

Perseverance & Determination - Nurturing Dispositions

Perseverance and determination helps children to handle mistakes and overcome challenges that they may face as they grow up. It enables them to focus and set goals to achieve the task at hand.



Get ideas on how you can instil important values in your child!



How Stuff Works

Tree of Strengths

Let's make a "Tree of Strengths" to discover what we are good at!

What you'll need:

- Print or draw the Tree of Strengths template
- Coloured pencils, pens & markers



Tree of Strengths template



Coloured pencils, pens & markers



Click/Scan Here to Download the Tree of Strengths Template!

Follow these steps:



1. Print or draw some leaves on the paper. Make sure they are big enough for you to write in.



2. Think about what you are good at or the positive attributes that you have and write them down on the leaves.

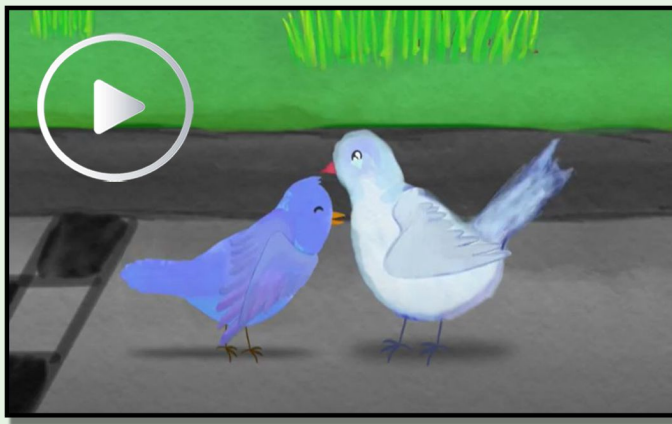


3. You may draw tree branches and trunk connecting the leaves to complete your tree.

4. Whenever you feel down or discouraged, be sure to look back at it for encouragement!

Take a photo of your tree and share it with us on Instagram with **#beanstalksingapore**.

Video



Click/Scan Here!

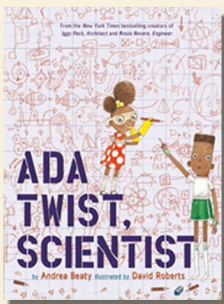
The Bird That Did His Best

Embark on a journey with Bernie as he sets out to compete in his first-ever race, where he learns to overcome the troubles he faced along the way. Resilience is an important trait for a child to develop, one that accompanies them into adulthood as it helps them cope through the ups and downs of life.



Early Reads

Recommended books by the National Library Board:



Ada Twist, Scientist

Author:
Andrea Beaty

Publisher:
ABRAMS, 2016

OverDrive link:
<https://nlb.overdrive.com/media/2877546>

Ada Twist's head is full of questions. Like her classmates Iggy and Rosie - stars of their own New York Times bestselling picture books Iggy Peck, Architect and Rosie Revevre, Engineer - Ada has always been endlessly curious. Even when her fact-finding missions and elaborate scientific experiments don't go as planned, Ada learns the value of thinking her way through problems and continuing to stay curious.



Click/Scan Here!



The Little Snowplow

Author:
Lora Koehler

Publisher:
Candlewick Press, 2019

OverDrive link:
<https://nlb.overdrive.com/media/4900912>

On the Mighty Mountain Road Crew, the trucks come in one size: BIG. That is, until the little snowplow joins the crew. None of the other trucks think that the little snowplow can handle the big storms, but he knows that he can do it - and just to be sure, he trains hard, pushing loads of gravel, pulling blocks of concrete, and doing plow lifts to get ready. But when a blizzard arrives, will the little snowplow's training be enough to clear the streets and handle unexpected trouble?



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The Dreamer

Author:
Il Sung Na

Publisher:
Chronicle Books LLC, 2018

OverDrive link:
<https://nlb.overdrive.com/media/3960661>

Once, there was a pig who admired birds. But he could never join them. Or could he?

Thus begins the journey of a pig with big dreams, and the perseverance to make them come true. He develops flight plans, builds experimental contraptions, and has far-flung adventures, but at the end of the day, his favorite thing to do is still to sit and watch for those he loves best: the birds.



Click/Scan Here!