



# Unfolding the Opportunities for Autistic Children in Nepal

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Still thousands of parent are praying their almighty to make their child better without any idea about autism in Nepal. Neither the community itself is aware nor their any visible intervention from the government to go through this miserable situation. Thus we are stepping our first step to change the scenario.



**Prepared by**  
deeSsa Foundation

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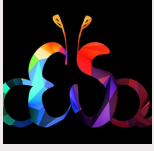
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# About Us



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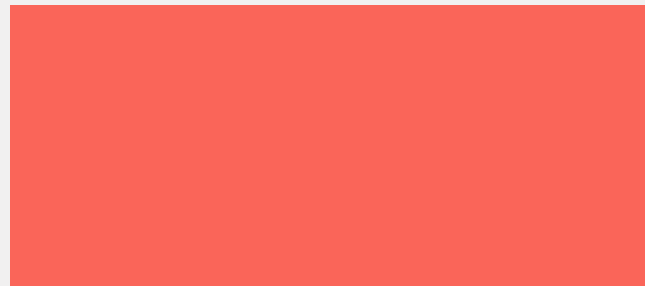
deeSsa Foundation is a not profit making company registered in Company Registrar Office, Kathmandu. After having many situational analysis about autism in Nepal, we are united to contribute from our side starting from awareness to a beautiful and insightful entertaining station for the targeted children supporting the inclusion in its fullest sense. We are at our first step to move forward and collecting the effort to give our best



To reach our destination we mostly focus on the four steps of community development model specially being concentrated on autism:

- a) Sensitization
- b) Capacity Building
- c) Unity/Organization
- d) United action / Organization action

# What We Do?



We are moving forward with these actions:

- a) Research and Publication
- b) Support on diagnosis and identification
- c) Developing Audio/Visual Materials
- d) Partnering with Schools
- e) Trainings, Seminars and Workshops
- f) Investment in Human Resource
- g) Setup own Happy Home

# Project Background



Autism continues to be a significant concern in the present world, affecting millions of individuals and families globally. In recent years, there has been increased awareness and understanding of autism, and many efforts have been made to improve the lives of people with autism and their families. However, challenges remain, such as limited access to proper diagnosis and treatment, and a lack of understanding and acceptance in some communities. On the positive side, advances in research have led to a better understanding of autism and the development of effective interventions and support programs. There is also a growing movement to promote inclusion and acceptance of people with autism in society, with a focus on their strengths and abilities rather than their limitations. Additionally, technology and social media have provided new opportunities for people with autism to connect and communicate with others.

Overall, while much work remains to be done, there is hope and progress in addressing the challenges faced by people with autism and their families in the present world.

## **Autism in Nepal**

Autism is also a significant issue in Nepal, as it is in many other countries. However, the availability of resources and support for individuals with autism and their families can be limited in Nepal due to various challenges, including a lack of awareness, limited funding for support services, and limited trained professionals.

In recent years, there have been efforts to raise awareness of autism in Nepal and to improve the lives of individuals with autism and their families. Non-government organizations, advocacy groups, and individuals are working to provide support and resources, such as educational and therapeutic services, and to promote inclusion and acceptance in society.

However, there is still much work to be done to address the challenges faced by people with autism and their families in Nepal. It is important for individuals, organizations, and government entities to continue to raise awareness, provide resources and support, and advocate for the rights of individuals with autism.

With a long term concrete plan this project aims to reach even in the remote areas of Nepal making autism identifiable, acceptable and includable.

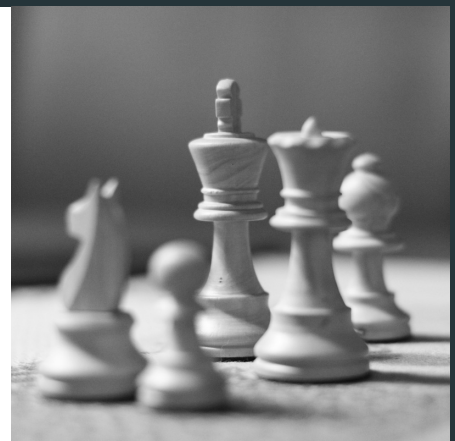
# Goals & Objectives



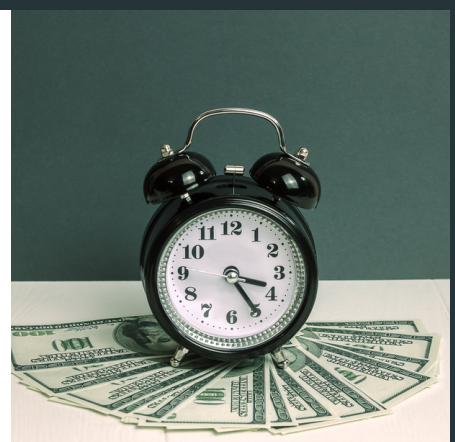
The overall goal of this project is to create a society where individuals with autism are valued, understood, and included, and where their unique perspectives and abilities are celebrated.



This project focuses on making autism identifiable, acceptable, and includable by raising awareness and understanding of autism in society and to promote acceptance and inclusion of individuals on the autism spectrum in Nepal.



This project has 10 years plan to reach every corner of Nepal and to achieve its goal.





# Objectives

To achieve this goal, the project has following objectives:

1. Raising awareness of the characteristics of autism and how they can impact individuals.
2. Educating people about the diverse ways in which individuals with autism may present, and dispelling common myths and misconceptions about autism.
3. Encouraging individuals on the autism spectrum to self-advocate, seek support, and participate in society as equal members.
4. Working with employers, schools, and other organizations to create more inclusive environments for individuals with autism.
5. Empowering families, caregivers, and allies of individuals with autism to better understand and support the needs of their loved ones.
6. Promoting research and innovation in the field of autism to improve diagnosis, treatment, and understanding of the condition.
7. Operating best care centers (Happy Home) to be an example

# Activities



The proposed activities for this project are as follow:

1. **Education and Awareness:** Creating educational materials and resources, such as brochures, posters, and videos, to increase awareness and understanding of autism. These materials will be distributed to schools, workplaces, and other organizations, as well as through social media and other online platforms. These materials will be provided to FHCV, Nurses and other working groups for making easier to identify autism on time.
2. **Community Events:** Organizing events, such as workshops, conferences, and support groups, to bring together individuals with autism, their families, caregivers, and allies. These events will provide opportunities for networking, education, and advocacy.
3. **Media Campaigns:** Developing and implementing media campaigns to increase visibility and awareness of autism. This will include writing articles or blog posts, creating social media content, and reaching out to news outlets and other media channels to promote coverage of autism-related issues.
4. **Inclusive Practices:** Working with schools, employers, and other organizations to develop more inclusive practices that better support individuals with autism. This will involve training staff and educators on best practices for working with individuals with autism, as well as creating accommodations and support structures that make it easier for individuals with autism to participate fully. We will work on creating schools at least for incorporating the mild to moderate autistic children developing the capacity of the teachers.
5. **Research:** Supporting research initiatives that aim to better understand autism and its effects. This will involve conducting research studies, cooperating with academic institutions and other organizations, and promoting collaboration and sharing of information among researchers in the field.
6. **Advocacy:** Advocating for policy changes and legislation that promote greater inclusion and acceptance of individuals with autism. This will involve working with lawmakers, lobbying groups, and other advocacy organizations to push for greater access to services and resources for individuals with autism, as well as promoting greater awareness and understanding of autism at the policy level.



# Outputs of the Project

The expected outputs of the project are as follows:

1. **Educational materials:** This project will produce different types of educational materials, such as brochures, posters, and videos, designed to increase awareness and understanding of autism among a wider audience.
2. **Workshops and events:** Reaching to different corners of Nepal this project will organize numbers of workshops, conferences, and other events designed to bring together individuals with autism, their families, caregivers, and allies for networking, education, and advocacy.
3. **Media campaigns:** This project also produces media campaigns that promote greater awareness and understanding of autism. These campaigns will be social media content, articles or blog posts, and outreach to news outlets and other media channels to promote coverage of autism-related issues.
4. **Inclusive practices:** The project will develop more inclusive practices in schools, workplaces, and other organizations. This will include the creation of training materials, resources for educators and employers, and guidelines for creating more inclusive environments.
5. **Research studies:** Another output will be the research reports related to autism. These studies will help to better understand the experiences and needs of individuals with autism, as well as inform the development of more effective treatments and support structures.
6. **Advocacy initiatives:** Finally, the project will help to add related advocacy initiatives. This will include the development of policy proposals or advocacy materials designed to promote greater access to services and resources for individuals with autism, as well as greater awareness and understanding of autism at the policy level.
7. **Inclusive Schools:** This project will initiate and prepare few inclusive schools where the autistic children will be cared properly.
8. **Trained Human Resources:** This project will prepare trained human resources specially from two sector Education and Health. They will be capacitated for identifying and taking care of the autistic children will love.



The outcomes of this project are expected as follows:

1. Greater awareness and understanding of autism: A key outcome of the project is an increase in awareness and understanding of autism among the general public. This will lead to greater acceptance of individuals with autism, and a reduction in the stigma and discrimination that individuals with autism and their families may face.
2. Improved diagnosis and early intervention: The project will also result in improved diagnosis and early intervention for individuals with autism. This will lead to better outcomes in areas such as communication, socialization, and behavioral regulation.
3. More inclusive and accommodating schools and workplaces: Another outcome of the project will be the development of more inclusive and accommodating schools and workplaces. This will lead to better participation and engagement by individuals with autism, and will help to reduce the social isolation that some individuals with autism may experience.
4. Improved quality of life for individuals with autism: By increasing awareness and understanding of autism, promoting inclusion, and developing more supportive environments, the project will lead to an overall improvement in the quality of life for individuals with autism.
5. Greater access to services and resources: The project will be beneficial in greater access to services and resources for individuals with autism and their families. This will include improved access to healthcare, education, and support services, as well as greater awareness and understanding of the needs of individuals with autism.
6. Positive impact on families and caregivers: Finally, the project will have a positive impact on families and caregivers of individuals with autism. By providing access to resources and support, and promoting greater understanding and acceptance of autism, families and caregivers will experience less isolation and greater support in their roles.

Overall, the outcomes of this project aimed at making autism identifiable, acceptable, and includable are designed to promote greater awareness, understanding, and acceptance of autism in society, and to create a more inclusive and welcoming environment for individuals with autism. These outcomes are intended to improve the lives of individuals with autism and their families, and to promote a more inclusive and accepting society overall.

# Impacts



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The impact of this project are expected to be as follows:

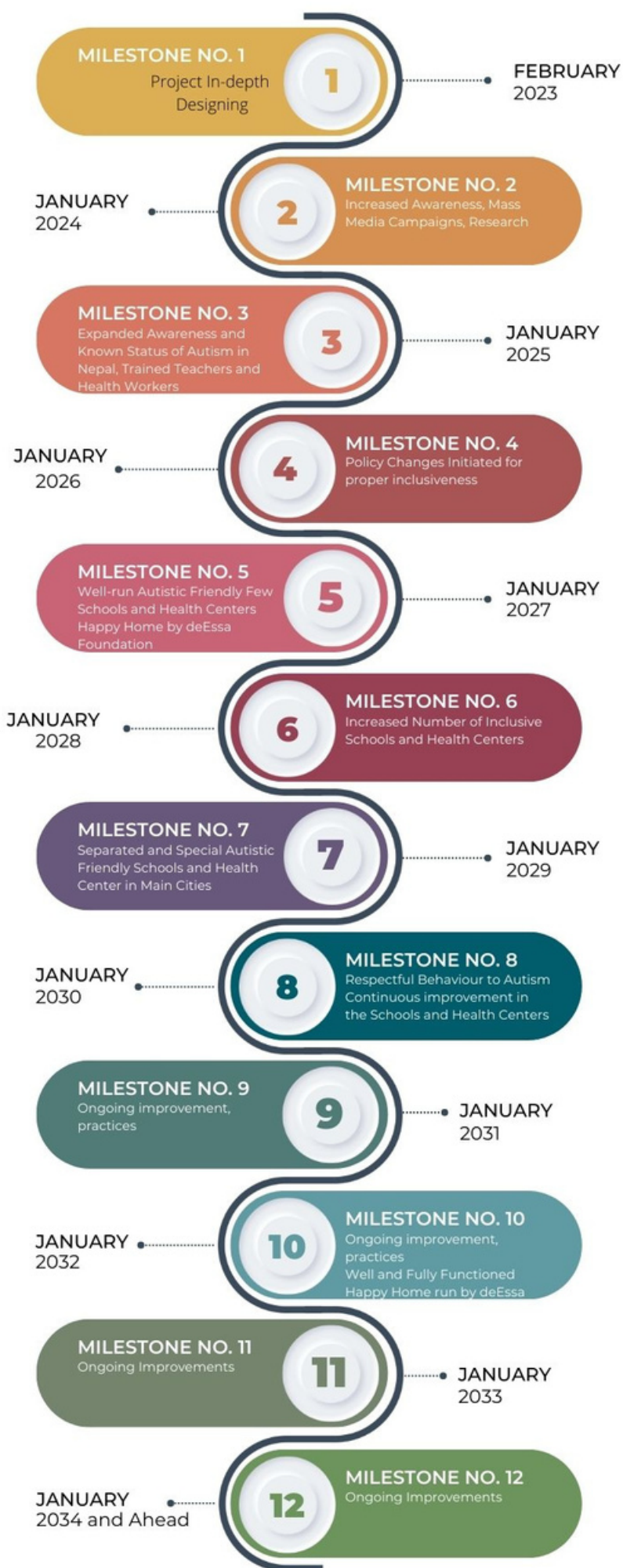
1. Increased understanding and awareness of autism: The project will help to create a cultural shift in the understanding and awareness of autism, which will lead to more acceptance and inclusion of individuals with autism in all aspects of society.
2. Greater access to resources and support: By promoting greater understanding of autism, the project will help to increase access to resources and support for individuals with autism and their families, which will lead to improved outcomes and better quality of life for these individuals.
3. More inclusive schools and workplaces: The project will help to promote more inclusive schools and workplaces that are better equipped to support individuals with autism. This will lead to greater participation and engagement by individuals with autism in these settings, which will be helpful to reduce social isolation and improve outcomes.
4. Improved diagnosis and early intervention: The project will lead to improvements in the diagnosis and early intervention of autism, which will lead to better outcomes in areas such as communication, socialization, and behavioral regulation.
5. More research on autism: The project will help to promote more research on autism, which will lead to a better understanding of the condition and the development of more effective treatments and support structures.
6. Reduced stigma and discrimination: By promoting greater acceptance and understanding of autism, the project will help to reduce stigma and discrimination that individuals with autism and their families may face.
7. Better policy and legislation: The project will lead to the development of better policy and legislation that promotes the inclusion and support of individuals with autism. This will help to ensure that the needs of individuals with autism are more effectively met at the national and local levels.
8. Increased advocacy: The project will lead to increased advocacy efforts by individuals with autism and their families, which will help to promote greater understanding and acceptance of autism, and ensure that the voices of those affected by autism are heard.

Overall, the impact of a project aimed at making autism identifiable, acceptable, and includable will be far-reaching, and will result in significant improvements in the lives of individuals with autism and their families. By promoting greater understanding and acceptance of autism, the project will help to create a more inclusive and accepting society, and ensure that individuals with autism are better supported and valued

Outputs

Impacts

## TIMELINE



Outcomes

# Thank You

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# Let's work Together