# NutriPLasmaPredict\_Proj

# **Load Packages**

```
##
## Attaching package: 'dplyr'

## The following objects are masked from 'package:stats':
##
## filter, lag

## The following objects are masked from 'package:base':
##
## intersect, setdiff, setequal, union

##
## Attaching package: 'MASS'

## The following object is masked from 'package:dplyr':
##
## select
```

# **Import Data**

```
#import data
Plasma <- read.table("Plasma.txt", header = TRUE)

# Generate indices for train and test data
set.seed(23)
n = nrow(Plasma)
train_index = sample.int(n, size = 0.8*n)
train = Plasma[train_index, ]
valid = Plasma[-train_index, ]</pre>
```

# 1). Exploratory Data Analysis

## Check variable types

```
# check variable type
cplasm <- sapply(Plasma, class); cplasm</pre>
```

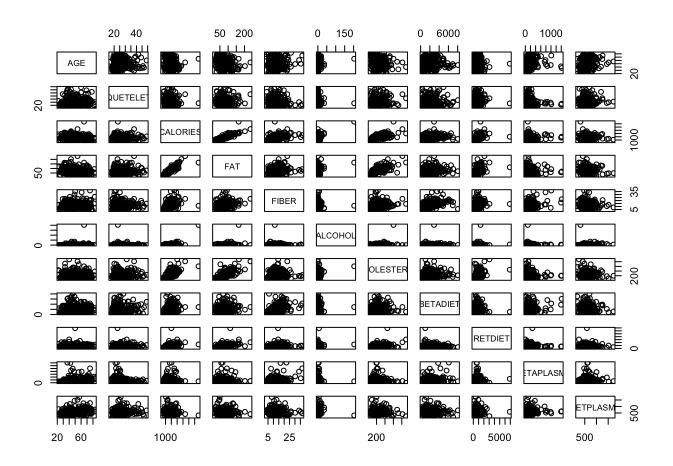
```
SEX
                                SMOKSTAT
                                             OUETELET
                                                                      CALORIES
##
           AGE
                                                           VITUSE
     "integer" "character" "character"
                                            "numeric" "character"
                                                                     "numeric"
##
                                 ALCOHOL CHOLESTEROL
                                                                       RETDIET
##
           FAT
                      FIBER
                                                         BETADIET
##
     "numeric"
                  "numeric"
                               "numeric"
                                            "numeric"
                                                        "integer"
                                                                     "integer"
##
    BETAPLASMA
                  RETPLASMA
     "integer"
                  "integer"
##
```

```
sumplasm <- sapply(Plasma, summary)

# transform categorical var into factor type
Plasma$SEX <- as.factor(Plasma$SEX)
Plasma$SMOKSTAT <- as.factor(Plasma$SMOKSTAT)
Plasma$VITUSE <- as.factor(Plasma$VITUSE)</pre>
```

## Inspect multicollinearity

```
num = subset(train, select = -c(SEX, SMOKSTAT, VITUSE) )
cor_num <- cor(num)
pairs(num)</pre>
```



## **Inspect Categorical Variable**

```
#check categorical var
table(Plasma$SEX)
```

```
##
## FEMALE MALE
## 273 42
```

```
table(Plasma$SMOKSTAT)
```

```
##
## CURRENT FORMER NEVER
## 43 115 157
```

```
table(Plasma$VITUSE)
```

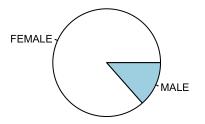
```
##
## NO NOT OFTEN OFTEN
## 111 82 122
```

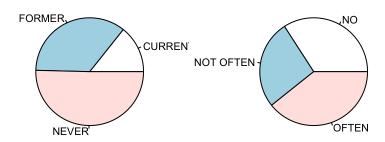
```
# check pie chart of categorical variables
plasma_cat = train[,(names(train)%in%c("SEX","SMOKSTAT", "VITUSE"))]
par(mfrow=c(1,3))
for (j in 1:3){
    n <- nrow(plasma_cat[,j])
    lbls <- names(table(plasma_cat[,j]))
    lab <- paste(lbls)
    pie(table(plasma_cat[,j]), labels = lab, main = paste("Pie chart of",colnames(plasma_cat[,j])))
}</pre>
```

Pie chart of SEX

#### Pie chart of SMOKSTAT

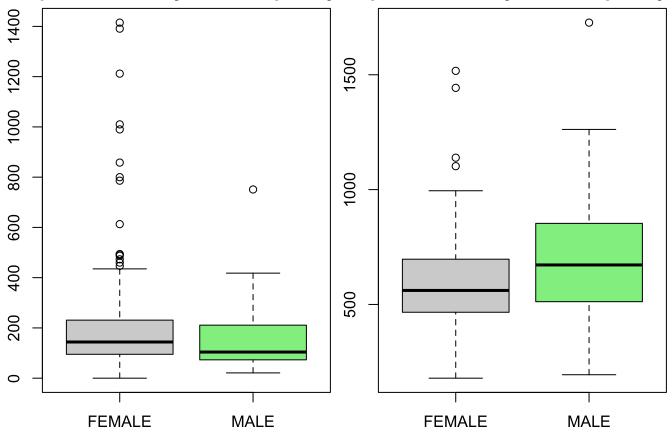
Pie chart of VITUSE





# checking boxplot of categorical var
par(mfrow=c(1,2), mar=c(3,2,2,.5), mgp=c(3,1,0))
boxplot(Plasma\$BETAPLASMA~Plasma\$SEX,main='Betaplasma: side-by-side box plot by sex',xla
b='sex',ylab='betaplasma', col = c("lightgrey","lightgreen"))
boxplot(Plasma\$RETPLASMA~Plasma\$SEX,main='Retplasma: side-by-side box plot by sex',xlab
='sex',ylab='Retplasma', col =c("lightgrey","lightgreen"))

## 3etaplasma: side-by-side box plot by Retplasma: side-by-side box plot by



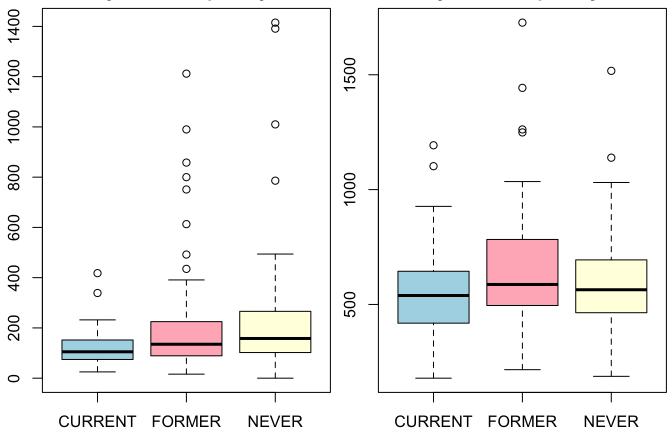
boxplot(Plasma\$BETAPLASMA~Plasma\$SMOKSTAT,main='Betaplasma: side-by-side box plot by smo king activities',

xlab='sex',ylab='betaplasma', col = c("lightblue", "lightpink","lightyellow"))

boxplot(Plasma\$RETPLASMA~Plasma\$SMOKSTAT,main='Retplasma: side-by-side box plot by smoking activities',

xlab='sex',ylab='Retplasma', col = c("lightblue", "lightpink","lightyellow"))

## sma: side-by-side box plot by smokinma: side-by-side box plot by smoking



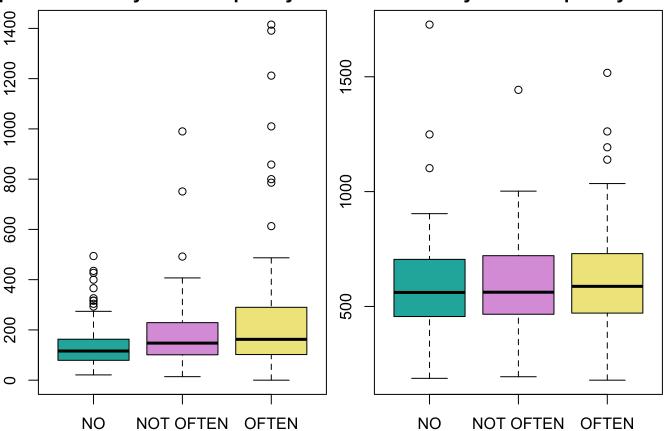
boxplot(Plasma\$BETAPLASMA~Plasma\$VITUSE,main='Betaplasma: side-by-side box plot by vitam
in use',

xlab='sex',ylab='betaplasma', col = c("lightseagreen", "plum","khaki"))

boxplot(Plasma\$RETPLASMA~Plasma\$VITUSE,main='Retplasma: side-by-side box plot by vitamin use',

xlab='sex',ylab='Retplasma', col = c("lightseagreen", "plum","khaki"))

## plasma: side-by-side box plot by vitalasma: side-by-side box plot by vitar

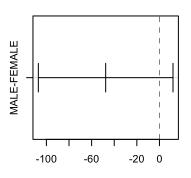


```
# Check if there is significant differences between groups
# Use Tukey's HSD- honest significant difference
T1 <- TukeyHSD(aov(BETAPLASMA ~ SEX, Plasma))
T2 <- TukeyHSD(aov(BETAPLASMA ~ SMOKSTAT, Plasma))
T3 <- TukeyHSD(aov(BETAPLASMA ~ VITUSE, Plasma))

T4 <- TukeyHSD(aov(RETPLASMA ~ SEX, Plasma))
T5 <- TukeyHSD(aov(RETPLASMA ~ SMOKSTAT, Plasma))
T6 <- TukeyHSD(aov(RETPLASMA ~ VITUSE, Plasma))

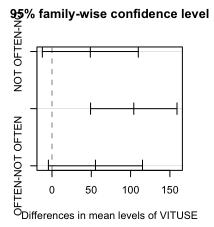
par(mfrow=c(2,3))
plot(T1)
plot(T2)
plot(T3)
plot(T4)
plot(T5)
plot(T5)</pre>
```

#### 95% family-wise confidence level

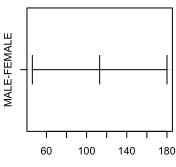


Differences in mean levels of SEX

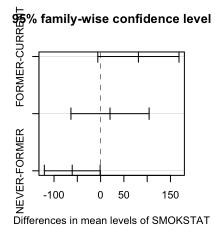
# FORMER-CURRENCURRE W W O SO 100 150 W Differences in mean levels of SMOKSTAT

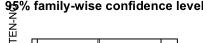


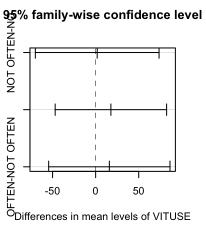
95% family-wise confidence level



Differences in mean levels of SEX



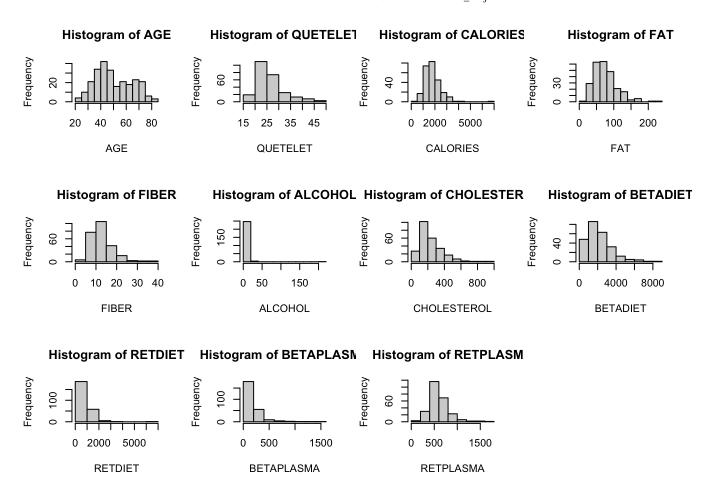




## **Check Numerical Variable**

```
# check numeric var
sumplasm <- sapply(num, summary)</pre>
describe(num, fast=TRUE)
knitr::kable(round(describe(num,fast=TRUE),3), format = "html")
```

```
# check hist plot of numeric variables
par(mfrow=c(3,4))
for (i in 1:11){
  hist(num[,i], main = paste("Histogram of",colnames(num[i])), xlab = paste(colnames(num
[i])))
}
```



# 2. Model Fitting

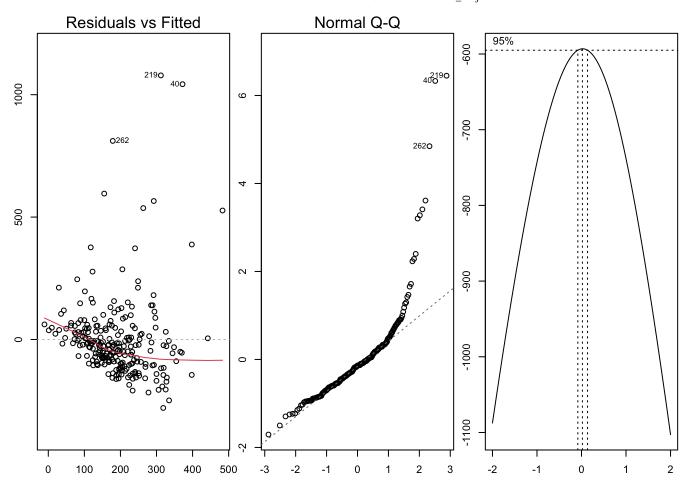
## A. Betaplasma

## First order model

```
# Use stepwise regression to find first order model
beta = subset(train, select = -c(RETPLASMA) )
fit.0=lm(BETAPLASMA~1, data=beta) ##initial model, only intercept
step.aic=stepAIC(fit.0, scope=list(upper=~AGE+SEX+SMOKSTAT+QUETELET+VITUSE+CALORIES+FAT+
FIBER+ALCOHOL+CHOLESTEROL+BETADIET+RETDIET, lower= ~1), direction="both", k=2, trace=FAL
SE)
step.aic$anova
```

Result: BETAPLASMA ~ FIBER + QUETELET + VITUSE + FAT + BETADIET + AGE

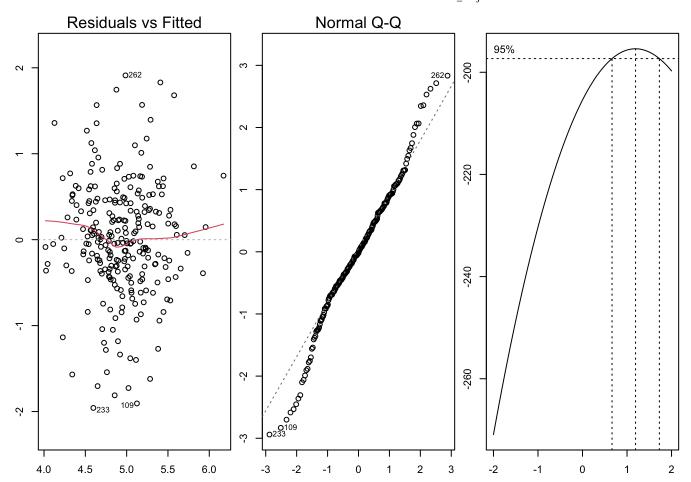
```
# Diagnostic of BETA model1
train_pos = beta[beta$BETAPLASMA > 0, ]
betamodel1 <- lm(BETAPLASMA ~ FIBER + QUETELET + VITUSE + FAT + BETADIET + AGE, data=tra
in_pos)
par(mfrow = c(1,3), mar=c(3,2,2,.5), mgp=c(3,1,0))
plot(betamodel1, which=c(1,2))
MASS::boxcox(betamodel1)</pre>
```



# log-transformation log\_betamodel1 <- lm(log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT + BETADIET + AGE, data=train\_pos) summary(log\_betamodel1)

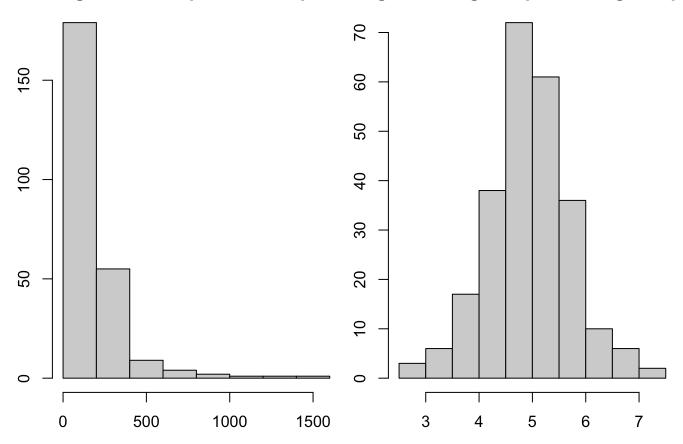
```
##
## Call:
## lm(formula = log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT +
##
       BETADIET + AGE, data = train pos)
##
## Residuals:
##
       Min
                 10
                      Median
                                   30
                                           Max
## -1.95811 -0.35377 -0.01352 0.42705
                                      1.91169
##
## Coefficients:
##
                    Estimate Std. Error t value Pr(>|t|)
                   5.002e+00 2.895e-01 17.274 < 2e-16 ***
## (Intercept)
## FIBER
                   3.262e-02 9.329e-03
                                        3.496 0.00056 ***
## OUETELET
                  -3.273e-02 7.267e-03 -4.503 1.04e-05 ***
## VITUSENOT OFTEN 3.449e-01 1.132e-01
                                        3.047 0.00256 **
## VITUSEOFTEN
                   3.340e-01 1.019e-01 3.277 0.00120 **
## FAT
                  -4.085e-03 1.395e-03 -2.929 0.00373 **
## BETADIET
                   4.186e-05 3.556e-05 1.177 0.24028
## AGE
                   7.261e-03 3.101e-03
                                          2.342 0.02000 *
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.6817 on 243 degrees of freedom
## Multiple R-squared: 0.2354, Adjusted R-squared: 0.2134
## F-statistic: 10.69 on 7 and 243 DF, p-value: 1.002e-11
```

```
# diagnosis of log
par(mfrow = c(1,3), mar=c(3,2,2,.5), mgp=c(3,1,0))
plot(log_betamodel1, which= c(1,2))
MASS::boxcox(log_betamodel1)
```

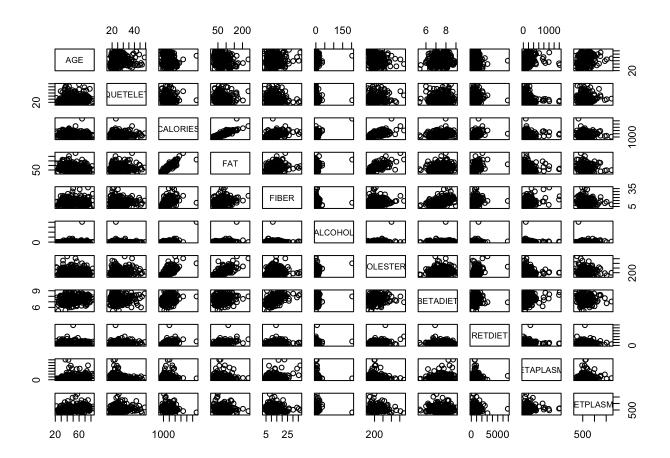


# hist plot
par(mfrow = c(1,2), mar=c(3,2,2,.5), mgp=c(3,1,0))
hist(train\$BETAPLASMA, main = paste("Histogram of betaplasma", xlab = "betaplasma"))
hist(log(train\$BETAPLASMA), main = paste("Histogram of log betaplasma", xlab = "log betaplasma"))

## Histogram of betaplasma betaplasmstogram of log betaplasma log betapl



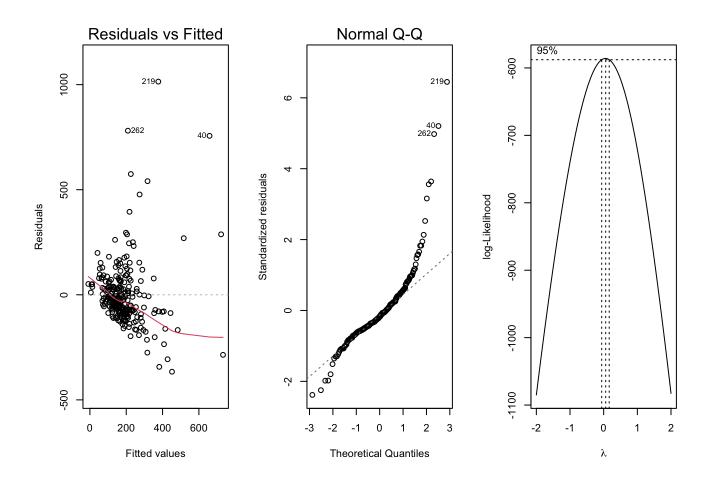
```
par(mfrow=c(1,1), mar=c(3,2,2,.5), mgp=c(3,1,0))
# linearity check
num$BETADIET <- log(num$BETADIET)
pairs(num)</pre>
```



### Model with interactive terms

```
#Adding interaction effects
#betamodel1 = lm(BETAPLASMA ~ FIBER + QUETELET + VITUSE + FAT + BETADIET, data = beta)
stepbeta <- step(betamodel1, scope = FIBER + QUETELET + VITUSE + FAT + BETADIET + AGE ~
.^2, direction = 'both')</pre>
```

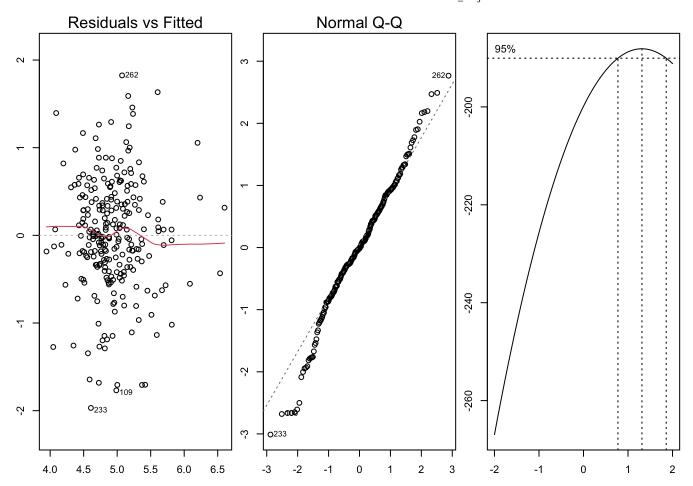
Result: BETAPLASMA ~ FIBER + QUETELET + VITUSE + FAT + BETADIET + AGE + FIBER:VITUSE + FIBER:BETADIET + FAT:BETADIET + BETADIET:AGE + FAT:AGE



# log-transformation
log\_betamodel2 <- lm(formula = log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT + BETAD
IET + AGE + FIBER:VITUSE + FIBER:BETADIET + FAT:BETADIET + BETADIET:AGE + FAT:AGE, data
= train\_pos)
summary(log\_betamodel2)</pre>

```
##
## Call:
## lm(formula = log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT +
##
      BETADIET + AGE + FIBER:VITUSE + FIBER:BETADIET + FAT:BETADIET +
##
      BETADIET:AGE + FAT:AGE, data = train pos)
##
## Residuals:
##
       Min
                 10
                      Median
                                   30
                                           Max
## -1.96893 -0.35025 -0.00864 0.41613 1.82490
##
## Coefficients:
##
                          Estimate Std. Error t value Pr(>|t|)
## (Intercept)
                         5.005e+00 5.613e-01
                                               8.916 < 2e-16 ***
## FIBER
                         9.299e-05 2.090e-02
                                                0.004
                                                        0.9965
## QUETELET
                        -2.947e-02 7.234e-03 -4.074 6.31e-05 ***
## VITUSENOT OFTEN
                         3.001e-01 3.149e-01 0.953
                                                        0.3415
                        -1.970e-01 2.480e-01 -0.794
                                                        0.4278
## VITUSEOFTEN
## FAT
                        -5.929e-03 5.561e-03 -1.066
                                                        0.2874
## BETADIET
                         3.477e-04 1.787e-04
                                              1.946
                                                        0.0529 .
                         7.021e-03 8.706e-03
## AGE
                                              0.806
                                                        0.4208
## FIBER: VITUSENOT OFTEN 3.177e-03 2.411e-02 0.132
                                                        0.8953
                         4.107e-02 1.783e-02 2.303
                                                        0.0221 *
## FIBER:VITUSEOFTEN
                         4.859e-06 6.013e-06
                                                        0.4198
## FIBER:BETADIET
                                              0.808
## FAT:BETADIET
                        -2.015e-06 1.114e-06 -1.809
                                                        0.0716 .
## BETADIET:AGE
                        -4.499e-06 2.747e-06 -1.638
                                                        0.1028
## FAT:AGE
                         1.338e-04 1.006e-04
                                                1.330
                                                        0.1848
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.6716 on 237 degrees of freedom
## Multiple R-squared: 0.2762, Adjusted R-squared: 0.2365
## F-statistic: 6.957 on 13 and 237 DF, p-value: 2.268e-11
```

```
# diagnosis of log
par(mfrow = c(1,3), mar=c(3,2,2,.5), mgp=c(3,1,0))
plot(log_betamodel2, which=c(1,2))
MASS::boxcox(log_betamodel2)
```



summary(log\_betamodel2)

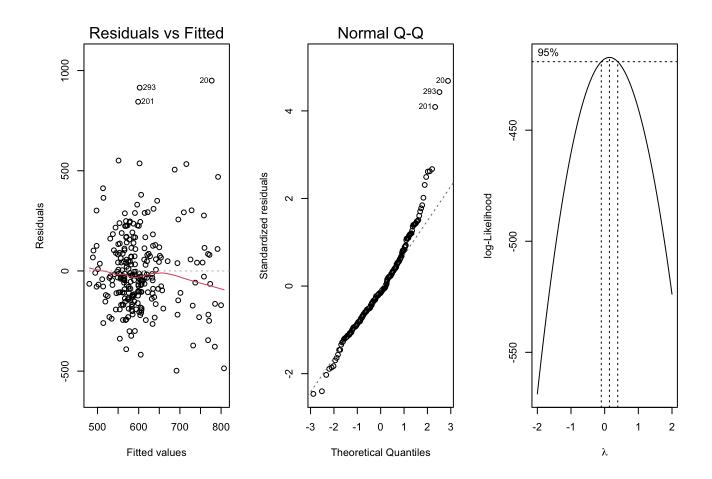
## B. Retoplasma

### First order model

```
# Stepwise Regression for first order
ret = subset(train, select = -c(BETAPLASMA) )
fit.02=lm(RETPLASMA~1, data=ret) ##initial model, only intercept
step.aic2=stepAIC(fit.02, scope=list(upper=~AGE+SEX+SMOKSTAT+QUETELET+VITUSE+CALORIES+FA
T+FIBER+ALCOHOL+CHOLESTEROL+BETADIET+RETDIET, lower= ~1), direction="both", k=2, trace=F
ALSE)
step.aic2$anova
```

Result: RETPLASMA ~ SEX + CALORIES + AGE

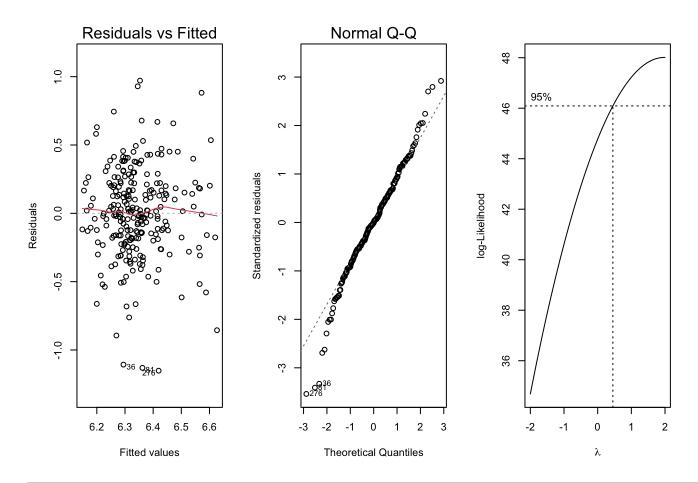
```
# Diagonistic of RET model1
retmodel1 <- lm(formula = RETPLASMA ~ SEX + CALORIES + AGE, data = ret)
par(mfrow = c(1,3))
plot(retmodel1, which = c(1,2))
MASS::boxcox(retmodel1)</pre>
```

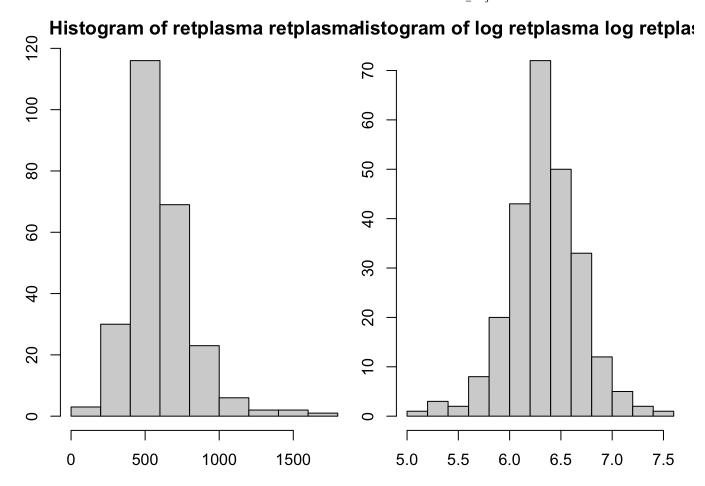


# log-transformation log\_retmodel1 <- lm(formula = log(RETPLASMA) ~ SEX + CALORIES + AGE, data = ret) summary(log\_retmodel1)

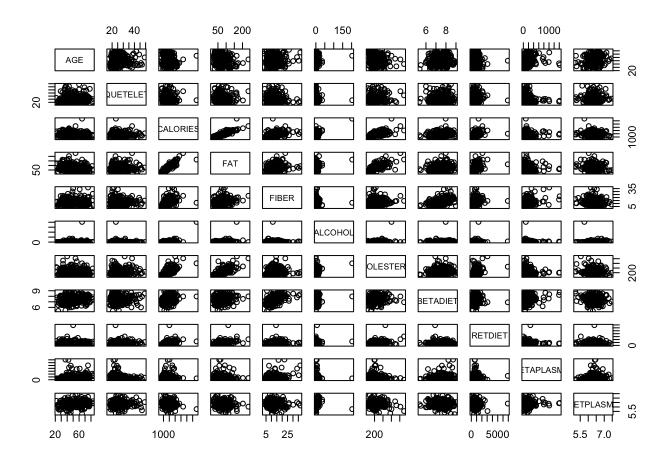
```
##
## Call:
## lm(formula = log(RETPLASMA) ~ SEX + CALORIES + AGE, data = ret)
##
## Residuals:
##
                  10
                       Median
                                    30
                                            Max
## -1.15167 -0.18104 -0.00226 0.20174
                                        0.97114
##
## Coefficients:
                 Estimate Std. Error t value Pr(>|t|)
##
## (Intercept) 6.287e+00
                          1.077e-01
                                     58.349
                                              < 2e-16 ***
## SEXMALE
                1.896e-01 6.730e-02
                                       2.817
                                              0.00524 **
## CALORIES
               -6.869e-05 3.227e-05
                                      -2.129
                                              0.03427 *
## AGE
                           1.575e-03
                3.002e-03
                                       1.906
                                              0.05782 .
## ---
## Signif. codes:
                   0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.3334 on 248 degrees of freedom
## Multiple R-squared: 0.07803,
                                    Adjusted R-squared: 0.06688
## F-statistic: 6.996 on 3 and 248 DF, p-value: 0.0001552
```

```
# diagnosis of log
par(mfrow = c(1,3))
plot(log_retmodel1, which=c(1,2))
MASS::boxcox(log_retmodel1)
```





```
par(mfrow=c(1,1), mar=c(3,2,2,.5), mgp=c(3,1,0))
# linearity check
num$RETPLASMA <- log(num$RETPLASMA)
pairs(num)</pre>
```



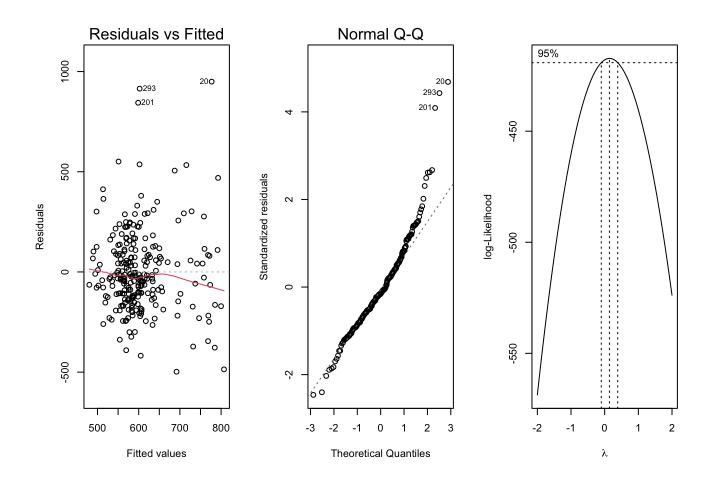
### Model with interactive terms

```
#Adding interactive terms
#init_mod2 <- lm(RETPLASMA ~ SEX + CALORIES + AGE, data = ret)
stepret <- step(retmodel1, scope = SEX + CALORIES + AGE ~ .^2, direction = 'both')</pre>
```

```
## Start: AIC=2691.92
## RETPLASMA ~ SEX + CALORIES + AGE
##
                  Df Sum of Sq
##
                                    RSS
                                           AIC
## + SEX:AGE
                        111978 10525632 2691.2
## <none>
                               10637610 2691.9
## + CALORIES:AGE
                   1
                         78885 10558725 2692.0
## - AGE
                   1
                        108584 10746194 2692.5
## + SEX:CALORIES
                   1
                         54903 10582708 2692.6
## - CALORIES
                   1
                        179399 10817009 2694.1
## - SEX
                   1
                        614579 11252190 2704.1
##
## Step: AIC=2691.25
## RETPLASMA ~ SEX + CALORIES + AGE + SEX:AGE
##
                  Df Sum of Sq
##
                                    RSS
                                           AIC
                         94089 10431543 2691.0
## + SEX:CALORIES
                  1
## <none>
                               10525632 2691.2
## - SEX:AGE
                   1
                        111978 10637610 2691.9
## + CALORIES:AGE 1
                        51469 10474163 2692.0
## - CALORIES
                   1
                       185969 10711602 2693.7
##
## Step: AIC=2690.99
## RETPLASMA ~ SEX + CALORIES + AGE + SEX:AGE + SEX:CALORIES
##
##
                  Df Sum of Sq
                                           AIC
                                    RSS
## <none>
                               10431543 2691.0
## - SEX:CALORIES 1
                         94089 10525632 2691.2
## - SEX:AGE
                   1
                        151164 10582708 2692.6
## + CALORIES:AGE 1
                          3575 10427968 2692.9
```

#### Result: RETPLASMA ~ SEX + CALORIES + AGE + SEX:AGE + SEX:CALORIES

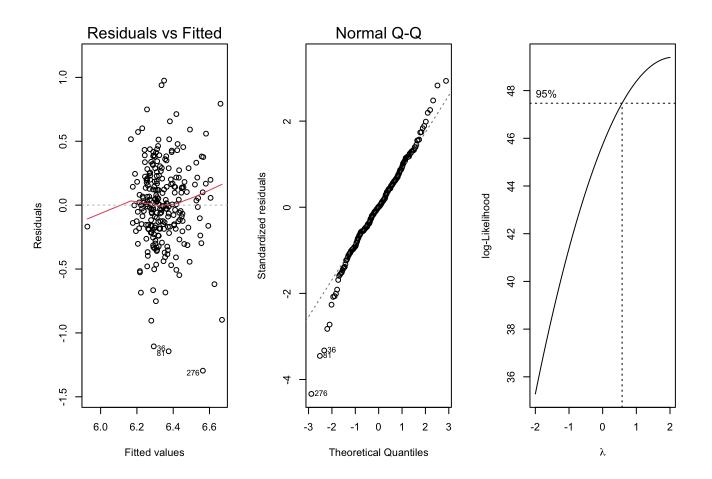
```
# Diagonistic of RET model2
retmodel2 <- lm(formula = RETPLASMA ~ SEX + CALORIES + AGE + SEX:AGE + SEX:CALORIES, dat
a = ret)
par(mfrow = c(1,3))
plot(retmodel1, which = c(1,2))
MASS::boxcox(retmodel1)</pre>
```



# log-trans and diagonistic
log\_retmodel2 <- lm(formula = log(RETPLASMA) ~ SEX + CALORIES + AGE + SEX:AGE + SEX:CALO
RIES, data = ret)
summary(log\_retmodel2)</pre>

```
##
## Call:
## lm(formula = log(RETPLASMA) ~ SEX + CALORIES + AGE + SEX:AGE +
##
       SEX:CALORIES, data = ret)
##
## Residuals:
##
       Min
                 10
                      Median
                                   30
                                           Max
## -1.29577 -0.17809 0.00404 0.19936
                                      0.97462
##
## Coefficients:
##
                     Estimate Std. Error t value Pr(>|t|)
                    6.210e+00 1.195e-01 51.958
## (Intercept)
                                                   <2e-16 ***
## SEXMALE
                    7.194e-01 3.692e-01 1.948
                                                   0.0525 .
## CALORIES
                   -4.625e-05 3.804e-05 -1.216
                                                   0.2252
                    3.775e-03 1.674e-03
## AGE
                                           2.256
                                                   0.0250 *
## SEXMALE:AGE
                   -6.010e-03 5.053e-03 -1.189
                                                   0.2355
## SEXMALE:CALORIES -8.250e-05 7.177e-05 -1.149
                                                   0.2515
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.3332 on 246 degrees of freedom
## Multiple R-squared: 0.08651,
                                   Adjusted R-squared: 0.06794
## F-statistic: 4.659 on 5 and 246 DF, p-value: 0.0004409
```

```
par(mfrow = c(1,3))
plot(log_retmodel2, which = c(1,2))
MASS::boxcox(log_retmodel2)
```



# 3. Model Selection: Criterion

```
# get rsq, radj, bic, aic
sumb1 <- glance(log_betamodel1)
sumb2 <- glance(log_retmodel2)
sumr1 <- glance(log_retmodel2)

# get sse
anvb1 <- anova(log_betamodel1)
anvb2 <- anova(log_betamodel2)
anvr1 <- anova(log_retmodel1)
anvr2 <- anova(log_retmodel2)</pre>
```

```
# Get cp
# Full model for models with interaction
fullmod1 <- lm(log(BETAPLASMA)~.^2, data=train_pos)
fullmod2 <- lm(log(RETPLASMA)~.^2, data= ret)
anvf1 <- anova(fullmod1)
anvf2 <- anova(fullmod2)
MSEf1 <- anvf1$`Mean Sq`[79]
MSEf2 <- anvf2$`Mean Sq`[79]</pre>
```

```
#Full model for first order model
fullmod11 <- lm(log(BETAPLASMA)~., data=train_pos)
fullmod22 <- lm(log(RETPLASMA)~., data=ret)
anvf11 <- anova(fullmod11)
anvf22 <- anova(fullmod22)
MSEf11 <- anvf11$`Mean Sq`[13]
MSEf22 <- anvf22$`Mean Sq`[13]</pre>
```

```
# Calculate cp

cpb1 <- (anvb1$`Sum Sq`[7]/MSEf11) - (252-(2*7))

cpb2 <- (anvb2$`Sum Sq`[12]/MSEf1) - (252-(2*12))

cpr1 <- (anvr1$`Sum Sq`[4]/MSEf22) - (252-(2*4))

cpr2 <- (anvr2$`Sum Sq`[6]/MSEf2) - (252-(2*6))
```

```
#Get pressp
# 1. log_betamodel1
eb1 = log_betamodel1$residuals
hb1 = influence(log_betamodel1)$hat
de b1 = eb1/(1-hb1)
pressb1 = sum((de_b1)^2)
# 2. log betamodel2
eb2 = log betamodel2$residuals
hb2 = influence(log_betamodel2)$hat
de b2 = eb2/(1-hb2)
pressb2 = sum(de_b2^2)
# 3. log_retmodel1
er1 = log_retmodel1$residuals
hr1 = influence(log retmodel1)$hat
de_r1 = er1/(1-hr1)
pressr1 = sum(de_r1^2)
# 4. log retmodel2
er2 = log retmodel2$residuals
hr2 = influence(log_retmodel2)$hat
de r2 = er2/(1-hr2)
pressr2 = sum(de_r2^2)
```

```
mod <- c("Beta1","Beta2", "Ret1", "Ret2")
sse <- round(c(anvb1$`Sum Sq`[7], anvb2$`Sum Sq`[12], anvr1$`Sum Sq`[4], anvr2$`Sum Sq`
[6]),3)
rsq <- round(c(sumb1$r.squared, sumb2$r.squared, sumr1$r.squared, sumr2$r.squared ),3)
rsqa <- round(c(sumb1$adj.r.squared, sumb1$adj.r.squared, sumr1$adj.r.squared, sumr2$adj.r.squared),3)
cp <- round(c(cpb1, cpb2, cpr1, cpr2),3)
bic <- round(c(sumb1$BIC, sumb2$BIC, sumr1$BIC, sumr2$BIC),3)
aic <- round(c(sumb1$AIC, sumb2$AIC, sumr1$AIC, sumr2$AIC),3)
pressp <- round(c(pressb1, pressb2, pressr1, pressr2),3)
res_sub <- cbind(mod, sse, rsq, rsqa, cp, bic, aic, pressp)
colnames(res_sub)<-c("Model", "sse", "R^2", "R^2_a", "Cp","bic", "aic", "press_p")
as_tibble(res_sub)</pre>
```

```
## # A tibble: 4 × 8
##
    Model sse
                   `R^2` `R^2 a` Cp
                                        bic
                                                aic
                                                        press p
##
    <chr> <chr>
                                                <chr>
                  <chr> <chr>
                                 <chr> <chr>
                                                        <chr>
## 1 Beta1 112.923 0.235 0.213
                                 10.649 561.551 529.822 120.868
## 2 Beta2 106.896 0.276 0.213
                                 31.822 580.935 528.053 120.271
## 3 Ret1 27.569 0.078 0.067
                                 1,967 185,187 167,54 28,7
                                 16.046 193.917 169.211 29.836
## 4 Ret2 27.316 0.087 0.068
```

## 4. Data Validation

```
# Data Validation (Beta)
beta_train <- log_betamodel1
beta_valid <- lm(formula = log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT + BETADIET
+ AGE, data = valid)

mod_sum <- cbind(coef(summary(beta_train))[,1], coef(summary(beta_valid))[,1],
coef(summary(beta_train))[,2], coef(summary(beta_valid))[,2])
colnames(mod_sum) <- c("Train Est","Valid Est","Train s.e.","Valid s.e.")
mod_sum</pre>
```

```
##
                                     Valid Est
                                                 Train s.e.
                       Train Est
                                                              Valid s.e.
                    5.001642e+00 5.3552053216 2.895453e-01 5.612374e-01
## (Intercept)
## FTBFR
                    3.261764e-02 -0.0074651847 9.328685e-03 2.026965e-02
## QUETELET
                   -3.272665e-02 -0.0214975270 7.266998e-03 1.339022e-02
## VITUSENOT OFTEN 3.449115e-01 0.2734590333 1.131850e-01 2.134941e-01
                    3.340306e-01 0.3623420929 1.019183e-01 1.825662e-01
## VITUSEOFTEN
## FAT
                   -4.085030e-03 -0.0014876503 1.394810e-03 2.468100e-03
## BETADIET
                    4.186106e-05 0.0000998519 3.556058e-05 5.318189e-05
                    7.261043e-03 0.0011271804 3.100550e-03 5.385298e-03
## AGE
```

```
#compare the SSE and R2a (Beta)
sse_t <- sum(beta_train$residuals^2)
n_t = nrow(train)
mse_t <- sse_t/(n_t-7)
sse_v <- sum(beta_valid$residuals^2)
n_v = nrow(valid)
mse_v <- sse_v/(n_v-7)
Radj_t <- summary(beta_train)$adj.r.squared
Radj_v <- summary(beta_valid)$adj.r.squared
train_sum <- c(sse_t,mse_t,Radj_t)
valid_sum <- c(sse_v,mse_v,Radj_v)
criteria <- rbind(train_sum,valid_sum)
colnames(criteria) <- c("SSE","MSE","R2_adj")
criteria</pre>
```

```
## SSE MSE R2_adj
## train_sum 112.92296 0.4609100 0.2133766
## valid_sum 20.32715 0.3629847 0.1383134
```

```
#Get MSPE_v from new data (beta)
beta_newdata <- data.frame(valid[, 1:12])
y.hat <- predict(beta_train, beta_newdata)
MSPE <- mean((log(valid$BETAPLASMA) - y.hat)^2)
criteria <- cbind(MSPE,sse_t/n_t)
colnames(criteria) <- c("MSPE","SSE/n")
criteria</pre>
```

```
## MSPE SSE/n
## [1,] 0.4022245 0.448107
```

```
# Data Validation (Ret)
ret_train <- log_retmodel1
ret_valid <- lm(formula = log(RETPLASMA) ~ SEX + CALORIES + AGE, data = valid)

mod_sum <- cbind(coef(summary(ret_train))[,1], coef(summary(ret_valid))[,1],
coef(summary(ret_train))[,2], coef(summary(ret_valid))[,2])
colnames(mod_sum) <- c("Train Est","Valid Est","Train s.e.","Valid s.e.")

mod_sum</pre>
```

```
## (Intercept) 6.286854e+00 5.961337e+00 1.077451e-01 2.008045e-01
## SEXMALE 1.895982e-01 -2.314629e-01 6.730454e-02 1.208523e-01
## CALORIES -6.868637e-05 3.400575e-05 3.226816e-05 6.366515e-05
## AGE 3.002228e-03 7.511085e-03 1.575247e-03 2.755141e-03
```

```
#compare the SSE and R2a (Ret)
sse_t <- sum(ret_train$residuals^2)
n_t = nrow(train)
mse_t <- sse_t/(n_t-7)
sse_v <- sum(ret_valid$residuals^2)
n_v = nrow(valid)
mse_v <- sse_v/(n_v-7)
Radj_t <- summary(ret_train)$adj.r.squared
Radj_v <- summary(ret_valid)$adj.r.squared
train_sum <- c(sse_t,mse_t,Radj_t)
valid_sum <- c(sse_v,mse_v,Radj_v)
criteria <- rbind(train_sum,valid_sum)
colnames(criteria) <- c("SSE","MSE","R2_adj")
criteria</pre>
```

```
## SSE MSE R2_adj
## train_sum 27.569465 0.11252843 0.06687572
## valid_sum 5.548297 0.09907672 0.09195875
```

```
#Get MSPE_v from new data (ret)
ret_newdata <- data.frame(valid[, 1:12])
y.hat <- predict(ret_train, ret_newdata)
MSPE <- mean((log(valid$RETPLASMA) - y.hat)^2)
criteria <- cbind(MSPE,sse_t/n_t)
colnames(criteria) <- c("MSPE","SSE/n")
criteria</pre>
```

```
## MSPE SSE/n
## [1,] 0.1088285 0.1094026
```

## 5. Rebuild model use whole dataset

```
Plasma_pos = Plasma[Plasma$BETAPLASMA > 0, ]
log_betamodel_final <- lm(log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT + BETADIET +
AGE, data = Plasma_pos)
summary(log_betamodel_final)</pre>
```

```
##
## Call:
## lm(formula = log(BETAPLASMA) ~ FIBER + QUETELET + VITUSE + FAT +
       BETADIET + AGE, data = Plasma pos)
##
##
## Residuals:
##
       Min
                 10
                                           Max
                      Median
                                   30
## -1.99928 -0.35983 0.00063 0.38345 1.88948
##
## Coefficients:
##
                    Estimate Std. Error t value Pr(>|t|)
                   5.101e+00 2.576e-01 19.800 < 2e-16 ***
## (Intercept)
## FIBER
                   2.666e-02 8.419e-03 3.167 0.001696 **
## OUETELET
                  -3.024e-02 6.355e-03 -4.758 3.02e-06 ***
## VITUSENOT OFTEN 2.986e-01 9.876e-02 3.024 0.002709 **
## VITUSEOFTEN
                   3.337e-01 8.909e-02 3.745 0.000215 ***
                  -3.489e-03 1.203e-03 -2.901 0.003986 **
## FAT
## BETADIET
                   5.018e-05 2.948e-05 1.702 0.089752 .
                   5.163e-03 2.685e-03 1.923 0.055420 .
## AGE
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
##
## Residual standard error: 0.6693 on 306 degrees of freedom
## Multiple R-squared: 0.2167, Adjusted R-squared: 0.1988
## F-statistic: 12.09 on 7 and 306 DF, p-value: 1.225e-13
```

 $log\_retmodel\_final <- lm(formula = log(RETPLASMA) \sim SEX + CALORIES + AGE, data = Plasma) \\ summary(log\_retmodel\_final)$ 

```
##
## Call:
## lm(formula = log(RETPLASMA) ~ SEX + CALORIES + AGE, data = Plasma)
##
## Residuals:
##
       Min
                 10
                      Median
                                   30
                                           Max
## -1.16277 -0.19099 -0.00168 0.21739 0.96259
##
## Coefficients:
##
                Estimate Std. Error t value Pr(>|t|)
## (Intercept) 6.213e+00 9.561e-02 64.980 < 2e-16 ***
               9.992e-02 5.946e-02
## SEXMALE
                                      1.681 0.09386 .
## CALORIES
              -4.653e-05 2.902e-05 -1.603 0.10985
## AGE
               4.039e-03 1.380e-03
                                    2.926 0.00369 **
## ---
## Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
## Residual standard error: 0.3314 on 311 degrees of freedom
## Multiple R-squared: 0.06016,
                                 Adjusted R-squared: 0.05109
## F-statistic: 6.636 on 3 and 311 DF, p-value: 0.000234
```