

Project Plan: Employee Wellness Analysis

Phase 1: Project Setup and Initial Exploration (☑ Completed)

- **Objective:** Load the data and get a first look.
- **Tasks Done:**
 - Loaded the `employee_wellness_dataset.csv` into a pandas DataFrame.
 - Used `info()`, `describe()`, `head()`, and `isnull().sum()` to perform an initial inspection.
 - Identified issues with the Age and Gender columns and located missing values.

Phase 2: Data Cleaning and Preprocessing (☑ Completed)

- **Objective:** Clean and prepare the data for analysis.
- **Tasks Done:**
 - Removed invalid and outlier entries from the Age column.
 - Standardized the Gender column into three clear categories ('Male', 'Female', 'Other').
 - Dropped unnecessary columns (S.No, comments, Timestamp).
 - Developed and executed a strategy to handle all missing values.
 - **Outcome:** We now have a clean, reliable dataset with 1042 rows and 25 columns.

Phase 3: Exploratory Data Analysis (EDA) (🕒 This is our next step)

- **Objective:** Analyze and visualize the data to uncover patterns, relationships, and insights. We will break this into three parts.
- **3.1: Univariate Analysis (Understanding Individual Columns)**
 - **Demographics:**
 - Visualize the distribution of employee **Age** using a histogram.
 - Visualize the **Gender** distribution using a bar chart.
 - Visualize the top 10 countries of employees using a bar chart.
 - **Workplace Profile:**
 - Visualize the distribution of company sizes (`no_employees`).
 - Analyze the proportion of employees working in tech companies.
 - **Mental Health Baseline:**
 - Visualize the breakdown of employees with a `family_history` of mental illness.

- **Crucially**, visualize the overall percentage of employees who are seeking treatment. This is our target variable.
- **3.2: Bivariate Analysis (Finding Relationships Between Columns)**
 - **Focus on the treatment variable.** Our goal is to see what factors are most correlated with an employee seeking treatment.
 - **treatment vs. Demographics:**
 - Does Gender affect the likelihood of seeking treatment?
 - Does Age play a role in seeking treatment?
 - **treatment vs. Workplace Support:**
 - How does the availability of benefits correlate with seeking treatment?
 - Does a company wellness_program impact the treatment rate?
 - Is there a link between remote_work and seeking treatment?
 - **treatment vs. Personal/Work Impact:**
 - How strongly does family_history influence the decision to get treatment?
 - How does the perceived interference with work (work_interfere) relate to seeking treatment?
- **3.3: Attitude & Stigma Analysis**
 - Analyze the perceived consequences of discussing mental health (mental_health_consequence).
 - Visualize employees' willingness to discuss mental health with coworkers and supervisors.
 - Explore whether employees feel their employer takes mental health as seriously as physical health (mental_vs_physical).

Phase 4: Insights and Interpretation

- **Objective:** Synthesize our findings from the EDA phase into actionable insights.
- **Tasks:**
 - For each visualization from Phase 3, we will write a clear, concise summary of what it tells us.
 - We will connect the dots between different findings to build a comprehensive picture.
 - We will identify the key factors that are most strongly associated with an employee needing treatment.

Phase 5: Presentation Report & Submission

- **Objective:** Compile the entire analysis into a well-documented Jupyter Notebook.
- **Tasks:**
 - Structure the notebook with clear headings for each phase (Introduction, Data Cleaning, EDA, Insights, Conclusion).
 - Ensure all code is clean and accompanied by markdown cells that explain the steps and, most importantly, the **insights** derived.
 - Conclude with a summary that directly addresses the project's goal: helping the organization understand factors contributing to employee health and identifying employees who may need support.

This detailed plan will be our guide. We'll now proceed step-by-step through **Phase 3**.

Ready to start with **Phase 3.1: Univariate Analysis**?