


## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Expressed Wishes and Beliefs related to Margaret's Medical Treatment and End of Life Care.</p> <p>Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Jaspreet Kaur (ADOC)</p>	<p>• To support and honor Margaret's expressed wishes and beliefs through to the End of Life.</p> <p>Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Jaspreet Kaur (ADOC) Target Date: 11/13/2025</p>	<p>• CPR: Margaret wishes to have CPR and be TRANSFERRED to the hospital.</p> <p>Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/31/2025 Revision by: Jaspreet Kaur (ADOC)</p>	RN			
<p>• Nutrition Risk Level: HIGH r/t BMI &gt;35, increased fluid needs r/t edema &amp; lasix use, controlled diabetes, good appetite, good fluid intake, bowels managed, eats independently, skin fragile</p> <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Sharon Kszan (Consultant- Dietary) Revision on: 01/08/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>• Margaret will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</p> <p>Date Initiated: 04/13/2022 Created on: 04/13/2022 Created by: Maria Sokolova (Dietitian) Revision on: 04/13/2022 Revision by: Maria Sokolova (Dietitian) Target Date: 11/13/2025</p> <p>• Will weigh within Realistic weight range of 115-129kg/ BMI 50-56 (H: 152cm) through to next review date.</p> <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Sharon Kszan (Consultant- Dietary) Revision on: 10/09/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>• NUTRITION RISK: Margaret is HIGH risk level</p> <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Sharon Kszan (Consultant- Dietary) Revision on: 01/08/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• DIET ORDER: Margaret will receive a Regular diet, Regular texture</p> <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Sharon Kszan (Consultant- Dietary) Revision on: 04/11/2025 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Margaret drinks REGULAR/THIN Level 0 Fluids.</p> <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Sharon Kszan (Consultant- Dietary) Revision on: 04/13/2022 Revision by: Maria Sokolova (Dietitian)</p> <p>• FLUID TARGET: Encourage Margaret to drink a minimum of 1935mL/d</p> <p>Date Initiated: 10/21/2019 Created on: 10/21/2019 Created by: Alia Arif (Dietitian) Revision on: 04/10/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>Dietitian (RD)</p> <p>PCA</p> <p>Diet PCA</p> <p>PCA</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan	
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>		11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>		Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		08/13/2025				

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Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Nutrition Risk Level: HIGH r/t BMI &gt;35, increased fluid needs r/t edema &amp; lasix use, controlled diabetes, good appetite, good fluid intake, bowels managed, eats independently, skin fragile</p> <p>Date Initiated: 10/16/2019</p> <p>Created on: 10/16/2019</p> <p>Created by: Sharon Kszan (Consultant- Dietary)</p> <p>Revision on: 01/08/2025</p> <p>Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>Target Date: 11/13/2025</p> <p>• Margaret will be adequately hydrated aeb drinking at least 75% of total fluid requirement of 2580mL @ 1mL/kCal through to next review date.</p> <p>20kCals/kg</p> <p>Date Initiated: 10/16/2019</p> <p>Created on: 10/16/2019</p> <p>Created by: Sharon Kszan (Consultant- Dietary)</p> <p>Revision on: 04/10/2025</p> <p>Revision by: Anika Dhalla (Dietitian (RD))</p> <p>Target Date: 11/13/2025</p>	<p>• ADAPTIVE AIDS:</p> <p>- Kennedy cups for fluids</p> <p>Date Initiated: 03/28/2025</p> <p>Created on: 03/28/2025</p> <p>Created by: Anika Dhalla (Dietitian (RD))</p> <p>Revision on: 03/28/2025</p> <p>Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• ENHANCED HYDRATION: Provide minimum 125ml high moisture food/fluids (ex. jello, popsicle, water, ice cream) during hot weather protocol which is in addition to standard menu offerings. Document intake on Extra Fluids POC task.</p> <p>Date Initiated: 07/19/2022</p> <p>Created on: 07/19/2022</p> <p>Created by: Kelsey Sobkowich (Dietitian)</p> <p>• FOOD PREFERENCES: Margaret enjoys eating fresh vegetables, orange juice at meals, prefers to ask for prunes or prune juice as she likes</p> <p>Date Initiated: 10/16/2019</p> <p>Created on: 10/16/2019</p> <p>Created by: Sharon Kszan (Consultant- Dietary)</p> <p>Revision on: 04/13/2022</p> <p>Revision by: Maria Sokolova (Dietitian)</p> <p>• MEDPASS SUPPLEMENTS:</p> <p>1. 30mL Prosource @ TID in diluted orange juice (1/2 water, 1/2 OJ) (provides 300kCal and 30g PRO)</p> <p>Date Initiated: 07/12/2023</p> <p>Created on: 07/12/2023</p> <p>Created by: Anika Dhalla (RD - Registered Dietician)</p> <p>Revision on: 01/08/2024</p> <p>Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• LOW CALORIE: Offer Margaret low calorie foods/interventions at meals/snacks for weight management as per resident/SDM preference, such as:</p> <p>-Encourage fruit over dessert.</p> <p>-Skim milk at all meals and snacks.</p> <p>-Limit to single servings at meals</p> <p>-Avoid extra gravy, sauces, butter, margarine.</p> <p>Date Initiated: 04/13/2022</p> <p>Created on: 04/13/2022</p>	<p>PCA</p> <p>Diet PCA Recreational Therapy Aide</p> <p>Diet PCA</p> <p>Diet</p> <p>Diet PCA</p>	<p></p> <p>D/E</p> <p></p> <p></p>	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		08/13/2025			

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<p>• Nutrition Risk Level: HIGH r/t BMI &gt;35, increased fluid needs r/t edema &amp; lasix use, controlled diabetes, good appetite, good fluid intake, bowels managed, eats independently, skin fragile</p> <p>Date Initiated: 10/16/2019 Created on: 10/16/2019 Created by: Sharon Kszan (Consultant- Dietary) Revision on: 01/08/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>		<p>Created by: Maria Sokolova (Dietitian) Revision on: 04/13/2022 Revision by: Maria Sokolova (Dietitian)</p>			
<p>• Alteration in skin integrity related to RECURRING WOUND/MASD to right BUTTOCKS secondary to Immobility, Trauma.</p> <p>Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 12/17/2024 Revision by: Grace Akah (RN)</p>	<p>• To minimize risk of infection to RECURRING WOUND/MASD each day until fully healed</p> <p>Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025</p> <p>• To promote optimal healing of RECURRING WOUND/MASD to right BUTTOCK within 6-8 weeks or next review date</p>	<p>• TREATMENT PLAN: Administer treatment for Margaret's RECURRING Wound to right BUTTOCK/MASD as per MD Order.</p> <p>Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• HEALTH EDUCATION: Engage with Margaret/SDM to enhance her comprehension of suggested treatment and possible complications associated with RECURRING MASD to right BUTTOCK</p> <p>Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		08/13/2025			

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		Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	• WEEKLY ASSESSMENT: Assess and evaluate Margaret's MASD to right BUTTOCK weekly every Saturday and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			RN Registered Practical Nurse	
			• POSITIONING: Margaret has Turning/Repositioning to off load pressure intervention in place; see Skin Impairment Risk Care Plan. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 06/05/2025 Revision by: Mihaela Devic (RAI Coord Back-up)			RN Registered Practical Nurse PCA	D/E/N/PRN
			• EQUIPMENT: Margaret requires pressure reduction mattress, Roho cushion, and positioning devices (wedges x2) to offload pressure. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
			• AIR MATTRESS: Margaret has air mattress for pressure relief. Margaret requires an air mattress - the comfort Adjust is set at 3, so that the firmness is medium. Mode is set to alternating and Cycle time is set every 15 minutes. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)			PCA RN Registered Practical Nurse	
			• NUTRITIONAL SUPPLEMENT provided for Skin Healing in place; refer to Dietary Care Plan. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 08/02/2024			Dietitian (RD) Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

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Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Alteration in skin integrity related to RECURRING WOUND/MASD to right BUTTOCKS secondary to Immobility, Trauma.</li> </ul> Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 12/17/2024 Revision by: Grace Akah (RN)			Revision by: Navpreet Sekhon (RN)				
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to daily use of antidepressants and antipsychotic medication.</li> </ul> Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)		<ul style="list-style-type: none"> <li>To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period</li> </ul> Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making in fall prevention Plan of Care.</li> </ul> Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
			<ul style="list-style-type: none"> <li>CALL BELL: Place call bell within Margaret's reach LEFT side and check that it is in working order and remind/encourage to use it.</li> </ul> Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/15/2025 Revision by: Myrna Corpuz (RPN)			PCA	D/E/N
			<ul style="list-style-type: none"> <li>ADAPTIVE EQUIPMENT: Margaret needs adaptive equipment: Wheelchair.</li> </ul> Date Initiated: 11/11/2022 Created on: 11/11/2022			PCA	
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

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<p>• Increased risk for FALLS related to daily use of antidepressants and antipsychotic medication.</p> <p>Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>			<p>Created by: Gabrielle Wolfe (RN) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• ENVIRONMENT: Secure environment; reduce clutter, night light, quiet environment to reduce fall risk for Margaret.</p> <p>Date Initiated: 11/11/2022 Created on: 11/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• BED: place bed in lowest position to lower risk for injury.</p> <p>Date Initiated: 04/11/2024 Created on: 04/11/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</p> <p>Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>				PCA	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to the Limited Mobility.</p> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>• Margaret will be supported to maintain the current self participation in ADL care for feeding, making choices about her food and clothes, brushing her hair, and assisted to ensure all ADL care tasks are met each day through to the next review date</p> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse)</p>	<p>• Refer to MD for any functional decline.</p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 03/31/2025 Revision by: Jaspreet Kaur (ADOC)</p> <p>• Support Margaret and family to cope with the changing functional ability.</p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• BATHING: Margaret is able to wash her face. Staff to provide assistance with the</p>				Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	05/21/1941	Physician	Nghi Truong Phan		
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Andrejciw, Margaret (922141000094)		Admission Date	10/10/2019	Location	Queenston House 403 1		
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		Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	rest of the bathing tasks. Prefers bed bath but also offer shower. Bath days on Monday and Thursday in the afternoon. Margaret to have her hair washed every other week, on a Monday bath. If Margaret have a shower, she will sit on the toilet seat and does not like water on her back. Nail care to be provided after shower. If Margaret is refusing shower, Report to Registered staff. Registered staff to call son(Randy) as per his request. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • BED MOBILITY: Margaret is unable to fully move from side to side 2 Staff to provide EXTENSIVE assistance with bed mobility. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • DRESSING: Margaret is able to choose clothes on what to wear but requires 2 staff to provide EXTENSIVE assistance with putting her clothes and her shoes. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • EATING: Margaret can feed herself but staff to offer help with one staff assistance with eating when the resident is weak and shaking and unable to eat on her own. Margaret prefers to take her medication at the dining table with her meals if appropriate. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 03/16/2025 Revision by: Shirley Nasufi (Registered Nurse)						PCA	
Allergies	No Known Allergies		D.O.B.	05/21/1941		Physician	Nghi Truong Phan			
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses									
Facility	Arbour Creek Care Centre					Print Date	11/5/2025			
Resident	Andrejciw, Margaret (922141000094)		Admission Date	10/10/2019		Location	Queenston House 403 1			
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<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to the Limited Mobility.</li> </ul> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>			<ul style="list-style-type: none"> <li><b>LOCOMOTION:</b> Margaret is at time not able to propel her wheelchair due to weakness. 1 staff to provide total assistance to and from the unit. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 05/21/2025 Revision by: Jaspreet Kaur (ADOC)</li> <li><b>PERSONAL HYGIENE:</b> Margaret is able to wash her face only due to shoulder pain. 2 Staff to provide EXTENSIVE assistance to complete hygiene. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</li> <li><b>HAND HYGIENE:</b> Margaret requires 1 staff to provide LIMITED assistance to apply sanitizer, rub hands together, and dry hands for hand hygiene. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</li> <li><b>TOILET USE:</b> Ensure use of adaptive equipment/assistive devices comfortable seating, pads, briefs. Do not leave unattended while on toilet. Margaret needs Mechanical lift for toileting. Two-person TOTAL transfer to the toilet only. One person physical assist and adjust clothing/wash hands/pericare. Incontinence product is green brief with a liner. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 10/28/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</li> <li><b>TRANSFERRING:</b> 3-person physical assistance with a mechanical hooyer lift with toileting sling. While applying sling for transfer,inform Margaret of the steps of what you are going to proceed to do. Ensure you take a slow, gentle approach when adjusting sling due to chronic pain, especially during wheelchair to bed transfers or wheelchair to toilet.</li> </ul>			PCA	
Allergies	No Known Allergies	D.O.B.	05/21/1941	Physician	Nghi Truong Phan		
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to the Limited Mobility.</p> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 09/22/2025 Revision by: Grace Akah (RN)</p> <p>• TRANSFER LIFT/SLING: Hoyer lift, 2xL sling needed for transfer. <span style="float: right;">PCA</span></p> <p>Date Initiated: 02/10/2022 Created on: 02/10/2022 Created by: Liberty Looy (Staff Development and Quality Lead Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• ORAL CARE: Margaret is able to provide oral care with one staff assistance with setting up and cuing. She requires assistance from staff with applying Poli-grip and putting her dentures in. Show her how to do it properly but then also physically assist her as needed. Margaret wears upper and lower dentures. <span style="float: right;">PCA</span></p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• FOOT CARE: Foot nurse to cut Margaret's toenails every 6 weeks. <span style="float: right;">PCA</span></p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• HAIR CARE: Ask Margaret for washing hair on her bath days. She likes to get her hair washed mostly during her hair appointments from the hairdresser. <span style="float: right;">PCA</span></p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• RESIDENT PREFERENCE :Compression stockings to wear daily in morning and remove at night but if margaret refused report to the nurse. <span style="float: right;">PCA</span></p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		08/13/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to the Limited Mobility.</p> <p>Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Date Initiated: 05/25/2025 Created on: 05/25/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/27/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <p>• Refer to PT/OT for functional decline.</p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse	
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to the use of diuretic</p> <p>Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024</p>	<p>• To promote fluid consumption and minimize risk for dehydration due to diuretic use each day through to the next review period</p> <p>Date Initiated: 04/20/2022 Created on: 04/20/2022</p>	<p>• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration.</p> <p>Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>	RN Registered Practical Nurse	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/21/1941
<b>Physician</b>	Nghi Truong Phan			
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Arbour Creek Care Centre		<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>
			Queenston House 403 1	
<b>Last Care Plan Review Completed:</b>		08/13/2025		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)		Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	<ul style="list-style-type: none"><li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Margaret with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</li><li>• <b>PROMOTE FLUIDS:</b> Promote Margaret to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</li><li>• <b>LAB WORK:</b> Monitor lab for Cr, Lytes and report results to MD/NP as needed. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</li></ul>			RN Registered Practical Nurse  PCA   Registered Practical Nurse	
<ul style="list-style-type: none"><li>• <b>Sleep Patterns</b> Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</li></ul>		<ul style="list-style-type: none"><li>• To promote adequate rest/sleep for Margaret based on identified sleep patterns/preferences each night through to the next review date Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025</li></ul>	<ul style="list-style-type: none"><li>• <b>REST PATTERN:</b> Preferred bedtime 1800, usual wake time 0630-0700.  To go to bed after lunch then up for supper Wednesday, Saturday, and Sunday Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</li><li>• <b>MONITOR:</b> Monitor Margaret sleeping patterns. Document when awake or asleep.</li></ul>			PCA   PCA	   Q1H
• Potential for gastric discomfort/complications related to		• To treat and/or minimize complications associated with	• <b>COMMUNICATION:</b> Involve/collaborate with Margaret/SDM in decision making for GERD Management			Registered Practical	
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
diagnosis of Gastroesophageal Reflux Disease (GERD) Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		GERD each day through to the next review period Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with Margaret/SDM to enhance her comprehension of treatment, possible complications associated with GERD. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for management of GERD for discomfort/ complications or changes to health status. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			Nurse	
• Potential for hypo/hyperglycemia and other complications related to the diagnosis of Diabetes Mellitus (DM) Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		• To treat and/or minimize episodes of hypo/hyperglycemia and other complications associated with DM through to the next review period Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)	• MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for management of HYPOGLYCEMIA/ HYPERGLYCEMIA or changes to health status. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • Monitor Margaret's CBG as ordered and prn. Date Initiated: 10/13/2019 Created on: 10/13/2019			Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 11/13/2025	Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • Administer medications as ordered and monitor for side effects, effectiveness. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • Obtain and monitor lab/diagnostic work as ordered. Report results to MD and follow up as indicated. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 01/15/2023 Revision by: Kulwinder Sandhu (RPN)			Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		• To treat and minimize signs/symptoms or complications associated with Hypertension and Hyperlipidemia through to the next review period Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making of Cardiac Care Management for Hyperlipidaemia , Hypertension. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret's Hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN)			Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)					
• Potential to experience complications and side effects impacting quality of life related to use of multi-pharmacy, and use of anti-psychotic medications Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		• To monitor Margaret for effectiveness and for side effects of medication used each day through to the next review date Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	• COMMUNICATION: Involve/collaborate with Margaret/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret using anti-psychotic medication, poly-pharmacy for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 10/18/2023 Created on: 10/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)				Registered Practical Nurse	Registered Practical Nurse
• BOWEL Continence - Margaret is		• Margaret to remain the	• BOWEL Continence level is total CONTINENT.Margaret press the call bell when				PCA	
Allergies	No Known Allergies			D.O.B.	05/21/1941		Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre						Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019		Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
continent and has a self recognition of urge to defecate Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		continent of bowels through the next review date Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	she need assistance related to toileting and she is having urge. Report change to level as noted. Staff to assist Margaret to toilet . Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 05/21/2025 Revision by: Jaspreet Kaur (ADOC) • TOILETING: Margaret requires toilet assistance for bowel movements. Each shift document accordingly for BM. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 08/02/2024 Created on: 08/02/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			PCA	
• URINARY INCONTINENCE related to altered mobility and use of Diuretic Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		• Margaret will have urinary incontinence managed every shift through to the next review date Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	• COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making about incontinence management. Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Margaret for toileting needs, changes to health status and alteration of continence level. Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • URINARY Contenance level is TOTAL Incontinent. Report change to level as noted. Date Initiated: 10/23/2019 Created on: 10/23/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • TOILETING PREFERENCE: Margaret would like to go to the bathroom specifically			Registered Practical Nurse	D
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(110.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• URINARY INCONTINENCE related to altered mobility and use of Diuretic Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</div>			<div>after lunch and prior to shift change Margaret stated she will use the call bell but would like staff to come to her Date Initiated: 07/02/2024 Created on: 07/02/2024 Created by: Shihana Rumzi (Nurse Clinician) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • INCONTINENCE PRODUCT: Margaret wears XLNB for days, evenings and nights. PCA Date Initiated: 10/11/2019 Created on: 10/11/2019 Created by: Geline Tambo (Registered Practical Nurse) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • TOTAL INCONTINENCE MANAGEMENT: Margaret has TOTAL Urinary Incontinence; Requires check and change every 2 hours and as needed. Date Initiated: 07/24/2023 Created on: 07/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>				
<div>• Risk for Impaired Skin Integrity r/t incontinence, Obesity, impaired mobility, excessive moisture. Hx of ulcers, Medical Condition; Diabetes, Excessive Moisture, PURS score 2. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</div>		<div>• To protect and maintain skin integrity each day through to the next review Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025</div>	<div>• SKIN OBSERVATION: Observe Margaret's skin condition with every personal care Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 10/31/2025 Created on: 10/31/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/31/2025 Revision by: Mihaela Devic (RAI Coord Back-up) • HEALTH EDUCATION: Engage Margaret/SDM in health education regarding prevention of skin impairment. Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • EQUIPMENT: Margaret is using Roho cushion, 1 short positioning wedge, and Air</div>			PCA   	



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<p>mattress - the comfort Adjust is set at 3, so that the firmness is medium. Mode is set to alternating and Cycle time is set every 15 minutes to prevent skin breakdown. Ensure Roho cushion is inflated appropriately.</p> <p>Date Initiated: 03/08/2021 Created on: 03/08/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 08/06/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <p>• AIR MATTRESS: Margaret has air mattress for pressure relief. The PSI SETTING should be Alternate 5 minutes cycle time and comfort adjusted on 3. Report if settings are not in the place to Registered Staff immediately as noted.</p> <p>Date Initiated: 08/06/2025 Created on: 08/06/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/10/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <p>• POSITIONING: Turn, reposition at least every 2 hours when in bed/wheelchair as per Margaret preference to offload pressure.</p> <p>Date Initiated: 02/03/2025 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 06/02/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• BARRIER CREAM: Apply skin barrier to perineal area to safeguard against excessive moisture after each incontinence episode.</p> <p>Date Initiated: 10/13/2019 Created on: 10/13/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>			PCA RN Registered Practical Nurse	D/E/N/PRN
						PCA	Q2h
						PCA	
• Potential to experience alteration in MOOD as exhibited by crying episodes, sad, pained, worried expression, Repetitive health complaints, and repetitive verbalizations related to Loss of		• Margaret will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the next review date Date Initiated: 04/26/2020	• COMMUNICATION: Involve/collaborate with Margaret/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024			Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)			Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Independence and declining health condition Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	Revision by: Navpreet Sekhon (RN) • <b>HEALTH EDUCATION:</b> Provide education and support to Margaret/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
			• <b>ASSESS/MONITOR:</b> Utilize holistic perspective of continuous monitoring of Margaret for indications to change in MOOD including labile mood or increase of symptoms that negatively impact Margaret quality of life. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse)			Registered Practical Nurse	
			• <b>RESIDENT STRENGTHS:</b> Build on Margaret's effort to maintain control, Encourage her to express self, state preferences and make safe choices for care and activities. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			PCA Registered Practical Nurse	
			• <b>FAMILY SUPPORT:</b> Margaret enjoys visits from family members and friends. Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			PCA Registered Practical Nurse	
			• <b>MEDICATION:</b> Administer medication for MOOD stability (antipsychotic medication) as per MD Order. Monitor for its effectiveness and side effects. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024			Registered Practical Nurse	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan	
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-eso...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre					<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)		<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1	
<b>Last Care Plan Review Completed:</b>		08/13/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Potential to experience alteration in MOOD as exhibited by crying episodes, sad, pained, worried expression, Repetitive health complaints, and repetitive verbalizations related to Loss of Independence and declining health condition</li> </ul> <p>Date Initiated: 04/26/2020 Created on: 04/26/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>		Revision by: Navpreet Sekhon (RN)			
<ul style="list-style-type: none"> <li>Altered COMMUNICATION as exhibited by limitations to comprehension, related to some difficulty hearing</li> </ul> <p>Date Initiated: 10/19/2022 Created on: 10/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> <li>Margaret will continue to freely express self and adequately comprehend information each day through to the next review period</li> </ul> <p>Date Initiated: 10/19/2022 Created on: 10/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025</p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Margaret/SDM for decision making about strategies needed to support effective communication.</li> </ul> <p>Date Initiated: 10/19/2022 Created on: 10/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>HEALTH TEACHING: Engage with Margaret/SDM to enhance their knowledge of change in health status affecting communication ability.</li> </ul> <p>Date Initiated: 10/19/2022 Created on: 10/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, speak in a</li> </ul>	Registered Practical Nurse	Registered Practical Nurse	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		08/13/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved			
• Altered COMMUNICATION as exhibited by limitations to comprehension, related to some difficulty hearing Date Initiated: 10/19/2022 Created on: 10/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			loud and clear tone and volume, face Margaret from the front when speaking with her. Date Initiated: 10/19/2022 Created on: 10/19/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)				Registered Practical Nurse				
• Potential for acute pain and alteration in comfort level related to falls prior admission. Margaret has pain in both shoulders, and legs with new pain on her Rt foot. Most Current MDS Pain Score is 1. Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)		• To promote Margaret's comfort and effectively manage ACUTE pain as the episode occurs through to the next review date Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) Target Date: 11/13/2025	• COMMUNICATION: Involve/collaborate with Margaret and her son/SDM) about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 11/13/2019 Created on: 11/13/2019 Created by: Paula White (Director of Care) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize Margarets holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 05/16/2023 Created on: 05/16/2023 Created by: Christina Arpino (RSSW) Revision on: 12/28/2024 Revision by: Mihaela Devic (Registered Practical Nurse) • REST: accommodate Margaret's rest and relaxation preference: breaks between activities, remaining in bed. Date Initiated: 11/13/2019 Created on: 11/13/2019 Created by: Paula White (Director of Care) Revision on: 10/10/2024 Revision by: Shirly Nasufi (Registered Nurse) • MEDICATION: Administer oral and topical medication as per MD order for pain				Registered Practical Nurse	RN Registered Practical Nurse			
				• To promote Margaret's comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Mihaela Devic (Registered Practical Nurse) Revision on: 12/28/2024 Revision by: Mihaela Devic (Registered Practical Nurse) Target Date: 11/13/2025					Registered Practical Nurse PCA		
Allergies		No Known Allergies		D.O.B.		05/21/1941		Physician	Nghu Truong Phan		
Diagnosis		Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses									
Facility		Arbour Creek Care Centre						Print Date	11/5/2025		
Resident		Andrejciw, Margaret (922141000094)			Admission Date		10/10/2019		Location	Queenston House 403 1	
Last Care Plan Review Completed:		08/13/2025									

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for acute pain and alteration in comfort level related to falls prior admission. Margaret has pain in both shoulders, and legs with new pain on her Rt foot. Most Current MDS Pain Score is 1.</li></ul> <p>Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"><li>• Promote Margarets MDS Pain Score of 0 through to the next review.</li></ul> <p>Date Initiated: 12/28/2024 Created on: 12/28/2024 Created by: Mihaela Devic (Registered Practical Nurse) Revision on: 12/28/2024 Revision by: Mihaela Devic (Registered Practical Nurse) Target Date: 11/13/2025</p>	relief/management. Request MD assistance to review pain management as clinically needed. Nurse Date Initiated: 10/12/2019 Created on: 10/12/2019 Created by: Gordana Kukic (RPN) Revision on: 08/02/2024 Revision by: Navpreet Sekhon (RN)			
<ul style="list-style-type: none"><li>• SPIRITUAL BELIEFS: Margaret is of the Catholic Faith.</li></ul> <p>Date Initiated: 04/12/2022 Created on: 04/12/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 01/15/2023 Revision by: Kulwinder Sandhu (RPN)</p>		<ul style="list-style-type: none"><li>• To provide Margaret spiritual support as interested through to the next review period.</li></ul> <p>Date Initiated: 04/12/2022 Created on: 04/12/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 01/15/2023 Revision by: Kulwinder Sandhu (RPN) Target Date: 11/13/2025</p>	<ul style="list-style-type: none"><li>• SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice.</li></ul> ACT Date Initiated: 04/12/2022 Created on: 04/12/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 01/15/2023 Revision by: Kulwinder Sandhu (RPN)			
<ul style="list-style-type: none"><li>• Margaret is not in risk of social isolation as she is involved in variety of recreation programs and independent activities.She will also decline participation in some activities related to personal interests.</li></ul> <p>Date Initiated: 10/14/2019 Created on: 10/14/2019</p>		<ul style="list-style-type: none"><li>• Margaret will be supported to maintain participation in activities 10 times per month and she will participate in independent activities by the next review day</li></ul> <p>Date Initiated: 10/14/2019</p>	<ul style="list-style-type: none"><li>• STRUCTURED ACTIVITIES: Invite Margaret to programs of personal interest; exercise/active games, table games, bingo &amp; socials.</li></ul> ACT Date Initiated: 10/14/2019 Created on: 10/14/2019 Created by: ruby sanger (Recreation Aide) Revision on: 04/12/2022 Revision by: Sabina Eljazovic (Recreation Aide)			
Allergies	No Known Allergies		D.O.B.	05/21/1941	Physician	Nghi Truong Phan
Diagnosis	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Andrejciw, Margaret (922141000094)		Admission Date	10/10/2019	Location	Queenston House 403 1
Last Care Plan Review Completed:		08/13/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: ruby sanger (Recreation Aide) Revision on: 04/12/2022 Revision by: Sabina Eljazovic (Recreation Aide)	Created on: 10/14/2019 Created by: ruby sanger (Recreation Aide) Revision on: 04/12/2022 Revision by: Sabina Eljazovic (Recreation Aide) Target Date: 11/13/2025  • Margaret will improve ISE score of 0 to 2 by the next review date. Date Initiated: 10/14/2019 Created on: 10/14/2019 Created by: ruby sanger (Recreation Aide) Revision on: 10/16/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 11/13/2025	<ul style="list-style-type: none"> <li>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as watching tv in room, and talking to her roommate, house chores. Date Initiated: 10/14/2019 Created on: 10/14/2019 Created by: ruby sanger (Recreation Aide) Revision on: 04/11/2024 Revision by: Sabrina Zipeto (Recreation Aide)</li> <li>• ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Porter Date Initiated: 04/12/2022 Created on: 04/12/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/12/2022 Revision by: Sabina Eljazovic (Recreation Aide)</li> <li>• HELPFUL HINTS: Identify Helpful Hints : Margaret shows a demanding behaviour at times and can become upset quickly. Staff can help Margaret by reassuring her and validating her feelings. Date Initiated: 04/12/2022 Created on: 04/12/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 10/15/2023 Revision by: Sabrina Zipeto (Recreation Aide)</li> <li>• ONE to ONE: Provide Margaret with individual visits for conversation, bedside activity, manicures Date Initiated: 10/15/2023 Created on: 10/15/2023 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 10/15/2023 Revision by: Sabrina Zipeto (Recreation Aide)</li> <li>• MUSIC CARE APPROACH: Engage and encourage Margaret to participate in community music, music care specialists and music care programming. Date Initiated: 11/10/2024 Created on: 11/10/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 11/10/2024 Revision by: Sabrina Zipeto (Recreation Aide)</li> </ul>	Recreation Aide	
			Recreation Aide	
			Recreation Aide	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		<b>08/13/2025</b>			

## Care Plan Report

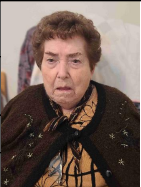
Focus	Goal	Interventions	Position	Freq/Resolved
• 1.Improve the ROM to UE & LE, transfer and mobility Date Initiated: 04/13/2021 Created on: 10/11/2019 Created by: Sujit James (PT - Physiotherapist) Revision on: 04/13/2021 Revision by: Sujit James (PT - Physiotherapist)	• 1. Improve the B/L Knee AROM to WFL Flexion and extension to WFL in the next 2 quarters 2. Able to stand holding the rail with 2 p assist for 100- 120 sec Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician) Target Date: 11/13/2025	• 1. AROM exs to B/L UE & LE in sitting position - 10 x 2 times Freq: 3/ weeks - 15 mini each session 2. Shoulder shruggs, Upper back stretch 3 *2 times 2. STS exs- holding on to the rail with 2 p assist as tolerated, WC behind for the safety Date Initiated: 01/08/2025 Created on: 02/03/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 04/07/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)	PT - Physiotherapist PTA	

### Diagnosis

Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Hyperlipidaemia, unspecified(E78.5), Uterovaginal prolapse, unspecified(N81.4), Arthritis in Lyme disease, lower leg(M01.26), Dermatitis, unspecified(L30.9), Anxiety disorder, unspecified(F41.9), Depressive episode, unspecified(F32.9)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/21/1941	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other sleep apnoea(G47.38), Type 2 diabetes mellitus with poor control, so described(E11.64), Congestive heart failure(I50.0), Benign hypertension(I10.0), Obesity, unspecified(E66.9), Gastro-oeso...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Andrejciw, Margaret (922141000094)	<b>Admission Date</b>	10/10/2019	<b>Location</b>	Queenston House 403 1
<b>Last Care Plan Review Completed:</b>		08/13/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Alteration in skin integrity related to BRUISE to left elbow with red in color</p> <p>Date Initiated: 10/14/2025</p> <p>Created on: 10/14/2025</p> <p>Created by: Melissa Pascua (Registered Practical Nurse)</p> <p>Revision on: 10/14/2025</p> <p>Revision by: Melissa Pascua (Registered Practical Nurse)</p>	<p>• To promote intact skin integrity through healing of BRUISE by until healed</p> <p>Date Initiated: 10/14/2025</p> <p>Created on: 10/14/2025</p> <p>Created by: Melissa Pascua (Registered Practical Nurse)</p> <p>Revision on: 10/14/2025</p> <p>Revision by: Melissa Pascua (Registered Practical Nurse)</p> <p>Target Date: 12/26/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making for treatment of bruise as skin issue.</p> <p>Date Initiated: 10/14/2025</p> <p>Created on: 10/14/2025</p> <p>Created by: Melissa Pascua (Registered Practical Nurse)</p> <p>Revision on: 10/14/2025</p> <p>Revision by: Melissa Pascua (Registered Practical Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with isolated BRUISE for changes to health status and alteration or complications affecting skin integrity.</p> <p>Date Initiated: 10/14/2025</p> <p>Created on: 10/14/2025</p> <p>Created by: Melissa Pascua (Registered Practical Nurse)</p> <p>Revision on: 10/14/2025</p> <p>Revision by: Melissa Pascua (Registered Practical Nurse)</p> <p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition of BRUISE to left elbow weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 10/14/2025</p> <p>Created on: 10/14/2025</p> <p>Created by: Melissa Pascua (Registered Practical Nurse)</p> <p>Revision on: 10/14/2025</p> <p>Revision by: Melissa Pascua (Registered Practical Nurse)</p>	<p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p>			
<p>• Focus: ROM, strength and ambulation.</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 06/11/2020</p> <p>Created by: Sujit James (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	<p>• 1.Maintain/improve ROM and strength of Bilateral UE and LE.</p> <p>2.Able to ambulate 100-150 mts using RW with supervision in the next quarter</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 06/11/2020</p> <p>Created by: Sujit James (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p> <p>Target Date: 12/26/2025</p>	<p>• 1. AROM exs to B/L LE &amp; UE - 10 reps x 2 sets</p> <p>2. Ambulation using RW with supervision as tolerated</p> <p>3.Strengthening of UE and LE with light weight dumbbells and therabands: 10 reps x 2 sets, as tolerated</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 06/11/2020</p> <p>Created by: Sujit James (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	<p>PT - Physiotherapist PTA</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan	
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1	
<b>Last Care Plan Review Completed:</b>		09/26/2025				



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Focus: ROM, strength and ambulation.</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 06/11/2020</p> <p>Created by: Sujit James (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>					
<p>• Nutrition Risk Level: MODERATE r/t non-significant weight loss with low calorie interventions in place, difficulty feeding self, dementia dx, good food and fluid intake, bowel managed</p> <p>Date Initiated: 06/15/2020</p> <p>Created on: 06/15/2020</p> <p>Created by: Alia Arif (Dietitian)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>• Giovanna will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</p> <p>Date Initiated: 03/15/2023</p> <p>Created on: 03/15/2023</p> <p>Created by: Anika Dhalla (RD - Registered Dietician)</p> <p>Revision on: 06/26/2023</p> <p>Revision by: Gabrielle Wolfe (RN)</p> <p>Target Date: 12/26/2025</p> <p>• Giovanna Will weigh within RWR 71.7-84.5kg/BMI 28-33kg/m2 through to next review date. H=160cm</p> <p>Date Initiated: 06/15/2020</p> <p>Created on: 06/15/2020</p> <p>Created by: Alia Arif (Dietitian)</p> <p>Revision on: 12/11/2024</p> <p>Revision by: Anika Dhalla (Dietitian (RD))</p> <p>Target Date: 12/26/2025</p> <p>• Giovanna will be adequately hydrated aeb drinking at least 80% of total fluid requirement</p>	<p>• NUTRITION RISK: Giovanna is at MODERATE nutrition risk level</p> <p>Date Initiated: 06/15/2020</p> <p>Created on: 06/15/2020</p> <p>Created by: Alia Arif (Dietitian)</p> <p>Revision on: 12/09/2022</p> <p>Revision by: Anika Dhalla (RD - Registered Dietician)</p> <p>• DIET ORDER: Provide Regular diet, Regular texture</p> <p>Date Initiated: 06/15/2020</p> <p>Created on: 06/15/2020</p> <p>Created by: Alia Arif (Dietitian)</p> <p>Revision on: 12/09/2022</p> <p>Revision by: Anika Dhalla (RD - Registered Dietician)</p> <p>• FLUID CONSISTENCY: Giovanna drinks REGULAR/THIN Level 0 Fluids.</p> <p>Date Initiated: 06/14/2021</p> <p>Created on: 06/14/2021</p> <p>Created by: Alia Arif (Dietitian)</p> <p>Revision on: 06/14/2021</p> <p>Revision by: Alia Arif (Dietitian)</p> <p>• FLUID TARGET: Beverage target minimum is 1610mL/d.</p> <p>Provide encouragements</p> <p>Date Initiated: 06/15/2020</p> <p>Created on: 06/15/2020</p> <p>Created by: Alia Arif (Dietitian)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• LOW CALORIE: Offer Giovanna low calorie foods at meals/snacks for weight management as per resident preference, such as:</p>	<p>Dietitian (RD)</p> <p>Dietary Manager</p> <p>Diet</p> <p>Food Services</p> <p>Aide</p> <p>PCA</p> <p>Diet</p> <p>PCA</p> <p>PCA</p> <p>Diet</p> <p>PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level: MODERATE r/t non-significant weight loss with low calorie interventions in place, difficulty feeding self, dementia dx, good food and fluid intake, bowel managed Date Initiated: 06/15/2020 Created on: 06/15/2020 Created by: Alia Arif (Dietitian) Revision on: 09/05/2025 Revision by: Alexandra Breau (Dietitian (RD))		2013mL @ 25mL/kg, 80.5kg through to next review date. Date Initiated: 06/15/2020 Created on: 06/15/2020 Created by: Alia Arif (Dietitian) Revision on: 09/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/26/2025	(1) Encourage fruit over sweets for dessert at meals. Date Initiated: 06/18/2022 Created on: 06/18/2022 Created by: Maria Sokolova Revision on: 12/09/2022 Revision by: Anika Dhalla (RD - Registered Dietician)				
• Risk for/Impaired SKIN INTEGRITY related to Frailty, Incontinence, use of cytotoxic medication Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 02/03/2025 Revision by: Joanne Mae Nava (Nurse Clinician)		• To protect and maintain skin integrity each day through to the next review period. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025	• HEALTH EDUCATION: Engage Giovanna/SDM in health education regarding prevention of skin impairment and management of fragile skin. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • CYTOTOXIC MEDICATION RISK: Giovanna has potential to experience skin irritation (redness, burning, itchiness, etc.), report observed symptoms to Registered Staff immediately as noted. Date Initiated: 02/03/2025 Created on: 02/03/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/03/2025 Revision by: Joanne Mae Nava (Nurse Clinician)			Registered Practical Nurse	
• Increased risk for FALLS related to Altered Physical function bilateral hearing loss: Limitation of cognitive function/altered judgement due to mild dementia.		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review date.	• COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making in fall prevention Plan of Care. Date Initiated: 06/09/2020 Created on: 06/09/2020			Registered Practical Nurse	
Allergies	No Known Allergies	D.O.B.	07/23/1931	Physician	Nghi Truong Phan		
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Barrafato, Giovanna (922141000123)		Admission Date	06/09/2020	Location	Queenston House 400 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)		Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025	Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • CALL BELL: Place call bell within Giovanna's reach to RIGHT side if needed and check that it is in working order and remind/encourage to use it and call staff for help . Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 02/04/2025 Revision by: Jasmeen Kaur (Registered Nurse) • ADAPTIVE EQUIPMENT: Resident needs adaptive equipment: walker Date Initiated: 12/15/2024 Created on: 12/15/2024 Created by: Myrna Corpuz (RPN) Revision on: 09/19/2025 Revision by: Myrna Corpuz (RPN) • ENVIRONMENT: Secure environment: reduce clutter to reduce fall risk for Giovanna Date Initiated: 03/24/2024 Created on: 03/24/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 03/24/2024 Revision by: Myrna Corpuz (Registered Practical Nurse) • BED: place bed in lowest position to lower risk for injury. Date Initiated: 03/24/2024 Created on: 03/24/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 09/20/2024 Revision by: Myrna Corpuz (RPN) • SPECIAL CONSIDERATION to PREVENT FALLS: Frequent monitoring Date Initiated: 02/04/2025 Created on: 02/04/2025 Created by: Jasmeen Kaur (Registered Nurse) Revision on: 06/08/2025 Revision by: Myrna Corpuz (RPN)				PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	07/23/1931		Physician	Nghị Truong Phan	
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Barrafato, Giovanna (922141000123)		Admission Date	06/09/2020		Location	Queenston House 400 1	
Last Care Plan Review Completed:		09/26/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to Altered Physical function bilateral hearing loss: Limitation of cognitive function/altered judgement due to mild dementia.</li> </ul> Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)			<ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)			Registered Practical Nurse	
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of antipsychotic medications/antidepressants.</li> </ul> Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)		<ul style="list-style-type: none"> <li>To monitor for effectiveness and for side effects of medication used each day through to the next review date.</li> </ul> Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/26/2025	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making and health teaching about medicinal regime and appropriate medication use.</li> </ul> Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			Registered Practical Nurse	
			<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident using antipsychotic medication for changes to health status and alteration or complications affecting functioning or quality of life.</li> </ul> Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			Registered Practical Nurse	
			<ul style="list-style-type: none"> <li>PREFERENCE: Giovanna prefers to receive medication during meals when at dining table</li> </ul>			Registered Practical	
Allergies	No Known Allergies			D.O.B.	07/23/1931	Physician	Nghi Truong Phan
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Barrafato, Giovanna (922141000123)			Admission Date	06/09/2020	Location	Queenston House 400 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience complications and side effects impacting quality of life related to use of antipsychotic medications/antidepressants.</p> <p>Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		<p>Date Initiated: 02/03/2025 Created on: 02/03/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/03/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p> <p>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</p> <p>Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<p>Nurse RN</p> <p>RN Registered Practical Nurse</p>		
<p>• Potential to experience alteration in MOOD as exhibited by sad affect related to Decline in Health Condition, Loss of Independence, Inability to cope with change</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<p>• Giovanna will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 12/26/2025</p> <p>• To decrease episodic frequency of sad affect by next review date. DRS score will be less than 2.</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023</p>	<p>• COMMUNICATION: Involve/collaborate with Giovanna/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/14/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• HEALTH EDUCATION: Provide education and support to Giovanna/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/14/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Giovanna for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.</p>	<p>Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
	<p>Created by: Gabrielle Wolfe (RN)  Revision on: 09/21/2023  Revision by: Colina-Jallisa O'Brien-Matthews (RPN)  Target Date: 12/26/2025</p>	<p>Date Initiated: 06/25/2023  Created on: 06/25/2023  Created by: Gabrielle Wolfe (RN)  Revision on: 09/14/2023  Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• RESIDENT STRENGTHS: Build on Giovanna effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities.</p> <p>Date Initiated: 06/25/2023  Created on: 06/25/2023  Created by: Gabrielle Wolfe (RN)  Revision on: 09/14/2023  Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• DISTRACTION ACTIVITIES: Giovanna can be calmed doing activities of interest including (Specify; listening to music, doing puzzles, watching movies, etc.)</p> <p>Date Initiated: 06/25/2023  Created on: 06/25/2023  Created by: Gabrielle Wolfe (RN)  Revision on: 09/14/2023  Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• ENVIRONMENT: Modify environment to support MOOD STABILITY: reduce noise, open curtains, ambient lighting, preferred music, aroma therapy, etc.</p> <p>Date Initiated: 06/25/2023  Created on: 06/25/2023  Created by: Gabrielle Wolfe (RN)  Revision on: 09/14/2023  Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• FAMILY SUPPORT: Giovanna enjoys visits from (Specify; family members and friends).</p> <p>Date Initiated: 06/25/2023  Created on: 06/25/2023  Created by: Gabrielle Wolfe (RN)  Revision on: 09/14/2023  Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• SLEEP/REST: Promote adequate sleep and rest to stability of Giovanna mood. Report changes in sleeping habits to Registered Staff as noted.</p>	<p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p>				
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan	
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Barrafato, Giovanna (922141000123)		<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1	
<b>Last Care Plan Review Completed:</b>		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in MOOD as exhibited by sad affect related to Decline in Health Condition, Loss of Independence, Inability to cope with change</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/21/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		<p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/14/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor Giovanna and for drug effectiveness and for side effects.</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/14/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<p>Nurse</p> <p>Registered Practical Nurse</p>		
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption.</p> <p>Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>	<p>• To promote fluid consumption and minimize risk for dehydration each day through to the next review date.</p> <p>Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration.</p> <p>Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with altered fluid intake for changes to health status and risk for dehydration.</p> <p>Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>	<p>Diet</p> <p>Diet</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<ul style="list-style-type: none"><li>• PROMOTE FLUIDS: Promote Giovanna to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</li><li>• VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted. Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</li></ul>	Registered Practical Nurse	
<ul style="list-style-type: none"><li>• Sleep Patterns. Date Initiated: 06/09/2020 Created on: 06/25/2020 Created by: Liberty Looy (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</li></ul>	<ul style="list-style-type: none"><li>• To promote adequate rest/sleep for Giovanna based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 06/09/2020 Created on: 06/25/2020 Created by: Liberty Looy (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025</li></ul>	<ul style="list-style-type: none"><li>• REST PATTERN: Giovanna is independent with her rest routine Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</li></ul>	PCA	
<ul style="list-style-type: none"><li>• Potential for gastric discomfort/complications related to the diagnosis of Gastroesophageal Reflux Disease (GERD). Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</li></ul>	<ul style="list-style-type: none"><li>• To treat and/or minimize complications associated with GERD each day through to the next review date. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making for GERD Management. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</li><li>• HEALTH TEACHING: Engage with Giovanna/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with GERD.</li></ul>	Registered Practical Nurse   	



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025	Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring Giovanna's management of GERD for discomfort/ complications or changes to health status. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • POSITIONING: Encourage Giovanna to avoid lying down for at least one hour after eating; elevate head of bed, encourage resident to sit/stand upright after meals. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • MEDICATION: Administer medication for GERD as per MD order. Monitor effectiveness and for side effects. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)			Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia , Hypertension. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)		• To treat and minimize signs/symptoms or complications associated with Hyperlipidaemia , Hypertension through to the next review period. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator)	• HEALTH TEACHING: Engage with Giovanna/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with Hyperlipidaemia , Hypertension. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making of Cardiac Care Management for Hyperlipidaemia , Hypertension.			Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	07/23/1931	Physician	Nghi Truong Phan
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Barrafato, Giovanna (922141000123)			Admission Date	06/09/2020	Location	Queenston House 400 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025	Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring Giovanna's Hypertension and Hyperlipidaemia for changes to health status and alteration or complications affecting cardiac function.			Nurse	
			Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • MEDICATION: Administer medication for Hyperlipidaemia , Hypertension as per MD Order and monitor for side effects.			Registered Practical Nurse	
			Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • VITAL SIGNS: Monitor vital signs as ordered, monthly and as needed. Notify MD of any significant abnormalities.			Registered Practical Nurse	
			Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)			Registered Practical Nurse	
• Potential for CONSTIPATION related to not operable Hernia. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)		• To minimize the potential for episodes of constipation through to the next review period. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN)	• COMMUNICATION: Involve/collaborate with Giovanna/SDM for decision making regarding constipation management. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring Giovanna for constipation management and changes to health status and symptoms/			Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	07/23/1931	Physician	Nghi Truong Phan
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Barrafato, Giovanna (922141000123)			Admission Date	06/09/2020	Location	Queenston House 400 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)		shift through to the next review period. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025	Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of Giovanna for toileting needs, changes to health status and alteration of continence level. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • URINARY Continence level is OCCASIONALLY Incontinent. Report change to level as noted. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 12/22/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • INCONTINENCE PRODUCT: Giovanna will wear/use pant liner pad for days, evenings and nights. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • ADAPTIVE EQUIPMENT/AID: Giovanna utilizes a TRUELOO toilet seat in the bathroom which takes pictures of her urine and BM and analyzes it for infection, color, and any abnormalize. The MD is informed of any abnormalities Date Initiated: 08/01/2024 Created on: 08/27/2024 Created by: Shihana Rumzi (Nurse Clinician) Revision on: 08/27/2024 Revision by: Shihana Rumzi (Nurse Clinician)				Nurse    Registered Practical Nurse  	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
comprehension related to Hard of hearing to left and right side, first language is Italian. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)	abilities to express self, comprehend information, each day through to the review date. Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025  • Giovanna will be able to make basic needs known each day through to the review period. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025	Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • HEALTH TEACHING: Engage with Giovanna/SDM to enhance their knowledge of change in health status affecting communication ability Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • PRIMARY LANGUAGE: Giovanna primary language is Italian. She is able to speak/understand some English. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • INTERPRETER Required: Italian interpreter if needed. Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)	Nurse   Registered Practical Nurse   PCA   PCA	
• COGNITIVE LOSS; alteration in thought processes memory impairment related to Dementia. CPS score is of 3. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)	• Giovanna will cope with progressive cognitive decline and be supported to maintain safety each day through the review date . Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN)	• COMMUNICATION: Involve/collaborate with Giovanna/SDM in decision making of Cognitive Loss for Dementia. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • HEALTH TEACHING: Engage with Giovanna/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia. Date Initiated: 06/23/2020 Created on: 06/23/2020	Registered Practical Nurse      Social Worker	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	07/23/1931
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses		<b>Physician</b>	Nghi Truong Phan
<b>Facility</b>	Arbour Creek Care Centre		<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b> Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025		

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 12/26/2025	Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)  • <b>ORIENTATION:</b> Gently reorient to person, place, time, situation as needed when Giovanna is feeling lost or in confused state. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)  • <b>ENVIRONMENT:</b> Provide environmental clue to promote Giovanna's ability to locate room and navigating home area name plate, photo outside of room. Date Initiated: 06/23/2020 Created on: 06/23/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)	Registered Practical Nurse   	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 03/20/2023  Revision by: Kulwinder Sandhu (RPN)</p>	<p>Date Initiated: 04/06/2022  Created on: 04/06/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 06/26/2023  Revision by: Gabrielle Wolfe (RN)  Target Date: 12/26/2025</p> <p>• Giovanna will Improve her ISE score of 2-3 by the next review date.  Date Initiated: 03/13/2025  Created on: 04/06/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 06/10/2025  Revision by: Sabrina Zipeto (Recreation Aide)  Target Date: 12/26/2025</p>	<p>Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 03/20/2023  Revision by: Kulwinder Sandhu (RPN)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage and provide equipment to her to engage in self-directed activities such as : colouring (pages),talking with family on her phone, watching soap operas , socializing with peers,walking,hair styling.  Date Initiated: 04/06/2022  Created on: 04/06/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 12/18/2023  Revision by: Marissa Delry (Recreation Aide)</p> <p>• ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - highlighting programs of interest on her motherly recreation calendar.Due to hearing impairment modified programs such as bingo when she sits behind caller and is able to see numbers on screen.  Date Initiated: 04/06/2022  Created on: 04/06/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 03/20/2023  Revision by: Kulwinder Sandhu (RPN)</p> <p>• HELPFUL HINTS: Giovanna loves to colour and loves to hear praise for her work. Also there are 2 binders with her coloring pages that she loves to show to staff and visitors. Giovanna is Italian speaking and has some understanding of English but due to Covid and masks she is struggling as she can't read lips.  Date Initiated: 04/06/2022  Created on: 04/06/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 12/18/2023  Revision by: Marissa Delry (Recreation Aide)</p> <p>• FAMILY INVOLVEMENT: Sons comes once a week and she speaks on the phone with family every day.  Date Initiated: 04/06/2022  Created on: 04/06/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 03/20/2023  Revision by: Kulwinder Sandhu (RPN)</p>	Recreation Aide		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Giovanna is showing strong interest in Activities.</p> <p>Date Initiated: 04/06/2022</p> <p>Created on: 04/06/2022</p> <p>Created by: Sabina Eljazovic (Recreation Aide)</p> <p>Revision on: 03/20/2023</p> <p>Revision by: Kulwinder Sandhu (RPN)</p>			<p>• MUSIC CARE APPROACH: Giovanna with music care approaches such as: Community music, Music Care Specialists, Musicking, Music Programming. Giovanna is hard of hearing but enjoys singing her own songs.</p> <p>Date Initiated: 11/10/2024</p> <p>Created on: 11/10/2024</p> <p>Created by: Sabrina Zipeto (Recreation Aide)</p> <p>Revision on: 11/10/2024</p> <p>Revision by: Sabrina Zipeto (Recreation Aide)</p>			Recreation Aide	
<p>• Potential for Persistent PAIN and alteration in comfort level related to Chronic OA pain on the back, head, neck, shoulder; and occasional abdominal pain from not operable hernia. Most Current MDS Pain Score is 0.</p> <p>Date Initiated: 06/09/2020</p> <p>Created on: 06/09/2020</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 03/20/2023</p> <p>Revision by: Kulwinder Sandhu (RPN)</p>		<p>• To promote Giovanna's comfort and effectively manage PERSISTENT pain each day through to the next review date.</p> <p>Date Initiated: 06/09/2020</p> <p>Created on: 06/09/2020</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 06/26/2023</p> <p>Revision by: Gabrielle Wolfe (RN)</p> <p>Target Date: 12/26/2025</p> <p>• Promote MDS Pain Score of 0 through to the next review date.</p> <p>Date Initiated: 06/09/2020</p> <p>Created on: 06/09/2020</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 06/26/2023</p> <p>Revision by: Gabrielle Wolfe (RN)</p>	<p>• COMMUNICATION: Involve/collaborate with Giovanna/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 06/09/2020</p> <p>Created on: 06/09/2020</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 03/20/2023</p> <p>Revision by: Kulwinder Sandhu (RPN)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain Giovanna's satisfaction for pain control .</p> <p>Date Initiated: 06/09/2020</p> <p>Created on: 06/09/2020</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 03/20/2023</p> <p>Revision by: Kulwinder Sandhu (RPN)</p> <p>• MEDICATION: Administer analgesic medication oral as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 06/09/2020</p> <p>Created on: 06/09/2020</p>			Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	07/23/1931	Physician	Nghi Truong Phan
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Barrafato, Giovanna (922141000123)			Admission Date	06/09/2020	Location	Queenston House 400 1
Last Care Plan Review Completed:		09/26/2025					



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to Chronic OA pain on the back, head, neck, shoulder; and occasional abdominal pain from not operable hernia. Most Current MDS Pain Score is 0.</li> </ul> <p>Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>		Target Date: 12/26/2025	<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/13/2023 Revision by: Navpreet Sekhon (RN)</p>			
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance from Hx of OA pain, Cognitive Limitation with Dx of Mild Dementia.</li> </ul> <p>Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>		<ul style="list-style-type: none"> <li>Giovanna will be supported to maintain current self participation in ADL care for dressing and eating and assisted to ensure all ADL care tasks are met each day through to the next review date.</li> </ul> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025</p>	<ul style="list-style-type: none"> <li>BATHING: Giovanna prefers a bath on Tues and Sat evening shift and is able to wash face and her upper body. 1 of the Staff to provide limited assistance on washing her hair and back and peri-area. Nail care to be provided on shower/bath day</li> </ul> <p>Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <li>BED MOBILITY: Giovanna is able to follow direction and move independently in bed</li> <li>1 staff to provide SUPERVISION assistance for bed mobility</li> <p>Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) <li>DRESSING: Giovanna is able to choose clothes of choice. Giovanna requires SUPERVISION with minimal assist with putting her clothes when needed</li> <p>Date Initiated: 06/09/2020 Created on: 06/09/2020</p> </p></p>		PCA PCA PCA	
Allergies	No Known Allergies		D.O.B.	07/23/1931	Physician	Nghi Truong Phan
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Barrafato, Giovanna (922141000123)		Admission Date	06/09/2020	Location	Queenston House 400 1
Last Care Plan Review Completed:		09/26/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
			Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • EATING: Giovanna is able to choose food of choice 1 Staff to provide SUPERVISE assist for eating Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/15/2025 Revision by: Manpreet Dhaliwal (Registered Nurse) • LOCOMOTION: Giovanna is able to use her walker 1 staff to provide SUPERVISION assistance for locomotion on and/or off unit Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • PERSONAL HYGIENE: Giovanna is able to wash her face when given direction 1 staff to provide LIMITED assistance for hygiene Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • HAND HYGIENE: Giovanna requires 1 staff to provide LIMITED assistance to apply sanitizer, rub hands together, and dry hands for hand hygiene. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN) • TOILET USE: Giovanna is able to recognize the need to use the toilet especially for her bowel self toileting Date Initiated: 06/09/2020 Created on: 06/09/2020						PCA Registered Practical Nurse	
			PCA							
			PCA							
			PCA							
			PCA							
			PCA							
			PCA							
			PCA							
			PCA							
			PCA							
Allergies	No Known Allergies			D.O.B.	07/23/1931		Physician	Nghi Truong Phan		
Diagnosis	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses									
Facility	Arbour Creek Care Centre						Print Date	11/5/2025		
Resident	Barrafato, Giovanna (922141000123)			Admission Date	06/09/2020		Location	Queenston House 400 1		
Last Care Plan Review Completed:		09/26/2025								

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance from Hx of OA pain, Cognitive Limitation with Dx of Mild Dementia.</li> </ul> <p>Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>		<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p> <ul style="list-style-type: none"> <li>TRANSFERRING: Giovanna is able to self transfer using her walker no assistance for transferring and minimal SUPERVISION</li> </ul> <p>Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p> <ul style="list-style-type: none"> <li>ORAL CARE: Giovanna has Full DENTURES and is able to remove them at night</li> </ul> <p>Giovanna is independent for oral care Date Initiated: 06/09/2020 Created on: 06/09/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>	PCA	
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Giovanna's Medical Treatment and End of Life Care.</li> </ul> <p>Date Initiated: 06/16/2020 Created on: 06/16/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>	<ul style="list-style-type: none"> <li>To support and honor Giovanna's expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 06/16/2020 Created on: 06/16/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/26/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 12/26/2025</p>	<ul style="list-style-type: none"> <li>CPR: Giovanna wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</li> </ul> <p>Date Initiated: 06/16/2020 Created on: 06/16/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/20/2023 Revision by: Kulwinder Sandhu (RPN)</p>	Registered Practical Nurse	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			

## Care Plan Report


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**Diagnosis**

Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastro-oesophageal reflux disease without oesophagitis(K21.9)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	07/23/1931	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Anxiety disorder, unspecified(F41.9), Benign hypertension(I10.0), Arthritis, unspecified, multiple sites(M13.90), Vascular dementia, unspecified(F01.9), Hyperlipidaemia, unspecified(E78.5), Gastr...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Barrafato, Giovanna (922141000123)	<b>Admission Date</b>	06/09/2020	<b>Location</b>	Queenston House 400 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• SPIRITUAL BELIEFS: Donald is of the Catholic Faith. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 02/05/2025 Revision by: Elisa Williams (Registered Practical Nurse)</p>		<p>• To provide Donald spiritual support as interested through the next review date Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 02/05/2025 Revision by: Elisa Williams (Registered Practical Nurse) Target Date: 01/17/2026</p>	<p>• SPIRITUAL PROGRAMS: Encourage him to attend spiritual programs of his choice including Hymn Sing, Catholic Mass, and Church Service. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 01/04/2024 Revision by: Julie Lambert (Recreation Aide)</p> <p>• PERSONAL CHOICE: Respect Donald's right to decline participation in Spiritual Program. Date Initiated: 01/04/2024 Created on: 01/04/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 01/04/2024 Revision by: Julie Lambert (Recreation Aide)</p>			Recreation Aide	
<p>• Expressed Wishes and Beliefs related to Donald's Medical Treatment and End of Life Care. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 02/05/2025 Revision by: Elisa Williams (Registered Practical Nurse)</p>		<p>• To support and honor Donald expressed wishes and beliefs through to the End of Life. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 01/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/17/2026</p>	<p>• CPR: Donald wishes to have CPR and TRANSFER to hospital. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse)</p>			RN	
<p>• Nutrition Risk Level: MODERATE r/t BMI &gt;30, dementia dx, good food and fluid intake, bowels managed, independent at meals, skin intact. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 12/26/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>		<p>• Donald will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p>	<p>• Comfort foods include chicken noodle soup Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 12/29/2023 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>• NUTRITION RISK: Donald is MODERATE risk level. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 12/26/2024</p>			FSM	
Allergies	No Known Allergies		D.O.B.	09/18/1947	Physician	Kevin Velicaria	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Brisson, Donald (922141000297)		Admission Date	12/28/2023	Location	Queenston House 409 1	
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Target Date: 01/17/2026	Revision by: Anika Dhalla (Dietitian (RD))					
		<ul style="list-style-type: none"><li>Will weigh within Realistic weight range of 81-95kg/BMI 28-33 through to next review date. h=170cm</li></ul> Date Initiated: 01/10/2024 Created on: 01/10/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/10/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/17/2026	• DIET ORDER: Donald will receive Regular diet, Regular texture				PCA	
			Date Initiated: 12/29/2023					
			Created on: 12/29/2023					
			Created by: Sylwia Jawornicki (FSM - Food Services Manager)					
			Revision on: 01/10/2024					
			Revision by: Anika Dhalla (Dietitian (RD))					
			• FLUID CONSISTENCY: Donald drinks REGULAR/THIN Level 0 Fluids.				PCA	
			Date Initiated: 12/29/2023					
			Created on: 12/29/2023					
Created by: Sylwia Jawornicki (FSM - Food Services Manager)								
Revision on: 12/29/2023								
Revision by: Sylwia Jawornicki (FSM - Food Services Manager)								
• FLUID TARGET: Encourage Donald to drink a minimum of 1738mL per day.				PCA				
Date Initiated: 12/29/2023								
Created on: 12/29/2023								
Created by: Sylwia Jawornicki (FSM - Food Services Manager)								
Revision on: 06/13/2025								
Revision by: Alexandra Breau (Dietitian (RD))								
• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.				Dietary aide				
Date Initiated: 06/13/2025				PCA				
Created on: 06/13/2025								
Created by: Alexandra Breau (Dietitian (RD))								
• PORTION SIZE: Donald prefers regular portions for meals.				PCA				
Date Initiated: 12/29/2023								
Created on: 12/29/2023								
Created by: Sylwia Jawornicki (FSM - Food Services Manager)								
Revision on: 12/29/2023								
Revision by: Sylwia Jawornicki (FSM - Food Services Manager)								
• FOOD PREFERENCES: Donald enjoys eating fish and chips, liver and onions and cookies.				PCA				
Date Initiated: 12/29/2023								
Created on: 12/29/2023								
Created by: Sylwia Jawornicki (FSM - Food Services Manager)								
Revision on: 12/29/2023								
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthopathy, other site(M89.48), Syncope and collapse(R55)							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1	
Last Care Plan Review Completed:		10/17/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level: MODERATE r/t BMI >30, dementia dx, good food and fluid intake, bowels managed, independent at meals, skin intact. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 12/26/2024 Revision by: Anika Dhalla (Dietitian (RD))			Revision by: Sylwia Jawornicki (FSM - Food Services Manager)				
• Donald is at high risk for ELOPEMENT related to cognitive impairment Date Initiated: 06/15/2024 Created on: 06/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)		• To promote Donald's safety and minimize risk for episode of elopement each day through next review date. Date Initiated: 06/15/2024 Created on: 06/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/17/2026	• ALERT: Donald has potential to attempt elopement. If heard making requests to leave the building or seen attempting to use exit doors report to Supervisor immediately. Date Initiated: 06/15/2024 Created on: 06/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN) • DIVERSION ACTIVITY: Resident responds well to ; doing puzzles, conversing, singing, watching TV, etc.)to divert attention when exit seeking. Date Initiated: 06/15/2024 Created on: 06/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)			RN Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Donald is at high risk for ELOPEMENT related to cognitive impairment Date Initiated: 06/15/2024 Created on: 06/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)			• ELOPEMENT ALERT: Redirect Donald away from elevator or exit doors as needed. PCA Date Initiated: 06/15/2024 Created on: 06/15/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/15/2024 Revision by: Navpreet Sekhon (RN)				
• Donald shows STRONG PARTICIPATION in Activities Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide)		• Donald will be supported to maintain participation in activities 20-30 times per month by the next review date. Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 01/17/2026  • Donald will maintain ISE score of 5 to the next review date. Date Initiated: 06/17/2025 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 10/16/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 01/17/2026	• STRUCTURED ACTIVITIES: Invite him to programs of personal interest such as bingo, music, entertainment, socials, active games, exercise, etc... Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage him to engage in self-directed activities such as: watching TV, walking, conversing with peers, colouring Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide) • ASSISTANCE: Provide assistance/encouragement to get him to scheduled activities - Accompany in elevator, Walk with, Guide to etc... Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide) • HELPFUL HINTS: Identify Helpful Hints to ease communication while providing interactions for: family, cars, animals, hobbies, former career, history, travel, etc.. Date Initiated: 04/03/2024 Created on: 04/03/2024			Recreation Aide	
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Donald shows STRONG PARTICIPATION in Activities Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide)			Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide) • ONE to ONE: Provide him with individual visits for conversation, reminiscence... Date Initiated: 04/03/2024 Created on: 04/03/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 04/04/2024 Revision by: Sabrina Zipeto (Recreation Aide) • MUSIC CARE APPROACH: Present Donald with music care approaches: Community music, Music Care Specialists, Musicking, Music Programming Date Initiated: 03/01/2025 Created on: 03/01/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/01/2025 Revision by: Sabrina Zipeto (Recreation Aide)			Recreation Aide	
						Recreation Aide	
• URINARY INCONTINENCE related to Dementia Diagnosis Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 04/02/2024 Revision by: Sujit James (PT - Physiotherapist)		• Donald will receive support to use the toilet and promote urinary continence each shift through to the next review. Date Initiated: 01/03/2024 Created on: 01/03/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 01/17/2026  • Voiding Diary initiated on sep 30/25 and to be completed on Oct 03/25 to capture possible voiding pattern. Date Initiated: 09/30/2025 Created on: 12/28/2023 Created by: Grace Akah (RN)	• COMMUNICATION: Involve/collaborate with Donald and SDM for decision making about toileting options or incontinence management. Date Initiated: 02/03/2025 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 02/03/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level Date Initiated: 02/03/2025 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 02/03/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • URINARY Continence level is Frequently Incontinent. Report change to level as noted. Date Initiated: 02/03/2025 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 02/03/2025			Registered Staff	
						Registered Staff	
						PCA	
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY INCONTINENCE related to Dementia Diagnosis Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 04/02/2024 Revision by: Sujit James (PT - Physiotherapist)		Revision on: 09/30/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/17/2026	Revision by: Joanne Mae Nava (Nurse Clinician) • INCONTINENCE PRODUCT: Resident uses size LARGE PULL UP during Day, evening and LARGE BRIEF at night shift(s). Date Initiated: 02/03/2025 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 02/03/2025 Revision by: Joanne Mae Nava (Nurse Clinician)		PCA	
• Risk for Impaired SKIN INTEGRITY related to Incontinence. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 03/25/2024 Revision by: Navpreet Sekhon (RN)		• To protect and maintain skin integrity each day through to the next review Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 03/25/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/17/2026	• HEALTH EDUCATION: Engage Donald in health education regarding skin hygiene when experiencing incontinence to prevent skin impairment. Date Initiated: 08/01/2024 Created on: 08/01/2024 Created by: Priscilla Murphy (Nurse Clinician) Revision on: 08/01/2024 Revision by: Priscilla Murphy (Nurse Clinician)		RN Registered Practical Nurse	
• Increased risk for FALLS related to cognitive impairment (Dementia) and daily use of antipsychotics. Donald is AT RISK FOR FALLS. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 02/06/2024 Revision by: Grace Akah (RN)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Target Date: 01/17/2026	• COMMUNICATION: Involve/collaborate with Donald/SDM in decision making in fall prevention Plan of Care. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN) • CALL BELL: Place call bell within Donald's reach to RIGHT side if needed, check that it is in working order and remind/encourage to use it. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Grace Akah (RN) Revision on: 01/26/2024		RN Registered Practical Nurse  PCA	D/E/N
Allergies	No Known Allergies		D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthopathy, other site(M89.48), Syncope and collapse(R55)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)		Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025				

## Care Plan Report

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<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/18/1947	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Brisson, Donald (922141000297)	<b>Admission Date</b>	12/28/2023	<b>Location</b>	Queenston House 409 1
<b>Last Care Plan Review Completed:</b>		10/17/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of WANDERING, VERBAL, and PHYSICAL behaviour related to Symptom Progression of Dementia/Alzheimer.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		<p>• To promote safety for Donald and/or others during each episode of verbal outburst/physical aggression through to the next review date.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Donald and SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 01/03/2024 Revision by: Shirley Nasufi (Registered Nurse)</p>		BSO - Internal Social Worker	
		<p>• To decrease episodic frequency of wandering/verbal outburst/physical aggression by next review date.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026</p>	<p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of (resident name) for indications to change in or for escalating expressive behaviour risk.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse)</p>		Registered Staff	
			<p>• TRIGGERS leading to PHYSICAL: Hitting as expression of behaviour include anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, hunger, constipation, startling from sleep, loud noises.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 01/03/2024 Revision by: Shirley Nasufi (Registered Nurse)</p>		PCA RN	
		<p>• Donald will be supported to adjust to his/her new environment to lower risk of triggering former WANDERING, PHYSICAL inappropriate, VERBALLY inappropriate behaviour episodes through to the next review.</p>	<p>• PHYSICAL Behaviour: If Donald is attempting to strikeout; move back from his reach. Calmly indicate that care will continue when he is calm/ready. Seek Registered Staff assistance.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p>		RN	
			<p>• TRIGGERS leading to VERBAL yelling, screaming, calling names, etc. as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention, etc.</p> <p>Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN)</p>		Registered Practical Nurse PCA	
Allergies	No Known Allergies		D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthopathy, other site(M89.48), Syncope and collapse(R55)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)		Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for Expressive Behaviour of WANDERING, VERBAL, and PHYSICAL behaviour related to Symptom Progression of Dementia/Alzheimer. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)		Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026	Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • VERBAL Behaviour: If Donald is heard yelling, swearing or calling others names; calmly remind to lower his/her voice and that chosen words are not appropriate. Attempt to resolve his/her concern. Report episode to Registered Staff. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)			RN	
			• VERBAL Behaviour: Specify intervention in simple to follow instruction Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse) • WANDERING: Permit Donald to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			RN	
• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)		• To monitor the effectiveness and for side effects of medication used each day through to the next review date. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 01/17/2026	• COMMUNICATION: Involve/collaborate with Donald/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident using anti-psychotic medications for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN)			Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthopathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			Registered Practical Nurse RN	
• Potential for Persistent PAIN and alteration in comfort level related to Other hypertrophic osteoarthropathy. Most Current MDS Pain Score is 0. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)		• Promote MDS Pain Score of 0 through to the next review. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Target Date: 01/17/2026	• COMMUNICATION: Involve/collaborate with Donald/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN)			RN Registered Practical Nurse  RN Registered Practical Nurse	
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Dementia. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)		• Donald will continue to freely express self and adequately comprehend information each day through to the next review period. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 01/17/2026	• COMMUNICATION: Involve/collaborate with Donald/SDM for decision making about strategies needed to support effective communication. Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to Dementia.</li> </ul> Date Initiated: 01/15/2024 Created on: 01/15/2024 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 01/15/2024 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)							
<ul style="list-style-type: none"> <li>Potential for BOWEL INCONTINENCE related to cognitive impairment</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 01/01/2024 Revision by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"> <li>Donald will have bowel incontinence managed every shift through to the next review period.</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 01/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/17/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Donald and SDM for decision making about bowel function, toileting options, incontinence management, etc).</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)			Registered Practical Nurse	
		<ul style="list-style-type: none"> <li>Donald will receive support to use toilet and promote optimal bowel continence each day through to the next review.</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 01/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/17/2026	<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function.</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN)			Registered Staff	
			<ul style="list-style-type: none"> <li>BOWEL Continence level is OCCASIONALLY Incontinent. Report change to level as PCA noted.</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN) Revision on: 01/01/2024 Revision by: Navpreet Sekhon (RN)				
			<ul style="list-style-type: none"> <li>BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency.</li> </ul> Date Initiated: 12/29/2023 Created on: 12/29/2023 Created by: Navpreet Sekhon (RN)			PCA	
Allergies	No Known Allergies		D.O.B.	09/18/1947	Physician	Kevin Velicaria	
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Brisson, Donald (922141000297)		Admission Date	12/28/2023	Location	Queenston House 409 1	
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Potential for BOWEL INCONTINENCE related to cognitive impairment</div> <div>Date Initiated: 12/29/2023</div> <div>Created on: 12/29/2023</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 01/01/2024</div> <div>Revision by: Navpreet Sekhon (RN)</div>		<div>• INCONTINENCE PRODUCT: Donald uses a large pull up for days and evenings and LARGE Night Brief at night.</div> <div>Date Initiated: 12/29/2023</div> <div>Created on: 12/29/2023</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 11/14/2024</div> <div>Revision by: Grace Akah (RN)</div>	PCA		
<div>• Sleep Patterns; Potential for alteration in sleep patterns related to DEmentia and transition to LTC from home.</div> <div>Date Initiated: 12/29/2023</div> <div>Created on: 12/29/2023</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 12/29/2023</div> <div>Revision by: Pritibahen Patel (Registered Nurse)</div>	<div>• To promote adequate rest/sleep for Donald based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 12/29/2023</div> <div>Created on: 12/29/2023</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 12/29/2023</div> <div>Revision by: Pritibahen Patel (Registered Nurse)</div> <div>Target Date: 01/17/2026</div>	<div>• REST PATTERN: Preferred bedtime 2000, usual wake time 0700</div> <div>Date Initiated: 12/29/2023</div> <div>Created on: 12/29/2023</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 01/01/2024</div> <div>Revision by: Navpreet Sekhon (RN)</div>	PCA		
<div>• COGNITIVE LOSS; alteration in thought processes as evidenced by memory loss, difficulty concentrating, altered judgement, etc. related to progression of Dementia</div> <div>Date Initiated: 12/28/2023</div> <div>Created on: 12/28/2023</div> <div>Created by: Pritibahen Patel (Registered Nurse)</div> <div>Revision on: 12/29/2023</div> <div>Revision by: Navpreet Sekhon (RN)</div>	<div>• Donald will be supported to maintain cognitive function through the review date. Current CPS is 2.</div> <div>Date Initiated: 12/28/2023</div> <div>Created on: 12/28/2023</div> <div>Created by: Pritibahen Patel (Registered Nurse)</div> <div>Revision on: 01/15/2024</div>	<div>• COMMUNICATION: Involve/collaborate with Donald and SDM in decision making of Cognitive Loss for dementia.</div> <div>Date Initiated: 12/28/2023</div> <div>Created on: 12/28/2023</div> <div>Created by: Pritibahen Patel (Registered Nurse)</div> <div>Revision on: 12/29/2023</div> <div>Revision by: Pritibahen Patel (Registered Nurse)</div> <div>• HEALTH TEACHING: Engage with Donald and SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of</div>	RN Social Worker		
Allergies	No Known Allergies	D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthopathy, other site(M89.48), Syncope and collapse(R55)				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)	Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025			



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
	<p>Revision by: Colina-Jallisa O'Brien-Matthews (RPN) Target Date: 01/17/2026</p> <p>• Donald will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026</p>	<p><b>Dementia</b> Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p> <p>• <b>ORIENTATION:</b> Gently reorient to person, place, time as needed when Donald is feeling lost or in confused state. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p> <p>• <b>PERSONAL ROUTINE:</b> Provide consistency in care routine and activities (must SPECIFY what the routine looks like such as; wears pajamas to dining room for breakfast, reads paper after breakfast, etc.) Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 01/01/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• <b>PERSONAL ITEMS:</b> Keep eyeglasses, call bell, etc.) in a consistent place , (keep glasses on bedside table ) Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p> <p>• <b>COGNITIVE STIMULATION:</b> Guide Donald in activities to stimulate cognitive function (SPECIFY activity; bridge, puzzles, reading, trivia, watching TV, talking to him etc.). Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p>	<p>RN Registered Practical Nurse</p> <p>PCA</p> <p>PCA</p> <p>RN Registered Practical Nurse</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/18/1947	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Brisson, Donald (922141000297)	<b>Admission Date</b>	12/28/2023	<b>Location</b>	Queenston House 409 1
<b>Last Care Plan Review Completed:</b>		10/17/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• COGNITIVE LOSS; alteration in thought processes as evidenced by memory loss, difficulty concentrating, altered judgement, etc. related to progression of Dementia Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN)			• MEDICATION: Administer medication (Cholinesterase Inhibitor) as per MD order. Monitor effectiveness and for side effects. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) • ENVIRONMENT: Provide environmental clue to promote resident ability to locate room and navigating home area (i.e. name plate outside of room). Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)			Registered Staff	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse)		• Donald will be supported to cope with changing functional abilities of Dementia and have ADL care needs met each day through to the next review date. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026 • Donald will have ALL ADL care needs met each day through the	• BATHING: Donald prefers shower on Tuesday and Friday evening. 1 Staff to provide EXTENSIVE ASSISTANCE with bathing. Nail care to be provided on shower/bath day. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • BED MOBILITY: Resident is able to move himself bed . 1 staff to provide CUES, SUPERVISION or LIMITED, assistance for bed mobility. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse) • DRESSING: Donald is able to move upper body and lower body as per direction.			PCA	PCA
Allergies	No Known Allergies			D.O.B.	09/18/1947	Physician	Kevin Velicaria
Diagnosis	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Brisson, Donald (922141000297)			Admission Date	12/28/2023	Location	Queenston House 409 1
Last Care Plan Review Completed:		10/17/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
		next review date. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026	1 staff to provide EXTENSIVE assistance for dressing. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse) • EATING: Donald is able to eat by himself. 1 Staff to provide SUPERVISION , food set up assist for eating. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse)				PCA		
		• Donald will be supported to maintain current self participation in ADL care for and assisted to ensure all ADL care needs are met each day through to the next review date. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse) Target Date: 01/17/2026	• LOCOMOTION: Donald is able to move and walk independently. 1 staff to provide CUES , SUPERVISION for locomotion on and/or off unit. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/28/2023 Revision by: Pritibahen Patel (Registered Nurse)				PCA		
			• PERSONAL HYGIENE: Donald requires 1 staff to provide LIMITED assistance for hygiene. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN)				PCA		
			• HAND HYGIENE: 1 staff to provide REMINDER to use soap/water, apply sanitizer, rub hands together, dry hands, etc. for hand hygiene. Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN)				PCA		
			• TOILET USE: Donald 1 staff to provide EXTENSIVE assistance for toileting. Date Initiated: 12/28/2023				PCA		
		Allergies		No Known Allergies		D.O.B.	09/18/1947	Physician	Kevin Velicaria
		Diagnosis		Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthropathy, other site(M89.48), Syncope and collapse(R55)					
		Facility		Arbour Creek Care Centre				Print Date	11/5/2025
		Resident		Brisson, Donald (922141000297)		Admission Date	12/28/2023	Location	Queenston House 409 1
		Last Care Plan Review Completed:		10/17/2025					

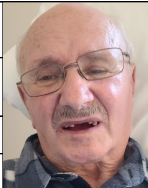
## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li> </ul> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse)</p>		<p>Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>TRANSFERRING: Donald is able to self transfer.</li> </ul> <p>1 staff to provide CUES, SUPERVISION assistance for transferring as needed.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>ORAL CARE: Donald has natural TEETH with some missing teeth lower jaw, EDENTULOUS upper with dentures etc.</li> </ul> <p>1 staff to provide LIMITED, assistance for oral care.</p> <p>Date Initiated: 12/28/2023 Created on: 12/28/2023 Created by: Pritibahen Patel (Registered Nurse) Revision on: 12/29/2023 Revision by: Pritibahen Patel (Registered Nurse)</p>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	09/18/1947	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other hypertrophic osteoarthopathy, other site(M89.48), Syncope and collapse(R55)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Brisson, Donald (922141000297)	<b>Admission Date</b>	12/28/2023	<b>Location</b>	Queenston House 409 1
<b>Last Care Plan Review Completed:</b>		10/17/2025			

## Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<div>• Nutrition Risk Level: HIGH r/t significant weight gain, Good fluid intake, total assistance, stable weight, dysphagia, compromised skin integrity (edema, open lesion), good intake, bowels managed, nutritional supplementation Date Initiated: 10/03/2021 Created on: 10/03/2021 Created by: Alia Arif (Dietitian) Revision on: 08/08/2025 Revision by: Alexandra Breau (Dietitian (RD))</div>	<div>• Will weigh within GWR of 65.3-79kg/BMI 24-29 through to next review date (h=165cm) Date Initiated: 10/03/2021 Created on: 10/03/2021 Created by: Alia Arif (Dietitian) Revision on: 11/12/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/29/2026</div> <div>• Domenico will be adequately hydrated aeb drinking between 1500-1800mL, 84.2kg through to next review date. Puree texture provides additional fluids Date Initiated: 10/03/2021 Created on: 10/03/2021 Created by: Alia Arif (Dietitian) Revision on: 08/08/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/29/2026</div> <div>• Will meet estimated nutritional requirements of 2105kCal @ 25kCal/kg, 84g PRO @ 1.0g PRO/kg through to next review date. Date Initiated: 10/03/2021 Created on: 10/03/2021 Created by: Alia Arif (Dietitian) Revision on: 08/08/2025 Revision by: Alexandra Breau (Dietitian (RD))</div>	<div>• Labelled Item Dinner: Domenico receives 125mL gingerale (Nectar-thickened MT2) BID @ Lunch and Dinner as per preference. Date Initiated: 11/20/2024 Created on: 11/20/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/20/2024 Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• SWALLOWING: -Ensure Domenico has swallowed before providing more food/fluids -Alternate sips of fluid with bites of food -Feed slowly, no more than 1tsp amounts at a time -Ensure he is upright at 90 degree angle during meals and for 30-45minutes post feeding Date Initiated: 10/10/2025 Created on: 10/10/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))</div> <div>• NUTRITION RISK: Domenico is HIGH Nutrition risk level. Date Initiated: 10/03/2021 Created on: 10/03/2021 Created by: Alia Arif (Dietitian) Revision on: 02/22/2023 Revision by: Anika Dhalla (RD - Registered Dietician)</div> <div>• DIET ORDER: Domenico will receive Regular diet, Puree texture Date Initiated: 10/03/2021 Created on: 10/03/2021 Created by: Alia Arif (Dietitian) Revision on: 11/21/2022 Revision by: Anika Dhalla (RD - Registered Dietician)</div> <div>• THICKENED FLUIDS: Domenico drinks thickened fluids at Nectar/Moderately thickened (MT2) consistency. Date Initiated: 11/21/2022 Created on: 11/21/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 11/21/2022</div>				PCA Registered Practical Nurse RN	
						PCA	
						Dietitian (RD) Dietary Manager	
						Diet Food Services Aide PCA	
						Diet PCA	
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level: HIGH r/t significant weight gain, Good fluid intake, total assistance, stable weight, dysphagia, compromised skin integrity (edema, open lesion), good intake, bowels managed, nutritional supplementation</div> <div>Date Initiated: 10/03/2021</div> <div>Created on: 10/03/2021</div> <div>Created by: Alia Arif (Dietitian)</div> <div>Revision on: 08/08/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div>	Target Date: 01/29/2026	Revision by: Anika Dhalla (RD - Registered Dietician)				
		<div>• FLUID TARGET: Encourage Domenico to drink between 1500-1800mL/day.</div> <div>Date Initiated: 10/03/2021</div> <div>Created on: 10/03/2021</div> <div>Created by: Alia Arif (Dietitian)</div> <div>Revision on: 03/26/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div>	PCA			
		<div>• DINING INSTRUCTIONS:</div> <div>1. Family will make meal/snack choices for Domenico, &amp; they may request ice cream or yogurt as a 3d option for dessert if both choices are not as per the resident’s liking.</div> <div>2. Provide double portions of greens (veg/salad) and fruit/dessert</div> <div>***offer fruit for dessert and veg for snacks</div> <div>Date Initiated: 10/03/2021</div> <div>Created on: 10/03/2021</div> <div>Created by: Alia Arif (Dietitian)</div> <div>Revision on: 11/25/2022</div> <div>Revision by: Anika Dhalla (RD - Registered Dietician)</div>	Diet Food Services Aide Personal Support Workers Registered Practical Nurse			
		<div>• HIGH CALORIE/PROTEIN IN MEALS: Offer Domenico</div> <div>1. 125mL Fortified Pudding OD at BF (provides 200kCal and 10g PRO)</div> <div>Date Initiated: 11/25/2022</div> <div>Created on: 11/25/2022</div> <div>Created by: Anika Dhalla (RD - Registered Dietician)</div> <div>Revision on: 08/08/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div>	PCA	BLD		
		<div>• HIGH FIBRE: Offer 1tbsp flaxseed at BF in hot cereal</div> <div>Date Initiated: 12/26/2021</div> <div>Created on: 12/26/2021</div> <div>Created by: Alia Arif (Dietitian)</div> <div>Revision on: 10/14/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div>	PCA	D		
<div>• The resident doesn't follow instructions. Transfer using Hoyer lift with 2 person assistance, Primary mode of locomotion is wheelchair.</div>	<div>• 1. Maintain ROM to B/L UE &amp; LE in the next 2 quarters.</div> <div>2. Prevent contracture to B/L UE &amp; LE.</div>	<div>• 1. AAROM/ PROM exs to B/L UE &amp; LE - 10 reps x 2 sets</div> <div>2. Mild stretching to B/L UE &amp; LE - Hold several sec x 3-5 reps</div> <div>3. PROM exs to DIP and PIP joints as tolerated</div>	PT - Physiotherapist PTA			
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 09/27/2021 Created on: 09/27/2021 Created by: Sujit James (PT - Physiotherapist) Revision on: 02/12/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)		Date Initiated: 09/27/2021 Created on: 09/27/2021 Created by: Sujit James (PT - Physiotherapist) Revision on: 02/12/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist) Target Date: 01/29/2026	Date Initiated: 08/14/2024 Created on: 09/27/2021 Created by: Sujit James (PT - Physiotherapist) Revision on: 11/05/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)				
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to use of daily diuretic Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		• To promote Domenico's fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Domenico/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Domenico's altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse Dietitian (RD)	
• Sleep Patterns Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		• To promote adequate rest/sleep for Domenico based on identified sleep patterns/preferences each night through to the next review date Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	• REST PATTERN: Preferred bedtime 2000, usual wake time 0700. Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			PCA	
Allergies	Bees		D.O.B.	01/24/1939		Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021		Location	Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• Sleep Patterns</b> Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)							
<b>• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension.</b> Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		<b>• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date</b> Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	<b>• COMMUNICATION:</b> Involve/collaborate with Domenico/SDM in decision making of Cardiac Care Management for Hypertension Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) <b>• MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident with Hypertension for changes to health status and alteration or complications affecting cardiac function Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) <b>• MEDICATION:</b> Administer medication for Hypertension as per MD Order and monitor for side effects Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) <b>• VITAL SIGNS:</b> Monitor vital signs as ordered every month and as needed. Notify MD of any significant abnormalities Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator)			Registered Practical Nurse	
<b>Allergies</b>	Bees		<b>D.O.B.</b>	01/24/1939	<b>Physician</b>	Kevin Velicaria	
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre					<b>Print Date</b>	11/5/2025
<b>Resident</b>	Consoli, Domenico (922141000191)		<b>Admission Date</b>	09/24/2021	<b>Location</b>	Queenston House 407 2	
<b>Last Care Plan Review Completed:</b>		09/11/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension. Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)				
• Potential to experience complications and side effects impacting quality of life related to use of daily antidepressants Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		• To monitor effectiveness and for side effects of medication (antidepressant) used each day through to the next review date Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Domenico/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Domenico using antidepressants for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024			RN Registered Practical Nurse	Registered Practical Nurse
<b>Allergies</b>	Bees		<b>D.O.B.</b>	01/24/1939		<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre					<b>Print Date</b>	11/5/2025
<b>Resident</b>	Consoli, Domenico (922141000191)		<b>Admission Date</b>	09/24/2021		<b>Location</b>	Queenston House 407 2
<b>Last Care Plan Review Completed:</b>		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience complications and side effects impacting quality of life related to use of daily antidepressants</li> </ul> Date Initiated: 11/24/2023 Created on: 11/24/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			Revision by: Navpreet Sekhon (RN)				
<ul style="list-style-type: none"> <li>Potential for BOWEL INCONTINENCE related to Dementia/Alzheimer's</li> </ul> Date Initiated: 10/09/2021 Created on: 10/09/2021 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"> <li>Domenico will have bowel incontinence managed every shift through to the next review period</li> </ul> Date Initiated: 10/09/2021 Created on: 10/09/2021 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Domenico/SDM for decision making about incontinence management</li> </ul> Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
			<ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective of continuous monitoring of Domenico for changes to health status, alteration of continence level or bowel function</li> </ul> Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
			<ul style="list-style-type: none"> <li>Domenico's BOWEL Continence level is Total Incontinence.</li> </ul> Date Initiated: 10/09/2021 Created on: 10/09/2021 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			PCA	
			<ul style="list-style-type: none"> <li>INCONTINENCE PRODUCT: Domenico uses a large night brief during the day and night.</li> </ul> Date Initiated: 10/09/2021			PCA	
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<p>• DOMENICO HAS URINARY INCONTINENCE related to altered mobility, Dementia Diagnosis. Date Initiated: 10/09/2021 Created on: 10/09/2021 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>			<p>Continue to use sureprep as a skin protectant daily. Date Initiated: 02/25/2024 Created on: 02/25/2024 Created by: Bea Anne Marie Paet (RAI Coordinator) Revision on: 03/06/2025 Revision by: Grace Akah (RN)</p> <p>• INCONTINENCE PRODUCT: Domenico uses large night brief during the day and night. Date Initiated: 10/09/2021 Created on: 10/09/2021 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• TOTAL INCONTINENCE MANAGEMENT: Domenico has TOTAL Urinary Incontinence; Requires check Q2 hours and change as needed Date Initiated: 10/09/2021 Created on: 10/09/2021 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>					PCA	
								PCA	
<p>• Risk for Impaired SKIN INTEGRITY related to Frailty, risk of skin problems, Impaired Mobility, Excessive Moisture, PURS score 3 Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>• To protect and maintain skin integrity each day through to the next review period Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026</p>	<p>• HEALTH EDUCATION: Engage Domenico/SDM in health education regarding prevention of skin impairment. Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• EQUIPMENT: Domenico requires an air mattress, Roho cushion, repositioning wedges (x2 short and x1 long) and bilateral boots to offload pressure. Staff to ensure that the machine is always on. Ensure cushion is inflated appropriately. Report issue with inflation to Registered Staff immediately as noted. Date Initiated: 12/31/2021 Created on: 12/31/2021 Created by: Corpuz Geline (RPN) Revision on: 10/10/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>			Registered Practical Nurse	PCA		
Allergies	Bees		D.O.B.	01/24/1939		Physician	Kevin Velicaria		
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses								
Facility	Arbour Creek Care Centre					Print Date	11/5/2025		
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021		Location	Queenston House 407 2		
Last Care Plan Review Completed:		09/11/2025							

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Risk for Impaired SKIN INTEGRITY related to Frailty, risk of skin problems, Impaired Mobility, Excessive Moisture, PURS score 3</li></ul> Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)			<ul style="list-style-type: none"><li>• AIR MATTRESS: Domenico has air mattress for pressure relief. The PSI SETTING should be Alternate 5 minutes cycle time and comfort adjusted on 1. Report issue with inflation to Registered Staff immediately as noted.</li></ul> Date Initiated: 11/19/2024 Created on: 11/19/2024 Created by: Grace Akah (RN) Revision on: 10/10/2025 Revision by: Mihaela Devic (RAI Coord Back-up) <li>• POSITIONING: Turn, reposition at least every 2 hours when in bed/wheelchair as per Domenico's preference to offload pressure. Allow 1 hour after he eats before repositioning.</li> Date Initiated: 07/17/2023 Created on: 07/17/2023 Created by: Brooklyne Dennis (ADOC) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) <li>• BARRIER CREAM: Apply Remedy silicone cream to peri area after each peri care.</li> Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/27/2024 Revision by: Grace Akah (RN)			PCA RN Registered Practical Nurse	
						PCA	Q2h
						PCA	
<ul style="list-style-type: none"><li>• Use of PASD tilt/reclining wheelchair to assist resident with Activity of Daily Living turning, repositioning and offloading</li></ul> Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"><li>• Domenico will be effectively supported with use of PASD to optimize Activity of Daily Living turning, repositioning and offloading each day through to the next review date</li></ul> Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	<ul style="list-style-type: none"><li>• HEALTH EDUCATION: Engage with Domenico/SDM to enhance their knowledge of possible benefits and challenges associated with Use of PASD.</li></ul> Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) <li>• MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use tilted wheelchair as to support appropriate turning, repositioning and offloading.</li> Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024			Registered Practical Nurse	Registered Practical Nurse
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)			Admission Date	09/24/2021	Location	Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Use of PASD tilt/reclining wheelchair to assist resident with Activity of Daily Living turning, repositioning and offloading</li> </ul> <p>Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>			<p>Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>• TILTED CHAIR in USE as a PASD to support resident with turning, repositioning and offloading. Monitor every shift.</li> </ul> <p>Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>		PCA	D/E/N
<ul style="list-style-type: none"> <li>• Potential for Expressive Behaviour of VERBAL, PHYSICAL, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer's</li> </ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"> <li>• To promote safety for Domenico and others during each episode of VERBAL, PHYSICAL, RESISTANCE to care need through to the next review period</li> </ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Domenico/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.</li> </ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Domenico for indications to change in or for escalating expressive behaviour risk.</li> </ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li>• TRIGGERS leading to PHYSICAL hitting and punching as expression of behaviour include anger, frustration, fearfulness, confusion, invasion of personal space.</li> </ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>		BSO - Internal Social Worker	
Allergies		Bees		D.O.B.	01/24/1939	Physician Kevin Velicaria
Diagnosis		Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses				
Facility		Arbour Creek Care Centre			Print Date	11/5/2025
Resident		Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of VERBAL, PHYSICAL, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer's</p> <p>Date Initiated: 10/16/2021</p> <p>Created on: 10/16/2021</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 05/15/2024</p> <p>Revision by: Navpreet Sekhon (RN)</p>			<p>• PHYSICAL Behaviour: If Domenico is attempting to strikeout; move back from his reach. Calmly indicate that care will continue when he is calm/ready. Seek Registered Staff assistance.</p> <p>Date Initiated: 10/16/2021</p> <p>Created on: 10/16/2021</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 05/15/2024</p> <p>Revision by: Navpreet Sekhon (RN)</p>			Registered Practical Nurse	
			<p>• TRIGGERS leading to VERBAL calling names as expression of behaviour include loss of control, frustration, limitation in self expression, pain, misunderstanding care intention</p> <p>Date Initiated: 10/16/2021</p> <p>Created on: 10/16/2021</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 05/15/2024</p> <p>Revision by: Navpreet Sekhon (RN)</p>			Registered Practical Nurse	
			<p>• VERBAL Behaviour: If Domenico is heard yelling, swearing or calling others names; calmly reminds him to lower his voice and that chosen words are not appropriate. Attempt to resolve his concern. Report episode to Registered Staff.</p> <p>Date Initiated: 10/16/2021</p> <p>Created on: 10/16/2021</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 05/15/2024</p> <p>Revision by: Navpreet Sekhon (RN)</p>			Registered Practical Nurse	
			<p>• TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe as expression of behaviour include confusion, misunderstanding care needs, poor judgement</p> <p>Date Initiated: 10/16/2021</p> <p>Created on: 10/16/2021</p> <p>Created by: Melissa Pascua (RAI Coordinator)</p> <p>Revision on: 05/15/2024</p> <p>Revision by: Navpreet Sekhon (RN)</p>			Registered Practical Nurse	
			<p>• RESISTANCE to Care Need: If Domenico is refusing to bathe or change clothes then staff are to re-approach in 10-15 minutes. Report episode to Registered Staff.</p> <p>Date Initiated: 10/16/2021</p> <p>Created on: 10/16/2021</p>			Registered Practical Nurse	
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Expressive Behaviour of VERBAL, PHYSICAL, RESISTANCE to care need nature related to Symptom Progression of Dementia/Alzheimer's</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>			<p>Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer medication for therapeutic treatment of VERBAL, PHYSICAL, RESISTANCE to care need as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>			Registered Practical Nurse	
<p>• Potential to experience alteration in MOOD as exhibited by sad affect and restlessness related to loss of independence and inability to cope with changes</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>• Domenico will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the next review period</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Domenico/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• HEALTH EDUCATION: Provide education and support to Domenico/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of</p>			Registered Practical Nurse	Registered Practical Nurse
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Domenico for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer antidepressant medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>Practical Nurse</p> <p>Registered Practical Nurse</p>	
<p>• Altered Vision related to Bilateral Cataracts and Macular Degeneration</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>• Domenico will use glasses for vision correction daily through to the next review period</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Domenico/SDM for decision making pertaining to change in visual status as needed.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• HEALTH TEACHING: Engage with Domenic/SDM to enhance their knowledge of Cataract and Macular Degeneration affecting vision.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• EYEGLASSES: Domenico wears Bifocal eyeglasses. Assist to clean eyeglasses as needed and store them on the night table when sleeping. Domenico refuses to wear eye glasses at times.</p> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p> <p>PCA Registered Practical Nurse</p>	

<b>Allergies</b>	Bees	<b>D.O.B.</b>	01/24/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Consoli, Domenico (922141000191)	<b>Admission Date</b>	09/24/2021	<b>Location</b>	Queenston House 407 2
<b>Last Care Plan Review Completed:</b>		09/11/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<ul style="list-style-type: none"><li>• Altered COMMUNICATION as exhibited by limitations to comprehension related to Hard of hearing but refused to wear hearing aid and dysphagia/aphasia</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li></ul>	<ul style="list-style-type: none"><li>• Domenico will be able to make basic needs known each day through to the next review period</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li><li>Target Date: 01/29/2026</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Domenico/SDM for decision making about strategies needed to support effective communication</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li></ul>	Registered Practical Nurse			
		<ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Domenico/SDM to enhance their knowledge of change in health status affecting communication ability</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li></ul>	Registered Practical Nurse			
		<ul style="list-style-type: none"><li>• PRIMARY LANGUAGE: Domenico's primary language is Italian. He can sometimes speak/understand English and French</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li></ul>	Registered Practical Nurse			
		<ul style="list-style-type: none"><li>• SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, use simple words/phrases. Domenico has hearing aids but as per family he refuses to wear them</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li></ul>	PCA			
<ul style="list-style-type: none"><li>• COGNITIVE LOSS; alteration in thought processes, memory loss, difficulty concentrating, poor judgement related to Dementia, Alzheimer's Disease, Cardiovascular Accident (CVA.)</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li></ul>	<ul style="list-style-type: none"><li>• Domenico is severely impaired in cognition and will have needs interpreted and met each day through to the next review period. CPS score is 5</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Domenico/SDM in decision making of Cognitive Loss for Dementia, Alzheimer's Disease, Cardiovascular Accident (CVA).</li><li>Date Initiated: 10/16/2021</li><li>Created on: 10/16/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 05/15/2024</li><li>Revision by: Navpreet Sekhon (RN)</li></ul>	Registered Practical Nurse			
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	• HEALTH TEACHING: Engage with Domenico/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia, Alzheimer's Disease, Cardiovascular Accident (CVA). Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • ORIENTATION: Gently reorient to person, place, time, task as needed when Domenico is feeling lost or in confused state. Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)				Registered Practical Nurse	
• Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to Dementia/Alzheimer's, Medical condition: Stroke , Medication use: Antidepressant and Antipsychotic medication Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	• COMMUNICATION: Involve/collaborate with Domenico/SDM in decision making in fall prevention Plan of Care. Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • ADAPTIVE EQUIPMENT: Domenico needs wheelchair Date Initiated: 11/23/2022 Created on: 11/23/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • BED: place bed in lowest position to lower risk for injury Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) • FLOOR MAT: Position floor mat on floor next to side of bed while in bed to lower risk of injury.				Registered Practical Nurse	PCA  PCA  PCA
Allergies	Bees		D.O.B.	01/24/1939		Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021		Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to Limitation of cognitive function/altered judgement due to Dementia/Alzheimer's, Medical condition: Stroke , Medication use: Antidepressant and Antipsychotic medication</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021  Created by: Melissa Pascua (RAI Coordinator)  Revision on: 05/15/2024  Revision by: Navpreet Sekhon (RN) </p>			<p> Date Initiated: 01/04/2022  Created on: 01/04/2022  Created by: Gabrielle Wolfe (RN)  Revision on: 10/14/2025  Revision by: Grace Akah (RN) </p> <ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021  Created by: Melissa Pascua (RAI Coordinator)  Revision on: 05/15/2024  Revision by: Navpreet Sekhon (RN) </p>		Registered Practical Nurse	
<ul style="list-style-type: none"> <li>Potential for Persistent chronic PAIN and alteration in comfort level related to Hx of Chronic back/neck pain, OP, and Stroke. Most Current MDS Pain Score is 0</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021  Created by: Melissa Pascua (RAI Coordinator)  Revision on: 05/15/2024  Revision by: Navpreet Sekhon (RN) </p>		<ul style="list-style-type: none"> <li>To promote comfort for Domenico and effectively manage persistent/chronic pain as episode occurs through to the next review period</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021  Created by: Melissa Pascua (RAI Coordinator)  Revision on: 05/15/2024  Revision by: Navpreet Sekhon (RN)  Target Date: 01/29/2026 </p> <ul style="list-style-type: none"> <li>Promote MDS Pain Score of 0 through to the next review period</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021 </p>	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Domenico/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021  Created by: Melissa Pascua (RAI Coordinator)  Revision on: 05/15/2024  Revision by: Navpreet Sekhon (RN) </p> <ul style="list-style-type: none"> <li>MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal satisfaction for pain control.</li> </ul> <p> Date Initiated: 10/16/2021  Created on: 10/16/2021  Created by: Melissa Pascua (RAI Coordinator)  Revision on: 05/15/2024  Revision by: Navpreet Sekhon (RN) </p> <ul style="list-style-type: none"> <li>PREFERENCES: Domenico/SDM has identified preference for pain management PRN pain meds only.</li> </ul> <p> Date Initiated: 10/16/2021 </p>		Registered Practical Nurse	
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for Persistent chronic PAIN and alteration in comfort level related to Hx of Chronic back/neck pain, OP, and Stroke. Most Current MDS Pain Score is 0 Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)				
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour, Limited Mobility, and Limited ROM, d/t Dementia/Alzheimer's. Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)		• Domenico will be supported to cope with changing functional abilities d/t dementia, osteoporosis and have ADL care needs met each day through to the next review period Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/29/2026	• BATHING: Domenico prefers SHOWER two times per week, on Wednesday evening and Sunday evening. He requires total assistance with showering. His family have stated that they would like Domenico to have a full shower. give resident nail care also. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • DRESSING: Domenico is able to get dressed and change his clothes with TOTAL assistance from 2 staff.  Staff to put on undershirt daily if able due to resistive behaviour of Domenico. Staff to put on gown and undershirt whenever Domenico is helped back to bed between 1330- 1400. Rolled washcloth to rt hand at all times Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • EATING: 1 Staff to provide TOTAL assistance with eating.			PCA	
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<p>Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• LOCOMOTION: Domenico is not able to weight bear and uses a wheelchair. 1 staff to provide TOTAL assistance for locomotion on and off unit.</p> <p>Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• PERSONAL HYGIENE: Domenico is not able to follow directions during hygiene. 2 staff to provide TOTAL assistance for hygiene.</p> <p>If Domenico experiences any shaking during personal care/peri care, both staff are to try to support Domenico back to rest safely until the shaking is resolved, then proceed with care.</p> <p>Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 10/14/2025 Revision by: Grace Akah (RN)</p> <p>• HAND HYGIENE: 1 staff to provide TOTAL assistance to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene.</p> <p>Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• TOILET USE: Domenico requires 2 staff to provide TOTAL assistance for toileting as applicable.</p> <p>Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024</p>			PCA	
Allergies	Bees		D.O.B.	01/24/1939	Physician	Kevin Velicaria	
Diagnosis	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Consoli, Domenico (922141000191)		Admission Date	09/24/2021	Location	Queenston House 407 2	
Last Care Plan Review Completed:		09/11/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour, Limited Mobility,and Limited ROM, d/t Dementia/Alzheimer's.</div> <div>Date Initiated: 09/25/2021</div> <div>Created on: 09/25/2021</div> <div>Created by: Jayell Valencia (Registered Practical Nurse)</div> <div>Revision on: 05/15/2024</div> <div>Revision by: Navpreet Sekhon (RN)</div>			Revision by: Navpreet Sekhon (RN)					
			• TRANSFERRING: Domenico is not able to bear weight.					
			2 staff to provide TOTAL assist in using MECHANICAL HOYER LIFT (full sling) assistance for transferring. After lunch wait for one hour, then put resident in the bed.					
			Date Initiated: 09/25/2021					
			Created on: 09/25/2021					
			Created by: Jayell Valencia (Registered Practical Nurse)					
			Revision on: 05/14/2025					
			Revision by: Myrna Corpuz (RPN)					
			• TRANSFER LIFT/SLING: Medium dual Sling needed for transfer.					
			Date Initiated: 09/25/2021					
							PCA	
							Registered Practical Nurse	
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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Expressive Behaviour, Limited Mobility, and Limited ROM, d/t Dementia/Alzheimer's.</li></ul> <p>Date Initiated: 09/25/2021 Created on: 09/25/2021 Created by: Jayell Valencia (Registered Practical Nurse) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>			Revision by: Navpreet Sekhon (RN)					
			<ul style="list-style-type: none"><li>SPECIAL FAMILY REQUEST: Family requests to have Domenico's clothes changed every other day, or when visibly soiled.</li></ul> <p>Domenico to be assisted into BED EVERY DAY AFTER one hour of LUNCH AND HAVE SUPPER IN BED.</p> <p>Open blinds in room to allow in natural light.</p> <p>In hot weather only have bed sheet on, not both blankets.</p>					
<ul style="list-style-type: none"><li>Expressed Wishes and Beliefs related to Domenico's Medical Treatment and End of Life Care.</li></ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"><li>To support and honor Domenico's expressed wishes and beliefs through to End of Life.</li></ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA					
			<ul style="list-style-type: none"><li>CPR: Domenico/SDM wishes express NO CPR, however transfer to hospital decision will be made at the time.</li></ul> <p>Date Initiated: 10/16/2021 Created on: 10/16/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 05/15/2024 Revision by: Navpreet Sekhon (RN)</p>					
Allergies		Bees			D.O.B.	01/24/1939	Physician	Kevin Velicaria
Diagnosis		Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
Facility		Arbour Creek Care Centre					Print Date	11/5/2025
Resident		Consoli, Domenico (922141000191)			Admission Date	09/24/2021	Location	Queenston House 407 2
Last Care Plan Review Completed:		09/11/2025						



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 01/29/2026					
<b>• SPIRITUAL BELIEFS:</b> Domenico is of the Catholic Faith. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/20/2022 Revision by: Sabina Eljazovic (Recreation Aide)		<b>• To provide Domenico spiritual support as interested through to the next review date.</b> Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 03/09/2023 Revision by: Kamaljit Matharu (RAI Coordinator) Target Date: 01/29/2026	<b>• SPIRITUAL PROGRAMS:</b> Encourage him to attend spiritual programs of his choice ACT including Catholic Mass on tv. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/20/2022 Revision by: Sabina Eljazovic (Recreation Aide)				
<b>• Domenico is not at risk of social isolation as his family is visiting daily,helping with feeding and spending time with him.</b> Date Initiated: 12/28/2021 Created on: 12/28/2021 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 03/30/2022 Revision by: Sabina Eljazovic (Recreation Aide)		<b>• Team members will support Domenico social involvement by participating in activities of personal benefit for 10 times per month by the next review date.</b> Date Initiated: 12/28/2021 Created on: 12/28/2021 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 03/09/2023 Revision by: Kamaljit Matharu (RAI Coordinator) Target Date: 01/29/2026  <b>• Domenico will maintain ISE score of 0</b> Date Initiated: 12/28/2021 Created on: 12/28/2021 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 03/09/2023 Revision by: Kamaljit Matharu (RAI Coordinator)	<b>• STRUCTURED ACTIVITIES:</b> Invite him to programs of personal interest:all music ACT related programs if he is awake. Date Initiated: 12/28/2021 Created on: 12/28/2021 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/20/2022 Revision by: Sabina Eljazovic (Recreation Aide)  <b>• SELF-DIRECTED ACTIVITIES:</b> Domenico has been provided with radio in his room ACT as he spends afternoon in bed and he can listen. Date Initiated: 12/28/2021 Created on: 12/28/2021 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/20/2022 Revision by: Sabina Eljazovic (Recreation Aide)  <b>• FAMILY INVOLVEMENT</b> Family is involved once daily helping with feeding and spending time with him. Date Initiated: 04/20/2022 Created on: 04/20/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 02/25/2024 Revision by: Bea Anne Marie Paet (RAI Coordinator)  <b>• SOCIAL INTERACTION:</b> Domenico speaks only Italian and understands some ACT				Registered Practical Nurse RN PCA
<b>Allergies</b>	Bees		<b>D.O.B.</b>	01/24/1939	<b>Physician</b>	Kevin Velicaria	
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre					<b>Print Date</b>	11/5/2025
<b>Resident</b>	Consoli, Domenico (922141000191)		<b>Admission Date</b>	09/24/2021	<b>Location</b>	Queenston House 407 2	
<b>Last Care Plan Review Completed:</b>		09/11/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Domenico is not at risk of social isolation as his family is visiting daily, helping with feeding and spending time with him.</li> </ul> <p> Date Initiated: 12/28/2021  Created on: 12/28/2021  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 03/30/2022  Revision by: Sabina Eljazovic (Recreation Aide) </p>	<p>Coordinator) Target Date: 01/29/2026</p> <ul style="list-style-type: none"> <li>To support Domenico Psycho-Social well being through to the next review.</li> </ul> <p> Date Initiated: 12/28/2021  Created on: 12/28/2021  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 03/09/2023  Revision by: Kamaljit Matharu (RAI Coordinator)  Target Date: 01/29/2026 </p>	<p>English.</p> <p>He is unable to make full conversation but short answers to short questions. Also he can be verbally inappropriate.</p> <p> Date Initiated: 12/28/2021  Created on: 12/28/2021  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 04/20/2022  Revision by: Sabina Eljazovic (Recreation Aide) </p> <ul style="list-style-type: none"> <li>MUSIC CARE APPROACH: Present Domenico with: the music care approaches: Community music, Music Care Specialists, Musicking, Music Programming.</li> </ul> <p> Date Initiated: 05/16/2025  Created on: 05/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 05/16/2025  Revision by: Sabrina Zipeto (Recreation Aide) </p>	Recreation Aide	

### Diagnosis

Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0), Stroke, not specified as haemorrhage or infarction(I64), Mixed cortical and subcortical vascular dementia (F01.3), Hallucinations, unspecified(R44.3), Degeneration of macula and posterior pole(H35.3)

<b>Allergies</b>	Bees	<b>D.O.B.</b>	01/24/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Alzheimer's disease, unspecified(G30.9), Osteoporosis, unspecified(M81.9), Disorder of prostate, unspecified(N42.9), Benign hypertension(I10.0), After-cataract(H26.4), Dysphasia and aphasia(R47.0)...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Consoli, Domenico (922141000191)	<b>Admission Date</b>	09/24/2021	<b>Location</b>	Queenston House 407 2
<b>Last Care Plan Review Completed:</b>		09/11/2025			

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Created by: Anika Dhalla (Dietitian (RD)) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/03/2025  • Jean will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1743mL @ 25ml/kg, 69.7kg through to next review date. Date Initiated: 09/16/2024 Created on: 09/16/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/03/2025	Created on: 09/06/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/16/2024 Revision by: Anika Dhalla (Dietitian (RD)) • FLUID CONSISTENCY: Jean drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/06/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager) • FLUID TARGET: Encourage Jean to drink a minimum of 1394mL per day.  Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD)) • DINING INSTRUCTIONS: 1. Limit potassium foods: bananas, tomatoes, strawberries, orange juice Date Initiated: 09/25/2024 Created on: 09/25/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/25/2024 Revision by: Anika Dhalla (Dietitian (RD)) • PORTION SIZE: Jean prefers regular portions for meals. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/06/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager) • FOOD ALLERGY/INTOLERANCE: nka Date Initiated: 09/16/2024 Created on: 09/16/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/16/2024 Revision by: Anika Dhalla (Dietitian (RD))			PCA	
				PCA			
				Registered Practical Nurse			
				PCA			
				PCA Restorative Care Aide			
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level: MODERATE r/t non-significant weight gain, controlled diabetes, dementia dx, HTN, good food and fluid intake, independent at meals, bowels managed. Date Initiated: 09/06/2024 Created on: 09/06/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/19/2025 Revision by: Alexandra Breau (Dietitian (RD))			• FOOD PREFERENCES: Jean enjoys cranberry juice, orange juice and coffee. Dislikes eating vegetables. Date Initiated: 09/16/2024 Created on: 09/16/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/16/2024 Revision by: Anika Dhalla (Dietitian (RD))			PCA	
• Potential for Acute/persistent generalized PAIN in the body and alteration in comfort level related to diagnosis of Arthritis. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Jasmeen Kaur (Registered Nurse)		• To promote Jean comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Jean/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Jasmeen Kaur (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal Jean's satisfaction for pain control. Date Initiated: 09/05/2024 Created on: 09/05/2024			RN Registered Practical Nurse      RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		• Promote MDS Pain Score of 0 through to the next review. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Target Date: 12/03/2025	Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Jasmeen Kaur (Registered Nurse) • REST: accommodate Jean rest and relaxation preference: breaks between activities, remaining in bed. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Jasmeen Kaur (Registered Nurse) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Jasmeen Kaur (Registered Nurse)			RN PCA	
• Jean is enrolled in AMBULATION nursing restorative program and has the potential to show improvement to (Specify; strength, balance, walking distance, walking endurance, etc.) related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)		• SHORT TERM GOAL: To improve Jean ability to walk for longer duration of time from 10 minutes to 15 of minutes by the next review day. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Jean about performance in AMBULATION Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Jean when partaking in AMBULATION Nursing Restorative Program. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • AMBULATION ENDURANCE: 1 staff to assist Jean to ambulate for duration of 15 MINUTES using rollator walker. Date Initiated: 12/20/2024			Registered Practical Nurse	Registered Practical Nurse
Allergies	No Known Allergies		D.O.B.	06/14/1935		Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)		Admission Date	09/05/2024		Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • TIME SPENT: Enter amount of time in MINUTES that Jean performed WALKING exercises. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)				Restorative Care Aide	D/E
• Jean is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)		• Short Term Goal: To improve Jean muscle AROM strength to be able to complete 10 of repetitions of each exercise each day through the next review date Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Jean about performance in AROM Nursing Restorative Program including goals, options, and plan of care as needed. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Jean when partaking in AROM Nursing Restorative Program. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • AROM EXERCISE MUSCLE: Provide cueing and demonstration of abduction, adduction, extension, flexion to Joan for R/L bicep, triceps, quadriceps, etc. Complete 15 # of repetitions per each joint exercise. Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • TIME SPENT: Enter amount of time in MINUTES that Jean performed AROM exercises. Date Initiated: 12/20/2024				Restorative Care Aide   <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Jean is enrolled in ACTIVE RANGE OF MOTION nursing restorative program and has the potential to show improvement to (Specify muscle/joint) function related to personal motivation to participate in exercise program, ability to follow directions and functional ability to safely perform exercises.</p> <p>Date Initiated: 12/20/2024 Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>Created on: 12/20/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 12/20/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		
<p>• Increased risk for FALLS related to self-transferring, unmet toileting needs. Limitation of cognitive function/altered judgement.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/11/2024 Revision by: Sujit James (PT - Physiotherapist)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Target Date: 12/03/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Jean/SDM in decision making in fall prevention Plan of Care.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/18/2025 Revision by: Akshita Kaushal (Registered Practical Nurse)</p> <p>• CALL BELL: Place call bell within the resident's reach to the LEFT side. check that it is in working order and remind/encourage to use it.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/18/2025 Revision by: Akshita Kaushal (Registered Practical Nurse)</p>	PCA	D/E/N
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	06/14/1935
<b>Diagnosis</b>	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)		<b>Physician</b>	Nachwa Ghobara
<b>Facility</b>	Arbour Creek Care Centre		<b>Print Date</b>	11/5/2025
<b>Resident</b>	Davies, Jean (922141000328)	<b>Admission Date</b>	09/05/2024	<b>Location</b> Queenston House 412 1
<b>Last Care Plan Review Completed:</b>		09/03/2025		



## Care Plan Report

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		<ul style="list-style-type: none"> <li>• ADAPTIVE AIDS: Place adaptive aid/needed objects walker within easy reach of Jean. Remind resident to use walker for ambulation. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/22/2025 Revision by: Myrna Corpuz (RPN)</li> <li>• ADAPTIVE EQUIPMENT: Jean needs adaptive equipment: walker. Ensure that walker is near Jean's bed and has brakes on when she is in bed. Remind Jean to walk slowly. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/15/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</li> <li>• ENVIRONMENT: Secure environment: reduce clutter, quiet environment to reduce fall risk for Jean . Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/15/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</li> <li>• BED: place bed in lowest position to lower risk for injury. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Chantelle Walker (ADOC) Revision on: 12/15/2024 Revision by: Myrna Corpuz (RPN)</li> <li>• ACTIVITY: Engage Jean in meaningful activity to decrease boredom and or restlessness. Jean likes to: knit, play cards, Bingo and bowling. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirley Nasufi (Registered Nurse)</li> <li>• FOOTWEAR: Ensure Jean wears appropriate, well-fitting, non-slip footwear (has</li> </ul>	PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/14/1935	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Davies, Jean (922141000328)	<b>Admission Date</b>	09/05/2024	<b>Location</b>	Queenston House 412 1
<b>Last Care Plan Review Completed:</b>		09/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Increased risk for FALLS related to self-transferring, unmet toileting needs. Limitation of cognitive function/altered judgement. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 12/11/2024 Revision by: Sujit James (PT - Physiotherapist)</div>		<div>sketchers in her closet) for transfers and ambulation. Do not have Jean in slippers for walking. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/13/2025 Revision by: Chantelle Walker (ADOC)</div> <div>• HIP PROTECTORS: "Jean" wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/23/2024 Revision by: Navpreet Sekhon (RN)</div> <div>• SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in placed. Date Initiated: 08/07/2025 Created on: 08/07/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/07/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</div> <div>• FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury. Alex (POA/Son) wants floor mat despite falls risk. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Chantelle Walker (ADOC) Revision on: 07/29/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</div> <div>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN)</div>	PCA	D/E/N			
<div>• Potential to experience complications and side effects impacting quality of life related to use of antidepressant medication Date Initiated: 09/21/2024</div>	<div>• To monitor effectiveness of antidepressant and for side effects of medication used each day through to the next review</div>	<div>• COMMUNICATION: Involve/collaborate with Jean/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 09/21/2024 Created on: 09/21/2024</div>	RN Registered Practical Nurse				
Allergies	No Known Allergies		D.O.B.	06/14/1935	Physician	Nachwa Ghobara	
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Davies, Jean (922141000328)		Admission Date	09/05/2024	Location	Queenston House 412 1	
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)		date. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025  • To promote Jean understanding of treatment regime and possible side effects of medication taken through to the next review. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025	Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Jean using antidepressant medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)			RN Registered Practical Nurse	
• Potential for Expressive Behaviour of WANDERING, nature related to Symptom Progression of Dementia. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)		• To promote safety for Jean and/or others during each episode of wandering through to the next review date. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Jean/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Jean for indications to change in or for escalating expressive behaviour risk. Date Initiated: 09/21/2024 Created on: 09/21/2024			RN BSO - Internal Social Worker   Registered Practical Nurse PCA	
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

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Focus		Goal	Interventions			Position	Freq/Resolved
		<ul style="list-style-type: none"><li>Jean will be supported to adjust to her new environment to lower the risk of triggering former WANDERING behaviour episodes through to the next review.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025</p>	<p>Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"><li>WANDERING: Permit Jean to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"><li>DIVERSION ACTIVITY: Jean responds well to listening to serbian music, crossword puzzles, taking walks as a method to calm or redirect energy.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>			Registered Practical Nurse PCA	
<ul style="list-style-type: none"><li>Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to diagnosis of Dementia.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<ul style="list-style-type: none"><li>Jean will continue to freely express self and adequately comprehend information each day through to the next review period.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Jean/SDM for decision making about strategies needed to support effective communication.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"><li>PRIMARY LANGUAGE: Jean primary language is English. She is able to speak/understand English.</li></ul> <p>Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"><li>COMMUNICATION DEVICE: Jean is able to use the phone. Allow Jean to call family in emergencies. If wanting to call and getting anxious please re-direct Jean to the calendar in her room that shows when her son will be in to visit. Instructions as per son Alex.</li></ul> <p>Date Initiated: 02/06/2025</p>			RN PCA	
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to diagnosis of Dementia. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)			Created on: 02/06/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/06/2025 Revision by: Joanne Mae Nava (Nurse Clinician)				
• Jean shows STRONG PARTICIPATION in Activities Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 09/18/2024 Revision by: Sabrina Zipeto (Recreation Aide)		• Jean will be supported to maintain participation in activities 20-25 times per month by the next review date. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 09/20/2024 Revision by: Julie Lambert (Recreation Aide) Target Date: 12/03/2025  • Jean will Improve ISE score of 4 to 5 by the next review date. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/30/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/03/2025	• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; baking, bingo, concerts, cards, movies, parties, tea social, etc. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 09/18/2024 Revision by: Sabrina Zipeto (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading, walking, conversing with peers, etc. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 09/20/2024 Revision by: Julie Lambert (Recreation Aide) • ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Jean at times requires staff to accompany her to and from programs in elevator and on the floor. Cue direction. Date Initiated: 09/20/2024 Created on: 09/20/2024 Created by: Julie Lambert (Recreation Aide) Revision on: 09/20/2024 Revision by: Julie Lambert (Recreation Aide)			Recreation Aide	
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
<div>• Jean shows STRONG PARTICIPATION in Activities</div> <div>Date Initiated: 09/18/2024</div> <div>Created on: 09/18/2024</div> <div>Created by: Sabrina Zipeto (Recreation Aide)</div> <div>Revision on: 09/18/2024</div> <div>Revision by: Sabrina Zipeto (Recreation Aide)</div>			<div>• HELPFUL HINTS:</div> <div>Jean speaks english and understands serbian.</div> <div>Both her parents are from Serbia.</div> <div>Jean loves to socialize and be involved in various activities.</div> <div>Jean loves to read in her room in her downtime.</div> <div>Jean likes watching football. Her favourite team is the Tiger Cats.</div> <div>Jean enjoys listening to music from Neil Diamond, Bobby Vinton, and Paul Anka. She also likes listening to Serbian and Polka music as it reminds her of her childhood and her parents.</div> <div>Date Initiated: 09/20/2024</div> <div>Created on: 09/20/2024</div> <div>Created by: Julie Lambert (Recreation Aide)</div> <div>Revision on: 09/20/2024</div> <div>Revision by: Julie Lambert (Recreation Aide)</div> <div>• ONE to ONE: Provide her with individual visits for conversation and reminiscing</div> <div>Date Initiated: 09/18/2024</div> <div>Created on: 09/18/2024</div> <div>Created by: Sabrina Zipeto (Recreation Aide)</div> <div>Revision on: 09/20/2024</div> <div>Revision by: Julie Lambert (Recreation Aide)</div> <div>• THERAPIES: Present Jean with music therapy and aromatherapy to improve comfort, inclusion, and fun.</div> <div>Date Initiated: 09/20/2024</div> <div>Created on: 09/20/2024</div> <div>Created by: Julie Lambert (Recreation Aide)</div> <div>Revision on: 09/20/2024</div> <div>Revision by: Julie Lambert (Recreation Aide)</div> <div>• FAMILY INVOLVEMENT: Jean's family is very supportive and come to visit Jean often on a weekly basis.</div> <div>Date Initiated: 09/20/2024</div> <div>Created on: 09/20/2024</div> <div>Created by: Julie Lambert (Recreation Aide)</div> <div>Revision on: 09/20/2024</div> <div>Revision by: Julie Lambert (Recreation Aide)</div> <div>• MUSIC CARE APPROACH: Present Jean with Music Care Specialists, Musicking,</div>				Recreation Aide		
							Recreation Aide		
							Recreation Aide		
							Recreation Aide		
							Recreation Aide		
Allergies		No Known Allergies			D.O.B.		06/14/1935	Physician	Nachwa Ghobara
Diagnosis		Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)							
Facility		Arbour Creek Care Centre						Print Date	11/5/2025
Resident		Davies, Jean (922141000328)			Admission Date		09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025							

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<div>• Jean shows STRONG PARTICIPATION in Activities</div> <div>Date Initiated: 09/18/2024</div> <div>Created on: 09/18/2024</div> <div>Created by: Sabrina Zipeto (Recreation Aide)</div> <div>Revision on: 09/18/2024</div> <div>Revision by: Sabrina Zipeto (Recreation Aide)</div>			<div>and Music Programming.</div> <div>Date Initiated: 09/20/2024</div> <div>Created on: 09/20/2024</div> <div>Created by: Julie Lambert (Recreation Aide)</div> <div>Revision on: 09/20/2024</div> <div>Revision by: Julie Lambert (Recreation Aide)</div>				
<div>• Sleep Patterns</div> <div>Date Initiated: 09/17/2024</div> <div>Created on: 09/17/2024</div> <div>Created by: Shirly Nasufi (Registered Nurse)</div> <div>Revision on: 09/17/2024</div> <div>Revision by: Shirly Nasufi (Registered Nurse)</div>		<div>• To promote adequate rest/sleep for Jean based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 09/17/2024</div> <div>Created on: 09/17/2024</div> <div>Created by: Shirly Nasufi (Registered Nurse)</div> <div>Revision on: 09/17/2024</div> <div>Revision by: Shirly Nasufi (Registered Nurse)</div> <div>Target Date: 12/03/2025</div>	<div>• REST PATTERN: Preferred bedtime 2000hrs, usual wake time 0700hrs</div> <div>Date Initiated: 09/17/2024</div> <div>Created on: 09/17/2024</div> <div>Created by: Shirly Nasufi (Registered Nurse)</div> <div>Revision on: 09/17/2024</div> <div>Revision by: Shirly Nasufi (Registered Nurse)</div>			PCA	
<div>• COGNITIVE LOSS; alteration in thought processes: memory loss, difficulty concentrating, altered judgement related to progression of Dementia</div>		<div>• Jean will be supported to make independent choice and safe decisions each day through to the review date.</div>	<div>• COMMUNICATION: Involve/collaborate with Jean/SDM in decision making of Cognitive Loss for Dementia.</div> <div>Date Initiated: 09/17/2024</div> <div>Created on: 09/17/2024</div>			RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

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Focus	Goal	Interventions	Position	Freq/Resolved			
Date Initiated: 09/17/2024 Created on: 09/17/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)	Date Initiated: 09/17/2024 Created on: 09/17/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025	Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) • ORIENTATION: Gently reorient to person, place, time as needed when Jean is feeling lost or in confused state. Date Initiated: 09/17/2024 Created on: 09/17/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) • ENVIRONMENT: Provide environmental clue to promote Jean's ability to locate room and navigating home area: picture and her name in her door. Date Initiated: 09/17/2024 Created on: 09/17/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)	PCA RN          Registered Nurse PCA				
• Expressed Wishes and Beliefs related to Jean Medical Treatment and End of Life Care Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)	• To support and honor Jean expressed wishes and beliefs through to the End of Life. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025	• CPR: Jean wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 04/21/2025 Revision by: Jaspreet Kaur (ADOC)	PCA RN Registered Practical Nurse				
• BOWEL Continence - Jean is continent and has self recognition of urge to defecate. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)	• Jean to remain continent of bowels through next review date Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) • SELF TOILETING: Jean toilets self for bowel movements. Each shift ask if she had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted. Date Initiated: 09/05/2024	PCA    PCA				
Allergies	No Known Allergies		D.O.B.	06/14/1935	Physician	Nachwa Ghobara	
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Davies, Jean (922141000328)		Admission Date	09/05/2024	Location	Queenston House 412 1	
Last Care Plan Review Completed:		09/03/2025					



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
		Target Date: 12/03/2025	Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/12/2025 Revision by: Navpreet Sekhon (RN)						
• URINARY Stress INCONTINENCE related to Dementia Diagnosis Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)		• JEan will receive support to use toilet and promote urinary continence each shift through to the next review. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Jean/SDM for decision making about incontinence management. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Jean for toileting needs, changes to health status and alteration of continence level. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) • URINARY Continence level is FREQUENTLY Incontinent. Report changes to level as noted. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse) • SCHEDULED TOILETING: Toilet Jean before and after meals, at bedtime and PRN. Date Initiated: 11/05/2024 Created on: 11/05/2024 Created by: Grace Akah (RN) Revision on: 11/07/2024 Revision by: Grace Akah (RN) • INCONTINENCE PRODUCT: Jean uses pull-ups during the day, evening and night.						RN PCA   <

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• URINARY Stress INCONTINENCE</b> related to Dementia Diagnosis Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirley Nasufi (Registered Nurse)			Revision on: 10/30/2024 Revision by: Grace Akah (RN)				
<b>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fatigue.</b> Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirley Nasufi (Registered Nurse)		<b>• Jean will be supported to cope with changing functional abilities and have ADL care needs met each day through to the next review date.</b> Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirley Nasufi (Registered Nurse) Target Date: 12/03/2025  <b>• Jean will be supported to maintain current self participation in ADL care and to ensure all ADL care needs are met each day through to the next review date.</b> Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN)	<b>• BATHING:</b> Jean prefers showers on Tuesday and Sunday evenings. 1 Staff to provide LIMITED ASSISTANCE with bathing. Nail care to be provided on shower/bath day. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <b>• BED MOBILITY:</b> Jean requires 1 staff to provide CUES, SUPERVISION for bed mobility. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/07/2024 Revision by: Navpreet Sekhon (RN) <b>• DRESSING:</b> Jean requires 1 staff to provide LIMITED assistance for dressing. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/07/2024 Revision by: Navpreet Sekhon (RN) <b>• EATING:</b> Jean requires 1 Staff to provide SUPERVISION and set up assistance for			PCA	
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	06/14/1935	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
<b>Facility</b>	Arbour Creek Care Centre					<b>Print Date</b>	11/5/2025
<b>Resident</b>	Davies, Jean (922141000328)			<b>Admission Date</b>	09/05/2024	<b>Location</b>	Queenston House 412 1
<b>Last Care Plan Review Completed:</b>		09/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fatigue.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirley Nasufi (Registered Nurse)</p>	<p>Revision on: 09/17/2024 Revision by: Shirley Nasufi (Registered Nurse) Target Date: 12/03/2025</p>	<p>eating.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/07/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• LOCOMOTION: Jean requires 1 person assist with walker.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 05/13/2025 Revision by: Chantelle Walker (ADOC)</p> <p>• PERSONAL HYGIENE: Jean requires 1 staff to provide LIMITED assistance for hygiene.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/07/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• HAND HYGIENE: 1 staff to provide REMINDER to use soap/water, apply sanitizer, rub hands together, dry hands, etc. for hand hygiene.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/07/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• TOILET USE: Jean requires 1 staff to provide LIMITED assistance for toileting.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/07/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• TRANSFERRING: Jean Transfer status is 1 person assist with walker. Staff to make sure brakes are on her walker and it's close to bed when Jean goes to bed.</p> <p>Date Initiated: 09/05/2024 Created on: 09/05/2024</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>	<p></p> <p></p> <p></p> <p></p> <p></p> <p></p>		
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	06/14/1935	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)					
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025
<b>Resident</b>	Davies, Jean (922141000328)		<b>Admission Date</b>	09/05/2024	<b>Location</b>	Queenston House 412 1
<b>Last Care Plan Review Completed:</b>		09/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Fatigue. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>			<div>Created by: Navpreet Sekhon (RN) Revision on: 06/01/2025 Revision by: Myrna Corpuz (RPN) • ORAL CARE: Jean has her own TEETH, has one tooth missing on top and wears one top tooth denture. She brushes her teeth with cues and supervision. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/12/2025 Revision by: Navpreet Sekhon (RN) • FOOT CARE PSW to complete toenail care every bath. Report long toe nails or other abnormalities as noted. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>		PCA		
<div>• Risk for Impaired SKIN INTEGRITY related to Thin fragile Skin Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN)</div>		<div>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Target Date: 12/03/2025</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than Jean's usual skin condition to Registered Staff as noted. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 06/03/2025 Revision by: Jaspreet Kaur (ADOC) • HEALTH EDUCATION: Engage Jean/SDM in health education regarding prevention of skin impairment. Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/17/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>		PCA	RN	
Allergies	No Known Allergies			D.O.B.	06/14/1935	Physician	Nachwa Ghobara
Diagnosis	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Davies, Jean (922141000328)			Admission Date	09/05/2024	Location	Queenston House 412 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Risk for Impaired SKIN INTEGRITY related to Thin fragile Skin</li> </ul> Date Initiated: 09/05/2024 Created on: 09/05/2024 Created by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"> <li>• Apply appropriate moisturizer to skin twice daily.</li> </ul> Date Initiated: 09/30/2024 Created on: 09/30/2024 Created by: Vinnie Noriega (RPN) Revision on: 09/30/2024 Revision by: Vinnie Noriega (RPN)	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	06/14/1935	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Malaise and fatigue(R53), Unspecified dementia(F03), Pure hypercholesterolaemia(E78.0), Benign hypertension(I10.0), Arthritis, unspecified, other site(M13.98)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Davies, Jean (922141000328)	<b>Admission Date</b>	09/05/2024	<b>Location</b>	Queenston House 412 1
<b>Last Care Plan Review Completed:</b>		09/03/2025			

## Care Plan Report

Focus	Goal	Interventions				Position	Freq/Resolved
<p>• Louis "Lou" DECLINES PARTICIPATION in structured programs related to personal choice.</p> <p>Date Initiated: 09/25/2025</p> <p>Created on: 09/25/2025</p> <p>Created by: Sabrina Zipeto (Recreation Aide)</p> <p>Revision on: 09/25/2025</p> <p>Revision by: Sabrina Zipeto (Recreation Aide)</p>	<p>• Lou participates in Independent/Self-Directed activities monthly through to the next review date.</p> <p>Date Initiated: 09/25/2025</p> <p>Created on: 09/25/2025</p> <p>Created by: Sabrina Zipeto (Recreation Aide)</p> <p>Revision on: 09/25/2025</p> <p>Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>Target Date: 12/26/2025</p>	<p>• SELF-DIRECTED ACTIVITIES: Encourage him/her to engage in self-directed activities such as reading paper. watching TV in own room, walking, conversing with peers crossword puzzles, word search, etc.</p> <p>Date Initiated: 09/25/2025</p> <p>Created on: 09/25/2025</p> <p>Created by: Sabrina Zipeto (Recreation Aide)</p> <p>Revision on: 09/25/2025</p> <p>Revision by: Sabrina Zipeto (Recreation Aide)</p>				Recreation Aide	
		<p>• FRIENDLY VISIT: Provide him one to one visits as tolerated. Touch base to maintain contact and to converse about topics of interest, identify up-coming special events, etc..</p> <p>Date Initiated: 09/25/2025</p> <p>Created on: 09/25/2025</p> <p>Created by: Sabrina Zipeto (Recreation Aide)</p> <p>Revision on: 09/25/2025</p> <p>Revision by: Sabrina Zipeto (Recreation Aide)</p>				Recreation Aide	
		<p>• MUSIC CARE APPROACH: Present Lou with the music care approaches: Community music, Music Care Specialists, Musicking, Music Programming</p> <p>Date Initiated: 09/25/2025</p> <p>Created on: 09/25/2025</p> <p>Created by: Sabrina Zipeto (Recreation Aide)</p> <p>Revision on: 09/25/2025</p> <p>Revision by: Sabrina Zipeto (Recreation Aide)</p>				Recreation Aide	
<p>• -Transfer status: 1 Person Supervision</p> <p>-Locomotion:Lou is able to ambulate independently with his walker, 1 staff to provide SUPERVISION assistance for locomotion on and off the unit.</p> <p>-Physiotherapy focus: ROM, Strengthening and Ambulation.</p> <p>Date Initiated: 03/19/2025</p> <p>Created on: 03/19/2025</p> <p>Created by: Nidhi Kathuria Arya (PT -</p>	<p>• STG: To improve ROM and Strength of B/L UE and LE in next 2 quarters</p> <p>LTG: To prevent sudden decline in physical status</p> <p>Date Initiated: 03/19/2025</p> <p>Created on: 03/19/2025</p> <p>Created by: Nidhi Kathuria Arya (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>	<p>• -UE and LE strengthening with Thera Bands and light weight dumbbells -10 reps, 2 sets; in all planes; as tolerated</p> <p>-Sit to stand exercise , side walking, 10 reps 2 sets with 1 person assistance holding rail</p> <p>-Ambulation with 1 person assistance using walker, as tolerated</p> <p>Date Initiated: 03/19/2025</p> <p>Created on: 03/19/2025</p> <p>Created by: Nidhi Kathuria Arya (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>				PT - Physiotherapist	
Allergies	No Known Allergies		D.O.B.	05/06/1936	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	DeBrau, Louis (922141000350)		Admission Date	03/06/2025	Location	Queenston House 406 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Physiotherapist) Revision on: 09/17/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)		Target Date: 12/26/2025					
• Nutrition Risk Level: MODERATE r/t fair fluid intake, edema, CHF, furosemide use, good food intake, independent at meals, good bowel management, sig. wt gain -Louis declined diet changes to prevent weight gain on Sept 5th 2025 Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/05/2025 Revision by: Alexandra Breau (Dietitian (RD))		• Louis will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/19/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/26/2025  • Will weigh within Realistic weight range of 95.8-112.9 kg/BMI 28-33 through to next review date. (h=185cm) Date Initiated: 03/19/2025 Created on: 03/19/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 03/19/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/26/2025  • Louis will be adequately hydrated aeb drinking at least 75% of total fluid requirement 2334mL @ 20mL/kg, 116.7kg	• NUTRITION RISK: Louis is MODERATE risk level. Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/19/2025 Revision by: Anika Dhalla (Dietitian (RD)) • DIET ORDER: Louis will receive Regular diet, Regular texture Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/19/2025 Revision by: Anika Dhalla (Dietitian (RD)) • FLUID CONSISTENCY: Louis drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/07/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager) • FLUID TARGET: Encourage Louis to drink a minimum of 1751mL per day.  Date Initiated: 03/07/2025 Created on: 03/07/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/05/2025 Revision by: Alexandra Breau (Dietitian (RD)) • EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 09/05/2025 Created on: 09/05/2025 Created by: Alexandra Breau (Dietitian (RD))			Dietitian (RD)	
Allergies	No Known Allergies	D.O.B.	05/06/1936	Physician	Kevin Velicaria		
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	DeBreau, Louis (922141000350)		Admission Date	03/06/2025	Location	Queenston House 406 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Nutrition Risk Level: MODERATE r/t fair fluid intake, edema, CHF, furosemide use, good food intake, independent at meals, good bowel management, sig. wt gain</p> <p>-Louis declined diet changes to prevent weight gain on Sept 5th 2025</p> <p>Date Initiated: 03/07/2025</p> <p>Created on: 03/07/2025</p> <p>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>through to next review date.</p> <p>Date Initiated: 03/19/2025</p> <p>Created on: 03/19/2025</p> <p>Created by: Anika Dhalla (Dietitian (RD))</p> <p>Revision on: 09/05/2025</p> <p>Revision by: Alexandra Breau (Dietitian (RD))</p> <p>Target Date: 12/26/2025</p>	<p>• FOOD PREFERENCES: Louis enjoys eating potatoes. Dislikes eating rice.</p> <p>Date Initiated: 03/19/2025</p> <p>Created on: 03/19/2025</p> <p>Created by: Anika Dhalla (Dietitian (RD))</p> <p>Revision on: 03/19/2025</p> <p>Revision by: Anika Dhalla (Dietitian (RD))</p>	PCA			
<p>• BOWEL Continence - Louis is continent and has self recognition of urge to defecate.</p> <p>Date Initiated: 06/08/2025</p> <p>Created on: 06/08/2025</p> <p>Created by: Myrna Corpuz (RPN)</p> <p>Revision on: 06/08/2025</p> <p>Revision by: Myrna Corpuz (RPN)</p>	<p>• Louis to remain continent of bowels through next review date</p> <p>Date Initiated: 06/08/2025</p> <p>Created on: 06/08/2025</p> <p>Created by: Myrna Corpuz (RPN)</p> <p>Revision on: 06/08/2025</p> <p>Revision by: Myrna Corpuz (RPN)</p> <p>Target Date: 12/26/2025</p>	<p>• BOWEL Continence level is CONTINENT. Report change to level as noted.</p> <p>Date Initiated: 06/08/2025</p> <p>Created on: 06/08/2025</p> <p>Created by: Myrna Corpuz (RPN)</p> <p>• SELF TOILETING: Louis toilets self for bowel movements. Each shift ask if he had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted.</p> <p>Date Initiated: 06/08/2025</p> <p>Created on: 06/08/2025</p> <p>Created by: Myrna Corpuz (RPN)</p> <p>Revision on: 06/08/2025</p> <p>Revision by: Myrna Corpuz (RPN)</p>	PCA			
<p>• URINARY Urge INCONTINENCE related to functional decline.</p>	<p>• Lou will have urinary incontinence managed every</p>	<p>• COMMUNICATION: Involve/collaborate with Lou/SDM for decision making about incontinence management.</p>	Registered Practical Nurse			
Allergies	No Known Allergies		D.O.B.	05/06/1936	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(150.0), Atrial fibrillation(148.0), Atherosclerotic heart disease of native coronary artery(125.10), Benign hypertension(110.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	DeBreau, Louis (922141000350)		Admission Date	03/06/2025	Location	Queenston House 406 1
Last Care Plan Review Completed:		09/26/2025				



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)		shift through to the next review period. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/26/2025	Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Lou for toileting needs, changes to health status and alteration of continence level. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse) • URINARY Continence level is USUALLY continent. Report change to level as noted. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 06/08/2025 Revision by: Myrna Corpuz (RPN) • INCONTINENCE PRODUCT: Lou uses L pull ups and protective underwear all shifts. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/16/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)			PCA  PCA Registered Practical Nurse  PCA Registered Practical Nurse  PCA	
• Potential to experience alteration in MOOD as exhibited by declining participation in activities related to social maladjustment and functional decline. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)		• Lou will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi	• COMMUNICATION: Involve/collaborate with Lou/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Lou for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.			Registered Practical Nurse PCA  Registered Practical Nurse Recreation	
Allergies	No Known Allergies		D.O.B.	05/06/1936	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	DeBreau, Louis (922141000350)		Admission Date	03/06/2025	Location	Queenston House 406 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	(Registered Nurse) Target Date: 12/26/2025	Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse) • SLEEP/REST: Promote adequate sleep and rest to stability of Lou's mood. Report changes in sleeping habits to Registered Staff as noted. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)	Aide PCA  PCA Registered Practical Nurse	
• Potential for Acute PAIN and alteration in comfort level related to functional decline Most Current MDS Pain Score is (0) Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)	• To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Target Date: 12/26/2025	• COMMUNICATION: Involve/collaborate with Lou/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) • REST: accommodate Lou's rest and relaxation preference breaks between activities, remaining in bed. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically	RN Registered Practical Nurse  RN Registered Practical Nurse  PCA  Registered Practical	
<b>Allergies</b>	No Known Allergies			
	<b>D.O.B.</b>	05/06/1936	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Arbour Creek Care Centre			
	<b>Print Date</b>	11/5/2025		
<b>Resident</b>	DeBreau, Louis (922141000350)	<b>Admission Date</b>	03/06/2025	<b>Location</b> Queenston House 406 1
<b>Last Care Plan Review Completed:</b>		09/26/2025		

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for Acute PAIN and alteration in comfort level related to functional decline Most Current MDS Pain Score is (0) Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			<p>needed. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			Nurse RN	
<p>• Increased risk for FALLS related to functional decline. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Target Date: 12/26/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Lou/SDM in decision making in fall prevention Plan of Care. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) • CALL BELL: Place call bell within Lou's reach LEFT side, check that it is in working order and remind/encourage to use it. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) • ADAPTIVE EQUIPMENT: Lou needs adaptive equipment walker in the unit, wheelchair(for going out) as needed. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			RN Registered Practical Nurse  PCA   PCA	  

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to functional decline.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			<ul style="list-style-type: none"><li>BED: place bed in lowest position to lower risk for injury.</li></ul> <p>Date Initiated: 06/08/2025 Created on: 06/08/2025 Created by: Myrna Corpuz (RPN) Revision on: 06/08/2025 Revision by: Myrna Corpuz (RPN)</p>			PCA	
			<ul style="list-style-type: none"><li>FOOTWEAR: Ensure resident wears appropriate footwear for transfers and ambulation.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			PCA	
			<ul style="list-style-type: none"><li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse)</p>			Registered Staff	
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to cognitive decline.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		<ul style="list-style-type: none"><li>Lou will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/26/2025</p>	<ul style="list-style-type: none"><li>BATHING: Lou prefers shower on Wednesday and Sunday days Requires one person assist with shower.</li></ul> <p>Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>			PCA	
			<ul style="list-style-type: none"><li>BED MOBILITY: Lou is able to move independently in bed.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			PCA	
			<ul style="list-style-type: none"><li>DRESSING: Lou is able to dress himself independently and needs one staff to provide set-up help and SUPERVISION assistance for dressing.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse)</p>			PCA	
Allergies	No Known Allergies		D.O.B.	05/06/1936	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	DeBreau, Louis (922141000350)		Admission Date	03/06/2025	Location	Queenston House 406 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse) • EATING: Lou is able to eat independently with 1 Staff to provide to supervision assist for eating. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025				PCA	
			Revision by: Shirly Nasufi (Registered Nurse) • LOCOMOTION: Lou is able to ambulate independently with his walker 1 staff to provide SUPERVISION assistance for locomotion on and off the unit. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025				PCA	
			Revision by: Shirly Nasufi (Registered Nurse) • PERSONAL HYGIENE: Lou requires one staff to provide set-up help and SUPERVISION assistance for hygiene. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025				PCA	
			Revision by: Shirly Nasufi (Registered Nurse) • HAND HYGIENE: Lou is able to independently complete task of Hand Hygiene each day. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025				PCA	
			Revision by: Shirly Nasufi (Registered Nurse) • TOILET USE: Lou is able to use the toilet himself with one staff member to provide SUPERVISION to LIMITED assistance for toileting. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/16/2025				PCA	
Allergies	No Known Allergies			D.O.B.	05/06/1936	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	DeBreau, Louis (922141000350)			Admission Date	03/06/2025	Location	Queenston House 406 1	
Last Care Plan Review Completed:		09/26/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive decline.</li></ul> <p>Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			Revision by: Manpreet Dhaliwal (Registered Nurse)					
			• TRANSFERRING: Lou is able to transfer independently with one staff to provide SUPERVISION assistance for transferring.				PCA	
			Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)					
			• ORAL CARE: Lou has partial upper DENTURES and missing some lower teeth. 1 staff to provide CUES and SUPERVISION assistance for oral care.				PCA	
			Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)					
			• FOOT CARE: Foot Care Nurse to complete toenail care every (specify when). Report long toe nails or other abnormalities as noted.				PCA	
			Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)					
			• SHAVING - Lou prefers mustache shaved on shower days.				PCA	D
			Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)					
			• RESIDENT PREFERENCE: Likes to be called " Lou "				PCA Registered Practical Nurse	
Date Initiated: 03/09/2025 Created on: 03/09/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse)								
• Sleep Patterns; Potential for alteration in sleep patterns related to getting up to void		• To promote adequate rest/sleep for Lou based on	• PREFERENCE: Lou wakes during the night and enjoys watching TV.				PCA	
			Date Initiated: 03/06/2025					
Allergies	No Known Allergies			D.O.B.	05/06/1936	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	DeBreau, Louis (922141000350)			Admission Date	03/06/2025	Location	Queenston House 406 1	
Last Care Plan Review Completed:		09/26/2025						

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Focus		Goal	Interventions			Position	Freq/Resolved
at night. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)		identified sleep patterns/preferences each night through to the next review date. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/26/2025	Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) • REST PATTERN: Preferred bedtime 1830-1900 hrs, usual wake time 0530 and naps daytime after lunch and 1500 hrs. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)			PCA	
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to cognitive decline. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)		• Lou will be supported to maintain current communication abilities to express self, comprehend information each day through to the review date. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/26/2025	• PRIMARY LANGUAGE: Lou's primary language is English. He is able to speak/understand English. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/06/2025 Revision by: Shirly Nasufi (Registered Nurse)			RN Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse)		• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025	• COMMUNICATION: Involve/collaborate with Lou/SDM in decision making of Cardiac Care Management for Hypertension. Date Initiated: 03/06/2025 Created on: 03/06/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/09/2025 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Lou with Hypertension for changes to health status and alteration or complications affecting cardiac function.			Registered Practical Nurse RN	Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	05/06/1936	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	DeBreau, Louis (922141000350)			Admission Date	03/06/2025	Location	Queenston House 406 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension</li> <li>Date Initiated: 03/06/2025</li> <li>Created on: 03/06/2025</li> <li>Created by: Shirley Nasufi (Registered Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>Revision by: Shirley Nasufi (Registered Nurse)</li> <li>Target Date: 12/26/2025</li> </ul>	<ul style="list-style-type: none"> <li>Date Initiated: 03/06/2025</li> <li>Created on: 03/06/2025</li> <li>Created by: Shirley Nasufi (Registered Nurse)</li> <li>Revision on: 03/09/2025</li> <li>Revision by: Shirley Nasufi (Registered Nurse)</li> <li>• MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects.</li> <li>Date Initiated: 03/06/2025</li> <li>Created on: 03/06/2025</li> <li>Created by: Shirley Nasufi (Registered Nurse)</li> <li>Revision on: 03/09/2025</li> <li>Revision by: Shirley Nasufi (Registered Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>RN</li> <li>Registered Practical Nurse</li> <li>RN</li> </ul>	
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Lou Medical Treatment and End of Life Care</li> <li>Date Initiated: 03/06/2025</li> <li>Created on: 03/06/2025</li> <li>Created by: Shirley Nasufi (Registered Nurse)</li> <li>Revision on: 03/06/2025</li> <li>Revision by: Shirley Nasufi (Registered Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>To support and honor Lou expressed wishes and beliefs through to the End of Life.</li> <li>Date Initiated: 03/06/2025</li> <li>Created on: 03/06/2025</li> <li>Created by: Shirley Nasufi (Registered Nurse)</li> <li>Revision on: 03/06/2025</li> <li>Revision by: Shirley Nasufi (Registered Nurse)</li> <li>Target Date: 12/26/2025</li> </ul>	<ul style="list-style-type: none"> <li>CPR: Lou wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</li> <li>Date Initiated: 03/06/2025</li> <li>Created on: 03/06/2025</li> <li>Created by: Shirley Nasufi (Registered Nurse)</li> <li>Revision on: 03/06/2025</li> <li>Revision by: Shirley Nasufi (Registered Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>RN</li> <li>Registered Practical Nurse</li> </ul>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	05/06/1936	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	DeBreau, Louis (922141000350)	<b>Admission Date</b>	03/06/2025	<b>Location</b>	Queenston House 406 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			



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**Diagnosis** Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specified veins(I82.8)

Allergies	No Known Allergies	D.O.B.	05/06/1936	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Atrial fibrillation(I48.0), Atherosclerotic heart disease of native coronary artery(I25.10), Benign hypertension(I10.0), Embolism and thrombosis of other specifie... See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	DeBreau, Louis (922141000350)	Admission Date	03/06/2025	Location	Queenston House 406 1
Last Care Plan Review Completed:		09/26/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Filomena is experiencing episode of INFECTION oral thrush. Onset date Oct 31/25 Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse)		• To have infection adequately managed and treated without further complications by Nov 10/25 Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse) Target Date: 11/11/2025	• COMMUNICATION: Involve/collaborate with (Filomena/SDM) with decision making for infection treatment plan and update accordingly. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of monitoring resident for signs/symptoms, hydration status, overall health condition, process of healing until stable. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse) • MEDICATIONS: Administer medication for infection as per MD/NP order. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse)			RN Registered Practical Nurse           RN Registered Practical Nurse           RN Registered Practical Nurse	
• Alteration in skin integrity with risk for infection or complications related to Stage 2 wound to coccyx Date Initiated: 10/26/2025 Created on: 10/26/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/26/2025 Revision by: Shirly Nasufi (Registered Nurse)		• To promote optimal healing of Stage 2 open area to coccyx on November 25/25 Date Initiated: 10/26/2025 Created on: 10/26/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/26/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/05/2025	• MONITORING: Utilize holistic perspective of continuous monitoring of Filomina with Stage 2 open wound to coccyx for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 10/26/2025 Created on: 10/26/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/26/2025 Revision by: Shirly Nasufi (Registered Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly every Sunday and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 10/26/2025 Created on: 10/26/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/26/2025			Registered Practical Nurse RN           Registered Practical Nurse RN	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	08/06/1939	<b>Physician</b>	Kevin Velicaria	
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Greco, Filomena (922141000349)		<b>Admission Date</b>	02/18/2025	<b>Location</b>	Queenston House 404 1	
<b>Last Care Plan Review Completed:</b>		09/05/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
• Alteration in skin integrity with risk for infection or complications related to Stage 2 wound to coccyx Date Initiated: 10/26/2025 Created on: 10/26/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/26/2025 Revision by: Shirly Nasufi (Registered Nurse)			Revision by: Shirly Nasufi (Registered Nurse)				
• High risk for delirium related to (specify: advanced age/) Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Crystal Beaudoin (Social Worker)		• To implement strategies for prevention and early identification of delirium. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Crystal Beaudoin (Social Worker) Target Date: 12/05/2025	• Monitor for signs and symptoms of delirium during daily interactions using the DDD Differential Chart. Date Initiated: 10/09/2025 Created on: 10/09/2025 Created by: Crystal Beaudoin (Social Worker)				
• Alteration in skin integrity related to BRUISE to Left thigh front Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Sini Palatty Chakkunny (Registered Nurse) Revision on: 09/12/2025 Revision by: Sini Palatty Chakkunny (Registered Nurse)		• To promote intact skin integrity through healing of BRUISE by the next review date Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Sini Palatty Chakkunny (Registered Nurse) Revision on: 09/12/2025 Revision by: Sini Palatty Chakkunny (Registered Nurse) Target Date: 12/05/2025	• COMMUNICATION: Involve/collaborate with Greco Filomena/SDM in decision making for treatment of bruise as skin issue. Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Sini Palatty Chakkunny (Registered Nurse) Revision on: 09/12/2025 Revision by: Sini Palatty Chakkunny (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Greco Filomena with BRUISE on left thigh front for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Sini Palatty Chakkunny (Registered Nurse) Revision on: 09/12/2025 Revision by: Sini Palatty Chakkunny (Registered Nurse)		RN Registered Practical Nurse          RN Registered Practical Nurse		
Allergies	No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to BRUISE to Left thigh front</li></ul> Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Sini Palatty Chakkunny (Registered Nurse) Revision on: 09/12/2025 Revision by: Sini Palatty Chakkunny (Registered Nurse)			<ul style="list-style-type: none"><li>• WEEKLY ASSESSMENT: Assess and evaluate the skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</li></ul> Date Initiated: 09/12/2025 Created on: 09/12/2025 Created by: Sini Palatty Chakkunny (Registered Nurse) Revision on: 09/13/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)			RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>• -Left UE and LE is more affected than Right.</li><li>-Transfer: Hoyer Lift with 2 person assistance</li><li>-Locomotion: Wheelchair</li><li>-Physiotherapy will focus on maintaining, improving ROM and strength of UE and LE.</li></ul> Date Initiated: 02/21/2025 Created on: 02/21/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 08/22/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)		<ul style="list-style-type: none"><li>• STG-To improv/maintain ROM and strength of Upper extremity and lower extremity in next 2 quarters</li></ul> LTG- to prevent sudden physical decline. Date Initiated: 02/21/2025 Created on: 02/21/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 08/22/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 12/05/2025	<ul style="list-style-type: none"><li>• -AROM of UE AND LE -10 reps x 2 sets</li><li>--Strengthening exercises of UE &amp; LE in all planes with theraband, light weights: 10 reps x 1-2 sets, as tolerated.</li><li>-Sit to stand holding rail with 2 person assistance, if cooperates.</li></ul> Date Initiated: 02/21/2025 Created on: 02/21/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 08/22/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)			PT - Physiotherapist PTA	
<ul style="list-style-type: none"><li>• Filomena DECLINES PARTICIPATION in structured programs related to personal choice.</li></ul> Date Initiated: 08/19/2025 Created on: 08/19/2025		<ul style="list-style-type: none"><li>• Filomena participates in Independent/Self-Directed activities monthly through to the next review date.</li></ul> Date Initiated: 08/19/2025	<ul style="list-style-type: none"><li>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as:conversing with peers,listening to radio, etc..</li></ul> Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Sabrina Zipeto (Recreation Aide)			Recreation Aide	
Allergies	No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/19/2025 Revision by: Sabrina Zipeto (Recreation Aide)		Created on: 08/19/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/19/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/05/2025  • Filomena will Improve her ISE score of 1 to 2 by the next review date. Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/19/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/05/2025	Revision on: 08/19/2025 Revision by: Sabrina Zipeto (Recreation Aide) • FRIENDLY VISIT: Provide her one to one visits as tolerated. Touch base to maintain contact and to converse about topics of interest Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/19/2025 Revision by: Sabrina Zipeto (Recreation Aide) • MUSIC CARE APPROACH: Present Filomena with the music care approaches: Community music, Music Care Specialists, Musicking, Music Programming. Date Initiated: 08/19/2025 Created on: 08/19/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/19/2025 Revision by: Sabrina Zipeto (Recreation Aide)			Recreation Aide           Recreation Aide	
• Nutrition Risk Level: HIGH r/t Fair/poor intake, limited assistance, Parkinson's disease, HTN, stable weight, good fluid intake, HFI Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/15/2025 Revision by: Alexandra Breau (Dietitian (RD))		• Filomena will be adequately nourished aeb consuming >75% at meals and snacks through to next review date. Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/05/2025  • Will weigh within IBW of 63-76.1kg/BMI 24-29 through to next review date. h=162cm	• NUTRITION RISK: Filomena is HIGH risk level. Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/15/2025 Revision by: Alexandra Breau (Dietitian (RD)) • DIET ORDER: Filomena will receive Regular diet, Regular texture (cut up) Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) • FLUID CONSISTENCY: Filomena drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/27/2025			Dietitian (RD)           PCA PCA           PCA	
Allergies	No Known Allergies		D.O.B.	08/06/1939	Physician	Kevin Velicaria	
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Greco, Filomena (922141000349)		Admission Date	02/18/2025	Location	Queenston House 404 1	
Last Care Plan Review Completed:		09/05/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		<p>Date Initiated: 03/05/2025 Created on: 03/05/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 03/05/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/05/2025</p> <p>• Filomena will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1720mL @ 25mL/kg, 68.8kg through to next review date. Date Initiated: 03/05/2025 Created on: 03/05/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 11/03/2025 Revision by: Emma de Vries (Dietitian (RD)) Target Date: 12/05/2025</p>	Revision by: Sylwia Jawornicki (FSM - Food Services Manager)				PCA	
			• FLUID TARGET: Encourage Filomena to drink a minimum of 1376mL per day.					
			Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 11/03/2025 Revision by: Emma de Vries (Dietitian (RD))					
			• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 03/19/2025 Created on: 03/19/2025 Created by: Anika Dhalla (Dietitian (RD))				Dietary aide PCA	
			• PORTION SIZE: Filomena prefers regular portions for meals. Date Initiated: 02/27/2025 Created on: 02/27/2025 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 02/27/2025 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)					
			• MEDPASS: 60mL Resource 2.0 TID -Offer bowl of applesauce at 11am and 2pm levodopa administrations. If BF/D/HS snack refused, please offer with 8am/5pm/8pm administrations as needed. If she refuses applesauce encourage her to have a snack from her personal supply with levodopa (prioritize non-protein rich; crackers, fruit, etc) Date Initiated: 10/03/2025 Created on: 10/03/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 10/10/2025 Revision by: Alexandra Breau (Dietitian (RD))					
			• HIGH FIBRE: Offer 125mL prune juice OD at BF- mark NA if not needed Date Initiated: 08/15/2025 Created on: 08/15/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 08/15/2025 Revision by: Alexandra Breau (Dietitian (RD))				Registered Practical Nurse RN	
Allergies	No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria	
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1	
Last Care Plan Review Completed:		09/05/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<div>• Nutrition Risk Level: HIGH r/t Fair/poor intake, limited assistance, Parkinson's disease, HTN, stable weight, good fluid intake, HFI</div> <div>Date Initiated: 02/27/2025</div> <div>Created on: 02/27/2025</div> <div>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</div> <div>Revision on: 08/15/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div>			<div>• LABELLED SNACK: Filomena receives alternating HS snack:</div> <div>- PB s/w (M, W, Sat)</div> <div>- cheese and crackers (Tu, Sun)</div> <div>- cheese s/w (Thu)</div> <div>*Please leave snack at bedside for Filomena, she requires snacks with her medication pass at 0300H</div> <div>Date Initiated: 03/05/2025</div> <div>Created on: 03/05/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 03/05/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div>		PCA	Nour	
<div>• Potential to experience alteration in MOOD as exhibited by suicidal ideation and agitation related to Parkinson's Disease</div> <div>Date Initiated: 03/12/2025</div> <div>Created on: 03/12/2025</div> <div>Created by: Jasmeen Kaur (Registered Nurse)</div> <div>Revision on: 07/02/2025</div> <div>Revision by: Melissa Pascua (Registered Practical Nurse)</div>		<div>• To support filomena with their identified coping strategies for mood/emotional stability each day through to the review date.</div> <div>Date Initiated: 03/12/2025</div> <div>Created on: 03/12/2025</div> <div>Created by: Jasmeen Kaur (Registered Nurse)</div> <div>Revision on: 03/12/2025</div> <div>Revision by: Jasmeen Kaur (Registered Nurse)</div> <div>Target Date: 12/05/2025</div>	<div>• COMMUNICATION: Involve/collaborate with (filomena/SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</div> <div>Date Initiated: 03/12/2025</div> <div>Created on: 03/12/2025</div> <div>Created by: Jasmeen Kaur (Registered Nurse)</div> <div>Revision on: 03/12/2025</div> <div>Revision by: Jasmeen Kaur (Registered Nurse)</div> <div>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of filomena for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.</div> <div>Date Initiated: 03/12/2025</div> <div>Created on: 03/12/2025</div> <div>Created by: Jasmeen Kaur (Registered Nurse)</div> <div>Revision on: 03/12/2025</div> <div>Revision by: Jasmeen Kaur (Registered Nurse)</div>		RN	RN	
Allergies	No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>• <b>DISTRACTION ACTIVITIES:</b> (Resident's Name) can be calmed doing activities of interest including (Specify; listening to music, doing puzzles, watching movies,bingo. if she declines, respect the decision.  Date Initiated: 03/12/2025  Created on: 03/12/2025  Created by: Jasmeen Kaur (Registered Nurse)  Revision on: 03/12/2025  Revision by: Jasmeen Kaur (Registered Nurse)</p> <p>• <b>ENVIRONMENT:</b> Modify environment to support MOOD STABILITY, open curtains, ambient lighting, preferred music, involve family interactions, socialization, resident loves to sit in the lounge and communicate with co residents and staff.  Date Initiated: 03/12/2025  Created on: 03/12/2025  Created by: Jasmeen Kaur (Registered Nurse)  Revision on: 03/12/2025  Revision by: Jasmeen Kaur (Registered Nurse)</p> <p>• <b>FAMILY SUPPORT:</b> filomena enjoys visits from family members and friends.  Date Initiated: 03/12/2025  Created on: 03/12/2025  Created by: Jasmeen Kaur (Registered Nurse)  Revision on: 03/12/2025  Revision by: Jasmeen Kaur (Registered Nurse)</p> <p>• <b>SUICIDAL IDEATIONS:</b> Report to Registered Staff IMMEDIATELY if filomena expresses thoughts to harm to self. NSGAR assessment done, score 4 Supervision Level Four: Engagement on a structured daily basis  Date Initiated: 03/12/2025  Created on: 03/12/2025  Created by: Jasmeen Kaur (Registered Nurse)  Revision on: 03/12/2025  Revision by: Jasmeen Kaur (Registered Nurse)</p>	RN		
<p>• Potential for Expressive Behaviour of VERBAL &amp; PHYSICAL in nature related to Inability to COPE in LTC facility, fear of not having care needs met.  Date Initiated: 03/03/2025  Created on: 03/03/2025</p>	<p>• To promote safety for Filomena and/or others during each episode of Verbal and/ or physical Expressive Behaviour through to the next review date.  Date Initiated: 03/03/2025</p>	<p>• <b>COMMUNICATION:</b> Involve/collaborate with Filomena/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed.  Date Initiated: 03/03/2025  Created on: 03/03/2025  Created by: Chantelle Walker (ADOC)</p>	RN BSO - Internal Social Worker		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/06/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Greco, Filomena (922141000349)	<b>Admission Date</b>	02/18/2025	<b>Location</b>	Queenston House 404 1
<b>Last Care Plan Review Completed:</b>		09/05/2025			



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Chantelle Walker (ADOC) Revision on: 05/02/2025 Revision by: Monika Musan (Social Services Worker)		Created on: 03/03/2025 Created by: Chantelle Walker (ADOC) Revision on: 05/02/2025 Revision by: Monika Musan (Social Services Worker) Target Date: 12/05/2025  • Filomena will be supported to adjust to her new environment to lower risk of triggering VERBALLY inappropriate behaviour episodes through to the next review. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Chantelle Walker (ADOC) Revision on: 03/03/2025 Revision by: Chantelle Walker (ADOC) Target Date: 12/05/2025	Revision on: 04/25/2025 Revision by: Myrna Corpuz (RPN) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of fearfulness of being alone, difficulty adjusting to new living environment. for indications to change in or for escalating expressive behaviour risk. Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Chantelle Walker (ADOC) Revision on: 03/03/2025 Revision by: Chantelle Walker (ADOC)			PCA Registered Practical Nurse	
			• PHYSICAL Behaviour: If Filomena is attempting to strikeout; move back from her reach. Calmly indicate that care will continue when she is calm/ready. Seek Registered Staff assistance. If possible, leave for 5-10 minutes and then return. Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Monika Musan (Social Services Worker) Revision on: 05/02/2025 Revision by: Monika Musan (Social Services Worker)			PCA Registered Practical Nurse	
			• TRIGGERS leading to VERBAL and/or PHYSICAL expressive behaviours: yelling, screaming, calling names as expression of behaviour include loss of control, frustration, adjusting to new living environment, fear of being alone, not having care needs met, hunger, congested area/ too many people, when she feels/ perceives to feel hand tremors, when medication administration is delayed or perceived to be delayed, when staff are adjusting wheelchair Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Chantelle Walker (ADOC) Revision on: 05/02/2025 Revision by: Monika Musan (Social Services Worker)			PCA Registered Practical Nurse Social Worker	
			• INTERVENTIONS related to VERBAL Behaviours: If Filomena is requesting more medication after administration, REASSURE her that her dosage has already been given. Additional interventions: 1:1 visits, active listening, contacting family for assistance (family presence has proven to calm Filomena down) Date Initiated: 05/02/2025 Created on: 05/02/2025 Created by: Monika Musan (Social Services Worker)			PCA Registered Practical Nurse Social Worker	
Allergies	No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential for Expressive Behaviour of VERBAL &amp; PHYSICAL in nature related to Inability to COPE in LTC facility, fear of not having care needs met.</p> <p>Date Initiated: 03/03/2025 Created on: 03/03/2025 Created by: Chantelle Walker (ADOC) Revision on: 05/02/2025 Revision by: Monika Musan (Social Services Worker)</p>		<p>Revision on: 05/02/2025 Revision by: Monika Musan (Social Services Worker)</p>			
<p>• Increased risk for FALLS related to Altered Physical function, Medical condition: Parkinson and hx of fall</p> <p>Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 03/04/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/05/2025</p>	<p>• CALL BELL: Place call bell within resident's reach check that it is in working order and remind/encourage to use it.</p> <p>Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p> <p>• ADAPTIVE EQUIPMENT: Filomena needs adaptive equipment: wheelchair</p> <p>Date Initiated: 05/22/2025 Created on: 05/22/2025 Created by: Myrna Corpuz (RPN) Revision on: 05/22/2025 Revision by: Myrna Corpuz (RPN)</p> <p>• ENVIRONMENT: Secure environment educe clutter, night light, to reduce fall risk for filomena</p> <p>Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/06/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Greco, Filomena (922141000349)	<b>Admission Date</b>	02/18/2025	<b>Location</b>	Queenston House 404 1
<b>Last Care Plan Review Completed:</b>	09/05/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Increased risk for FALLS related to Altered Physical function, Medical condition: Parkinson and hx of fall Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 03/04/2025 Revision by: Melissa Pascua (Registered Practical Nurse)			• BED: place bed in lowest position, use high/low bed, to lower risk for injury. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • HIP PROTECTORS: filomena wears hip protectors at all times,to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • FLOOR MAT: Position floor mat, on both left and right side of bed to lower risk of injury. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 04/25/2025 Created on: 04/25/2025 Created by: Myrna Corpuz (RPN)			PCA	D/E/N
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to: PARKINSON'S Disease Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse)		• To treat and minimize signs/symptoms or complications associated with PARKINSON'S Disease through to the next review date. Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/02/2025 Revision by: Melissa Pascua	• COMMUNICATION: Involve/ collaborate with Filomena/ SDM in decision making of neurological care management for PARKINSON'S Disease. Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/02/2025 Revision by: Melissa Pascua (Registered Practical Nurse) • HEALTH EDUCATION: Engage with Filomena/SDM to enhance her comprehension of treatment, possible complications, disease trajectory associated with PARKINSON'S Disease. Date Initiated: 03/02/2025			PCA	RN Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
	(Registered Practical Nurse) Target Date: 12/05/2025	Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/02/2025 Revision by: Melissa Pascua (Registered Practical Nurse) • MEDICATION: Administer medication for PARKINSON'S Disease as per MD order. Monitor effectiveness and for side effects. Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/02/2025 Revision by: Melissa Pascua (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with PARKINSON'S Disease for changes to health status and alteration or complications affecting neurological function. Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/02/2025 Revision by: Melissa Pascua (Registered Practical Nurse)	RN Registered Practical Nurse			
• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, Incontinence Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse)	• To protect and maintain skin integrity each day through to the next review. Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse) Target Date: 12/05/2025	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 03/02/2025 Created on: 03/02/2025 Created by: Melissa Pascua (Registered Practical Nurse)	PCA			
• Altered VISION related to, Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	• To treat and minimize complications of altered vision through to next review date. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025	• COMMUNICATION: Involve/collaborate with filomena or SDM for decision making pertaining to change in visual status as needed. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	Registered Practical Nurse			
Allergies	No Known Allergies		D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)		Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/05/2025						
• Potential for Acute, PAIN and alteration in comfort level related to osteoporosis. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		• To promote resident comfort and effectively manage ACUTE pain as episode occurs through to the next review. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/05/2025	• COMMUNICATION: Involve/collaborate with filomena or poa about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)				Registered Practical Nurse	
• Sleep Patterns; Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		• To promote adequate rest/sleep for filomena based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	• REST PATTERN: Preferred bedtime is 9- 9.30 pm and prefered wake up time is 7.30 - 8 am. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)				PCA	
Allergies	No Known Allergies			D.O.B.	08/06/1939		Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)							
Facility	Arbour Creek Care Centre						Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)			Admission Date	02/18/2025		Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025						

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/05/2025	Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • URINARY Continence level is TOTAL Incontinent). Report change to level as noted. PCA Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • INCONTINENCE PRODUCT: Filomena uses a LARGE brief during days, evening and night. Date Initiated: 02/26/2025 Created on: 02/26/2025 Created by: Grace Akah (RN) Revision on: 02/26/2025 Revision by: Grace Akah (RN)			
• Expressed Wishes and Beliefs related to FILOMENA 'S Medical Treatment and End of Life Care Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		• To support and honor FILOMENA expressed wishes and beliefs through to the End of Life. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/05/2025	• CPR: Filomena wishes to have CPR and TRANSFER to hospital. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		• To treat and minimize signs/symptoms or complications associated with Hypertension through to the next review date. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)	• COMMUNICATION: Involve/collaborate with filomena or her poa in decision making of Cardiac Care Management for Hypertension. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 02/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects.		Registered Practical Nurse	Registered Practical
Allergies	No Known Allergies		D.O.B.	08/06/1939	Physician	Kevin Velicaria
Diagnosis	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Greco, Filomena (922141000349)		Admission Date	02/18/2025	Location	Queenston House 404 1
Last Care Plan Review Completed:		09/05/2025				

## Care Plan Report

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## Care Plan Report


Focus		Goal	Interventions				Position	Freq/Resolved			
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</div> <div>Date Initiated: 02/18/2025</div> <div>Created on: 02/18/2025</div> <div>Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</div>			Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Revision on: 02/18/2025								
			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			• PERSONAL HYGIENE: Filomena requires 2 person total assistance for hygiene.								
			PCA								
			Date Initiated: 02/18/2025								
			Created on: 02/18/2025								
			Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Revision on: 02/18/2025								
			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			• HAND HYGIENE: Filomena requires one person limited assistance for hand hygiene								
			PCA								
			Date Initiated: 02/18/2025								
			Created on: 02/18/2025								
			Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Revision on: 02/18/2025								
			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			• TOILET USE: filomena requires two person total assistance with hoyer lift for toileting.								
			PCA								
			Date Initiated: 02/18/2025								
			Created on: 02/18/2025								
			Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Revision on: 02/18/2025								
			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			• TRANSFERRING: Filomena requires 2 person total assistance with hoyer lift..								
			PCA								
			Date Initiated: 02/18/2025								
			Created on: 02/18/2025								
			Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Revision on: 02/18/2025								
			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			• ORAL CARE: Filomena has full upper and lower dentures requires one person limited assistance for oral care.								
			PCA								
			Date Initiated: 02/18/2025								
			Created on: 02/18/2025								
			Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Revision on: 02/18/2025								
			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)								
			Allergies		No Known Allergies			D.O.B.	08/06/1939	Physician	Kevin Velicaria
			Diagnosis		Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)						
Facility		Arbour Creek Care Centre					Print Date	11/5/2025			
Resident		Greco, Filomena (922141000349)			Admission Date	02/18/2025	Location	Queenston House 404 1			
Last Care Plan Review Completed:		09/05/2025									

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility</li> </ul> <p>Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</p>		<ul style="list-style-type: none"> <li><b>FOOT CARE:</b>Foot Care Nurse to complete toenail care every 2 months. Report long toe nails or other abnormalities as noted. Date Initiated: 02/18/2025 Created on: 02/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 04/25/2025 Revision by: Myrna Corpuz (RPN)</li> <li><b>SPECIAL FAMILY REQUEST:</b> Please NO MALE staff for toileting and care Date Initiated: 06/16/2025 Created on: 06/16/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 06/16/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</li> </ul>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/06/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Osteoporosis, unspecified(M81.9), Benign hypertension(I10.0), Arthritis, unspecified, unspecified site(M13.99), Parkinson's disease(G20), Depressive episode, unspecified(F32.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Greco, Filomena (922141000349)	<b>Admission Date</b>	02/18/2025	<b>Location</b>	Queenston House 404 1
<b>Last Care Plan Review Completed:</b>		09/05/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Nutrition Risk Level: HIGH r/t BMI 18-24, poor to fair intake, nutritional supplement, dementia dx, T2D, fibre interventions, HTN, good fluid intake, independent at meals  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 08/12/2025  Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>• Maria will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 12/15/2023  Revision by: Anika Dhalla (Dietitian (RD))  Target Date: 12/03/2025</p>	<p>• Comfort foods include pasta  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 12/04/2023  Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p>	FSS			
		<p>• Dislikes include mayonnaise and gravy  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 12/04/2023  Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p>	FSS			
	<p>• Will weigh within Realistic weight range of 55-65kg/BMI 22-26 through to next review date.  h=158cm  Date Initiated: 12/15/2023  Created on: 12/15/2023  Created by: Anika Dhalla (Dietitian (RD))  Revision on: 08/12/2025  Revision by: Alexandra Breau (Dietitian (RD))  Target Date: 12/03/2025</p>	<p>• NUTRITION RISK: Marie is HIGH risk level.  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 03/05/2025  Revision by: Anika Dhalla (Dietitian (RD))</p>	Dietitian (RD)			
	<p>• Maria will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1518mL @ 25mL/kg, 60.7kg through to next review date.  Date Initiated: 12/15/2023  Created on: 12/15/2023  Created by: Anika Dhalla (Dietitian (RD))  Revision on: 08/12/2025</p>	<p>• DIET ORDER: Maria will receive Regular diet, Regular texture  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 12/15/2023  Revision by: Anika Dhalla (Dietitian (RD))</p>	PCA			
		<p>• FLUID CONSISTENCY: Maria drinks REGULAR/THIN Level 0 Fluids.  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 12/04/2023  Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p>	PCA			
		<p>• FLUID TARGET: Encourage Maria to drink a minimum of 1214mL per day.  Date Initiated: 12/04/2023  Created on: 12/04/2023  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 08/12/2025  Revision by: Alexandra Breau (Dietitian (RD))</p>	PCA			
<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	11/03/1928	<b>Physician</b>	Nachwa Ghobara	
<b>Diagnosis</b>	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)					
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Maccan, Maria (922141000292)	<b>Admission Date</b>	11/30/2023	<b>Location</b>	Queenston House 410 1	
<b>Last Care Plan Review Completed:</b>		09/03/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Nutrition Risk Level: HIGH r/t BMI 18-24, poor to fair intake, nutritional supplement, dementia dx, T2D, fibre interventions, HTN, good fluid intake, independent at meals</li> <li>Date Initiated: 12/04/2023</li> <li>Created on: 12/04/2023</li> <li>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</li> <li>Revision on: 08/12/2025</li> <li>Revision by: Alexandra Breau (Dietitian (RD))</li> </ul>	Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/03/2025	<ul style="list-style-type: none"> <li>• DINING INSTRUCTIONS:               <ol style="list-style-type: none"> <li>1. If meal is refused, offer cheese sandwich (with no mayo) to Maria</li> <li>2. Maria enjoys to have a bowl of cereal with milk and banana before bed ~7pm</li> </ol> <li>Date Initiated: 06/03/2024</li> <li>Created on: 06/03/2024</li> <li>Created by: Anika Dhalla (Dietitian (RD))</li> <li>Revision on: 08/12/2025</li> <li>Revision by: Alexandra Breau (Dietitian (RD))</li> </li></ul> <ul style="list-style-type: none"> <li>• PORTION SIZE: Maria prefers small portions for meals.</li> <li>Date Initiated: 12/04/2023</li> <li>Created on: 12/04/2023</li> <li>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</li> <li>Revision on: 12/04/2023</li> <li>Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</li> </ul> <ul style="list-style-type: none"> <li>• FOOD PREFERENCES: Maria enjoys eating all italian food (pasta, lasagna, ravioli, quiche), french fries, liver onions, coffee, water and juice, ice cream. Dislikes eating sandwiches with mayo in them, creamy salad dressings, gravies.</li> <li>Date Initiated: 12/04/2023</li> <li>Created on: 12/04/2023</li> <li>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</li> <li>Revision on: 08/12/2025</li> <li>Revision by: Alexandra Breau (Dietitian (RD))</li> </ul> <ul style="list-style-type: none"> <li>• MEDPASS SUPPLEMENTS:               <ol style="list-style-type: none"> <li>1. 30mL Resource 2.0 QID in coffee daily @ medpass (240kCal and 10g PRO)</li> </ol> <li>Date Initiated: 02/05/2024</li> <li>Created on: 02/05/2024</li> <li>Created by: Anika Dhalla (Dietitian (RD))</li> <li>Revision on: 02/05/2024</li> <li>Revision by: Anika Dhalla (Dietitian (RD))</li> </li></ul> <ul style="list-style-type: none"> <li>• HIGH FIBRE:               <ol style="list-style-type: none"> <li>1. 1/2 cup prunes @ Breakfast</li> </ol> <li>Date Initiated: 12/15/2023</li> <li>Created on: 12/15/2023</li> <li>Created by: Anika Dhalla (Dietitian (RD))</li> <li>Revision on: 12/15/2023</li> <li>Revision by: Anika Dhalla (Dietitian (RD))</li> </li></ul>	Registered Practical Nurse	
			PCA	
			PCA	
			RN Registered Practical Nurse	
			PCA	

<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	11/03/1928	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Maccan, Maria (922141000292)	<b>Admission Date</b>	11/30/2023	<b>Location</b>	Queenston House 410 1
<b>Last Care Plan Review Completed:</b>		09/03/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Alteration in skin integrity related to RASH on right knee Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</div>	<div>• To promote intact skin integrity through healing of RASH on marias right knee by target date Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 05/04/2025 Revision by: Myrna Corpuz (RPN) Target Date: 12/03/2025</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with rash on right knee for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Mihaela Devic (RAI Coord Back-up) • COMMUNICATION: Involve/collaborate with POA in decision making for treatment of skin issues. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Mihaela Devic (RAI Coord Back-up) • TOPICAL TX: Apply topical treatment to right knee as MD Order. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Mihaela Devic (RAI Coord Back-up) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly on every Monday and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</div>	<div>Registered Practical Nurse RN</div> <div>Registered Practical Nurse</div> <div>Registered Practical Nurse Registered Practical Nurse Registered Practical Nurse</div>			
<div>• Alteration in skin integrity related to RASH on Marias Left knee. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</div>	<div>• To promote intact skin integrity through healing of RASH on Marias left knee by target date Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up)</div>	<div>• MONITORING: Utilize holistic perspective of continuous monitoring of resident with RASH for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025</div>	<div>Registered Practical Nurse RN</div>			
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1
Last Care Plan Review Completed:		09/03/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision on: 05/04/2025 Revision by: Myrna Corpuz (RPN) Target Date: 12/03/2025	Revision by: Jasmeen Kaur (Registered Nurse) • COMMUNICATION: Involve/collaborate with POA in decision making for treatment of skin issues. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Jasmeen Kaur (Registered Nurse) • MEDICATION: Administer medication (ointment) for RASH as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Jasmeen Kaur (Registered Nurse) Revision on: 03/28/2025 Revision by: Jasmeen Kaur (Registered Nurse) • WEEKLY ASSESSMENT: Assess and evaluate skin condition Weekly on monday and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 03/28/2025 Revision by: Jasmeen Kaur (Registered Nurse)				
• Alteration in skin integrity related to cancer lesion to right intercostal. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician)		• To minimize infection and promote healing of cancer lesion to right intercostal by next review Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician) Target Date: 12/03/2025	• MONITORING: Utilize holistic perspective of continuous monitoring of resident with cancer lesion to right intercostal for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • COMMUNICATION: Involve/collaborate with Maria/SDM in decision making for treatment of skin issues. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician)				
Allergies	Sulfa Antibiotics	D.O.B.	11/03/1928	Physician	Nachwa Ghobara		
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Maccan, Maria (922141000292)	Admission Date	11/30/2023	Location	Queenston House 410 1		
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Alteration in skin integrity related to cancer lesion to right intercostal. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</div>		<div>Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</div>	Registered Practical Nurse RN			
<div>• Resident has functional ROM to B/L UE &amp; limited ROM to B/L LE. The physiotherapy program will help to improve ambulation, strength and endurance. Date Initiated: 06/05/2024 Created on: 01/29/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 03/05/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)</div>	<div>• Improve/maintain the ROM to B/L UE &amp; LE in next 2 quarters Improve/maintain walking endurance prevent falls Date Initiated: 03/14/2024 Created on: 01/29/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/08/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 12/03/2025</div>	<div>• Ambulation using RW with 1 p assist throughout the unit, provide rest as needed.  AROM exs to B/L UE &amp; LE in all planes: 10 reps x 1-2 sets, as tolerated  STS - holding on to the walker/ wall bar with 1 p assist.-5-10 reps x 1-2 sets Date Initiated: 12/05/2024 Created on: 01/29/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/08/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</div>	PT - Physiotherapist PTA			
<div>• Potential to experience side effects or complications related to use of CYTOTOXIC TOPICAL CREAM as treatment FOR cancer lesion on her right breast. Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Jaspreet Kaur (ADOC) Revision on: 01/22/2025 Revision by: Jaspreet Kaur (ADOC)</div>	<div>• To monitor effectiveness and for side effects of medication used through to the next review date. Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Jaspreet Kaur (ADOC) Revision on: 01/22/2025 Revision by: Jaspreet Kaur (ADOC) Target Date: 12/03/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Maria and POA in decision making and health teaching about Cytotoxic medication application and reminding resident to not to touch the area with her hands. Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Jaspreet Kaur (ADOC) Revision on: 01/22/2025 Revision by: Jaspreet Kaur (ADOC) • MONITORING: Utilize holistic perspective of continuous monitoring of resident having CYTOTOXIC OINTMENT for changes to health status and for side effects</div>	RN Registered Practical Nurse   RN Registered Practical			
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1
Last Care Plan Review Completed:		09/03/2025				

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			redness, itching and to keep the area covered. Date Initiated: 01/22/2025 Created on: 01/22/2025 Created by: Jaspreet Kaur (ADOC) Revision on: 01/22/2025 Revision by: Jaspreet Kaur (ADOC)		Nurse	
<b>• Sleep Patterns</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		<b>• To promote adequate rest/sleep for Maria based on identified sleep patterns/preferences each night through to the next review date</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	<b>• REST PATTERN: Preferred bedtime 2100, usual wake time 0700</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		PCA	
<b>• Potential for altered bone density related to diagnosis of OSTEOPOROSIS</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		<b>• To treat and minimize complications associated with OSTEOPOROSIS through to the next review date</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	<b>• COMMUNICATION: Involve/ collaborate with Maria/SDM in decision making of osteoporosis care management.</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) <b>• HEALTH EDUCATION: Engage with (Maria)/SDM to enhance her comprehension of treatment, possible complications, etc. associated with osteoporosis.</b> Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) <b>• LAB WORK: Monitor lab and diagnostic results and report results to MD as needed. Follow up as indicated.</b> Date Initiated: 11/30/2023 Created on: 11/30/2023		RN Registered Practical Nurse  RN Registered Practical Nurse  RN Registered Practical Nurse	
<b>Allergies</b>	Sulfa Antibiotics		<b>D.O.B.</b>	11/03/1928	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)					
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025
<b>Resident</b>	Maccan, Maria (922141000292)		<b>Admission Date</b>	11/30/2023	<b>Location</b>	Queenston House 410 1
<b>Last Care Plan Review Completed:</b>		09/03/2025				



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)				Registered Practical Nurse	
• Potential to experience alteration in CARDIAC FUNCTION related to; Hypertension. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• To treat and minimize signs/symptoms or complications associated with hypertension through to the next review date Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Maria/SDM in decision making of Cardiac Care Management for hypertension. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with hypertension for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 11/30/2023				RN Registered Practical Nurse	
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara		
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)							
Facility	Arbour Creek Care Centre				Print Date	11/5/2025		
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1		
Last Care Plan Review Completed:		09/03/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects.            Date Initiated: 11/30/2023            Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)</p> <p>• VITAL SIGNS: Monitor vital signs as ordered. Notify MD of any significant abnormalities.            Date Initiated: 11/30/2023            Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)</p> <p>• LAB WORK: Monitor lab and diagnostic results for (specify type of lab work) and report results to MD as needed. Follow up as indicated.            Date Initiated: 11/30/2023            Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)</p>	Registered Practical Nurse RN		
<p>• Potential to experience complications and side effects impacting quality of life related to use of multi-pharmacy and daily use of antidepressants            Date Initiated: 11/30/2023            Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)</p>	<p>• To monitor effectiveness and for side effects of medication used each day through to the next review date.            Date Initiated: 11/30/2023            Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)            Target Date: 12/03/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Maria/SDM in decision making and health teaching about medicinal regime and appropriate medication use.            Date Initiated: 11/30/2023            Created on: 11/30/2023            Created by: Navpreet Sekhon (RN)            Revision on: 09/22/2024            Revision by: Navpreet Sekhon (RN)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of resident using poly-pharmacy. for changes to health status and alteration or complications affecting functioning or quality of life.            Date Initiated: 11/30/2023</p>	RN Registered Practical Nurse		
<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	11/03/1928	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Maccan, Maria (922141000292)	<b>Admission Date</b>	11/30/2023	<b>Location</b>	Queenston House 410 1
<b>Last Care Plan Review Completed:</b>		09/03/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		<ul style="list-style-type: none"><li>To promote Maria's understanding of treatment regime and possible side effects of medication taken through to the next review</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025</p>	<p>Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>PREFERENCE: Maria prefers to receive medication during meals when at the dining table, etc.</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>				RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>Potential to experience ( rash, hives, anaphylaxis, etc.) related to ALLERGY of sulfa antibiotics</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"><li>Maria will be protected from exposure to allergen each day through next review date</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025</p>	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Maria/SDM in decision making and health teaching about ALLERGY to sulfa antibiotics.</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>MONITORING: Utilize the holistic perspective of continuous monitoring of resident with (sulfa antibiotics) for changes to health status and complications.</li></ul> <p>Date Initiated: 11/30/2023 Created on: 11/30/2023</p>				RN Registered Practical Nurse	RN PCA Registered Practical Nurse
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928		Physician	Nachwa Ghobara	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023		Location	Queenston House 410 1	
Last Care Plan Review Completed:		09/03/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • ALLERGY ALERT: Maria has ALLERGY to (Sulfa antibiotics). Prevent contact with and report if noted to experience symptoms (such as; rash, hives, swelling, difficulty breathing, etc.). Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MD/PHARMACY ALERT: Notify the MD and Pharmacy of Maria's Allergy to (Sulfa antibiotics) and minimize risk for exposure to allergen. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>			Registered Practical Nurse RN	
<div>• Potential for BOWEL INCONTINENCE related to cognitive impairment. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>		<div>• Maria will have bowel incontinence managed every shift through to the next review period Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025</div>	<div>• COMMUNICATION: Involve/collaborate with (Maria/SDM) for decision making about ( bowel function, toileting options, incontinence management, etc). Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • BOWEL Continence level is FREQUENTLY . Report change to level as noted. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 05/31/2025 Revision by: Myrna Corpuz (RPN) • BOWEL MOVEMENT: Monitor resident for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN)</div>			RN Registered Practical Nurse	PCA
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1	
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
• Potential for BOWEL INCONTINENCE related to cognitive impairment. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • INCONTINENCE PRODUCT: Resident uses size Medium brief during day, evening and night shift. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • BOWEL RECORD initiated on October 12th to October 18th to monitor resident for constipation, rectal bleeding. Notify registered staff about the findings. Date Initiated: 10/10/2024 Created on: 10/10/2024 Created by: Rohini Gaikwad (Registered Nurse) Revision on: 10/11/2024 Revision by: Jaspreet Kaur (ADOC)						
• URINARY (Mixed) INCONTINENCE related to Dementia Diagnosis. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Maria will have urinary incontinence managed every shift through to the next review period Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with (Maria/SDM) for decision making about (toileting options or incontinence management). Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for toileting needs, changes to health status and alteration of continence level Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 05/31/2025					RN	
								RN Registered Practical Nurse	
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928		Physician	Nachwa Ghobara		
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)								
Facility	Arbour Creek Care Centre					Print Date	11/5/2025		
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023		Location	Queenston House 410 1		
Last Care Plan Review Completed:		09/03/2025							

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
• URINARY (Mixed) INCONTINENCE related to Dementia Diagnosis. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Revision by: Myrna Corpuz (RPN)  • INCONTINENCE PRODUCT: Maria uses SIZE MEDIUM brief during day, evening and night shift. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/25/2025 Revision by: Grace Akah (RN)  • ADAPTIVE EQUIPMENT/AID: Maria utilizes a TRUELOO toilet seat in the bathroom which takes pictures of her urine and BM and analyzes it for infection, color, and any abnormalize. The MD is informed of any abnormalities Date Initiated: 08/01/2024 Created on: 08/27/2024 Created by: Shihana Rumzi (Nurse Clinician) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)					PCA       PCA Registered Practical Nurse RN ADOC	
• Risk for Impaired SKIN INTEGRITY related to Frailty, Thin fragile Skin. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• To protect and maintain skin integrity each day through to the next review Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• SKIN CHECK: Check skin condition twice daily with AM and PM care. Report new or different observance than the residents' usual skin condition to Registered Staff immediately as noted. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 01/22/2025 Revision by: Jaspreet Kaur (ADOC)  • SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Navpreet Sekhon (RN)  • HEALTH EDUCATION: Engage resident/SDM in health education regarding prevention of skin impairment Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024			PCA       PCA       Registered Practical Nurse	D/E		
Allergies	Sulfa Antibiotics			D.O.B.	11/03/1928	Physician	Nachwa Ghobara		
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)								
Facility	Arbour Creek Care Centre					Print Date	11/5/2025		
Resident	Maccan, Maria (922141000292)			Admission Date	11/30/2023	Location	Queenston House 410 1		
Last Care Plan Review Completed:		09/03/2025							

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Risk for Impaired SKIN INTEGRITY related to Frailty, Thin fragile Skin. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</li> </ul>		Revision by: Navpreet Sekhon (RN)			
<ul style="list-style-type: none"> <li>• Potential for Expressive Behaviour of WANDERING, nature related to dementia. Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Ahmed Abdu (RPN (Agency)) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</li> </ul>	<ul style="list-style-type: none"> <li>• Maria will be supported to adjust to her new environment to lower risk of triggering former WANDERING behaviour episodes through to the next review Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Ahmed Abdu (RPN (Agency)) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025</li> </ul>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Maria /SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Ahmed Abdu (RPN (Agency)) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</li> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Maria for indications to change in or for escalating expressive behaviour risk. Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Ahmed Abdu (RPN (Agency)) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</li> <li>• WANDERING: Permit Maria to safely roam in common area. Redirect away from exit doors, elevator or other resident rooms as needed. Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Ahmed Abdu (RPN (Agency)) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</li> <li>• DIVERSION ACTIVITY: Maria responds well to (taking walk, phone call with daughter) as a method to calm or redirect energy. Date Initiated: 09/22/2024</li> </ul>	BSO - Internal Social Worker		
			Registered Practical Nurse		
			PCA		
			RN Registered Practical		
<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	11/03/1928	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Maccan, Maria (922141000292)	<b>Admission Date</b>	11/30/2023	<b>Location</b>	Queenston House 410 1
<b>Last Care Plan Review Completed:</b>		09/03/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for Expressive Behaviour of WANDERING, nature related to dementia.</li></ul> <p>Date Initiated: 12/15/2023 Created on: 12/15/2023 Created by: Ahmed Abdu (RPN (Agency)) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>			<p>Created on: 09/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>• APPROACH: Use Gentle Persuasive Approach: take time to listen to Maria and reassurance helps.</li></ul> <p>Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>			Nurse	
						Registered	
						Practical Nurse	
<ul style="list-style-type: none"><li>• Potential to experience alteration in MOOD as exhibited by restlessness, and sad, worried or furrowed facial expression related to Dementia.</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"><li>• Maria will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Maria/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Maria for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>			Registered	
						Practical	
						Nurse	
						Registered	
<ul style="list-style-type: none"><li>• Altered VISION related to aging process/dementia</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024</p>		<ul style="list-style-type: none"><li>• To treat and minimize complications of impaired vision through to next review date</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN)</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Maria/SDM for decision making pertaining to change in visual status as needed</li></ul> <p>Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>			Registered	
						Practical	
						Nurse	
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1	
Last Care Plan Review Completed:		09/03/2025					



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Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)		Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• HEALTH TEACHING: Engage with Maria/SDM to enhance their knowledge of dementia/aging that is affecting vision Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • EYEGLASSES: Maria wears eyeglasses. Assist to clean eyeglasses as needed and PCA store (on night table) when sleeping. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to dementia Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Maria will continue to freely express self and adequately comprehend information each day through to the next review period Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025  • Maria will be supported to maintain current communication abilities each day through to the review date Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024	• COMMUNICATION: Involve/collaborate with Maria/SDM for decision making about strategies needed to support effective communication. Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
Allergies	Sulfa Antibiotics			D.O.B.	11/03/1928	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)			Admission Date	11/30/2023	Location	Queenston House 410 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Altered COMMUNICATION as exhibited by limitations to self expression, comprehension related to dementia Date Initiated: 12/18/2023 Created on: 12/18/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025						
• COGNITIVE LOSS; alteration in thought processes ( memory loss, difficulty concentrating, altered judgement, etc.) related to progression of Dementia. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Maria will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. The current CPS score 2 Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Maria/SDM in decision making of Cognitive Loss for Dementia Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with Resident/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Dementia Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • ORIENTATION: Gently reorient to person, place, time as needed when Maria is feeling lost or in confused state. Maria sometimes forgets that she's eaten her meals; please gently reorient and re-assure Maria as needed Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)				RN Registered Practical Nurse  <	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• COGNITIVE LOSS; alteration in thought processes ( memory loss, difficulty concentrating, altered judgement, etc.) related to progression of Dementia. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			• ENVIRONMENT: Provide environmental clues to promote resident ability to locate rooms and navigating home area ( name plate, photo, memory box, etc.) outside of room. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)				
• Increased risk for FALLS related to potential of loss of balance. Environmental Factors (new environment), Limitation of cognitive function/altered judgement (Dementia), Medical condition (osteoporosis): , Medication use (Polypharmacy) Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• To promote safety, minimize risk for falls and/or fall related injury every day through to the next review period Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• COMMUNICATION: Involve/collaborate with Maria/SDM in decision making in fall prevention Plan of Care. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • CALL BELL: Place the call bell within the Maria's reach to the RIGHT side, check that it is in working order and remind/encourage to use it. Maria may forget to use call bell, please staff should remind/encourage Maria's use of call bell to call for assistance. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • ADAPTIVE AIDS: Place adaptive aid/needed objects (walker) within easy reach of Maria. Date Initiated: 11/30/2023 Created on: 11/30/2023				
Allergies	Sulfa Antibiotics	D.O.B.	11/03/1928	Physician	Nachwa Ghobara		
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Maccan, Maria (922141000292)	Admission Date	11/30/2023	Location	Queenston House 410 1		
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
			<div>Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • ADAPTIVE EQUIPMENT: Maria needs adaptive equipment: walker. One person assistance required. However resident tries to self ambulate sometimes without walker, staff to keep reminding to use walker and supervise. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2025 Revision by: Myrna Corpuz (RPN) • ENVIRONMENT: Secure Maria's environment by reducing clutter, night light, bathroom signage, quiet environment to reduce fall risk for Maria Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 08/22/2025 Revision by: Myrna Corpuz (RPN) • BED: place bed in lowest position, use high/low bed to lower risk for injury. Date Initiated: 02/09/2024 Created on: 02/09/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • FOOTWEAR: Ensure Maria wears appropriate footwear closed toe for transfers, ambulation. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in placed. Date Initiated: 08/07/2025 Created on: 08/07/2025 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 08/07/2025</div>				PCA	
Allergies	Sulfa Antibiotics			D.O.B.	11/03/1928	Physician	Nachwa Ghobara	
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Maccan, Maria (922141000292)			Admission Date	11/30/2023	Location	Queenston House 410 1	
Last Care Plan Review Completed:		09/03/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<div>• Increased risk for FALLS related to potential of loss of balance. Environmental Factors (new environment), Limitation of cognitive function/altered judgement (Dementia), Medical condition (osteoporosis): , Medication use (Polypharmacy) Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>			Revision by: Manpreet Dhaliwal (Registered Nurse)			
			<div>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries. Date Initiated: 02/09/2024 Created on: 02/09/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>			
<div>• Potential for Persistent PAIN and alteration in comfort level related to osteoporosis. Most Current MDS Pain Score is 0. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>		<div>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Target Date: 12/03/2025</div> <div>• Promote MDS Pain Score of 0 through to the next review Date Initiated: 11/30/2023 Created on: 11/30/2023</div>	<div>• COMMUNICATION: Involve/collaborate with Maria/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div> <div>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN)</div>		RN Registered Practical Nurse	RN Registered Practical Nurse
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1
Last Care Plan Review Completed:		09/03/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • REST: accommodate resident rest and relaxation preference Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			PCA	
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility, Limited ROM. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Maria will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025	• BATHING: Maria prefers shower/bath on Monday and Friday Days and requires 1 Staff to provide limited assistance with bathing Nail care to be provided on shower/bath day. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • BED MOBILITY: Maria requires 1 staff member to provide CUES, SUPERVISION as needed assistance for bed mobility. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • DRESSING: Maria requires 1 staff to provide LIMITED 1 person assistance for dressing. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN)			PCA	
Allergies	Sulfa Antibiotics			D.O.B.	11/03/1928	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)			Admission Date	11/30/2023	Location	Queenston House 410 1
Last Care Plan Review Completed:		09/03/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved		
			Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • EATING: Maria is able to eat INDEPENDENTLY. 1 Staff to provide SUPERVISION and set up assistance for eating. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • LOCOMOTION: Maria is able to walk INDEPENDENTLY with the walker. 1 staff to provide CUES, SUPERVISION assistance for locomotion on and/or off unit. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • PERSONAL HYGIENE: Maria requires 1 staff to provide LIMITED assistance for hygiene. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • HAND HYGIENE: 1 staff to provide REMINDER to use soap/water, apply sanitizer, rub hands together, dry hands, etc. for hand hygiene. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • TOILET USE: Maria requires 1 staff to provide LIMITED assistance for toileting. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)						PCA	
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			PCA							
Allergies	Sulfa Antibiotics			D.O.B.	11/03/1928		Physician	Nachwa Ghobara		
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)									
Facility	Arbour Creek Care Centre						Print Date	11/5/2025		
Resident	Maccan, Maria (922141000292)			Admission Date	11/30/2023		Location	Queenston House 410 1		
Last Care Plan Review Completed:		09/03/2025								

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, Limited Mobility, Limited ROM. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>		<div>• TRANSFERRING: Maria requires 1 staff member to provide CUES, SUPERVISION assistance for transferring using RW. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div> <div>• ORAL CARE: Maria has DENTURES both top and bottom and 1 staff to provide CUES, SUPERVISION assistance for oral care. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>	PCA			
<div>• Expressed Wishes and Beliefs related to Medical Treatment and End of Life Care. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>	<div>• To support and honor Maria expressed wishes and beliefs through to the End of Life Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/03/2025</div>	<div>• CPR: Maria wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. Date Initiated: 11/30/2023 Created on: 11/30/2023 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>	RN			
<div>• Maria shows STRONG PARTICIPATION in Activities Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide)</div>	<div>• Maria will be supported to maintain participation in activities 10-15 times per month by the next review date. Date Initiated: 03/13/2024</div>	<div>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest baking, bingo, entertainment, short stories, news and views, socials, etc.. Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide)</div>	Recreation Aide			
Allergies	Sulfa Antibiotics		D.O.B.	11/03/1928	Physician	Nachwa Ghobara
Diagnosis	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Maccan, Maria (922141000292)		Admission Date	11/30/2023	Location	Queenston House 410 1
Last Care Plan Review Completed:		09/03/2025				



## Care Plan Report


Focus		Goal	Interventions				Position	Freq/Resolved	
Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide)		Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/03/2025	Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading paper, telephone conversations, walking, conversing with peers. Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide) • ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in elevator, Walk with, Guide to. Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide) • HELPFUL HINTS: Identify Helpful Hints to ease communication while interacting with Maria as Maria can become easily worried where her family is, reassuring that they are on their way and they know where she is can help ease Marias worries. Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide) • ONE to ONE: Provide her with individual visits for conversation, reminiscing. Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide) • MUSIC CARE APPROACH: Present Maria with: Community music, Music Care Specialists, Musicking, Music Programming Date Initiated: 12/12/2024 Created on: 12/12/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 12/12/2024						
		• Maria will Improve her ISE score of 0 to 2 by the next review date. Date Initiated: 03/16/2025 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 08/30/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/03/2025							Recreation Aide
									Recreation Aide
									Recreation Aide
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									Recreation Aide
Allergies		Sulfa Antibiotics			D.O.B.	11/03/1928	Physician	Nachwa Ghobara	
Diagnosis		Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)							
Facility		Arbour Creek Care Centre					Print Date	11/5/2025	
Resident		Maccan, Maria (922141000292)			Admission Date	11/30/2023	Location	Queenston House 410 1	
Last Care Plan Review Completed:		09/03/2025							

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Maria shows STRONG PARTICIPATION in Activities</li> </ul> Date Initiated: 03/13/2024 Created on: 03/13/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/13/2024 Revision by: Sabrina Zipeto (Recreation Aide)		Revision by: Sabrina Zipeto (Recreation Aide)		

<b>Allergies</b>	Sulfa Antibiotics	<b>D.O.B.</b>	11/03/1928	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Unspecified dementia(F03), Type 2 diabetes mellitus with poor control, so described(E11.64), Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Maccan, Maria (922141000292)	<b>Admission Date</b>	11/30/2023	<b>Location</b>	Queenston House 410 1
<b>Last Care Plan Review Completed:</b>		09/03/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Focus: Mobility, strength, Gait training -Transfer status is 1 person assistance with walker Date Initiated: 03/26/2025 Created on: 03/26/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 07/30/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)		• To maintain functional mobility, strength and walking endurance . Date Initiated: 03/26/2025 Created on: 03/26/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 07/30/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 01/21/2026	• 1. AROM exercises with B/L UE & LE,, 10-12 reps, 1-2 sets as tolerated. 2. Walking with 2 person assistance , Followed by WC. Provide rest as needed. Date Initiated: 03/26/2025 Created on: 03/26/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 07/30/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)			PT - Physiotherapist PTA	
• Increased risk for FALLS related to Altered Physical function: hx of Lt ORIF from fall, Limitation of cognitive function/altered judgement due to cognitive impairment with hx of delusion and hallucination, Medical Condition: OA on Rt hip, Medication use (Quetiapine) and hx of fall with injury.As per MDS, FRS score-4. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/27/2025 Revision by: Jesus Bueno (Registered Practical Nurse)		• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review date. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 01/01/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 01/21/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making in fall prevention Plan of Care. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN) • CALL BELL: Place call bell within Mary's reach while in bed or on her chair. check that it is in working order and remind/encourage to use it .Staff are to respond to the call bell in a timely manner. Mary may forget to use call bell staff to check on her regularly. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 06/01/2025 Revision by: Chantelle Walker (ADOC) • ADAPTIVE EQUIPMENT: Mary needs adaptive equipment: wheelchair and walker. Walker is only used with physio during exercises Date Initiated: 04/29/2023 Created on: 04/29/2023 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 06/01/2025 Revision by: Chantelle Walker (ADOC) • ENVIRONMENT: Secure environment reduce clutter, night light, bathroom signage			Registered Practical Nurse  PCA	D/E/N
Allergies	No Known Allergies	D.O.B.	08/05/1939	Physician	Kevin Velicaria		
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	McCabe, Mary (922141000217)	Admission Date	03/31/2022	Location	Queenston House 405 1		
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		to reduce fall risk for Mary. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN) • BED: Place bed in lowest position to lower risk for injury. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/04/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • FOOTWEAR: Ensure Mary wears appropriate shoes, well-fitting, non-slip footwear for ambulation. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/26/2025 Revision by: Jasmeen Kaur (Registered Nurse) • SPECIAL CONSIDERATION to PREVENT FALLS: Staff to ensure proper placement of mattress to prevent Mary from "sliding" out of bed. Momo bed sense in placed. Date Initiated: 05/12/2025 Created on: 05/12/2025 Created by: Chantelle Walker (ADOC) Revision on: 11/03/2025 Revision by: Myrna Corpuz (RPN) • ALARMS: Mary has a bed alarm. Check for working order. Staff are to respond to the alarms in a timely manner. Date Initiated: 10/27/2023 Created on: 10/27/2023 Created by: Shirley Nasufi (Registered Nurse) Revision on: 07/28/2025 Revision by: Rupinder Yogi (Nurse Clinician) • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.	PCA	
			Registered Practical Nurse PCA	
			PCA	D/E/N
			Registered Practical	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/05/1939	<b>Physician</b>
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>
<b>Resident</b>	McCabe, Mary (922141000217)	<b>Admission Date</b>	03/31/2022	<b>Location</b>
<b>Last Care Plan Review Completed:</b>	08/25/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Increased risk for FALLS related to Altered Physical function: hx of Lt ORIF from fall, Limitation of cognitive function/altered judgement due to cognitive impairment with hx of delusion and hallucination, Medical Condition: OA on Rt hip, Medication use (Quetiapine) and hx of fall with injury. As per MDS, FRS score-4.</p> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/27/2025 Revision by: Jesus Bueno (Registered Practical Nurse)</p>		<p>Date Initiated: 04/29/2023 Created on: 04/29/2023 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p>	Nurse		
<p>• Nutrition Risk Level: high r/t poor to suboptimal food and good fluid intake, Sig wt loss in 1 mos, HTN, Nutritional supplement, eats independently, dementia with moderate effect on intake</p> <p>Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 04/30/2025 Revision by: Debora Choi (Dietitian (RD))</p>	<p>• Mary will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</p> <p>Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 08/02/2023 Revision by: Gabrielle Wolfe (RN) Target Date: 01/21/2026</p>	<p>• NUTRITION RISK: Mary is HIGH risk level.</p> <p>Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 04/30/2025 Revision by: Debora Choi (Dietitian (RD))</p> <p>• DIET ORDER: Mary will receive Regular diet, minced texture</p> <p>-Soft bread/bread products only - Provide crustless bread/toast for Mary</p> <p>Date Initiated: 03/30/2022 Created on: 03/30/2022</p>	<p>Dietitian (RD)</p> <p>PCA</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/05/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McCabe, Mary (922141000217)	<b>Admission Date</b>	03/31/2022	<b>Location</b>	Queenston House 405 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved			
		<p>• Will weigh within GWR of 44.9-59.9kg/BMI 18-24 (h=158cm) through to next review date. Date Initiated: 04/06/2022 Created on: 04/06/2022 Created by: Maria Sokolova (Dietitian) Revision on: 10/23/2024 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 01/21/2026</p> <p>• Mary will be adequately hydrated aeb drinking at least 100% of total fluid requirement 1213mL @ 25 ml/kg, 48.5kg through to next review date. Date Initiated: 04/06/2022 Created on: 04/06/2022 Created by: Maria Sokolova (Dietitian) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD)) Target Date: 01/21/2026</p>	<p>Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 07/11/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Mary drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 03/30/2022 Revision by: Patrick Howarth (FSM - Food Services Manager)</p> <p>• FLUID TARGET: Encourage Mary to drink a minimum of 1213ml per day. Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 10/24/2025 Revision by: Stephanie Isaak (Dietitian (RD))</p> <p>• DINING INSTRUCTIONS: Encourage Mary to come to the dining room to eat so staff can supervise Date Initiated: 07/11/2025 Created on: 07/11/2025 Created by: Alexandra Breau (Dietitian (RD)) Revision on: 07/11/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• HIGH CALORIE/PROTEIN PM SNACK: 1. Magic Cup @ PM Snack (290kCal and 9g PRO) Date Initiated: 02/01/2023 Created on: 02/01/2023 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 07/19/2023 Revision by: Tammy Smith (FSM - Food Services Manager)</p> <p>• MEDPASS SUPPLEMENTS: 1. 120mL Resource 2.0 BID @ HS/PM Snack (480kCal, 19.2g PRO) *Provide with ICE Date Initiated: 11/02/2022 Created on: 11/02/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 04/26/2023</p>			Diet PCA	PCA	Registered Practical Nurse	PCA	D
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria			
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses									
Facility	Arbour Creek Care Centre					Print Date	11/5/2025			
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1			
Last Care Plan Review Completed:		08/25/2025								

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Nutrition Risk Level: high r/t poor to suboptimal food and good fluid intake, Sig wt wt loss in 1 mos, HTN, Nutritional supplement, eats independently, dementia with moderate effect on intake</li> </ul> Date Initiated: 03/30/2022 Created on: 03/30/2022 Created by: Patrick Howarth (FSM - Food Services Manager) Revision on: 04/30/2025 Revision by: Debora Choi (Dietitian (RD))		Revision by: Anika Dhalla (RD - Registered Dietician)  <ul style="list-style-type: none"> <li>LOW FIBRE:               <ol style="list-style-type: none"> <li>Provide banana daily at breakfast</li> <li>Provide yogurt daily at supper</li> </ol> </li> </ul> Date Initiated: 07/12/2022 Created on: 07/12/2022 Created by: Kelsey Sobkovich (Dietitian) Revision on: 07/12/2022 Revision by: Kelsey Sobkovich (Dietitian)	Diet PCA		
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to venous efficiency.</li> </ul> Date Initiated: 12/23/2024 Created on: 12/23/2024 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 12/23/2024 Revision by: Manpreet Dhaliwal (Registered Nurse)	<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or complications associated with venous efficiency through to the next review date.</li> </ul> Date Initiated: 12/23/2024 Created on: 12/23/2024 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 12/23/2024 Revision by: Manpreet Dhaliwal (Registered Nurse) Target Date: 01/21/2026	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Mary/SDM in decision making of Cardiac Care Management.</li> </ul> Date Initiated: 12/23/2024 Created on: 12/23/2024 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 05/27/2025 Revision by: Jesus Bueno (Registered Practical Nurse)  <ul style="list-style-type: none"> <li>MONITORING: Utilize the holistic perspective of continuous monitoring of Mary with Specify cardiac condition for changes to health status and alteration or complications affecting cardiac function.</li> </ul> Date Initiated: 12/23/2024 Created on: 12/23/2024 Created by: Manpreet Dhaliwal (Registered Nurse) Revision on: 12/23/2024	PCA Registered Practical Nurse RN  RN Registered Practical Nurse PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/05/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McCabe, Mary (922141000217)	<b>Admission Date</b>	03/31/2022	<b>Location</b>	Queenston House 405 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			

## Care Plan Report

[illegible]



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
• Mary DECLINES PARTICIPATION in structured programs related to personal choice Date Initiated: 05/16/2022 Created on: 05/16/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		Target Date: 01/21/2026	her legs are sore and having a hard time walking. Date Initiated: 05/16/2022 Created on: 05/16/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • MUSIC CARE APPROACH- Engage Mary in music Care through the use of entertainment, Google hub, and music therapist Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)				Recreation Aide	
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption, occasional diarrhea. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• To promote fluid consumption and minimize risk for dehydration each day through to the next review period. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• COMMUNICATION: Involve/collaborate with Mary in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Mary with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • PREFERRED FLUIDS: Mary prefers to drink water and tea- likes her tea strong. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • PROMOTE FLUIDS: Encourage Mary to consume fluids; amount as per Nutrition				Registered Practical Nurse	
							PCA	
							PCA Registered	
Allergies	No Known Allergies		D.O.B.	08/05/1939	Physician	Kevin Velicaria		
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre				Print Date	11/5/2025		
Resident	McCabe, Mary (922141000217)		Admission Date	03/31/2022	Location	Queenston House 405 1		
Last Care Plan Review Completed:		08/25/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<div>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption, occasional diarrhea. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)</div>		<div>Care Plan. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted. Date Initiated: 07/05/2022 Created on: 07/05/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)</div>	<div>Practical Nurse   </div>	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		Created on: 05/09/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with (Mary)/SDM to enhance her comprehension of treatment, possible complications, disease trajectory, etc. associated with anemia. Date Initiated: 05/09/2024 Created on: 05/09/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with ANEMIA for complications or changes to health status Date Initiated: 05/09/2024 Created on: 05/09/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • LAB WORK: Monitor blood lab work and report results to MD as needed. Follow up as indicated Date Initiated: 05/09/2024 Created on: 05/09/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			RN	
• Potential for gastric discomfort and complications related to lower GI Bleed, required blood transfusion March 7, 2023, May 9, 2024. Date Initiated: 03/08/2023 Created on: 03/08/2023 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• To treat and/or minimize complications associated with Lower GI Bleed each day through to the next review date, or until resolved. Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician) Target Date: 01/21/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making for Lower GI Bleed treatment and management Date Initiated: 03/08/2023 Created on: 03/08/2023 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • HEALTH TEACHING: Engage with Mary/SDM to enhance her comprehension of treatment, possible complications, etc associated with Lower GI Bleed Date Initiated: 03/08/2023 Created on: 03/08/2023 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024			Registered Practical Nurse	RN Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for gastric discomfort and complications related to lower GI Bleed, required blood transfusion March 7, 2023, May 9, 2024. Date Initiated: 03/08/2023 Created on: 03/08/2023 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			Revision by: Navpreet Sekhon (RN)  • MONITORING: Utilize holistic perspective of continuous monitoring of Mary for management of Lower GI Bleed for discomfort and complications or changes to health status.  Date Initiated: 03/08/2023 Created on: 03/08/2023 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
• Potential to experience complications and side effects impacting quality of life related to use of antipsychotic medications and antidepressants daily. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• To monitor Mary and the medications effectiveness and for side effects of medication used each day through to the next review date. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)  • MONITORING: Utilize holistic perspective of continuous monitoring of Mary using antipsychotic and antidepressant medication for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)  • PREFERENCE: Mary prefers to receive medication during meals when at dining table. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	RN Registered Practical Nurse
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• Potential to experience complications and side effects impacting quality of life related to use of antipsychotic medications and antidepressants daily. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)  • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		RN Registered Practical Nurse	
					RN Registered Practical Nurse	
• Potential for BOWEL INCONTINENCE related to altered mobility. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• Mary will receive support to use toilet and promote optimal bowel continence each day through to the next review date. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026  • Mary will have bowel incontinence managed every shift through to the next review date. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024	• COMMUNICATION: Involve/collaborate with Mary/SDM for decision making about bowel function, toileting options, incontinence management. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)  • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status, alteration of continence level or bowel function. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)  • BOWEL Continence level is USUALLY Continent. Report change to level as noted.		Registered Practical Nurse	
					PCA	
Allergies	No Known Allergies		D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)		Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for BOWEL INCONTINENCE related to altered mobility. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• BOWEL MOVEMENT: Monitor Mary for bowel movement each shift and document number of occurrences, size and consistency. She sometimes has loose BM, Loperamide to be given as needed as per doctor's order. Loose stools can be triggered by Mary's anxiety. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • INCONTINENCE PRODUCT: Mary will wear white incontinent product days, evenings and nights. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/21/2025 Revision by: Jasmeen Kaur (Registered Nurse)			PCA Registered Practical Nurse	
						PCA	
• URINARY Stress, Urge INCONTINENCE related to altered mobility. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• Mary will receive support to use toilet and promote urinary continence each shift through to the next review period. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026  • Mary will have urinary incontinence managed every shift through to the next review date Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)	• COMMUNICATION: Involve/collaborate with Mary/SDM for decision making about toileting options or incontinence management. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Mary for toileting needs, changes to health status and alteration of continence level. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024			Registered Practical Nurse	
						Registered Practical Nurse  PCA	
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY Stress, Urge INCONTINENCE related to altered mobility. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		Target Date: 01/21/2026	Revision by: Navpreet Sekhon (RN)  • INCONTINENCE PRODUCT: Mary will wear white incontinent product days, evenings and nights. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Gabrielle Wolfe (RN) Revision on: 05/21/2025 Revision by: Jasmeen Kaur (Registered Nurse)		PCA	
• Risk for Impaired SKIN INTEGRITY related to Frailty, Incontinence. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• To protect and maintain skin integrity each day through to the next period. Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• HEALTH EDUCATION: Engage Mary/SDM in health education regarding prevention of skin impairment, protecting frail skin and management of incontinence. Date Initiated: 08/01/2024 Created on: 08/01/2024 Created by: Priscilla Murphy (Nurse Clinician) Revision on: 08/01/2024 Revision by: Priscilla Murphy (Nurse Clinician)		RN Registered Practical Nurse	
• Mary is at high risk for ELOPEMENT related to confusion Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• To promote Mary's safety and minimize risk for episode of elopement each day through next review date. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• ALERT: Mary has the potential to attempt elopement. If heard making requests to leave the building or seen attempting to use exit doors report to Supervisor immediately. Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)  • DIVERSION ACTIVITY: Mary responds well to conversing, watching TV to divert attention when exit seeking. Date Initiated: 08/30/2025		PCA       PCA Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)		Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Mary is at high risk for ELOPEMENT related to confusion Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Navpreet Sekhon (RN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			Created on: 08/30/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 08/30/2025 Revision by: Shirly Nasufi (Registered Nurse) • ELOPEMENT ALERT: Redirect Mary away from elevator or exit doors as needed. Initiate DOS charting/monitoring Date Initiated: 12/31/2023 Created on: 12/31/2023 Created by: Navpreet Sekhon (RN) Revision on: 08/30/2025 Revision by: Shirly Nasufi (Registered Nurse)			PCA Registered Practical Nurse	
• Potential to experience alteration in MOOD as exhibited by Expressions of what appear to unrealistic fears, Repetitive anxious complaints/concerns -non-health related and Sad, pained, worried facial expressions related to Decline in Health Condition, Loss of Independence, Dementia Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)		• To decrease episodic frequency of negative Mood symptoms by next review date Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• COMMUNICATION: Involve/collaborate with Mary/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • HEALTH EDUCATION: Provide education and support to Mary/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	RN Registered Practical Nurse
		• Mary will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026	• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Mary for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor			Registered Practical Nurse RN	Registered Practical
Allergies	No Known Allergies		D.O.B.	08/05/1939	Physician	Kevin Velicaria	
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					



## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
<p>• Potential to experience alteration in MOOD as exhibited by Expressions of what appear to unrealistic fears, Repetitive anxious complaints/concerns -non-health related and Sad, pained, worried facial expressions related to Decline in Health Condition, Loss of Independence, Dementia</p> <p>Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)</p>			<p>Mary with medication use and its effectiveness and for side effects.</p> <p>Date Initiated: 11/02/2023 Created on: 11/02/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 08/01/2024 Revision by: Navpreet Sekhon (RN)</p>		Nurse		
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, limited mobility</p> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>• Mary will be supported to cope with changing functional abilities of cognitive impairment and have ADL care needs met each day through to the next review period</p> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026</p>	<p>• BATHING: Mary prefers shower/bath on Thursday evening and SUNDAY Morning and requires 1 Staff to provide extensive assistance.</p> <p>Nail care to be provided on shower/bath day.</p> <p>Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• BED MOBILITY: Mary requires two person extensive assistance to move in bed.</p> <p>Staff to provide CUES for bed mobility as needed.</p> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 05/21/2025 Revision by: Jaspreet Kaur (ADOC)</p>		PCA	PCA	
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<ul style="list-style-type: none"> <li>• DRESSING: Mary requires 1 staff to provide Extensive assistance for dressing. PCA  Date Initiated: 03/31/2022  Created on: 03/31/2022  Created by: Corpuz Geline (RPN)  Revision on: 07/28/2024  Revision by: Navpreet Sekhon (RN)</li> <li>• EATING: Mary is able to feed herself. 1 Staff to provide SUPERVISION for eating. PCA  Mary may eat in her room when she desires/requests. Mary is encouraged to come to the dining room to eat to minimize boredom and adequate staff supervision during meals for safety.  Date Initiated: 03/31/2022  Created on: 03/31/2022  Created by: Corpuz Geline (RPN)  Revision on: 07/28/2024  Revision by: Navpreet Sekhon (RN)</li> <li>• LOCOMOTION: Mary requires 1 staff assistance for locomotion on and/or off unit PCA  using a wheelchair. Mary will be encouraged to call staff for assistance with ambulation and not ambulate by herself.   Date Initiated: 03/31/2022  Created on: 03/31/2022  Created by: Corpuz Geline (RPN)  Revision on: 05/21/2025  Revision by: Jaspreet Kaur (ADOC)</li> <li>• PERSONAL HYGIENE: Mary requires 1 staff to provide Extensive assistance for PCA  hygiene.  Date Initiated: 03/31/2022  Created on: 03/31/2022  Created by: Corpuz Geline (RPN)  Revision on: 07/28/2024  Revision by: Navpreet Sekhon (RN)</li> <li>• HAND HYGIENE: Mary is able to independently complete task of Hand Hygiene PCA  each day, Staff provide her hand sanitizer and Mary is able to complete the hand hygiene by herself.  Date Initiated: 03/31/2022  Created on: 03/31/2022</li> </ul>				
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation, limited mobility</li> </ul> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Created by: Corpuz Geline (RPN) Revision on: 05/21/2025 Revision by: Jaspreet Kaur (ADOC)</p> <ul style="list-style-type: none"> <li><b>TOILET USE:</b> Mary requires 1 staff to provide Extensive assistance for toileting.</li> </ul> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"> <li><b>TRANSFERRING:</b> Mary requires extensive assistance from one person to move between surfaces.</li> </ul> <p>1 staff to provide CUES, SUPERVISION and Extensive assistance as needed for transferring.</p> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 05/26/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> <li><b>ORAL CARE:</b> Mary has DENTURES and is able to do it in oral care.</li> </ul> <p>1 staff to provide LIMITED assistance for oral care.</p> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Corpuz Geline (RPN) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA	
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Mary's Medical Treatment and end of life care</li> </ul> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN)</p>	<ul style="list-style-type: none"> <li>To support and honor Mary's expressed wishes and beliefs through to the end of life care</li> </ul> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026</p>	<ul style="list-style-type: none"> <li><b>CPR:</b> Mary wishes express NO CPR, however TRANSFER to hospital decision will be made at the time</li> </ul> <p>Date Initiated: 03/31/2022 Created on: 03/31/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 07/28/2024 Revision by: Navpreet Sekhon (RN)</p>	RN	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/05/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McCabe, Mary (922141000217)	<b>Admission Date</b>	03/31/2022	<b>Location</b>	Queenston House 405 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, hallucinations, altered judgement, etc. related to progression of Dementia.</p> <p>Date Initiated: 11/01/2023 Created on: 11/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>• Mary will cope with progressive cognitive decline and be supported to maintain safety each day through the review date</p> <p>Date Initiated: 11/01/2023 Created on: 11/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026</p>	<p>• COMMUNICATION: Involve/collaborate with Mary/SDM in decision making of Cognitive Loss for Dementia.</p> <p>Date Initiated: 11/01/2023 Created on: 11/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• ORIENTATION: Gently reorient to person, place, time as needed when Mary is hallucinating, feeling lost or in a confused state.</p> <p>Date Initiated: 11/01/2023 Created on: 11/01/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p>			Registered Practical Nurse	
						Registered Practical Nurse PCA	
<p>• Potential for Persistent PAIN and alteration in comfort level related to OA on Rt hip and hx of Lt ORIF from fall prior to admission and fracture to left wrist. Current MDS Pain Score is 0</p> <p>Date Initiated: 07/25/2022 Created on: 07/25/2022 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review period</p> <p>Date Initiated: 07/25/2022 Created on: 07/25/2022 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN) Target Date: 01/21/2026</p> <p>• Promote MDS Pain Score of 0 through to the next review period</p> <p>Date Initiated: 07/25/2022 Created on: 07/25/2022 Created by: Melissa Pascua (Registered Practical Nurse)</p>	<p>• COMMUNICATION: Involve/collaborate with Mary/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 07/25/2022 Created on: 07/25/2022 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 07/25/2022 Created on: 07/25/2022 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer Tylenol and Diclofenac 1.16% as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 07/25/2022 Created on: 07/25/2022</p>			Registered Practical Nurse RN	
						RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	08/05/1939	Physician	Kevin Velicaria
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McCabe, Mary (922141000217)			Admission Date	03/31/2022	Location	Queenston House 405 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to OA on Rt hip and hx of Lt ORIF from fall prior to admission and fracture to left wrist. Current MDS Pain Score is 0</li> <li>Date Initiated: 07/25/2022</li> <li>Created on: 07/25/2022</li> <li>Created by: Melissa Pascua (Registered Practical Nurse)</li> <li>Revision on: 03/10/2024</li> <li>Revision by: Navpreet Sekhon (RN)</li> </ul>	<ul style="list-style-type: none"> <li>Revision on: 03/10/2024</li> <li>Revision by: Navpreet Sekhon (RN)</li> <li>Target Date: 01/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>Created by: Melissa Pascua (Registered Practical Nurse)</li> <li>Revision on: 03/10/2024</li> <li>Revision by: Navpreet Sekhon (RN)</li> </ul>		
<ul style="list-style-type: none"> <li>SPIRITUAL BELIEFS: is of the Catholic Faith.</li> <li>Date Initiated: 05/16/2022</li> <li>Created on: 05/16/2022</li> <li>Created by: Sabina Eljazovic (Recreation Aide)</li> <li>Revision on: 01/31/2023</li> <li>Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</li> </ul>	<ul style="list-style-type: none"> <li>To provide Mary spiritual support as interested through to the next review period.</li> <li>Date Initiated: 05/16/2022</li> <li>Created on: 05/16/2022</li> <li>Created by: Sabina Eljazovic (Recreation Aide)</li> <li>Revision on: 08/02/2023</li> <li>Revision by: Gabrielle Wolfe (RN)</li> <li>Target Date: 01/21/2026</li> </ul>	<ul style="list-style-type: none"> <li>SPIRITUAL PROGRAMS: Encourage her to attend spiritual programs of her choice ACT including Catholic Mass.</li> <li>Date Initiated: 05/16/2022</li> <li>Created on: 05/16/2022</li> <li>Created by: Sabina Eljazovic (Recreation Aide)</li> <li>Revision on: 01/31/2023</li> <li>Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</li> </ul>		

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/05/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McCabe, Mary (922141000217)	<b>Admission Date</b>	03/31/2022	<b>Location</b>	Queenston House 405 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			


## Care Plan Report

### Diagnosis

Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specified orthopaedic follow-up care(Z47.8), Visual hallucinations(R44.1), Chronic gingivitis(K05.1), Anaemia, unspecified(D64.9)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	08/05/1939	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Unspecified dementia(F03), Cardiovascular disease, unspecified(I51.6), Arthritis, unspecified, unspecified site(M13.99), Other specif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McCabe, Mary (922141000217)	<b>Admission Date</b>	03/31/2022	<b>Location</b>	Queenston House 405 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<p>• Alteration in skin integrity related to Linda's MASD - IAD Sacrum Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>		<p>• To promote intact skin integrity through healing of Linda's MASD - IAD Sacrum by goal target date Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 12/15/2025</p>	<p>• MONITORING: Utilize holistic perspective of continuous monitoring of Linda's MASD - IAD Sacrum for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>				Registered Practical Nurse RN	
			<p>• COMMUNICATION: Involve/collaborate with Linda/SDM in decision making for treatment of skin issues. Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>				Registered Practical Nurse RN	
			<p>• WEEKLY ASSESSMENT: Assess and evaluate skin condition of Linda's MASD - IAD Sacrum weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed. Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p>				Registered Practical Nurse RN	
<p>• PHYSIO:</p> <p>A resident has limited ROM to the B/L UE &amp; LE;</p> <p>Transfer using the Hoyer lift with 2 p assist and locomotion using a wheelchair.</p> <p>Physiotherapy programs will help prevent contracture and improve the ROM Date Initiated: 03/07/2024 Created on: 03/07/2024</p>		<p>• 1. Prevent contractures 2. Improve the B/L UE &amp; LE ROM Date Initiated: 03/07/2024 Created on: 03/07/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/08/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 12/15/2025</p>	<p>• 1. AROM exs to B/L UE &amp; LE - 10 reps x 2 sets</p> <p>2. Strengthening exs to B/L UE &amp; LE with light dumbbells and theraband - 10 reps x1-2 sets, as tolerated</p> <p>3 Mild stretching to B/L Knee at the end range of available ROM : 3-5 reps, several sec hold Date Initiated: 12/11/2024 Created on: 03/07/2024 Created by: Sujit James (PT - Physiotherapist) Revision on: 09/08/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>				PT - Physiotherapist PTA	
Allergies	No Known Allergies		D.O.B.	04/23/1944	Physician	Nachwa Ghobara		
Diagnosis	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre				Print Date	11/5/2025		
Resident	McDonald, Linda (922141000309)		Admission Date	03/06/2024	Location	Queenston House 405 2		
Last Care Plan Review Completed:		09/15/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>Created by: Sujit James (PT - Physiotherapist)  Revision on: 09/08/2025  Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>						
<p>• Nutrition Risk Level: HIGH r/t high BMI but stable weight, requires LIMITED to extensive assistance, minced texture r/t endentulous, independent with eating, good food and fair beverage intake, constipation managed with medication - agreed to flax  Date Initiated: 03/11/2024  Created on: 03/11/2024  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 08/26/2025  Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>• Linda will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.  Date Initiated: 03/11/2024  Created on: 03/11/2024  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 03/20/2024  Revision by: Anika Dhalla (Dietitian (RD))  Target Date: 12/15/2025</p>	<p>• NUTRITION RISK: Linda is HIGH risk level.  Date Initiated: 03/11/2024  Created on: 03/11/2024  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 12/11/2024  Revision by: Anika Dhalla (Dietitian (RD))</p>	Dietitian (RD)			
	<p>• Will weigh within GWR of 69.3-80.9kg/BMI 30-35 through to next review date. h=152cm  Date Initiated: 03/18/2024  Created on: 03/18/2024  Created by: Anika Dhalla (Dietitian (RD))  Revision on: 03/20/2024  Revision by: Anika Dhalla (Dietitian (RD))  Target Date: 12/15/2025</p>	<p>• DIET ORDER: Linda will receive Regular diet, Minced texture  Date Initiated: 03/11/2024  Created on: 03/11/2024  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 05/27/2024  Revision by: Anika Dhalla (Dietitian (RD))</p>	PCA			
	<p>• Linda will be adequately hydrated aeb drinking at least 80% of total fluid requirement 2023mL @ 25mL/kg, 80.9kg through to next review date.</p>	<p>• FLUID CONSISTENCY: Linda drinks REGULAR/THIN Level 0 Fluids.  Date Initiated: 03/11/2024  Created on: 03/11/2024  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 03/11/2024  Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p>	PCA			
		<p>• FLUID TARGET: Encourage Linda to drink a minimum of 1618mL per day.  Date Initiated: 03/11/2024  Created on: 03/11/2024  Created by: Sylwia Jawornicki (FSM - Food Services Manager)  Revision on: 08/26/2025  Revision by: Alexandra Breau (Dietitian (RD))</p>	PCA			
		<p>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.  Date Initiated: 12/11/2024  Created on: 12/11/2024  Created by: Anika Dhalla (Dietitian (RD))</p>	Dietary aide PCA			
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)		<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		09/15/2025				



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Nutrition Risk Level: HIGH r/t high BMI but stable weight, requires LIMITED to extensive assistance, minced texture r/t endentulous, independent with eating, good food and fair beverage intake, constipation managed with medication - agreed to flax</p> <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 08/26/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>	<p>Date Initiated: 03/18/2024 Created on: 03/18/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 08/26/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/15/2025</p>	<p>• DINING INSTRUCTIONS:</p> <p>1. Provide crustless bread instead of buns (hamburger, hot dogs etc.)</p> <p>2. Provide additional sauces with meals</p> <p>Date Initiated: 03/20/2024 Created on: 03/20/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 06/17/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• ADAPTIVE AIDS: Linda requires</p> <p>1. lipped plate for meals</p> <p>2. straws for fluids at meals and snacks.</p> <p>3. provide a kennedy cup for water (she likes to have her juice/water in the cup holder of her wheel chair)</p> <p>Date Initiated: 05/27/2024 Created on: 05/27/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/26/2024 Revision by: Anika Dhalla (Dietitian (RD))</p> <p>• FOOD PREFERENCES: Linda enjoys eating roast beef. Dislikes eating spaghetti, pizza and hotdogs.</p> <p>Date Initiated: 03/11/2024 Created on: 03/11/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 03/11/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>• HIGH FIBRE:</p> <p>1. 1tbsp ground flax @ Breakfast</p> <p>Date Initiated: 06/12/2024 Created on: 06/12/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 06/12/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>Diet</p> <p>Food Services</p> <p>Aide</p> <p>Personal</p> <p>Support</p> <p>Workers</p> <p>Registered</p> <p>Practical</p> <p>Nurse</p> <p>PCA</p>	
<p>• COGNITIVE LOSS; alteration in thought processes difficulty concentrating related top hallucinations.</p>	<p>• Linda will be supported to maintain cognitive function through the review date. Current</p>	<p>• COMMUNICATION: Involve/collaborate with Linda in decision making of Cognitive Loss</p> <p>Date Initiated: 03/19/2024</p>	<p>RN</p> <p>Registered</p> <p>Practical</p>	
<p><b>Allergies</b></p>	<p>No Known Allergies</p>	<p><b>D.O.B.</b></p>	<p>04/23/1944</p>	<p><b>Physician</b></p> <p>Nachwa Ghobara</p>
<p><b>Diagnosis</b></p>	<p>Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses</p>			
<p><b>Facility</b></p>	<p>Arbour Creek Care Centre</p>		<p><b>Print Date</b></p>	<p>11/5/2025</p>
<p><b>Resident</b></p>	<p>McDonald, Linda (922141000309)</p>	<p><b>Admission Date</b></p>	<p>03/06/2024</p>	<p><b>Location</b></p> <p>Queenston House 405 2</p>
<p><b>Last Care Plan Review Completed:</b></p>		<p>09/15/2025</p>		

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
• URINARY select type of: Functional INCONTINENCE related to altered mobility Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN)			Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/30/2025 Revision by: Myrna Corpuz (RPN) • INCONTINENCE PRODUCT: Linda uses extra Large brief during the day, evening and night shift. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/25/2024 Revision by: Grace Akah (RN) • TOTAL INCONTINENCE MANAGEMENT: Resident has TOTAL Urinary Incontinence; Requires check resident every 2 hours and change the inconveniences product every 4 hours or as needed. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 06/18/2025 Revision by: Jaspreet Kaur (ADOC)		PCA	
• Linda DECLINES PARTICIPATION in structured programs related to personal choice. Date Initiated: 07/12/2024 Created on: 07/12/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 07/12/2024 Revision by: Sabrina Zipeto (Recreation Aide)		• Linda participates in Independent/Self-Directed activities monthly through to the next review date. Date Initiated: 07/12/2024 Created on: 07/12/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 07/12/2024 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/15/2025  • Linda will improve ISE score of 0 to 2 by the next review date. Date Initiated: 07/12/2024 Created on: 07/12/2024 Created by: Sabrina Zipeto	• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as reading paper, telephone conversations, watching TV in own room, conversing with peers, writing, crossword puzzles, word search, etc. Date Initiated: 07/12/2024 Created on: 07/12/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 07/12/2024 Revision by: Sabrina Zipeto (Recreation Aide) • FRIENDLY VISIT: Provide her one to one visits as tolerated. Touch Base to maintain contact and to converse about topics of interest, identify upcoming special events, etc.. Date Initiated: 07/12/2024 Created on: 07/12/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 07/12/2024 Revision by: Sabrina Zipeto (Recreation Aide) • MUSIC CARE APPROACH: Present Linda with music care approaches: Community music, Music Care Specialists, Musicking, Music Programming		Recreation Aide	
Allergies	No Known Allergies		D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)		Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Linda DECLINES PARTICIPATION in structured programs related to personal choice.</p> <p>Date Initiated: 07/12/2024 Created on: 07/12/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 07/12/2024 Revision by: Sabrina Zipeto (Recreation Aide)</p>	<p>(Recreation Aide) Revision on: 08/30/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/15/2025</p>	<p>Date Initiated: 03/16/2025 Created on: 03/16/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 03/16/2025 Revision by: Sabrina Zipeto (Recreation Aide)</p>			
<p>• Increased risk for FALLS related to Altered Physical function decreased mobility and psychotropic medication usage.</p> <p>Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 03/22/2024 Revision by: Grace Akah (RN)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Target Date: 12/15/2025</p>	<p>• CALL BELL: Place call bell within Linda's reach to RIGHT or LEFT side as needed), check that it is in working order and remind/encourage to use it.</p> <p>Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 03/08/2024 Revision by: Grace Akah (RN)</p> <p>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment wheelchair: for locomotion.</p> <p>Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 03/08/2024 Revision by: Grace Akah (RN)</p> <p>• ENVIRONMENT: Secure environment: reduce clutter to reduce fall risk for Linda</p> <p>Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 03/08/2024 Revision by: Grace Akah (RN)</p> <p>• BED: place bed in lowest position to lower risk for injury for Linda</p> <p>Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN)</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)	<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		09/15/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"><li>Increased risk for FALLS related to Altered Physical function decreased mobility and psychotropic medication usage.</li></ul> Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 03/22/2024 Revision by: Grace Akah (RN)			Revision on: 03/08/2024 Revision by: Grace Akah (RN) <ul style="list-style-type: none"><li>FOOTWEAR: Ensure Linda wears appropriate non-skid footwear transfers.</li></ul> PCA Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 03/08/2024 Revision by: Grace Akah (RN) <ul style="list-style-type: none"><li>FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury.</li></ul> PCA Date Initiated: 03/08/2024 Created on: 03/08/2024 Created by: Grace Akah (RN) Revision on: 08/22/2025 Revision by: Myrna Corpuz (RPN) <ul style="list-style-type: none"><li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li></ul> Registered Staff Date Initiated: 12/15/2024 Created on: 12/15/2024 Created by: Myrna Corpuz (RPN)			
<ul style="list-style-type: none"><li>Potential to experience alteration in MOOD as exhibited by sad worried facial expression related to Decline in Health Condition</li></ul> Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)		<ul style="list-style-type: none"><li>Linda will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date.</li></ul> Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Linda /SDM) about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed.</li></ul> Registered Practical Nurse Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <ul style="list-style-type: none"><li>HEALTH EDUCATION: Provide education and support to Linda/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed.</li></ul> RN Registered Practical Nurse Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) <ul style="list-style-type: none"><li>ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Linda</li></ul> Registered			
Allergies	No Known Allergies		D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)		Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<div>• Potential to experience alteration in MOOD as exhibited by sad worried facial expression related to Decline in Health Condition</div> <div>Date Initiated: 03/19/2024</div> <div>Created on: 03/19/2024</div> <div>Created by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>		<div>for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life.</div> <div>Date Initiated: 03/19/2024</div> <div>Created on: 03/19/2024</div> <div>Created by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>	Practical Nurse		
<div>• Sleep Patterns; Potential for alteration in sleep patterns</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>	<div>• To promote adequate rest/sleep for Linda based on identified sleep patterns/preferences each night through to the next review date.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>Target Date: 12/15/2025</div>	<div>• REST PATTERN: Preferred bedtime 2000-2100, usual wake time 0800</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>	PCA		
<div>• Potential for CONSTIPATION related to daily use of medication with binding effect, decreased mobility,</div> <div>Date Initiated: 03/06/2024</div> <div>Created on: 03/06/2024</div> <div>Created by: Pritibahen Patel (Registered Nurse)</div> <div>Revision on: 03/19/2024</div>	<div>• To minimize the potential for episodes/ complications of constipation through to the next review date.</div> <div>Date Initiated: 03/06/2024</div> <div>Created on: 03/06/2024</div> <div>Created by: Pritibahen Patel</div>	<div>• COMMUNICATION: Involve/collaborate with Linda for decision making regarding constipation management.</div> <div>Date Initiated: 03/06/2024</div> <div>Created on: 03/06/2024</div> <div>Created by: Pritibahen Patel (Registered Nurse)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>	Registered Practical Nurse		
Allergies	No Known Allergies	D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)	Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Jason Geerlinks (Quality Improvement Coordinator)		(Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025	<ul style="list-style-type: none"> <li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident for constipation management and changes to health status and symptoms/ complications of constipation. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)</li> </ul>			Registered Staff	
			<ul style="list-style-type: none"> <li>• <b>FLUIDS:</b> Encourage resident to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)</li> </ul>			Registered Staff	
			<ul style="list-style-type: none"> <li>• <b>BOWEL PROTOCOL:</b> In place as per MD order Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)</li> </ul>			Registered Staff	
<ul style="list-style-type: none"> <li>• Potential for BOWEL INCONTINENCE related to psychotropic medication and decreased mobility Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> </ul>		<ul style="list-style-type: none"> <li>• Linda will have bowel incontinence managed every shift through to the next review period. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025</li> </ul>	<ul style="list-style-type: none"> <li>• <b>COMMUNICATION:</b> Involve/collaborate with Linda for decision making about Y: bowel function, toileting options, incontinence.. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 09/17/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> <li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Linda for changes to health status, alteration of continence level or bowel function. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/25/2024 Revision by: Grace Akah (RN)</li> <li>• <b>BOWEL Continence level is FREQUENTLY Incontinent.</b> Report change to level as noted. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> </ul>			Registered Practical Nurse	
						Registered Practical Nurse RN	
<b>Allergies</b>	No Known Allergies			<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre					<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)			<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		09/15/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential for BOWEL INCONTINENCE related to psychotropic medication and decreased mobility Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>			<p>• BOWEL MOVEMENT: Monitor Linda for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 03/19/2024 Created on: 03/19/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• INCONTINENCE PRODUCT: Linda uses extra Large brief during the day, evening and night shift. Date Initiated: 03/25/2024 Created on: 03/25/2024 Created by: Grace Akah (RN) Revision on: 03/25/2024 Revision by: Grace Akah (RN)</p>			PCA	
<p>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, PURS score 3 Incontinence, Thin fragile Skin Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>		<p>• To protect and maintain skin integrity each day through to the next review. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Target Date: 12/15/2025</p>	<p>• SKIN OBSERVATION: Observe Linda's skin condition every shift. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <p>• HEALTH EDUCATION: Engage Linda/SDM in health education regarding prevention of skin impairment and management of skin integrity Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• EQUIPMENT: Linda requires Roho cushion to offload pressure while in wheelchair Date Initiated: 09/16/2025 Created on: 09/16/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 09/16/2025</p>			PCA   	



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Risk for Impaired SKIN INTEGRITY related to Impaired Mobility, PURS score 3 Incontinence, Thin fragile Skin Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>		Revision by: Mihaela Devic (RAI Coord Back-up)				
<div>• Altered COMMUNICATION as exhibited by limitations to comprehending messages Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>	<div>• Linda will be supported to maintain current communication abilities to comprehend information each day through to the review date. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Linda/SDM for decision making about strategies needed to support effective communication. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>	RN			
<div>• Potential for ( Acute, Persistent) PAIN and alteration in comfort level related to osteoarthritis. Most Current MDS Pain Score is 0 Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024</div>	<div>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Target Date: 12/15/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Linda about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) • MONITORING: Utilize holistic perspective to continually assess appropriateness of</div>	RN Registered			
Allergies	No Known Allergies		D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)		Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025				

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
Revision by: Jason Geerlinks (Quality Improvement Coordinator)	<ul style="list-style-type: none"><li>Promote MDS Pain Score of 0 through to the next review.</li></ul> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Target Date: 12/15/2025	<p>pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)	Practical Nurse		
		<ul style="list-style-type: none"><li>REST: accommodate resident rest and relaxation preference (Specify i.e. breaks between activities, remaining in bed, etc.).</li></ul> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)	All		
		<ul style="list-style-type: none"><li>MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li></ul> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 06/01/2025 Revision by: Myrna Corpuz (RPN)	Registered Practical Nurse RN		
<ul style="list-style-type: none"><li>Expressed Wishes and Beliefs related to Linda's Medical Treatment and End of Life Care</li></ul> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	<ul style="list-style-type: none"><li>To support and honor Linda expressed wishes and beliefs through to the End of Life.</li></ul> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN) Target Date: 12/15/2025	<ul style="list-style-type: none"><li>CPR: Linda wishes to have CPR and TRANSFER to hospital.</li></ul> Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	RN		
<ul style="list-style-type: none"><li>Potential to experience alteration in RESPIRATORY FUNCTION related to [Asthma]</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN)	<ul style="list-style-type: none"><li>To treat and minimize signs/symptoms or complications associated with Asthma each day through to next review date.</li></ul> Date Initiated: 03/10/2024	<ul style="list-style-type: none"><li>COMMUNICATION: Involve/collaborate with Linda in decision making of Respiratory Management for Asthma</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	Registered Practical Nurse		
Allergies	No Known Allergies	D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)	Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)	Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025	<ul style="list-style-type: none"> <li>• <b>HEALTH EDUCATION:</b> Engage with Linda/SDM to enhance her comprehension of treatment, possible complication associated with Asthma Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> <li>• <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of Linda with Asthma for changes to health status and alteration or complications affecting respiratory function. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> <li>• <b>POSITIONING:</b> To manage shortness of breath (SOB) elevate head of the bed to improve breathing. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN)</li> <li>• <b>VITAL SIGNS:</b> Monitor vital signs as ordered. Notify MD of any significant abnormalities. Listen for breath sounds, document respiratory rate, rhythm, depth, and any abnormal breath sounds. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> <li>• <b>MEDICATION:</b> Administer medication for Asthma as per MD order and monitor for side effects. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> </ul>	Registered Practical Nurse	
			Registered Practical Nurse	
			Registered Staff PCA	
			Registered Practical Nurse RN	
			Registered Practical Nurse	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)	<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		<b>09/15/2025</b>			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Potential for muscular dysfunction, contractures and bone deformity related to DEGENERATIVE DISC DISEASE (DDD), spinal stenosis</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/10/2024</div> <div>Revision by: Navpreet Sekhon (RN)</div>		<div>• To treat and minimize signs/symptoms or complications associated with Degenerative Disc Disease through to the next review date.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>Target Date: 12/15/2025</div>	<div>• COMMUNICATION: Involve/ collaborate with Linda /SDM in decision making of musculoskeletal care management.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>				Registered Practical Nurse	
			<div>• HEALTH EDUCATION: Engage with Linda /SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with Degenerative Disc Disease</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>				Registered Practical Nurse	
			<div>• MEDICATION: Administer medication for management of Degenerative Disc Disorder as per MD order. Monitor effectiveness and for side effects.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>				Registered Practical Nurse	
			<div>• MONITORING: Utilize holistic perspective of continuous monitoring of Linda for management of Degenerative Disc Disorder for discomfort/ complications or changes to health status.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>				Registered Practical Nurse	
			<div>• PAIN MANAGEMENT for Degenerative Disc Disorder prescribed and in place; refer to Pain Care Plan.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div>				Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	04/23/1944	Physician	Nachwa Ghobara	
Diagnosis	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	McDonald, Linda (922141000309)			Admission Date	03/06/2024	Location	Queenston House 405 2	
Last Care Plan Review Completed:		09/15/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for muscular dysfunction, contractures and bone deformity related to DEGENERATIVE DISC DISEASE (DDD), spinal stenosis</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/10/2024 Revision by: Navpreet Sekhon (RN)			Revision by: Jason Geerlinks (Quality Improvement Coordinator)  • PHYSIOTHERAPY evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN)			PT - Physiotherapist  Physical Therapy Assistant	
<ul style="list-style-type: none"><li>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"><li>• To treat and/or minimize signs/symptoms of HYPOTHYROIDISM through to the next review date.</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/ collaborate with Linda /SDM in decision making of thyroid care management.</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)  <ul style="list-style-type: none"><li>• HEALTH TEACHING: Engage with Linda/SDM to enhance his/her comprehension of treatment, possible complications, disease trajectory associated with HYPOTHYROIDISM</li></ul> Date Initiated: 03/10/2024 Created on: 03/10/2024 Created by: Navpreet Sekhon (RN) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)  <ul style="list-style-type: none"><li>• MONITORING: Utilize holistic perspective of continuous monitoring of Linada with HYPOTHYROIDISM for changes to health status and alteration or complications affecting endocrine function.</li></ul>			Registered Practical Nurse  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<div>• Potential to experience alteration in ENDOCRINE FUNCTION related to HYPOTHYROIDISM</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div>			<div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>• MEDICATION: Administer medication for HYPOTHYROIDISM as per MD order. Monitor effectiveness and for side effects.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>• LAB WORK: Monitor lab and diagnostic results and report results to MD as needed. Follow up as indicated.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div>			Registered Practical Nurse		
<div>• Potential to experience complications and side effects impacting quality of life related to use of (multi-pharmacy)</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/10/2024</div> <div>Revision by: Navpreet Sekhon (RN)</div>		<div>• To monitor effectiveness and for side effects of medication used each day through to the next review date.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>Target Date: 12/15/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Linda /SDM in decision making and health teaching about medicinal regime and appropriate medication use.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>• MONITORING: Utilize holistic perspective of continuous monitoring of Linda using antidepressants poly-pharmacy for changes to health status and alteration or complications affecting functioning or quality of life.</div> <div>Date Initiated: 03/10/2024</div> <div>Created on: 03/10/2024</div> <div>Created by: Navpreet Sekhon (RN)</div> <div>Revision on: 03/19/2024</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>• MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed.</div>			Registered Practical Nurse	Registered Practical Nurse PCA	Registered Staff
Allergies	No Known Allergies			D.O.B.	04/23/1944	Physician	Nachwa Ghobara	
Diagnosis	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	McDonald, Linda (922141000309)			Admission Date	03/06/2024	Location	Queenston House 405 2	
Last Care Plan Review Completed:		09/15/2025						

## Care Plan Report

[illegible]

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)	<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		<b>09/15/2025</b>			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility, Limited ROM, SOB</li></ul> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)</p>		<ul style="list-style-type: none"><li>• Linda will have ALL ADL care needs met each day through the next review date.</li></ul> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/15/2025</p>	<ul style="list-style-type: none"><li>• BATHING: Linda prefers shower Wednesday and Saturday Evenings. Linda requires two person Total assistance with care. Nail care to be provided on shower/bath day.</li></ul> <p>Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>			PCA	
			<ul style="list-style-type: none"><li>• BED MOBILITY: Linda requires 1-2 person TOTAL assistance with bed mobility</li></ul> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN)</p>			PCA	
			<ul style="list-style-type: none"><li>• DRESSING: Linda requires two person EXTENSIVE assistance with dressing</li></ul> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN)</p>			PCA	
			<ul style="list-style-type: none"><li>• EATING: Linda is able to feed herself.</li></ul> <p>1 Staff to provide SUPERVISE and cut up assistance for eating.</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>			PCA	
			<ul style="list-style-type: none"><li>• LOCOMOTION: Linda is wheelchair dependent.</li></ul> <p>1 staff to provide TOTAL assistance for locomotion on and/or off unit.</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p>			PCA	
			<ul style="list-style-type: none"><li>• PERSONAL HYGIENE: Linda requires 2 staff to provide EXTENSIVE assistance for hygiene. Linda can wash her own face.</li></ul>			PCA	
Allergies	No Known Allergies			D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)			Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025					



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility, Limited ROM, SOB</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)</p>		<p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN)</p> <p>• HAND HYGIENE: 1 staff member to provide LIMITED assistance to use soap/water, PCA apply sanitizer, rub hands together, dry hands, etc. for hand hygiene.</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• HAND HYGIENE: 1 staff member to provide LIMITED assistance to use soap/water, PCA apply sanitizer, rub hands together, dry hands, etc. for hand hygiene.</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• TOILET USE: Linda requires 2 staff to provide Total assistance for toileting. Care PCA providers are to remain with Linda while she is on the toilet. She requires constant supervision and assistance while on the toilet. PCA to document time and date after toileting trudy.</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 07/04/2025 Revision by: Myrna Corpuz (RPN)</p> <p>• TRANSFERRING: Linda needs 2 staff to provide TOTAL assistance using Hoyer lift PCA for bed to wheelchair and vise versa for toileting transfers.</p> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• TRANSFER LIFT/SLING: Hoyer lift and EXTRA LARGE sling needed for transfer. PCA</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthopathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)	<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		09/15/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility, Limited ROM, SOB</li> </ul> <p>Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse)</p>		<p>1-2 staff assistance is needed for total care. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN)</p> <ul style="list-style-type: none"> <li>ORAL CARE: Linda has TEETH.</li> </ul> <p>1 staff to provide EXTENSIVE assistance for oral care. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 10/25/2024 Revision by: Vinnie Noriega (RPN)</p> <ul style="list-style-type: none"> <li>FOOT CARE: PSW, Registered staff, Foot Care Nurse to complete toenail care every shower day. Report long toe nails or other abnormalities as noted. Date Initiated: 03/06/2024 Created on: 03/06/2024 Created by: Pritibahen Patel (Registered Nurse) Revision on: 03/19/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li> </ul>	PCA	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	04/23/1944	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	McDonald, Linda (922141000309)	<b>Admission Date</b>	03/06/2024	<b>Location</b>	Queenston House 405 2
<b>Last Care Plan Review Completed:</b>		09/15/2025			


Care Plan Report

Diagnosis

Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypothyroidism, unspecified(E03.9), Intervertebral disc disorder, unspecified(M51.9)

Allergies	No Known Allergies	D.O.B.	04/23/1944	Physician	Nachwa Ghobara
Diagnosis	Other hypertrophic osteoarthropathy, other site(M89.48), Asthma, unspecified, without stated status asthmaticus(J45.90), Oedema, unspecified(R60.9), Depressive episode, unspecified(F32.9), Hypoth...See last page for a complete listing of the Resident's diagnoses				
Facility	Arbour Creek Care Centre			Print Date	11/5/2025
Resident	McDonald, Linda (922141000309)	Admission Date	03/06/2024	Location	Queenston House 405 2
Last Care Plan Review Completed:		09/15/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Kata is experiencing episode of INFECTION UTI. Onset date Nov 4/25 Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</li></ul>		<ul style="list-style-type: none"><li>• To have infection adequately managed and treated without further complications by (enter target date). Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Target Date: 12/31/2025</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with (Kata/SDM) with decision making for infection treatment plan and update accordingly. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</li><li>• MONITORING: Utilize holistic perspective of monitoring Kata for signs/symptoms, hydration status, overall health condition until stable. Date Initiated: 11/05/2025 Created on: 11/05/2025 Created by: Melissa Pascua (Registered Practical Nurse) Revision on: 11/05/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</li></ul>				RN Registered Practical Nurse	
							RN Registered Practical Nurse	
<ul style="list-style-type: none"><li>• Alteration in skin integrity related to skin tear in left calf lateral Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</li></ul>		<ul style="list-style-type: none"><li>• To promote intact skin integrity through healing of skin tear by 10/31/2025. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/31/2025</li></ul>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with kata and /SDM in decision making for treatment of skin tear as skin issue. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</li><li>• MONITORING: Utilize holistic perspective of continuous monitoring of kata with skin tear on left calf lateral for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)</li><li>• WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025</li></ul>				RN Registered Practical Nurse	
							RN Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	10/14/1935	Physician	Kevin Velicaria		
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre				Print Date	11/5/2025		
Resident	Oreskovic, Kata (922141000341)		Admission Date	01/02/2025	Location	Queenston House 408 1		
Last Care Plan Review Completed:		08/01/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Alteration in skin integrity related to skin tear in left calf lateral</li> </ul> Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)			Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)  <ul style="list-style-type: none"> <li>TREATMENT: follow treatment order from MD and wound care lead and follow up if RN deteriorates.</li> </ul> Date Initiated: 09/18/2025 Created on: 09/18/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 09/18/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)			RN Practical Nurse	
<ul style="list-style-type: none"> <li>Nutrition Risk Level: HIGH r/t fair appetite, BMI 18-23, adaptive aids, supervision/assistance at meals, nutritional supplementation, dysphagia, hx constipation, fragile skin, COPD, CHF</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 07/08/2025 Revision by: Alexandra Breau (Dietitian (RD))		<ul style="list-style-type: none"> <li>Kata will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/15/2025 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/31/2025  <ul style="list-style-type: none"> <li>Will weigh within GWR of 43.2-57.7/BMI 18-24 through to next review date. h=155cm</li> </ul> Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/15/2025	<ul style="list-style-type: none"> <li>Follow Recommendations based on SLP Assessment January 23rd,2025.</li> </ul> 1) Eat/Feed Slowly. 2) if kata feel too tired, encourage her to stop eating and drinking. 3)Take no more than a half teaspoon at time. 4)Swallow before the next sip or mouthful. 5) Sip fluid after each bite or every few bites of food. 6)If kata is experiencing cough after swallowing - encourage her to cough. 7)Ensure kata's mouth is clean & clear before and after meals to help reducing risk of aspiration pneumonia.			RN PCA	Dietitian (RD)
Allergies	No Known Allergies			D.O.B.	10/14/1935	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Oreskovic, Kata (922141000341)			Admission Date	01/02/2025	Location	Queenston House 408 1
Last Care Plan Review Completed:		08/01/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
<div>• Nutrition Risk Level: HIGH r/t fair appetite, BMI 18-23, adaptive aids, supervision/assistance at meals, nutritional supplementation, dysphagia, hx constipation, fragile skin, COPD, CHF</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 07/08/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div>		<div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>Target Date: 12/31/2025</div> <div>• Kata will be adequately hydrated aeb drinking at least 100% of total fluid requirement 1225mL @ 25ml/kg, 49kg through to next review date.</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 10/07/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div> <div>Target Date: 12/31/2025</div>	<div>• DIET ORDER: Kata will receive Regular diet, Puree texture</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 01/06/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• THICKENED FLUIDS: Kata drinks thickened fluids at Nectar-thickened (MT2) fluid consistency.</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 01/06/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• FLUID TARGET: Encourage Kata to drink 1225ml per day.</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 10/07/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div> <div>• DINING INSTRUCTIONS:</div> <div>1. Please save 1 mug of soup from lunch for Kata to have at dinner</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 01/06/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• ADAPTIVE AIDS:</div> <div>1. soup in a mug</div> <div>2. provide kennedy cup of water (for her room)</div> <div>Date Initiated: 01/06/2025</div> <div>Created on: 01/06/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 01/06/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• FOOD ALLERGY/INTOLERANCE: no known food allergies</div> <div>Date Initiated: 01/06/2025</div>				PCA	
							PCA	
							Registered Practical Nurse	
							PCA	
							PCA Restorative	
Allergies	No Known Allergies			D.O.B.	10/14/1935	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)			Admission Date	01/02/2025	Location	Queenston House 408 1	
Last Care Plan Review Completed:		08/01/2025						

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved	
• Nutrition Risk Level: HIGH r/t fair appetite, BMI 18-23, adaptive aids, supervision/assistance at meals, nutritional supplementation, dysphagia, hx constipation, fragile skin, COPD, CHF Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 07/08/2025 Revision by: Alexandra Breau (Dietitian (RD))			Created on: 01/06/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/06/2025 Revision by: Anika Dhalla (Dietitian (RD)) • MEDPASS SUPPLEMENTS: 1. 60mL Resource 2.0 TID (360kCal and 14.4g PRO) Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 01/06/2025 Revision by: Anika Dhalla (Dietitian (RD))		Care Aide		
					RN Registered Practical Nurse FSM		
• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Rest/Sleep Patterns Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide)		• Team members will support Kata in decreasing social isolation by participating in activities of personal choice for 10-15 times per month by the next review date. Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/31/2025	• STRUCTURED ACTIVITIES: Invite her to programs of personal interest; baking, bingo, concerts, cards, movies, parties, tea social, etc.). Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide) • SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as, telephone conversations, watching TV in own room, walking, conversing with peers, etc.). Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide)		Recreation Aide		
Allergies	No Known Allergies			D.O.B.	10/14/1935	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Oreskovic, Kata (922141000341)			Admission Date	01/02/2025	Location	Queenston House 408 1
Last Care Plan Review Completed:		08/01/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• At Risk for SOCIAL ISOLATION and/or alteration to PSYCHO-SOCIAL well-being related to Low Motivation, Rest/Sleep Patterns Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide)		• Kata will maintain) ISE score of by the next review date. Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/31/2025	• ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities -Accompany in elevator, Walk with, Guide to, Porter, Cue Direction, Reminders, etc.) Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide) • ONE to ONE: Provide her with individual visits for conversation, bedside activity, reading, reminiscing, etc.) Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide) • MUSIC CARE APPROACH: Present Kata with the music care approaches: Community music, Music Care Specialists, Musicking, Music Programming. Date Initiated: 05/14/2025 Created on: 05/14/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 05/14/2025 Revision by: Sabrina Zipeto (Recreation Aide)			Recreation Aide	
• Resident has limited ROM to B/L UE & LE - decline in balance, strength and ambulation. Transfer using RW with 2 p assist Locomotion using wheelchair. Date Initiated: 03/31/2025 Created on: 01/06/2025 Created by: Sujit James (PT - Physiotherapist) Revision on: 03/31/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)		• Improve the ROm to B/L UE & LE Improve the transfer and the wt bearing Date Initiated: 03/31/2025 Created on: 01/06/2025 Created by: Sujit James (PT - Physiotherapist) Revision on: 03/31/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist) Target Date: 12/31/2025	• 1. AROM exs to B/L UE & LE - 10 x 2 times 2. STS - holding on rail with 1 p assist 3. Ambulation using RW with 1 person assistance  Date Initiated: 03/31/2025 Created on: 01/06/2025 Created by: Sujit James (PT - Physiotherapist) Revision on: 03/31/2025 Revision by: Nidhi Kathuria Arya (PT - Physiotherapist)			PT - Physiotherapist	
• Alteration in skin integrity related to		• To promote intact skin integrity through healing of MASD by	• MONITORING: Utilize holistic perspective of continuous monitoring of resident with MASD for changes to health status and alteration or complications affecting skin			Registered Practical	
Allergies	No Known Allergies		D.O.B.	10/14/1935	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)		Admission Date	01/02/2025	Location	Queenston House 408 1	
Last Care Plan Review Completed:		08/01/2025					



## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
MASD on the coccyx Date Initiated: 03/17/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician)		July 2025	integrity. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • COMMUNICATION: Involve/collaborate with Kata/SDM in decision making for treatment of skin issues. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • MEDICATION: Administer medication for MASD as per MD Order. Monitor effectiveness and for side effects. Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • WEEKLY ASSESSMENT: Assess and evaluate skin condition weekly and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed Date Initiated: 03/28/2025 Created on: 03/28/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 03/28/2025 Revision by: Joanne Mae Nava (Nurse Clinician)				Nurse	
		Date Initiated: 03/28/2025					RN	
		Created on: 03/28/2025						
		Created by: Joanne Mae Nava (Nurse Clinician)						
		Revision on: 03/28/2025						
		Revision by: Joanne Mae Nava (Nurse Clinician)					Registered	
		Target Date: 12/31/2025					Practical	
							Nurse	
							Registered	
							Practical	
	Nurse							
	Registered							
	Practical							
	Nurse							
	RN							
	Registered							
	Practical							
	Nurse							
	RN							
• Potential for muscular dysfunction, contractures and bone deformity related to cervical disc disease. Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/14/2025		• To treat and minimize signs/symptoms or complications associated with cervical disc disease through to the next review date. Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Ayna Roselin Arackal	• COMMUNICATION: Involve/ collaborate with kata and her poa in decision making of musculoskeletal care management. Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/14/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • MEDICATION: Administer medication for management of cervical disc disease as				Registered Practical Nurse	Registered
Allergies	No Known Allergies		D.O.B.	10/14/1935		Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)		Admission Date	01/02/2025		Location	Queenston House 408 1	
Last Care Plan Review Completed:		08/01/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)		Kuriakose (Registered Nurse) Revision on: 01/14/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Target Date: 12/31/2025	per MD order. Monitor effectiveness and for side effects. Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/14/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for management of cervical disc disease for discomfort/ complications or changes to health status. Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/14/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse) • PAIN MANAGEMENT for cervical disc disease Date Initiated: 01/14/2025 Created on: 01/14/2025 Created by: Ayna Roselin Arackal Kuriakose (Registered Nurse) Revision on: 01/14/2025 Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)				Practical Nurse	
							Registered Practical Nurse	
							Registered Practical Nurse	
• Potential to experience complications and side effects impacting quality of life related to use of multi-pharmacy. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)		• To monitor Kata for effectiveness and for side effects of medication used each day through to the next review date. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	• COMMUNICATION: Involve/collaborate with Kata/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)				Registered Practical Nurse RN	
• Potential to experience alteration in NEUROLOGICAL FUNCTION related to:		• To treat and minimize signs/symptoms or complications	• COMMUNICATION: Involve/ collaborate with Kata/ SDM in decision making of neurological care management for vasovagal syncope.				PCA RN	
Allergies	No Known Allergies			D.O.B.	10/14/1935	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)			Admission Date	01/02/2025	Location	Queenston House 408 1	
Last Care Plan Review Completed:		08/01/2025						

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
vasovagal SYNCOPE Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)		associated with vasovagal syncope through to the next review date. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) • HEALTH EDUCATION: Engage with Kata/SDM to enhance her comprehension of possible complications associated with Vasovagal syncope.				RN Registered Practical Nurse	
			Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Kata with Vasovagal syncope for changes to health status and alteration or complications affecting neurological function.				Registered Practical Nurse RN	
			Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)					
			Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)					
• Potential to experience alteration in CARDIAC FUNCTION related to; Chronic Heart Failure (CHF), Hypertension. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)		• To treat and minimize signs/symptoms or complications associated with CHF, Hypertension, through to the next review date. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	• COMMUNICATION: Involve/collaborate with Kata /SDM in decision making of Cardiac Care Management for CHF, Hypertension. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Kata with Hypertension, CHF for changes to health status and alteration or complications affecting cardiac function.				Registered Practical Nurse RN	
			Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) • MEDICATION: Administer medication for Hypertension and CHF as per MD Order				Registered Practical Nurse RN	
			Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)					
			Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)					
Allergies	No Known Allergies		D.O.B.	10/14/1935		Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)		Admission Date	01/02/2025		Location	Queenston House 408 1	
Last Care Plan Review Completed:		08/01/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Potential to experience alteration in CARDIAC FUNCTION related to; Chronic Heart Failure (CHF), Hypertension.</li> </ul> Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse)		and monitor for side effects. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse)	Practical Nurse RN		
<ul style="list-style-type: none"> <li>Potential to experience alteration in RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD).</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse)	<ul style="list-style-type: none"> <li>To treat and minimize signs/symptoms or complications associated with COPD each day through to next review date.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse) Target Date: 12/31/2025	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/collaborate with Kata/SDM in decision making of Respiratory Management for COPD.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>MONITORING: Utilize the holistic perspective of continuous monitoring of Kata with COPD for changes to health status and alteration or complications affecting respiratory function.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>POSITIONING: To manage shortness of breath (SOB) elevate head of the bed to improve breathing.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirley Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirley Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>BREATHING EXERCISE: Encourage coughing and deep breathing</li> </ul> Date Initiated: 01/05/2025	RN Registered Practical Nurse  RN Registered Practical Nurse  PCA  PCA		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Potential to experience alteration in RESPIRATORY FUNCTION related to Chronic Obstructive Pulmonary Disorder (COPD).</p> <p>Date Initiated: 01/05/2025            Created on: 01/05/2025            Created by: Shirley Nasufi (Registered Nurse)            Revision on: 01/05/2025            Revision by: Shirley Nasufi (Registered Nurse)</p>		<p>Created on: 01/05/2025            Created by: Shirley Nasufi (Registered Nurse)            Revision on: 01/05/2025            Revision by: Shirley Nasufi (Registered Nurse)</p>			
<p>• Potential for Persistent PAIN and alteration in comfort level related to Arthritis and right shoulder rotator cuff tendinopathy/tear Most Current MDS Pain Score is (fill in score)</p> <p>Date Initiated: 01/02/2025            Created on: 01/02/2025            Created by: Shirley Nasufi (Registered Nurse)            Revision on: 01/05/2025            Revision by: Shirley Nasufi (Registered Nurse)</p>	<p>• To promote resident comfort and effectively manage PERSISTENT pain each day through to the next review</p> <p>Date Initiated: 01/02/2025            Created on: 01/02/2025            Created by: Shirley Nasufi (Registered Nurse)            Revision on: 01/14/2025            Revision by: Ayna Roselin Arackal Kuriakose (Registered Nurse)            Target Date: 12/31/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Kata/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</p> <p>Date Initiated: 01/02/2025            Created on: 01/02/2025            Created by: Shirley Nasufi (Registered Nurse)            Revision on: 01/03/2025            Revision by: Shirley Nasufi (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal resident satisfaction for pain control.</p> <p>Date Initiated: 01/02/2025            Created on: 01/02/2025            Created by: Shirley Nasufi (Registered Nurse)            Revision on: 01/03/2025            Revision by: Shirley Nasufi (Registered Nurse)</p> <p>• PREFERENCES: Kata has identified preference for pain management, PRN pain medication and gentle repositioning especially on her right side.</p> <p>Date Initiated: 01/03/2025            Created on: 01/03/2025            Created by: Shirley Nasufi (Registered Nurse)</p>	<p>Registered Practical Nurse RN</p> <p>RN Registered Practical Nurse</p> <p>RN Registered Practical Nurse</p>		
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Potential for Persistent PAIN and alteration in comfort level related to Arthritis and right shoulder rotator cuff tendinopathy/tear Most Current MDS Pain Score is (fill in score)</li> </ul> Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)			Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>POSITIONING: Position in chair/bed for optimal comfort every 2 hours. Kata prefers PCA to be positioned every 2 hours and PRN</li> </ul> Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>REST: accommodate Kata rest and relaxation preference breaks between activities, remaining in bed.</li> </ul> Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</li> </ul> Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)		Registered Practical Nurse RN	
<ul style="list-style-type: none"> <li>Potential for altered bone density related to diagnosis of OSTEOPOROSIS.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse)		<ul style="list-style-type: none"> <li>To treat and minimize complications associated with OSTEOPOROSIS through to the next review date.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	<ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with Kata/SDM to enhance her comprehension of possible complications associated with osteoporosis.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) <ul style="list-style-type: none"> <li>MEDICATION: Administer medication for osteoporosis management. Monitor effectiveness and for side effects.</li> </ul> Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse)		Registered Practical Nurse RN	Registered Staff
Allergies	No Known Allergies		D.O.B.	10/14/1935	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Oreskovic, Kata (922141000341)		Admission Date	01/02/2025	Location	Queenston House 408 1
Last Care Plan Review Completed:		08/01/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for altered bone density related to diagnosis of OSTEOPOROSIS. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse)			• MONITORING: Utilize holistic perspective of continuous monitoring of Kata for management of osteoporosis for discomfort/ complications or changes to health status. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)			Registered Practical Nurse RN	
• Sleep Patterns; Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)		• To promote adequate rest/sleep for Kata based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	• REST PATTERN: Preferred bedtime 2000 hrs, usual wake time 0830 and daytime naps after lunch. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)			PCA	
• Potential for BOWEL INCONTINENCE related to altered mobility. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)		• Kata will have bowel incontinence managed every shift through to the next review period. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	• COMMUNICATION: Involve/collaborate with Kata/SDM for decision making about toileting options, incontinence management. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Kata for changes to health status, alteration of continence level or bowel function. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025			Registered Practical Nurse RN  RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	10/14/1935	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Oreskovic, Kata (922141000341)			Admission Date	01/02/2025	Location	Queenston House 408 1
Last Care Plan Review Completed:		08/01/2025					

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• URINARY Functional INCONTINENCE related to altered mobility</b> Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)			nights. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/11/2025 Revision by: Grace Akah (RN)				
<b>• Alteration in skin integrity related to RASH to right cheek.</b> Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)		<b>• To promote intact skin integrity through healing of RASH within 4-6 weeks.</b> Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	<b>• MONITORING:</b> Utilize holistic perspective of continuous monitoring of Kata with rash to left cheek for changes to health status and alteration or complications affecting skin integrity. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)  <b>• COMMUNICATION:</b> Involve/collaborate with Kata/SDM in decision making for treatment of skin issues. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)  <b>• TOPICAL TX:</b> Apply topical treatment to rash to left cheek as MD Order. Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)  <b>• WEEKLY ASSESSMENT:</b> Assess and evaluate skin condition weekly every Fridays			Registered Practical Nurse RN             RN Registered Practical Nurse             Registered Practical Nurse             RN Registered	
Allergies	No Known Allergies			D.O.B.	10/14/1935	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Oreskovic, Kata (922141000341)			Admission Date	01/02/2025	Location	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		<b>08/01/2025</b>					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>• Alteration in skin integrity related to RASH to right cheek.</li> </ul> <p>Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>and PRN using PCC Skin/Wound Record App. Report signs of impaired healing to Wound Care Lead and MD as needed.</p> <p>Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	Practical Nurse		
<ul style="list-style-type: none"> <li>• Increased risk for FALLS related to diagnosis of Vasovagal syncope.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> <li>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025</p>	<ul style="list-style-type: none"> <li>• COMMUNICATION: Involve/collaborate with Kata/SDM in decision making in fall prevention Plan of Care.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• CALL BELL: Place call bell within Kata reach to RIGHT ,check that it is in working order and remind/encourage to use it.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> <li>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment:wheelchair</li> </ul> <p>Date Initiated: 04/12/2025 Created on: 04/12/2025 Created by: Myrna Corpuz (RPN) Revision on: 04/12/2025 Revision by: Myrna Corpuz (RPN)</p> <ul style="list-style-type: none"> <li>• ENVIRONMENT: Secure environment: reduce clutter, night light, quiet environment to reduce fall risk for Kata.</li> </ul> <p>Date Initiated: 01/02/2025</p>	<p>Registered Practical Nurse RN</p> <p>PCA</p> <p>PCA</p>	D/E/N	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
<div>• Increased risk for FALLS related to diagnosis of Vasovagal syncope. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</div>			Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)				PCA		
			• BED: place bed in lowest position to lower risk for injury. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)						
			• ACTIVITY: Engage Kata in meaningful activity to decrease boredom and or restlessness. Kata likes to watch TV. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)						PCA RN Recreation Aide
			• FOOTWEAR: Ensure Kata wears appropriate footwear for transfers and ambulation. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)						PCA RN
			• SPECIAL CONSIDERATION to PREVENT FALLS: Momo bed sense in place Date Initiated: 09/20/2025 Created on: 09/20/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/20/2025 Revision by: Shirly Nasufi (Registered Nurse)						PCA
			• FLOOR MAT: Position floor mat on floor next to right side of bed to lower risk of injury. Date Initiated: 09/20/2025 Created on: 09/20/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/14/2025 Revision by: Myrna Corpuz (RPN)						PCA
Allergies	No Known Allergies					D.O.B.	10/14/1935	Physician	Kevin Velicaria
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses								
Facility	Arbour Creek Care Centre						Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)					Admission Date	01/02/2025	Location	Queenston House 408 1
Last Care Plan Review Completed:		08/01/2025							

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to diagnosis of Vasovagal syncope.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>		<ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse)</p>	Registered Staff		
<ul style="list-style-type: none"> <li>Risk for Impaired SKIN INTEGRITY related to Frailty, Thin fragile Skin</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> <li>To protect and maintain skin integrity each day through to the next review.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025</p>	<ul style="list-style-type: none"> <li>SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Staff as noted.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage Kata/SDM in health education regarding prevention of skin impairment and management of wounds</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <ul style="list-style-type: none"> <li>EQUIPMENT: Kata requires air pressure reduction mattress,Roho cushion, to</li> </ul>	PCA Registered Practical Nurse	D/E/N/PRN	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Risk for Impaired SKIN INTEGRITY related to Frailty, Thin fragile Skin Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse)</div>			offload pressure. Date Initiated: 08/01/2025 Created on: 08/01/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 08/01/2025 Revision by: Mihaela Devic (RAI Coord Back-up)			PCA RN Registered Practical Nurse	D/E/N/PRN
			• AIR MATTRESS: Kata has air mattress for pressure relief. The PSI SETTING should be Alternate 5 minutes cycle time and comfort adjusted on 1. Report issue with inflation to Registered Staff immediately as noted. Date Initiated: 05/22/2025 Created on: 05/22/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/10/2025 Revision by: Mihaela Devic (RAI Coord Back-up)				
			• POSITIONING: Turn, reposition every 2 hours and as per the Kata preference/request when in bed/wheelchair to offload pressure. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse)				
			• BARRIER: Apply skin barrier to perineal area to safeguard against excessive moisture after incontinence episode. Date Initiated: 01/05/2025 Created on: 01/05/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/11/2025 Revision by: Grace Akah (RN)				
<div>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse)</div>		<div>• Kata will be supported to cope with changing functional abilities of limited mobility and have ADL care needs met each day through to the next review date. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi</div>	<div>• BATHING: Kata prefers shower/bath on Thursday and Sunday evening shift. Nail care to be provided on shower/bath day. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>• BED MOBILITY: Kata requires total assistance x 2 person assist for bed mobility.</div>			PCA  <	

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved	
		(Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025	Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) • DRESSING: Kata requires extensive to total assistance x 2 person assist with dressing.						PCA
			Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) • EATING: Kata is able to eat on her own with 1 Staff to provide LIMITED to EXTENSIVE assist for eating.Ensure Kata is sitting upright in the bed or chair when eating or drinking.						PCA
			Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 07/02/2025 Revision by: Jaspreet Kaur (ADOC) • LOCOMOTION: Kata uses wheelchair with one person assist with locomotion via wheelchair.						PCA
			Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/05/2025 Revision by: Shirly Nasufi (Registered Nurse) • PERSONAL HYGIENE: one staff to provide EXTENSIVE to TOTAL assistance for hygiene.						PCA
			Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) • HAND HYGIENE: 1 staff to provide LIMITED assistance to use soap/water, apply sanitizer, rub hands together, dry hands for hand hygiene.						PCA
Allergies	No Known Allergies				D.O.B.	10/14/1935	Physician	Kevin Velicaria	
Diagnosis	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses								
Facility	Arbour Creek Care Centre						Print Date	11/5/2025	
Resident	Oreskovic, Kata (922141000341)				Admission Date	01/02/2025	Location	Queenston House 408 1	
Last Care Plan Review Completed:		08/01/2025							

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance</p> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse)</p>		<p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• TOILET USE: Kata requires 2 staff to provide EXTENSIVE assistance for toileting.    PCA</p> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• TRANSFERRING: Kata is able to weight bear, 2 staff to provide maximal assistance PCA with transferring. She can use her rollator walker for transfers with 2 person assist.</p> <p>IF weak/tired : 2P assist x sit to stand lift (PRN). Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 07/23/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p> <p>• ORAL CARE: Kata has partial bottom DENTURES and partial top dentures but she    PCA does not use her partial top dentures. 1 staff to provide EXTENSIVE to TOTAL assistance for oral care. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• FOOT CARE: PSW/ Registered staff/ Foot Care Nurse to complete toenail care    PCA every bath. Report long toe nails or other abnormalities as noted. Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>			
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse)</p>		<ul style="list-style-type: none"> <li><b>SPECIFIC RESIDENT Request:</b> Kata requests to slightly elevate her bed when she is in bed. Kata is able to tell staff to elevate her bed as per her preference.</li> </ul> <p>Date Initiated: 01/03/2025 Created on: 01/03/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse) <li><b>ADAPTIVE EQUIPMENT/ASSISTIVE DEVICE:</b> Kata uses wheelchair.</li> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/03/2025 Revision by: Shirly Nasufi (Registered Nurse)</p> </p>	PCA	
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Kata Medical Treatment and End of Life Care</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/02/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	<ul style="list-style-type: none"> <li>To support and honor Kata expressed wishes and beliefs through to the End of Life.</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/02/2025 Revision by: Shirly Nasufi (Registered Nurse) Target Date: 12/31/2025</p>	<ul style="list-style-type: none"> <li>CPR: Kata wishes express NO CPR, however TRANSFER to hospital decision will be made at the time. (Call POA before transfer to the hospital)</li> </ul> <p>Date Initiated: 01/02/2025 Created on: 01/02/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/02/2025 Revision by: Shirly Nasufi (Registered Nurse)</p>	RN Registered Practical Nurse	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			



## Care Plan Report

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**Diagnosis**

Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis (M15.0), Chronic obstructive pulmonary disease, unspecified(J44.9)

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	10/14/1935	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Congestive heart failure(I50.0), Benign hypertension(I10.0), Constipation(K59.0), Osteoporosis, unspecified(M81.9), Primary generalized (osteo)arthrosis(M15.0), Chronic obstructive pulmonary dise...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Oreskovic, Kata (922141000341)	<b>Admission Date</b>	01/02/2025	<b>Location</b>	Queenston House 408 1
<b>Last Care Plan Review Completed:</b>		08/01/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• Nutrition Risk Level:</b> MODERATE r/t weight loss, good fluid intake, cut up meats, food allergy, good appetite, frequent constipation, independent at meal times Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD))		<b>• Kevin will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</b> Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 05/25/2021 Revision by: Kamaljit Matharu (RAI Coordinator) Target Date: 12/24/2025  <b>• Will weigh within Realistic weight range of 86.7-95.4kg/BMI 30-33 through to next review date. h=170cm</b> Date Initiated: 06/17/2022 Created on: 06/17/2022 Created by: Maria Sokolova Revision on: 12/13/2023 Revision by: Anika Dhalla (Dietitian (RD)) Target Date: 12/24/2025  <b>• Kevin will be adequately hydrated aeb drinking at least 80% of total fluid requirement 2263mL @ 25mL/kg, 90.5kg through to next review date.</b> Date Initiated: 06/17/2022 Created on: 06/17/2022 Created by: Maria Sokolova Revision on: 08/29/2025 Revision by: Alexandra Breau (Dietitian (RD))	<b>• NUTRITION RISK:</b> Kevin is at MODERATE risk level. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 08/29/2025 Revision by: Alexandra Breau (Dietitian (RD)) <b>• DIET ORDER:</b> Kevin will receive Regular Diet, Regular Texture with cut-up meats. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 05/25/2021 Revision by: Kamaljit Matharu (RAI Coordinator) <b>• FLUID CONSISTENCY:</b> Kevin drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 05/25/2021 Revision by: Kamaljit Matharu (RAI Coordinator) <b>• FLUID TARGET:</b> Encourage Kevin to drink a minimum of 1810mL. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 08/29/2025 Revision by: Alexandra Breau (Dietitian (RD)) <b>• EXTRA FLUIDS:</b> Offer a minimum of 125ml fluid TID @ medpass Date Initiated: 12/09/2022 Created on: 12/09/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 12/09/2022 Revision by: Anika Dhalla (RD - Registered Dietician) <b>• ADAPTIVE AIDS:</b> Kevin requires a lipped plate, weighted utensils, 2-handled mug at meals and snacks. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 09/14/2022 Revision by: Anika Dhalla (RD - Registered Dietician)			Dietitian (RD)	
						Diet Food Services Aide PCA	
						PCA	
						Dietary aide PCA	
						Diet PCA	
Allergies	Sulfa Antibiotics, Peach, Dust	D.O.B.	02/22/1974	Physician	Nghi Truong Phan		
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre			Print Date	11/5/2025		
Resident	Pacific, Kevin Kenneth (93-04)	Admission Date	06/29/2004	Location	Queenston House 409 2		
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level: MODERATE r/t weight loss, good fluid intake, cut up meats, food allergy, good appetite, frequent constipation, independent at meal times Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 06/03/2025 Revision by: Alexandra Breau (Dietitian (RD))		Target Date: 12/24/2025  • Will meet estimated nutritional requirements of 1810kCal @ 20kCal/kg, 91g protein @ 1g/kg through to next review date. Date Initiated: 06/17/2022 Created on: 06/17/2022 Created by: Maria Sokolova Revision on: 08/29/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/24/2025	• FOOD ALLERGY/INTOLERANCE: Do not give PEACH/peach juice/drinks when on the menu, provide alternative choice instead. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 03/11/2024 Revision by: Anika Dhalla (Dietitian (RD))			PCA Restorative Care Aide	
			• LOW CALORIE: Offer Kevin low-calorie foods at meals/snacks as per resident/SDM preference. Encourage diet drinks instead of regular juice, & fruit as dessert. Give half portion of starch. Limit the use of added fat such as limit gravies, butter/ margarine. Give 1 small pkg at BF & none at other 2 meals. Encourage non-fried choices from the menu. Date Initiated: 05/25/2021 Created on: 05/25/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 06/14/2021 Revision by: Alia Arif (Dietitian)			Diet PCA	
			• HIGH FIBRE: 1. 1tbsp ground flax @ Breakfast Date Initiated: 12/13/2023 Created on: 12/13/2023 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 12/13/2023 Revision by: Anika Dhalla (Dietitian (RD))			PCA	
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• To promote fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	• COMMUNICATION: Involve/collaborate with Kevin/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
			• MONITORING: Utilize holistic perspective of continuous monitoring of resident with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN)			Registered Practical Nurse	
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974		Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004		Location	Queenston House 409 2
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • PROMOTE FLUIDS: Encourage Kevin to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • INTAKE/OUTPUT: Monitor intake and output every shift for 7 days. Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted. Date Initiated: 01/28/2022 Created on: 01/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)	RN Registered Practical Nurse        Registered Practical Nurse PCA     Registered Practical Nurse	
• Sleep Pattern Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)	• To promote adequate rest/sleep for Kevin based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	• REST PATTERN: Preferred bedtime 2000, usual wake time 0700. Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)	PCA	

<b>Allergies</b>	Sulfa Antibiotics, Peach, Dust	<b>D.O.B.</b>	02/22/1974	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Pacific, Kevin Kenneth (93-04)	<b>Admission Date</b>	06/29/2004	<b>Location</b>	Queenston House 409 2
<b>Last Care Plan Review Completed:</b>		09/24/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<div>• Potential to experience alteration in CARDIAC FUNCTION related to; Hyperlipidaemia. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>	<div>• To treat and minimize signs/symptoms or complications associated with Hyperlipidaemia through to the next review date Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Kevin/SDM in decision making of Cardiac Care Management for Hyperlipidaemia. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of resident for changes to health status and alteration or complications affecting cardiac function. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION: Administer medication for Hyperlipidaemia as per MD Order and monitor for side effects. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • LAB WORK: Monitor lab and diagnostic results for Hyperlipidaemia and report results to MD as needed. Follow up as indicated. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>	<div>Registered Practical Nurse</div> <div>Registered Practical Nurse</div> <div>Registered Practical Nurse</div> <div>Registered Practical Nurse</div>				
<div>• Potential to experience complications and side effects impacting quality of life related to use of anti-psychotic medications. Date Initiated: 06/20/2023 Created on: 06/20/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</div>	<div>• To monitor effectiveness and for side effects of medication used each day through to the next review date. Date Initiated: 06/20/2023 Created on: 06/20/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024</div>	<div>• COMMUNICATION: Involve/collaborate with Kevin/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 06/20/2023 Created on: 06/20/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Kevin using</div>	<div>Registered Practical Nurse</div> <div>Registered</div>				
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974	Physician	Nghi Truong Phan	
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004	Location	Queenston House 409 2	
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	anti-psychotic medication, for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 06/20/2023 Created on: 06/20/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed Date Initiated: 06/20/2023 Created on: 06/20/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • PHARMACY MEDICATION REVIEW: Request Pharmacy Medication Review when clinically appropriate. Date Initiated: 06/20/2023 Created on: 06/20/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Practical Nurse	
• Potential for BOWEL INCONTINENCE related to cognitive impairment Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Kevin will have bowel incontinence managed every shift through to the next review period Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025  • Kevin will receive support to use toilet and promote optimal bowel continence each day	• COMMUNICATION: Involve/collaborate with Kevin/SDM for decision making about bowel function, toileting options, incontinence. Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Kevin for changes to health status, alteration of continence level or bowel function. Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • BOWEL Continence level is FREQUENTLY Incontinent. Report change to level as			Registered Practical Nurse	Registered Practical Nurse
Allergies	Sulfa Antibiotics, Peach, Dust			D.O.B.	02/22/1974	Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)			Admission Date	06/29/2004	Location	Queenston House 409 2
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential for BOWEL INCONTINENCE related to cognitive impairment Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		through to the next review Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	noted. Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • BOWEL MOVEMENT: Monitor Kevin for bowel movement each shift and document number of occurrences, size and consistency. Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • INCONTINENCE PRODUCT: Kevin wears/uses size Large pull-ups for days and evenings and size Large blue brief for nights. Date Initiated: 12/22/2023 Created on: 12/22/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)				
• URINARY (Stress) INCONTINENCE related to altered mobility Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Kevin will receive support to use urinal and promote urinary continence each shift through to the next review Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	• COMMUNICATION: Involve/collaborate with SDM Suzanne for decision making about toileting options or incontinence management. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of continuous monitoring of Kevin for toileting needs, changes to health status and alteration of continence level. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • URINARY Continence level is FREQUENTLY incontinent. Report change to level as noted.			Registered Practical Nurse	Registered Practical Nurse
Allergies	Sulfa Antibiotics, Peach, Dust			D.O.B.	02/22/1974	Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)			Admission Date	06/29/2004	Location	Queenston House 409 2
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY (Stress) INCONTINENCE related to altered mobility Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Date Initiated: 10/01/2019 Created on: 10/01/2019 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • INCONTINENCE PRODUCT: Kevin wears/uses size Extra Large brief for days and PCA evenings and size extra Large Night brief for nights. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 11/08/2024 Revision by: Grace Akah (RN)				
• Risk for Impaired Skin Integrity r/t Impaired Mobility, crawling on the floor as a way to ambulate himself on the unit Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• To protect and maintain skin integrity each day through to the next review date Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	• HEALTH EDUCATION: Engage Kevin/SDM in health education regarding prevention of skin impairment. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Registered Practical Nurse	
• Use of PASD, Bed Rails, to assist resident with bed mobility and transfer Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Kevin will be effectively supported with use of Bed Rails to optimize his mobility each day through to the next review date Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	• HEALTH EDUCATION: Engage with Kevin/SDM to enhance their knowledge of possible benefits and challenges associated with Use of bed rails. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • MONITORING: Utilize holistic perspective of monitoring the resident for continued benefit to use bed rails as PASD to support Kevin's independence. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator)			Registered Practical Nurse  Registered Practical Nurse	
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974	Physician	Nghi Truong Phan	
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004	Location	Queenston House 409 2	
Last Care Plan Review Completed:		09/24/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Use of PASD, Bed Rails, to assist resident with bed mobility and transfer</li></ul> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>			<p>Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>• BED RAIL (TWO PARTIAL): 1/4 Rails in USE as a PASD to assist the resident with bed mobility. Monitor every shift for safety.</li></ul> <p>Date Initiated: 04/07/2021 Created on: 04/07/2021 Created by: Liberty Looy (Staff Development and Quality Lead Coordinator ) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>			PCA	D/E/N
<ul style="list-style-type: none"><li>• Potential for Expressive Behavior of VERBAL, SOCIALLY Inappropriate, RESISTANCE to care need, nature related to Developmental Delay, Mental Illness: Schizophrenia</li></ul> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>		<ul style="list-style-type: none"><li>• To promote safety for Kevin and/or others during each episode of aggression/psychosis through to the next review date</li></ul> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025</p>	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Kevin/and SDM about identified Risk of Expressive Behavior, discuss triggering factors, and plan of care needs/options as needed.</li></ul> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kevin for indications to change in or for escalating expressive behaviour risk.</li></ul> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>• TRIGGERS leading to VERBAL: yelling, screaming, calling names, etc.) as expression of behavior include: limitation in self expression, misunderstanding of care intention.</li></ul> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <ul style="list-style-type: none"><li>• VERBAL Behavior: If Kevin is heard swearing or calling others names; calmly</li></ul>			BSO - Internal Social Worker   	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• Potential for Expressive Behavior of VERBAL, SOCIALLY Inappropriate, RESISTANCE to care need, nature related to Developmental Delay, Mental Illness: Schizophrenia</div> <div>Date Initiated: 08/19/2019</div> <div>Created on: 08/19/2019</div> <div>Created by: Liberty Looy (RAI Coordinator)</div> <div>Revision on: 09/22/2024</div> <div>Revision by: Navpreet Sekhon (RN)</div>			remind to lower his voice and that chosen words are not appropriate. Attempt to resolve his concern. Report episode to Registered Staff.			Practical Nurse	
			Date Initiated: 08/19/2019				
			Created on: 08/19/2019				
			Created by: Liberty Looy (RAI Coordinator)				
			Revision on: 09/22/2024				
			Revision by: Navpreet Sekhon (RN)				
			• TRIGGERS leading to RESISTANCE to Care Needs: refusal to bathe, refusing medication, as expression of behavior include confusion, misunderstanding care needs, poor judgement, fearfulness, paranoid thought process.			RN Registered Practical Nurse	
			Date Initiated: 08/19/2019				
			Created on: 08/19/2019				
			Created by: Liberty Looy (RAI Coordinator)				
			Revision on: 09/22/2024				
			Revision by: Navpreet Sekhon (RN)				
			• RESISTANCE to Care Need: If Kevin is refusing to bathe, change clothes, take medications, re-approach in 10-15 minutes. Report episode to Registered Staff.			RN Registered Practical Nurse	
			Date Initiated: 08/19/2019				
			Created on: 08/19/2019				
			Created by: Liberty Looy (RAI Coordinator)				
			Revision on: 09/22/2024				
			Revision by: Navpreet Sekhon (RN)				
			• TRIGGERS leading to SOCIALLY Inappropriate, defecates on the floor, as expression of behavior include decreased insight, poor judgement, fear of using the toilet due to paranoia.			RN Registered Practical Nurse	
			Date Initiated: 08/19/2019				
			Created on: 08/19/2019				
			Created by: Liberty Looy (RAI Coordinator)				
			Revision on: 09/22/2024				
			Revision by: Navpreet Sekhon (RN)				
			• DIVERSION ACTIVITY: Kevin responds well to watching TV, and movies in his room as a method to calm or redirect energy			RN Registered Practical Nurse	
			Date Initiated: 08/19/2019				
			Created on: 08/19/2019				
			Created by: Liberty Looy (RAI Coordinator)				
			Revision on: 09/22/2024				

Allergies	Sulfa Antibiotics, Peach, Dust			D.O.B.	02/22/1974	Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)			Admission Date	06/29/2004	Location	Queenston House 409 2

Last Care Plan Review Completed:	09/24/2025
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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Potential for Expressive Behavior of VERBAL, SOCIALLY Inappropriate, RESISTANCE to care need, nature related to Developmental Delay, Mental Illness: Schizophrenia</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision by: Navpreet Sekhon (RN)</p> <p>• ENVIRONMENT: Kevin is most calm with dim lighting, quiet area, by himself.</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer medication for therapeutic treatment of schizophrenia as per MD Order. Monitor effectiveness and for side effects.</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>	<p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse</p>			
<p>• Mood problem r/t schizophrenia. Kevin has anxiety evident by exhibiting a fear of falling so he crawls on the floor, sleeps on the floor, prefers not eating in main dining room. Changes in daily routine or staff are also known triggers. Kevin will shake or sweat and isolate himself to his room from hours to days</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024</p>	<p>• Kevin will display fewer episodes of anxiety and irritability, weekly through to the next review date</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025</p>	<p>• Educate caregivers regarding expectations of treatment, concerns with side effects and potential adverse effects, evaluation, maintenance.</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• Monitor/document report to MD signs and symptoms of mania or hypomania: racing thoughts or euphoria; increased irritability; frequent mood changes; pressured speech; flight of ideas; marked change in need for sleep; agitation or hyperactivity.</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator)</p>	<p>Registered Practical Nurse</p> <p>Registered Practical Nurse</p>			
<b>Allergies</b>	Sulfa Antibiotics, Peach, Dust		<b>D.O.B.</b>	02/22/1974	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025
<b>Resident</b>	Pacific, Kevin Kenneth (93-04)		<b>Admission Date</b>	06/29/2004	<b>Location</b>	Queenston House 409 2
<b>Last Care Plan Review Completed:</b>		09/24/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
Revision by: Navpreet Sekhon (RN)			<div>Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • Provide consistency with routines and avoid changes. Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • COMMUNICATION: Involve/collaborate with Kevin and SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • HEALTH EDUCATION: Provide education and support to Kevin and SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Kevin for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • RESIDENT STRENGTHS: Build on Kevin's effort to maintain control. Encourage him to express self, state preferences and make safe choices for care and activities. Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN)</div>				PCA  <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<p>• Mood problem r/t schizophrenia. Kevin has anxiety evident by exhibiting a fear of falling so he crawls on the floor, sleeps on the floor, prefers not eating in main dining room. Changes in daily routine or staff are also known triggers. Kevin will shake or sweat and isolate himself to his room from hours to days</p> <p>Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>		<p>Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• DISTRACTION ACTIVITIES:Kevin can be calmed doing activities of interest including listening to music, watching TV or movies</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• ENVIRONMENT: Modify environment to support MOOD STABILITY (reduce noise, open curtains, preferred music)</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• SLEEP/REST: Promote adequate sleep and rest to stability of Kevin's mood. Report changes in sleeping habits to Registered Staff as noted.</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p> <p>• MEDICATION: Administer medication for MOOD stability as per MD Order. Monitor its effectiveness and for side effects</p> <p>Date Initiated: 06/25/2023 Created on: 06/25/2023 Created by: Gabrielle Wolfe (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)</p>	PCA   	

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		Created on: 07/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	Revision by: Navpreet Sekhon (RN)  • HEALTH TEACHING: Engage with Kevin/SDM to enhance their knowledge of change in health status affecting communication ability. Date Initiated: 07/02/2020 Created on: 07/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)  • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, use simple words/phrases. Date Initiated: 07/02/2020 Created on: 07/02/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		Registered Practical Nurse       Registered Practical Nurse RN PCA	
• COGNITIVE LOSS; alteration in thought processes poor judgement with altered mind related to Neurological Condition of Schizophrenia Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		• Kevin will be supported to make independent choice and safe decisions each day through to the review date. Current CPS is 4 Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	• COMMUNICATION: Involve/collaborate with Kevin/SDM in decision making of Cognitive Loss for Neurological Condition of Schizophrenia. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)  • HEALTH EDUCATION: Engage with Kevin/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Neurological Condition of Schizophrenia. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)  • PERSONAL ROUTINE: Provide consistency in care routines and activities such ensuring the couch by the TV room is for his own use. Follow ADL task on how to assist him with his care. Date Initiated: 01/01/2020 Created on: 01/01/2020 Created by: Melissa Pascua (RAI Coordinator)		Registered Practical Nurse       Social Worker       PCA	
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974	Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004	Location	Queenston House 409 2
Last Care Plan Review Completed:		09/24/2025				

## Care Plan Report

[illegible]

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Increased risk for FALLS related to Altered Physical function (non-weight bearing), Limitation of cognitive function due to developmental delayed and Cerebral Palsy, and Medication use to manage schizophrenia.</li> </ul> Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Created on: 09/08/2025 Created by: Myrna Corpuz (RPN) Revision on: 09/08/2025 Revision by: Myrna Corpuz (RPN) <ul style="list-style-type: none"> <li>BED: Place bed in lowest position on the floor to decrease risk for injury.</li> </ul> Date Initiated: 08/19/2019 Created on: 08/19/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> Date Initiated: 06/13/2024 Created on: 06/13/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		PCA	
<ul style="list-style-type: none"> <li>Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, Cognitive Limitation, Expressive Behavior of fear of falling due to Schizophrenia</li> </ul> Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)		<ul style="list-style-type: none"> <li>Kevin will maintain current self sufficiency in ADL abilities through the next review date</li> </ul> Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) Target Date: 12/24/2025	<ul style="list-style-type: none"> <li>Provide time for resident to be as independent as possible with ADL activity: ambulation, eating, using the toilet/urinal.</li> </ul> Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) <ul style="list-style-type: none"> <li>BATHING: Kevin is able to wash his face only. Kevin wants to have a shower but will stay on the floor instead of sitting on a chair due to fear of falling from chair. If Kevin refuses to go to the shower room staff to provide sponge bath including washing his hair. KEVIN prefers to have shower on Monday and Thursday days. Nail care to be provided after shower.</li> </ul> Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025		PCA	
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974	Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004	Location	Queenston House 409 2
Last Care Plan Review Completed:		09/24/2025				



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
		<p>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>• <b>BED MOBILITY:</b> Kevin is able to position himself in bed using the bed rails. Kevin requires 2 person EXTENSIVE ASSISTANCE with bed mobility  Date Initiated: 08/16/2019  Created on: 08/16/2019  Created by: Liberty Looy (RAI Coordinator)  Revision on: 09/22/2024  Revision by: Navpreet Sekhon (RN)</p> <p>• <b>DRESSING:</b> Kevin is able to put his top on but requires staff to assist with his brief and pants. Kevin requires 1 person EXTENSIVE assistance with dressing bottom half and limited assistance from 1 caregiver for dressing upper half.  Date Initiated: 08/16/2019  Created on: 08/16/2019  Created by: Liberty Looy (RAI Coordinator)  Revision on: 09/22/2024  Revision by: Navpreet Sekhon (RN)</p> <p>• <b>EATING:</b> Kevin is able to eat independently and requires set up assistance and supervision at meal times. Kevin likes to eat in front of the television in the lounge area.  Date Initiated: 08/16/2019  Created on: 08/16/2019  Created by: Liberty Looy (RAI Coordinator)  Revision on: 09/22/2024  Revision by: Navpreet Sekhon (RN)</p> <p>• <b>LOCOMOTION:</b> Kevin is wheelchair dependent for locomotion and 1 person EXTENSIVE assistance needed to propel the wheelchair on and off the unit.  Date Initiated: 08/16/2019  Created on: 08/16/2019  Created by: Liberty Looy (RAI Coordinator)  Revision on: 09/22/2024  Revision by: Navpreet Sekhon (RN)</p> <p>• <b>PERSONAL HYGIENE:</b> Kevin is able to wash his face and hands. Kevin requires 1 person EXTENSIVE assistance with hygiene.  Date Initiated: 08/16/2019  Created on: 08/16/2019  Created by: Liberty Looy (RAI Coordinator)</p>	PCA		
<b>Allergies</b>	Sulfa Antibiotics, Peach, Dust	<b>D.O.B.</b>	02/22/1974	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Pacific, Kevin Kenneth (93-04)	<b>Admission Date</b>	06/29/2004	<b>Location</b>	Queenston House 409 2
<b>Last Care Plan Review Completed:</b>		09/24/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Limited Mobility, Cognitive Limitation, Expressive Behavior of fear of falling due to Schizophrenia Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN)			Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • HAND HYGIENE: Kevin requires 1 staff to provide REMINDERS to apply sanitizer, PCA rub hands together, and dry hands for hand hygiene. Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • TOILET USE: Kevin is able to use the urinal to empty his bladder. PCA Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • TRANSFERRING: Kevin requires 2 Person Extensive assistance for transferring PCA out of bed to wheelchair and vice versa using HOYER LIFT. Kevin will be transferred from couch in the lounge area to wheelchair and wheelchair to couch using 3 person extensive assistance PIVOT transfer. Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator) Revision on: 06/01/2025 Revision by: Myrna Corpuz (RPN) • TRANSFER LIFT/SLING: Hoyer lift and Medium size sling needed for transfer from PCA the bed to wheelchair and vice versa. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 09/22/2024 Revision by: Navpreet Sekhon (RN) • ORAL CARE: Kevin is able to brush his teeth. Staff to set up the toothbrush and PCA basin for him. Date Initiated: 08/16/2019 Created on: 08/16/2019 Created by: Liberty Looy (RAI Coordinator)				
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974	Physician	Nghị Truong Phan	
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004	Location	Queenston House 409 2	
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 12/24/2025					
<p>• SPIRITUAL BELIEFS: Kevin is not attending any Church services. Date Initiated: 04/13/2022 Created on: 04/13/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p>		<p>• To provide Kevin with Bible. Date Initiated: 04/13/2022 Created on: 04/13/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide) Target Date: 12/24/2025</p>	<p>• PERSONAL CHOICE: Respect Kevin decision not to attend church services. ACT When Kevin moved in 2004 his mother stated that they are of Anglican faith. Kevin never confirmed that and refuse to participate in church services but he has his Bible and reads it often in his room. Date Initiated: 04/13/2022 Created on: 04/13/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p>				
<p>• Kevin DECLINES PARTICIPATION in structured group programs related to personal choice. Date Initiated: 02/19/2020 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p>		<p>• Kevin will participate in Independent/Self-Directed activities 2-3 times weekly through to the next review date Date Initiated: 02/19/2020 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide) Target Date: 12/24/2025</p> <p>• Kevin will maintain an ISE score of 2 to the next review date Date Initiated: 02/08/2025 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 08/31/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/24/2025</p>	<p>• SELF-DIRECTED ACTIVITIES: Encourage Kevin to engage in self-directed activities such as reading, watching TV in own room, and conversing with peers, listening his favorite music Date Initiated: 02/19/2020 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p> <p>• FRIENDLY VISIT: Provide Kevin one to one visits as tolerated on a weekly basis ACT Date Initiated: 02/19/2020 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 09/14/2021 Revision by: Kyung Sook Kim (Registered Practical Nurse)</p> <p>• INVITATION: Offer Kevin friendly invites to structured programs scheduled in the home such as social (ice cream,popcorn,take out and iPad games) ACT Date Initiated: 02/19/2020 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 04/13/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p> <p>• Family involvement: Kevin has a brother who visited regularly prior Covid, he lives in group home in Hamilton. He didn't visit in the last couple years. ACT Date Initiated: 02/08/2025</p>				
Allergies	Sulfa Antibiotics, Peach, Dust		D.O.B.	02/22/1974		Physician	Nghi Truong Phan
Diagnosis	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Pacific, Kevin Kenneth (93-04)		Admission Date	06/29/2004		Location	Queenston House 409 2
Last Care Plan Review Completed:		09/24/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>• Kevin DECLINES PARTICIPATION in structured group programs related to personal choice.</li> </ul> <p> Date Initiated: 02/19/2020  Created on: 02/19/2020  Created by: Rob Ciccone (Recreation Aide)  Revision on: 04/13/2022  Revision by: Sabina Eljazovic (Recreation Aide) </p>		<p> Created on: 02/19/2020  Created by: Rob Ciccone (Recreation Aide)  Revision on: 02/08/2025  Revision by: Joanne Mae Nava (Nurse Clinician) </p> <ul style="list-style-type: none"> <li>• HELPFUL HINTS: Kevin spends most of his time in his room as he lays on the floor ACT reading or resting. He has his routine and doesn't like changes. He comes out his room only for meals and he crowells from his room to the tv area where he watches tv, interacts with other residents and staff and eats.</li> </ul> <p> Date Initiated: 04/13/2022  Created on: 04/13/2022  Created by: Sabina Eljazovic (Recreation Aide)  Revision on: 04/13/2022  Revision by: Sabina Eljazovic (Recreation Aide) </p> <ul style="list-style-type: none"> <li>• MUSIC CARE APPROACH- Engage resident in musicking through use of the google home, music therapist, and entertainment.</li> </ul> <p> Date Initiated: 02/08/2025  Created on: 02/08/2025  Created by: Joanne Mae Nava (Nurse Clinician)  Revision on: 02/08/2025  Revision by: Joanne Mae Nava (Nurse Clinician) </p>	Recreation Aide	

<b>Allergies</b>	Sulfa Antibiotics, Peach, Dust	<b>D.O.B.</b>	02/22/1974	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Pacific, Kevin Kenneth (93-04)	<b>Admission Date</b>	06/29/2004	<b>Location</b>	Queenston House 409 2
<b>Last Care Plan Review Completed:</b>		09/24/2025			


## Care Plan Report

### Diagnosis

Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate mental retardation, other impairments of behaviour(F71.8), Contracture of muscle, other site(M62.48), Other contracture of tendon (sheath), other site(M67.18), Pure hypercholesterolaemia(E78.0), Paranoid schizophrenia(F20.0), Hyperlipidaemia, unspecified(E78.5), Dysphasia and aphasia(R47.0)

<b>Allergies</b>	Sulfa Antibiotics, Peach, Dust	<b>D.O.B.</b>	02/22/1974	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Other schizophrenia(F20.8), Asthma, unspecified, without stated status asthmaticus(J45.90), Mixed asthma without stated status asthmaticus(J45.80), Cerebral palsy, unspecified(G80.9), Moderate me...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Pacific, Kevin Kenneth (93-04)	<b>Admission Date</b>	06/29/2004	<b>Location</b>	Queenston House 409 2
<b>Last Care Plan Review Completed:</b>		09/24/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Physiotherapy Focus: ROM and stretching based exercises. Date Initiated: 03/12/2025 Created on: 03/12/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 09/22/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>		<p>• STG: To improve maintain ROM in next 3 months.</p>	<p>• AAROM/PROM of neck, B/L UE and LE. 10 reps x 1-2 sets, as tolerated.</p> <p>Gentle end range stretches of b/l shoulder flexors, biceps, triceps, hip flexors, hamstring and calf: 3-5 reps, several sec hold Date Initiated: 03/12/2025 Created on: 03/12/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 09/22/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
		<p>LTG: To prevent contracture</p>					
		<p>To prevent sudden decline in physical status. Date Initiated: 05/08/2025 Created on: 03/12/2025 Created by: Nidhi Kathuria Arya (PT - Physiotherapist) Revision on: 09/22/2025 Revision by: Rujuta Thakkar (PT - Physiotherapist) Target Date: 01/28/2026</p>					
<p>• Nutrition Risk Level: HIGH r/t Poor appetite, significant weight changes, good fluid intake, advancing condition, fibre supplementation, nutritional supplementation, HTN, bowels managed, independent at meals, dysphagia Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 07/02/2025 Revision by: Alexandra Breau (Dietitian (RD))</p>		<p>• Will weigh within RWR of 56.4-70.6kg/BMI 20-25kg/m2 through to next review date. H=168cm Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</p>	<p>• NUTRITION RISK: Lorna is HIGH risk level. Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 03/30/2022 Revision by: Maria Sokolova (Dietitian)</p> <p>• DIET ORDER: Lorna will receive a Regular diet, Regular texture *Family stated that they accept the risk for choking as per CC March 26, 2025 and during communication with RD on 7/8/25 Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 09/16/2025 Revision by: Alexandra Breau (Dietitian (RD))</p> <p>• FLUID CONSISTENCY: Lorna drinks REGULAR/THIN Level 0 Fluids. *downgrade as needed if difficulties noted, and refer to RD Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 06/24/2025</p>			Dietitian (RD) Dietary Manager	
						PCA	
						PCA	
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara	
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side (G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1	
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/28/2026	Revision by: Alexandra Breau (Dietitian (RD))			PCA	
		• Will meet estimated nutritional requirements are 1431kCal @ 30kCal/kg, 57g protein @ 1.2 g/kg through to next review date. Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 09/26/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/28/2026	• FLUID TARGET: Encourage Lorna to drink a minimum of 1073mL per day. Provision of extra / POC Task to meet target Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 09/26/2025				
			Revision by: Alexandra Breau (Dietitian (RD))				
			• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 10/14/2022 Created on: 10/14/2022 Created by: Anika Dhalla (RD - Registered Dietician)			Dietary aide PCA	
			• PORTION SIZE: Lorna prefers small portions for meals. Date Initiated: 09/04/2024 Created on: 09/04/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/04/2024			PCA	
			Revision by: Anika Dhalla (Dietitian (RD))				
			• ENHANCED HYDRATION: Provide minimum 125ml fluids TID @ medpass Document intake on Extra Fluids POC task. Date Initiated: 10/14/2022 Created on: 10/14/2022 Created by: Anika Dhalla (RD - Registered Dietician) Revision on: 10/14/2022			Diet PCA Recreational Therapy Aide	D/E
			Revision by: Anika Dhalla (RD - Registered Dietician)				
			• FOOD PREFERENCES: Lorna enjoys chocolate milk, white bread for toast and sandwiches, Tea at HS snack Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 09/09/2022			Diet PCA	
			Revision by: Anika Dhalla (RD - Registered Dietician)				
• MEDPASS SUPPLEMENTS: 120mL Resource 2.0 QID (980kCal and 40g PRO) Date Initiated: 04/20/2022			Registered Practical Nurse				
Allergies	Nitrofurantoin, Sulfa Antibiotics			D.O.B.	02/07/1936	Physician	Nachwa Ghobara
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Schell, Lorna (529-13)			Admission Date	03/05/2013	Location	Queenston House 401 1
Last Care Plan Review Completed:		10/28/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Nutrition Risk Level: HIGH r/t Poor appetite, significant weight changes, good fluid intake, advancing condition, fibre supplementation, nutritional supplementation, HTN, bowels managed, independent at meals, dysphagia Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 07/02/2025 Revision by: Alexandra Breau (Dietitian (RD))			Created on: 04/20/2022 Created by: Maria Sokolova (Dietitian) Revision on: 07/02/2025 Revision by: Alexandra Breau (Dietitian (RD)) • HIGH FIBRE: 1. 2tbsp ground flax @ Breakfast Date Initiated: 05/10/2021 Created on: 05/10/2021 Created by: Alia Arif (Dietitian) Revision on: 08/10/2023 Revision by: Anika Dhalla (Dietitian)			RN	
						PCA	
• URINARY INCONTINENCE related to Impaired Mobility, Physical Limitations,after hospitalization, Physiological Change due to Stroke, Hemiplegia. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)		• Lorna will have urinary incontinence managed every shift through to the next review period Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• URINARY Continence level: Lorna is TOTALLY Incontinent Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • TOILETING PREFERENCE: When Lorna goes out of facility she wishes to wear an extended-wear brief due to fear of soiling her clothing Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025			PCA	
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara	
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1	
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			Revision by: Jaspreet Kaur (ADOC)  • INCONTINENCE PRODUCT: Lorna uses/wears a size medium (white) brief for days, evenings and nights. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 06/03/2025 Revision by: Jasmeen Kaur (Registered Nurse)		PCA	
• Risk for/Impaired SKIN Integrity r/t Thin fragile Skin,Impaired Mobility,Medical Condition; hemiplegia, Shear/Friction. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)		• To protect and maintain skin integrity each day through to the next review. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 09/01/2025 Revision by: Mihaela Devic (RAI Coord Back-up) Target Date: 01/28/2026	• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 05/07/2025 Created on: 05/07/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 05/07/2025 Revision by: Mihaela Devic (RAI Coord Back-up)  • HEALTH EDUCATION: Engage Lorna/POA in health education regarding prevention of skin impairment and management Date Initiated: 05/07/2025 Created on: 05/07/2025 Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 05/09/2025 Revision by: Mihaela Devic (RAI Coord Back-up)  • EQUIPMENT: Lorna requires Roho cushion and 2 heelmedi boots to offload pressure. Lorna has air mattress for pressure relief.Ensure cushion is inflated appropriately and air mattress settings setup properly. Date Initiated: 12/07/2023 Created on: 12/07/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 05/08/2025 Revision by: Mihaela Devic (RAI Coord Back-up)  • AIR MATTRESS: Lorna has air mattress for pressure relief. The PSI SETTING should be Alternate 5 minutes cycle time and comfort adjusted on 1. Report issue with inflation to Registered Staff immediately as noted. Date Initiated: 05/08/2025 Created on: 05/08/2025		PCA          Registered Practical Nurse RN    PCA       PCA RN Registered Practical Nurse	D/E/N/PRN
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1
Last Care Plan Review Completed:		10/28/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Risk for/Impaired SKIN Integrity r/t Thin fragile Skin,Impaired Mobility,Medical Condition; hemiplegia, Shear/Friction.</li></ul> Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)			<p>Created by: Mihaela Devic (RAI Coord Back-up) Revision on: 10/10/2025 Revision by: Mihaela Devic (RAI Coord Back-up)</p> <ul style="list-style-type: none"><li>• POSITIONING: Turn, reposition as needed (Q2-3Hours) when in bed/wheelchair as PCA per Lorna's preference to offload pressure</li></ul> Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 05/07/2025 Revision by: Mihaela Devic (RAI Coord Back-up)			PCA	Q2h
<ul style="list-style-type: none"><li>• Potential for Expressive Behaviours of Demanding attention, making frequent requests, getting frustrated and upset when things are not as she expected or wanted, or when she cannot do something independently.</li></ul> Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)		<ul style="list-style-type: none"><li>• Lorna will reduce negative complaints, be more settled and increase her satisfaction with care through to the next quarter review date.</li></ul> Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	<ul style="list-style-type: none"><li>• COMMUNICATION: Involve/collaborate with Lorna about identified Risk of Expressive Behaviour. Staff should listen to Lorna's feelings and give her time to express herself. Refer to the nursing restorative program for toileting.</li></ul> Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)			BSO - Internal Social Worker	
			<ul style="list-style-type: none"><li>• ASSESS/MONITOR: Utilize a holistic perspective of continuous monitoring of Lorna's expressive behavior risk.</li></ul> Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)			Registered Practical Nurse	
			<ul style="list-style-type: none"><li>• DIVERSION ACTIVITY: Lorna responds well to watching TV, listening to music, playing Bingo, as method to calm or redirect energy.</li></ul> Date Initiated: 11/23/2022 Created on: 11/23/2022 Created by: Gabrielle Wolfe (RN) Revision on: 04/07/2025			RN	
Allergies	Nitrofurantoin, Sulfa Antibiotics			D.O.B.	02/07/1936	Physician	Nachwa Ghobara
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Schell, Lorna (529-13)			Admission Date	03/05/2013	Location	Queenston House 401 1
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Potential for Expressive Behaviours of Demanding attention, making frequent requests, getting frustrated and upset when things are not as she expected or wanted, or when she cannot do something independently.</li></ul> <p>Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>			<p>Revision by: Jaspreet Kaur (ADOC)</p> <ul style="list-style-type: none"><li>• APPROACH: Staff to use Gentle Persuasive Approach when communicating with PCA Lorna and ask for preferences during care.</li></ul> <p>Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>				
<ul style="list-style-type: none"><li>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility after fracture of left Humerus and hospitalization,Limited ROM due to weakness.</li></ul> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>		<ul style="list-style-type: none"><li>• Lorna will feel supported in coping with changing functional abilities through the review date</li></ul> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"><li>• BATHING: Two persons physical assist. Lorna has a shower given twice weekly, Monday and Friday evenings.</li></ul> <p>Highly prefers female staff to assist with baths. Will often refuse if male staff assisting only offered bed baths by the PCAs if Lorna refuses to shower.</p> <p>Report any sign of difficulty or inability to sit up straight and re-assess for the need to use the belt at all times.</p> <p>Because of left side paralysis, Lorna requires TWO PCA to assist with bathing. Lorna refuses to wear the belt of the shower or bath chair Even with persuasion and education from staff for risk for falls, Lorna still insists she doesn't need or require the belt.</p> <p>Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <ul style="list-style-type: none"><li>• BED MOBILITY: Lorna needs 2 persons total assistance to reposition in bed and 2 PCA person total assistance is needed during care.</li></ul>				
Allergies	Nitrofurantoin, Sulfa Antibiotics			D.O.B.	02/07/1936	Physician	Nachwa Ghobara
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Schell, Lorna (529-13)			Admission Date	03/05/2013	Location	Queenston House 401 1
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
			<div>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/10/2025 Revision by: Jaspreet Kaur (ADOC) • DRESSING: Lorna is able to dress with total assistance of 2 staff members. PCA Wears glasses at all times. Ensure glasses are clean and adorned. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/10/2025 Revision by: Jaspreet Kaur (ADOC) • EATING: Lorna can feed herself independently most of the time once tray set up PCA has been done, packages opened, etc. Eats meals in-unit dining room. Lorna requires some limited assistance for eating due to less food intake and physical limitations, vision impairment due to stroke, hemiplegia and osteoporosis EVERY DAY assist Lorna with her banana, as she eats this for breakfast. 1 staff to help her open her banana. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/10/2025 Revision by: Jaspreet Kaur (ADOC) • PERSONAL HYGIENE: Lorna has left side paralysis (stroke, hemiplegia, and PCA osteoporosis) she can wash her face by herself and requires one PCA to assist with all other tasks of hygiene. total 2 person physical assistance to adjust clothing, wash hands and provide peri care. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/02/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator) • HAND HYGIENE: Lorna requires 1 staff to provide LIMITED ASSISTANCE to apply PCA sanitizer, rub hands together, and dry hands for hand hygiene Date Initiated: 07/30/2021 Created on: 07/30/2021</div>				
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara	
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1	
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility after fracture of left Humerus and hospitalization, Limited ROM due to weakness.</p> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>		<p>Created by: Brittany Saini (RN) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)</p> <p>• TOILET USE: Pericare is to be done in bed. Staff are unable to transfer resident to toilet with toilet sling because of recent fracture of left arm. Offer bid pan to the resident but most of the time resident refuse using pad pan.</p> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/10/2025 Revision by: Jaspreet Kaur (ADOC)</p> <p>• TRANSFERRING:</p> <p>-Transfer status: Lorna requires a Mechanical Hoyer lift with 2 person assistance using full sling</p> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/10/2025 Revision by: Jaspreet Kaur (ADOC)</p> <p>• TRANSFER LIFT/SLING: Hoyer lift and medium full body sling needed for transfer.</p> <p>Date Initiated: 02/07/2023 Created on: 02/07/2023 Created by: Navpreet Sekhon (RN) Revision on: 04/02/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <p>• ORAL CARE: Lorna has left side paralysis, but she is still able to brush her teeth and rinse her mouth by herself. She requires one staff to hand her glass of water with a brush, put toothpaste on brush. Has own teeth.</p> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/02/2025 Revision by: Grace Akah (RN)</p> <p>• FOOT CARE: Complete toenail care on bath/shower days. Report long toe nails or other abnormalities as noted to Registered Staff.</p> <p>Date Initiated: 11/23/2022</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p> <p>PCA</p>		
<b>Allergies</b>	Nitrofurantoin, Sulfa Antibiotics	<b>D.O.B.</b>	02/07/1936	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Schell, Lorna (529-13)	<b>Admission Date</b>	03/05/2013	<b>Location</b>	Queenston House 401 1
<b>Last Care Plan Review Completed:</b>		10/28/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility after fracture of left Humerus and hospitalization, Limited ROM due to weakness.</p> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>		<p>Created on: 11/23/2022 Created by: Gabrielle Wolfe (RN) Revision on: 04/02/2025 Revision by: Harwinder Kaur (Clinical Practice Coordinator)</p> <p>• RESIDENT PREFERENCE with ADL activities as follow:</p> <p>Get up in wheelchair using hooyer lift and 2 staff assist DAILY between 7-8 AM. Transfer back into bed between 1245-1:15PM, offer bed pan and provide peri-care. Get up in wheelchair again between 1:30-2PM MUST BE UP in wheelchair every day in the afternoon for activities, social interaction, events (music, bingo, rec, etc) as per her and daughters' request, unless Lorna declines. Back to bed again between 6:30-7:30PM, offer bed pan and provide peri-care. Provide peri-care as needed, requested during the night.</p> <p>Date Initiated: 04/28/2022 Created on: 04/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/30/2025 Revision by: Myrna Corpuz (RPN)</p> <p>• SPECIFIC RESIDENT Request:</p> <ol style="list-style-type: none"> <li>1. Lorna refuses to wear ID bracelet on wrist as a personal preference.</li> <li>2. Lorna prefers to receive medications at meal times.</li> <li>3. Make sure Lorna is wearing a left side arm sling .</li> </ol> <p>Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 05/23/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)</p> <p>• SPECIAL FAMILY REQUEST: Frequent checks to ensure Lorna is able to move freely in her room, self-propel around room in wheelchair, and check that items are not blocking her path. Sometimes Lorna gets her wheelchair stuck in her room and mainly in the washroom.</p> <p>Date Initiated: 04/28/2022 Created on: 04/28/2022 Created by: Gabrielle Wolfe (RN) Revision on: 04/10/2025</p>	PCA		
<b>Allergies</b>	Nitrofurantoin, Sulfa Antibiotics	<b>D.O.B.</b>	02/07/1936	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Schell, Lorna (529-13)	<b>Admission Date</b>	03/05/2013	<b>Location</b>	Queenston House 401 1
<b>Last Care Plan Review Completed:</b>		10/28/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<p>• Altered ability to complete Activities of Daily Living (ADLs) related to Activity Intolerance, Limited Mobility after fracture of left Humerus and hospitalization, Limited ROM due to weakness.</p> <p>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>		<p>Revision by: Jaspreet Kaur (ADOC)</p>				
<p>• Increased risk for FALLS related to Impaired balance/coordination due to stroke, L hemiplegia, and osteoporosis, alteration in thought processes, self-ambulation in w/c risk, increase confusion/weakness and dislocation of left</p>	<p>• To promote safety, minimize risk for falls and/or fall-related injury each day through to the next review period. Date Initiated: 03/31/2025 Created on: 09/10/2019</p>	<p>• COMMUNICATION: Involve/collaborate with Lorna/SDM in decision making in fall prevention Plan of Care. Date Initiated: 03/31/2025 Created on: 06/27/2022 Created by: Gabrielle Wolfe (RN) Revision on: 04/01/2025</p>	<p>Registered Practical Nurse PCA PT - Physiotherapist</p>			
<b>Allergies</b>	Nitrofurantoin, Sulfa Antibiotics		<b>D.O.B.</b>	02/07/1936	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025
<b>Resident</b>	Schell, Lorna (529-13)		<b>Admission Date</b>	03/05/2013	<b>Location</b>	Queenston House 401 1
<b>Last Care Plan Review Completed:</b>		10/28/2025				



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>shoulder.</div> <div>Date Initiated: 03/31/2025</div> <div>Created on: 09/10/2019</div> <div>Created by: Liliana Nachiu (ADOC )</div> <div>Revision on: 04/01/2025</div> <div>Revision by: Chantelle Walker (ADOC)</div>		<div>Created by: Liliana Nachiu (ADOC )</div> <div>Revision on: 07/29/2025</div> <div>Revision by: Jason Geerlinks</div> <div>(Quality Improvement Coordinator)</div> <div>Target Date: 01/28/2026</div>	Revision by: Chantelle Walker (ADOC)				
			• CALL BELL: Place call bell within reach of Lorna, check that it is in working order and remind/encourage to use it			PCA	D/E/N
			Date Initiated: 03/31/2025				
			Created on: 09/10/2019				
			Created by: Liliana Nachiu (ADOC )				
			Revision on: 04/11/2025				
			Revision by: Chantelle Walker (ADOC)				
			• ADAPTIVE AIDS: Place needed objects telephone and base within easy reach of Lorna. Lorna has a tendency to drop the base of the phone when using it. She then tries to pick it up and this is a falls risk. Ensure base and phone are accessible.			PCA	
			Date Initiated: 05/07/2025				
			Created on: 05/07/2025				
Created by: Chantelle Walker (ADOC)							
Revision on: 09/26/2025							
Revision by: Myrna Corpuz (RPN)							
• ADAPTIVE EQUIPMENT: Lorna needs wheelchair. Ensure Lorna is positioned upright in w/c to prevent sliding down.			PCA				
Date Initiated: 03/31/2025							
Created on: 06/27/2022							
Created by: Gabrielle Wolfe (RN)							
Revision on: 04/01/2025							
Revision by: Chantelle Walker (ADOC)							
• ENVIRONMENT: Secure environment: reduce clutter to reduce fall risk for Lorna			PCA				
Date Initiated: 03/31/2025							
Created on: 03/24/2024							
Created by: Myrna Corpuz (Registered Practical Nurse)							
Revision on: 03/31/2025							
Revision by: Omar Karanouh (Registered Practical Nurse)							
• BED: place Lorna's bed in lowest position using high/low bed to lower risk for injury.			PCA				
Date Initiated: 03/31/2025							
Created on: 04/21/2022							
Created by: Melissa Pascua (RAI Coordinator)							
Revision on: 04/10/2025							
Revision by: Joanne Mae Nava (Nurse Clinician)							
• FLOOR MAT: Position floor mat on the floor both sides of the bed with left side to			PCA				
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara	
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1	
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved		
<div>• Increased risk for FALLS related to Impaired balance/coordination due to stroke, L hemiplegia, and osteoporosis, alteration in thought processes, self-ambulation in w/c risk, increase confusion/weakness and dislocation of left shoulder.</div> <div>Date Initiated: 03/31/2025 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/01/2025 Revision by: Chantelle Walker (ADOC)</div>			<div>be removed when she is up in her wheelchair (to prevent tripping hazard) to lower risk of injury.</div> <div>Date Initiated: 03/31/2025 Created on: 04/21/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 06/13/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</div> <div>• ALARMS: Requires bed and w/c chair sensor alarm. Check placement and working order.Staff to respond to alarm when activated.</div> <div>Date Initiated: 04/01/2025 Created on: 04/21/2022 Created by: Corpuz Geline (RPN) Revision on: 04/01/2025 Revision by: Chantelle Walker (ADOC)</div> <div>• SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</div> <div>Date Initiated: 03/31/2025 Created on: 03/24/2024 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 03/31/2025 Revision by: Omar Karanouh (Registered Practical Nurse)</div>					PCA	D/E/N
								Registered Practical Nurse	
<div>• Potential for PAIN and alteration in comfort level related to Diagnosis of Arthritis, Hemiplegia and Fracture left humerus (March 31/25).</div> <div>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/01/2025 Revision by: Melissa Pascua (Registered Practical Nurse)</div>		<div>• To promote Lorna's comfort and effectively manage chronic pain each day through to the next review</div> <div>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</div>	<div>• COMMUNICATION: Involve/collaborate with Lorna/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options.</div> <div>Date Initiated: 04/02/2025 Created on: 04/02/2025 Created by: Grace Akah (RN) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</div> <div>• POSITIONING: Staff to assist Lorna with reposition in chair/bed for optimal comfort (FREQ) .</div> <div>Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025</div>			Registered Practical Nurse	PCA		
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara			
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses								
Facility	Arbour Creek Care Centre				Print Date	11/5/2025			
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1			
Last Care Plan Review Completed:		10/28/2025							

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		Revision by: Jaspreet Kaur (ADOC)  • REST: Staff to accommodate Lorna's rest and relaxation preference during the day Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)  • MEDICATION: Administer medication as per MD order for pain relief/management. Registered staff to assess pain monthly and document Acknowledge presence of pains and discomfort. Listen to resident's concerns Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)	PCA  <	

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • MONITORING: Utilize holistic perspective of continuous monitoring of resident using antidepressants for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • MEDICATION REVIEW: Complete Medication Review with MD/NP Quarterly and as needed. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)	Registered Practical Nurse	
• VISION Impairment r/t glaucoma. Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 12/19/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)	• Lorna will be able to function safely in his/her environment through the next review date. Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• Ensure eyeglasses are clean, appropriate and being worn by Lorna. Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • Use large print materials. Lorna is unable to see regular print and wears eyeglasses all the time. Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)	PCA	
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement, etc. related to progression of stroke. Date Initiated: 12/19/2023 Created on: 12/19/2023	• Lorna will be supported to make independent choice and safe decisions each day through to the review date. Current CPS is 2. Date Initiated: 12/19/2023	• COMMUNICATION: Involve/collaborate with Lorna/SDM in decision making of Cognitive Loss for Stroke. Date Initiated: 12/19/2023 Created on: 12/19/2023 Created by: Colina-Jallisa O'Brien-Matthews (RPN) Revision on: 12/19/2023	Registered Practical Nurse	
<b>Allergies</b>	Nitrofurantoin, Sulfa Antibiotics		<b>D.O.B.</b>	02/07/1936
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses		<b>Physician</b>	Nachwa Ghobara
<b>Facility</b>	Arbour Creek Care Centre		<b>Print Date</b>	11/5/2025
<b>Resident</b>	Schell, Lorna (529-13)	<b>Admission Date</b>	03/05/2013	<b>Location</b> Queenston House 401 1
<b>Last Care Plan Review Completed:</b>		10/28/2025		

## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"><li>• Lorna demonstrates strong participation in Activities.</li></ul> <p>Date Initiated: 02/19/2020 Created on: 02/19/2020 Created by: Rob Ciccone (Recreation Aide) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)</p>		Specialists, Musicking, Music Programming, Music Technology. Date Initiated: 12/17/2024 Created on: 12/17/2024 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 12/17/2024 Revision by: Sabrina Zipeto (Recreation Aide)		
<ul style="list-style-type: none"><li>• Sleep Patterns; Potential for alteration in sleep patterns related to Anxiety. Lorna usually wakes up 2-3 times per night.</li></ul> <p>Date Initiated: 11/21/2020 Created on: 11/21/2020 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)</p>	<ul style="list-style-type: none"><li>• To promote adequate rest/sleep for Lorna based on identified sleep patterns/preferences each night through to the next review date.</li></ul> <p>Date Initiated: 11/21/2020 Created on: 11/21/2020 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026</p>	<ul style="list-style-type: none"><li>• PREFERENCE: Lorna likes to have the door closed, to fall asleep.</li></ul> <p>Date Initiated: 11/21/2020 Created on: 11/21/2020 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p> <ul style="list-style-type: none"><li>• REST PATTERN: Preferred bedtime 20:00, usual wake time 07:00</li></ul> <p>Date Initiated: 11/21/2020 Created on: 11/21/2020 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p> <ul style="list-style-type: none"><li>• MONITOR: Monitor Lorna sleeping patterns. Document when awake or asleep.</li></ul> <p>Date Initiated: 11/21/2020 Created on: 11/21/2020 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)</p>	PCA  	

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)		through the next review date Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • Assess/record/report to MD prn; ADL decline, cognitive impairment, communication problems, gait disturbance, contracture formation, incontinence, mood/behaviour problems. aspiration, dysphagia, paralysis, weakness, visual disturbance. Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)			Registered Practical Nurse	
• Potential for CONSTIPATION related to altered living patterns, lack of exercise due to stroke, hemiplegia, and osteoporosis. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)		• Lorna will have regular soft formed bowel movements every 1-2 days through to the next review Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• PHYSICAL ACTIVITY: Promote ACTIVITY/ MOVEMENT to stimulate bowels. Encourage physical activity based on Lorna's abilities and health condition. Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • BOWEL PROTOCOL: Follow bowel protocol as established for Lorna and as ordered by MD (prune juice, bran, laxative, suppository). Also increase fluid intake Date Initiated: 09/10/2019 Created on: 09/10/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC)			Registered Practical Nurse	
• Potential for BOWEL INCONTINENCE related to altered, reduced mobility. Date Initiated: 02/11/2022 Created on: 02/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)		• Lorna will receive support to use toilet and bedpan and promote optimal bowel continence each day through to the next review. Date Initiated: 02/11/2022 Created on: 02/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	• COMMUNICATION: Involve/collaborate with Lorna/SDM for decision making about bowel function, toileting options. Date Initiated: 02/11/2022 Created on: 02/11/2022 Created by: Gabrielle Wolfe (RN) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC) • MONITORING: Utilize holistic perspective of continuous monitoring of Lorna for changes to health status, alteration of continence level or bowel function. Date Initiated: 02/11/2022 Created on: 02/11/2022			Registered Practical Nurse	
Allergies	Nitrofurantoin, Sulfa Antibiotics		D.O.B.	02/07/1936	Physician	Nachwa Ghobara	
Diagnosis	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Schell, Lorna (529-13)		Admission Date	03/05/2013	Location	Queenston House 401 1	
Last Care Plan Review Completed:		10/28/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
	Target Date: 01/28/2026	<p>Created by: Gabrielle Wolfe (RN)  Revision on: 04/07/2025  Revision by: Jaspreet Kaur (ADOC)</p> <p>• BOWEL Continence level is FREQUENTLY Continent. Report change to level as noted. PCA</p> <p>Date Initiated: 02/11/2022  Created on: 02/11/2022  Created by: Gabrielle Wolfe (RN)  Revision on: 04/07/2025  Revision by: Jaspreet Kaur (ADOC)</p> <p>• BOWEL MOVEMENT: Monitor Lorna for bowel movement each shift and document number of occurrences, size and consistency. PCA</p> <p>Date Initiated: 02/11/2022  Created on: 02/11/2022  Created by: Gabrielle Wolfe (RN)  Revision on: 04/07/2025  Revision by: Jaspreet Kaur (ADOC)</p> <p>• SCHEDULED TOILETING of BOWEL Movements ONLY: Toilet Lorna after breakfast, lunch, supper, and PRN. (*Reminder; set POC frequency below to identified times.) PCA</p> <p>Date Initiated: 04/01/2025  Created on: 04/01/2025  Created by: Chantelle Walker (ADOC)  Revision on: 04/07/2025  Revision by: Jaspreet Kaur (ADOC)</p> <p>• INCONTINENCE PRODUCT: Lorna uses/wears a size medium (white) brief for days evenings and nights PCA</p> <p>Date Initiated: 02/11/2022  Created on: 02/11/2022  Created by: Gabrielle Wolfe (RN)  Revision on: 06/03/2025  Revision by: Jasmeen Kaur (Registered Nurse)</p>		
<p>• PASD two 1/4 side rails to assist Lorna when in bed</p> <p>Date Initiated: 09/11/2019  Created on: 09/11/2019</p>	<p>• Lorna will be effectively supported with the use of two 1/4 bedside rails each day through to the next</p>	<p>• MONITORING: Utilize a holistic perspective of monitoring Lorna for continued benefit to use assigned PASD.</p> <p>Staff to ensure that both side rails are in good working condition and report issues right away to registered staff.</p>	Registered Practical Nurse	
<b>Allergies</b>	Nitrofurantoin, Sulfa Antibiotics			
	<b>D.O.B.</b>	02/07/1936	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses			
<b>Facility</b>	Arbour Creek Care Centre			
	<b>Print Date</b>	11/5/2025		
<b>Resident</b>	Schell, Lorna (529-13)	<b>Admission Date</b>	03/05/2013	<b>Location</b>
				Queenston House 401 1
<b>Last Care Plan Review Completed:</b>		10/28/2025		



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Liliana Nachiu (ADOC ) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)		review date Date Initiated: 05/08/2025 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC ) • BED RAIL (TWO PARTIAL): 1/4 in USE as a PASD to assist Lorna with bed mobility, repositioning when in bed. Monitor every shift. Staff to elevate both side rails when Lorna goes to bed. Date Initiated: 09/11/2019 Created on: 09/11/2019 Created by: Liliana Nachiu (ADOC ) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC )			PCA	D/E/N
• Expressed Wishes and Beliefs related to Lorna's Medical Treatment and End of Life Care. Date Initiated: 03/03/2020 Created on: 03/03/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/18/2023 Revision by: Kamaljit Matharu (RAI Coordinator)		• To support and honor Lorna expressed wishes and beliefs through to the End of Life. Date Initiated: 03/03/2020 Created on: 03/03/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	• CPR: Lorna's wishes express NO CPR, however TRANSFER to hospital decision will be made at the time Date Initiated: 03/03/2020 Created on: 03/03/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC ) • COMMUNICATION: Lorna's expressed wishes indicate that she would like to be included in conversations of prognosis, treatment for end of life Date Initiated: 03/03/2020 Created on: 03/03/2020 Created by: Melissa Pascua (RAI Coordinator) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC ) • SPIRITUAL/RELIGIOUS needs: (Lorna) wishes to follow (Anglican Church) in recognition of faith Date Initiated: 08/05/2022 Created on: 08/05/2022 Created by: Janja Kulizic (RPN) Revision on: 04/07/2025 Revision by: Jaspreet Kaur (ADOC )			Registered Practical Nurse  <	

## Care Plan Report


Focus	Goal	Interventions	Position	Freq/Resolved
Date Initiated: 04/07/2022 Created on: 04/07/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/07/2022 Revision by: Sabina Eljazovic (Recreation Aide)	the next review date. Date Initiated: 04/07/2022 Created on: 04/07/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 07/29/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 01/28/2026	Date Initiated: 04/07/2022 Created on: 04/07/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/07/2022 Revision by: Sabina Eljazovic (Recreation Aide)		

### Diagnosis

Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecified, multiple sites(M13.90), Anxiety disorder, unspecified(F41.9), Depressive episode, unspecified(F32.9), Glaucoma, unspecified(H40.9), Malignant neoplasm of rectum(C20), Hallucinations, unspecified(R44.3), Atrial fibrillation, unspecified(I48.90)

<b>Allergies</b>	Nitrofurantoin, Sulfa Antibiotics	<b>D.O.B.</b>	02/07/1936	<b>Physician</b>	Nachwa Ghobara
<b>Diagnosis</b>	Benign hypertension(I10.0), Osteoporosis, unspecified(M81.9), Stroke, not specified as haemorrhage or infarction(I64), Hemiplegia of unspecified type of dominant side(G81.90), Arthritis, unspecif...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Schell, Lorna (529-13)	<b>Admission Date</b>	03/05/2013	<b>Location</b>	Queenston House 401 1
<b>Last Care Plan Review Completed:</b>		10/28/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<p>• <b>STRONG PARTICIPATION</b> in Activities.  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)</p>	<p>• Arthur "Art" will be supported to maintain participation in activities 15 times per month or as he chooses by the next review date.  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)  Target Date: 01/14/2026</p> <p>• Art will maintain ISE score of 4 by the next review date.  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)  Target Date: 01/14/2026</p>	<p>• <b>STRUCTURED ACTIVITIES:</b> Invite him to programs of personal interest; Bingo, socials, entertainment, music therapy, brain teasers, etc..  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>• <b>SELF-DIRECTED ACTIVITIES:</b> Encourage him to engage in self-directed activities such as: wheeling around the home, window watching, watching tv.  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>• <b>ONE TO ONE:</b> Provide him with individual visits for conversation, reading, reminiscing  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>• <b>THERAPIES:</b> Present Art with music therapy, aromatherapy to improve comfort, attachment, identity, inclusion, and fun  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>• <b>MUSIC CARE APPROACH:</b> Present Art with: Music Care Specialists, Musicking, Music Programming.  Date Initiated: 04/16/2025  Created on: 04/16/2025  Created by: Sabrina Zipeto (Recreation Aide)  Revision on: 04/16/2025  Revision by: Sabrina Zipeto (Recreation Aide)</p>	<p>Recreation Aide</p> <p>Recreation Aide</p> <p>Recreation Aide</p> <p>Recreation Aide</p>				
• Potential for Expressive Behaviour of	• To promote safety for Arthur	• <b>COMMUNICATION:</b> involve/collaborate with Arthur about identified Risk of	PCA				
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	02/21/1968	<b>Physician</b>	Nghi Truong Phan		
<b>Diagnosis</b>	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025		
<b>Resident</b>	Simmons, Arthur (922141000152)	<b>Admission Date</b>	01/25/2021	<b>Location</b>	Queenston House 407 1		
<b>Last Care Plan Review Completed:</b>		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
RESISTANCE to care need, physical aggression nature related to Mental Illness; Wernicke Korsakoff . Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/08/2025 Revision by: Shirly Nasufi (Registered Nurse)		and/or others during each episode of Resistance to care through to the next review date Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	Expressive Behaviour, discuss triggering factors like yelling or excessive noise, and offer to take Art somewhere else if this is upsetting him. Use GPA or distraction to de-escalate responsive behaviour. Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/30/2025 Revision by: Jasmeen Kaur (Registered Nurse)				BSO - Internal RN Social Worker	
			• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Arthur for indications to change in or for escalating expressive behaviour risk. Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 03/30/2025 Revision by: Jasmeen Kaur (Registered Nurse)				Registered Practical Nurse	
			• TRIGGERS leading to PHYSICAL Hitting, Punching, as expression of behaviour include screaming, yelling, loud noises, anger, frustration, fearfulness, confusion, invasion of personal space, Sundowning, hunger, constipation, startling from sleep. Date Initiated: 03/08/2025 Created on: 03/08/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/30/2025 Revision by: Jasmeen Kaur (Registered Nurse)				Registered Practical Nurse RN	
			• PHYSICAL Behaviour: If Arthur is attempting to strikeout; move back from his/her reach. Calmly indicate that care will continue when he/she is calm/ready. Ensure to separate from other residents right away when seen getting close and attempting to hit. Date Initiated: 03/08/2025 Created on: 03/08/2025 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/30/2025 Revision by: Jasmeen Kaur (Registered Nurse)				PCA Registered Practical Nurse	
			• TRIGGERS leading to RESISTANCE to Care Needs of refusing to change clothing, refusal to bathe, refusal to eat and physical aggression as expression of behaviour include confusion, misunderstanding care needs, poor judgement, paranoid thought process				Registered Practical Nurse RN	
Allergies	No Known Allergies			D.O.B.	02/21/1968		Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)							
Facility	Arbour Creek Care Centre						Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021		Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div><div>• Potential for Expressive Behaviour of RESISTANCE to care need, physical aggression nature related to Mental Illness; Wernicke Korsakoff .</div><div>Date Initiated: 05/04/2022</div><div>Created on: 05/04/2022</div><div>Created by: Melissa Pascua (RAI Coordinator)</div><div>Revision on: 03/08/2025</div><div>Revision by: Shirly Nasufi (Registered Nurse)</div></div>		<div><div>Date Initiated: 05/04/2022</div><div>Created on: 05/04/2022</div><div>Created by: Melissa Pascua (RAI Coordinator)</div><div>Revision on: 03/30/2025</div><div>Revision by: Jasmeen Kaur (Registered Nurse)</div><div>• RESISTANCE to Care Need: If Arthur is refusing to bathe, change clothes, eat re-approach in 10-15 minutes. Report episode to Registered Staff.</div><div>Date Initiated: 05/04/2022</div><div>Created on: 05/04/2022</div><div>Created by: Melissa Pascua (RAI Coordinator)</div><div>Revision on: 03/30/2025</div><div>Revision by: Jasmeen Kaur (Registered Nurse)</div><div>• ONE to ONE Care: Started on March 29, 2025. See Registered Staff for update.</div><div>Date Initiated: 03/29/2025</div><div>Created on: 03/08/2025</div><div>Created by: Shirly Nasufi (Registered Nurse)</div><div>Revision on: 03/29/2025</div><div>Revision by: Jasmeen Kaur (Registered Nurse)</div><div>• HALLUCINATION: thinking that somebody comes to his room at night and slaps him and voids in his bed. Also thinking that his father and wife took all of his money</div><div>Date Initiated: 03/08/2025</div><div>Created on: 03/08/2025</div><div>Created by: Shirly Nasufi (Registered Nurse)</div><div>Revision on: 03/30/2025</div><div>Revision by: Jasmeen Kaur (Registered Nurse)</div><div>• BSO RECOMMENDATIONS: Referral to BSO-March 8/2025</div><div>Date Initiated: 03/08/2025</div><div>Created on: 03/08/2025</div><div>Created by: Shirly Nasufi (Registered Nurse)</div><div>Revision on: 03/30/2025</div><div>Revision by: Jasmeen Kaur (Registered Nurse)</div></div>	<div>PCA Registered Practical Nurse</div> <div>PCA Registered Practical Nurse</div> <div>Registered Practical Nurse RN</div> <div>Registered Practical Nurse</div>			
<div>• Nutrition Risk Level: MODERATE r/t Fair food intake and good fluid intake, nutritional supplementation, bowels managed with fibre intervention, dementia dx, stable weight, independent at meals</div>	<div>• Aruthur will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</div> <div>Date Initiated: 01/29/2021</div>	<div>• NUTRITION RISK: Arthur is at MODERATE risk level.</div> <div>Date Initiated: 01/29/2021</div> <div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 07/26/2022</div> <div>Revision by: Kelsey Sobkowich (Dietitian)</div>	<div>Dietitian (RD) Dietary Manager</div>			
Allergies	No Known Allergies		D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)		Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
<div>Date Initiated: 01/29/2021</div> <div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 10/14/2024</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div>		<div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 01/25/2023</div> <div>Revision by: Anika Dhalla (RD - Registered Dietician)</div> <div>Target Date: 01/14/2026</div>	<div>• DIET ORDER: Arthur will receive Regular diet, Regular Texture</div> <div>Cut up to enhance chewing function</div> <div>Date Initiated: 01/29/2021</div> <div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 10/31/2021</div> <div>Revision by: Alia Arif (Dietitian)</div> <div>• FLUID CONSISTENCY: Arthur drinks REGULAR/THIN Level 0 Fluids.</div> <div>Date Initiated: 05/02/2021</div> <div>Created on: 05/02/2021</div> <div>Created by: Alia Arif (Dietitian)</div> <div>Revision on: 05/02/2021</div> <div>Revision by: Alia Arif (Dietitian)</div> <div>• FLUID TARGET: Encourage Arthur to drink a minimum 1431mL per day.</div> <div>- Please provide chocolate milk as per Resident request</div> <div>Date Initiated: 01/29/2021</div> <div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div> <div>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily.</div> <div>Date Initiated: 04/27/2022</div> <div>Created on: 04/27/2022</div> <div>Created by: Maria Sokolova</div> <div>• MEDPASS SUPPLEMENTS: 90ml Resource 2.0 TID (540kCal and 21.6g PRO)</div> <div>Date Initiated: 01/31/2021</div> <div>Created on: 01/31/2021</div> <div>Created by: Alia Arif (Dietitian)</div> <div>Revision on: 04/24/2024</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• LABELLED SNACK: Arthur receives 125mL chocolate milk at Lunch and Dinner nourishment pass as per preference.</div> <div>Date Initiated: 04/10/2025</div> <div>Created on: 04/10/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div>			Diet		
		Food Services						
		Aide						
		PCA						
<div>• Will weigh within GWR of 71-80kg/BMI 24-27(172cm) through to next review date.</div> <div>Date Initiated: 01/29/2021</div> <div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 07/18/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div> <div>Target Date: 01/14/2026</div>			Diet					
			PCA					
			PCA					
<div>• Arthur will be adequately hydrated aeb drinking at least 75% of total fluid requirement 1908mL @25ml/kg, 76.3kg through to next review date.</div> <div>Date Initiated: 01/29/2021</div> <div>Created on: 01/29/2021</div> <div>Created by: Nadia Sarwar (Dietitian)</div> <div>Revision on: 10/21/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div> <div>Target Date: 01/14/2026</div>			Dietary aide					
			PCA					
<div>• Will meet estimated nutritional requirements of 1908kCal @ 25kCal/kg, 76g protein @ 1g/kg through to next review date.</div> <div>Date Initiated: 01/31/2021</div>			Registered Practical Nurse RN					
Allergies		No Known Allergies		D.O.B.	02/21/1968	Physician	Nghi Truong Phan	
Diagnosis		Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
Facility		Arbour Creek Care Centre				Print Date	11/5/2025	
Resident		Simmons, Arthur (922141000152)		Admission Date	01/25/2021	Location	Queenston House 407 1	
Last Care Plan Review Completed:		08/25/2025						

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved	
<p>• Nutrition Risk Level: MODERATE r/t Fair food intake and good fluid intake, nutritional supplementation, bowels managed with fibre intervention, dementia dx, stable weight, independent at meals Date Initiated: 01/29/2021 Created on: 01/29/2021 Created by: Nadia Sarwar (Dietitian) Revision on: 10/14/2024 Revision by: Anika Dhalla (Dietitian (RD))</p>	<p>Created on: 01/31/2021 Created by: Alia Arif (Dietitian) Revision on: 10/21/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 01/14/2026</p> <p>• Resident will have safe chewing/swallowing through to next review period. Date Initiated: 02/08/2025 Created on: 02/08/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician) Target Date: 01/14/2026</p>	<p>Revision on: 04/10/2025 Revision by: Anika Dhalla (Dietitian (RD))</p>			
<p>• Increased risk for FALLS related to Limitation of cognitive function/altered judgement -does not know limitations. Decrease mobility. Hx of multiple falls. Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 04/28/2024 Revision by: Myrna Corpuz (Registered Practical Nurse)</p>	<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period . Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026</p>	<p>• CALL BELL: Place call bell within Arthur's reach, check that it is in working order and remind/encourage him to use it. Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/16/2022 Revision by: Jason Geerlinks</p> <p>• ADAPTIVE EQUIPMENT: Resident needs adaptive equipment :wheelchair Date Initiated: 04/29/2023 Created on: 04/29/2023 Created by: Myrna Corpuz (Registered Practical Nurse) Revision on: 04/29/2023 Revision by: Myrna Corpuz (Registered Practical Nurse)</p> <p>• ENVIRONMENT: Provide secure environment by reducing clutter, turning night light on, having visible bathroom signage, quiet environment to reduce fall risk for Arthur. Date Initiated: 01/27/2021 Created on: 01/27/2021</p>	<p>PCA</p> <p>PCA</p> <p>PCA</p>	<p>D/E/N</p>	
<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	02/21/1968	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Simmons, Arthur (922141000152)	<b>Admission Date</b>	01/25/2021	<b>Location</b>	Queenston House 407 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
		<p>Created by: Gordana Kukic (Registered Practical Nurse)  Revision on: 11/11/2022  Revision by: Kamaljit Matharu (Registered Practical Nurse)  • BED: place bed in lowest position, to lower risk for injury  Date Initiated: 01/27/2021  Created on: 01/27/2021</p> <p>Created by: Gordana Kukic (Registered Practical Nurse)  Revision on: 11/11/2022  Revision by: Kamaljit Matharu (Registered Practical Nurse)  • ACTIVITY: Engage Arthur in meaningful activity to decrease boredom Resident likes to watch TV and with other residents with some activities.  Date Initiated: 10/24/2025  Created on: 10/24/2025</p> <p>Created by: Myrna Corpuz (RPN)  Revision on: 10/24/2025  Revision by: Myrna Corpuz (RPN)  • FOOTWEAR: Ensure Arthur wears appropriate, well-fitting, non-slip footwear for ambulation  Date Initiated: 01/27/2021  Created on: 01/27/2021</p> <p>Created by: Gordana Kukic (Registered Practical Nurse)  Revision on: 11/11/2022  Revision by: Kamaljit Matharu (Registered Practical Nurse)  • FLOOR MAT: Position floor mat on floor on both sides to lower risk of injury.  Date Initiated: 07/14/2021  Created on: 07/14/2021</p> <p>Created by: Brittany Saini (RN)  Revision on: 11/11/2022  Revision by: Kamaljit Matharu (Registered Practical Nurse)  • SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.  Date Initiated: 01/27/2021  Created on: 01/27/2021</p> <p>Created by: Gordana Kukic (Registered Practical Nurse)  Revision on: 11/11/2022  Revision by: Kamaljit Matharu (Registered Practical Nurse)</p>	<p>PCA</p> <p>RN Registered Practical Nurse</p> <p>PCA</p> <p>PCA</p> <p>Registered Practical Nurse</p>	

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	02/21/1968	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Simmons, Arthur (922141000152)	<b>Admission Date</b>	01/25/2021	<b>Location</b>	Queenston House 407 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<b>• Risk for Impaired SKIN INTEGRITY related to Frailty and occasional incontinence.</b> Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/02/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)		<b>• To protect and maintain skin integrity each day through to the next review</b> Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	<b>• SKIN OBSERVATION:</b> Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted. Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) <b>• HEALTH EDUCATION:</b> Engage resident/SDM in health education regarding prevention of skin impairment Date Initiated: 08/28/2024 Created on: 08/28/2024 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 08/28/2024 Revision by: Jason Geerlinks (Quality Improvement Coordinator)			PCA	
<b>• Arthur is at high risk for ELOPEMENT related to home sickness</b> Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Navpreet Sekhon (RN) Revision on: 10/12/2023 Revision by: Navpreet Sekhon (RN)		<b>• To promote Arthur's safety and minimize risk for episode of elopement each day through next review date.</b> Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Navpreet Sekhon (RN) Revision on: 10/12/2023 Revision by: Navpreet Sekhon (RN) Target Date: 01/14/2026	<b>• ALERT:</b> Arthur has potential to attempt elopement. If heard making requests to leave the building or seen attempting to use exit doors report to Supervisor immediately. Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Navpreet Sekhon (RN) Revision on: 10/12/2023 Revision by: Navpreet Sekhon (RN) <b>• ELOPEMENT ALERT:</b> Redirect Arthur away from elevator or exit doors as needed. Date Initiated: 10/12/2023 Created on: 10/12/2023 Created by: Navpreet Sekhon (RN) Revision on: 10/12/2023 Revision by: Navpreet Sekhon (RN)			PCA	
<b>• Potential for CONSTIPATION related to decreased mobility</b> Date Initiated: 01/18/2023 Created on: 01/18/2023 Created by: Gabrielle Wolfe (RN) Revision on: 02/26/2023 Revision by: Tiago Oliveria (RN)		<b>• Arthur will have regular soft formed bowel movements every 1-2 days through to the next review.</b> Date Initiated: 01/18/2023 Created on: 01/18/2023 Created by: Gabrielle Wolfe (RN) Revision on: 01/25/2023 Revision by: Anika Dhalla (RD -	<b>• COMMUNICATION:</b> Collaborate with Arthur/SDM for decision making regarding constipation management. Date Initiated: 01/18/2023 Created on: 01/18/2023 Created by: Gabrielle Wolfe (RN) Revision on: 02/26/2023 Revision by: Tiago Oliveria (RN) <b>• MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident for constipation management and changes to health status and symptoms/			RN	
<b>Allergies</b>	No Known Allergies		<b>D.O.B.</b>	02/21/1968	<b>Physician</b>	Nghi Truong Phan	
<b>Diagnosis</b>	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Simmons, Arthur (922141000152)		<b>Admission Date</b>	01/25/2021	<b>Location</b>	Queenston House 407 1	
<b>Last Care Plan Review Completed:</b>		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved	
		Registered Dietician) Target Date: 01/14/2026	complications of constipation. Date Initiated: 01/18/2023 Created on: 01/18/2023 Created by: Gabrielle Wolfe (RN) • FLUIDS: Encourage resident to meet daily beverage minimums. See Nutrition Care Plan. Date Initiated: 01/18/2023 Created on: 01/18/2023 Created by: Gabrielle Wolfe (RN) • BOWEL PROTOCOL: In place as per MD order Date Initiated: 01/18/2023 Created on: 01/18/2023 Created by: Gabrielle Wolfe (RN)			Registered Staff		
• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption. Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		• To promote fluid consumption and minimize risk for dehydration each day through to the next review date Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	• COMMUNICATION: Involve/collaborate with Arthur/SDM in decision making for plan of Hydration/Fluid consumption and risks of dehydration. Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of resident with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) • PROMOTE FLUIDS: Promote Arthur to consume fluids; amount as per Nutrition Care Plan. Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) • VITAL SIGNS: Monitor vital signs as per MD/NP order. Notify MD of abnormal findings as noted.			Diet	Registered Practical Nurse	All
Allergies	No Known Allergies			D.O.B.	02/21/1968	Physician	Nghi Truong Phan	
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021	Location	Queenston House 407 1	
Last Care Plan Review Completed:		08/25/2025						

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Potential to experience alteration in fluid volume or episode of DEHYDRATION related to decreased fluid consumption.</p> <p>Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</p>			<p>Date Initiated: 11/04/2022 Created on: 11/04/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</p>			Nurse	
<p>• Sleep Patterns</p> <p>Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</p>		<p>• To promote adequate rest/sleep for Arthur based on identified sleep patterns/preferences each night through to the next review date</p> <p>Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026</p>	<p>• REST PATTERN: Preferred bedtime 1900, usual wake time 0700.</p> <p>Date Initiated: 07/20/2022 Created on: 07/20/2022 Created by: Jason Geerlinks (Staff Development and Quality Lead Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</p>			PCA	
<p>• BOWEL Continence - Arthur is continent and has self recognition of urge to defecate</p> <p>Date Initiated: 01/27/2021 Created on: 01/27/2021</p>		<p>• Arthur to remain continent of bowels through to the next review date.</p> <p>Date Initiated: 01/27/2021</p>	<p>• BOWEL Continence level is OCCASIONALLY INCONTINENT. Report change to level as noted</p> <p>Date Initiated: 01/27/2021 Created on: 01/27/2021</p>			PCA	
Allergies	No Known Allergies			D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/02/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • SELF TOILETING: Arthur toilets self for bowel movements. Each shift ask if he had BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or continence level to Registered Staff as noted Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		PCA	
• URINARY Continence - Arthur is continent and has self recognition of urge to void Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		• Arthur will maintain continence level through to the next review date. Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	• URINARY Continence Level is: OCCASIONALLY INCONTINENT. Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/02/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN) • SELF TOILETING: Arthur toilets self. Each shift ask if he has voided and document accordingly. Report changes to urination or continence level to Registered Staff as noted.  Arthur utilizes a TRUELOO toilet seat in the bathroom which takes pictures of his urine and BM and analyzes it for infection, color, and any abnormalize. The MD is informed of any abnormalities Date Initiated: 02/08/2025 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 02/08/2025 Revision by: Joanne Mae Nava (Nurse Clinician)		PCA  PCA RN Registered Practical Nurse	
• Potential to experience alteration in MOOD as exhibited by social isolation not wanting to participate to any recreation program related to Loss of Independence. Date Initiated: 05/04/2022 Created on: 05/04/2022		• Arthur will be supported to maintain mood stability as evidenced by DRS score at a range of 0-2 by the review date Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI	• COMMUNICATION: Involve/collaborate with Arthur/SDM about MOOD Disturbance, discuss contributing factors, and plan of care needs/options as needed. Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		Registered Practical Nurse	
Allergies	No Known Allergies		D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)		Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	<ul style="list-style-type: none"> <li>• HEALTH EDUCATION: Provide education and support to Arthur/SDM pertaining to Mood Disturbance, symptom management, treatment and possible availability of community resources as needed. Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</li> <li>• ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Arthur for indications to change in MOOD including labile mood or increase of symptoms that negatively impact residents quality of life. Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</li> <li>• RESIDENT STRENGTHS: Build on Arthur effort to maintain control. Encourage him/her to express self, state preferences and make safe choices for care and activities. Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</li> </ul>			Registered Practical Nurse	
<ul style="list-style-type: none"> <li>• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, poor judgement, related to Neurological Condition. Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</li> </ul>		<ul style="list-style-type: none"> <li>• Arthur will cope with progressive cognitive decline and be supported to maintain safety each day through the review date. Current CPS score is 4 Date Initiated: 05/04/2022 Created on: 05/04/2022 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu</li> </ul>	<ul style="list-style-type: none"> <li>• ORIENTATION: Gently reorient to place and time as needed when Arthur is feeling lost or in a confused state Date Initiated: 07/31/2022 Created on: 07/31/2022 Created by: Paramjeet Kaur Sidhu (RN) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</li> <li>• PERSONAL ROUTINE: Provide consistency in care routine and activities Date Initiated: 03/31/2021 Created on: 03/31/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 11/11/2022</li> </ul>			All	
Allergies	No Known Allergies			D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		(Registered Practical Nurse) Target Date: 01/14/2026	Revision by: Kamaljit Matharu (Registered Practical Nurse)  • CUE TASKS: Break tasks into manageable subtasks, Arthur can comprehend and follow 1 or 2 steps at a time Date Initiated: 03/31/2021 Created on: 03/31/2021 Created by: Kamaljit Matharu (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)				
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)		• Aruther will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care tasks are met each day through to the next review date. Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse) Target Date: 01/14/2026	• BATHING: Arthur prefers a shower on Wednesday and Saturday Morning and is able to wash face and body. 1 person assistance to wash his back. Nail care to be provided on shower/bath day. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)			PCA	
			• BED MOBILITY: Arthur moves independently in bed Date Initiated: 01/27/2021 Created on: 01/27/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)			PCA	
			• DRESSING: Arthur requires 1 person EXTENSIVE assistance for dressing. Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/02/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			PCA	
			• EATING: Arthur is able to eat independently 1 Staff to provide SUPERVISE assist for eating. Arthur prefers to have his medication with his food, Registered staff to approach Arthur in the dining area for medication administration Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022			PCA Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)			Revision by: Kamaljit Matharu (Registered Practical Nurse) • LOCOMOTION: Arthur is able to propel himself in his wheelchair without assistance/independently Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 07/26/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			PCA	
			• PERSONAL HYGIENE: Arthur requires EXTENSIVE 1 person assistance with personal hygiene. Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/02/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			PCA	
			• HAND HYGIENE: Arthur requires 1 staff to provide REMINDERS to apply sanitizer, rub hands together, and dry hands for hand hygiene Date Initiated: 07/30/2021 Created on: 07/30/2021 Created by: Brittany Saini (RN) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)			PCA All	
			• TOILET USE: Arthur is able to recognize the need to use the toilet 1 staff to provide EXTENSIVE assistance for toileting. Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 11/02/2023 Revision by: Colina-Jallisa O'Brien-Matthews (RPN)			PCA	
			• TRANSFERRING: Arthur is able to move independently in and out of the bed 1 staff to provide SUPERVISION assistance for transferring. Date Initiated: 01/25/2021 Created on: 01/25/2021 Created by: Gordana Kukic (Registered Practical Nurse) Revision on: 04/19/2025 Revision by: Myrna Corpuz (RPN)			PCA	
Allergies	No Known Allergies			D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"><li>Altered ability to complete Activities of Daily Living (ADLs) related to Cognitive Limitation</li><li>Date Initiated: 01/25/2021</li><li>Created on: 01/25/2021</li><li>Created by: Gordana Kukic (Registered Practical Nurse)</li><li>Revision on: 11/11/2022</li><li>Revision by: Kamaljit Matharu (Registered Practical Nurse)</li></ul>			<ul style="list-style-type: none"><li>ORAL CARE: Arthur has TEETH and is able to brush his teeth</li><li>1 staff to provide CUES assistance for oral care. Ensure supplies are readily available for him</li><li>Date Initiated: 01/25/2021</li><li>Created on: 01/25/2021</li><li>Created by: Gordana Kukic (Registered Practical Nurse)</li><li>Revision on: 11/11/2022</li><li>Revision by: Kamaljit Matharu (Registered Practical Nurse)</li></ul>			PCA	
			<ul style="list-style-type: none"><li>FOOT CARE: PCA staff to trim nails on bath days, any skin issues need to be reported to Reg staff.</li><li>Date Initiated: 01/27/2021</li><li>Created on: 01/27/2021</li><li>Created by: Gordana Kukic (Registered Practical Nurse)</li><li>Revision on: 11/11/2022</li><li>Revision by: Kamaljit Matharu (Registered Practical Nurse)</li></ul>			PCA	
			<ul style="list-style-type: none"><li>ADAPTIVE EQUIPMENT/ASSISTIVE DEVICE: Arthur uses electric razor, to assist with participation in ADL care</li><li>Date Initiated: 01/25/2021</li><li>Created on: 01/25/2021</li><li>Created by: Gordana Kukic (Registered Practical Nurse)</li><li>Revision on: 11/11/2022</li><li>Revision by: Kamaljit Matharu (Registered Practical Nurse)</li></ul>			PCA	
<ul style="list-style-type: none"><li>Expressed Wishes and Beliefs related to Arthur Medical Treatment and End of Life Care</li><li>Date Initiated: 12/03/2021</li><li>Created on: 12/03/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 11/11/2022</li><li>Revision by: Kamaljit Matharu (Registered Practical Nurse)</li></ul>		<ul style="list-style-type: none"><li>To support and honor Arthur expressed wishes and beliefs through to the End of Life.</li><li>Date Initiated: 12/03/2021</li><li>Created on: 12/03/2021</li><li>Created by: Melissa Pascua (RAI Coordinator)</li><li>Revision on: 11/11/2022</li><li>Revision by: Kamaljit Matharu (Registered Practical Nurse)</li><li>Target Date: 01/14/2026</li></ul>	<ul style="list-style-type: none"><li>CPR: Arthur wishes express NO CPR, however TRANSFER to hospital decision will be made at the time.</li><li>Date Initiated: 01/11/2024</li><li>Created on: 01/11/2024</li><li>Created by: Grace Akah (RN)</li><li>Revision on: 01/11/2024</li><li>Revision by: Grace Akah (RN)</li></ul>			RN Registered Practical Nurse	
Allergies	No Known Allergies			D.O.B.	02/21/1968	Physician	Nghi Truong Phan
Diagnosis	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Simmons, Arthur (922141000152)			Admission Date	01/25/2021	Location	Queenston House 407 1
Last Care Plan Review Completed:		08/25/2025					

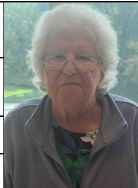


## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
<ul style="list-style-type: none"> <li>Expressed Wishes and Beliefs related to Arthur Medical Treatment and End of Life Care</li> </ul> <p>Date Initiated: 12/03/2021 Created on: 12/03/2021 Created by: Melissa Pascua (RAI Coordinator) Revision on: 11/11/2022 Revision by: Kamaljit Matharu (Registered Practical Nurse)</p>				
<ul style="list-style-type: none"> <li>SPIRITUAL BELIEFS: Arthur is not religious.</li> </ul> <p>Date Initiated: 04/16/2022 Created on: 04/16/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/16/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p>	<ul style="list-style-type: none"> <li>To provide Art spiritual support as interested through to the next review date.</li> </ul> <p>Date Initiated: 04/16/2022 Created on: 04/16/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/16/2022 Revision by: Sabina Eljazovic (Recreation Aide) Target Date: 01/14/2026</p>	<ul style="list-style-type: none"> <li>PERSONAL CHOICE: Respect Art right to decline participation in Spiritual Program. ACT</li> </ul> <p>He does not partake in Christian/Muslim/other faith programs.</p> <p>Date Initiated: 04/16/2022 Created on: 04/16/2022 Created by: Sabina Eljazovic (Recreation Aide) Revision on: 04/16/2022 Revision by: Sabina Eljazovic (Recreation Aide)</p>		

<b>Allergies</b>	No Known Allergies	<b>D.O.B.</b>	02/21/1968	<b>Physician</b>	Nghi Truong Phan
<b>Diagnosis</b>	Unspecified dementia(F03), Anxiety disorder, unspecified(F41.9), Mild depressive episode(F32.0), Dysphasia and aphasia(R47.0), Post COVID-19 condition(U07.4)				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Simmons, Arthur (922141000152)	<b>Admission Date</b>	01/25/2021	<b>Location</b>	Queenston House 407 1
<b>Last Care Plan Review Completed:</b>		08/25/2025			

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• Physiotherapy Focus: strength and ambulation.</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 03/12/2025</p> <p>Created by: Nidhi Kathuria Arya (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>		<p>• STG:</p> <p>Improve/ maintain ROM/strength of UE and LE. Improve ambulation</p> <p>Prevent falls</p> <p>LTG:</p> <p>Prevent sudden decline in physical status.</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 03/12/2025</p> <p>Created by: Nidhi Kathuria Arya (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p> <p>Target Date: 12/26/2025</p>	<p>• 1.Ambulation with 1 person assist with Walker, rest as needed</p> <p>2.Strengthening exercises to B/L LE &amp; UE - 10 reps x 2 sets</p> <p>Using light weight dumbbells and therabands</p> <p>3.Sit to stand exercises holding a grab bar, 5-10 reps, 30-60 sec hold</p> <p>Date Initiated: 03/12/2025</p> <p>Created on: 03/12/2025</p> <p>Created by: Nidhi Kathuria Arya (PT - Physiotherapist)</p> <p>Revision on: 09/17/2025</p> <p>Revision by: Rujuta Thakkar (PT - Physiotherapist)</p>			PT - Physiotherapist PTA	
<p>• Nutrition Risk Level: HIGH r/t BMI 32.6, dementia dx, constipation, CHF, fair food and fluid intake, independent at meal rounds</p> <p>Date Initiated: 09/11/2024</p> <p>Created on: 09/11/2024</p> <p>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>Revision on: 09/02/2025</p> <p>Revision by: Alexandra Breau (Dietitian (RD))</p>		<p>• Stefania will be adequately nourished aeb consuming &gt;75% at meals and snacks through to next review date.</p> <p>Date Initiated: 09/11/2024</p> <p>Created on: 09/11/2024</p> <p>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>Target Date: 12/26/2025</p> <p>• Will weigh within Realistic weight range of 66.6-77.7kg/BMI 30-35 through to next review date. h=149cm</p> <p>Date Initiated: 09/24/2024</p>	<p>• Comfort foods include soup.</p> <p>Date Initiated: 09/23/2024</p> <p>Created on: 09/23/2024</p> <p>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>Revision on: 09/23/2024</p> <p>Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>• Dislikes include wraps, weiners and beans.</p> <p>Date Initiated: 09/23/2024</p> <p>Created on: 09/23/2024</p> <p>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>Revision on: 09/23/2024</p> <p>Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>• NUTRITION RISK: Stefanina is HIGH risk level.</p> <p>Date Initiated: 09/11/2024</p> <p>Created on: 09/11/2024</p> <p>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</p> <p>Revision on: 06/11/2025</p> <p>Revision by: Alexandra Breau (Dietitian (RD))</p>			FSS	
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria	
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Created on: 09/24/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	<ul style="list-style-type: none"><li>• DIET ORDER: Stefanina will receive Regular diet, Regular texture Date Initiated: 09/11/2024 Created on: 09/11/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/24/2024 Revision by: Anika Dhalla (Dietitian (RD))</li><li>• FLUID CONSISTENCY: Stefanina drinks REGULAR/THIN Level 0 Fluids. Date Initiated: 09/11/2024 Created on: 09/11/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/11/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</li><li>• FLUID TARGET: Encourage Stefanina to drink a minimum of 1280mL per day. Date Initiated: 09/11/2024 Created on: 09/11/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/02/2025 Revision by: Alexandra Breau (Dietitian (RD))</li><li>• EXTRA FLUIDS: Offer a minimum of 125ml high moisture food or fluid outside of meals and snacks daily. Date Initiated: 09/24/2024 Created on: 09/24/2024 Created by: Anika Dhalla (Dietitian (RD))</li><li>• PORTION SIZE: Stefanina prefers regular portions for meals. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/23/2024 Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</li><li>• FOOD PREFERENCES: Stefanina enjoys eating cabbage rolls, soups, all kinds of stews. Dislikes eating weiners and beans and wraps. Date Initiated: 09/23/2024 Created on: 09/23/2024 Created by: Sylwia Jawornicki (FSM - Food Services Manager) Revision on: 09/23/2024</li></ul>			PCA	
		• Stefania will be adequately hydrated aeb drinking at least 80% of total fluid requirement 1600mL @ 25mL/kg, ABW 64kg CBW 74.6kg through to next review date. Date Initiated: 09/24/2024 Created on: 09/24/2024 Created by: Anika Dhalla (Dietitian (RD)) Revision on: 09/02/2025 Revision by: Alexandra Breau (Dietitian (RD)) Target Date: 12/26/2025				PCA	
						Dietary aide PCA	
						PCA	
Allergies	Codeine, Dilaudid, narcotics			D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)			Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Nutrition Risk Level: HIGH r/t BMI 32.6, dementia dx, constipation, CHF, fair food and fluid intake, independent at meal rounds</div> <div>Date Initiated: 09/11/2024</div> <div>Created on: 09/11/2024</div> <div>Created by: Sylwia Jawornicki (FSM - Food Services Manager)</div> <div>Revision on: 09/02/2025</div> <div>Revision by: Alexandra Breau (Dietitian (RD))</div>		<div>Revision by: Sylwia Jawornicki (FSM - Food Services Manager)</div> <div>• HIGH FIBRE:</div> <div>1. 125mL Prune Juice @ Breakfast</div> <div>Date Initiated: 09/24/2024</div> <div>Created on: 09/24/2024</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 09/24/2024</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div> <div>• LOW SODIUM DIET:</div> <div>- please do not provide additional salt for Stefania</div> <div>- limit fried items: fried fish, chicken, french fries</div> <div>Date Initiated: 02/28/2025</div> <div>Created on: 02/28/2025</div> <div>Created by: Anika Dhalla (Dietitian (RD))</div> <div>Revision on: 02/28/2025</div> <div>Revision by: Anika Dhalla (Dietitian (RD))</div>	PCA			
<div>• Risk for Impaired SKIN INTEGRITY related to Frailty and incontinence</div> <div>Date Initiated: 03/28/2025</div> <div>Created on: 03/28/2025</div> <div>Created by: Joanne Mae Nava (Nurse Clinician)</div> <div>Revision on: 03/28/2025</div> <div>Revision by: Joanne Mae Nava (Nurse Clinician)</div>	<div>• To protect and maintain skin integrity each day through to the next review.</div> <div>Date Initiated: 03/28/2025</div> <div>Created on: 03/28/2025</div> <div>Created by: Joanne Mae Nava (Nurse Clinician)</div> <div>Revision on: 04/11/2025</div> <div>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</div> <div>Target Date: 12/26/2025</div>	<div>• SKIN OBSERVATION: Observe skin condition with AM and PM care. Report any new or different observance than the residents' usual skin condition to Registered Staff as noted.</div> <div>Date Initiated: 03/28/2025</div> <div>Created on: 03/28/2025</div> <div>Created by: Joanne Mae Nava (Nurse Clinician)</div> <div>• HEALTH EDUCATION: Engage Stefanina/SDM in health education regarding prevention of skin impairment.</div> <div>Date Initiated: 03/28/2025</div> <div>Created on: 03/28/2025</div> <div>Created by: Joanne Mae Nava (Nurse Clinician)</div> <div>Revision on: 03/28/2025</div> <div>Revision by: Joanne Mae Nava (Nurse Clinician)</div>	PCA	Registered Practical Nurse RN		
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<p>• High risk for FALLS related to cognitive decline and diagnosis of OA(hip), Major neurocognitive disorder.Increased risk for falls due to refusal to use walker when going to bathroom.</p> <p>Date Initiated: 09/10/2024</p> <p>Created on: 09/10/2024</p> <p>Created by: Shirly Nasufi (Registered Nurse)</p> <p>Revision on: 02/06/2025</p> <p>Revision by: Chantelle Walker (ADOC)</p>		<p>• To promote safety, minimize risk for falls and/or fall related injury each day through to the next review period.</p> <p>Date Initiated: 09/10/2024</p> <p>Created on: 09/10/2024</p> <p>Created by: Shirly Nasufi (Registered Nurse)</p> <p>Revision on: 04/11/2025</p> <p>Revision by: Jason Geerlinks (Quality Improvement Coordinator)</p> <p>Target Date: 12/26/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Stephanie, Mary (DTR/POA, and external BSO to support in decision making in fall prevention and Plan of Care.</p> <p>Date Initiated: 09/10/2024</p> <p>Created on: 09/10/2024</p> <p>Created by: Shirly Nasufi (Registered Nurse)</p> <p>Revision on: 02/06/2025</p> <p>Revision by: Chantelle Walker (ADOC)</p> <p>• CALL BELL: Place call bell within Stephanie reach to RIGHT or LEFT side of the bed. Check that it is in working order and remind/encourage to use it.</p> <p>Date Initiated: 09/10/2024</p> <p>Created on: 09/10/2024</p> <p>Created by: Shirly Nasufi (Registered Nurse)</p> <p>Revision on: 09/13/2024</p> <p>Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• ADAPTIVE EQUIPMENT: Stephanie is currently using a wheelchair. Stephanie has a wheeled walker but is temporarily not being used due to fractured left arm.</p> <p>Date Initiated: 09/10/2024</p> <p>Created on: 09/10/2024</p> <p>Created by: Shirly Nasufi (Registered Nurse)</p> <p>Revision on: 02/06/2025</p> <p>Revision by: Chantelle Walker (ADOC)</p> <p>• ENVIRONMENT: Secure environment: reduce clutter, quiet environment to reduce fall risk for Stephanie</p> <p>Date Initiated: 09/10/2024</p> <p>Created on: 09/10/2024</p> <p>Created by: Shirly Nasufi (Registered Nurse)</p> <p>Revision on: 09/13/2024</p> <p>Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• BED: place bed in lowest position to lower risk for injury.</p> <p>Date Initiated: 06/08/2025</p> <p>Created on: 06/08/2025</p> <p>Created by: Myrna Corpuz (RPN)</p> <p>Revision on: 06/08/2025</p> <p>Revision by: Myrna Corpuz (RPN)</p> <p>• ACTIVITY: Engage Stephanie in meaningful activity to decrease boredom and or restlessness. Stephanie is very social and likes to chat with people (especially</p>			RN	
						Registered	
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## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<div>• High risk for FALLS related to cognitive decline and diagnosis of OA(hip), Major neurocognitive disorder.Increased risk for falls due to refusal to use walker when going to bathroom. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/06/2025 Revision by: Chantelle Walker (ADOC)</div>			Croatians and Serbians, who speak her language), watches TV and listens to her Croatian CD. Take Stephanie to common areas to provide her an opportunity to socialize and join activities. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/13/2025 Revision by: Joanne Mae Nava (Nurse Clinician)			Practical Nurse PCA	
			• TOILETING: Follow individual toileting plan after every meal (breakfast ,lunch , dinner)and when needed toileting routine to minimize Stefanina unsafe self attempts to use the toilet. Date Initiated: 01/06/2025 Created on: 01/06/2025 Created by: Mihaela Devic (Registered Practical Nurse) Revision on: 01/07/2025 Revision by: Manpreet Dhaliwal (Registered Nurse)			PCA Registered Practical Nurse	BLS
			• FOOTWEAR: Ensure Stephanie wears appropriate, well-fitting, non slip footwear for ambulation. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)				
			• HIP PROTECTORS: Stephanie wears hip protectors at all times to safeguard against injury. Report to Registered Staff if not wearing. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/10/2024 Revision by: Shirly Nasufi (Registered Nurse)			PCA	D/E/N
			• ALARMS: Stefanie has a Bed and a chair alarm. Check placement and working order every shift. Staff are to immediately respond when bed or chair alarm is heard. Bed alarm initiated.POA informed. Given new chair alarm 17-Mar-2025. New alarm uses a pad on chair plus monitor, therefore Stefanina cannot unclip it.  Stephanie knows how to remove batteries from alarm ,sometimes she unclip. keep			PCA Registered Practical Nurse PTA	D/E/N
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria	
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
<ul style="list-style-type: none"> <li>High risk for FALLS related to cognitive decline and diagnosis of OA(hip), Major neurocognitive disorder.Increased risk for falls due to refusal to use walker when going to bathroom.</li> </ul> Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 02/06/2025 Revision by: Chantelle Walker (ADOC)			chair alarm out of resident's reach. Check alarms each shift for functionality. Date Initiated: 02/08/2025 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 03/17/2025 Revision by: Chantelle Walker (ADOC) <ul style="list-style-type: none"> <li>SUPPLEMENT: Vitamin D supplement as per MD order to maintain bone density to prevent injuries.</li> </ul> Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse)			Registered Staff	
<ul style="list-style-type: none"> <li>Potential to experience discomfort/complications, including pain and impaired mobility related to FRACTURE of left wrist.</li> </ul> Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 01/09/2025 Revision by: Joanne Mae Nava (Nurse Clinician)		<ul style="list-style-type: none"> <li>To promote optimal healing of FRACTURE of the left wrist fracture until healed</li> </ul> Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	<ul style="list-style-type: none"> <li>COMMUNICATION: Involve/ collaborate with Stefanina /SDM in decision making of fracture care management</li> </ul> Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 01/09/2025 Revision by: Joanne Mae Nava (Nurse Clinician) <ul style="list-style-type: none"> <li>HEALTH EDUCATION: Engage with Stefanina/SDM to enhance his/her comprehension of treatment and possible complications associated with fracture.</li> </ul> Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 01/09/2025			Registered Practical Nurse	Registered Practical Nurse
<b>Allergies</b>	Codeine, Dilaudid, narcotics		<b>D.O.B.</b>	05/05/1938	<b>Physician</b>	Kevin Velicaria	
<b>Diagnosis</b>	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Tonkovic, Stefanina (922141000329)		<b>Admission Date</b>	09/10/2024	<b>Location</b>	Queenston House 402 1	
<b>Last Care Plan Review Completed:</b>		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
		Revision by: Joanne Mae Nava (Nurse Clinician) • <b>MONITORING:</b> Utilize holistic perspective of continuous monitoring of resident for management of fracture to left wrist for discomfort/ complications or changes to health status Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician) Revision on: 01/09/2025 Revision by: Joanne Mae Nava (Nurse Clinician) • <b>PAIN MANAGEMENT</b> for fracture prescribed and in place; refer to Pain Care Plan. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician) • <b>PHYSIOTHERAPY</b> evaluation and treatment in place; refer to Physiotherapy Care Plan. Date Initiated: 01/09/2025 Created on: 01/09/2025 Created by: Joanne Mae Nava (Nurse Clinician)	Registered Practical Nurse RN PT - Physiotherapist  Registered Staff  PT - Physiotherapist Physical Therapy Assistant			
• Potential for Acute PAIN and alteration in comfort level related to diagnosis of degenerative disc disease, and left wrist fracture. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Jaspreet Kaur (ADOC) Revision on: 01/09/2025 Revision by: Joanne Mae Nava (Nurse Clinician)	• To promote Stephanie comfort and effectively manage ACUTE pain as episode occurs through to the next review. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	• <b>COMMUNICATION:</b> Involve/collaborate with Stephanie/SDM about pain management, goals of treatment, plan of care, prognosis and treatment options. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • <b>MONITORING:</b> Utilize holistic perspective to continually assess appropriateness of pain management regime and collaborate with Interdisciplinary Team to attain optimal satisfaction for pain control. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • <b>ALTERNATIVE THERAPY:</b> consider other therapies to relieve pain music therapy. Date Initiated: 09/13/2024	RN Registered Practical Nurse  RN Registered Practical Nurse  RN			
<b>Allergies</b>	Codeine, Dilaudid, narcotics		<b>D.O.B.</b>	05/05/1938	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses					
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Tonkovic, Stefanina (922141000329)		<b>Admission Date</b>	09/10/2024	<b>Location</b>	Queenston House 402 1
<b>Last Care Plan Review Completed:</b>		09/26/2025				



## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<p>• Potential for Acute PAIN and alteration in comfort level related to diagnosis of degenerative disc disease, and left wrist fracture.</p> <p>Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Jaspreet Kaur (ADOC) Revision on: 01/09/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</p>		<p>Created on: 09/13/2024 Created by: Shirley Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirley Nasufi (Registered Nurse)</p> <p>• REST: accommodate Stephanie rest and relaxation preference breaks between activities or remaining in bed</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirley Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirley Nasufi (Registered Nurse)</p> <p>• MEDICATION: Administer analgesic medication as per MD order for pain relief/management. Request MD assistance to review pain management as clinically needed.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirley Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirley Nasufi (Registered Nurse)</p>	<p>RN Registered Practical Nurse</p> <p>Registered Practical Nurse RN</p>				
<p>• STRONG PARTICIPATION in Activities.</p> <p>Date Initiated: 01/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 01/08/2025 Revision by: Sabrina Zipeto (Recreation Aide)</p>	<p>• Stefanina "Stephanie" will be supported to maintain participation in activities 10-15 times per month by the next review date.</p> <p>Date Initiated: 01/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025</p> <p>• Stephanie will increase her ISE score of 4 to 5 by the next review date.</p>	<p>• STRUCTURED ACTIVITIES: Invite her to programs of personal interest such as: baking, bingo, concerts, cards, movies, parties, tea social, etc..</p> <p>Date Initiated: 01/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 01/08/2025 Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>• SELF-DIRECTED ACTIVITIES: Encourage her to engage in self-directed activities such as: telephone conversations, walking, conversing with peers, etc.).</p> <p>Date Initiated: 01/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 01/08/2025 Revision by: Sabrina Zipeto (Recreation Aide)</p> <p>• ASSISTANCE: Provide assistance/encouragement to get her to scheduled activities - Accompany in elevator, Walk with, Guide to, Porter, Cue Direction, Reminders, etc.</p> <p>Date Initiated: 01/08/2025</p>	<p>Recreation Aide</p> <p>Recreation Aide</p> <p>Recreation Aide</p>				
<b>Allergies</b>	Codeine, Dilaudid, narcotics		<b>D.O.B.</b>	05/05/1938	<b>Physician</b>	Kevin Velicaria	
<b>Diagnosis</b>	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Tonkovic, Stefanina (922141000329)		<b>Admission Date</b>	09/10/2024	<b>Location</b>	Queenston House 402 1	
<b>Last Care Plan Review Completed:</b>		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
• STRONG PARTICIPATION in Activities. Date Initiated: 01/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 01/08/2025 Revision by: Sabrina Zipeto (Recreation Aide)	Date Initiated: 06/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 09/25/2025 Revision by: Sabrina Zipeto (Recreation Aide) Target Date: 12/26/2025	Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 01/08/2025 Revision by: Sabrina Zipeto (Recreation Aide) • MUSIC CARE APPROACH: Present Stephanie with Community music, Music Care Specialists, Musicking, Music Programming, Music Technology, Environmental Sound, Research and Training). Date Initiated: 01/08/2025 Created on: 01/08/2025 Created by: Sabrina Zipeto (Recreation Aide) Revision on: 01/08/2025 Revision by: Sabrina Zipeto (Recreation Aide)	Recreation Aide	
• Use of 1/4 bed rail to both sides to assist resident with bed mobility and transfers in and out of bed. Date Initiated: 09/14/2024 Created on: 09/14/2024 Created by: Natalie Sankar (RPN) Revision on: 09/24/2024 Revision by: Natalie Sankar (RPN)	• Stefanina will be effectively supported with use of 1/4 bed rail to left side of bed to optimize bed mobility and transfers in and out of bed each day through to the next review date. Date Initiated: 09/14/2024 Created on: 09/14/2024 Created by: Natalie Sankar (RPN) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	• HEALTH EDUCATION: Engage with Stephanie/SDM to enhance their knowledge of possible benefits and challenges associated with Use of (Left 1/4 side rail- PASD). Date Initiated: 09/14/2024 Created on: 09/14/2024 Created by: Natalie Sankar (RPN) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of monitoring resident for continued benefit to use (specify assigned PASD) as to support appropriate (assigned ADL). Date Initiated: 09/14/2024 Created on: 09/14/2024 Created by: Natalie Sankar (RPN) • BED RAIL (One PARTIAL): 1/4 bed rails both sides in USE as a PASD to assist resident with bed mobility and transfer in/out of bed. Monitor every shift. Date Initiated: 09/14/2024 Created on: 09/14/2024 Created by: Natalie Sankar (RPN) Revision on: 09/25/2024 Revision by: Navpreet Sekhon (RN)	Registered Practical Nurse RN          Registered Staff    PCA	  

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)		Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse) • MONITORING: Utilize holistic perspective of continuous monitoring of Stephanie with altered fluid intake for changes to health status and risk for dehydration. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)			PCA  PCA Registered Practical Nurse	
• Potential for Expressive Behaviour of WANDERING, RESISTANCE to care for needs related to neurocognitive disease. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)		• To promote safety for Stephanie and/or others during each episode of wandering and resistance to care through to the next review date. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025  • Stephanie will be supported to adjust to his/her new environment to lower risk of triggering former WANDERING, resistive to care behaviour episodes through to the next review. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025	• COMMUNICATION: Involve/collaborate with Stephanie/SDM about identified Risk of Expressive Behaviour, discuss triggering factors, and plan of care needs/options as needed. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse) • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Stephanie for indications to change in or for escalating expressive behaviour risk. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse) • RESISTANCE to Care Need: If Stephanie is declining to bathe, change clothes, take medications, re-approach in 10-15 minutes. Report episode to Registered Staff. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse) • ONE to ONE Care: Started on January 7, 2025. See Registered Staff for update. Date Initiated: 01/17/2025 Created on: 01/17/2025 Created by: Grace Akah (RN)			Registered Practical Nurse BSO - Internal Social Worker  Registered Practical Nurse PCA  PCA Registered Practical Nurse  Restorative Care Aide	
Allergies	Codeine, Dilaudid, narcotics			D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)			Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved		
<div>• Potential for Expressive Behaviour of WANDERING, RESISTANCE to care for needs related to neurocognitive disease. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>	<div>Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025</div>	<div>Revision on: 01/17/2025 Revision by: Grace Akah (RN)</div>				
<div>• Potential to experience complications and side effects impacting quality of life related to use of multi-pharmacy, use of anti-psychotic medications. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>	<div>• To monitor effectiveness and for side effects of anti-psychotic medication used each day through to the next review date. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025</div>	<div>• COMMUNICATION: Involve/collaborate with Stephanie/SDM in decision making and health teaching about medicinal regime and appropriate medication use. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)  • MONITORING: Utilize holistic perspective of continuous monitoring of Stephanie using anti-psychotic medication, poly-pharmacy for changes to health status and alteration or complications affecting functioning or quality of life. Date Initiated: 09/22/2024 Created on: 09/22/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/22/2024 Revision by: Shirly Nasufi (Registered Nurse)</div>	<div>Registered Practical Nurse RN</div> <div>Registered Practical Nurse RN</div>			
<div>• Altered VISION related to macular degeneration Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024</div>	<div>• Stephanie is supported to use eyeglasses for vision correction daily through to the next review date. Date Initiated: 09/21/2024 Created on: 09/21/2024</div>	<div>• COMMUNICATION: Involve/collaborate with Stephanie/SDM for decision making pertaining to change in visual status as needed. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024</div>	<div>Registered Practical Nurse RN</div>			
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025				

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
Revision by: Shirly Nasufi (Registered Nurse)		Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	Revision by: Shirly Nasufi (Registered Nurse)  • EYEGLASSES: Stephanie wears eyeglasses. Assist to clean eyeglasses as needed and store on night table when sleeping. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)  • MEDICATION: Administer ophthalmic medication as as per MD Order. Monitor its effectiveness and for side effects. Date Initiated: 09/21/2024 Created on: 09/21/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/21/2024 Revision by: Shirly Nasufi (Registered Nurse)			PCA	
• Potential Risk for Delirium, OR Acute Change in Cognitive Functioning related to Urinary tract Infection. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		• To promote early identification of changes in Stephanie condition and prevent onset of Delirium. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	• SYMPTOM OBSERVATION/REPORTING: Stephanie is at High Risk for Delirium when she has UTI. Report observed changes to resident's cognitive function, physical function, eating/drinking habits or behaviour to Registered Staff immediately as noted. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)  • COMMUNICATION & EDUCATION: Involve/collaborate with Stephanie/SDM about episodic DELIRIUM, discuss contributing factors, possible treatment, and plan of care needs/options as needed. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)  • ASSESS/MONITOR: Utilize holistic perspective of continuous monitoring of Stephanie for indications of DELIRUM including dehydration, poor appetite, vomiting, diarrhea, blood loss, acute flare up of chronic condition- infection(UTI)			PCA Recreation Aide	Registered Practical Nurse RN
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria	
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved			
<p>• Potential Risk for Delirium, OR Acute Change in Cognitive Functioning related to Urinary tract Infection.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>		<p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• VITAL SIGNS: Monitor Stephanie's Vital Signs as per MD/NP Order. Report abnormalities to MD/NP as needed and follow further directive.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• ORIENTATION: Gently reorient to person, place, time as needed when Stephanie is feeling lost or in confused state.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	Registered Practical Nurse				
<p>• Potential to experience alteration in CARDIAC FUNCTION related to Hypertension</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p>	<p>• To treat and minimize signs/symptoms or complications associated with Hypertension Diagnosis through to the next review date.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025</p>	<p>• COMMUNICATION: Involve/collaborate with Stephanie/SDM in decision making of Cardiac Care Management for Hypertension.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• MONITORING: Utilize holistic perspective of continuous monitoring of Stephanie with Hypertension for changes to health status and alteration or complications affecting cardiac function.</p> <p>Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</p> <p>• MEDICATION: Administer medication for Hypertension as per MD Order and monitor for side effects.</p>	Registered Practical Nurse				
<b>Allergies</b>	Codeine, Dilaudid, narcotics		<b>D.O.B.</b>	05/05/1938	<b>Physician</b>	Kevin Velicaria	
<b>Diagnosis</b>	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
<b>Facility</b>	Arbour Creek Care Centre				<b>Print Date</b>	11/5/2025	
<b>Resident</b>	Tonkovic, Stefanina (922141000329)		<b>Admission Date</b>	09/10/2024	<b>Location</b>	Queenston House 402 1	
<b>Last Care Plan Review Completed:</b>		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Potential to experience alteration in CARDIAC FUNCTION related to Hypertension Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)			Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)			Nurse RN	
• Sleep Patterns Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		• To promote adequate rest/sleep for Stephanie based on identified sleep patterns/preferences each night through to the next review date. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	• REST PATTERN: Preferred bedtime is 2000 hrs, usual wake time 0700 hrs. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)			PCA	
• BOWEL Continence - Stephanie is continent and has self recognition of urge to defecate. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		• Stephanie to remain continent of bowels through next review date Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)	• BOWEL Continence level is CONTINENT. Report change to level as noted. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • SELF TOILETING: Stephanie has a cast on her left forearm and needs 1 person total assistance for bowel movements. Each shift record if she had a BOWEL MOVEMENT and document accordingly. Report changes to bowel movements or			PCA  PCA Registered Practical Nurse	
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria	
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre				Print Date	11/5/2025	
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1	
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
		Target Date: 12/26/2025	continence level to Registered Staff as noted. Date Initiated: 09/18/2024 Created on: 09/18/2024 Created by: Navpreet Sekhon (RN) Revision on: 01/17/2025 Revision by: Chantelle Walker (ADOC)				
<b>• URINARY Stress INCONTINENCE</b> related diagnosis of Major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		<b>• Stephanie will receive support</b> to use the toilet and promote urinary continence each shift through to the next review. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025  <b>• Stephanie will have urinary incontinence managed every shift through to the next review period.</b> Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	<b>• COMMUNICATION:</b> Involve/collaborate with Stephanie/SDM for decision making about toileting options or incontinence management. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)  <b>• MONITORING:</b> Utilize the holistic perspective of continuous monitoring of Stephanie for toileting needs, changes to health status and alteration of continence level. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)  <b>• URINARY Continence level is FREQUENTLY Incontinent. Report change to level as noted.</b> Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)  <b>• SCHEDULED TOILETING:</b> Toilet Stefanina before breakfast between 7 and 8 am, before and after supper and before bedtime between 7:30 pm and 8:30pm. Date Initiated: 10/30/2024 Created on: 10/30/2024 Created by: Grace Akah (RN) Revision on: 10/30/2024 Revision by: Grace Akah (RN)  <b>• CHECK and CHANGE:</b> Stephanie experiences frequently incontinence and prone			RN Registered Practical Nurse	PCA
Allergies	Codeine, Dilaudid, narcotics			D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)			Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025					



## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• URINARY Stress INCONTINENCE related diagnosis of Major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)			to urinary tract infection, requires checks every 2 hours and PRN and change each time noted to be soiled. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • INCONTINENCE PRODUCT: Stefanina uses a pad during the day, evening and night. Stefanina refuses INCONTINENCE briefs and prefers pads. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 10/30/2024 Revision by: Grace Akah (RN)			PCA	
• Altered COMMUNICATION as exhibited by limitations to comprehension related to diagnosis of Major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		• Stephanie will continue to freely express self and adequately comprehend information each day through to the next review period. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025  • Stephanie will be supported to maintain current communication abilities to express self, comprehend information each day through to the review date.	• COMMUNICATION: Involve/collaborate with Stephanie/SDM for decision making about strategies needed to support effective communication. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • HEALTH TEACHING: Engage with Stephanie/SDM to enhance their knowledge of communication devices, hearing aids, change in health status affecting communication ability. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • PRIMARY LANGUAGE: Stephanie's primary language is Croatian. She is able to speak/understand) English and Serbian. Date Initiated: 09/10/2024 Created on: 09/10/2024			Registered Practical Nurse RN  RN Registered Practical Nurse  RN PCA Registered Practical	
Allergies	Codeine, Dilaudid, narcotics			D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)			Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions			Position	Freq/Resolved
• Altered COMMUNICATION as exhibited by limitations to comprehension related to diagnosis of Major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • SUPPORTIVE TECHNIQUES: Allow time to respond, repeat as needed, ask yes/no questions, uses simple words/phrases. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)			Nurse	
		• Stephanie will be supported to make basic needs known each day through to the review date. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025				PCA RN Registered Practical Nurse	
• COGNITIVE LOSS; alteration in thought processes memory loss, difficulty concentrating, altered judgement due to cognitive decline related to diagnosis of Major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)		• Stephanie will be supported to make independent choice and safe decisions each day through to the review date. Current CPS is Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	• COMMUNICATION: Involve/collaborate with Stephanie/SDM in decision making of Cognitive Loss for major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse) • HEALTH TEACHING: Engage with Stephanie/SDM to enhance their knowledge on the importance of a geriatric health including progressive cognitive loss of Major neurocognitive disease. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)			Registered Practical Nurse RN  RN Social Worker Registered Practical Nurse	
Allergies	Codeine, Dilaudid, narcotics			D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses						
Facility	Arbour Creek Care Centre					Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)			Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025					

## Care Plan Report

Focus		Goal	Interventions		Position	Freq/Resolved
			<ul style="list-style-type: none"><li>• <b>ORIENTATION:</b> Gently reorient to person, place, time as needed when Stephanie is feeling lost or in a confused state. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</li><li>• <b>COGNITIVE STIMULATION:</b> Guide Stephanie in activities to stimulate cognitive function bridge, puzzles, reading and listening to Croatian music. Date Initiated: 09/13/2024 Created on: 09/13/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</li></ul>		PCA Recreation Aide RN  Recreation Aide Registered Practical Nurse PCA	
<ul style="list-style-type: none"><li>• Altered ability to complete Activities of Daily Living (ADLs) related to cognitive decline. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)</li></ul>		<ul style="list-style-type: none"><li>• Stephanie will have ALL ADL care needs met each day through the next review date. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025</li><li>• Stephanie will be supported to maintain current self participation in ADL care and assisted to ensure all ADL care needs are met each day through to the next review date. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse)</li></ul>	<ul style="list-style-type: none"><li>• <b>BATHING:</b> Stephanie prefers shower on Tuesdays AM and Saturdays AM. One Staff total assistance with shower due to fracture on left arm. Nail care to be provided on shower day. Date Initiated: 06/24/2025 Created on: 06/24/2025 Created by: Jason Geerlinks (Quality Improvement Coordinator) Revision on: 06/24/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator)</li><li>• <b>BED MOBILITY:</b> Stephanie require 1 staff member to assist with bed mobility due to left arm fracture Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/13/2025 Revision by: Joanne Mae Nava (Nurse Clinician)</li><li>• <b>DRESSING:</b> Stephanie requires one staff to provide assistance with dressing while in a cast (left forearm) and needs to be assisted when she awakes in the morning at 6:00 a.m. or else she will attempt to self-dress/transfer. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/17/2025</li></ul>		PCA          PCA Registered Practical Nurse	
Allergies	Codeine, Dilaudid, narcotics		D.O.B.	05/05/1938	Physician	Kevin Velicaria
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses					
Facility	Arbour Creek Care Centre				Print Date	11/5/2025
Resident	Tonkovic, Stefanina (922141000329)		Admission Date	09/10/2024	Location	Queenston House 402 1
Last Care Plan Review Completed:		09/26/2025				

## Care Plan Report

Focus		Goal	Interventions				Position	Freq/Resolved
		Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	Revision by: Chantelle Walker (ADOC)  • EATING: PCA 1 Staff to provide to assist with eating. Staff to cut up food as left arm is on a cast (left forearm). Stefanina likes routine and needs consistency in being taken to meals on time. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/17/2025 Revision by: Chantelle Walker (ADOC)  • LOCOMOTION: Stephanie needs 1 staff assistance with her wheelchair while in a PCA cast (left forearm). Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/17/2025 Revision by: Chantelle Walker (ADOC)  • PERSONAL HYGIENE: Stephanie requires one staff to provide assistance with PCA personal hygiene. Stefanina needs 1 staff to provide pericare while in a cast (left forearm) and needs to be encouraged to have peri-care completed. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 01/17/2025 Revision by: Chantelle Walker (ADOC)  • HAND HYGIENE: 1 staff to provide REMINDER assistance to use soap/water, PCA apply sanitizer, rub hands together, dry hands for hand hygiene. Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/13/2024 Revision by: Shirly Nasufi (Registered Nurse)  • TOILET USE: Stephanie needs one staff to provide assistance with toileting while in PCA a cast (left arm). Reassess after cast is taken off. Date Initiated: 09/10/2024 Created on: 09/10/2024					
Allergies	Codeine, Dilaudid, narcotics			D.O.B.	05/05/1938	Physician	Kevin Velicaria	
Diagnosis	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses							
Facility	Arbour Creek Care Centre					Print Date	11/5/2025	
Resident	Tonkovic, Stefanina (922141000329)			Admission Date	09/10/2024	Location	Queenston House 402 1	
Last Care Plan Review Completed:		09/26/2025						

## Care Plan Report

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## Care Plan Report

Focus	Goal	Interventions	Position	Freq/Resolved
Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/10/2024 Revision by: Shirly Nasufi (Registered Nurse)	Date Initiated: 09/10/2024 Created on: 09/10/2024 Created by: Shirly Nasufi (Registered Nurse) Revision on: 04/11/2025 Revision by: Jason Geerlinks (Quality Improvement Coordinator) Target Date: 12/26/2025	Created by: Shirly Nasufi (Registered Nurse) Revision on: 09/10/2024 Revision by: Shirly Nasufi (Registered Nurse)		

### Diagnosis

Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis (K21.9), Other peripheral vertigo(H81.3), Stroke, not specified as haemorrhage or infarction(I64), Atrial fibrillation, unspecified(I48.90), Benign hypertension (I10.0), Other hyperlipidaemia(E78.4), Other hypertrophic osteoarthropathy, other site(M89.48)

<b>Allergies</b>	Codeine, Dilaudid, narcotics	<b>D.O.B.</b>	05/05/1938	<b>Physician</b>	Kevin Velicaria
<b>Diagnosis</b>	Other depressive episodes(F32.8), Congestive heart failure(I50.0), Unspecified dementia(F03), Gastro-oesophageal reflux disease without oesophagitis(K21.9), Other peripheral vertigo(H81.3), Strok...See last page for a complete listing of the Resident's diagnoses				
<b>Facility</b>	Arbour Creek Care Centre			<b>Print Date</b>	11/5/2025
<b>Resident</b>	Tonkovic, Stefanina (922141000329)	<b>Admission Date</b>	09/10/2024	<b>Location</b>	Queenston House 402 1
<b>Last Care Plan Review Completed:</b>		09/26/2025			