

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: David does not practice a faith. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> • To provide David spiritual support as interested through to the next review date. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> • PERSONAL CHOICE: Respect David's right to decline participation in Spiritual Program. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>			Recreation Aide	
<ul style="list-style-type: none"> • At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Cognitive Limitation <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> • Team members will support David in decreasing social isolation by participating in activities of personal choice for 15-20 times per month by the next review date. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/21/2026</p> <ul style="list-style-type: none"> • David will improve or maintain ISE score of 3 by the next review date. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert</p>	<ul style="list-style-type: none"> • STRUCTURED ACTIVITIES: Invite him to programs of personal interest such as horticulture, music appreciation, movie matinee, etc. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as listening to music, watching TV, conversing with peers, family visits, etc. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • ASSISTANCE: Provide assistance/encouragement to get him to scheduled activities - porter to and from programs, encourage participation. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • HELPFUL HINTS: <p>David worked as a Horticulturist. David has two children, Sarah and Joshus.</p>		Recreation Aide	Recreation Aide	
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician	Nachwa Ghobara	
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre		Print Date	11/5/2025		
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location	Jackson House 110 1	
Last Care Plan Review Completed:	08/25/2025					

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<p>• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Cognitive Limitation</p> <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<p>(Recreation Aide) Target Date: 01/21/2026</p> <ul style="list-style-type: none"> To support David's Psycho-Social well being through to the next review. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/21/2026</p>	<p>David loves to be outdoors in nature. David enjoys listening to nature sounds such as birds singing. David enjoys watching history documentaries such as WWII. David is a big baseball fan and loves the Blue Jays! He also enjoys watching other sports like football.</p> <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> ONE to ONE: Provide him with individual visits for music, conversation, reading, reminiscing, etc. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SENSORY STIMULATION: Provide him with Sensory Stimulation for Hand Massage, Shoezelen Activity, Reading Aloud, Sensory Pictures, etc. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> THERAPIES: Present David with music therapy, aromatherapy, massage therapy, and music medicine to improve comfort, identity, inclusion, occupation, and fun. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> FAMILY INVOLVEMENT: Family is supportive and come on a weekly basis. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025</p>	<p>Recreation Aide</p> <p>Recreation Aide</p> <p>Recreation Aide</p>	
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
Last Care Plan Review Completed:	08/25/2025			

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<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Disinterest, Cognitive Limitation <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present David with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology such as Ipad and google home, and Environmental Sound such as birds singing. <p>Date Initiated: 11/04/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	
<ul style="list-style-type: none"> Alteration in skin integrity related to (Rash on right side of face). <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of David's rash on right side of face by (1/21/2026) <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (David)/SDM in decision making for treatment of rash as skin issue. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of David with (Rash on the right side of his face) for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate David's rash on right side of face weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired 	RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
Last Care Plan Review Completed:	08/25/2025			

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<ul style="list-style-type: none"> Alteration in skin integrity related to (Rash on right side of face). <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>		<p>healing to Wound Care Lead and MD as needed. Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>		Practical Nurse
<ul style="list-style-type: none"> Transfer using the Hoyer lift with 2 p assist and locomotion using a wheelchair. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 04/25/2024 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> Prevent contracture to peripheral joints. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 10/30/2024 Revision by: Sujit James (PT - Physiotherapist) Target Date: 01/21/2026</p> <ul style="list-style-type: none"> To maintain ROM to bilateral upper extremity and lower extremity. <p>Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 01/29/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> AAROM to B/L UE & LE <p>Date Initiated: 01/30/2025 Created on: 10/30/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 01/30/2025 Revision by: Sujit James (PT - Physiotherapist)</p>		PT - Physiotherapist st PTA

Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician	Nachwa Ghobara
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location	Jackson House 110 1
Last Care Plan Review Completed:	08/25/2025				

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<ul style="list-style-type: none"> Potential for Expressive Behaviours of VERBAL and resistive to care related to Symptom Progression of Dementia. <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 01/30/2025 Revision by: Sujit James (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> To promote safety for David and/or others during each episode of verbal and resistance to care through to the next review date. To decrease episodic frequency of verbally Expressive and resistive to care by next review date. ABS score will be less than (state current ABS score). Davis will be supported to adjust to his new environment to lower risk of triggering former risk of VERBALLY inappropriate and resistive to care behaviour episodes through to the next 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with David/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 02/16/2025 Revision by: Myrna Corpuz (RPN) ASSESS/MONITOR: Utilize holistic perspective (gentle persuasive approach) of continuous monitoring of David for indications to change in or for escalating expressive behaviour risk. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 11/11/2024 Revision by: Chantelle Walker (ADOC) TRIGGERS leading to VERBAL (specify; yelling, screaming, calling names, etc.) as expression of behaviour include loss of control, frustration, limitation in self expression, and misunderstanding care intention. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 11/11/2024 Revision by: Chantelle Walker (ADOC) VERBAL Behaviour: Use gentle persuasive approach for care. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 11/11/2024 Revision by: Chantelle Walker (ADOC) TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat, refusing medication, etc. as expression of behaviour include dementia, confusion, misunderstanding care needs, poor judgement, fearfulness. Date Initiated: 11/11/2024 	<p>BSO - Internal Social Worker</p> <p>PCA Registered Practical Nurse Recreation Aide PTA</p> <p>PCA Registered Practical Nurse RN PTA RCA</p> <p>PCA Registered Practical Nurse PTA Recreation Aide</p> <p>PCA Registered Practical Nurse PTA RCA</p>	
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
Last Care Plan Review Completed:	08/25/2025			

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<ul style="list-style-type: none"> Potential for Expressive Behaviours of VERBAL and resistive to care related to Symptom Progression of Dementia. <p>Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 01/30/2025 Revision by: Sujit James (PT - Physiotherapist)</p>	<p>review. Date Initiated: 11/11/2024 Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 11/11/2024 Revision by: Chantelle Walker (ADOC) Target Date: 01/21/2026</p>	<p>Created on: 11/11/2024 Created by: Chantelle Walker (ADOC) Revision on: 11/11/2024 Revision by: Chantelle Walker (ADOC)</p>		Recreation Aide
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility, Limited ROM <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 01/30/2025 Revision by: Sujit James (PT - Physiotherapist)</p>	<p>• David will have ALL ADL care needs met each day through the next review date. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 10/29/2024 Revision by: Myrna Corpuz (RPN) Target Date: 01/21/2026</p>	<p>=BATHING: Tuesday prefers shower on Tuesday and sunday evening .David needs PCA 2 person TOTAL assistance. Nail care to be provided on shower/bath day. Date Initiated: 08/12/2025 Created on: 08/12/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/12/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• BED MOBILITY: David needs TWO staff TOTAL assistance to roll from one side to another side while in bed. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 10/29/2024 Revision by: Myrna Corpuz (RPN)</p> <p>• DRESSING: 2 staff to provide total assistance for dressing. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/02/2024 Revision by: Myrna Corpuz (RPN)</p> <p>• EATING: David can eat finger foods with guidance and requires one person</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	01/24/1948	Nachwa Ghobara
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
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		<p>physical TOTAL assistance for eating full meals. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 03/22/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • LOCOMOTION: David uses wheelchair and dependent on staff for locomotion on and off the unit. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 05/09/2025 Revision by: Myrna Corpuz (RPN) • PERSONAL HYGIENE:2 staff to provide total assistance for hygiene. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/02/2024 Revision by: Myrna Corpuz (RPN) • HAND HYGIENE:David requires 1 staff to provide TOTAL assistance to apply sanitizer, rub hands together, and dry hands for hand hygiene. Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/02/2024 Revision by: Myrna Corpuz (RPN) • TOILET USE : David needs two staff total assistance using hooyer lift Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/02/2024 Revision by: Myrna Corpuz (RPN) • TRANSFERRING : David requires large/comfort sling lift with 2 staff with all transfers. Date Initiated: 10/29/2024 Created on: 10/29/2024 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara PCA Registered Practical Nurse
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
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<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility, Limited ROM <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 01/30/2025 Revision by: Sujit James (PT - Physiotherapist)</p>		<p>Created by: Myrna Corpuz (RPN) Revision on: 07/31/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> TRANSFER LIFT/SLING: large/comfort sling needed for transfer. <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/02/2024 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> ORAL CARE: David has TEETH. 1 staff to provide total assistance for oral care. <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 02/16/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> FOOT CARE: registered staff, foot care nurse to complete toenail. Report long toe nails or other abnormalities as noted. <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 02/16/2025 Revision by: Myrna Corpuz (RPN)</p>	PCA	
<ul style="list-style-type: none"> Individualized Fall Prevention and Injury Reduction Plan <p>Date Initiated: 11/23/2024 Created on: 11/23/2024 Created by: Jesus Bueno (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> To decrease the number of falls for throughout this review period. <p>Date Initiated: 11/23/2024 Created on: 11/23/2024 Created by: Jesus Bueno (Registered Practical Nurse) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> Encourage and remind resident to ask for assistance. <p>Date Initiated: 11/23/2024 Created on: 11/23/2024 Created by: Jesus Bueno (Registered Practical Nurse)</p> <ul style="list-style-type: none"> Engage the resident's family and promote social support as appropriate. <p>Date Initiated: 11/23/2024 Created on: 11/23/2024 Created by: Jesus Bueno (Registered Practical Nurse)</p>	PCA RN	
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to altered mobility. 	<ul style="list-style-type: none"> David will have bowel incontinence managed every 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with DAVID / his poa regarding incontinence management. 	Registered Practical	
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
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Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Grace Akah (RN) Revision on: 11/21/2024 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	shift through to the next review period. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Grace Akah (RN) Revision on: 11/21/2024 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/21/2026	Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Grace Akah (RN) Revision on: 11/21/2024 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • BOWEL Continence level is Total Incontinence). Report change to level as noted. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Grace Akah (RN) Revision on: 11/21/2024 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Grace Akah (RN) Revision on: 11/21/2024 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • INCONTINENCE PRODUCT: David uses Large night brief during all shifts.. Date Initiated: 11/21/2024 Created on: 11/21/2024 Created by: Grace Akah (RN) Revision on: 09/11/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	Nurse PCA PCA PCA	
• Nutrition Risk Level: HIGH r/t poor intake, dysphagia dx, fair fluid intake, controlled diabetes, CKD, lab abnormalities, stable weight, bowels managed. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD))	• David will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/21/2026	• NUTRITION RISK: David is HIGH risk level. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) • DIET ORDER: David will receive Regular diet, Puree texture - allow for Regular bananas Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/09/2025 Revision by: Anika Dhalla (Dietitian (RD))	Dietitian (RD) PCA	
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
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Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Will weigh within IBW of 73.5-88.8kg/BMI 24-29 through to next review date. (h=175cm) Date Initiated: 11/12/2024 Created on: 11/12/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/21/2026 David will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1800mL @ 25mL/kg, 72.0kg through to next review date. Date Initiated: 11/12/2024 Created on: 11/12/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD)) Target Date: 01/21/2026 	<ul style="list-style-type: none"> FLUID CONSISTENCY: David drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/30/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager) FLUID TARGET: Encourage David to drink a minimum of 1440mL per day. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD)) EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 11/12/2024 Created on: 11/12/2024 Created by: Anika Dhalla (Dietitian (RD)) DINING INSTRUCTIONS: 1. Please provide 2x portion of soup at dinner (saved from lunch) 2. Please provide 2x portion of soup at lunch Date Initiated: 03/26/2025 Created on: 03/26/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 04/09/2025 Revision by: Anika Dhalla (Dietitian (RD)) ADAPTIVE AIDS: David requires straws for fluids at meals and snacks. Date Initiated: 11/12/2024 Created on: 11/12/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) FOOD PREFERENCES: David enjoys eating shepherd's pie, liver and onions, stews. Dislikes eating items that contain red sauces. Date Initiated: 11/05/2024 Created on: 11/05/2024 	PCA PCA Dietary aide PCA Registered Practical Nurse PCA PCA	
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t poor intake, dysphagia dx, fair fluid intake, controlled diabetes, CKD, lab abnormalities, stable weight, bowels managed. <p>Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>		<p>Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/05/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> HIGH CALORIE/PROTEIN PM SNACK: 125mL Fortified pudding (200kCal, 10g PRO) Date Initiated: 11/12/2024 Created on: 11/12/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) MEDPASS SUPPLEMENTS: 90mL Resource 2.0 TID (540kCal, 22g PRO) Date Initiated: 11/12/2024 Created on: 11/12/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) 	PCA	
<ul style="list-style-type: none"> Increased risk for FALLS related to (Specify etiology and possible factors). Limitation of cognitive function/altered judgement (specify cause) <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse) Target Date: 01/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with David/SDM in decision making in fall prevention Plan of Care. Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 11/03/2024 Revision by: Myrna Corpuz (RPN)</p> <p>• CALL BELL: Place call bell within resident's reach to LEFT side , check that it is in working order and remind/encourage to use it. Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 11/03/2024</p>	RN PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> ADAPTIVE EQUIPMENT: David needs adaptive equipment:wheelchair,high/low bed <p>Date Initiated: 05/03/2025 Created on: 05/03/2025 Created by: Myrna Corpuz (RPN) Revision on: 11/03/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> ENVIRONMENT: Secure environment : reduce clutter, night light, quiet environment, to reduce fall risk for David <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 11/23/2024 Revision by: Jesus Bueno (Registered Practical Nurse)</p> <ul style="list-style-type: none"> BED: place bed in lowest position, use high/low bed to lower risk for injury. <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 11/03/2024 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Position floor mat on left side of bed to lower risk of injury. <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 11/26/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> David has a Bed/Chair alarm to decrease risk for falls. Staff are to check the placement and working order of both bed and chair alarm. Staff will respond when alarm is heard. 	PCA	PCA	PCA
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician	Nachwa Ghobara
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses				D/E/N
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location	Jackson House 110 1
Last Care Plan Review Completed:	08/25/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to (Specify etiology and possible factors). Limitation of cognitive function/altered judgement (specify cause) <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Ifeyinwa Onyia (Registered Nurse)</p>		<p>Date Initiated: 11/24/2024 Created on: 11/24/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/26/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 11/03/2024 Created on: 11/03/2024 Created by: Myrna Corpuz (RPN)</p>		Registered Staff
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to David's Medical Treatment and End of Life Care <p>Date Initiated: 10/31/2024 Created on: 10/31/2024 Created by: Grace Akah (RN) Revision on: 11/01/2024 Revision by: Vinnie Noriega (RPN)</p>	<ul style="list-style-type: none"> To support and honor David expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 10/31/2024 Created on: 10/31/2024 Created by: Grace Akah (RN) Revision on: 11/01/2024 Revision by: Vinnie Noriega (RPN) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> CPR: David wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Vinnie Noriega (RPN) Revision on: 11/01/2024 Revision by: Vinnie Noriega (RPN)</p>		RN
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence <p>Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Vinnie Noriega (RPN)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Vinnie Noriega (RPN) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. HEALTH EDUCATION: David/SDM in health education regarding prevention of skin 		PCA RN
Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>impairment and management of (specify).</p> <p>Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Vinnie Noriega (RPN) Revision on: 11/01/2024 Revision by: Vinnie Noriega (RPN)</p> <ul style="list-style-type: none"> POSITIONING: Turn, reposition at least every 2 hours when in bed/wheelchair to offload pressure. <p>Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Vinnie Noriega (RPN) Revision on: 11/01/2024 Revision by: Vinnie Noriega (RPN)</p>	PCA	Q2h
• URINARY Overflow INCONTINENCE related to altered mobility Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 10/29/2024 Revision by: Myrna Corpuz (RPN)	<ul style="list-style-type: none"> David will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 11/06/2024 Revision by: Grace Akah (RN) Target Date: 01/21/2026</p>	<p>• URINARY Continence level is TOTAL Incontinent. Report change to level as noted.</p> <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 10/29/2024 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> CHECK and CHANGE: David experiences TOTAL incontinence and requires checks every 2 hours and change each time noted to be soiled. <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 10/29/2024 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Resident uses large night brief during days, evenings and night. <p>Date Initiated: 10/29/2024 Created on: 10/29/2024 Created by: Myrna Corpuz (RPN) Revision on: 09/11/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	PCA	PCA

Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician	Nachwa Ghobara
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location	Jackson House 110 1
Last Care Plan Review Completed:	08/25/2025				

Care Plan Report

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Diagnosis

Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease(E11.23), Other specified peripheral vascular diseases(I73.8), Benign hypertension(I10.0)

Allergies	No Known Allergies	D.O.B.	01/24/1948	Physician	Nachwa Ghobara
Diagnosis	Stroke, not specified as haemorrhage or infarction(I64), Chronic kidney disease, unspecified(N18.9), Unspecified dementia(F03), Type 2 diabetes mellitus with established or advanced kidney disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Bowley, David Wayne (922141000335)	Admission Date	10/29/2024	Location	Jackson House 110 1
Last Care Plan Review Completed:	08/25/2025				

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<p>• Alteration in skin integrity related to BRUISE on the right side of the neck (#26 Bruise)</p> <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Sumitha Sukumaran (Registered Nurse) Revision on: 10/12/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of #26 -(right side of neck) Bruise <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Sumitha Sukumaran (Registered Nurse) Revision on: 10/12/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 11/28/2025</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Patricia with a bruise to right side of neck for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Sumitha Sukumaran (Registered Nurse) Revision on: 10/12/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly every Saturday and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. <p>Date Initiated: 10/11/2025 Created on: 10/11/2025 Created by: Sumitha Sukumaran (Registered Nurse) Revision on: 10/12/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			Registered Practical Nurse RN	Registered Practical Nurse RN
<p>• Alteration in skin integrity related to Skin Tear to (right outer forearm).</p> <p>Date Initiated: 10/07/2025 Created on: 10/07/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/07/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of Skin Tear by (11/28/2025) <p>Date Initiated: 10/07/2025 Created on: 10/07/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/07/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) Target Date: 11/28/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Patricia)/SDM in decision making for treatment of Skin tear as skin issue. <p>Date Initiated: 10/07/2025 Created on: 10/07/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/07/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident with (Skin Tear) for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 10/07/2025 Created on: 10/07/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/07/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed <p>Date Initiated: 10/07/2025 Created on: 10/07/2025</p>			RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician	Nachwa Ghobara	
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)					
Facility	Arbour Creek Care Centre			Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location	Jackson House 105 1	
Last Care Plan Review Completed:	08/28/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Alteration in skin integrity related to Skin Tear to (right outer forearm). <p>Date Initiated: 10/07/2025 Created on: 10/07/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/07/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>		<p>Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 10/08/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>		
<ul style="list-style-type: none"> Alteration in skin integrity with risk for infection or complications related to Patricia's SKIN TEAR to left outer forearm <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Gloria Ikeji (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> To promote optimal healing of Patricia's SKIN TEAR to left outer forearm by the goal target date . <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Gloria Ikeji (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 10/31/2025</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Patricia's SKIN TEAR to left outer forearm for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Gloria Ikeji (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> TREATMENT PLAN: Administer treatment for Patricia's SKIN TEAR to left outer forearm as per MD / skin wound lead order. <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Gloria Ikeji (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate skin condition of Patricia's SKIN TEAR to left outer forearm weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed <p>Date Initiated: 09/27/2025 Created on: 09/27/2025 Created by: Gloria Ikeji (Registered Practical Nurse) Revision on: 09/30/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t extensive/total assistance with meals, regular BMs, stable dysphagia, stable weight, good food and fluid intake, fluid restriction in place r/t bipedal edema, fragile skin <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 08/22/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<ul style="list-style-type: none"> Resident will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 06/30/2021 Revision by: Kamaljit Matharu (RAI Coordinator) Target Date: 11/28/2025</p> <ul style="list-style-type: none"> Will weigh Realistic weight range of 71.7-84.5 kg/BMI 28-33 (Ht 160cm) through to next review date. <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 12/02/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 11/28/2025</p> <ul style="list-style-type: none"> Patricia will be adequately hydrated aeb drinking within fluid restriction of 1.0-1.5L per day, 79.1kg through to next review date. <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 08/22/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/28/2025</p>	<ul style="list-style-type: none"> NUTRITION RISK: Patricia is HIGH nutrition risk <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> DIET ORDER: Patricia will receive a Regular diet, pureed texture *Provide Gluten free bread* <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 04/26/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> THICKENED FLUIDS: Patricia drinks thickened fluids at Honey-thickened (MO3) fluid consistency. <p>Date Initiated: 02/26/2024 Created on: 02/26/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 07/22/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Patricia to drink within fluid restriction 1.0-1.5L per day. <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 02/28/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> DINING INSTRUCTIONS: <ol style="list-style-type: none"> Add thickener to regular soup to make sure the liquid is Nectar-thickened Gluten Free bread at meals (pureed) Lenient GF diet, IF pastas are offered, this is not to be the choice IF meat is breaded, this is appropriate In place of bread products, provide puree gluten free bread Provide puree soups with thickener (to ensure that it is Nectar-thickened) Ensure fluids are being provided throughout the meal <p>Date Initiated: 12/23/2019</p>	Dietitian (RD) PCA PCA PCA PCA PCA PCA Registered Practical Nurse	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t extensive/total assistance with meals, regular BMs, stable dysphagia, stable weight, good food and fluid intake, fluid restriction in place r/t bipedal edema, fragile skin <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 08/22/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<ul style="list-style-type: none"> Will meet estimated nutritional requirements of 1582kCal @ 20kCal/kg, 63-79g protein @0.8-1.0g/kg through to next review date. <p>Date Initiated: 12/23/2019 Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 08/22/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/28/2025</p> <ul style="list-style-type: none"> Resident will have regular bowel movements q1-3days through to next review date. <p>Date Initiated: 09/21/2022 Created on: 09/21/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 09/21/2022 Revision by: Anika Dhalla (RD - Registered Dietician) Target Date: 11/28/2025</p>	<p>Created on: 12/23/2019 Created by: Nadia Malik (Dietitian) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• ADAPTIVE AIDS: Uses sippy cup for fluids</p> <p>Date Initiated: 06/08/2022 Created on: 06/08/2022 Created by: Maria Sokolova Revision on: 07/18/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• FOOD ALLERGY/INTOLERANCE: Provide lactose free products</p> <p>Date Initiated: 09/11/2024 Created on: 09/11/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/11/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	Diet PCA		
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Cognitive Limitation, Physical Dependency <p>Date Initiated: 08/21/2025 Created on: 02/20/2020 Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> Pat will maintain an ISE score of 2 by the next review date. <p>Date Initiated: 08/21/2025 Created on: 02/20/2020 Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/28/2025</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; socials, sing along, entertainment, exercise and church services.</p> <p>Date Initiated: 08/21/2025 Created on: 02/20/2020 Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as listening to music, watching tv and conversing with co-residents.</p> <p>Date Initiated: 08/21/2025 Created on: 02/20/2020</p>	Recreation Aide		
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician	Nachwa Ghobara
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location	Jackson House 105 1
Last Care Plan Review Completed:	08/28/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> To support Pat Psycho-Social well being through to the next review. <p>Date Initiated: 08/21/2025 Created on: 02/20/2020 Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/28/2025</p>	<p>Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities by portering. <p>Date Initiated: 08/21/2025 Created on: 04/25/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> HELPFUL HINTS: <p>Pat does not see well. Pat enjoys singing. Pat enjoys listening to any song from Frank Sinatra, Elvis Presley, and Bing Crosby. Pat is often talking to herself. Pat has a daughter Karen who is very involved.</p> <p>Date Initiated: 08/21/2025 Created on: 04/25/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> ONE to ONE: Provide her with individual visits for conversation, bedside activity, reading, and reminiscing about her past. <p>Date Initiated: 08/21/2025 Created on: 04/25/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SENSORY STIMULATION: Provide her with Sensory Stimulation for Hand Massage, Tactile Books, Snoezelen Activity, and Reading Aloud. <p>Date Initiated: 08/21/2025 Created on: 04/25/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> THERAPIES: Provide her with Pet Therapy, Art Therapy, Music Therapy, and 	Recreation Aide	Recreation Aide
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Cognitive Limitation, Physical Dependency Date Initiated: 08/21/2025 Created on: 02/20/2020 Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)		<p>Massage Therapy 1-2 times a week. Date Initiated: 08/21/2025 Created on: 04/25/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • FAMILY INVOLVEMENT: Daughter visits on a weekly basis. Date Initiated: 08/21/2025 Created on: 02/20/2020 Created by: ruby sanger (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) • MUSIC CARE APPROACH: Present Pat with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology, Environmental Sound. Date Initiated: 08/21/2025 Created on: 12/09/2024 Created by: Dean Whittle (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) 	Aide Recreation Aide Recreation Aide	
• SPIRITUAL BELIEFS: Pat is of the Protestant Faith. Date Initiated: 08/21/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide)	<ul style="list-style-type: none"> • To provide Pat spiritual support as interested through to the next review date. Date Initiated: 08/21/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/28/2025 	<ul style="list-style-type: none"> • SPIRITUAL PROGRAMS: Patricia's religion is Protestant. Patricia enjoys church services that are held on the unit. Encourage her to attend spiritual programs of her choice including Hymn Sing, Catholic Mass, Church Service, etc. Date Initiated: 08/21/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Pat's right to decline participation in Spiritual Program. Date Initiated: 08/21/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/21/2025 Revision by: Julie Lambert (Recreation Aide) 	Recreation Aide Recreation Aide	
• Increased risk for FALLS related to	• To promote Pat's safety,	• COMMUNICATION: Involve/collaborate with Patricia/and her daughter in decision	Registered	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Nachwa Ghobara
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>Limitation of cognitive function/altered judgement progression of Alzheimer's, immobility, Medical condition: Visual Hallucination with history of Glaucoma , Medication use: Quetiapine.</p> <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>	<p>minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) Target Date: 11/28/2025</p>	<p>making in fall prevention plan of care.</p> <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • CALL BELL: Due to cognitive impairment related to dx of Alzheimer's disease Pat does not understand how to use the call bell. Ensure that the call bell is within reach and remind Pat to use call bell. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • ADAPTIVE EQUIPMENT: Patricia is using a wheelchair due to unsteady gait, falls risk and responsive behaviour. Ensure Pat is using her w/c for locomotion. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/22/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Provide a secure environment, reduce clutter to reduce fall risk for PCA Patricia. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • BED: place the bed in lowest position to lower risk for injury. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • FOOTWEAR: Ensure Patricia wears appropriate footwear that are non-slip and well fitting for transfers. 	<p>Practical Nurse</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	D/E/N
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			Jackson House 105 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to Limitation of cognitive function/altered judgement progression of Alzheimer's, immobility, Medical condition: Visual Hallucination with history of Glaucoma , Medication use: Quetiapine. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>		<p>Date Initiated: 12/20/2019 Created on: 12/20/2019 Created by: Paula White (Executive Director) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> SUPPLEMENT: Pat takes a Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>	PCA	
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living related to Cognitive Limitation due to Alzheimer's, Expressive Behaviour of WANDERING, VERBAL and PHYSICAL. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>	<ul style="list-style-type: none"> Pat will have ALL of her ADL care tasks met each day through the next review date. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) Target Date: 11/28/2025</p>	<ul style="list-style-type: none"> BATHING: Patricia prefers shower on Wednesday and Saturday Day shift ; 2 staff to complete task. Bed Bath PRN ail care to be provided on shower/bath day. <p>Date Initiated: 08/12/2025 Created on: 08/12/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/12/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> BED MOBILITY: Patricia requires TOTAL assistance for bed mobility by 2 staff <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/04/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> DRESSING: Patricia is able to pick clothing of choice but requires 2 staff with 	PCA	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
		<p>TOTAL ASSISTANCE.</p> <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/04/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • EATING: Patricia requires one staff to provide extensive to total assistance with feeding. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • LOCOMOTION: Patricia has an unsteady gait, she uses a wheelchair with total dependence by 1 staff member for locomotion on and off the unit. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/04/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: 1-2 staff to provide TOTAL assistance for hygiene due to unsteady gait <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • HAND HYGIENE: Patricia requires 1 staff to provide EXTENSIVE assistance to apply sanitizer, rub hands together, and dry hands for hand hygiene. <p>Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TOILET USE: Patricia requires 2 staff to provide TOTAL assistance for toileting. <p>Date Initiated: 12/15/2019</p>	PCA	PCA
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living related to Cognitive Limitation due to Alzheimer's, Expressive Behaviour of WANDERING, VERBAL and PHYSICAL. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>		<p>Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> TRANSFERRING: Hoyer Lift machine using a full sling with 2 person assist when she is awake and alert. <p>Date Initiated: 11/23/2020 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/26/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> TRANSFER LIFT/SLING: Hoyer Lift and Comfort sling needed for transfer. <p>Patricia is on trial large size full sling (started on October 08/25) Date Initiated: 02/01/2023 Created on: 02/01/2023 Created by: Navpreet Sekhon (RN) Revision on: 10/08/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> ORAL CARE: Patricia requires total assistance by 1 staff for oral care. Staff to ensure this gets done daily. <p>Date Initiated: 12/15/2019 Created on: 12/15/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/04/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> RESIDENT PREFERENCE WITH BED REST: Patricia preferred to get up in her wheelchair every day before breakfast and go back to bed after lunch. <p>on sundays patricia wish to get up before lunch and go back to bed after dinner. Date Initiated: 06/19/2025 Created on: 06/19/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 06/19/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	PCA Registered Practical Nurse	PCA
• Potential for CHRONIC PAIN and	• To promote comfort and	• COMMUNICATION: Involve/collaborate with Pat/SDM about pain management,	Registered	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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alteration in comfort level related to OsteoArthritis. Most Current MDS Pain Score is 0. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)	effectively manage Chronic pain as episode occurs through to the next review. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) Target Date: 11/28/2025 • Promote MDS Pain Score of 0 through to the next review date. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) Target Date: 11/28/2025	goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Pat satisfaction for pain control Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	Practical Nurse Practical Nurse Registered Practical Nurse	
• Expressed Wishes and Beliefs related to Pat Medical Treatment and End of Life Care. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)	• To support and honor Pat expressed wishes and beliefs through to the End of Life Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/28/2025 Revision by: Chantelle Walker (ADOC) Target Date: 11/28/2025	• CPR: Pat wishes to have CPR and TRANSFER to hospital. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)	RN Registered Practical Nurse PCA	
• Decline in overall health	• To improve/maintain ROM and	• Provide PROM of UE & LE : 10 reps x 2 sets	PT - Physiotherapist	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Nachwa Ghobara
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 02/27/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)	flexibility in 3 months. Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 11/28/2025	Provide passive Gentle end range stretches : Shoulder, elbow, wrist , hips, knee, ankle in available ROM, as tolerated, 3-5 reps, several sec hold, per rehab treatment. Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)	st PTA	
• Sleep Patterns. Patricia is at risk for alteration in her sleep patterns related to the progression of her Alzheimer disease. Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 12/17/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	• To promote adequate rest/sleep for Patricia based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025	• REST PATTERN: Preferred bedtime 2000, usual wake time 1000 Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	PCA	
• Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	• To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025	• COMMUNICATION: Involve/collaborate with Pat/SDM in decision making for GERD Management Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with Pat/SDM to enhance her comprehension of treatment, possible complications associated with GERD Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator)	Registered Practical Nurse	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Pat for management of GERD for discomfort/ complications or changes to health status <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • POSITIONING: Encourage Patricia to avoid lying down for at least one hour after eating; elevate head of bed, encourage Pat to sit/stand upright after meals <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	PCA
• Potential to experience alteration in CARDIAC FUNCTION related to; Arteriosclerotic Heart Disease, Atrial Fibrillation, Hypertension. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	• To treat and minimize signs/symptoms or complications associated with Arteriosclerotic Heart Disease, Atrial Fibrillation , Hypertension through to the next review date. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025	<p>• COMMUNICATION: Involve/collaborate with Pat/SDM in decision making of Cardiac Care Management for Arteriosclerotic Heart Disease, Atrial Fibrillation , Hypertension</p> <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Pat with Arteriosclerotic Heart Disease, Atrial Fibrillation , Hypertension for changes to health status and alteration or complications affecting cardiac function. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for Arteriosclerotic Heart Disease, Atrial Fibrillation , Hypertension as per MD Order and monitor for side effects. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • VITAL SIGNS: Monitor vital signs as ordered monthly and PRN. Notify MD of any significant abnormalities <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
• Potential to experience complications and side effects impacting quality of life related to use of antipsychotic medications Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	• To monitor the effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Patricia/SDM in decision making and health teaching about medicinal regime and appropriate medication use. <p>Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Pat using antipsychotic medications for changes to health status and alteration or complications affecting functioning or quality of life. <p>Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. <p>Date Initiated: 12/07/2023 Created on: 12/07/2023</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	RN Registered Practical Nurse
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)	Physician	Nachwa Ghobara	
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			Jackson House 105 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of antipsychotic medications <p>Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Potential for CONSTIPATION related to daily use of medication with binding effect, decreased mobility <p>Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Patricia will have regular soft formed bowel movements every 1-2 days through to the next review <p>Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/04/2023 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025</p> <ul style="list-style-type: none"> To minimize the potential for episodes/ complications of constipation through to the next review date. <p>Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Patricia/SDM for decision making regarding constipation management <p>Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Pat for constipation management and changes to health status and symptoms/ complications of constipation <p>Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> FLUIDS: Encourage Patricia to meet daily beverage minimums. See Nutrition Care Plan <p>Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse Registered Practical Nurse	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for CONSTIPATION related to daily use of medication with binding effect, decreased mobility Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) 		<ul style="list-style-type: none"> NUTRITION increased fibre intervention in place. See Nutrition Care Plan Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) BOWEL PROTOCOL: In place as per MD order. Date Initiated: 09/18/2022 Created on: 09/18/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) 	RN Registered Practical Nurse Registered Practical Nurse	
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to impaired mobility and significantly impaired cognition (dementia) Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) 	<ul style="list-style-type: none"> Pat will receive support to use toilet, and promote optimal bowel continence each day through to the next review Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025 Pat will have bowel incontinence managed every shift through to the next review period. Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Pat/SDM for decision making about bowel function, toileting options, incontinence management Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) MONITORING: Utilize holistic perspective of continuous monitoring of Patricia for changes to health status, alteration of continence level or bowel function. Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) BOWEL Continence level is TOTALLY Incontinent. Report change to level as noted Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) BOWEL MOVEMENT: Monitor Patricia for bowel movement each shift and 	Registered Practical Nurse Registered Practical Nurse PCA PCA	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to impaired mobility and significantly impaired cognition (dementia) <p>Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		document number of occurrences, size and consistency Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Patricia wears/uses size large briefs for days, evenings and nights. Date Initiated: 03/23/2023 Created on: 03/23/2023 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	PCA	
<ul style="list-style-type: none"> URINARY Overflow INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Patricia will receive support to use toilet and promote urinary continence each shift through to the next review <p>Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/04/2023 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025</p> <ul style="list-style-type: none"> Pat will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Pat/SDM for decision making about incontinence management. Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Pat for toileting needs, changes to health status and alteration of continence level. Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none"> URINARY Continence level is totally incontinent. Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/15/2024 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> TOILETING PREFERENCE: Patricia/SDM indicates personal choice: to not wake 	Registered Practical Nurse	Registered Practical Nurse
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • URINARY Overflow INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 01/13/2020 Created on: 01/13/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	Target Date: 11/28/2025	<p>for toileting at night Date Initiated: 03/10/2022 Created on: 03/10/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • INCONTINENCE PRODUCT: Patricia uses/wears size Large Brief every shift. <p>Date Initiated: 10/27/2021 Created on: 10/27/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		PCA
<ul style="list-style-type: none"> • Risk for/Impaired Skin Integrity r/t Incontinence, Impaired Mobility,Frailty. <p>Date Initiated: 01/02/2020 Created on: 01/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> • To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 01/02/2020 Created on: 01/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025</p>	<p>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</p> <p>Date Initiated: 04/29/2025 Created on: 04/29/2025 Created by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> • HEALTH EDUCATION: Engage Patricia/SDM in health education regarding prevention of skin impairment <p>Date Initiated: 01/02/2020 Created on: 01/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • EQUIPMENT: Patricia requires pressure reduction mattress ,Roho cushion to offload pressure,bilateral offloading boots to offload pressure from heels,palm protector to prevent friction and excessive moisture to right palm.Ensure cushion is inflated appropriately on W/C . <p>Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	PCA Registered Practical Nurse PCA Registered Practical Nurse	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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<ul style="list-style-type: none"> Risk for/Impaired Skin Integrity r/t Incontinence, Impaired Mobility,Frailty. <p>Date Initiated: 01/02/2020 Created on: 01/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> AIR MATTRESS: Patricia has air mattress for pressure relief. The PSI SETTING should be Alternate 5 minutes cycle time and comfort adjusted on 1. Date Initiated: 04/29/2025 Created on: 04/29/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/19/2025 Revision by: Mihaela Devic (RAI Coord Back-up) POSITIONING: Turn, reposition at least every 2 hours or PRN when in bed/wheelchair as per Patricia's preference to offload pressure. Date Initiated: 12/04/2023 Created on: 12/04/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) 	PCA RN Registered Practical Nurse	D/E/N
<ul style="list-style-type: none"> Potential for Expressive Behaviour of VERBAL and resistance to care nature, related to Sundowning, Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote safety for Pat and/or others during each episode of all Expressive Behavior through to the next review date. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Pat/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Pat for indications to change in or for escalating expressive behaviour risk. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) TRIGGERS leading to VERBAL yelling, screaming, calling names as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 	Social Worker Registered Practical Nurse	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of VERBAL and resistance to care nature, related to Sundowning, Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> VERBAL Behaviour: If Pat is heard yelling, swearing or calling others names; calmly PCA remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern. Report episode to Registered Staff. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat, refusing medication as expression of behaviour include confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> RESISTANCE to Care Need: If Pat is refusing to bathe, change clothes, take medications, eat re-approach in 10-15 minutes. Report episode to Registered Staff. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ENVIRONMENT: Pat is most calm with dim lighting, door closed, quiet area, small groups <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for therapeutic treatment of Expressed Behaviour as per MD Order. Monitor effectiveness and for side effects <p>Date Initiated: 03/24/2020 Created on: 03/24/2020</p>	Registered Practical Nurse	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			Jackson House 105 1

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of VERBAL and resistance to care nature, related to Sundowning, Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by negative statement and general restlessness related to Loss of Independence, dementia and delusions <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Pat will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Pat's DRS score is 3 at this time. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Pat/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • HEALTH EDUCATION: Provide education and support to Pat/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Pat for 	Registered Practical Nurse	Registered Practical Nurse
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
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Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>indications to change in MOOD including labile mood or increase of symptoms that negatively impact Pat's quality of life Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • RESIDENT STRENGTHS: Build on Pat effort to maintain control. Encourage her to express self, state preferences and make safe choices for care and activities Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) • DISTRACTION ACTIVITIES: Pat can be calmed doing activities of interest including listening to music, watching movies, exercise, going for a walk. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) • ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, PCA preferred music). Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) • FAMILY SUPPORT: Pat enjoys visits from family members and friends. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) 	Practical Nurse Registered Practical Nurse Registered Practical Nurse RN RN RN	
• Altered VISION related to Glaucoma. Pat is able to see object in front but can get	• To treat and minimize complications of Glaucoma	• COMMUNICATION: Involve/collaborate with Pat/SDM for decision making pertaining to change in visual status as needed.	Registered Practical	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
difficulty Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	through to next review date. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025	Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Pat/SDM to enhance their knowledge of Glaucoma affecting vision <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• MEDICATION: Administer ophthalmic medication as per MD Order. Monitor its effectiveness and for side effects<p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p></p>	Nurse Registered Practical Nurse Registered Practical Nurse	
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, poor judgement related to Dementia/Alzheimer's Disease with delusion Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)	• Pat will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Current CPS score is 3. Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/04/2023 Revision by: Navpreet Sekhon (RN) Target Date: 11/28/2025	• COMMUNICATION: Involve/collaborate with Pat/SDM in decision making of Cognitive Loss for Dementia/Alzheimer's Disease Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Pat/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia/Alzheimer's Disease <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• ORIENTATION: Gently reorient to person, place, time, situation as needed when Pat is feeling lost or in confused state</p>	Registered Practical Nurse Social Worker Registered Practical	
Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location
Last Care Plan Review Completed:	08/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, poor judgement related to Dementia/Alzheimer's Disease with delusion <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ENVIRONMENT: Provide environmental clue to promote Patricia's ability to locate room and navigate home area, name plate, photo outside of room <p>Date Initiated: 03/24/2020 Created on: 03/24/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/11/2024 Revision by: Navpreet Sekhon (RN)</p>	Nurse	

Allergies	Diltiazem, Penicillins	D.O.B.	11/04/1938	Physician	Nachwa Ghobara
Diagnosis	Arthritis, unspecified, multiple sites(M13.90), Dysphasia and aphasia(R47.0), Atrial fibrillation, unspecified(I48.90)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Colwell, Patricia (922141000104)	Admission Date	12/13/2019	Location	Jackson House 105 1
Last Care Plan Review Completed:	08/28/2025				

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
• SPIRITUAL BELIEFS: Sam is of the Catholic Faith. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)	• To provide Sam spiritual support as interested through to the next review date. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/28/2026	• SPIRITUAL PROGRAMS: Encourage him to attend spiritual programs of his choice including Hymn Sing, Catholic Mass, Church Service, etc. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Sam's right to decline participation in Spiritual Program. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)		Recreation Aide		
• Sam DECLINES PARTICIPATION in structured programs related to personal choice. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)	• Sam participates in Independent/Self-Directed activities monthly through to the next review date. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/28/2026 • Sam will maintain ISE score of 4 by the next review date. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)	• SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as reading paper, watching TV in own room, walking, word search, looking outdoors, family visits, etc. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • FRIENDLY VISIT: Provide him one to one visits as tolerated. Touch base to maintain contact and to converse about topics of interest, identify up-coming special events, etc. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • INVITATION: Offer friendly invite to structured programs scheduled in the home. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)		Recreation Aide		
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician	Nghi Truong Phan	
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified (E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre			Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location	Jackson House 101 1	
Last Care Plan Review Completed:	10/28/2025	Deangelis, Sabatino (922141000342)				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Sam DECLINES PARTICIPATION in structured programs related to personal choice. <p>Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Target Date: 01/28/2026	<ul style="list-style-type: none"> • FAMILY INVOLVEMENT: Sam's family is supportive and come to visit on a regular basis. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • HELPFUL HINTS: Born in Italy. Moved to Canada at 19 years old. Worked as a cement finisher. Sam enjoys watching soccer, jeopardy, wheel of fortune, and judge judy. Sam likes playing cards. He used to play cards at the Italian Social Club. Sam enjoys looking and being outdoors, as well as gardening. Sam used to make homemade cheese and sausages. Sam used to enjoy canning fruits and vegetables for sauces. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • MUSIC CARE APPROACH: Present Sam with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology such as Ipad, TV and google home, and Environmental Sound such as birds singing. Date Initiated: 10/15/2025 Created on: 02/19/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) 	Recreation Aide	Recreation Aide
<ul style="list-style-type: none"> • Nutrition Risk Level: HIGH r/t good food and fluid intake, weight monitoring r/t sig gain since admission, comfort measures, controlled diabetes, bowels managed, independent at meals, skin intact. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025</p>	<ul style="list-style-type: none"> • Sabatino will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM</p>	<ul style="list-style-type: none"> • Comfort foods include soup. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 01/13/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager) • Dislikes include cream soups and cream salad dressings, bananas Date Initiated: 01/14/2025 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	03/19/1940	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location Jackson House 101 1
Last Care Plan Review Completed:	10/28/2025	Deangelis, Sabatino (922141000342)		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))	<ul style="list-style-type: none"> - Food Services Manager) Revision on: 01/22/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/28/2026 • Will weigh within Realistic weight range of 60.7-73.3kg/BMI 24-29 through to next review date. h= 159cm Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 04/12/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/28/2026 • Sabatino will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1973mL @ 25mL/kg, 78.9kg through to next review date. Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/28/2026 	<p>Created on: 01/14/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 01/14/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • NUTRITION RISK: Sabatino is HIGH risk level. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • DIET ORDER: Sabatino will receive Regular diet, Regular texture <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 01/22/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> • FLUID CONSISTENCY: Sabatino drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 01/13/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • FLUID TARGET: Encourage Sabatino to drink a minimum of 1578mL per day. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. <p>Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> • DINING INSTRUCTIONS: <ol style="list-style-type: none"> 1. If creamy soups, please provide alternative 	Dietitian (RD) PCA PCA PCA PCA Dietary aide PCA Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t good food and fluid intake, weight monitoring r/t sig gain since admission, comfort measures, controlled diabetes, bowels managed, independent at meals, skin intact. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>		<p>2. If salad is on the menu, please provide alternative italian dressing (no creamy dressings)</p> <p>Date Initiated: 01/17/2025 Created on: 01/17/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/17/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> • PORTION SIZE: Sabatino prefers regular portions for meals. -Avoid offering extra portions, but if requested they may be provided <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • ADAPTIVE AIDS: Sabatino requires straw for fluids at meals and snacks. <p>Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/22/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> • FOOD PREFERENCES: Sabatino enjoys eating fresh fruit and salads. Dislikes eating bananas. <p>Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 01/14/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • COMFORT NUTRITION: Respect resident choice to refuse intake. Follow safe feeding techniques: calm environment, save the meal and offer after service <p>Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/29/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	PCA	PCA
<ul style="list-style-type: none"> Sam is experiencing episode of INFECTION UTI Onset date 08/04/2025. 	<ul style="list-style-type: none"> To have infection adequately managed and treated without 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Sam and his POA with decision making for infection treatment plan and update accordingly. 	Registered Practical	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 08/04/2025 Created on: 08/05/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/05/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	further complications by 10/15/2025. Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/05/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/28/2026	Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/05/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• HEALTH EDUCATION: Engage with Sam and his POA to enhance their knowledge of infection control practices hand hygiene, visitation, etc. Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/05/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of monitoring Sam for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections, exacerbation of their chronic etc. until stable. Date Initiated: 08/05/2025 Created on: 08/05/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/05/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	Nurse RN RN Registered Practical Nurse RN Registered Practical Nurse	
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Frailty, Incontinence. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 04/16/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) <ul style="list-style-type: none">• HEALTH EDUCATION: Engage Sam/SDM in health education regarding prevention of skin impairment Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 01/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	PCA Registered Practical Nurse	
• Resident has Functional ROM to B/L UE & and Limited B/L LE. Decline in	• 1. Able to ambulate 100- 120 mts using RW with supervision	• 1. Ambulation using RW with 1 p assist - as tolerated 2.Sit to stand exs with one assist by holding on to the rail - 10 times	PT - Physiotherapi	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
endurance and balance. Transfer and locomotion using RW with 1 p assist. If agitated or weak- 2 person assistance using RW. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Sujit James (PT - Physiotherapist) Revision on: 04/09/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)	in the next 2 quarters. 2. Able to transfer with supervision using RW in the next 2 quarters. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Sujit James (PT - Physiotherapist) Revision on: 01/09/2025 Revision by: Sujit James (PT - Physiotherapist) Target Date: 01/28/2026	3.AROM exs to B/L UE & LE - 10 x 2 times Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Sujit James (PT - Physiotherapist) Revision on: 01/09/2025 Revision by: Sujit James (PT - Physiotherapist)	st PTA	
• Potential for PAIN and alteration in comfort level related to deconditioning and frailty. Most Current MDS Pain Score is 0 Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 01/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	• Promote MDS Pain Score of 0 through to the next review. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• COMMUNICATION: Involve/collaborate with Sam/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 01/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) • MEDICATION: Administer analgesic medication (Specify if topical) as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 01/29/2025 Created on: 01/29/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator)	Registered Practical Nurse RN Registered Practical Nurse Registered Practical Nurse	
• Sleep Patterns; Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN)	• To promote adequate rest/sleep for Sabatino based on identified sleep	• REST PATTERN: Preferred bedtime is 2000 hrs and wake up time is 0700-0800 hrs Date Initiated: 01/13/2025 Created on: 01/13/2025	PCA	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	patterns/preferences each night through to the next review date. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/28/2026	Created by: Grace Akah (RN) Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		
• Potential for Expressive Behaviour of WANDERING, VERBAL, PHYSICAL, SOCIALLY Inappropriate, RESISTANCE to care need and resistance to taking his medications related to Symptom Progression of Dementia/Alzheimer Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/25/2025 Revision by: Shirly Nasufi (Registered Nurse)	<ul style="list-style-type: none"> To promote safety for SABATINO and/or others during each episode of Expressive Behaviour through to the next review date. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 05/06/2025 Revision by: Monika Musan (Social Services Worker) Target Date: 01/28/2026 Sabatino will be supported to adjust to his new environment to lower risk of triggering former PHYSICAL inappropriate, VERBALLY inappropriate, etc.) behaviour episodes through to the next review. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 05/06/2025 Revision by: Monika Musan (Social Services Worker) 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Sabatino/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 05/06/2025 Revision by: Monika Musan (Social Services Worker) ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Sabatino for indications to change in or for escalating expressive behaviour risk. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 05/06/2025 Revision by: Monika Musan (Social Services Worker) TRIGGERS leading to VERBAL expressions (yelling, screaming, etc.as expression of behaviour) include: loss of control, frustration, limitation in self expression, pain, misunderstanding care intention, sundowning Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 05/06/2025 Revision by: Monika Musan (Social Services Worker) WANDERING: Permit Sabatino to safely roam in common area. Redirect away from PCA exit doors, elevator or other resident rooms as needed. Date Initiated: 04/17/2025 	RN Registered Practical Nurse Social Worker Registered Practical Nurse Social Worker Registered Practical Nurse Social Worker	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of WANDERING, VERBAL, PHYSICAL, SOCIALLY Inappropriate, RESISTANCE to care need and resistance to taking his medications related to Symptom Progression of Dementia/Alzheimer Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/25/2025 Revision by: Shirly Nasufi (Registered Nurse) 	Target Date: 01/28/2026	<p>Created on: 04/17/2025 Created by: Monika Musan (Social Services Worker) Revision on: 04/17/2025 Revision by: Monika Musan (Social Services Worker)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach: Use a calm approach and with simple one-step directions. Allow time to respond. Re-approach if resisting care or refusing medications. <p>Date Initiated: 01/25/2025 Created on: 01/25/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/25/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	RN Registered Practical Nurse	
<ul style="list-style-type: none"> BOWEL Continence - Sabatino is continent and has self recognition of urge to defecate. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/17/2025 Revision by: Grace Akah (RN) 	<ul style="list-style-type: none"> Sabatino to remain continent of bowels through next review date <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/17/2025 Revision by: Grace Akah (RN) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> BOWEL Continence level is CONTINENT. Report change to level as noted. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN)</p> <ul style="list-style-type: none"> SELF TOILETING: Deangelis toilets self for bowel movements. Each shift ask if he/she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/28/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)</p>	PCA PCA	
<ul style="list-style-type: none"> Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES NON-INSULIN DEPENDENT Date Initiated: 01/13/2025 Created on: 01/13/2025 	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. 	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with sabatino and his poa in decision making of diabetes care management. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/27/2025</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Grace Akah (RN) Revision on: 01/13/2025 Revision by: Grace Akah (RN)	Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Target Date: 01/28/2026	<p>Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • HEALTH TEACHING: Engage with sabatino and his poa to enhance his comprehension of treatment associated with DIABETES. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of sabatino for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication ORAL ANTIHYPERGLYCEMIC medication for DIABETES as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order. <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) • LAB WORK: Monitor lab and diagnostic results fo fasting blood glucose and/or HbA1c) and report results to MD as needed. Follow up as indicated.</p> <p>Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/27/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	RN Registered Practical Nurse Registered Practical Nurse Registered Practical Nurse Registered Practical Nurse Registered Staff Registered Practical Nurse	
• URINARY Functional INCONTINENCE	• saBATINO will have urinary incontinence managed every	• COMMUNICATION: Involve/collaborate with SABATINO or his poa for decision making about toileting options or incontinence management.	Registered Practical	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
related to altered mobility, Dementia Diagnosis Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/13/2025 Revision by: Grace Akah (RN)	shift through to the next review period. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/28/2026	Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of sABATINO for toileting needs, changes to health status and alteration of continence level. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • URINARY Continence level is USUALLY continent, OCCASIONALLY Incontinent. Report change to level as noted. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/28/2025 Revision by: Ifeyinwa Onyia (Registered Nurse) • SCHEDULED TOILETING: Toilet sABATINO between 0800-0830 ,1300 -1400 hrs, 1800-2000 and PRN. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 01/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • INCONTINENCE PRODUCT: Sabatino uses a PULL UP Large/medium during days, evening and nights. Date Initiated: 01/13/2025 Created on: 01/13/2025 Created by: Grace Akah (RN) Revision on: 07/31/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)	Nurse PCA PCA PCA PCA PCA	
• Increased risk for FALLS related to (Specify etiology and possible factors). Limitation of cognitive function/alterred	• To promote safety, minimize risk for falls and/or fall related injury each day through to the	• COMMUNICATION: Involve/collaborate with sabotino or his POA in fall prevention Plan of Care. Date Initiated: 01/09/2025	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			Jackson House 101 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
judgement related to dementia Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	next review period. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/28/2026	<p>Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • CALL BELL: Place call bell within resident's reach. check that it is in working order PCA <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • ADAPTIVE AIDS: Place adaptive aid/needed objects such as his walker within easy PCA reach of resident. <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Secure environment reduce clutter, night light to reduce fall risk PCA for sabotino <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • BED: place bed in lowest position, use high/low bed to lower risk for injury. PCA <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/14/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • TOILETING: Follow individual toileting plan to minimize unsafe self attempts to use PCA toilet. <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to (Specify etiology and possible factors). <p>Limitation of cognitive function/altered judgement related to dementia Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>		<p>Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure sabotino wears appropriate footwear for transfers, or ambulation.ambulation). <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> HIP PROTECTORS: "Sam" wears hip protectors during day to safeguard against injury. Report to Registered Staff if not wearing. <p>Date Initiated: 01/17/2025 Created on: 01/17/2025 Created by: Chantelle Walker (ADOC) Revision on: 01/17/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> ALARMS: Sam requires a bed alarm. Check placement and working order. Staff respond when alarm is heard. <p>Date Initiated: 01/17/2025 Created on: 01/17/2025 Created by: Chantelle Walker (ADOC) Revision on: 01/17/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 10/14/2025 Created on: 10/14/2025 Created by: Myrna Corpuz (RPN)</p>	PCA	D/E/N
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive 	<ul style="list-style-type: none"> Sabatino will be supported to cope with changing functional 	<ul style="list-style-type: none"> BATHING: Sabatino prefers showers on Tuesday mornings and Saturday evenings. The resident participates by washing himself. ONE staff EXTENSIVE assistance for 	PCA	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Limitation Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	abilities related to cognitive decline and have ADL care needs met each day through to the next review date. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/28/2026	bathing. Nail care to be provided on shower/bath day. Date Initiated: 08/12/2025 Created on: 08/12/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/12/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <ul style="list-style-type: none">• BED MOBILITY: Sabatino requires one person limited assistance for bed mobility. PCA Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• DRESSING: sabatino requires one person limited assistance and cueing for dressing. PCA Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• EATING: Sabatino requires 1 Staff to provide supervision and set up help required. PCA Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• LOCOMOTION: sabatino requires 1 staff to provide, SUPERVISION and set up help for assistance with locomotion and he uses rollator walker PCA Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• PERSONAL HYGIENE: sabatino requires 1 person limited assistance for personal hygiene. PCA		
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		<p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • TOILET USE: sabatino requires 1 person limited assistance for toilet use. <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • TRANSFERRING: 1 person assistance using walker <p>If resident weak or agitated: 2 person assistance using walker.(PRN) Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 04/22/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • ORAL CARE: sabatino has natural teeth, some teeth missing , needs supervision and cueing most of the time, if resident has difficulty completing task one staff to assist. <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	PCA	
• Expressed Wishes and Beliefs related to do not attempt CPR and do not transfer to hospital Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	• To support and honor Sabatinos expressed wishes and beliefs through to the End of Life. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal	<ul style="list-style-type: none"> • CPR: Sabatino wishes express NO CPR and NO TRANSFER to hospital. <p>Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/09/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	RN	
Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Kuriakose (Registered Nurse) Target Date: 01/28/2026			

Diagnosis

Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L40.9)

Allergies	No Known Allergies	D.O.B.	03/19/1940	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Malignant neoplasm of glans penis(C60.1), Type 2 diabetes mellitus with poor control, so described(E11.64), Hypothyroidism, unspecified(E03.9), Psoriasis, unspecified(L...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Deangelis, Sabatino (922141000342)	Admission Date	01/09/2025	Location	Jackson House 101 1
Last Care Plan Review Completed:	10/28/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• SPIRITUAL BELIEFS: Betty is of the Catholic Faith.</p> <p>Date Initiated: 11/04/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To provide Betty spiritual support as interested through to the next review date. <p>Date Initiated: 11/04/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing, Catholic Mass, Church Service. <p>Date Initiated: 11/04/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> PERSONAL CHOICE: Respect Betty's right to decline participation in Spiritual Program. Betty is Catholic however currently not practicing. <p>Date Initiated: 11/04/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	
<p>• PASSIVE PARTICIPATION in Activities when provided with 1:1 programming.</p> <p>Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> Betty will be supported to maintain participation in activities 10-15 or more times per month by the next review date. <p>Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/04/2026</p> <ul style="list-style-type: none"> Betty will maintain an ISE score of 3 by the next review date. <p>Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025</p>	<ul style="list-style-type: none"> ASSISTANCE: Provide assistance to get her to participate in activities through portering. <p>Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> HELPFUL HINTS: <p>Speak directly to Betty with a loud and clear voice. Betty is often in and out of sleep during the day. Betty has a short attention span or 3-5 minutes. Betty needs encouragement and cueing when involved in one to one programs. Betty often tries to get out of her chair and start walking every couple minutes during programs. Be sure to monitor as she is at risks for falls. Betty often tries to stand up out of her wheelchair. Betty can answer basic yes or no questions.</p> <p>Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> PASSIVE PARTICIPATION in Activities when provided with 1:1 programming. <p>Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<p>Revision by: Julie Lambert (Recreation Aide) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> ONE to ONE: Provide her with individual visits for conversation, one to one programs, montessori based programs, and hand massages to prevent social isolation. Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) SENSORY STIMULATION: Provide her with Sensory Stimulation such as hand massage, snoezelen activity and sensory pictures. Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) THERAPIES: Provide her with Music Therapy such as country music or with calming nature sounds. Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) FAMILY INVOLVEMENT: Limited Date Initiated: 11/04/2025 Created on: 03/29/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) MUSIC CARE APPROACH: Present Betty with Community music, Music Care Specialists, Musicking, Music Programming, and Environmental Sound. Date Initiated: 11/04/2025 Created on: 11/07/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) 	Recreation Aide	Recreation Aide
• Alteration in skin integrity related to	• To promote intact skin integrity	• COMMUNICATION: Involve/collaborate with Betty/SDM in decision making for	RN	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Betty's BRUISE to right lateral malleolus Date Initiated: 10/13/2025 Created on: 10/13/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/13/2025 Revision by: Mihaela Devic (RAI Coord Back-up)	through healing of Betty's BRUISE to right lateral malleolus by goal target date Date Initiated: 10/13/2025 Created on: 10/13/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/13/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 02/04/2026	treatment of bruise as skin issue. Date Initiated: 10/13/2025 Created on: 10/13/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/13/2025 Revision by: Mihaela Devic (RAI Coord Back-up) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Betty's BRUISE to right lateral malleolus for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 10/13/2025 Created on: 10/13/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/13/2025 Revision by: Mihaela Devic (RAI Coord Back-up) <ul style="list-style-type: none">• WEEKLY ASSESSMENT: Assess and evaluate skin condition of Betty's BRUISE to right lateral malleolus weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 10/13/2025 Created on: 10/13/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/13/2025 Revision by: Mihaela Devic (RAI Coord Back-up)	Registered Practical Nurse	
• Alteration in skin integrity related to open lesion on Betty's right shoulder.# 46 Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/28/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	• To promote intact skin integrity through healing of open lesion by 11/25/2025. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/28/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 02/04/2026	• COMMUNICATION: Involve/collaborate with Betty / her poa in decision making for treatment of open lesion as skin issue. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/28/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Betty with open lesion for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/28/2025	Registered Practical Nurse	RN
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed <p>Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/28/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • TREATMENT: follow the treatment order from Md AND Skin and wound lead and follow up if deteriorates. <p>Date Initiated: 08/28/2025 Created on: 08/28/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/28/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	Registered Practical Nurse RN	
• Physiotherapy : ROM, strength and weight bearing. Date Initiated: 09/20/2022 Created on: 09/27/2021 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/15/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)	<ul style="list-style-type: none"> 1. Improve/maintain UE & LE ROM to WFL in the next 2 quarters 2. Maintain her transfer status in next 3 months <p>Date Initiated: 09/27/2021 Created on: 09/27/2021 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/15/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> 1. B/L UE & LE AROM exercises- 10 x 2 times (If the resident is co-operative) 2. weight bearing exercise : sit to stand, holding a wall bar, with 2 P assist, WC behind~ 5-10 reps, as tolerated. <p>Date Initiated: 11/05/2024 Created on: 09/27/2021 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/15/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	PT - Physiotherapist PTA	
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic Date Initiated: 12/19/2023 Created on: 12/19/2023	• To promote Betty's fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 12/19/2023	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Betty/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. <p>Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Betty with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse	
• Sleep Patterns. Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	• To promote adequate rest/sleep for Betty based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	• REST PATTERN: Preferred rest time after lunch, usual wake time 0800-0900. Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	PCA	
• Potential to experience alteration in CARDIAC FUNCTION related to Atrial Fibrillation Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	• To treat and minimize signs/symptoms of complications associated with Atrial Fibrillation through to the next review date. Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	• COMMUNICATION: Involve and collaborate with Betty/SDM in decision making of Cardiac Care Management for Atrial Fibrillation Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective when monitoring Betty for changes to health status, alteration and/or complications affecting cardiac function due to Atrial Fibrillation Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for Atrial Fibrillation as per Physicians Order and monitor for side effects. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BP MONITORING: Monitor BLOOD PRESSURE monthly and PRN. Notify Physician of abnormalities as needed <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
• Potential for bruising, bleeding, clotting and/or other complications related to the use of ANTICOAGULANT medication Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • To monitor for bleeding and minimize complications related to the use of Apixaban through to the next review date. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve and collaborate with Betty/SDM in decision making and health teaching of Anti-coagulation medication use. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective when monitoring Betty using Anticoagulant therapy for changes to health status and complications such as bleeding or clotting. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BLEEDING ALERT: Notify the nurse immediately if Betty is bleeding (noted blood in PCA urine/stool, bleeding nose/gums, unexplained bruising, etc.) <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for bruising, bleeding, clotting and/or other complications related to the use of ANTICOAGULANT medication <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medications as per Physicians Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to Impaired Cognition caused by dementia. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Betty will have bowel incontinence managed daily every shift through to the next review period. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve and collaborate with Betty/SDM for decision making about incontinence management. MONITORING: Utilize holistic perspective when monitoring Betty for changes to health status, alteration of continence level and/or bowel function. BOWEL Continence level is TOTALLY incontinent. Report changes to continence level as noted. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
			Registered Practical Nurse	PCA
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to Impaired Cognition caused by dementia. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> BOWEL MOVEMENT: Monitor Betty for bowel movements daily each shift and document number of occurrences, size and consistency. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) INCONTINENCE PRODUCT: Betty uses size medium brief during days and evenings and medium extended-wear brief on nights. Date Initiated: 05/26/2022 Created on: 05/26/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) 	PCA	
<ul style="list-style-type: none"> URINARY Overflow INCONTINENCE related to Dementia Diagnosis. Betty can feel the urge to void but has poor control causing incontinence <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Betty will have urinary incontinence managed daily every shift through to the next review period. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026 	<ul style="list-style-type: none"> COMMUNICATION: Involve and collaborate with Betty/SDM for decision making about incontinence management. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) MONITORING: Utilize holistic perspective when monitoring Betty for toileting needs, staff to report changes to health status and alteration of continence level to registered staff. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) URINARY Continence level is TOTALLY Incontinent. Report changes to continence level as noted. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 	PCA	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> URINARY Overflow INCONTINENCE related to Dementia Diagnosis. Betty can feel the urge to void but has poor control causing incontinence <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> CHECK and CHANGE: Betty experiences TOTAL incontinence and requires checks PCA every 2-3 hours and change each time noted to be soiled or assist to toilet as needed <p>Date Initiated: 02/16/2023 Created on: 02/16/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Betty uses size medium brief during days and evenings and medium extended-wear brief on nights. <p>Date Initiated: 09/23/2021 Created on: 09/23/2021 Created by: Vinnie Noriega (Registered Practical Nurse) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Incontinence. PURS score of 3 <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<p>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</p> <p>Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <p>• HEALTH EDUCATION: Engage Betty/SDM in health education regarding prevention of skin impairment and management of fragile skin. Betty is on Apixaban with risk of bruising.</p> <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• EQUIPMENT: Betty requires Roho cushion to offload pressure. Ensure cushion is inflated appropriately.</p> <p>Date Initiated: 12/07/2023 Created on: 12/07/2023</p>	PCA	D/E/N/PRN
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• Risk for Impaired SKIN INTEGRITY related to Incontinence. PURS score of 3 Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)		Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)		
• Potential for Expressive Behaviour such as WANDERING related to Symptom Progression of Dementia/Alzheimer. Date Initiated: 09/22/2021 Created on: 09/22/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	• To promote Betty's and/or others during each episode of Wandering behaviour through to the next review date. Date Initiated: 09/22/2021 Created on: 09/22/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	• COMMUNICATION: Involve and collaborate with Betty/SDM about identified Risk of BSO - Internal Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 09/22/2021 Created on: 09/22/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) • ASSESS/MONITOR: Utilize holistic perspective to monitor Betty of any indications of escalating behaviours. Date Initiated: 09/22/2021 Created on: 09/22/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) • WANDERING: Permit Betty to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Encourage Betty to wander using her wheelchair. Date Initiated: 09/22/2021 Created on: 09/22/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Social Worker Registered Practical Nurse PCA	
• Potential to experience alteration in	• Betty will be supported to	• COMMUNICATION: Involve/collaborate with Betty/SDM about MOOD Disturbance,	Registered Practical	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Nghi Truong Phan
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
MOOD as exhibited by restlessness and repetitive verbalizations related to Dementia Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Betty for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Nurse Registered Practical Nurse	
• Altered VISION related to Cataracts (both eyes). Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	• To minimize complications of cataracts through to next review date Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	• COMMUNICATION: Involve/collaborate with Betty/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Betty/SDM to enhance their knowledge of Cataracts affecting vision. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse Registered Practical Nurse	
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, slurred speech, mumbled speech, etc. related to dysphagia/Aphasia Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN)	• Betty will be supported to make basic needs known each day through to the review date Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024	• COMMUNICATION: Involve/collaborate with Betty/SDM for decision making about strategies needed to support effective communication. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Betty/SDM to enhance their knowledge of	Registered Practical Nurse Registered	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			Jackson House 109 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	change in health status, etc. affecting communication ability. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases, etc. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Practical Nurse	Registered Practical Nurse PCA
• COGNITIVE LOSS; alteration in thought processes , memory loss, difficulty concentrating and poor judgement related to Dementia Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	• Betty is severely impaired in cognition and will have needs interpreted and met each day through to the review date. CPS score of 5 Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	• COMMUNICATION: Involve and collaborate with Betty/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with Betty/SDM to enhance their knowledge on the importance of geriatric health including progressive cognitive loss related to Dementia. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) • ORIENTATION: Gently reorient Betty to person, place when Betty is feeling lost and confused. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse Social Worker	Registered Practical Nurse PCA
• Increased risk for FALLS related to	• To promote safety, minimize	• COMMUNICATION: Involve/collaborate with Betty/SDM in decision making in fall	Registered	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
limitation of cognitive function/altered judgement due to Dementia and hx of fall . FRS score 2. Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)	risk for falls and/or fall related injury each day through to the next review period Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	<p>prevention Plan of Care.</p> <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • CALL BELL: Betty does not understand or remember how to use call bell due to cognitive impairment related to dementia <p>Date Initiated: 05/12/2022 Created on: 05/12/2022 Created by: Saad Akhter (Nurse Clinician) Revision on: 05/27/2025 Revision by: Jesus Bueno (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • ADAPTIVE EQUIPMENT: Betty needs adaptive equipment: wheelchair. Betty can propel herself over short distances and needs a 1 person assist for transfers. Ensure Betty's wheelchair is not visible to her when she is in bed to prevent her from walking independently towards it to self transfer. <p>Date Initiated: 03/29/2022 Created on: 03/29/2022 Created by: Gabrielle Wolfe (RN) Revision on: 02/22/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Secure environment reduce clutter, night light, bathroom signage to reduce fall risk for Betty <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BED: place bed in lowest position to lower risk for injury. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ACTIVITY: Engage Betty in meaningful activity to decrease boredom and/or 	Practical Nurse PCA PCA PCA PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			Jackson House 109 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to limitation of cognitive function/ altered judgement due to Dementia and hx of fall . FRS score 2. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>restlessness. She likes to: go for a stroll in wheelchair with staff, listen to music, 1:1 therapeutic interactions, sensory stimulation</p> <p>Date Initiated: 01/11/2023 Created on: 01/11/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure Betty wears appropriate, well-fitting, non-slip footwear for all transfers and any ambulation <p>Date Initiated: 01/11/2023 Created on: 01/11/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> GARMENTS: Betty wears medium hip protectors when awake to safeguard against injury . <p>Date Initiated: 11/23/2021 Created on: 11/23/2021 Created by: Liberty Looy (Staff Development and Quality Lead Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Position floor mat on floor next to right and left side of bed to lower risk of injury. <p>Date Initiated: 11/06/2022 Created on: 11/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ALARMS: Requires bed and chair alarm. Check placement and working order. <p>Date Initiated: 03/29/2022</p>	Aide PCA Registered Practical Nurse PCA PCA PCA PCA PCA D/E/N	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Nghi Truong Phan
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to limitation of cognitive function/altered judgement due to Dementia and hx of fall . FRS score 2. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created on: 03/29/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		Registered Practical Nurse
<ul style="list-style-type: none"> Potential for Acute PAIN and alteration with comfort level related to generalized pain. Most Current MDS Pain Score is 0 <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<p>COMMUNICATION: Involve/collaborate with Betty/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain Betty's satisfaction for pain control. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021</p>	Registered Practical Nurse	RN Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician Nghi Truong Phan
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location Jackson House 109 1
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Promote MDS Pain Score of 0 through to the next review <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer analgesic medication oral Tylenol as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		Registered Practical Nurse
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living related to Cognitive Limitation due to Dementia. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Betty will have ALL ADL care tasks met daily through to the next review date. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<p>• BATHING: Betty prefers showers on Thursday morning and Monday Evening and requires total assistance from 1 Staff. Nail care to be provided on shower/bath day.</p> <p>Date Initiated: 08/12/2025 Created on: 08/12/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/12/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• BED MOBILITY: Betty is able to sit-up when assisted however 1 staff to provide EXTENSIVE assistance for bed mobility.</p> <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• DRESSING: Betty requires 2 staff total assistance for dressing.</p> <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/13/2024 Revision by: Myrna Corpuz (RPN)</p> <p>• EATING: Betty requires total assistance from 1 staff for eating.</p> <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living related to Cognitive Limitation due to Dementia. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LOCOMOTION: Betty requires use of wheelchair, with 1 staff to provide LIMITED assistance, for locomotion on and off units. She can propel herself short distances. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/14/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> PERSONAL HYGIENE: Betty needs 2 staff to provide EXTENSIVE assistance for hygiene. Betty can help with washing her face. Staff are to encourage Betty to participate as she is able to. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/13/2024 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> HAND HYGIENE: 1 staff to provide TOTAL assistance to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TOILET USE: Betty is sometimes able to recognize the need to use the toilet. 2 staff to provide EXTENSIVE assistance with toileting and peri-care <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRANSFERRING: Betty is able to bear weight and is at risk for falls due to unsteady gait. 2 staff to provide extensive assistance with transfers. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator)</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living related to Cognitive Limitation due to Dementia. <p>Date Initiated: 09/21/2021 Created on: 09/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision on: 05/17/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ORAL CARE: Betty has no dentures and a few of her own teeth. <p>1 staff to provide EXTENSIVE assistance for oral care including brushing teeth and gum care.</p> <p>Date Initiated: 09/17/2023 Created on: 09/17/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Betty Medical Treatment and End of Life Care <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> • To support and honor Betty's expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> • CPR: Betty wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 09/29/2023 Created on: 09/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/21/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse PCA	
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t requires extensive assistance, adaptive devices, stable weight, nutritional supplement, dysphagia, dementia dx, fragile skin, HTN, 	<ul style="list-style-type: none"> • Betty will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. 	<ul style="list-style-type: none"> • NUTRITION RISK: Betty is at HIGH risk level. <p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian)</p>	Dietitian (RD) Dietary Manager	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician Nghi Truong Phan
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location Jackson House 109 1
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
fair food intake and good fluid intake, BMs managed Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/10/2024 Revision by: Anika Dhalla (Dietitian (RD))	<p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 05/03/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026</p> <ul style="list-style-type: none"> Will weigh within Realistic weight range of 45-60 kg/BMI 18-24 through to next review date. h=158cm <p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 11/04/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 02/04/2026</p> <ul style="list-style-type: none"> Betty will be adequately hydrated aeb drinking at least 100% of total fluid requirement 1128mL @ 25ml/kg, 45.1kg through to next review date. <p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 08/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 02/04/2026</p> <ul style="list-style-type: none"> Will meet estimated nutritional requirements of 1128kCal @ 25kCal/kg, 45g protein @ 1.0 	<p>Revision on: 03/10/2023 Revision by: Anika Dhalla (RD - Registered Dietician)</p> <ul style="list-style-type: none"> DIET ORDER: Betty will receive Regular diet, Puree texture <p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 09/21/2022 Revision by: Anika Dhalla (RD - Registered Dietician)</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Betty drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 09/24/2021 Revision by: Nadia Malik (Dietitian)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Betty to drink min. 1128mL per day. <p>Date Initiated: 12/24/2021 Created on: 12/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 08/05/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> DINING INSTRUCTIONS: Positioning Instructions: <ul style="list-style-type: none"> - 90degrees at meals - staying upright for 30-60mins post meal - provide ongoing adjustment during meal time to ensure proper positioning <p>Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 08/12/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> ADAPTIVE AIDS: Betty requires lipped plate, teaspoons for feeding at meals and snacks <p>Date Initiated: 09/21/2022 Created on: 09/21/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 12/15/2023 Revision by: Anika Dhalla (Dietitian (RD))</p>	Diet Food Services Aide PCA Diet PCA PCA Diet Food Services Aide Personal Support Workers Registered Practical Nurse PCA	
Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t requires extensive assistance, adaptive devices, stable weight, nutritional supplement, dysphagia, dementia dx, fragile skin, HTN, fair food intake and good fluid intake, BMs managed <p>Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/10/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>g/kg through to next review date. Date Initiated: 09/24/2021 Created on: 09/24/2021 Created by: Nadia Malik (Dietitian) Revision on: 08/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> FOOD PREFERENCES: Betty enjoys apple sauce and orange juice. Dislikes eating apple juice. <p>Date Initiated: 09/11/2024 Created on: 09/11/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/11/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> COMFORT NUTRITION: Betty will be offered favourite meals/fluids and their intake will be as tolerated. Respect resident choice to refuse intake. <p>Date Initiated: 11/04/2024 Created on: 11/04/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/04/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> MEDPASS SUPPLEMENTS: <p>1.90mL Resource 2.0 TID @ medpass (540kCal and 22g PRO)</p> <p>Date Initiated: 07/31/2024 Created on: 07/31/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 07/31/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	PCA RN RN RN Registered Practical Nurse RN STUDENT RPN STUDENT	

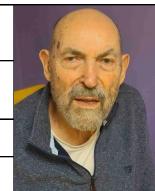
Care Plan Report

Diagnosis

Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart disease, unspecified(I51.9)

Allergies	No Known Allergies	D.O.B.	10/30/1932	Physician	Nghi Truong Phan
Diagnosis	Benign hypertension(I10.0), Unspecified dementia(F03), Atrial fibrillation, unspecified(I48.90), Hyperlipidaemia, unspecified(E78.5), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Heart di...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Exley, Betty (922141000190)	Admission Date	09/21/2021	Location	Jackson House 109 1
Last Care Plan Review Completed:	08/25/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
• SPIRITUAL BELIEFS: Robert is of the United Church Faith. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	• To provide Bob spiritual support as interested through to the next review date. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/17/2025	• SPIRITUAL PROGRAMS: Encourage him to attend spiritual programs of his choice including Hymn Sing and United Church Service. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) • SELF-DIRECTED SPIRITUAL Activities: Robert engages in community service with family once in a while. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Robert's right to decline participation in Spiritual Program. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	Recreation Aide			
• STRONG PARTICIPATION in Activities Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	• Robert will be supported to maintain participation in activities 20-25 or more times per month by the next review date. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/17/2025 • Robert will maintain ISE score	• STRUCTURED ACTIVITIES: Invite him to programs of personal interest; bingo, active games, entertainment, movies, parties, socials, music appreciation, etc. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as reading paper, watching TV, walking, conversing with peers, listening to music, doing a word search or crossword, etc. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	Recreation Aide			
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre		Print Date	11/5/2025		
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location	Jackson House 103 1	
Last Care Plan Review Completed:	09/17/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	of 5 by the next review date. Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/17/2025	<ul style="list-style-type: none"> • ASSISTANCE: Provide assistance/encouragement to get him to scheduled activities - Accompany in elevator, Walk with and guide to and from programs, Cue Direction, give reminders, etc. <p>Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • HELPFUL HINTS: <p>Robert prefers to be called Bob. Bob likes 40's music and socializing. Bob has a business degree and taught keyboards for Hamilton School Board. With his business degree, Bob worked for many companies, such as Stelco, and cannning companies in Quebec until 1971. Due to his time in Quebec, Bob knows a bit of french. Bob and his wife had a cottage where they would go every summer. It was 7 acres of land and 6 families lived there with them! Bob is part of the United Church and would attend church regularly. He went to the Church of Canada. Bob has a wife named Sheila and 3 children.</p> <p>Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • ONE to ONE: Provide him with individual visits for conversation and reminiscing. <p>Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • THERAPIES: Provide him Music Therapy and Aroma-Therapy when available. <p>Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	Recreation Aide
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> STRONG PARTICIPATION in Activities <p>Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> FAMILY INVOLVEMENT: Bob's wife Sheilah visits every day and his family is very supportive. <p>Date Initiated: 08/20/2025 Created on: 04/09/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present Bob with Community music, Music Care Specialists, Musicking, and Music Programming. <p>Date Initiated: 08/20/2025 Created on: 02/07/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	Recreation Aide
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of antidepressant medication <p>Date Initiated: 06/09/2025 Created on: 06/09/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/09/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> To monitor effectiveness and for side effects of medication used each day through to the next review date. <p>Date Initiated: 06/09/2025 Created on: 06/09/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/09/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Robert /SDM in decision making and health teaching about medicinal regime and appropriate medication use. <p>Date Initiated: 06/09/2025 Created on: 06/09/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/09/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident using (Specify; anti-psychotic medication, poly-pharmacy, etc.) for changes to health status and alteration or complications affecting functioning or quality of life. <p>Date Initiated: 06/09/2025 Created on: 06/09/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/09/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. <p>Date Initiated: 06/09/2025 Created on: 06/09/2025</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of antidepressant medication <p>Date Initiated: 06/09/2025 Created on: 06/09/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/09/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		Created by: Jason Geerlinks (Quality Improvement Coordinator)		
<ul style="list-style-type: none"> Alteration in skin integrity related to Cancer lesion to groin <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/03/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of Robert's cancer lesion to groin by target date <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/03/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Robert's Cancer lesion to groin for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/03/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Robert's POA in decision making for treatment of skin issues. <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/03/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate Robert's Cancer lesion to groin weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/03/2025</p>	Registered Practical Nurse RN	RN Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Alteration in skin integrity related to Cancer lesion to groin <p>Date Initiated: 04/03/2025 Created on: 04/03/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/03/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>		Revision by: Mihaela Devic (RAI Coord Back-up)		
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t requires assistance at meals (in choosing softer options), HTN, fair food intake and good fluid intake, bowels managed, weight within GWR. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/05/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	<ul style="list-style-type: none"> Robert will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/17/2025</p> <ul style="list-style-type: none"> Will weigh within GWR of 69.4-80.9kg/BMI 24-28kg through to next review date. (h=170cm) <p>Date Initiated: 02/14/2024 Created on: 02/14/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> Dislikes include coffee <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/05/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> NUTRITION RISK: Bob is MODERATE risk level. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> DIET ORDER: Bob will receive Regular diet, Regular texture <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Bob drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/05/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Bob to drink a minimum of 1678mL per day. 	<p>FSS</p> <p>Dietitian (RD)</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t requires assistance at meals (in choosing softer options), HTN, fair food intake and good fluid intake, bowels managed, weight within GWR. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/05/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	<ul style="list-style-type: none"> Robert will be adequately hydrated aeb drinking at least 80% of total fluid requirement 2098mL @ 25mL/kg, 83.9kg through to next review date. <p>Date Initiated: 02/14/2024 Created on: 02/14/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/17/2025</p>	<p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/05/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>Date Initiated: 02/14/2024 Created on: 02/14/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• DINING INSTRUCTIONS: 1. choose softer meal option with Regular texture</p> <p>Date Initiated: 02/14/2024 Created on: 02/14/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• PORTION SIZE: Offer Bob 2x portions for all items.</p> <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 07/19/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• FOOD PREFERENCES: Robert enjoys eating pizza (no crust)</p> <p>Date Initiated: 02/14/2024 Created on: 02/14/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 02/14/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• HIGH CALORIE/PROTEIN PM SNACK: 125mL Fortified Pudding (200kCal, 10g PRO)</p> <p>Date Initiated: 07/19/2024 Created on: 07/19/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 07/19/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	Registered Practical Nurse	PCA
<ul style="list-style-type: none"> Potential for Expressive Behaviour of WANDERING, VERBAL, PHYSICAL Inappropriate nature related to Symptom Progression of Dementia/Alzheimer 	<ul style="list-style-type: none"> To promote safety for Robert and others during each episode of Expressive Behaviour through to the next review date until two 	<p>• COMMUNICATION: Involve/collaborate with Robert/SDM) about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 07/15/2024</p>	BSO - Internal Social Worker	PCA
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/15/2024 Revision by: Grace Akah (RN)	<p>weeks</p> <p>Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/17/2024 Revision by: Princy Samuel (Registered Nurse) Target Date: 12/17/2025</p> <ul style="list-style-type: none"> • To decrease episodic frequency of verbal and physical inappropriate behaviours by next review date. ABS score will be less than current ABS score. <p>Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/17/2024 Revision by: Princy Samuel (Registered Nurse) Target Date: 12/17/2025</p> <ul style="list-style-type: none"> • Robert will be supported to adjust to his/her new environment to lower risk of triggering former WANDERING, PHYSICAL inappropriate, VERBALLY inappropriate behaviour episodes through to the next review. <p>Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/17/2024 Revision by: Princy Samuel (Registered Nurse)</p>	<p>Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/15/2024 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (resident name) for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN)</p> <ul style="list-style-type: none"> • PHYSICAL Behaviour: Monitor any behaviours, report and record on DOS charting. Redirect and Reassure if needed. <p>Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/17/2024 Revision by: Princy Samuel (Registered Nurse)</p> <ul style="list-style-type: none"> • ONE to ONE Care: Started on July 11 2024. See progress note for more detail. <p>Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/17/2024 Revision by: Princy Samuel (Registered Nurse)</p>	Registered Staff	PCA Registered Practical Nurse PCA
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of WANDERING, VERBAL, PHYSICAL Inappropriate nature related to Symptom Progression of Dementia/Alzheimer Date Initiated: 07/15/2024 Created on: 07/15/2024 Created by: Grace Akah (RN) Revision on: 07/15/2024 Revision by: Grace Akah (RN) 	Target Date: 12/17/2025			
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, related to Receptive Aphasia, Neurological symptoms. Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) 	<ul style="list-style-type: none"> Robert will be supported to maintain current communication abilities to express self, comprehend information,) each day through to the review date. <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/11/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Robert/SDM for decision making about RN strategies needed to support effective communication. <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/11/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Robert/SDM to enhance their knowledge of , RN change in health status affecting communication ability. <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/11/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no PCA questions, uses simple words/phrases <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/11/2024</p>			
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, related to Receptive Aphasia, Neurological symptoms. <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		Revision by: Jason Geerlinks (Quality Improvement Coordinator)		
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes (specify; memory loss, difficulty concentrating, altered judgement) related to progression of Alzheimer's Disease <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Peter will be supported to maintain cognitive function through the review date. Current CPS is (SPECIFY; 1, 2, 3, or 4) <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Robert /SDM in decision making of Cognitive Loss related to progression of Alzheimer's disease.. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Robert/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of (dementia). <p>Date Initiated: 05/04/2024 Created on: 05/04/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ORIENTATION: Gently reorient to (person, place, time) as needed when (Robert) is feeling lost or in a confused state. <p>Date Initiated: 05/04/2024 Created on: 05/04/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse RN Social Worker RN PCA	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location Jackson House 103 1
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes (specify; memory loss, difficulty concentrating, altered judgement) related to progression of Alzheimer's Disease <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> ENVIRONMENT: Provide environmental clue to promote resident ability to locate room and navigating home area (name plate, photo) outside of room. <p>Date Initiated: 05/04/2024 Created on: 05/04/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA		
<ul style="list-style-type: none"> Potential for Acute PAIN and alteration in comfort level related to history of fracture in left wrist <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote resident comfort and effectively manage acute pain each day through to the next review. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025</p> <ul style="list-style-type: none"> Promote MDS Pain Score of 0 through to the next review. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Robert/SDM) about pain management, RN goals of treatment, plan of care, prognosis and treatment options. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> REST: accommodate Bob rest and relaxation preference breaks between activities, remaining in bed. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024</p>	RN Registered Practical Nurse		
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location	Jackson House 103 1
Last Care Plan Review Completed:	09/17/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Acute PAIN and alteration in comfort level related to history of fracture in left wrist <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		Registered Practical Nurse RN
<ul style="list-style-type: none"> Increased risk for FALLS related to PREVIOUS FALLS <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025</p>	<p>COMMUNICATION: Involve/collaborate with Robert/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> CALL BELL: Place call bell within Robert's reach to the LEFT side. check that it is in PCA working order and remind/encourage to use it. Robert does not remember to use his call bell. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 08/06/2024 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> ADAPTIVE EQUIPMENT: Robert needs adaptive equipment: walker <p>Date Initiated: 02/22/2025 Created on: 02/22/2025 Created by: Myrna Corpuz (RPN) Revision on: 02/22/2025 Revision by: Myrna Corpuz (RPN)</p>	RN Registered Practical Nurse	D/E/N
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to PREVIOUS FALLS <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> ENVIRONMENT: Secure environment, reduce clutter, AND ensure quiet environment to reduce fall risk for Robert. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> BED: place bed in lowest position to lower risk for injury. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure Robert wears appropriate non-skid footwear for ambulation . <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Position floor mat on floor next to left and right (each) side of bed to lower risk of injury. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 05/10/2024 Created on: 05/10/2024</p>	PCA	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Registered Staff
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to PREVIOUS FALLS <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		Created by: Myrna Corpuz (Registered Practical Nurse)		
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Robert's Medical Treatment and End of Life Care. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To support and honor Robert's expressed wishes and beliefs through to the End of Life <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> CPR: Robert's wishes express NO CPR and NO TRANSFER to hospital <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Incontinence, Thin fragile Skin <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> HEALTH EDUCATION: Engage Robert/SDM in health education regarding prevention of skin impairment <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/11/2024</p>	PCA	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Improvement Coordinator) Target Date: 12/17/2025	Revision by: Jason Geerlinks (Quality Improvement Coordinator)		
• Altered ability to complete Activities of Daily Living (ADLs) related to Fracture in left wrist. Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)	<ul style="list-style-type: none"> Bob will have ALL ADL care needs met each day through the next review date Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025 Bob will be supported to maintain current self participation in ADL care for dressing and personal hygiene assisted to ensure all ADL care needs are met each day through to the next review date Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/17/2025 	<ul style="list-style-type: none"> BATHING: Bob prefers shower on (Sunday Days Thursday Evening) and requires 1 PCA staff to provide limited assistance with bathing Date Initiated: 08/12/2025 Created on: 08/12/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/12/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) BED MOBILITY: Bob is able to move himself in bed. May require one staff to provide cueing PRN Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) DRESSING: Bob is able to put his shirt on. Needs one staff assist to put his brief and pants Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) EATING: Bob is able to eat independently. 1 Staff to provide set-up help and supervision. Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) LOCOMOTION: Bob is able to ambulate on his own using RW walker. 1 staff to provide CUES and SUPERVISION assistance for locomotion on and off the unit. Date Initiated: 02/01/2024 Created on: 02/01/2024 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Fracture in left wrist. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Created by: Richard Domingo (Registered Practical Nurse) Revision on: 07/29/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> PERSONAL HYGIENE: Bob requires one staff to provide LIMITED assistance for hygiene. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HAND HYGIENE: 1 staff to provide Bob REMINDER to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TOILET USE: Bob is able to use the toilet with one staff to provide LIMITED assistance for toileting. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRANSFERRING: Bob is able to transfer using RW with 1 person assist with one staff to provide CUES and SUPERVISION assistance for transferring. Residnet is not compliant with the use of walker, staff to encourage Rob to use walker for transfer and ambulation. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 08/19/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> ORAL CARE: Bob has his own teeth 1 staff to provide set-up help and cueing assistance for oral care. <p>Date Initiated: 02/01/2024</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Fracture in left wrist. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by verbally responsive to staff, refusing shower, closes his room and blocks it with chairs related to Alzheimer's Disease. <p>Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> Robert will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/17/2025</p> <ul style="list-style-type: none"> To decrease episodic 	<p>• COMMUNICATION: Involve/collaborate with Robert/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• HEALTH EDUCATION: Provide education and support to Robert/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024</p>	PCA RN RN Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>frequency of negative Mood symptoms by next review date. DRS score will be less than (state current DRS score). Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/17/2025</p> <ul style="list-style-type: none"> • To support Robert with their identified coping strategies for mood/emotional stability each day through to the review date. <p>Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/17/2025</p>	<p>Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Robert for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) • RESIDENT STRENGTHS: Build on Robert effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities. Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) • DISTRACTION ACTIVITIES: Robert can be calmed doing activities of interest including listening to music, watching movies and having conversation with him. Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) • ENVIRONMENT: Modify environment to support MOOD STABILITY reduce noise, open curtains, ambient lighting, preferred music. Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse) • SLEEP/REST: Promote adequate sleep and rest to stability of Robert mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) 	PCA RN PCA RN PCA RN PCA RN PCA RN PCA RN	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by verbally responsive to staff, refusing shower, closes his room and blocks it with chairs related to Alzheimer's Disease. <p>Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> 1 to 1 MONITORING/CARE; Robert Guest is receiving 1:1 care for support of mental wellbeing to monitor safety and for episodes of self harm. (July 12, 2024). <p>Date Initiated: 08/05/2024 Created on: 08/05/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 08/05/2024 Revision by: Richard Domingo (Registered Practical Nurse)</p>	PCA	
<ul style="list-style-type: none"> URINARY Functional INCONTINENCE related to Alzheimer's Diagnosis <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> Robert will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 12/17/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Robert /SDM for decision making about toileting options or incontinence management.</p> <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse)</p> <p>• URINARY Continence level is USUALLY continent and asks for help when needs to use washroom. Report change to level as noted.</p> <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse)</p> <p>• INCONTINENCE PRODUCT: Robert uses large size pull up during day, evening</p>	RN Registered Practical Nurse	PCA
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • URINARY Functional INCONTINENCE related to Alzheimer's Diagnosis <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>and night. Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 01/17/2025 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> • ADAPTIVE EQUIPMENT/AID: Robert utilizes a TRUELOO toilet seat in the bathroom which takes pictures of his urine and BM and analyzes it for infection, color, and any abnormalities. The MD is informed of any abnormalities <p>Date Initiated: 08/01/2024 Created on: 08/27/2024 Created by: Shihana Rumzi (Nurse Clinician) Revision on: 08/27/2024 Revision by: Shihana Rumzi (Nurse Clinician)</p>	PCA Registered Practical Nurse RN ADOC	
<ul style="list-style-type: none"> • Sleep Patterns; Potential for alteration in sleep patterns related to Alzeihmer's disease. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse)</p>	<ul style="list-style-type: none"> • To promote adequate rest/sleep for Robert based on identified sleep patterns/preferences each night through to the next review date. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 12/17/2025</p>	<ul style="list-style-type: none"> • REST PATTERN: Preferred bedtime 2000 hrs, usual wake time 0700 and daytime naps after meals. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/25/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	PCA	
<ul style="list-style-type: none"> • Potential to experience discomfort/complications, related to FRACTURE of left wrist triquetral. <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/07/2024</p>	<ul style="list-style-type: none"> • To promote optimal healing of FRACTURE of left wrist triquetral. <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/07/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/ collaborate with Bob/SDM in decision making of fracture care management. <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/07/2024 Revision by: Navpreet Sekhon (RN)</p>	RN	
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)	Target Date: 12/17/2025	<ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with Bob/SDM to enhance his/her comprehension of (treatment, possible complications, etc.) associated with fracture. <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/07/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of fracture to (left wrist) for discomfort/ complications or changes to health status. <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/07/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PAIN MANAGEMENT for fracture prescribed and in place; refer to Pain Care Plan. <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. <p>Splint to left wrist-Resident to wear Futuro splint all the time to the left wrist and can be removed for hygiene only for 4 weeks. May remove splint off on his own</p> <p>Date Initiated: 02/07/2024 Created on: 02/07/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>	RN Registered Practical Nurse	RN Registered Practical Nurse
• Bob is experiencing colonization with Antibiotic Resistant Organism MRSA (nostrils) as of confirmed date: (Feb 5,2024). Date Initiated: 02/05/2024	• To lower risk of infection and prevent transmission of identified Antibiotic Resistant Organism through to the next review.	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with (Bob/SDM) with decision making for Antibiotic Resistant Organism treatment plan and update accordingly. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/05/2024</p>	RN Registered Practical Nurse	PT - Physiotherapi st PCA Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/06/2024 Revision by: Azra Gaertner (RN)	Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Target Date: 12/17/2025	<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with resident/SDM to enhance their knowledge of infection control practices (hand hygiene, visitation, PPEs, isolation, transmission, etc.) for Antibiotic Resistant Organism. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/05/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of monitoring resident for (signs/symptoms of secondary infection, overall health condition, etc.). <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/05/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PPE PRECAUTIONS: Precaution identified as CONTACT for MRSA and requires use of the following PPEs (Gloves, Gown) when (providing direct care, handling soiled clothes and linens, disposing of incontinent product. <p>Date Initiated: 02/05/2024 Created on: 02/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/19/2024 Revision by: Princy Samuel (IPAC CDOC)</p>	RN Registered Practical Nurse	RN Registered Practical Nurse
• BOWEL Continence - Robert is continent and has self recognition of urge to defecate. Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/01/2024 Revision by: Richard Domingo (Registered Practical Nurse)	• Robert to remain continent of bowels through next review date Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 12/17/2025	<p>• BOWEL Continence level is CONTINENT. Report change to level as noted.</p> <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • SELF TOILETING: Robert toilets self for bowel movements. Each shift ask if he/she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. <p>Date Initiated: 02/01/2024 Created on: 02/01/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 02/07/2024 Revision by: Pritibahen Patel (Registered Nurse)</p>	PCA RN Registered Practical Nurse	PCA
Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location
Last Care Plan Review Completed:	09/17/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved

Diagnosis

Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable (G40.90), Stress fracture, not elsewhere classified, unspecified site(M84.39), Resistance to methicillin(U82.1), Degeneration of macula and posterior pole (H35.3)

Allergies	No Known Allergies	D.O.B.	05/07/1937	Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Asthma, unspecified, without stated status asthmaticus(J45.90), Epilepsy, unspecified, not stated as intractable(G40.90), Stress fracture, not elsewhere c...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Guest, Robert (922141000304)	Admission Date	02/01/2024	Location	Jackson House 103 1
Last Care Plan Review Completed:	09/17/2025				

Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"> Alteration in skin integrity related to rash to right malleolus. <p>Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of rash to right malleolus by (2/4/2026) <p>Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Marilyn)/SDM in decision making for treatment of rash to right malleolus as skin issue. <p>Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident with (rash to right malleolus) for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate Marilyn's rash to right malleolus weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. <p>Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>				RN Registered Practical Nurse	RN Registered Practical Nurse
<ul style="list-style-type: none"> SPIRITUAL BELIEFS: Marilyn is of the Baptist Faith. <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To provide Marilyn spiritual support as interested through to the next review date. <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing and Church Service. <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> PERSONAL CHOICE: Respect Marilyn's right to decline participation in Spiritual Program. <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025</p>				Recreation Aide	Recreation Aide
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician	Nghi Truong Phan		
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location	Jackson House 106 1		
Last Care Plan Review Completed:	08/20/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> SPIRITUAL BELIEFS: Marilyn is of the Baptist Faith. <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>		Revision by: Julie Lambert (Recreation Aide)			
<ul style="list-style-type: none"> Marilyn shows STRONG PARTICIPATION in Activities <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> Marilyn will be supported to maintain participation in activities 15-20 times per month by the next review date. <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/04/2026</p> <ul style="list-style-type: none"> Marilyn will maintain her ISE score of 4 to the next review date <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as bingo, manicures, entertainment, short stories, etc.. <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as window watching, family visits, listening to music <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in elevator, Porter, Reminders <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> HELPFUL HINTS: Marilyn enjoys bingo. Marilyn likes to socialize and spend time with her family. 	Recreation Aide Recreation Aide Recreation Aide Recreation Aide Recreation Aide		
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician	
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses				Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location	
Last Care Plan Review Completed:	08/20/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Marilyn shows STRONG PARTICIPATION in Activities <p>Date Initiated: 11/04/2025 Created on: 02/15/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Marilyn enjoys all types of music. Marilyn enjoys manicures.</p> <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <p>• THERAPIES: Present Marilyn with music therapy and aromatherapy when available Recreation to improve emotional, intellectual, and spiritual health through comfort, identity, inclusion, and fun.</p> <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Marilyn's family is very supportive and come to visit frequently.</p> <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <p>• MUSIC CARE APPROACH: Present Marilyn with Community music, Music Care Specialists, Musicking, Music Programming, and Environmental Sound.</p> <p>Date Initiated: 11/04/2025 Created on: 11/10/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	Recreation Aide
<ul style="list-style-type: none"> -Transfer status: 1 person assistance using Rollator walker. If weak/ tired 2 p Assist (PRN). -Locomotion: Wheelchair - Physiotherapy focus on improving weight bearing and prevent falls <p>Date Initiated: 11/08/2023</p>	<ul style="list-style-type: none"> 1. Able to ambulate 50-80 mts using RW with 2 P assist in the next 2 quarters 2. Improve the B/L UE & LE ROM to WFL in the next 2 quarters. <p>Date Initiated: 11/08/2023</p>	<ul style="list-style-type: none"> 1. AROM exs to B/L UE & LE - 10 reps x 2 sets 2. STS - Holding on to the walker with 1-2 person assistance 3. Ambulation using RW with 1 p assist - as tolerated <p>2-3 times/week</p> <p>Date Initiated: 12/09/2024 Created on: 11/08/2023</p>	PT - Physiotherapist PTA	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unsp...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 11/08/2023 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/19/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)	Created on: 11/08/2023 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/19/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 02/04/2026	Created by: Sujit James (PT - Physiotherapist) Revision on: 08/19/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)		
• Nutrition Risk Level: MODERATE r/t BMI 30-35, stable weight, dementia dx, uncontrolled diabetes, hypoglycemia (med related), edema, HTN, good food & fluid intake, bowels managed, independent at meals Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD))	<ul style="list-style-type: none"> Marilyn will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/22/2023 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 02/04/2026 Will weigh within Realistic weight range of 73-85kg/BMI 30-35 through to next review date (h=156cm). Date Initiated: 11/22/2023 Created on: 11/22/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/22/2023 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 02/04/2026 Marilyn will be adequately hydrated aeb drinking at least 	<ul style="list-style-type: none"> Comfort foods include soups Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/15/2023 Revision by: Sylwia Jawornicki (FSM - Food Services Manager) LABELLED SNACK HS: Marilyn receives crackers and cheese at HS nourishment pass as per diabetes management. - Please provide reason for Marilyn: "We are giving you this snack for your blood sugar management". Date Initiated: 11/01/2024 Created on: 11/01/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/01/2024 Revision by: Anika Dhalla (Dietitian (RD)) NUTRITION RISK: Marilyn is MODERATE risk level. Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD)) DIET ORDER: Marilyn will receive Regular diet, Regular texture Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/22/2023 Revision by: Anika Dhalla (Dietitian (RD)) FLUID CONSISTENCY: Marilyn drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 11/15/2023 	FSS PCA Registered Practical RN FSS Dietitian (RD) PCA PCA	E
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t BMI 30-35, stable weight, dementia dx, uncontrolled diabetes, hypoglycemia (med related), edema, HTN, good food & fluid intake, bowels managed, independent at meals <p>Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>80% of total fluid requirement 2095mL @ 25mL/kg, 86.4kg through to next review date.</p> <p>Date Initiated: 11/22/2023 Created on: 11/22/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/03/2025 Revision by: Emma de Vries (Dietitian (RD)) Target Date: 02/04/2026</p>	<p>Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/15/2023 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Marilyn to drink a minimum of 1728mL per day.</p> <p>Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/03/2025 Revision by: Emma de Vries (Dietitian (RD))</p> <p>• PORTION SIZE: Marilyn prefers regular portions for meals.</p> <p>Date Initiated: 11/15/2023 Created on: 11/15/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/15/2023 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>• FOOD PREFERENCES: Marilyn enjoys eating most food groups, she likes cranberry juice, ice cream, fruits, and turkey. Dislikes prune juice.</p> <p>Date Initiated: 11/22/2023 Created on: 11/22/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/22/2023 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• DIABETIC CARE: Offer Marilyn</p> <ul style="list-style-type: none"> - 1/2 juice 1/2 water - 1/2x portion starch, 2x vegetables, 2x protein - encourage fruit for dessert, and offer 1/2 portion non-fruit if requesting <p>Date Initiated: 08/14/2024 Created on: 08/14/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 05/14/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	PCA	
<ul style="list-style-type: none"> Individualized Fall Prevention and Injury Reduction Plan <p>Date Initiated: 06/18/2024</p>	<ul style="list-style-type: none"> To decrease the number of falls for throughout this review period. 	<ul style="list-style-type: none"> Encourage and remind Marilyn to ask for assistance to bathroom and from bed. <p>Date Initiated: 06/18/2024 Created on: 06/18/2024</p>	PCA	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 06/18/2024 Created by: Jasmeen Kaur (Registered Nurse) Revision on: 05/06/2025 Revision by: Chantelle Walker (ADOC)	Date Initiated: 06/18/2024 Created on: 06/18/2024 Created by: Jasmeen Kaur (Registered Nurse) Revision on: 05/06/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/04/2026	<p>Created by: Jasmeen Kaur (Registered Nurse) Revision on: 05/06/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> Evaluate effectiveness of fall prevention/injury reduction plan with Marilyn and Sue (POA/dtr) at annual care conference and/or falls care conference (prn) and revise as needed. <p>Date Initiated: 06/18/2024 Created on: 06/18/2024 Created by: Jasmeen Kaur (Registered Nurse) Revision on: 05/06/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> Keep Marilyn occupied in purposeful activity such as puzzles to decrease fall risk. <p>Date Initiated: 06/20/2024 Created on: 06/20/2024 Created by: Jasmeen Kaur (Registered Nurse) Revision on: 05/06/2025 Revision by: Chantelle Walker (ADOC)</p>	ADOC Registered Practical Nurse RN	PCA
• Increased risk for FALLS related to Dementia and previous falls history. Altered Physical function (specify impairment): , Limitation of cognitive function/altered judgement due to Dementia. Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/15/2024 Revision by: Myrna Corpuz (RPN)	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 08/09/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026	<p>• COMMUNICATION: Involve/collaborate with Marilyn/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 01/05/2025 Revision by: Karamjeet Kaur Bern (Registered Nurse)</p> <p>• CALL BELL: Place call bell within Marilyn's reach , check that it is in working order and remind/encourage to use it. Mary may forget to use call bell to call for staff assistance.</p> <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 01/05/2025 Revision by: Karamjeet Kaur Bern (Registered Nurse)</p> <p>• ADAPTIVE AIDS: Place walker within easy reach of Marilyn.</p> <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Abosede Janet Akindele (Registered Practical Nurse)</p>	RN Registered Practical Nurse PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to Dementia and previous falls history. Altered Physical function (specify impairment): , Limitation of cognitive function/altered judgement due to Dementia. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/15/2024 Revision by: Myrna Corpuz (RPN)</p>		<p>Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Position floor mat on floor next to left side of bed while Marilyn's in bed to lower risk of injury. <p>Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> ALARMS: Marilyn uses a sensor Bed/chair alarm. Please place on chair and/or bed when in it. Check placement and working order q shift. Staff to try to respond promptly to Marilyn when alarm sounding. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Abosede Janet Akindele (Registered Practical Nurse) Revision on: 06/19/2025 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 11/15/2024 Created on: 11/15/2024 Created by: Myrna Corpuz (RPN)</p>	PCA	
<ul style="list-style-type: none"> Potential for ACUTE PAIN and alteration in comfort level related to CELLULITIS and ARTHRITIS to bilateral knees. Most Current MDS Pain Score is 0 <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 09/11/2024 Revision by: Jason Geerlinks (Quality)</p>	<ul style="list-style-type: none"> To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Target Date: 02/04/2026</p>	<p>COMMUNICATION: Involve/collaborate with Marilyn/SDM about pain management, RN goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain 	Registered Staff	D/E/N
Allergies	No Known Allergies	D.O.B.	08/17/1939	Nghi Truong Phan
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Improvement Coordinator)		<p>optimal resident satisfaction for pain control.</p> <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • REST: accommodate resident rest and relaxation preference breaks between activities, remaining in bed. <p>Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p>	Practical Nurse RN PCA	
• Potential for Expressive Behaviour of RESISTANCE to care needs and sexually inappropriate behaviour with co-resident related to Symptom Progression of Dementia/Alzheimer Date Initiated: 08/19/2024 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/19/2024 Revision by: Chantelle Walker (ADOC)	<ul style="list-style-type: none"> • To promote safety for Marilyn and/or others during each episode of resistance to care or sexually inappropriate behaviour through to the next care plan review date. <p>Date Initiated: 08/19/2024 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/19/2024 Revision by: Chantelle Walker (ADOC) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Marilyn/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (resident name) for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, RN 	BSO - Internal Social Worker Registered Staff	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Nghi Truong Phan
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Marilyn will be supported to adjust to his/her new environment to lower risk of triggering refusal to care through the next review. <p>Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026</p>	refusal to bathe, as expression of behaviour include confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process. Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> RESISTANCE to Care Need: If Marilyn is declining to bathe, change clothes, re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> SEXUAL Behaviour: If Marilyn is noted to (grab a co-resident's genitals, calmly assist her back to the privacy of her room. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Chantelle Walker (ADOC) Revision on: 08/19/2024 Revision by: Chantelle Walker (ADOC) <ul style="list-style-type: none"> SEXUAL Behaviour: If Marilyn demonstrates habit of unwanted kissing and touching of others groin, separate her from the individual and limit unsupervised time with opposite sex. Report episode to Registered Staff. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Chantelle Walker (ADOC) Revision on: 08/19/2024 Revision by: Chantelle Walker (ADOC) <ul style="list-style-type: none"> SEXUAL Behaviour: If engaging in sexually inappropriate with co-resident, separate Marilyn and bring her back to her room. Date Initiated: 08/19/2024 Created on: 08/19/2024 Created by: Chantelle Walker (ADOC) Revision on: 08/19/2024 Revision by: Chantelle Walker (ADOC)	PCA RN Registered Practical Nurse RN Recreation Aide PCA Registered Practical Nurse RN	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of RESISTANCE to care needs and sexually inappropriate behaviour with co-resident related to Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 08/19/2024 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/19/2024 Revision by: Chantelle Walker (ADOC)</p>		<ul style="list-style-type: none"> ENVIRONMENT: Marilyn is most calm with in her room and in a small group activites. <p>Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach: Use Gentle Persuasive Approach: "stop and go" <p>Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse)</p>	RN PCA	
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by Sad, pained, worried facial expressions r/t depression and Dementia. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> Marilyn will be supported to maintain mood stability as evidenced by the DRS score at a range of 0-2 by the review date. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026</p> <ul style="list-style-type: none"> To support Marilyn with their identified coping strategies for 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Marilyn/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Marilyn for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)</p>	PCA RN	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by Sad, pained, worried facial expressions r/t depression and Dementia. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<p>mood/emotional stability each day through to the review date. Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> SLEEP/REST: Promote adequate sleep and rest to stability of Marilyn mood. Report changes in sleeping habits to Registered Staff as noted. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p>	PCA RN	
<ul style="list-style-type: none"> URINARY Mixed INCONTINENCE related to altered mobility, Dementia Diagnosis <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<p>• Marilyn will have urinary incontinence managed every shift through to the next review period. Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026</p> <p>• Marilyn will receive support to use the toilet, and promote urinary continence each shift through to the next review. Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Marilyn/SDM for decision making about incontinence management. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. <p>Incontinent product, Large blue brief Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 05/23/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> SCHEDULED TOILETING: Toilet Marilyn before breakfast, after breakfast, before lunch, after lunch, before supper, after supper, before bed, 11:30 p.m. and prn. <p>Date Initiated: 04/09/2024 Created on: 04/09/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/19/2025 Revision by: Grace Akah (RN)</p>	PCA RN	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> URINARY Mixed INCONTINENCE related to altered mobility, Dementia Diagnosis <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	Target Date: 02/04/2026			
<ul style="list-style-type: none"> Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> To promote Marilyn's fluid consumption and minimize risk for dehydration each day through to the next review date. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Marilyn/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring Marilyn with altered fluid intake for changes to health status and risk for dehydration. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	Registered Practical Nurse	Registered Practical Nurse
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of antidepressants. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023</p>	<ul style="list-style-type: none"> To monitor for effectiveness and for side effects of medication used each day through to the next review date. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Marilyn/SDM in decision making and health teaching about medicinal regime and appropriate medication use. <p>Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Marilyn's use 	Registered Practical Nurse	Registered
Allergies	No Known Allergies	D.O.B.	08/17/1939	Nghi Truong Phan
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location Jackson House 106 1
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 02/04/2026	of antidepressants for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	Practical Nurse	
• Altered VISION related to Glaucoma Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN)	• Marilyn supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 02/04/2026 • To treat and minimize complications of Glaucoma through to next review date. Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-	• COMMUNICATION: Involve/collaborate with Marilyn/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • MEDICATION: Administer ophthalmic medication as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• Altered VISION related to Glaucoma Date Initiated: 11/25/2023 Created on: 11/25/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN)	Mathews (RPN) Target Date: 02/04/2026			
• COGNITIVE LOSS; alteration in thought processes SHORT TERM and LONG TERM memory loss related to progression of Dementia. Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	• Marilyn will be supported to maintain cognitive function through the review date. Current CPS is 5 Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/17/2023 Revision by: Navpreet Sekhon (RN) Target Date: 02/04/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Marilyn/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) • HEALTH TEACHING: Engage with Marilyn/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) • ORIENTATION: Gently reorient to person, place, time as needed when Marilyn is feeling lost or in confused state. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) • CUE TASKS: Break tasks into manageable subtasks, Marilyn can comprehend and follow steps at a time. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/11/2023 	RN Social Worker	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes SHORT TERM and LONG TERM memory loss related to progression of Dementia. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		Revision by: Shirly Nasufi (Registered Nurse)		
<ul style="list-style-type: none"> Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES (Insulin-Dependent). <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/17/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with Marilyn/SDM in decision making of diabetes care management. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Marilyn/SDM to enhance her comprehension of treatment, possible complications, disease trajectory, etc. associated with DIABETES. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023</p>	Registered Practical Nurse	RN Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES (Insulin-Dependent). <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/17/2023 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LIBRE MONITORING: Monitor glucose level as specified in manufacturer instruction. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication ORAL ANTIHYPERGLYCEMIC medication and/or INSULIN for DIABETES as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results for fasting blood glucose and/or HbA1c and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 11/17/2023 Created on: 11/17/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/25/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	Registered Staff RN Registered Practical Nurse Registered Practical Nurse RN	Registered Staff
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to venous stasis dermatitis and history of leg wounds. <p>Date Initiated: 11/13/2023</p>	<ul style="list-style-type: none"> To protect and maintain Marilyn's skin integrity each day through to the next review. <p>Date Initiated: 11/13/2023</p>	<ul style="list-style-type: none"> SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. <p>Date Initiated: 08/23/2024</p>	PCA	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 11/13/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 11/13/2023 Revision by: Bea Anne Marie Paet (RAI Coordinator)	Created on: 11/13/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 11/13/2023 Revision by: Bea Anne Marie Paet (RAI Coordinator) Target Date: 02/04/2026	Created on: 08/23/2024 Created by: Navpreet Sekhon (RN) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC) • HEALTH EDUCATION: Engage Marilyn/SDM in health education regarding prevention of skin impairment and management of lower extremity dermatitis. Date Initiated: 11/13/2023 Created on: 11/13/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)	RN Registered Practical Nurse	
• Sleep Patterns Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse)	• To promote adequate rest/sleep for Marilyn based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026	• REST PATTERN: Preferred bedtime(2000 hrs), usual wake time (0730 hrs) Date Initiated: 11/12/2023 Created on: 11/12/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 11/12/2023 Revision by: Shirly Nasufi (Registered Nurse)	PCA	
• Potential for BOWEL INCONTINENCE related to Dementia Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)	• Marilyn will have bowel incontinence managed every shift through to the next review period. Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 11/10/2023 Revision by: Grace Akah (RN) Target Date: 02/04/2026	• COMMUNICATION: Involve/collaborate with Marilyn/SDM for decision making about bowel function and incontinence. Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function.	RN PCA PCA RN	
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Marilyn will receive support to use the toilet, and promote optimal bowel continence each day through to the next review. <p>Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 02/04/2026</p>	<p>Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> BOWEL Continence level is OCCASIONALLY Incontinent. Report changes to level as noted. <p>Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Marilyn uses large blue brief. <p>Date Initiated: 11/10/2023 Created on: 11/10/2023 Created by: Grace Akah (RN) Revision on: 06/19/2025 Revision by: Grace Akah (RN)</p>	PCA RN	PCA
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Marilyn's Medical Treatment and End of Life Care <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/10/2023 Revision by: Grace Akah (RN)</p>	<ul style="list-style-type: none"> To support and honor Marilyn's expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/08/2023 Revision by: Grace Akah (RN) Target Date: 02/04/2026</p>	<ul style="list-style-type: none"> CPR: Marilyn wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Abosede Janet Akindele (Registered Practical Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p>	RN Registered Practical Nurse	
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Activity intolerance, cognition <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/08/2023 Revision by: Grace Akah (RN)</p>	<ul style="list-style-type: none"> Marilyn will have ALL ADL care needs met each day through the next review date. <p>Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Abosede Janet Akindele (Registered Practical Nurse) Revision on: 11/11/2023 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> BATHING: Marilyn prefers shower on Tuesday days and Saturday evening and is able to bathe with one person assist. <p>Nail care to be provided on shower/bath day.</p> <p>Date Initiated: 08/12/2025 Created on: 08/12/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/12/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> BED MOBILITY: Marilyn is able to move and reposition herself in bed. <p>Date Initiated: 11/11/2023</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	08/17/1939	Nghi Truong Phan
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unsp...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location Jackson House 106 1
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 02/04/2026	<p>Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • DRESSING: Marilyn is able to complete some part of dressing with supervision and PCA care but requires one staff to provide extensive assistance for completing dressing. <p>Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/19/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • EATING: Marilyn is able to feed herself with one Staff to provide supervision assist PCA and set-up help for eating. <p>Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • LOCOMOTION: Marilyn uses a wheelchair for locomotion.requires 1 person assistance for locomotion with wheelchair. <p>Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/22/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: Marilyn is able to wash herself. <p>Requires one staff to provide LIMITED and cueing assistance and with hygiene.</p> <p>Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • HAND HYGIENE: 1 staff to provide REMINDER to use soap/water, apply sanitizer, PCA rub hands together, dry hands for hand hygiene. <p>Date Initiated: 11/11/2023 Created on: 11/11/2023</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location
Last Care Plan Review Completed:	08/20/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity intolerance, cognition Date Initiated: 11/08/2023 Created on: 11/08/2023 Created by: Grace Akah (RN) Revision on: 11/08/2023 Revision by: Grace Akah (RN)</p>		<p>Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • TOILET USE: Marilyn is able to use the toilet with one person assist. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC) • TRANSFERRING: 1 person assistance using a Rollator walker. if resident is weak or tired 2 person assist (PRN) Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/20/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • ORAL CARE: Marilyn has her own teeth and is able to brush her teeth with supervision and cueing assistance. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC) • FOOT CARE: PSW, Registered staff, Foot Care Nurse to complete toenail care . Report long toe nails or other abnormalities as noted. Date Initiated: 11/11/2023 Created on: 11/11/2023 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/25/2024 Revision by: Chantelle Walker (ADOC) 	PCA	PCA

Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician	Nghi Truong Phan
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location	Jackson House 106 1
Last Care Plan Review Completed:	08/20/2025				

Care Plan Report

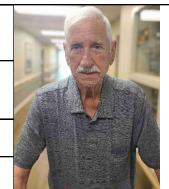
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Diagnosis

Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspecified diabetes mellitus with established or advanced kidney disease(E14.23), Depressive episode, unspecified (F32.9), Other sleep apnoea(G47.38), Hypothyroidism, unspecified(E03.9), Benign hypertension(I10.0), Glaucoma, unspecified(H40.9), Cellulitis, unspecified(L03.9), Stress fracture, not elsewhere classified, multiple sites(M84.30)

Allergies	No Known Allergies	D.O.B.	08/17/1939	Physician	Nghi Truong Phan
Diagnosis	Malignant neoplasm of central portion of breast, unspecified side(C50.19), Unspecified dementia(F03), Arthritis, unspecified, other site(M13.98), Chronic kidney disease, unspecified(N18.9), Unspe...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Hinks, Marilyn (922141000285)	Admission Date	11/08/2023	Location	Jackson House 106 1
Last Care Plan Review Completed:	08/20/2025				

Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<p>• Potential for falls related to (specify: aging/health status/_____)</p> <p>/Post-fall interventions to mitigate falls risk related to (specify: aging/visual impairment specify)</p> <p>Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> To decrease the number of falls throughout this review period <p>Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Target Date: 11/12/2025</p>	<ul style="list-style-type: none"> Conduct intentional rounding every (specify frequency) to assess the resident for pain (observe for behavioural signs of pain: specify), peri-needs, position , possessions and safety Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Encourage resident to use (specify: cane/walker/wheelchair/transfer pole, etc.) when (specify: ambulating/transferring/ etc.) Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Encourage resident to wear non-skid footwear (specify). Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Ensure (call bell/phone/TV remote/ bed control/other) are within easy reach for the resident Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Keep bed at (knee height/lowest position possible/height) determined by (specify (PT/OT/MD/NP) Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Rescreen the resident for falls risk (specify frequency) and after change in health status. Date Initiated: 09/30/2025 Created on: 09/30/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) 				Recreation Aide	
<p>• SPIRITUAL BELIEFS: Carmine is of the Catholic Faith.</p> <p>Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To provide Carmine spiritual support as interested through to the next review date. <p>Date Initiated: 08/20/2025 Created on: 08/20/2025</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage him to attend spiritual programs of his choice including Hymn Sing, Catholic Mass, Church Service, etc. <p>Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025</p>					
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer		
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)						
Facility	Arbour Creek Care Centre	Print Date	11/5/2025				
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1		
							

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/12/2025	Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Carmine right to decline participation in Spiritual Program. Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	Recreation Aide	
• Temporary - Activities related to Move In Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	• Carmine will be engaged and invited to participate in all spheres of activities offered during the first days/weeks upon move in. Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/12/2025	• INVITATION: Invite and Encourage resident to attend scheduled programs. Also extend invite to Spiritual focused programs. Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) • CALENDAR: Provide program calendar (verbally review if needed). Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) • SOCIAL Introduction: Introduce him to other residents of similar age, interest, language, etc. as he can tolerate. Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide) • MUSIC CARE APPROACH: Present Carmine with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology, Environmental Sound. Date Initiated: 08/20/2025 Created on: 08/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/20/2025 Revision by: Julie Lambert (Recreation Aide)	Recreation Aide Recreation Aide Recreation Aide Recreation Aide	

Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)				
Facility	Arbour Creek Care Centre				
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Gait training, strengthening exercises <p>Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 08/19/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> STG: Gait training to prevent falls in next 3 months. Improve /maintain strength LTG: To prevent sudden decline in physical status Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 08/19/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 11/12/2025 	<ul style="list-style-type: none"> 1. Educate and practice heel toe pattern, educate to lift the leg up, keep his back straight, and to take even steps : count with resident so he can actively participate, provide rest as needed. 2. Sit to stand, marching, hip abduction, extension training to improve dynamic balance and strengthening. 8-10 reps x 2 sets , as tolerated <p>Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 08/19/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	PT - Physiotherapist PTA	
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t requires limited assistance (food cut up), skin impairments, HTN, good food and fluid intake, regular BMs, BMI 24-29 <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<ul style="list-style-type: none"> Carmine will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Will weigh within GWR of 75-85kg BMI 26-29 through to next review date. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/12/2025</p>	<ul style="list-style-type: none"> Comfort foods include pasta and ice cream. Dislikes include milk and mayonnaise. NUTRITION RISK: Carmine is MODERATE risk level. DIET ORDER: Carmine receives regular diet, regular texture with food cut up Offer softer options if he is not wearing his dentures 	PCA PCA Dietitian (RD) PCA	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t requires limited assistance (food cut up), skin impairments, HTN, good food and fluid intake, regular BMs, BMI 24-29 <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/12/2025</p> <ul style="list-style-type: none"> Carmine will be adequately hydrated aeb drinking at least 75% of total fluid requirement 2050mL @25 ml/kg, 82kg through to next review date. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/12/2025</p>	<p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/15/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Carmine drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Carmine to drink a minimum of 1538ml per day. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. <p>Date Initiated: 09/26/2025 Created on: 09/26/2025 Created by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> DINING INSTRUCTIONS: Assist Carmine with cutting foods into bite sized pieces <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	PCA		
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Incontinence, Thin fragile Skin <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Mihaela Devic (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Mihaela Devic (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the Carmine's usual skin condition to Registered Staff as noted. <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/18/2025</p>	PCA Dietary aide PCA	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)				
Facility	Arbour Creek Care Centre		Print Date	11/5/2025	
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 11/12/2025	<p>Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> • HEALTH EDUCATION: Engage Carmine/POA in health education regarding prevention of skin impairment and management of the same <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/18/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> • BARRIER CREAM: Apply skin barrier blue silicone cream (medline) to perineal area PCA to safeguard against excessive moisture after incontinence episode and peri care <p>Date Initiated: 08/18/2025 Created on: 08/18/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/18/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	Registered Practical Nurse RN	D/E/N/PRN	
• Potential for pain related to aging and osteoarthritis Date Initiated: 08/17/2025 Created on: 08/17/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)	• New pain will be identified with appropriate intervention Date Initiated: 08/17/2025 Created on: 08/17/2025 Created by: Shirly Nasufi (Registered Nurse) Target Date: 11/12/2025	<ul style="list-style-type: none"> • Non verbal cues of pain include - facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed <p>Date Initiated: 08/17/2025 Created on: 08/17/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • Non-pharmacologic methods to reduce the risk of developing pain include specify heat/cold/massage/guided imagery/meditation/music/TENS/ positioning/topical applications. <p>Date Initiated: 08/17/2025 Created on: 08/17/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • Rescreen for the presence of new pain once per shift/during comfort rounds/during routine care as well as with sig changes in health status and before, during and after a potentially painful procedure or intervention. <p>Date Initiated: 08/17/2025 Created on: 08/17/2025</p>	Registered Practical Nurse PCA	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for pain related to aging and osteoarthritis <p>Date Initiated: 08/17/2025 Created on: 08/17/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		
<ul style="list-style-type: none"> Increased risk for FALLS related to (ambulating without walker, unsteady on his feet, Limitation of cognitive function/ altered judgement related to Dementia <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Target Date: 11/12/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Carmine/SDM in decision making in fall prevention Plan of Care. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/14/2025 Revision by: Jesus Bueno (Registered Practical Nurse) CALL BELL: Place the call bell within resident's reach to the LEFT side if needed), check that it is in working order and remind/encourage to use it. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/14/2025 Revision by: Jesus Bueno (Registered Practical Nurse) ADAPTIVE EQUIPMENT: Resident needs adaptive equipment:Walker Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/14/2025 Revision by: Jesus Bueno (Registered Practical Nurse) ENVIRONMENT: Secure environment reduce clutter, night light, bathroom signage, PCA toilet height, quiet environment, to reduce fall risk for Carmine. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) 	<p>RN Registered Practical Nurse</p> <p>PCA Registered Practical Nurse</p> <p>PCA</p>	D/E/N
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to (ambulating without walker, unsteady on his feet, Limitation of cognitive function/altered judgement related to Dementia <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/17/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> BED: place bed in lowest position to lower risk for injury. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure carmine wears appropriate footwear for transfers, ambulation, walking. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> HIP PROTECTORS: Carmine wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 09/26/2025 Revision by: Sumitha Sukumaran (Registered Nurse)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse)</p>	<p>PCA</p> <p>PCA Registered Staff</p> <p>PCA</p> <p>PCA Registered Practical Nurse</p> <p>PCA Registered Staff</p>	D/E/N
<ul style="list-style-type: none"> Potential for Expressive Behavior of WANDERING, VERBAL, PHYSICAL, SOCIALLY Inappropriate, RESISTANCE to care , related to Symptom Progression of 	<ul style="list-style-type: none"> To promote safety for Carmine and others during each episode of Expressive Behavior through to the next review date. 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Carmine about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 08/16/2025</p>	BSO - Internal Social Worker	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Dementia/Alzheimer Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)	Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/12/2025 • Carmine will be supported to adjust to his new environment to lower risk of triggering former WANDERING, VERBALLY inappropriate, behavior episodes through to the next review. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/12/2025	<p>Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Carmine for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> PHYSICAL Behaviour: If Carmine is attempting to strikeout; move back from his reach. Calmly indicate that care will continue when he is calm/ready. Seek Registered Staff assistance. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat, refusing medication, as expression of behaviour include Specify cause; confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> SOCIALLY Inappropriate Behaviour: If Carmine is noted to make loud disruptive noises in dining room gently redirect him to focus on task at hand, to move to quieter area. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	RN Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behavior of WANDERING, VERBAL, PHYSICAL, SOCIALLY Inappropriate, RESISTANCE to care , related to Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		<ul style="list-style-type: none"> WANDERING: Permit Carmine to safely roam in common area. Redirect away from PCA exit doors, elevator or other resident rooms as needed. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		
<ul style="list-style-type: none"> Sleep Patterns; Potential for alteration in quality of sleep or sleep pattern related to wandering and Alzheimer Disease. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Carmine based on identified sleep patterns/preferences each night through to the next review date. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/12/2025</p>	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 9:00pm, usual wake time 07 :00 am . <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> SLEEPWEAR: Carmine prefers to wear night clothes while sleeping. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	PCA	PCA
• COGNITIVE LOSS; alteration in thought	• Carmine will cope with	• COMMUNICATION: Involve/collaborate with Carmine/SDM in decision making of	RN	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

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Focus	Goal	Interventions	Position	Freq/Resolved	
processes , memory loss, difficulty concentrating, altered judgement related to progression of Dementia and advance age. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)	progressive cognitive decline and be supported to maintain safety each day through the review date. Current CPS score is (SPECIFY; 2, 3, or 4). Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/12/2025	Cognitive Loss for progression of dementia. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) <ul style="list-style-type: none">• ORIENTATION: Gently reorient to Carmine to person, place, time as needed when Carmine is feeling lost or in a confused state. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) <ul style="list-style-type: none">• PERSONAL ITEMS: Keep telephone, eyeglasses, family pictures, in a consistent place in a nightstand drawer, on a bedside table, . Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)	Registered Practical Nurse	RN Registered Practical Nurse PCA	
• Carmine is BOWEL INCONTINENCE related to dementia diagnosis and advance age. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)	• Carmine will have bowel incontinence managed every shift through to the next review period. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/12/2025	<ul style="list-style-type: none">• COMMUNICATION: Involve/collaborate with Carmine for decision making about bowel function, toileting options, incontinence management. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of carmine for changes to health status, alteration of continence level or bowel function. Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) <ul style="list-style-type: none">• BOWEL Continence level is FREQUENTLY Incontinent,report changes to registered nurse.	PCA RN Registered Practical Nurse PCA Registered Practical Nurse PCA		
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)				
Facility	Arbour Creek Care Centre		Print Date	11/5/2025	
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Carmine is BOWEL INCONTINENCE related to dementia diagnosis and advance age. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		<p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> BOWEL MOVEMENT: Monitor Carmine for bowel movement each shift and document number of occurrences, size and consistency. <p>Date Initiated: 08/16/2025 Created on: 08/16/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Carmine uses LARGE PULL UPS during the day, evening and night shifts. <p>Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Grace Akah (RN) Revision on: 08/26/2025 Revision by: Grace Akah (RN)</p>	PCA		
<ul style="list-style-type: none"> URINARY INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	<ul style="list-style-type: none"> Carmine will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/12/2025</p>	<p>• COMMUNICATION: Involve/collaborate with carmine for decision making about toileting options or incontinence management.</p> <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize the holistic perspective of continuous monitoring of Carmine for toileting needs, changes to health status and alteration of continence level. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> URINARY Continence level is FREQUENTLY Incontinent. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025</p>	PCA RN Registered Practical Nurse	RN Registered Practical Nurse PCA	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> URINARY INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>		<p>Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/25/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> SCHEDULED TOILETING: <p>On Day Shift: Before breakfast, between 0730-0800 Between breakfast and lunch, between 1030-1130 After lunch, around 1400-1430</p> <p>On Evening Shift: Before dinner, around 1600-1630 After dinner, between 1930-2000 Before bed, between 2200-2230</p> <p>On Night Shift: When night shift staff arrive, check Carmine around 2330 and offer him to go to the toilet. Check Carmine between 0600-0630, if awake, assist to the bathroom if needed or help him change him .</p> <p>Date Initiated: 08/25/2025 Created on: 08/25/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/26/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Carmine uses Large Pull ups during day, evening and night shifts. <p>Date Initiated: 08/26/2025 Created on: 08/26/2025 Created by: Grace Akah (RN) Revision on: 08/26/2025 Revision by: Grace Akah (RN)</p>	PCA	
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Carmine's Medical Treatment and End of Life Care 	<ul style="list-style-type: none"> To support and honor carmine expressed wishes and beliefs through to the End of Life. 	<ul style="list-style-type: none"> CPR:Carmine wishes to have CPR and TRANSFER to hospital. <p>Date Initiated: 08/15/2025 Created on: 08/15/2025</p>	RN Registered Practical	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 11/12/2025	Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	Nurse	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse)	<ul style="list-style-type: none"> • Carmine will be supported to cope with changing functional abilities related to dementia diagnosis and have ADL care needs met each day through to the next review date. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 11/12/2025 • Carmine be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal 	<ul style="list-style-type: none"> • BATHING: carmine prefers shower on wednesday and sunday evening shift and Nail care to be provided on shower day. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • BED MOBILITY:Carmine requires 1 person limited assistance for bed mobility. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • DRESSING:Carmine requires 1 person limited assistance for dressing upper and lower body. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • EATING:Carmine is able to feed himself , requires set up help and cut up intervention from staff. supervise during meals. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) 	PCA	
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse)</p>	Kuriakose (Registered Nurse) Target Date: 11/12/2025	<ul style="list-style-type: none"> • LOCOMOTION:Carmine requires 1 person supervision during locomotion.(high falls risk) remind Carmine to use his walker all the time. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • PERSONAL HYGIENE:Carmine requires 1 person limited assistance for personal hygiene, encourage carmine for self participation in washing face, drying, etc, give one task at a time, provide clear instruction and assist. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • HAND HYGIENE: 1 staff to provide LIMITED assistance to use soap/water, apply sanitizer, rub hands together, dry hands, etc. for hand hygiene. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • TOILET USE: Carmine requires 1 person limited assistance toileting. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • TRANSFERRING:Carmine requires 1 person limited assistance for transfer , carmine uses his walker for mobility. Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • ORAL CARE:Carmine requires 1 person limited assistance with oral care. 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location
				Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse)</p>		<p>he has both upper and lower dentures.</p> <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> FOOT CARE:Foot Care Nurse to complete toenail care Report long toenails or other abnormalities as noted. <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> SHAVING -Carmine prefers shaving every day <p>Date Initiated: 08/14/2025 Created on: 08/14/2025 Created by: Jesus Bueno (Registered Practical Nurse) Revision on: 08/15/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	PCA	
			PCA	D

Allergies	No Known Allergies	D.O.B.	11/27/1940	Physician	Michael Joseph Schweitzer
Diagnosis	Unspecified dementia(F03), Hypotension, unspecified(I95.9), Benign hypertension(I10.0)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Iovio, Carmine (922141000362)	Admission Date	08/14/2025	Location	Jackson House 102 1

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<p>• Maki, Dianne experiencing episode of suspected vaginal infection, onset date November 05/2025. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse)</p>	<ul style="list-style-type: none"> To effectively treat and manage suspected vaginal infection by 11/19/2025. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) Target Date: 11/19/2025 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Diane/ her POA with decision making for suspected vaginal INFECTION treatment plan and update accordingly. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) • HEALTH EDUCATION: Engage with Diane/SDM to enhance their knowledge of infection control practices hand hygiene, visitation, PPEs, isolation, transmission, etc. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of monitoring Diane with suspected vaginal INFECTION for signs/symptoms, hydration status, overall health condition, process of healing, secondary infections, exacerbation of their chronic condition such as Diabetes etc until stable. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Ecttel Harding-Campbell (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Ecttel Harding-Campbell (Registered Practical Nurse) 			RN Registered Practical Nurse	RN Registered Practical Nurse
<p>• SPIRITUAL BELIEFS: Dianne is of the United Faith. Date Initiated: 09/10/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To provide Dianne spiritual support as interested through to the next review date. Date Initiated: 09/10/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/15/2025 	<ul style="list-style-type: none"> • SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing, Catholic Mass, Church Service, etc. Date Initiated: 09/10/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Dianne's right to decline participation in Spiritual Program. Date Initiated: 09/10/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 			Recreation Aide	Recreation Aide
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician	Nghi Truong Phan	
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension (I10.0), Osteoporosis, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre		Print Date	11/5/2025		
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location	Jackson House 104 1	
Last Care Plan Review Completed:	09/15/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: Dianne is of the United Faith. <p>Date Initiated: 09/10/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>		Revision by: Julie Lambert (Recreation Aide)		
<ul style="list-style-type: none"> • MODERATE PARTICIPATION in Activities held on the unit. <p>Date Initiated: 09/10/2025 Created on: 10/12/2021 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> • Dianne will be supported to maintain participation in activities related to personal choice ranged 15-20 times per month by the next review date. <p>Date Initiated: 09/10/2025 Created on: 10/12/2021 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/15/2025</p> <ul style="list-style-type: none"> • Dianne will maintain an ISE score of 2 by the next review date. <p>Date Initiated: 09/10/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> • STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as music, movies, parties, and socials. <p>Date Initiated: 09/10/2025 Created on: 10/12/2021 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching TV, conversing with peers, and listening to music. <p>Date Initiated: 09/10/2025 Created on: 10/12/2021 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • ASSISTANCE: Porter Dianne to and from programs. Seat Dianne facing away from windows and use large text. Due to vision issues related to cognitive impairment, describe to Dianne what we are doing 1 step at a time. <p>Date Initiated: 09/10/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • HELPFUL HINTS: <p>Dianne's husband lives on the 4th floor.</p>	Recreation Aide Recreation Aide PCA Recreation Aide Recreation Aide Recreation Aide	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • MODERATE PARTICIPATION in Activities held on the unit. <p>Date Initiated: 09/10/2025 Created on: 10/12/2021 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Dianne enjoys looking out the window and going for walks. Dianne has 2 children. Dianne enjoys listening to all types of music. Dianne loves to sing hymns. Date Initiated: 09/10/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • ONE to ONE: Provide her with individual visits for music, reminiscing and for conversation to help de-escalate responsive behaviour. <p>Date Initiated: 09/10/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • THERAPIES: Present Dianne with music therapy to improve comfort, identity, and fun. <p>Date Initiated: 09/10/2025 Created on: 12/08/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • FAMILY INVOLVEMENT: Husband visits a couple times a week on the floor. <p>Date Initiated: 09/10/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • MUSIC CARE APPROACH: Present Dianne with Community music, Music Care Specialists, Musicking, Music Programming, and Environmental Sound. <p>Date Initiated: 09/10/2025 Created on: 12/08/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>	PCA Recreation Aide Recreation Aide Recreation Aide Recreation Aide Recreation Aide	

Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician	Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location	Jackson House 104 1
Last Care Plan Review Completed:	09/15/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t fair food intake and good fluid intake, requires limited to total assist at meal times, nutritional supplementation, controlled diabetes, fragile skin, bowels managed via colostomy <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/06/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<ul style="list-style-type: none"> Dianne will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 07/26/2023 Revision by: Vinnie Noriega (RPN) Target Date: 12/15/2025</p> <ul style="list-style-type: none"> Will weigh within GWR of 62.6-75.6kg/BMI 24-29 through to next review date. H: 161.5cm <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 12/09/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/15/2025</p> <ul style="list-style-type: none"> Dianne will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1525mL @ 25mL/kg, 61kg through to next review date. <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 09/09/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> NUTRITION RISK: Resident is HIGH risk level. <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/06/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> DIET ORDER: Resident will receive Regular diet, Minced texture <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/19/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Resident drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 10/15/2021 Revision by: Nadia Malik (Dietitian)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Resident to drink 1220mL per day. <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 09/09/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian)</p> <ul style="list-style-type: none"> ADAPTIVE AIDS: Dianne requires <ol style="list-style-type: none"> blue lipped plate at meals. Two-handled cup for fluids and soups non-slip mat <p>Date Initiated: 11/09/2023 Created on: 11/09/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p>	<p>Dietitian (RD)</p> <p>PCA</p> <p>Diet PCA</p> <p>PCA</p> <p>Dietary aide PCA</p> <p>PCA</p>	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t fair food intake and good fluid intake, requires limited to total assist at meal times, nutritional supplementation, controlled diabetes, fragile skin, bowels managed via colostomy <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/06/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>		<p>Revision on: 09/24/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> MEDPASS SUPPLEMENTS: Provide 1. 237ml Boost Fruit beverage BID at BF and L (360kCal, 18g PRO) <p>Date Initiated: 10/15/2021 Created on: 10/15/2021 Created by: Nadia Malik (Dietitian) Revision on: 07/18/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	RN Registered Practical Nurse	
<ul style="list-style-type: none"> Alteration in skin integrity related to Open lesion lower right abdomen <p>Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of Diane's Open lesion lower right abdomen by next review date <p>Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Diane's Open lesion lower right abdomen for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Diane's /POA in decision making for treatment of skin issues. <p>Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate skin condition of Diane's Open 	Registered Practical Nurse RN	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Alteration in skin integrity related to Open lesion lower right abdomen <p>Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>		<p>lesion lower right abdomen weekly on Wednesday and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 04/08/2025 Created on: 04/08/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	Registered Practical Nurse	
<ul style="list-style-type: none"> Potential for altered skin healing, infection or complications related to moisture associated dermatitis around stoma. <p>Date Initiated: 10/21/2021 Created on: 10/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/08/2025 Revision by: Jaspreet Kaur (ADOC)</p>	<ul style="list-style-type: none"> To prevent skin irritation around stoma on abdomen until next review date <p>Date Initiated: 10/21/2021 Created on: 10/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/08/2025 Revision by: Jaspreet Kaur (ADOC) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Dianne regarding skin irritation around stoma on abdomen for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 10/21/2021 Created on: 10/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> Nursing treatment for Diane's skin irritation around stoma on abdomen <p>Clean the stoma and peristomal skin with a soft cloth and water Ensure stool is not present on her skin Allow the area to air dry Apply powder to denuded areas and dust off excess Apply barrier film spray to the peristomal skin and allow to dry Apply a barrier ring around the stoma Apply the flange first, ensuring that the opening is an appropriate size for the stoma, without leaving skin exposed Attach the pouch and ensure it is properly sealed Change appliance every 3 - 4 days (and PRN when there is evidence of stool leakage) (Use barrier sheet, barrier ring and 2 piece convatec flange with a pouch)</p> <p>Date Initiated: 10/21/2021 Created on: 10/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/08/2025</p>	Registered Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for altered skin healing, infection or complications related to moisture associated dermatitis around stoma. <p>Date Initiated: 10/21/2021 Created on: 10/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/08/2025 Revision by: Jaspreet Kaur (ADOC)</p>		<p>Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate Diane's skin irritation around stoma on abdomen once weekly every Fridays Report signs of impaired healing or worsening to Wound Care Lead and MD as needed. <p>Date Initiated: 10/21/2021 Created on: 10/21/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	RN Registered Practical Nurse	
<ul style="list-style-type: none"> Potential to experience discomfort/complications, pain, impaired mobility related to history of FRACTURE of (nasal bone). <p>Date Initiated: 01/14/2024 Created on: 01/14/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote optimal healing of FRACTURE of Nasal bone and pain management. <p>Date Initiated: 01/14/2024 Created on: 01/14/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/14/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with (Dianne)/SDM in decision making of fracture care management. <p>Date Initiated: 01/14/2024 Created on: 01/14/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Engage with (Dianne)/SDM to enhance her comprehension of (treatment, possible complications, etc.) associated with fracture. <p>Date Initiated: 01/14/2024 Created on: 01/14/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/28/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Dianne for management of fracture to nasal bone discomfort/ complications or changes to health status. <p>Date Initiated: 01/14/2024 Created on: 01/14/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/28/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> PAIN MANAGEMENT: for fracture prescribed and in place; refer to Pain Care Plan. <p>Date Initiated: 01/14/2024</p>	RN Registered Practical Nurse RN Registered Practical Nurse RN Registered Practical Nurse RN Registered Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience discomfort/complications, pain, impaired mobility related to history of FRACTURE of (nasal bone). <p>Date Initiated: 01/14/2024 Created on: 01/14/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Created on: 01/14/2024 Created by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to functional disorder. Diane has an ostomy and is frequently incontinent <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> Dianne will have bowel incontinence managed every shift through to the next review period <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne for decision making about ostomy management. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Dianne for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> BOWEL MOVEMENT: Check Ostomy bag if full with gas, release gas to avoid leaking and skin irritation. <p>Date Initiated: 10/13/2024 Created on: 10/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/13/2024</p>	<p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p> <p>PCA</p>	<p>D/E/N</p>
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to functional disorder. Diane has an ostomy and is frequently incontinent <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> COLOSTOMY/ILEOSTOMY: Diane has Colostomy. Change flange twice a week as per MD Order and PRN needs multiple appliance change due to non compliance and poor insight of care needs. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> OSTOMY BAG CHANGE: Check OSTOMY every shift; Empty contents of ostomy bag when 1/3 to 1/2 full of stool and release gas as needed. Report any redness, drainage or leaking of ostomy immediately if noted to Registered Staff. <p>Diane often unclips or removes her colostomy bag entirely and not seek assistance with re-applying. Diane will often forget that she has an ostomy that requires care. Staff are to re-approach Diane when these behaviours are present.</p> <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	PCA
<ul style="list-style-type: none"> Potential for Expressive Behaviour of wandering, VERBAL, PHYSICAL, and RESISTANCE to care needs nature related to Sundowning, Symptom Progression of Dementia/Alzheimer's disease. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote safety for Dianne and others during each episode of WANDERING, VERBAL, RESISTANCE to care needs through to the next review date <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Dianne/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Dianne for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse BSO - Internal Social Worker	PCA Registered Practical Nurse
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<ul style="list-style-type: none"> • PHYSICAL Behaviour: If Dianne attempts to hit, push or touches another resident or staff in harmful manner, immediately separate her from the co-resident/staff, remind her that it is not appropriate to be physical. Give Dianne space and monitor for her safety and others. Staff to monitor for triggers that may lead to physical behaviour. Date Initiated: 05/08/2023 Created on: 05/08/2023 Created by: Vinnie Noriega (Registered Practical Nurse) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) • TRIGGERS leading to VERBAL yelling, calling names as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention, other residents coming into her personal space and touching her and loud noises. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) • VERBAL Behaviour: If Dianne is heard yelling, swearing or calling others names; calmly remind her to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern, if the trigger is another resident, separate them and ensure that Dianne is given space to de-escalate. Report episode to Registered Staff. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) • TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat, refusing medication as expression of behaviour include confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process. Date Initiated: 10/06/2021 Created on: 10/06/2021 	PCA RN Registered Practical Nurse	PCA Registered Practical Nurse
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of wandering, VERBAL, PHYSICAL, and RESISTANCE to care needs nature related to Sundowning, Symptom Progression of Dementia/Alzheimer's disease. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> RESISTANCE to Care Need: If Dianne is refusing to bathe, change clothes, change ostomy appliance and/or take medications, re-approach in 10-15 minutes. Report episode to Registered Staff. <p>If Dianne is in pain provide PRN analgesic as per MD order. Document behaviors in progress note. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p> <ul style="list-style-type: none"> WANDERING: Permit Dianne to safely roam in common area. Redirect away from exit doors, elevator and/or other resident rooms as needed. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> DIVERSION ACTIVITY: Dianne responds well to listening to music, walking in hallway on home area, sitting quietly at table and talking with co-residents/staff/family members meaningfully as a method to calm or redirect energy. <p>Date Initiated: 01/11/2022 Created on: 01/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ENVIRONMENT: Diane is most calm with quiet 1:1 or small groups <p>Date Initiated: 07/31/2023 Created on: 07/31/2023 Created by: Christina Arpino (RSSW) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for therapeutic treatment of VERBAL, 	PCA Registered Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			Jackson House 104 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of wandering, VERBAL, PHYSICAL, and RESISTANCE to care needs nature related to Sundowning, Symptom Progression of Dementia/Alzheimer's disease. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>PHYSICAL as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach, quiet, calm and with simple one-step directions. Allow Dianne time and safe space to settle if she is becoming upset or behaviour is escalating. <p>Utilize GPA's "stop and go" method approach.</p> <p>Date Initiated: 01/11/2022 Created on: 01/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>	Practical Nurse	Registered Practical Nurse PCA
<ul style="list-style-type: none"> Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to Dementia with Wandering behavior, and impaired vision r/t cataracts. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/29/2024 Revision by: Grace Akah (RN)</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/11/2023 Revision by: Baljinder Braham (Nurse Clinician)</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM in decision making in fall prevention Plan of Care. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: high/low bed, wheelchair. <p>Date Initiated: 09/12/2025 Created on: 09/12/2025</p>	Registered Practical Nurse	PCA
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 12/15/2025	<p>Created by: Myrna Corpuz (RPN) Revision on: 09/12/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Secure environment with reduced clutter, night light on, bathroom signage to reduce fall risk for Dianne. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BED: place bed in lowest position to lower risk for injury. <p>Date Initiated: 01/23/2024 Created on: 01/23/2024 Created by: Grace Akah (RN) Revision on: 01/23/2024 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> • FOOTWEAR: Ensure Dianne wears appropriate footwear that is non-slip and well-fitting for all transfers and during ambulation. <p>Date Initiated: 12/06/2021 Created on: 12/06/2021 Created by: Paula White (Executive Director) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • FLOOR MAT: Position floor mat on floor next to left and right side of bed to lower risk of injury. <p>Date Initiated: 03/22/2024 Created on: 03/22/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 03/22/2024 Revision by: Richard Domingo (Registered Practical Nurse)</p>	PCA	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspecif...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to Dementia with Wandering behavior, and impaired vision r/t cataracts. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/29/2024 Revision by: Grace Akah (RN)</p>		<ul style="list-style-type: none"> • ALARMS: Dianne requires Bed/Chair alarm. New bed alarm provided on 3-Feb-2025 as previous one not working any longer. Check placement and working order. Staff to respond promptly to Dianne when alarm sounding. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 02/03/2025 Revision by: Chantelle Walker (ADOC) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) 	PCA	D/E/N
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and visual impairment. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> Dianne will have ALL ADL care tasks met each day through to the next review date Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025 	<ul style="list-style-type: none"> • BATHING: Dianne prefers a shower/bath on Wednesday Evenings and Saturday days and requires total assistance from 2 staff members. Nail care to be provided on shower/bath day. Make sure fingernails are trimmed and short. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator) • BED MOBILITY: Dianne requires EXTENSIVE assistance in bed. 2 staff to provide EXTENSIVE assistance for bed mobility as needed. Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) 	PCA	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • DRESSING: Dianne is able to choose clothing of choice. 2 staff to provide EXTENSIVE assistance with dressing. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • EATING: Dianne is able to choose food preferences. 1 staff to provide extensive assistance to feed Dianne at meal and snack time. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • LOCOMOTION: Dianne is able to fully weight bear with 2 person assistance. 1 staff to provide total assistance for locomotion on and off unit r/t impaired vision. Diane may require a wheelchair for locomotion if she is not feeling well/unsteady. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/05/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: Dianne requires 2 staff to provide total assistance with hygiene. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • HAND HYGIENE: 1 staff to provide extensive assistance to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator)</p>	PCA	PCA
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspecif...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			Jackson House 104 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and visual impairment. <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		<p>Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> TOILET USE: 2 staff to provide TOTAL assistance for toileting. <p>For Colostomy care: Dianne requires 2 staff total assistance to lay down on bed and complete the peri care and clean the skin around stoma, apt dry and apply the cream after each care.</p> <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> TRANSFERRING: Dianne requires TWO PERSONS ASSISTANCE WITH TRANSFERS. <p>Use WC for locomotion.Due to impaired eyesight,she needs constant verbal and tactile cueing.</p> <p>Date Initiated: 10/05/2021 Created on: 10/05/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/05/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> ORAL CARE: Dianne has her own teeth and needs one person total assistance with oral care. <p>Date Initiated: 12/23/2022 Created on: 12/23/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>	PCA	PCA
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, etc. related to progression of Alzheimer's. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023</p>	<ul style="list-style-type: none"> Dianne will be supported to maintain current communication abilities each day through to the review date. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Dianne/SDM to enhance their knowledge of change in health status affecting communication ability. 	Registered Practical Nurse	Registered Practical
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	<p>Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/15/2025</p> <ul style="list-style-type: none"> • Resident will be supported to make basic needs known each day through to the review date. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/15/2025</p>	<p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		Nurse
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of antipsychotic and antidepressant medications daily. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> To monitor for effectiveness and for side effects of medication used each day through to the next review date. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM in decision making and health teaching about medicinal regime and appropriate medication use. MONITORING: Utilize holistic perspective of continuous monitoring of Dianne using anti psychotic and antidepressant medications for changes to health status and alteration or complications affecting functioning or quality of life. MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/28/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p>	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location Jackson House 104 1
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of antipsychotic and antidepressant medications daily. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		<p>Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by sad affect with crying episode, persistent anger at care/facility, repetitive verbalizations and restlessness related to Loss of Independence, Inability to cope with change and progressive Alzheimer's. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> To decrease the episodic frequency of sad affect with crying episode, anger at care/facility and refusal to eat by next review date. DRS score will be less than 4 <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Provide education and support to Dianne/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Dianne for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Dianne quality of life. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021</p>	RN Registered Practical Nurse Practical Nurse Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location Jackson House 104 1
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/28/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • RESIDENT STRENGTHS: Build on Dianne effort to maintain control. Encourage her to express self, state preferences and make safe choices for care and activities. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Modify environment to support MOOD STABILITY reduce noise, open curtains, ambient lighting, preferred music, aroma therapy, etc. <p>Date Initiated: 05/16/2023 Created on: 05/16/2023 Created by: Christina Arpino (RSSW) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • FAMILY SUPPORT: Diane enjoys visits from her husband who also lives at the home. <p>Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Brittany Saini (RN) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • SLEEP/REST: Promote adequate sleep and rest to stability of Dianne's mood. Report changes in sleeping habits to Registered Staff as noted. <p>Date Initiated: 05/16/2023 Created on: 05/16/2023 Created by: Christina Arpino (RSSW) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication antidepressant for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator)</p>	PCA RN PCA RN PCA	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location Jackson House 104 1
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by sad affect with crying episode, persistent anger at care/facility, repetitive verbalizations and restlessness related to Loss of Independence, Inability to cope with change and progressive Alzheimer's. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		<p>Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Potential for chronic PAIN and alteration in comfort level related to sensitive skin around stoma site, osteoporosis and spinal stenosis. <p>Date Initiated: 12/06/2021 Created on: 12/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> To promote Diane's comfort and effectively manage chronic pain as episode occurs through to the next review date <p>Date Initiated: 12/06/2021 Created on: 12/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options <p>Date Initiated: 12/06/2021 Created on: 12/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Dianne satisfaction for pain control <p>Date Initiated: 12/06/2021 Created on: 12/06/2021</p>	Social Worker Registered Practical Nurse RN Registered Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			Jackson House 104 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Promote MDS Pain Score of 0 through to the next review <p>Date Initiated: 12/06/2021 Created on: 12/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/28/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> ALTERNATIVE THERAPY: consider non-pharmacological pain treatment therapies PCA to relieve pain (hot/cold packs, rest, topical creams/rubs, and/or massage to area(s) of pain). <p>Date Initiated: 05/15/2023 Created on: 05/15/2023 Created by: Christina Arpino (RSSW) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> REST: accommodate Diane's rest and relaxation preference <p>Date Initiated: 07/31/2023 Created on: 07/31/2023 Created by: Christina Arpino (RSSW) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer analgesic medication oral as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Date Initiated: 12/06/2021 Created on: 12/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	Registered Practical Nurse
<ul style="list-style-type: none"> Altered VISION r/t cataracts and impaired peripheral vision. <p>Date Initiated: 12/25/2023 Created on: 12/25/2023 Created by: Navpreet Sekhon (RN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> To treat and minimize complications of cataracts through to next review date. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM for decision making pertaining to change in visual status as needed. <p>Date Initiated: 12/25/2023 Created on: 12/25/2023 Created by: Navpreet Sekhon (RN) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Dianne/SDM to enhance their knowledge of Cataracts affecting vision. <p>Date Initiated: 12/26/2023 Created on: 12/26/2023</p>	RN Registered Practical Nurse	Registered Practical Nurse
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Dianne will be provided the support to navigate her environment safely and promote safety daily throughout the next review date. <p>Date Initiated: 12/25/2023 Created on: 12/25/2023 Created by: Navpreet Sekhon (RN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/15/2025</p>	<p>Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		
<ul style="list-style-type: none"> Sleep Patterns <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Dianne based on identified sleep patterns/preferences each night through to the next review date <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 2000, usual wake time 0600 <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> Potential for altered hematologic symptoms or complications related to diagnosis of IRON DEFICIENCY ANEMIA <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To treat and minimize complications associated with ANEMIA each day through to the next review date <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Diane's ANEMIA for complications or changes to health status. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated. 	Registered Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			Jackson House 104 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025	Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• MEDICATION: Administer medication for ANEMIA as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)	Practical Nurse	
• Potential for hypo/hyperglycemia and other complications related to diagnosis of Insulin-Dependent DIABETES Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)	• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025	• COMMUNICATION: Involve/ collaborate with Dianne/SDM in decision making of diabetes care management. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• HEALTH TEACHING: Engage with Dianne/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with DIABETES. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• MONITORING: Utilize holistic perspective of continuous monitoring of Dianne for management of HYPOGLYCEMIA/HYPERGLYCEMIA for changes to health status. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. Date Initiated: 10/06/2021	Registered Practical Nurse	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for hypo/hyperglycemia and other complications related to diagnosis of Insulin-Dependent DIABETES <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>		<p>Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer medication ORAL ANTIHYPERGLYCEMIC medication and/or INSULIN for DIABETES as per MD order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <p>• RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order.</p> <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <p>• LAB WORK: Monitor lab and diagnostic results for fasting blood glucose and HbA1c and report results to MD as needed. Follow up as indicated.</p> <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	RN Registered Practical Nurse
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Coronary Artery Disease, Hyperlipidaemia, Hypertension <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with Coronary Artery Disease, Hyperlipidaemia , Hypertension through to the next review date <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator)</p>	<p>• COMMUNICATION: Involve/collaborate with Dianne/SDM in decision making of Cardiac Care Management for Coronary Artery Disease, Hyperlipidaemia , Hypertension.</p> <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Dianne with regards to Coronary Artery Disease, Hyperlipidaemia, Hypertension for changes to</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<p>health status and alteration or complications affecting cardiac function Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for Coronary Artery Disease, Hyperlipidaemia, Hypertension as per MD Order and monitor for side effects. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	Nurse Registered Practical Nurse Registered Practical Nurse	
• URINARY mixed INCONTINENCE related to Dementia Diagnosis Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> Dianne will have urinary incontinence managed every shift through to the next review period <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Dianne/SDM for decision making about incontinence management. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Dianne for toileting needs, changes to health status and alteration of continence level. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • URINARY Continence level is FREQUENTLY Incontinent. Report to nurse any change to level as noted. 	Registered Practical Nurse Registered Practical Nurse PCA	
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • URINARY mixed INCONTINENCE related to Dementia Diagnosis Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN) 		<p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • INCONTINENCE PRODUCT: Dianne uses/wears size large briefs with mesh underwear during days, evenings and nights. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/25/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> • Risk for Impaired SKIN INTEGRITY related to Incontinence, Medical Condition; Diabetes Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) 	<ul style="list-style-type: none"> • To protect and maintain skin integrity each day through to the next review Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025 	<ul style="list-style-type: none"> • SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 08/11/2025 Created on: 08/11/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/11/2025 Revision by: Mihaela Devic (RAI Coord Back-up) • HEALTH EDUCATION: Engage Dianne/SDM in health education regarding prevention of skin impairment and management of frail skin and ostomy. Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) • EQUIPMENT: Diane requires air pressure reduction mattress,Roho cushion, positioning device, to offload pressure. Date Initiated: 08/11/2025 Created on: 08/11/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/11/2025 Revision by: Mihaela Devic (RAI Coord Back-up) 	PCA Registered Practical Nurse	D/E/N/PRN D/E/N/PRN
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Incontinence, Medical Condition; Diabetes <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> AIR MATTRESS: Diane has air mattress for pressure relief. The PSI SETTING should be Alternate 5 minutes cycle time and comfort adjusted on 1. Report issue with inflation to Registered Staff immediately as noted. <p>Date Initiated: 09/19/2025 Created on: 09/19/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/19/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> POSITIONING: Diane has Turn, reposition every 2 hours when in bed/wheelchair to offload pressure. <p>Date Initiated: 08/11/2025 Created on: 08/11/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/11/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> BARRIER CREAM: Apply skin barrier cream to perineal and inguinal area to protect against excessive moisture, after every incontinence episode and as needed. <p>Treatment to prevent irritation to peri stoma: apply Marathon liquid skin protectant to area. Notify wound Care lead if worsening</p> <p>Date Initiated: 01/11/2022 Created on: 01/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>	PCA RN Registered Practical Nurse	Q2h
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, poor judgement related to Alzheimer's Disease <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Dianne will cope with progressive cognitive decline and be supported to maintain safety each day through to the next review date. Current CPS score is 3 <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Dianne/SDM in decision making of Cognitive Loss for Alzheimer's Disease <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Dianne/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Alzheimer's Disease. <p>Date Initiated: 10/06/2021</p>	Registered Practical Nurse	RN Social Worker
Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location
Last Care Plan Review Completed:	09/15/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025	<p>Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ORIENTATION: Gently reorient to person, place, time, event as needed when Dianne is feeling lost or in confused state. <p>Date Initiated: 10/06/2021 Created on: 10/06/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA RN	
• Expressed Wishes and Beliefs related to Dianne Medical Treatment and End of Life care Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • To support and honor Dianne's expressed wishes and beliefs through to the End of Life <p>Date Initiated: 10/20/2021 Created on: 10/20/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"> • CPR: Dianne's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 11/17/2022 Created on: 11/17/2022 Created by: Gabrielle Wolfe (RN) Revision on: 12/20/2023 Revision by: Navpreet Sekhon (RN)</p>	RN	

Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician	Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspesific...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location	Jackson House 104 1
Last Care Plan Review Completed:	09/15/2025				

Care Plan Report

Diagnosis

Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Iron deficiency anaemia, unspecified(D50.9), Hyperlipidaemia, unspecified(E78.5), Cardiovascular disease, unspecified(I51.6), Spinal stenosis, lumbar region(M48.06), Post COVID-19 condition(U07.4)

Allergies	Fentanyl, Heparin, Metformin	D.O.B.	07/15/1942	Physician	Nghi Truong Phan
Diagnosis	Type 2 diabetes mellitus without (mention of) complications(E11.9), Hypothyroidism, unspecified(E03.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Osteoporosis, unspecif...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Maki, Dianne (922141000193)	Admission Date	10/05/2021	Location	Jackson House 104 1
Last Care Plan Review Completed:	09/15/2025				

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> Ambulation <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 08/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> to improve walking distance from 100 meters to 150-200 meters using rollator walker in 3 months <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 05/28/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 11/29/2025</p>	<ul style="list-style-type: none"> to ambulate Assist x1 100-150 meters using rollator walker <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 05/28/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<ul style="list-style-type: none"> SPIRITUAL BELIEFS: Shenaz is of the Muslim Faith. <p>Date Initiated: 08/25/2025 Created on: 05/22/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To provide Shenaz spiritual support as interested through to the next review date. <p>Date Initiated: 08/25/2025 Created on: 05/22/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/29/2025</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including prayer service, spiritual service, Mandala Monday, etc. <p>Date Initiated: 08/25/2025 Created on: 05/22/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> PERSONAL CHOICE: Respect Shenaz right to decline participation in Spiritual Program. <p>Date Initiated: 08/25/2025 Created on: 05/22/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p>			Recreation Aide Recreation Aide	
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Cognitive Limitation <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> Team members will support Shenaz in decreasing social isolation by participating in activities of personal choice for 20-25 times per month by the next review date. <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert</p>	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite her to programs of personal interest; music programs, dominos, walking programs, montessori, doll therapy, socials, etc. <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching TV in own room, walking, conversing with peers, listening to music, 			Recreation Aide Recreation Aide	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician	Nachwa Ghobara	
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)					
Facility	Arbour Creek Care Centre			Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location	Jackson House 109 2	
Last Care Plan Review Completed:	08/29/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>(Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/29/2025</p> <ul style="list-style-type: none"> • Shenaz will maintain an ISE score of 5 by the next review date. Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/29/2025 • To support Shenaz Psycho-Social well being through to the next review. Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/29/2025 	family visits, etc. Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) <ul style="list-style-type: none"> • ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in elevator, Walk with, Guide to and Cue Direction. Shenaz has a fear of falling. Walk beside Shenaz at all times and hold arm when needed to make her feel safe. Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) <ul style="list-style-type: none"> • HELPFUL HINTS: Shenaz was born in Tanzania. Shenaz worked as an ICU nurse. Shenaz met her husband Peter in nursing school in England. Shenaz and her husband came to Canada in the 70's Shenaz enjoys playing Bingo, spending time with family, doll therapy, music therapy, getting pampered (manicures, hair care, etc.) Shenaz loves animals, especially cats. Has a dog named Ollie. Has a stuffed animal in her room that looks like Ollie. Shenaz enjoys listening to Bollywood music and movies. She especially loves those with Shah Rukh Khan. Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) <ul style="list-style-type: none"> • ONE to ONE: Provide her with individual visits for conversation, reminiscing, manicures, music, etc. Date Initiated: 08/25/2025 Created on: 06/02/2025	Recreation Aide	Recreation Aide
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			Jackson House 109 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Cognitive Limitation <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SENSORY STIMULATION: Provide her with Sensory Stimulation for Hand Massage, Tactile Books, Snoezelen Activity, Reading Aloud, Sensory Pictures, etc. <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> THERAPIES: Present Shenaz with music therapy, aromatherapy, music medicine and/or sound bathing to improve comfort, identity, inclusion, occupation, and fun. <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> FAMILY INVOLVEMENT: Family are very involved and come visit frequently. <p>Date Initiated: 08/25/2025 Created on: 06/02/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present Shenaz with Community music, Music Care Specialists, Musicking, Music Programming, and Music Technology such as Ipad utilizing her favourite music; Bollywood music and anything from Shah Rukh Khan. 	Recreation Aide	Recreation Aide
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE nutrition risk rt BMI >35, requires limited assist, good intakes, dementia, good hydration and regular BMs <p>Date Initiated: 05/28/2025</p>	<ul style="list-style-type: none"> Shenaz will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 05/28/2025</p>	<ul style="list-style-type: none"> NUTRITION RISK: Shenaz is MODERATE nutrition risk <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/22/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Dietitian (RD)	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/22/2025 Revision by: Alexandra Breau (Dietitian (RD))	<p>Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/28/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/29/2025</p> <ul style="list-style-type: none"> • Will weigh within GWR of 76-86kg/BMI 34-39 through to next review date. <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/28/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/29/2025</p> <ul style="list-style-type: none"> • Shenaz will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1728mL @ 1mL/kcal @20kcal/kg, 86.4kg through to next review date. <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/28/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 11/29/2025</p>	<p>Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • DIET ORDER: Shenaz receives regular diet, regular texture, thin fluids NO PORK, and food cut up into bite sized pieces -Offer finger foods and softer regular options <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/05/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • FLUID CONSISTENCY: Shenaz drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/28/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • FLUID TARGET: Encourage Shenaz to drink at least 1382mL/d <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/28/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. <p>Date Initiated: 09/02/2025 Created on: 09/02/2025 Created by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • DINING INSTRUCTIONS: Cut into bite sized pieces <p>Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/28/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	PCA	PCA
• Potential for Expressive Behaviour of	• To promote safety for Shenaz	• COMMUNICATION: Involve/collaborate with Shenaz's POA about identified Risk of	Registered Practical Nurse	Registered
Allergies	No Known Allergies	D.O.B.	02/17/1951	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			Jackson House 109 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
WANDERING, RESISTANCE to care related to Symptom Progression of Dementia Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/15/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	and others during each episode of Expressive Behaviour through to the next review date. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025 • Shenaz will be supported to adjust to her new environment to lower risk of triggering former (WANDERING, RESISTIVE TO CARE) behaviour episodes through to the next review. Date Initiated: 06/03/2025 Created on: 06/03/2025 Created by: Monika Musan (Social Services Worker) Revision on: 06/03/2025 Revision by: Monika Musan (Social Services Worker) Target Date: 11/29/2025	Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) • ASSESS/MONITOR: Utilize the holistic perspective of continuous monitoring of Shenaz for indications to change in or for escalating expressive behaviour risk. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) • VERBAL Behaviour: If Shenaz is heard yelling, swearing or calling others names; calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern. Report episode to Registered Staff. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) • RESISTANCE to Care Need: If Shenaz is declining to bathe, change clothes, take medications, eat, etc.) re-approach in 10-15 minutes. Report episode to Registered Staff. EXPLAIN what you are doing prior to doing it. Exhibit patience. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 06/06/2025 Revision by: Monika Musan (Social Services Worker) • WANDERING: Permit Shenaz to safely room in the common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025	Practical Nurse BSO - Internal Social Worker PCA Registered Practical Nurse RN Registered Practical Nurse PCA Registered Practical Nurse RN PCA Registered Practical Nurse PCA	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of WANDERING, RESISTANCE to care related to Symptom Progression of Dementia <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/15/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach, exhibit patience, music therapy as intervention when needed. Contact family if needed. <p>Date Initiated: 06/03/2025 Created on: 06/03/2025 Created by: Monika Musan (Social Services Worker) Revision on: 06/03/2025 Revision by: Monika Musan (Social Services Worker)</p>	Registered Practical Nurse PCA Social Worker	
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Medical Condition unspecified dementia Excessive Moisture, Frailty <p>Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 07/23/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Mihaela Devic (RAI Coord Back-up) Target Date: 11/29/2025</p>	<ul style="list-style-type: none"> SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. <p>Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 07/23/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Engage Shenaz/POA in health education regarding prevention of skin impairment and management of the skin issue <p>Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 07/23/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> BARRIER CREAM: Apply skin barrier silicone blue cream from medline to perineal 	PCA Registered Practical Nurse PCA	D/E/N/PRN D/E/N/PRN D/E/N/PRN
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location Jackson House 109 2
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Medical Condition unspecified dementia Excessive Moisture, Frailty Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 07/23/2025 Revision by: Mihaela Devic (RAI Coord Back-up) 		<p>area to safeguard against excessive moisture after incontinence episode</p> <p>Date Initiated: 07/23/2025 Created on: 07/23/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 07/23/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>		
<ul style="list-style-type: none"> Balance and strengthening Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 05/28/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) 	<ul style="list-style-type: none"> Improve/maintain strength in next 3 months Improve/maintain functional mobility in next 3 months to improve standing and sitting dynamic balance in 3 months. Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 11/29/2025 	<ul style="list-style-type: none"> Walking with one person assist using RW, 100-150 meters, as tolerated Sitting/standing forward backward, side to side shift with 1 P Supervision, keep a walker within reach, 3-5 reps x 1-2 sets, as tolerated. UE and LE strengthening with light resistance(Dumbbells , theraband): 8-10 reps, 1-2 sets, as tolerated Sit to stand exercises, holding a grab bar with one person assist - 3-5 repetitions 1-2 sets, as tolerated Date Initiated: 05/28/2025 Created on: 05/28/2025 Created by: Rujuta Thakkar (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) 	PT - Physiotherapi st PTA	
<ul style="list-style-type: none"> Potential for PAIN and alteration in comfort level related to dementia, other Condition/Attributing Factors and indicate the usual location where the resident feels pain. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote shenaz comfort and effectively manage her pain as the episode occurs through to the next review. Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Shenaz /SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 08/24/2025 Revision by: Myrna Corpuz (RPN) MONITORING: Utilize holistic perspective to continually assess appropriateness of RN 	Registered Practical Nurse RN	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)	<p>Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse) Target Date: 11/29/2025</p> <ul style="list-style-type: none"> To promote shenez comfort and effectively manage PERSISTENT pain each day through to the next review. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse) Target Date: 11/29/2025</p>	<p>pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p> <p>NON VERBAL CUES of PAIN for shenaz include - facial grimacing, tight fists, crying, sweating, wringing of hands, refusing to eat, wanting to go to bed. Report these to Registered staff when observed.</p> <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 08/24/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> REST: accommodate resident rest and relaxation <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 08/24/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Date Initiated: 08/24/2025 Created on: 08/24/2025 Created by: Myrna Corpuz (RPN) Revision on: 08/24/2025 Revision by: Myrna Corpuz (RPN)</p>	<p>Registered Practical Nurse</p> <p>PCA RN Registered Practical Nurse</p> <p>RN</p> <p>Registered Practical Nurse RN</p>	
• Potential to experience alteration in CARDIAC FUNCTION related to; Arrhythmia Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with Cardiac Arrhythmia through to the next review date. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p>	<ul style="list-style-type: none"> HEALTH TEACHING: Engage with Shenaz/SDM to enhance her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with Cardiac Arrhythmia. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Shenaz /SDM in decision making of 	RN Registered Practical Nurse	Registered
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse) Target Date: 11/29/2025</p>	<p>Cardiac Care Management for (specify diagnosis). Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse) Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident with (Specify cardiac condition) for changes to health status and alteration or complications affecting cardiac function. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for (specify Etiology/Diagnosis) as per MD Order and monitor for side effects. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> OXYGEN: Administer Oxygen as per MD order. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p> <p>Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p> <p>Revision on: 05/21/2025 Revision by: Ifeyinwa Onyia (Registered Nurse)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results for (specify type of lab work) and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ifeyinwa Onyia (Registered Nurse)</p>	Practical Nurse RN	Registered Staff
• Increased risk for FALLS related to	• To promote safety, minimize	• COMMUNICATION: Involve/collaborate with Shenaz and POA in decision making	RN	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			Jackson House 109 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
forgetfulness . Limitation of cognitive function and dementia. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)	risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025	in fall prevention Plan of Care Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/04/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) <ul style="list-style-type: none"> • CALL BELL: Place call bell within Shenaz reach. check that it is in working order and remind/encourage to use it. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/21/2025 Revision by: Grace Akah (RN) <ul style="list-style-type: none"> • ADAPTIVE AIDS: Place adaptive aid/needed objects within easy reach of Shenaz. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) <ul style="list-style-type: none"> • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment:high/low bed, walker. Date Initiated: 06/03/2025 Created on: 06/03/2025 Created by: Myrna Corpuz (RPN) Revision on: 06/03/2025 Revision by: Myrna Corpuz (RPN) <ul style="list-style-type: none"> • ENVIRONMENT: Secure environment reduce clutter, quiet environment to reduce fall risk for Shenaz. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/21/2025 Revision by: Grace Akah (RN) <ul style="list-style-type: none"> • BED: place bed in lowest position to prevent for injury. Date Initiated: 05/20/2025 Created on: 05/20/2025	PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to forgetfulness . Limitation of cognitive function and dementia. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		<p>Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • ACTIVITY: Engage Shenaz in meaningful activity to decrease boredom and or restlessness. Resident likes to: play music of her choice,nail paint. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • TOILETING: Follow individual toileting plan to minimize unsafe self attempts to use toilet. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • FOOTWEAR: Ensure Shenaz wears appropriate footwear for transfers, ambulation. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • FLOOR MAT: Position floor mat on floor next to left side of bed to lower risk of injury. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	PCA Recreation Manager	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			Jackson House 109 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to forgetfulness . Limitation of cognitive function and dementia. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		<ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 06/03/2025 Created on: 06/03/2025 Created by: Myrna Corpuz (RPN) 		Registered Staff
<ul style="list-style-type: none"> Sleep Patterns; <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Shenaz based on identified sleep patterns/preferences each night through to the next review date. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 2000-1100 usual wake time 0700 and daytime naps. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) 		PCA
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			Jackson House 109 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Sleep Patterns; Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) 	(Registered Nurse) Target Date: 11/29/2025			
<ul style="list-style-type: none"> BOWEL Continence - Shenaz is continent and has self recognition of urge to defecate. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) 	<ul style="list-style-type: none"> Shenaz to remain continent of bowels through next review date Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025 	<ul style="list-style-type: none"> BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) SELF TOILETING: Shenaz toilets self for bowel movements. Each shift asks if she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) 	PCA	
<ul style="list-style-type: none"> URINARY INCONTINENCE related to Dementia Diagnosis Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) 	<ul style="list-style-type: none"> Shenaz will have urinary incontinence managed every shift through to the next review period. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Shenaz POA for decision making about toileting options or incontinence management. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) MONITORING: Utilize holistic perspective of continuous monitoring of Shenaz for toileting needs, changes to health status and alteration of continence level. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) 	Registered Practical Nurse RN PCA	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level PCA as noted. Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) • SCHEDULED TOILETING: Toilet Shenaz on scheduled timings and PRN PCA Before breakfast, between 0730-0800 Between breakfast and lunch, between 1030-1130 After lunch, around 1400-1430 On Evening Shift: Before dinner, around 1600-1630 After dinner, between 1930-2000 Before bed, between 2200-2230 On Night Shift: When night shift staff arrive, SHENAZ Irene around 2330 and offer her to go to the toilet. Check SHENAZ between 0600-0630, if awake, assist to the bathroom if needed or help her change her incontinent product. Date Initiated: 05/21/2025 Created on: 05/21/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/21/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • INCONTINENCE PRODUCT: Shenaz uses a size large incontinence brief. PCA Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 06/05/2025 </p>		
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> URINARY INCONTINENCE related to Dementia Diagnosis <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		Revision by: Chantelle Walker (ADOC)		
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by agitation as sundowning related to Dementia <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> To decrease the episodic frequency of negative Mood symptoms by next review date. DRS score will be less than (state current DRS score). <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Shenaz's POA about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Provide education and support to Shenaz pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Shenaz for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Shenaz's quality of life. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025</p>	Registered Practical Nurse RN RN Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by agitation as sundowning related to Dementia <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		<p>Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> DISTRACTION ACTIVITIES: Shenaz can be calmed doing activities of interest including listening to music, doll therapy, nail paints, etc.) <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FAMILY SUPPORT: Shenaz enjoys visits from family members and friends. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	Registered Practical Nurse PCA	RN Registered Practical Nurse PCA
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> Shenaz will cope with cognitive decline and be supported to maintain safety each day through the review date. Current CPS score is (SPECIFY; 2, 3, or 4). <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025</p>	<p>COMMUNICATION: Involve/collaborate with Shenaz's POA in decision making of Cognitive Loss for dementia.</p> <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Shenaz or POA to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of dementia. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> ORIENTATION: Gently reorient to person, place, time as needed when Shenaz is feeling lost or in a confused state. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	Registered Practical Nurse Social Worker	RN Registered Practical Nurse PCA
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Dementia. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		<p>Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> PERSONAL ROUTINE: Provide consistency in care routine and activities such as getting changed, drinking coffee, feeding breakfast, lunch and Supper, napping after meals. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> CUE TASKS: Break tasks into manageable subtasks, Shenaz can comprehend and follow 1-2 steps at a time. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	PCA	Registered Practical Nurse PCA
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> Shenaz will be supported to maintain current self participation in ADL care for dressing, toileting, locomotion, transferring, bathing and assisted to ensure all ADL care needs are met each day through to the next review date. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025</p>	<ul style="list-style-type: none"> BATHING: Shenaz prefers shower/bath on Monday morning and Friday evening. Nail care to be provided on shower/bath day. <p>Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> BED MOBILITY: Shenaz requires 1 person LIMITED, assistance for bed mobility. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> DRESSING: Shenaz requires EXTENSIVE assistance for upper body and MAXIMAL assistance for lower body dressing . <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • EATING:Shenaz requires 1 PERSON LIMITED ASSISTANCE for eating. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • LOCOMOTION: Shenaz requires 1 person LIMITED, assistance for locomotion on and off unit. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: Shenaz requires 2 person EXTENSIVE assistance to complete personal hygiene task. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • HAND HYGIENE:Shenaz requires 1 staff assistance to use soap/water,apply sanitizer,rub hands together,dry hands for hand hygiene. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • TOILET USE: Shenaz requires 1 person limited assistance for toileting. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • TRANSFERRING: Shenaz requires 1 staff to provide EXTENSIVE assistance for transferring. 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)			Nachwa Ghobara
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location
Last Care Plan Review Completed:	08/29/2025			Jackson House 109 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse)</p>		<p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • ORAL CARE: Shenaz has TEETH and requires 1 staff to provide limited assistance for oral care. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • FOOT CARE: Foot Care Nurse to complete toenail care . Report long toe nails or other abnormalities as noted. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>		PCA
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Shenaz Medical Treatment and End of Life Care <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	<ul style="list-style-type: none"> • To support and honor Shenaz expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 11/29/2025</p>	<ul style="list-style-type: none"> • CPR: POA wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 05/20/2025 Created on: 05/20/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/20/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p>	RN Registered Practical Nurse	

Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)				
Facility	Arbour Creek Care Centre				
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location	Jackson House 109 2
Last Care Plan Review Completed:	08/29/2025				

Care Plan Report

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Allergies	No Known Allergies	D.O.B.	02/17/1951	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Osteoporosis, unspecified(M81.9), Cardiac arrhythmia, unspecified(I49.9)				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Mentz, Shenaz (922141000356)	Admission Date	05/20/2025	Location	Jackson House 109 2
Last Care Plan Review Completed:	08/29/2025				

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> SPIRITUAL BELIEFS: Betty does not practice a religion. <p>Date Initiated: 07/31/2025 Created on: 04/05/2022 Created by: ruby sanger (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To respect Betty's choice in not practicing a religion. <p>Date Initiated: 07/31/2025 Created on: 04/05/2022 Created by: ruby sanger (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> PERSONAL CHOICE: Respect Betty's right to decline participation in Spiritual Program. <p>Date Initiated: 07/31/2025 Created on: 04/05/2022 Created by: ruby sanger (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p>			Recreation Aide	
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Cognitive Limitation. <p>Date Initiated: 07/31/2025 Created on: 04/03/2020 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> Team members will support Betty in decreasing social isolation by participating in activities of personal choice 2-3 times per week as tolerated by the next review date. <p>Date Initiated: 07/31/2025 Created on: 04/03/2020 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/25/2025</p> <ul style="list-style-type: none"> Betty will maintain ISE score of 3 by the next review date <p>Date Initiated: 07/31/2025 Created on: 04/03/2020 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite Betty to programs of personal interest; manicures, sensory based programs (feel & fold, montessori) & music based programming (sing along, music appreciation). <p>Date Initiated: 07/31/2025 Created on: 04/03/2020 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage Betty to engage in self-directed activities such as: doll therapy, playing montessori games, listening to radio in her room (country) & looking outdoors. <p>Date Initiated: 07/31/2025 Created on: 04/03/2020 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in elevator, porter, Guide to, Cue Direction and Reminders. <p>Date Initiated: 07/31/2025 Created on: 04/05/2022 Created by: ruby sanger (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> HELPFUL HINTS: -Betty used to enjoy knitting in her spare time and would often make her kids and 		Recreation Aide	Recreation Aide	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician	Michael Joseph Schweitzer	
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre			Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location	Jackson House 107 1	
Last Care Plan Review Completed:	08/25/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> At Risk for SOCIAL ISOLATION and alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Cognitive Limitation. <p>Date Initiated: 07/31/2025 Created on: 04/03/2020 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)</p>		grandchildren scarves and other knit projects for holidays. -Betty enjoyed volunteering in her spare time prior to admission. -Betty is extremely friendly and enjoys conversing with co-residents and staff. -Betty has an attention span of 5-10min Date Initiated: 07/31/2025 Created on: 04/05/2022 Created by: ruby sanger (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide) <ul style="list-style-type: none"> SENSORY STIMULATION: Provide her with Sensory Stimulation for hand massages, manicures, feel & fold and music based programming (sing along/music appreciation). Date Initiated: 07/31/2025 Created on: 04/05/2022 Created by: ruby sanger (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide) <ul style="list-style-type: none"> THERAPIES: Present Betty with music therapy and aromatherapy to improve comfort, identity, and inclusion. Date Initiated: 07/31/2025 Created on: 10/30/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide) <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present Betty with Community music, Music Care Specialists, Musicking, and Music Programming. Date Initiated: 07/31/2025 Created on: 10/30/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 07/31/2025 Revision by: Julie Lambert (Recreation Aide)	Recreation Aide	Recreation Aide
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t Good food and fluid intake, bowel management w/ fibre intervention, stable wt, controlled DM, Hx Chewing difficulties 	<ul style="list-style-type: none"> Betty will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 05/24/2021</p>	<ul style="list-style-type: none"> NUTRITION RISK: Betty is at MODERATE risk level. <p>Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 10/05/2023</p>	Dietitian (RD)	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
r/t no teeth Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 10/30/2024 Revision by: Anika Dhalla (Dietitian (RD))	<p>Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator)</p> <p>Revision on: 01/22/2022 Revision by: Melissa Pascua (RAI Coordinator)</p> <p>Target Date: 11/25/2025</p> <ul style="list-style-type: none"> Will weigh within GWR of 70.2-81.9kg/BMI 28-33 through to next review date. h=171cm <p>Date Initiated: 04/05/2022 Created on: 04/05/2022 Created by: Maria Sokolova (Dietitian)</p> <p>Revision on: 10/30/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>Target Date: 11/25/2025</p> <ul style="list-style-type: none"> Betty will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1978mL @ 25mL/kg, 79.1kg through to next review date. <p>Date Initiated: 04/05/2022 Created on: 04/05/2022 Created by: Maria Sokolova (Dietitian)</p> <p>Revision on: 01/29/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>Target Date: 11/25/2025</p> <ul style="list-style-type: none"> Resident will have regular bowel movements q1-3days 	<p>Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> DIET ORDER: Betty will receive Regular diet, Puree texture <p>Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator)</p> <p>Revision on: 04/11/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> THICKENED FLUIDS: Mary drinks thickened fluids at Pudding-thickened fluids (EX4) consistency. <p>Date Initiated: 01/24/2024 Created on: 01/24/2024 Created by: Anika Dhalla (Dietitian (RD))</p> <p>Revision on: 04/11/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Betty to drink a minimum of 1582mL/day <p>Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator)</p> <p>Revision on: 01/29/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> EXTRA FLUIDS: Offer a minimum of 125ml fluid QID of meals and snacks daily. <p>POC task</p> <p>Date Initiated: 01/03/2024 Created on: 01/03/2024 Created by: Anika Dhalla (Dietitian (RD))</p> <p>Revision on: 01/03/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> DINING INSTRUCTIONS: <ol style="list-style-type: none"> Moisten food with gravy. 90degrees at meals staying upright for 30-60mins post meal provide ongoing adjustment during meal time to ensure proper positioning <p>Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator)</p> <p>Revision on: 12/16/2024</p>	PCA	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t Good food and fluid intake, bowel management w/ fibre intervention, stable wt, controlled DM, Hx Chewing difficulties r/t no teeth <p>Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 10/30/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>through to next review period</p> <p>Date Initiated: 02/08/2025 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician) Target Date: 11/25/2025</p>	<p>Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> LOW CALORIE: Offer diet drinks instead of regular juices at meals and snacks (also aiding with blood sugar control) <p>Date Initiated: 07/12/2022 Created on: 07/12/2022 Created by: Kelsey Sobkowich (Dietitian) Revision on: 07/12/2022 Revision by: Kelsey Sobkowich (Dietitian)</p> <ul style="list-style-type: none"> HIGH FIBRE: Offer <ol style="list-style-type: none"> 1. 125ml Prune juice (EX4) BID at breakfast and lunch. <p>Date Initiated: 05/24/2021 Created on: 05/24/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 04/11/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> HIGH FIBRE: <ol style="list-style-type: none"> 2. 1 tbsp ground flaxseed @ Breakfast in cereal or yogurt (depending on Resident preference) <p>Date Initiated: 10/05/2023 Created on: 10/05/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/31/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	Diet PCA PCA	BLD
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of use of anti-psychotic medications. <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> Betty will experience decreased symptoms with appropriate medication regime. <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> Educate Betty/family/caregivers about medications; doses, schedules, expectations, goals of treatment, monitoring plan and adverse effects of medication. <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Review use of psychotropics quarterly and as needed <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse Registered Practical Nurse	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<ul style="list-style-type: none"> Initiate med review if any of the following conditions arise: fatigue, depression, delirium, recent cognitive decline, falls, nausea, recent hospitalizations, weight loss, loss of appetite, non-specific complaints "I don't feel well" or "I am not myself" <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
<ul style="list-style-type: none"> Use of PASD tilt wheelchair to assist Betty with Activity of Daily Living (promote comfort in wheelchair). <p>Date Initiated: 07/01/2024 Created on: 07/01/2024 Created by: Navpreet Sekhon (RN) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> Betty will be effectively supported with use of (Tilt wheelchair PASD) to optimize Activity of Daily Living (Tilt wheelchair) each day through to the next review date. <p>Date Initiated: 07/01/2024 Created on: 07/01/2024 Created by: Navpreet Sekhon (RN) Revision on: 07/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> HEALTH EDUCATION: Engage with Betty/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (Tilt wheelchair). MONITORING: Utilize holistic perspective of monitoring Betty for continued benefit to use tilt wheelchair for comfort as a PASD. TILTED CHAIR in USE as a PASD to support Betty with comfort position. Monitor every shift. <p>Date Initiated: 07/01/2024 Created on: 07/01/2024 Created by: Navpreet Sekhon (RN) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	RN Registered Practical Nurse	D/E/N
<ul style="list-style-type: none"> Potential for expressive behaviour of physical, verbal and sexual nature. Betty 	<ul style="list-style-type: none"> Betty will exhibit fewer episodes of wandering, 	<ul style="list-style-type: none"> Behaviour management plan- PHYSICAL BEHAVIOURS: Keep routine consistent. Keep caregivers consistent whenever possible. Preserve privacy during care, provide 	PCA Registered Practical	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
will disrobe her clothes. She will also resist care and medications at times. At times she will swear and push staff away. This is related to cognitive decline and diagnosis of bi-polar disorder Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 06/15/2024 Revision by: Shirly Nasufi (Registered Nurse)	<p>swearing, social inappropriate behaviours of disrobing and resisting care by the next review date.</p> <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p> <ul style="list-style-type: none"> • To decrease episodic frequency of Expressive Behaviour by next review date. ABS score will remain at 0 <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<p>warm blanket. If resistive to care, withdraw and try again in 10 to 15 minutes</p> <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Behaviour management plan: Communication- one person at a time to talk to Betty; approach Betty from the right side; position self at Betty's eye level when communicating; speak in a calm tone; do not argue with Betty instead clarify her statements; use non-verbal gestures as required. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Praise any indication of progress/improvement in behavior <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Betty/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. <p>Date Initiated: 01/03/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Betty for indications to change in or for escalating expressive behaviour risk. <p>Date Initiated: 01/03/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Nurse PCA Registered Practical Nurse Registered Practical Nurse BSO - Internal Social Worker	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for expressive behaviour of physical, verbal and sexual nature. Betty will disrobe her clothes. She will also resist care and medications at times. At times she will swear and push staff away. This is related to cognitive decline and diagnosis of bi-polar disorder <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 06/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<ul style="list-style-type: none"> • TRIGGERS leading to PHYSICAL Pushing, as expression of behaviour, include frustration, confusion, invasion of personal space, startling from sleep, personal care <p>Date Initiated: 01/03/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PHYSICAL Behaviour: If Betty is attempting to push or hit; then staff are to move back from her reach. Calmly indicate that care will continue when she is calm/ready. <p>Seek Registered Staff assistance. Date Initiated: 01/03/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TRIGGERS leading to VERBAL swearing as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention <p>Date Initiated: 01/03/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • VERBAL Behaviour: If Betty is heard swearing; calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern or redirect her to more positive activity. Report episode to Registered Staff. <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, as expression of behaviour include confusion, misunderstanding care needs, poor judgement <p>Date Initiated: 04/28/2023 Created on: 04/28/2023</p>	PCA Registered Practical Nurse	PCA
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for expressive behaviour of physical, verbal and sexual nature. Betty will disrobe her clothes. She will also resist care and medications at times. At times she will swear and push staff away. This is related to cognitive decline and diagnosis of bi-polar disorder <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 06/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> RESISTANCE to Care Need: If Betty is refusing to bathe, change clothes, take medications, eat, etc. re-approach in 10-15 minutes. Report episode to Registered Staff <p>Date Initiated: 01/07/2022 Created on: 01/07/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRIGGERS leading to SOCIALLY Inappropriate disrobing, as expression of behaviour include confusion, decreased insight, poor judgement, limitation in communication <p>Date Initiated: 01/03/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SOCIALLY Inappropriate Behaviour: If Betty is noted to be disrobing in common areas then gently redirect her to focus on task at hand or escort to quieter, more private area. <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SEXUAL Behaviour: Betty had one incident of unwanted touching of other resident's PCA breasts. Redirect Betty or get her to sit arm's length away from co-residents in groups. Report episode to Registered Staff. <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> DIVERSION ACTIVITY: Betty responds well to listening to music as a way to calm 	PCA Registered Practical Nurse	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for expressive behaviour of physical, verbal and sexual nature. Betty will disrobe her clothes. She will also resist care and medications at times. At times she will swear and push staff away. This is related to cognitive decline and diagnosis of bi-polar disorder <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 06/15/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>her.</p> <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> ENVIRONMENT: Betty is most calm with adequate lighting, door open, quiet area, small groups. <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for therapeutic treatment of Mood, as per MD Order. Monitor effectiveness and for side effects. <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach with clear instructions and positive attitude, and do not rush Betty <p>Date Initiated: 01/07/2022 Created on: 01/07/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Recreation Aide Registered Practical Nurse	PCA Registered Practical Nurse
<ul style="list-style-type: none"> Sleep Patterns <p>Date Initiated: 07/19/2022</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Betty based on 	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 2000, usual wake time (0800) <p>Date Initiated: 07/19/2022</p>	PCA	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved	
Created on: 07/19/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	identified sleep patterns/preferences each night through to the next review date Date Initiated: 07/19/2022 Created on: 07/19/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	Created on: 07/19/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)			
• Potential for hypo/hyperglycemia and other complications related to diagnosis of Diabetes Mellitus Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	• To treat and/or minimize episodes of hypo/hyperglycemia and other complications associated with DM through to the next review date Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	• MONITORING: Betty has no order for CBG monitoring. Staff must monitor for signs and symptoms of HYPOGLYCEMIA/ HYPERGLYCEMIA or changes to health status. Give 125ml of water each medication pass Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) • Administer medications (Metformin) as ordered and monitor for side effects as well as effectiveness Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) • monitor HBA1C every six months as ordered. Report results to MD and follow up as indicated Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse	Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to;	• To treat and minimize signs/symptoms or	• COMMUNICATION: Involve/collaborate with Betty/SDM in decision making of Cardiac Care Management for Hypertension	Registered Practical Nurse	Registered Practical Nurse	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician	Michael Joseph Schweitzer
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location	Jackson House 107 1
Last Care Plan Review Completed:	08/25/2025				

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Focus	Goal	Interventions	Position	Freq/Resolved
Hypertension. Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	complications associated with Hypertension through to the next review date. Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	<p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Betty with Hypertension for changes to health status and alteration or complications affecting cardiac function. <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> VITAL SIGNS: Monitor vital signs as ordered monthly and as needed. Notify MD of any significant abnormalities. <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Nurse Registered Practical Nurse Registered Practical Nurse Registered Practical Nurse	
• Potential for BOWEL INCONTINENCE related to cognitive impairment Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Lakhvir Kaur (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	• Betty will have bowel incontinence managed every shift through to the next review period Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Lakhvir Kaur (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Betty/SDM for decision making about incontinence management <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Lakhvir Kaur (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Betty for changes to health status, alteration of continence level or bowel function 	Registered Practical Nurse Registered Practical Nurse	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Target Date: 11/25/2025</p> <ul style="list-style-type: none"> Betty will receive support to use toilet, and promote optimal bowel continence each day through to the next review <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Lakhvir Kaur (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Lakhvir Kaur (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> BOWEL Continence level is TOTALLY Incontinent. Report change to level as noted <p>Date Initiated: 01/07/2022 Created on: 01/07/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> BOWEL MOVEMENT: Monitor Betty for bowel movement each shift and document number of occurrences, size and consistency <p>Date Initiated: 01/07/2022 Created on: 01/07/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Betty uses large extended-wear (XLNB) brief day, evening and night for containment.Trial on regular brief failed, brief was leaking <p>Date Initiated: 10/11/2021 Created on: 10/11/2021 Created by: Lakhvir Kaur (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Nurse	PCA
<ul style="list-style-type: none"> URINARY INCONTINENCE: Total incontinence related to Alzheimer's and Dementia Diagnosis <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Betty will have urinary incontinence managed every shift through to the next review period. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Betty/SDM for decision making about incontinence management. <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Betty for toileting needs, changes to health status and alteration of continence level <p>Date Initiated: 10/18/2021 Created on: 10/18/2021</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> URINARY Continence level is Total Incontinent. Report change to level as noted. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Betty uses large extended-wear (XLNB) brief day, evening and night. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> INCONTINENCE MANAGEMENT: Betty has TOTAL Urinary Incontinence; Requires check and change every 2 hours and as needed. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
• Risk for/Impaired Skin Integrity r/t Incontinence Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	• To protect and maintain skin integrity each day through to the next review date. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	<p>SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</p> <p>Date Initiated: 10/27/2024 Created on: 10/27/2024 Created by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Engage Betty/SDM in health education regarding prevention of skin impairment <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	Registered Practical Nurse
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Risk for/Impaired Skin Integrity r/t Incontinence <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> POSITIONING: Turn, reposition at least every 2 hours and PRN when in bed/wheelchair to offload pressure. <p>Date Initiated: 10/27/2024 Created on: 10/27/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	PCA	Q2h
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by irritability, sad, pained, worried expression and restlessness related to Depression, Bipolar Disorder, Alzheimer's Disease <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Betty will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Betty/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. HEALTH EDUCATION: Provide education and support to Betty/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Betty for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Betty's quality of life. RESIDENT STRENGTHS: Build on Betty's effort to maintain control. Encourage her <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse Social Worker RN Registered Practical Nurse Social Worker Registered Practical Nurse	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by irritability, sad, pained, worried expression and restlessness related to Depression, Bipolar Disorder, Alzheimer's Disease <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>to express self, give time and assistance to help her state preferences and make safe choices for care and activities.</p> <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> DISTRACTION ACTIVITIES: Betty can be calmed doing activities of interest including listening to music. <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, adequate lighting, preferred music) <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SLEEP/REST: Promote adequate sleep and rest to stability of Betty's mood. Report changes in sleeping habits to Registered Staff as noted. <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects <p>Date Initiated: 04/28/2023 Created on: 04/28/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	Practical Nurse PCA PCA Registered Practical Nurse Registered Practical Nurse Registered Practical Nurse	
• Altered Communication r/t cognitive	• Betty will continue to be able to	• Monitor/document/address Betty's ability to express and comprehend language,	Registered	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
decline, dementia, Receptive Aphasia and difficulty hearing. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	make basic needs known on a daily basis through to the next review date Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	memory, reasoning ability, problem solving ability and ability to attend. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• Monitor/document/report to MD as needed any confounding problems: decline in cognitive status, mood, decline in ADL, deterioration in respiratory status, oral motor function, hearing impairment, ear discharge and cerumen (wax) accumulation. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• Support Betty and family to cope with changing functional ability Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• Use communication techniques which enhance interaction: Allow adequate time for response, Repeat as necessary, Do not rush, Request Betty to nod or speak yes or no to ensure understanding, Face Betty when speaking and make eye contact, Turn off TV/radio as needed to reduce background noise, Ask yes/no questions as appropriate, Use simple, brief, consistent words/cues Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	Practical Nurse Registered Practical Nurse PCA PCA Registered Practical Nurse	
• Cognitive Loss/dementia or alteration in thought processes, memory loss, difficulty concentrating r/t dementia Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care)	• Betty will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Current CPS score is 5 Date Initiated: 01/12/2024	• Encourage small group activities Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	Recreation Aide	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	<p>Created on: 01/12/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p> <ul style="list-style-type: none"> If agitation/resistance arises, stop and re-approach after 10 to 15 min. If resists again, attempt a different caregiver/staff. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Monitor for adverse effects from prescribed medications. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Observe for pain responses which increase confusion. Ensure pain is controlled. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Betty/SDM in decision making of Cognitive Loss for Dementia <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Betty/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. <p>Date Initiated: 10/18/2021 Created on: 10/18/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Gently reorient to person, place, time and task as needed when Betty is feeling lost or confused. <p>Date Initiated: 07/26/2019</p>	PCA Registered Practical Nurse PCA Registered Practical Nurse PCA		
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Cognitive Loss/dementia or alteration in thought processes, memory loss, difficulty concentrating r/t dementia <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Provide consistency in care routines and activities. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Break tasks into manageable subtasks: giving one direction at a time. Keeping sentences short and simple. May need to provide non-verbal direction, demonstrate or use hand gesture <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	PCA
<ul style="list-style-type: none"> Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to dementia, Medical condition: bipolar disorder and history of Multiple Falls. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <p>Target Date: 11/25/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Betty/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 06/16/2022 Created on: 06/16/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• ADAPTIVE AIDS: Betty is currently using a wheelchair related to decline in mobility.</p> <p>Clip alarm used when resident is in wheelchair.</p> <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 02/15/2025 Revision by: Myrna Corpuz (RPN)</p> <p>• ENVIRONMENT: Secure environment and ensure room is clutter free to reduce fall risk for Betty. Staff to ensure no spills left on the floor and room is free of small</p>	Registered Practical Nurse	PCA
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>objects on the floor.</p> <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • BED: Place bed in lowest position to decrease risk for injury <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ACTIVITY: Engage Betty in meaningful activity to decrease boredom and or restlessness. <p>Date Initiated: 06/05/2023 Created on: 06/05/2023 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • FOOTWEAR: Ensure Betty wears appropriate non slip, well fitting footwear. Betty will often remove her shoes and/or socks. POA reported that she has a hx of not keeping her shoes. Betty is usually compliant with putting them back on, encouragement needed. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 10/27/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • HIP PROTECTORS: Betty wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing. <p>Date Initiated: 07/14/2025 Created on: 07/14/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 07/14/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. 	PCA	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to dementia, Medical condition: bipolar disorder and history of Multiple Falls. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		Registered Practical Nurse
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to Osteoarthritis, history of complaints of pain in both legs. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote Betty's comfort and effectively manage PERSISTENT pain each day through to the next review. <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025</p>	<ul style="list-style-type: none"> REST: Encourage Betty to rest and elevate legs when she is in pain . <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication as per MD order for pain relief/management <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>		Registered Practical Nurse
• Expressed Wishes and Beliefs related to	• To support and honor Betty's	• CPR: Betty wishes express NO CPR, however TRANSFER to hospital decision will	Registered	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Betty Medical Treatment and End of Life Care Date Initiated: 04/17/2020 Created on: 04/17/2020 Created by: Melissa Pacaldo (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	expressed wishes and beliefs through to the End of Life Date Initiated: 04/17/2020 Created on: 04/17/2020 Created by: Melissa Pacaldo (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	be made at the time. Date Initiated: 04/17/2020 Created on: 04/17/2020 Created by: Melissa Pacaldo (RAI Coordinator) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	Practical Nurse	
• Altered VISION related to advanced age and Dementia/Alzheimer's. Date Initiated: 01/12/2024 Created on: 01/12/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/12/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	• To minimize complications of impaired vision and maintain safety of Betty through to next review date Date Initiated: 01/12/2024 Created on: 01/12/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/25/2025	• COMMUNICATION: Involve/collaborate with Betty/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 01/12/2024 Created on: 01/12/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, and Expressive Behaviour of resisting assistance and care Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 01/24/2023 Revision by: Kamaljit Matharu (RAI Coordinator)	• Betty will feel supported in coping with changing functional abilities and receive the necessary assistance with her ADL's through to the next review date Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 01/24/2023 Revision by: Kamaljit Matharu (RAI Coordinator) Target Date: 11/25/2025	• BATHING: Betty requires total care from 1 staff member for bathing. Betty's shower days are Mondays and Friday Days. She prefers female PSWs to provide care. Nail care to be provided after shower/bath. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator) • BED MOBILITY: Betty requires two person total ASSISTANCE for bed mobility. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 03/22/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	PCA PCA	
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<ul style="list-style-type: none"> • DRESSING: Betty requires total physical assistance from 2 staff due to her cognitive impairment. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 03/22/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • EATING: betty requires total assistance from 1 staff due to cognitive decline. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 03/22/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • LOCOMOTION: Betty uses a wheelchair for locomotion on the home area/off the unit. May tilt the wheelchair for comfort. Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 08/14/2025 Revision by: Myrna Corpuz (RPN) • PERSONAL HYGIENE: Betty requires one or two staff TOTAL physical assistance, depending on day and tasks, to complete tasks related to personal hygiene Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) • HAND HYGIENE: Betty requires 1 staff to provide TOTAL assistance to apply sanitizer, rub hands together, and dry hands for hand hygiene. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN) • TOILET USE: Betty requires total assistance from 2 staff due to mobility and 	PCA	D/E
Allergies	Meloxicam	D.O.B.	11/19/1939	Physician
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses			Michael Joseph Schweitzer
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location
Last Care Plan Review Completed:	08/25/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, and Expressive Behaviour of resisting assistance and care <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 01/24/2023 Revision by: Kamaljit Matharu (RAI Coordinator)</p>		<p>cognitive decline. Date Initiated: 01/23/2024 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 03/22/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • TRANSFERRING: Hoyer lift with 2 person assist for transfer from bed to chair and vice versa <p>Date Initiated: 01/23/2024 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/03/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • TRANSFER LIFT/SLING: hoyer lift and MEDIUM size sling needed for transfer. <p>Date Initiated: 03/15/2024 Created on: 03/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ORAL CARE: Betty requires one staff member to provide TOTAL physical assistance to complete oral care. She has no teeth or dentures <p>Date Initiated: 07/26/2019 Created on: 07/26/2019 Created by: Paula White (Director of Care) Revision on: 05/04/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	PCA

Allergies	Meloxicam	D.O.B.	11/19/1939	Physician	Michael Joseph Schweitzer
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphagia...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location	Jackson House 107 1
Last Care Plan Review Completed:	08/25/2025				

Care Plan Report

Diagnosis

Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dysphasia and aphasia(R47.0), Other depressive episodes(F32.8), Idiopathic osteoporosis(M81.5), Unspecified dementia (F03), Atrioventricular block, complete(I44.2)

Allergies	Meloxicam	D.O.B.	11/19/1939	Physician	Michael Joseph Schweitzer
Diagnosis	Bipolar affective disorder, unspecified(F31.9), Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Unspecified diabetes mellitus without (mention of) complication(E14.9), Dyspha...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Miller, Betty (640-16)	Admission Date	04/07/2016	Location	Jackson House 107 1
Last Care Plan Review Completed:	08/25/2025				

Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<p>• SPIRITUAL BELIEFS: Ines is of the Roman Catholic Faith.</p> <p>Date Initiated: 09/10/2025 Created on: 01/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> To provide Ines spiritual support as interested through to the next review date. <p>Date Initiated: 09/10/2025 Created on: 01/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing, Catholic Mass, Church Service, etc. <p>Date Initiated: 09/10/2025 Created on: 01/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> SELF-DIRECTED SPIRITUAL Activities: Ines engages in receiving of 1:1 Pastoral visits and blessings on days of Catholic Mass. <p>Date Initiated: 09/10/2025 Created on: 01/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> PERSONAL CHOICE: Respect Ines right to decline participation in Spiritual Program. <p>Date Initiated: 09/10/2025 Created on: 01/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>				Recreation Aide	Recreation Aide
<p>• Ines DECLINES PARTICIPATION in structured programs related to personal choice.</p> <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> Ines participates in Independent/Self-Directed activities monthly through to the next review date. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/23/2025</p> <ul style="list-style-type: none"> Ines will maintain ISE score of 3 by the next review date. 	<ul style="list-style-type: none"> SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading paper, watching TV, walking, word searches, colouring, listening to music, talking with family on her personal phone, etc. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> FRIENDLY VISIT: Provide her one to one visits as tolerated. Touch base to maintain contact and to converse about topics of interest, feeding the fish, etc. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>				Recreation Aide	Recreation Aide
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician	Kevin Velicaria		
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location	Jackson House 105 2		
Last Care Plan Review Completed:	09/23/2025						

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> • INVITATION: Offer friendly invite to structured programs scheduled in the home. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • FAMILY INVOLVEMENT: Family visits occasionally and her brother Marco takes her out of the home at times for an afternoon on weekends. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • HELPFUL HINTS: <p>Ines speaks Spanish and English. Moved from El Salvador to Canada in 1989. Ines worked in a coffee shop in El Salvador Ines loves the Blue Jays, sports, walking, ping pong, reading and doing word searches. Ines loves listening to Spanish music and talking with others. Ines has no kids, but has a brother names Marco she is very close to, as well as a sister and a couple other brothers in Canada. She has other siblings back in El Salvador. Ines has her own personal phone and enjoys listening to music on it at times. Ines gets upset when other residents go into her room or get too close to her.</p> <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • MUSIC CARE APPROACH: Present Ines with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology such as IPad and TV, Environmental Sound. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025</p>	Recreation Aide	Recreation Aide
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			Jackson House 105 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Ines DECLINES PARTICIPATION in structured programs related to personal choice. <p>Date Initiated: 09/10/2025 Created on: 03/27/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p>		
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Frailty and use of cytotoxic medication <p>Date Initiated: 07/27/2023 Created on: 07/27/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 07/27/2023 Created on: 07/27/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> Personal care items such as disposable razor blades and toothbrushes should be discarded in a Biohazard waste container. PPE(nitrile gloves(2 pairs) and gown is required when providing direct personal care(hand railing incontinent products. <p>Ines does not like and removes the signs and donning/doffing station from her room Date Initiated: 02/08/2025 Created on: 07/27/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p> <ul style="list-style-type: none"> CYTOTOXIC MEDICATION RISK: Ines has potential to experience skin irritation (redness, burning, itchiness, etc.), report observed symptoms to Registered Staff immediately as noted. <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p> <ul style="list-style-type: none"> TREATMENT for Cytotoxic medication use associated Skin Irritation: nsure to 	Registered Practical Nurse	PCA
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre			Print Date
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Frailty and use of cytotoxic medication <p>Date Initiated: 07/27/2023 Created on: 07/27/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>		<p>protect Ines's skin by applying a barrier cream after pericare.</p> <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>		
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t BMI >30, insignificant weight changes since admission, shellfish allergy, dementia dx, HTN, good food and fluid intake, bowels managed, independent at meals <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 06/26/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<ul style="list-style-type: none"> Ines will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p> <ul style="list-style-type: none"> Will weigh within Realistic weight range of 68.1-80.3kg/BMI 28-33 through to next review date. H=156cm <p>Date Initiated: 07/05/2023 Created on: 07/05/2023 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 09/25/2024 Revision by: Anika Dhalla (Dietitian</p>	<ul style="list-style-type: none"> Comfort foods include pupusas (El Salvadorian stuffed pancake) <p>Date Initiated: 07/05/2023 Created on: 07/05/2023 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 07/05/2023 Revision by: Anika Dhalla (RD - Registered Dietician)</p> <ul style="list-style-type: none"> NUTRITION RISK: Ines is MODERATE risk level. <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 07/05/2023 Revision by: Anika Dhalla (RD - Registered Dietician)</p> <ul style="list-style-type: none"> DIET ORDER: Ines will receive Regular diet, Regular texture <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 06/19/2023 Revision by: Patrick Howarth (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Ines drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 06/19/2023</p>	Diet Dietitian (RD) Dietary Manager Diet Food Services Aide PCA Diet PCA	
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t BMI >30, insignificant weight changes since admission, shellfish allergy, dementia dx, HTN, good food and fluid intake, bowels managed, independent at meals <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 06/26/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>(RD)</p> <p>Target Date: 12/23/2025</p> <ul style="list-style-type: none"> Ines will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1993mL @ 25mL/kg, 79.7kg through to next review date. <p>Date Initiated: 07/05/2023 Created on: 07/05/2023 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/23/2025</p>	<p>Revision by: Patrick Howarth (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Ines to drink a minimum of 1594mL per day. <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> DINING INSTRUCTIONS: If fish is served, please provide cheese sandwich or boiled eggs for meal. <p>Date Initiated: 12/27/2023 Created on: 12/27/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 12/27/2023 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> FOOD ALLERGY/INTOLERANCE: SHELLFISH / POLLEN; dislikes seafood (near intolerance) <p>Date Initiated: 06/19/2023 Created on: 06/19/2023 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 12/01/2023 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>PCA</p> <p>Practical Nurse</p>	Registered Practical Nurse
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by occasional anxious complaints/concerns -non-health related (re: roommate) r/t to Dementia. <p>Date Initiated: 10/01/2023 Created on: 10/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/09/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> Ines will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 10/01/2023 Created on: 10/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p> <ul style="list-style-type: none"> To decrease episodic frequency of negative Mood 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Ines/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 10/01/2023 Created on: 10/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 10/01/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Provide education and support to Ines/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 10/01/2023 Created on: 10/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 10/01/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<p>Registered Practical Nurse</p>	Registered Practical Nurse
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>symptoms by next review date. DRS score will be less than 2. Date Initiated: 10/01/2023 Created on: 10/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Ines for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. <p>Date Initiated: 10/01/2023 Created on: 10/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 10/01/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	Registered Practical Nurse	
<ul style="list-style-type: none"> High risk for delirium related to (specify: advanced age/) <p>Date Initiated: 06/27/2023 Created on: 06/22/2023 Created by: Albert Jacildo (Clinical Practice Coordinator) Revision on: 06/27/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To implement strategies for prevention and early identification of delirium. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Albert Jacildo (Clinical Practice Coordinator) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> Avoid unnecessary isolation, sensory deprivation, and sensory overload. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Albert Jacildo (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> Maintain nutritional status as per nutritional care plan. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Albert Jacildo (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> Monitor for and report low-grade fever or new onset of confusion. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Albert Jacildo (Clinical Practice Coordinator)</p>		
<ul style="list-style-type: none"> Potential to experience allergic symptoms related to ALLERGY to shellfish and Grass pollen. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Ines will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Ines/SDM in decision making and health teaching about ALLERGY to (shellfish and grass pollen). <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status and complications mortality. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023</p>	RN Registered Practical Nurse	PCA
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			Jackson House 105 2

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience allergic symptoms related to ALLERGY to shellfish and Grass pollen. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ALLERGY ALERT: Ines has ALLERGY to Grass pollen and shellfish. Prevent contact with and report if noted to experience symptoms (rash, hives, swelling, difficulty breathing, etc.) <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	RN PCA Recreational Therapy Aide Registered Practical Nurse	
<ul style="list-style-type: none"> Sleep Patterns <p>Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Ines based on identified sleep patterns/preferences each night through to the next review date. <p>Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p>	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 0900, usual wake time 0600. <p>Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought process, memory loss, difficulty concentrating, poor judgement related to Dementia <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Ines will be supported to make independent choice and safe decisions each day through to the review date. Current CPS is 2. <p>Date Initiated: 01/09/2024 Created on: 01/09/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 04/10/2024</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Ines/SDM in decision making of Cognitive Loss for (Frontal lobe Dementia). <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ORIENTATION: Gently reorient to person, place, time as needed when Ines is feeling lost or in a confused state. <p>Date Initiated: 06/22/2023</p>	Registered Practical Nurse	
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)		
• Increased risk for FALLS related to limitation of cognitive function/altered judgement. Risk Level is 2. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	• COMMUNICATION: Involve/collaborate with Ines/SDM in decision making in fall prevention Plan of Care. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC) • CALL BELL: Place call bell within Ines' reach, check that it is in working order and remind/encourage to use it. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 04/09/2025 Revision by: Myrna Corpuz (RPN) • ADAPTIVE AIDS: Place adaptive aid/needed objects within easy reach of resident. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: walker. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC) • ENVIRONMENT: Secure environment - reduce clutter and keep the bathroom light on at night to reduce fall risk for Ines. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC)	PCA PCA PCA	D/E/N
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to limitation of cognitive function/altered judgement. Risk Level is 2. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> BED: place bed in lowest position to lower risk for injury. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC) FOOTWEAR: Ensure Ines wears appropriate, well-fitting footwear for ambulation. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC) PROGRAMS: Offer Ines to participate in Programs which encourage physical activity (endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk with Me) Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 09/16/2025 Revision by: Myrna Corpuz (RPN) SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 09/29/2024 Created on: 09/29/2024 Created by: Myrna Corpuz (RPN) 	PCA	PCA
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to Rheumatoid Arthritis. Most Current MDS Pain Score is (fill in score) <p>Date Initiated: 06/22/2023</p>	<ul style="list-style-type: none"> To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 06/22/2023 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Ines about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) 	RN Registered Practical Nurse	Practical Nurse
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			Jackson House 105 2

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Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)	Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	<p>Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ALTERNATIVE THERAPY: consider non-pharmacological pain treatments to relieve pain (hot/cold pack, rest, topical creams and/or massage to area(s) of pain) <p>Date Initiated: 07/08/2023 Created on: 07/08/2023 Created by: Christina Arpino (RSSW) Revision on: 07/08/2023 Revision by: Christina Arpino (RSSW)</p> <ul style="list-style-type: none"> REST: accommodate resident rest and relaxation preference (i.e. breaks between activities, remaining in bed, etc.). <p>Date Initiated: 07/08/2023 Created on: 07/08/2023 Created by: Christina Arpino (RSSW) Revision on: 07/08/2023 Revision by: Christina Arpino (RSSW)</p> <ul style="list-style-type: none"> MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	PCA
• Expressed Wishes and Beliefs related to Ines Medical Treatment and End of Life Care Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN)	• To support and honor Ines expressed wishes and beliefs through to the End of Life. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> CPR: Ines wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 06/30/2023 Created on: 06/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/30/2023</p>	RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre			
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)	Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	Revision by: Navpreet Sekhon (RN)		
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN)	• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Ines/SDM in decision making of Cardiac Care Management for (Hypertension). Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize the holistic perspective of continuous monitoring of resident with Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN) 	RN Registered Practical Nurse	RN Registered Practical Nurse
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN)	• Ines will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care tasks are met each day through to the next review date. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • BATHING: Ines prefers a shower/bath on Thursday and Sunday Days requires 1 Staff to provide supervision and limited as needed. Nail care to be provided on shower/bath day. Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator) • BED MOBILITY: Ines is able to move independently in bed. 	PCA	PCA
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025</p>	<p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • DRESSING: Ines requires 1 staff member to provide CUES, SUPERVISION assistance for dressing. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • EATING: Ines is able to eat independently. <p>1 Staff to provide SUPERVISION and set up assist for eating. Ines will have her meals in the Jackson side dining area, as she has requested.</p> <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 11/23/2023 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> • LOCOMOTION: Ines is able to ambulate Independently.1 staff to provide CUES, SUPERVISION assistance for locomotion on and/or off the unit as needed. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: Ines requires 1 staff member to provide CUES, SUPERVISION assistance for maintaining personal hygiene. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • HAND HYGIENE: 1 staff member to provide REMINDER to use soap/water, apply sanitizer, rub hands together, dry hands, etc. for hand hygiene. 	PCA	PCA
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			Jackson House 105 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN)		<p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TOILET USE: Ines is able to use toilet INDEPENDENTLY and One staff to provide CUES and Supervision assistance as needed. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TRANSFERRING: Ines is able to self transfer (INDEPENDENTLY). <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 04/05/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • ORAL CARE: Ines has Partial UPPER Plate and 1 staff to provide CUES, SUPERVISION assistance for oral care. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • FOOT CARE: PSW, Registered staff to complete toenail care every SHOWER DAY. Report long toe nails or other abnormalities as noted to registered staff. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	PCA
• BOWEL Continence - Ines is continent and has self recognition of urge to defecate. Date Initiated: 06/22/2023	• Ines to remain continent of bowels through next review date Date Initiated: 06/22/2023 Created on: 06/22/2023	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC)	PCA	PCA
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			Jackson House 105 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC)	Created by: Brooklyne Dennis (ADOC) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	<ul style="list-style-type: none"> SELF TOILETING: Ines toilets self for bowel movements. Each shift ask if she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. <p>Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	
• URINARY Continence - Ines is continent and has self recognition of urge to void. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 06/22/2023 Revision by: Brooklyne Dennis (ADOC)	• Ines will maintain continence level through next review date Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	<ul style="list-style-type: none"> URINARY Continence Level is: CONTINENT <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Brooklyne Dennis (ADOC)</p> <ul style="list-style-type: none"> SELF TOILETING: Ines toilets self. Each shift ask if she has voided and document accordingly. Report changes to urination or continence level to Registered Staff as noted. <p>Date Initiated: 06/23/2023 Created on: 06/23/2023 Created by: Navpreet Sekhon (RN) Revision on: 06/23/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	
• Ines is at moderate risk for ELOPEMENT related to wanting to explore. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Christina Arpino (RSSW) Revision on: 06/22/2023 Revision by: Christina Arpino (RSSW)	• To promote Ines' safety and minimize risk for episode of elopement each day through next review date. Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Christina Arpino (RSSW) Revision on: 04/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/23/2025	<ul style="list-style-type: none"> ALERT: Ines has potential to attempt elopement. If heard making requests to leave the building or seen attempting to use exit doors report to Supervisor immediately. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Christina Arpino (RSSW) Revision on: 06/22/2023 Revision by: Christina Arpino (RSSW)</p> <ul style="list-style-type: none"> DIVERSION ACTIVITY: Ines responds well to listening to music, doing puzzles, reading, conversing, singing, watching TV to divert attention when exit seeking. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Christina Arpino (RSSW) Revision on: 07/04/2023 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> ELOPEMENT ALERT: Redirect Ines away from elevator or exit doors as needed. <p>Date Initiated: 06/22/2023</p>	ACT	PCA
Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location
Last Care Plan Review Completed:	09/23/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Ines is at moderate risk for ELOPEMENT related to wanting to explore. <p>Date Initiated: 06/22/2023 Created on: 06/22/2023 Created by: Christina Arpino (RSSW) Revision on: 06/22/2023 Revision by: Christina Arpino (RSSW)</p>		<p>Created on: 06/22/2023 Created by: Christina Arpino (RSSW) Revision on: 06/22/2023 Revision by: Christina Arpino (RSSW)</p>		

Allergies	Seafood, Shell Fish, Dust, Pollen, Grass	D.O.B.	05/03/1947	Physician	Kevin Velicaria
Diagnosis	Frontal lobe dementia(G31.02), Benign hypertension(I10.0), Rheumatoid arthritis, unspecified(M06.9)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Romero-Mercado, Ines (922141000267)	Admission Date	06/22/2023	Location	Jackson House 105 2
Last Care Plan Review Completed:	09/23/2025				

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
• SPIRITUAL BELIEFS: Desanka is of the Orthodox Church Faith. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)	• To provide Desanka spiritual support as interested through to the next review date. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/28/2026	• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing and Church Service. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Desanka's right to decline participation in Spiritual Program. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)			Recreation Aide	
• Desanka DECLINES PARTICIPATION in structured programs related to personal choice. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)	• Desanka participates in Independent/Self-Directed activities monthly through to the next review date. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/28/2026 • Desanka will maintain ISE score of 4 by the next review date. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert	• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading, telephone conversations, watching TV, walking, conversing with peers, colouring, puzzles, etc. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • FRIENDLY VISIT: Provide her one to one visits as tolerated. Touch base to maintain contact and to converse about topics of interest, and/or listen to serbian music Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) • INVITATION: Offer friendly invite to structured programs scheduled in the home. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)			Recreation Aide	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre			Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location	Jackson House 112 1	
Last Care Plan Review Completed:	10/28/2025					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Desanka DECLINES PARTICIPATION in structured programs related to personal choice. <p>Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)</p>	(Recreation Aide) Target Date: 01/28/2026	<ul style="list-style-type: none"> FAMILY INVOLVEMENT: Family come to visit on a regular basis. Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) HELPFUL HINTS: Desanka speaks serbian and a little english. She loves to cook! She used to be the cook back in Serbia and in her son's restaurant in Canada. Stopped in 2020. She likes to organize. Desanka likes to be in people's company, especially those that can also speak in serbian. Desanka likes serbian music. She enjoys watching tv shows such as I Love Lucy. <p>Date Initiated: 10/15/2025 Created on: 01/08/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> MUSIC CARE APPROACH: Present Desanka with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology such as Ipad utilizing music in her native language (serbian) Date Initiated: 10/15/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 10/15/2025 Revision by: Julie Lambert (Recreation Aide) 	Recreation Aide	Recreation Aide
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited related to Depression, Alzheimer's Disease <p>Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Crystal Beaudoin (Social Worker)</p>	<ul style="list-style-type: none"> (Resident Name) will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 09/18/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Resident name)/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 10/14/2025 Revision by: Alexandra Breau (Dietitian (RD)) 	Registered Practical Nurse	Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 09/18/2025 Revision by: Crystal Beaudoin (Social Worker)	Created on: 09/18/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 10/14/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/28/2026	<ul style="list-style-type: none"> • HEALTH EDUCATION: Provide education and support to (Resident name)/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 10/14/2025 Revision by: Alexandra Breau (Dietitian (RD)) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (resident name) for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 10/14/2025 Revision by: Alexandra Breau (Dietitian (RD)) • MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 10/14/2025 Revision by: Alexandra Breau (Dietitian (RD)) 	RN Registered Practical Nurse	Registered Practical Nurse
• Potential for depression / depressive episodes Date Initiated: 09/17/2025 Created on: 09/17/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 09/17/2025 Revision by: Crystal Beaudoin (Social Worker)	• Early indicators of exacerbation of depression will be recognized by staff with appropriate intervention Date Initiated: 09/17/2025 Created on: 09/17/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 09/17/2025 Revision by: Crystal Beaudoin (Social Worker) Target Date: 01/28/2026	<ul style="list-style-type: none"> • Consult with interdisciplinary team members if there is an increase in resident isolation i.e. not coming to meals or going to favourite activities, etc. Date Initiated: 09/17/2025 Created on: 09/17/2025 Created by: Crystal Beaudoin (Social Worker) • Monitor for lack of reactivity to pleasant events, ++ physical complaints, sleep issues, agitation Date Initiated: 09/17/2025 Created on: 09/17/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 09/17/2025 Revision by: Crystal Beaudoin (Social Worker) 	ST Recreation Aide RN Registered Practical Nurse PCA	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for depression / depressive episodes <p>Date Initiated: 09/17/2025 Created on: 09/17/2025 Created by: Crystal Beaudoin (Social Worker) Revision on: 09/17/2025 Revision by: Crystal Beaudoin (Social Worker)</p>		<ul style="list-style-type: none"> Observe for increase in sadness, teariness, negative comments, or a decrease in communication. Consider referrals to Social work, geriatric psychiatry, etc. <p>Date Initiated: 09/17/2025 Created on: 09/17/2025 Created by: Crystal Beaudoin (Social Worker)</p>		
<ul style="list-style-type: none"> Alteration in skin integrity with risk for infection or complications related to Desanka Blister to right medial malleolus <p>Date Initiated: 09/03/2025 Created on: 09/03/2025 Created by: Ugochinyere Echezona (CNO Applicant/RPN) Revision on: 09/03/2025 Revision by: Ugochinyere Echezona (CNO Applicant/RPN)</p>	<ul style="list-style-type: none"> To promote optimal healing of Desanka's blister within 4 to 6 weeks (September 31st to October 14th, 2025) <p>Date Initiated: 09/03/2025 Created on: 09/03/2025 Created by: Ugochinyere Echezona (CNO Applicant/RPN) Revision on: 09/03/2025 Revision by: Ugochinyere Echezona (CNO Applicant/RPN) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Desanka's blister to right medial malleolus for changes to health status and alteration or complications affecting skin integrity. TREATMENT PLAN: Administer treatment for Desanka's blister to right medial malleolus as per MD Order. WEEKLY ASSESSMENT: Assess and evaluate Desanka's blister to right medial malleolus condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. <p>Date Initiated: 09/03/2025 Created on: 09/03/2025 Created by: Ugochinyere Echezona (CNO Applicant/RPN) Revision on: 09/03/2025 Revision by: Ugochinyere Echezona (CNO Applicant/RPN)</p>	Registered Practical Nurse RN	
<ul style="list-style-type: none"> Expressive Behaviour of: WANDERING, 	<ul style="list-style-type: none"> Desanka will be supported to 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Desanka/SDM about identified Risk of 	Registered Practical	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
VERBAL, PHYSICAL,RESISTANCE to care need, hitting staff, other residents related to Symptom Progression of Dementia/Alzheimer , Inability to COPE, inability to express herself due to language barrier. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	adjust to her new environment to lower risk of triggering WANDERING behaviour and physical aggression towards staff and other residents episodes through to the next review. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/17/2024 Revision by: Paula White (Executive Director) Target Date: 01/28/2026	Expressive Behaviour, use Serbian language cards to communicate with Desanks, GPA, discuss triggering factors, and plan of care needs/options as needed with family. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/03/2025 Revision by: Chantelle Walker (ADOC) <ul style="list-style-type: none">ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (resident name) for indications to change in or for escalating expressive behaviour risk. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) <ul style="list-style-type: none">TRIGGERS leading to PHYSICAL Hitting staff and other residents as expression of behaviour include taking things away from Desanka possession without her understanding why this is happening, anger, frustration,language barrier, confusion, going into her closet to put away her clothes, invasion of personal space, Sundowning, hunger, constipation, startling her from a sleep, believing that others are stealing her belongings. Date Initiated: 10/24/2024 Created on: 10/24/2024 Created by: Chantelle Walker (ADOC) Revision on: 11/03/2025 Revision by: Sumitha Sukumaran (Registered Nurse) <ul style="list-style-type: none">PHYSICAL Behaviour: If Desanka is physically responsive to co-resident or staff, attempt to redirect, use Serbian language to reassure her and to understand her concerns. Date Initiated: 05/26/2025 Created on: 05/26/2025 Created by: Monika Musan (Social Services Worker) Revision on: 05/26/2025 Revision by: Monika Musan (Social Services Worker) <ul style="list-style-type: none">VERBAL Behaviour: If Desanka is heard yelling, swearing or calling others names; calmly remind to lower his/her voice and that chosen words are not appropriate.	Nurse BSO - Internal Social Worker Registered Staff Registered Practical Nurse RCA Recreation Aide PTA Social Worker PCA Social Worker Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Expressive Behaviour of: WANDERING, VERBAL, PHYSICAL,RESISTANCE to care need, hitting staff, other residents related to Symptom Progression of Dementia/Alzheimer , Inability to COPE, inability to express herself due to language barrier. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Attempt to resolve his/her concern. Report episode to Registered Staff. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> RESISTANCE to Care Need: If Desanka is declining to bathe, change clothes, take PCA medications, re-approach in 10-15 minutes. Report episode to Registered Staff. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> WANDERING: Permit Desanka to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> Suicidal ideation verbalized and/or increased crying, sadness: Increase monitoring for Desanka, consistent and regular check-ins throughout the day. If possible get a Serbian speaking staff to support. Offer emotional support and reassurance. Attempt to positively redirect. <p>Date Initiated: 07/08/2025 Created on: 07/08/2025 Created by: Monika Musan (Social Services Worker) Revision on: 07/08/2025 Revision by: Monika Musan (Social Services Worker)</p> <ul style="list-style-type: none"> BSO RECOMMENDATIONS: Involve Desanka in activities such as folding linen and listening to Serbian music. Please use communication cards in communicating with Desanka. <p>Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Grace Akah (RN) Revision on: 02/18/2025</p>	Registered Practical Nurse PCA	PCA Social Worker Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location Jackson House 112 1
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Expressive Behaviour of: WANDERING, VERBAL, PHYSICAL, RESISTANCE to care need, hitting staff, other residents related to Symptom Progression of Dementia/Alzheimer , Inability to COPE, inability to express herself due to language barrier. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		Revision by: Grace Akah (RN)		
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement related to progression of Alzheimer Disease <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> Desanka is severely impaired in cognition and will have needs interpreted and met each day through to the review date. CPS score is 3. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Desanka/SDM in decision making of Cognitive Loss for Dementia. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Desanka/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of dementia <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	<p>Registered Practical Nurse RN</p> <p>RN Social Worker</p>	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location Jackson House 112 1
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • ORIENTATION: Gently reorient to person, place, time as needed when (Resident's Name) is feeling lost or in confused state. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • PERSONAL ITEMS: Keep telephone, eyeglasses, family pictures in a consistent place on bedside table. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/03/2024 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Provide environmental clue to promote resident ability to locate room and navigating home area: name plate, photo outside of room. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/03/2024 Revision by: Myrna Corpuz (RPN)</p>	Registered Practical Nurse PCA	
<ul style="list-style-type: none"> • Potential for gastric discomfort/complications related to diagnosis of Gastroesophageal Reflux Disease (GERD) <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> • To treat and/or minimize complications associated with GERD each day through to the next review date. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Desanka /SDM in decision making for GERD Management. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Desanka /SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with GERD. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse RN PCA	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location Jackson House 112 1
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of GERD for discomfort/ complications or changes to health status. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> POSITIONING: Encourage resident to avoid lying down for at least one hour after eating; elevate head of bed, encourage resident to sit/stand upright after meals. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	Registered Staff PCA Registered Staff	
• Sleep Patterns; Potential for alteration in sleep patterns Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	• To promote adequate rest/sleep for Desanka based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• REST PATTERN: Preferred bedtime 2000, usual wake time 0700. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	PCA	
• Potential for muscular dysfunction, contractures and bone deformity related to DEGENERATIVE DISC DISEASE (DDD), OSTEOARTHRITIS Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/09/2024 Revision by: Sujit James (PT - Physiotherapist)	• To treat and minimize signs/symptoms or complications associated with DDD, Osteoarthritis through to the next review date. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks	• COMMUNICATION: Involve/ collaborate with Desanka in decision making of musculoskeletal care management. Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	(Quality Improvement Coordinator) Target Date: 01/28/2026	<p>osteoarthritis Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for management of DDD and osteoarthritis as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of DDD and osteoarthritis for discomfort/ complications or changes to health status. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Hypertension Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/09/2024 Revision by: Sujit James (PT - Physiotherapist)	<ul style="list-style-type: none"> • To treat and minimize signs/symptoms or complications associated with Atrial Fibrillation and Hypertension through to the next review date. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Desanka/SDM in decision making of Cardiac Care Management for atrial fibrillation and hypertension</p> <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident with Atrial Fibrillation , Hypertension for changes to health status and alteration or complications affecting cardiac function. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	RN Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Hypertension <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/09/2024 Revision by: Sujit James (PT - Physiotherapist)</p>		<ul style="list-style-type: none"> MEDICATION: Administer medication for Atrial Fibrillation , Hypertension as per MD Order and monitor for side effects. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	Registered Practical Nurse RN	
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to cognitive decline <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 12/03/2024 Revision by: Myrna Corpuz (RPN)</p>	<ul style="list-style-type: none"> Desanka will have bowel incontinence managed every shift through to the next review period. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Desanka/SDM for decision making about bowel function, toileting options, incontinence or ostomy management. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> BOWEL Continence level is OCCASIONALLY Incontinent. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse)</p>	Registered Practical Nurse PCA	Registered Staff
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to cognitive decline <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 12/03/2024 Revision by: Myrna Corpuz (RPN)</p>		<ul style="list-style-type: none"> INCONTINENCE PRODUCT: Resident uses medium size pull-ups. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p>		PCA
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to osteoarthritis and indicate usual location where the resident feels pain). Most Current MDS Pain Score is 0 <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 10/24/2024 Revision by: Chantelle Walker (ADOC)</p>	<ul style="list-style-type: none"> To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Desanka/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> CLOSE MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 11/01/2024 Revision by: Natalia Ilic (Registered Practical Nurse)</p>		RN Registered Practical Nurse
<ul style="list-style-type: none"> Increased risk for FALLS related to history of fall, Limitation of cognitive function/ altered judgement r/t dementia. <p>Date Initiated: 10/02/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 10/24/2024</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Desanka/Bud in decision making in fall prevention Plan of Care. <p>Date Initiated: 08/25/2025 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 04/21/2025 Revision by: Chantelle Walker (ADOC)</p>		RN Registered Practical Nurse RCA
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Chantelle Walker (ADOC)	(Registered Nurse) Target Date: 01/28/2026	<ul style="list-style-type: none"> • ADAPTIVE EQUIPMENT: Desanka needs adaptive equipment:walker but forgets/refuses to use it. Staff to remind resident to use her walker. <p>Date Initiated: 10/25/2024 Created on: 10/25/2024 Created by: Grace Akah (RN) Revision on: 05/31/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Secure environment eg, reduce clutter, night light, bathroom signage, toilet height, quiet environment to reduce fall risk for Desanka. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • BED: place bed in lowest position to lower risk for injury. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • ACTIVITY: Engage Desanka in meaningful activity to decrease boredom and or restlessness. <p>Date Initiated: 10/02/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • FOOTWEAR:Desanka doesn't have appropriate non-skid footwear that fits her shoe size. Current shoes "pinch" her toes. Family aware and asked to provide non-skid footwear. <p>Date Initiated: 10/25/2024 Created on: 10/25/2024 Created by: Grace Akah (RN) Revision on: 04/21/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • PROGRAMS: Offer Desanka to participate in Programs which encourage physical 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	05/12/1933	Registered Practical Nurse PCA
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses	Physician	Kevin Velicaria	
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			Jackson House 112 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to history of fall, Limitation of cognitive function/altered judgement r/t dementia. <p>Date Initiated: 10/02/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 10/24/2024 Revision by: Chantelle Walker (ADOC)</p>		<p>activity (SPECIFY - endurance, Centercise, muscle strengthening exercises, flexibility PCA training and balance exercises, Walk with Me, etc.)</p> <p>Date Initiated: 04/17/2025 Created on: 04/17/2025 Created by: Chantelle Walker (ADOC) Revision on: 04/17/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> HIP PROTECTORS: Desanka wears size large hip protectors but refuses to have PSW staff put on. Son (Bud)and POA aware. Staff to encourage Desanka to wear her hip protectors. <p>Date Initiated: 04/17/2025 Created on: 04/17/2025 Created by: Chantelle Walker (ADOC) Revision on: 04/21/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 04/17/2025 Created by: Chantelle Walker (ADOC) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Apply to both sides of the bed at night, remove during the day. <p>Date Initiated: 04/12/2025 Created on: 08/26/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 04/12/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 03/15/2025 Created on: 03/15/2025 Created by: Myrna Corpuz (RPN)</p>	PCA Registered Practical Nurse	D/E/N
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and language barrier <p>Date Initiated: 08/21/2024</p>	<ul style="list-style-type: none"> Desanka will have ALL ADL care needs met each day through the next review date. <p>Date Initiated: 08/21/2024</p>	<ul style="list-style-type: none"> BATHING: Desanka prefers shower on tuesday and friday evening shift 1 Staff limited assistance needed. Nail care to be provided on shower/bath day. <p>Date Initiated: 07/11/2025</p>	PCA	D/E/N/PRN
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 10/24/2024 Revision by: Chantelle Walker (ADOC)	Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/28/2026	<p>Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> • BED MOBILITY: Desanka is able to independently walk and ambulate. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • DRESSING: Desanka needs 1 person staff assistance for dressing. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • EATING: Desanka is able to independently eat with supervision, 1 person assistance for set up required. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • Locomotion- Desanka use walker for locomotion. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: Desanka needs 1 person limited assistance from 1 staff to help with personal hygiene. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>	PCA	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and language barrier <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 10/24/2024 Revision by: Chantelle Walker (ADOC)</p>		<ul style="list-style-type: none"> HAND HYGIENE:Desanka requires 1 person assistance to complete task of Hand Hygiene each day. Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) TOILET USE:Desanka uses the washroom with 1 staff supervision and sometimes requires 1 staff total assistance for toileting. Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) TRANSFERRING: Desanka requires 1 staff to provide CUES, SUPERVISION for transferring. Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 04/05/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) ORAL CARE: Desanka has Upper and lower dentures and requires 1 person LIMITED assistance with maintaining oral hygiene. Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 09/03/2024 Revision by: Navpreet Sekhon (RN) FOOT CARE: Registered staff, Foot Care Nurse to complete toenail care every 6 weeks. Report long toe nails or other abnormalities as noted. Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) HAIR CARE: Desanka requires 1 person assistance to perform hair care. 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation and language barrier <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 10/24/2024 Revision by: Chantelle Walker (ADOC)</p>		<p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>		
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t BMI 18-24, fair intake, dementia dx, hx of Large Bowel Obstruction, fibre interventions, good fluid intake, requires encouragement at meals to promote intake <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/04/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<ul style="list-style-type: none"> Desanka will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/04/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> Comfort foods include soup. <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/26/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> Dislikes include Indian cuisine . <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/26/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> NUTRITION RISK: Desanka is MODERATE risk level. 	<p>FSS</p> <p>FSS</p> <p>Dietitian (RD)</p>	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<ul style="list-style-type: none"> Will weigh within Realistic weight range of 49-65.3kg/BMI 18-24 through to next review date. (h=165cm) <p>Date Initiated: 09/04/2024 Created on: 09/04/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/04/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/28/2026</p> <ul style="list-style-type: none"> Desanka will be adequately hydrated aeb drinking at least 85% of total fluid requirement 1218mL @ 25mL/kg, 48.7kg through to next review date. <p>Date Initiated: 09/04/2024 Created on: 09/04/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 08/26/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/28/2026</p>	<p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/04/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> DIET ORDER: Desanka will receive Regular diet, Regular with minced meat texture <p>-Offer soft regular options and minced raw vegetables</p> <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 10/14/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Desanka drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/26/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Desanka to drink a minimum of 1034mL per day. <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/26/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. <p>Date Initiated: 07/18/2025 Created on: 07/18/2025 Created by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> PORTION SIZE: Desanka prefers regular portions for meals. <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/26/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p>	FSS PCA PCA PCA PCA Dietary aide PCA PCA	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t BMI 18-24, fair intake, dementia dx, hx of Large Bowel Obstruction, fibre interventions, good fluid intake, requires encouragement at meals to promote intake <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/04/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>		<ul style="list-style-type: none"> • PORTION: <p>1. Please save 125mL Soup (from Lunch) for Dinner Date Initiated: 09/04/2024 Created on: 09/04/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/04/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> • HIGH FIBRE: <p>1. 125mL prune juice @ Breakfast Date Initiated: 09/04/2024 Created on: 09/04/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 08/26/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	PCA	BLD
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, slurred speech, mumbled speech related to alternate Primary Language Serbian <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p>	<ul style="list-style-type: none"> Desanka will continue to freely express self and adequately comprehend information each day through to the next review period. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Desanka/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Desanka/SDM to enhance their knowledge of change in health status affecting communication ability. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • PRIMARY LANGUAGE: Desanka primary language is serbian. she is able to speak and understand little English. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • INTERPRETER Required: VOYCE interpreter may be accessed to aid in interpretation. Please notify ADOC for support. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 02/18/2025 Revision by: Grace Akah (RN)</p>	PCA Registered Practical Nurse	
• Potential for bruising, bleeding, clotting or other complications related to use of ANTICOAGULANT medication Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/22/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • To monitor for bleeding and minimize complications related to use of anticoagulant through the review date. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Desanka/SDM in decision making and health teaching of Anti-coagulation medication use. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident using Anticoagulant therapy for changes to health status and complications causing bleeding or clotting issues. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • BLEEDING ALERT: Notify nurse immediately if Desanka is bleeding (noted blood in PCA urine/stool, bleeding nose/gums, unexplained bruising, etc.). <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	Recreation Aide
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for bruising, bleeding, clotting or other complications related to use of ANTICOAGULANT medication <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/22/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medications as per MD Order. Report abnormal or unexplained bleeding, unexplained or excessive bruising, etc. to MD as noted. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	Registered Staff	
<ul style="list-style-type: none"> Risk for Impaired SKIN INTEGRITY related to Incontinence <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Engage Desanka/SDM in health education regarding prevention of skin impairment and management of incontinence <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	PCA Registered Practical Nurse RN	
<ul style="list-style-type: none"> Desanka is at high risk for ELOPEMENT related to cognitive decline <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/22/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote Desanka's safety and minimize risk for episode of elopement each day through next review date. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024</p>	<ul style="list-style-type: none"> ELOPEMENT ALERT: Redirect Desanka away from elevator or exit doors as needed. <p>Date Initiated: 08/22/2024 Created on: 08/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p>	PCA	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/28/2026			
• URINARY INCONTINENCE related to Dementia Diagnosis, Use of Diuretic Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse)	• Desanka will have urinary incontinence managed every shift through to the next review period. Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/28/2026	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Desanka/SDM for decision making about toileting options or incontinence management, catheter use. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 12/23/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • URINARY Continence level is FREQUENTLY Incontinent. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • TOILETING PREFERENCE: Desanka independently use washroom, requires minimum assistance . <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • INCONTINENCE PRODUCT: Resident uses pull-ups medium size. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/26/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location
Last Care Plan Review Completed:	10/28/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Desanka Medical Treatment and End of Life Care <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p>	<ul style="list-style-type: none"> To support and honor Desanka expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"> CPR: Desanka wishes to have CPR and TRANSFER to hospital as needed. <p>Date Initiated: 08/21/2024 Created on: 08/21/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 08/21/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p>	RN Registered Practical Nurse	

Diagnosis

Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibrillation, unspecified(I48.90), Change in bowel habit(R19.4), Primary generalized (osteo)arthrosis(M15.0)

Allergies	No Known Allergies	D.O.B.	05/12/1933	Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Arthritis, unspecified, unspecified site(M13.99), Atrial fibril...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Stefanovic, Desanka (922141000327)	Admission Date	08/21/2024	Location	Jackson House 112 1
Last Care Plan Review Completed:		10/28/2025			

Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"> Alteration in skin integrity related to BRUISE to around right eye. <p>Date Initiated: 10/25/2025 Created on: 10/25/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/25/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of BRUISE by 12/5/2025. <p>Date Initiated: 10/25/2025 Created on: 10/25/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/25/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Joan/SDM in decision making for treatment of bruise on right eye as skin issue. <p>Date Initiated: 10/25/2025 Created on: 10/25/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/25/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Joan with bruise on around right eye for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 10/25/2025 Created on: 10/25/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/25/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed <p>Date Initiated: 10/25/2025 Created on: 10/25/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/25/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • TREATMENT: take picture with skin and wound app every day for 7 days and hold rivaroxaban for 3 Days and resume it back. <p>Date Initiated: 10/25/2025 Created on: 10/25/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 10/25/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>				RN Registered Practical Nurse	RN Registered Practical Nurse
<ul style="list-style-type: none"> Alteration in skin integrity related to Joan's BRUISE/HEMATOMA to top of head (right scalp) <p>Date Initiated: 10/20/2025 Created on: 10/20/2025 Created by: Lauren Bonomo (Registered</p>	<ul style="list-style-type: none"> To promote intact skin integrity through healing of Joan's BRUISE/HEMATOMA to top of head (right scalp) by 11/20/25. <p>Date Initiated: 10/20/2025 Created on: 10/20/2025</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Joan/SDM in decision making for treatment of bruise as skin issue. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/22/2025</p>				Registered Practical Nurse	RN
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician	Nghi Truong Phan		
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location	Jackson House 100 1		
Last Care Plan Review Completed:	09/05/2025						



Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Practical Nurse) Revision on: 10/22/2025 Revision by: Mihaela Devic (RAI Coord Back-up)	Created by: Lauren Bonomo (Registered Practical Nurse) Revision on: 10/22/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 11/20/2025	<p>Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Joan's BRUISE/HEMATOMA to top of head (right scalp) for changes to health status and alteration or complications affecting skin integrity. <p>Date Initiated: 10/22/2025 Created on: 10/22/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/22/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"> WEEKLY ASSESSMENT: Assess and evaluate bruise/hematoma on right side of scalp weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. <p>Date Initiated: 10/20/2025 Created on: 10/20/2025 Created by: Lauren Bonomo (Registered Practical Nurse) Revision on: 10/20/2025 Revision by: Lauren Bonomo (Registered Practical Nurse)</p> <ul style="list-style-type: none"> Monitor for s+s of internal bleeding. <p>Date Initiated: 10/20/2025 Created on: 10/20/2025 Created by: Lauren Bonomo (Registered Practical Nurse) Revision on: 10/20/2025 Revision by: Lauren Bonomo (Registered Practical Nurse)</p>	RN Registered Practical Nurse	Registered Practical Nurse
• Potential Risk for Delirium, OR Acute Change in Cognitive Functioning related to DELIRIUM. Date Initiated: 10/18/2025 Created on: 10/18/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)	<ul style="list-style-type: none"> To promote early identification of changes in Joan condition and prevent onset of Delirium. <p>Date Initiated: 10/18/2025 Created on: 10/18/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> SYMPTOM OBSERVATION/REPORTING: Joan is at High Risk for Delirium; Report observed changes to Joan's cognitive function, physical function, eating/drinking habits or behaviour to Registered Staff immediately as noted. <p>Date Initiated: 10/18/2025 Created on: 10/18/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> COMMUNICATION & EDUCATION: Involve/collaborate with Joan/SDM about episodic DELIRIUM, discuss contributing factors, possible treatment, and plan of care needs/options as needed. <p>Date Initiated: 10/18/2025 Created on: 10/18/2025</p>	PCA Recreation Aide	Registered Practical Nurse PCA
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joan for indications of DELIRIUM including dehydration, poor appetite, vomiting, diarrhea. <p>Date Initiated: 10/18/2025 Created on: 10/18/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> • ORIENTATION: Gently reorient to person, place, time as needed when Joan is feeling lost or in a confused state. <p>Date Initiated: 10/18/2025 Created on: 10/18/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	Registered Practical Nurse RN	
• The resident declined the ambulation and balance. Encourage to use RW all the time, high risk of falls, Resident needs 1 p assist for the transfer and the ambulation using RW. "RESIDENT IS NOT SAFE TO AMBULATE INDEPENDENTLY" Date Initiated: 07/04/2022 Created on: 07/04/2022 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)	<ul style="list-style-type: none"> • Able to ambulate 50 - 100 mts with 1 P assist To maintain/improve LE strength <p>Date Initiated: 07/04/2022 Created on: 07/04/2022 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p> <p>Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> • 1. Ambulation using RW with 1P assist as tolerated 2. STS - holding on to the rail with 1 p assist, 5-10 reps x 1-2 sets, if co-operates <p>Date Initiated: 05/22/2024 Created on: 07/04/2022 Created by: Sujit James (PT - Physiotherapist) Revision on: 08/27/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	PT - Physiotherapist PTA	
• SPIRITUAL BELIEFS: Joan is of the Catholic Faith.	• To provide Joan spiritual support as interested through to	• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing, Catholic Mass, Church Service, etc.	Recreation Aide	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 08/25/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)	the next review date. Date Initiated: 08/25/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/05/2025	Date Initiated: 08/25/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) • PERSONAL CHOICE: Respect Joan's right to decline participation in Spiritual Program. Date Initiated: 08/25/2025 Created on: 07/28/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)	Recreation Aide	
• PASSIVE PARTICIPATION in Activities of interest on a daily basis. Date Initiated: 08/25/2025 Created on: 09/07/2021 Created by: Samantha Miller Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)	• Joan will be supported to maintain participation in activities range 20-25 or more, times per month by the next review date. Date Initiated: 08/25/2025 Created on: 09/07/2021 Created by: Samantha Miller Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/05/2025 • Joan will maintain an ISE score of 3 by the next review date. Date Initiated: 08/25/2025 Created on: 09/07/2021 Created by: Samantha Miller Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/05/2025	• STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as baking, bingo, music, cards, movies, parties, tea socials, active games, crafts and outdoor walks. Date Initiated: 08/25/2025 Created on: 09/07/2021 Created by: Samantha Miller Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading magazines, watching TV in own room, walking and conversing with peers. Date Initiated: 08/25/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) • ASSISTANCE: Provide assistance to get her to scheduled activities such as walking with her and cueing direction. Date Initiated: 08/25/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide) • HELPFUL HINTS:	Recreation Aide	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• PASSIVE PARTICIPATION in Activities of interest on a daily basis. Date Initiated: 08/25/2025 Created on: 09/07/2021 Created by: Samantha Miller Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)		<p>Joan is often exit seeking in the afternoon/evening. Joan is often verbally aggressive towards co-residents and staff. Joan loves to attend Bingo. Joan loves to go for walks. Joan has an attention span of 5-15 minutes.</p> <p>Date Initiated: 08/25/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • ONE to ONE: Provide her with individual visits for conversation and to help de escalate exit seeking behaviours. <p>Date Initiated: 08/25/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • THERAPIES: Present Joan with music therapy to improve comfort, identity, inclusion, and fun. <p>Date Initiated: 08/25/2025 Created on: 02/20/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • FAMILY INVOLVEMENT: 1x weekly <p>Date Initiated: 08/25/2025 Created on: 04/04/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • MUSIC CARE APPROACH: Present Joan with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology such as Ipad and google home, and Environmental nature Sounds. <p>Date Initiated: 08/25/2025 Created on: 02/20/2025 Created by: Julie Lambert (Recreation Aide)</p>	Aide Recreation Aide Recreation Aide Recreation Aide	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> PASSIVE PARTICIPATION in Activities of interest on a daily basis. <p>Date Initiated: 08/25/2025 Created on: 09/07/2021 Created by: Samantha Miller Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Revision on: 08/25/2025 Revision by: Julie Lambert (Recreation Aide)</p>		
<ul style="list-style-type: none"> Sleep Patterns.Potential in alteration in sleep patterns r/t Alzheimer's disease <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Jooan based on identified sleep patterns/preferences each night through to the next review date <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/30/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 2100, usual wake time 0800 <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/02/2023 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> Increased risk for FALLS related to Medical condition (Osteoarthritis, Vertigo), impaired cognition due to dementia, and 	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and/or fall related injury each day through to the 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with(Joan)/SDM in decision making in fall prevention Plan of Care. <p>Date Initiated: 05/27/2021</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
unsteady gait at times. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 08/06/2024 Revision by: Grace Akah (RN)	next review period. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	<p>Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ADAPTIVE AIDS: Place walker within easy reach of Joan. Joan usually forgets to ambulate with walker and may leave it behind. Staff are to remind Joan to use her walker for ambulation and staff are to provide the walker to Joan whenever such observation is made. <p>Joan uses wheelchair when weak. Date Initiated: 03/25/2024 Created on: 03/25/2024 Created by: Grace Akah (RN) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> ENVIRONMENT: Secure environment, reduce clutter,quiet environment to reduce fall risk for Joan. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 08/24/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> BED: Place bed in lowest position to lower risk for injury. <p>Date Initiated: 07/19/2022 Created on: 07/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ACTIVITY: Engage Joan in meaningful activity to decrease boredom and or restlessness. Resident likes to: socialize and talk to the co resident on the unit. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 08/24/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure Joan wears appropriate footwear for all ambulation and transfers. 	PCA	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to Medical condition (Osteoarthritis, Vertigo), impaired cognition due to dementia, and unsteady gait at times. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 08/06/2024 Revision by: Grace Akah (RN)</p>		<p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HIP PROTECTORS: Joan Todd wears hip protectors Throughout the day to safeguard against injury. Joan Todd may refuse hip protectors and puts them in the garbage when applied by staff. Joan Todd wears size LARGE hip protectors. Report to Registered Staff if not wearing. <p>Date Initiated: 06/27/2024 Created on: 06/27/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 06/27/2024 Revision by: Richard Domingo (Registered Practical Nurse)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Position floor mat on floor on the right and left side of bed to lower risk of injury. Only to be in place once Joan is in bed and sleeping, due to potential trip hazard of mat when Joan is up and ambulating. <p>Date Initiated: 07/19/2022 Created on: 07/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 02/20/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 08/26/2024 Created on: 08/26/2024 Created by: Myrna Corpuz (RPN)</p>	PCA	D/E/N
<ul style="list-style-type: none"> Potential for muscular dysfunction, contractures and bone deformity related to OSTEOARTHRITIS 	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with 	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with Joan/SDM in decision making of musculoskeletal care management. <p>Date Initiated: 05/27/2021</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	(Osteoarthritis) through to the next review date. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	<p>Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication for management of Osteoarthritis as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of Osteoarthritis for discomfort/ complications or changes to health status. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PAIN MANAGEMENT for Osteoarthritis prescribed and in place; refer to Pain Care Plan. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	Registered Practical Nurse
• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • To monitor the effectiveness and for side effects of medication used each day through to the next review date <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>• COMMUNICATION: Involve/collaborate with Joan/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Joan's daily use of anti-psychotic medications for changes to health status and alteration or complications affecting functioning or quality of life. 	Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	Target Date: 12/05/2025	<p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse RN		
• Potential for BOWEL INCONTINENCE related to impaired cognition. Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • Joan will receive support to use toilet and promote optimal bowel continence each day through to the next review. <p>Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025</p> <ul style="list-style-type: none"> • Joan will have bowel incontinence managed every shift through to the next review period <p>Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Joan/SDM for decision making about bowel function, toileting options, incontinence management.</p> <p>Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Joan for changes to health status, alteration of continence level or bowel function. <p>Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BOWEL Continence level is OCCASIONALLY Incontinent. Report change to level as noted. <p>Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BOWEL MOVEMENT: Monitor Joan for bowel movement each shift and document number of occurrences, size and consistency. <p>Date Initiated: 07/06/2022</p>	Registered Practical Nurse		
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician	Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location	Jackson House 100 1
Last Care Plan Review Completed:	09/05/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to impaired cognition. Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) 		<p>Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • INCONTINENCE PRODUCT: Joan wears/uses size large briefs during days, evenings and nights Date Initiated: 07/06/2022 Created on: 07/06/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) 		PCA
<ul style="list-style-type: none"> URINARY Mixed INCONTINENCE related to Dementia Diagnosis. Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) 	<ul style="list-style-type: none"> • Joan will receive support to use toilet, and promote urinary continence each shift through to the next review. Date Initiated: 06/10/2022 Created on: 06/10/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025 • Joan will have urinary incontinence managed every shift through to the next review period. Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Joan/SDM for decision making about toileting options or incontinence management. Date Initiated: 08/26/2022 Created on: 08/26/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Joan for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) • URINARY Continence level is OCCASIONALLY incontinent. Report change to level as noted. Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) • TOILETING PREFERENCE: Joan is often able to toilet herself, requires minimal assistance. Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) 	<p>Registered Practical Nurse</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location Jackson House 100 1
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> URINARY Mixed INCONTINENCE related to Dementia Diagnosis. <p>Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>assistance. Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> CHECK and CHANGE: Joan experiences OCCASIONAL incontinence and requires PCA checks every 2 hours and change each time noted to be soiled. Date Initiated: 04/30/2024 Created on: 04/30/2024 Created by: Grace Akah (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) INCONTINENCE PRODUCT: Joan wears/uses size large briefs during days, evenings and nights Date Initiated: 10/13/2021 Created on: 10/13/2021 Created by: Brittany Saini (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) 	PCA	
<ul style="list-style-type: none"> Potential for Expressive Behaviour of EXIT SEEKING, WANDERING, VERBAL, PHYSICAL, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote safety for Joan and/or others during each episode of wandering, verbally and/or physically expressive behaviour through to the next review date. Date Initiated: 04/21/2022 Created on: 04/21/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025 	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Joan)/SDM about identified Risk of Expressive Behavior, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (Joan) for indications to change in or for escalating expressive behaviour risk. Date Initiated: 09/09/2022 Created on: 09/09/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) TRIGGERS leading to PHYSICAL (Hitting, Punching, Slapping, Kicking, etc.) as 	RN Social Worker RN Registered Practical Nurse RN	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>expression of behaviour include anger, frustration, confusion, invasion of personal space, Sundowning.</p> <p>Date Initiated: 09/09/2022 Created on: 09/09/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PHYSICAL Behaviour: If Joan is attempting to strikeout; move back from her reach. RN Calmly indicate that care will continue when she is calm/ready. Seek Registered Staff assistance. <p>Date Initiated: 09/09/2022 Created on: 09/09/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TRIGGERS leading to VERBAL yelling, calling names as expression of behaviour include loss of control, frustration, limitation in self expression. <p>Date Initiated: 04/21/2022 Created on: 04/21/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • VERBAL Behavior: If (Joan) is heard yelling, swearing or calling others names; calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern. Report episode to Registered Staff <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • VERBAL Behaviour: If Joan is demanding to leave, yelling at staff or co-residents then quietly redirect her away from exit doors, walk with her in the hallway and talk about basic topics such as food, the weather, music. Do not mention her son, or anything about leaving, going home or going outside. <p>Date Initiated: 04/21/2022 Created on: 04/21/2022</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> Potential for Expressive Behaviour of EXIT SEEKING, WANDERING, VERBAL, PHYSICAL, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat, refusing medication, etc. as expression of behaviour include confusion, misunderstanding care needs, poor judgement, lack of insight, impaired memory. <p>Date Initiated: 04/21/2022 Created on: 04/21/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • RESISTANCE to Care Need: If (Joan) is refusing to bathe, change clothes, take medications, eat, then staff are to re-approach in 10-15 minutes. Report episode to Registered Staff. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • WANDERING: Permit (Joan) to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • DIVERSION ACTIVITY: Joan responds well to 1:1 verbal reassurance and interaction with staff, sometimes company from co-resident who she spends a lot of time with, taking walk down hallway as method to calm or redirect energy <p>Date Initiated: 04/21/2022 Created on: 04/21/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Joan is most calm in a quiet area, with lots of room to walk, table 	RN Registered Practical Nurse PCA	PCA Registered Practical Nurse RN	PCA Registered Practical Nurse RN
Allergies	No Known Allergies	D.O.B.	10/22/1933	Nghi Truong Phan	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location	
Last Care Plan Review Completed:	09/05/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of EXIT SEEKING, WANDERING, VERBAL, PHYSICAL, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>to sit at; an environment that is not crowded or noisy .</p> <p>Date Initiated: 04/21/2022 Created on: 04/21/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for therapeutic treatment of Wandering, exit seeking, and agitation as per MD Order. Monitor effectiveness and for side effects. <p>Date Initiated: 04/28/2022 Created on: 04/28/2022 Created by: Vinnie Noriega (Registered Practical Nurse) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach. Allow Joan time and safe space to settle if she is becoming upset or escalating behaviour. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA Registered Practical Nurse	Registered Practical Nurse
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by restlessness, persistent anger with self/others and repetitive verbalizations related to Loss of Independence, Alzheimer's Disease. <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews</p>	<ul style="list-style-type: none"> Joan will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Joan/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Provide education and support to Joan/SDM pertaining to 	Registered Practical Nurse	RN Registered
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
(RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joan for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none">• MEDICATION: Administer Joan's medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Practical Nurse	Registered Practical Nurse
• Altered VISION related to advanced aging process Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	• To treat and minimize complications of progressive vision loss through to next review date Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	• COMMUNICATION: Involve/collaborate with Joan/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse	RN Registered Practical Nurse
• Altered COMMUNICATION as exhibited by limitations to self expression,	• Joan will be supported to make basic needs known each day	• COMMUNICATION: Involve/collaborate with Joan/SDM for decision making about strategies needed to support effective communication.	Registered Practical	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
comprehension, slurred speech, mumbled speech, etc. related to advancing Alzheimer's disease Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	through to the review date Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases, etc. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Nurse Registered Practical Nurse PCA	
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement, etc. related to progression of Alzheimer's Disease. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	• Joan will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Current CPS score is 3 Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	• COMMUNICATION: Involve/collaborate with Joan/SDM in decision making of Cognitive Loss for Alzheimer's. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) • ORIENTATION: Gently reorient to person, place, time as needed when Joan is feeling lost or in confused state. Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse Registered Practical Nurse	
• Potential for Persistent PAIN and alteration in comfort level related to (Osteoarthritis). Most Current MDS Pain Score is 0. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN)	• To promote Joan's comfort and effectively manage PERSISTENT pain each day through to the next review date. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN)	• COMMUNICATION: Involve/collaborate with Joan/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)	Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) PHYSIO TREATMENT: physio to follow-up and advise about pain management and prevention of physical decline- see physio section of care plan for details. Date Initiated: 08/02/2022 Created on: 08/02/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) POSITIONING: Position in chair or bed for optimal comfort, as per Joan's direction and request. Date Initiated: 08/02/2022 Created on: 08/02/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) REST: accommodate Joan's rest and relaxation preference breaks between activities, nap/rest in the afternoon if she chooses. Date Initiated: 08/02/2022 Created on: 08/02/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 	RN Registered Practical Nurse PT - Physiotherapist PCA Registered Practical Nurse Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location Jackson House 100 1
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to (Osteoarthritis). Most Current MDS Pain Score is 0. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>		Revision by: Navpreet Sekhon (RN)		
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Contracture, Expressive behaviour of resistance to care and progressive dementia <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Joan will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care tasks are met each day through to the next review date <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> BATHING: Joan prefers a shower on Monday and Friday evenings. Joan requires 1 PCA person total assistance for shower. Nail care to be provided on shower/bath day. <p>Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> BED MOBILITY: Joan requires 1 person extensive assistance for bed mobility as resident have limited cognitive ability due to dementia. <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> DRESSING: Joan requires One staff to provide EXTENSIVE assistance as needed for dressing. <p>Date Initiated: 05/26/2021</p>		PCA
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • EATING: Joan is able to feed herself. 1 Staff to SUPERVISE and provide total setup PCA for eating Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) • LOCOMOTION: Joan requires 1 person assistance with providing her walker. Requires one person total assist when unsteady. She requires direct and close supervision from 1 staff when off unit. <p>Wheelchair use PRN Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: Joan requires one person total assistance to complete personal hygiene. Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • HAND HYGIENE: Joan requires 1 total assistance to apply sanitizer, rub hands together, and dry hands for hand hygiene. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC) • TOILET USE: Joan requires 1 person total assistance to use the toilet and provide 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Contracture, Expressive behaviour of resistance to care and progressive dementia <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>peri care.</p> <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 03/31/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> • TRANSFERRING: Joan requires 1 person total assistance for transfer when unsteady but she can usually transfer herself with limited assistance. Assess prior to transfer and respond with appropriate level of assistance. <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 05/26/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • ORAL CARE: Joan requires 1 person total assistance for oral care. <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <ul style="list-style-type: none"> • FOOT CARE: Foot Care Nurse to complete toenail care every as per foot nurse schedule. Report long toe nails or other abnormalities as noted <p>Date Initiated: 05/26/2021 Created on: 05/26/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>PCA RN Registered Practical Nurse</p> <p>PCA RN Registered Practical Nurse</p> <p>PCA</p>	
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to (Joan) Medical Treatment and End of Life Care. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To support and honor (Joan) expressed wishes and beliefs through to the End of Life <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> CPR: (Joan) wishes express NO CPR, NO TRANSFER to the hospital -See POET for details. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 10/18/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	Registered Practical Nurse RN	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of diuretic.</p> <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/01/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"> To promote Joan's fluid consumption and minimize risk for dehydration each day through to the next review date <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/05/2025</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Joan/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of Joan's altered fluid intake for changes to health status and risk for dehydration. <p>Date Initiated: 12/01/2023 Created on: 12/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
<p>• Nutrition Risk Level: MODERATE r/t good food and beverage intake, frequent falls, stable weight, bowels managed, skin intact, independent at meals</p> <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 11/24/2023 Revision by: Anika Dhalla (Dietitian (RD))</p>	<ul style="list-style-type: none"> Resident will be adequately nourished able consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 09/30/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/05/2025</p> <ul style="list-style-type: none"> Will weigh within GWR of 71.7-84.5kg/BMI 28-33 (h 160cm) through to next review date. <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 11/22/2024 Revision by: Anika Dhalla (Dietitian)</p>	<ul style="list-style-type: none"> NUTRITION RISK: Resident is MODERATE risk level. <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 11/25/2022 Revision by: Anika Dhalla (RD - Registered Dietician)</p> <ul style="list-style-type: none"> DIET ORDER: Resident will receive Regular diet, Regular texture <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/04/2021 Revision by: Nadia Malik (Dietitian)</p> <ul style="list-style-type: none"> FLUID CONSISTENCY: Resident drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 06/04/2021 Revision by: Nadia Malik (Dietitian)</p> <ul style="list-style-type: none"> FLUID TARGET: Encourage Resident to drink a minimum of 1552mL per day. <p>Date Initiated: 06/04/2021 Created on: 06/04/2021</p>	Dietitian (RD) Dietary Manager	
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre		Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: MODERATE r/t good food and beverage intake, frequent falls, stable weight, bowels managed, skin intact, independent at meals <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 11/24/2023 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>(RD)) Target Date: 12/05/2025</p> <ul style="list-style-type: none"> Joan will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1940mL @ 25ml/kg, 77.6kg through to next review date. <p>Date Initiated: 06/04/2021 Created on: 06/04/2021 Created by: Nadia Malik (Dietitian) Revision on: 05/29/2025 Revision by: Shipra Tomar (Dietitian (RD)) Target Date: 12/05/2025</p>	<p>Created by: Nadia Malik (Dietitian) Revision on: 05/29/2025 Revision by: Shipra Tomar (Dietitian (RD))</p> <ul style="list-style-type: none"> EXTRA FLUIDS: Offer a minimum of 125ml fluid QID outside of meals and snacks daily. <p>Date Initiated: 05/23/2024 Created on: 05/23/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 05/23/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> DINING INSTRUCTIONS: Provide redirection and distraction at meals c/o behavioral issue. <p>Date Initiated: 06/01/2022 Created on: 06/01/2022 Created by: Maria Sokolova Revision on: 06/01/2022 Revision by: Maria Sokolova</p>	PCA	Diet Food Services Aide Personal Support Workers Registered Practical Nurse
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Dyslipidemia, CHF <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 09/02/2023 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To treat and minimize signs/symptoms or complications associated with (Atrial Fibrillation, CHF and Dyslipidemia) through to the next review date <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 09/30/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/05/2025</p>	<p>COMMUNICATION: Involve/collaborate with Joan/SDM in decision making of Cardiac Care Management for (Atrial Fibrillation and hyperlipidemia).</p> <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident with dyslipidemia and afib for changes to health status and alteration or complications affecting cardiac function. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for Atrial Fibrillation, CHF, Dyslipidemia as per MD Order and monitor for side effects. 	Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location
Last Care Plan Review Completed:	09/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in CARDIAC FUNCTION related to; Atrial Fibrillation , Dyslipidemia, CHF <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 09/02/2023 Revision by: Navpreet Sekhon (RN)</p>		<p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities. <p>Date Initiated: 09/09/2022 Created on: 09/09/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results as ordered by MD/NP. Follow up as indicated. <p>Date Initiated: 05/27/2021 Created on: 05/27/2021 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	

Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician	Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location	Jackson House 100 1
Last Care Plan Review Completed:	09/05/2025				

Care Plan Report

Diagnosis

Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease, unspecified(J44.9), Stroke, not specified as haemorrhage or infarction(I64), COVID-19, virus identified(U07.1)

Allergies	No Known Allergies	D.O.B.	10/22/1933	Physician	Nghi Truong Phan
Diagnosis	Alzheimer's disease, unspecified(G30.9), Benign hypertension(I10.0), Primary generalized (osteo)arthrosis(M15.0), Other specified cardiac arrhythmias(I49.8), Chronic obstructive pulmonary disease...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Todd, Joan (922141000178)	Admission Date	05/25/2021	Location	Jackson House 100 1
Last Care Plan Review Completed:	09/05/2025				

Care Plan Report

Focus	Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> • Physiotherapy focus: Balance and ambulation <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/17/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> • 1. Maintain the transfer and ambulation 2. Improve the balance and prevent falls <p>Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/17/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 01/07/2026</p>	<ul style="list-style-type: none"> • 1. Ambulation using RW with 1 p assist as tolerated. 2. sit to stand exercise, standing marching with 1 person assistance: 5-10 reps x 1-2 sets <p>Date Initiated: 12/17/2024 Created on: 03/19/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/17/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<ul style="list-style-type: none"> • Nutrition Risk Level: HIGH r/t good food intake, limited assistance at meals, controlled diabetes, hx of UTIs, significant weight gain, good fluid intake, bowels managed, infrequent low BG <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<ul style="list-style-type: none"> • Joan will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/03/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/07/2026</p> <ul style="list-style-type: none"> • Will weigh within IBW of 56.2-67.9kg/BMI 24-29 through to next review date. h=153cm <p>Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 03/21/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	<ul style="list-style-type: none"> • Comfort foods include soup <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/02/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • Dislikes include cucumber <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/02/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • NUTRITION RISK: Joan is HIGH risk level. <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 06/13/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • DIET ORDER: Joan will receive Regular diet, Minced texture <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/05/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>			FSS	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician	Kevin Velicaria	
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre			Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location	Jackson House 108 1	
Last Care Plan Review Completed:	10/07/2025	Waltenberry, Joan (922141000310)				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Target Date: 01/07/2026</p> <ul style="list-style-type: none"> • Joan will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1738mL @ 25mL/kg, 69.5kg through to next review date. <p>Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/07/2026</p>	<ul style="list-style-type: none"> • FLUID CONSISTENCY: Joan drinks REGULAR/THIN Level 0 Fluids. <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/02/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • FLUID TARGET: Encourage Joan to drink a minimum of 1390mL per day. <p>Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <ul style="list-style-type: none"> • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. <p>Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 04/03/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> • PORTION SIZE: Joan prefers regular portions for meals. <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/02/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • FOOD ALLERGY/INTOLERANCE: Intolerance to cucumber. <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 04/02/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <ul style="list-style-type: none"> • FOOD PREFERENCES: Joan enjoys eating ice cream, sweets, chicken, pork, beef, all vegetables. She also enjoys tea with milk. <p>Dislikes eating cucumber.</p> <p>Date Initiated: 04/03/2024</p>	PCA	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			PCA Restorative Care Aide
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level: HIGH r/t good food intake, limited assistance at meals, controlled diabetes, hx of UTIs, significant weight gain, good fluid intake, bowels managed, infrequent low BG <p>Date Initiated: 04/02/2024 Created on: 04/02/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>		<p>Created on: 04/03/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 04/03/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> MEDPASS SUPPLEMENTS: <ol style="list-style-type: none"> 1. 60mL Resource 2.0 OD @ medpass (120kCal, 5g PRO) -Provide Resource 2.0 at 2030hr to prevent overnight low BG <p>Date Initiated: 09/16/2024 Created on: 09/16/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/12/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> HIGH FIBRE: <ol style="list-style-type: none"> 1. 1tbsp ground flax @ Breakfast <p>Date Initiated: 06/17/2024 Created on: 06/17/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 06/17/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> LABELLED SNACK: Provide yogurt at HS snack to aid in preventing overnight hypoglycemia <p>Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 05/14/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> DIABETIC CARE: Offer Joan: <ol style="list-style-type: none"> 1. 1/2 juice and 1/2 water (when offering juice) <p>Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 04/03/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> 	RN Registered Practical Nurse FSM Dietitian (RD)	PCA
<ul style="list-style-type: none"> PASSIVE PARTICIPATION in Activities of interest <p>Date Initiated: 09/10/2025</p>	<ul style="list-style-type: none"> Joan will be supported to maintain participation in activities 20-25 times per month 	<ul style="list-style-type: none"> STRUCTURED ACTIVITIES: Invite her to programs of personal interest; Crafts, reading club, walking program, church, music programs, etc. <p>Date Initiated: 09/10/2025</p>	Recreation Aide	D/E
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025	Waltenberry, Joan (922141000310)		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)	by the next review date. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/07/2026 • Joan will maintain ISE score of 3 by the next review date. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/07/2026	Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as walking, conversing with peers, looking outdoors, colouring, walking tv. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) • ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in elevator, Walk with and guide to programs by cueing direction, Reminders and reassurance. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) • HELPFUL HINTS: Joan speaks english. Joan was born in Sudbury, ON. Joan had a career as a nurse. Joan enjoys listening to Frank Sinatra and that style of music. Joan enjoys doing crafts, reading, going for walks, and conversing with others. Joan has two sons, Duane and Ian. She believes they are her neighbours. Joan likes others to meet her in her reality. Joan follows one step direction Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) • ONE to ONE: Provide her with individual visits for conversation, reading, reminiscing, walking, colouring, etc.	Recreation Aide PCA Recreation Aide Recreation Aide	Recreation Aide PCA Recreation Aide Recreation Aide
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Physician	Kevin Velicaria			
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
• PASSIVE PARTICIPATION in Activities of interest Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)		<p>Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • THERAPIES: Provide her with Music Therapy when available. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) • MUSIC CARE APPROACH: Present Joan with Community music, Music Care Specialists, Musicking, Music Programming, and Environmental Sound. Date Initiated: 09/10/2025 Created on: 12/17/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) 	Recreation Aide	Recreation Aide
• SPIRITUAL BELIEFS: Joan is of the United Church Faith. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)	<ul style="list-style-type: none"> • To provide Joan spiritual support as interested through to the next review date. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 01/07/2026 	<p>• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing and United Church Service. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • PERSONAL CHOICE: Respect Joan's right to decline participation in Spiritual Program. Date Initiated: 09/10/2025 Created on: 04/11/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/10/2025 Revision by: Julie Lambert (Recreation Aide) 	Recreation Aide	Recreation Aide
• Increased risk for FALLS related to impaired judgement. Altered Physical function (LIMITED ROM): , Limitation of cognitive function/ altered judgement (DEMENTIA DIAGNOSIS), Medical	• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 03/18/2024	• COMMUNICATION: Involve/collaborate with Joan/SDM in decision making in fall prevention Plan of Care. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)	RN	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
condition (Retinopathy, arthritis): , Medication use (risperidone, quetiapine) Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/04/2025 Revision by: Myrna Corpuz (RPN)	<p>Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/07/2026</p> <ul style="list-style-type: none"> • CALL BELL: Place call bell within Joan's reach and check that it is in working order PCA and remind/encourage to use it. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/10/2024 Revision by: Pritibahen Patel (Registered Nurse)</p> <ul style="list-style-type: none"> • ADAPTIVE AIDS: Place adaptive aid/needed objects eyeglasses and RW walker within easy reach of resident. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment:walker. Ensure Joan PCA to use walker. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/21/2024 Revision by: Natalia Ilic (Registered Practical Nurse)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Secure environment, reduce clutter, quiet environment to reduce fall risk for Joan <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • BED : place bed in lowest position to lower risk for injury. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/10/2024 Revision by: Pritibahen Patel (Registered Nurse)</p>		D/E/N	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Physician	Kevin Velicaria			
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			Jackson House 108 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to impaired judgement. Altered Physical function (LIMITED ROM): , Limitation of cognitive function/altered judgement (DEMENTIA DIAGNOSIS), Medical condition (Retinopathy, arthritis): , Medication use (risperidone, quetiapine) Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/04/2025 Revision by: Myrna Corpuz (RPN) 		<ul style="list-style-type: none"> • ACTIVITY: Engage Joan in meaningful activity to decrease boredom and or restlessness. Resident likes to: fold towels, one on one conversation. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none"> • TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Chantelle Walker (ADOC) • FOOTWEAR: Ensure Joan wears appropriate footwear: non-skid shoes for transfers, ambulation. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/02/2024 Revision by: Grace Akah (RN) • PROGRAMS: Offer Joan to participate in Programs which encourage physical activity (SPECIFY - endurance, Centercise, muscle strengthening exercises, flexibility training and balance exercises, Walk with Me, etc.) Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Chantelle Walker (ADOC) Revision on: 09/23/2024 Revision by: Chantelle Walker (ADOC) • HIP PROTECTORS: Joan wears hip protectors during the day to safeguard against injury. Report immediately to Registered Staff if not wearing. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Richard Domingo (Registered Practical Nurse) Revision on: 04/02/2024 Revision by: Grace Akah (RN) • SPECIAL CONSIDERATION to PREVENT FALLS:Momo bed sense in place. Date Initiated: 07/28/2025 	PCA RN Registered Practical Nurse Recreation Aide PCA Registered Staff PCA PCA PTA Recreation Aide PCA D/E/N	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to impaired judgement. Altered Physical function (LIMITED ROM): , Limitation of cognitive function/altered judgement (DEMENTIA DIAGNOSIS), Medical condition (Retinopathy, arthritis): , Medication use (risperidone, quetiapine) Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/04/2025 Revision by: Myrna Corpuz (RPN) 		<p>Created on: 07/28/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> • FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Chantelle Walker (ADOC) Revision on: 09/23/2024 Revision by: Chantelle Walker (ADOC) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) 	PCA Registered Practical Nurse Recreation Aide	Registered Staff
<ul style="list-style-type: none"> Joan is enrolled in an AMBULATION nursing restorative program and has the potential to show improvement to walking endurance related to personal motivation to participate in exercise program, ability to follow directions and functional ability to 	<ul style="list-style-type: none"> • SHORT TERM GOAL: To improve Joan ability to walk for longer duration of time from 10 minutes to 15 of minutes by the next review day. Date Initiated: 05/16/2024 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Joan about performance in AMBULATION Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) 	Restorative Care Aide	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
safely perform exercises. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/07/2026	Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joan when partaking in AMBULATION Nursing Restorative Program. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • AMBULATION ENDURANCE: 1 staff to assist Joan to ambulate for duration of 15 MINUTES using rollator walker. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • TIME SPENT: Enter amount of time in MINUTES that Joan performed WALKING exercises. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Restorative Care Aide Restorative Care Aide Restorative Care Aide	D/E
• Joab is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to muscle function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024	• SHORT TERM GOAL: To improve Joan muscle AROM strength to be able to complete 10 of repetitions of each exercise each day through the next review date. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	• COMMUNICATION: Involve/collaborate with Joan/SDM) about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joan when partaking in AROM Nursing Restorative Program. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator)	Restorative Care Aide Restorative Care Aide	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)		Admission Date	03/18/2024
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Target Date: 01/07/2026	<p>Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <ul style="list-style-type: none"> AROM EXERCISE MUSCLE: Provide cueing and demonstration of abduction, adduction, extension, flexion to Joan for R/L bicep, triceps, quadriceps, etc. Complete 15 # of repetitions per each joint exercise. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <ul style="list-style-type: none"> TIME SPENT: Enter amount of time in MINUTES that Joan performed AROM exercises. Date Initiated: 05/16/2024 Created on: 05/16/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 05/16/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	Restorative Care Aide	DEqshiftNpr n
• Risk for Impaired SKIN INTEGRITY related to Medical Condition; (Diabetes) Frailty Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next review. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/07/2026	<ul style="list-style-type: none"> HEALTH EDUCATION: Engage resident/SDM in health education regarding prevention of skin impairment and management. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Registered Practical Nurse	
• Potential for BOWEL INCONTINENCE related to dementia. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	<ul style="list-style-type: none"> Joan will receive support to (use toilet) and promote optimal bowel continence each day through to the next review. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Joan for decision making about (bowel function, toileting options, incontinence management). Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)	RN Registered Practical Nurse	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 01/07/2026	<p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • BOWEL Continence level is USUALLY OCCASIONALLY Incontinent. Report change to level as noted. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • INCONTINENCE PRODUCT: Resident uses medium size brief during day, evening and night shift. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
• Potential to experience rash, hives, anaphylaxis, related to ALLERGY of aspirin, penicillins, pollen Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	<ul style="list-style-type: none"> • Joan will be protected from exposure to allergen each day through next review date. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Joan/SDM in decision making and health teaching about ALLERGY to aspirin, penicillins, pollen</p> <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of resident with aspirin, penicillin, and pollen for changes to health status and complications. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	Registered Practical Nurse	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

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Focus	Goal	Interventions	Position	Freq/Resolved
		<ul style="list-style-type: none"> • ALLERGY ALERT: Joan has ALLERGY to aspirin, penicillin, and pollen.. Prevent contact with and report if noted to experience symptoms. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Joan Allergy to aspirin, penicillin, and pollen and minimize risk for exposure to allergen. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • MEDICATION: Administer medication as per MD Order. Monitor its effectiveness. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) 	Registered Practical Nurse	
• Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	<ul style="list-style-type: none"> • To treat and/or minimize complications associated with ANEMIA each day through to the next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/07/2026 	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Joan/SDM in decision making of hematologic care management for Anemia. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) • HEALTH TEACHING: Engage with Joan/SDM to enhance her comprehension of (treatment, possible complications, disease trajectory, etc.) associated with anemia. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with ANEMIA for complications or changes to health status. 	RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for altered hematologic symptoms or complications related to diagnosis of ANEMIA <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p>		Registered Staff
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of multi-pharmacy, use of anti-psychotic medications, <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> To monitor effectiveness and for side effects of medication used each day through to the next review date. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>Target Date: 01/07/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Joan/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</p> <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• MONITORING: Utilize the holistic perspective of continuous monitoring of residents using anti-psychotic medication, poly-pharmacy for changes to health status and alteration or complications affecting functioning or quality of life.</p> <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</p> <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience complications and side effects impacting quality of life related to use of multi-pharmacy, use of anti-psychotic medications. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	Registered Practical Nurse	
<ul style="list-style-type: none"> Potential for Expressive Behaviour of (WANDERING, VERBAL, PHYSICAL, RESISTANCE to care need) nature related to Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote safety for Joan and/or others during each episode of Expressive Behaviour through to the next review date. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/25/2025 Revision by: Monika Musan (Social Services Worker) Target Date: 01/07/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Joan/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Joan for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/25/2025 Revision by: Monika Musan (Social Services Worker)</p> <p>• TRIGGERS leading to PHYSICAL responses as expression of behaviour include anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, too many people surrounding her especially during episodes of heightened behaviours</p>	BSO - Internal Social Worker Registered Practical Nurse PCA Social Worker	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/25/2025 Revision by: Monika Musan (Social Services Worker)</p> <ul style="list-style-type: none"> • PHYSICAL Behaviour: If Joan is attempting to strikeout; move back from her reach. Calmly indicate that care will continue when she is calm/ready. Seek Registered Staff assistance. Offer to walk with her to calm her down. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/25/2025 Revision by: Monika Musan (Social Services Worker)</p> <ul style="list-style-type: none"> • PHYSICAL Behaviour: Offer to go on walk with Joan to calm her down. If she denies, give her alone time to calm down but continue to monitor closely. <p>Date Initiated: 06/05/2025 Created on: 06/05/2025 Created by: Lauren Bonomo (Registered Practical Nurse) Revision on: 06/25/2025 Revision by: Monika Musan (Social Services Worker)</p> <ul style="list-style-type: none"> • TRIGGERS leading to VERBAL ; yelling, screaming, calling names as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention, crowding of people around her especially during episodes of heightened behaviour or emotion <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/25/2025 Revision by: Monika Musan (Social Services Worker)</p> <ul style="list-style-type: none"> • VERBAL Behaviour: If Joan is heard yelling, swearing or calling others names; calmly remind to lower her voice and that chosen words are not appropriate. Attempt to resolve her concern. Report episode to Registered Staff. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024</p>	RN Registered Practical Nurse RCA Social Worker	Registered Practical Nurse PCA Social Worker
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Expressive Behaviour of (WANDERING, VERBAL, PHYSICAL, RESISTANCE to care need) nature related to Symptom Progression of Dementia/Alzheimer <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> WANDERING: Permit Joan to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for therapeutic treatment of (Expressed Behaviour) as per MD Order. Monitor effectiveness and for side effects. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse RCA	Registered Practical Nurse RN
<ul style="list-style-type: none"> Altered COMMUNICATION as exhibited by limitations to self expression, comprehension, related to Expressive Aphasia, Receptive Aphasia. <p>Date Initiated: 03/27/2024 Created on: 03/27/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Joan will be supported to make basic needs known each day through to the review date. <p>Date Initiated: 03/27/2024 Created on: 03/27/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 04/10/2024 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/07/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Joan)/SDM for decision making about strategies needed to support effective communication. <p>Date Initiated: 03/27/2024 Created on: 03/27/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH TEACHING: Engage with Joan/SDM to enhance their knowledge of (communication devices, hearing aids, change in health status, etc.) affecting communication ability. <p>Date Initiated: 03/27/2024 Created on: 03/27/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator)</p>	RN Registered Practical Nurse RCA	RN Registered Practical Nurse RCA
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SUPPORTIVE TECHNIQUES: Allow Joan time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases, etc. <p>Date Initiated: 03/27/2024 Created on: 03/27/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (resistive to care and verbally expressive) related to Dementia <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Joan will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026</p> <ul style="list-style-type: none"> To support Joan with their identified coping strategies for mood/emotional stability each day through to the review date. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Joan/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HEALTH EDUCATION: Provide education and support to (Joan)/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (Joan) for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> RESIDENT STRENGTHS: Build on Joan effort to maintain control. Encourage her to express self, state preferences and make safe choices for care and activities. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024</p>	RN Registered Practical Nurse	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential to experience alteration in MOOD as exhibited by (resistive to care and verbally expressive) related to Dementia <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> FAMILY SUPPORT: Joan enjoys visits from (family members and friends). <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SLEEP/REST: Promote adequate sleep and rest to stability of Joan's mood. Report changes in sleeping habits to Registered Staff as noted. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> BSO RECOMMENDATION: use GPA and stop when resident is resistive and re approach in 10-15 minutes <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse RCA	Registered Practical Nurse
<ul style="list-style-type: none"> COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement, etc. related to progression of Dementia <p>Date Initiated: 03/18/2024 Created on: 03/18/2024</p>	<ul style="list-style-type: none"> Joan is severely impaired in cognition and will have needs interpreted and met each day through to the review date. CPS score is 6. <p>Date Initiated: 04/17/2024</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with (Joan)/SDM in decision making of Cognitive Loss for Dementia. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p>	RN	PCA
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)	Created on: 04/17/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/07/2026	<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • HEALTH TEACHING: Engage with Joan/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ORIENTATION: Gently reorient Joan to person, place, time as needed when Joan is feeling lost or in confused state. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PERSONAL ROUTINE: Provide consistency in care routine and activities. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MEDICATION: Administer medication (Cholinesterase Inhibitor) as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Provide environmental clue to promote resident ability to locate room and navigating home area (i.e. name plate, photo etc.) outside of room. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)</p>	Social Worker RN PCA Registered Staff PCA	
• Joan is at high risk for ELOPEMENT related to Date Initiated: 03/18/2024	• To promote Joan's safety and minimize risk for episode of elopement each day through	• ALERT: Joan has potential to attempt elopement. If heard making requests to leave the building or seen attempting to use exit doors report to Supervisor immediately.	RN Registered Practical	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse)	next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026	Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) • ELOPEMENT ALERT: Redirect Joan away from elevator or exit doors as needed. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse)	Nurse PCA	
• Altered VISION related to Diabetic Retinopathy Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/11/2024 Revision by: Sujit James (PT - Physiotherapist)	• Joan supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026	• COMMUNICATION: Involve/collaborate with (Joan)/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with Joan/SDM to enhance their knowledge of (Presbyopia, Cataract, Glaucoma, Diabetic Retinopathy, etc.) affecting vision. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Navpreet Sekhon (RN) • EYEGLASSES: Joan wears eyeglasses. Assist to clean eyeglasses as needed and store (on night table) when sleeping. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)	RN RN Registered Practical Nurse	
• Potential for persistent PAIN and alteration in comfort level related to neuralgia and arthritis. Most Current MDS Pain Score is 0. Date Initiated: 03/18/2024	• To promote Joan's comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 03/18/2024	• COMMUNICATION: Involve/collaborate with (Joan/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)	Registered Practical Nurse	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 Revision by: Navpreet Sekhon (RN)	Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/16/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026 • Promote MDS Pain Score of 0 through to the next review. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/07/2026	Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) • REST: accommodate Joan's rest and relaxation preference. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/17/2024 Revision by: Navpreet Sekhon (RN)	RN Registered Practical Nurse RN RN RN RN	
• Potential for hypo/hyperglycemia and other complications related to diagnosis of DIABETES (Insulin-Dependent). Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)	• To treat and minimize signs/symptoms or complications associated with DIABETES each day through to the next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Target Date: 01/07/2026	• COMMUNICATION: Involve/ collaborate with Joan/SDM in decision making of diabetes care management. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) • HEALTH TEACHING: Engage with Joan/SDM to enhance his/her comprehension of (specify: treatment, possible complications, disease trajectory, etc.) associated with DIABETES. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024	RN Registered Practical Nurse RN RN RN	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of HYPOGLYCEMIA/ HYPERGLYCEMIA for changes to health status. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> CBG MONITORING: Monitor CAPILLARY BLOOD GLUCOSE (CBG) as per MD order. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication (Metformin and INSULIN) for DIABETES as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024</p> <p>Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> RESCUE MEDICATION: Administer GLUCAGON for hypoglycemia as per MD order. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results for (fasting blood glucose and HbA1c) and report results to MD as needed. Follow up as indicated. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024</p> <p>Revision by: Roopkamal Kaur (Registered Nurse)</p>	Registered Staff Registered Staff RN Registered Practical Nurse Registered Staff RN Registered Practical Nurse	
• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Cognitive Limitation, Expressive Behaviour (verbal, physical, resistance to care, wandering), Limited	• Joan will have ALL ADL care needs met each day through the next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024	• BATHING: Joan prefers showers on Tuesday and Friday Mornings. 1 Staff to provide Extensive assistance with bathing. Nail care to be provided on shower/bath day. Date Initiated: 07/11/2025 Created on: 07/11/2025	PCA	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Mobility, Limited ROM Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/07/2026	<p>Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> • BED MOBILITY: Joan requires 1 staff member to provide extensive assistance for bed mobility. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/15/2025 Revision by: Chantelle Walker (ADOC) • DRESSING: Joan requires 1 staff to provide EXTENSIVE assistance for dressing. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 Revision by: Navpreet Sekhon (RN) • EATING: Joan requires 1 Staff to provide Total assistance for eating. PSW staff are to notify nurse if Joan does not eat her meal or take her snack. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Chantelle Walker (ADOC) • LOCOMOTION: Ambulation using RW with 1 person assist as tolerated for locomotion (on and/or off unit). 2 person assist prn Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/04/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • PERSONAL HYGIENE: Joan requires 1 staff to provide EXTENSIVE assistance for hygiene. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 	PCA	PCA
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Cognitive Limitation, Expressive Behaviour (verbal, physical, resistance to care, wandering), Limited Mobility, Limited ROM <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HAND HYGIENE: 1 staff to provide extensive assistance as needed(use soap/water, apply sanitizer, rub hands together, dry hands, etc.) for hand hygiene. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/15/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> TOILET USE: Joan requires 1 staff to provide EXTENSIVE assistance for toileting. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRANSFERRING: 1 person extensive assistance for transferring. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/15/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> TRANSFER LIFT/SLING:- 1 person extensive assistance for lift/sling <p>Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/15/2025 Revision by: Chantelle Walker (ADOC)</p> <ul style="list-style-type: none"> ORAL CARE: Joan has Partial Upper Plate and requires 1 staff to provide LIMITED assistance for oral care. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> FOOT CARE: PSW, Registered staff, Foot Care Nurse to complete toenail care every (SHOWER DAY). Report long toe nails or other abnormalities as noted. <p>Date Initiated: 03/18/2024</p>	PCA PCA PCA PCA RN Registered Practical Nurse PCA PCA PCA	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Cognitive Limitation, Expressive Behaviour (verbal, physical, resistance to care, wandering), Limited Mobility, Limited ROM <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HAIR CARE: HAIR to be washed on shower days. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/07/2024 Revision by: Navpreet Sekhon (RN)</p>		PCA
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Joan Medical Treatment and End of Life Care <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> To support and honor Joan expressed wishes and beliefs through to the End of Life. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>	<ul style="list-style-type: none"> CPR: Joan wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/18/2024 Revision by: Navpreet Sekhon (RN)</p>		RN Registered Practical Nurse
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 01/07/2026			
• Sleep Patterns; Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/18/2024 Revision by: Navpreet Sekhon (RN)	• To promote adequate rest/sleep for Joan based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) Target Date: 01/07/2026	• REST PATTERN: Preferred bedtime is around 8 pm, usual wake time 7:30-7:45 am PCA and daytime naps after lunch occasionally if tired. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)		
• Potential for muscular dysfunction, contractures and bone deformity related to OSTEOARTHRITIS Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)	• To treat and minimize signs/symptoms or complications associated with osteoarthritis through to the next review date. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) Target Date: 01/07/2026	• COMMUNICATION: Involve/ collaborate with Joan/SDM in decision making of musculoskeletal care management. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) • HEALTH EDUCATION: Engage with Joan/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory etc. associated with osteoarthritis. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) • LAB WORK: Monitor lab and diagnostic results for osteoarthritis and report results to MD as needed. Follow up as indicated. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024	RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			Kevin Velicaria
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for muscular dysfunction, contractures and bone deformity related to OSTEOARTHRITIS <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p>		<p>Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for management of osteoarthritis as per MD order. Monitor effectiveness and for side effects. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of osteoarthritis for discomfort/ complications or changes to health status. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> PAIN MANAGEMENT for osteoarthritis prescribed and in place; refer to Pain Care Plan. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	RN Registered Practical Nurse
<ul style="list-style-type: none"> Potential for altered bone density related to diagnosis of OSTEOPOROSIS. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To treat and minimize complications associated with OSTEOPOROSIS through to the next review date. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> COMMUNICATION: Involve/ collaborate with Joan/SDM in decision making of osteoporosis care management. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)</p>	RN Registered Practical Nurse	PT - Physiotherapi st Physical Therapy Assistant
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 01/07/2026	<ul style="list-style-type: none"> • HEALTH EDUCATION: Engage with Joan/SDM to enhance her comprehension of (treatment, possible complications, etc.) associated with osteoporosis. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN) • LAB WORK: Monitor lab and diagnostic results and report results to MD as needed. Registered Follow up as indicated. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) 	Registered Practical Nurse	Practical Nurse
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN)	• To treat and minimize signs/symptoms or complications associated with hypertension through to the next review date.	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Joan/SDM in decision making of Cardiac Care Management for hypertension. Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 	RN Registered Practical Nurse	PT
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location
Last Care Plan Review Completed:	10/07/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	<p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse) Target Date: 01/07/2026</p>	<p>Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident with hypertension for changes to health status and alteration or complications affecting cardiac function. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/27/2024 Revision by: Roopkamal Kaur (Registered Nurse)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> LAB WORK: Monitor lab and diagnostic results and report results to MD as needed. RN Follow up as indicated. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse Dietitian (RD)	Registered Practical Nurse RN
• Potential for URINARY INCONTINENCE related to Dementia Diagnosis Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/18/2024	• Joan will receive support to toilet and promote urinary continence each shift through to the next review. Date Initiated: 03/18/2024 Created on: 03/18/2024	<ul style="list-style-type: none"> COMMUNICATION: Involve/collaborate with Joan for decision making about (toileting options or incontinence management). <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Waltenbery, Joan (922141000310)		Admission Date	03/18/2024
Last Care Plan Review Completed:		10/07/2025	Location	Jackson House 108 1

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)	<p>Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Rohini Gaikwad (Registered Nurse) Target Date: 01/07/2026</p>	<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/24/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> URINARY Continence level is OCCASIONALLY Incontinent. Report change to level PCA as noted. <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Rohini Gaikwad (Registered Nurse)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Joan uses medium size brief during day, evening and PCA night shift <p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/25/2024 Revision by: Navpreet Sekhon (RN)</p>	RCA Registered Practical Nurse	

Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Waltenbery, Joan (922141000310)	Admission Date	03/18/2024	Location	Jackson House 108 1
Last Care Plan Review Completed:	10/07/2025				

Care Plan Report

Diagnosis

Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic disease(E11.36), Diabetic retinopathy(H36.0), Generalized and unspecified atherosclerosis(I70.9), Neuralgia and neuritis, unspecified, other site(M79.28), Anaemia, unspecified(D64.9), Arthritis, unspecified, unspecified site(M13.99)

Allergies	Aspirin, Penicillins, Pollen	D.O.B.	05/20/1935	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Urinary tract infection, site not specified(N39.0), Type 2 diabetes mellitus with advanced ophthalmic dise...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Waltenberry, Joan (922141000310)	Admission Date	03/18/2024	Location	Jackson House 108 1
Last Care Plan Review Completed:	10/07/2025				

Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"> • Lynda displays STRONG PARTICIPATION in Activities <p>Date Initiated: 11/04/2025 Created on: 10/06/2019 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> • Lynda will maintain an ISE score of 6 by the next review date <p>Date Initiated: 11/04/2025 Created on: 10/06/2019 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> • STRUCTURED ACTIVITIES: Invite Lynda to programs of personal interest such as bingo, socials, card games, table games, active games, crafts, manicures, and number puzzles. • SELF-DIRECTED ACTIVITIES: Encourage Lynda to engage in self-directed activities such as reading paper, crafts, watching TV , conversing with peers and cross word puzzles. • HELPFUL HINTS: Attention span of 20-30 minutes. May become overstimulated easily. Expresses sadness over not seeing her 2 children. Expresses fear from past events in her life. Enjoys being engaged in activities. Minced diet. Stomach may become upset if given chocolate/dairy. Friendly and seeks conversation. • ONE to ONE: When Lynda is displaying agitation towards staff or co residents, Lynda is accepting to one to one programs to minimize behaviors. 				Recreation Aide	Recreation Aide
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician	Nghi Truong Phan		
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location	Jackson House 107 2		
Last Care Plan Review Completed:	11/05/2025	Wilkinson, Lynda Margaret (269-07)					

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Lynda displays STRONG PARTICIPATION in Activities <p>Date Initiated: 11/04/2025 Created on: 10/06/2019 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<ul style="list-style-type: none"> • THERAPIES: Provide her with Art Therapy, Music Therapy and Massage Therapy. <p>Date Initiated: 11/04/2025 Created on: 04/22/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • FAMILY INVOLVEMENT: Twice a year (Lynda's Birthday and Christmas) <p>Date Initiated: 11/04/2025 Created on: 04/22/2022 Created by: Samantha Miller (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • MUSIC CARE APPROACH: Present Lynda with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology, Environmental Sound. <p>Date Initiated: 11/04/2025 Created on: 04/24/2025 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	Recreation Aide	
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: Lynda is of the Protestant Faith. <p>Date Initiated: 11/04/2025 Created on: 07/27/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>	<ul style="list-style-type: none"> • To provide Lynda spiritual support as interested through to the next review date. <p>Date Initiated: 11/04/2025 Created on: 07/27/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> • SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice including Hymn Sing and Church Service <p>Date Initiated: 11/04/2025 Created on: 07/27/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • SPIRITUAL RITUALS: Lynda practices the Protestant religion, and enjoys participating in church services held in the home <p>Date Initiated: 11/04/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • SELF-DIRECTED SPIRITUAL Activities: Lynda likes to read her bible and pray sometimes. 	Recreation Aide	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Nghi Truong Phan
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location Jackson House 107 2
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • SPIRITUAL BELIEFS: Lynda is of the Protestant Faith. <p>Date Initiated: 11/04/2025 Created on: 07/27/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>		<p>Date Initiated: 11/04/2025 Created on: 07/27/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p> <ul style="list-style-type: none"> • PERSONAL CHOICE: Respect Lynda's right to decline participation in Spiritual Program. <p>Date Initiated: 11/04/2025 Created on: 07/27/2023 Created by: Julie Lambert (Recreation Aide) Revision on: 11/04/2025 Revision by: Julie Lambert (Recreation Aide)</p>		Recreation Aide
<ul style="list-style-type: none"> • Lynda has Dysphagia: high risk for choking on food r/t putting too much food in mouth, eating too quickly, will put everything in her mouth, she also tries to convince other family members to give her regular texture foods. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD))</p>	<ul style="list-style-type: none"> To prevent episodes of choking or aspiration until next review period. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> See Nutrition Risk focus for diet order <p>Date Initiated: 10/24/2025 Created on: 10/24/2025 Created by: Stephanie Isaak (Dietitian (RD))</p> <ul style="list-style-type: none"> Observe Lynda at meals to determine appropriateness of texture, consistency of fluids <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Position upright for meals. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Encourage Lynda to eat slowly and monitor at meals. Dietary staff are to ensure that food items are not left on the counter when PCAs and registered staff are not available to monitor Lynda. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018</p>	PCA Dietitian (RD) PCA FSS	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025	Wilkinson, Lynda Margaret (269-07)		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Lynda has Dysphagia: high risk for choking on food r/t putting too much food in mouth, eating too quickly, will put everything in her mouth, she also tries to convince other family members to give her regular texture foods. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD))</p>		<p>Created by: Melissa Pacaldo (RPN) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p> <ul style="list-style-type: none"> • Lynda prefers her medications with applesauce. Registered staff to supervise Lynda while taking her medications <p>Date Initiated: 08/09/2022 Created on: 08/09/2022 Created by: Vinnie Noriega (Registered Practical Nurse) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD))</p> <ul style="list-style-type: none"> • Report any choking episodes to registered staff immediately. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Monitor intake, weights, laboratory values. <p>Date Initiated: 10/25/2018 Created on: 10/25/2018 Created by: Melissa Pacaldo (RPN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse PCA	Registered Practical Nurse
<ul style="list-style-type: none"> • ambulation, balance and strength <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 07/30/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	<ul style="list-style-type: none"> 1. Maintain strength and flexibility(ROM)of upper and lower extremities on an ongoing basis. 2. Improve the balance and ambulation. <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<p>• Physiotherapy plan:</p> <ol style="list-style-type: none"> 1. AROM exs to B/L UE & LE - 10 reps x 2 sets 2. Ambulation using RW with 1 p assist, as tolerated. Provide frequent rest breaks. 3. Balance exs - Mini squat, walking side way - holding on rail with 1 p assist. <p>2-3 times/ week</p> <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 07/30/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	PT - Physiotherapist PTA	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> ambulation, balance and strength <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 07/30/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>				
<ul style="list-style-type: none"> Increased risk for FALLS related to impaired mobility (becomes unsteady when walking), anxiety, altered judgement with behaviour of suddenly shifting movement or putting self to floor, history of multiple falls. <p>Date Initiated: 04/24/2024 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/15/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>	<ul style="list-style-type: none"> To promote safety, minimize risk for falls and fall related injury each day through to the next review date <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Lynda in decision making in fall prevention Plan of Care. • CALL BELL: Place call bell within reach of Lynda, check that it is in working order and remind/encourage her to use it • ADAPTIVE AIDS: Place wheelchair within easy reach of Lynda. Lynda is able to propel her wheelchair from one point to another. Lynda requires a one person assist for transfers. • ENVIRONMENT: Provide secure environment by reducing clutter, having dim light on at night, clear pathway to bathroom and to her bed, to reduce fall risk for Lynda 	<p>Registered Practical Nurse RN</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	D/E/N
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to impaired mobility (becomes unsteady when walking), anxiety, altered judgement with behaviour of suddenly shifting movement or putting self to floor, history of multiple falls. <p>Date Initiated: 04/24/2024 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/15/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>		<p>Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> BED: Place bed in lowest position on the floor to decrease risk for injury <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ACTIVITY: Engage Lynda in meaningful activity to decrease boredom and/or restlessness. She likes to: play games, participate in rec therapy activities, do crafts, watch television or movies, talk with staff, listen to music. Linda enjoys 1:1 interaction and often seeks connection and encouragement from others. <p>Date Initiated: 08/14/2022 Created on: 08/14/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TOILETING: Follow individual toileting plan (refer to Continence Plan of Care) to minimize unsafe self attempts to use toilet. <p>Date Initiated: 02/28/2024 Created on: 02/28/2024 Created by: Grace Akah (RN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> FOOTWEAR: Ensure Lynda wears appropriate, well-fitting, non-slip footwear . <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> GARMENTS: Lynda wears hip protectors to safeguard against injury . <p>May remove hip protectors on her own.</p> <p>Date Initiated: 10/20/2024 Created on: 10/20/2021 Created by: Vinnie Noriega (Registered Practical Nurse) Revision on: 10/30/2025</p>	PCA	E/N
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Increased risk for FALLS related to impaired mobility (becomes unsteady when walking), anxiety, altered judgement with behaviour of suddenly shifting movement or putting self to floor, history of multiple falls. <p>Date Initiated: 04/24/2024 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/15/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>		<p>Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> PROGRAMS: Offer Lynda to participate in Programs which encourage physical activity gentle muscle strengthening exercises, balance exercises, Walk with Me, etc. <p>Date Initiated: 08/14/2022 Created on: 08/14/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in place. <p>Date Initiated: 07/28/2025 Created on: 04/15/2023 Created by: Gabrielle Wolfe (RN) Revision on: 07/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <ul style="list-style-type: none"> FLOOR MAT: Position floor mat on floor next to left side of bed to lower risk of injury <p>Date Initiated: 09/26/2019 Created on: 09/26/2019 Created by: Shirly Nasufi (RN) Revision on: 03/22/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. <p>Date Initiated: 04/30/2023 Created on: 04/30/2023 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	Recreation Aide PCA	E/N
<ul style="list-style-type: none"> Nutrition Risk Level r/t MODERATE encouragement at meals, dysphagia dx, dementia dx, lactose intolerance, bowels managed, stable weight, good food and fluid intake, fragile skin, adaptive aids <p>Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian)</p>	<ul style="list-style-type: none"> Resident will be adequately nourished aeb consuming >75% at meals and snacks through to next review date <p>Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 05/07/2025</p>	<ul style="list-style-type: none"> Dislikes include Beans, Fish, Liver and Onions <p>Provide alternative if these menu items are offered.</p> <p>Date Initiated: 10/21/2022 Created on: 10/21/2022 Created by: Anika Dhalla (RD - Registered Dietitian) Revision on: 01/15/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	FSS PCA	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic... See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 10/24/2024 Revision by: Anika Dhalla (Dietitian (RD))	<p>Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p> <ul style="list-style-type: none"> Will weigh within RWR of 61.4-74.2kg kg/BMI 24-29 (160cm) through to next review date Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026 Lynda will be adequately hydrated aeb drinking at least 90% of total fluid requirement of 1725ml @ 25ml/kg, 69kg through to next review date. Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/17/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 02/05/2026 Respect Resident's right to make food choices. Date Initiated: 10/21/2022 Created on: 10/21/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 05/07/2025 Revision by: Chantelle Walker 	<ul style="list-style-type: none"> LABELLED SNACK HS: Provide soft cookies at HS snack Date Initiated: 07/02/2025 Created on: 07/02/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 07/02/2025 Revision by: Alexandra Breau (Dietitian (RD)) NUTRITION RISK: Resident is MODERATE risk level Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/21/2022 Revision by: Anika Dhalla (RD - Registered Dietician) DIET ORDER: Resident will receive Regular diet, Minced texture. Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 04/21/2023 Revision by: Anika Dhalla (RD - Registered Dietician) THICKENED FLUIDS: Nectar Thick/Level 2 Mildly thick (MT2) consistency Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/21/2022 Revision by: Anika Dhalla (RD - Registered Dietician) FLUID TARGET: Encourage Resident to drink of 1553ml per day. Hydration interventions Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/17/2025 Revision by: Alexandra Breau (Dietitian (RD)) EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily during medpass. Date Initiated: 10/21/2022 Created on: 10/21/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 10/21/2022 	PCA Registered Practical Nurse RN Dietitian (RD) Dietary Manager Diet Food Services Aide PCA Diet PCA PCA Dietary aide PCA	E
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level r/t MODERATE encouragement at meals, dysphagia dx, dementia dx, lactose intolerance, bowels managed, stable weight, good food and fluid intake, fragile skin, adaptive aids <p>Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/24/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	(ADOC) Target Date: 02/05/2026	<p>Revision by: Anika Dhalla (RD - Registered Dietician)</p> <ul style="list-style-type: none"> PORTION SIZE: Give 2 full servings at meals & double portions of snacks (if requested) - 2x soup if requested <p>Date Initiated: 04/27/2022 Created on: 04/27/2022 Created by: Maria Sokolova Revision on: 04/24/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> ADAPTIVE AIDS: <ol style="list-style-type: none"> Provide Lipped plate for meals and snacks Provide teaspoons for meals and snacks <p>Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 06/19/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <ul style="list-style-type: none"> ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task. <p>Date Initiated: 10/21/2022 Created on: 10/21/2022 Created by: Anika Dhalla (RD - Registered Dietician)</p> FOOD ALLERGY/INTOLERANCE: Lactose intolerance; <p>Provide Lactose free milk Dairy restrictions as: avoid pudding, yogurt, cream soups, custard, ice cream. Provide magic cup, PRN Avoid eggs @ BF , upsets her stomach. She is Ok eating eggs in dishes like quiche</p> <p>Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/21/2022 Revision by: Shirly Nasufi (Registered Nurse)</p> 	PCA PCA Diet PCA Recreational Therapy Aide	D/E
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025	Wilkinson, Lynda Margaret (269-07)		

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Nutrition Risk Level r/t MODERATE encouragement at meals, dysphagia dx, dementia dx, lactose intolerance, bowels managed, stable weight, good food and fluid intake, fragile skin, adaptive aids <p>Date Initiated: 04/30/2021 Created on: 04/30/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/24/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>		<ul style="list-style-type: none"> LABELLED SNACK: <ol style="list-style-type: none"> Meat or PB Sandwich @ AM snack pass as per preference. Provide alterate sandwich @ PM snack pass (IF cheese or ham+cheese sandwich is offered) <p>Date Initiated: 01/20/2023 Created on: 01/20/2023 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 02/28/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	PCA	Nour
<ul style="list-style-type: none"> Altered Communication r/t cognitive impairment due to Frontal Lobe Dementia as evidenced by repeating the same phrase several times and verbalizing to all the staff and family members. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Christy Kuruvilla (Clinical Best Practice Coordinator) Revision on: 03/14/2024</p>	<ul style="list-style-type: none"> Lynda will be able to make basic needs known on a daily basis through the review period. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Christy Kuruvilla (Clinical Best Practice Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> Lynda needs intermittent instruction in recreation programs. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Monitor/document report to MD prn any confounding problems: decline in cognitive status, mood, decline in ADL, deterioration in respiratory status, oral motor function, hearing impairment (ear discharge and cerumen (wax) .accumulation <p>Date Initiated: 08/20/2019 Created on: 08/20/2019</p>	Recreation Aide Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)		<p>Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Use communication techniques which enhance interaction: Allow adequate time for PCA response, Repeat as necessary, Do not rush, Request Lynda feedback, clarification, to ensure understanding, Face when speaking and make eye contact, Turn off TV/radio as needed to reduce background noise, Ask yes/no questions as appropriate, Use simple, brief, consistent words/cues <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Lynda's primary language is English. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
• Cognitive Loss/dementia or alteration in thought processes r/t Frontal Lobe dementia. Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> • Lynda will maintain current cognitive abilities through the review date. Current CPS is 2 <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> • Assess and minimize triggers for agitated or excessive behaviours. If Lynda is displaying signs of agitation encourage her to go to a quiet space (ie., her room or oasis room) to reduce agitation. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Encourage a program of physical activity: endurance, muscle-strengthening exercises, flexibility training and balance exercises <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Observe for pain responses which increase confusion. Ensure pain is controlled <p>Date Initiated: 08/20/2019</p>	PCA Recreation Aide PCA	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Reorient, cue, encourage, assist as necessary with all tasks <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Provide consistency in care routines and activities <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Engage Lynda in activities to stimulate cognitive function such as puzzles, trivia <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Assess / monitor use of psychotropic medication medications. Lynda is being followed by Dr. Luthra (Psychogeriatrics) <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • ENVIRONMENT: Provide environmental clue to promote Lynda's ability to locate room and navigating home area - the all about me poster <p>Date Initiated: 06/14/2022 Created on: 06/14/2022 Created by: Paramjeet Kaur Sidhu (RN) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA PCA Recreation Aide Registered Practical Nurse PCA	

Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician	Nghi Truong Phan
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location	Jackson House 107 2
Last Care Plan Review Completed:	11/05/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Persistent PAIN and alteration in comfort level related to recent left distal femur fracture, and arthritic pain. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote Lynda's comfort and effectively manage pain each day through to the next review date. Current pain level is 0 <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ALTERNATIVE THERAPY: Please consider non-pharmacological pain treatments to relieve pain (hot/cold packs, rest, Voltaren cream and/or massage). <p>Date Initiated: 03/03/2023 Created on: 03/03/2023 Created by: Christina Arpino (RSSW) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> REST: encourage Lynda to have bed rest after lunch and as needed to relieve back and knee pain <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication as per MD order for pain relief/management. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	Registered Practical Nurse
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, decrease ability to weight bear, cognitive decline. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024</p>	<ul style="list-style-type: none"> Lynda will maintain current self sufficiency in ADL abilities in ambulation, eating, hygiene through to the next review period. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI</p>	<ul style="list-style-type: none"> BATHING:Lynda prefers to have shower on wednesday days and saturday evening. <p>PCA</p> <p>Lynda is able to wash her face and arms. Staff to provide care to other parts of Lynda's body</p> <p>Nail care to be provided after shower.</p> <p>Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Harwinder Kaur (Clinical Practice Coordinator) Revision on: 07/11/2025</p>	PCA	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)		Admission Date	01/26/2007
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)	<p>Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<p>Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <ul style="list-style-type: none"> • BED MOBILITY: Lynda is able to move INDEPENDENTLY in bed. <p>Date Initiated: 04/21/2025 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 04/21/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> • DRESSING: Lynda is able to put her shirt on. Lynda requires extensive two person assistance with the rest of her clothing. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 10/24/2024 Revision by: Vinnie Noriega (RPN)</p> <ul style="list-style-type: none"> • EATING: Lynda is able to feed herself. Lynda has behaviour of eating too fast. Staff to provide close monitoring and constant reminder to Lynda to slow down when eating <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • LOCOMOTION: Lynda is able to propel her wheelchair from one point to another. Lynda also walks with physio to increase ability in weight bearing. Can walk 50-100 meters using RW with 1 person assist. <p>Date Initiated: 10/29/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • PERSONAL HYGIENE: 1-2 Staff to extensive assist with pericare due to Lynda not washing herself properly causing redness to perineal area. Encourage Lynda to wash her face in the morning and at bed time <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator)</p>	PCA	PCA
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, decrease ability to weight bear, cognitive decline. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision on: 10/24/2024 Revision by: Vinnie Noriega (RPN)</p> <ul style="list-style-type: none"> HAND HYGIENE: Lynda requires 1 staff LIMITED assistance to provide REMINDERS to apply sanitizer, rub hands together, and dry hands for hand hygiene. <p>Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 05/10/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"> TOILET USE: Lynda requires 1-2 staff member extensive assistance for toilet use. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 10/24/2024 Revision by: Vinnie Noriega (RPN)</p> <ul style="list-style-type: none"> TRANSFERRING: 1-2 staff for extensive assistance as needed with transfers at all times due to Lynda is unpredictable in her balance. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 10/24/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> ORAL CARE: Lynda is able to do her oral care. Lynda has no teeth/denture. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> FOOT CARE: registered staff to provide care after shower if toe nails are elongated <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> HAIR CARE: staff to wash Lynda's hair on shower days if not going to hair dresser <p>Date Initiated: 08/19/2019</p>	PCA	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, decrease ability to weight bear, cognitive decline. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Expressed Wishes and Beliefs related to Lynda Medical Treatment and End of Life care. <p>Date Initiated: 11/03/2021 Created on: 11/03/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To support and honor Lynda expressed wishes and beliefs through to the End of Life care. <p>Date Initiated: 11/03/2021 Created on: 11/03/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> CPR: Lynda wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. <p>Date Initiated: 11/03/2021 Created on: 11/03/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/14/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Sleep patterns <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> To promote adequate rest/sleep for Lynda based on identified sleep patterns/preferences each night through to the next review period <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> REST PATTERN: Preferred bedtime 1900, usual wake time 0800 <p>Date Initiated: 07/21/2022 Created on: 07/21/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> Lynda has potential for complications, signs and symptoms related to diagnosis of asthma <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Lynda will have respiratory rate within normal limits, be free of signs and symptoms of respiratory distress, and maintain optimal functioning within limitations imposed by disease process through next review period. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> Assess/record/report to MD prn; anxiety, restlessness, SOB, wheezing, dyspnea, respiration rapid or shallow cough, cyanosis, confusion, altered mental status, fatigue, headache. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Encourage coughing and deep breathing techniques <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> Administer oxygen prn . <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
			PCA	
			Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Lynda has potential for complications, signs and symptoms related to diagnosis of asthma <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> • Monitor VS O2 sats when Lynda has difficulty breathing. Listen for breath sounds, document respiratory rate, rhythm, depth, and any abnormal breath sounds <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • Administer puffers as ordered and monitor for side effects, effectiveness <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
<ul style="list-style-type: none"> • Use of Psychotropic medication related to bi-polar disorder, anxiety disorder, depression <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> • To monitor effectiveness and for side effects of medications used each day. Lynda will be safe in using antidepressant, anti-anxiety medication daily through to next review date <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<ul style="list-style-type: none"> • Refer to MD when prns are not used as prescribed for potential discontinuation. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • COMMUNICATION: Involve/collaborate with Lynda/SDM in decision making and health teaching about medicinal regime and appropriate medication use. <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> • MONITORING: Utilize holistic perspective of continuous monitoring of Lynda using anti-psychotic medication for changes to health status and alteration or complications affecting functioning or quality of life. <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> • Use of Psychotropic medication related to bi-polar disorder, anxiety disorder, depression <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> • DE-PRESCRIBING MEDICATION; Monitor Lynda for signs/symptoms during period when medications are titrated. Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) • Review use of psychotropics quarterly Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) 	Registered Practical Nurse	Registered Practical Nurse
<ul style="list-style-type: none"> • Potential for BOWEL INCONTINENCE related to decrease sensation of the need to use the toilet, and altered mobility. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> • Lynda will have bowel incontinence managed every shift through to the next review period. Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026 	<ul style="list-style-type: none"> • BOWEL Continence level is Occasionally Incontinent. Report change to level as noted Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) • SCHEDULED TOILETING of BOWEL Movements ONLY: Toilet Lynda before and after breakfast, lunch and dinner, at bed time and PRN. 	PCA	PCA
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for BOWEL INCONTINENCE related to decrease sensation of the need to use the toilet, and altered mobility. <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Date Initiated: 02/28/2024 Created on: 02/28/2024 Created by: Grace Akah (RN) Revision on: 02/28/2024 Revision by: Grace Akah (RN)</p> <ul style="list-style-type: none"> INCONTINENCE PRODUCT: Lynda uses/wears size Large BRIEF on days, evenings and nights. <p>Date Initiated: 02/02/2024 Created on: 02/02/2024 Created by: Grace Akah (RN) Revision on: 02/02/2024 Revision by: Grace Akah (RN)</p>	PCA	
<ul style="list-style-type: none"> URINARY (Stress, overflow) INCONTINENCE related to altered mobility, and Lynda's decrease sensation of the need to empty her bladder <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> Lynda will have urinary incontinence managed every shift through to the next review date <p>Date Initiated: 11/03/2021 Created on: 11/03/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Lynda for decision making about toileting options and incontinence management</p> <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level</p> <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• URINARY Continence level is Frequently Incontinent. Report change to level as noted</p> <p>Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• URINARY (Stress, overflow) INCONTINENCE related to altered mobility, and Lynda's decrease sensation of the need to empty her bladder Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"> SCHEDULED TOILETING: Toilet Lynda before and after breakfast, lunch and dinner, at bed time and PRN. Date Initiated: 02/28/2024 Created on: 02/28/2024 Created by: Grace Akah (RN) Revision on: 02/28/2024 Revision by: Grace Akah (RN) INCONTINENCE PRODUCT: Lynda uses/wears size Large BRIEF on days, evenings and nights. Date Initiated: 08/20/2019 Created on: 08/20/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 02/02/2024 Revision by: Grace Akah (RN) ADAPTIVE EQUIPMENT/AID: Lynda utilizes a TRUELOO toilet seat in the bathroom which takes pictures of her urine and BM and analyzes it for infection, color, and any abnormalities. The MD is informed of any abnormalities Date Initiated: 08/01/2024 Created on: 08/27/2024 Created by: Shihana Rumzi (Nurse Clinician) Revision on: 08/27/2024 Revision by: Shihana Rumzi (Nurse Clinician) 	PCA	
• Risk for/Impaired Skin Integrity r/t Frailty, Impaired mobility Date Initiated: 01/20/2020 Created on: 01/20/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"> To protect and maintain skin integrity each day through to the next period Date Initiated: 01/20/2020 Created on: 01/20/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026 	<ul style="list-style-type: none"> SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 08/27/2024 Created on: 08/27/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) 	PCA Registered Practical Nurse RN ADOC	
• Potential for Behavior of VERBAL, SOCIALLY Inappropriate,	• To promote safety for Lynda and others during each episode	• COMMUNICATION: Involve/collaborate with Lynda about identified Risk of all her Behaviours, discuss triggering factors, and plan of care needs/options as needed	BSO - Internal Social Worker	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Nghi Truong Phan
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date 11/5/2025
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location Jackson House 107 2
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
HOARDING/RUMMAGING, going in other residents rooms, accusing staff and other residents of hitting her related to episodic Psychosis, Mental Illness Paranoid Personality Disorder, anxiety Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)	of inappropriate behavior through to the next review date Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026	<p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Lynda for indications to change in or for escalating expressive behaviour risk <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRIGGERS leading to PHYSICAL picking at her skin, repeatedly removing wound dressings or lowering herself to the floor, as expression of behaviour include seeking connection from others and loneliness <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> PHYSICAL Behaviour: Lynda has had 2 incidents being territorial to another co resident when they tried to enter her room- including closing the door on the co resident. Her trigger is being territorial around her room. Ensure that a yellow wander guard is across her door to hinder other residents from entering. <p>Date Initiated: 11/01/2023 Created on: 11/01/2023 Created by: Brittany Saini (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRIGGERS leading to VERBAL yells at other residents and staff as expression of behaviour include loss of control, frustration, limitation in self expression, pain. new faces in the floor trigger Lynda's behaviours <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024</p>	Registered Practical Nurse	
			PCA	
			Registered Practical Nurse	
			PCA	
			RN	
			Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			Jackson House 107 2

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Behavior of VERBAL, SOCIALLY Inappropriate, HOARDING/RUMMAGING, going in other residents rooms, accusing staff and other residents of hitting her related to episodic Psychosis, Mental Illness Paranoid Personality Disorder, anxiety <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> VERBAL Behaviour: If Lynda is heard yelling, swearing or calling others names; calmly remind her to lower her voice and that chosen words are not appropriate. <p>Attempt to resolve her concern. Report episode to Registered Staff</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> TRIGGERS leading to SOCIALLY Inappropriate disruptive vocalizations, as expression of behaviour include decreased insight, poor judgement, over stimulation. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SOCIALLY Inappropriate Behaviour: If Lynda is noted to take other resident's food. Gently redirect her away from other table. Remind Lynda that she can choke if she eats a food that is not appropriate for her. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SOCIALLY Inappropriate Behaviour: Attention Seeking Behaviour leading to Lynda putting herself on the floor in her room purposely if she can not be assisted immediately or if Lynda is upset. Staff to calmly remind Lynda that she will be assisted when a staff member is available. <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p> <ul style="list-style-type: none"> DIVERSION ACTIVITY: Lynda responds well to coloring, playing Bingo, watching movies and participating in rec activities such as festivals and decorating for 	PCA Registered Practical Nurse PCA RN PCA Registered Practical Nurse RN Recreation Aide PCA	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Behavior of VERBAL, SOCIALLY Inappropriate, HOARDING/RUMMAGING, going in other residents rooms, accusing staff and other residents of hitting her related to episodic Psychosis, Mental Illness Paranoid Personality Disorder, anxiety <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>holidays.</p> <p>Date Initiated: 06/09/2021 Created on: 06/09/2021 Created by: Brittany Saini (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> ENVIRONMENT: Lynda is most calm when with others and with opportunities for meaningful connections and conversations <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> MEDICATION: Administer medication for therapeutic treatment of, depression and anxiety as per MD Order. Monitor effectiveness and for side effects <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> APPROACH: Use Gentle Persuasive Approach. Provide direct, firm yet kind limit setting when Lynda's behaviours are escalating or inappropriate. Remind Lynda of appropriate behaviours and that others are able to listen best when she is calm and able to express herself clearly. Use stop-and-go technique when needed, if Lynda is not following direction or is verbally responsive. <p>Yellow Wander guard Band to be placed on Doorway</p> <p>Date Initiated: 05/12/2023 Created on: 05/12/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> SPECIAL CONSIDERATIONS: two staff to attend to Lynda's personal hygiene needs at all times due to history of accusative behaviour/comments <p>Date Initiated: 02/09/2021 Created on: 02/09/2021</p>	PCA Registered Practical Nurse Registered Practical Nurse PCA Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Potential for Behavior of VERBAL, SOCIALLY Inappropriate, HOARDING/RUMMAGING, going in other residents rooms, accusing staff and other residents of hitting her related to episodic Psychosis, Mental Illness Paranoid Personality Disorder, anxiety <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Paula White (Executive Director) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		
<ul style="list-style-type: none"> Mood problem r/t Cognitive decline, life experiences as evidenced by seeking attention, crying when there are visitors, restlessness/pacing in hallways, putting herself on the floor. <p>Date Initiated: 08/19/2019</p>	<ul style="list-style-type: none"> Lynda will report/display fewer episodes of negative statements, anger with others, repetitive health complaints, anxiety, sadness/worry, crying/tearfulness, through the 	<ul style="list-style-type: none"> Encourage Lynda to express feelings / experiences. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			
Facility	Arbour Creek Care Centre			Print Date
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)	review date. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 05/07/2025 Revision by: Chantelle Walker (ADOC) Target Date: 02/05/2026	<ul style="list-style-type: none"> Monitor/document report to MD signs and symptoms of increased irritability; frequent mood changes; pressured speech; agitation or hyperactivity Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) Observe for increased anger, labile mood or agitation and report change in mood. Date Initiated: 11/22/2019 Created on: 11/22/2019 Created by: Paula White (Director of Care) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) Provide consistency with routines and avoid changes Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) Provide Lynda with frequent reassurance Date Initiated: 11/22/2019 Created on: 11/22/2019 Created by: Paula White (Director of Care) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) DISTRACTION ACTIVITIES: Lynda responds well to coloring, playing Bingo, watching movies, doing arts and crafts, writing cards and participating in rec activities such as festivals and decorating for holidays Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN) SPECIAL CONSIDERATION: Lynda will pick at wounds/scabs so staff have to attend to her. Encourage Lynda not to pick and use diversion techniques to distract. Date Initiated: 02/08/2025 	Registered Practical Nurse PCA PCA PCA PCA PCA PCA PCA PCA	
Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses			Nghi Truong Phan
Facility	Arbour Creek Care Centre	Print Date	11/5/2025	
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location
Last Care Plan Review Completed:	11/05/2025			

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> Mood problem r/t Cognitive decline, life experiences as evidenced by seeking attention, crying when there are visitors, restlessness/pacing in hallways, putting herself on the floor. <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 01/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>		

Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician	Nghi Truong Phan
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location	Jackson House 107 2
Last Care Plan Review Completed:	11/05/2025				

Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic symptoms(F32.3), Bipolar affective disorder, currently in remission(F31.7), Asthma, unspecified, without stated status asthmaticus(J45.90), Anxiety disorder, unspecified(F41.9), Arthritis, unspecified, unspecified site(M13.99), Unspecified dementia(F03), Stroke, not specified as haemorrhage or infarction(I64), Post COVID-19 condition(U07.4), COVID-19, virus identified(U07.1)			

Allergies	No Known Allergies	D.O.B.	05/27/1952	Physician	Nghi Truong Phan
Diagnosis	Special screening examination for mental and behavioural disorders(Z13.3), Bipolar affective disorder, unspecified(F31.9), Mild cognitive disorder(F06.7), Severe depressive episode with psychotic...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre	Print Date	11/5/2025		
Resident	Wilkinson, Lynda Margaret (269-07)	Admission Date	01/26/2007	Location	Jackson House 107 2
Last Care Plan Review Completed:	11/05/2025				