```
adonis(formula = dist ~ Description, data = as(sample_data(phylo_tissue),
                                                                             "data.frame"), permutations = 1000)
Permutation: free
Number of permutations: 1000
Terms added sequentially (first to last)
           Df SumsOfSqs MeanSqs F.Model
                                            R2 Pr(>F)
                 0.6345 0.63446 1.5505 0.08834 0.04795 *
Description 1
Residuals
           16
                 6.5472 0.40920
                                        0.91166
Total
           17
                 7.1816
                                        1.00000
Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' '1
```