

## Nurturing Friendships -Importance of Forming Friendships

Socialising and forming friendships play a key role in a child's early years as it helps to build up their confidence and self-esteem when they engage with the people around them.



Get tips on how to nurture a confident and out-going child!





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# **How Stuff Works**

## Postcard to My Friend

Let's write a postcard to a friend to show we care!

#### What you'll need:

- 1 piece of thick paper
- 1 postage stamp
- -1 envelope
- Coloured pens / markers
- Decorating materials at home







Envelope



Decorating materials









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### Follow these steps:



1. Cut your thick paper into 10cm by 15cm size.



2. Decorate it with the materials you have such as stickers, ribbons etc.



3. Turn over the paper, write a special note to your friend. Include their name and why you think they are a good friend. Sign off with your own name at the end.



4. Put your card into the envelope, write the address and place the stamp on it.

Take a photo of your postcard and share it with us on Instagram with #beanstalksingapore.



### Bebe and Her Best Friend

Ride along with Bebe as she sets off on a school trip where she learns the importance of friendship and looking out for one another. Building friendships contributes to a child's social and emotional growth as it helps them to adapt better in new environments.



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## Videos





Here!

## Little Mouse and His Big Dream

Accompany Paul, the little mouse, in his great ambition to take part in a football match despite the setbacks he faced along the way. Instilling self-confidence helps a child to feel good of their achievements while being able to cope with setbacks.

# **Early Reads**

### Recommended books by the National Library Board:



### Be a Friend!

#### Author:

Salina Yoon

#### **Publisher:**

Bloomsbury Publishing, 2016

#### OverDrive link:

https://nlb.overdrive.com/media/2516517



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Dennis is an ordinary boy who expresses himself in extraordinary ways. Some children do show-and-tell. Dennis mimes his. Some children climb trees. Dennis is happy to BE a tree . . But being a mime can be lonely. It isn't until Dennis meets a girl named Joy that he discovers the power of friendship - and how special he truly is!



#### **Nobody Hugs a Cactus**

#### Author:

Carter Goodrich

#### Publisher:

Simon & Schuster Books for Young Readers, 2019

#### OverDrive link:

https://nlb.overdrive.com/media/4246033



Click / Scan Here!

Hank is the prickliest cactus in the entire world. He sits in a pot in a window that faces the empty desert, which is just how he likes it. He gets annoyed with all who comes to disturb his peace. Hank doesn't like noise, rowdiness, and definitely does not like hugs. Soon Hank realises that being alone can be, well, lonely. So, he comes up with a plan to get the one thing: a hug from a friend.



#### We Don't Eat Our Classmates

#### Author:

Ryan T. Higgins

#### **Publisher:**

Disney Book Group, 2018

### OverDrive link:

https://nlb.overdrive.com/media/4099111



It's the first day of school for Penelope Rex, and she can't wait to meet her classmates. But it's hard to make human friends when they're so darn delicious! That is, until Penelope gets a taste of her own medicine and finds she may not be at the top of the food chain after all ...







