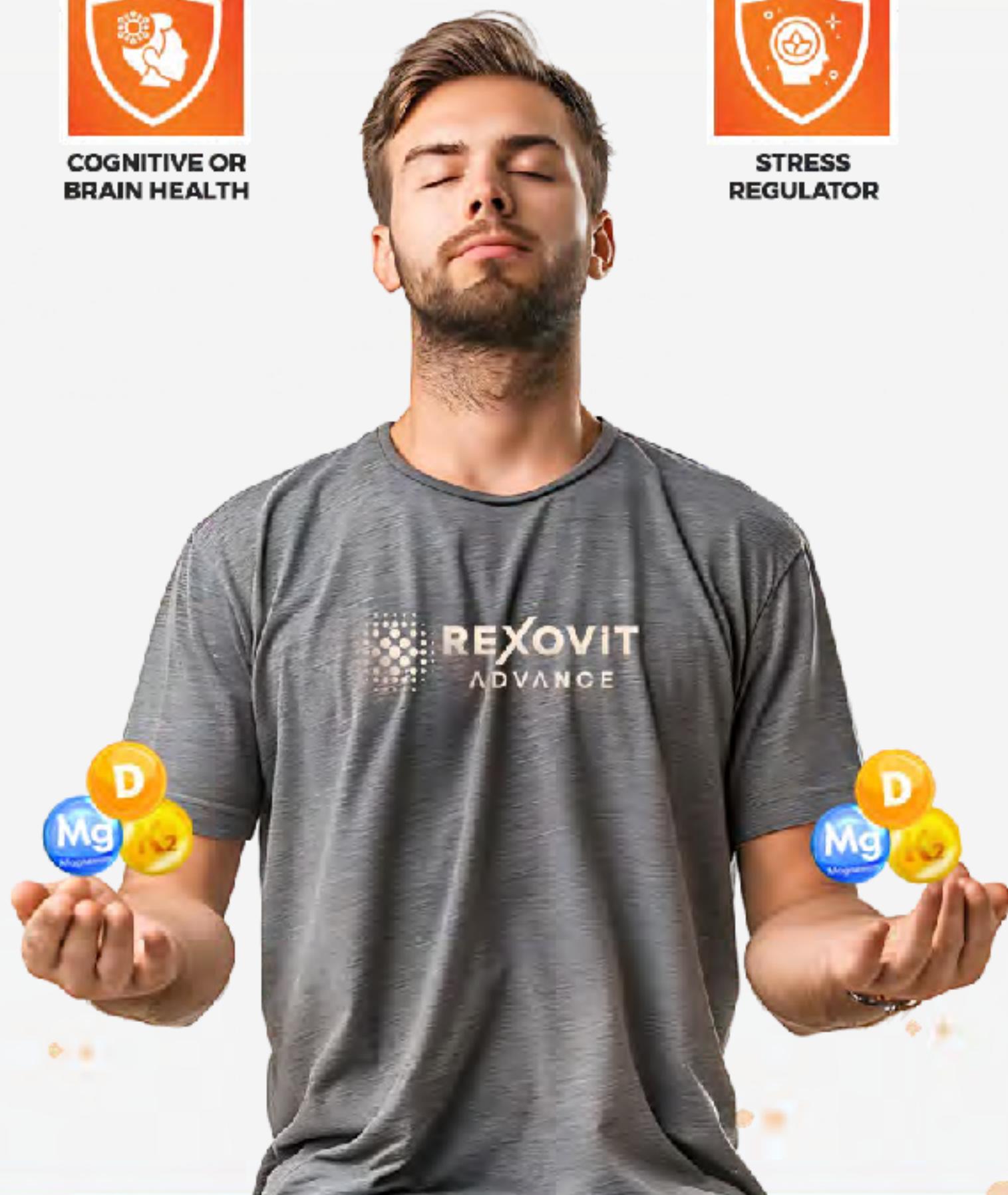


Rexovit Advance

THE MISSING  
**LINK**  
TO GOOD  
HEALTH

...

COGNITIVE OR  
BRAIN HEALTHSTRESS  
REGULATOR

## BRAIN HEALTH & STRESS REGULATOR

### MAGNESIUM

Magnesium acts as a cofactor in the synthesis and function of neurotransmitters like serotonin, dopamine, and GABA, which are crucial for mood, focus, and relaxation.

**Hormonal Balance:** Stress triggers the release of stress hormones like cortisol. Magnesium plays a crucial role in regulating the hormonal response to stress, helping to maintain hormonal balance and prevent excessive cortisol release.

**Improved Sleep Quality:** Sleep deprivation exacerbates stress, and stress disrupts sleep. Magnesium's calming effects on the nervous system contribute to improved sleep quality, helping break the vicious cycle of stress and sleeplessness.

### VITAMIN D

A 2022 study highlighted that individuals with higher levels of vitamin D in their brains had better cognitive function, reinforcing the link between vitamin D and brain health.

### VITAMIN (B1, B6, B12)

Providing energy for neuronal functions, ensures proper nerve conduction and cognitive function.

TRANSFORM80  
"LIFE CHANGES 180° IN 180 DAYS"TRANSFORM80  
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