

Obs	Person_ID	Gender	Age	Occupation	Sleep_Duration	Quality_of_Sleep	Physical_Activity_Level	Stress_Level	BMI_Category	Heart_Rate	Daily_Steps	Sleep_Disorder	Systolic_BP	Diastolic_
1	1	Male	27	Software Engineer	6.1	6	42	6	Overweight	77	4200	None	126	
2	2	Male	28	Doctor	6.2	6	60	8	Normal	75	10000	None	125	
3	3	Male	28	Doctor	6.2	6	60	8	Normal	75	10000	None	125	
4	4	Male	28	Sales Representative	5.9	4	30	8	Obese	85	3000	Sleep Apnea	140	
5	5	Male	28	Sales Representative	5.9	4	30	8	Obese	85	3000	Sleep Apnea	140	
6	6	Male	28	Software Engineer	5.9	4	30	8	Obese	85	3000	Insomnia	140	
7	7	Male	29	Teacher	6.3	6	40	7	Obese	82	3500	Insomnia	140	
8	8	Male	29	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
9	9	Male	29	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
10	10	Male	29	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
11	11	Male	29	Doctor	6.1	6	30	8	Normal	70	8000	None	120	
12	12	Male	29	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
13	13	Male	29	Doctor	6.1	6	30	8	Normal	70	8000	None	120	
14	14	Male	29	Doctor	6	6	30	8	Normal	70	8000	None	120	
15	15	Male	29	Doctor	6	6	30	8	Normal	70	8000	None	120	
16	16	Male	29	Doctor	6	6	30	8	Normal	70	8000	None	120	
17	17	Female	29	Nurse	6.5	5	40	7	Normal weight	80	4000	Sleep Apnea	132	
18	18	Male	29	Doctor	6	6	30	8	Normal	70	8000	Sleep Apnea	120	
19	19	Female	29	Nurse	6.5	5	40	7	Normal weight	80	4000	Insomnia	132	
20	20	Male	30	Doctor	7.6	7	75	6	Normal	70	8000	None	120	
21	21	Male	30	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
22	22	Male	30	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
23	23	Male	30	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
24	24	Male	30	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
25	25	Male	30	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
26	26	Male	30	Doctor	7.9	7	75	6	Normal	70	8000	None	120	
27	27	Male	30	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
28	28	Male	30	Doctor	7.9	7	75	6	Normal	70	8000	None	120	
29	29	Male	30	Doctor	7.9	7	75	6	Normal	70	8000	None	120	
30	30	Male	30	Doctor	7.9	7	75	6	Normal	70	8000	None	120	
31	31	Female	30	Nurse	6.4	5	35	7	Normal weight	78	4100	Sleep Apnea	130	
32	32	Female	30	Nurse	6.4	5	35	7	Normal weight	78	4100	Insomnia	130	
33	33	Female	31	Nurse	7.9	8	75	4	Normal weight	69	6800	None	117	
34	34	Male	31	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
35	35	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
36	36	Male	31	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
37	37	Male	31	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
38	38	Male	31	Doctor	7.6	7	75	6	Normal	70	8000	None	120	
39	39	Male	31	Doctor	7.6	7	75	6	Normal	70	8000	None	120	
40	40	Male	31	Doctor	7.6	7	75	6	Normal	70	8000	None	120	
41	41	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
42	42	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
43	43	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
44	44	Male	31	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
45	45	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
46	46	Male	31	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
47	47	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
48	48	Male	31	Doctor	7.8	7	75	6	Normal	70	8000	None	120	
49	49	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
50	50	Male	31	Doctor	7.7	7	75	6	Normal	70	8000	Sleep Apnea	120	
51	51	Male	32	Engineer	7.5	8	45	3	Normal	70	8000	None	120	
52	52	Male	32	Engineer	7.5	8	45	3	Normal	70	8000	None	120	
53	53	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
54	54	Male	32	Doctor	7.6	7	75	6	Normal	70	8000	None	120	
55	55	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
56	56	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
57	57	Male	32	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
58	58	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
59	59	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
60	60	Male	32	Doctor	7.7	7	75	6	Normal	70	8000	None	120	
61	61	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
62	62	Male	32	Doctor	6	6	30	8	Normal	72	5000	None	125	
63	63	Male	32	Doctor	6.2	6	30	8	Normal	72	5000	None	125	
64	64	Male	32	Doctor	6.2	6	30	8	Normal	72	5000	None	125	
65	65	Male	32	Doctor	6.2	6	30	8	Normal	72	5000	None	125	
66	66	Male	32	Doctor	6.2	6	30	8	Normal	72	5000	None	125	
67	67	Male	32	Accountant	7.2	8	50	6	Normal weight	68	7000	None	118	
68	68	Male	33	Doctor	6	6	30	8	Normal	72	5000	Insomnia	125	
69	69	Female	33	Scientist	6.2	6	50	6	Overweight	76	5500	None	128	
70	70	Female	33	Scientist	6.2	6	50	6	Overweight	76	5500	None	128	
71	71	Male	33	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
72	72	Male	33	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
73	73	Male	33	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
74	74	Male	33	Doctor	6.1	6	30	8	Normal	72	5000	None	125	
75	75	Male	33	Doctor	6	6	30	8	Normal	72	5000	None	125	
76	76	Male	33	Doctor	6	6	30	8	Normal	72	5000	None	125	
77	77	Male	33	Doctor	6	6	30	8	Normal	72	5000	None	125	

Obs	Person_ID	Gender	Age	Occupation	Sleep_Duration	Quality_of_Sleep	Physical_Activity_Level	Stress_Level	BMI_Category	Heart_Rate	Daily_Steps	Sleep_Disorder	Systolic_BP	Diastolic_
78	78	Male	33	Doctor	6	6	30	8	Normal	72	5000	None	125	
79	79	Male	33	Doctor	6	6	30	8	Normal	72	5000	None	125	
80	80	Male	33	Doctor	6	6	30	8	Normal	72	5000	None	125	
81	81	Female	34	Scientist	5.8	4	32	8	Overweight	81	5200	Sleep Apnea	131	
82	82	Female	34	Scientist	5.8	4	32	8	Overweight	81	5200	Sleep Apnea	131	
83	83	Male	35	Teacher	6.7	7	40	5	Overweight	70	5600	None	128	
84	84	Male	35	Teacher	6.7	7	40	5	Overweight	70	5600	None	128	
85	85	Male	35	Software Engineer	7.5	8	60	5	Normal weight	70	8000	None	120	
86	86	Female	35	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
87	87	Male	35	Engineer	7.2	8	60	4	Normal	65	5000	None	125	
88	88	Male	35	Engineer	7.2	8	60	4	Normal	65	5000	None	125	
89	89	Male	35	Engineer	7.3	8	60	4	Normal	65	5000	None	125	
90	90	Male	35	Engineer	7.3	8	60	4	Normal	65	5000	None	125	
91	91	Male	35	Engineer	7.3	8	60	4	Normal	65	5000	None	125	
92	92	Male	35	Engineer	7.3	8	60	4	Normal	65	5000	None	125	
93	93	Male	35	Software Engineer	7.5	8	60	5	Normal weight	70	8000	None	120	
94	94	Male	35	Lawyer	7.4	7	60	5	Obese	84	3300	Sleep Apnea	135	
95	95	Female	36	Accountant	7.2	8	60	4	Normal	68	7000	Insomnia	115	
96	96	Female	36	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
97	97	Female	36	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
98	98	Female	36	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
99	99	Female	36	Teacher	7.1	8	60	4	Normal	68	7000	None	115	
100	100	Female	36	Teacher	7.1	8	60	4	Normal	68	7000	None	115	
101	101	Female	36	Teacher	7.2	8	60	4	Normal	68	7000	None	115	
102	102	Female	36	Teacher	7.2	8	60	4	Normal	68	7000	None	115	
103	103	Female	36	Teacher	7.2	8	60	4	Normal	68	7000	None	115	
104	104	Male	36	Teacher	6.6	5	35	7	Overweight	74	4800	Sleep Apnea	129	
105	105	Female	36	Teacher	7.2	8	60	4	Normal	68	7000	Sleep Apnea	115	
106	106	Male	36	Teacher	6.6	5	35	7	Overweight	74	4800	Insomnia	129	
107	107	Female	37	Nurse	6.1	6	42	6	Overweight	77	4200	None	126	
108	108	Male	37	Engineer	7.8	8	70	4	Normal weight	68	7000	None	120	
109	109	Male	37	Engineer	7.8	8	70	4	Normal weight	68	7000	None	120	
110	110	Male	37	Lawyer	7.4	8	60	5	Normal	68	8000	None	130	
111	111	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
112	112	Male	37	Lawyer	7.4	8	60	5	Normal	68	8000	None	130	
113	113	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
114	114	Male	37	Lawyer	7.4	8	60	5	Normal	68	8000	None	130	
115	115	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
116	116	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
117	117	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
118	118	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
119	119	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
120	120	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
121	121	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
122	122	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
123	123	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
124	124	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
125	125	Female	37	Accountant	7.2	8	60	4	Normal	68	7000	None	115	
126	126	Female	37	Nurse	7.5	8	60	4	Normal weight	70	8000	None	120	
127	127	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
128	128	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
129	129	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
130	130	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
131	131	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
132	132	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
133	133	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
134	134	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
135	135	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
136	136	Male	38	Lawyer	7.3	8	60	5	Normal	68	8000	None	130	
137	137	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
138	138	Male	38	Lawyer	7.1	8	60	5	Normal	68	8000	None	130	
139	139	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
140	140	Male	38	Lawyer	7.1	8	60	5	Normal	68	8000	None	130	
141	141	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
142	142	Male	38	Lawyer	7.1	8	60	5	Normal	68	8000	None	130	
143	143	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
144	144	Female	38	Accountant	7.1	8	60	4	Normal	68	7000	None	115	
145	145	Male	38	Lawyer	7.1	8	60	5	Normal	68	8000	Sleep Apnea	130	
146	146	Female	38	Lawyer	7.4	7	60	5	Obese	84	3300	Sleep Apnea	135	
147	147	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	Insomnia	130	
148	148	Male	39	Engineer	6.5	5	40	7	Overweight	80	4000	Insomnia	132	
149	149	Female	39	Lawyer	6.9	7	50	6	Normal weight	75	5500	None	128	
150	150	Female	39	Accountant	8	9	80	3	Normal weight	67	7500	None	115	
151	151	Female	39	Accountant	8	9	80	3	Normal weight	67	7500	None	115	
152	152	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
153	153	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
154	154	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
155	155	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
156	156	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	

Obs	Person_ID	Gender	Age	Occupation	Sleep_Duration	Quality_of_Sleep	Physical_Activity_Level	Stress_Level	BMI_Category	Heart_Rate	Daily_Steps	Sleep_Disorder	Systolic_BP	Diastolic_
157	157	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
158	158	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
159	159	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
160	160	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
161	161	Male	39	Lawyer	7.2	8	60	5	Normal	68	8000	None	130	
162	162	Female	40	Accountant	7.2	8	55	6	Normal weight	73	7300	None	119	
163	163	Female	40	Accountant	7.2	8	55	6	Normal weight	73	7300	None	119	
164	164	Male	40	Lawyer	7.9	8	90	5	Normal	68	8000	None	130	
165	165	Male	40	Lawyer	7.9	8	90	5	Normal	68	8000	None	130	
166	166	Male	41	Lawyer	7.6	8	90	5	Normal	70	8000	Insomnia	130	
167	167	Male	41	Engineer	7.3	8	70	6	Normal weight	72	6200	None	121	
168	168	Male	41	Lawyer	7.1	7	55	6	Overweight	72	6000	None	125	
169	169	Male	41	Lawyer	7.1	7	55	6	Overweight	72	6000	None	125	
170	170	Male	41	Lawyer	7.7	8	90	5	Normal	70	8000	None	130	
171	171	Male	41	Lawyer	7.7	8	90	5	Normal	70	8000	None	130	
172	172	Male	41	Lawyer	7.7	8	90	5	Normal	70	8000	None	130	
173	173	Male	41	Lawyer	7.7	8	90	5	Normal	70	8000	None	130	
174	174	Male	41	Lawyer	7.7	8	90	5	Normal	70	8000	None	130	
175	175	Male	41	Lawyer	7.6	8	90	5	Normal	70	8000	None	130	
176	176	Male	41	Lawyer	7.6	8	90	5	Normal	70	8000	None	130	
177	177	Male	41	Lawyer	7.6	8	90	5	Normal	70	8000	None	130	
178	178	Male	42	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
179	179	Male	42	Lawyer	7.8	8	90	5	Normal	70	8000	None	130	
180	180	Male	42	Lawyer	7.8	8	90	5	Normal	70	8000	None	130	
181	181	Male	42	Lawyer	7.8	8	90	5	Normal	70	8000	None	130	
182	182	Male	42	Lawyer	7.8	8	90	5	Normal	70	8000	None	130	
183	183	Male	42	Lawyer	7.8	8	90	5	Normal	70	8000	None	130	
184	184	Male	42	Lawyer	7.8	8	90	5	Normal	70	8000	None	130	
185	185	Female	42	Teacher	6.8	6	45	7	Overweight	78	5000	Sleep Apnea	130	
186	186	Female	42	Teacher	6.8	6	45	7	Overweight	78	5000	Sleep Apnea	130	
187	187	Female	43	Teacher	6.7	7	45	4	Overweight	65	6000	Insomnia	135	
188	188	Male	43	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
189	189	Female	43	Teacher	6.7	7	45	4	Overweight	65	6000	Insomnia	135	
190	190	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
191	191	Female	43	Teacher	6.7	7	45	4	Overweight	65	6000	Insomnia	135	
192	192	Male	43	Salesperson	6.4	6	45	7	Overweight	72	6000	Insomnia	130	
193	193	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
194	194	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
195	195	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
196	196	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
197	197	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
198	198	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
199	199	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
200	200	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
201	201	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Insomnia	130	
202	202	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	Insomnia	130	
203	203	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	Insomnia	130	
204	204	Male	43	Engineer	6.9	6	47	7	Normal weight	69	6800	None	117	
205	205	Male	43	Engineer	7.6	8	75	4	Overweight	68	6800	None	122	
206	206	Male	43	Engineer	7.7	8	90	5	Normal	70	8000	None	130	
207	207	Male	43	Engineer	7.7	8	90	5	Normal	70	8000	None	130	
208	208	Male	43	Engineer	7.7	8	90	5	Normal	70	8000	None	130	
209	209	Male	43	Engineer	7.7	8	90	5	Normal	70	8000	None	130	
210	210	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
211	211	Male	43	Engineer	7.7	8	90	5	Normal	70	8000	None	130	
212	212	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
213	213	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
214	214	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
215	215	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
216	216	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
217	217	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
218	218	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	None	130	
219	219	Male	43	Engineer	7.8	8	90	5	Normal	70	8000	Sleep Apnea	130	
220	220	Male	43	Salesperson	6.5	6	45	7	Overweight	72	6000	Sleep Apnea	130	
221	221	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
222	222	Male	44	Salesperson	6.4	6	45	7	Overweight	72	6000	Insomnia	130	
223	223	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
224	224	Male	44	Salesperson	6.4	6	45	7	Overweight	72	6000	Insomnia	130	
225	225	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
226	226	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
227	227	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
228	228	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
229	229	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
230	230	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
231	231	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
232	232	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
233	233	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
234	234	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
235	235	Female	44	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
236	236	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	

Obs	Person_ID	Gender	Age	Occupation	Sleep_Duration	Quality_of_Sleep	Physical_Activity_Level	Stress_Level	BMI_Category	Heart_Rate	Daily_Steps	Sleep_Disorder	Systolic_BP	Diastolic_
237	237	Male	44	Salesperson	6.4	6	45	7	Overweight	72	6000	Insomnia	130	
238	238	Female	44	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
239	239	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
240	240	Male	44	Salesperson	6.4	6	45	7	Overweight	72	6000	Insomnia	130	
241	241	Female	44	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
242	242	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
243	243	Male	44	Salesperson	6.4	6	45	7	Overweight	72	6000	Insomnia	130	
244	244	Female	44	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
245	245	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
246	246	Female	44	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
247	247	Male	44	Salesperson	6.3	6	45	7	Overweight	72	6000	Insomnia	130	
248	248	Male	44	Engineer	6.8	7	45	7	Overweight	78	5000	Insomnia	130	
249	249	Male	44	Salesperson	6.4	6	45	7	Overweight	72	6000	None	130	
250	250	Male	44	Salesperson	6.5	6	45	7	Overweight	72	6000	None	130	
251	251	Female	45	Teacher	6.8	7	30	6	Overweight	65	6000	Insomnia	135	
252	252	Female	45	Teacher	6.8	7	30	6	Overweight	65	6000	Insomnia	135	
253	253	Female	45	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
254	254	Female	45	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
255	255	Female	45	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
256	256	Female	45	Teacher	6.5	7	45	4	Overweight	65	6000	Insomnia	135	
257	257	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
258	258	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
259	259	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
260	260	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
261	261	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	Insomnia	135	
262	262	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	None	135	
263	263	Female	45	Teacher	6.6	7	45	4	Overweight	65	6000	None	135	
264	264	Female	45	Manager	6.9	7	55	5	Overweight	75	5500	None	125	
265	265	Male	48	Doctor	7.3	7	65	5	Obese	83	3500	Insomnia	142	
266	266	Female	48	Nurse	5.9	6	90	8	Overweight	75	10000	Sleep Apnea	140	
267	267	Male	48	Doctor	7.3	7	65	5	Obese	83	3500	Insomnia	142	
268	268	Female	49	Nurse	6.2	6	90	8	Overweight	75	10000	None	140	
269	269	Female	49	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
270	270	Female	49	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
271	271	Female	49	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
272	272	Female	49	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
273	273	Female	49	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
274	274	Female	49	Nurse	6.2	6	90	8	Overweight	75	10000	Sleep Apnea	140	
275	275	Female	49	Nurse	6.2	6	90	8	Overweight	75	10000	Sleep Apnea	140	
276	276	Female	49	Nurse	6.2	6	90	8	Overweight	75	10000	Sleep Apnea	140	
277	277	Male	49	Doctor	8.1	9	85	3	Obese	86	3700	Sleep Apnea	139	
278	278	Male	49	Doctor	8.1	9	85	3	Obese	86	3700	Sleep Apnea	139	
279	279	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Insomnia	140	
280	280	Female	50	Engineer	8.3	9	30	3	Normal	65	5000	None	125	
281	281	Female	50	Nurse	6	6	90	8	Overweight	75	10000	None	140	
282	282	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
283	283	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
284	284	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
285	285	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
286	286	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
287	287	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
288	288	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
289	289	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
290	290	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
291	291	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
292	292	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
293	293	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
294	294	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
295	295	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
296	296	Female	50	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
297	297	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
298	298	Female	50	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
299	299	Female	51	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
300	300	Female	51	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
301	301	Female	51	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
302	302	Female	51	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
303	303	Female	51	Nurse	7.1	7	55	6	Normal weight	72	6000	None	125	
304	304	Female	51	Nurse	6	6	90	8	Overweight	75	10000	Sleep Apnea	140	
305	305	Female	51	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
306	306	Female	51	Nurse	6.1	6	90	8	Overweight	75	10000	Sleep Apnea	140	
307	307	Female	52	Accountant	6.5	7	45	7	Overweight	72	6000	Insomnia	130	
308	308	Female	52	Accountant	6.5	7	45	7	Overweight	72	6000	Insomnia	130	
309	309	Female	52	Accountant	6.6	7	45	7	Overweight	72	6000	Insomnia	130	
310	310	Female	52	Accountant	6.6	7	45	7	Overweight	72	6000	Insomnia	130	
311	311	Female	52	Accountant	6.6	7	45	7	Overweight	72	6000	Insomnia	130	
312	312	Female	52	Accountant	6.6	7	45	7	Overweight	72	6000	Insomnia	130	
313	313	Female	52	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
314	314	Female	52	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
315	315	Female	52	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
316	316	Female	53	Engineer	8.3	9	30	3	Normal	65	5000	Insomnia	125	

Obs	Person_ID	Gender	Age	Occupation	Sleep_Duration	Quality_of_Sleep	Physical_Activity_Level	Stress_Level	BMI_Category	Heart_Rate	Daily_Steps	Sleep_Disorder	Systolic_BP	Diastolic_BP
317	317	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
318	318	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
319	319	Female	53	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
320	320	Female	53	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
321	321	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
322	322	Female	53	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
323	323	Female	53	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
324	324	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
325	325	Female	53	Engineer	8.3	9	30	3	Normal	65	5000	None	125	
326	326	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
327	327	Female	53	Engineer	8.3	9	30	3	Normal	65	5000	None	125	
328	328	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
329	329	Female	53	Engineer	8.3	9	30	3	Normal	65	5000	None	125	
330	330	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
331	331	Female	53	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
332	332	Female	53	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
333	333	Female	54	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
334	334	Female	54	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
335	335	Female	54	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
336	336	Female	54	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
337	337	Female	54	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
338	338	Female	54	Engineer	8.4	9	30	3	Normal	65	5000	None	125	
339	339	Female	54	Engineer	8.5	9	30	3	Normal	65	5000	None	125	
340	340	Female	55	Nurse	8.1	9	75	4	Overweight	72	5000	Sleep Apnea	140	
341	341	Female	55	Nurse	8.1	9	75	4	Overweight	72	5000	Sleep Apnea	140	
342	342	Female	56	Doctor	8.2	9	90	3	Normal weight	65	10000	None	118	
343	343	Female	56	Doctor	8.2	9	90	3	Normal weight	65	10000	None	118	
344	344	Female	57	Nurse	8.1	9	75	3	Overweight	68	7000	None	140	
345	345	Female	57	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
346	346	Female	57	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
347	347	Female	57	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
348	348	Female	57	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
349	349	Female	57	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
350	350	Female	57	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
351	351	Female	57	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
352	352	Female	57	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
353	353	Female	58	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
354	354	Female	58	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
355	355	Female	58	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
356	356	Female	58	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
357	357	Female	58	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
358	358	Female	58	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
359	359	Female	59	Nurse	8	9	75	3	Overweight	68	7000	None	140	
360	360	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	None	140	
361	361	Female	59	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
362	362	Female	59	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
363	363	Female	59	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
364	364	Female	59	Nurse	8.2	9	75	3	Overweight	68	7000	Sleep Apnea	140	
365	365	Female	59	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
366	366	Female	59	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
367	367	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
368	368	Female	59	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
369	369	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
370	370	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
371	371	Female	59	Nurse	8	9	75	3	Overweight	68	7000	Sleep Apnea	140	
372	372	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
373	373	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	
374	374	Female	59	Nurse	8.1	9	75	3	Overweight	68	7000	Sleep Apnea	140	