Antibiotics	D.O.B.	03/14/1949	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Vascular dementia, unspecified(F01.9), Presence of cardiac pacemaker(Z95.00), Benign hypertension(I10.0), Sick sinus syndrome(I49...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	CODY, MARGARET (925171002324)	Admission Date	12/15/2025	Location	Orchid Trail 213OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Use of PASD (left and right quarter rails) to assist Margaret with bed mobility and transfer.</p> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• Margarete will be effectively supported with use of left and right quarter rails to optimize Activity of Daily Living (bed mobility and transfer) each day through to the next review date.</p> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026</p>	<p>• HEALTH EDUCATION: Engage with Margaret/SDM to enhance their knowledge of possible benefits and challenges associated with Use of left and right quarter rails.</p> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Margaret for continued benefit to use left and right quarter rails as to support appropriate bed mobility and transfer.</p> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• BED RAIL (TWO PARTIAL): (Specify 1/4 Rails)</p> <p>in USE as a PASD to assist Margaret with bed mobility, transfer in/out of bed. Monitor every shift.</p> <p>Date Initiated: 12/16/2025 Created on: 12/16/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			PCA	D/E/N
<p>• Potential to experience alteration in MOOD as exhibited by related to Depression and Bipolar Disorder</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To support Margaret with their identified coping strategies for mood/emotional stability each day through to the review date.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Provide education and support to Margaret/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</p>			RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	07/17/1952	Physician	Constantine George KARNIS	
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	FARINA, MARGARET (925171002323)		Admission Date	12/12/2025	Location	Orchid Trail 212OT 1	



Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DISTRACTION ACTIVITIES: Margaret can be calmed doing activities of interest including listening to music-SHANIA TWAIM MUSIC,PATSY CLINE MUSIC, PLAYING CARDS- TARBISH, doing puzzles, watching movies, playing bingo and cards and also is fond of drinking coffee.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, ambient lighting, preferred music, aroma therapy, etc.)</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• SLEEP/REST: Promote adequate sleep and rest to stability of Margaret's mood. Report changes in sleeping habits to Registered Staff as noted.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects.</p> <p>Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/16/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	PCA Registered Practical Nurse Recreation Aide	PRN		
• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Depression Date Initiated: 12/15/2025	• To promote adequate rest/sleep for Margaret based on identified sleep patterns/preferences each night	• REST PATTERN: Preferred bedtime 2000-21000, usual wake time 0700-0800 Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator)	PCA			
Allergies	No Known Allergies		D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	FARINA, MARGARET (925171002323)		Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)	through to the next review date. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • SLEEPWEAR: Margaret prefers to wear long/short night gown, pajamas bottoms Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITOR: Monitor Daphne's sleeping patterns. Document when awake or asleep. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)	PCA PCA	 Q1H			
• Faye is experiencing colonization with Antibiotic Resistant Organism (MRSA, VRE) pending lab results: (specify date). Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Revision on: 12/13/2025 Revision by: Donna Duah (RN)	• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Target Date: 03/14/2026	• COMMUNICATION: Involve/collaborate with Margaret/SDM with decision making for Antibiotic Resistant Organism treatment plan and update accordingly. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • PPE PRECAUTIONS: Precaution identified as (CONTACT) for (MRSA and VRE) and requires use of the following PPEs (Gloves, Gown) when (providing direct care, handling soiled clothes and linens, disposing of incontinent product). Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Revision on: 12/13/2025 Revision by: Donna Duah (RN)	Registered Practical Nurse RN PCA				
• Faye is experiencing episode of INFECTION (UTI). Onset date Dec., 13. Date Initiated: 12/12/2025 Created on: 12/13/2025 Created by: Donna Duah (RN) Revision on: 12/13/2025 Revision by: Donna Duah (RN)	• To have infection adequately managed and treated without further complications by (Dec., 17). Date Initiated: 12/12/2025 Created on: 12/13/2025 Created by: Donna Duah (RN)	• COMMUNICATION: Involve/collaborate with (Faye/SDM) with decision making for infection treatment plan and update accordingly. Date Initiated: 12/12/2025 Created on: 12/13/2025 Created by: Donna Duah (RN) Revision on: 12/13/2025 Revision by: Donna Duah (RN)	RN Registered Practical Nurse				
Allergies	No Known Allergies		D.O.B.	07/17/1952	Physician	Constantine George KARNIS	
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	FARINA, MARGARET (925171002323)		Admission Date	12/12/2025	Location	Orchid Trail 212OT 1	

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 12/13/2025 Revision by: Donna Duah (RN) Target Date: 12/17/2025	• VITAL SIGNS: Monitor VITAL SIGNS (check temp every shift, per order). Date Initiated: 12/12/2025 Created on: 12/13/2025 Created by: Donna Duah (RN) Revision on: 12/13/2025 Revision by: Donna Duah (RN) • MEDICATIONS: Administer medication for (infection, pain, fever) as per MD order. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Donna Duah (RN) Revision on: 12/13/2025 Revision by: Donna Duah (RN)			Registered Practical Nurse RN RN Registered Practical Nurse	
• Alteration in skin integrity with risk for infection or complications related to pressure injury on coccyx and left and right heel Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)		• To minimize risk of stage 1 pressure ulcer on both heels and stage 2 pressure ulcer on coccyx infection each day until fully healed. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) Target Date: 03/14/2026 • To promote optimal healing of pressure ulcers within next 2 months . Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)	• TREATMENT PLAN: Administer treatment for Stage 1 pressure ulcer to both heels and stage 2 pressure ulcer to coccyx as per MD Order. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) • HEALTH EDUCATION: Engage with Margaret/SDM to enhance his/her comprehension of suggested treatment and possible complications associated with pressure ulcers to heels and coccyx Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with pressure ulcers to heels and coccyx for changes to health status, wound infection and alteration or complications affecting skin integrity. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN				
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Alteration in skin integrity with risk for infection or complications related to pressure injury on coccyx and left and right heel Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)		Target Date: 03/14/2026	using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) • POSITIONING: Has Turning/Repositioning to off load pressure intervention in place; see Skin Impairment Risk Care Plan. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)				
• Expressed Wishes and Beliefs related to Faye -Medical Treatment and End of Life Care Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)		• To support and honor Faye's expressed wishes and beliefs through to the End of Life. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/14/2026	• CPR: Faye wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)				
• Bed Mobility. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• MARGARET to improve Quads' strength from grade 2/5 to grade 2+/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 12/12/2025 Created on: 12/12/2025	• MARGARET to perform (Gluts/hamstrings/Quads) exercises using AAROM, AROM progress to theraband/weights/bridge 1-2set of 3-5. 3/wk. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	07/17/1952		Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)		Admission Date	12/12/2025		Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		<p>Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/14/2026</p> <p>• MARGARET to improve knee flexion, ACTIVE ROM strength from initial Range to functional Range in 6=8 months. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/14/2026</p>	<p>• MARGARET to perform balance exercises in sitting, using therapeutic ball EXs 3/wk. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<p>• Active ROM. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To prevent further deterioration of bilateral upper limb joint flexibility and strength from grade 3-/5 in 3 months. (Manual Muscle Test) Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/14/2026</p> <p>• To improve strength from grade 2-/5 to grade 2+/5 in 6-8</p>	<p>• Provide AROM abduction/adduction/extension/ flexion/supination/ pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using AROm, AAROM 3/wk. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/12/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Active ROM.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>months, (Manual Muscle Test)</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 03/14/2026</div>				
<div>• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medication.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To monitor effectiveness and for side effects of medication used each day through to the next review date.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/14/2026</div> <div>• To promote Margaret's understanding of treatment regime and possible side effects of medication taken through to the next review.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 03/14/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• PREFERENCE: Margaret prefers to receive medication (Specify;) during meals when at dining table, etc.)</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate.</div> <div>Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 12/12/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	Registered Staff		
Allergies	No Known Allergies	D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)	Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in CARDIAC FUNCTION related to Extensive ascending aortic aneurysm and Type B thoracoabdominal aneurysm</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To treat and minimize signs/symptoms or complications associated with Extensive ascending aortic aneurysm, Type B thoracoabdominal aneurysm through to the next review date.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026</p>	<p>• HEALTH TEACHING: Engage with Margaret/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with Extensive ascending aortic aneurysm, Type B thoracoabdominal aneurysm</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making of Cardiac Care Management for Extensive ascending aortic aneurysm, Type B thoracoabdominal aneurysm</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Margaret with Extensive ascending aortic aneurysm, Type B thoracoabdominal aneurysm for changes to health status and alteration or complications affecting cardiac function.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for Extensive ascending aortic aneurysm, Type B thoracoabdominal aneurysm as per MD Order and monitor for side effects.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• BP MONITORING: Monitor BLOOD PRESSURE (specify frequency here). Notify MD of abnormalities as needed.</p> <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</p>	Registered Practical Nurse RN		
Allergies	No Known Allergies	D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)	Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to neurological dysfunction, decreased mobility Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• Margaret will have bowel incontinence managed every shift through to the next review period. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making about bowel function, toileting options, incontinence management.. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for changes to health status, alteration of continence level or bowel function. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• BOWEL Continence level is OCCASIONALLY Incontinent, Report change to level as noted. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• INCONTINENCE PRODUCT: faye uses medium size incontinent brief. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>	PCA 	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
Revision by: Richele Rosales (RAI Coordinator)	Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	Parkinson's disease. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • ORIENTATION: Gently reorient to person, place, time as needed when Margaret is feeling lost or in confused state. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL ROUTINE: Provide consistency in care routine and activities. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication as per MD order. Monitor effectiveness and for side effects. Date Initiated: 12/15/2025 Created on: 12/15/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Richele Rosales (RAI Coordinator)	PCA				
• Increased risk for FALLS, altered Physical function, Limitation of cognitive function/altered judgement related to diagnosis of Parkinson's Disease. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making in fall prevention Plan of Care. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • CALL BELL: Place call bell within Margaret's reach (LEFT side if needed), check that it is in working order and remind/encourage to use it. Date Initiated: 12/12/2025	PCA	D/E/N			
Allergies	No Known Allergies		D.O.B.	07/17/1952	Physician	Constantine George KARNIS	
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	FARINA, MARGARET (925171002323)		Admission Date	12/12/2025	Location	Orchid Trail 212OT 1	

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • ADAPTIVE EQUIPMENT: Margaret needs adaptive equipment: wheelchair. Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • ENVIRONMENT: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment) to reduce fall risk for Margaret. Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • BED: place bed in lowest position to lower risk for injury. Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • ACTIVITY: Engage Margaret in meaningful activity to decrease boredom and or restlessness. Margaret likes to: (SPECIFY: fold towels, answer the phone, play cards, etc.). Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • FOOTWEAR: Ensure Margaret wears appropriate footwear (non-skid socks/shoes) for transfers, ambulation. Date Initiated: 12/12/2025</div> <div>Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</div>			PCA	
Allergies	No Known Allergies		D.O.B.	07/17/1952	Physician	Constantine George KARNIS	
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	FARINA, MARGARET (925171002323)		Admission Date	12/12/2025	Location	Orchid Trail 212OT 1	

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none">Increased risk for FALLS, altered Physical function, Limitation of cognitive function/altered judgement related to diagnosis of Parkinson's Disease. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none">FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <ul style="list-style-type: none">ALARM: Requires personal alarm. Check placement and working order. Staff respond when alarm is heard. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>		PCA <	

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to Parkinson's Disease.</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/12/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 12/12/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.).</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p>			All	
<p>• Nutrition Risk Level</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>		<p>• Faye will be adequately nourished aeb consuming >75% at meals and snacks through to next review date.</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/23/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>Target Date: 03/14/2026</p> <p>• Will weigh within GWR/Realistic weight range of 51-67 kg/BMI 20-26 through to next review date.</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p>	<p>• NUTRITION RISK: Faye is HIGH risk level.</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/23/2025</p> <p>Revision by: Julia Pilca (Dietitian (RD))</p> <p>• DIET ORDER: Faye will receive Regular diet, Regular texture</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/12/2025</p> <p>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FLUID CONSISTENCY: Faye drinks REGULAR/THIN Level 0 Fluids.</p> <p>Date Initiated: 12/12/2025</p> <p>Created on: 12/12/2025</p> <p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>Revision on: 12/12/2025</p> <p>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Faye to drink a minimum of 1258 ml per day.</p> <p>Date Initiated: 12/23/2025</p> <p>Created on: 12/23/2025</p> <p>Created by: Julia Pilca (Dietitian (RD))</p>	Dietitian (RD)	PCA	PCA	PCA
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		Revision on: 12/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/14/2026 • Faye will be adequately hydrated aeb drinking at least 100% of total fluid requirement @25ml/kg, 50.3 kg through to next review date. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/14/2026 • Will meet estimated nutritional requirements of 1509 kcal @ 30 kcal/kg, 65.4 g protein @ 1.3 g/kg through to next review date. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/14/2026	Revision on: 12/23/2025 Revision by: Julia Pilca (Dietitian (RD))				
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: PARKINSON'S Disease Date Initiated: 12/12/2025		• To treat and minimize signs/ symptoms or complications associated with Parkinson's Disease through to the next	• COMMUNICATION: Involve/ collaborate with Margaret/SDM in decision making of PCA neurological care management for Parkinson's Disease. Date Initiated: 12/12/2025 Created on: 12/12/2025				
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 12/12/2025 Created by: Donna Duah (RN)		review date. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	Created by: Donna Duah (RN) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage with Margaret/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with Parkinson's Disease. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for Parkinson's Disease as per MD order. Monitor effectiveness and for side effects. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing (coughing during eating, drooling, etc.). Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Donna Duah (RN)			PCA Registered Staff	
• URINARY (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) INCONTINENCE related to altered mobility Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)		• Margaret will have urinary incontinence managed every shift through to the next review period. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	• COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making about incontinence management. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for toileting needs, changes to health status and alteration of continence level. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025				
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision by: Richele Rosales (RAI Coordinator) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse) • INCONTINENCE PRODUCT: Faye uses medium size brief. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)			PCA 	
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage Margaret/SDM in health education regarding prevention of skin impairment. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)		• Margaret will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI	• BATHING: (Resident name) prefers shower, Wednesday and Sunday evening . Resident participates by (indicate what the resident does). (Specify #) staff (specify; SUPERVISION, LIMITED, EXTENSIVE, MAXIMAL, TOTAL) assistance by (specify what staff do) for bathing. Assistive devices required include (specify). Nail care to be provided on shower/bath day. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)			PCA	
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Coordinator) Revision on: 12/12/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/14/2026	Revision on: 12/12/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) • BED MOBILITY: Faye requires EXTENSIVE to TOTAL assist by 2 team members. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Donna Duah (RN) • DRESSING: 1 staff to provide EXTENSIVE assistance for dressing UPPER & LOWER body. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse) • EATING: 1 Staff to provide EXTENSIVE, assist for eating. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse) • LOCOMOTION: 1 staff to provide TOTAL assistance for locomotion for on and/or off PCA unit. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse) • 1 staff to provide EXTENSIVE assistance for personal hygiene. Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse) • HAND HYGIENE: 1 staff to provide Extensive assistance to use soap/water, apply sanitizer, rub hands together, dry hands, for hand hygiene.				PCA PCA	
				PCA				
				PCA				
				PCA				
				PCA				
				PCA				
				PCA				
				PCA				
				PCA	D/E/N/PRN			
				PCA				
Allergies	No Known Allergies			D.O.B.	07/17/1952	Physician	Constantine George KARNIS	
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	FARINA, MARGARET (925171002323)			Admission Date	12/12/2025	Location	Orchid Trail 212OT 1	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> TOILET USE: Faye requires TOTAL assistance by 2 team members for toileting. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> TRANSFERRING: 2 staff to provide TOTAL assistance using MECHANICAL LIFT for transferring Faye to Broda chair. Faye is mainly Bed bound. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Navpreet Kaur (DOC)</p> <ul style="list-style-type: none"> ORAL CARE: Faye has full upper and lower DENTURES, 1 staff to provide EXTENSIVE assistance or oral care. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> FOOT CARE: PSW, to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 12/12/2025 Created on: 12/12/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/12/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p></p> <p>BLD</p>

Allergies	No Known Allergies	D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)	Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report


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Diagnosis

Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic aneurysm, without mention of rupture(I71.6)

Allergies	No Known Allergies	D.O.B.	07/17/1952	Physician	Constantine George KARNIS
Diagnosis	Parkinson's disease(G20), Bipolar affective disorder, unspecified(F31.9), Other depressive episodes(F32.8), Thoracic aortic aneurysm, without mention of rupture(I71.2), Thoracoabdominal aortic an...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FARINA, MARGARET (925171002323)	Admission Date	12/12/2025	Location	Orchid Trail 212OT 1

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Transfers.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/15/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To prevent a decline in transfers from Assist x1 in 3 months.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/15/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/24/2026</div> <div>• To improve transfer for assist x1-2 to supervised set up in 6-8 months</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/15/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/24/2026</div>	<div>• Encourage +assist x1-2 with sit -> stand transfer from bed, chair 3/wk.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/15/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• Mary to perform balance exercises in sitting using therapeutic EXs 3/wk.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 11/15/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>				PT - Physiotherapist PTA	PT - Physiotherapist PTA
<div>• Ambulation.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 05/19/2022</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To decrease Mary # of falls to 0 over 3 months</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 05/19/2022</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/24/2026</div>	<div>• As cooperates Mary performed balance exercises in standing using a wall bar + PTA to provide cues and directions as possible 3/wk treatment.</div> <div>Date Initiated: 11/19/2025</div> <div>Created on: 05/19/2022</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 11/19/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>				PT - Physiotherapist PTA	
<div>• Active ROM.</div>		<div>• To prevent further deterioration</div>	<div>• Provide AROM R/L hip/knee/ankle/toes/ shoulder/elbow/wrist/fingers/thumb) using</div>				PT - Physiotherapist	
Allergies	No Known Allergies		D.O.B.	09/25/1937	Physician	Constantine George KARNIS		
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	FIELD, MARY Monica (925171002029)		Admission Date	05/19/2022	Location	Orchid Trail 202OT 2		
Last Care Plan Review Completed:		11/24/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 11/19/2025 Created on: 05/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	of all joint ROM, and joint flexibility, and maintain/ improve strength from grade 3/5 to 3+/5 in 6-8 months. Date Initiated: 11/19/2025 Created on: 05/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/24/2026 • To improve bilateral hip/knee joint AROM to End Range 3 months. Date Initiated: 11/19/2025 Created on: 11/08/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/24/2026 • To improve Mary bilateral hip strength from grade 3-/5 to grade 3/5 in 3 months, (Manual Muscle Test) Date Initiated: 11/19/2025 Created on: 11/08/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	ROM , theraband/ball/weights/pulleys/ standing weight bearing 3/wk. Date Initiated: 11/19/2025 Created on: 05/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	st PTA	
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location Orchid Trail 202OT 2
Last Care Plan Review Completed:	11/24/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<ul style="list-style-type: none">• Active ROM. Date Initiated: 11/19/2025 Created on: 05/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Target Date: 02/24/2026							
<ul style="list-style-type: none">• Use of PASD (Bedrail) to assist Mary with Activity of Daily Living (Bed mobility and transfers). Date Initiated: 10/02/2023 Created on: 10/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none">• Mary will be effectively supported with use of (Bedrail) to optimize Activity of Daily Living (Bed mobility and transfer) each day through to the next review date. Date Initiated: 11/24/2025 Created on: 10/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026	<ul style="list-style-type: none">• HEALTH EDUCATION: Engage with Mary/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (Left Quarter bed rail in Transfer position). Date Initiated: 10/02/2023 Created on: 10/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/02/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of monitoring Mary for continued benefit to use (bed rail) as to support appropriate (Bed mobility and transfer). Date Initiated: 10/02/2023 Created on: 10/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none">• BED RAIL: 1/4 LEFT side in USE as a PASD to assist Mary with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 10/02/2023 Created on: 10/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)					PCA	D/E/N
<ul style="list-style-type: none">• Altered VISION related to Presbyopia Date Initiated: 05/17/2024 Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none">• To minimize complications of dry eyes through to next review date. Date Initiated: 11/24/2025	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Mary/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 05/17/2024 Created on: 05/17/2024						
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS		
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2		
Last Care Plan Review Completed:		11/24/2025							

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Coordinator)		Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Mary/SDM to enhance their knowledge of Presbyopia, affecting vision. Date Initiated: 05/17/2024 Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EYEGLASSES: Mary wears eyeglasses. Assist to clean eyeglasses as needed and PCA store on night table when sleeping. Date Initiated: 05/17/2024 Created on: 05/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• High risk for FALLS related to dx of Alzheimer's disease and Arthritis: Medication use(antihypertensives and narcotics) Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 02/14/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/24/2025 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026	• COMMUNICATION: Involve/collaborate with (Mary)/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/26/2023 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 10/26/2023 Revision by: Susan Little (RPN) • CALL BELL: Place call bell within her reach and remind/encourage her to use it. PCA Date Initiated: 10/26/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ENVIRONMENT: Secure environment reduce clutter, night light, bathroom signage, toilet height, quiet environment to reduce fall risk for Mary Date Initiated: 10/26/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 10/30/2023				
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• BED: use high/low bed placed at her knee level to lower risk for injury.</div> <div>Date Initiated: 10/26/2023</div> <div>Created on: 05/19/2022</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 10/30/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• ACTIVITY: Engage Mary in meaningful activity to decrease boredom and or restlessness. Mary likes to fold towels, answer the phone, play cards.</div> <div>Date Initiated: 10/26/2023</div> <div>Created on: 05/19/2022</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 05/17/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• FOOTWEAR: Ensure Mary wears appropriate footwear (non skid shoes) for transfers, ambulation.</div> <div>Date Initiated: 10/26/2023</div> <div>Created on: 05/19/2022</div> <div>Created by: Olena Romaniuk (Registered Nurse)</div> <div>Revision on: 10/26/2023</div> <div>Revision by: Susan Little (RPN)</div> <div>• SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place.</div> <div>Date Initiated: 09/27/2025</div> <div>Created on: 09/27/2025</div> <div>Created by: Jaspreet Samra (RAI Coord Back-up)</div> <div>Revision on: 09/27/2025</div> <div>Revision by: Jaspreet Samra (RAI Coord Back-up)</div> <div>• FLOOR MAT: floor mat on floor next to left side of bed to lower risk of injury.</div> <div>Date Initiated: 02/16/2024</div> <div>Created on: 02/16/2024</div> <div>Created by: Gugulethu Ncube (Registered Practical Nurse)</div> <div>Revision on: 02/16/2024</div> <div>Revision by: Gugulethu Ncube (Registered Practical Nurse)</div> <div>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</div> <div>Date Initiated: 10/26/2023</div>				PCA	
							PCA	
							PCA	
							PCA	
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2	
Last Care Plan Review Completed:		11/24/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • High risk for FALLS related to dx of Alzheimer's disease and Arthritis: Medication use(antihypertensives and narcotics) <p> Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 02/14/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) </p>		<p> Created on: 03/14/2023 Created by: Victoria Edwards (RPN) Revision on: 10/26/2023 Revision by: Susan Little (RPN) </p>			
<ul style="list-style-type: none"> • Potential to experience discomfort/complications, including infection of surgical site, pain, impaired mobility, embolism related to FRACTURE of bilateral Pubic ramis fracture (location of fracture: hip. <p> Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/08/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p>	<ul style="list-style-type: none"> • To promote optimal healing of FRACTURE of location of fracture: hip until healed <p> Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/08/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/24/2026 </p>	<ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with Mary/SDM to enhance his/her comprehension of (specify: treatment, possible complications, etc.) associated with fracture. <p> Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/08/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Mary for management of fracture to Hip for discomfort/ complications or changes to health status. <p> Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/08/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p>			
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:	11/24/2025				

Care Plan Report

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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and Pelvic Fracture. Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/08/2023 Revision by: Mario Diamante (Registered Practical Nurse)</p>		<p>Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/18/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Monica requires one staff to provide TOTAL assistance for Locomotion On and OFF Unit. Locomotion Mode: Wheelchair. Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL HYGIENE: Monica requires 2 PERSON to provide MAXIMAL ASSIST. PCA She prefers female PCA due to a history of abuse. Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/18/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: Monica requires 1 staff to provide TOTAL assistance to use apply PCA sanitizer, rub hands together for hand hygiene. Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TOILET USE: Monica requires 1 staff EXTENSIVE to 2 staff MAXIMAL assist. PCA Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/21/2025 Revision by: Richele Rosales (RAI Coordinator) • TRANSFERRING: Monica requires 1 staff to provide EXTENSIVE assistance for PCA transfers. Monica weight bears and hold bed rail to stand and pivot. Momo DEVICE IN PLACE. Date Initiated: 02/23/2023</p>	PCA		
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and Pelvic Fracture. <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/08/2023 Revision by: Mario Diamante (Registered Practical Nurse)</p>		<p>Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/18/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> FOOT CARE: PSW, Registered staff, Foot Care Nurse to complete toenail care every week after shower. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p> <ul style="list-style-type: none"> SPECIFIC RESIDENT Request: Mary field can get up after 10AM from bed if she is resistive before breakfast. <p>Date Initiated: 07/24/2024 Created on: 07/24/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/24/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	PCA		
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Rest/Sleep Patterns, Withdrawn <p>Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide)</p>	<ul style="list-style-type: none"> Team members will support Mary in decreasing social isolation by participating in activities of personal choice for a minimum of 10 activities per month by the next review date. <p>Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/24/2026</p>	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Recreation team members will continue to invite/encourage Mary to programs of personal interest; sing-songs readers circle, word games and garden care etc. <p>Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/10/2025 Revision by: Shelley Deir (Recreation Manager)</p> <ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage Mary to engage in self-directed activities such as conversing with peers, reading, prayer and listening to music. <p>Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/24/2023</p>			
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>• Mary will improve/maintain ISE score of 4 by the next review date. Date Initiated: 05/22/2025 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/24/2026</p> <p>• To support Mary's psycho-social well being through to the next review. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/24/2023 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/24/2026</p>	<p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ASSISTANCE: Provide assistance/encouragement to get Mary to scheduled activities. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 11/10/2023 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Mary prefers to be called by her second name, Monica.</p> <p>Mary enjoys sharing her life experiences with others and is often prompted to reminisce while looking through old photo albums in her room. She enjoys talking about her family and friends, her life in Dublin, Ireland and the places she has travelled to.</p> <p>Ensure Mary is provided with a copy of the Daily Chronicle as well as any other reading material she might enjoy.</p> <p>Mary's participation in group programs is limited due to her rest and mood patterns. Recreation staff can support her activity interests with one to one and self-directed activities and will continue to encourage her participation in group programs.</p> <p>Mary enjoys watching virtual Catholic mass in her room. Support Mary's faith by assisting her with setting up an iPad in her room. Invite her to monthly Catholic mass as well. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/15/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide Mary with individual visits for reminiscing/socializing, virtual church services and music on her stereo. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide)</p>		
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)			
Facility	Wellington Park Care Centre			Print Date 1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location Orchid Trail 202OT 2
Last Care Plan Review Completed:	11/24/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Rest/Sleep Patterns, Withdrawn</p> <p>Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide)</p>		<p>Revision on: 02/07/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Mary with music care approaches: music therapy, sing-songs/hymn sings, musical bingo, heartbeats club, java music club and special entertainment.</p> <p>Date Initiated: 05/15/2025 Created on: 05/15/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/15/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	Recreation Aide			
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility</p> <p>Date Initiated: 02/23/2023 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 11/24/2025 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026</p>	<p>• HEALTH EDUCATION: Engage Mary/SDM in health education regarding prevention of skin impairment and management.</p> <p>Date Initiated: 02/23/2023 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p> <p>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place.</p> <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture, after incontinence episode.</p> <p>Date Initiated: 02/23/2023 Created on: 12/02/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA	Q2h		
Allergies	No Known Allergies		D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)		Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Impaired Mobility <p>Date Initiated: 02/23/2023 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>		<p>Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>			
<ul style="list-style-type: none"> • Potential for Expressive Behaviour of RESISTANCE to care need nature related to Symptom Progression of Alzheimer. <p>Date Initiated: 02/23/2023 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>	<ul style="list-style-type: none"> • To decrease episodic frequency of Expressive Behaviour by next review date. <p>Date Initiated: 11/24/2025 Created on: 12/02/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Mary(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 02/23/2023 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Mary for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 02/23/2023 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p> <ul style="list-style-type: none"> • RESISTANCE to Care Need: If Mary is refusing to bathe, change clothes, take medications, eat , re-approach in 10-15 minutes. Report episode to Registered Staff. <p>Date Initiated: 02/23/2023 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p> <ul style="list-style-type: none"> • RESISTANCE to Care Need: Re approach Mary. <p>Date Initiated: 02/23/2023</p>	BSO - Internal BSO - External Social Worker		
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of RESISTANCE to care need nature related to Symptom Progression of Alzheimer. Date Initiated: 02/23/2023 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)			Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse) <ul style="list-style-type: none"> WANDERING: Permit Mary to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Donna Duah (RN) Revision on: 12/20/2024 Revision by: Donna Duah (RN)		PCA Registered Practical Nurse RN	
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to arthritic knees Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)		<ul style="list-style-type: none"> To promote Monica's comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/24/2025 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Monica/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 11/04/2023 Created on: 11/04/2023 Created by: Navpreet Kaur (Director of Care) Revision on: 11/04/2023 Revision by: Navpreet Kaur (Director of Care) <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Mary's satisfaction for pain control Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> REST: accommodate Mary rest and relaxation breaks between activities, remaining in bed Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/17/2024		RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)		Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Persistent PAIN and alteration in comfort level related to arthritic knees</p> <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed</p> <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 11/04/2023 Revision by: Navpreet Kaur (Director of Care)</p>	Registered Practical Nurse RN		
<p>• Expressed Wishes and Beliefs related to Monica's Medical Treatment and End of Life Care</p> <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Alison McAulay (RN) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>	<p>• To support and honor Monica's expressed wishes and beliefs through to the End of Life.</p> <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Alison McAulay (RN) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse) Target Date: 02/24/2026</p>	<p>• NO CPR: Monica wishes express NO CPR and NO TRANSFER to hospital and plan includes death at WPCC.</p> <p>Date Initiated: 02/23/2023 Created on: 05/19/2022 Created by: Alison McAulay (RN) Revision on: 02/23/2023 Revision by: Michael Palangi (Registered Nurse)</p>	All		
<p>• URINARY (Functional) INCONTINENCE related to cognitive/physical impairment.</p> <p>Date Initiated: 01/18/2023 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)</p>	<p>• Mary will have urinary incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 11/24/2025 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI)</p>	<p>• COMMUNICATION: Involve/collaborate with (Mary/SDM) for decision making about toileting options or incontinence management, catheter use, etc.</p> <p>Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 05/30/2022 Revision by: Victoria Edwards (RPN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Mary for toileting needs, changes to health status and alteration of continence level.</p> <p>Date Initiated: 05/30/2022</p>			
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Coordinator) Target Date: 02/24/2026	<p>Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 05/30/2022 Revision by: Victoria Edwards (RPN) • URINARY Continence level is TOTALLY incontinent. Report change to level as noted. PCA</p> <p>Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2022 Revision by: Victoria Edwards (RPN) • CHECK and CHANGE: Mary experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. PCA</p> <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Mary uses blue briefs for all shifts. PCA</p> <p>Date Initiated: 03/18/2024 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/09/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>				
<p>• Potential to experience alteration in MOOD as exhibited by (exploring, anxious complaints) related to Symptom progression of Alzheimer's. Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/02/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• Mary will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 11/24/2025 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Mary/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/30/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilise holistic perspective of continuous monitoring of Mary for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Marys quality of life. Date Initiated: 05/30/2022</p>				
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 02/24/2026	<p>Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DISTRACTION ACTIVITIES: Mary can be calmed doing activities of interest including listening to music, doing puzzles, watching movies.</p> <p>Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/30/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	ACT All		
<p>• Potential for BOWEL INCONTINENCE related to cognitive impairment. Date Initiated: 05/26/2022 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/29/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Mary will have bowel incontinence managed every shift through to the next review period. Date Initiated: 08/26/2024 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/24/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Mary/SDM) for decision making about bowel function, toileting options, incontinence or ostomy management, etc. Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Victoria Edwards (RPN) Revision on: 05/30/2022 Revision by: Victoria Edwards (RPN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Mary for changes to health status, alteration of continence level or bowel function. Date Initiated: 05/26/2022 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• BOWEL Continence level is Total INCONTINENT. Report change to level as noted. PCA Date Initiated: 05/26/2022 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Mary uses blue briefs for all shifts. Date Initiated: 05/26/2022 Created on: 05/26/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/09/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>	PCA		
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Neurological symptoms. <p>Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/01/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> Mary will be able to make basic needs known each day through to the review date. <p>Date Initiated: 11/24/2025 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Mary/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/30/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> PRIMARY LANGUAGE: Mary's primary language is English. She is able to speak/understand) English. <p>Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/30/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. <p>Date Initiated: 05/30/2022 Created on: 05/30/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/31/2023 Revision by: Manpreet Kaur Jhita (RN)</p>			
<ul style="list-style-type: none"> SPIRITUAL BELIEFS: Mary is of the Catholic faith. <p>Date Initiated: 06/29/2022 Created on: 06/29/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/29/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p>	<ul style="list-style-type: none"> To provide Mary spiritual support as interested through to the next review date. <p>Date Initiated: 06/03/2023 Created on: 06/29/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/24/2026</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage Mary to attend spiritual programs of her choice including Catholic mass. <p>Date Initiated: 06/29/2022 Created on: 06/29/2022 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/29/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p>	ACT		
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, poor judgement related to 	<ul style="list-style-type: none"> Mary is severely impaired in cognition and will have needs interpreted and met each day 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Mary/SDM in decision making of Cognitive Loss for dementia. <p>Date Initiated: 05/19/2022</p>			
Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Alzheimer's. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/30/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		through to the review date. Date Initiated: 11/24/2025 Created on: 11/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/24/2026	Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/19/2022 Revision by: Olena Romaniuk (Registered Nurse) • ORIENTATION: Gently reorient to person, place, time as needed when Mary is feeling lost or in confused state. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/19/2022 Revision by: Olena Romaniuk (Registered Nurse) • PERSONAL ROUTINE: Provide consistency in care routine and activities Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/19/2022 Revision by: Olena Romaniuk (Registered Nurse) • COGNITIVE STIMULATION: Guide Mary in activities to stimulate cognitive function like bridge, puzzles, reading, trivia. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 10/31/2023 Revision by: Manpreet Kaur Jhita (RN) • ENVIRONMENT: Provide environmental clue to promote Mary ability to locate room and navigating home area outside of room. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			All	
• Sleep Patterns; Potential for alteration in sleep patterns related to Alzheimer's. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI		• To promote adequate rest/sleep for Mary based on identified sleep patterns/preferences each night through to the next review date.	• PREFERENCE: Monica likes to nap after lunch. Date Initiated: 01/15/2025 Created on: 01/15/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2025 Revision by: Richele Rosales (Registered Practical Nurse)				
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Coordinator) Revision on: 05/26/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 06/03/2023 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/24/2026	• REST PATTERN: Preferred bedtime (2000-2100), usual wake time (0700-0800). Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/15/2025 Revision by: Richele Rosales (Registered Practical Nurse) • SLEEPWEAR: Mary prefers to wear pajamas bottoms. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse)		• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 03/01/2023 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 03/01/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/24/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Mary with for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/19/2022 Revision by: Olena Romaniuk (Registered Nurse) • BP MONITORING: Monitor BLOOD PRESSURE monthly and as needed. Notify MD of abnormalities as needed. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 05/19/2022 Revision by: Olena Romaniuk (Registered Nurse)			Registered Practical Nurse RN	
• Nutrition Risk Level Date Initiated: 05/19/2022 Created on: 05/19/2022		• Mary will be adequately nourished aeb consuming >50% at meals and snacks through to	• NUTRITION RISK: Mary is at MODERATE risk level. Date Initiated: 05/19/2022 Created on: 05/19/2022			Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Pamela Kovar-Gough (Dietary Manager)		next review date. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 11/14/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/24/2026	Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 05/17/2024 Revision by: Mark Chan (Dietitian (RD)) • DIET ORDER: Mary will receive Regular diet, Regular texture Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 05/25/2022 Revision by: Kaitlyn Myles (Dietitian) • FLUID CONSISTENCY: Mary drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 05/25/2022 Revision by: Kaitlyn Myles (Dietitian) • FLUID TARGET: Encourage Mary to drink a minimum of 1,260 ml per day. Date Initiated: 05/24/2022 Created on: 05/24/2022 Created by: Olena Romaniuk (Registered Nurse) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 05/25/2022 Created on: 05/25/2022 Created by: Kaitlyn Myles (Dietitian) • ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 05/25/2022 Created on: 05/25/2022 Created by: Kaitlyn Myles (Dietitian) • FOOD PREFERENCES: Mary enjoys drinking Decaf Coffee. Date Initiated: 05/24/2022 Created on: 05/24/2022 Created by: Pamela Kovar-Gough (Dietary Manager)			Diet Cook Food Services Aide PCA	
		• Will weigh within realistic weight range of 55-70 kg/BMI 18-23 through to next review date. Date Initiated: 05/25/2022 Created on: 05/25/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 02/17/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/24/2026				Diet PCA	
		• Mary will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 63 kg through to next review date. Date Initiated: 05/25/2022 Created on: 05/25/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 08/18/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/24/2026				PCA	
						Dietary aide PCA	
						Diet PCA Recreational Therapy Aide	D/E
Allergies	No Known Allergies			D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)			Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025					


Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Nutrition Risk Level Date Initiated: 05/19/2022 Created on: 05/19/2022 Created by: Pamela Kovar-Gough (Dietary Manager)		Revision on: 05/24/2022 Revision by: Pamela Kovar-Gough (Dietary Manager) <ul style="list-style-type: none"> • MEDPASS SUPPLEMENTS: 60 mL Resource 2.0 TID after meals (provides 360 kcals, 15 g pro). Date Initiated: 11/07/2023 Created on: 11/07/2023 Created by: Helen Bradley (Dietitian (RD)) Revision on: 12/08/2025 Revision by: Julia Pilca (Dietitian (RD))	RN Registered Practical Nurse	

Allergies	No Known Allergies	D.O.B.	09/25/1937	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Generalized anxiety disorder(F41.1), Alzheimer's disease, unspecified(G30.9), Arthritis, unspecified, other site(M13.98)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FIELD, MARY Monica (925171002029)	Admission Date	05/19/2022	Location	Orchid Trail 202OT 2
Last Care Plan Review Completed:		11/24/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Transfers.</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• To prevent a decline in transfers from Assist x1 in 3 months.</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</p> <p>• To improve transfer for assist x1 to supervised in 6 months</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</p>	<p>• encourage + assist x1 Mary to practice with sit -> stand transfer from bed, chair 3/wk.</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist	PTA
<p>• Active ROM.</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• To improve bilateral hip/ knee strength from grade 3/5 to grade 4/5 in 6 months, (Manual Muscle Test)</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to bilateral hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using ROM, theraband/ball/weights/ standing as possible 3/wk.</p> <p>Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist	PTA

Allergies	No Known Allergies	D.O.B.	10/11/1927	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	FISHER, MARY (925171002082)	Admission Date	06/02/2023	Location	Orchid Trail 210OT 2	

Last Care Plan Review Completed:	12/18/2025
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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Active ROM. Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To improve bilateral hip/knee, LT shoulder joint AROM Mid-End range in 5-6 months. Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</div> <div>• To prevent further deterioration of bilateral upper limb Joint flexibility and strength from grade 3/5 in 3 months. (Manual Muscle Test) Date Initiated: 12/09/2025 Created on: 06/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/18/2026</div>					
<div>• High risk for FALLS related to previously fractured femur, dx of stroke; Medication use (antihypertensives and antidepressants) Date Initiated: 01/25/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/25/2025 Revision by: Richele Rosales (Registered)</div>		<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/18/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making in fall prevention Plan of Care. Date Initiated: 07/26/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/26/2025 Revision by: Donna Duah (RN)</div> <div>• CALL BELL: Place call bell within her reach and remind/encourage her to use it. Date Initiated: 07/26/2025 Created on: 06/02/2023</div>			<div>Registered Practical Nurse RN</div> <div>PCA RN Registered</div>	<div></div> <div>D/E/N</div>
Allergies	No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2	
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Practical Nurse)		Coordinator) Target Date: 03/18/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/26/2025 Revision by: Donna Duah (RN) • BED: (place bed in lowest position, use high/low bed to lower risk for injury. Date Initiated: 07/26/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/26/2025 Revision by: Donna Duah (RN) • FOOTWEAR: Ensure she wears appropriate footwear (non skid) for transfers, ambulation. Date Initiated: 07/26/2025 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 07/26/2025 Revision by: Donna Duah (RN) • HIP PROTECTORS: "Yvonne" wears hip protectors at all times, to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/30/2025 Revision by: Edna James (Registered Practical Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Staff to check W/C brakes are on during transfers. MOMO bed Sensor in place. Date Initiated: 07/26/2025 Created on: 01/31/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • ALARMS: Requires (Bed/Chair) alarm. Check placement and working order. Staff to respond promptly to her when alarm sounding. Date Initiated: 07/26/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)				Practical Nurse	
			PCA Registered Practical Nurse RN					
			PCA RN Registered Practical Nurse					
			PCA	D/E/N				
			PCA Registered Practical Nurse					
			PCA Registered Practical Nurse					
			PCA Registered Practical Nurse					
			PCA Registered Practical Nurse					
			PCA Registered Practical Nurse					
			PCA Registered Practical Nurse					
Allergies		No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis		Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility		Wellington Park Care Centre					Print Date	1/4/2026
Resident		FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• High risk for FALLS related to previously fractured femur, dx of stroke; Medication use (antihypertensives and antidepressants)</p> <p>Date Initiated: 01/25/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/25/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<p>Revision on: 07/26/2025 Revision by: Donna Duah (RN)</p> <p>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</p> <p>Date Initiated: 07/26/2025 Created on: 06/22/2023 Created by: Victoria Edwards (RPN) Revision on: 07/26/2025 Revision by: Donna Duah (RN)</p>	Registered Practical Nurse RN		
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic.</p> <p>Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote fluid consumption and minimize risk for dehydration each day through to the next review date</p> <p>Date Initiated: 06/18/2025 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/18/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration.</p> <p>Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Mary with altered fluid intake for changes to health status and risk for dehydration.</p> <p>Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
Allergies	No Known Allergies	D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)	Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
		<ul style="list-style-type: none">• PREFERRED FLUIDS: Mary prefers to drink (water, apple juice, milk, tea. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• PROMOTE FLUIDS: Promote Mary to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• INTAKE/OUTPUT: Monitor intake and output every shift. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)					
<ul style="list-style-type: none">• Potential to experience alteration in RESPIRATORY FUNCTION related to ? impaired gas exchange] Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Donna Duah (RN) Revision on: 11/11/2024 Revision by: Donna Duah (RN)	<ul style="list-style-type: none">• To treat and minimize signs/symptoms or complications associated with (Impaired Gas Exchange) each day through to next review date. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Donna Duah (RN) Revision on: 11/11/2024 Revision by: Donna Duah (RN) Target Date: 03/18/2026	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making of Respiratory Management for (Impaired Gas Exchange). Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Donna Duah (RN) Revision on: 11/11/2024 Revision by: Donna Duah (RN)• OXYGEN: Administer Oxygen (at 2L/Min as needed) as per MD order. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Donna Duah (RN) Revision on: 11/11/2024 Revision by: Donna Duah (RN)	RN Registered Practical Nurse Registered Practical Nurse Registered Practical Nurse				
<ul style="list-style-type: none">• STRONG PARTICIPATION in Activities. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation	<ul style="list-style-type: none">• Mary will be supported to maintain participation in activities for a minimum of 10 times per month by the next	<ul style="list-style-type: none">• STRUCTURED ACTIVITIES: Invite Mary to programs of personal interest; bingo, socials/entertainment, sing-songs, cards and horticulture/garden care. Date Initiated: 08/24/2023 Created on: 08/24/2023					
Allergies	No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2	
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Aide) Revision on: 09/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		review date. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/18/2026 • Mary will improve/maintain ISE score of 6 by the next review date. Date Initiated: 06/18/2025 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/11/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/18/2026	Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/24/2023 Revision by: Megan McLoughlin (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage Mary to engage in self-directed activities such as reading the Daily Chronicle, prayer, playing solitaire and watching tennis on her iPad and conversing with peers. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 06/10/2025 Revision by: Megan McLoughlin (Recreation Aide) • ASSISTANCE: Provide assistance/encouragement to get Mary to scheduled activities- offer friendly reminders prior to start time to allow Mary time to prepare/get ready for program. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/24/2023 Revision by: Megan McLoughlin (Recreation Aide) • HELPFUL HINTS: Mary prefers to be addressed as "Yvonne". Mary is a devoted catholic and finds solace in attending mass and praying regularly. Mary is a quiet individual who enjoys engaging in self-directed activities such as playing solitaire and watching tennis on her iPad and reading the Daily Chronicle. Mary enjoys participating in group programs such as gardening, Sing-Song, Bingo and socials. Ensure Mary is seated with peers whom she can preserve/develop meaningful friendships with as she does enjoy socializing and reminiscing with others. Mary has Glaucoma and is blind in her left eye. Approach Mary from her right side when conversing. Date Initiated: 08/24/2023 Created on: 08/24/2023			
Allergies	No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• STRONG PARTICIPATION in Activities. Date Initiated: 08/24/2023 Created on: 08/24/2023 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/11/2025 Revision by: Megan McLoughlin (Recreation Aide) • MUSIC CARE APPROACH: Present Mary with music therapy, musicking and music programming such as; musical bingo,sing-songs, live entertainment and Heartbeats Club. Date Initiated: 03/14/2025 Created on: 03/14/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/14/2025 Revision by: Megan McLoughlin (Recreation Aide)		Recreation Aide	
• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications (anti depressant). Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To monitor effectiveness and for side effects of medication used each day through to the next review date. Date Initiated: 12/18/2025 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Mary using anti-psychotic medication(antidepressant) for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DE-PRESCRIBING MEDICATION; Monitor Mary for signs/symptoms during period when medications are titrated. Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW:Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
Allergies	No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<p>• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications (anti depressant).</p> <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>• PHARMACY MEDICATION REVIEW:Request Pharmacy Medication Review when clinically appropriate.</p> <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>					
<p>• Risk for Impaired SKIN INTEGRITY related to Incontinence and limited mobility.</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 12/18/2025 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026</p>	<p>• EQUIPMENT: Mary requires Roho cushion to offload pressure.</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/13/2025 Revision by: Danielle Knott (ADOC)</p> <p>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place.</p> <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• BARRIER CREAM: Apply skin barrier cream to perineal area to safeguard against excessive moisture after incontinence episode, etc.</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023</p>			PCA	PCA	Q2h
Allergies	No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2	
Last Care Plan Review Completed:		12/18/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Incontinence and limited mobility. <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		Revision by: Victoria Edwards (RPN)		
<ul style="list-style-type: none"> • Altered COMMUNICATION as exhibited by limitations to (self expression, comprehension,) related to Deafness. <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> • Mary will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 12/18/2025 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026</p>	<ul style="list-style-type: none"> • PRIMARY LANGUAGE: Mary primary language is English. She is able to speak/understand) English. <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • INSTRUCTION GUIDANCE: Mary needs (minimal, intermittent, or constant) cueing or demonstrative instruction in tasks and activities. <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)</p>	<p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p> <p>ACT Registered Practical Nurse</p>	
<ul style="list-style-type: none"> • COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty 	<ul style="list-style-type: none"> • Mary will cope with progressive cognitive decline and be 	<ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Mary/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (CVA 	Social Worker	
Allergies	No Known Allergies		D.O.B.	10/11/1927
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses		Physician	Constantine George KARNIS
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023
			Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
concentrating) related to Cardiovascular Accident (CVA) Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	supported to maintain safety each day through the review date. Date Initiated: 12/18/2025 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	Diagnosis). Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • COGNITIVE STIMULATION: Guide Mary in activities to stimulate cognitive function (reading). Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		
• Use of PASD 1/4 rail to assist Yvonne with Activity of Daily Living bed mobility and transferring. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)	• Yvonne will be effectively supported with use of 1/4 rail to optimize Activity of Daily Living bed mobility and transferring each day through to the next review date. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) Target Date: 03/18/2026	• HEALTH EDUCATION: Engage with Yvonne/SDM to enhance their knowledge of possible benefits and challenges associated with Use of 1/4 rail. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of monitoring Yvonne for continued benefit to use 1/4 rail as to support appropriate bed mobility and transferring. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • BED RAIL (One PARTIAL): 1/4 Rail to RIGHT side in USE as a PASD to assist Yvonne with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)	PCA	D/E/N
• Potential to experience discomfort/complications, including pain,	• To promote optimal healing of FRACTURE of femur.	• COMMUNICATION: Involve/ collaborate with Yvonne/SDM in decision making of fracture care management.		
Allergies	No Known Allergies	D.O.B.	10/11/1927	Physician Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)	Admission Date	06/02/2023	Location Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025		

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
impaired mobility, embolism related to FRACTURE of neck of femur. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)		Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) Target Date: 03/18/2026	Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • HEALTH EDUCATION: Engage with Yvonne/SDM to enhance her comprehension of treatment, possible complications, etc. associated with fracture. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • MEDICATION: Administer medication for fracture healing as per MD order. Monitor effectiveness and for side effects Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of Yvonne for management of fracture to femur for discomfort/ complications or changes to health status. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN)			Registered Staff	
Allergies	No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience discomfort/complications, including pain, impaired mobility, embolism related to FRACTURE of neck of femur.</p> <p>Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>			Assistant		
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension and Hyperlipidaemia</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>	<p>• To treat and minimize signs/symptoms or complications associated with (Dx. of HTN) through to the next review date.</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) Target Date: 03/18/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Mary/SDM in decision making of Cardiac Care Management for (specify diagnosis).</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)</p> <p>• MEDICATION: Administer medication for (HTN) as per MD Order and monitor for side effects.</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)</p> <p>• RESCUE MEDICATIONS: Administer NITRO-SPRAY for (Angina, chest pain, Tachycardia) as per MD Order.</p> <p>Date Initiated: 06/03/2023 Created on: 06/03/2023</p>	<p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p> <p>Registered Practical Nurse RN</p>		
Allergies	No Known Allergies	D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)	Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension and Hyperlipidaemia <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>			<p>Created by: Donna Duah (Registered Nurse) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none"> BP MONITORING: Monitor BLOOD PRESSURE (Q. Monthly and as needed). Notify MD of abnormalities as needed. <p>Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)</p>		RN Registered Practical Nurse	
<ul style="list-style-type: none"> Potential to experience alteration in NEUROLOGICAL FUNCTION related to: Stroke. <p>Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>		<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with Stroke through to the next review date. <p>Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) Target Date: 03/18/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with Yvonne/ SDM in decision making of neurological care management for stroke. <p>Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Engage with Yvonne/SDM to enhance her comprehension of treatment, possible complications, disease trajectory, etc. associated with stroke. <p>Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for stroke as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>		PCA	
Allergies	No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: Stroke. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)			• MONITORING: Utilize holistic perspective of continuous monitoring of Yvonne with stroke for changes to health status and alteration or complications affecting neurological function. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)				
• Potential for PAIN and alteration in comfort level related to fracture. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)		• To promote Mary comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 12/18/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• COMMUNICATION: Involve/collaborate with Mary(SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) • PHYSIO TREATMENT: Mary to receive (TENS/Hot pack/Ice/Ultrasound/Other- specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) • POSITIONING: Position in chair/bed for optimal comfort (FREQ). Mary prefers to be positioned (SPECIFY). Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)			PCA PT PCA Registered Practical Nurse RN	
Allergies	No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for PAIN and alteration in comfort level related to fracture. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>		<p>• MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Registered Practical Nurse RN			
<p>• Sleep Patterns; Potential for alteration in sleep patterns related to limited mobility. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>	<p>• To promote adequate rest/sleep for Mary based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) Target Date: 03/18/2026</p>	<p>• REST PATTERN: Preferred bedtime 2000-2100, usual wake time 0700-0800. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p> <p>• SLEEPWEAR: Mary prefers to wear pajamas bottoms. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA PCA			
<p>• Potential for BOWEL INCONTINENCE related to limited mobility. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>	<p>• Yvonne will have bowel incontinence managed every shift through to the next review period. Date Initiated: 12/18/2025 Created on: 06/08/2023 Created by: Victoria Edwards (RPN)</p>	<p>• COMMUNICATION: Involve/collaborate with (Yvonne/SDM) for decision making about bowel function, toileting options, incontinence or ostomy management, etc. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)</p>				
Allergies	No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	<ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Yvonne for changes to health status, alteration of continence level or bowel function. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • BOWEL Continence level is USUALLY Continent. Report change to level as noted. PCA Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • INCONTINENCE PRODUCT: Yvonne uses Blue brief at all times. PCA Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 04/09/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) 				
• URINARY (Mixed) INCONTINENCE related to Neurogenic Bladder Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)		• Mary will have urinary incontinence managed every shift through to the next review period. Date Initiated: 12/18/2025 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Yvonne/SDM for decision making about toileting options or incontinence management, catheter use, etc. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Victoria Edwards (RPN) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of Yvonne for toileting needs, changes to health status and alteration of continence level. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN) • URINARY Continence level is Occasionally Incontinent. Report change to level as noted. PCA Date Initiated: 06/02/2023 				
Allergies	No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY (Mixed) INCONTINENCE related to Neurogenic Bladder Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/08/2023 Revision by: Victoria Edwards (RPN)			Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/15/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Yvonne uses Blue brief at all times. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/09/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	
• SPIRITUAL BELIEFS: Mary is of the Catholic faith. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/08/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy)		• To provide Mary spiritual support as interested through to the next review date. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/08/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy) Target Date: 03/18/2026	• SPIRITUAL PROGRAMS: Encourage Mary to attend spiritual programs of her choice including Catholic Mass offered monthly within the home. Date Initiated: 06/08/2023 Created on: 06/08/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 06/08/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy)			ACT	
• Nutrition Risk Level Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Pamela Kovar-Gough (Dietary Manager)		• Yvonne will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 06/09/2023 Revision by: Mark Chan (Dietitian)	• Dislikes include Green Beans Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Mark Chan (Dietitian) Revision on: 06/09/2023 Revision by: Mark Chan (Dietitian) • NUTRITION RISK: Yvonne is MODERATE risk level. Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Mark Chan (Dietitian)			Diet Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarcion(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 03/18/2026	Revision on: 12/12/2024 Revision by: Maria Ghobrial (Dietitian (RD))				
		<ul style="list-style-type: none">Will weigh within GWR/IBW/Realistic weight range of BMI 22-27, 58-71 kg through to next review date. Date Initiated: 06/06/2023 Created on: 06/06/2023 Created by: Mark Chan (Dietitian) Revision on: 06/09/2023 Revision by: Mark Chan (Dietitian) Target Date: 03/18/2026Mary will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 69 kg through to next review date. Date Initiated: 06/06/2023 Created on: 06/06/2023 Created by: Mark Chan (Dietitian) Revision on: 09/10/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/18/2026	• DIET ORDER: Mary will receive Regular diet, Regular texture Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 06/05/2023 Revision by: Pamela Kovar-Gough (Dietary Manager)			Diet Cook Food Services Aide PCA	
			• FLUID CONSISTENCY: Mary drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 06/05/2023			Diet PCA	
			• FLUID TARGET: Encourage Mary to drink a minimum of 1380 ml per day. Date Initiated: 06/06/2023 Created on: 06/06/2023 Created by: Mark Chan (Dietitian) Revision on: 09/10/2025 Revision by: Julia Pilca (Dietitian (RD))			PCA	
			• PORTION SIZE: Mary prefers 1/3 portions for Lunch and Dinner meals. Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 07/04/2023 Revision by: Pamela Kovar-Gough (Dietary Manager)			Diet PCA	
			• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Mark Chan (Dietitian)			Diet PCA Recreational Therapy Aide	D/E
			• FOOD PREFERENCES: Mary enjoys eating sweets and eating soup. Likes apple juice and tea with no sugar. Dislikes Orange Juice. Date Initiated: 06/05/2023 Created on: 06/05/2023			Diet PCA	
Allergies		No Known Allergies		D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis		Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses					
Facility		Wellington Park Care Centre				Print Date	1/4/2026
Resident		FISHER, MARY (925171002082)		Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Nutrition Risk Level Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Pamela Kovar-Gough (Dietary Manager)			Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 07/04/2023 Revision by: Pamela Kovar-Gough (Dietary Manager) • HIGH FIBRE: (1) Offer 1 svg Fruite OD at breakfast. (2) Give 125mL HF peach juice OD at supper. Date Initiated: 11/28/2024 Created on: 11/28/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 11/28/2024 Revision by: Maria Ghobrial (Dietitian (RD))			PCA	D/E
			• LABELLED SNACK: Yvonne receives 1 Banana at AM nourishment pass as per preference. Date Initiated: 06/09/2023 Created on: 06/09/2023 Created by: Mark Chan (Dietitian) Revision on: 07/03/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)			PCA	D/E
<ul style="list-style-type: none">• Altered ability to complete Activities of Daily Living (ADLs) related to decrease mobility and decline in health status. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)		<ul style="list-style-type: none">• Mary will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 12/18/2025 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	<ul style="list-style-type: none">• BATHING:Mary prefers shower on WEDNESDAY day shift, and SATURDAY DAY SHIFT, 1 staff to provide EXTENSIVE assistance.On Shower days, strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/05/2025 Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: Mary is able to 1X EXTENSIVE assistance for bed mobility. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/03/2023 Revision by: Luchel David (RPN) • DRESSING: Mary requires 1 staff to provide EXTENSIVE assistance with dressing. Date Initiated: 06/02/2023 Created on: 06/02/2023			PCA <	

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Focus		Goal	Interventions				Position	Freq/Resolved
			<p>Created by: Kumari Neelam Jakhar (RN) Revision on: 06/18/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EATING: Mary is able to SUPERVISION assist for eating. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/03/2023 Revision by: Luchel David (RPN) • LOCOMOTION: Mary requires 1 staff to provide MAXIMAL to TOTAL assistance with locomotion. Mary uses a wheelchair. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Mary requires 1 staff to provide EXTENSIVE assistance for hygiene. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 09/05/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: Mary is able to independently complete task of Hand Hygiene each day. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) • TOILET USE 1staff to provide EXTENSIVE assistance for toileting. Mary has a Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/18/2025</p>				PCA <	

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to decrease mobility and decline in health status. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)			Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> TRANSFERRING: Mary can use 1 XA + bedside rail or wall bar for safe transfer (when Mary is able to provide active assistance)if feeling weak and c/o pain in knee, then use x 2 person assist. Momo DEVICE IN PLACE. Date Initiated: 07/29/2025 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 08/08/2025 Revision by: Navpreet Kaur (DOC) <ul style="list-style-type: none"> ORAL CARE: Mary has UPPER AND LOWER DENTURES, 1 staff to provide (specify; CUES, SUPERVISION, LIMITED, EXTENSIVE, TOTAL and specify any subtasks staff complete) assistance for oral care. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> FOOT CARE: - PSW, Registered staff to complete toenail care every after each bath day and as needed. Report long toe nails or other abnormalities as noted. Date Initiated: 06/02/2023 Created on: 06/02/2023 Created by: Kumari Neelam Jakhar (RN) Revision on: 06/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to (Mary's) Medical Treatment and End of Life Care Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse)		<ul style="list-style-type: none"> To support and honor Yvonne expressed wishes and beliefs through to the End of Life. Date Initiated: 09/15/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 08/31/2024 Revision by: Donna Duah (RN) Target Date: 03/18/2026	<ul style="list-style-type: none"> CPR: Yvonne wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Donna Duah (RN) Revision on: 07/11/2025 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> SPIRITUAL/RELIGIOUS needs: Mary wishes to follow (specify in detail his/her request) in recognition of faith. Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Donna Duah (Registered Nurse)			Registered Practical Nurse RN PCA RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)			Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) • FUNERAL Arrangements: Smith's Funeral Home - Brant Street Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Social Worker ST	
• Altered VISION related to Glaucoma, Blindness to left eyes. Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• To treat and minimize complications of Glaucoma through to next review date. Date Initiated: 12/18/2025 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/18/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) • EYEGLASSES: Mary wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer, etc.) when sleeping. Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/03/2023 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 06/03/2023 Created on: 06/03/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	Registered Practical Nurse RN PCA Registered Practical Nurse Registered Staff	

Allergies	No Known Allergies	D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)	Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025			


Care Plan Report

Diagnosis

Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Other hyperlipidaemia(E78.4), Glaucoma, unspecified(H40.9), Other depressive episodes(F32.8)

Allergies	No Known Allergies	D.O.B.	10/11/1927	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Family history of deafness and hearing loss(Z82.2), Unspecified fracture of neck of femur, closed(S72.090), Stroke, not specified as haemorrhage or infarction(I64), Ot...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	FISHER, MARY (925171002082)	Admission Date	06/02/2023	Location	Orchid Trail 210OT 2
Last Care Plan Review Completed:		12/18/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• James is experiencing an episode of Bacterial and Yeast INFECTION (rash to the groin area). Date Initiated: 12/19/2025 Created on: 12/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/19/2025 Revision by: Rajdeep Kaur (Registered Nurse)</div>	<div>• To have infection adequately managed and treated without further complications by Jan 2, 2026. Date Initiated: 12/19/2025 Created on: 12/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/19/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 04/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with James/SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 12/19/2025 Created on: 12/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/19/2025 Revision by: Rajdeep Kaur (Registered Nurse) • HEALTH EDUCATION: Engage with James/SDM to enhance their knowledge of infection control practices. Date Initiated: 12/19/2025 Created on: 12/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/19/2025 Revision by: Rajdeep Kaur (Registered Nurse) • SUPPORT: Utilize holistic perspective in supporting resident through infection recovery including rest preferences, hydration, nutrition, emotional/spiritual needs, pain management until recovered. Date Initiated: 12/19/2025 Created on: 12/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/19/2025 Revision by: Rajdeep Kaur (Registered Nurse) • MONITORING: Utilize the holistic perspective of monitoring resident signs/symptoms, hydration status, overall health condition, process of healing until stable. Date Initiated: 12/19/2025 Created on: 12/19/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/19/2025 Revision by: Rajdeep Kaur (Registered Nurse)</div>				
<div>• Alteration in skin integrity related to Abrasion to FACE Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/17/2025</div>	<div>• To promote intact skin integrity through healing of Abrasion by Jan 12. Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Rajdeep Kaur</div>	<div>• COMMUNICATION: Involve/collaborate with James/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/11/2025</div>				
Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified (H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)	Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision by: Danielle Knott (ADOC)		(Registered Nurse) Revision on: 12/11/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 04/12/2026	Revision by: Rajdeep Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with Abrasion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/11/2025 Revision by: Rajdeep Kaur (Registered Nurse) • WEEKLY ASSESSMENT-Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 12/11/2025 Revision by: Rajdeep Kaur (Registered Nurse)			
• Potential for bruising, bleeding, clotting or other complications related to use of Anti-platelet medication. Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)		• To monitor for bruising, bleeding and minimize complications related to use of ASA through the review date. Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with James/SDM in decision making and health teaching of Anti-platelet medication use. Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of resident using Antiplatelet therapy for changes to health status and complications causing bleeding or clotting issues. Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • BLEEDING ALERT: Notify nurse immediately if Jim is bleeding (noted blood in urine/stool, bleeding nose/gums, unexplained bruising). Date Initiated: 10/28/2025 Created on: 10/28/2025		PCA	
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for bruising, bleeding, clotting or other complications related to use of Anti-platelet medication. <p>Date Initiated: 10/28/2025 Created on: 10/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Betra Aldayoub (Registered Nurse)</p>		<ul style="list-style-type: none"> Jim will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Jim/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) HEALTH TEACHING: Engage with Jim/SDM to enhance their knowledge of change in health status affecting communication ability. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) PRIMARY LANGUAGE: Jim's primary language is English. He is able to speak/understand English. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. <p>Date Initiated: 07/10/2025</p> </p></p></p>			
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Betra Aldayoub (Registered Nurse)</div>			<div>Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Use of PASD TWO 1/4 rails to assist resident with Activity of Daily Living such as bed mobility and transfer. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>• Jim will be effectively supported with use of BEDRAILS to optimize Activity of Daily Living BED MOBILITY and TRANSFER each day through to the next review date. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026</div>	<div>• HEALTH EDUCATION: Engage with James/SDM to enhance their knowledge of possible benefits and challenges associated with Use of BEDRAILS. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring James for continued benefit to use right and left 1/4 rails to support bed mobility and transfer. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist James with bed mobility and transfer. Monitor every shift. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025</div> <div>PCA</div> <div>D/E/N</div>				
Allergies	No Known Allergies			D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)			Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none">• Use of PASD TWO 1/4 rails to assist resident with Activity of Daily Living such as bed mobility and transfer. <p>Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Danielle Knott (ADOC) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		Revision by: Richele Rosales (RAI Coordinator)				
<ul style="list-style-type: none">• Risk for SKIN INTEGRITY related to incontinence and fragile skin. <p>Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Parwinder Kaur (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none">• To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Parwinder Kaur (Registered Practical Nurse) Revision on: 10/17/2025 Revision by: Angelika Joniec (ADOC) Target Date: 04/12/2026</p>	<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of James with skin integrity risk. Resident is known to bruise easily due to fragile skin. <p>Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Parwinder Kaur (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.<p>Date Initiated: 09/15/2025 Created on: 09/15/2025 Created by: Parwinder Kaur (Registered Practical Nurse) Revision on: 10/17/2025 Revision by: Angelika Joniec (ADOC)</p></p>	PCA			
<ul style="list-style-type: none">• Potential for Expressive Behaviour of RESISTANCE to care, Verbal, SEXUAL and Physical aggression nature related to Symptom Progression of Dementia/Alzheimer. <p>Date Initiated: 07/21/2025 Created on: 07/21/2025 Created by: Vesey Muthu-Vojtek (RAI</p>	<ul style="list-style-type: none">• To promote safety for Jim and/or others during each episode of sexual comment/verbal/physical aggression through to the next review date. <p>Date Initiated: 10/10/2025 Created on: 07/21/2025</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with James/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 07/21/2025 Created on: 07/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker)</p>	BSO - Internal ST			
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Coordinator) Revision on: 10/24/2025 Revision by: Danielle Knott (ADOC)		Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	<ul style="list-style-type: none">• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of James for indications to change in or for escalating expressive behaviour risk. Date Initiated: 07/21/2025 Created on: 07/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/21/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• TRIGGERS leading to PHYSICAL Abuse,or VERBAL abuse or SEXUAL comments as expression of behaviour include anger, frustration, confusion, invasion of personal space. Date Initiated: 08/23/2025 Created on: 08/23/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)• PHYSICAL Behaviour: If James is attempting to strikeout; move back from his reach. Calmly indicate that care will continue when he is calm/ready. Seek Registered Staff assistance. Date Initiated: 08/23/2025 Created on: 08/23/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 09/06/2025 Revision by: Donna Duah (RN)• VERBAL Behaviour: If Jim is heard yelling, swearing or calling others names; calmly remind to lower his voice and that chosen words are not appropriate. Attempt to resolve his concern. Jim can express to threat or harm female co-residents. Calmly remind Jim that its not appropriate and Report any episodes to Registered Staff. Date Initiated: 09/05/2025 Created on: 09/05/2025 Created by: Navpreet Kaur (DOC) Revision on: 10/08/2025 Revision by: Richele Rosales (RAI Coordinator)• RESISTANCE to Care Need: If Jim is declining to bathe, change clothes, take medications, eat, etc. re-approach in 10-15 minutes. Report episode to Registered team member				Registered Practical Nurse RN PCA PCA Registered Practical Nurse RN	
Allergies	No Known Allergies			D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)			Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025						

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Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of RESISTANCE to care, Verbal, SEXUAL and Physical aggression nature related to Symptom Progression of Dementia/Alzheimer.</p> <p>Date Initiated: 07/21/2025 Created on: 07/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Danielle Knott (ADOC)</p>			<p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Danielle Knott (ADOC) Revision on: 10/24/2025 Revision by: Danielle Knott (ADOC)</p> <p>• SEXUAL Behaviour: Passing sexual comment(asking staff if they had sex with other man apart from their husband) to staff when providing care.</p> <p>Date Initiated: 07/21/2025 Created on: 07/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/21/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DIVERSION ACTIVITY: James responds well to watching TV, listening to country/opera/classical music, crossword puzzle, taking part with activities as method to calm or redirect energy. Please bring James back to his room after meals</p> <p>Date Initiated: 08/23/2025 Created on: 08/23/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)</p> <p>• APPROACH: Use the techniques learned in GPA training: calmly intervene with James.</p> <p>-Speaking to the resident in a firm and respectful tone prior to and during Care to outlining what is taking place. When comments are offered, again in a firm and respectful tone express that such comments are not acceptable when staff are doing there job to provide care</p> <p>Date Initiated: 08/23/2025 Created on: 08/23/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker)</p> <p>• SPECIAL CONSIDERATIONS: James had an incident of physical altercation with co-resident A.B on August 23rd. James to be kept at one arm safe distance from co-resident AB.</p> <p>Date Initiated: 08/26/2025 Created on: 08/26/2025</p>		PCA Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Expressive Behaviour of RESISTANCE to care, Verbal, SEXUAL and Physical aggression nature related to Symptom Progression of Dementia/Alzheimer.</p> <p>Date Initiated: 07/21/2025 Created on: 07/21/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Danielle Knott (ADOC)</p>		<p>Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC)</p>			
<p>• Alteration in skin integrity related to #11 Bruise purple/ Blue.</p> <p>Date Initiated: 10/12/2025 Created on: 10/12/2025 Created by: Jasmin Harsevoort (Registered Practical Nurse) Revision on: 10/12/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of BRUISE by Nov 12.</p> <p>Date Initiated: 10/12/2025 Created on: 10/12/2025 Created by: Jasmin Harsevoort (Registered Practical Nurse) Revision on: 10/12/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse) Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Jim/SDM in decision making for treatment of bruise as skin issue.</p> <p>Date Initiated: 10/12/2025 Created on: 10/12/2025 Created by: Jasmin Harsevoort (Registered Practical Nurse) Revision on: 10/12/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Bruise purple/ Blue for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 10/12/2025 Created on: 10/12/2025</p>			
Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)	Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025			

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		Created by: Jasmin Harsevoort (Registered Practical Nurse) Revision on: 10/12/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse) • WEEKLY ASSESSMENT- Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 10/12/2025 Created on: 10/12/2025 Created by: Jasmin Harsevoort (Registered Practical Nurse) Revision on: 10/12/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse) • TREATMENT: As per orders and organization policy. Date Initiated: 10/12/2025 Created on: 10/12/2025 Created by: Jasmin Harsevoort (Registered Practical Nurse) Revision on: 10/12/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse)				
• Active ROM. Date Initiated: 10/08/2025 Created on: 10/08/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• To prevent further deterioration of all joint flexibility and strength from grade 3/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 10/08/2025 Created on: 10/08/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026	• Provide AROM abduction/adduction/extension/ flexion/supination/pronation/dorsiflexion/plantarflexion to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using AROM, free weight , T band 3/wk. Date Initiated: 10/08/2025 Created on: 10/08/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA			
• Transfers. Date Initiated: 10/08/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• To improve transfer for assist x2 to assist x1 with proper setup in 3 months. Date Initiated: 10/08/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT -	• encourage + assist x2 with sit -> stand transfer from bed, toilet, chair 3/wk. Date Initiated: 10/08/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA			
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

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		Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026 • To prevent a decline in transfers from Assist x2 during stay in LTC. Date Initiated: 10/08/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026					
• Ambulation. Date Initiated: 10/08/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To decrease the JAMES # of falls to 0 over stay in LTC. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 07/11/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026	• Jamesto perform balance exercises, in sitting progress to standing using a therapeutic ball OR kitchen sink exercises with 1 -2 XA 3/wk. Date Initiated: 10/08/2025 Created on: 07/11/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/08/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
• At risk for social isolation and/or alteration to psycho-social well-being related to disinterest, rest/sleep patterns Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide)		• Team members will support James in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. Date Initiated: 10/06/2025	• STRUCTURED ACTIVITIES: Invite James to programs of personal interest; socials, outdoor strolls, bingo and music-based programs. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)				
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025					

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Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)		Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026 • James will maintain ISE score of 6 by the next review date. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026 • To support James psycho-social well being through to the next review. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026	<ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage James to engage in self-directed activities such as reading the Daily Chronicle, watching TV, conversing with his table mates and peers and listening to music. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) • ASSISTANCE: Provide assistance/encouragement to get James to scheduled activities. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) • HELPFUL HINTS: James prefers to be addressed by his preferred name, Jim. Jim prefers smaller group settings and maintaining a calm, routine focused day. He values patience and consistency in his daily care and often takes naps throughout the day. Jim enjoys staying informed through current events and looks forward to reading the Daily Chronicle each day or watching the news on a tablet. He also appreciates spending time outdoors and taking in the fresh air when the weather permits. Reminiscing about past experiences, particularly his fond memories of fishing brings him joy. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker) • SOCIAL INTERACTION: Promote opportunity for Jim to make friendships and sit with friends during activities Date Initiated: 10/06/2025 Created on: 10/06/2025 			
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> At risk for social isolation and/or alteration to psycho-social well-being related to disinterest, rest/sleep patterns Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker) <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present Jim with music care approaches: music therapy, music-based programs and listening to music on the iPad/radio. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker)			Recreation Aide	
<ul style="list-style-type: none"> Nutrition Risk Level Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD))		<ul style="list-style-type: none"> James will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/16/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026 <ul style="list-style-type: none"> Will weigh within GWR/IBW/Realistic weight range of 72.6 - 87.8 kg kg/ BMI 24-29 through to next review 	<ul style="list-style-type: none"> NUTRITION RISK: James is LOW risk level. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/16/2025 Revision by: Julia Pilca (Dietitian (RD)) <ul style="list-style-type: none"> DIET ORDER: James will receive regular diet, regular texture Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/16/2025 Revision by: Julia Pilca (Dietitian (RD)) <ul style="list-style-type: none"> FLUID CONSISTENCY: James drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/16/2025 Revision by: Julia Pilca (Dietitian (RD))			Dietitian (RD)	
Allergies	No Known Allergies			D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)			Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025					

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• Nutrition Risk Level Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD))		date. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/16/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026	• FLUID TARGET: Encourage James to drink a minimum of 1656 ml per day. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/11/2025 Revision by: Julia Pilca (Dietitian (RD))				PCA	
		• James will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 82.8 kg through to next review date. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026	• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 10/16/2025 Created on: 10/16/2025 Created by: Julia Pilca (Dietitian (RD))				Dietary aide PCA	
		• Will meet estimated nutritional requirements of 2078 kcal @ 25 kcal/kg, 82.8 g protein @ 1.0 g/kg through to next review date. Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026	• FOOD PREFERENCES: Jim enjoys eating tomato soup, desserts and drinking coffee and cranberry juice. Dislikes having mashed potatoes too many times. Jim does not eat lunch Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 10/08/2025 Revision by: Danielle Knott (ADOC)				PCA	
Allergies	No Known Allergies			D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)			Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

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<ul style="list-style-type: none">• Nutrition Risk Level Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Julia Pilca (Dietitian (RD))				
<ul style="list-style-type: none">• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to old fracture. Pain & Discomfort Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	<ul style="list-style-type: none">• To promote adequate rest/sleep for Jim based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	<ul style="list-style-type: none">• REST PATTERN: Preferred bedtime between 2030-2130 hrs, usual wake time between 0600- 0700 hrs and daytime naps after lunch. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • SLEEPWEAR: Jim prefers to wear pajamas bottoms. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA <	

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Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Target Date: 04/12/2026	<p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Jim with Benign Prostatic Hypertrophy for changes to health status and alteration or complications affecting urinary function. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• LABWORK: Monitor lab results (specify type of lab work) and report results to MD as needed. Follow up as indicated Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication as per MD order and monitor for side effects and effectiveness Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse)</p>	<p>• COMMUNICATION: Involve/ collaborate with Jim/SDM in decision making of diabetes care management. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Jim/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with DIABETES.</p>	RN Registered			
Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Coordinator)	Target Date: 04/12/2026	<p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Jim for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• LIBRE MONITORING: Monitor glucose level as specified in manufacture instruction.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse)</p> <p>• MEDICATION: Administer medication ORAL ANTIHYPERGLYCEMIC medication for DIABETES as per MD order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse)</p> <p>• LAB WORK: Monitor lab and diagnostic results for fasting blood glucose and/or HbA1c and report results to MD as needed. Follow up as indicated.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>Practical Nurse</p> <p>RN Registered Practical Nurse</p> <p>Registered Staff</p>	

Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)	Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Jim will be supported to maintain cognitive function through the review date.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Jim/SDM in decision making of Cognitive Loss for Dementia diagnosis.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Jim/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia Diagnosis.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker)</p> <p>• ORIENTATION: Gently reorient to person, place, time as needed when Jim is feeling lost or in confused state.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• COGNITIVE STIMULATION: Guide Jim in activities to stimulate cognitive function (activity; puzzles, reading, trivia).</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ENVIRONMENT: Provide environmental clue to promote resident ability to locate room and navigating home area (name plate, photo) outside of room.</p> <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Clinical Practice Coordinator ST	

Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)	Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to old fracture to Left Metacarpal.</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 07/11/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Jim)/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 07/11/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 07/11/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• NON VERBAL CUES of PAIN for Jim include - facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed.</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 07/11/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PHYSIO TREATMENT: Jim to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week).</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 07/11/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• REST: accommodate Jim rest and relaxation preference i.e. breaks between activities, remaining in bed.</p> <p>Date Initiated: 07/10/2025</p> <p>Created on: 07/10/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 07/11/2025</p>				RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)			Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to old fracture to Left Metacarpal. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		Registered Practical Nurse RN	
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to Dementia Dx. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p>		<ul style="list-style-type: none"> James will have bowel incontinence managed every shift through to the next review period. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with James/SDM for decision making about bowel function, toileting options and incontinence. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <ul style="list-style-type: none"> BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as noted. <p>Date Initiated: 07/10/2025</p>		PCA	
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential for BOWEL INCONTINENCE related to Dementia Dx. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) • INCONTINENCE PRODUCT: Resident uses Blue brief. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		PCA	
• URINARY Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		• James will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with James/SDM for decision making about toileting options or incontinence management etc. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		PCA	
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			• SCHEDULED TOILETING: Toilet James every 3 hours and PRN. Date Initiated: 10/10/2025 Created on: 10/10/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses Blue brief during all shifts. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT/AID: Resident uses urinal. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	
• Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to Dementia Dx. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/23/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with Jim/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/12/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator) • CALL BELL: Place call bell within resident's reach and remind/encourage to use it. Date Initiated: 10/12/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/15/2025 Revision by: Donna Duah (RN) • ADAPTIVE EQUIPMENT: Jim needs adaptive equipment: high/low bed, walker, wheelchair Date Initiated: 10/12/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/15/2025			Registered Practical Nurse RN PCA PCA Registered Practical Nurse RN	D/E/N
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to Dementia Dx. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p>			Revision by: Donna Duah (RN)				
			<ul style="list-style-type: none">BED: Place bed in lowest position, use high/low bed to lower risk for injury. <p>Date Initiated: 10/12/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/15/2025 Revision by: Donna Duah (RN)</p>			PCA	
			<ul style="list-style-type: none">FOOTWEAR: Ensure resident wears appropriate footwear Non- Skid shoes for transfers, ambulation. <p>Date Initiated: 10/12/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/15/2025 Revision by: Donna Duah (RN)</p>			PCA Registered Practical Nurse	
			<ul style="list-style-type: none">SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. <p>Date Initiated: 10/12/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/15/2025 Revision by: Donna Duah (RN)</p>			PCA	
<ul style="list-style-type: none">Expressed Wishes and Beliefs related to Jim's Medical Treatment and End of Life Care <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">To support and honor Jim's expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	CPR: Do not transfer to hospital, plan includes death at home.				
			<p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/12/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
			<ul style="list-style-type: none">FUNERAL:Cremation - In event of my death please call Smith's Funeral Home <p>Emergency Number: 905-632-3333</p>			ST ST	
			<p>Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2025 Revision by: Sonja Jonescu (Social Services Worker)</p>				
Potential to experience alteration in		To treat and minimize signs/	COMMUNICATION: Involve/ collaborate with Jim/ SDM in decision making of			PCA	
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
NEUROLOGICAL FUNCTION related to: CEREBROVASCULAR ACCIDENT (CVA), TRANSIENT ISCHEMIC ATTACK (TIAs), SEIZURE Disorder Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	symptoms or complications associated with (specify Etiology or diagnosis) through to the next review date. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	neurological care management for (specify etiology/ diagnosis). Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage with Jim/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with diagnosis or etiology. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for etiology or diagnosis as per MD order. Monitor effectiveness and for side effects. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Jim with (specify neurological condition) for changes to health status and alteration or complications affecting neurological function. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Altered VISION related to Glaucoma Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• To treat and minimize complications of dry eyes, Glaucoma, through to next review date. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek	• COMMUNICATION: Involve/collaborate with Jim/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
		(RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	<ul style="list-style-type: none">• HEALTH TEACHING: Engage with JIm/SDM to enhance their knowledge of (specify: Glaucoma affecting vision. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• EYEGLASSES: wears eyeglasses. Assist to clean eyeglasses as needed and store PCA (on night table, in night table drawer) when sleeping. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Staff	
<ul style="list-style-type: none">• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, Limited ROM Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse)		<ul style="list-style-type: none">• Jim will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 10/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	<ul style="list-style-type: none">• BATHING: Jim prefers shower, sponge bath, bed bath on Mon and Thurs DAYS, he PCA prefers shower after Breakfast. Jim requires 2 staff to provide EXTENSIVE assistance for bathing. ON Shower days , strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower/bath day. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Betra Aldayoub (Registered Nurse)• BED MOBILITY:Jim requires 2 staff to provide EXTENSIVE to MAXIMAL assistance PCA for bed mobility. Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator)• DRESSING: Jim requires 2 staff to provide EXTENSIVE to MAXIMAL assistance for PCA			
Allergies	No Known Allergies		D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)		Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, Limited ROM <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse)</p>		<p>Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> TRANSFERRING: Jim requires 2 staff to provide MAXIMAL assistance(side by side) for transferring (May use ceiling lift if unable to stand) MOMO Bed sensor in place. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> ORAL CARE: Jim has DENTURES, Partial Plate and requires 1 staff to provide EXTENSIVE assistance for oral care. <p>Date Initiated: 07/10/2025 Created on: 07/10/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA	

Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)	Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025			


Care Plan Report

Diagnosis

Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate(N40), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Chronic kidney disease, unspecified (N18.9), Atherosclerotic heart disease of native coronary artery(I25.10), Transient cerebral ischaemic attack, unspecified(G45.9), Fracture of multiple sites of other metacarpal bone, closed(S62.370)

Allergies	No Known Allergies	D.O.B.	04/24/1935	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Hyperlipidaemia, unspecified(E78.5), Glaucoma, unspecified(H40.9), Hyperplasia of prostate...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GATES, JAMES (925171002284)	Admission Date	07/10/2025	Location	Orchid Trail 209OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div><div>• Alteration in skin integrity with risk for infection or complications related to Stage 2 pressure injury to left buttock</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div></div>	<div><div>• To minimize risk of Stage 2 pressure injury to left buttock infection each day until fully healed.</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div><div>Target Date: 01/28/2026</div></div> <div><div>• To promote optimal healing of Stage 2 pressure injury to left buttock within 2 months, by February 26.</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div><div>Target Date: 01/28/2026</div></div>	<div><div>• TREATMENT PLAN: Administer treatment for Stage WOUND (Stage # 2) to left buttock secondary to Pressure Injury as per MD Order.</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div></div> <div><div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Stage 2 pressure injury to left buttock for changes to health status, wound infection and alteration or complications affecting skin integrity.</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div></div> <div><div>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div></div> <div><div>• POSITIONING: Has Turning/Repositioning to off load pressure intervention in place; see Skin Impairment Risk Care Plan.</div><div>Date Initiated: 12/26/2025</div><div>Created on: 12/26/2025</div><div>Created by: Rashminder Kaur (Registered Practical Nurse)</div><div>Revision on: 12/26/2025</div><div>Revision by: Rashminder Kaur (Registered Practical Nurse)</div></div>				
<div><div>• Potential for Expressive Behaviour of RESISTANCE to care nature related to Symptom Progression of PARKINSON'S Disease</div><div>Date Initiated: 10/01/2025</div><div>Created on: 10/01/2025</div></div>	<div><div>• John will be supported to adjust to his new environment to lower risk of triggering resistance to care behaviour episodes through to the next review.</div></div>	<div><div>• COMMUNICATION: Involve/collaborate with John/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</div><div>Date Initiated: 10/01/2025</div><div>Created on: 10/01/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div></div>	BSO - Internal Social Worker			
Allergies	No Known Allergies	D.O.B.	05/11/1940	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy (G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	
Last Care Plan Review Completed:		10/28/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>	<p>Date Initiated: 10/01/2025</p> <p>Created on: 10/01/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/28/2026</p>	<p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of John for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 10/01/2025</p> <p>Created on: 10/01/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If John is declining to take medications, re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 10/01/2025</p> <p>Created on: 10/01/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• APPROACH: Use Gentle Persuasive Approach: Calmly explain to John that the medication is ordered by his doctor and what it is for.</p> <p>Date Initiated: 10/01/2025</p> <p>Created on: 10/01/2025</p> <p>Created by: Richele Rosales (RAI Coordinator)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>				
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic.</p> <p>Date Initiated: 05/02/2025</p> <p>Created on: 05/02/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/02/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote fluid consumption and minimize risk for dehydration each day through to the next review date</p> <p>Date Initiated: 05/02/2025</p> <p>Created on: 05/02/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/02/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 01/28/2026</p>	<p>• COMMUNICATION: Involve/collaborate with John/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration.</p> <p>Date Initiated: 05/02/2025</p> <p>Created on: 05/02/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/02/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of John with altered fluid intake for changes to health status and risk for dehydration.</p> <p>Date Initiated: 05/02/2025</p> <p>Created on: 05/02/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/02/2025</p>				
Allergies	No Known Allergies	D.O.B.	05/11/1940	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERRED FLUIDS: John prefers to drink water, apple juice, milk. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PROMOTE FLUIDS: Promote John to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INTAKE/OUTPUT: Monitor intake and output every shift. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)					
• Increased risk for FALLS related to Medical condition (Parkinson diagnosis) Date Initiated: 01/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Richele Rosales (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 10/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/28/2026	• COMMUNICATION: Involve/collaborate with John/SDM in decision making in fall prevention Plan of Care. Date Initiated: 01/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Richele Rosales (Registered Practical Nurse) • CALL BELL: Place call bell within John's reach and remind/encourage him to use it. Date Initiated: 01/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Richele Rosales (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: John needs adaptive equipment:high/low bed, wheelchair. Date Initiated: 01/24/2025				RN Registered Practical Nurse PCA PCA RN Registered Practical Nurse PCA RN Registered	D/E/N
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1	
Last Care Plan Review Completed:		10/28/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<p>Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/16/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• BED: place bed in lowest position, use high/low bed to lower risk for injury.</p> <p>Date Initiated: 01/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/07/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• HIP PROTECTORS: John wears hip protectors (at all times) to safeguard against injury. Report to Registered Staff if not wearing.</p> <p>Date Initiated: 01/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/24/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place.</p> <p>Date Initiated: 02/07/2025 Created on: 02/07/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury.</p> <p>Date Initiated: 07/16/2025 Created on: 07/16/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/16/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ALARMS: Requires Bed and personal alarm. Check placement and working order. Staff respond when alarm is heard.</p> <p>Date Initiated: 01/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/25/2025 Revision by: Navpreet Kaur (DOC)</p>			<p>Practical Nurse</p> <p>PCA Registered Practical Nurse RN</p> <p>PCA</p> <p>Personal Support Workers PCA Registered Staff PCA</p> <p>PCA</p>	<p>D/E/N</p> <p>D/E/N</p>
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• Use of PASD : Right and Left 1/4 bed rail to assist John with Activity of Daily Living bed mobility and transfers.</p> <p>Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 01/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• John will be effectively supported with use of right and left 1/4 bed rail to optimize bed mobility, transfer in/out of bed each day through to the next review date.</p> <p>Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 01/08/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 01/28/2026</p>	<p>• HEALTH EDUCATION: Engage with John/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bedrail.</p> <p>Date Initiated: 10/23/2024 Created on: 10/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/08/2025 Revision by: Edna James (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of monitoring John for continued benefit to use bedrail as to support appropriate (bed mobility and transfer).</p> <p>Date Initiated: 10/23/2024 Created on: 10/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/08/2025 Revision by: Edna James (Registered Practical Nurse)</p> <p>• BED RAIL (two PARTIAL): 1/4 RIGHT and LEFT side in USE as a PASD to assist John with bed mobility, transfer in/out of bed. Monitor every shift.</p> <p>Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 01/08/2025 Revision by: Edna James (Registered Practical Nurse)</p>		PCA	D/E/N	
<p>• STRONG PARTICIPATION in activities</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 12/05/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>• John will be supported to maintain participation in activities for a minimum of 10 times per month by the next review date.</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/28/2026</p> <p>• John will improve/maintain ISE</p>	<p>• STRUCTURED ACTIVITIES: Invite John to programs of personal interest; Centrecise, bingo, sing-songs, crafters corner, garden care and socials.</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 12/05/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage John to engage in self-directed activities such as reading the Daily Chronicle, watching game shows on the tablet or in the TV lounge and conversing with his peers.</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/20/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>				
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• STRONG PARTICIPATION in activities</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 12/05/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>	<p>score of 6 by the next review date.</p> <p>Date Initiated: 01/29/2025 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/28/2026</p>	<p>• ASSISTANCE: Provide assistance/encouragement to get John to scheduled activities; accompany in elevator, cue direction and offer friendly reminders before program start time.</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 12/05/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: John is a quiet gentleman who values a calm and peaceful environment. He values organization and appreciates understanding as he strives to keep a consistent routine. John also appreciates when others are patient and take their time explaining things to him.</p> <p>John enjoys keeping busy throughout the day and attends a variety of programs including; Centrecise, Bingo, Sing-Songs, Crafters Corner, Garden Care and Socials.</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/20/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present John with music care approaches: Musicking, Music Therapy and Music Programming such as; Hymn Sing, Sing-Alongs, Musical Bingo and Heartbeats Club.</p> <p>Date Initiated: 12/05/2024 Created on: 12/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 12/05/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>			
<p>• Potential for (Acute) PAIN and alteration in comfort level related to (Diagnosis/Condition/Attributing Factors and indicate usual location where the John feels pain).</p> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024</p>	<p>• To promote John comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek</p>	<p>• COMMUNICATION: Involve/collaborate with John's/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)</p>	RN Registered Practical Nurse PCA		
Allergies	No Known Allergies	D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)	Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		(RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/28/2026	<ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal John satisfaction for pain control. 		RN Registered Practical Nurse	
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Medical Condition; Diabetes, Impaired Circulation and Incontinence 		<ul style="list-style-type: none"> • To protect and maintain skin integrity each day through to the next review. 	<ul style="list-style-type: none"> • SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Johns' usual skin condition to Registered Staff as noted. 		PCA	
<ul style="list-style-type: none"> • EQUIPMENT: John requires positioning device (wedges) to offload pressure. 			<ul style="list-style-type: none"> • POSITIONING: Turn, reposition every 2 hours or as needed when in bed to offload pressure as resident unable to reposition after resident suffered from Stroke. MOMO bed Sensor in place. 		PCA	Q2h
<ul style="list-style-type: none"> • SHEAR FRICTION: Utilize Wendylett sheets when moving Johnin bed to minimize shear friction. 			<ul style="list-style-type: none"> • SHEAR FRICTION: Utilize Wendylett sheets when moving Johnin bed to minimize shear friction. 		PCA	
Allergies	No Known Allergies		D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
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Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Medical Condition; Diabetes, Impaired Circulation and Incontinence <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		PCA	
<ul style="list-style-type: none"> • Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Neurological symptoms <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> • John will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 05/02/2025 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with John/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • HEALTH TEACHING: Engage with John/SDM to enhance their knowledge of change in health status affecting communication ability. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • PRIMARY LANGUAGE: John primary language is English. He is able to speak/understand English. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024</p>			
Allergies	No Known Allergies		D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Neurological symptoms Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/29/2025 Revision by: Danielle Knott (ADOC) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote adequate rest/sleep for John based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) Target Date: 01/28/2026	• PREFERENCE: John prefers bed placed by the wall. Date Initiated: 10/23/2024 Created on: 10/23/2024 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 10/23/2024 Revision by: Richele Rosales (Registered Practical Nurse) • REST PATTERN: Preferred bedtime 2100/2130 wake time (0600/0700) Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEPWEAR: John prefers to wear pajamas bottoms. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
• Potential for hypo/hyperglycemia and		• To treat and minimize	• COMMUNICATION: Involve/ collaborate with John/SDM in decision making of			RN	
Allergies	No Known Allergies		D.O.B.	05/11/1940	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1	
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
other complications related to diagnosis of DIABETES . Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/28/2026	diabetes care management. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • HEALTH TEACHING: Engage with John/SDM to enhance his/her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with DIABETES. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of John for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • LIBRE MONITORING: Monitor glucose level as specified in manufacture instruction. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication (ORAL ANTIHYPERGLYCEMIC medication and/or INSULIN) for DIABETES as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order.				Registered Practical Nurse PCA		
			RN Registered Practical Nurse						
			RN Registered Practical Nurse						
			RN Registered Practical Nurse						
			RN Registered Practical Nurse						
			Registered Staff						
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS		
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1		
Last Care Plan Review Completed:		10/28/2025							

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES . Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • LAB WORK: Monitor lab and diagnostic results for (fasting blood glucose and/or HbA1c) and report results to MD as needed. Follow up as indicated. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)			Registered Practical Nurse RN	
• Potential for BOWEL INCONTINENCE (involuntary release)related to to Parkinson Disease. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• John will have bowel incontinence managed every shift through to the next review period. Date Initiated: 08/01/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/28/2026	• COMMUNICATION: Involve/collaborate with John/SDM for decision making about (bowel function, toileting options). Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of John for changes to health status, alteration of continence level or bowel function. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is (FREQUENTLY Incontinent). Report change of level as noted. Date Initiated: 10/16/2024			Registered Practical Nurse RN PCA	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE (involuntary release)related to to Parkinson Disease.</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 10/16/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/30/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 10/16/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 11/01/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• BOWEL MOVEMENT: Monitor resident for bowel movement every 2 hours and document number of occurrences, size and consistency.</p> <p>Date Initiated: 11/01/2025</p> <p>Created on: 11/01/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 11/01/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• INCONTINENCE PRODUCT: John uses (Blue brief).</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 10/16/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/22/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	Q2h
						PCA	
<p>• SPIRITUAL BELIEFS: John is of the Catholic faith.</p> <p>Date Initiated: 10/26/2024</p> <p>Created on: 10/26/2024</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 10/26/2024</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>• To provide John spiritual support as interested through to the next review date.</p> <p>Date Initiated: 10/26/2024</p> <p>Created on: 10/26/2024</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 10/26/2024</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>Target Date: 01/28/2026</p>	<p>• SPIRITUAL PROGRAMS: Encourage John to attend spiritual programs of his choice including Catholic mass offered monthly within the home.</p> <p>Date Initiated: 10/26/2024</p> <p>Created on: 10/26/2024</p> <p>Created by: Megan McLoughlin (Recreation Aide)</p> <p>Revision on: 10/26/2024</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p>				
<p>• URINARY (Functional, Stress, Mixed) INCONTINENCE related to altered mobility, Hyperplasia of prostate.</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 10/16/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• John will have urinary incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 10/24/2025</p> <p>Created on: 10/16/2024</p> <p>Created by: Vesey Muthu-Vojtek</p>	<p>• COMMUNICATION: Involve/collaborate with John/SDM) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc).</p> <p>Date Initiated: 10/16/2024</p> <p>Created on: 10/16/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/19/2024</p> <p>Revision by: Donna Duah (RN)</p>			RN PCA Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Revision on: 10/19/2024 Revision by: Donna Duah (RN)	(RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/28/2026	<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of John for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• URINARY Continence level is TOTALLY Incontinent. Report change to level as noted. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2025 Revision by: Danielle Knott (ADOC)• CHECK and CHANGE: John experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)• INCONTINENCE PRODUCT: John uses Blue brief during all shift(s)).	PCA RN Registered Practical Nurse			
<ul style="list-style-type: none">• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement, etc.) related to progression of Dementia/Parkinson Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI	<ul style="list-style-type: none">• John will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 05/02/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with John/SDM in decision making of Cognitive Loss for (specify diagnosis). Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)• HEALTH TEACHING: Engage with John/SDM to enhance their knowledge on the	RN PCA Registered Practical Nurse	Registered		
Allergies	No Known Allergies	D.O.B.	05/11/1940	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)		(RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/28/2026	importance of a geriatric health including progressive cognitive loss of (Dx. of Parkinson's Disease). Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Harsimran Kaur (Registered Nurse) • ORIENTATION: Gently reorient to (person, place, time) as needed when John is feeling lost or in confused state. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • CUE TASKS: Break tasks into manageable subtasks, John can comprehend and follow (specify # of) steps at a time. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)			Practical Nurse Social Worker RN Registered Practical Nurse PCA RN PCA Registered Practical Nurse	
• Nutrition Risk Level Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• John will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/19/2024 Revision by: Donna Duah (RN) Target Date: 01/28/2026 • Will weigh within GWR/IBW/Realistic weight range of 70-89 kg/BMI 23-29	• NUTRITION RISK: John is MODERATE risk level. Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/30/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: John will receive REGULAR diet, MINCED texture Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/30/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID CONSISTENCY: John drinks NECTAR thick (MT2) Fluids. Date Initiated: 10/17/2024 Created on: 10/17/2024			Dietitian (RD) PCA PCA	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
	<p>through to next review date. Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/24/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/28/2026</p> <p>• John will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 88.5 kg through to next review date. Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 07/23/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/28/2026</p>	<p>Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 11/27/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• FLUID TARGET: Encourage John to drink a minimum of 1770 ml per day. Date Initiated: 10/24/2024 Created on: 10/24/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 07/23/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD))</p> <p>• DINING INSTRUCTIONS: Cut up foods at table side Date Initiated: 10/17/2024 Created on: 10/17/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/17/2024 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• ADAPTIVE AIDS: John requires built-up utensils and Kennedy Cup at meals and snacks. Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/13/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</p> <p>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Maria Ghobrial (Dietitian (RD))</p> <p>• FOOD PREFERENCES: John enjoys eating special K, eggs, coffee with 3x sugar. Dislikes eating n/a. Date Initiated: 10/17/2024</p>	<p>PCA</p> <p>Dietary aide PCA</p> <p>Registered Practical Nurse</p> <p>PCA</p> <p>Diet PCA Recreational Therapy Aide</p> <p>PCA</p>				
Allergies	No Known Allergies		D.O.B.	05/11/1940	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1	
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 10/17/2024</div> <div>Created on: 10/17/2024</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>			<div>Created on: 10/17/2024</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 10/17/2024</div> <div>Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>• HIGH CALORIE/PROTEIN AM SNACK: provide 1 scoop beneprotein with pudding at AM snack.</div> <div>Date Initiated: 12/29/2025</div> <div>Created on: 12/29/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 12/29/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div>					PCA	D
<div>• Expressed Wishes and Beliefs related to John's Medical Treatment and End of Life Care</div> <div>Date Initiated: 10/16/2024</div> <div>Created on: 10/16/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/17/2024</div> <div>Revision by: Donna Rumble (Registered Practical Nurse)</div>		<div>• To support and honor John expressed wishes and beliefs through to the End of Life.</div> <div>Date Initiated: 10/16/2024</div> <div>Created on: 10/16/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/19/2024</div> <div>Revision by: Donna Duah (RN)</div> <div>Target Date: 01/28/2026</div>	<div>• CPR:John Gonsalves wishes express NO CPR and NO TRANSFER to hospital.</div> <div>Date Initiated: 10/16/2024</div> <div>Created on: 10/16/2024</div> <div>Created by: Donna Duah (RN)</div> <div>Revision on: 10/17/2024</div> <div>Revision by: Donna Rumble (Registered Practical Nurse)</div> <div>• FUNERAL Arrangements:Smith's Funeral Home 905.632.3333Burlington</div> <div>Date Initiated: 07/21/2025</div> <div>Created on: 07/21/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 07/21/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>					Social Worker ST	
<div>• Active ROM.</div> <div>Date Initiated: 10/16/2024</div> <div>Created on: 10/16/2024</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/16/2024</div>		<div>• To prevent further deterioration of joint flexibility and strength of LT side from grade 3/5 during a stay in LTC.</div>	<div>• Provide AROMion/supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using AAROM, standing 3/wk.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 10/16/2024</div>					PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS		
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1		
Last Care Plan Review Completed:		10/28/2025							

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Uzma Habib (PT - Physiotherapist)		Date Initiated: 01/31/2025 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 01/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/28/2026 • To improve John's joint flexibility and strength of RT LL and lower limb from grade 2-/5 to grade 3-/5 in 6-8 months, (Manual Muscle Test) Date Initiated: 01/31/2025 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 01/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/28/2026	Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)				
• Ambulation. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/16/2024 Revision by: Uzma Habib (PT - Physiotherapist)		• To improve John's ability to sit and progress to stand over 3 months. reduce the risk of falls and fall-related injury in the next 3 months. Date Initiated: 01/31/2025 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 01/31/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• John is to perform balance exercises in sitting with therapeutic ball EXs as progresses and gets stronger start standing with 1-2 XA (kitchen sink EXs) 3/wk. Date Initiated: 01/31/2025 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 01/31/2025 Revision by: Uzma Habib (PT - Physiotherapist) • standing with Assist x1-2 3/wk. Date Initiated: 10/27/2025 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA PT - Physiotherapist PTA	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Ambulation. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/16/2024 Revision by: Uzma Habib (PT - Physiotherapist)		Target Date: 01/28/2026				
<ul style="list-style-type: none"> Altered VISION related to Glaucoma Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> To treat and minimize complications of (dry eyes, Glaucoma) through to next review date. Date Initiated: 05/02/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/28/2026	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with John/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> HEALTH TEACHING: Engage with John/SDM to enhance their knowledge of (Cataract) affecting vision. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)		RN PCA Registered Practical Nurse	
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with Hypertension Diagnosis through to the next review date. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with John/SDM in decision making of Cardiac Care Management for (specify diagnosis). Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of John with (Specify cardiac condition) for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/16/2024 Created on: 10/16/2024		Registered Practical Nurse RN PCA	
Allergies	No Known Allergies		D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)		Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 01/28/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • RESCUE MEDICATIONS: Administer NITRO-SPRAY for (Angina, chest pain, Tachycardia) as per MD Order. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN)			Registered Practical Nurse RN Registered Practical Nurse RN	
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: PARKINSON'S Disease Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with PARKINSON'S Disease through to the next review date. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/28/2026	• COMMUNICATION: Involve/ collaborate with John/ SDM in decision making of neurological care management for (specify etiology/ diagnosis). Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • HEALTH EDUCATION: Engage with John/SDM to enhance his comprehension of (possible complications, disease trajectory) associated with (Dx. of Diabetes.). Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/19/2024 Revision by: Donna Duah (RN) • MEDICATION: Administer medication for diagnosis as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: PARKINSON'S Disease Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			• MONITORING: Utilize holistic perspective of continuous monitoring of John with (specify neurological condition) for changes to health status and alteration or complications affecting neurological function. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/30/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• John will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 10/24/2025 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/28/2026	• BATHING: John prefers shower on Tuesday and Friday evening. On Shower days , PCA strip the linens, wipe mattress with Virox and place new linens. John uses Wendylett sheets. John requires 1 staff to provide TOTAL assistance with showers.Nail care to be provided on shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: John 1-2 staff to provide MAXIMAL assistance for bed mobility. PCA Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: John requires 1-2 staff to provide EXTENSIVE to MAXIMAL assistance PCA for dressing. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator)				
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			• EATING: John requires 1 staff to provide SUPERVISION to LIMITED assistance with eating. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• LOCOMOTION: John requires 1 staff to provide TOTAL assistance with a wheelchair on /off unit. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• PERSONAL HYGIENE: John requires 1 staff to provide EXTENSIVE to MAXIMAL assistance for personal hygiene. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• HAND HYGIENE: 1 staff to provide LIMITED/EXTENSIVE assistance to apply sanitizer, rub hands together for hand hygiene. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2025 Revision by: Danielle Knott (ADOC)			PCA Registered Practical Nurse RN	
			• TOILET USE: John requires 1-2 staff to provide MAXIMAL to TOTAL assistance when he is on commode. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	
			• TRANSFERRING: John requires 2 staff TOTAL assistance using hooyer lift to			PCA	
Allergies	No Known Allergies			D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)			Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance <p> Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) </p>		<p>provide assistance for transferring. Momo DEVICE IN PLACE.</p> <p> Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/20/2025 Revision by: Richele Rosales (RAI Coordinator) </p> <ul style="list-style-type: none"> TRANSFER LIFT/SLING: Hoyer lift and MEDIUM sling needed for transfer. <p> Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/29/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p> <ul style="list-style-type: none"> ORAL CARE: John has DENTURES (only upper denture)and requires 1 staff to provide EXTENSIVE assistance for oral care. <p> Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/12/2025 Revision by: Edna James (Registered Practical Nurse) </p> <ul style="list-style-type: none"> FOOT CARE: PSW, Registered staff to complete toenail care every (shower day). Report long toe nails or other abnormalities as noted. <p> Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p>	Registered Practical Nurse RN	
			PCA	
			PCA Registered Practical Nurse RN	

Allergies	No Known Allergies	D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)	Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025			


Care Plan Report

Diagnosis

Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(N40), COVID-19, virus identified(U07.1), Stroke, not specified as haemorrhage or infarction(I64)

Allergies	No Known Allergies	D.O.B.	05/11/1940	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Parkinson's disease(G20), Bell's palsy(G51.0), Hyperplasia of prostate(...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GONSALVES, JOHN (925171002210)	Admission Date	10/15/2024	Location	Orchid Trail 203OT 1
Last Care Plan Review Completed:		10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Increased risk for FALLS related to Altered Physical function rt kyphosis posture, and cognitive impairment Date Initiated: 08/30/2023 Created on: 03/19/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/30/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/21/2025 Created on: 03/19/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• CALL BELL: Place call bell within Vida's reach and remind/encourage her to use it. PCA D/E/N Date Initiated: 07/26/2024 Created on: 05/11/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 05/05/2025 Revision by: Donna Duah (RN)</p> <p>• ADAPTIVE EQUIPMENT: Vida needs adaptive equipment: wheel chair PCA Date Initiated: 07/05/2024 Created on: 05/11/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 05/05/2025 Revision by: Donna Duah (RN)</p> <p>• ENVIRONMENT: Secure environment (reduce clutter, night light) to reduce fall risk for Vida. PCA Date Initiated: 07/26/2024 Created on: 07/26/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 05/05/2025 Revision by: Donna Duah (RN)</p> <p>• BED: Place bed at knee level position, use high/low bed to lower risk for injury. PCA Date Initiated: 07/26/2024 Created on: 07/26/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 05/05/2025 Revision by: Donna Duah (RN)</p> <p>• TOILETING: Follow individual toileting plan during the night time to minimize unsafe self attempts to use toilet. PCA N Date Initiated: 07/05/2024 Created on: 02/17/2021 Created by: Sangeeta Saroy (RPN) Revision on: 05/05/2025 Revision by: Donna Duah (RN)</p> <p>• FOOTWEAR: Ensure Vida wears appropriate footwear (non-skid shoes) for ambulation. PCA Date Initiated: 07/05/2024 Created on: 05/11/2020</p>				
Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2	
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none">Increased risk for FALLS related to Altered Physical function rt kyphosis posture, and cognitive impairment <p>Date Initiated: 08/30/2023</p> <p>Created on: 03/19/2020</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/30/2024</p> <p>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>			Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)					
			Revision on: 05/05/2025					
			Revision by: Donna Duah (RN)					
			<ul style="list-style-type: none">PROGRAMS: Offer Vida to participate in Programs which encourage physical activity endurance, muscle strengthening exercises, flexibility training and balance exercises, Walk , postural correction , safety education , PT also involve in post fall assessment, intervention recommendation.					
			Date Initiated: 05/05/2025					
			Created on: 03/19/2020					
			Created by: Uzma Habib (PT - Physiotherapist)					
			Revision on: 05/05/2025					
			Revision by: Donna Duah (RN)					
			<ul style="list-style-type: none">HIP PROTECTORS: Encourage Vida to wear hip protectors at all times to safeguard against injury. Resident has a tendency to refuse to put on hip protector despite staff encouragement.					
			Date Initiated: 07/26/2024				Registered	
			Created on: 07/26/2024				Practical	
			Created by: Gugulethu Ncube (Registered Practical Nurse)				Nurse	
			Revision on: 10/21/2025				RN	
			Revision by: Danielle Knott (ADOC)					
			<ul style="list-style-type: none">SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place.				PCA	
			Date Initiated: 09/27/2025					
			Created on: 09/27/2025					
			Created by: Jaspreet Samra (RAI Coord Back-up)					
			Revision on: 09/27/2025					
			Revision by: Jaspreet Samra (RAI Coord Back-up)					
			<ul style="list-style-type: none">FLOOR MAT: floor mat on floor next to right) side of bed to lower risk of injury.				PCA	
			Date Initiated: 06/15/2025					
			Created on: 05/06/2025					
			Created by: Edna James (Registered Practical Nurse)					
			Revision on: 06/15/2025					
			Revision by: Richele Rosales (Registered Practical Nurse)					
			<ul style="list-style-type: none">ALARMS: Requires Personal alarm. Check placement and working order. (resident refused)				PCA	D/E/N
			May 6 . personal alarm attached .Resident refusing and keep removing.					
			Date Initiated: 07/26/2024					
Allergies	No Known Allergies			D.O.B.	01/28/1939	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GRAHOVAC, VIDA (925171001989)			Admission Date	03/19/2020	Location	Orchid Trail 208OT 2	
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Increased risk for FALLS related to Altered Physical function rt kyphosis posture, and cognitive impairment <p>Date Initiated: 08/30/2023 Created on: 03/19/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/30/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>		<p>Created on: 02/17/2021 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 05/12/2025 Revision by: Edna James (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to muscle tone loss. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> Vida will have bowel incontinence managed every shift through to the next review period. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Vida for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as PCA noted. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>• BOWEL MOVEMENT: Monitor Vida for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Vida uses Blue brief all day. Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA	
<p>• Use of PASD : Right bed rail in Transfer Position to assist Vida with Activity of Daily Living (Bed mobility and Transfer). Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 11/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Vida will be effectively supported with use of Right bedrail in Transfer position to optimize Activity of Daily Living (Bed mobility and Transfer) each day through to the next review date. Date Initiated: 05/17/2023 Created on: 02/16/2021 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• HEALTH EDUCATION: Engage with Vida/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Right bed rail in Transfer Position. Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 11/03/2021 Revision by: Victoria Edwards (RPN)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Vida for continued benefit to use Right bed rail in transfer position support bed mobility and transfers. Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 11/03/2021 Revision by: Victoria Edwards (RPN)</p> <p>• BED RAIL (One PARTIAL): 1/4 RIGHT side in USE as a PASD to assist Vida with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN)</p>	PCA	D/E/N
• Potential for Persistent PAIN and	• To promote Vida's comfort and	• COMMUNICATION: Involve/collaborate with Vida/SDM about pain management,		
Allergies	No Known Allergies		D.O.B.	01/28/1939
Physician	Constantine George KARNIS			
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020
Location	Orchid Trail 208OT 2			
Last Care Plan Review Completed:	11/21/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
alteration in comfort level related to knee and leg pain. Most Current MDS Pain Score is 0. Date Initiated: 01/31/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/31/2023 Revision by: Michael Palangi (Registered Nurse)		effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 02/20/2024 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 01/31/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/31/2023 Revision by: Michael Palangi (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Vida's satisfaction for pain control. Date Initiated: 01/31/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/31/2023 Revision by: Michael Palangi (Registered Nurse) • PREFERENCES: Vida has identified preference for pain management (topical application before breakfast and at noon and as needed) Date Initiated: 01/31/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/05/2023 Revision by: Susan Little (RPN) • PHYSIO TREATMENT: AS NEEDED(PRN) due to chronic past Vida to receive ICE PT Pack for the bilateral knee for 10-15 mints 3 times per week(PROVIDED ON HER REQUEST.) Date Initiated: 01/31/2023 Created on: 11/20/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 01/31/2023 Revision by: Michael Palangi (Registered Nurse) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 01/31/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/31/2023				RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	01/28/1939	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GRAHOVAC, VIDA (925171001989)			Admission Date	03/19/2020	Location	Orchid Trail 208OT 2	
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to knee and leg pain. Most Current MDS Pain Score is 0. Date Initiated: 01/31/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/31/2023 Revision by: Michael Palangi (Registered Nurse) 			Revision by: Michael Palangi (Registered Nurse)			
<ul style="list-style-type: none"> URINARY (mixed) INCONTINENCE related to altered mobility, Dementia Diagnosis and loss of muscle tone due to aging. Date Initiated: 01/18/2023 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN) 		<ul style="list-style-type: none"> Vida will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Vida/SDM for decision making about toileting options or incontinence management. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) MONITORING: Utilize holistic perspective of continuous monitoring of Vida for toileting needs, changes to health status and alteration of continence level. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 			
Allergies	No Known Allergies		D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• URINARY (mixed) INCONTINENCE related to altered mobility, Dementia</div> <div>Diagnosis and loss of muscle tone due to aging.</div> <div>Date Initiated: 01/18/2023</div> <div>Created on: 03/29/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 01/18/2023</div> <div>Revision by: Victoria Edwards (RPN)</div>		<div>Revision by: Aline Mendoza (RAI Coord Back-up)</div> <div>• SCHEDULED TOILETING: Toilet Vida before and after meals and PRN. Vida often PCA refuses to be assisted to the toilet. Staff to re-approach her and offer assistance.</div> <div>Date Initiated: 10/23/2025</div> <div>Created on: 08/04/2021</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 10/23/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• INCONTINENCE PRODUCT: Vida uses BLUE briefs for all shifts.</div> <div>Date Initiated: 07/28/2020</div> <div>Created on: 07/28/2020</div> <div>Created by: Vesey Muthu-Vojtek (Registered Practical Nurse)</div> <div>Revision on: 05/30/2022</div> <div>Revision by: Victoria Edwards (RPN)</div>	PCA			
<div>• Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</div> <div>Date Initiated: 02/08/2022</div> <div>Created on: 02/08/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date.</div> <div>Date Initiated: 02/20/2024</div> <div>Created on: 02/08/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 02/20/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Target Date: 02/21/2026</div>	<div>• MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects.</div> <div>Date Initiated: 02/08/2022</div> <div>Created on: 02/08/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Vida for management of osteoporosis for discomfort/ complications or changes to health status.</div> <div>Date Initiated: 02/08/2022</div> <div>Created on: 02/08/2022</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 11/17/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	Registered Staff			
<div>• Potential for Expressive Behaviour related to BIPOLAR disorder and DEMENTIA.</div> <div>Date Initiated: 09/25/2020</div> <div>Created on: 03/29/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 02/08/2022</div>	<div>• To decrease episodic frequency of Expressive Behaviour by next review date.</div> <div>Date Initiated: 11/21/2025</div> <div>Created on: 03/29/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div>	<div>• COMMUNICATION: Involve/collaborate with Vida/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</div> <div>Date Initiated: 03/29/2020</div> <div>Created on: 03/29/2020</div> <div>Created by: Aline Mendoza (RAI Coord Back-up)</div> <div>Revision on: 04/06/2020</div>	BSO - Internal BSO - External Social Worker			
Allergies	No Known Allergies		D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Revision by: Aline Mendoza (RAI Coord Back-up) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Vida for indications to change in or for escalating expressive behaviour risk. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • VERBAL Behaviour: If Vida is heard yelling, swearing or calling others names; calmly remind to lower his/her voice and that chosen words are not appropriate. Attempt to resolve his/her concern. Report episode to Registered Staff. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • RESISTANCE to Care Need: If Vida is refusing to bathe, change clothes, take medications and/or eat; re-approach in 10-15 minutes, alternating with different staff members as needed. Report episode to Registered Staff. Date Initiated: 09/25/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/05/2021 Revision by: Dale Bamforth (Nurse Clinician) • TRIGGERS leading to SOCIALLY Inappropriate (spitting on staff) as expression of behaviour include confusion, decreased insight, poor judgement, disease process. Date Initiated: 05/13/2025 Created on: 05/13/2025 Created by: Danielle Knott (ADOC) Revision on: 05/13/2025 Revision by: Danielle Knott (ADOC) • SOCIALLY Inappropriate Behaviour: If resident is noted to spit on staff. Use stop and go approach as necessary. May require application of PPE if unable to redirect while administering care (may include gown, gloves, face shield. Report episode to Registered Staff.						All	
Allergies	No Known Allergies		D.O.B.	01/28/1939		Physician	Constantine George KARNIS			
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre					Print Date	1/4/2026			
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020		Location	Orchid Trail 208OT 2			
Last Care Plan Review Completed:		11/21/2025								

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for Expressive Behaviour related to BIPOLAR disorder and DEMENTIA.</p> <p>Date Initiated: 09/25/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/08/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Date Initiated: 05/13/2025 Created on: 05/13/2025 Created by: Danielle Knott (ADOC) Revision on: 05/13/2025 Revision by: Danielle Knott (ADOC)</p> <p>• MEDICATION: Administer medication for therapeutic treatment of Resists care as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 09/25/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/25/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	Registered Practical Nurse RN			
<p>• Potential to experience alteration in MOOD with relation to BIPOLAR and DEMENTIA</p> <p>Date Initiated: 03/12/2021 Created on: 12/18/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 02/08/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Vida will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</p> <p>Date Initiated: 11/21/2025 Created on: 03/12/2021 Created by: Cheryl Manzano (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Vida for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Vida's quality of life.</p> <p>Date Initiated: 03/12/2021 Created on: 12/18/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 11/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects</p> <p>Date Initiated: 03/12/2021 Created on: 12/18/2020 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator)</p>				
<p>• Risk for/Impaired SKIN INTEGRITY related to Incontinence and requiring EXTENSIVE assistance with Bed Mobility</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p>	<p>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Vidas' usual skin condition to Registered Staff as noted.</p>	PCA			
Allergies	No Known Allergies		D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 03/20/2020 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 03/12/2021 Revision by: Cheryl Manzano (RAI Coordinator)	Date Initiated: 11/21/2025 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Vida/SDM in health education regarding prevention of skin impairment and management of skin breakdown. Date Initiated: 11/18/2022 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN) • POSITIONING: Turn and reposition at least every two hours when in bed or wheelchair. MOMO bed Sensor in place. Date Initiated: 03/20/2020 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • BARRIER CREAM: Apply skin barrier q am to perineal area to safeguard against excessive moisture after incontinence episodes. Date Initiated: 03/20/2020 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	PCA 	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Nurse)	Coordinator) Target Date: 02/21/2026	Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 07/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• Expressed Wishes and Beliefs related to Vida Medical Treatment and End of Life Care Date Initiated: 09/25/2020 Created on: 09/25/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/25/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To support and honor Vida's expressed wishes and beliefs through to the End of Life. Date Initiated: 08/18/2023 Created on: 09/25/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• CPR: Vida's wishes express NO CPR, however TRANSFER to hospital decision will All be made at the time. Date Initiated: 09/25/2020 Created on: 09/25/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/25/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• SPIRITUAL BELIEFS: Vida is of the Catholic faith. Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 08/06/2020 Revision by: Megan McLoughlin (Activities/Rec Therapy)	• To provide Vida spiritual support as interested through to the next review date. Date Initiated: 08/18/2023 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• SPIRITUAL PROGRAMS: Encourage Vida to attend spiritual programs of her choice offered in the home including Catholic mass. Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 08/10/2023 Revision by: Megan McLoughlin (Recreation Aide)				
• At Risk for SOCIAL ISOLATION and alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Rest/Sleep Patterns, Language Barrier (Serbian) Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec	• Team members will support Vida in decreasing social isolation by participating in activities of personal choice for a minimum of 10 activities per month by the next review date.	• STRUCTURED ACTIVITIES: Invite Vida to programs of personal interest, including; outdoor strolls, Catholic Mass, special entertainment and socials. Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/07/2024 Revision by: Megan McLoughlin (Recreation Aide)				
Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Therapy) Revision on: 08/06/2020 Revision by: Megan McLoughlin (Activities/Rec Therapy)	<p>Date Initiated: 05/17/2023 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/21/2026</p> <p>• To support Vida's psycho-social well being through to the next review. Date Initiated: 05/17/2023 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• SELF-DIRECTED ACTIVITIES: Encourage Vida to engage in self-directed activities such as; telephone conversations with family, wheeling herself around home area and listening to music on an iPad. Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 02/02/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>• HELPFUL HINTS: Vida's first language is Serbian. When conversing with Vida, use the Google Translate app to assist with language barrier. During Vida's leisure time she enjoys watching traditional Serbian dance videos on the iPad and keeping in touch with family over the phone.</p> <p>Vida's participation in group and one to one activities varies based on her rest and mood patterns that day. Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 08/12/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide Vida with individual visits for conversation/reminiscing (using Google Translate device). Date Initiated: 08/06/2020 Created on: 08/06/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/03/2021 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>• MUSIC CARE APPROACH: Present Vida with music care approaches: music therapy, live entertainment, sing-song, hymn sing and using a tablet to play Serbian classics for her. Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/14/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>		

Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience complications and side effects impacting quality of life related to use of use of ANTIPSYCHOTIC medications.</p> <p>Date Initiated: 07/01/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• To monitor effectiveness and for side effects of psychotropic medication used each day through to the next review date.</p> <p>Date Initiated: 05/22/2025 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Vida/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Vida using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</p> <p>Date Initiated: 11/17/2023 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PREFERENCE: Vida prefers to receive medication after meals</p> <p>Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</p> <p>Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>	Registered Staff		
<p>• Potential to experience FOOT/FEET complications related to (SPECIFY; foot or toenail issues, fungal/thicken toenails)</p> <p>Date Initiated: 04/22/2020 Created on: 04/22/2020 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 04/22/2020 Revision by: Ramandeep Kaur (Registered Practical Nurse)</p>	<p>• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date.</p> <p>Date Initiated: 05/17/2023 Created on: 04/22/2020 Created by: Ramandeep Kaur (Registered Practical Nurse)</p>	<p>• COMMUNICATION: Involve/collaborate with (Vida) in decision making for footcare treatment plan.</p> <p>Date Initiated: 04/22/2020 Created on: 04/22/2020 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 04/22/2020 Revision by: Ramandeep Kaur (Registered Practical Nurse)</p> <p>• TREATMENT PLAN: Vida requires footcare/treatment every (Specify; 6 weeks, 8 weeks, PRN, etc.).</p> <p>Date Initiated: 04/22/2020</p>			
Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Created on: 04/22/2020 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 04/22/2020 Revision by: Ramandeep Kaur (Registered Practical Nurse)				
• Sleep Patterns; Potential for alteration in sleep patterns related to Bipolar disorder and Dementia. Date Initiated: 04/07/2020 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To promote adequate rest/sleep for Vida based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 08/18/2023 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 08/18/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• PREFERENCE: Vida requires to take medication to aid in sleeping Date Initiated: 04/07/2020 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • REST PATTERN: Preferred bedtime (2000-2100), usual wake time (0600-0700) and daytime naps (1000-1200). Date Initiated: 11/14/2022 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/14/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEPWEAR: Vida prefers to wear, top and pajamas bottoms. Date Initiated: 04/07/2020 Created on: 04/07/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/07/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			PCA 	

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</p> <p>Date Initiated: 04/06/2020</p> <p>Created on: 04/06/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/06/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Vida with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function.</p> <p>Date Initiated: 04/06/2020</p> <p>Created on: 04/06/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 11/17/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 04/06/2020</p> <p>Created on: 04/06/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/06/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• LAB WORK: Monitor lab and diagnostic results yearly and as needed and report results to MD as needed. Follow up as indicated.</p> <p>Date Initiated: 04/06/2020</p> <p>Created on: 04/06/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/06/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>	PCA			
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation secondary to Vascular Dementia and Bipolar disorder.</p> <p>Date Initiated: 03/19/2020</p> <p>Created on: 03/19/2020</p> <p>Created by: Benvi Mendoza (Registered Practical Nurse)</p> <p>Revision on: 04/06/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• Vida will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review</p> <p>Date Initiated: 11/21/2025</p> <p>Created on: 03/19/2020</p> <p>Created by: Benvi Mendoza (Registered Practical Nurse)</p> <p>Revision on: 11/21/2025</p>	<p>• BATHING: Vida prefers shower on Tuesday evenings and Saturday evenings and requires EXTENSIVE assistance with shower with 2 staff. Vida is able to wash her face when given the wash cloth. Strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower day.</p> <p>Date Initiated: 06/27/2025</p> <p>Created on: 06/27/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/13/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p> <p>• BED MOBILITY: Vida requires EXTENSIVE ASSISTANCE from 1 staff</p> <p>Date Initiated: 09/25/2020</p>	PCA			
Allergies	No Known Allergies		D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025				

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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation secondary to Vascular Dementia and Bipolar disorder. Date Initiated: 03/19/2020 Created on: 03/19/2020 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>common areas. Date Initiated: 07/28/2021 Created on: 07/28/2021 Created by: Dale Bamforth (Nurse Clinician) Revision on: 07/30/2021 Revision by: Dale Bamforth (Nurse Clinician)</p> <p>• TOILET USE: Vida requires EXTENSIVE ASSISTANCE from 2 staff. Vida will make PCA her way to the washroom and then call for help. Staff to provide peri care and assist with brief change. Vida has a Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. Date Initiated: 07/01/2020 Created on: 03/19/2020 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 05/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TRANSFERRING: Vida requires EXTENSIVE ASSISTANCE from 1 staff for safety. PCA Vida can turn and pivot for transfers to and from wheelchair and bed. Momo DEVICE IN PLACE. Date Initiated: 07/01/2020 Created on: 03/19/2020 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/06/2024 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• ORAL CARE: Vida needs TOTAL ASSISTANCE From 1 staff for oral care BID or as PCA needed. Date Initiated: 07/01/2020 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 12/17/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p> <p>• FOOT CARE: - Vida has thickened Toenails, Foot Care Nurse to complete toenail PCA care every week . Date Initiated: 07/01/2020 Created on: 03/19/2020 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 11/17/2023</p>			
Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation secondary to Vascular Dementia and Bipolar disorder. <p> Date Initiated: 03/19/2020 Created on: 03/19/2020 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) </p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> HAIR CARE: Vida requires EXTENSIVE ASSISTANCE from 1 staff. <p> Date Initiated: 07/01/2020 Created on: 03/19/2020 Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 02/11/2021 Revision by: Gurvir Grewal (Registered Practical Nurse) </p>	PCA		
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension, Hyperlipidemia <p> Date Initiated: 04/06/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) </p>	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with Hypertension and hyperlipidemia through to the next review date. <p> Date Initiated: 02/20/2024 Created on: 04/06/2020 Created by: Aline Mendoza (RAI </p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Vida/SDM in decision making of Cardiac Care Management for Hypertension and hyperlipidaemia. <p> Date Initiated: 04/06/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) </p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Vida with Hypertension and hyperlipidemia for changes to health status and alteration or complications affecting cardiac function. 	RN Registered Practical		
Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Coord Back-up) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Date Initiated: 04/06/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/29/2020 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for Hypertension and hyperlipidemia as per MD Order and monitor for side effects. Date Initiated: 04/06/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • WEIGHT: Check/Document weight monthly as per Order. Notify MD of any sudden weight gain. Date Initiated: 04/06/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. Date Initiated: 04/06/2020 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • LAB WORK: All Lab test has been discontinued. Date Initiated: 05/22/2024 Created on: 04/06/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				Nurse	
							Registered Practical Nurse RN	
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic. Date Initiated: 03/29/2020		• To promote fluid consumption and minimize risk for dehydration each day through to the next review date	• COMMUNICATION: Involve/collaborate with Vida/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 03/29/2020 Created on: 03/29/2020				Diet	
Allergies	No Known Allergies			D.O.B.	01/28/1939	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GRAHOVAC, VIDA (925171001989)			Admission Date	03/19/2020	Location	Orchid Trail 208OT 2	
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Date Initiated: 05/22/2025 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 05/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Vida with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PROMOTE FLUIDS: Promote Vida's to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up)		All	
• COGNITIVE LOSS; alteration in thought processes memory loss both short and long term, moderately impaired in decision making related to Dementia Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Vida will be supported to maintain cognitive function through the review date. Date Initiated: 11/21/2025 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with Vida/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ORIENTATION: Gently reorient to person, place, time as needed when Vida is feeling lost or in confused state. Date Initiated: 03/29/2020 Created on: 03/29/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/06/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		All	
Allergies	No Known Allergies		D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)		Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• COGNITIVE LOSS; alteration in thought processes memory loss both short and long term, moderately impaired in decision making related to Dementia</p> <p>Date Initiated: 03/29/2020</p> <p>Created on: 03/29/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/06/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>• ENVIRONMENT: Provide environmental clue to promote Vida's ability to locate room and navigating home area (Vida's name outside the room)</p> <p>Date Initiated: 03/29/2020</p> <p>Created on: 03/29/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 11/21/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Nutrition Risk Level</p> <p>Date Initiated: 03/24/2020</p> <p>Created on: 03/24/2020</p> <p>Created by: ryk.hbradleyWPCC (Dietitian)</p> <p>Revision on: 03/24/2020</p> <p>Revision by: ryk.hbradleyWPCC (Dietitian)</p>		<p>• Vida will be adequately nourished aeb consuming >75% at meals and snacks through to next review date.</p> <p>Date Initiated: 03/24/2020</p> <p>Created on: 03/24/2020</p> <p>Created by: ryk.hbradleyWPCC (Dietitian)</p> <p>Revision on: 03/24/2020</p> <p>Revision by: ryk.hbradleyWPCC (Dietitian)</p> <p>Target Date: 02/21/2026</p> <p>• Will weigh within IBWR of 59-69 kg/BMI 23-27 through to next review date.</p> <p>Date Initiated: 03/24/2020</p> <p>Created on: 03/24/2020</p> <p>Created by: ryk.hbradleyWPCC (Dietitian)</p> <p>Revision on: 02/17/2025</p> <p>Revision by: Maria Ghobrial</p>	<p>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</p> <p>Date Initiated: 05/17/2022</p> <p>Created on: 05/17/2022</p> <p>Created by: Kaitlyn Myles (Dietitian)</p> <p>Revision on: 05/17/2022</p> <p>Revision by: Kaitlyn Myles (Dietitian)</p> <p>• NUTRITION RISK: Vida is at MODERATE nutrition risk.</p> <p>Date Initiated: 03/24/2020</p> <p>Created on: 03/24/2020</p> <p>Created by: ryk.hbradleyWPCC (Dietitian)</p> <p>Revision on: 11/10/2023</p> <p>Revision by: Helen Bradley (Dietitian (RD))</p> <p>• DIET ORDER: Vida will receive REGULAR diet, REGULAR texture (SOFT food choices, no sausages).</p> <p>Give bread instead of toast at breakfast.</p> <p>Date Initiated: 03/24/2020</p> <p>Created on: 03/24/2020</p> <p>Created by: ryk.hbradleyWPCC (Dietitian)</p>			Dietitian (RD)	PCA
Allergies	No Known Allergies			D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)			Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025					

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Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 03/24/2020 Revision by: ryk.hbradleyWPCC (Dietitian)		(Dietitian (RD)) Target Date: 02/21/2026 • Vida will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 66 kg through to next review date. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 11/10/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 02/21/2026	Revision on: 04/10/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID CONSISTENCY: Vida drinks regular/thin fluids (level 0). Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/27/2021 Revision by: Helen Bradley (RD) • FLUID TARGET: Encourage Vida to drink at least 1320 mL per day. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 11/10/2025 Revision by: Julia Pilca (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml x2 of juices, yogurt, puddings, tea, jello, etc. outside of meals and snacks daily at 1100, 1400 and 1830. Offer an extra 125ml of water at breakfast, lunch and dinner. Date Initiated: 05/02/2022 Created on: 05/02/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 05/17/2022 Revision by: Kaitlyn Myles (Dietitian) • FOOD PREFERENCES: Vida enjoys chicken, tea and juice to drink, potatoes, pasta, bread. Vida also likes bread with meals, and dislikes red meat. She also likes jello. Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 10/29/2021 Revision by: Helen Bradley (RD) • HIGH FIBRE: Offer 250ml High Fibre Peach drink at supper Date Initiated: 12/08/2020 Created on: 12/08/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 06/24/2025			Diet PCA	
					PCA		
					Diet PCA		
					PCA		PRN
Allergies	No Known Allergies			D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)			Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Nutrition Risk Level <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 03/24/2020 Revision by: ryk.hbradleyWPCC (Dietitian)</p>		Revision by: Stephanie Isaak (Dietitian (RD))		
<ul style="list-style-type: none"> • Altered VISION related to Advance age. <p>Date Initiated: 03/20/2020 Created on: 03/20/2020 Created by: Sangeeta Saroy (RPN) Revision on: 03/21/2020 Revision by: Sangeeta Saroy (RPN)</p>	<ul style="list-style-type: none"> • VIDA will use glasses for altered vision daily through to the next review date. <p>Date Initiated: 05/17/2023 Created on: 03/21/2020 Created by: Sangeeta Saroy (RPN) Revision on: 05/17/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with VIDA/SDM for decision making pertaining to change in visual status as needed. <p>Date Initiated: 03/21/2020 Created on: 03/21/2020 Created by: Sangeeta Saroy (RPN) Revision on: 03/21/2020 Revision by: Sangeeta Saroy (RPN)</p> <ul style="list-style-type: none"> • EYEGLASSES:VIDA wears eyeglasses only for reading or to do embroidery. Assist PCA to clean eyeglasses as needed and store on night table, drawer/ Or med cart when sleeping. <p>Date Initiated: 03/21/2020 Created on: 03/21/2020 Created by: Sangeeta Saroy (RPN) Revision on: 03/21/2020 Revision by: Sangeeta Saroy (RPN)</p>		

Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report


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Diagnosis

Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Delirium, unspecified(F05.9), Hyperlipidaemia, unspecified(E78.5), Osteoporosis, unspecified(M81.9), Post-traumatic stress disorder(F43.1)

Allergies	No Known Allergies	D.O.B.	01/28/1939	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Other vitamin B12 deficiency anaemias(D51.8), Vascular dementia, unspecified(F01.9), Other bipolar affective disorders(F31.8), Deli...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAHOVAC, VIDA (925171001989)	Admission Date	03/19/2020	Location	Orchid Trail 208OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to #61 Right calf lateral</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 10/07/2025</div> <div>Revision by: Navpreet Kaur (DOC)</div>	<div>• To promote optimal healing of SKIN TEAR within 4-6 weeks (By 10 Nov,2025)</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>Target Date: 04/12/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to left lower leg for changes to health status and alteration or complications affecting skin integrity.</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• TREATMENT PLAN: Administer treatment for SKIN TEAR to left lower leg as per MD Order.</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• WEEKLY ASSESSMENT- Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 10/06/2025</div> <div>Created by: Rajdeep Kaur (Registered Nurse)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div>				
<div>• Ambulation.</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 04/10/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• To decrease # of falls to 0 over 3 months</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 04/10/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 04/12/2026</div>	<div>• Geraldine to perform balance exercises sitting with a therapeutic ball Or in standing with the help of 1-2 XA depending on the day using a wall bar kitchen sink EXs 3/wk.</div> <div>Date Initiated: 10/06/2025</div> <div>Created on: 04/10/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>	PT - Physiotherapist PTA			
<div>• Active ROM.</div> <div>Date Initiated: 10/06/2025</div>	<div>• To prevent further deterioration of bilateral upper and lower limb</div>	<div>• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to Geraldine R/L</div>	PT - Physiotherapist			
Allergies	No Known Allergies	D.O.B.	01/02/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Pres...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023	Location	
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 04/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)		joint flexibility and strength from grade 3/5 in 3 months. (Manual Muscle Test) Date Initiated: 10/06/2025 Created on: 04/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026 • To improve Geraldine bilateral lower limb strength from grade 3/5 to grade 3+/5 in 6 months, (Manual Muscle Test) Date Initiated: 10/06/2025 Created on: 04/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026	hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using /ball/ free weights/ standing Pivot and side way walking using wall bar+ assistance 3/wk. Date Initiated: 10/06/2025 Created on: 04/05/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)			st PTA	
• Alteration in skin integrity related to #59 abrasion to Left lower leg (Left calf lateral) Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 09/25/2025 Revision by: Navpreet Kaur (DOC)		• To promote intact skin integrity through healing of abrasion by 24 October. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 09/24/2025 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with Gerri/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 09/24/2025 Revision by: Rajdeep Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion to left lower leg for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/24/2025				
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Alteration in skin integrity related to #59 abrasion to Left lower leg (Left calf lateral) Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 09/25/2025 Revision by: Navpreet Kaur (DOC)			Created on: 09/24/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 09/24/2025 Revision by: Rajdeep Kaur (Registered Nurse) • WEEKLY ASSESSMENT -Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 09/24/2025 Revision by: Rajdeep Kaur (Registered Nurse)				
• Potential for persistent PAIN and alteration in comfort level related to advance age. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote Gerrie comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 05/17/2024 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Gerri's satisfaction for pain control. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERENCES: Gerri has identified preference for pain management (Specify: i.e. PRN pain meds only, no pharmaceutical interventions, etc.). Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			RN Registered Practical Nurse	
• Risk for Impaired SKIN INTEGRITY		• To protect and maintain skin	• HEALTH EDUCATION: Engage Gerri/SDM in health education regarding			Registered	
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
related to Limited mobility and Incontinence. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	integrity each day through to the next review. Date Initiated: 07/14/2025 Created on: 04/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	prevention of skin impairment and management . Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 04/17/2023 Created on: 04/17/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • Garment- Stocking on both legs single layer at days, take off at nights to relieve pressure Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 01/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Staff <	

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Practical Nurse)		Coordinator) Target Date: 04/12/2026	<p>Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 12/23/2024 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• ADAPTIVE AIDS: Place adaptive aid/needed objects within easy reach of her.</p> <p>Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 09/30/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p> <p>• ADAPTIVE EQUIPMENT: Gerri needs adaptive equipment: high/low bed and rollator walker.</p> <p>Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 09/30/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p> <p>• ENVIRONMENT: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment, etc.) to reduce fall risk for Gerri</p> <p>Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 02/15/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p> <p>• BED: place bed at her knee level to lower risk for injury.</p> <p>Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 09/30/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p> <p>• ACTIVITY: Engage (Gerri) in meaningful activity to decrease boredom and or restlessness. She likes to: (fold towels, answer the phone, play cards, etc.).</p> <p>Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 09/30/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p>			PCA	
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Dementia. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/13/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		safety each day through the review date. Date Initiated: 07/14/2025 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	<p>Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • HEALTH TEACHING: Engage with Gerri/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Diagnosis of Dementia). Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ORIENTATION: Gently reorient to (person, place, time) as needed when (Gerri) is feeling lost or in confused state. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • PERSONAL ROUTINE: Provide consistency in care routine and activities . Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CUE TASKS: Break tasks into manageable subtasks, (Gerri) can comprehend and follow (specify # of) steps at a time. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • COGNITIVE STIMULATION: Guide (Gerri) in activities to stimulate cognitive function puzzles, reading, trivia. Date Initiated: 04/05/2023 Created on: 04/05/2023</p>				Social Worker RN	
							RN Registered Practical Nurse	
							PCA	
							PCA RN Registered Practical Nurse	
							ACT	
Allergies	No Known Allergies		D.O.B.	01/02/1934		Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023		Location	Orchid Trail 213OT 2	
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• COGNITIVE LOSS; alteration in thought processes in memory loss, difficulty concentrating, poor judgement related to Dementia.</p> <p>Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/13/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Created by: Donna Duah (Registered Nurse) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication as per MD order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• STRONG PARTICIPATION in Activities</p> <p>Date Initiated: 04/13/2023 Created on: 04/13/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2023 Revision by: Shelley Deir (Recreation Manager)</p>	<p>• Geraldine will be supported to maintain participation in activities for a minimum of 10 times per month by the next review date.</p> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Shelley Deir (Recreation Manager) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026</p> <p>• Geraldine will maintain ISE score of 6 by the next review date.</p>	<p>• STRUCTURED ACTIVITIES: Invite Geraldine to programs of personal interest; baking, bingo, sing songs, centrexise and socials/entertainment.</p> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Shelley Deir (Recreation Manager) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Geraldine to engage in self-directed activities such as colouring, jigsaw puzzles, watching TV in her room, conversing with peers and listening to music.</p> <p>Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Shelley Deir (Recreation Manager) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Geraldine prefers to be addressed by the abbreviated version of her name; "Gerry"</p>			
Allergies	No Known Allergies	D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)	Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• STRONG PARTICIPATION in Activities Date Initiated: 04/13/2023 Created on: 04/13/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 10/11/2023 Revision by: Shelley Deir (Recreation Manager)	Date Initiated: 04/14/2025 Created on: 10/11/2023 Created by: Shelley Deir (Recreation Manager) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026	Gerry enjoys participating in a variety of programs including Bingo, Sing-Songs, gardening, Centrecise and socials. In Gerry's leisure time she enjoys watching TV in her room (game shows and sitcoms), colouring or puzzles in the Dining Room and socializing with her peers. Date Initiated: 10/11/2023 Created on: 10/11/2023 Created by: Shelley Deir (Recreation Manager) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) • MUSIC CARE APPROACH: Present Gerry with music therapy, musicking and music programming such as sing-song, special entertainment, drum circle and musical bingo. Date Initiated: 10/16/2024 Created on: 10/16/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)	Recreation Aide	
• SPIRITUAL BELIEFS: Geraldine is of the Roman Catholic faith. Date Initiated: 05/04/2023 Created on: 05/04/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/04/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy)	• To provide Geraldine spiritual support as interested through to the next review date. Date Initiated: 05/04/2023 Created on: 05/04/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/04/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy) Target Date: 04/12/2026	• SPIRITUAL PROGRAMS: Encourage Geraldine to attend spiritual programs of her choice including Catholic mass offered once a month in the home. Date Initiated: 05/04/2023 Created on: 05/04/2023 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/04/2023 Revision by: Megan McLoughlin (Activities/Rec Therapy)	ACT	
• URINARY (Mixed) INCONTINENCE related to altered mobility and Dementia Diagnosis. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN)	• Gerri will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/10/2025 Created on: 04/04/2023	• COMMUNICATION: Involve/collaborate with (Gerri/SDM) for decision making about (toileting options or incontinence management, catheter use, etc). Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 04/05/2023	RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	01/02/1934
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses		Physician	Constantine George KARNIS
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)	Admission Date	04/04/2023	Location Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Created by: Luchel David (RPN) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	Revision by: Donna Duah (Registered Nurse) <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Gerri for toileting needs, changes to health status and alteration of continence level. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 04/05/2023 Revision by: Victoria Edwards (RPN) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) • TOILETING PREFERENCE: (Gerri) indicates personal choice: (examples: to not wake for toileting at night, toileted ONLY by female staff, etc.) Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • SCHEDULED TOILETING: Toilet Gerri before and after meals and PRN. • INCONTINENCE PRODUCT: Gerri uses Beige brief for all shifts. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Victoria Edwards (RPN) Revision on: 06/04/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)	PCA PCA PCA PCA	
• Use of PASD 1/4 rails to assist with Activity of Daily Living (bed mobility and	• Gerri will be effectively supported with use of 1/4 rails to	• HEALTH EDUCATION: Engage with Gerri/SDM to enhance their knowledge of possible benefits and challenges associated with Use of 1/4 rails.		
Allergies	No Known Allergies	D.O.B.	01/02/1934	Physician Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre			Print Date 1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)	Admission Date	04/04/2023	Location Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025		

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
transferring). Date Initiated: 04/07/2023 Created on: 04/07/2023 Created by: Victoria Edwards (RPN) Revision on: 04/07/2023 Revision by: Victoria Edwards (RPN)		optimize Activity of Daily Living (bed mobility and transferring) each day through to the next review date. Date Initiated: 04/14/2025 Created on: 04/07/2023 Created by: Victoria Edwards (RPN) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Date Initiated: 04/07/2023 Created on: 04/07/2023 Created by: Victoria Edwards (RPN) Revision on: 04/07/2023 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of monitoring Gerri for continued benefit to use (1/4 rails) as to support appropriate (bed mobility and transferring). Date Initiated: 04/07/2023 Created on: 04/07/2023 Created by: Victoria Edwards (RPN) Revision on: 04/07/2023 Revision by: Victoria Edwards (RPN) • BED RAIL (TWO PARTIAL): LEFT and RIGHT 1/4 Rails in USE as a PASD to assist Gerri with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 04/07/2023 Created on: 04/07/2023 Created by: Victoria Edwards (RPN) Revision on: 05/08/2023 Revision by: Victoria Edwards (RPN)			PCA	D/E/N
• Potential for BOWEL INCONTINENCE related to altered mobility Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 04/05/2023 Revision by: Victoria Edwards (RPN)		• Gerri will have bowel incontinence managed every shift through to the next review period. Date Initiated: 01/16/2024 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 01/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with (Gerri/SDM) for decision making about (SPECIFY: bowel function, toileting options, incontinence or ostomy management, etc). Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Luchel David (RPN) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Gerri for changes to health status, alteration of continence level or bowel function. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Victoria Edwards (RPN) Revision on: 04/05/2023 Revision by: Victoria Edwards (RPN) • BOWEL Continence level is FREQUENTLY INCONTINENT. Report change to level as noted.			RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	01/02/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023	Location	Orchid Trail 213OT 2	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
<p>• Potential for BOWEL INCONTINENCE related to altered mobility</p> <p>Date Initiated: 04/04/2023</p> <p>Created on: 04/04/2023</p> <p>Created by: Luchel David (RPN)</p> <p>Revision on: 04/05/2023</p> <p>Revision by: Victoria Edwards (RPN)</p>			<p>Date Initiated: 04/04/2023</p> <p>Created on: 04/04/2023</p> <p>Created by: Luchel David (RPN)</p> <p>Revision on: 10/10/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: She uses Beige brief for all shifts.</p> <p>Date Initiated: 04/04/2023</p> <p>Created on: 04/04/2023</p> <p>Created by: Luchel David (RPN)</p> <p>Revision on: 06/04/2025</p> <p>Revision by: Jaspreet Samra (Registered Practical Nurse)</p>				PCA		
<p>• Potential to experience alteration in MOOD as exhibited by (Restlessness) related to Decline in Health Condition, Inability to cope with change</p> <p>Date Initiated: 04/05/2023</p> <p>Created on: 04/05/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 04/05/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p>		<p>• (Gerri) will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</p> <p>Date Initiated: 01/16/2024</p> <p>Created on: 04/05/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 01/16/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 04/12/2026</p>	<p>• COMMUNICATION: Involve/collaborate with (Gerri)/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 04/05/2023</p> <p>Created on: 04/05/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 04/05/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• RESIDENT STRENGTHS: Build on (Gerri) effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities.</p> <p>Date Initiated: 04/05/2023</p> <p>Created on: 04/05/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 04/05/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• FAMILY SUPPORT: (Gerri) enjoys visits from (family members and friends).</p> <p>Date Initiated: 04/05/2023</p> <p>Created on: 04/05/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 04/05/2023</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• MEDICATION:Administer medication for MOOD stability as per MD Order. Monitor</p>				RN Registered Practical Nurse	RN Registered Practical Nurse	RN Registered
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS		
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2		
Last Care Plan Review Completed:		10/10/2025							

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential to experience alteration in MOOD as exhibited by (Restlessness) related to Decline in Health Condition, Inability to cope with change Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)			its effectiveness and for side effects. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Practical Nurse	
<ul style="list-style-type: none">• Potential to experience alteration in RESPIRATORY FUNCTION related to [specify: Chronic Obstructive Pulmonary Disorder (COPD). Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)		<ul style="list-style-type: none">• To treat and minimize signs/symptoms or complications associated with (Dx. of COPD) each day through to next review date. Date Initiated: 10/10/2025 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with (Gerri)/SDM in decision making of Respiratory Management for (COPD). Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)• HEALTH EDUCATION: Engage with (Gerri)/SDM to enhance her comprehension of (treatment, possible complications, etc.) associated with (Dx. of COPD). Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)• MONITORING: Utilize holistic perspective of continuous monitoring of Gerri with (COPD) for changes to health status and alteration or complications affecting respiratory function. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse)	RN Registered Practical Nurse	RN Registered Practical Nurse	RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	01/02/1934		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023		Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in RESPIRATORY FUNCTION related to [specify: Chronic Obstructive Pulmonary Disorder (COPD). Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)			Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication (inhalers) for (COPD) as per MD order and monitor for side effects. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to fluid use of diuretic. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote fluid consumption and minimize risk for dehydration each day through to the next review date. Date Initiated: 04/14/2025 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with (Gerri)/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Gerri with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERRED FLUIDS: (Gerri) prefers to drink (water, apple juice, milk, Coffee with very little milk/cream) Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023			Diet Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	01/02/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023	Location	Orchid Trail 213OT 2	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to fluid use of diuretic. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Revision by: Donna Duah (Registered Nurse) • PROMOTE FLUIDS: Promote Gerri to consume fluids; amount as per Nutrition Care All Plan. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INTAKE/OUTPUT: Monitor intake and output every shift every day. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• To promote adequate rest/sleep for (Gerri) based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) Target Date: 04/12/2026</div>	<div>• PREFERENCE: Gerri will be given the option of staying up and watching game shows such as Family Feud after dinner between 1900-2000 or to go to bed after dinner. Gerri is to use headphones when watching t.v. in her room (at family's request, roommate's t.v. can be loud). Date Initiated: 06/29/2024 Created on: 06/29/2024 Created by: Susan Little (RPN) Revision on: 06/29/2024 Revision by: Susan Little (RPN) • REST PATTERN: Preferred bedtime (2000-2100), usual wake time (0700-0800) PCA Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEPWEAR: Gerri prefers to wear long/short night gown, pajamas bottoms. PCA Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023</div>				
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse)		to the next review date. Date Initiated: 01/16/2024 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 01/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Gerri with (HYPOTHYROIDISM) for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for (HYPOTHYROIDISM) as per MD order. Monitor effectiveness and for side effects. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • LAB WORK: Monitor lab and diagnostic results for (TSH) and report results to MD as needed. Follow up as indicated. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse RN Registered Practical Nurse RN Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse)		• To treat and minimize signs/symptoms or complications associated with (Diagnosis of HTN) through to the next review date. Date Initiated: 10/10/2025 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI	• COMMUNICATION: Involve/collaborate with (Gerri)/SDM in decision making of Cardiac Care Management for (HTN). Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for (HTN) as per MD Order and monitor for side effects. Date Initiated: 04/05/2023 Created on: 04/05/2023			RN Registered Practical Nurse Registered Practical Nurse RN	
Allergies	No Known Allergies		D.O.B.	01/02/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023	Location	Orchid Trail 213OT 2	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse)		Coordinator) Target Date: 04/12/2026	Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • BP MONITORING: Monitor BLOOD PRESSURE (Every Month and PRN). Notify MD of abnormalities as needed. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
• Altered VISION related to Presbyopia Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse)		• (Gerri) will use glasses for vision correction daily through to the next review date. Date Initiated: 05/17/2024 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with (Gerri)/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • EYEGLASSES: (Gerri) wears eyeglasses. Assist to clean eyeglasses as needed and store (on night table, in night table drawer) when sleeping. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse PCA Registered Practical Nurse	
• Potential to experience complications and side effects impacting quality of life related to use of (antipsychotic medication) Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)		• To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 10/10/2025 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with (Gerri)/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Gerri using (anti-psychotic medication) for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 04/05/2023			RN Registered Practical Nurse RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	01/02/1934		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)		Admission Date	04/04/2023		Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 05/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DE-PRESCRIBING MEDICATION; Monitor (Gerri) for signs/symptoms during period when medications are titrated. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 04/05/2023 Created on: 04/05/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)</div>			Registered Practical Nurse RN	
<div>• Altered COMMUNICATION as exhibited by limitations to (self expression, slurred speech) related to Hard of hearing to (Bilateral hearing aids) Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Donna Duah (Registered Nurse)</div>		<div>• (Gerri) will be able to make basic needs known each day through to the review date. Date Initiated: 10/10/2025 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Geraldine/SDM for decision making about strategies needed to support effective communication. Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PRIMARY LANGUAGE:Gerri 's primary language is English. She is able to speak/understand) English. Date Initiated: 04/04/2023 Created on: 04/04/2023</div>				
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
• Expressed Wishes and Beliefs related to Geraldine's Medical Treatment and End of Life Care. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/04/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To support and honor Geraldine's expressed wishes and beliefs through to the End of Life. Date Initiated: 10/13/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/13/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• CPR: Geraldine's wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/04/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FUNERAL Arrangements: Burial, Cremation, Service with Smith's Funeral Home 905.632.3333 Guelph Line Burlington Contract#3519 Cert #2021255738. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		All Social Worker ST	
• Nutrition Risk Level Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Pamela Kovar-Gough (Dietary Manager)		• Gerri will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 04/04/2023 Revision by: Pamela Kovar-Gough (Dietary Manager) Target Date: 04/12/2026 • Will weigh within realistic weight range of 68-79 kg (BMI 30-35) through to next review date. Date Initiated: 04/14/2023 Created on: 04/14/2023	• NUTRITION RISK: Gerri is MODERATE risk level. Date Initiated: 04/14/2023 Created on: 04/14/2023 Created by: Mark Chan (Dietitian) Revision on: 01/06/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Gerri will receive REGULAR diet, MINCED texture Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 12/09/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Gerri drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Pamela Kovar-Gough (Dietary Manager) Revision on: 04/04/2023 Revision by: Pamela Kovar-Gough (Dietary Manager) • FLUID TARGET: Encourage Gerri to drink a minimum of 1492 ml per day.		Dietitian (RD) <	

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator) • EATING:1 Staff to provide SUPERVISE assist for eating. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • LOCOMOTION:1 staff to provide EXTENSIVE/ TOTAL assistance for locomotion wheelchair on and/or off unit. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/16/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PERSONAL HYGIENE: 1x staff to provide EXTENSIVE assistance for hygiene. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HAND HYGIENE:Gerri requires 1x LIMITED assistance to complete task of Hand Hygiene each day. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TOILET USE: 1x staff to provide EXTENSIVE to MAXIMAL assistance for toileting. Resident may also use commode chair in spa room for toileting. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator)</div>				PCA	
Allergies	No Known Allergies			D.O.B.	01/02/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	GRAVELLE, GERALDINE (925171002062)			Admission Date	04/04/2023	Location	Orchid Trail 213OT 2	
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation <p>Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Benvi Mendoza (Registered Practical Nurse)</p>		<ul style="list-style-type: none"> TRANSFERRING: 2 x staff to provide EXTENSIVE assistance for transferring. when Geraldine is unable to provide active assistance use Lift as needed. Momo DEVICE IN PLACE. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/14/2025 Revision by: Navpreet Kaur (DOC) TRANSFER LIFT/SLING: mechanical lift x-large sling needed for transfer. Date Initiated: 07/17/2025 Created on: 07/17/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/17/2025 Revision by: Edna James (Registered Practical Nurse) ORAL CARE: Gerri keep removing her dentures . POA is agree to remove her denture permanently. 1 staff to provide assistance for oral care. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/15/2025 Revision by: Edna James (Registered Practical Nurse) FOOT CARE: PSW, Registered staff to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. Date Initiated: 04/04/2023 Created on: 04/04/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/13/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) 	PCA	

Allergies	No Known Allergies	D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)	Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

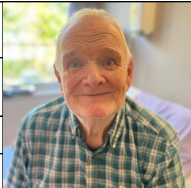
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Diagnosis

Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Presence of artificial hip(Z96.60), Simple chronic bronchitis(J41.0), Chronic obstructive pulmonary disease, unspecified(J44.9), Anaemia, unspecified(D64.9)

Allergies	No Known Allergies	D.O.B.	01/02/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Pres...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	GRAVELLE, GERALDINE (925171002062)	Admission Date	04/04/2023	Location	Orchid Trail 213OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none">• Posture. <p>Date Initiated: 08/26/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none">• Brian to improve standing posture from flex forward to proper upright functional alignment as the structure allows in 3 months. <p>Date Initiated: 08/26/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/04/2026</p> <ul style="list-style-type: none">• Hector to prevent further decline in sitting posture 3 months. <p>Date Initiated: 08/26/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/04/2026</p>	<ul style="list-style-type: none">• Encourage education and provide cues for Brian to stand with proper upright alignment as the structure allows 3/wk. <p>Date Initiated: 08/26/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <ul style="list-style-type: none">• Encourage provide education and correction for Brian to sit with proper functional alignment and support 3/wk. <p>Date Initiated: 08/26/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>				PT - Physiotherapist PTA	
							PT - Physiotherapist PTA	
<ul style="list-style-type: none">• Balance. <p>Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none">• Hector is to improve his standing dynamic balance on MDS standing balance scale from 2 to 1 in 3 months. <p>Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<ul style="list-style-type: none">• Hector to perform balance exercises in sitting using therapeutic ball EXs 3/wk. <p>Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <ul style="list-style-type: none">• Hector to perform balance exercises in standing using wall bar + 1 XA Kitchen sink EXs 3/wk. <p>Date Initiated: 02/27/2025 Created on: 12/15/2021</p>				PT - Physiotherapist PTA	
							PT - Physiotherapist PTA	
Allergies	Pollen		D.O.B.	04/29/1947	Physician	Constantine George KARNIS		
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4		
Last Care Plan Review Completed:		12/04/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Balance. Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Physiotherapist) Target Date: 03/04/2026	Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)			
• Active ROM. Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To prevent further deterioration of all joints and strength from grade 4/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/04/2026	• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to -R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using theraband/ball/weights/pulleys/bike balance EXs walking 3/wk. Date Initiated: 02/27/2025 Created on: 12/15/2021 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive impairment, musculoskeletal disorders secondary to Dx of DEMENTIA, ANXIETY, DEPRESSION and ARTHRITIS. Date Initiated: 07/01/2020 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Brian will have ALL ADL care tasks met each day through the next review date. Date Initiated: 12/04/2025 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/04/2026	• BATHING: Brian requires PHYSICAL HELP IN PART OF BATHING ACTIVITY LIMITED assistance with 1 staff. Brian is able to wash himself. Shower/Bath days on Thursday evening and Sunday eve. On Bath/Shower days , strip the linens, wipe mattress with Virox and place new linens. Staff to clip finger and toenails after each Shower/Bath. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/03/2025 Revision by: Edna James (Registered Practical Nurse) • BED MOBILITY: Brian is INDEPENDENT with bed mobility. Brian is able to position himself while in bed. Brian needs LIMITED assistance when he is tired. Date Initiated: 07/01/2020		PCA PCA	
Allergies	Pollen		D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EATING: Brian requires SUPERVISION SET UP with eating. Date Initiated: 07/01/2020 Created on: 07/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• LOCOMOTION ON UNIT: INDEPENDENT, uses CANE when going outside the unit. WALK IN ROOM/CORRIDOR: INDEPENDENT Date Initiated: 07/01/2020 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HAND HYGIENE: 1 staff to provide Brian REMINDERS to complete hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene in the common areas. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Dale Bamforth (Nurse Clinician) Revision on: 06/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TOILET USE: SUPERVISION WITH SET UP. Brian needs LIMITED assistance when he is tired. Date Initiated: 07/01/2020 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 11/14/2024 Revision by: Navpreet Kaur (DOC)</p> <p>• TRANSFERRING: Brian is INDEPENDENT. Brian needs LIMITED assistance when he is tired in the evening and night. Momo DEVICE IN PLACE. Date Initiated: 07/01/2020</p>	PCA		
Allergies	Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)	Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025			

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Andrea Parker (Registered Staff) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/04/2026	Revision on: 10/07/2022 Revision by: Tetyana Krzeszowiec (Registered Practical Nurse) • COMMUNICATION: Involve/collaborate with Brian/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/07/2022 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/07/2022 Revision by: Tetyana Krzeszowiec (Registered Practical Nurse) • CALL BELL: Place call bell within Brian's reach and remind/encourage him to use it. PCA Date Initiated: 10/07/2022 Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ENVIRONMENT: Ensure environment is clutter free. All Date Initiated: 10/07/2022 Created on: 03/25/2014 Created by: Andrea Parker (Registered Staff) Revision on: 10/07/2022 Revision by: Tetyana Krzeszowiec (Registered Practical Nurse) • FOOTWEAR: Ensure Brian wears non-skid shoes . PCA Date Initiated: 10/07/2022 Created on: 03/25/2014 Created by: Andrea Parker (Registered Staff) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. PCA Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • SUPPLEMENT: Provide Vitamin D supplement daily. Date Initiated: 10/07/2022 Created on: 03/25/2014 Created by: Andrea Parker (Registered Staff)				
Allergies	Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<ul style="list-style-type: none">• High risk for FALLS r/t history of falls, Dementia, Anxiety and antidepressant medication use. <p>Date Initiated: 10/07/2022 Created on: 03/25/2014 Created by: Andrea Parker (Registered Staff) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Revision on: 10/07/2022 Revision by: Tetyana Krzeszowiec (Registered Practical Nurse)</p>				
<ul style="list-style-type: none">• SPIRITUAL BELIEFS: Hector is of the protestant Faith. <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/14/2023 Revision by: Megan McLoughlin (Recreation Aide)</p>		<ul style="list-style-type: none">• To provide Hector spiritual support as interested through to the next review date. <p>Date Initiated: 06/27/2023 Created on: 01/13/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/14/2023 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/04/2026</p>	<ul style="list-style-type: none">• SPIRITUAL PROGRAMS: Encourage Hector to attend spiritual programs of his choice including virtual Glad Tidings Church Services. <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 12/14/2023 Revision by: Megan McLoughlin (Recreation Aide)</p>				
<ul style="list-style-type: none">• Potential to experience rash, hives, anaphylaxis, related to ALLERGIES (POLLEN) RHINITIS "HAY FEVER". <p>Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff)</p>		<ul style="list-style-type: none">• Brian will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 12/28/2023 Created on: 03/24/2014 Created by: Andrea Parker</p>	<ul style="list-style-type: none">• ALLERGY ALERT: Prevent contact with and report if noted to experience symptoms (rash, hives, swelling, difficulty breathing, etc.). <p>Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		All		
Allergies	Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision on: 09/20/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	(Registered Staff) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	• MD/PHARMACY ALERT: Notify the MD and Pharmacy of Brian's Allergic rhinitis and minimize risk for exposure to allergen Date Initiated: 07/04/2020 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			
• Potential to experience alteration in MOOD related to DEMENTIA and ANXIETY disorder. Date Initiated: 09/18/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• Brian will be supported to maintain mood stability as evidenced by DRS score at 0 by the review date. Date Initiated: 12/04/2025 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/04/2026	• COMMUNICATION: Involve/collaborate with Brian/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH EDUCATION: Provide education and support to Brian/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Brian for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • STRENGTHS: Build on Brian's effort to maintain control. Encourage him to express self, state preferences and make safe choices for care and activities.T0 BE ABLE TO CONTINUE TO GO OUT ON HIS OWN GOING TO STORES. Date Initiated: 12/24/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up)	RN Registered Practical Nurse		
Allergies	Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)	Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD related to DEMENTIA and ANXIETY disorder. <p>Date Initiated: 09/18/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/15/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision on: 12/24/2020 Revision by: Nicole Wieske (Registered Practical Nurse)</p> <ul style="list-style-type: none"> DISTRACTION ACTIVITIES: Brian can be calmed doing activities of interest including doing puzzles and watching movies/TV <p>Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> FAMILY SUPPORT: Brian enjoys visits from sister and brother-in-law. <p>Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> SLEEP/REST: Promote adequate sleep and rest to stability of Brian's mood. Report changes in sleeping habits to Registered Staff as noted. <p>Date Initiated: 03/31/2020 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	ACT All	
<ul style="list-style-type: none"> COMMUNICATION: Resident has no deficit. <p>Date Initiated: 07/20/2021 Created on: 07/20/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/20/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> Brian will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 06/09/2025 Created on: 07/20/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 06/09/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026</p>	<ul style="list-style-type: none"> PRIMARY LANGUAGE: Brian's primary language is English. <p>Date Initiated: 07/20/2021 Created on: 07/20/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/20/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. <p>Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		

Allergies	Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)	Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: SEIZURE Disorder (Petit Mal seizure) and Hx Head Trauma Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/24/2020 Revision by: Nicole Wieske (Registered Practical Nurse)		• To treat and minimize signs/symptoms or complications associated with Petit Mal seizure through to the next review date. Date Initiated: 12/28/2023 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	• COMMUNICATION: Involve/ collaborate with Brian/ SDM in decision making of neurological care management for Petit Mal seizure. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH EDUCATION: Engage with Brian/SDM to enhance his/her comprehension of (treatment, possible complications, disease trajectory) associated with Petit Mal seizure. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with Petit Mal seizure for changes to health status and alteration or complications affecting neurological function. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • SEIZURE Disorder: If seizure activity occurs alert registered staff immediately; place on side, protect from injury, maintain open airway. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) • SEIZURE Disorder: Brian has potential for seizure activity, injury related to seizure disorder. Inform MD as it occurs. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				PCA	
• Potential to experience complications and		• To monitor effectiveness and	• COMMUNICATION: Involve/collaborate with Brian/SDM in decision making and					
Allergies	Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS	
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4	
Last Care Plan Review Completed:		12/04/2025						

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Focus	Goal	Interventions	Position	Freq/Resolved	
side effects impacting quality of life related to use of PSYCHOTROPIC DRUG USE Date Initiated: 07/04/2020 Created on: 04/22/2014 Created by: Andrea Parker (Registered Staff) Revision on: 12/24/2020 Revision by: Nicole Wieske (Registered Practical Nurse)	for side effects of antidepressant medication used each day through to the next review date. Date Initiated: 09/06/2024 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	health teaching about medicinal regime and appropriate medication use. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident using antidepressant medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate as per MD order. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	Registered Staff		
• COGNITIVE LOSS: Alteration in thought process, memory loss and modified independent in decision making r/t Dx of Dementia, Depression, history of head trauma and petit mal seizures Date Initiated: 09/18/2020 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 09/18/2020 Revision by: Aline Mendoza (RAI Coord Back-	• Brian will be supported to maintain cognitive function through the review date. Date Initiated: 06/09/2025 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 06/09/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with Brian/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH TEACHING: Engage with Brian/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. Date Initiated: 04/01/2020	Social Worker		
Allergies	Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)	Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025			

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up)		Target Date: 03/04/2026	Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ORIENTATION: Gently reorient to place and time as needed when Brian is feeling lost or in confused state. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • PERSONAL ROUTINE: Provide consistency in care routines and activities. Date Initiated: 03/07/2025 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 03/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)					
• Risk for Impaired SKIN INTEGRITY r/t to PERIPHERAL VASCULAR DISEASE Date Initiated: 03/25/2014 Created on: 03/25/2014 Created by: Andrea Parker (Registered Staff) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 03/26/2024 Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 03/26/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 08/13/2025 Created on: 08/13/2025 Created by: Danielle Knott (ADOC) • POSITIONING: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/29/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			PCA	PCA	Q2h
• Alteration in comfort: Brian has occasional pain R/T arthritis from a resolved fracture and chronic headaches. Date Initiated: 07/04/2020 Created on: 03/25/2014 Created by: Andrea Parker (Registered Staff) Revision on: 07/04/2020		• To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review. Date Initiated: 12/28/2023 Created on: 04/01/2020 Created by: Aline Mendoza (RAI	• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer analgesic medication as per MD order for pain			RN Registered Practical Nurse	Registered	
Allergies	Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS	
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4	
Last Care Plan Review Completed:		12/04/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision by: Aline Mendoza (RAI Coord Back-up)		Coord Back-up Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Practical Nurse RN	
• VISION: Brian's vision has improved as he had his cataracts removed. He still has some impaired vision (can see large print only). Date Initiated: 07/04/2020 Created on: 06/04/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To treat and minimize complications of Cataracts through to next review date. Date Initiated: 06/27/2023 Created on: 03/31/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	• COMMUNICATION: Involve/collaborate with Brian/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 07/04/2020 Created on: 07/04/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • READING: Use large print materials with Brian Date Initiated: 07/04/2020 Created on: 06/04/2018 Created by: Aline Mendoza (Registered Practical Nurse) Revision on: 07/04/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
• Expressed Wishes and Beliefs related to Brian's Medical Treatment and End of Life Care Date Initiated: 07/01/2020 Created on: 07/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To support and honor Brian's expressed wishes and beliefs through to the End of Life. Date Initiated: 12/28/2023 Created on: 07/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	• CPR: Brian's wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 07/01/2020 Created on: 07/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		All	
• Potential to experience FOOT/FEET		• To maintain adequate Foot/Feet/Toenail care and	• COMMUNICATION: Involve/collaborate with Brian/SDM in decision making for footcare treatment plan.			
Allergies	Pollen		D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
complications related to toe nail problems as evidenced by onychia and onychomycosis Date Initiated: 04/14/2015 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 06/12/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 12/28/2023 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	Date Initiated: 06/12/2020 Created on: 06/12/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/12/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • TREATMENT PLAN: Brian requires footcare/treatment every 6 weeks Date Initiated: 04/14/2015 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 06/12/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			
• Potential to experience alteration in CARDIAC FUNCTION related to; PERIPHERAL VASCULAR DISEASE Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To treat and minimize signs/symptoms or complications associated with PERIPHERAL VASCULAR DISEASE through to the next review date. Date Initiated: 12/28/2023 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026	• COMMUNICATION: Involve/collaborate with Brian/SDM in decision making of Cardiac Care Management for PERIPHERAL VASCULAR DISEASE. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with PERIPHERAL VASCULAR DISEASE for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for PERIPHERAL VASCULAR DISEASE as per MD Order and monitor for side effects. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Registered Practical Nurse RN	
Allergies	Pollen		D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025				

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Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; PERIPHERAL VASCULAR DISEASE</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>• VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>				
<p>• STRONG PARTICIPATION in Activities.</p> <p>Date Initiated: 01/13/2020</p> <p>Created on: 01/13/2020</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• Hector will be supported to maintain participation in activities for a minimum of 10 times per month by the next review date.</p> <p>Date Initiated: 06/27/2023</p> <p>Created on: 01/13/2020</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 10/13/2025</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>Target Date: 03/04/2026</p> <p>• Hector will maintain ISE score of 5 by the next review date.</p> <p>Date Initiated: 06/09/2025</p> <p>Created on: 01/13/2020</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 06/09/2025</p>	<p>• STRUCTURED ACTIVITIES: Invite Hector to programs of personal interest; bingo, indoor/outdoor strolls, word game, sing-songs and socials.</p> <p>Date Initiated: 01/13/2020</p> <p>Created on: 01/13/2020</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 12/14/2023</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage Hector to engage in self-directed activities such as; completing word search puzzles, watching TV in own room, going for outdoor strolls/outings and socializing with his peers</p> <p>Date Initiated: 01/13/2020</p> <p>Created on: 01/13/2020</p> <p>Created by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>Revision on: 10/13/2025</p> <p>Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Hector prefers to be called "Brian".</p> <p>Hector enjoys choosing his own daily routine which includes; going for outdoor strolls, completing word search puzzles, watching TV and reading.</p>				
Allergies	Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
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Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • STRONG PARTICIPATION in Activities. <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026</p>	<p>Hector also enjoys participating in trivia and sharing fun facts about history, music and sports with his peers. Offer Hector Daily Chronicles and reading material that will encourage his interest in these areas.</p> <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Megan McLoughlin (Activities/Rec Therapy) Revision on: 05/29/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> • MUSIC CARE APPROACH: Present Hector with music care approaches: musicking, music therapy and musical programs such as; musical bingo, name that tune, sing-song and special entertainment. <p>Date Initiated: 05/29/2025 Created on: 05/29/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/29/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>		Recreation Aide	
<ul style="list-style-type: none"> • Potential for muscular dysfunction, contractures and bone deformity related to ARTHRITIS <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<ul style="list-style-type: none"> • To treat and minimize signs/symptoms or complications associated with ARTHRITIS through to the next review date. <p>Date Initiated: 12/28/2023 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/ collaborate with Brian/SDM in decision making of musculoskeletal care management. <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with Brian/SDM to enhance his/her comprehension of (treatment, possible complications, disease trajectory) associated with ARTHRITIS. <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for management of ARTHRITIS as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>			
Allergies	Pollen		D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for muscular dysfunction, contractures and bone deformity related to ARTHRITIS</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of ARTHRITIS for discomfort/ complications or changes to health status.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• PAIN MANAGEMENT for ARTHRITIS prescribed and in place; refer to Pain Care Plan.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p>			PT - Physiotherapist	
<p>• Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date.</p> <p>Date Initiated: 12/28/2023</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 12/28/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 03/04/2026</p>	<p>• COMMUNICATION: Involve/ collaborate with Brian/SDM in decision making of osteoporosis care management.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 04/01/2020</p> <p>Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• EXERCISE: To help maintain bone mass, encourage weight bearing and/or exercise as tolerated/ therapeutically suggested.</p> <p>Date Initiated: 04/01/2020</p> <p>Created on: 04/01/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>• HEALTH EDUCATION: Engage with Brian/SDM to enhance his/her comprehension</p>			Registered Staff PCA ACT	
Allergies	Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<ul style="list-style-type: none">• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. <p>Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p>			of treatment, possible complications associated with osteoporosis.					
			Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)					
			<ul style="list-style-type: none">• MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects.					
			Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)					
			<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of osteoporosis for discomfort/ complications or changes to health status.					
			Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)					
			<ul style="list-style-type: none">• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan.					
			Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)					
<ul style="list-style-type: none">• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA <p>Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<ul style="list-style-type: none">• To treat and/or minimize complications associated with ANEMIA through to the next review date. <p>Date Initiated: 12/28/2023 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Brian/SDM in decision making of hematologic care management for Anemia.					
			Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)					
			<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of resident with ANEMIA for complications or changes to health status.					
			Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)					
Allergies		Pollen			D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis		Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses						
Facility		Wellington Park Care Centre					Print Date	1/4/2026
Resident		HEAVYSEGE, HECTOR (925171000119)			Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>• LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated. Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATION: Administer medication for ANEMIA as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 10/17/2019 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	Registered Staff		
<p>• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 04/14/2015 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	<p>• To treat and/or minimize discomfort/ complications associated with GERD through to the next review date. Date Initiated: 12/28/2023 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/04/2026</p>	<p>• MONITORING: Observe, document, report to MD prn s/sx of GERD; belching, coughing/choking when lying down, heartburn, dyspepsia, nausea/vomiting, indigestion, regurgitation, increased salivation, swallowing problems, bitter taste in the mouth Date Initiated: 04/14/2015 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• POSITIONING: Avoid lying down for at least 1 hour after eating. Keep HOB elevated. Encourage to sit/stand upright after meals. Date Initiated: 04/14/2015 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 04/14/2015 Created on: 04/14/2015 Created by: Cheryl Hunt (Registered Practical Nurse) Revision on: 10/17/2019 Revision by: Aline Mendoza (RAI Coord Back-up)</p>	PCA		
• BOWEL Continence: Brian is continent	• Brian to remain continent of	• BOWEL Continence level is CONTINENT. Report change to level as noted.	PCA		
Allergies	Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)	Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
and has self recognition of urge to defecate Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		bowels through next review date Date Initiated: 12/04/2025 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/04/2026	Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) • SELF TOILETING: Brian toilets self for bowel movements. Each shift ask if he/she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
• URINARY Continence- Brian is continent and has self recognition of urge to void. Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Brian will maintain continence level through next review date. PURS score is 0. Date Initiated: 12/04/2025 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 12/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/04/2026	• URINARY Continence Level is: CONTINENT Date Initiated: 04/01/2020 Created on: 04/01/2020 Created by: Aline Mendoza (RAI Coord Back-up) • SELF TOILETING: Brian toilets self. Each shift ask if he/she has voided and document accordingly. Report changes to urination or continence level to Registered Staff as noted. Date Initiated: 03/24/2014 Created on: 03/24/2014 Created by: Andrea Parker (Registered Staff) Revision on: 04/01/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
• Sleep Patterns; Potential for alteration in sleep patterns related to Dx of Anxiety and Dementia Date Initiated: 10/17/2019 Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/17/2019 Revision by: Aline Mendoza (RAI Coord Back-up)		• To promote adequate rest/sleep for Brian based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 06/27/2023 Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• REST PATTERN: Preferred bedtime 2200-2300 usual wake time 0700-0800 and daytime naps after each meals. Date Initiated: 09/04/2021 Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/04/2021 Revision by: Luchel David (RPN) • SLEEPWEAR: Brian prefers to wear pajamas Date Initiated: 10/17/2019 Created on: 10/17/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/17/2019 Revision by: Aline Mendoza (RAI Coord Back-up)		PCA	
Allergies	Pollen		D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 03/04/2026					
• Nutrition Risk Level Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 02/23/2016 Revision by: Helen Bradley (Dietitian)		• To optimize nutrition and hydration Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Target Date: 03/04/2026 • Brian will be adequately nourished aeb consuming >75% at meals and snacks Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 02/23/2016 Revision by: Helen Bradley (Dietitian) Target Date: 03/04/2026 • Will maintain weight and remain within IBWR of 87-101 kg / BMI 30-35 Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 05/26/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/04/2026 • Brian will be adequately hydrated aeb drinking at least	• NUTRITION RISK: Brian is at LOW nutrition risk. Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 03/17/2023 Revision by: Pamela Kovar-Gough (Dietary Manager) • DIET ORDER: Brian will receive REGULAR diet, MINCED texture. Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 12/04/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Brian drinks regular/thin fluids level 0. Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 04/27/2021 Revision by: Helen Bradley (RD) • FLUID TARGET: Encourage Brian to drink at least 1915 ml per day. Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 05/26/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 12/02/2025 Revision by: Julia Pilca (Dietitian (RD))			Dietitian (RD) Dietary Manager	
						PCA	
						Diet PCA	
						PCA	
						Dietary aide PCA	
Allergies		Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS	
Diagnosis		Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses					
Facility		Wellington Park Care Centre				Print Date	1/4/2026
Resident		HEAVYSEGE, HECTOR (925171000119)		Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025					

Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 02/23/2016 Revision by: Helen Bradley (Dietitian)	80% of total fluid requirement @25 ml/kg, 95.8kg. Date Initiated: 04/21/2014 Created on: 04/21/2014 Created by: Jane Oulton (Consultant- Dietary) Revision on: 05/26/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/04/2026			

Diagnosis

Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peripheral vascular disease, unspecified(I73.9), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Depressive episode, unspecified(F32.9)

Allergies	Pollen	D.O.B.	04/29/1947	Physician	Constantine George KARNIS
Diagnosis	Other specified injuries of head(S09.8), Arthritis, unspecified, multiple sites(M13.90), Petit mal, unspecified, without grand mal seizures, intractable(G40.71), Anaemia, unspecified(D64.9), Peri...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HEAVYSEGE, HECTOR (925171000119)	Admission Date	03/21/2007	Location	Orchid Trail 207OT 4
Last Care Plan Review Completed:		12/04/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for Persistent PAIN and alteration in comfort level. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To promote Toni comfort and effectively manage ACUTE pain each day through to the next review. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Toni about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Toni'st satisfaction for pain control. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PHYSIO TREATMENT: Toni is to receive a Hot pack to her neck for 10-15 minutes 3-4/wk. PTA to check skin before and after RX. Date Initiated: 07/24/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/24/2024 Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• MEDICATION: Administer analgesic medication (Tylenol 500 mg 1-2 tabs PRN) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>			
<p>• Posture. Date Initiated: 11/19/2025 Created on: 07/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>• Tonni to improve sitting posture from forward head to proper functional alignment and support in 3 months. Date Initiated: 11/19/2025 Created on: 07/24/2024</p>	<p>• Encourage Tonnie to sit with proper extended posture of cervical, thoracic and lumber, reduce flex posture, and provide cues for sit-stand with functional alignment and support as possible 3/wk. Date Initiated: 11/19/2025 Created on: 07/24/2024 Created by: Uzma Habib (PT - Physiotherapist)</p>	<p>PT - Physiotherapist PTA</p>			
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2	
Last Care Plan Review Completed:		11/27/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026	Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)				
<ul style="list-style-type: none">• Ambulation. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none">• To decrease Antonia risk and fall and # of falls from to 0 over stay in program. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026	<ul style="list-style-type: none">• Antonia to perform balance exercises in standing using kitchen sink EXs with 1 XA + wall bar 3/wk. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist	
						PTA	
						PT - Physiotherapist	
							PTA
		<ul style="list-style-type: none">• To prevent a decline in ANTONIA's ability and distance of walking of 10 meters overstay in the program. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026	<ul style="list-style-type: none">• Antonia to ambulate supervised in the unit(10 meters) using her rollator walker needs supervision for safety, cues for proper posture, and proper gait speed, 3/wk. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist	
		<ul style="list-style-type: none">• ANTONIA to improve walking posture, maintain walking status, improve gait cycle, and reduce gait speed using a rolator walker					
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2	
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
• Ambulation. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	in 3 months Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026				
• Active ROM. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• To improve neck and Trunk flexibility and strength from grade 3-/5 to grade 3+5 in 6-8 months, (Manual Muscle Test) Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/27/2026 • To prevent further deterioration of Antonia's posture, improve neck and trunk extension, and improve strength from grade 3-/5 to 4/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to Tonnies R/L hip/knee/ankle/toes/shoulder/elbow/wrist/ fingers/thumb) using theraband/ball/weights/pulleys/bike standing, walking /gait training 3/wk. Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA		
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:	11/27/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Active ROM. <p>Date Initiated: 11/19/2025 Created on: 02/13/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/19/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<p>Target Date: 02/27/2026</p>				
<ul style="list-style-type: none"> • Potential for Expressive Behaviour of (WANDERING, VERBAL, PHYSICAL (will push walker into others,touch coresident's head), RESISTANCE to care need) nature related to Symptom Progression of Dementia/Alzheimer , Sundowning, Hallucinations (previously has seen cats around retirement home that weren't there). <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> • To promote safety for Tonnie and others during each episode of (wandering to other rooms/suspicion/striking out) through to the next review date. <p>Date Initiated: 11/27/2025 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Toni(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Toni for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • TRIGGERS leading to PHYSICAL : Hitting, Punching, Slapping, Biting, Kicking, as expression of behaviour include anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, hunger, startling from sleep. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • PHYSICAL Behaviour: If Toni is attempting to strikeout; move back from her reach. Calmly indicate that care will continue when he/she is calm/ready. Seek Registered 	BSO - Internal Social Worker		
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Staff assistance.</p> <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Toni is declining to (bathe, change clothes, take medications, eat) re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SOCIALLY Inappropriate Behaviour: If Toni is noted to exhibit disruptive behaviour in dining room/program/hallway) gently redirect her (to focus on task at hand, to move to a quieter area (Toni's Room)and shut the door. Loud music/noise may triggers physical aggression</p> <p>Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/08/2025 Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• WANDERING: Permit Toni to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed.</p> <p>Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ENVIRONMENT: Toni is most calm with (dim lighting, door closed, quiet area, small groups)</p> <p>Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of (WANDERING, VERBAL, PHYSICAL (will push walker into others,touch coresident's head), RESISTANCE to care need) nature related to Symptom Progression of Dementia/Alzheimer , Sundowning, Hallucinations (previously has seen cats around retirement home that weren't there).</p> <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Susan Little (RPN) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>• MEDICATION: Administer medication for therapeutic treatment of (Expressed Behaviour) as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Registered Practical Nurse RN	
<p>• Increased risk for FALLS related to Medical condition (Dementia and Meniere's disease).</p> <p>Date Initiated: 12/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/13/2024 Revision by: Lavleen Singh (Registered Practical Nurse)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• CALL BELL: Place call bell within Toni's reach and remind/encourage to use it. Date Initiated: 03/03/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/04/2025 Revision by: Donna Duah (RN)</p> <p>• BED: place bed in lowest position, to lower risk for injury. Date Initiated: 03/03/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA Registered Practical Nurse RN PCA RN Registered Practical	D/E/N
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2	
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Coordinator) Target Date: 02/27/2026	Revision on: 03/04/2025 Revision by: Donna Duah (RN) • FOOTWEAR: Ensure Toni wears appropriate footwear (non skid footwear) for transfers, ambulation. Date Initiated: 03/03/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/04/2025 Revision by: Donna Duah (RN) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			Nurse PCA RN Registered Practical Nurse PCA	
• Use of PASD (Right and Left 1/4 Bedrails) to assist Toni with Activity of Daily Living (for bed mobility and transfers). Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Susan Little (RPN) Revision on: 03/14/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Tonnie will be effectively supported with use of Right and Left 1/4 Bedrails to optimize Activity of Daily Living bed mobility and transfers each day through to the next review date. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Susan Little (RPN) Revision on: 03/05/2024 Revision by: Susan Little (RPN) Target Date: 02/27/2026	• HEALTH EDUCATION: Engage with Tonnie/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Right and Left 1/4 bedrails. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Susan Little (RPN) Revision on: 03/05/2024 Revision by: Susan Little (RPN) • MONITORING: Utilize holistic perspective of monitoring Toni for continued benefit to use Left and Right 1/4 bedrails as to support appropriate bed mobility and transfers. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Susan Little (RPN) Revision on: 03/14/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4, Rails) in USE as a PASD to assist Toni with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Susan Little (RPN) Revision on: 03/14/2024			PCA PCA	 D/E/N
Allergies	Codeine			D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)			Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Use of PASD (Right and Left 1/4 Bedrails) to assist Toni with Activity of Daily Living (for bed mobility and transfers). Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Susan Little (RPN) Revision on: 03/14/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• URINARY : Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Toni will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Toni for toileting needs, changes to health status and alteration of continence level. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is TOTAL INCONTINENCE. Report change to level as PCA noted. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2025 Revision by: Danielle Knott (ADOC) • CHECK and CHANGE: Tonnies experiences TOTAL incontinence and requires PCA checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY : Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			• INCONTINENCE PRODUCT: Toni uses white brief on all shifts. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Edna James (Registered Practical Nurse)			PCA	
• Potential to experience alteration in MOOD as exhibited by (restlessness) related to Dementia. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Toni will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 11/27/2025 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• HEALTH EDUCATION: Provide education and support to Toni/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Toni for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Toni's quality of life. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DISTRACTION ACTIVITIES: Antonia can be calmed doing activities of interest including (listening to music). Date Initiated: 05/26/2025 Created on: 05/26/2025			RN Registered Practical Nurse	
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS	
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2	
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in MOOD as exhibited by (restlessness) related to Dementia. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ENVIRONMENT: Modify environment to support MOOD STABILITY : reduce noise, close curtains, staff not to switch on bedroom lights upon entrance. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• FAMILY SUPPORT: Toni enjoys visits from ; family members . Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SLEEP/REST: Promote adequate sleep and rest to stabilize Antonia's mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/26/2025 Revision by: Donna Duah (RN)</p> <p>• MEDICATION:Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI</p>		<p>• To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 02/25/2025 Created on: 02/27/2024</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Toni using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
Allergies	Codeine		D.O.B.	11/11/1926		Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024		Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Coordinator) Revision on: 02/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026	Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PREFERENCE: Toni prefers to receive medication (Specify;) during meals when at dining table, etc.) Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/27/2024 Revision by: Mario Diamante (Registered Practical Nurse) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Registered Staff		
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/27/2025 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• HEALTH EDUCATION: Engage Toni/SDM in health education regarding prevention of skin impairment .. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against	PCA	Q2h	
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			excessive moisture after incontinence episode. Date Initiated: 02/27/2024 Created on: 02/27/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
• Potential for BOWEL INCONTINENCE related to muscle tone loss. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Toni will have bowel incontinence managed every shift through to the next review period. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Toni for changes to health status, alteration of continence level or bowel function. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is Total Incontinence. Report change to level as noted. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN) • INCONTINENCE PRODUCT: Toni uses white brief all shifts. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/15/2024 Revision by: Edna James (Registered Practical Nurse)		PCA	PCA
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Toni is severely impaired in cognition and will have needs interpreted and met each day through to the review date. Date Initiated: 11/27/2025 Created on: 02/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with Toni/SDM in decision making of Cognitive Loss for (specify diagnosis). Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Coordinator) Revision on: 02/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		(RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• HEALTH TEACHING: Engage with TONI/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of related to Dementia Diagnosis. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CUE TASKS: Break tasks into manageable subtasks, Toni can comprehend and follow at a time. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/27/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Social Worker	
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote adequate rest/sleep for Tonnie based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026	• PREFERENCE: Antonia likes to have a nap after lunch. Date Initiated: 01/12/2025 Created on: 01/12/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/12/2025 Revision by: Richele Rosales (Registered Practical Nurse) • PREFERENCE:Toni wakes during the night (specify time awake) and enjoys (specify; listening to music, reading, watch TV, walk about, drink water/tea/milk, etc.) Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN) • REST PATTERN: Preferred bedtime (2200-2300), usual wake time (0400-0600) . Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SLEEPWEAR:Toni prefers to wear pajamas bottom. Date Initiated: 02/12/2024			PCA	PCA
Allergies	Codeine			D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)			Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<ul style="list-style-type: none">• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. <p>Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<ul style="list-style-type: none">• SPIRITUAL BELIEFS: Antonia is of the Christian faith. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>		<ul style="list-style-type: none">• To provide Antonia spiritual support as interested through to the next review date. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/27/2026</p>	<ul style="list-style-type: none">• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing and Glad Tiding Church Services. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>				
<ul style="list-style-type: none">• At Risk for social isolation and/or alteration to psycho-social well-being related to low motivation, altered mood, rest/sleep patterns <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024</p>		<ul style="list-style-type: none">• Team members will support Antonia in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024</p>	<ul style="list-style-type: none">• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; church, sing-alongs busy hands, outdoor strolls and socials. <p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none">• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading, window watching, walking and conversing with peers.				
Allergies	Codeine			D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)			Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision by: Megan McLoughlin (Recreation Aide)	<p>Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/27/2026</p> <p>• To support Antonia's psycho-social well being through to the next review. Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/27/2026</p>	<p>Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide) • HELPFUL HINTS: Antonia prefers to be called "Tonnie"</p> <p>Antonia prefers to choose her own daily routine. Her participation in 1:1 and group activities depends on her mood and rest/sleep patterns.</p> <p>Antonia has a strong appreciation for nature and enjoys window watching, outdoor strolls and horticulture/gardening programs.</p> <p>Antonia enjoys reading her prayer book, the Daily Chronicle and short stories. Antonia enjoys helping others and being in the comfort of her peers. Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/26/2025 Revision by: Megan McLoughlin (Recreation Aide) • ONE to ONE: Provide her with individual visits for conversation, reading and reminiscing. Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide) • SOCIAL INTERACTION: Promote opportunity for Antonia to make friendships and sit with friends during activities. Date Initiated: 02/20/2024 Created on: 02/20/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 02/20/2024 Revision by: Megan McLoughlin (Recreation Aide) • MUSIC CARE APPROACH: Present Antonia with music care approaches such as</p>	Recreation Aide		
Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• At Risk for social isolation and/or alteration to psycho-social well-being related to low motivation, altered mood, rest/sleep patterns</div> <div>Date Initiated: 02/20/2024</div> <div>Created on: 02/20/2024</div> <div>Created by: Megan McLoughlin (Recreation Aide)</div> <div>Revision on: 02/20/2024</div> <div>Revision by: Megan McLoughlin (Recreation Aide)</div>			<div>music therapy and music -based programs; sing-songs, hymn Sings, Java music club and special entertainment.</div> <div>Date Initiated: 10/13/2025</div> <div>Created on: 10/13/2025</div> <div>Created by: Megan McLoughlin (Recreation Aide)</div> <div>Revision on: 10/13/2025</div> <div>Revision by: Megan McLoughlin (Recreation Aide)</div>				
<div>• Potential to experience anaphylaxis, related to ALLERGY of Codeine</div> <div>Date Initiated: 02/12/2024</div> <div>Created on: 02/12/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 02/14/2024</div> <div>Revision by: Snehdeep Kaur (RN)</div>		<div>• Toni will be protected from exposure to allergen each day through next review date.</div> <div>Date Initiated: 05/27/2025</div> <div>Created on: 02/12/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 05/27/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Target Date: 02/27/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Toni with Anaphylaxis for changes to health status and complications.</div> <div>Date Initiated: 02/12/2024</div> <div>Created on: 02/12/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 03/01/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• MD/PHARMACY ALERT: Notify the MD and Pharmacy of Toni Allergy to Codeine and minimize risk for exposure to allergen.</div> <div>Date Initiated: 02/12/2024</div> <div>Created on: 02/12/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 02/14/2024</div> <div>Revision by: Snehdeep Kaur (RN)</div>				
<div>• Nutrition Risk Level</div> <div>Date Initiated: 02/13/2024</div>		<div>• Tonnie will be adequately nourished aeb consuming >75%</div>	<div>• NUTRITION RISK: Antonia is MODERATE risk level.</div> <div>Date Initiated: 02/13/2024</div> <div>Dietitian (RD)</div>				
Allergies	Codeine		D.O.B.	11/11/1926		Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024		Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager)		at meals and snacks through to next review date. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 02/23/2024 Revision by: Mark Chan (Dietitian (RD)) Target Date: 02/27/2026 • Will weigh within realistic weight range of 46-59 kg / BMI 18-23 through to next review date. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 02/20/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/27/2026 • Tonnie will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 51.1 kg through to next review date. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 05/24/2025 Revision by: Maria Ghobrial (Dietitian (RD))	Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 02/23/2024 Revision by: Mark Chan (Dietitian (RD)) • DIET ORDER: Tonnie will receive REGULAR diet, REGULAR (SOFT) texture Avoid tough meats like pork chops. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 12/17/2024 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID CONSISTENCY: Antonia drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 02/13/2024 Revision by: Jonathan Reid (FSM - Food Services Manager) • FLUID TARGET: Encourage Tonnie to drink a minimum of 1020 ml per day. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 05/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DINING INSTRUCTIONS: Tonnie can get overstimulated at meals which causes stress and may affect her intake. If possible, turn music off or down. Date Initiated: 02/23/2024 Created on: 02/23/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 02/23/2024 Revision by: Mark Chan (Dietitian (RD)) • FOOD PREFERENCES: Antonia enjoys eating Beef Lasagna. Dislikes eating Red Cabbage, pork. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager)		PCA	
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none">• Nutrition Risk Level Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Jonathan Reid (FSM - Food Services Manager)		Target Date: 02/27/2026	Revision on: 02/13/2024 Revision by: Jonathan Reid (FSM - Food Services Manager) • MEDPASS SUPPLEMENTS: 60mL Resource 2.0 TID (provides 360kcal, 15g pro). Date Initiated: 03/26/2024 Created on: 03/26/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 08/22/2024 Revision by: Maria Ghobrial (Dietitian (RD))		RN Registered Practical Nurse	
<ul style="list-style-type: none">• Expressed Wishes and Beliefs related to Antonia's Medical Treatment and End of Life Care Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/13/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none">• To support and honor Antonia's expressed wishes and beliefs through to the End of Life. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/13/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026	<ul style="list-style-type: none">• CPR: Antonio's wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 02/13/2024 Created on: 02/13/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/13/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none">• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, mumbled speech related to Hard of hearing to related to Meniere's Disease. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024		<ul style="list-style-type: none">• Toni will be supported to make basic needs known each day through to the review date. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator)	<ul style="list-style-type: none">• HEALTH TEACHING: Engage with Toni/SDM to enhance their knowledge of (specify: communication devices, hearing aids, change in health status, etc.) affecting communication ability. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN) • PRIMARY LANGUAGE: Toni's primary language is Dutch. she is able to speak/understand English.			
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Target Date: 02/27/2026	<p>Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p> <p>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases, Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p> <p>• INSTRUCTION GUIDANCE: Toni needs (SPECIFY; minimal, intermittent, or constant) cueing or demonstrative instruction in tasks and activities. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p>				
<p>• Altered VISION related to Glaucoma and Macular Degeneration. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To treat and minimize complications of ; Glaucoma, through to next review date. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026</p>	<p>• HEALTH TEACHING: Engage with TOnito enhance their knowledge of Glaucoma, affecting vision. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p> <p>• EYEGLASSES: Toni wears eyeglasses. Assist to clean eyeglasses as needed and PCA store (Specify, on night table, in night table drawer, etc.) when sleeping. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p>				
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</p>		<p>• To treat and minimize signs/symptoms or complications associated with</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Toni with Hypertension for changes to health status and alteration or complications affecting cardiac function.</p>				
Allergies	Codeine			D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)			Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Hypertension through to the next review date. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/27/2026	Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/01/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for Hypertension Diagnosis as per MD Order and monitor for side effects. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Practical Nurse RN	
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Toni will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 11/27/2025 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/27/2026	• BATHING: Toni prefers Shower on Tuesday and Saturday Evening and need 1 Staff PCA to provide EXTENSIVE assistance. Toni has a tendency to refuse her shower x staff to Re-approach, If continue to refuse then respect her wishes. Staff to strip the linens, wipe the mattress with Virox and place new linens. Nail care to be provided on Shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/27/2025 Revision by: Edna James (Registered Practical Nurse) • BED MOBILITY: Toni requires 1 staff to provide LIMITED assistance. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DRESSING: TONI requires LIMITED to EXTENSIVE assistance from one staff for dressing. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/24/2025 Revision by: Danielle Knott (ADOC) • EATING: Toni requires 1 staff to provide EXTENSIVE to TOTAL assistance with		PCA	
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			eating. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: TONI is able to walk using a walker, WITH 1 STAFF TO PROVIDE PCA SUPERVISION to LIMITED assistance for locomotion on and off unit. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: TONI is able to maintain hygiene with 1 staff to provide PCA EXTENSIVE to MAXIMAL assistance for hygiene. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: 1 staff to provide REMINDER, assistance to use soap/water, PCA apply sanitizer for hand hygiene. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN) • TOILET USE: Toni requires 1 staff to provide LIMITED to EXTENSIVE assistance. PCA Toni has a Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) • TRANSFERRING: TONI requires 1 staff to provide LIMITED to EXTENSIVE PCA			
Allergies	Codeine		D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)		Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance <p>Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>assistance for transferring. Momo DEVICE IN PLACE. Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> ORAL CARE:TONI has Partial UPPER Plate 1 staff to provide SUPERVISION, for oral care. <p>Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p> <ul style="list-style-type: none"> FOOT CARE: PSW, to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 02/12/2024 Created on: 02/12/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2024 Revision by: Snehdeep Kaur (RN)</p> <ul style="list-style-type: none"> SPECIFIC RESIDENT Request: Antonia can get up after 10AM from bed if she is resistive before breakfast. <p>Date Initiated: 07/24/2024 Created on: 07/24/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/24/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <ul style="list-style-type: none"> SPECIAL FAMILY REQUEST: Hairdresser 's appointment every 10 weeks. <p>Date Initiated: 05/31/2024 Created on: 05/31/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/31/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	

Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

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Allergies	Codeine	D.O.B.	11/11/1926	Physician	Constantine George KARNIS
Diagnosis	Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Degeneration of macula and posterior pole(H35.3), Unspecified dementia(F03), Meniere's disease(H81.0)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	HESKES, ANTONIA (925171002153)	Admission Date	02/12/2024	Location	Orchid Trail 204OT 2
Last Care Plan Review Completed:		11/27/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Alteration in skin integrity related to BRUISE to Left outer wrist. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Edna James (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of BRUISE by next review date. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Agnes/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with BRUISE for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Edna James (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 12/30/2025 Created on: 12/30/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/30/2025 Revision by: Edna James (Registered Practical Nurse)</p>			
<p>• Alteration in skin integrity related to BRUISE to right lower leg. Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of BRUISE by next review date. Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Agnes/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with BRUISE for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Edna James (Registered Practical Nurse)</p>			
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			



Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Alteration in skin integrity related to BRUISE to right lower leg. Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse) 		Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse) <ul style="list-style-type: none"> • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 12/22/2025 Created on: 12/22/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)			
<ul style="list-style-type: none"> • Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Deafness, Expressive and Receptive Aphasia Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator) 	<ul style="list-style-type: none"> • Mary will be supported to make basic needs known each day through to the review date. Date Initiated: 09/26/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/26/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Mary/SDM for decision making about strategies needed to support effective communication. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH TEACHING: Engage with Mary/SDM to enhance their knowledge of change in health status affecting communication ability. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator) • PRIMARY LANGUAGE: Mary's primary language is English. She is able to speak/understand) English. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/02/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SUPPORTIVE TECHNIQUES: - Use communication techniques that accommodate Mary's hearing impairment such 			
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Deafness, Expressive and Receptive Aphasia Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/18/2025 Revision by: Richele Rosales (RAI Coordinator)			as speaking clearly and facing her directly. - Allow time to respond, repeat as needed, ask yes/no questions, use simple words/phrases. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/29/2025 Revision by: Richele Rosales (RAI Coordinator)				
• MARY is experiencing episode of INFECTION - WOUND ON LEFT LOWER LEG. Onset date -1 DEC 2025 Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/01/2025 Revision by: Harsimran Kaur (Registered Nurse)		• To have infection adequately managed and treated without further complications by next review date. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/08/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/03/2025 Revision by: Donna Duah (RN) • HEALTH EDUCATION: Engage with Mary/SDM to enhance their knowledge of infection control practices hand hygiene, visitation, transmission, etc. Date Initiated: 12/01/2025 Created on: 12/01/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/01/2025 Revision by: Harsimran Kaur (Registered Nurse) • SUPPORT: Utilize holistic perspective in supporting Mary through infection recovery including rest preferences, hydration, nutrition, emotional/spiritual needs, pain management, alternative therapies, music, etc. until recovered. Date Initiated: 12/01/2025 Created on: 12/01/2025			RN Registered Practical Nurse PCA	
Allergies	Tomatoes			D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• MARY is experiencing episode of INFECTION - WOUND ON LEFT LOWER LEG. Onset date -1 DEC 2025</p> <p>Date Initiated: 12/01/2025</p> <p>Created on: 12/01/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 12/01/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>		<p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 12/01/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• VITAL SIGNS: Monitor VITAL SIGNS - temperature while on antibiotics.</p> <p>Date Initiated: 12/01/2025</p> <p>Created on: 12/01/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 12/01/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• MEDICATIONS: Administer medication as per MD/NP order.</p> <p>Date Initiated: 12/01/2025</p> <p>Created on: 12/01/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 12/01/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>	Registered Practical Nurse		
<p>• Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to left lateral calf and left leg below the knee</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Rashminder Kaur (Registered Practical Nurse)</p> <p>Revision on: 11/26/2025</p> <p>Revision by: Rashminder Kaur (Registered Practical Nurse)</p>	<p>• To promote optimal healing of SKIN TEAR through next review date.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Rashminder Kaur (Registered Practical Nurse)</p> <p>Revision on: 12/03/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/27/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to left lower leg lateral for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Rashminder Kaur (Registered Practical Nurse)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <p>• TREATMENT PLAN: Administer treatment for SKIN TEAR to left lower leg lateral as per MD Order.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Rashminder Kaur (Registered Practical Nurse)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 11/20/2025</p> <p>Created on: 11/20/2025</p> <p>Created by: Rashminder Kaur (Registered Practical Nurse)</p>			
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to left lateral calf and left leg below the knee <p>Date Initiated: 11/20/2025 Created on: 11/20/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 11/26/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>		<p>Revision on: 11/20/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> • Active ROM. <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> • To prevent further deterioration of Mary's strength from grade 3/5 in 6-8 months. (Manual Muscle Test) <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/27/2026</p>	<ul style="list-style-type: none"> • Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/ toes/ shoulder/elbow/ wrist/fingers/thumb) AAROM, PROM progress to pulleys/ bike as possible 3/wk. <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>	PT - Physiotherapist PTA		
<ul style="list-style-type: none"> • Increased risk for FALLS related to Dx. of Dementia, <p>Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/29/2025 Revision by: Danielle Knott (ADOC)</p>	<ul style="list-style-type: none"> • To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. <p>Date Initiated: 09/26/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Agnes/SDM in decision making in fall prevention Plan of Care. <p>Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p>			
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
		(RAI Coordinator) Revision on: 09/26/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026	<ul style="list-style-type: none">• CALL BELL: Place call bell within Agnes's reach and remind/encourage her to use it. Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse)• ADAPTIVE EQUIPMENT: Mary needs adaptive equipment: wheelchair Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse)• ENVIRONMENT: Secure environment reduce clutter, night light, toilet height, quiet environment, reduce fall risk for Agnes Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/20/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)• BED: place bed in lowest position, use high/low bed, etc. to lower risk for injury. Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse)• FOOTWEAR: Ensure Mary wears appropriate footwear non skid footwear all the time. Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse)• HIP PROTECTORS: Mary wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 07/02/2025							
									PCA	D/E/N
									PCA	
									PCA	
									PCA	
									PCA	
									PCA	
									PCA	
									PCA	
									PCA	D/E/N
Allergies	Tomatoes			D.O.B.	04/12/1932		Physician	Constantine George KARNIS		
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)									
Facility	Wellington Park Care Centre						Print Date	1/4/2026		
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024		Location	Orchid Trail 202OT 1		
Last Care Plan Review Completed:		09/26/2025								

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Increased risk for FALLS related to Dx. of Dementia, Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/29/2025 Revision by: Danielle Knott (ADOC)			Created on: 05/12/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. PCA Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • FLOOR MAT: Position crash mats on floor on left and right side of bed to lower risk of injury. PCA Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse) • ALARMS: Momo bed sensor in place. Requires Bed/Chair alarm. Check placement and working order. Staff respond when alarm is heard. PCA Date Initiated: 07/02/2025 Created on: 12/19/2024 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 07/02/2025 Revision by: Richele Rosales (Registered Practical Nurse)					D/E/N
• Potential to experience (rash, hives) related to ALLERGY of Raw tomatoes. Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Donna Duah (RN) Revision on: 08/24/2025 Revision by: Donna Duah (RN)		• Agnes will be protected from exposure to allergen each day through next review date. Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Donna Duah (RN) Revision on: 08/24/2025 Revision by: Donna Duah (RN) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Agnes/SDM in decision making and health teaching about ALLERGY to Raw Tomatoes. Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Donna Duah (RN) Revision on: 08/24/2025 Revision by: Donna Duah (RN) • ALLERGY ALERT: Agnes has ALLERGY to raw tomatoes. Prevent contact with and report if noted to experience symptoms (rash, hives). Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Donna Duah (RN)				RN Registered Practical Nurse Registered Practical Nurse RN	
Allergies	Tomatoes			D.O.B.	04/12/1932	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024	Location	Orchid Trail 202OT 1	
Last Care Plan Review Completed:		09/26/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience (rash, hives) related to ALLERGY of Raw tomatoes. Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Donna Duah (RN) Revision on: 08/24/2025 Revision by: Donna Duah (RN)</p>		<p>Revision on: 08/24/2025 Revision by: Donna Duah (RN)</p>			
<p>• Potential for Expressive Behaviour of (VERBAL, SOCIALLY Inappropriate, RESISTANCE to care need) nature related to Symptom Progression of Dementia/Alzheimer. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 07/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote safety for Agnes and/or others during each episode of (specify Expressive Behaviour) through to the next review date. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 12/28/2024 Revision by: Donna Duah (RN) Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Agnes/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 12/28/2024 Revision by: Donna Duah (RN)</p> <p>• TRIGGERS leading to SOCIALLY Inappropriate (disruptive vocalizations, smearing feces, disrobing) as expression of behaviour include (confusion, decreased insight, poor judgement, limitation in communication, over stimulation). Agnes wears onesie pajama's as an intervention to prevent fecal smearing. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Donna Duah (RN) Revision on: 07/02/2025 Revision by: Angelika Joniec (ADOC)</p> <p>• SOCIALLY Inappropriate Behaviour: If Agnes is noted to (make loud disruptive noises in dining room/program) gently redirect her (to focus on task at hand, to move to quieter area). Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p>	<p>BSO - Internal Social Worker</p> <p>RN PCA</p> <p>RN Registered Practical Nurse</p>		
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of (VERBAL, SOCIALLY Inappropriate, RESISTANCE to care need) nature related to Symptom Progression of Dementia/Alzheimer.</p> <p>Date Initiated: 12/28/2024</p> <p>Created on: 12/28/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 07/08/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>• WANDERING: Permit Agnes to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed.</p> <p>Date Initiated: 12/28/2024</p> <p>Created on: 12/28/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 12/28/2024</p> <p>Revision by: Donna Duah (RN)</p>			PCA RN Registered Practical Nurse	
			<p>• ENVIRONMENT: Agnes is most calm with (dim lighting, door closed, quiet area, small groups, etc.)</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 01/02/2025</p> <p>Revision by: Donna Duah (RN)</p>			Registered Practical Nurse PCA RN	
			<p>• MEDICATION: Administer medication for therapeutic treatment of (Expressed Behaviour) as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 01/02/2025</p> <p>Revision by: Donna Duah (RN)</p>			Registered Practical Nurse RN	
<p>• Potential for Persistent PAIN and alteration in comfort level related to Osteoarthritis Diagnosis and Right Great Toe.</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/03/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p>		<p>• To promote Mary's comfort and effectively manage PERSISTENT pain each day through to the next review.</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 02/26/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Agnes/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/19/2024</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p>			RN Registered Practical Nurse	
Allergies	Tomatoes			D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<p>Date Initiated: 07/03/2025 Created on: 07/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 07/03/2025 Revision by: Edna James (Registered Practical Nurse)</p> <p>• PHYSIO TREATMENT: Agnes to receive Hot pack to sore muscles as needed.</p> <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/28/2025 Revision by: Danielle Knott (ADOC)</p> <p>• REST: accommodate Mary rest and relaxation preference</p> <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/28/2025 Revision by: Danielle Knott (ADOC)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/28/2025 Revision by: Danielle Knott (ADOC)</p>			Registered Practical Nurse RN PTA	
<p>• Transfers.</p> <p>Date Initiated: 06/20/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 06/20/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To improve transfer from assisted x2 to 1 XA in 6-8 months</p> <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/27/2026</p>	<p>• assist x1-2 Mary with sit -> stand transfer from bed, chair 3/wk.</p> <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• Mary to perform balance exercises in sitting using physical and verbal cues 3/wk.</p> <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	Tomatoes		D.O.B.	04/12/1932	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)		Admission Date	12/19/2024	Location	Orchid Trail 202OT 1	
Last Care Plan Review Completed:		09/26/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Transfers. <p>Date Initiated: 06/20/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 06/20/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"> To prevent a decline in transfers from Assist x2 in 3 months. <p>Date Initiated: 09/24/2025 Created on: 12/19/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/27/2026</p>				
<ul style="list-style-type: none"> At risk for social isolation and/or alteration to psycho-social well-being related to cognitive limitation, rest/sleep patterns <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/02/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>		<ul style="list-style-type: none"> Team members will support Mary in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/27/2026</p> <ul style="list-style-type: none"> Mary will improve/maintain ISE score of 3 by the next review date. <p>Date Initiated: 04/04/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/21/2025 Revision by: Megan McLoughlin</p>	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite Mary to programs of personal interest; sing-songs, noodleballoon, bingo, manicures and special entertainment. <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/02/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage Mary to engage in self-directed activities such as reading the Daily Chronicle, listening to music on the tablet, conversing with peers and watching TV. <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/02/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> ASSISTANCE: Provide assistance/encouragement to get Mary to scheduled activities. <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/02/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> HELPFUL HINTS: Mary prefers to go by her middle name, Agnes. 			
Allergies	Tomatoes		D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)		Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• At risk for social isolation and/or alteration to psycho-social well-being related to cognitive limitation, rest/sleep patterns</p> <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/02/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	<p>(Recreation Aide) Target Date: 03/27/2026</p> <p>• To support Mary's psycho-social well being through to the next review.</p> <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/02/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/27/2026</p>	<p>Mary was a dedicated music teacher and playing the piano was an important part of her life. Music remains meaningful to Mary, so incorporating music into her daily routine is important.</p> <p>Mary's participation in group programs varies each day depending on her sleep patterns, as she prefers to take regular naps throughout the day.</p> <p>Mary has significant hearing loss, which can make communication challenging. Using a whiteboard (found in her room) is an effective way to support communication. Mary is often cold, so offering her extra layers or a blanket can help keep her comfortable.</p> <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/21/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Music has always been an important part of Mary's life. To support this, recreation team members will encourage her participation in music-related programs such as Musical Bingo, Sing-Songs, Harmonious Hymns, Java Music Club and special entertainment. Mary will also be offered opportunities to listen to music (specifically piano music) on the tablet with headphones. Additionally, a Music Therapist visits bi-weekly to further support her engagement with music.</p> <p>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	Recreation Aide		
<p>• Use of PASD Bedrails to assist Mary with Activity of Daily Living (bed mobility and transfer).</p> <p>Date Initiated: 01/23/2025 Created on: 01/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Mary will be effectively supported with use of bedrails to optimize Activity of Daily Living (bed mobility and transfers) each day through to the next review date.</p> <p>Date Initiated: 01/23/2025 Created on: 01/23/2025 Created by: Vesey Muthu-Vojtek</p>	<p>• HEALTH EDUCATION: Engage with Mary/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bedrails.</p> <p>Date Initiated: 01/23/2025 Created on: 01/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Mary for continued benefit to use bedrails as to support appropriate (bed mobility and transfers).</p>			
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Coordinator)	(RAI Coordinator) Revision on: 01/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Date Initiated: 01/23/2025 Created on: 01/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 in USE as a PASD to assist Mary with bed mobility, PCA transfer in/out of bed. Monitor every shift. Date Initiated: 01/23/2025 Created on: 01/23/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/23/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		D/E/N	
• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 01/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 04/04/2025 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 04/04/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 01/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Mary using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 01/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DE-PRESCRIBING MEDICATION; Monitor Mary for signs/symptoms during period when medications are titrated. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Donna Duah (RN) Revision on: 01/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.	Registered Staff		
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications.</p> <p>Date Initiated: 12/28/2024</p> <p>Created on: 12/28/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 01/15/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Date Initiated: 12/28/2024</p> <p>Created on: 12/28/2024</p> <p>Created by: Donna Duah (RN)</p> <p>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</p> <p>Date Initiated: 12/28/2024</p> <p>Created on: 12/28/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 01/15/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Potential to experience alteration in MOOD as exhibited by (Specify symptoms) related to Loss of Independence, Inability to cope with change, Dementia</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p>		<p>• Mary will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 01/02/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Mary(SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 01/15/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Provide education and support to Mary/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p> <p>Created by: Edna James (Registered Practical Nurse)</p> <p>Revision on: 01/15/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Agnes for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.</p> <p>Date Initiated: 01/02/2025</p> <p>Created on: 01/02/2025</p>			RN Registered Practical Nurse	
Allergies	Tomatoes			D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (Specify symptoms) related to Loss of Independence, Inability to cope with change, Dementia <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Edna James (Registered Practical Nurse)</p>			<p>Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> FAMILY SUPPORT: Agnes enjoys visits from (family members and friends). <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> SLEEP/REST: Promote adequate sleep and rest to stability of Agnes mood. Report changes in sleeping habits to Registered Staff as noted. <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2025 Revision by: Donna Duah (RN)</p>			<p>RN Registered Practical Nurse PCA</p> <p>RN Registered Practical Nurse PCA</p> <p>PCA RN Registered Practical Nurse</p>	
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes short term and long term memory loss, difficulty concentrating, altered judgement, etc. related to progression of Dementia <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none"> Mary will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. <p>Date Initiated: 06/26/2025 Created on: 01/02/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Agnes/SDM in decision making of Cognitive Loss for short term and long term memory loss due to dementia. <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Mary/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of memory loss. <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025</p>			Social Worker	
Allergies	Tomatoes			D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • ORIENTATION: Gently reorient to person, place, time as needed when Agnes is feeling lost or in confused state. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse) • COGNITIVE STIMULATION: Guide Agnes in activities to stimulate cognitive function activity;- bridge, puzzles, reading, trivia, etc. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse) 				
<ul style="list-style-type: none"> • Sleep Patterns; Potential for alteration in sleep patterns related to Dementia diagnosis Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) 	<ul style="list-style-type: none"> • To promote adequate rest/sleep for Agnes based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) Target Date: 03/27/2026 	<ul style="list-style-type: none"> • REST PATTERN: Preferred bedtime 2000-2100, usual wake time 0700-0800. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) • SLEEPWEAR: Agnes prefers to wear onesies. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/09/2025 Revision by: Richele Rosales (Registered Practical Nurse) 	PCA	PCA		
<ul style="list-style-type: none"> • Potential for BOWEL INCONTINENCE related to Dementia diagnosis Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) 	<ul style="list-style-type: none"> • Agnes will have bowel incontinence managed every shift through to the next review period. Date Initiated: 12/19/2024 Created on: 12/19/2024 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with SDM for decision making about incontinence management. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 				
Allergies	Tomatoes		D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)		Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse)		Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) Target Date: 03/27/2026	Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) • BOWEL Continence level is Total Incontinence. Report change to level as noted. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) • INCONTINENCE PRODUCT: Resident uses Blue brief at all times. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		PCA	
• URINARY Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse)		• Agnes will have urinary incontinence managed every shift through to the next review period. Date Initiated: 09/26/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/26/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with SDM for decision making about incontinence management. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) • URINARY Continence level is TOTAL Incontinent. Report change to level as noted. Date Initiated: 12/19/2024		PCA	
Allergies	Tomatoes		D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)		Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY Functional INCONTINENCE related to Dementia Diagnosis Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse)			Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse) • CHECK and CHANGE: Agnes experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses Blue brief at all times.		PCA	
• Nutrition Risk Level Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Agnes will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/27/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/27/2026 • Will weigh within IBW range of 54-69kg (BMI 18-23) through to next review date. Date Initiated: 12/19/2024 Created on: 12/19/2024	• NUTRITION RISK: Agnes is MODERATE risk level. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 03/27/2025 Revision by: Maria Ghobrial (Dietitian (RD)) • DIET ORDER: Agnus will receive Regular diet, PUREED texture. Staff to ensure mouth is clear of food after meals and snacks. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/16/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Angus drinks REGULAR/THIN Level 0 Fluids.		Dietitian (RD)	
Allergies	Tomatoes		D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)		Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Date Initiated: 12/27/2024 Created on: 12/27/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/27/2026	• FLUID TARGET: Encourage Agnes to drink a minimum of 1250 ml per day. Date Initiated: 12/27/2024 Created on: 12/27/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 09/25/2025 Revision by: Julia Pilca (Dietitian (RD))				PCA	
		• Agnes will be adequately hydrated aeb drinking at least 100% of total fluid requirement @25 ml/kg, 50kg through to next review date. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 09/25/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/27/2026	• DINING INSTRUCTIONS: Offer drinks between bites. Mary has been provided 1 sippy cup that she uses with a straw. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 12/16/2025 Revision by: Julia Pilca (Dietitian (RD))				PCA Registered Practical Nurse	
		Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 09/25/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/27/2026	• ADAPTIVE AIDS: Agnus requires coloured lip plate at meals and snacks. Date Initiated: 01/30/2025 Created on: 01/30/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 01/30/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)				PCA	
		• To prevent choking and aspiration episodes through to the next review date. Date Initiated: 07/04/2025 Created on: 07/04/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 07/04/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 03/27/2026	• FOOD ALLERGY: raw tomatoes Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/25/2025 Revision by: Julia Pilca (Dietitian (RD))				PCA Restorative Care Aide	
			• FOOD PREFERENCES: Agnus likes tea with only milk. Has a sweet tooth, likes grilled cheese sandwiches and brown sugar in her hot cereal, baked beans and custard. Dislikes raw tomatoes. Prefers finger foods. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 06/09/2025 Revision by: Stephanie Isaak (Dietitian (RD))				PCA	
			• HIGH CALORIE/PROTEIN AM SNACK: Provide cheese portion daily. Date Initiated: 10/20/2025 Created on: 10/20/2025				PCA	D
Allergies	Tomatoes			D.O.B.	04/12/1932	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MACKINNON, MARY (925171002232)			Admission Date	12/19/2024	Location	Orchid Trail 202OT 1	
Last Care Plan Review Completed:		09/26/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
• Nutrition Risk Level Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		Created by: Julia Pilca (Dietitian (RD)) Revision on: 12/18/2025 Revision by: Julia Pilca (Dietitian (RD))			
• Expressed Wishes and Beliefs related to Agnes Medical Treatment and End of Life Care Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Donna Duah (RN) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse)	• To support and honor Agnes expressed wishes and beliefs through to the End of Life. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Donna Duah (RN) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 03/27/2026	• CPR: Agnes wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Donna Duah (RN) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse)			
• Altered VISION related to Macular Degeneration. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Donna Duah (RN)	• To treat and minimize complications of (dry eyes, Glaucoma) through to next review date. Date Initiated: 06/26/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025	• COMMUNICATION: Involve/collaborate with Agnes/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse) • HEALTH TEACHING: Engage with Agnes/SDM to enhance their knowledge of (Glaucoma) affecting vision.	PCA Registered		
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2024 Revision by: Donna Duah (RN) • EYEGLASSES: Agnes wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer) when sleeping. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2024 Revision by: Donna Duah (RN) • READING: Agnes uses (large print material, BRAILLE books, audio books, etc.) to aid with reading. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2024 Revision by: Donna Duah (RN)	Practical Nurse RN PCA PCA		
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 06/26/2025 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Mary's usual skin condition to Registered Staff as noted. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Agnes/SDM in health education regarding prevention of skin impairment and management of impaired skin integrity. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse) • EQUIPMENT: Agnes requires positioning devices (wedges) to offload pressure. Date Initiated: 07/22/2025	PCA PCA		
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Created on: 07/22/2025</p> <p>Created by: Danielle Knott (ADOC)</p> <p>Revision on: 07/22/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place.</p> <p>Date Initiated: 09/27/2025</p> <p>Created on: 09/27/2025</p> <p>Created by: Jaspreet Samra (RAI Coord Back-up)</p> <p>Revision on: 09/27/2025</p> <p>Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture. Specify frequency (ie.; after incontinence episode).</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/28/2024</p> <p>Revision by: Donna Duah (RN)</p>	PCA	Q2h	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Agnes will be supported to cope with changing functional abilities of daily living and have ADL care needs met each day through to the next review date.</p> <p>Date Initiated: 09/26/2025</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 09/26/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/27/2026</p>	<p>• BATHING: Agnes prefers shower/bath on MONDAY and SATURDAY morning. Agnes requires MAXIMAL to TOTAL assistance with showers. On Shower days, strip the linens, wipe mattress with Virox and place new linens.</p> <p>Nail care to be provided on shower/bath day.</p> <p>Date Initiated: 06/27/2025</p> <p>Created on: 06/27/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 12/13/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p> <p>• BED MOBILITY: Agnes requires EXTENSIVE to MAXIMAL assistance x 1-2 staff for bed mobility. She may require TOTAL assistance when she is tired.</p> <p>Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 09/23/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DRESSING: Agnes requires EXTENSIVE to TOTAL assistance for dressing.</p> <p>Date Initiated: 12/19/2024</p>	PCA		
Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• EATING: Agnes requires LIMITED to EXTENSIVE assistance x 1 staff for eating. PCA She may require TOTAL assistance when she stops eating. Check her mouth for packing food after each meal Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION: Agnes requires TOTAL assistance x 1 staff locomotion on and off PCA unit. Resident uses wheelchair for all locomotion Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/29/2025 Revision by: Danielle Knott (ADOC)</p> <p>• PERSONAL HYGIENE: Agnes requires EXTENSIVE to MAXIMAL assistance x 1-2 PCA staff for hygiene. Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HAND HYGIENE: 1 staff to provide LIMITED assistance to use soap/water, apply PCA sanitizer, rub hands together, dry hands for hand hygiene. Date Initiated: 12/19/2024</p> <p>Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• TOILET USE: Agnes requires MAXIMAL assistance x 2 staff, and may require PCA TOTAL assistance x 1 staff for toileting when she is tired. Agnes has Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. Trueloo reported</p>		
Allergies	Tomatoes		D.O.B.	04/12/1932
Physician	Constantine George KARNIS			
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)			
Facility	Wellington Park Care Centre			Print Date
Resident	MACKINNON, MARY (925171002232)		Admission Date	12/19/2024
Location	Orchid Trail 202OT 1			
Last Care Plan Review Completed:	09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility <p>Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Resident interference-Chronic issue and Staff to offer Hand Hygiene before meals and snacks Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> TRANSFERRING: Agnes requires MAXIMAL assistance x 2 staff (side by side) for transferring.MOMO device in place. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/23/2025 Revision by: Richele Rosales (RAI Coordinator) ORAL CARE: Mary has (TEETH) and is able to (SPECIFY strengths in oral care).1 staff to provide CUES, SUPERVISION assistance for oral care. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) FOOT CARE: Registered staff, Foot Care Nurse to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. Date Initiated: 12/19/2024 Created on: 12/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2024 Revision by: Harsimran Kaur (Registered Nurse) 	PCA	

Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

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Allergies	Tomatoes	D.O.B.	04/12/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Primary generalized (osteo)arthrosis(M15.0), Degeneration of macula and posterior pole(H35.3), Conductive hearing loss, unspecified(H90.2)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MACKINNON, MARY (925171002232)	Admission Date	12/19/2024	Location	Orchid Trail 202OT 1
Last Care Plan Review Completed:		09/26/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Alteration in skin integrity with risk for infection or complications related to pressure WOUND (Stage #2) to sacral area secondary to Pressure Injury Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>	<p>• To minimize risk of WOUND (Stage #2) infection each day until fully healed. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) Target Date: 02/21/2026</p> <p>• To promote optimal healing of WOUND (Stage #2) within 2 months, by February 10. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) Target Date: 02/21/2026</p>	<p>• TREATMENT PLAN: Administer treatment for Stage 2 pressure ulcer to sacrum as per MD Order. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <p>• HEALTH EDUCATION: Engage with marlene)/SDM to enhance his/her comprehension of suggested treatment and possible complications associated with Stage 2 pressure ulcer to sacrum . Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Stage 2 pressure ulcer to sacrum for changes to health status, wound infection and alteration or complications affecting skin integrity. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <p>• POSITIONING: Has Turning/Repositioning to off load pressure intervention in place; see Skin Impairment Risk Care Plan. Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse)</p>			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies	D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified (E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)	Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025			



Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Alteration in skin integrity with risk for infection or complications related to pressure WOUND (Stage #2) to sacral area secondary to Pressure Injury <p>Date Initiated: 12/13/2025 Created on: 12/13/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>			<p>Revision on: 12/13/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>			
<ul style="list-style-type: none"> • Alteration in skin integrity related to open lesion on right foot 2nd digit . <p>Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/11/2025 Revision by: Edna James (Registered Practical Nurse)</p>		<ul style="list-style-type: none"> • To promote intact skin integrity through healing of open lesion on right foot 2nd digit by next review date. <p>Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/11/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Marlene/SDM in decision making for treatment of open lesion right foot 2nd digit as skin issue. <p>Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/11/2025 Revision by: Edna James (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident with Open lesion right foot 2nd digit for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/11/2025 Revision by: Edna James (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed 			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies			D.O.B.	12/31/1937	Physician Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)			Admission Date	08/07/2024	Location Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Alteration in skin integrity related to open lesion on right foot 2nd digit . Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/11/2025 Revision by: Edna James (Registered Practical Nurse)			Date Initiated: 12/11/2025 Created on: 12/11/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/11/2025 Revision by: Edna James (Registered Practical Nurse)			
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: Marlene is of the Catholic faith. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)		<ul style="list-style-type: none"> • To provide Marlene spiritual support as interested through to the next review date. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide) Target Date: 02/21/2026	<ul style="list-style-type: none"> • SPIRITUAL PROGRAMS: Encourage Marlene to attend spiritual programs of her choice including Catholic Mass offered monthly in the home and HYmn Sings. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			
<ul style="list-style-type: none"> • Requires use of PASD (TILT wheelchair) to assist resident with Activity of Daily Living (comfort and repositioning). Date Initiated: 08/09/2024 Created on: 08/09/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 10/01/2025 Revision by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"> • Marlene will be effectively supported with use of (TILT wheelchair) to optimize Activity of Daily Living (comfort and repositioning) each day through to the next review date. Date Initiated: 08/09/2024 Created on: 08/09/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 02/14/2025	<ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with Marlene/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Tilt wheelchair. Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use TILT wheelchair as to support appropriate (comfort and repositioning). Date Initiated: 02/14/2025 Created on: 02/14/2025			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TILTED CHAIR in USE as a PASD to support Marlene with comfort and repositioning. Monitor every shift. Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	D/E/N
• Active ROM. Date Initiated: 08/13/2025 Created on: 08/09/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To improve joint flexibility and strength from grade 2+/ 5 to grade 3/5 in 6 months, (Manual Muscle Test) Date Initiated: 08/13/2025 Created on: 08/09/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026 • To prevent further deterioration of all joint's flexibility and strength from grade 2+/ 5 in 3 months. Date Initiated: 08/13/2025 Created on: 08/09/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026	• Provide AROM abduction/adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb)using ROM, AAROM, PROM with 1 XA 3/wk. Date Initiated: 08/13/2025 Created on: 08/09/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)			Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Active ROM. <p>Date Initiated: 08/13/2025 Created on: 08/09/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<ul style="list-style-type: none"> • To improve Marlene RT elbow/shoulder joint flexibility and AROM from initial to functional in 3 months. <p>Date Initiated: 08/13/2025 Created on: 08/09/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/13/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/21/2026</p>				
<ul style="list-style-type: none"> • Potential for Expressive Behaviour of VERBAL, PHYSICAL RESISTANCE to care need nature related to Symptom Progression of Dementia. <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> • Marlene will be supported to adjust to her new environment to lower risk of triggering former , PHYSICAL , VERBALLY inappropriate behaviour episodes through to the next review. <p>Date Initiated: 11/21/2025 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Marlene/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Marlene for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • TRIGGERS leading to PHYSICAL (Hitting, Punching, Slapping, Kicking,) as expression of behaviour include (anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, startling from sleep) <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		BSO - Internal Social Worker	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for Expressive Behaviour of VERBAL, PHYSICAL RESISTANCE to care need nature related to Symptom Progression of Dementia.</p> <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• TRIGGERS leading to VERBAL (yelling, screaming) as expression of behaviour include (loss of control, frustration,misunderstanding care intention) If Marlene wants to get up at night and calling out. Staff to assist her based on her needs and request Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/05/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs of (refusing to change clothing, refusal to bathe, refusal to eat, refusing medication) as expression of behaviour include (confusion, misunderstanding care needs, poor judgement, fearfulness) Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Marlene is declining to (bathe, change clothes, take medications, eat) re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Potential to experience alteration in MOOD as exhibited by declining meals/participate in activity related to Dementia.</p> <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• Marlene will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</p> <p>Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with (Marlene)/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• HEALTH EDUCATION: Provide education and support to Marlene/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 08/07/2024</p>	<p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p>			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 02/21/2026	<div>Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Marlene for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Marlene's quality of life. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DISTRACTION ACTIVITIES: Marlene can be calmed doing activities of interest including (listening to music, doing puzzles, watching movies) Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			Registered Practical Nurse	
<div>• STRONG PARTICIPATION in Activities. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</div>		<div>• Marlene will be supported to maintain participation in activities for a minimum of 10 times per month by the next review date. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/21/2026 • Marlene will maintain ISE score of 6 by the next review date.</div>	<div>• STRUCTURED ACTIVITIES: Invite Marlene to programs of personal interest; bingo, musical programs, word games, outdoor strolls and socials. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage Marlene to engage in self-directed activities such as watching TV, conversing with peers, listening to music and reading the Daily Chronicle. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) • ASSISTANCE: Provide assistance to get Marlene to scheduled activities Date Initiated: 10/21/2024</div>				
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)			Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• STRONG PARTICIPATION in Activities.</p> <p>Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)</p>		<p>Date Initiated: 05/22/2025 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/21/2026</p>	<p>Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Maria prefers to be addressed by her preferred name, Marlene.</p> <p>Marlene is a quiet individual who enjoys the company of others but values a calm, peaceful environment. She prefers to spend her leisure time in the Dining Room or Lounge where she can be around people while still maintaining a sense of tranquility. Marlene also appreciates having the ability to choose her own routine.</p> <p>Offer Marlene activities during her leisure time to keep her engaged, such as reading the Daily Chronicle, watching TV in her room/Lounge and conversing with her table mates/peers.</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide Marlene with individual visits for reminiscing and connection.</p> <p>Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Daughters and Grandchildren visit Marlene on a monthly basis.</p> <p>Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Marlene with music therapy, musical programs and music played on the tablet or radio.</p> <p>Date Initiated: 10/21/2024 Created on: 10/21/2024</p>			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • STRONG PARTICIPATION in Activities. Date Initiated: 10/21/2024 Created on: 10/21/2024 Created by: Adam Hamid (Recreation Aide) Revision on: 10/21/2024 Revision by: Adam Hamid (Recreation Aide)			Created by: Adam Hamid (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			
<ul style="list-style-type: none"> • Nutrition: Inadequate oral intake related to impaired cognitive ability, refusal of meals and supplements, changes in taste, appetite, preference Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Donna Duah (RN)		<ul style="list-style-type: none"> • Oral intake will be adequate to maintain nutritional status through to next review date Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Donna Duah (RN) Target Date: 02/21/2026	<ul style="list-style-type: none"> • Other Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Donna Duah (RN)			
<ul style="list-style-type: none"> • Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> • To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 02/20/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Marlene/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 08/07/2024 Created on: 08/07/2024			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• To promote fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 02/20/2025 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/20/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Marlene/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PROMOTE FLUIDS: Promote Marlene to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)			Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption. <p>Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> INTAKE/OUTPUT: Monitor intake and output every shift . <p>Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/19/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> Nutrition Risk Level <p>Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD))</p>		<ul style="list-style-type: none"> Marlene will be adequately nourished aeb consuming >50% at meals and snacks through to next review date. <p>Date Initiated: 11/14/2024 Created on: 11/14/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 01/16/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 02/21/2026</p> <ul style="list-style-type: none"> Will weigh within GWR of 42-53 kg/BMI 18-23 through to next review date. <p>Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD))</p>	<ul style="list-style-type: none"> Honor religious rituals related to diet: serve fish on Good Friday <p>Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 08/15/2024 Revision by: Maria Ghobrial (Dietitian (RD))</p> <ul style="list-style-type: none"> NUTRITION RISK: Marlene is HIGH risk level. <p>Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 08/15/2024 Revision by: Maria Ghobrial (Dietitian (RD))</p> <ul style="list-style-type: none"> DIET ORDER: Marlene will receive REGULAR diet, REGULAR (SOFT) texture. <p>Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 03/13/2025 Revision by: Maria Ghobrial (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Marlene drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 08/15/2024</p>		Dietitian (RD)	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved		
<div>• Nutrition Risk Level</div> <div>Date Initiated: 08/15/2024</div> <div>Created on: 08/15/2024</div> <div>Created by: Maria Ghobrial (Dietitian (RD))</div>		(RD)) Revision on: 08/15/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/21/2026	Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 08/15/2024 Revision by: Maria Ghobrial (Dietitian (RD))					
		• Marlene will be adequately hydrated aeb drinking 80% of total fluid requirement @25 ml/kg, 52.5 kg through to next review date. Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 05/15/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/21/2026	• FLUID TARGET: Encourage Marlene to drink a minimum of 1055 ml per day. Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 02/17/2025 Revision by: Maria Ghobrial (Dietitian (RD))		PCA			
			• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD))		Dietary aide PCA			
			• ADAPTIVE AIDS: Marlene requires lip plate and two handle cup at meals and snacks. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 09/18/2024 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager)		PCA			
			• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Maria Ghobrial (Dietitian (RD))		Diet PCA Recreational Therapy Aide	D/E		
			• FOOD PREFERENCES: Marlene enjoys eating soups, ice cream, and cottage cheese. Dislikes eating yogurt. Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 08/15/2024 Revision by: Maria Ghobrial (Dietitian (RD))		PCA			
			• HIGH FIBRE: Offer 125 ml peach juice at breakfast daily.		PCA	D/E		
		Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
		Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2		
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 08/15/2024 Created on: 08/15/2024 Created by: Maria Ghobrial (Dietitian (RD))			Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 11/11/2025 Revision by: Julia Pilca (Dietitian (RD))			
• Risk for Impaired SKIN INTEGRITY related to Medical Condition; Diabetes and Incontinence. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Marlene s' usual skin condition to Staff as noted. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Engage Marlene/SDM in health education regarding prevention of skin impairment and management of 2 stage pressure injury to sacrum. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EQUIPMENT: Marlene requires Offloading boots to always be worn, and positioning wedges to offload pressure. (refuses offloading boots). Date Initiated: 08/07/2024 Created on: 08/07/2024		PCA Registered Practical Nurse PCA	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Risk for Impaired SKIN INTEGRITY related to Medical Condition; Diabetes and Incontinence.</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/11/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			Created by: Vesey Muthu-Vojtek (RAI Coordinator)						
			Revision on: 08/12/2025						
			Revision by: Danielle Knott (ADOC)						
			• POSITIONING: Turn, reposition at least every 2 hours , when in bed/wheelchair to offload pressure. MOMO bed Sensor in place.						
			Date Initiated: 09/11/2024						
			Created on: 09/11/2024						
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)						
			Revision on: 09/27/2025						
			Revision by: Jaspreet Samra (RAI Coord Back-up)						
			• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture (after incontinence episode).						
			Date Initiated: 08/07/2024						
			Created on: 08/07/2024						
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)						
			Revision on: 08/10/2024						
<div>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia.</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/11/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• Marlene is severely impaired in cognition and will have needs interpreted and met each day through to the review date.</div> <div>Date Initiated: 11/21/2025</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 11/21/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/21/2026</div>	Revision by: Donna Duah (Registered Nurse)						
			• COMMUNICATION: Involve/collaborate with Marlene/SDM in decision making of Cognitive Loss for under diagnosis tab..						
			Date Initiated: 08/07/2024						
			Created on: 08/07/2024						
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)						
			Revision on: 08/10/2024						
			Revision by: Donna Duah (Registered Nurse)						
			• HEALTH TEACHING: Engage with Marlene/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss.						
			Date Initiated: 08/07/2024						
			Created on: 08/07/2024						
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)						
			Revision on: 08/11/2024						
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)						
			• ORIENTATION: Gently reorient to (person, place, time) as needed when Marlene is feeling lost or in confused state.						
			Date Initiated: 08/07/2024						
			Created on: 08/07/2024						
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)						
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies			D.O.B.	12/31/1937		Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	MILLER, MARIA Elena (925171002190)			Admission Date	08/07/2024		Location	Orchid Trail 212OT 2	
Last Care Plan Review Completed:		11/21/2025							

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)			
• Increased risk for FALLS related to Degenerative Disc Disease. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with (Marlene)/SDM in decision making in fall prevention Plan of Care. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • CALL BELL: Place call bell within Marlene's reach and remind/encourage to use it. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Marlene needs adaptive equipment: high/low bed, wheelchair. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED: (place bed in lowest position, use high/low bed) to lower risk for injury.		RN Registered Practical Nurse PCA PCA RN Registered Practical Nurse PCA Registered Practical Nurse RN PCA	D/E/N
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Increased risk for FALLS related to Degenerative Disc Disease. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)		Registered Practical Nurse RN PCA	
• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES). Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)		• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/ collaborate with (Marlene)/SDM in decision making of diabetes care management. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • HEALTH TEACHING: Engage with (Marlene)/SDM to enhance his/her comprehension of (treatment, possible complications, disease trajectory) associated with DIABETES. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024		RN Registered Practical Nurse RN Registered Practical Nurse	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<ul style="list-style-type: none">• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES). <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</p>			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Staff		
			• CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order.					
			Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)					
			• LIBRE MONITORING: Monitor glucose level as specified in manufacture instruction.					
			Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)					
			• RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order.			Registered Staff		
			Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)					
			• LAB WORK: Monitor lab and diagnostic results for (fasting blood glucose and/or HbA1c) and report results to MD as needed. Follow up as indicated.					
			Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)					
			Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)					
<ul style="list-style-type: none">• Potential to experience (hives). to ALLERGY of (Latex, keflex, E-mycin, Biaxin, Zithromax, Cipro, Levaquin Floxin) <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</p>		<ul style="list-style-type: none">• Marlene will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 05/22/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/22/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with (Marlene)/SDM in decision making and health teaching about ALLERGY to (Latex, keflex, E-mycin, Biaxin, Zithromax, Cipro, Levaquin Floxin). <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Marlene with (Latex, keflex, E-mycin, Biaxin, Zithromax, Cipro, Levaquin Floxin) for changes to health status and complications. <p>Date Initiated: 08/07/2024</p>			RN Registered Practical Nurse		
Allergies		Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies	D.O.B.	12/31/1937		Physician	Constantine George KARNIS	
Diagnosis		Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility		Wellington Park Care Centre					Print Date	1/4/2026
Resident		MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ALLERGY ALERT: Marlene has ALLERGY to (Latex, keflex, E-mycin, Biaxin, Zithromax, Cipro, Levaquin Floxin). Prevent contact with and report if noted to experience symptoms (rash, hives, swelling, difficulty breathing). Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Marlene Allergy to (Latex, keflex, E-mycin, Biaxin, Zithromax, Cipro, Levaquin Floxin) and minimize risk for exposure to allergen. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication as per MD Order. Monitor its effectiveness Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</div>			RN Registered Practical Nurse	
<div>• Potential for BOWEL INCONTINENCE related to Dementia Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</div>		<div>• Marlene will have bowel incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI</div>	<div>• COMMUNICATION: Involve/collaborate with Marlene/SDM) for decision making about (bowel function is incontinence). Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene for changes to health status, alteration of continence level or bowel function. Date Initiated: 08/07/2024</div>			Registered Practical Nurse RN PCA	PCA RN Registered
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)			Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Coordinator) Target Date: 02/21/2026	Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is TOTAL incontinence. Report change to level as noted. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Marlene uses Blue brief during day and Orange brief at night time. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)				Practical Nurse PCA RN Registered Practical Nurse PCA	
• URINARY (Functional) INCONTINENCE related to Dementia Diagnosis Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)		• Marlene will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with (Marlene/SDM) for decision making about (incontinence management). Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene for toileting needs, changes to health status and alteration of continence level Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is (TOTAL Incontinent). Report change to level as noted. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)				PCA Registered Practical Nurse PCA RN PCA RN	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2	
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY (Functional) INCONTINENCE related to Dementia Diagnosis Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)			Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • CHECK and CHANGE: Marlene experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Marlene uses Blue brief during day and Orange brief at night time. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/21/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		PCA	
					PCA Registered Practical Nurse RN	
• Potential for persistent PAIN and alteration in comfort level related to impingement syndrome of shoulder, chronic post-traumatic headache, and generalized body pain. Most Current MDS Pain Score is (fill in score) Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Nichole Seng (Registered Nurse)		• To promote Marlene comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with (Marlene)/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Marlene's satisfaction for pain control. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: Position in chair/bed for optimal comfort (FREQ). (Marlene) prefers to be positioned every 2 to 3hrs and as needed. Date Initiated: 08/07/2024 Created on: 08/07/2024		Registered Practical Nurse RN	
					RN Registered Practical Nurse PCA Registered Practical Nurse	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none">• Potential for persistent PAIN and alteration in comfort level related to impingement syndrome of shoulder, chronic post-traumatic headache, and generalized body pain. Most Current MDS Pain Score is (fill in score) <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Nichole Seng (Registered Nurse)</p>		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none">• REST: accommodate Marlene rest and relaxation preference (breaks between activities). <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">• MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Resident may refuse to take oral medication.</p> <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	<p>RN</p> <p>Registered Practical Nurse RN PCA</p> <p>Registered Practical Nurse RN</p>			
<ul style="list-style-type: none">• Expressed Wishes and Beliefs related to Marlene's Medical Treatment and End of Life Care <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none">• To support and honor Marlene's expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none">• CPR: Marlene wishes express NO CPR and NO TRANSFER to hospital.plan includes death at home - see PoET Individualized Summary <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<ul style="list-style-type: none">• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024</p>	<ul style="list-style-type: none">• To promote adequate rest/sleep for Marlene based on identified sleep patterns/preferences each night	<ul style="list-style-type: none">• PREFERENCE: Marlene likes to have head of bed elevated to fall asleep. <p>Date Initiated: 08/09/2024 Created on: 08/09/2024 Created by: Nichole Seng (Registered Nurse)</p>	<p>RN Registered Practical Nurse</p>			
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		through to the next review date Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) Target Date: 02/21/2026	Revision on: 11/21/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • REST PATTERN: Marlene sleeps late, likes to watch TV and will inform staff when she is ready to go to bed. Elevate Marlene' HOB due to shortness of breath. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/22/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • SLEEPWEAR: Marlene prefers to wear (long/short night gown, pajamas bottoms). Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITOR: Monitor Marlene sleeping patterns. Document when awake or asleep. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/26/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			PCA PCA Registered Practical Nurse PCA	Q1H
• Potential for altered bone density related to diagnosis of OSTEOarthritis in the knee. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize complications associated with OSTEOarthritis through to the next review date. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/ collaborate with (Marlene)/SDM in decision making of osteoporosis care management. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • HEALTH EDUCATION: Engage with (Marlene)/SDM to enhance her comprehension of (treatment, possible complications) associated with osteoporosis. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for osteoporosis management. Monitor			Registered Practical Nurse RN RN Registered Practical Nurse Registered	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential for altered bone density related to diagnosis of OSTEOarthritis in the knee. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>effectiveness and for side effects.</p> <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Marlene for management of osteoporosis for discomfort/ complications or changes to health status. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">• PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Staff	
<ul style="list-style-type: none">• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance due to Degenerative Disc Disease. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">• Marlene will have ALL ADL care needs met each day through the next review date. <p>Date Initiated: 11/21/2025 Created on: 11/21/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026</p>	<ul style="list-style-type: none">• BATHING: Marlene prefers shower on Wednesday Evenings and Sunday Days. <p>Marlene requires 2 staff to provide TOTAL assistance for showers. Marlene prefers bed bath especially since her eye surgery. If she has a shower, she feels the cold quickly so keep her covered with towels during the process. On Shower days, strip the linens, wipe mattress with Virox and place new linens.</p> <p>Nail care to be provided on shower/bath day. Resident tends to refuse nail care; staff to re-approach and if Marlene still refuses, respect her wishes and report to Registered Staff.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/09/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none">• BED MOBILITY: Marlene requires 2 staff to provide TOTAL assistance for bed mobility. <p>Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Revision on: 08/07/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• DRESSING: Marlene requires 2 staff to provide TOTAL assistance for dressing. PCA</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/07/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• EATING: Marlene requires 1 Staff to provide SUPERVISION for eating. (Marlene is a slow eater and will be served first during meals). PCA</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 11/07/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• LOCOMOTION: Marlene requires 1 staff to provide TOTAL assistance for locomotion on and off unit. PCA</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 02/20/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• PERSONAL HYGIENE: Marlene requires 1-2 staff to provide TOTAL assistance for hygiene. PCA</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 02/20/2025</div> <div>Revision by: Alison McAulay (RN)</div> <div>• HAND HYGIENE: 1 staff to provide TOTAL assistance to apply sanitizer, rub hands together, dry hands for hand hygiene. PCA</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/07/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance due to Degenerative Disc Disease.</div> <div>Date Initiated: 08/07/2024</div> <div>Created on: 08/07/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 08/07/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			• TOILET USE: Marlene requires TOTAL assistance x 2 staff. She is completely unaware when she has been incontinent and will not use the bell. Her brief is changed in bed.			PCA	
			Date Initiated: 08/07/2024				
			Created on: 08/07/2024				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				
			Revision on: 08/11/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• TRANSFERRING: Marlene requires 2 staff to provide TOTAL assistance for transferring using MECHANICAL LIFT			PCA	
			Date Initiated: 08/07/2024				
			Created on: 08/07/2024				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				
			Revision on: 08/07/2024				
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
			• TRANSFER LIFT/SLING: Hoyer lift and SMALL SIZE of sling needed for transfer.				
			Date Initiated: 08/07/2024				
			Created on: 08/07/2024				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				
			Revision on: 08/07/2024				
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
			• ORAL CARE: Marlene has OWN TEETH and requires 1 staff to provide up to EXTENSIVE assistance.			PCA	
			Date Initiated: 08/07/2024				
			Created on: 08/07/2024				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				
			Revision on: 02/20/2025				
			Revision by: Alison McAulay (RN)				
			• FOOT CARE: Foot care nurse to see Marlene every six weeks			PCA	
			Date Initiated: 08/07/2024				
			Created on: 08/07/2024				
			Created by: Vesey Muthu-Vojtek (RAI Coordinator)				
			Revision on: 08/15/2024				
			Revision by: Harsimran Kaur (Registered Nurse)				
			• SPECIFIC RESIDENT Request:			PCA	
			- Wants to be addressed as Marlene				
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance due to Degenerative Disc Disease. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/07/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			- Sling to be only used for transferring; Marlene will sit directly on the cushion while up in her wheelchair. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/19/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and/or minimize signs/symptoms of ((HYPOTHYROIDISM) through to the next review date. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah	• COMMUNICATION: Involve/ collaborate with (Marlene)/SDM in decision making of thyroid care management. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • HEALTH TEACHING: Engage with Marlene/SDM to enhance her comprehension of (treatment, possible complications, disease trajectory) associated with (HYPOTHYROIDISM).			RN Registered Practical Nurse RN Registered Practical	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		(Registered Nurse) Target Date: 02/21/2026	Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene with (HYPOTHYROIDISM) for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for (HYPOTHYROIDISM) as per MD order. Monitor effectiveness and for side effects. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • LAB WORK: Monitor lab and diagnostic results for (TSH) and report results to MD as needed. Follow up as indicated. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse)				Nurse PCA Registered Practical Nurse RN RN Registered Practical Nurse RN Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with (see Dx. tab) through to the next review date. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with (Marlene)/SDM in decision making of Cardiac Care Management for (specify diagnosis). Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marlene with (HTN) for changes to health status and alteration or complications affecting cardiac				RN Registered Practical Nurse Registered Practical	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2	
Last Care Plan Review Completed:		11/21/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) Target Date: 02/21/2026	function. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/11/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for (HTN) as per MD Order and monitor for side effects. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • RESCUE MEDICATIONS: Administer NITRO-SPRAY for (specify: Angina, chest pain, Tachycardia, etc.) as per MD Order. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Nurse RN Registered Practical Nurse RN Registered Practical Nurse RN	
• Altered VISION related to Presbyopia Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Marlene supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 11/21/2025 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/21/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/21/2026	• COMMUNICATION: Involve/collaborate with (Marlene)/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • HEALTH TEACHING: Engage with (Marlene)/SDM to enhance their knowledge of (Cataract) affecting vision. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) • EYEGLASSES: Marlene wears eyeglasses. Assist to clean eyeglasses as needed and store (Specify, on night table, in night table drawer, etc.) when sleeping. Date Initiated: 08/07/2024 Created on: 08/07/2024			Registered Practical Nurse RN Registered Practical Nurse RN PCA PCA	
Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies		D.O.B.	12/31/1937		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)		Admission Date	08/07/2024		Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered VISION related to Presbyopia Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/10/2024 Revision by: Donna Duah (Registered Nurse) <ul style="list-style-type: none"> MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 08/07/2024 Created on: 08/07/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	Registered Staff	

Diagnosis

Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecified(E78.5), Type 2 diabetes mellitus with poor control, so described(E11.64), Anxiety disorder, unspecified (F41.9), Other and unspecified dysphagia(R13.8), Impingement syndrome of shoulder(M75.4), Primary generalized (osteo)arthrosis(M15.0), Disorders of thyroid gland in diseases classified elsewhere(E35.0), Other cervical disc degeneration(M50.3)

Allergies

Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaquin, Zithromax, Latex

Allergies	Erythromycin, Ofloxacin, Biaxin, Cipro, Keflex, Levaqui...See last page for a complete listing of the Resident's allergies	D.O.B.	12/31/1937	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Chronic post-traumatic headache(G44.3), Gout, unspecified, other site(M10.98), Benign hypertension(I10.0), Hypothyroidism, unspecified(E03.9), Hyperlipidaemia, unspecif...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	MILLER, MARIA Elena (925171002190)	Admission Date	08/07/2024	Location	Orchid Trail 212OT 2
Last Care Plan Review Completed:		11/21/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Ambulation/ standing. Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To decrease falls to 0 over 3 months Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/27/2026</div> <div>• Helen to stand weight bear and when cooperates to walk , walking distances from 0-5 m to 10m using a rollator walker in 6-8 months Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/27/2026</div>	<div>• 1 XA standing using wall bar, bedside rail when cooperating, start walking, walking with Assist x1 -Assist x2, 0-5 meters using rollator walker 3/wk. Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>• As cooperates to perform balance exercises in standing using wall bar+ 1 XA Kitchen sink Exs 3/wk. Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
						PT - Physiotherapist PTA	
<div>• Active ROM. Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To prevent further deterioration of strength from grade 3/5 in 3 months. (Manual Muscle Test) Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/27/2026</div>	<div>• Provide AROM abduction/adduction/extension/flexion/supination/ pronation/ dorsiflexion/plantarflexion)to R/L hip/ knee/ ankle/ toes/ shoulder/ elbow/ wrist/fingers/thumb) to using ROM, theraband/ball/weights. As cooperates standing and walking 3/wk. Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2	
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Active ROM. Date Initiated: 10/22/2025 Created on: 04/17/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/22/2025 Revision by: Uzma Habib (PT - Physiotherapist)						
<ul style="list-style-type: none"> • Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications (antidepressant). Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> • To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/27/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Helen/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Staff	
			<ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Helen using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Staff	
			<ul style="list-style-type: none"> • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Registered Staff	
			<ul style="list-style-type: none"> • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate. Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025		Registered Staff	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications (antidepressant).</p> <p>Date Initiated: 04/26/2024 Created on: 04/26/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<p>• Risk for Impaired SKIN INTEGRITY related to Incontinence.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026</p>	<p>• HEALTH EDUCATION: Engage Helen/SDM in health education regarding prevention of skin impairment and management.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EQUIPMENT: Helen requires Roho cushion to offload pressure.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 08/12/2025 Revision by: Danielle Knott (ADOC)</p> <p>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place.</p> <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025</p>	<p>PCA Registered Practical Nurse</p> <p>PCA</p>	<p>Q2h</p>	
Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Risk for Impaired SKIN INTEGRITY related to Incontinence. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 11/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>Revision by: Jaspreet Samra (RAI Coord Back-up)</div> <div>• SHEAR FRICTION: Utilize wendylett sheet when moving resident in bed to minimize shear friction. Date Initiated: 07/18/2025 Created on: 07/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</div> <div>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	PCA PCA				
<div>• SPIRITUAL BELIEFS: Helen is of the Christian faith. Date Initiated: 08/06/2024 Created on: 08/06/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/06/2024 Revision by: Megan McLoughlin (Recreation Aide)</div>	<div>• To provide Helen spiritual support as interested through to the next review date. Date Initiated: 08/06/2024 Created on: 08/06/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/06/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/27/2026</div>	<div>• SPIRITUAL PROGRAMS: Encourage Helen to attend spiritual programs of her choice including weekly Hymn Sing and Glad Tidings church services offered monthly. Date Initiated: 08/06/2024 Created on: 08/06/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 08/06/2024 Revision by: Megan McLoughlin (Recreation Aide)</div>					
<div>• Increased risk for FALLS related to (Dementia). Altered Physical function (impaired mobility): Date Initiated: 08/01/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 08/01/2024 Revision by: Jasmeet Kaur Dhillon (Registered</div>	<div>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 05/06/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 05/06/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Helen/SDM in decision making in fall prevention Plan of Care. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse)</div> <div>• CALL BELL: Place call bell within Helen's reach and remind/encourage to use it. Helen unable to use the call bell due cognitive impairment.</div>	RN Restorative Care Aide Registered Practical Nurse PCA Registered	D/E/N			
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)			Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Practical Nurse)		Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/27/2026	Date Initiated: 12/23/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/23/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ENVIRONMENT: Secure environment (night light on) to reduce fall risk for Helen				Practical Nurse RN	
			Date Initiated: 08/02/2024 Created on: 08/02/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • BED: (place bed in lowest position, use high/low bed) to lower risk for injury.				PCA	
			Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse) • ACTIVITY: Engage Helen in meaningful activity to decrease boredom and or restlessness. Helen likes to watch TV and listen to music.				PCA Registered Practical Nurse	
			Date Initiated: 08/02/2024 Created on: 08/02/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 08/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FOOTWEAR: Ensure Helen wears appropriate footwear (non skid socks) at all times and shoes when walking).				PCA	
			Date Initiated: 06/01/2024 Created on: 06/01/2024 Created by: Susan Little (RPN) Revision on: 06/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HIP PROTECTORS: Helen wears hip protectors (at all times) to safeguard against injury. Report to Registered Staff if not wearing.				PCA Registered Practical Nurse	D/E/N
			Date Initiated: 06/20/2024 Created on: 06/20/2024 Created by: Donna Duah (Registered Nurse) Revision on: 06/20/2024					
Allergies	No Known Allergies			D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	NOVAKOV, HELEN (925171002164)			Admission Date	04/15/2024	Location	Orchid Trail 201OT 2	
Last Care Plan Review Completed:		10/27/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to (Dementia). Altered Physical function (impaired mobility): Date Initiated: 08/01/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 08/01/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) 			Revision by: Donna Duah (Registered Nurse) <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) FLOOR MAT: Position floor mat on floor on Helen's left and right side when she is in bed to lower risk of injury. Date Initiated: 08/02/2024 Created on: 06/24/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 03/27/2025 Revision by: Edna James (Registered Practical Nurse) ALARMS: Requires (Personal) alarm. Check placement and working order. Staff to respond promptly to Helen when alarm sounds. (Helen has a tendency of taking her personal alarm off). Momo device is being trialed on Helen to alert staff. Date Initiated: 10/09/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse) Revision on: 10/09/2024 Revision by: Navpreet Kaur (DOC) 			PCA	
<ul style="list-style-type: none"> At Risk for social isolation and/or alteration to psycho-social well-being related to low motivation, rest/sleep patterns Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) 		<ul style="list-style-type: none"> Team members will support Helen in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) 	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite her to programs of personal interest; manicures, noodleballoon, outdoor strolls and sing alongs. Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading, listening to music and conversing with peers. Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 			PCA Registered Practical Nurse RN	D/E/N
Allergies	No Known Allergies			D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)			Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	<p>Target Date: 01/27/2026</p> <ul style="list-style-type: none"> Helen will improve/maintain ISE score of 4 by the next review date. <p>Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/27/2026</p> <ul style="list-style-type: none"> To support Helen's psycho-social well being through to the next review. <p>Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/27/2026</p>	<p>Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> HELPFUL HINTS: Helen prefers to spend most of her time in bed where she is most comfortable. Recreation team members can offer Helen one to one activities to support her interests such as music on the iPad (Lawrence Welk, Frank Sinatra, traditional Serbian music and Jazz). She also enjoys watching cooking shows. <p>Although Helen likes to stay in bed most of the time, she enjoys the company of others. Spending time with her by socializing and reminiscing can be very meaningful. Helen loves to hold hands and enjoys hand massages and manicures. She has her own personal polish in the top drawer of her bedside table.</p> <p>Helen greatly benefits from having a routine and knowing the plan for the day. Offer Helen friendly reminders throughout the day to give her peace of mind on what to expect.</p> <p>Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> ONE to ONE: Provide her with individual visits for conversation, bedside activity, reading and reminiscing. <p>Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> SOCIAL INTERACTION: Promote opportunity for Helen to make friendships and sit with friends during activities. <p>Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present Helen with music care approaches such as visits with the music therapist and musical programs such as; 	Recreation Aide			
Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • At Risk for social isolation and/or alteration to psycho-social well-being related to low motivation, rest/sleep patterns <p>Date Initiated: 07/18/2024 Created on: 07/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>		<p>songs, Java Music Club and special entertainment.</p> <p>Date Initiated: 04/24/2025 Created on: 04/24/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 04/24/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>			
<ul style="list-style-type: none"> • Use of PASD (Bed rails) to assist Helen with Activity of Daily Living (Bed Mobility and Transfers). <p>Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> • Helen will be effectively supported with use of (Bedrails) to optimize Activity of Daily Living (Bed mobility and Transfer) each day through to the next review date. <p>Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/27/2026</p>	<ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with Helen/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (Bedrails). <p>Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of monitoring Helen for continued benefit to use (Bedrails) as to support appropriate (Bed Mobility and Transfers). <p>Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Helen with bed mobility, transfer in/out of bed. Monitor every shift. 	PCA	D/E/N	
Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)	Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Use of PASD (Bed rails) to assist Helen with Activity of Daily Living (Bed Mobility and Transfers). Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Date Initiated: 04/29/2024 Created on: 04/29/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Potential for Persistent PAIN and alteration in comfort level related to old fractures to Helen 's Humerus, wrist and Pelvis and laceration to bridge of nose. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse)</div>		<div>• To promote Helen's comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Helen/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Helen's satisfaction for pain control. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer analgesic medication (PRN) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024</div>			<div>Registered Practical Nurse RN PCA RN Registered Practical Nurse Registered Practical Nurse RN</div>	
Allergies	No Known Allergies			D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)			Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Persistent PAIN and alteration in comfort level related to old fractures to Helen 's Humerus, wrist and Pelvis and laceration to bridge of nose.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse)</p>		<p>Revision by: Donna Duah (Registered Nurse)</p>			
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</p> <p>Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To treat and minimize signs/symptoms or complications through to the next review date.</p> <p>Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Helen/SDM in decision making of Cardiac Care Management for (specify diagnosis).</p> <p>Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Helen with cardiac condition for changes to health status and alteration or complications affecting cardiac function.</p> <p>Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects.</p> <p>Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Registered Practical Nurse RN		
Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)	Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			<ul style="list-style-type: none">• LAB WORK: All lab test has been discontinued as per Helen 's wish. Date Initiated: 05/22/2024 Created on: 05/22/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			RN	
<ul style="list-style-type: none">• Nutrition Risk Level Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD))		<ul style="list-style-type: none">• Helen will be adequately nourished aeb consuming >50% at meals and snacks through to next review date. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 04/19/2024 Revision by: Helen Bradley (Dietitian (RD)) Target Date: 01/27/2026	<ul style="list-style-type: none">• LABELLED SNACK PM: Helen receives cheese and crackers daily at PM snack. Date Initiated: 08/11/2025 Created on: 08/11/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 08/11/2025 Revision by: Julia Pilca (Dietitian (RD))			PCA	D
						Registered	
						Practical	
						Nurse	
						RN	
						Dietitian (RD)	
		<ul style="list-style-type: none">• Will maintain weight within realistic weight range of 40-45 kg through to next review date as feasible. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 04/24/2025	<ul style="list-style-type: none">• NUTRITION RISK: Helen is at HIGH nutrition risk level. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 04/19/2024 Revision by: Helen Bradley (Dietitian (RD))				
			<ul style="list-style-type: none">• DIET ORDER: Helen will receive Regular diet, Regular texture Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 04/19/2024 Revision by: Helen Bradley (Dietitian (RD))			PCA	
			<ul style="list-style-type: none">• FLUID CONSISTENCY: Helen drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 05/24/2024			PCA	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2	
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD))		Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/27/2026 • Helen will be adequately hydrated aeb drinking 100% of total fluid requirement @25 ml/kg, 40.9 kg through to next review date. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 07/11/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/27/2026	Revision by: Mark Chan (Dietitian (RD)) • FLUID TARGET: Encourage Helen to drink at least 1,022 ml/day. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 07/11/2025 Revision by: Julia Pilca (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Maria Ghobrial (Dietitian (RD)) • DINING INSTRUCTIONS: Observe Helen in her room during meals to ensure safe swallowing. Ensure Helen is in an upright position when eating/drinking. Date Initiated: 05/03/2024 Created on: 05/03/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 06/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FOOD PREFERENCES: Helen enjoys boiled eggs, eating beef, pork and chicken, Hungarian salami. Dislikes eating fish. Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD)) Revision on: 08/11/2025 Revision by: Julia Pilca (Dietitian (RD)) • HIGH CALORIE/PROTEIN AM SNACK: Provide magic cup daily. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Julia Pilca (Dietitian (RD)) Revision on: 10/27/2025 Revision by: Julia Pilca (Dietitian (RD)) • MEDPASS SUPPLEMENTS: 120 mL Resource 2.0 TID at medpass (provides 720 kcal, 30g pro). Date Initiated: 05/03/2024 Created on: 05/03/2024		PCA	
					Dietary aide PCA	
					PCA	
					PCA	
					PCA	D
Allergies		No Known Allergies		D.O.B.	10/20/1934	Physician Constantine George KARNIS
Diagnosis		Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility		Wellington Park Care Centre			Print Date	1/4/2026
Resident		NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Nutrition Risk Level Date Initiated: 04/19/2024 Created on: 04/19/2024 Created by: Helen Bradley (Dietitian (RD))			Created by: Mark Chan (Dietitian (RD)) Revision on: 10/06/2025 Revision by: Julia Pilca (Dietitian (RD))			
<ul style="list-style-type: none"> • Potential to experience alteration in MOOD as exhibited by (Specify symptoms) related to Dementia Date Initiated: 04/17/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse)		<ul style="list-style-type: none"> • Helen will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 10/27/2025 Created on: 04/25/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with (Helen/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 04/17/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/17/2024 Revision by: Donna Duah (Registered Nurse)		Registered Practical Nurse RN	
			<ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (Helen) for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Helen's quality of life. Date Initiated: 04/17/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		RN Registered Practical Nurse	
			<ul style="list-style-type: none"> • ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, ambient lighting, preferred music, aroma therapy, etc.) Date Initiated: 04/17/2024 Created on: 04/17/2024		RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential to experience alteration in MOOD as exhibited by (Specify symptoms) related to Dementia Date Initiated: 04/17/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse)			Created by: Donna Duah (Registered Nurse) Revision on: 04/17/2024 Revision by: Donna Duah (Registered Nurse) • FAMILY SUPPORT: Helen enjoys visits from (family members and friends). Date Initiated: 04/17/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/17/2024 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects Date Initiated: 04/17/2024 Created on: 04/17/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/17/2024 Revision by: Donna Duah (Registered Nurse)		RN Registered Practical Nurse	
					RN Registered Practical Nurse	
• Potential for BOWEL INCONTINENCE related to (Dx. of Dementia) Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)		• Helen will have bowel incontinence managed every shift through to the next review period. Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026	• COMMUNICATION: Involve/collaborate with Helen(SDM) for decision making about (bowel function, toileting options, incontinence or ostomy management, etc). Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 06/20/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Helen for changes to health status, alteration of continence level or bowel function. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is (Total Incontinence). Report change to level as noted. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)		RN Registered Practical Nurse	
					PCA RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to (Dx. of Dementia) Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p>			<p>• BOWEL MOVEMENT: Monitor Helen for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Helen uses white brief. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	
<p>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, slurred speech, mumbled speech related to Expressive Aphasia, Receptive Aphasia Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• Helen will be supported to maintain current communication abilities to express self, comprehend information each day through to the review date. Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Helen/SDM for decision making about strategies needed to support effective communication. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• HEALTH TEACHING: Engage with Helen/SDM to enhance their knowledge of (specify: communication devices, hearing aids, change in health status, etc.) affecting communication ability. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PRIMARY LANGUAGE: Helen primary language is Serbian and Hungarian. She is able to speak/understand) English. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			RN Registered Practical Nurse PCA	
Allergies	No Known Allergies			D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)			Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, slurred speech, mumbled speech related to Expressive Aphasia, Receptive Aphasia <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<ul style="list-style-type: none">• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<ul style="list-style-type: none">• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">• Helen will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. <p>Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Helen/SDM in decision making of Cognitive Loss for (specify diagnosis). <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Helen/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (Dementia). <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none">• ORIENTATION: Gently reorient to person, place, time as needed when Helen is feeling lost or in confused state. <p>Date Initiated: 04/15/2024</p>			Registered Practical Nurse	Social Worker
Allergies	No Known Allergies			D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)			Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none">• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none">• Expressed Wishes and Beliefs related to Helen 's Medical Treatment and End of Life Care. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">• To support and honor Helen expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/27/2026</p>	<ul style="list-style-type: none">• CPR: Helen wishes express NO CPR and NO TRANSFER to hospital. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Donna Duah (Registered Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p>		Registered Practical Nurse PCA	
<ul style="list-style-type: none">• Potential for Expressive Behaviour of VERBAL nature related to Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 04/16/2024 Created on: 04/16/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 04/16/2024 Revision by: Nichole Seng (Registered Nurse)</p>		<ul style="list-style-type: none">• To decrease episodic frequency of Expressive Behaviour by next review date. <p>Date Initiated: 10/27/2025 Created on: 04/16/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Helen(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 04/16/2024 Created on: 04/16/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p>		PCA BSO - Internal Registered Practical Nurse Social Worker	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Coordinator) Target Date: 01/27/2026	<ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Helen for indications to change in or for escalating expressive behaviour risk. Date Initiated: 04/16/2024 Created on: 04/16/2024 Created by: Nichole Seng (Registered Nurse) Revision on: 04/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BSO RECOMMENDATIONS: SO Recommendations and strategies : >Re: missing meals, re approach - if the resident is resistant to getting up from bed for meal, reapproach closer to meal time with a calm and gentle demeanor - provide encouragement & praise (resident responds well to praise) & no means no approach - resident family is content with resident receiving tray service at times she is not cooperative, staff should continue gentle encouragement as needed each day >re: calling out - keep noise level outside of resident room to a minimum when resident is in bed/door ajar & curtain drawn - refrain from engaging loudly with each other outside of resident room, be mindful of the environment triggering resident responsive behaviours - observed to call out when increased noise levels outside of bedroom >staff continue to gently encourage resident to participate in recreation activities & provide praise when coming for meals or participating in activity >family has provided resident a television - as tolerated, set resident up with interest focused movies/ music, etc. to maintain engagement while alone/ unengaged in bedroom >If time allows, sit with resident during documentation to provide meaningful interaction >Utilize available PRNs when resident is unable to be redirected or meaningfully engaged and behaviours are not dissipating with non pharmacological interventions(Resident has order for PRN TraZODone-50 Oral Tablet (Trazodone HCl) Give 0.5 tablet by mouth as needed at HS which is documented to be effective when utilized H Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) 		

Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)	Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Sleep Patterns; Potential for alteration in sleep patterns related to Dementia Diagnosis.. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none">• To promote adequate rest/sleep for Helen based on identified sleep patterns/preferences each night through to the next review date. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/15/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/27/2026</p>	<ul style="list-style-type: none">• PREFERENCE: Helen likes to have nap during the day <p>Date Initiated: 01/15/2025 Created on: 01/15/2025 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2025 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none">• REST PATTERN: Preferred bedtime (2000hrs), usual wake time (b/w 0700 & 0800hrs.) and daytime naps (No particular time). <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none">• SLEEPWEAR: Helen prefers to wear long/short night gown, pajamas bottoms. <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA Registered Practical Nurse	
						PCA RN	
<ul style="list-style-type: none">• URINARY (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/15/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>		<ul style="list-style-type: none">• Helen will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Helen/SDM) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc). <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Helen for toileting needs, changes to health status and alteration of continence level <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/18/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none">• URINARY Continence level is (TOTAL Incontinent). Report change to level as noted. <p>Date Initiated: 04/15/2024</p>			RN Registered Practical Nurse	
						Registered Practical Nurse PCA	
Allergies	No Known Allergies		D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2	
Last Care Plan Review Completed:		10/27/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• URINARY (select type of: Functional, Stress, Urge, Overflow, Overactive Bladder, Mixed) INCONTINENCE related to Dementia Diagnosis</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/15/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>		<p>Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• CHECK and CHANGE: Helen experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled.</p> <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• INCONTINENCE PRODUCT: Helen uses White brief all day.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/25/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA			
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>	<p>• Helen will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date.</p> <p>Date Initiated: 10/27/2025 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/27/2026</p>	<p>• BATHING: Helen prefers showers on Monday and Thursday evenings. Helen requires one staff to provide EXTENSIVE assistances with showers. On Shower days, strip the linens, wipe mattress with Virox and place new linens. Helen uses Wendylett sheets.</p> <p>Nail care to be provided on shower day.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• BED MOBILITY: Helen requires one staff to provide EXTENSIVE assistance for bed mobility.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DRESSING: Helen requires one staff to provide EXTENSIVE assistance for</p>	PCA			
Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	NOVAKOV, HELEN (925171002164)		Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>dressing.</p> <p>Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EATING: Helen requires 1 Staff to provide SETUP/SUPERVISION assist for eating. PCA Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION: Helen uses wheelchair for locomotion. 1 staff to provide PCA EXTENSIVE assistance for locomotion on and off unit. Not to be left alone in wheelchair as she will attempt to self transfer back to bed. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/17/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• PERSONAL HYGIENE: Helen requires one staff to provide EXTENSIVE assistance PCA for hygiene. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HAND HYGIENE: 1 staff to provide REMINDER, LIMITED assistance to apply PCA sanitizer, rub hands together for hand hygiene. Date Initiated: 04/15/2024 Created on: 04/15/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 04/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TOILET USE: Helen requires one staff to provide EXTENSIVE assistance for PCA toileting.</p>		
Allergies	No Known Allergies		D.O.B.	10/20/1934
Physician	Constantine George KARNIS			
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)	Admission Date	04/15/2024	Location Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025		

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)	Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025			

Care Plan Report

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Diagnosis

Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fracture of shaft of humerus, closed(S42.300), Benign hypertension(I10.0)

Allergies	No Known Allergies	D.O.B.	10/20/1934	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Fracture of other and unspecified parts of lumbar spine and pelvis, closed(S32.800), Fracture of other and unspecified parts of wrist and hand, closed(S62.800), Fractur...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	NOVAKOV, HELEN (925171002164)	Admission Date	04/15/2024	Location	Orchid Trail 201OT 2
Last Care Plan Review Completed:		10/27/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Active ROM.</p> <p>Date Initiated: 12/05/2025</p> <p>Created on: 04/07/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/05/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To improve BOGDAN strength from grade 3-/5 to grade 3+/5 in 6 months, (Manual Muscle Test)</p> <p>Date Initiated: 12/05/2025</p> <p>Created on: 04/07/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/05/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 04/12/2026</p> <p>• To prevent further deterioration of joint flexibility and strength from grade 3-/5 in # months. (Manual Muscle Test)</p> <p>Date Initiated: 12/05/2025</p> <p>Created on: 04/07/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/05/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 04/12/2026</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using a therapeutic ball, as possible, standing, weight bearing 3/wk.</p> <p>Date Initiated: 12/05/2025</p> <p>Created on: 04/07/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 12/05/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist	PTA
<p>• Potential to experience alteration in MOOD as exhibited by occasional disinterest in activities related to Decline in Health Condition, Loss of Independence</p> <p>Date Initiated: 04/03/2025</p> <p>Created on: 04/03/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/09/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To support Bogdan with their identified coping strategies for mood/emotional stability each day through to the review date.</p> <p>Date Initiated: 04/03/2025</p> <p>Created on: 04/03/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/03/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Bogdan(SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 04/03/2025</p> <p>Created on: 04/03/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 04/03/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Provide education and support to Bogdan/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 04/03/2025</p>			RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS	
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2	
Last Care Plan Review Completed:		10/10/2025					



Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 04/12/2026	<p>Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Bogdan for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Bogdan's quality of life. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESIDENT STRENGTHS: Build on Bogdan effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DISTRACTION ACTIVITIES: Bogdan can be calmed doing activities of interest including listening to music, watching Youtube. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, ambient lighting, preferred music) Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• FAMILY SUPPORT: Bogdan enjoys visits from (Specify; family members and friends).</p>			
Allergies	No Known Allergies	D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)	Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by occasional disinterest in activities related to Decline in Health Condition, Loss of Independence <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to alternate Primary Language (Polish) <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> Bogdan is unable to express self and will be supported to have needs interpreted each day through the next review. <p>Date Initiated: 10/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Bogdan/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) HEALTH TEACHING: Engage with Bogdan/SDM to enhance their knowledge of change in health status affecting communication ability. <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) PRIMARY LANGUAGE: Bogdan's primary language is Polish. He is able to speak/understand) English. <p>Date Initiated: 04/03/2025</p> </p></p>			
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to alternate Primary Language (Polish) <p> Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) </p>		<p> Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p>				
<ul style="list-style-type: none"> URINARY (Functional) INCONTINENCE related to altered mobility <p> Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2025 Revision by: Richele Rosales (RAI Coordinator) </p>	<ul style="list-style-type: none"> Bogdan will have urinary incontinence managed every shift through to the next review period. <p> Date Initiated: 10/09/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026 </p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Bogdan/SDM) for decision making about toileting options or incontinence management. <p> Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Bogdanfor toileting needs, changes to health status and alteration of continence level. <p> Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) </p> <ul style="list-style-type: none"> URINARY Continence level is TOTAL Incontinence. Report change to level as noted. <p> Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) </p>	PCA			
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY (Functional) INCONTINENCE related to altered mobility Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2025 Revision by: Richele Rosales (RAI Coordinator)			• CHECK and CHANGE: Bogdan experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/11/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • INCONTINENCE PRODUCT: Bogdan uses Blue brief during all shifts. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
						PCA	
• Transfers. Date Initiated: 10/06/2025 Created on: 04/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To improve transfer for assist x2 + lift to assist x2 side by side in 6 months Date Initiated: 12/05/2025 Created on: 04/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/05/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/12/2026 • To decrease falls while transferring in the next 3 months Date Initiated: 12/05/2025 Created on: 04/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• As cooperates BOGDAN to perform balance exercises-transfer training in standing with 2 XA standing progress to kitchen sink EXs 3/wk. Date Initiated: 12/05/2025 Created on: 04/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/05/2025 Revision by: Uzma Habib (PT - Physiotherapist) • Oledinski to perform balance exercises using therapeutic ball EXs in sitting 3/wk. Date Initiated: 12/05/2025 Created on: 04/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 12/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
						PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	05/18/1950		Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025		Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Transfers. <p>Date Initiated: 10/06/2025 Created on: 04/03/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		Target Date: 04/12/2026				
<ul style="list-style-type: none"> • At risk for social isolation and/or alteration to psycho-social well-being related to disinterest, rest/sleep patterns and language barrier <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>		<ul style="list-style-type: none"> • Team members will support Bogdan in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026</p> <ul style="list-style-type: none"> • To support Bogdan's psycho-social well being through to the next review. <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> • STRUCTURED ACTIVITIES: Invite Bogdan to programs of personal interest; socials, music-based activities and outdoor strolls <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage Bogdan to engage in self-directed activities such as listening to Polish music on the iPad, conversing with his tablemates and peers and watching TV in the lounge <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> • ASSISTANCE: Provide assistance/encouragement to get Bogdan to scheduled activities <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> • HELPFUL HINTS: Bogdan is a quiet and gentle man who enjoys the company of his peers. He has a warm sense of humour and appreciates opportunities for laughter and connection in smaller more intimate group settings where he feels more 			
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">At risk for social isolation and/or alteration to psycho-social well-being related to disinterest, rest/sleep patterns and language barrier <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>			at ease.				
			Bogdan values maintaining his daily routine throughout the day. He takes pleasure in watching the activities around him, whether that's window watching or within the room. His participation in programs varies based on his sleep patterns, as he often prefers to rest or nap in bed throughout the day.				
			Polish is Bogdan's primary language, and the use of translation tools such as Google Translate can be helpful in assisting with communication. Bogdan enjoys listening to Polish music on the iPad, which provides comfort and familiarity.				
			Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)				
			<ul style="list-style-type: none">SOCIAL INTERACTION: Promote opportunity for Bogdan to make friendships and sit with friends during activities. <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>				
<ul style="list-style-type: none">Potential for Expressive Behaviour of (VERBAL, PHYSICAL, SOCIALLY Inappropriate, RESISTANCE to care need) nature related to Acquired Brain Injury, Change in Routine, Inability to COPE, Anger		<ul style="list-style-type: none">Bogdan will be supported to adjust to his/her new environment to lower risk of triggering former (PHYSICAL inappropriate, VERBALLY inappropriate) behaviour	<ul style="list-style-type: none">COMMUNICATION: Involve/collaborate with Bogdan(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse)</p>				
			Recreation Aide				
			Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)				
			<ul style="list-style-type: none">MUSIC CARE APPROACH: Present Bogdan with music care approaches: music therapy, music-based activities and Polish music on the iPad during his leisure time. <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>				
			BSO - Internal Social Worker				
Allergies	No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>episodes through to the next review. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Bogdan for indications to change in or for escalating expressive behaviour risk. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TRIGGERS leading to PHYSICAL (throwing dining utensils at co table mate, frustration, fearfulness, confusion, invasion of personal space, Sundowning, hunger) Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PHYSICAL Behaviour: If Bogdan is attempting to strikeout, Hitting, throwing water on the staff; move back from his reach. Calmly indicate that care will continue when he is calm/ready; approach slowly and explain tasks. Seek Registered Staff assistance. Remove resident from triggering environment Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 11/20/2025 Revision by: Navpreet Kaur (DOC) • PHYSICAL Behaviour: Personal care to be provided by 2 staff. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 11/20/2025 Revision by: Navpreet Kaur (DOC) • VERBAL Behaviour: If Bogdan is heard yelling, swearing or calling others names; calmly remind to lower his voice and that chosen words are not appropriate. Attempt to resolve his concern. Report episode to Registered Staff. Date Initiated: 04/03/2025</p>	PCA		
Allergies	No Known Allergies	D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)	Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved					
<p>• Potential for Expressive Behaviour of (VERBAL, PHYSICAL, SOCIALLY Inappropriate, RESISTANCE to care need) nature related to Acquired Brain Injury, Change in Routine, Inability to COPE, Anger</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TRIGGERS leading to RESISTANCE to Care Needs of (refusing to change clothing, refusal to bathe, refusing medication) as expression of behaviour include confusion, misunderstanding care needs, poor judgement, fearfulness).</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Bogdan is declining shower and/or refusing medications, re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DE-ESCALATION: As per Bogdan's spouse, Bogdan calms with classical music or short nature movies. Resident also enjoys gardening and painting. Satff to follow GPA-Technique Re Approach</p> <p>Date Initiated: 04/07/2025 Created on: 04/07/2025 Created by: Danielle Knott (ADOC) Revision on: 11/03/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• ENVIRONMENT: Bogdan is most calm with dim lighting, door closed, quiet area, small groups)</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/04/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>						PCA Registered Practical Nurse RN				
			<p>• Increased risk for FALLS related to weakness. Altered Physical function ,</p>								Registered Practical		
			<p>• To promote safety, minimize risk for falls and/or fall related</p>		<p>• COMMUNICATION: Involve/collaborate with Bogdan/SDM in decision making in fall prevention Plan of Care.</p>								
			Allergies	No Known Allergies			D.O.B.	05/18/1950				Physician	Constantine George KARNIS
			Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses									
			Facility	Wellington Park Care Centre								Print Date	1/4/2026
			Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025				Location	Orchid Trail 203OT 2
			Last Care Plan Review Completed:		10/10/2025								

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Limitation of cognitive function/altered judgement (Traumatic brain injury), Medical condition (list relevant diagnosis): Arthritis Date Initiated: 05/28/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/28/2025 Revision by: Richele Rosales (Registered Practical Nurse)		injury each day through to the next review period. Date Initiated: 10/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • CALL BELL: Place call bell within Bogdan's reach and remind/encourage to use it. Non- Compliant with using call bell.				Nurse RN	D/E/N
			Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • ADAPTIVE EQUIPMENT: Bogdan needs adaptive equipment: high/low bed, wheelchair.				PCA	
			Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • BED: place bed in high/low bed, to lower risk for injury.				PCA	
			Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • ACTIVITY: Engage Bogdan in meaningful activity to decrease boredom and or restlessness. Bogdan likes to listen music (own set of music)					
			Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • FOOTWEAR: Ensure Bogdan wears appropriate footwear/non skid socks when ambulating.				PCA	
			Date Initiated: 08/09/2025 Created on: 04/03/2025					
Allergies		No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis		Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility		Wellington Park Care Centre					Print Date	1/4/2026
Resident		OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved			
<div>• Increased risk for FALLS related to weakness. Altered Physical function , Limitation of cognitive function/altered judgement (Traumatic brain injury), Medical condition (list relevant diagnosis): Arthritis Date Initiated: 05/28/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/28/2025 Revision by: Richele Rosales (Registered Practical Nurse)</div>			<div>Created by: Edna James (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • HIP PROTECTORS: Bogdan wears hip protectors at all times, to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Transfer resident to bed right away , never leave Bogdan beside bed in W/C by himself. MOMO bed Sensor in place. Date Initiated: 08/09/2025 Created on: 05/30/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury. Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse) • ALARMS: Momo bed sensor in place. Requires personal alarm. Check placement and working order. Staff respond when alarm is heard. Date Initiated: 08/09/2025 Created on: 04/03/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 08/09/2025 Revision by: Olena Romaniuk (Registered Nurse)</div>					PCA	D/E/N	
			<div>• Use of PASD right and left 1/4 bed rails to assist Bogdan with Activity of Daily Living for bed mobility and transfer. TILT the chair for comfort (for back pain)</div>					<div>• Bogdan will be effectively supported with use of right and left 1/4 bed rails to optimize Activity of Daily Living for bed</div>	<div>• HEALTH EDUCATION: Engage with Bogdan/SDM to enhance their knowledge of possible benefits and challenges associated with Use of right and left bed rail in transfer position . Date Initiated: 04/08/2025</div>	
Allergies	No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS			
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses									
Facility	Wellington Park Care Centre					Print Date	1/4/2026			
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2			
Last Care Plan Review Completed:		10/10/2025								

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 05/14/2025 Revision by: Edna James (Registered Practical Nurse)		mobility and transfer each day through to the next review date. Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/08/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 04/12/2026	Created on: 04/08/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/08/2025 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of monitoring Bogdan for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL). Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Bogdan with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/28/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) • TILTED CHAIR in USE as a PASD to support resident with position and comfort. Monitor every shift. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/11/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			PCA	D/E/N
• Potential for BOWEL INCONTINENCE related to altered mobility. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/04/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		• Bogdan will have bowel incontinence managed every shift through to the next review period. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with Bogdan/SDM) for decision making about bowel function, toileting options, incontinence . Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Bogdan for changes to health status, alteration of continence level or bowel function. Date Initiated: 04/03/2025 Created on: 04/03/2025			PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS	
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • DRESSING: Bogdan requires 2 staff to provide EXTENSIVE assistance for dressing UPPER & LOWER body. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • EATING: Bogdan requires 1 Staff to provide EXTENSIVE assist for eating. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • LOCOMOTION: Bogdan requires 1 staff to provide EXTENSIVE assistance for locomotion (on and/or off unit). Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • PERSONAL HYGIENE: Bogdan requires 1 staff to provide EXTENSIVE assistance for hygiene. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer, rub hands together, dry hands for hand hygiene. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> • TOILET USE: Bogdan requires 1 staff to provide EXTENSIVE for toileting. 		PCA PCA PCA PCA PCA PCA	
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour (physical during care), Limited Mobility</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• TRANSFERRING: Bogdan requires 2 staff for Hoyer lift for transferring. MOMO device in place.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 12/02/2025</div> <div>Revision by: Rajdeep Kaur (Registered Nurse)</div> <div>• ORAL CARE: BOgdan has TEETH and requires 1 staff to provide EXTENSIVE assistance for oral care.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• FOOT CARE: PSW, Registered staff to complete toenail care every showers Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Edna James (Registered Practical Nurse)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	PCA			
<div>• Expressed Wishes and Beliefs related to Bogdan Medical Treatment and End of Life Care</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To support and honor Bogdan expressed wishes and beliefs through to the End of Life.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• CPR: Bogdan wishes express CPR, however TRANSFER to hospital decision will be made at the time.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
Allergies	No Known Allergies		D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 04/12/2026					
<div>• Nutrition Risk Level</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div>		<div>• Bogdan will be adequately nourished aeb consuming >75% at meals and snacks through to next review date.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 04/10/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Target Date: 04/12/2026</div>	<div>• NUTRITION RISK: Bogdan is MODERATE risk level.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 04/14/2025</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div> <div>Dietitian (RD)</div>				
			<div>• DIET ORDER: Bogdan will receive REGULAR diet, REGULAR (SOFT) texture. No mixed consistencies/juicy fruits. Puree Soup</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 04/07/2025</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div> <div>PCA</div>				
			<div>• THICKENED FLUIDS: Bogdan drinks thickened fluids at HONEY (MO3) consistency.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 04/07/2025</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div> <div>PCA</div>				
			<div>• FLUID TARGET: Encourage Bodgam to drink a minimum of 1624 ml per day.</div> <div>Date Initiated: 04/14/2025</div> <div>Created on: 04/14/2025</div> <div>Created by: Maria Ghobrial (Dietitian (RD))</div> <div>Revision on: 10/30/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>PCA</div>				
		<div>• Will weigh within realistic weight range of 65-81 kg / BMI 20-25 through to next review date</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough (FSM - Food Services Manager)</div> <div>Revision on: 07/07/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 04/12/2026</div>	<div>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.</div> <div>Date Initiated: 10/14/2025</div> <div>Created on: 10/14/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 10/23/2025</div> <div>Revision by: Luchel David (RPN)</div> <div>Dietary aide</div> <div>PCA</div>				
		<div>• Bogdan will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 81.2 kg through to next review date</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Pamela Kovar-Gough</div>	<div>• HIGH FIBRE: Offer 125mL prune juice at breakfast</div> <div>PCA</div> <div>D/E</div>				
Allergies	No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Nutrition Risk Level Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		(FSM - Food Services Manager) Revision on: 10/30/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/12/2026	Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Stephanie Isaak (Dietitian (RD)) Revision on: 06/24/2025 Revision by: Stephanie Isaak (Dietitian (RD))				
<ul style="list-style-type: none">• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none">• To promote adequate rest/sleep for Bogdan based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	<ul style="list-style-type: none">• REST PATTERN: Preferred bedtime between 2100-2200 hrs. , usual wake time 0700- 0800 hrs. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/09/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) <ul style="list-style-type: none">• SLEEPWEAR: Bogdan prefers to wear pajamas bottoms. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/09/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	PCA
<ul style="list-style-type: none">• Potential to experience alteration in RESPIRATORY FUNCTION related to Asthma. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025		<ul style="list-style-type: none">• To treat and minimize signs/symptoms or complications associated with Asthma each day through to next review date. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Bogdan/SDM in decision making of Respiratory Management for Asthma. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none">• HEALTH EDUCATION: Engage with Bogdan/SDM to enhance his comprehension				
Allergies	No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		(RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	<p>of (treatment, possible complications) associated with ASthma</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Bogdan with Asthma for changes to health status and alteration or complications affecting respiratory function.</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• POSITIONING: To manage shortness of breath (SOB) elevate head of the bed to improve breathing.</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• BREATHING EXERCISE: Encourage coughing and deep breathing</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			PCA	
<p>• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To monitor effectiveness and for side effects of medication used each day through to the next review date</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Bogdan/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Bogdan using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</p> <p>Date Initiated: 04/03/2025</p>				
Allergies	No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
		Target Date: 04/12/2026	<div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/10/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>						
<div>• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Traumatic Brain Injury</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• Bogdan is severely impaired in cognition and will have needs interpreted and met each day through to the review date.</div> <div>Date Initiated: 07/14/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 07/14/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Target Date: 04/12/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Bogdan/SDM in decision making of Cognitive Loss for (Traumatic brain injury).</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• HEALTH TEACHING: Engage with Bogdan/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Traumatic Brain Injury Diagnosis.</div> <div>Date Initiated: 04/03/2025</div> <div>Created on: 04/03/2025</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• ORIENTATION: Gently reorient to person, place, tim) as needed when Bogdan is feeling lost or in confused state.</div> <div>Date Initiated: 04/03/2025</div>						Social Worker
Allergies	No Known Allergies			D.O.B.	05/18/1950		Physician	Constantine George KARNIS	
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025		Location	Orchid Trail 203OT 2	
Last Care Plan Review Completed:		10/10/2025							

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PERSONAL ITEMS: Keep family pictures in a consistent place (location; bedside table. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• COGNITIVE STIMULATION: Guide Bogdan in activities to stimulate cognitive function (SPECIFY activity; bridge, puzzles, reading, trivia). Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ENVIRONMENT: Provide environmental clue to promote Bogdan ability to locate room and navigating home area name plate, photo outside of room. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	PCA			
<p>• Potential for Acute, Persistent PAIN and alteration in comfort level related to Arthritis Diagnosis. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote Bogdan comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Bogdan(SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Bogdan satisfaction for pain control. Date Initiated: 04/03/2025</p>	RN Registered Practical Nurse			
Allergies	No Known Allergies	D.O.B.	05/18/1950	Physician	Constantine George KARNIS	
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	OLESINSKI, BOGDAN (925171002261)		Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
		Target Date: 04/12/2026	<div>Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • NON VERBAL CUES of PAIN for Bogdan include - (facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed, etc.) Report these to Registered staff when observed. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • REFERENCES: Bogdan has identified preference for pain management (Specify: i.e. PRN pain meds only, no pharmaceutical interventions, etc.). Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PHYSIO TREATMENT: Bogdan to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>						PCA

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse)		next review. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Target Date: 04/12/2026	Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture frequency after incontinence episode. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	Q2h
• Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Chronic Heart Failure (CHF) Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with CHF through to the next review date. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with Bogdan)/SDM in decision making of Cardiac Care Management for Congestive Heart Failure Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Bogdan with Congestive Heart Failure for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for Congestive Heart Failure Diagnosis as per MD Order and monitor for side effects.			Registered Practical	
Allergies	No Known Allergies			D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(150.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)			Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Chronic Heart Failure (CHF) Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> RESCUE MEDICATIONS: Administer NITRO-SPRAY for (Angina, chest pain, Tachycardia) as per MD Order. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) <ul style="list-style-type: none"> VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities. Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/03/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Nurse RN Registered Practical Nurse RN	

Allergies	No Known Allergies	D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)	Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025			


Care Plan Report

Diagnosis

Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated status asthmaticus(J45.90), Arthritis, unspecified, unspecified site(M13.99), Pneumonitis due to food and vomit(J69.0), Unspecified dementia(F03), Petit mal, unspecified, without grand mal seizures, intractable(G40.71)

Allergies	No Known Allergies	D.O.B.	05/18/1950	Physician	Constantine George KARNIS
Diagnosis	Unspecified injury of head(S09.9), Intracerebral haemorrhage, unspecified(I61.9), Atrial fibrillation, unspecified(I48.90), Congestive heart failure(I50.0), Asthma, unspecified, without stated st... See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	OLESINSKI, BOGDAN (925171002261)	Admission Date	04/03/2025	Location	Orchid Trail 203OT 2
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of VERBAL aggression related to Change in Routine, Anger</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/10/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p>		<p>• To promote safety for Wali and/or others during each episode of verbally aggressive behaviour through to the next review date.</p> <p>Date Initiated: 11/03/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/03/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 02/04/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Wali/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Wali for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• TRIGGERS leading to VERBAL yelling, screaming, as expression of behaviour include cause; loss of control, frustration, limitation in self expression, misunderstanding care intention, co-residents' gestures or actions.</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/20/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p> <p>• VERBAL Behaviour: If Wali is heard yelling, swearing or calling others names; calmly remind to lower her voice and that chosen words are not appropriate. Redirect and attempt to resolve her concern. Report episode to Registered Staff when getting impatient during ADL's</p> <p>staff to provide a person centered care approach and include her in making decisions about her care</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/10/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• VERBAL Behaviour: If Wali becomes impatient and demands immediate attention/response, utilize redirect technique, providing a time frame (ex, "I will be</p>			BSO - Internal Social Worker	
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1	
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

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<p>• Potential for Expressive Behaviour of VERBAL aggression related to Change in Routine, Anger</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/10/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p>			<p>with you in 3-5 minutes") for her request. Explain that it is for her safety to wait for assistance for transfers. Report any observed attempts to Registered Staff.</p> <p>Date Initiated: 10/01/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 10/01/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• DE-ESCALATION: Wali calms with distraction, re-direction, watching tv, music or/and Remove her from the environment.</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/18/2025</p> <p>Revision by: Navpreet Kaur (DOC)</p> <p>• DIVERSION ACTIVITY: Wali responds well to watching TV, listening to country/opera/classical music, as method to calm or redirect energy.</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• ENVIRONMENT: Wali is most calm with quiet area, explaining her process before care being given, ask Wali- if she would like to have care in specific way(which she likes).</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• APPROACH: Use Gentle Persuasive Approach Stop and Go. Calmly remind Wali to wait for staff to assist her with transfers for her safety.</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/19/2025</p> <p>Revision by: Navpreet Kaur (DOC)</p>						PCA			
Allergies	Codeine			D.O.B.	10/14/1941		Physician	Constantine George KARNIS				
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses											
Facility	Wellington Park Care Centre						Print Date	1/4/2026				
Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025		Location	Orchid Trail 210OT 1				
Last Care Plan Review Completed:		11/04/2025										

Care Plan Report

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<p>• Potential for Expressive Behaviour of VERBAL aggression related to Change in Routine, Anger</p> <p>Date Initiated: 09/05/2025</p> <p>Created on: 09/05/2025</p> <p>Created by: Harsimran Kaur (Registered Nurse)</p> <p>Revision on: 11/10/2025</p> <p>Revision by: Edna James (Registered Practical Nurse)</p>			<p>• BSO RECOMMENDATIONS: staff to provide a person centered care approach and include Walli in making decisions about her care.</p> <p>Date Initiated: 09/09/2025</p> <p>Created on: 09/09/2025</p> <p>Created by: Navpreet Kaur (DOC)</p> <p>Revision on: 09/09/2025</p> <p>Revision by: Navpreet Kaur (DOC)</p>				
<p>• Transfers.</p> <p>Date Initiated: 10/28/2025</p> <p>Created on: 08/05/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/28/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To prevent a decline in transfers from Assist x2 + assistive device in 4-5 months.</p> <p>Date Initiated: 08/05/2025</p> <p>Created on: 08/05/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 08/05/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>Target Date: 02/04/2026</p> <p>• To decrease falls while transferring and mobility during</p>	<p>• (encourage+ provide assist x2) to WALBURGA with sit -> stand transfer from bed, toilet, chair using the wall bar. 1/4 bed rail or 2 WW 3/wk.</p> <p>Date Initiated: 10/28/2025</p> <p>Created on: 08/05/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/28/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p> <p>• WALBURGA to perform balance exercises in standing with 1 Xa + wall bar or side rail, Kitchen sink EXs 3/wk.</p> <p>Date Initiated: 10/28/2025</p> <p>Created on: 08/05/2025</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 10/28/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	PT - Physiotherapist PTA
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1	
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Transfers.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 08/05/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>stay at the LTC.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 08/05/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/04/2026</div> <div>• To improve transfer for extensive assist x2 to assist x1 with proper set up in 6-8 months</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 08/05/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/04/2026</div>					
<div>• Active ROM.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 08/05/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To improve LT side joint flexibiity, strength from grade 3-/5 to grade 3+/5 in 4-6 months, (Manual Muscle Test)</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 08/05/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div> <div>Target Date: 02/04/2026</div> <div>• To prevent further deterioration</div>	<div>• Provide AROM abduction/adduction/extension/flexion/ supination/ pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using ROM, theraband/ball/weights, standing progress to walking 3/wk.</div> <div>Date Initiated: 10/28/2025</div> <div>Created on: 08/05/2025</div> <div>Created by: Uzma Habib (PT - Physiotherapist)</div> <div>Revision on: 10/28/2025</div> <div>Revision by: Uzma Habib (PT - Physiotherapist)</div>			PT - Physiotherapist PTA	
Allergies	Codeine			D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Active ROM. Date Initiated: 10/28/2025 Created on: 08/05/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist)	of strength from grade 3/5 to the non-affected side in 3 months. (Manual Muscle Test) Date Initiated: 10/28/2025 Created on: 08/05/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/28/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/04/2026				
<ul style="list-style-type: none"> • STRONG PARTICIPATION in activities Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)	<ul style="list-style-type: none"> • Walburga will be supported to maintain participation in activities for a minimum of 10 times per month by the next review date. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/04/2026	<ul style="list-style-type: none"> • STRUCTURED ACTIVITIES: Invite Walburga to programs of personal interest such as, Bingo, musical programs, church services, outdoor strolls and socials. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			
	<ul style="list-style-type: none"> • Walburga will maintain ISE score of 6 by the next review date. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)	<ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading, telephone conversations, watching TV, using her tablet and conversing with table mates and peers. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			
		<ul style="list-style-type: none"> • ASSISTANCE: Provide assistance/encouragement to get Walburga to scheduled activities. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)			
		<ul style="list-style-type: none"> • HELPFUL HINTS: Walburga prefers to be addressed by her preferred name, Walli. 			
Allergies	Codeine	D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• STRONG PARTICIPATION in activities</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	<p>Target Date: 02/04/2026</p>	<p>Walburga is a social and lively individual who enjoys connecting with her peers and participating in group activities, which energize her. She loves to reminisce about her life, particularly her extensive travels- she's visited 80 countries. Walburga appreciates spending time outdoors when the weather permits. She also values her regular naps throughout the day, so providing adequate time for her to get out of bed and prepare before activities, along with gentle reminders, supports her full participation.</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Walburga with music care approaches: music therapy, music programs (musical bingo, drum circle, Java music etc.) and listening to music on tablet/radio.</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	Recreation Aide			
<p>• SPIRITUAL BELIEFS: Walburga is of the Catholic Faith</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	<p>• To provide Walburga spiritual support as interested through the next review date.</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/04/2026</p>	<p>• SPIRITUAL PROGRAMS: Encourage Walburga to attend spiritual programs of her choice including Hymn Sing and Catholic Mass which is offered monthly within the home.</p> <p>Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/06/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>				
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility</p> <p>Date Initiated: 09/27/2025 Created on: 09/27/2025</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 11/03/2025</p>	<p>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</p> <p>Date Initiated: 09/27/2025</p>	PCA			
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
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Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Jaspreet Samra (RAI Coord Back-up)		Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)		PCA	Q2h
<p>• Walli is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>		<p>• SHORT TERM GOAL: To improve Walli's functional ability of sit to stand and stand to sit transfers from 1 staff & level of assistance: Total to Limited/Extensive assistance by the next review date.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/04/2026</p> <p>• LONG TERM GOAL: To improve Walli's strength and endurance for support of optimal self performance with function of sit-stand-sit transfers each day through the next review date.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Walli/SDM about performance in TRANSFER TRAINING Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Walli when partaking in TRANSFER TRAINING Nursing Restorative Program.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• SIT to STAND/STAND to SIT TRANSFER: Provide 1 staff Extensive, Limited assistance with Walli for sit to stand/stand to sit transfer exercises from bed, toilet, chair. Complete 3 of task repetition per session.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• TIME SPENT: Enter amount of time in MINUTES that Walli's performed exercises for TRANSFER TRAINING.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025</p>		Restorative Care Aide PCA	D/E
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025				

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Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Walli is enrolled in TRANSFER TRAINING nursing restorative program and has the potential to show improvement to (Specify; muscle or standing strength, balance, endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	<p>Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/04/2026</p> <p>• MAINTENANCE GOAL: To maintain Walli's strength and endurance to perform safe sit-stand-sit transfers using Limited assistance each day through to next review date.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/04/2026</p>	<p>Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• TRANSFER TRAINING Program ENROLLMENT DATE: September 9, 2025 and PROJECTED TRANSFER TRAINING Program DISCHARGE DATE: December 9, 2025.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>			
<p>• Walli is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025</p>	<p>• SHORT TERM GOAL: To improve Walli's AROM strength to be able to complete 3 of repetitions each day through the next review date.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/04/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Walli/SDM about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Walli when partaking in AROM Nursing Restorative Program.</p> <p>Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up)</p>			
Allergies	Codeine	D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
Revision by: Jaspreet Samra (RAI Coord Back-up)	<p>• LONG TERM GOAL: To improve Walli's AROM strength to be able to optimally self perform ADL function each day through the next review date Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/04/2026</p> <p>• MAINTENANCE GOAL: To maintain Walli's AROM strength to perform MUSCLE or JOINT at minimum 3 of Repetitions to perform ADL Function each day through to next review date. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) Target Date: 02/04/2026</p>	<p>Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• AROM EXERCISE MUSCLE: Provide cueing and demonstration of exercise; abduction, adduction, extension, flexion, etc. to Walli for MUSCLE GROUP - R/L bicep, triceps. Complete 3 of repetitions per each joint exercise. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• AROM EXERCISE JOINT: Provide cueing and demonstration of exercise; abduction, adduction, extension, flexion, etc.) to Walli for R/L hip, knee, ankle, shoulder, elbow, wrist, etc. Complete 3 of repetitions per each joint exercise. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/10/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• TIME SPENT: Enter amount of time in MINUTES that Walli's performed AROM exercises. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• AROM Program ENROLLMENT DATE: September 9, 2025 and PROJECTED AROM Program DISCHARGE DATE: December 9, 2025. Date Initiated: 09/09/2025 Created on: 09/09/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/09/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p>	Restorative Care Aide				
• Use of PASD Left and Right 1/4 bed rail to assist Walburga with Activity of Daily Living (bed mobility and transferring) Date Initiated: 08/06/2025	• Walburga will be effectively supported with use of Left and Right 1/4 bed rail to optimize Activity of Daily Living (bed	• HEALTH EDUCATION: Engage with Walburga/SDM to enhance their knowledge of possible benefits and challenges associated with Use of Left and Right 1/4 bed rail. Date Initiated: 08/06/2025 Created on: 08/06/2025	Restorative Care Aide PCA	DEqshiftNpr n			
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1	
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 08/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator)		mobility and transfer) each day through to the next review date. Date Initiated: 08/06/2025 Created on: 08/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use Left and Right 1/4 bed rail as to support appropriate bed mobility and transfer. Date Initiated: 08/06/2025 Created on: 08/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 bed rail left and right to assist resident with bed mobility and transfer in/out of bed. Monitor every shift. Date Initiated: 08/06/2025 Created on: 08/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	D/E/N
• Potential for Persistent) PAIN and alteration in comfort level related to (CHF, Gout, Osteoporosis. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator)		• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/03/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	• COMMUNICATION: Involve/collaborate with Walli/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator) • NON VERBAL CUES of PAIN for Walli include facial grimacing, wanting to go to bed. Report these to Registered staff when observed. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/20/2025 Revision by: Edna James (Registered Practical Nurse) • REST: accommodate resident rest and relaxation preference (breaks between activities, remaining in bed). Date Initiated: 07/30/2025 Created on: 07/30/2025			PCA	
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1	
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Potential for Persistent) PAIN and alteration in comfort level related to (CHF, Gout, Osteoporosis. <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 11/20/2025 Revision by: Edna James (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • MEDICATION: Administer analgesic medication as needed as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/20/2025 Revision by: Edna James (Registered Practical Nurse)</p>	Registered Practical Nurse RN	
<ul style="list-style-type: none"> • Altered VISION related to Presbyopia <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Richele Rosales (RAI Coordinator)</p>	<ul style="list-style-type: none"> • Walburga supported to use eyeglasses for vision correction daily through to the next review date. <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Walburga/SDM for decision making pertaining to change in visual status as needed. <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Walburga/SDM to enhance their knowledge of Presbyopia affecting vision. <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> • EYEGLASSES: Walburga wears eyeglasses. Assist to clean eyeglasses as needed. <p>Date Initiated: 08/04/2025 Created on: 08/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	PCA	

Allergies	Codeine	D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div><div>• Potential to experience complications and side effects impacting quality of life related to use of psychotropic medication.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/04/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div></div>	<div><div>• To monitor effectiveness and for side effects of medication used each day through to the next review date.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/04/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div><div>Target Date: 02/04/2026</div></div>	<div><div>• COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/04/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div><div>• MONITORING: Utilize holistic perspective of continuous monitoring of Walburga using psychotropic medication for changes to health status and alteration or complications affecting functioning or quality of life.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/04/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div><div>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/04/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div><div>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/04/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div></div>				
<div><div>• Potential to experience rash, hives, anaphylaxis, etc. related to ALLERGY of Codeine.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/01/2025</div></div>	<div><div>• Walburga will be protected from exposure to allergen each day through next review date.</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div></div>	<div><div>• COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making and health teaching about ALLERGY to (Specify; cause).</div><div>Date Initiated: 07/30/2025</div><div>Created on: 07/30/2025</div><div>Created by: Richele Rosales (RAI Coordinator)</div><div>Revision on: 08/01/2025</div><div>Revision by: Richele Rosales (RAI Coordinator)</div></div>				
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Revision by: Richele Rosales (RAI Coordinator)	Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Walburga with allergy to Cedeine for changes to health status and complications. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)• ALLERGY ALERT: Walburga has ALLERGY to Codeine. Prevent contact with and report if noted to experience symptoms. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)• MD/PHARMACY ALERT: Notify the MD and Pharmacy of Walburga Allergy to Codeine and minimize risk for exposure to allergen. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)• MEDICATION: Administer medication as per MD Order. Monitor its effectiveness. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)				
<ul style="list-style-type: none">• Potential for altered hematologic symptoms or complications related to diagnosis of Vitamin B12 deficiency ANEMIA Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)	<ul style="list-style-type: none">• To treat and/or minimize complications associated with ANEMIA each day through to the next review date. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making of hematologic care management for Anemia. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)• HEALTH TEACHING: Engage with Walburga/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with anemia.				
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with ANEMIA for complications or changes to health status. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for ANEMIA as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator)			Registered Staff	
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS, GOUT. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)		• To treat and minimize complications associated with OSTEOPOROSIS, GOUT through to the next review date. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	• COMMUNICATION: Involve/ collaborate with Walburga/SDM in decision making of osteoporosis care management. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage with Walburga/SDM to enhance her comprehension of treatment, possible complications associated with osteoporosis. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)			Registered Staff	
Allergies	Codeine			D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS, GOUT. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)			• MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator)		Registered Staff	
• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)		• To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	• COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making for GERD Management. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Walburga/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with GERD. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of GERD for discomfort/ complications or changes to health status. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 08/01/2025 Created on: 08/01/2025		RN Registered Practical Nurse	
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)			Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator)		• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	• COMMUNICATION: Involve/ collaborate with Walburga/SDM in decision making of thyroid care management. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Walburga/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with HYPOTHYROIDISM. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Walburga with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 08/01/2025 Created on: 08/01/2025			RN Registered Practical Nurse	
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1	
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator)</p>			<p>Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			
<ul style="list-style-type: none"> Potential to experience alteration in RESPIRATORY FUNCTION related to Asthma <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with Asthma each day through to next review date. <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making of Respiratory Management for Asthma. <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Engage with Walburga/SDM to enhance her comprehension of treatment, possible complications associated with Asthma. <p>Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Walburga with Asthma for changes to health status and alteration or complications affecting respiratory function. <p>Date Initiated: 08/01/2025 Created on: 08/01/2025</p>			
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential to experience alteration in RESPIRATORY FUNCTION related to Asthma</div> <div>Date Initiated: 08/01/2025</div> <div>Created on: 08/01/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>		<div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>				
<div>• Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to Sleep Apnea</div> <div>Date Initiated: 07/30/2025</div> <div>Created on: 07/30/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To promote adequate rest/sleep for Walburga based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 11/03/2025</div> <div>Created on: 07/30/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 11/03/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>Target Date: 02/04/2026</div>	<div>• REST PATTERN: Preferred bedtime 2000, usual wake time 0600-0700.</div> <div>Date Initiated: 07/30/2025</div> <div>Created on: 07/30/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/04/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• SLEEPWEAR: Walburga prefers to wear (specify; ie.; long/short night gown, pajamas bottoms, etc.).</div> <div>Date Initiated: 07/30/2025</div> <div>Created on: 07/30/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	PCA PCA			
<div>• Potential to experience alteration in CARDIAC FUNCTION related to Congestive Heart Failure, Arteriosclerotic Heart Disease of native coronary artery</div> <div>Date Initiated: 08/01/2025</div> <div>Created on: 08/01/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div>	<div>• To treat and minimize signs/symptoms or complications associated with Arteriosclerotic Heart Disease, Congestive Heart Failure through to the next review date.</div> <div>Date Initiated: 08/01/2025</div> <div>Created on: 08/01/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>	<div>• COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making of Cardiac Care Management for (specify diagnosis).</div> <div>Date Initiated: 08/01/2025</div> <div>Created on: 08/01/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div> <div>Revision on: 08/01/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Walburga with Arteriosclerotic Heart Disease, Congestive Heart Failure for changes to health</div>				
Allergies	Codeine		D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)		Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved							
		Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	status and alteration or complications affecting cardiac function. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for Arteriosclerotic Heart Disease as per MD Order and monitor for side effects. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • RESCUE MEDICATIONS: Administer NITRO-SPRAY for Angina, chest pain, Tachycardia as per MD Order. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • WEIGHT: Check/Document weight as per Order. Notify MD of any sudden weight gain. Date Initiated: 09/05/2025 Created on: 09/05/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 09/05/2025 Revision by: Harsimran Kaur (Registered Nurse) • COMPRESSION Wear: Apply compression stockings (Edema Wear Navy stripe) on both legs. Apply in the morning AM, off HS large size as per MD order to promote circulation and optimize venous return. Date Initiated: 09/05/2025 Created on: 09/05/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 09/12/2025 Revision by: Edna James (Registered Practical Nurse)				Registered Practical Nurse RN								
							Registered Practical Nurse RN								
							Registered Practical Nurse PCA								
							• Potential for hypo/hyperglycemia and		• To treat and minimize	• COMMUNICATION: Involve/ collaborate with Walburga/SDM in decision making of					
							Allergies	Codeine			D.O.B.	10/14/1941	Physician	Constantine George KARNIS	
							Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses							
							Facility	Wellington Park Care Centre					Print Date	1/4/2026	
							Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025	Location	Orchid Trail 210OT 1	
							Last Care Plan Review Completed:		11/04/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
other complications related to diagnosis of Type 2 DIABETES. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)		signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	diabetes care management. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Walburga/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with DIABETES. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Walburga for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) • RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator)			RN Registered Practical Nurse	
• Potential for BOWEL INCONTINENCE related to impaired mobility		• Walburga will have bowel incontinence managed every	• COMMUNICATION: Involve/collaborate with Walburga/SDM) for decision making about (SPECIFY: bowel function, toileting options, incontinence or ostomy				
Allergies	Codeine			D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/31/2025 Revision by: Olena Romaniuk (Registered Nurse)		shift through to the next review period. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	management, etc). Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/31/2025 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) • BOWEL Continence level is OCCASIONALLY Incontinent, Report change to level as noted. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/31/2025 Revision by: Olena Romaniuk (Registered Nurse) • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses beige brief. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/01/2025 Revision by: Rajdeep Kaur (Registered Nurse)			Registered Staff	
• URINARY (select type of: Functional, INCONTINENCE related to altered mobility Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/31/2025 Revision by: Olena Romaniuk (Registered Nurse)		• Walburga will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/03/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator)	• COMMUNICATION: Involve/collaborate with Walburga/SDM) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc). Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/31/2025 Revision by: Olena Romaniuk (Registered Nurse)				
Allergies	Codeine			D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Nurse)		Coordinator) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Walburga for toileting needs, changes to health status and alteration of continence level. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 07/31/2025 Revision by: Olena Romaniuk (Registered Nurse)</div> <div>• URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</div> <div>• SCHEDULED TOILETING: Toilet Walli before and after meals and as needed.</div> <div>• INCONTINENCE PRODUCT: Resident uses Beige brief during all shift(s)).</div> <div>PCA</div> <div>PCA</div> <div>PCA</div>				
• Nutrition Risk Level Date Initiated: 07/31/2025 Created on: 07/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Walli will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 07/31/2025 Created on: 07/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/07/2025 Revision by: Julia Pilca (Dietitian	<div>• NUTRITION RISK: Walli is MODERATE risk level. Date Initiated: 07/31/2025 Created on: 07/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 08/07/2025 Revision by: Julia Pilca (Dietitian (RD))</div> <div>• DIET ORDER: Walli will receive Regular diet, Regular texture Date Initiated: 07/31/2025 Created on: 07/31/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 07/31/2025</div> <div>Dietitian (RD)</div> <div>PCA</div>				
Allergies	Codeine			D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)			Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025					

Care Plan Report

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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Coordinator) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator)	(RAI Coordinator) Revision on: 07/30/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026	Revision by: Richele Rosales (RAI Coordinator)			
<ul style="list-style-type: none"> Increased risk for FALLS related to (Specify etiology and possible factors). Medical condition (list relevant diagnosis): Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) 	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/03/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/03/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/04/2026 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Walburga/SDM in decision making in fall prevention Plan of Care. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 09/30/2025 Revision by: Edna James (Registered Practical Nurse) CALL BELL: Place call bell within resident's reach, check that it is in working order and remind/encourage to use it. Resident may activate call bell, and try to transfer immediately after. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/11/2025 Revision by: Danielle Knott (ADOC) ENVIRONMENT: Secure environment , night light, toilet height, quiet environment, to reduce fall risk for Walli. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) BED: place bed at Knee level height, use high/low bed, etc. to lower risk for injury. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. She understood the risk of injury but liked her independence and liked to continue 	PCA	D/E/N	
Allergies	Codeine	D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025			

Care Plan Report

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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>1-2 staff to provide EXTENSIVE assistance need 1 staff for dressing LOWER body. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/02/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• EATING: Walli is able to feed herself. 1 team member to provide SUPERVISION SET UP for eating. Walli does not eat lunch. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION: 1 staff to provide TOTAL assistance for locomotion on and/or off unit.Walli uses wheelchair for locomotion. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/02/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• PERSONAL HYGIENE: Walli requires 1 staff to provide EXTENSIVE assistance for hygiene. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Edna James (Registered Practical Nurse)</p> <p>• HAND HYGIENE: 1 staff to provide LIMITED, assistance to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene. Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/02/2025 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• TOILET USE: Walli requires 2 staff to provide EXTENSIVE to MAXIMAL assistance for toileting.</p>		
Allergies	Codeine		D.O.B.	10/14/1941
Physician	Constantine George KARNIS			
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Hemiplegia (specify side) <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator)</p>		<p>Resident has to be toileted at night on request using commode as the first option, wheelchair and washroom as the second option, and bedpan as the last option when resident is weak and unable to use commode or washroom</p> <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/28/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> TRANSFERRING: Walli requires 2 x assistant from team members using the bed rail for transfers . Walli can be impatient and likes to self transfer and for her safety she will requires 2x assistance. Walli continue to perform self standing pivot transfer. Team member to remind Walli to wait for assistance for staff when found to be attempting self transfer and Report any observed attempts to Nurse. <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/01/2025 Revision by: Edna James (Registered Practical Nurse)</p> <ul style="list-style-type: none"> ORAL CARE: Walli has own TEETH (SOME TEETH MISSING). <p>1 staff to provide LIMITED assistance for oral care.</p> <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Edna James (Registered Practical Nurse)</p> <ul style="list-style-type: none"> FOOT CARE: PSW, Registered staff to complete toenail care on every shower day. <p>Report long toe nails or other abnormalities as noted.</p> <p>Date Initiated: 07/30/2025 Created on: 07/30/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 08/04/2025 Revision by: Edna James (Registered Practical Nurse)</p>	<p>Practical Nurse RN</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	

Allergies	Codeine	D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025			

Care Plan Report


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Diagnosis

Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypothyroidism, unspecified(E03.9), Atherosclerotic heart disease of native coronary artery(I25.10), Gout, unspecified, other site(M10.98), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Osteoporosis, unspecified(M81.9), Hemiplegia of unspecified type of dominant side(G81.90), Vitamin B12 deficiency anaemia, unspecified(D51.9), Fracture of lumbar vertebra, L1 level, closed(S32.000), Other idiopathic thrombocytopenic purpura(D69.38)

Allergies	Codeine	D.O.B.	10/14/1941	Physician	Constantine George KARNIS
Diagnosis	Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Other sleep apnoea(G47.38), Asthma, unspecified, without stated status asthmaticus(J45.90), Hypo...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PAGNIELLO, WALBURGA (925171002287)	Admission Date	07/30/2025	Location	Orchid Trail 210OT 1
Last Care Plan Review Completed:		11/04/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Alteration in skin integrity with risk for infection or complications related to abrasion to #18 left calf lateral</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Luchel David (RPN) Revision on: 11/30/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>	<p>• To promote optimal healing of abrasion to #18 left calf lateral</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Luchel David (RPN) Revision on: 11/30/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) Target Date: 03/27/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with abrasion to #18 left calf lateral for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Luchel David (RPN) Revision on: 12/02/2025 Revision by: Danielle Knott (ADOC)</p> <p>• TREATMENT PLAN: Administer treatment for abrasion to #18 left calf lateral, as per MD Order.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Luchel David (RPN) Revision on: 12/02/2025 Revision by: Danielle Knott (ADOC)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 10/15/2025 Created on: 10/15/2025 Created by: Luchel David (RPN) Revision on: 10/15/2025 Revision by: Luchel David (RPN)</p>				
<p>• Potential for Expressive Behaviours related to diagnosis of Bipolar Disorder.</p> <p>Date Initiated: 10/07/2016 Created on: 10/07/2016 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 08/07/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To promote safety for (Aaron) and/or others during each episode of (Disruptive loud singing) through to the next review date.</p> <p>Date Initiated: 06/26/2025 Created on: 10/31/2023 Created by: Donna Duah (Registered Nurse) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Aaron(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (resident name) for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025</p>	BSO - Internal Social Worker			
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2	
Last Care Plan Review Completed:		09/29/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SOCIALLY Inappropriate Behaviour: If (Aaron) is noted to (make loud disruptive noises in dining room/program, etc.) gently redirect him (to focus on task at hand, to move to quieter area etc.).</p> <p>Date Initiated: 10/31/2023 Created on: 10/31/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/31/2023 Revision by: Donna Duah (Registered Nurse)</p> <p>• DE-ESCALATION: Aaron calms with (quiet time, going for walk indoors/outdoors, distraction, re-direction, watching tv, music, conversation)</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DIVERSION ACTIVITY: (Aaron) responds well to (watching TV, listening to country/opera/classical music, taking walk, etc.) as method to calm or redirect energy.</p> <p>Date Initiated: 10/31/2023 Created on: 10/31/2023</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/31/2023 Revision by: Donna Duah (Registered Nurse)</p> <p>• ENVIRONMENT: Aaron is most calm with (dim lighting, door closed, quiet area, small groups)</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>RN PCA Registered Practical Nurse</p> <p>PCA</p> <p>RN Registered Practical Nurse PCA</p>		
<p>• Potential for BOWEL INCONTINENCE related to muscle tone loss.</p> <p>Date Initiated: 06/26/2025 Created on: 06/26/2025 Created by: Vesey Muthu-Vojtek (RAI</p>	<p>• Aaron will have bowel incontinence managed every shift through to the next review period.</p>	<p>• COMMUNICATION: Involve/collaborate with Aaron/SDM for decision making about (SPECIFY: bowel function, toileting options, incontinence or ostomy management, etc).</p> <p>Date Initiated: 06/26/2025 Created on: 06/26/2025</p>			
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Date Initiated: 06/26/2025 Created on: 06/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Aaron for changes to health status, alteration of continence level or bowel function. Date Initiated: 06/26/2025 Created on: 06/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is Frequent Incontinence. Report change to level as noted. Date Initiated: 06/26/2025 Created on: 06/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/22/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Aaron uses (SPECIFY size and type(s) used; brief, protective underwear). Date Initiated: 06/26/2025 Created on: 06/26/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA		
• Active ROM. Date Initiated: 05/09/2025 Created on: 06/21/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• To prevent deterioration of joint flexibility, m/s strength from grade 4/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 05/09/2025 Created on: 06/21/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/09/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/27/2026	• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using theraband/Therapeutic ball EXs 3/wk. Date Initiated: 05/09/2025 Created on: 06/21/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist	PTA	
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Active ROM. Date Initiated: 05/09/2025 Created on: 06/21/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 05/09/2025 Revision by: Uzma Habib (PT - Physiotherapist)							
• Nutrition Risk Level Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 12/09/2024 Revision by: Maria Ghobrial (Dietitian (RD))		• Aaron will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 10/28/2016 Revision by: Richele Rosales (Registered Practical Nurse) Target Date: 03/27/2026 • Will maintain weight within realistic weight range of 90-105kg through to next review date. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 12/27/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/27/2026 • Aaron will be adequately hydrated aeb drinking at least 80% of total fluid requirement of @25 ml/kg, 102 kg through to	• NUTRITION RISK: Aaron is at MODERATE nutrition risk. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 05/07/2021 Revision by: Helen Bradley (RD) • DIET ORDER: Aaron will receive regular diet, regular texture with minced meat provided upon Aaronrequest. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FLUID CONSISTENCY: Aaron drinks regular/thin (level 0) fluids. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 05/07/2021 Revision by: Helen Bradley (RD) • FLUID TARGET: Encourage Aaron to drink at least 2040 ml per day. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Helen Bradley (Dietitian) Revision on: 09/25/2025 Revision by: Julia Pilca (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022	Dietitian (RD) Dietary Manager PCA Diet PCA PCA Dietary aide PCA			
Allergies	Penicillin		D.O.B.	04/26/1961	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	PHILLIPS, AARON (925171001537)		Admission Date	07/25/2016	Location	Orchid Trail 211OT 2	
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Nutrition Risk Level</div> <div>Date Initiated: 07/26/2016</div> <div>Created on: 07/26/2016</div> <div>Created by: Helen Bradley (Dietitian)</div> <div>Revision on: 12/09/2024</div> <div>Revision by: Maria Ghobrial (Dietitian (RD))</div>	<div>next review date.</div> <div>Date Initiated: 07/26/2016</div> <div>Created on: 07/26/2016</div> <div>Created by: Helen Bradley (Dietitian)</div> <div>Revision on: 09/25/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 03/27/2026</div>	<div>Created on: 06/06/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</div> <div>Date Initiated: 06/06/2022</div> <div>Created on: 06/06/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>• LOW CALORIE: Offer Aaron skim milk instead of regular milk, and 1/2 portions of rice and potatoes at meals, offer juice made with sweetener at lunch and dinner instead of regular juice, offer 1/2 portion of sauces with meals as appropriate (l.e. gravy) for weight management as per Aaron's request.</div> <div>Date Initiated: 04/25/2022</div> <div>Created on: 04/25/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>Revision on: 07/03/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• LABELLED SNACK: Aaron receives yogurt at hs.</div> <div>Date Initiated: 06/29/2018</div> <div>Created on: 06/29/2018</div> <div>Created by: Helen Bradley (Dietitian)</div> <div>Revision on: 03/10/2023</div> <div>Revision by: Mark Chan (Dietitian)</div> <div>• RENAL CARE: Aaron to self-monitor in reducing potato intake re: Hx of hyperkalemia.</div> <div>Date Initiated: 09/24/2021</div> <div>Created on: 09/24/2021</div> <div>Created by: Helen Bradley (RD)</div> <div>Revision on: 03/18/2022</div> <div>Revision by: Helen Bradley (RD)</div>	<div>Diet</div> <div>PCA</div> <div>Recreational</div> <div>Therapy Aide</div> <div>PCA</div> <div>Diet</div> <div>PCA</div> <div>Diet</div> <div>PCA</div>	<div>D/E</div>	
<div>• Aaron will often ask to use the phone to call his sister(POA). POA does not want aaron to call before lunch.</div> <div>Date Initiated: 07/03/2024</div> <div>Created on: 09/15/2021</div> <div>Created by: Benvi Mendoza (Registered</div>	<div>• To decrease episodic frequency of (Specify; negative Mood symptoms) by next review date.</div> <div>Date Initiated: 04/07/2025</div> <div>Created on: 09/15/2021</div>	<div>• COMMUNICATION: Involve/collaborate with Aaron)/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</div> <div>Date Initiated: 09/15/2021</div> <div>Created on: 09/15/2021</div> <div>Created by: Benvi Mendoza (Registered Practical Nurse)</div> <div>Revision on: 09/15/2021</div>			
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Practical Nurse) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Created by: Benvi Mendoza (Registered Practical Nurse) Revision on: 04/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Revision by: Benvi Mendoza (Registered Practical Nurse)			
• COMMUNICATION: Aaron has no deficit. Date Initiated: 07/22/2021 Created on: 07/22/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• Aaron will be able to make basic needs known each day through to the review date. Date Initiated: 09/29/2025 Created on: 07/22/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 09/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Aaron/SDM for decision making about strategies needed to support effective communication. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Aaron/SDM to enhance their knowledge of change in health status affecting communication ability. Date Initiated: 12/24/2025 Created on: 12/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/24/2025 Revision by: Richele Rosales (RAI Coordinator) • PRIMARY LANGUAGE: Aaron's primary language is English. Date Initiated: 07/22/2021 Created on: 07/22/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/22/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)			
• High risk for FALLS related to use of cane in ambulation and psychotropic medication use. Date Initiated: 04/20/2023 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 06/26/2025 Created on: 11/07/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/26/2025	• COMMUNICATION: Involve/collaborate with Aaron/SDM in decision making in fall prevention Plan of Care. Date Initiated: 04/20/2023 Created on: 06/11/2022 Created by: Victoria Edwards (RPN) Revision on: 08/11/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse) • CALL BELL: Place call bell within Aaron's reach and remind/encourage her to use it.	PCA	D/E/N	
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:	09/29/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Coordinator)		Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	<p>Date Initiated: 04/20/2023 Created on: 11/07/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Winged bed in place to prevent falls out of bed.</p> <p>Date Initiated: 04/20/2023 Created on: 10/30/2017 Created by: Natasha Coulson (Registered Practical Nurse) Revision on: 08/11/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse) • ENVIRONMENT: Secure environment (reduce clutter, night light, bathroom signage, toilet height, quiet environment,) to reduce fall risk for Aaron.</p> <p>Date Initiated: 04/20/2023 Created on: 01/17/2021 Created by: Michael Palangi (Registered Nurse) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED: use high/low bed placed at knee level to lower risk for injury.</p> <p>Date Initiated: 04/20/2023 Created on: 06/11/2022 Created by: Victoria Edwards (RPN) Revision on: 08/11/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse) • FOOTWEAR: Ensure non-slip footwear is present.</p> <p>Date Initiated: 04/20/2023 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 08/11/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse) • PROGRAMS: PT involve in AARON in falls prevention program focuses on pain management, post fall assessment and intervention recommendation.</p> <p>Date Initiated: 09/23/2024 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/23/2024 Revision by: Uzma Habib (PT - Physiotherapist)</p>			PCA	
Allergies	Penicillin		D.O.B.	04/26/1961	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)		Admission Date	07/25/2016	Location	Orchid Trail 211OT 2	
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• High risk for FALLS related to use of cane in ambulation and psychotropic medication use.</p> <p>Date Initiated: 04/20/2023 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place.</p> <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• SUPPLEMENT: Provide Vitamin D supplement daily if ordered by MD.</p> <p>Date Initiated: 04/20/2023 Created on: 11/10/2016 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 08/11/2023 Revision by: Jeanne Ingrid Gonzales (Registered Practical Nurse)</p>	PCA		
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic.</p> <p>Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/29/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote fluid consumption and minimize risk for dehydration each day through to the next review date</p> <p>Date Initiated: 06/26/2025 Created on: 12/29/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Aaron with altered fluid intake for changes to health status and risk for dehydration.</p> <p>Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/29/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INTAKE/OUTPUT: Monitor intake and output every shift .</p> <p>Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/29/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<p>• Aaron is at high risk for elopement</p>	<p>• Aaron will remain safe within</p>	<p>• April 22/17 - Due to refusal to return to home after LOA this evening - Aaron LOA</p>	PCA		
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:	09/29/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Date Initiated: 04/20/2023 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)	the home unless accompanied by staff or other authorized persons through next review date. Date Initiated: 04/20/2023 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse) Target Date: 03/27/2026	will be restricted - is only able to go out up to 2100. Must return to Home by 2100 or LOA privilege will be suspended. Date Initiated: 04/20/2023 Created on: 04/22/2017 Created by: Charlotte Nevills (Administrator) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • Assess/record/report to MD risk factors for potential elopement such as; wandering, repeated requests to leave the building, statements such as "I'm going home", attempts to leave, previous attempts. Date Initiated: 04/20/2023 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse) • Develop an activities program to divert attention and meet needs for social and cognitive stimulation. Date Initiated: 04/20/2023 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)	ACT			
• Aaron has potential for recurrence of SEXUALLY INAPPROPRIATE BEHAVIOR and wandering related to mental health disorder. Date Initiated: 04/20/2023 Created on: 12/19/2022 Created by: Michael Palangi (Registered Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)	• Aaron will be supported to minimize expressions of sexually inappropriate behaviors. Date Initiated: 07/03/2023 Created on: 12/19/2022 Created by: Michael Palangi (Registered Nurse) Revision on: 07/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• SET BOUNDARIES: Monitor for Sexually inappropriate behaviors, if Aaron is entering another residents room, redirect and separate immediately. Report any behaviours to Registered Staff. Document behaviors on every shift using POC. Staff to closely monitor Aaron for inappropriate behaviors and report to Registered Staff. Date Initiated: 02/14/2025 Created on: 02/14/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Social Worker Director of Care Executive Director			
• Potential for Acute and Persistent PAIN	• To promote Aaron comfort and	• COMMUNICATION: Involve/collaborate with Aaron/SDM about pain management,				
Allergies	Penicillin		D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)		Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025				

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and alteration in comfort related to RIGHT KNEE PAIN, CHRONIC BACK PAIN and T8 COMPRESSION FRACTURE. Date Initiated: 04/20/2023 Created on: 07/26/2016 Created by: Amrit Bahara (Registered Staff) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)		effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 01/04/2024 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 04/20/2023 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Aaron satisfaction for pain control. Date Initiated: 04/20/2023 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • AARON to receive Hot for 15 minutes due to pain in the back. PTA to check skin before and after RX. Date Initiated: 04/20/2023 Created on: 01/11/2017 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse) • MEDICATION: Administer analgesic medication (ACETAMINOPHEN) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 04/20/2023 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/01/2024 Revision by: Susan Little (RPN)				RN Registered Practical Nurse	
• Expressed Wishes and Beliefs related to Aaron's Medical Treatment and End of Life Care Date Initiated: 04/20/2023 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2023		• To support and honor Aaron's expressed wishes and beliefs through to the End of Life. Date Initiated: 07/03/2023 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up)	• NO CPR: Aaron's wishes express NO CPR, however TRANSFER to hospital decisions will be made as needed. Date Initiated: 04/20/2023 Created on: 07/24/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)				All	
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2	
Last Care Plan Review Completed:		09/29/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Michael Palangi (Registered Nurse)		Revision on: 07/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026					
• Risk for Impaired SKIN INTEGRITY related to Bladder Incontinence. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 03/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 06/26/2025 Created on: 03/28/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• HEALTH EDUCATION: Engage Aaron/SDM in health education regarding prevention of skin impairment and management of (specify). Date Initiated: 03/28/2023 Created on: 03/28/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • POSITIONING: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 10/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 03/28/2023 Created on: 03/28/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	Q2h
• URINARY (mixed) INCONTINENCE Date Initiated: 12/12/2022 Created on: 12/12/2022 Created by: Victoria Edwards (RPN) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)		• Aaron will have urinary incontinence managed every shift through to the next review period. Date Initiated: 09/29/2025 Created on: 12/12/2022 Created by: Victoria Edwards (RPN) Revision on: 09/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with (Aaron/SDM) for decision making about (toileting options or incontinence management, catheter use, etc). Date Initiated: 12/12/2022 Created on: 12/12/2022 Created by: Victoria Edwards (RPN) Revision on: 12/12/2022 Revision by: Victoria Edwards (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of Aaron for toileting needs, changes to health status and alteration of continence level. Date Initiated: 12/12/2022 Created on: 12/12/2022				
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

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Focus		Goal	Interventions			Position	Freq/Resolved
			<p>Created by: Victoria Edwards (RPN) Revision on: 12/12/2022 Revision by: Victoria Edwards (RPN)</p> <p>• URINARY Continence level is Frequently Incontinent. Report change to level as noted. Date Initiated: 12/12/2022 Created on: 12/12/2022 Created by: Victoria Edwards (RPN) Revision on: 10/16/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• SCHEDULED TOILETING: Toilet Aaron before, after meals and before bedtime and PRN. Date Initiated: 12/22/2025 Created on: 12/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: XL pullups for all shifts Date Initiated: 12/12/2022 Created on: 12/12/2022 Created by: Victoria Edwards (RPN) Revision on: 03/18/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>			PCA	
<p>• Cognitive loss: Aaron has short term memory problems. This is related to Dx. Bipolar Disease. Date Initiated: 08/20/2016 Created on: 08/20/2016 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 12/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• Aaron will be supported to make independent choice and safe decisions each day through to the review date. Date Initiated: 09/29/2025 Created on: 12/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Aaron/SDM in decision making of Cognitive Loss. Date Initiated: 12/28/2022 Created on: 12/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Aaron/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss. Date Initiated: 12/28/2022 Created on: 12/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2022</p>			Social Worker	
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • CUE TASKS: Break tasks into manageable subtasks, Aaron can comprehend and follow steps at a time. Date Initiated: 12/28/2022 Created on: 12/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • COGNITIVE STIMULATION: Guide Aaron in activities to stimulate cognitive function (puzzles, reading, trivia). Date Initiated: 12/28/2022 Created on: 12/28/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			All	
• SPIRITUAL BELIEFS: Aaron is affiliated with the Salvation Army church. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/19/2022 Revision by: Shelley Deir (Resident Program manager)		• To provide Aaron spiritual support as interested through to the next review date. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 10/11/2019 Revision by: Isa Franco (Activities/Rec Therapy) Target Date: 03/27/2026	• SPIRITUAL PROGRAMS: Encourage Aaron to attend spiritual programs of his choice. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 12/22/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)			ACT	
• STRONG PARTICIPATION in Activities of interest. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/19/2022 Revision by: Shelley Deir (Resident Program manager)		• Aaron will be supported to maintain participation in activities for a minimum of 10 times per month by the next review date. Date Initiated: 12/30/2022 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy)	• STRUCTURED ACTIVITIES: Invite Aaron to programs of personal interest such as garden Care, outdoor strolls, bingo, sing-songs and special events. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 06/23/2025 Revision by: Megan McLoughlin (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage Aaron to engage in self-directed activities such as reading, using an iPad, socializing, and listening to music.			ACT	
Allergies	Penicillin		D.O.B.	04/26/1961	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)		Admission Date	07/25/2016	Location	Orchid Trail 211OT 2	
Last Care Plan Review Completed:		09/29/2025					

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Focus		Goal	Interventions		Position	Freq/Resolved
		<p>Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 03/27/2026</p> <p>• Aaron will maintain/improve ISE score of 6 by the next review date. Date Initiated: 04/07/2025 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026</p>	<p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 12/22/2022 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>• HELPFUL HINTS: Aaron enjoys being in the company of his peers and sharing his personal experiences in conversation. Ensure Aaron is seated next to peers whom he can establish meaningful conversation and friendships with. Aaron often likes to get his nails painted in colours of his choosing.</p> <p>Aaron enjoys keeping active. He requires support/encouragement to go outdoors for walks and attend exercise programs (especially in the morning).</p> <p>Aaron enjoys attending group programs such as bingo, sing-song and socials. He sometimes requires redirection during programs as he may wander in and out of programs or lose focus/interest on a task. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 12/28/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide one on one to assist/encourage Aaron to participate in scheduled activities. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 03/22/2021 Revision by: Megan McLoughlin (Activities/Rec Therapy)</p> <p>• MUSIC CARE APPROACH: Aaron is visited by Music Therapist monthly. Present Aaron with music by inviting him to all music related programs. Aaron loves any program where he can sing along. He particularly enjoys bell choir, sing songs, live entertainment, java music club and heartbeats club. Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Shelley Deir (Recreation Manager)</p>			
Allergies	Penicillin		D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)		Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025				

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Focus		Goal	Interventions		Position	Freq/Resolved
• STRONG PARTICIPATION in Activities of interest. Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Isa Franco (Activities/Rec Therapy) Revision on: 04/19/2022 Revision by: Shelley Deir (Resident Program manager)			Revision on: 09/21/2025 Revision by: Megan McLoughlin (Recreation Aide)			
• Potential to experience FOOT/FEET complications related to (SPECIFY; foot or toenail issues thicken toenails,calluses Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 02/16/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)		• To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date. Date Initiated: 07/03/2023 Created on: 02/16/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 07/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Aaron SDM) in decision making for footcare treatment plan. Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 02/16/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse) • TREATMENT PLAN: (Aaron) requires footcare/treatment every (Specify; 6 weeks, 8 weeks, PRN, etc.). Date Initiated: 02/16/2021 Created on: 02/16/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 02/16/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)			
• Potential for CONSTIPATION related to daily use of medication with binding effect Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse)		• Aaron will have regular soft formed bowel movements every 1-2 days through to the next review. Date Initiated: 07/03/2023 Created on: 01/06/2021	• MONITORING: Utilize holistic perspective of continuous monitoring of Aaron for constipation management and changes to health status and symptoms/ complications of constipation. Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse)			
Allergies	Penicillin		D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)		Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025				

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Focus		Goal	Interventions			Position	Freq/Resolved
Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)		Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 07/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • FLUIDS: Encourage Aaron to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse) • PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) • NUTRITION increased fibre intervention in place. See Nutrition Care Plan. Date Initiated: 03/19/2021 Created on: 03/19/2021 Created by: ryk.hbradleyWPCC (Dietitian) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse)			Registered Staff	
• Potential to experience complications and side effects impacting quality of life related to ANTIPSYCHOTIC MEDICATION Date Initiated: 07/24/2020 Created on: 05/05/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)		• To monitor effectiveness and for side effects of psychotropic medication used each day through to the next review date. Date Initiated: 06/26/2025 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Aaron/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 04/20/2020 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Aaron using anti-psychotic medication, poly-pharmacy for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 07/03/2024 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

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			<ul style="list-style-type: none">• PREFERENCE: Aaron has a tendency of refusing his scheduled anti psychotic inject but with encouragement and bargaining Aaron might agree on unscheduled dates. Date Initiated: 07/03/2024 Created on: 07/03/2020 Created by: Vesey Muthu-Vojtek (Registered Practical Nurse) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• MEDICATION REVIEW: Complete Medication Review with MD Quarterly and as needed. Date Initiated: 05/05/2017 Created on: 05/05/2017 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 07/05/2020 Revision by: Donna Duah (Registered Nurse)			RN Registered Practical Nurse	
<ul style="list-style-type: none">• Potential to experience alteration in MOOD related to BIPOLAR and PSYCHOSIS Date Initiated: 01/05/2021 Created on: 01/05/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/05/2021 Revision by: Nicole Wieske (Registered Practical Nurse)		<ul style="list-style-type: none">• Aaron will be supported to maintain mood stability as evidenced by DRS score at a range of 0 by the review date. Date Initiated: 06/26/2025 Created on: 01/05/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 06/26/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Aaron/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• HEALTH EDUCATION: Provide education and support to Aaron/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Aaron for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Aarons quality of life. Date Initiated: 01/05/2021 Created on: 01/05/2021 Created by: Nicole Wieske (Registered Practical Nurse)			RN Registered Practical Nurse	
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in MOOD related to BIPOLAR and PSYCHOSIS</p> <p>Date Initiated: 01/05/2021 Created on: 01/05/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/05/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p>			<p>Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DISTRACTION ACTIVITIES: Aaron can be calmed doing activities of interest including (listening to music, doing puzzles, watching movies)</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SLEEP/REST: Promote adequate sleep and rest to stability of Aaron's mood. Report changes in sleeping habits to Registered Staff as noted.</p> <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/28/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects</p> <p>Date Initiated: 01/06/2021 Created on: 01/06/2021 Created by: Nicole Wieske (Registered Practical Nurse) Revision on: 01/06/2021 Revision by: Nicole Wieske (Registered Practical Nurse)</p>				
<p>• Sleep Patterns; Potential for alteration in sleep patterns related to PSYCHOSIS and BIPOLAR</p> <p>Date Initiated: 07/24/2020 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 07/24/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>		<p>• To promote adequate rest/sleep for Aaron based on identified sleep patterns/preferences each night through to the next review date.</p> <p>Date Initiated: 01/04/2024 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026</p>	<p>• PREFERENCE: Aaron gets up during the night and enjoys watching Tv sometimes.</p> <p>Date Initiated: 07/25/2016 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• REST PATTERN: Usual bed time 2000-2100 and usual wake time 0700-0800.</p> <p>Date Initiated: 09/19/2021 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 09/19/2021 Revision by: Luchel David (RPN)</p> <p>• SLEEPWEAR: Aaron prefers to wear night attire.</p>			PCA	PCA
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		Date Initiated: 07/25/2016 Created on: 07/25/2016 Created by: Gurminder Bains (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITOR: Monitor Aaron's sleeping patterns. Document when awake or asleep. Date Initiated: 06/25/2025 Created on: 06/25/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA	Q1H	
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 07/24/2020 Created on: 07/31/2016 Created by: Amrit Bahara (Registered Staff) Revision on: 07/24/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 01/04/2024 Created on: 07/31/2016 Created by: Amrit Bahara (Registered Staff) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/ collaborate with Aaron/SDM in decision making of osteoporosis care management. Date Initiated: 02/02/2020 Created on: 02/02/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 02/02/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • EXERCISE: To help maintain bone mass, encourage weight bearing and/or exercise as tolerated/ therapeutically suggested. Date Initiated: 02/02/2020 Created on: 02/02/2020 Created by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Aaron for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 07/03/2024 Created on: 07/31/2016 Created by: Amrit Bahara (Registered Staff) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	Registered Staff PCA ACT		
• Potential to experience rash, hives, anaphylaxis, related to ALLERGY of PENICILLIN. Date Initiated: 07/26/2016 Created on: 07/26/2016	• Aaron will be protected from exposure to allergen each day through next review date. Date Initiated: 01/10/2025 Created on: 07/26/2016	• COMMUNICATION: Involve/collaborate with Aaron/SDM in decision making and health teaching about ALLERGY to PENICILLIN. Date Initiated: 04/20/2020 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up)			
Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 01/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective of continuous monitoring of Aaron with allergy to PENICILLIN for changes to health status and complications mortality. Date Initiated: 04/20/2020 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ALLERGY ALERT: Aaron has ALLERGY to PENICILLIN. Prevent contact with and report if noted to experience symptoms rash, hives, swelling, difficulty breathing. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MD/PHARMACY ALERT: Registered staff to ensure MD's and Pharmacy aware of Aaron's allergy and ensure he/she does not receive it. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)				
• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 05/10/2017 Created on: 05/10/2017 Created by: Amrit Bahara (Registered Staff) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 01/04/2024 Created on: 05/10/2017 Created by: Amrit Bahara (Registered Staff) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	• COMMUNICATION: Involve/collaborate with Aaron/SDM in decision making for GERD Management. Date Initiated: 04/20/2020 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH TEACHING: Engage with Aaron/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with GERD. Date Initiated: 04/20/2020 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 04/20/2020				
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision by: Aline Mendoza (RAI Coord Back-up) • POSITIONING: Encourage Aaron to avoid lying down for at least one hour after eating; elevate head of bed, encourage Aaron to sit/stand upright after meals. Date Initiated: 04/20/2020 Created on: 04/20/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 05/10/2017 Created on: 05/10/2017 Created by: Amrit Bahara (Registered Staff) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			PCA	
• Altered ability to complete Activities of Daily Living (ADLs) related decreased mobility and poor judgment secondary to diagnosis of Bipolar disorder and Osteoporosis. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Aaron will feel supported in coping with changing functional abilities due to Psychosis and Bipolar disorder through the review date. Date Initiated: 09/29/2025 Created on: 11/07/2019 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 09/29/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/27/2026	• BATHING: Aaron requires ONE PERSON EXTENSIVE PHYSICAL HELP IN PART OF BATHING ACTIVITY; lower body. SHOWER days are on FRIDAY EVE and TUESDAY days. On Shower days , strip the linens, wipe the mattress with Virox and place new linens.Staff to clip finger and toenails after each Shower. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/18/2025 Revision by: Richele Rosales (RAI Coordinator) • BED MOBILITY: Aaron is INDEPENDENT Date Initiated: 04/20/2023 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse) • DRESSING: Aaron requires ONE PERSON EXTENSIVE PHYSICAL ASSIST. Date Initiated: 03/31/2023 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)			PCA	
Allergies	Penicillin			D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)			Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none">• EATING: Aaron is INDEPENDENT. If Aaron requests extra helpings of food, remind him his weight is increasing. If he still wants more food, provide it per his request. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)• LOCOMOTION: Aaron is INDEPENDENT. INDEPENDENT with set up help off unit.• PERSONAL HYGIENE: Aaron requires ONE PERSON EXTENSIVE PHYSICAL ASSIST. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2023 Revision by: Michael Palangi (Registered Nurse)• HAND HYGIENE: 1 staff to REMIND Arron to complete hand hygiene. Arron doesn't like hand sanitizer, use soap and water at the sink.• TOILET USE: Aaron requires ONE PERSON LIMITED ASSIST. Aaron has a Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 09/23/2025 Revision by: Richele Rosales (RAI Coordinator)• TRANSFERRING: Aaron is INDEPENDENT. Momo DEVICE IN PLACE.			PCA <	

Care Plan Report


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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Lydia Lomo (Registered Practical Nurse)	Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 07/03/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/27/2026	Revision by: Aline Mendoza (RAI Coord Back-up) • EYEGLASSES: Aaron wears eyeglasses. Assist to clean eyeglasses as needed and store on night table when sleeping. Date Initiated: 07/26/2016 Created on: 07/26/2016 Created by: Nicole Nordeman (Registered Practical Nurse) Revision on: 04/20/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	PCA	

Allergies	Penicillin	D.O.B.	04/26/1961	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Osteoporosis, unspecified(M81.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Unspecified nonorganic psychosis(F29)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PHILLIPS, AARON (925171001537)	Admission Date	07/25/2016	Location	Orchid Trail 211OT 2
Last Care Plan Review Completed:		09/29/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Increased risk for FALLS related to decreased mobility secondary to CEREBROVASCULAR ACCIDENT Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 01/16/2024 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with (FRANK)/SDM in decision making in fall prevention Plan of Care. Date Initiated: 03/15/2023 Created on: 03/15/2023 Created by: Victoria Edwards (RPN) Revision on: 03/15/2023 Revision by: Victoria Edwards (RPN) • CALL BELL: Place call bell within Frank's reach and remind/encourage him to use it. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse) • ADAPTIVE EQUIPMENT: Frank needs adaptive equipment:high/low bed, wheelchair. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • BED: Place bed in lowest position, use high/low bed to lower risk for injury. Resident changes position of the bed on his own. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 02/15/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • PROGRAMS: PT is participating in fall prevention team PT role : PT Post fall assessment, Fall prevention intervention recommendations. Date Initiated: 10/09/2020 Created on: 10/09/2020 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/09/2020 Revision by: Uzma Habib (PT - Physiotherapist)				PCA	D/E/N
• Potential for Persistent PAIN and		• To promote Frank's comfort	• COMMUNICATION: Involve/collaborate with Frank about pain management, goals					
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS		
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre				Print Date	1/4/2026		
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1		
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
alteration in comfort level related to CVA and ARTHRITIS. Date Initiated: 07/19/2023 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 01/16/2024 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 01/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	of treatment, plan of care, prognosis and treatment options. Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal satisfaction for pain control. Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • PREFERENCES: Frank has identified preference for pain management PRN pain meds only Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • ALTERNATIVE THERAPY: consider other therapies to relieve pain such as music therapy and aromatherapy Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 03/10/2022 Revision by: Alison McAulay (RN) • POSITIONING: Frank prefers to be positioned in the bed and not get up from bed. Date Initiated: 08/17/2023 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 08/17/2023 Revision by: Genevieve (Jenny) Steward (Director of Care) • REST: accommodate Frank's rest and relaxation preference such as breaks between activities and remaining in bed.	RN Registered Practical Nurse		
Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to CVA and ARTHRITIS.</p> <p>Date Initiated: 07/19/2023 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>			
<p>• Use of PASD TWO 1/4 BED RAILS in transfer position to assist Frank with bed mobility and transfer.</p> <p>Date Initiated: 07/01/2020 Created on: 07/01/2020 Created by: Edna James (Registered Practical Nurse) Revision on: 03/02/2023 Revision by: Victoria Edwards (RPN)</p>		<p>• Frank will be effectively supported with use of (two partial bed rails) to optimize Activity of Daily Living (bed mobility and transfer) each day through to the next review date.</p> <p>Date Initiated: 04/14/2025 Created on: 07/01/2020 Created by: Edna James (Registered Practical Nurse) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• HEALTH EDUCATION: Engage with Frank to enhance their knowledge of possible benefits and challenges associated with Use of two partial bed rails.</p> <p>Date Initiated: 07/01/2020 Created on: 07/01/2020 Created by: Edna James (Registered Practical Nurse) Revision on: 07/01/2020 Revision by: Edna James (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Frank for continued benefit to use two partial bed rails as to support appropriate transfer and bed mobility.</p> <p>Date Initiated: 01/16/2021 Created on: 07/01/2020 Created by: Edna James (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• BED RAIL TWO PARTIAL: LEFT and RIGHT 1/4 Rails in USE as a PASD to assist Frank with bed mobility, transfer in/out of bed. Monitor every shift.</p> <p>Date Initiated: 11/18/2022 Created on: 07/01/2020</p>		PCA	D/E/N
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Use of PASD TWO 1/4 BED RAILS in transfer position to assist Frank with bed mobility and transfer. Date Initiated: 07/01/2020 Created on: 07/01/2020 Created by: Edna James (Registered Practical Nurse) Revision on: 03/02/2023 Revision by: Victoria Edwards (RPN)			Created by: Edna James (Registered Practical Nurse) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN)				
• URINARY (Functional) Incontinence related to loss of muscle tone and decreased mobility secondary to CVA. Date Initiated: 01/18/2023 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)		• Frank will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/10/2025 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Frank for toileting needs, changes to health status and alteration of continence level. Date Initiated: 01/16/2021 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • URINARY Continence level is TOTAL Incontinent. Report change to level as noted. PCA Date Initiated: 04/09/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 04/10/2020 Revision by: Vesey Muthu-Vojtek (Registered Practical Nurse) • CHECK and CHANGE: Frank experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. PCA Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Frank uses orange briefs for all shifts. PCA Date Initiated: 02/15/2024				
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS	
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY (Functional) Incontinence related to loss of muscle tone and decreased mobility secondary to CVA. Date Initiated: 01/18/2023 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/18/2023 Revision by: Victoria Edwards (RPN)			Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 02/15/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)			
• Potential for Expressive Behaviour of VERBAL nature related to DEPRESSION. Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/01/2022 Revision by: Alison McAulay (RN)		• To promote safety for Frank and/or others during each episode of (Verbally) through to the next review date Date Initiated: 07/15/2025 Created on: 07/12/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with Frank/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 10/03/2022 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/03/2022 Revision by: Victoria Edwards (RPN) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Frank for indications to change in or for escalating expressive behaviour risk. Date Initiated: 10/03/2022 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/03/2022 Revision by: Victoria Edwards (RPN) • TRIGGERS leading to VERBAL (yelling, screaming, calling names, etc.) as expression of behaviour include (loss of control, frustration, limitation in self expression, misunderstanding care intention, etc.) Date Initiated: 10/03/2022 Created on: 10/03/2022		BSO - Internal BSO - External Social Worker	
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of VERBAL nature related to DEPRESSION. Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/01/2022 Revision by: Alison McAulay (RN)</p>			Created by: Victoria Edwards (RPN) Revision on: 10/03/2022 Revision by: Victoria Edwards (RPN)				
			• VERBAL Behaviour: If Frank is heard yelling, swearing or calling others names; calmly remind to lower his voice and that chosen words are not appropriate. Attempt to resolve his concern. Report episode to Registered Staff.				
			Date Initiated: 10/03/2022 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/03/2022 Revision by: Victoria Edwards (RPN)				
			• TRIGGERS leading to RESISTANCE to Care Needs of PHYSIOTHERAPY assessment and exercises as expression of behaviour include (loss of control, frustration, limitation in self expression, misunderstanding care intention, etc.)				
			Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Danielle Knott (ADOC) Revision on: 10/06/2025 Revision by: Danielle Knott (ADOC)				
			• SEXUAL Behaviour: If (Frank) is noted to (masturbate in his room, disrobe in bed) calmly assist him with tying his brief.				
			Date Initiated: 04/03/2023 Created on: 04/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/03/2023 Revision by: Donna Duah (Registered Nurse)				
			• SEXUAL Behaviour: (Frank) demonstrates habit of unwanted (behaviour, ie calling name of team members while masterbating) of others (Report episode to Registered Staff.				
			Date Initiated: 04/03/2023 Created on: 04/03/2023 Created by: Donna Duah (Registered Nurse) Revision on: 04/03/2023 Revision by: Donna Duah (Registered Nurse)				
			• SPECIAL consideration: Answering the call bell: Knock on the door, when he responds then enter, greet with a friendly e.g. ?Hello Frank, you rang the bell? or ?				
Allergies	Latex			D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Expressive Behaviour of VERBAL nature related to DEPRESSION.</p> <p>Date Initiated: 07/30/2020</p> <p>Created on: 07/30/2020</p> <p>Created by: Aline Mendoza (RAI Coord Back-up)</p> <p>Revision on: 10/01/2022</p> <p>Revision by: Alison McAulay (RN)</p>		<p>Hello Frank, do you want your personal care now?</p> <p>Interactions:</p> <p>Validate Supporting the emotions and feelings Frank is experiencing.</p> <p>Examples:</p> <p>he says ?I like ____ (PSW name), she knows what she is doing. You are stupid/an imbecile.</p> <p>Staff response could be:</p> <p>?Yes, I know that ____ (staff name) helps you often. We work together, she has been training me in the best way to help you. I am here now. Are you ready for ____ (care task).</p> <p>?I am sorry. I know ____ (PSW name) worked well with you. She has trained me. If he says ?I will wait until ?-(PSW name) is available. Staff could say: ?I can help you now, what do you need?</p> <p>Collaborate Work together with Frank to enhance his physical abilities and cooperation with the care (turning his body, moving his arms, etc)</p> <p>Facilitate Accommodating his physical disabilities to enable him to do a task or activity. Refer to care plan update that is based on the Physio Functional assessment</p> <p>Facilitating offer activities that he enjoys and used to do like read the bible, watch TV (sports/games live)</p> <p>Relax Helping him to relax and feel comfortable without making any intellectual demands e.g. music, aromatherapy, music therapist</p> <p>Stop and Go When Frank is resistant to care, stop, pause, and reapproach. If he yells and is verbally aggressive, tell him that you are there to help him but if he continues yelling you will leave. If he continues to resist, stop and leave the room.</p> <p>Pay attention to his cues.</p> <p>If he is resistant to care or using bad language, then staff can leave</p> <p>Date Initiated: 11/06/2023</p> <p>Created on: 11/06/2023</p>			
Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none">• Potential for Expressive Behaviour of VERBAL nature related to DEPRESSION. <p>Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/01/2022 Revision by: Alison McAulay (RN)</p>		<p>Created by: Navpreet Kaur (Director of Care) Revision on: 11/06/2023 Revision by: Navpreet Kaur (Director of Care)</p>				
<ul style="list-style-type: none">• COMMUNICATION: resident has no deficit. <p>Date Initiated: 07/20/2021 Created on: 07/20/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/20/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none">• Frank will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 10/10/2025 Created on: 07/20/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none">• PRIMARY LANGUAGE: Frank's primary language is English. <p>Date Initiated: 07/20/2021 Created on: 07/20/2021 Created by: Genny Lourenco (Quality Improvement Coordinator) Revision on: 07/20/2021 Revision by: Genny Lourenco (Quality Improvement Coordinator)</p>				
<ul style="list-style-type: none">• Potential to experience swelling related to ALLERGY of latex and natural rubber. <p>Date Initiated: 01/16/2021 Created on: 01/16/2021</p>	<ul style="list-style-type: none">• Frank will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 04/14/2025</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Frank in decision making and health teaching about ALLERGY to latex and natural rubber. <p>Date Initiated: 01/16/2021 Created on: 01/16/2021</p>				
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)		Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for swelling for changes to health status and complications mortality. Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • ALLERGY ALERT: Frank has ALLERGY to latex and natural rubber. Prevent contact with and report if noted to experience swelling. Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Frank's allergy to latex and natural rubber and minimize risk for exposure to allergen. Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)				
• Altered VISION related to aging process Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)		• Frank will use glasses for vision correction daily through to the next review date. Date Initiated: 07/15/2025 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• COMMUNICATION: Involve/collaborate with Frank for decision making pertaining to change in visual status as needed. Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • EYEGLASSES: Frank wears eyeglasses. Assist to clean eyeglasses as needed and store on night table, in night table drawer when sleeping. Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse)				
Allergies	Latex			D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none">Altered VISION related to aging process <p>Date Initiated: 01/16/2021 Created on: 01/16/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<p>Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>				
<ul style="list-style-type: none">Potential to experience FOOT/FEET complications related to use of antiplatelet medication <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>	<ul style="list-style-type: none">To maintain adequate Foot/Feet/Toenail care and minimize episodes of inflammation, infection or complications through to the next review date. <p>Date Initiated: 07/19/2023 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none">TREATMENT PLAN: Frank requires toenails cut regularly as needed. <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)REFUSAL of SERVICE: Frank declines suggested footcare/treatment from foot care nurse. Jan 15, 2021 - see progress notes.<p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p></p>				
<ul style="list-style-type: none">Potential to experience alteration in MOOD as exhibited by persistent anger with self or others, unpleasant mood in the morning related to Depression <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021</p>	<ul style="list-style-type: none">To decrease episodic frequency of persistent anger with self or others, unpleasant mood in the morning by next review date. <p>Date Initiated: 07/15/2025 Created on: 01/15/2021 Created by: Richele Rosales</p>	<ul style="list-style-type: none">COMMUNICATION: Involve/collaborate with Frank about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Always explain the task prior to providing it to Frank.VALIDATION:Support the emotions and feelings of Frank For example if he says,"I like(PSW name),she knows what she is doing. You are stupid/an imbecile. Staff response could be: "Yes,I know that(staff name) help you often.We work together, she has been training me in the best way to help you. I am here now. Are</p>				
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision by: Richele Rosales (Registered Practical Nurse)	(Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	<p>you ready for (care task) OR "I am sorry, I know (PSW name) worked well with you. She has trained me. If he says "I will wait until (PSW name) is available. Staff could say "I can help you now, what do you need?"</p> <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse)</p> <p>Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Frank for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Frank's quality of life.</p> <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse)</p> <p>Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• Frank's STRENGTHS: Build on Frank's effort to maintain control. Encourage him to All express self, state preferences and make safe choices for care and activities.</p> <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse)</p> <p>Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• DISTRACTION ACTIVITIES: Frank can be calmed doing activities of interest including listening to music, watching videos on his tablet. As per St. Joseph Seniors Mental Health Outreach Program, staff are to set firm but professional boundaries with Frank whenever he is rude or verbally aggressive with staff, stating they will return later to continue care. "STOP and GO" When Frank is resistive to care, stop, pause and reapproach. If he yells and is verbally aggressive, tell him that you are there to help him but if he continues yelling you will leave. If he continues to resist, stop and leave the room. Pay attention to cues. If resistant to care or using bad language, then staff can leave.</p> <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse)</p>			
Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by persistent anger with self or others, unpleasant mood in the morning related to Depression <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>			<p>Revision on: 02/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, ambient lighting, preferred music/videos). <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> SLEEP/REST: Promote adequate sleep and rest to stability of Frank's mood. <p>Report changes in sleeping habits to Registered Staff as noted.</p> <p>Date Initiated: 01/15/2021 Created on: 01/15/2021 Created by: Richele Rosales (Registered Practical Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>		All	
<ul style="list-style-type: none"> Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of DIURETICS for Hypertension. <p>Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<ul style="list-style-type: none"> Frank to promote fluid consumption and minimize risk for dehydration each day through to the next review date. <p>Date Initiated: 07/15/2025 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Frank/SDM in decision making for plan Diet of Hydration/Fluid consumption and risks of dehydration. <p>Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Frank with altered fluid intake for changes to health status and risk for dehydration. <p>Date Initiated: 01/16/2021 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p> <ul style="list-style-type: none"> PROMOTE FLUIDS: Promote Frank to consume fluids; amount as per Nutrition Care Plan. 		All	
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of DIURETICS for Hypertension.</p> <p>Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>		<p>Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			
<p>• Risk for/Impaired SKIN INTEGRITY related to bowel and bladder incontinence, itchy skin and rash on abdomen, left upper leg, left lower arm and posterior trunk related to CVA and other medical condition.</p> <p>Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>	<p>• To protect and maintain skin integrity each day through to the next review.</p> <p>Date Initiated: 07/15/2025 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/15/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• HEALTH EDUCATION: Engage Frank/SDM in health education regarding prevention of skin impairment..</p> <p>Date Initiated: 04/10/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 04/14/2020 Revision by: Vesey Muthu-Vojtek (Registered Practical Nurse)</p> <p>• SHEAR FRICTION: Adjust foot and head of bed to reduce shear friction</p> <p>Date Initiated: 04/10/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 06/04/2020 Revision by: Edna James (Registered Practical Nurse)</p> <p>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture</p> <p>Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 06/01/2021 Revision by: Ashley Manzano (Registered Practical Nurse)</p>	PCA		
<p>• Potential to experience alteration in</p>	<p>• To treat and minimize signs/symptoms or complications</p>	<p>• COMMUNICATION: Involve/ collaborate with Frank/ SDM in decision making of neurological care management for CVA.</p>	PCA		
Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
NEUROLOGICAL FUNCTION related to: CEREBROVASCULAR ACCIDENT (CVA) Date Initiated: 10/19/2020 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up)	associated with CVA through to the next review date. Date Initiated: 07/19/2023 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Date Initiated: 10/19/2020 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • HEALTH EDUCATION: Engage with Frank/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with CVA. Date Initiated: 10/19/2020 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer antiplatelet medication for CVA as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/19/2020 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Frank with CVA for changes to health status and alteration or complications affecting neurological function. Date Initiated: 01/16/2021 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing such as coughing during eating, drooling. Date Initiated: 10/19/2020 Created on: 10/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)	PCA		
• Potential for gastric discomfort/complications related to	• To treat and/or minimize complications associated with	• COMMUNICATION: Involve/collaborate with Frank/SDM in decision making for GERD Management.			
Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 07/30/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/30/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		GERD each day through to the next review date. Date Initiated: 07/19/2023 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Frank for management of GERD for discomfort/ complications or changes to health status. Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • POSITIONING: Encourage Frank to avoid lying down for at least one hour after eating; elevate head of bed, encourage Frank to sit/stand upright after meals. Date Initiated: 07/30/2020 Created on: 07/30/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 04/10/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse)			PCA	
• Potential for muscular dysfunction, contractures and bone deformity related to RHEUMATOID ARTHRITIS Date Initiated: 07/19/2020 Created on: 07/19/2020 Created by: Aline Mendoza (RAI Coord Back-up)		• To treat and minimize signs/symptoms or complications associated with RHEUMATOID ARTHRITIS through to the next review date. Date Initiated: 07/19/2023 Created on: 07/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• COMMUNICATION: Involve/ collaborate with Frank/SDM in decision making of musculoskeletal care management. Date Initiated: 07/19/2020 Created on: 07/19/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medication for management of ARTHRITIS as per MD order. Monitor effectiveness and for side effects. Date Initiated: 07/19/2020 Created on: 07/19/2020 Created by: Aline Mendoza (RAI Coord Back-up)			Registered Staff	
Allergies	Latex			D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report

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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Sleep Patterns; Potential for alteration in sleep patterns related to DEPRESSION. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) 					
<ul style="list-style-type: none"> • Potential for bruising, bleeding, clotting or other complications related to use of ANTIPLATELET medication Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) 	<ul style="list-style-type: none"> • To monitor for bleeding and minimize complications related to use of ASA through the review date. Date Initiated: 01/16/2024 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 01/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Frank in decision making and health teaching of Anti-coagulation medication use. Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • BLEEDING ALERT: Notify nurse immediately if Frank is bleeding noted blood in urine/stool, bleeding nose/gums and unexplained bruising. Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • FOOD/MEDICATION ALERT: Frank to avoid consumption of large amounts of leafy green vegetables or other dietary sources of VITAMIN K which can interfere with Coumadin effect. Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • MEDICATION: Administer medications as per MD Order. Report abnormal or 	PCA All		
Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for bruising, bleeding, clotting or other complications related to use of ANTIPLATELET medication Date Initiated: 07/19/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. Date Initiated: 04/10/2020 Created on: 04/10/2020 Created by: Sheila Asante (Registered Nurse)			Staff	
• Altered ability to complete Activities of Daily Living (ADLs) related to HEMIPLEGIA (left side), Limited Mobility secondary to CEREBROVASCULAR ACCIDENTS (CVA) complications. Date Initiated: 07/16/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 07/16/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		• Frank will have ALL ADL care tasks met each day through the next review date. Date Initiated: 10/10/2025 Created on: 07/16/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/12/2026	• BATHING: Frank prefers BED BATH on Thursday and Monday morning. 2 staff TOTAL assistance for bathing. On Shower/Bath days, strip the linens, wipe mattress with Virox and place new linens. Nail care to be provided on shower day. Staff to provide soap and water in basin for bathing. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/04/2025 Revision by: Edna James (Registered Practical Nurse) • BED MOBILITY: Frank requires EXTENSIVE to MAXIMAL assistance with 1 staff in bed mobility such as turning his body, moving his arms. Frank will use the bedrail to pull himself up and adjust in bed. Date Initiated: 07/16/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • DRESSING: Frank requires EXTENSIVE to MAXIMAL with 2 staff in dressing. Frank prefers to wear hospital gowns. Frank is able to lift his arms to get into the			PCA	
Allergies	Latex			D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025					

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Focus		Goal	Interventions			Position	Freq/Resolved		
			<p>gown. When he is tired, he may require TOTAL ASSISTANCE. Date Initiated: 07/30/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• EATING: Frank requires SET UP assistance with 1 staff to help cut meat or vegetable into small pieces. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION ON/OFF UNIT: Frank requires TOTAL ASSISTANCE with 1 staff on PCA unit, and 1 or 2 staff off unit. Frank is bedfast most of the time, but goes down for walk when weather permits. Date Initiated: 10/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 07/12/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse)</p> <p>• PERSONAL HYGIENE: Frank requires EXTENSIVE assistance X 1 staff for personal hygiene. Date Initiated: 07/30/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 10/10/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HAND HYGIENE: 1 staff to provide Frank REMINDERS for hand hygiene. Use soap/water when in the bathroom and apply sanitizer for hand hygiene when in common areas. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Dale Bamforth (Nurse Clinician) Revision on: 07/30/2021 Revision by: Dale Bamforth (Nurse Clinician)</p>					PCA	
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS			
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre				Print Date	1/4/2026			
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1			
Last Care Plan Review Completed:		10/10/2025							

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to HEMIPLEGIA (left side), Limited Mobility secondary to CEREBROVASCULAR ACCIDENTS (CVA) complications. Date Initiated: 07/16/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 07/16/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>			<p>• TOILET USE: Frank requires EXTENSIVE to MAXIMAL assistance. He may require PCA TOTAL assistance when he is tired. Date Initiated: 10/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator)</p>					
			<p>• TRANSFERRING: Frank requires TOTAL assistance with 2 staff in transfers. PCA CEILING LIFT/HOYER LIFT used for transfer. Date Initiated: 10/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 10/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>					
			<p>• TRANSFER LIFT/SLING: HOYER LIFT and Medium sling needed for transfer. All Date Initiated: 10/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 10/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>					
			<p>• ORAL CARE: Frank has TEETH, and dentures. and is able to self care oral hygiene PCA 1 staff to provide set up assistance and cueing assistance for oral care BID and as needed. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 01/15/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p>					
			<p>• FOOT CARE: Foot Care Nurse to complete toenail care every 6 weeks. Report long PCA toe nails or other abnormalities as noted. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p>					
			<p>• SHAVING - Frank will have face shaven daily by afternoon/evening staff as per his PCA D</p>					
Allergies	Latex			D.O.B.	12/02/1943		Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hypertlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020		Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to HEMIPLEGIA (left side), Limited Mobility secondary to CEREBROVASCULAR ACCIDENTS (CVA) complications. Date Initiated: 07/16/2020 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 07/16/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			request. Date Initiated: 11/18/2022 Created on: 04/09/2020 Created by: ALISON MCAULAY (Convalescent Coord) Revision on: 11/18/2022 Revision by: Victoria Edwards (RPN) <ul style="list-style-type: none"> RESIDENT PREFERENCE - Frank refused to wear I.D bracelet. Date Initiated: 09/03/2021 Created on: 09/03/2021 Created by: Ramandeep Kaur (Registered Practical Nurse) Revision on: 09/03/2021 Revision by: Ramandeep Kaur (Registered Practical Nurse) <ul style="list-style-type: none"> SPECIFIC RESIDENT Request: Resident can refused to get up from bed. Date Initiated: 07/24/2024 Created on: 07/24/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/24/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)			PCA	
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Frank's Medical Treatment and End of Life Care Date Initiated: 07/16/2020 Created on: 07/16/2020 Created by: Aline Mendoza (RAI Coord Back-up)		<ul style="list-style-type: none"> To support and honor Frank's expressed wishes and beliefs through to the End of Life. Date Initiated: 10/16/2024 Created on: 07/16/2020 Created by: Aline Mendoza (RAI	<ul style="list-style-type: none"> CPR: Frank's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 07/16/2020 Created on: 07/16/2020 Created by: Aline Mendoza (RAI Coord Back-up) Revision on: 07/16/2020 Revision by: Aline Mendoza (RAI Coord Back-up)			All	
Allergies	Latex			D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025					

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Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 07/16/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		Coord Back-up) Revision on: 10/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026				
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: Frank is non-religious. Date Initiated: 05/24/2020 Created on: 05/24/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 05/24/2020 Revision by: Rebecca Powell (Restorative Care Aide) 		<ul style="list-style-type: none"> • To provide Frank spiritual support as interested through to the next review date. Date Initiated: 07/19/2023 Created on: 05/24/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026 	<ul style="list-style-type: none"> • PERSONAL CHOICE: Respect Frank's right to decline participation in Spiritual Program. Frank is not interested in attending any religious programs at WPCC at this time. Date Initiated: 05/24/2020 Created on: 05/24/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 05/24/2020 Revision by: Rebecca Powell (Restorative Care Aide) 		ACT	
<ul style="list-style-type: none"> • Frank DECLINES PARTICIPATION in structured programs related to personal choice. Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 05/14/2020 Revision by: Rebecca Powell (Restorative Care Aide) 		<ul style="list-style-type: none"> • Frank participates in independent/self-directed activities for a minimum of 10 times monthly through to the next review date. Date Initiated: 07/19/2023 Created on: 05/14/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/12/2026 	<ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage Frank to engage in self-directed activities such as reading, listening to music, telephone conversations with his friend, conversing with peers/staff, and using his personal tablet. Frank likes to watch sports like hockey and baseball on TV. Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 01/01/2024 Revision by: Megan McLoughlin (Recreation Aide) • FRIENDLY VISIT: Provide Frank with one to one visits as tolerated. Touch Base to maintain contact and to converse about current events, talk about enjoyed pastimes, music etc. Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 01/01/2024 Revision by: Megan McLoughlin (Recreation Aide) • HELPFUL HINTS: Frank is an individual that prefers to spend most of his time 			
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025				

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Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Frank DECLINES PARTICIPATION in structured programs related to personal choice.</p> <p>Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 05/14/2020 Revision by: Rebecca Powell (Restorative Care Aide)</p>		<p>alone and participate in leisure activities independently. Recreation Team Members to provide Frank with music of interest, ensure access to newspaper/reading material, and facilitate conversation regarding current events. Overall, Frank prefers short visits by team members.</p> <p>Date Initiated: 05/14/2020 Created on: 05/14/2020 Created by: Rebecca Powell (Restorative Care Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Frank with music care approaches, such as: listening to music on the radio in his room or using a tablet.</p> <p>Date Initiated: 10/13/2025 Created on: 10/13/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>		
<p>• Potential for BOWEL INCONTINENCE related to poor muscle control.</p> <p>Date Initiated: 04/09/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 04/23/2020 Revision by: Vesey Muthu-Vojtek (Registered Practical Nurse)</p>	<p>• Frank will have bowel incontinence managed every shift through to the next review period.</p> <p>Date Initiated: 01/16/2024 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/16/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Frank for changes to health status, alteration of continence level or bowel function.</p> <p>Date Initiated: 01/16/2021 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse)</p> <p>• BOWEL Continence level is TOTAL Incontinence. Report change to level as noted. PCA</p> <p>Date Initiated: 10/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 10/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)</p> <p>• INCONTINENCE PRODUCT: Frank uses orange briefs for all shifts. PCA</p> <p>Date Initiated: 11/30/2022 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 02/15/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)</p>		
• Nutrition Risk Level	• Frank will be adequately	• NUTRITION RISK: Frank is at MODERATE nutrition risk. Frank refuses to be	Dietitian (RD)	
Allergies	Latex	D.O.B.	12/02/1943	Physician
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location
Last Care Plan Review Completed:	10/10/2025			

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Focus		Goal	Interventions			Position	Freq/Resolved	
<div>Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/14/2020 Revision by: ryk.hbradleyWPCC (Dietitian)</div>		nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/14/2020 Revision by: ryk.hbradleyWPCC (Dietitian) Target Date: 04/12/2026	weighed Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 10/21/2024 Revision by: Angelika Joniec (ADOC) • DIET ORDER: Frank will receive REGULAR diet, REGULAR texture. Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/14/2025 Revision by: Maria Ghobrial (Dietitian (RD))			PCA		
		• Will weigh within Realistic weight range of 78-94 kg /BMI 24-29 through to next review date. Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 01/09/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 04/12/2026	• FLUID CONSISTENCY: Frank drinks regular/thin (level 0) fluids. Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 05/07/2021 Revision by: Helen Bradley (RD)			Diet PCA		
			• FLUID TARGET: Encourage Frank to drink at least 1560 ml per day. Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/14/2025 Revision by: Maria Ghobrial (Dietitian (RD))			PCA		
		• Frank will be adequately hydrated aeb drinking at least 80% of total fluid requirement of @25 ml/kg, 78 kg through to next review date. Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/14/2025 Revision by: Maria Ghobrial	• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)			Dietary aide PCA		
			• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. Date Initiated: 06/06/2022 Created on: 06/06/2022 Created by: Kaitlyn Myles (Dietitian)			Diet PCA Recreational Therapy Aide	D/E	
			• FOOD PREFERENCES: Frank enjoys eating eggs and yogurt for breakfast daily.			Diet		
Allergies	Latex			D.O.B.	12/02/1943	Physician	Constantine George KARNIS	
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	PINEAU, FRANK (925171001994)			Admission Date	04/09/2020	Location	Orchid Trail 207OT 1	
Last Care Plan Review Completed:		10/10/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 04/14/2020 Created on: 04/14/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 04/14/2020 Revision by: ryk.hbradleyWPCC (Dietitian)		(Dietitian (RD)) Target Date: 04/12/2026	Date Initiated: 06/24/2020 Created on: 06/24/2020 Created by: ryk.hbradleyWPCC (Dietitian) Revision on: 05/07/2021 Revision by: Helen Bradley (RD) • HIGH FIBRE: Offer 1 svg Fruitrite at breakfast daily Date Initiated: 06/25/2021 Created on: 06/25/2021 Created by: Helen Bradley (RD) Revision on: 05/08/2025 Revision by: Maria Ghobrial (Dietitian (RD))			PCA	
						PCA	D/E
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 04/09/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse)		• To treat and minimize signs/symptoms or complications associated with Diagnosis of Hyperlipidaemia , Hypertension through to the next review date. Date Initiated: 07/19/2023 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 07/19/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/12/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Frank with Hyperlipidaemia , Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 01/16/2021 Revision by: Richele Rosales (Registered Practical Nurse) • MEDICATION: Administer medication for Hyperlipidaemia , Hypertension as per MD Order and monitor for side effects. Date Initiated: 04/09/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) • BP MONITORING: Monitor BLOOD PRESSURE once monthly and as needed. Notify MD of abnormalities as needed. Date Initiated: 07/19/2020 Created on: 04/09/2020			Registered Practical Nurse RN	
Allergies	Latex		D.O.B.	12/02/1943	Physician	Constantine George KARNIS	
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	PINEAU, FRANK (925171001994)		Admission Date	04/09/2020	Location	Orchid Trail 207OT 1	
Last Care Plan Review Completed:		10/10/2025					

Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 04/09/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse)		Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up) <ul style="list-style-type: none"> VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. Date Initiated: 07/19/2020 Created on: 04/09/2020 Created by: Gurvir Grewal (Registered Practical Nurse) Revision on: 07/19/2020 Revision by: Aline Mendoza (RAI Coord Back-up)		

Diagnosis

Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecified(E78.5), Hemiplegia of unspecified type of non-dominant side(G81.91)

Allergies	Latex	D.O.B.	12/02/1943	Physician	Constantine George KARNIS
Diagnosis	Depressive episode, unspecified(F32.9), Arthritis, unspecified, other site(M13.98), Benign hypertension(I10.0), Stroke, not specified as haemorrhage or infarction(I64), Hyperlipidaemia, unspecifi...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	PINEAU, FRANK (925171001994)	Admission Date	04/09/2020	Location	Orchid Trail 207OT 1
Last Care Plan Review Completed:		10/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Marilyn is experiencing episode of INFECTION suspected Oral infection. Onset date Jan 4, 2025. Date Initiated: 01/04/2026 Created on: 01/04/2026 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 01/04/2026 Revision by: Rajdeep Kaur (Registered Nurse)</p>	<p>• To have infection adequately managed and treated without further complications by Jan 10, 2025. Date Initiated: 01/04/2026 Created on: 01/04/2026 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 01/04/2026 Revision by: Rajdeep Kaur (Registered Nurse) Target Date: 02/10/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Marilyn/SDM with decision making for infection treatment plan and update accordingly. Date Initiated: 01/04/2026 Created on: 01/04/2026 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 01/04/2026 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices hand hygiene, visitation, PPEs, isolation, transmission, . Date Initiated: 01/04/2026 Created on: 01/04/2026 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 01/04/2026 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of monitoring resident for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections, until stable. Date Initiated: 01/04/2026 Created on: 01/04/2026 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 01/04/2026 Revision by: Rajdeep Kaur (Registered Nurse)</p> <p>• VITAL SIGNS: Monitor VITAL SIGNS Temperature every shift. Date Initiated: 01/04/2026 Created on: 01/04/2026 Created by: Rajdeep Kaur (Registered Nurse) Revision on: 01/04/2026 Revision by: Rajdeep Kaur (Registered Nurse)</p>				
<p>• Marilyn is experiencing episode of RESPIRATORY INFECTION -Pneumonia, Influenza A/B, Covid-19, Onset date: 3 jan 2025 Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026</p>	<p>• To effectively treat and manage RESPIRATORY INFECTION without further complications by 8/1/2026 Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse)</p>	<p>• COMMUNICATION: Involve/collaborate with Marilyn/SDM) with decision making for RESPIRATORY INFECTION treatment plan and update accordingly. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• HEALTH EDUCATION: Engage with Marilyn/SDM to enhance their knowledge of</p>				
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2	
Last Care Plan Review Completed:		11/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision by: Harsimran Kaur (Registered Nurse)	Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 01/08/2026	infection control practices - hand hygiene, visitation, PPEs, isolation, transmission, etc. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse) • MEDICATIONS: Administer medication/oxygen for infection, pain, fever, symptoms, SOB, etc. as per MD/NP order. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective of monitoring resident with RESPIRATORY INFECTION for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections, exacerbation of their chronic condition such as Diabetes/COPD, etc. until stable. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse) • PPE PRECAUTIONS: Precaution identified as CONTACT & DROPLET for RESPIRATORY INFECTION and requires use of the following PPE: GOWN, MASK, GLOVES & FACESHIELD for direct care, handling soiled clothes and linens, disposing of incontinent product, etc. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse) • VITAL SIGNS: Monitor VITAL SIGNS as per orders. Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse)			
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Marilyn is experiencing episode of RESPIRATORY INFECTION -Pneumonia, Influenza A/B, Covid-19, Onset date: 3 jan 2025</p> <p>Date Initiated: 01/03/2026 Created on: 01/03/2026 Created by: Harsimran Kaur (Registered Nurse) Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse)</p>		<p>Revision on: 01/03/2026 Revision by: Harsimran Kaur (Registered Nurse)</p>			
<p>• Alteration in skin integrity related to skin tear to right lower leg.</p> <p>Date Initiated: 12/23/2025 Created on: 12/23/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of skin tear Next review date.</p> <p>Date Initiated: 12/23/2025 Created on: 12/23/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse) Target Date: 02/10/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Marilyn/SDM in decision making for treatment of bruise as skin issue.</p> <p>Date Initiated: 12/23/2025 Created on: 12/23/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with skin tear for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 12/23/2025 Created on: 12/23/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed</p>			
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Alteration in skin integrity related to skin tear to right lower leg. <p>Date Initiated: 12/23/2025 Created on: 12/23/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)</p>		<p>Date Initiated: 12/23/2025 Created on: 12/23/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/23/2025 Revision by: Edna James (Registered Practical Nurse)</p>		
<ul style="list-style-type: none"> • Alteration in skin integrity with risk for infection or complications related to SKIN TEAR to left ankle <p>Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 11/18/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> • To promote optimal healing of SKIN TEAR within 30 days <p>Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 11/18/2025 Revision by: Rashminder Kaur (Registered Practical Nurse) Target Date: 02/10/2026</p>	<ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident with SKIN TEAR to left ankle for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 11/18/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • TREATMENT PLAN: Administer treatment for SKIN TEAR to left ankle as per MD Order. <p>Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 11/18/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. <p>Date Initiated: 11/18/2025 Created on: 11/18/2025 Created by: Rashminder Kaur (Registered Practical Nurse) Revision on: 11/18/2025 Revision by: Rashminder Kaur (Registered Practical Nurse)</p>		

Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
<div>• Active ROM. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>		<div>• To improve trunk control and strength from grade 2-/5 to grade 3-/5 in 6-8 months, (Manual Muscle Test) Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/10/2026</div> <div>• To improve bilateral hip/knee/ankle/elbow/shoulder/ wrist joint AROM and strength from 3-/5 to 3/5 in 3 months. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/10/2026</div> <div>• To prevent further deterioration of joint flexibility and strength from grade 3-/5 during a stay in LTC. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT -</div>	<div>• Provide AROM abduction/adduction/extension/flexion/supination/ pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using AAROM, PROM 1-2 Set Of 5-10 3/wk. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>				PT - Physiotherapist PTA		
Allergies	No Known Allergies		D.O.B.	02/19/1932		Physician	Constantine George KARNIS		
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	REID, MARILYN (925171002150)		Admission Date	01/24/2024		Location	Orchid Trail 205OT 2		
Last Care Plan Review Completed:		11/10/2025							

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Active ROM. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Physiotherapist) Target Date: 02/10/2026				
• Posture. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• Mrs. Reid is to improve her sitting posture to proper functional alignment and support in 6-8 months. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 02/10/2026	• Encourage provide 1 XA assistance and help Mrs. Ried to sit with proper functional alignment and support 3/wk. Date Initiated: 11/05/2025 Created on: 01/24/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
• Alteration in skin integrity related to open lesion on right foot medial #30 and face #29 Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 06/23/2025 Revision by: Navpreet Kaur (DOC)		• To promote intact skin integrity through healing of open lesion on right foot through next review date. Date Initiated: 08/07/2025 Created on: 02/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 08/07/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• COMMUNICATION: Involve/collaborate with Marilyn /SDM in decision making for treatment of open lesion as skin issue. Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 02/04/2025 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with open lesion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Edna James (Registered Practical Nurse)			
Allergies	No Known Allergies		D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)		Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		Revision on: 02/04/2025 Revision by: Edna James (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 02/04/2025 Revision by: Edna James (Registered Practical Nurse)			
• URINARY type of: Functional INCONTINENCE related to altered mobility, Dementia Diagnosis. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 05/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• Marilyn will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/10/2025 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• COMMUNICATION: Involve/collaborate with Marilyn/SDM) for decision making about (SPECIFY: toileting options or incontinence management, catheter use, etc). Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 01/31/2024 Revision by: Mario Diamante (Registered Practical Nurse) • URINARY Continence level is TOTAL Incontinent. Report change to level as noted. PCA Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 03/05/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • CHECK and CHANGE: Marilyn experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/06/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Marilyn uses white brief Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 03/05/2024	PCA		
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:	11/10/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• URINARY type of: Functional INCONTINENCE related to altered mobility, Dementia Diagnosis. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 05/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• TOTAL INCONTINENCE MANAGEMENT: Marilynhas TOTAL Urinary Incontinence; PCA Requires check and change every 2 hours and as needed. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 03/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Use of PASD Tilt wheel chair to assist Marilyn with Activity of Daily Living (comfort and repositioning). Date Initiated: 12/09/2024 Created on: 12/09/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/09/2024 Revision by: Edna James (Registered Practical Nurse)</div>		<div>• Marilyn will be effectively supported with use of Tilt wheel chair to optimize Activity of Daily Living (comfort and repositioning) each day through to the next review date. Date Initiated: 11/10/2025 Created on: 12/09/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026</div>	<div>• HEALTH EDUCATION: Engage with Marilyn/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (Tilt wheel chair). Date Initiated: 12/09/2024 Created on: 12/09/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/09/2024 Revision by: Edna James (Registered Practical Nurse)</div> <div>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use Tilt wheel chair as to support appropriate comfort and repositioning. Date Initiated: 12/09/2024 Created on: 12/09/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/09/2024 Revision by: Edna James (Registered Practical Nurse)</div> <div>• TILTED CHAIR in USE as a PASD to support resident with comfort and repositioning . Monitor every shift. Date Initiated: 12/09/2024 Created on: 12/09/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 12/09/2024 Revision by: Edna James (Registered Practical Nurse)</div>				
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 05/03/2024 Created on: 05/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 11/10/2025 Created on: 05/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026</p>	<p>• HEALTH EDUCATION: Engage SDM in health education regarding prevention of skin impairment and management of (specify). Date Initiated: 05/03/2024 Created on: 05/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EQUIPMENT: Marilyn requires support wedges and Roho cushion to offload pressure. Date Initiated: 05/03/2024 Created on: 05/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/12/2025 Revision by: Danielle Knott (ADOC)</p> <p>• POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Danielle Knott (ADOC) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</p> <p>• SHEAR FRICTION: Utilize wendylett sheet when moving resident in bed to minimize shear friction. Date Initiated: 07/18/2025 Created on: 07/18/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Triad cream to be applied for signs of MASD. Date Initiated: 05/03/2024 Created on: 05/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/28/2025 Revision by: Jasmin Harsevoort (Registered Practical Nurse)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p>Q2h</p> <p></p>	
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence <p>Date Initiated: 05/03/2024 Created on: 05/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<ul style="list-style-type: none">• GARMENT: Geri sleeves (to left/right arm and leg) to protect fragile skin. <p>Date Initiated: 01/28/2025 Created on: 01/28/2025 Created by: Donna Duah (RN) Revision on: 04/25/2025 Revision by: Donna Duah (RN)</p>			PCA Registered Practical Nurse RN	D/E/N
<ul style="list-style-type: none">• At Risk for social isolation and/or alteration to psycho-social well-being related to disinterest, cognitive limitation, rest/sleep patterns <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/19/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>		<ul style="list-style-type: none">• Team members will support Marilyn in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/10/2026</p> <ul style="list-style-type: none">• Marilyn will improve/maintain ISE score of 4 by the next review date. <p>Date Initiated: 05/08/2025 Created on: 03/19/2024 Created by: Megan McLoughlin</p>	<ul style="list-style-type: none">• STRUCTURED ACTIVITIES: Invite Marilyn to programs of personal interest; sing-songs, socials, busy-hands and matinee movies. <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/19/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none">• SELF-DIRECTED ACTIVITIES: Encourage Marilyn to engage in self-directed activities such as reading short stories, watching TV and conversing with peers. <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/19/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none">• ASSISTANCE: Provide assistance/encouragement to get Marilyn to scheduled activities- porter, accompany in elevator and offer friendly reminders. <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/19/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>				
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• At Risk for social isolation and/or alteration to psycho-social well-being related to disinterest, cognitive limitation, rest/sleep patterns Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/19/2024 Revision by: Megan McLoughlin (Recreation Aide)		(Recreation Aide) Revision on: 05/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 02/10/2026 • To support Marilyn's psycho-social well being through to the next review. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 03/19/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 02/10/2026	• HELPFUL HINTS: Marilyn likes to be called "Lynn" During Marilyn's leisure time she enjoys watching old Hollywood movies and musicals. She also enjoys reading short stories, magazines and coffee table books. Marilyn particularly enjoys attending music-based programs such as Java Music Club, Sing-Alongs, Hymn Sing and music therapy. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MUSIC CARE APPROACH: Present Marilyn with opportunities for music programming such as Music Therapy, Java Music Club, Sing-Songs, Musical Bingo and Live Entertainment. Date Initiated: 05/01/2025 Created on: 05/01/2025 Created by: Megan McLoughlin (Recreation Aide) Revision on: 05/01/2025 Revision by: Megan McLoughlin (Recreation Aide)			Recreation Aide	
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, mumbled speech related to Expressive Aphasia, Receptive Aphasia Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Marilyn is unable to express self and will be supported to have needs interpreted each day through the next review. Date Initiated: 11/10/2025 Created on: 03/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• PRIMARY LANGUAGE: Marilyn primary language is English. She is able to speak English. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• COGNITIVE LOSS; alteration in thought		• Marilyn is severely impaired in	• HEALTH TEACHING: Engage with Marilyn/SDM to enhance their knowledge on the			Social Worker	
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
processes (memory loss, difficulty concentrating, altered judgement related to progression of Dementia. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		cognition and will have needs interpreted and met each day through to the review date. Date Initiated: 11/10/2025 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	importance of a geriatric health including progressive cognitive loss of (Dementia, HTN, Anemia). Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ORIENTATION: Gently reorient to (person, place, time) as needed when (Marilyn) is feeling lost or in confused state. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse)			Registered Practical Nurse RN RN Registered Practical Nurse PCA	
• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Donna Duah (Registered Nurse)		• To treat and/or minimize complications associated with ANEMIA each day through to the next review date Date Initiated: 11/10/2025 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• HEALTH TEACHING: Engage with (Marilyn)/SDM to enhance his/her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with anemia. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Donna Duah (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Marilyn with ANEMIA for complications or changes to health status. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Practical Nurse RN	
• Potential for Persistent) PAIN and alteration in comfort level related to aging. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024		• To promote Marilyn comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/10/2025 Created on: 03/05/2024	• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Marilyn's satisfaction for pain control. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024			RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • PHYSIO TREATMENT: (Marilyn) to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer analgesic medication (Tylenol as needed) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Donna Duah (Registered Nurse)			PT - Physiotherapist	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize signs/symptoms or complications associated with (HTN) through to the next review date. Date Initiated: 11/10/2025 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Marilyn with Hypertension Diagnosis for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Registered Practical Nurse RN	
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote adequate rest/sleep for (Marilyn) based on identified sleep patterns/preferences each night through to the next review date.	• REST PATTERN: Preferred bedtime (2000hrs), usual wake time (0700) and daytime naps (as per request). Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024			PCA	
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 03/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 11/10/2025 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	Revision by: Donna Duah (Registered Nurse) • SLEEPWEAR: Marilyn prefers to wear night gown, pajamas bottoms. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
• Altered VISION related to Presbyopia Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Marilyn supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 11/10/2025 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• HEALTH TEACHING: Engage with SDM to enhance their knowledge of Presbyopia, affecting vision. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EYEGLASSES: Marilyn wears eyeglasses. Assist to clean eyeglasses as needed and store on night table when sleeping. Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
• Increased risk for FALLS related to Altered Physical function, Limitation of cognitive function/altered judgement (dx of dementia) Date Initiated: 02/15/2024 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 02/15/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/10/2025 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	• COMMUNICATION: Involve/collaborate with Marilyn/SDM in decision making in fall prevention Plan of Care. Date Initiated: 02/15/2024 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Donna Duah (Registered Nurse) • CALL BELL: Place call bell within Marilyn's reach and remind/encourage to use it. Marilyn unable to use it. Date Initiated: 02/15/2024 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 05/08/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)		Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<ul style="list-style-type: none"> • ENVIRONMENT: Secure environment (reduce clutter, quiet environment) to reduce fall risk for Marilyn Date Initiated: 02/15/2024 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Donna Duah (Registered Nurse) • BED: place bed in lowest position, use high/low bed to lower risk for injury. Winged mattress Date Initiated: 02/15/2024 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 03/28/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. Date Initiated: 03/14/2024 Created on: 03/14/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • FLOOR MAT: Position (floor mat) on floor next to (left) side of bed to lower risk of injury. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Donna Duah (Registered Nurse) Revision on: 03/10/2024 Revision by: Donna Duah (Registered Nurse) • ALARMS: Requires Bed/Chair alarm. Check placement and working order. Staff to respond promptly to resident when alarm sounding. Date Initiated: 02/15/2024 Created on: 02/15/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 11/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) 				PCA	
• Potential for BOWEL INCONTINENCE related to Dementia.		• Marilyn will have bowel incontinence managed every	• COMMUNICATION: Involve/collaborate with Marilyn(SDM) for decision making about (bowel function).				PCA RN	D/E/N
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2	
Last Care Plan Review Completed:		11/10/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 01/31/2024 Revision by: Mario Diamante (Registered Practical Nurse)		shift through to the next review period. Date Initiated: 11/10/2025 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026	Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 03/06/2024 Revision by: Donna Duah (Registered Nurse) • BOWEL Continence level is Total Incontinence. Report change to level as noted. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 03/05/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse) • INCONTINENCE PRODUCT: Marilyn uses white brief Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 02/15/2024 Revision by: Gugulethu Ncube (Registered Practical Nurse)			Registered Practical Nurse PCA PCA	
• Expressed Wishes and Beliefs related to Marilyn Medical Treatment and End of Life Care Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 01/30/2024 Revision by: Mario Diamante (Registered Practical Nurse)		• To support and honor Marilyn expressed wishes and beliefs through to the End of Life. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 01/30/2024 Revision by: Mario Diamante (Registered Practical Nurse) Target Date: 02/10/2026	• CPR: Marilyn wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 01/30/2024 Revision by: Mario Diamante (Registered Practical Nurse)				
• Nutrition Risk Level Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM - Food Services Manager)		• Marilyn will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM -	• NUTRITION RISK: Marilyn is HIGH risk level. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 02/02/2024 Revision by: Mark Chan (Dietitian (RD)) • DIET ORDER: Marilyn will receive Regular diet, PUREED texture.			Dietitian (RD) PCA	
Allergies	No Known Allergies			D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)			Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	<p>Food Services Manager) Revision on: 01/24/2024 Revision by: Jonathan Reid (FSM - Food Services Manager) Target Date: 02/10/2026</p> <p>• Will weigh within IBWR of 38-48 kg (BMI 18-23) through to next review date. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 01/30/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 02/10/2026</p> <p>• Marilyn will be adequately hydrated aeb drinking total fluid requirement 1131mL @30 ml/kg, 37.7 kg through to next review date. Date Initiated: 02/02/2024 Created on: 02/02/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 11/07/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 02/10/2026</p>	<p>Restrict sausages. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 10/30/2025 Revision by: Julia Pilca (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Marilyn drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 01/24/2024 Revision by: Jonathan Reid (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Marilyn to drink a minimum of 1131mL per day. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Jonathan Reid (FSM - Food Services Manager) Revision on: 11/07/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• MEDPASS SUPPLEMENTS: 1. 120mL Resource 2.0 QID at medpass (provides 960kcal, 40g pro) 2. 1 Ensure PRN, when oral intake is poor at meal (family stock) Date Initiated: 02/02/2024 Created on: 02/02/2024 Created by: Susan Little (RPN) Revision on: 06/17/2025 Revision by: Stephanie Isaak (Dietitian (RD))</p>	<p>PCA</p> <p>PCA</p> <p>RN Registered Practical Nurse</p>			
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fatigue, Limited Mobility Date Initiated: 01/24/2024</p>	<p>• Marilyn will be supported to cope with changing functional abilities and have ADL care needs met each day through to</p>	<p>• BATHING: Marilyn prefers shower on (Wednesday Evening and Sunday Morning) Marilyn requires 2 staff to provide ToTAL assistance with showers..On Shower days, strip the linens, wipe mattress with Virox and place new linens. Marilyn uses Wendylett sheets.</p>	<p>PCA</p>			
Allergies	No Known Allergies		D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)		Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse)</p>	<p>the next review date. Date Initiated: 11/10/2025 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse) Revision on: 11/10/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 02/10/2026</p>	<p>Nail care to be provided on shower day. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/18/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• BED MOBILITY: Marilyn requires 2 staff to provide TOTAL assistance for bed mobility. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 11/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DRESSING: Marilyn requires one staff to provide TOTAL assistance for dressing. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• EATING: Marilyn needs 1 Staff to provide SUPERVISION to LIMITED assistance for eating. Keep reminding to eat slowly, to not rush while eating. Remind Marilyn to drink fluids after each spoonful. Staff to cut food in small pieces and monitor any signs of choking. Staff to assist resident with meal if she refuses to eat on her own. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 08/06/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION: Marilyn requires 1 staff to provide TOTAL assistance for locomotion on and/or off unit. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 01/30/2024 Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• PERSONAL HYGIENE: Marilyn requires 1 staff to provide TOTAL assistance for</p>	<p>PCA</p> <p>PCA</p> <p>PCA Registered Practical Nurse</p> <p>PCA</p> <p>PCA</p>		
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:	11/10/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fatigue, Limited Mobility Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse)</p>		<p>hygiene. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• HAND HYGIENE: 1 staff to provide TOTAL assistance to apply sanitizer, rub hands together for hand hygiene. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• TOILET USE: Marilyn requires one staff to provide TOTAL assistance for toileting. PCA Date Initiated: 03/05/2024 Created on: 03/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 03/05/2024 Revision by: Donna Duah (Registered Nurse)</p> <p>• TRANSFERRING: MARILYN is TOTAL X2 using MECHANICAL LIFT and Marilyn tends to grabby. Momo DEVICE IN PLACE. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 11/06/2024 Revision by: Harsimran Kaur (Registered Nurse)</p> <p>• TRANSFER LIFT/SLING: Hoyer lift and Small SIZE sling needed for transfer. Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 01/31/2024 Revision by: Mario Diamante (Registered Practical Nurse)</p> <p>• ORAL CARE: Marilyn has (FULL DENTURES). 1 staff to provide TOTAL assistance for oral care. Resident often times refuses oral care; staff to encourage. Date Initiated: 01/24/2024 Created on: 01/24/2024</p>			
Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fatigue, Limited Mobility <p>Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Donna Duah (Registered Nurse)</p>		<p>Created by: Luchel David (RPN) Revision on: 11/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> FOOT CARE: SPECIFY - PSW to complete toenail care every shower. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Luchel David (RPN) Revision on: 11/12/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> SPECIFIC RESIDENT Request: Marilyn can get up after 10AM from bed if she is resistive before breakfast. <p>Date Initiated: 07/24/2024 Created on: 07/24/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/24/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p> <ul style="list-style-type: none"> SPECIAL FAMILY REQUEST: Daytime outfits always consist of the following: pants, over-sweater AND under-sweater (i.e. turtle-neck) <p>After meals, She enjoys watching a bit of television and looking at her little books (top drawer of her nightstand, along with reading glasses)</p> <p>After meals please either take her to TV lounge and put on a movie, or give her a book with her reading glasses.</p> <p>Resident gets cold easily. Monitor resident and provide a blanket from her closet if Marilyn becomes cold (especially while in the TV lounge)</p> <p>Date Initiated: 01/30/2024 Created on: 01/30/2024 Created by: Navpreet Kaur (Director of Care) Revision on: 09/15/2025 Revision by: Danielle Knott (ADOC)</p>	PCA	


Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	02/19/1932	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Anaemia, unspecified(D64.9)				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	REID, MARILYN (925171002150)	Admission Date	01/24/2024	Location	Orchid Trail 205OT 2
Last Care Plan Review Completed:		11/10/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Expressive Aphasia, Receptive Aphasia with a diagnosis of Alzheimer's Disease <p>Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> Helen is unable to express self and will be supported to have needs interpreted each day through the next review. <p>Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Helen/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> PRIMARY LANGUAGE: Helen's primary language is English. <p>Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> INSTRUCTION GUIDANCE: Helen needs constant cueing or demonstrative instruction in tasks and activities. <p>Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
<ul style="list-style-type: none"> Use of PASD 1/4 bed left and right rails to assist Helen with bed mobility and transfers; Use of PASD Tilt wheelchair to assist Helen with Activity of Daily Living (comfort and repositioning). <p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> Helen will be effectively supported with use of 1/4 bed rails to optimize bed mobility and transfer; Tilt wheelchair to optimize ADL (comfort and repositioning) each day through to the next review date. <p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</p>	<ul style="list-style-type: none"> HEALTH EDUCATION: Engage with Helen/SDM to enhance their knowledge of possible benefits and challenges associated with use of 1/4 bed rails to assist Helen bed mobility and transfers and Tilt wheelchair to optimize ADL (comfort and repositioning). <p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of monitoring Helen for continued benefit to use 1/4 bed rails to support appropriate bed mobility and transfer and Tilt wheelchair to optimize ADL (comfort and repositioning). <p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025</p>				
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1	

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision by: Richele Rosales (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Helen with bed mobility, transfer in/out of bed). Monitor every shift. Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) • TILTED CHAIR in USE as a PASD to support Helen for repositioning and comfort. Date Initiated: 10/27/2025 Created on: 10/27/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	D/E/N
• Potential for pain related to aging/osteoarthritis, spinal stenosis. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/27/2025 Revision by: Donna Duah (RN)		• Early identification of pain Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/27/2025 Revision by: Donna Duah (RN) Target Date: 01/22/2026	• Rescreen for the presence of new pain once per shift/during comfort rounds/during routine care as well as with sig changes in health status and before, during and after a potentially painful procedure or intervention. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/27/2025 Revision by: Donna Duah (RN)			
• Nutrition Risk Level Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager)		• Helen will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/28/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/22/2026	• NUTRITION RISK: Helen is HIGH risk level. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/28/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Helen will receive Regular diet, Regular texture Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Pamela Kovar-Gough (FSM - Food Services Manager) Revision on: 10/23/2025 Revision by: Pamela Kovar-Gough (FSM - Food Services Manager) • FLUID CONSISTENCY: Helen drinks REGULAR/THIN Level 0 Fluids.		Dietitian (RD)	PCA
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Test) Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/22/2026 • To prevent further deterioration of joint flexibility and strength from grade 3-/5 in 3 months. (Manual Muscle Test) Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/22/2026	Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist)				
• Transfers. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• To decrease falls in the next 3 months. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/22/2026 • To improve the transfer from assist x2 to assist x1 in 6-8	• assist x2 with sit -> stand transfer from bed, chair 3/wk. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies			D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)			Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Transfers. <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>months</p> <p>Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/23/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/22/2026</p>				
<ul style="list-style-type: none"> • Potential to experience rash, hives, anaphylaxis related to ALLERGY of Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin, oxyCODONE, Pentazocine, Pethidine HCl/Levallorphan Tartrate. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> • Helen will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Helen/SDM in decision making and health teaching about ALLERGY to Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin, oxyCODONE, Pentazocine, Pethidine HCl/Levallorphan Tartrate. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident with allergies to certain medications for changes to health status and complications. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> • ALLERGY ALERT: Helen has ALLERGY to Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin, oxyCODONE, Pentazocine, Pethidine HCl/Levallorphan Tartrate. Prevent contact with and report if noted to experience symptoms (rash, hives, swelling, difficulty breathing). <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Helen's Allergy to 			
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential to experience rash, hives, anaphylaxis related to ALLERGY of Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin, oxyCODONE, Pentazocine, Pethidine HCl/Levallorphan Tartrate. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin, oxyCODONE, Pentazocine, Pethidine HCl/Levallorphan Tartrate and minimize risk for exposure to allergen.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none">• MEDICATION: Administer medication as per MD Order. Monitor its effectiveness. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>				
<ul style="list-style-type: none">• Potential for Expressive Behaviour of VERBAL, PHYSICAL, RESISTANCE to care need, nature related to Symptom Progression of Dementia/Alzheimer , Sundowning <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/22/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>		<ul style="list-style-type: none">• To promote safety for Helen and/or others during each episode of verbally or physically aggressive through to the next review date. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/22/2025 Revision by: Harsimran Kaur (Registered Nurse) Target Date: 01/22/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Helen/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN)</p> <ul style="list-style-type: none">• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Helen for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN)</p> <ul style="list-style-type: none">• TRIGGERS leading to PHYSICAL Hitting, Punching, Slapping, Biting, Kicking, as expression of behaviour include anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, hunger, constipation, startling from sleep, etc. <p>Date Initiated: 12/24/2025</p>			BSO - Internal Social Worker	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025		Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN) • PHYSICAL Behaviour: If Helen is attempting to strikeout; throwing physical items on the floor, move back from her reach. Calmly indicate that care will continue when she is calm/ready. Seek Registered Staff assistance. Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN) • VERBAL Behaviour: If Helen is heard yelling, swearing or calling others names; calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern. Report episode to Registered Staff. Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN) • RESISTANCE to Care Need: If Helen is declining to bathe, change clothes, take medications, eat, etc, re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN) • DE-ESCALATION: Helen calms with quiet time,distraction, re-direction, watching tv, music. Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN) • DIVERSION ACTIVITY: Helen responds well to watching TV, listening to</div>			PCA Registered Practical Nurse	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1	

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of VERBAL, PHYSICAL, RESISTANCE to care need, nature related to Symptom Progression of Dementia/Alzheimer , Sundowning <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/22/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>			<p>country/opera/classical music, crossword puzzle, as method to calm or redirect energy.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 10/22/2025 Revision by: Harsimran Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach Stop and Go <p>Date Initiated: 12/24/2025 Created on: 10/22/2025 Created by: Harsimran Kaur (Registered Nurse) Revision on: 12/24/2025 Revision by: Luchel David (RPN)</p>		PCA	
<ul style="list-style-type: none"> Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) and Diverticular Disease. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> To treat and/or minimize complications associated with GERD and Diverticular Disease each day through to the next review date. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Helen/SDM in decision making for GERD and Diverticular Disease Management. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Helen/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with GERD and Diverticular Disease. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		RN Registered Practical Nurse	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Helen for management of GERD and Diverticular Disease for discomfort/ complications or changes to health status. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)• MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)				
<ul style="list-style-type: none">• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none">• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	<ul style="list-style-type: none">• COMMUNICATION: Involve/ collaborate with Helen/SDM in decision making of thyroid care management. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)• HEALTH TEACHING: Engage with Helen/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with HYPOTHYROIDISM. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)• MONITORING: Utilize holistic perspective of continuous monitoring of Helen with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)				
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies			D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)			Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Dementia Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)		period. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) • BOWEL Continence level is TOTALLY incontinent.Report change to level as noted. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/27/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Helen uses Blue brief. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			Registered Staff	
• URINARY (Mixed) INCONTINENCE related to altered mobility, Dementia Diagnosis Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)		• Helen will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	• COMMUNICATION: Involve/collaborate with Helen/SDM for decision making about incontinence management. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Helen for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • URINARY Continence level is TOTALLY Incontinent. Report change to level as			PCA	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025		Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY (Mixed) INCONTINENCE related to altered mobility, Dementia Diagnosis Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)			noted. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • CHECK and CHANGE: Helen experiences TOTAL incontinence and requires checks every 2 hours and change each time noted to be soiled. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Helen uses Blue brief. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/01/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			PCA	
						PCA	
• COGNITIVE LOSS; alteration in thought processes (memory loss, difficulty concentrating, altered judgement) related to progression of Dementia Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)		• Helen will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	• COMMUNICATION: Involve/collaborate with Helen/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH TEACHING: Engage with Helen/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • ORIENTATION: Gently reorient to person, place, time as needed when Helen is feeling lost or in confused state. Date Initiated: 10/22/2025			Social Worker	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025		Location	Orchid Trail 206OT 1

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to unsteady gait; altered physical function, limitation of cognitive function/altered judgement with a dx of Alzheimer's Disease <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure Helen wears appropriate footwear (non-skid socks or shoes) for transfers, ambulation. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> HIP PROTECTORS: Helen wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		PCA	
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to Dx of Spinal Stenosis, Chronic Back Pain, Osteoarthritis. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<ul style="list-style-type: none"> To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Helen/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> NON VERBAL CUES of PAIN for Helen include facial grimacing, tight fists, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when 		RN Registered Practical Nurse	D/E/N
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Persistent PAIN and alteration in comfort level related to Dx of Spinal Stenosis, Chronic Back Pain, Osteoarthritis.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			<p>observed.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• REST: accommodate resident rest and relaxation preference (ie breaks between activities, remaining in bed).</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>			Registered Practical Nurse RN	
<p>• Expressed Wishes and Beliefs related to Helen's Medical Treatment and End of Life Care</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• To support and honor Helen's expressed wishes and beliefs through to the End of Life.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026</p>	<p>• CPR: Helen wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</p> <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Donna Duah (RN) Revision on: 10/22/2025 Revision by: Harsimran Kaur (Registered Nurse)</p>				
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</p>		<p>• To treat and minimize signs/symptoms or complications associated with</p>	<p>• HEALTH TEACHING: Engage with Helen/SDM to enhance her comprehension of Hypertension.</p> <p>Date Initiated: 10/22/2025</p>				
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025		Location	Orchid Trail 206OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)	Hypertension through to the next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • COMMUNICATION: Involve/collaborate with Helen/SDM in decision making of Cardiac Care Management for Hypertension. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Helen with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • RESCUE MEDICATIONS: Administer NITRO-SPRAY for (Angina, chest pain, Tachycardia) as per MD Order. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)	Registered Practical Nurse RN			
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 10/22/2025	• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. Date Initiated: 10/22/2025	• COMMUNICATION: Involve/ collaborate with Helen/SDM in decision making of osteoporosis care management. Date Initiated: 10/22/2025				
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)		next review date. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage with Helen/SDM to enhance her comprehension of treatment, possible complications associated with osteoporosis. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Helen for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator)			
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Target Date: 01/22/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) • HEALTH EDUCATION: Engage Helen/SDM in health education regarding prevention of skin impairment. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Richele Rosales (RAI Coordinator) • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 10/22/2025 Created on: 10/22/2025		PCA	
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility</div> <div>Date Initiated: 10/22/2025</div> <div>Created on: 10/22/2025</div> <div>Created by: Richele Rosales (RAI Coordinator)</div>			assistance on and off unit.				
			Date Initiated: 10/22/2025				
			Created on: 10/22/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 10/24/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• PERSONAL HYGIENE: 1 staff to provide TOTAL assistance with personal hygiene. PCA				
			Date Initiated: 10/22/2025				
			Created on: 10/22/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 10/23/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• HAND HYGIENE:1 staff to provide TOTAL assist with hand hygiene. PCA				
			Date Initiated: 10/22/2025				
			Created on: 10/22/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 10/24/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• TOILET USE: 2 staff to provide MAXIMAL to TOTAL assistance with toileting. PCA				
			Date Initiated: 10/22/2025				
			Created on: 10/22/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 10/23/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• TRANSFERRING: 2 staff to provide MAXIMAL assistance, side-by-side for transferring. If Helen is unable to assist, use Hoyer lift. PCA				
			Date Initiated: 10/22/2025				
			Created on: 10/22/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 10/23/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
			• ORAL CARE: 1 staff to provide TOTAL assistance with oral care. PCA				
			Date Initiated: 10/22/2025				
			Created on: 10/22/2025				
			Created by: Richele Rosales (RAI Coordinator)				
			Revision on: 10/24/2025				
			Revision by: Richele Rosales (RAI Coordinator)				
Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies		D.O.B.	06/04/1938		Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)		Admission Date	10/22/2025		Location	Orchid Trail 206OT 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator)		<ul style="list-style-type: none"> FOOT CARE: PSW to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/22/2025 Revision by: Harsimran Kaur (Registered Nurse)	PCA	

Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies	D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)	Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Diagnosis

Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverticular disease of intestine, part unspecified, without perforation or abscess(K57.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthrosis, unspecified(M19.9), Osteoporosis, unspecified(M81.9), Unspecified injury of head(S09.9), Benign paroxysmal vertigo(H81.1), Low back pain(M54.5), Helicobacter pylori [H. pylori] as the cause of diseases classified to other chapters(B98.0), Lumbar and other intervertebral disc disorders with radiculopathy(M51.1), Postmenopausal atrophic vaginitis(N95.2), Cerebral infarction, unspecified(I63.9)


Allergies

Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin, oxyCODONE, Pentazocine, Pethidine HCl/Levallorphan Tartrate

Allergies	Codeine, Lidocaine, Meperidine, Morphine, Nitroglycerin...See last page for a complete listing of the Resident's allergies	D.O.B.	06/04/1938	Physician	Constantine George KARNIS
Diagnosis	Alzheimer's disease, unspecified(G30.9), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Spinal stenosis, unspecified site(M48.09), Radiculopathy, cervical region(M54.12), Diverti...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	ROBERTS, HELEN (925171002303)	Admission Date	10/22/2025	Location	Orchid Trail 206OT 1

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, related to Hard of hearing to right side</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p>		<p>• Kathy will be supported to maintain current communication abilities to (express self, comprehend information) each day through to the review date.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/23/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/25/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Kathy/SDM for decision making about strategies needed to support effective communication.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/17/2024</p> <p>Revision by: Donna Duah (Registered Nurse)</p> <p>• HEALTH TEACHING: Engage with Kathy/SDM to enhance their knowledge of communication devices, hearing aids, change in health status affecting communication ability.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PRIMARY LANGUAGE: Kathy primary language is English. She is able to speak/understand) English.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			RN Registered Practical Nurse	
<p>• Active ROM.</p> <p>Date Initiated: 09/26/2025</p> <p>Created on: 07/18/2024</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p> <p>Revision on: 09/26/2025</p> <p>Revision by: Uzma Habib (PT - Physiotherapist)</p>		<p>• To improve RT hip / Knee ROM and strength from grade 2/5 to grade 2+/5 in 3 months, (Manual Muscle Test)</p> <p>Date Initiated: 09/26/2025</p> <p>Created on: 07/18/2024</p> <p>Created by: Uzma Habib (PT -</p>	<p>• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion)to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) using ROM, AAROM theraband/ball/weights progress to sitting 3/wk.</p> <p>Date Initiated: 09/26/2025</p> <p>Created on: 07/18/2024</p> <p>Created by: Uzma Habib (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified(F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					



Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Physiotherapist) Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/25/2026 • To prevent further strength deterioration from grade 3/5 of bilateral upper limb in 3 months. (Manual Muscle Test) Date Initiated: 09/26/2025 Created on: 07/18/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/25/2026 • To improve bilateral hip/knee ankle joint AROM from initial Range to functional Range in 6-8 months. Date Initiated: 09/26/2025 Created on: 07/18/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/25/2026	Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)				
• Bed Mobility. Date Initiated: 09/26/2025 Created on: 07/18/2024 Created by: Uzma Habib (PT - Physiotherapist)		• KATHY will improve rolling bed mobility from assist x1+ bed rail to independent-supervision in 6-8 months	• Encourage + Assist x1 with rolling to the L side in bed using pillow in between bed, 3/wk. Date Initiated: 09/26/2025 Created on: 07/18/2024			PT - Physiotherapist PTA	
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)		Date Initiated: 09/26/2025 Created on: 07/18/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 01/25/2026	Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/26/2025 Revision by: Uzma Habib (PT - Physiotherapist)			
<ul style="list-style-type: none"> Potential for Expressive Behaviour of RESISTANCE to care need nature related to Mental Illness- Bi-Polar Disorder, Depressive episode and Inability to COPE Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC)		<ul style="list-style-type: none"> To promote safety for Kathy during each episode of resist to care through to the next review date till next review date. Date Initiated: 10/24/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/25/2026	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Kathy/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC) <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kathy for indications to change in or for escalating expressive behaviour risk. Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC) <ul style="list-style-type: none"> TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat, refusing medication as expression of behaviour include confusion, misunderstanding care needs, poor judgement, fearfulness and paranoid thought process Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC) <ul style="list-style-type: none"> RESISTANCE to Care Need: If Kathy is declining to bathe, change clothes, take medications, eat etc. re-approach in 10-15 minutes. Report episode to Registered Staff. 		PCA Registered Practical Nurse RN	
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of RESISTANCE to care need nature related to Mental Illness- Bi-Polar Disorder, Depressive episode and Inability to COPE</p> <p>Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC)</p>			<p>Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Navpreet Kaur (DOC) Revision on: 08/26/2025 Revision by: Navpreet Kaur (DOC)</p>				
<p>• Increased risk for FALLS related to Hip Fracture.</p> <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period</p> <p>Date Initiated: 10/24/2025 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/25/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Kathy/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• CALL BELL: Place call bell within Kathy's reach and remind/encourage her to use it. PCA</p> <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse)</p> <p>• BED: use high/low bed to lower risk for injury.</p> <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• FOOTWEAR: Ensure Kathy wears appropriate footwear (nonskid) for transfers,</p>			D/E/N	PCA
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Increased risk for FALLS related to Hip Fracture. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>ambulation. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)</div>	PCA			
<div>• SPIRITUAL BELIEFS: Kathy is of the Catholic faith. Date Initiated: 09/26/2024 Created on: 09/26/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/26/2024 Revision by: Megan McLoughlin (Recreation Aide)</div>	<div>• To provide Kathy spiritual support as interested through to the next review date. Date Initiated: 09/26/2024 Created on: 09/26/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/26/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/25/2026</div>	<div>• SPIRITUAL PROGRAMS: Encourage Kathy to attend spiritual programs of her choice including 1:1 Priest visits, along with Holy Communion from the Catholic Church, which visits Wellington Park monthly. Date Initiated: 09/26/2024 Created on: 09/26/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/26/2024 Revision by: Megan McLoughlin (Recreation Aide)</div>				
<div>• At Risk for social isolation and alteration to psycho-social well-being related to disinterest, low motivation, rest/sleep patterns Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/05/2024</div>	<div>• Team members will support Kathy in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. Date Initiated: 09/05/2024 Created on: 09/05/2024</div>	<div>• SELF-DIRECTED ACTIVITIES: Encourage Kathy to engage in self-directed activities such as reading the Daily Chronicle, telephone conversations with friends and family and listening to music on the iPad. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/20/2025 Revision by: Megan McLoughlin (Recreation Aide)</div>				
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Megan McLoughlin (Recreation Aide)	<p>Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/25/2026</p> <p>• Kathy will improve/maintain ISE score of 4 by the next review date. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/05/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/25/2026</p> <p>• To support Kathy's psycho-social well being through to the next review. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 09/05/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 01/25/2026</p>	<p>• HELPFUL HINTS: Kathy is a gentle, quiet individual who enjoys the comfort of staying in bed, as getting up can sometimes be painful for her. Despite this, she participates in self-directed activities and finds joy in regular bedside visits.</p> <p>Recreation Team Members can assist Kathy by setting up an iPad and playing her favourite Hungarian Rhapsodies or Andre Rieu concerts found on YouTube. Kathy also looks forward to the Daily chronicles every morning.</p> <p>Kathy thrives when team members take the time to engage in conversation with her, as she values the opportunity to build rapport and trust with those around her. Kathy's phone gallery is filled with photos of the many paintings she's created over the years. She loves sharing the stories and inspiration behind each piece, always welcoming the chance to connect with others through her art. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide Kathy with one to one bedside visits, reading and listening to music. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/20/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Kathy with music care approaches that will enrich her daily life such as playing music on the iPad. Kathy will often request Hungarian music or Andre Rieu concerts. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/20/2025 Revision by: Megan McLoughlin (Recreation Aide)</p>	Recreation Aide	
• Kathy is experiencing colonization with Antibiotic Resistant Organism MRSA	• To lower risk of infection and prevent transmission of	• COMMUNICATION: Involve/collaborate with Kathy/SDM with decision making for Antibiotic Resistant Organism treatment plan and update accordingly.		
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941
Physician			Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre		Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)	Admission Date	07/17/2024	Location Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025		

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>(Rectal), as of confirmed date: (July 17/2024).</p> <p>Date Initiated: 07/23/2024</p> <p>Created on: 07/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/29/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>identified Antibiotic Resistant Organism through to the next review.</p> <p>Date Initiated: 07/23/2024</p> <p>Created on: 07/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 01/25/2026</p>	<p>Date Initiated: 07/23/2024</p> <p>Created on: 07/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Engage with Kathy/SDM to enhance their knowledge of infection control practices hand hygiene, visitation, PPEs, isolation, transmission, for Antibiotic Resistant Organism.</p> <p>Date Initiated: 07/23/2024</p> <p>Created on: 07/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of monitoring Kathy for signs/symptoms of secondary infection, overall health condition.</p> <p>Date Initiated: 07/23/2024</p> <p>Created on: 07/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PPE PRECAUTIONS: Precaution identified as CONTACT for (specify Antibiotic Resistant Organism type) and requires use of the following PPEs Gloves, Gown, Mask, Faceshield, Goggles when providing direct care, handling soiled clothes and linens, disposing of incontinent product.</p> <p>Date Initiated: 07/23/2024</p> <p>Created on: 07/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Nutrition Risk Level</p> <p>Date Initiated: 07/25/2024</p> <p>Created on: 07/25/2024</p> <p>Created by: Maria Ghobrial (Dietitian (RD))</p>		<p>• Kathy will be adequately nourished aeb consuming >50% at meals and snacks through to next review date.</p> <p>Date Initiated: 07/25/2024</p> <p>Created on: 07/25/2024</p> <p>Created by: Maria Ghobrial (Dietitian</p>	<p>• NUTRITION RISK: Kathy is MODERATE risk level.</p> <p>Date Initiated: 07/25/2024</p> <p>Created on: 07/25/2024</p> <p>Created by: Maria Ghobrial (Dietitian (RD))</p> <p>Revision on: 07/25/2024</p> <p>Revision by: Maria Ghobrial (Dietitian (RD))</p> <p>• DIET ORDER: Kathy will receive REGULAR diet, REGULAR texture</p>			Dietitian (RD)	
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	(RD)) Revision on: 07/25/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/25/2026 • Will weigh within GWR/IBW/Realistic weight range of 49-63kg (BMI 18-23) through to next review date. Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 07/25/2024 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 01/25/2026 • Kathy will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 63.8 kg through to next review date. Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 10/20/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 01/25/2026	Offer minced items if requested by Kathy. Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 10/10/2024 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID CONSISTENCY: Kathy drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 07/25/2024 Revision by: Maria Ghobrial (Dietitian (RD)) • FLUID TARGET: Encourage Kathy to drink a minimum of 1,276 ml per day. Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 10/20/2025 Revision by: Julia Pilca (Dietitian (RD)) • FOOD PREFERENCES: Kathy enjoys having salt with her eggs Date Initiated: 07/25/2024 Created on: 07/25/2024 Created by: Maria Ghobrial (Dietitian (RD)) Revision on: 07/25/2024 Revision by: Maria Ghobrial (Dietitian (RD))	PCA <	

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		Living (Bed Mobility) each day through to the next review date. Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/25/2026	Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Kathy for continued benefit to use (bedrails) as to support appropriate (bed mobility). Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Kathy with bed mobility. Monitor every shift. Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	D/E/N
• Altered VISION related to Presbyopia Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		• Kathy supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/25/2026	• COMMUNICATION: Involve/collaborate with Kathy/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EYEGLASSES:Kathy wears eyeglasses. Assist to clean eyeglasses as needed and store on night table, in night table drawer when sleeping. Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • READING: Kathy uses large print material to aid with reading. Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
Allergies	Acetaminophen, Amoxicillin			D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)			Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered VISION related to Presbyopia Date Initiated: 07/23/2024 Created on: 07/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Potential to experience alteration in MOOD as exhibited by (fear) related to Depression, Bipolar Disorder Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Kathy will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 10/24/2025 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/25/2026	• COMMUNICATION: Involve/collaborate with Kathy(SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HEALTH EDUCATION: Provide education and support to (Kathy/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kathy for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Kathy's quality of life. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • RESIDENT STRENGTHS: Build on Kathy effort to maintain control. Encourage her to express self, state preferences and make safe choices for care and activities. Date Initiated: 07/17/2024 Created on: 07/17/2024				
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (fear) related to Depression, Bipolar Disorder <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> FAMILY SUPPORT: Kathy enjoys visits from family members and friends. <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) SLEEP/REST: Promote adequate sleep and rest to stability of Kathy 's mood. <p>Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> </p>			
<ul style="list-style-type: none"> Potential to experience rash, hives, anaphylaxis related to ALLERGY of medication (Acetaminophen, Amoxicillin or other causative agent). <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> Kathy will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) Target Date: 01/25/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Kathy/SDM in decision making and health teaching about ALLERGY to (Amoxicillin; Acetaminophen (causes stomach cramps)). <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) MONITORING: Utilize holistic perspective of continuous monitoring of Kathy with (Specify; type of allergy) for changes to health status and complications. <p>Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) ALLERGY ALERT: Kathy has ALLERGY to Amoxicillin and Acetaminophen causes stomach cramps. Prevent contact with and report if noted to experience symptoms </p></p>		Registered Practical Nurse RN	
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		(rash, cramps). Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Kathy's Allergy to (Amoxicillin; Acetaminophen (give stomach cramps, GI upset)) and minimize risk for exposure to allergen. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) • MEDICATION: Administer medication as per MD Order. Monitor its effectiveness Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) • RESCUE MEDICATION: Administer EPINEPHRINE as per MD Order. Monitor effectiveness and immediately notify MD/NP of use. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse)	Practical Nurse RN Registered Practical Nurse Registered Practical Nurse RN Registered Practical Nurse RN			
• Potential for BOWEL INCONTINENCE related to muscle tone loss. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	• Kathy will have bowel incontinence managed every shift through to the next review period. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024	• COMMUNICATION: Involve/collaborate with Kathy/SDM for decision making about bowel function, toileting options, incontinence. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Kathy for changes to health status, alteration of continence level or bowel function.				
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/25/2026	Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BOWEL Continence level is TOTAL Incontinence. Report change to level as noted. PCA Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) • BOWEL MOVEMENT: Monitor Kathy for bowel movement each shift and document PCA number of occurrences, size and consistency. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • INCONTINENCE PRODUCT: Kathy uses Blue brief . PCA Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• URINARY type of: Functional, Mixed INCONTINENCE related to Neurogenic Bladder Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Kathy will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/24/2025 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/25/2026	• COMMUNICATION: Involve/collaborate with Kathy/SDM for decision making about toileting options or incontinence management. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Kathyfor toileting needs, changes to health status and alteration of continence level. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024				
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• URINARY Continence level is TOTAL Incontinent. Report change to level as noted. PCA Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• CHECK and CHANGE: Kathy experiences TOTAL incontinence and requires check PCA and change every 2 hours and as needed. Kathy prefers to be changed even if she is sleeping. Please offer to be changed when she is sleeping. Date Initiated: 10/06/2025 Created on: 10/06/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/09/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• INCONTINENCE PRODUCT:Kathy uses Blue brief all shift(s)). PCA Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				Q2h
<p>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement, related to progression of Dementia Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• Kathy will be supported to maintain cognitive function through the review date. Date Initiated: 10/24/2025 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/25/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Kathy/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <p>• HEALTH TEACHING: Engage with Kathy/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia Diagnosis. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			Social Worker	
Allergies	Acetaminophen, Amoxicillin			D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)			Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		<p>• ORIENTATION: Gently reorient to person, place, time) as needed when Kathy is feeling lost or in confused state. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>				
<p>• Potential for Persistent PAIN and alteration in comfort level related to Hip fracture. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To promote Kathy comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 10/24/2025 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/24/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 01/25/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Kathy(SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Kathy's satisfaction for pain control. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• PHYSIO TREATMENT: Kathy to receive (TENS/Hot pack/Ice/Ultrasound/Other-specify) to R/L (name of muscle) (time) per week on (Specify the days of the week). Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• POSITIONING: Position in chair/bed for optimal comfort every shift. Kathy(name) prefers to be positioned in bed. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>RN Registered Practical Nurse</p> <p>PCA</p>			
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for Persistent PAIN and alteration in comfort level related to Hip fracture. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• REST: accommodate Kathy rest and relaxation preference breaks between activities, remaining in bed. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	Registered Practical Nurse RN			
<div>• Expressed Wishes and Beliefs related to Kathy's Medical Treatment and End of Life Care Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• To support and honor Kathy's expressed wishes and beliefs through to the End of Life. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/25/2026</div>	<div>• CPR: Kathy wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>				
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Fracture to Hip and Stroke. Date Initiated: 07/17/2024 Created on: 07/17/2024</div>	<div>• Kathy will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date.</div>	<div>• BATHING: Kathy prefers bed bath on Monday Evening and Friday Mornings.Kathy requires 2 staff to provide TOTAL assistance for bath.On bath days, Resident make her own decisions about her bath and has a tendency to refuse. Staff to strip the linens, wipe mattress with Virox and place Wendylett sheets. Nail care to be provided on shower/bath day.</div>	PCA			
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/17/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>Date Initiated: 10/24/2025</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/24/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 01/25/2026</p>	<p>Date Initiated: 06/27/2025</p> <p>Created on: 06/27/2025</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/02/2025</p> <p>Revision by: Donna Duah (RN)</p> <p>• BED MOBILITY: Kathy requires 1 staff to provide EXTENSIVE assistance for bed mobility.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/17/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• DRESSING: Kathy requires 1 staff to provide EXTENSIVE assistance for dressing.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 11/05/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• EATING: Kathy requires 1 Staff to provide staff help; SUPERVISE.</p> <p>Kathy has all meals in bed.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 07/24/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>• LOCOMOTION: Kathy requires 1 staff to provide TOTAL assistance for locomotion on and/or off uni). Kathy uses a wheelchair for all locomotion</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 10/16/2025</p> <p>Revision by: Danielle Knott (ADOC)</p> <p>• PERSONAL HYGIENE: Kathy requires 1 staff to provide EXTENSIVE assistance for hygiene.</p> <p>Date Initiated: 07/17/2024</p> <p>Created on: 07/17/2024</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p></p> <p></p>		
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Fracture to Hip and Stroke. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • HAND HYGIENE: 1 staff to provide REMINDER, LIMITED assistance to apply sanitizer, rub hands together for hand hygiene. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TOILET USE: Kathy requires 1 staff to provide EXTENSIVE assistance for toileting. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TRANSFERRING: Kathy requires 2 staff to provide TOTAL assistance using MECHANICAL LIFT for transferring. Momo DEVICE IN PLACE. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/06/2024 Revision by: Harsimran Kaur (Registered Nurse) • TRANSFER SLING: SMALL Sling needed for transfer. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/07/2025 Revision by: Navpreet Kaur (DOC) • ORAL CARE:Kathy has (OWN TEETH LOWER, DENTURES, UPPER) and is able to (DO OWN ORAL CARE). 1 staff to provide CUEING for oral care. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024				
			PCA				
			PCA				
			PCA				
Allergies	Acetaminophen, Amoxicillin		D.O.B.	02/14/1941	Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)		Admission Date	07/17/2024	Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025					

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
<ul style="list-style-type: none">Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Fracture to Hip and Stroke. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Revision by: Donna Duah (Registered Nurse)						
			<ul style="list-style-type: none">FOOT CARE: (SPECIFY - PSW, Registered staff to complete toenail care every shower day.. Report long toe nails or other abnormalities as noted. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)						
			<ul style="list-style-type: none">SPECIFIC RESIDENT Request: Kathy can refuse to get up from bed. Date Initiated: 07/24/2024 Created on: 07/24/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)						
			<ul style="list-style-type: none">SPECIAL FAMILY REQUEST: Ensure that Kathy's cell phone is being recharged at bedtime and placed on top of her table during day time. Date Initiated: 07/19/2024 Created on: 07/19/2024 Created by: Mario Diamante (Registered Practical Nurse) Revision on: 07/19/2024 Revision by: Mario Diamante (Registered Practical Nurse)						
<ul style="list-style-type: none">Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none">To promote adequate rest/sleep for Kathy based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek	<ul style="list-style-type: none">REST PATTERN: Preferred bedtime B/W 1900 and 2000hrs, usual wake time 0700hrs and daytime naps as needed. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse)						
			<ul style="list-style-type: none">SLEEPWEAR: Kathy prefers to wear T shirt. Date Initiated: 07/17/2024						
Allergies	Acetaminophen, Amoxicillin			D.O.B.	02/14/1941		Physician	Constantine George KARNIS	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre						Print Date	1/4/2026	
Resident	ROHONCZY, KATHY (925171002187)			Admission Date	07/17/2024		Location	Orchid Trail 208OT 1	
Last Care Plan Review Completed:		10/24/2025							

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	(RAI Coordinator) Revision on: 07/17/2024 Revision by: Donna Duah (Registered Nurse) Target Date: 01/25/2026	Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/06/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
• Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 05/06/2025 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/06/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 01/25/2026	• HEALTH EDUCATION: Engage Kathy/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • EQUIPMENT: Kathy requires pressure reduction mattress, Roho cushion to offload pressure. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/08/2025 Revision by: Danielle Knott (ADOC) • AIR MATTRESS: Resident has air mattress for pressure relief. The PSI SETTING should be 3. Report issue with inflation to Registered Staff immediately as noted. Date Initiated: 08/08/2025 Created on: 08/08/2025 Created by: Danielle Knott (ADOC) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • POSITIONING: Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. MOMO bed Sensor in place. Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • SHEAR FRICTION: Utilize sliding sheet when moving resident in bed to minimize shear friction. (Kathy uses the Wendylett sheets).	PCA RN Registered Practical Nurse PCA PCA	 Q2h	
Allergies	Acetaminophen, Amoxicillin	D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)	Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025			

Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		Date Initiated: 01/10/2025 Created on: 01/10/2025 Created by: Donna Duah (RN) Revision on: 01/10/2025 Revision by: Donna Duah (RN) <ul style="list-style-type: none"> • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 07/17/2024 Created on: 07/17/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)	PCA	

Diagnosis

Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified(F32.9), COVID-19, virus identified(U07.1), Resistance to methicillin(U82.1)

Allergies	Acetaminophen, Amoxicillin	D.O.B.	02/14/1941	Physician	Constantine George KARNIS
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Stroke, not specified as haemorrhage or infarction(I64), Unspecified fracture of neck of femur, closed(S72.090), Depressive episode, unspecified (F3...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	ROHONCZY, KATHY (925171002187)	Admission Date	07/17/2024	Location	Orchid Trail 208OT 1
Last Care Plan Review Completed:		10/24/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for Expressive Behaviour of PHYSICAL, VERBAL, RESISTANCE to care need nature related to Symptom Progression of Dementia.</p> <p>Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</p>	<p>• To decrease episodic frequency of Expressive Behaviour by next review date.</p> <p>Date Initiated: 10/10/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/10/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026</p>	<p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Ann for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• RESISTANCE to Care Need: If Anne is declining to bathe, change clothes, take medications, eat, Refusing oral care, re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/25/2025 Revision by: Navpreet Kaur (DOC)</p> <p>• ONE to ONE Care: Family hired staff November 25, 2024 11AM-2PM, Monday, Wednesday and Friday. See Registered Staff for update.</p> <p>Date Initiated: 04/01/2024 Created on: 04/01/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 12/27/2024 Revision by: Danielle Knott (ADOC)</p> <p>• BSO RECOMMENDATIONS: >Reapproach reapproach reapproach - POA shares resident requires a kind but firm approach with redirection >check resident hearing aids are in working order prior to giving direction >Respect residents modesty r/t being naked in front of staff, dress and undress with intention, dress & undress with intention of keeping her covered and warm >keep tub room warm (start shower a few mins prior to warm up area) & wrap resident in heated towels to address her triggers >Remind resident that it is her shower day prior to approaching for immediate care >If resident is refusing shower, attempt to complete personal care/ bed bath when she is using personal washroom >POA shared resident requires firm but fair direction, refrain from arguing with the resident, instead give space to express herself and re approach >include Ann in her care, (do with me, not to me approach), have Ann assist in</p>				
Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1	
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Potential for Expressive Behaviour of PHYSICAL, VERBAL, RESISTANCE to care need nature related to Symptom Progression of Dementia. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator)</div>		<div>picking out her next outfit - provide praise +++ when she is willing & accepting >therapeutic untruths as necessary, ex. replying to Ann stating she showered a few days ago ... "Ann, that was actually last week, I've warmed up the shower room for you & I will make sure to keep you warm, let's pick an outfit and I will bring you down in your wheelchair" >accept small victories - if she is willing to shower but not have her hair washed, provide the shower, inform family & inquire if she has any salon visits coming up Date Initiated: 07/16/2024 Created on: 07/16/2024 Created by: Angelika Joniec (ADOC) Revision on: 07/16/2024 Revision by: Angelika Joniec (ADOC)</div>					
<div>• Posture. Date Initiated: 10/06/2025 Created on: 12/28/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>• Ann to improve sitting posture from head forward, flex posture to proper upright functional alignment as the structure allows in 3 months. Date Initiated: 10/06/2025 Created on: 12/28/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/11/2026</div>	<div>• Encourage Ann to sitting with proper upright alignment as the structure allows cues for proper posture, EXs to improve extension, and proper alignment of the cervical, thoracic, and lumbar spine. 3/wk. Date Initiated: 10/06/2025 Created on: 12/28/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist PTA</div>				
<div>• Ambulation/ Balance. Date Initiated: 10/06/2025 Created on: 12/28/2023 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025</div>	<div>• To decrease Ann # of falls to 0 overstay in LTC. Date Initiated: 10/06/2025 Created on: 12/28/2023 Created by: Uzma Habib (PT -</div>	<div>• As cooperated, Ann is to perform balance exercises in sitting with 1 XA using theraputic ball EXs 3/wk. Date Initiated: 10/06/2025 Created on: 12/28/2023 Created by: Uzma Habib (PT - Physiotherapist)</div>	<div>PT - Physiotherapist PTA</div>				
<div>Allergies</div>	Gluten		<div>D.O.B.</div>	09/15/1927	<div>Physician</div>	Constantine George KARNIS	
<div>Diagnosis</div>	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses						
<div>Facility</div>	Wellington Park Care Centre				<div>Print Date</div>	1/4/2026	
<div>Resident</div>	STURROCK, ANN (925171002140)		<div>Admission Date</div>	12/27/2023	<div>Location</div>	Orchid Trail 205OT 1	
Last Care Plan Review Completed:		10/09/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision by: Uzma Habib (PT - Physiotherapist)	Physiotherapist Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/11/2026	Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)			
• Active ROM. Date Initiated: 10/06/2025 Created on: 07/10/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)	• To prevent deterioration of Ann ROM and strength from grade 3/5 in 3 months. Date Initiated: 10/06/2025 Created on: 07/10/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/11/2026 • To improve Ann ROM and strength of the lower limb from 3-/5 to grade 3+/5 in 6-8 months, (Manual Muscle Test) Date Initiated: 10/06/2025 Created on: 07/10/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 04/11/2026	• Provide AROM abduction/adduction/extension/flexion/supination/pronation/dorsiflexion/plantarflexion to R/L hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb using AROM, AAROM, PROM EXs 3/wk. Date Initiated: 10/06/2025 Created on: 07/10/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 10/06/2025 Revision by: Uzma Habib (PT - Physiotherapist)	PT - Physiotherapist PTA		
• Increased risk for FALLS related to vision impairment in both eyes due to macular degeneration. Altered Physical function (Parkinson's disease, Spinal stenosis and Arthritis)	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 07/10/2025	• CALL BELL: Place call bell within Ann's reach and remind/encourage her to use it. Date Initiated: 10/22/2024 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/21/2024 Revision by: Jaspreet Samra (Registered Practical Nurse)	PCA	D/E/N	
Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 10/22/2024 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/22/2024 Revision by: Richele Rosales (Registered Practical Nurse)	Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	<ul style="list-style-type: none"> • ENVIRONMENT: Secure environment (reduce clutter) to reduce fall risk for Ann. PCA Date Initiated: 10/22/2024 Created on: 01/03/2024 Created by: Susan Little (RPN) Revision on: 10/22/2024 Revision by: Richele Rosales (Registered Practical Nurse) • BED: Place bed at knee level, use high/low bed to lower risk for injury. PCA Date Initiated: 10/22/2024 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/22/2024 Revision by: Richele Rosales (Registered Practical Nurse) • FOOTWEAR: Ensure Ann wears appropriate footwear (white running shoes) for transfers and ambulation. PCA Date Initiated: 10/22/2024 Created on: 01/03/2024 Created by: Susan Little (RPN) Revision on: 10/22/2024 Revision by: Richele Rosales (Registered Practical Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: MOMO bed Sensor in place. PCA Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • ALARMS: Requires (Bed/Chair) alarm. Staff to respond promptly to Ann when alarm sounding. Ann has potential to take off the personal alarm. Staff to reapply the alarm PCA D/E/N Momo device in use as trail to alert staff Date Initiated: 10/22/2024 Created on: 04/09/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 10/29/2024 Revision by: Navpreet Kaur (DOC) 		
• Use of PASD RIGHT AND LEFT 1/4 bed rails in transfer position for bed mobility	• Ann will be effectively supported with use of 2 1/4 bed	• HEALTH EDUCATION: Engage with Ann/SDM to enhance their knowledge of possible benefits and challenges associated with Use of 2 1/4 bed rails in transfer		
Allergies	Gluten	D.O.B.	09/15/1927	Physician
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses			
Facility	Wellington Park Care Centre			Print Date
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location
Last Care Plan Review Completed:	10/09/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
and transfer. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 10/08/2024 Revision by: Edna James (Registered Practical Nurse)		rails in transfer position to optimize Activity of Daily Living for bed mobility and transfer each day through to the next review date. Date Initiated: 01/10/2025 Created on: 10/08/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 01/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	position. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Ann for continued benefit to use 2 1/4 bed rails as to support appropriate for bed mobility and transfer. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist Ann with bed mobility, transfer in/out of bed. Monitor every shift. Date Initiated: 10/08/2024 Created on: 10/08/2024 Created by: Edna James (Registered Practical Nurse) Revision on: 10/08/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	D/E/N
• Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications. Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To monitor effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 04/14/2025 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/14/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	• COMMUNICATION: Involve/collaborate with Ann/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MONITORING: Utilize holistic perspective of continuous monitoring of Ann using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • DE-PRESCRIBING MEDICATION; Monitor Ann for signs/symptoms during period			
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. <p>Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>when medications are titrated.</p> <p>Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. <p>Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate <p>Date Initiated: 04/05/2024 Created on: 04/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Rest/Sleep Patterns <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide)</p>		<ul style="list-style-type: none"> Team members will support Ann in decreasing social isolation by participating in activities of personal choice for a minimum of 10 times per month by the next review date. <p>Date Initiated: 07/10/2025 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/11/2026</p> <ul style="list-style-type: none"> To support Ann's Psycho- 	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite her to programs of personal interest; Centrecise, outdoor strolls, special entertainment and sing-songs. <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage Ann to engage in self-directed activities such as reading, listening to music and conversing with peers. <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/05/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <ul style="list-style-type: none"> ASSISTANCE: Provide assistance/encouragement to get Ann to scheduled activities (Accompany in elevator, walk-guide and offer friendly reminders prior to 			
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Rest/Sleep Patterns</p> <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide)</p>	<p>Social well being through to the next review.</p> <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/18/2024 Revision by: Megan McLoughlin (Recreation Aide) Target Date: 04/11/2026</p>	<p>start time).</p> <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• HELPFUL HINTS: Ann prefers to choose her own daily routine.</p> <p>Ann is legally blind and has a hearing impairment. Speak loud and clear when conversing with Ann and introduce yourself before beginning conversation.</p> <p>Ann likes to rest in her room and take regular naps throughout the day. Offer friendly reminders about group programs in advance so Ann has enough time to prepare.</p> <p>Ann enjoys conversing with her peers and meeting new people. During programs, seat Ann with peers whom she can build/maintain friendships with.</p> <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 10/13/2025 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• ONE to ONE: Provide her with individual visits for conversation/reminsicing.</p> <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• SOCIAL INTERACTION: Promote opportunity for Ann to make friendships and sit with friends during activities.</p> <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/18/2024 Revision by: Megan McLoughlin (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Ann with music care approaches such as;</p>	Recreation Aide		
Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Rest/Sleep Patterns <p>Date Initiated: 01/18/2024 Created on: 01/18/2024 Created by: Megan McLoughlin (Recreation Aide)</p>		<p>music therapy, musicking and music programs (Java Music Club, musical bingo and sing alongs).</p> <p>Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 12/28/2024 Revision by: Megan McLoughlin (Recreation Aide)</p>			
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to Irritable Bowel Syndrome. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> Ann will have bowel incontinence managed every shift through to the next review period. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/29/2023 Revision by: Mario Diamante (Registered Practical Nurse) Target Date: 04/11/2026</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Ann for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> BOWEL Continence level is OCCASIONALLY Incontinent. Report change to level as noted. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> BOWEL MOVEMENT: Monitor Ann for bowel movement each shift and document number of occurrences, size and consistency. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024</p>	PCA		
Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for BOWEL INCONTINENCE related to Irritable Bowel Syndrome. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• INCONTINENCE PRODUCT: Ann uses BLUE Briefs for day and evening shift, uses PCA ORANGE briefs for night shift only. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)</p>			
<p>• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: PARKINSON'S Disease Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<p>• To treat and minimize signs/symptoms or complications associated with (specify Etiology or diagnosis) through to the next review date. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026</p>	<p>• COMMUNICATION: Involve/ collaborate with Ann/ SDM in decision making of neurological care management for (specify etiology/ diagnosis). Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• HEALTH EDUCATION: Engage with Ann/SDM to enhance her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with Parkinson. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Ann with (specify neurological condition) for changes to health status and alteration or complications affecting neurological function. Date Initiated: 01/05/2024 Created on: 01/05/2024</p>	PCA		
Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: PARKINSON'S Disease Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • Observe SWALLOWING: Inform Registered staff of changes or any signs of difficulty in swallowing ,coughing during eating, drooling. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			PCA	
• Nutrition Risk Level Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD))		• Ann will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026 • Will weigh within IBWR of 65-78kg/BMI 24-29 through to next review date. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 01/06/2025 Revision by: Maria Ghobrial	• NUTRITION RISK: Ann is LOW risk level. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 07/04/2025 Revision by: Julia Pilca (Dietitian (RD)) • DIET ORDER: Ann will receive Regular diet, MINCED texture Downgrade diet texture if resident experiences overt s/s of aspiration/discomfort including coughing, choking, or wet/gurgly voice. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 11/11/2025 Revision by: Julia Pilca (Dietitian (RD)) • FLUID CONSISTENCY: Ann drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 01/05/2024 Revision by: Mark Chan (Dietitian (RD)) • FLUID TARGET: Encourage Ann to drink a minimum of 1426 ml per day.			Dietitian (RD)	
Allergies	Gluten			D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)			Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Nutrition Risk Level Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD))		(Dietitian (RD)) Target Date: 04/11/2026 • Ann will be adequately hydrated aeb drinking at least 80% of total fluid requirement @25 ml/kg, 71.3 kg through to next review date. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 10/02/2025 Revision by: Julia Pilca (Dietitian (RD)) Target Date: 04/11/2026	Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 10/02/2025 Revision by: Julia Pilca (Dietitian (RD)) • ADAPTIVE AIDS: Ann requires lip plate at meals and snacks. She also requires her PCA soups served in MUGS only with small (not soup) spoons. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 03/12/2024 Revision by: Mark Chan (Dietitian (RD)) • FOOD PREFERENCES: Oat bran cereal, fruits, vegies, all kinds of fish, chicken or PCA turkey. Date Initiated: 01/05/2024 Created on: 01/05/2024 Created by: Mark Chan (Dietitian (RD)) Revision on: 01/05/2024 Revision by: Mark Chan (Dietitian (RD))			
• Potential to experience alteration in MOOD as exhibited by restlessness related to Dementia, Parkinson's Disease. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Ann will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 10/10/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/10/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	• HEALTH EDUCATION: Provide education and support to Ann/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Ann for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Anns quality of life. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/05/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • RESIDENT STRENGTHS: Build on Ann's effort to maintain control. Encourage her		RN Registered Practical Nurse	
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Potential to experience alteration in MOOD as exhibited by restlessness related to Dementia, Parkinson's Disease. <p>Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>to express self, state preferences and make safe choices for care and activities.</p> <p>Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • DISTRACTION ACTIVITIES: Ann can be calmed doing activities of interest including listening to music. <p>Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> • Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, mumbled speech related to Expressive Aphasia, Receptive Aphasia, Deafness. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> • Ann will be supported to maintain current communication abilities to : express self, comprehend information each day through to the review date. <p>Date Initiated: 10/09/2025 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/11/2026</p>	<ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Ann/SDM to enhance their knowledge of communication devices, hearing aids, change in health status affecting communication ability. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • PRIMARY LANGUAGE: Ann's primary language is English. She is able to speak/understand English. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> • HEARING AID; Apply/Remove to/from Both ear/s. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024</p>		PCA	D/E
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, mumbled speech related to Expressive Aphasia, Receptive Aphasia, Deafness. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	<ul style="list-style-type: none"> Ann will be supported to maintain cognitive function through the review date. <p>Date Initiated: 01/10/2025 Created on: 01/03/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026</p>	<ul style="list-style-type: none"> HEALTH TEACHING: Engage with Ann/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Diagnosis Dementia. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> ORIENTATION: Gently reorient to person, place, time as needed when Ann is feeling lost or in confused state. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>	Social Worker		
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to Spinal 	<ul style="list-style-type: none"> To promote Ann comfort and effectively manage 	<ul style="list-style-type: none"> PHYSIO TREATMENT: Ann is to receive HP to neck for 10-15 minutes 3/wk. check skin before and after RX. 			
Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Stenosis and Arthritis Diagnosis . Pain in neck and Back. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PERSISTENT pain each day through to the next review. Date Initiated: 07/10/2025 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	Date Initiated: 02/04/2025 Created on: 01/03/2024 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 02/04/2025 Revision by: Uzma Habib (PT - Physiotherapist) • MEDICATION: Administer analgesic medication. Request MD assistance to review pain management as clinically needed. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 06/01/2024 Revision by: Susan Little (RPN)		Registered Practical Nurse RN	
• URINARY type of: Stress,Urge Bladder INCONTINENCE related to Dementia Diagnosis. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Ann will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/09/2025 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/11/2026	• MONITORING: Utilize holistic perspective of continuous monitoring of Ann for toileting needs, changes to health status and alteration of continence level. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • URINARY Continence level is Totally Incontinent .Report change to level as noted. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • CHECK and CHANGE: Ann experiences TOTAL incontinence and requires checks before and after meals, bedtime and during night rounds and change each time noted to be soiled. Date Initiated: 10/23/2025 Created on: 10/23/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 10/23/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Ann uses BLUE Briefs for day and evening shift, uses ORANGE briefs for night shift only.		PCA PCA	
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY type of: Stress,Urge Bladder INCONTINENCE related to Dementia Diagnosis. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/27/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)			
• Sleep Patterns; Potential for alteration in sleep patterns related to new environment. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To promote adequate rest/sleep for Ann based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	• REST PATTERN: Preferred bedtime (1930-2000), usual wake time (0730-0800). Resident's daughter has requested that she gets a nap after lunch. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 04/04/2025 Revision by: Richele Rosales (Registered Practical Nurse) • SLEEPWEAR: Ann prefers to wear short night gown . Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	PCA
• SPIRITUAL BELIEFS: Ann is non-religious. Date Initiated: 01/01/2024 Created on: 01/01/2024 Created by: Megan McLoughlin (Recreation		• To provide Ann spiritual support as interested through to the next review date. Date Initiated: 07/10/2025 Created on: 01/01/2024	• PERSONAL CHOICE: Respect Ann's right to decline participation in spiritual Programs. Date Initiated: 01/01/2024 Created on: 01/01/2024 Created by: Megan McLoughlin (Recreation Aide) Revision on: 01/01/2024			
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Aide) Revision on: 01/01/2024 Revision by: Megan McLoughlin (Recreation Aide)		Created by: Megan McLoughlin (Recreation Aide) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	Revision by: Megan McLoughlin (Recreation Aide)			
• Expressed Wishes and Beliefs related to Ann's Medical Treatment and End of Life Care Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To support and honor Ann's expressed wishes and beliefs through to the End of Life. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	• CPR: (Ann) wishes express NO CPR and NO TRANSFER to hospital. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Donna Duah (Registered Nurse) Revision on: 12/31/2023 Revision by: Donna Duah (Registered Nurse)		RN Registered Practical Nurse	
• Altered VISION related to Blindness (Legally). Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To treat and minimize complications of dry eyes, Macular Degeneration through to next review date. Date Initiated: 10/10/2024 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/10/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	• HEALTH TEACHING: Engage with Ann/SDM to enhance their knowledge of Macular Degeneration affecting vision. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • READING: Ann uses large print material to aid with reading. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects Date Initiated: 12/27/2023 Created on: 12/27/2023		PCA	
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Altered VISION related to Blindness (Legally). Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/27/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/04/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> • To protect and maintain skin integrity each day through to the next review. Date Initiated: 07/10/2025 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/10/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 04/11/2026	<ul style="list-style-type: none"> • HEALTH EDUCATION: Engage Ann/SDM in health education regarding prevention of skin impairment and management of (specify). Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	Q2h
			<ul style="list-style-type: none"> • POSITIONING: Turn, reposition at least every 2 hours preference to offload pressure. MOMO bed Sensor in place. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/27/2025 Revision by: Jaspreet Samra (RAI Coord Back-up)			
			<ul style="list-style-type: none"> • SHEAR FRICTION: Utilize Wendylett sheets when moving resident in bed to minimize shear friction. Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/23/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		PCA	
			<ul style="list-style-type: none"> • BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. 		PCA	
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Incontinence Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)			Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/03/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)			
<ul style="list-style-type: none"> • Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		<ul style="list-style-type: none"> • Ann will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date. Date Initiated: 10/09/2025 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/09/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 04/11/2026	<ul style="list-style-type: none"> • BATHING: Ann prefers shower/bed bath on Tuesday Morning and Saturday evening. One staff to provide EXTENSIVE to MAXIMAL assistance with shower/bed bath. On Shower/bed bath days, strip the linens, wipe mattress with Virox and place new linens. Ann uses Wendylett sheets. Nail care to be provided on shower day. Ann usually refuses her shower, staff to attempt. Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/08/2025 Revision by: Richele Rosales (RAI Coordinator)		PCA	
			<ul style="list-style-type: none"> • BED MOBILITY: Ann requires 1 staff to provide EXTENSIVE assistance for bed mobility. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 07/07/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
			<ul style="list-style-type: none"> • DRESSING: Ann requires one staff to provide EXTENSIVE to MAXIMAL assistance for dressing. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator)		PCA	
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • EATING: ANN requires set-up supervision x 1 staff for eating. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • LOCOMOTION: Ann requires 1 staff EXTENSIVE assistance for locomotion on unit. PCA She may require TOTAL assistance on unit when she is tired. Ann refuses to use footrests. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • PERSONAL HYGIENE: Ann requires one staff to provide EXTENSIVE TO PCA MAXIMAL assistance for hygiene. Ann may require TOTAL assistance when she is tired. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 01/02/2026 Revision by: Richele Rosales (RAI Coordinator) • HAND HYGIENE: 1 staff to provide LIMITED assistance to apply sanitizer, rub PCA hands together, dry hands for hand hygiene. Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/28/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • TOILET USE: Ann requires one staff to provide EXTENSIVE to MAXIMAL PCA assistance for toileting. Ann has a Trueloo smart toilet seat installed for detection of bowel and bladder abnormalities. Date Initiated: 12/27/2023 Created on: 12/27/2023			
Allergies	Gluten		D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)		Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025				

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</div> <div>Date Initiated: 12/27/2023</div> <div>Created on: 12/27/2023</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			<div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 10/06/2025</div> <div>Revision by: Richele Rosales (RAI Coordinator)</div> <div>• TRANSFERRING: Ann requires 2 person TOTAL assistance with Sara lift or Hoyer lift.</div> <div>Momo DEVICE IN PLACE. Ann has a tendency to self transfer, staff to encourage Ann to call for assistance.</div> <div>Date Initiated: 12/27/2023</div> <div>Created on: 12/27/2023</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 04/03/2025</div> <div>Revision by: Danielle Knott (ADOC)</div> <div>• TRANSFER LIFT/SLING: Hoyer lift (medium sling) needed for transfer as needed.</div> <div>Date Initiated: 01/03/2025</div> <div>Created on: 01/03/2025</div> <div>Created by: Richele Rosales (Registered Practical Nurse)</div> <div>Revision on: 01/03/2025</div> <div>Revision by: Richele Rosales (Registered Practical Nurse)</div> <div>• ORAL CARE: Ann has TEETH, DENTURES and requires 1 staff to provide LIMITED assistance for oral care. Remove dentures at bedtime and soak in warm water with polident tablet for 3-5 minutes. Needs to be rinsed for another 1 minute before inserting into mouth again. Ann has a tendency to refuse oral care at times.</div> <div>Date Initiated: 12/27/2023</div> <div>Created on: 12/27/2023</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 09/25/2025</div> <div>Revision by: Navpreet Kaur (DOC)</div> <div>• FOOT CARE: PSW, Registered staff to complete toenail care every shower daY.</div> <div>Report long toe nails or other abnormalities as noted.</div> <div>Date Initiated: 12/27/2023</div> <div>Created on: 12/27/2023</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 12/28/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>• SPECIFIC RESIDENT Request: Ann can get up after 10AM from bed if she is resistive before breakfast.</div>					
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Allergies	Gluten			D.O.B.	09/15/1927		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre						Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)			Admission Date	12/27/2023		Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation <p> Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Vesey Muthu-Vojtek (RAI Coordinator) </p>		<p> Date Initiated: 07/24/2024 Created on: 07/24/2024 Created by: Jasmeet Kaur Dhillon (Registered Practical Nurse) Revision on: 07/24/2024 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse) </p> <ul style="list-style-type: none"> SPECIAL FAMILY REQUEST: Hearing aid batteries to only be changed by daughter Diana and one and one care givers. Call her when resident complains that her batteries are not working <p> Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Gugulethu Ncube (Registered Practical Nurse) Revision on: 06/18/2025 Revision by: Edna James (Registered Practical Nurse) </p>	PCA	

Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			


Care Plan Report

Diagnosis

Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M] (K58.3), Arthritis, unspecified, other site(M13.98), Degeneration of macula and posterior pole(H35.3), Other peripheral vertigo(H81.3), Conductive hearing loss, unspecified(H90.2), Constipation(K59.0), Blindness, monocular(H54.4)

Allergies	Gluten	D.O.B.	09/15/1927	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Parkinson's disease(G20), Spinal stenosis, unspecified site(M48.09), Irritable bowel syndrome with mixed bowel habits [IBS-M](K58.3), Arthritis, unspecified, other site...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	STURROCK, ANN (925171002140)	Admission Date	12/27/2023	Location	Orchid Trail 205OT 1
Last Care Plan Review Completed:		10/09/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"> • Alteration in skin integrity related to BRUISE to left wrist. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Edna James (Registered Practical Nurse) 	<ul style="list-style-type: none"> • To promote intact skin integrity through healing of BRUISE by next review date. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Edna James (Registered Practical Nurse) Target Date: 03/29/2026 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Wayne/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Edna James (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with BRUISE for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Edna James (Registered Practical Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 01/02/2026 Created on: 01/02/2026 Created by: Edna James (Registered Practical Nurse) Revision on: 01/02/2026 Revision by: Edna James (Registered Practical Nurse) 				
<ul style="list-style-type: none"> • Individualized Fall Prevention and Injury Reduction Plan Date Initiated: 11/30/2025 Created on: 11/30/2025 Created by: Nikiben Patel (Registered Nurse) 	<ul style="list-style-type: none"> • To decrease the number of falls for throughout this review period. Date Initiated: 11/30/2025 Created on: 11/30/2025 Created by: Nikiben Patel (Registered Nurse) Target Date: 03/29/2026 • Resident goal - Encourage resident to use the call bell to ask for assistance if resident wants to use the washroom. 	<ul style="list-style-type: none"> • Encourage and remind resident to ask for assistance. Date Initiated: 11/30/2025 Created on: 11/30/2025 Created by: Nikiben Patel (Registered Nurse) • Resident is at risk for impaired skin integrity due to fragile skin related to aging. Date Initiated: 11/30/2025 Created on: 11/30/2025 Created by: Nikiben Patel (Registered Nurse) 				
Allergies	Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre			Print Date	1/4/2026	
Resident	TUCKER, THOMAS (925171002034)	Admission Date	03/09/2025	Location	Orchid Trail 209OT 1	
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Individualized Fall Prevention and Injury Reduction Plan Date Initiated: 11/30/2025 Created on: 11/30/2025 Created by: Nikiben Patel (Registered Nurse) 		Date Initiated: 11/30/2025 Created on: 11/30/2025 Created by: Nikiben Patel (Registered Nurse) Target Date: 03/29/2026				
<ul style="list-style-type: none"> Potential for Acute, Persistent PAIN and alteration in comfort level related to headaches, Lower back pain or hip pain. Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/24/2025 Revision by: Navpreet Kaur (DOC) 		<ul style="list-style-type: none"> To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) Target Date: 03/29/2026 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Wayne/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 02/02/2025 Revision by: Nichole Seng (Registered Nurse) POSITIONING: Position in chair/bed for optimal comfort as per his preference. Wayne prefers to be positioned in his recliner chair. Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) REST: accommodate resident rest and relaxation preference (i.e. breaks between activities, remaining in bed, etc.). Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 09/24/2025 Revision by: Donna Duah (RN) MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) 		PCA	
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for Acute, Persistent PAIN and alteration in comfort level related to headaches, Lower back pain or hip pain. Date Initiated: 02/02/2025 Created on: 02/02/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 11/24/2025 Revision by: Navpreet Kaur (DOC)			Revision on: 11/24/2025 Revision by: Navpreet Kaur (DOC)				
• Ambulation(as possible) Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)		• Thomas and POA/ family's Goal. Thomas to improve standing as possible, start walking distance from 0 meters to 5 meters using (high walker OR rollator + 1-2 XA during stay in home. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/29/2026	• As Thomas progresses, he feels stronger and less dizzy starts gait training to ambulate. Assist x2 for 0-5 meters using a rollator or high walker 2-3/wk. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 11/21/2025 Revision by: Uzma Habib (PT - Physiotherapist)			PT - Physiotherapist PTA	
• Use of PASD: Right and left 1/4 bed rails to assist Wayne with transfer and bed mobility; tilt wheelchair for comfort and repositioning. Date Initiated: 08/22/2022		• Wayne will be effectively supported with use of 1/4 bed rails to optimize transfer and bed mobility; tilt wheelchair for comfort and repositioning, each	• HEALTH EDUCATION: Engage with Wayne/SDM to enhance their knowledge of possible benefits and challenges associated with use of 1/4 bed rails and tilt wheelchair. Date Initiated: 08/22/2022 Created on: 08/22/2022				
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre				Print Date	1/4/2026	
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1	
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 08/22/2022 Created by: Victoria Edwards (RPN) Revision on: 11/19/2025 Revision by: Richele Rosales (RAI Coordinator)		day through to the next review date. Date Initiated: 05/25/2023 Created on: 08/22/2022 Created by: Victoria Edwards (RPN) Revision on: 11/19/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/29/2026	Created by: Victoria Edwards (RPN) Revision on: 11/19/2025 Revision by: Richele Rosales (RAI Coordinator) • MONITORING: Utilize holistic perspective of monitoring Thomas for continued benefit to use 1/4 bed rails to support bed mobility and transfer, and tilt wheelchair for comfort and repositioning. Date Initiated: 08/22/2022 Created on: 08/22/2022 Created by: Victoria Edwards (RPN) Revision on: 11/19/2025 Revision by: Richele Rosales (RAI Coordinator) • BED RAIL (One PARTIAL): 1/4,RIGHT and LEFT SIDE in USE as a PASD to assist PCA Thomas with bed mobility and transfer. Monitor every shift. Date Initiated: 11/18/2022 Created on: 08/22/2022 Created by: Victoria Edwards (RPN) Revision on: 11/19/2025 Revision by: Richele Rosales (RAI Coordinator) • TILTED CHAIR in USE as a PASD to support Wayne with repositioning and for comfort. Monitor every shift. Date Initiated: 11/19/2025 Created on: 11/19/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/19/2025 Revision by: Richele Rosales (RAI Coordinator)				
• Thomas requires temporary SAFETY CHECKS due to impulsive self-transferring without calling for assistance and impaired balance. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator)		• Safety Check initiated on Nov 4, 2025 as temporary measure to monitor Thomas each day until next review date. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/15/2025 Revision by: Navpreet Kaur (DOC) Target Date: 03/29/2026	• Check Thomas' location every hour (due to high risk of falls). Ask him if he requires any assistance or wants anything. Check if he needs to be repositioned in his wheelchair or in bed. Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator)			PCA	Q1H
Allergies	Propofol		D.O.B.	11/28/1944		Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025		Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Thomas requires temporary SAFETY CHECKS due to impulsive self-transferring without calling for assistance and impaired balance. <p>Date Initiated: 11/04/2025 Created on: 11/04/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 11/04/2025 Revision by: Richele Rosales (RAI Coordinator)</p>						
<ul style="list-style-type: none"> • Potential to experience ANAPHYLAXIS related to ALLERGY of Propofol. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 11/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>		<ul style="list-style-type: none"> • Wayne will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 02/25/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 02/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Wayne/SDM in decision making and health teaching about ALLERGY to Propofol. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Wayne with Allergy to Propofol for changes to health status and complications mortality. <p>Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Victoria Edwards (RPN) Revision on: 09/22/2022 Revision by: Victoria Edwards (RPN) • ALLERGY ALERT: Wayne has ALLERGY to Propofol. Prevent contact with and report if noted to experience symptoms; rash, hives, swelling, difficulty breathing, etc. <p>Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Victoria Edwards (RPN) Revision on: 09/22/2022 Revision by: Victoria Edwards (RPN) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Wayne's Allergy to Propofol and minimize risk for exposure to allergen. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022</p> </p></p></p>			
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none">• Potential to experience ANAPHYLAXIS related to ALLERGY of Propofol. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 11/01/2025 Revision by: Olena Romaniuk (Registered Nurse)</p>			<p>Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none">• MEDICATION: Administer medication as per MD Order; monitor its effectiveness. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/11/2022 Revision by: Olena Romaniuk (Registered Nurse)</p>				
<ul style="list-style-type: none">• Wayne is experiencing colonization with Antibiotic Resistant Organism (VRE) as of confirmed date: (Oct., 1). <p>Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Donna Duah (RN) Revision on: 10/01/2025 Revision by: Donna Duah (RN)</p>		<ul style="list-style-type: none">• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review. <p>Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Donna Duah (RN) Target Date: 03/29/2026</p>	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Wayne/SDM) with decision making for Antibiotic Resistant Organism treatment plan and update accordingly. <p>Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Donna Duah (RN) Revision on: 10/01/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none">• HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, isolation, transmission) for Antibiotic Resistant Organism. <p>Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Donna Duah (RN) Revision on: 10/01/2025 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none">• PPE PRECAUTIONS: Precaution identified as (CONTACT) for (VRE) and requires use of the following PPEs (Gloves, Gown) when (providing direct care, handling soiled clothes and linens, disposing of incontinent product). <p>Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Donna Duah (RN)</p>			RN Registered Practical Nurse PCA Registered Practical Nurse RN PCA PCA Registered Practical Nurse RN	
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1	
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Wayne is experiencing colonization with Antibiotic Resistant Organism (VRE) as of confirmed date: (Oct., 1). Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Donna Duah (RN) Revision on: 10/01/2025 Revision by: Donna Duah (RN)			Revision on: 10/01/2025 Revision by: Donna Duah (RN)			
<ul style="list-style-type: none"> Active ROM. Date Initiated: 09/25/2025 Created on: 09/25/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/25/2025 Revision by: Uzma Habib (PT - Physiotherapist)		<ul style="list-style-type: none"> To improve Thomas joint flexibility strength from grade 3-/5 to grade 3+/5 in 3 months, (Manual Muscle Test) Date Initiated: 09/25/2025 Created on: 09/25/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/25/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/29/2026	<ul style="list-style-type: none"> Provide AROM abduction/ adduction/extension/flexion/ supination/pronation/dorsiflexion/plantarflexion)to bilateral hip/knee/ankle/toes/shoulder/elbow/wrist/fingers/thumb) to using AAROM / AROM progress to theraband/ball/weights/pulleys/bike standing and walking as possible 3/wk. Date Initiated: 09/25/2025 Created on: 09/25/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/25/2025 Revision by: Uzma Habib (PT - Physiotherapist)		PT - Physiotherapist PTA	
Allergies		Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis		Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses				
Facility		Wellington Park Care Centre			Print Date	1/4/2026
Resident		TUCKER, THOMAS (925171002034)	Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

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Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Created by: Donna Duah (Registered Nurse) Revision on: 09/23/2025 Revision by: Donna Duah (RN)		(Registered Nurse) Revision on: 10/02/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/29/2026	• CALL BELL: Place call bell within reach and remind/encourage to use it. Non-compliant to use. Date Initiated: 09/02/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 11/04/2025 Revision by: Donna Duah (RN)				PCA	D/E/N
							Registered Practical Nurse	
			• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: wheelchair. Date Initiated: 10/01/2025 Created on: 10/01/2025 Created by: Jaspreet Samra (RAI Coord Back-up) Revision on: 11/04/2025 Revision by: Donna Duah (RN)				PCA	
			• ENVIRONMENT: Secure environment reduce clutter, night light, quiet environment to reduce fall risk for Wayne. Date Initiated: 09/02/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 11/04/2025 Revision by: Donna Duah (RN)				PCA RN Registered Practical Nurse	
• BED: Use high/low bed placed at lowest level to lower risk for injury. Date Initiated: 09/02/2025 Created on: 09/22/2022 Created by: Victoria Edwards (RPN) Revision on: 11/04/2025 Revision by: Donna Duah (RN)				PCA Registered Practical Nurse				
• FOOTWEAR: Wayne will wear non-skid socks at all times to prevent him from slipping. Date Initiated: 09/02/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 11/04/2025 Revision by: Donna Duah (RN)				PCA				
• HIP PROTECTORS: Wayne wears hip protectors to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 09/02/2025				PCA	D/E/N			
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1	
Last Care Plan Review Completed:		10/02/2025						

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Increased risk for FALLS related to Limitation of cognitive function/altered judgement related to Dementia Diagnosis and infection to the heart. Date Initiated: 03/28/2024 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/23/2025 Revision by: Donna Duah (RN)</div>			<div>Created on: 07/02/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 11/04/2025 Revision by: Donna Duah (RN) • FLOOR MAT: Position floor mat on floor on his left side of bed to lower risk of injury. PCA Date Initiated: 09/13/2025 Created on: 09/13/2025 Created by: Barbara Mashford (Registered Nurse) Revision on: 12/24/2025 Revision by: Jaspreet Samra (RAI Coord Back-up) • ALARM: Requires personal alarm all the time. Check placement and working order. PCA Staff respond when alarm is heard. Date Initiated: 09/03/2025 Created on: 09/03/2025 Created by: Muskan Arora (Registered Practical Nurse) Revision on: 11/04/2025 Revision by: Donna Duah (RN) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 09/02/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 11/04/2025 Revision by: Donna Duah (RN)</div>						D/E/N
				RN Registered Practical Nurse					
<div>• Alteration in skin integrity related to Abrasion to right upper thigh. Date Initiated: 09/11/2025 Created on: 09/11/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 09/11/2025 Revision by: Nichole Seng (Registered Nurse)</div>		<div>• To promote intact skin integrity through healing of Abrasion by September 18, 2025. Date Initiated: 09/11/2025 Created on: 09/11/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 09/11/2025 Revision by: Nichole Seng (Registered Nurse) Target Date: 03/29/2026</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with Abrasion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/11/2025 Created on: 09/11/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 09/11/2025 Revision by: Nichole Seng (Registered Nurse) • COMMUNICATION: Involve/collaborate with Wayne/SDM in decision making for treatment of skin issues. Date Initiated: 09/11/2025 Created on: 09/11/2025</div>			Registered Practical Nurse RN			
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS		
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses								
Facility	Wellington Park Care Centre					Print Date	1/4/2026		
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1		
Last Care Plan Review Completed:		10/02/2025							

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Alteration in skin integrity related to Abrasion to right upper thigh. Date Initiated: 09/11/2025 Created on: 09/11/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 09/11/2025 Revision by: Nichole Seng (Registered Nurse) 		Created by: Nichole Seng (Registered Nurse) Revision on: 09/11/2025 Revision by: Nichole Seng (Registered Nurse) <ul style="list-style-type: none"> • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 09/11/2025 Created on: 09/11/2025 Created by: Nichole Seng (Registered Nurse) Revision on: 09/11/2025 Revision by: Nichole Seng (Registered Nurse)			
<ul style="list-style-type: none"> • Wayne needs to be encouraged to participate in activities. He actively participates once he joins in. Date Initiated: 08/22/2025 Created on: 08/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 08/22/2025 Revision by: Seema Naqvy (Restorative Care Aide) 	<ul style="list-style-type: none"> • (Resident Name) will be supported to maintain participation in activities (range number; example 20-25, 30-40, 45 or more, etc.) times per month by the next review date. Date Initiated: 08/22/2025 Created on: 08/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Target Date: 03/29/2026 	<ul style="list-style-type: none"> • STRUCTURED ACTIVITIES: Invite Wayne to programs of personal interest like Noodle balloon, exercise, watching documentary, trivia. Date Initiated: 08/22/2025 Created on: 08/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 08/22/2025 Revision by: Seema Naqvy (Restorative Care Aide) • SELF-DIRECTED ACTIVITIES: Encourage Wayne to engage in self-directed activities such as telephone conversations, watching TV in own room, walking, conversing with peers, etc. Date Initiated: 08/22/2025 Created on: 08/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 08/22/2025 Revision by: Seema Naqvy (Restorative Care Aide) • ASSISTANCE: Provide assistance/encouragement to get Wayne to scheduled activities Date Initiated: 08/22/2025 Created on: 08/22/2025 Created by: Seema Naqvy (Restorative Care Aide) Revision on: 08/22/2025 Revision by: Seema Naqvy (Restorative Care Aide) 			
<ul style="list-style-type: none"> • Transfers. Date Initiated: 08/15/2025 Created on: 08/19/2022 	<ul style="list-style-type: none"> • As get stronger Mr. Tucker to improve Transfer from Hoyer to 	<ul style="list-style-type: none"> • As get stronger and able provide assistance encourage + 2 XA as needed with sit - > stand transfer from bed, toilet, chair 3/wk. Date Initiated: 09/25/2025 	PT - Physiotherapist		
Allergies	Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025			

Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)		sit -> stand transfer to-from bed with 1-2 XA + proper setup, in 6-8 months. Date Initiated: 09/24/2025 Created on: 08/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/29/2026 • Thomas to perform bridging in supine and improve glutes strength from grade 3-/5 to grade 3+/5 in 6-8 months. (Manual Muscle Test) Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/29/2026 • To improve transfer for assist x2 + Hoyer lift in 3 months Date Initiated: 09/24/2025 Created on: 09/24/2025 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/24/2025 Revision by: Uzma Habib (PT - Physiotherapist) Target Date: 03/29/2026	Created on: 08/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/25/2025 Revision by: Uzma Habib (PT - Physiotherapist) • To perform balance exercises in standing using a therapeutic ball Exs 3/wk. Date Initiated: 09/25/2025 Created on: 08/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 09/25/2025 Revision by: Uzma Habib (PT - Physiotherapist)				PTA PT - Physiotherapist PTA	
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses							
Facility	Wellington Park Care Centre					Print Date	1/4/2026	
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1	
Last Care Plan Review Completed:		10/02/2025						

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • Transfers. Date Initiated: 08/15/2025 Created on: 08/19/2022 Created by: Uzma Habib (PT - Physiotherapist) Revision on: 08/15/2025 Revision by: Uzma Habib (PT - Physiotherapist)						
<ul style="list-style-type: none"> • URINARY Mixed INCONTINENCE related to Dementia Diagnosis Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Jaspreet Samra (Registered Practical Nurse)		<ul style="list-style-type: none"> • Wayne will have urinary incontinence managed every shift through to the next review period. Date Initiated: 09/01/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 09/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/29/2026	<ul style="list-style-type: none"> • Thomas needs assistance with urinal . Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Edna James (Registered Practical Nurse) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator) <ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Wayne/SDM for decision making about toileting options or incontinence management. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) <ul style="list-style-type: none"> • URINARY Continence level is Frequently INCONTINENT. Report change to level as noted. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 11/21/2025			
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> • URINARY Mixed INCONTINENCE related to Dementia Diagnosis Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 07/15/2025 Revision by: Jaspreet Samra (Registered Practical Nurse) 			Revision by: Jaspreet Samra (RAI Coord Back-up) <ul style="list-style-type: none"> • SCHEDULED TOILETING: Toilet Thomas between every 4 hours and PRN. Date Initiated: 12/05/2025 Created on: 12/05/2025 Created by: Richele Rosales (RAI Coordinator) Revision on: 12/05/2025 Revision by: Richele Rosales (RAI Coordinator) • INCONTINENCE PRODUCT: Resident uses Blue brief during all shifts. Date Initiated: 07/15/2025 Created on: 07/15/2025 Created by: Jaspreet Samra (Registered Practical Nurse) Revision on: 11/21/2025 Revision by: Edna James (Registered Practical Nurse) • ADAPTIVE EQUIPMENT/AID: Wayne can use urinal and may requires assistance from one team member. Date Initiated: 11/21/2025 Created on: 11/21/2025 Created by: Danielle Knott (ADOC) Revision on: 11/27/2025 Revision by: Navpreet Kaur (DOC) 		PCA	
<ul style="list-style-type: none"> • Potential to experience complications and side effects impacting quality of life related to , use of anti-psychotic medications; Anti-Anxiety and Anti-depressant medication. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 10/06/2024 Revision by: Donna Duah (RN) 		<ul style="list-style-type: none"> • To monitor effectiveness and side effects of medication used each day through to the next review date. Date Initiated: 05/27/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 05/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Thomas/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/11/2022 Revision by: Olena Romaniuk (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Thomas using anti-psychotic medication, for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) • MEDICATION REVIEW: Complete Medication Review with MD Quarterly and as 			
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience complications and side effects impacting quality of life related to , use of anti-psychotic medications; Anti-Anxiety and Anti-depressant medication.</p> <p>Date Initiated: 08/09/2022</p> <p>Created on: 08/09/2022</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 10/06/2024</p> <p>Revision by: Donna Duah (RN)</p>			<p>needed.</p> <p>Date Initiated: 08/09/2022</p> <p>Created on: 08/09/2022</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 08/11/2022</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate, as needed</p> <p>Date Initiated: 08/09/2022</p> <p>Created on: 08/09/2022</p> <p>Created by: Donna Duah (Registered Nurse)</p> <p>Revision on: 08/11/2022</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p>				
<p>• Potential for Expressive Behaviour of RESISTANCE to care need nature(digging into Ostomy and smearing feces) related to Symptom Progression of Dementia/Alzheimer</p> <p>Date Initiated: 05/23/2024</p> <p>Created on: 05/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<p>• To promote safety for Wayne and/or others during each episode of (fidgeting with colostomy bag) through to the next review date.</p> <p>Date Initiated: 10/02/2025</p> <p>Created on: 10/06/2024</p> <p>Created by: Donna Duah (RN)</p> <p>Revision on: 10/02/2025</p> <p>Revision by: Richele Rosales (RAI Coordinator)</p> <p>Target Date: 03/29/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Thomas(SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 05/23/2024</p> <p>Created on: 05/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Thomas for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 05/23/2024</p> <p>Created on: 05/23/2024</p> <p>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Revision on: 05/23/2024</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• TRIGGERS leading to SOCIALLY Inappropriate disruptive smearing feces as expression of behaviour include confusion, decreased insight, poor judgement, limitation in communication.</p> <p>Date Initiated: 05/23/2024</p> <p>Created on: 05/23/2024</p>			BSO - Internal Social Worker	
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of RESISTANCE to care need nature(digging into Ostomy and smearing feces) related to Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 10/06/2024 Revision by: Donna Duah (RN)</p> <ul style="list-style-type: none"> BSO RECOMMENDATIONS: Trial some engagement activities and observe Wayne's response to them. <p>Have Wayne work on administrative tasks after breakfast to promote purpose, and engagement</p> <p>Create a calendar to document upcoming activities and tasks to keep him organized</p> <p>Arrange for Wayne to read to co-residents on unit after lunch.</p> <p>Arrange for Religious Service involvement distributing programs.</p> <p>Date Initiated: 02/05/2025 Created on: 02/05/2025 Created by: Angelika Joniec (ADOC) Revision on: 02/05/2025 Revision by: Angelika Joniec (ADOC)</p>			
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (fidgeting, picking on ostomy) related to Dementia <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> Thomas will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 09/01/2025 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 09/01/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/29/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Thomas(SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Provide education and support to Thomas(SDM) pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of wayne for indications to change in MOOD including labile mood or increase of symptoms 		RN Registered Practical Nurse	
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (fidgeting, picking on ostomy) related to Dementia <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			<p>that negatively impact Wayne's quality of life.</p> <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/29/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> DISTRACTION ACTIVITIES: Thomas can be calmed doing activities of interest including listening to music, watching movies. <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <ul style="list-style-type: none"> MEDICATION:Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/23/2024 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>			
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour related to Dementia. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/29/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p>		<ul style="list-style-type: none"> Wayne will have ALL ADL care tasks met each day through the next review date. <p>Date Initiated: 10/02/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 10/02/2025 Revision by: Richele Rosales (RAI Coordinator) Target Date: 03/29/2026</p>	<ul style="list-style-type: none"> BATHING: Wayne prefers showers on Wednesday morning and Sunday evenings. PCA <p>Wayne needs a lot of encouragement to have his showers but on occasion will decline. Re-approach with different staff during the shift.</p> <p>1 staff to provide TOTAL assist with shower. On Bath days, strip the linens, wipe mattress with Virox and place new linens.Nail care to be provided on shower day.</p> <p>Date Initiated: 06/27/2025 Created on: 06/27/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 12/22/2025 Revision by: Richele Rosales (RAI Coordinator)</p> <ul style="list-style-type: none"> BED MOBILITY: Wayne needs Extensive assistance x 1 staff with bed mobility. PCA <p>Date Initiated: 11/18/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/24/2025 Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</p>			
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none"> • DRESSING: Wayne requires Extensive assistance from one staff for dressing. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 09/25/2025 Revision by: Richele Rosales (RAI Coordinator) 			PCA	
			<ul style="list-style-type: none"> • EATING: Wayne requires LIMITED assistance with eating. staff encouraging resident to go to dinning room,resident prefer to stay inside room. 			PCA	
			<ul style="list-style-type: none"> • LOCOMOTION: Wayne requires TOTAL assistance. Wayne uses a transport chair to go down the ramp to the dining room. 			PCA	
			<ul style="list-style-type: none"> • PERSONAL HYGIENE: Wayne needs help by one staff EXTENSIVE assistance for hygiene. He is able to wash his face and underarms. 			PCA	
			<ul style="list-style-type: none"> • HAND HYGIENE: 1 staff to provide , EXTENSIVE, assistance to apply soap/water, apply sanitizer for hand hygiene. 			PCA	
			<ul style="list-style-type: none"> • TOILET USE: 1 staff to provide EXTENSIVE assistance with toileting. Staff to check and assist with emptying ostomy bag. 			PCA Registered	
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour related to Dementia.</div> <div>Date Initiated: 08/09/2022</div> <div>Created on: 08/09/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 08/29/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>			Date Initiated: 08/09/2022			Practical	
			Created on: 08/09/2022			Nurse	
			Created by: Donna Duah (Registered Nurse)			RN	
			Revision on: 08/24/2025				
			Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)				
			• TRANSFERRING: Wayne is 2 staff Total assistance with transferring with hoyer lift.			PCA	
			Date Initiated: 11/18/2022			Registered	
			Created on: 08/09/2022			Practical	
			Created by: Donna Duah (Registered Nurse)			Nurse	
			Revision on: 09/26/2025			RN	
			Revision by: Angelika Joniec (ADOC)				
			• TRANSFER LIFT/SLING: (Ceiling Lift and uses Large Sling) needed for transfer.			Registered	
			Date Initiated: 09/24/2025			Practical	
			Created on: 09/24/2025			Nurse	
			Created by: Donna Duah (RN)			RN	
			Revision on: 09/24/2025			PCA	
			Revision by: Donna Duah (RN)				
			• ORAL CARE: Wayne has his own teeth and requires 1 person EXTENSIVE to brush his teeth.			PCA	
			Date Initiated: 08/09/2022				
			Created on: 08/09/2022				
			Created by: Donna Duah (Registered Nurse)				
			Revision on: 09/24/2025				
			Revision by: Angelika Joniec (ADOC)				
			• FOOT CARE: PSW to complete toenail care . Report long toe nails or other abnormalities as noted.			PCA	
			Date Initiated: 08/09/2022				
			Created on: 08/09/2022				
			Created by: Donna Duah (Registered Nurse)				
			Revision on: 11/28/2024				
			Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
			• HAIR CARE: one staff assistance .			PCA	
			Date Initiated: 08/09/2022				
			Created on: 08/09/2022				
			Created by: Donna Duah (Registered Nurse)				
			Revision on: 08/14/2022				
			Revision by: Edna James (Registered Practical Nurse)				
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour related to Dementia.</div> <div>Date Initiated: 08/09/2022</div> <div>Created on: 08/09/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 08/29/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>		<div>• SHAVING - Wayne needs extensive assistance by one staff shaven daily</div> <div>Date Initiated: 11/18/2022</div> <div>Created on: 08/09/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 08/24/2025</div> <div>Revision by: Jasmeet Kaur Dhillon (Registered Practical Nurse)</div> <div>• SPECIFIC RESIDENT Request: Wants to be called Wayne.</div> <div>Date Initiated: 05/29/2024</div> <div>Created on: 05/29/2024</div> <div>Created by: Vesey Muthu-Vojtek (RAI Coordinator)</div> <div>Revision on: 05/29/2024</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	PCA	D		
<div>• Potential for BOWEL Continent(with Ostomy) related to Carcinoma in situ of colon</div> <div>Date Initiated: 08/09/2022</div> <div>Created on: 08/09/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 05/25/2023</div> <div>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</div>	<div>• Wayne will receive support to empty or change his appliance and promote optimal bowel continence each day through to the next review.</div> <div>Date Initiated: 05/25/2023</div> <div>Created on: 08/09/2022</div> <div>Created by: Donna Duah</div>	<div>• COMMUNICATION: Involve/collaborate with Wayne/Edith for decision making about ostomy management.</div> <div>Date Initiated: 08/09/2022</div> <div>Created on: 08/09/2022</div> <div>Created by: Donna Duah (Registered Nurse)</div> <div>Revision on: 08/10/2022</div> <div>Revision by: Alison McAulay (RN)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Thomas for</div>				
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
	(Registered Nurse) Revision on: 05/25/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026	changes to health status, alteration of continence level or bowel function. Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Victoria Edwards (RPN) Revision on: 08/10/2022 Revision by: Victoria Edwards (RPN) • BOWEL Continence level is Frequently Incontinent. (His colostomy appliance requires frequent changing as he picks at it until it will leak). Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Victoria Edwards (RPN) Revision on: 09/23/2025 Revision by: Donna Duah (RN) • COLOSTOMY: Thomas has a colostomy and uses Hollister #3224 2 inch one piece pouch set. Wayne requires his colostomy appliance changed once per week but there are times when it has to be changed several times per shift as he fidgets with it until stool leaks out. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 02/20/2025 Revision by: Alison McAulay (RN) • OSTOMY BAG CHANGE: Check OSTOMY every 2 hours each shift; Empty contents of ostomy bag when 1/3 to 1/2 full of stool and release gas as needed. Report any redness, drainage or leaking of ostomy immediately if noted Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 10/06/2022 Revision by: Alison McAulay (RN)	PCA Registered Practical Nurse RN RN Registered Practical Nurse PCA PCA	Q2h			
• SPIRITUAL BELIEFS: Wayne is of the United Church Faith. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 10/11/2022	• To provide Wayne spiritual support as interested through to the next review date. Date Initiated: 05/25/2023 Created on: 10/11/2022 Created by: Adam Hamid	• SPIRITUAL PROGRAMS: Encourage him to attend spiritual programs of his/her choice including (specify; Hymn Sing, Catholic Mass, Church Service, etc.). Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/22/2023	ACT				
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1	
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Adam Hamid (Recreation Aide)		(Recreation Aide) Revision on: 05/25/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026	Revision by: Adam Hamid (Recreation Aide) • PERSONAL CHOICE: Respect Wayne's right to decline participation in Spiritual Program. Date Initiated: 10/11/2022 Created on: 10/11/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 10/11/2022 Revision by: Adam Hamid (Recreation Aide)			ACT	
• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide)		• Thomas will improve/maintain ISE score of 4 by the next review date. Date Initiated: 02/25/2025 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026 • To support Thomas Psycho-Social well being through to the next review. Date Initiated: 05/25/2023 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/25/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026	• STRUCTURED ACTIVITIES: Invite him to programs of personal interest; (Sports watching programs, outdoor strolls). Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 09/22/2022 Revision by: Adam Hamid (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as (watching tv, reading the daily chronicle, calling his family, walking). Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 09/22/2022 Revision by: Adam Hamid (Recreation Aide) • HELPFUL HINTS: Identify Helpful Hints to ease communication while providing care/interactions for (topics of interest such as football, hockey, former profession as the CEO for hospitals around Canada.) Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 09/22/2022 Revision by: Adam Hamid (Recreation Aide) • ONE to ONE: Provide him with individual visits for (reading the chronicle, reminiscing about the past, conversing about sports.) Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 05/22/2023			ACT	
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide)			Revision by: Adam Hamid (Recreation Aide) • FAMILY INVOLVEMENT: (Family visits often and takes him out of the facility) Date Initiated: 09/22/2022 Created on: 09/22/2022 Created by: Adam Hamid (Recreation Aide) Revision on: 09/22/2022 Revision by: Adam Hamid (Recreation Aide)		ACT	
• Expressed Wishes and Beliefs related to Wayne's Medical Treatment and End of Life Care. Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Alison McAulay (RN) Revision on: 08/22/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• To support and honor Wayne's expressed wishes and beliefs through to the End of Life. Date Initiated: 08/29/2023 Created on: 08/10/2022 Created by: Alison McAulay (RN) Revision on: 08/29/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026	• CPR: Wayne wishes to have NO CPR,however TRANSFER to hospital decision will be made at the time. Date Initiated: 08/19/2022 Created on: 08/19/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 11/07/2025 Revision by: Navpreet Kaur (DOC)			
• COGNITIVE LOSS; alteration in thought processes specifically memory loss related to Dementia(Frontal Lobe). Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Edna James (Registered Practical Nurse) Revision on: 08/22/2022 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)		• Wayne is severely impaired in cognition and will have needs interpreted and met each day through to the review date. Date Initiated: 05/27/2025 Created on: 02/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026	• COMMUNICATION: Involve/collaborate with Wayne/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Edna James (Registered Practical Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN) • HEALTH TEACHING: Engage with Wayne/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Edna James (Registered Practical Nurse)		Social Worker	
Allergies	Propofol		D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses					
Facility	Wellington Park Care Centre				Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)		Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025				

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision on: 08/10/2022 Revision by: Alison McAulay (RN) • ORIENTATION: Gently reorient to person, place, time as needed when Wayne is feeling lost or in confused state. Date Initiated: 02/25/2025 Created on: 02/25/2025 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 02/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)				
• Nutrition Risk Level Date Initiated: 08/15/2022 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian)		• Wayne will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 08/15/2022 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 08/15/2022 Revision by: Kaitlyn Myles (Dietitian) Target Date: 03/29/2026 • Will weigh within realistic weight range of 91-102 kg/BMI 27-30 through to next review date. Date Initiated: 08/15/2022 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 05/24/2025 Revision by: Maria Ghobrial (Dietitian (RD)) Target Date: 03/29/2026 • Thomas will be adequately hydrated aeb drinking at least 80% of total fluid requirement @20 ml/kg, 96 kg through to	• NUTRITION RISK: Wayne is HIGH risk level. Date Initiated: 06/28/2024 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 10/02/2025 Revision by: Julia Pilca (Dietitian (RD))				Dietitian (RD)
			• DIET ORDER: Wayne will receive regular diet, regular texture Date Initiated: 06/28/2024 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/28/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)				PCA
			• FLUID CONSISTENCY: Wayne drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 06/28/2024 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 06/28/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)				PCA
			• FLUID TARGET: Encourage Wayne to drink a minimum of 1536 ml per day. Date Initiated: 06/28/2024 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian) Revision on: 12/23/2025 Revision by: Julia Pilca (Dietitian (RD))				PCA
			• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 06/28/2024				PCA
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Nutrition Risk Level</div> <div>Date Initiated: 08/15/2022</div> <div>Created on: 08/15/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div>		<div>next review date.</div> <div>Date Initiated: 08/15/2022</div> <div>Created on: 08/15/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>Revision on: 12/23/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>Target Date: 03/29/2026</div>	<div>Created on: 08/15/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>Revision on: 06/28/2024</div> <div>Revision by: Elisangela Napoli (FSM - Food Services Manager)</div> <div>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</div> <div>Date Initiated: 06/28/2024</div> <div>Created on: 08/15/2022</div> <div>Created by: Kaitlyn Myles (Dietitian)</div> <div>Revision on: 06/28/2024</div> <div>Revision by: Elisangela Napoli (FSM - Food Services Manager)</div> <div>• FOOD PREFERENCES: Wayne enjoys eating bacon, scrambled eggs, toast, offer cheese if doesn't like choices and his meals heated up in microwave to be hotter.</div> <div>Date Initiated: 06/28/2024</div> <div>Created on: 09/14/2022</div> <div>Created by: Pamela Kovar-Gough (Dietary Manager)</div> <div>Revision on: 06/28/2024</div> <div>Revision by: Elisangela Napoli (FSM - Food Services Manager)</div> <div>• HIGH CALORIE/PROTEIN AM SNACK: cheese and crackers at AM snack</div> <div>Date Initiated: 10/02/2025</div> <div>Created on: 10/02/2025</div> <div>Created by: Julia Pilca (Dietitian (RD))</div> <div>Revision on: 10/02/2025</div> <div>Revision by: Julia Pilca (Dietitian (RD))</div> <div>• HIGH CALORIE/PROTEIN HS SNACK: cheese and crackers at HS snack</div> <div>Date Initiated: 07/02/2024</div> <div>Created on: 05/24/2024</div> <div>Created by: Mark Chan (Dietitian (RD))</div> <div>Revision on: 07/02/2024</div> <div>Revision by: Elisangela Napoli (FSM - Food Services Manager)</div> <div>• DIABETIC CARE: Offer Thomas diet spread, diet syrup, artificial sweetener, diet drinks and half portions of higher sugar foods.</div> <div>April 2, 2024: Offer Wayne half portions of potato/rice/pasta and dessert.</div> <div>Date Initiated: 06/28/2024</div>			PCA	D/E
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> • Nutrition Risk Level Date Initiated: 08/15/2022 Created on: 08/15/2022 Created by: Kaitlyn Myles (Dietitian)		Created on: 11/17/2022 Created by: Helen Bradley (RD) Revision on: 06/28/2024 Revision by: Elisangela Napoli (FSM - Food Services Manager)			
<ul style="list-style-type: none"> • Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES Insulin-Dependent. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)	<ul style="list-style-type: none"> • To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 02/25/2025 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 02/25/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/ collaborate with Wayne/SDM in decision making of diabetes care management. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN) <ul style="list-style-type: none"> • CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) <ul style="list-style-type: none"> • MEDICATION: Administer medication ORAL ANTIHYPERGLYCEMIC medication and INSULIN for DIABETES as per MD order. Monitor effectiveness and for side effects. Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022	Registered Staff		
Allergies	Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)	Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES Insulin-Dependent. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)</p>		<p>Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results for fasting blood glucose and HbA1c and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)</p>	Registered Staff	
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by word finding or difficulty finishing thoughts related to Dementia <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)</p>	<ul style="list-style-type: none"> Wayne will be supported to make basic needs known each day through to the review date. <p>Date Initiated: 05/27/2025 Created on: 02/23/2024 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 05/27/2025 Revision by: Vesey Muthu-Vojtek (RAI Coordinator) Target Date: 03/29/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Thomas/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/11/2022 Revision by: Olena Romaniuk (Registered Nurse)</p> <ul style="list-style-type: none"> PRIMARY LANGUAGE: Wayne's primary language is English. <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Donna Duah (Registered Nurse) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)</p> <ul style="list-style-type: none"> SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed. Approach Wayne slowly, give him time to respond to questions, do not rush him and ask for his preferences. Wayne is known to make jokes with staff. <p>Date Initiated: 11/24/2022 Created on: 11/24/2022 Created by: Vesey Muthu-Vojtek (RAI Coordinator) Revision on: 08/22/2024 Revision by: Angelika Joniec (ADOC)</p>		

Allergies	Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)	Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025			

Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p>		<p>• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date.</p> <p>Date Initiated: 02/25/2025</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/25/2025</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>Target Date: 03/29/2026</p>	<p>• HEALTH TEACHING: Engage with Thomas/SDM to enhance his comprehension of (treatment, possible complications, disease trajectory, etc.) associated with Hypertension.</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 10/06/2024</p> <p>Revision by: Donna Duah (RN)</p> <p>• COMMUNICATION: Involve/collaborate with Thomas/SDM in decision making of Cardiac Care Management for Hypertension.</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 08/11/2022</p> <p>Revision by: Olena Romaniuk (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Thomas for changes to health status and alteration or complications affecting cardiac function.</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 05/31/2023</p> <p>Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects.</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p>			Registered Practical Nurse RN	
						Registered Practical Nurse RN	
<p>• Thomas has Chronic Renal Failure related to diagnosis of Chronic Kidney Disease</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 08/10/2022</p> <p>Revision by: Victoria Edwards (RPN)</p>		<p>• To treat and minimize complications associated with Chronic Renal Failure through to next review date.</p> <p>Date Initiated: 02/25/2025</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 02/25/2025</p> <p>Revision by: Vesey Muthu-Vojtek</p>	<p>• COMMUNICATION: Involve/collaborate with Wayne/SDM in decision making for CRF care management.</p> <p>Date Initiated: 08/10/2022</p> <p>Created on: 08/10/2022</p> <p>Created by: Victoria Edwards (RPN)</p> <p>Revision on: 08/10/2022</p> <p>Revision by: Alison McAulay (RN)</p> <p>• HEALTH TEACHING: Engage with Wayne/SDM to enhance his comprehension of possible complications associated with CRF.</p>				
Allergies	Propofol			D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses						
Facility	Wellington Park Care Centre					Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)			Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	(RAI Coordinator) Target Date: 03/29/2026	<p>Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Victoria Edwards (RPN) Revision on: 08/10/2022 Revision by: Alison McAulay (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring the Thomas with CRF for changes to health status and alteration or complications affecting renal function.</p> <p>Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Victoria Edwards (RPN) Revision on: 05/31/2023 Revision by: Vesey Muthu-Vojtek (RAI Coordinator)</p> <p>• MEDICATION: Administer medication as per MD order and monitor for side effects.</p> <p>Date Initiated: 08/10/2022 Created on: 08/10/2022 Created by: Victoria Edwards (RPN) Revision on: 08/11/2022 Revision by: Olena Romaniuk (Registered Nurse)</p>		

Allergies	Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)	Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
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Diagnosis

Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic kidney disease, unspecified(N18.9), Unspecified nonorganic psychosis(F29), Acute endocarditis, unspecified(I33.9)

Allergies	Propofol	D.O.B.	11/28/1944	Physician	Constantine George KARNIS
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Carcinoma in situ of colon(D01.0), Type 2 diabetes mellitus with poor control, so described(E11.64), Psoriasis, unspecified(L40.9), Chronic ...See last page for a complete listing of the Resident's diagnoses				
Facility	Wellington Park Care Centre			Print Date	1/4/2026
Resident	TUCKER, THOMAS (925171002034)	Admission Date	03/09/2025	Location	Orchid Trail 209OT 1
Last Care Plan Review Completed:		10/02/2025			