

Creative Conversations

Monthly Newsletter

October
2020

Social Emotional Development

Social emotional development is an important aspect for young children to develop into successful and well-adapted adults.



Find out how you can help your child be more aware of his feelings and emotions!



How Stuff Works

Puppet Making

Let's make our very own puppets!

What you'll need:

- Paint & brushes
- Decorating materials
- Toilet roll
- Glue



Paint & brushes



Decorating materials



Toilet roll



Envelope

Click / Scan Here
for More Activities!



Follow these steps:



1. Fold the top of the toilet roll to create your puppet's ears.



2. Paint the puppet's body and an emotion on its face.



3. Decorate your puppet with ribbons, stickers or other colourful items.



4. Create puppets with different emotions (e.g. happy, sad and angry). Use the puppets to create stories with different scenarios.

Take a photo of your puppets and share it with us on Instagram with **#beantalkingapore**.

Video



Click/Scan Here!

Helping Our Children With Self & Emotional Regulation

It is common for children to experience a bad day or meltdowns. Discover how you can help your child learn to manage his emotions and behaviours in various situations, and better foster self-regulation and emotional control with tips from ECDA Fellow, Dr Jacqueline Chung.



Early Reads

Recommended books by the National Library Board:



The Most Magnificent Thing

Author:
Ashley Spires

Publisher:
Kids Can Press Ltd., 2014

OverDrive link:
<https://nlb.overdrive.com/media/1773022>



Click/Scan Here!

A little girl and her canine assistant set out to make the most magnificent thing. But after much hard work, the end result is not what the girl had in mind. Frustrated, she quits. Her assistant suggests a long walk, and as they walk, it slowly becomes clear what the girl needs to do to succeed. A charming story that will give kids the most magnificent thing: perspective!



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Author:
Peter H. Reynolds

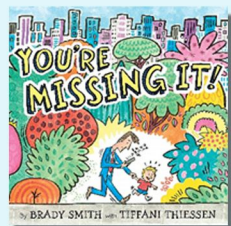
Publisher:
Candlewick Press, 2014

OverDrive link:
<https://nlb.overdrive.com/media/2002797>



Click/Scan Here!

Ramon loved to draw. Anytime. Anything. Anywhere. Drawing is what Ramon does. It's what makes him happy. But in one split second, all that changes. A single reckless remark by Ramon's older brother, Leon, turns Ramon's carefree sketches into joyless struggles. Luckily for Ramon, though, his little sister, Marisol, sees the world differently. She opens his eyes to something a lot more valuable than getting things just "right."



You're Missing It!

Author:
Brady Smith & Tiffani Thiessen

Publisher:
Penguin Young Readers Group, 2019

OverDrive link:
<https://nlb.overdrive.com/media/4098706>



Click/Scan Here!

It's a lively day at the neighborhood park. Birds are singing, squirrels are frolicking, and wide-eyed children are enthralled by it all. Too bad the parents are missing everything! It's going to take something really BIG to get them to disengage from their phones... This timely story, brought to life with beautiful bold art, is a great reminder to slow down and savor time together.