Summarize the article below:

Problems While Studying

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I study English for 6 hours per week in secondary school. For 1 hour each week we have conversation classes with a native speaker of English where we talk about topics such as drugs, politics and culture. I know it's a really good opportunity to practise my spoken English, but I never make a contribution to the discussion. It's not that I don't have an opinion, or that I'm shy, but more that I don't have the vocabulary to express my views. I feel really frustrated at the end of the lesson. Nobody else in the group seems to have the same problem. Katalin